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**V.a.452: A book of choice receipts collected from several famous authors a great part in monasteries and often experimented as to a great number of them [manuscript].**

front outside cover

front inside cover

memory to help. v. page. 185

A Water for the Memory /

Rx Bean flowers of the Clear, Camomil flowers, ana in small handfuls Rue, balme, pimpernell, bugloss, licorice scraped and bruised, ana 3 handfull Distill these in a limbeck with a soft fyre, use the quantity of half an ounce or an ounce of this water twice or thrice in a week. MS./

W: Newton
This double heart glass, is the best Circulateing glass that ever was made./ The middle part heer is too long. It should ioyn like an hou'er glass./
Remedy for Corns. v. p. 86.
Rx: a black snayl, slitt it with a penknife, roast it a little on a tile, binde it on the Corn; do this 3 nights together, and wear it on the Corn all day with a large shooe. M.S.

[page i]

-------------- past -------
-------------- Sp.-------------- A Book of Choice Receipts./
Collected from severall famous MS Authors. A great Part in Monasteries./
and often Experimented as to a great Number of them./
By Thomas Sheppey . O.S.H.S./
For the stone. For the stone
Take Arsesmart & still it in
a cold still & drinke 3 or 4 spoon
full when you feare a fitt
w

Conte...ed & dispited wrongfully,
guiltlesse He Live & Soe am Content to die

[page ii]

An appendix Concerning
Dr Harveys snayl water mentiond in this book.

It is good for the Rickets in Children. - Many persons have been cured of Consumptions by eating snails boyled in milk. The snayles must be washed with water and a little salt, and then washt again once or twice to wash off the salt, and then stampt with their shells, as in the forementiond receipt of the Doctour. Then boyl them in milk, and having strained it, grate some nutmeg in it, and so eat it./

Concerning the pillulæ Rudii, or Extraction Catholicon, mentiond in this Book. These pills are a panchymagogon: a generall purger of all humours, hott and cold, thick and thinn: an excellent medicine inferior to none, working with a world of safety and gentleness, and haveing all the vertues of Aggregativæ, Aursæ Cochiæ, Fætidæ. But however upon occasion, if you mix them with the Aggrevativæ, Cochiæ pills &c. they will work more to the purpose, and better than the extract alone. They are usually given with Mercurius dulcis, or sweet white præcipitate against the ffrench Pox. Dose from i to ii.
But in some bodies i large pill of 12 or 14 grains will work very well./ Salmon./

The use of the pills of Hiera with Agarick, mentiond in this Book

They loosen the belly and Evacuate Choler and other ill humours. In affects of the stomach Mesentery, Liver, Womb, head and joynts, they are excellent Dose from i to a dram./
The use of this Syrup of Althæa or March Mallowes described in this Book

It provokes Urine, cleanses the Passages, breaks and expells the stone both in reins and bladder, and gives ease to the Intollerable paines in those parts. It is prevalent against the Colick, and heals a dyssentery. Dose ii in Persicary Water, morning and evening. Salmon.

Balsamum Xylandricum
usually called the ffryers Balsome; of soveraigne vertue for inward ulcers and Consumptions.

Take a quart of the Best Spirit of Sack, in a double glass bottle that holds a pottle; then take Sarsaprilla \( \frac{3}{4} \) cutt off the strings and wipe it cleane, then slice them in 4 quarters the length of a finger: and of the best China roots \( 2 \frac{3}{4} \) beaten into powder: then putt them into the Spirit of sack, and let them infuse with some agitation, till the Spirit be as yellow as gold: then take it from the Sarsaparilla and China, and to 2 pintes of Spirit take 10\( \frac{3}{4} \) of Guamm Guaicum, rubbed very clean with a cloth, and beaten into fine powder, which must be done in a stone Mortar made hott and dry: then let it infuse well stopped, sett in the Sun or some warm place, where it may have a moderate heat: stirr it twice a day for 15 or 20 dayes: then strain it, and putt to it a spoonfull of naturall Balsome of Perre, or 1\( \frac{3}{4} \) of black Indian Balsome, and mix them well by agitation in another clean bottle, which will be done well in one day, if well followed: then add to it one ounce of Balsamum Judaicicum, the best that can be gott, and mix it well with continuall agitation, and tye the cork fast, least it fly out: and when you perceave that it is fully incorporated, which will be done in 3 dayes, then keep it for your use close stopped. It will indure good an 100 years. - The Balsamum Judaicicum which is the principall Ingredient, and of high value, (3\( \frac{1}{11} \) or 50\( \frac{1}{8} \) the ounce at least) and hardest to be gott, is of a white Colour; but the Indian Balsome is black. - You must add 4 \( \frac{3}{4} \) of Beniamin.

