X.d.750: R. for the sciatica [manuscript], c. 1700. A Soveraign plaister Called the foot plaister

Receipt for the Seatica.

A Soveraign plaister Called the sock plaister

Take bees wax, black rosin, burgandy pitch of each two ounces bruise the rosin & ston pitch, slice the wax & burgandy pitch & melt them altogether in an earthen pig over a gentile fire continoually stirring them till they are all melted & mixed together, than take it off the fire & dissolve in it about the bignes of a walnut of fresh butter & steir it till it be cold

When yow use it spread some of it thick upon leather & lay it upon the sole of the foot (on that side the pain is) so that it neither touch the heell nor the toe, Keep it on 15 days with a sock sued on your foot, than put on a fresh plaister continoued about 5 weeks that is untill all the plaister which this proportion maks be don. if yow find the plaister leav's off cleaving fast to your foot in ten or 12 days yow may renew it than. if after one application or two yow find the skin of your sole peell off it is so much the better for it will give yow no pain, yow must keep dry foot without any other dyet

Sir
This plaister was prescribed for the seatick but the gout & it are of so many a nigh a kindred that I am hopefull yow will find ease by it which will be very good news to Sir your own seid M mosay