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Last updated: 28 April 2020

**X.d.750: R. for the sciatica [manuscript], c. 1700. A Sovereign plaister Called the foot
plaister**

recto

Receipt for the Seatica.

A Sovereign plaister Called the sock plaister

Take bees wax, black rosin, burgandy pitch of each two ounces
bruise the rosin & ston pitch, slice the wax & burgandy pitch & melt
them altogether in an earthen pig over a gentile fire continoually
stirring *them* till they are all melted & mixed together, than take
it off the fire & disolve in it about the bignes of a walnut of fresh
butter & steir it till it be cold

When yow use it spread some of it thick upon leather & lay it
upon the sole of the foot (on *that* side the pain is) so *that* it neither
touch the heell nor the toe, Keep it on 15 days with a sock sued
on your foot, than put on a fresh plaister continoued about 5 weeks
that is untill all the plaister which this proportion maks be don. if
yow find the plaister leavs off cleaving fast to your foot in ten or
12 days yow may renew it than. if after one application or two
yow find the skin of your sole peell off it is so much the better for it
will give yow no pain, yow must keep dry foot without any other dyet
Sir

This plaister was prescribed for the seaticka but the
gout & it are of so ~~many~~ a nigh a kindred *that* I am hopefull yow will
find ease by it which will be very good news to Sir your own seid
M mosay

verso