When ever you take any of it out, shake the bottle; and when you give it for an ulcer in the Lungs, or Spitting bloud, or breaking a veine or any inward bruise, let it be in a little conserve of red roses, 3 or 4 drops, as often in the day as you please. When you give it
for the French disease or Scurvy, it must be 2 or 3 spoonfull in the morning and evening in a cup of beer or without, if you can, and drink a spoonfull of Plantane water after it, if you take it without beer. You may apply it to any green wound, within 24 howers, not after: except the Spirit be burnt out.

2 you must drop it into the wound, and lay a ragg dipped in it to the wound. It is good for the biteing of a Mad Dog, applied so. They that take it inwardly must keep a good Dyet and live chast, both then, and for 3 weeks after.

The same Another way, but Inferior to the former.

Take a Quart of the Spirit of Sack in a double glass bottle that holds a pottle: then take 4 3 of Sarsaparilla, and as much of China roots; cutt of the strings and wipe them cleane, and beat them in a Mortar to gross powder: then put them into the bottle and let them stand, till the Spirit be as yellow as gold: then clear the Spirit from the said roots, and put to it 8 ounces of Gum Guia-cum, beaten to a fine powder, which must be done in a stone Mortar made hott and dry. Stop it very close, and sett it in the Sun or some other place where it may have a moderate heat: stirr it twice a day for 15 or 20 dayes, till the gumm be dissolved; and then straine it, and put to it a spoonfull of black Indian Blasome: stirr it and mix it well, and keep it for your use./

ffurther directions for the use of this balsome.

It cures the french pox, laundies, Tympany, quartan ague, or any disease. It must be taken one or 2 spoonfull in a pint of beer cold morning and evening. It may be given to any in health, being good physick to purge at any time, If it purge not, it turns to nourishment. It cures all cutts, wounds & bruises, being applyed thereto; it must be dropt into the cutt, and then a linnen ragg dipt in it, and layd to it. It purges gently and opens all obstructions; If a man feel himself indisposed, let him take it as aforesayd, a forthnight, or a week, or 3 or 4 dayes together, as he pleases: it will carry away what ever is ill in the body. If it finde no matter to work on it turns to nutriment, and is
a good Restaurative. While a man takes it, he must eat noe venison, hogs flesh, fish, eggs, cheese or butter by any meanes. nor drink wine, nor ly with a woman (if he take it long) no not in 3 weeks or a month together. It may be taken inwordly, being made without Indian balsome; 3.

the beer you drink while you take it must be mixt with the balsome: a spoonfull of balsome to 3 pintes of beer: and if you drink no other but this it will help, but in longer time. Set it on the fyre that the Spirits may fly away, and it will cure old wounds, as well as new.

Mr Cartwrights Directions for the use of the foresayd Balsome. Inwardly.

