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Last updated: 28 April 2020

X.d.750: R. for the sciatica [manuscript], c. 1700. A Soveraign plaister Called the foot plaister

recto

Receipt for the Seatica.

A Soveraign plaister Called the sock plaister

Take bees wax, black rosin, burgandy pitch of each two ounces

bruise the rosin & ston pitch, slice the wax & burgandy pitch & melt

them altogether in an earthen pig over a gentile fire continoually

stirring them till they are all melted & mixed together, than take

it off the fire & disolve in it about the bignes of a walnut of fresh

butter & steir it till it be cold

When yow use it spread some of it thick upon leather & lay it

upon the sole of the foot (on that side the pain is) so that it neither

touch the heell nor the toe, Keep it on 15 days with a sock sued

on your foot, than put on a fresh plaister continoued about 5 weeks

that is untill all the plaister which this proportion maks be don. if

yow find the plaister leavs off cleaving fast to your foot in ten or

12 days yow may renew it than. if after one application or two

yow find the skin of your sole peell off it is so much the better for it

will give yow no pain, yow must keep dry foot without any other dyet

Sir

This plaister was prescribed for the seaticka but the

gout & it are of so many a nigh a kindred that I am hopefull yow will

find ease by it which will be very good news to Sir your own seid

M mosay

verso