1. It cures the french pox, being taken with a little box of pills, more perfectly and safely then any other medicine doth. The chief time is either spring or fall. 2. It cures the Gonorrhea; The directions and pills for these 2 diseases I will not sett down, lest any vpon a confidence of cure take occasion of Sin. 3. It cures the leprosy; one pint being taken in the spring and another in the fall; by one or 2 spoonfulls, according to the age and strength of the party every other day. pro favi. 4. It cures the scurvy or any corruption in the bloud, by takeing one spoonfull every other day for a forth night or 3 weeks, more or less as occasion requires. pro favi. 5. It cures ulcers in the womb: a pint an a half or 2 pintes being taken either in the spring or fall; by one or 2 spoonfull according to strength every other day. probatum. 6. It helpeth barreness in women, especially if moystness be the cause, it fortifies the womb and makes them fruitfull. probatum. 7. If any one fear a surfett at any time, let him take one spoonfull and it will cure him. probatum. 8. It cures broken veins in the stomach, or inward bleeding, half a spoonfull being well mixed with a little conserve of red roses, and taken every morning fasting. Drink immediately after it 5 or 6 spoonfull of plantane water: do the like in the afternoon about 4 of the clock, for a week or more together. But the party must ly down allways, for about an hower after the takeing it, upon that side wherein the vein is broken. Abstain from wine, spiced meat and whitemeats; let your Diet be of light digestion: and your broth made of ffrench barly and the roots and leaves of plantane: probatum. 9. ffor an inward bruise take conserve of red roses, and taken at night going to bed for about a week together, drinking a little plantane water after it. p. 11. It is good for the Iaundies, Tympany, Consumption, Quartan ague, or any disease, being taken 1 or 2 spoonfull in a morning by it self, or in conserve of red roses or in a draught of small bear, and continued for some quantity of time, as need requires. p. 12. In fitts the stone and bloudy urine, it hath given ease & remedy: a spoonfull being taken mornung and night for a day or two. p. 13. It may be given to any in health, being good physick -ans it will carry away what ever is evill in the body, and if it finds no matter to work upon it turns to nutriment: for it is
a good and great restaurative: 3 or 4 spoonfulls according to age
and strength is enough for a purge. Take it early, for it works
slowly. Women may take less, as 2 or 3 spoonfull. probatum. 14. It is
a good diet drink either spring or fall for most diseases: if one
mix 2 spoonfulls with 3 pints of table beer, and drink no other
drink for 3 or 4 weeks together.

4
Diet while it is takeing. Abstain from venison, fish, eggs, butter,
cheese, wine, spiced meats: and venus must be abstained from not one-
-ly all the time that it is takeing, but also for 3 weeks or a month
after: especially if it have been taken for a long time. Eat such
things as are of light and good digestion.
Outwardly. It cures all green wounds; if the wound be deep, inject it
with a syringe, and lay some lint dipped in it, on the wound. In o-
ther wounds that are wide, drop it in, and lay some lint dipped in
it, upon the wound, closing the wound gently, and so binding it up.
2 or 3 dressings will cure most wounds, so that the lint do but keep
to it, and be not rubbed off. It will permit no corruption to
come into a wound, if it be first used. It will smart very
much for a little while the first time a wound is dressed with it.
When a wound is closed or filled up with flesh by it, lay some
melilot plaister or any other to skin it, and let the plaister
ly on for 2 or 3 days together. It is not good for old sores or wounds
therefore I give notice, least you washe it in vaine.
It will keep good an 100 years, if it be close stopt; otherwise the Spirits
will exhale, and it will thicken to a hard substance in the
bottom of the glass bottle, with a little watry Substance swim-
ming above: which water being powred off, and more balsome
putt into the bottle, according to the quantity of the other, it
will become liquid aynain, and as good as ever./
In my Lady Byrons book, This is called the Rare black balsom, & the
Bishop of Worcesters balsom, and is thus made. Rx Spirit of wine 2ll:
putt it into a glass bottle that holds 3 pintes: Sarsaperilla iii: cut it in
small peeces clove in 4 peeces: put them into the glass with the Spirit of
wine: let it infuse till the Spirit be coloured as gold. Then powr of the
Spirit from the Sarsaperilla: and to this quart of Spirit put 8 ounces of
gum guaicum, pick clean and beaten into fine powder: stirr it now &
then, till the gum be perfectly consumed: then add to it an ounce of black In-
dian balsom. Stirr it & keep it for use: the older the better: keep the bottle
well stopped. If your Sarsaperilla be good, when you break it, it
will smoke. This balsom cures all green wounds, outward or inward,
especially breaking a vein or bleeding inwardly. It stops the immoderate
& constant courses in women: a spoonfull at a time in ale, beer or posset
drink is enough for any body to take: take it 3 or 4 dayes, onely Rest
a day between every one. If the party be not very ill, less time of take-
ing will serve./ It is an excellent purge for gross humours. If the orifice
of a wound be but so big that a tent will go in, dip it in this balsom &
apply it, it will certainly cure. If the wound with a rapier be so
little, a tent will not go in, powr in some of this balsom, with out
any thing else: binde it up, it will cure./ This balsom is good at first making: but better 3, 4 or 7 years after./ Take a spoonfull or 2 in half a pinte of cold small beer in the morning. In sickness or health it purges gently, opens all obstructions. It inflames old wounds, unless you burn away the spirit of wine, & then it is very like naturall balsome. 

for a broken vein mix it with conserve of red roses; so make it up into pills and take a draught of Plantan water after it./ MS. Lady Byron

Cock Ale to Make.

Take China Roots thin sliced, Sarsaparilla, Harts horn & Ivory of each 4 ℥: infuse these in 3 gallons of small ale wort: then take 2 middle aged cocks, drawn & washed, & the bones all broken to pieces: boyle altogether to the Consumption of halfe the liquor, straine it out hard, and let it stand till it be cold: then take of the scumm and fat that swims on the top, as clean as you can: warm this liquor againe, and putt it into a Kilderkin, that is 18 gallons of new middle ale, before it hath done working: in which hang a boultering bag, wherin is to be 2 pound of blew Currants well rubbed & bruised, brown sugar Candy fine beaten, a pound; mace well bruised an ounce, with some weight to sink it: and when all hath done working well in the vessell, stop it up close, and the 3d morning after let it be drawn into bottles, putting into every bottle a lump or 2 of loaf sugar so that the quantity of 2 pound may as near as may be divided into all the bottles: every bottle as it is filled must be close corked downe before it be sett out of hands, so full, that there may be a very little space betwixt the drink and Cork.

Another way.

Brew your ale as strong as you please, and when it hath worked, take 4 gallons and putt it up into a vessell: then take an old Cock, boyle him till he be tender, then take him and beat him in a mortar with 6 pound of stoned raisons of the sun, half an ounce of Nuttmegs, a little mace, half a pound of Dates stoned: then putt all these to steep in 2 quarts of the best sack, and so let them stand 24 howers, and then putt them all into the vessell of ale, and so stopp it for a week before you draw it into bottles./

Chocolat to make.

Take a pint of new milk, and as much water; boyl it well together and Skim it: then take 3 ounces of sugar,
and 3 ounces of chocolat shaved small. Mix the sugar and it together, and put too it a little of the milk and wa-ter, and when it is dissolved put it into the boyling milk and water, and with the mill stir it round very fast, till it thicken: then have the yolks of 3 eggs ready beaten, and put them in while it is hott, and so mill it well together, and sett it to the fyre to heat a little. MS. Lady Byron

Directions for makeing Sider:

The vessel you intend to putt it in, you must take out the head of it, and clean it very well: then put your sider in without the head, and once in 12 howers draw it off, serving it 3 times so: then put it into the vessel you intend to let it stand in and draw it off twice in 48 howers: take all the dreggs from it; then let it work, keeping it full to the top untill it hath given over working: then stop it up and within 2 or 3 daies draw it off again and wash the vessel very well and put it into the same: then stop it up, and within a week or forthenight you may bottle it, or do with it what you please, or let it stand a whole year if you please. All sorts of mixt apples are good for sider, but the winter apples are lookt upon the best with other mixt with them. About 24 strike make a hogshead. The apples should be gatherd when they are reasonable ripe, and the way before they stamp them for sider is to lay them into pret-ty big heaps and so let them sweat and then beat them out: which may be within a month or 3 weeks. Which must be done presently after their sweating or else the sider will loose its spirits. MS. Mr Warren ./

Mrs Marburias Receipt to make Syder./

Take a peck of apples and slice them, and boyl them in a barrell of Water till the third part be wasted: Then cool your Water as you do for Wort: when it is cooled, you must powre the Water on three measures of ground apples: Then drain out the Water at a tap 3 or 4 times a day, for 3 dayes together: then press out the liquor and tunn it up: When it hath done working, then stopp it up close./ Hartman
The Lady Dormens Way to make Metheglin./

Take 4 gallons of Water and one of hony, boyl it & skim it: then putt into it, Liverwort, hartstong, wild carrot & yarrow, then boyl an hower alltogether: you may hang a little bag of spice in it, if you will. When it is cold putt a little barm to it & let it work like beer. The roots must be scraped and the pith taken out. - Hartman.

Plurisy. also grievfe in the side. vide Stitches.

Take Carduus Benedictus, and seeth it in posset Ale or beer, and give it the patient to drink; he must fast 4 howers after it, (which if he doe not, it is death.) He will be very desirous of eating and drinking. This is a present remedy, without letting of bloud: for it will farce the patient to vomit, and break the Plurisy, and give present remedy. MS.

Another. Take Lineseed, and boyle theme in faire water and sugar: give the patient therof to drink; and lay the seeds to the grief, as hott as can be suffered. probatum . MS.

Another. A secret. Take a white loaf new baked, and open it in the middle: spread it well with good treacle on both the halfs: heat it at the fyre: then lay one of the halfs upon the place of the disease: and the other on the other side directly against it: and so binde them that they stirr not, for the space of a day and a night, till Imposthume break: and then take away the bread, and immediately the patient will begin to spitt and voyd the putrifaction of the Impostume: and after he hath slept alittle, you may give him some meat. probatum. MS.

Another. Take a Dealtha (which is to be had at the Apothecaries) 2 ounces: oyle of sweet Almonds half an ounce. mix them together, with which oynment bring warme, let the grieved place be anoynted: then sprinkle upon the anoynted
place, half an ounce of the powder of Cummin finely searced: which done, take a colewort leaf made hott upon burning ashes, and anoynt it with old butter not salted; and lay it hott upon the anoynted and powdered place, tying it on with cloaths, that it remove not: and a marvelous effect will follow by ceaseing the paine of the plurisy, and dissolving the matter of the Imposthume. This medicine must not be applyed to the sick party, till the 4th day be past; This is good for any other great paine in all the body, from the head under. MS.

Continuall gried in the side. Take Setwall and roseleaves, boyle them in white wine a quarter of an hower; then take them up and stamp them, and bruise them in a dish; then putt them to the wine againe, and boyl them till it be thick like a playster: apply the same to the grief warm. MS.
Rose 3 or 4 graines of Olibanum in a well swelling apple on the embers, eat it to break the impostume of the plurisy, or any other with speed. MS. Lady Byron /

Plurisy or stitch. Rx Capons grease and aqua vitæ, boyl them together, dip black wool in it and lay it hott to the stomach. It will heal the stitch. ibid.

for the plurisy, when it is dangerous to be lett bloud, Take a hott loaf and cutt it in the middle, and spread tarr on it, and lay it to the side. also take some of the boares tusk grated, with a spoonfull of drink. ibid.

for a plurisy, Inflammation of the lungs, Cough, sore throat.
To an ounce of syrup of violets, add 8 or 9 drops of oyl of vitrioll. You may give child a spoonfull of it. ibid.

To provoke spitting in plurisies and to heal the same. The flowers of the corn rose, as well the great as the less, either in decoction, or the distilled water: or in syrup or pow-
-der the weight of half a french crown, are singular
in this distemper. ibid.

Present ease for the plurisy. Take a new leaven loaf out of
the oven; cutt it asunder in the midst; spread it over with
triacl of Isan; lay one half before, and the other half be-
hinde, where the stitch holdeth you, and hott as you can endure
it: it will preserve you till you are let bloud, and hath helped
many that never were let bloud. ibid.

An excellent receipt for a plurisy, stitch or pain in
the side.

Stone horse dung when he is at grass,
and steepd all night in ale, and so distilled in a cold
still; and so drunk in the morning, cures. This
Water also drunk with a little Mithridate at night
going to bedd, will cause sweat, & cure any stitch
in the side. ibid./

A good water for the paine of the side, loines or brest,
and heart, and generally for all Infirmitie

. Rx. a good

handfull of Centaury bruised: putt it into 6 pennyworth
of good ale: then still it: then putt to it 3 ounces of gin-
ger sliced, of Anniseed, ffennel seed, parsly seed, 3 oun-
ces of each. bruise them and let them steep in the Water
24 howres: then distill it again: you may make this
at any time of the year. It is good for most diseases
in the body, ibid./

A short Account of the Plurisy by C.B.

It is an inflamnation of the membrane that goeth
about the ribbs of the internall intercostall mus-
cles. The signes of it are: A pricking pain in
the side; A continuall sharp feaver: Diffi-
culty of breathing; a hard pulse like a saw; a
troublesome cough. The pricking pain is chiefly in
the Membranes and comes from matter, and this
pain possesses the side, and stretches it self to the
adjacent parts. A continual sharp feaver hath its
originall from a phlegmon or sanguineous humour
in some part near the breast. Difficulty of breathing follows in this disease, because the parts inflamed cannot sufficiently distend themselves to draw in a great quantity of air, which is requisite for cooling the inflamed heart. The pulse is hard, because the membrane is affected and stretched forth: which also distendeth the Arteries: and they therefore make the difference of pulse called servatilis, like a saw. The cough follows, because nature strives to expel that which is troublesome from the part affected: also some of the matter sweetheth from thence into the lungs and moveth the expulsive faculty, whence the cough comes. There is a spitting of blood, as another sign; but it is not in all plurisies, and therefore is not a proper signe. Now for the cure of the plurisy, first give a clyster, and if the disease be not violent, open the vena Basilica on the same side: but if it be violent, let blood first and give the Clyster afterwards. Blood letting in the beginning of this disease must not be omitted neither in yung, or old, women with Child or in Childbed. You must let blood often every day, till the pain or fever grow less: and from the beginning of the disease, twice or thrice in a day give this Julep. Rx poppy water ʒ iii. syrup of violets ʒ ʒ. Salprunella. ʒ ʒ. Make a julep. After the first phlebotomy, let the side be anoynted with this unguent: Mix unguent of Althæa with oyl of sweet Almonds: after anoynting, sprinkle on the powder of Cummin seeds, and lay on a colewort leaf: this is highly commended.

After he hath taken the former julep 2 or 3 daies let him use this pectorall Iulep. Rx. Barly ʒ. Li corice and Raisins stoned, and ʒ i. Iuiubes in number 20: the 4 great cold seeds, ana ʒ ʒ. bugloss and violet flowers ana ʒ. boyl them to a pinte & a quarter, and dissolve in the straining, syrup of Violets and iuiubes ana ʒ ii: make a julep for 4 doses to be taken morning and evening. The whole time of the disease, drink barley water for the ordinary drink made with licorice, poppies and mayden hair. Wine in this disease is poysen, and all sharp things that provoke coughing, and by their astringency hinder spitting. Purging is improper in this disease, unless in the declination, and then use this. Rx Sena ʒ ss. Aniseeds ʒ i. bugloss and maydenhair ana ʒ i. Licorice and raisins stoned ana ʒ ʒ: flowers of Bugloss and violets, ana ʒ i: boyl them to ʒ ii: &
in the straining dissolve of Rubarb infused in scabious water with a little yellow Sanders. 9 iiss. Manna and Syrup of Violets and 3 i. make a potion.

An Infallible Remedy for the Plurisy, experienced by Trear ..., famous Chirurgion, and Dr Tresfel.

Rx. a pippin, open it at top; take out the Core, then fill it with white frankincense: stop it again close with the piece you took out at top: roast it in hot ashes, then beat it to mash, and let the patient eat it. Hartman.

Another approved. Rx. 3 of the biggest round balls of horse dung: break them in pieces and boil them in a quart of white wine, till a pint is consumed, then strain it and sweeten it with Sugar, drink a good draught of it, and keep warm in bed. Idem.

Another, in case bleeding can not be used. Rx fine wheat flower, make & bake a cake of it, cut it through the middle, parting the 2 sides: spread the crummy part of each with Triacle or Mithridate, apply each side of the Halves to each side of the patient, & use at the same time the drink made of the horse dung boil'd in wine or strong ale. Stone horse dung is best. Idem.

Aches: or Stiffness. Swellings, bruises, Strokes.

Anoint the place with oyle of Excester, very warme. MS. An excellent ointment for Aches, bruises, straines, sprains, swellings, Impostumes, any sore or cutt whatsoever; scurvy; and it is the chief spleen ointment. Take for 8 pound of fresh butter never salted, of each of these Herbs, Wood bettony, Mallows, parsley, brooklyme, S. Iohns wort, Elders, bugloss, Red mints, wormwood, balme, Rosemary, sage, Lavender-Cotton, Lavender yong shot out, stalks and all, Rosemary tops, Smalledg, featherfew, Southernwood, herbgrace, Camomill, and straw-
berry leaves, the strings and all; a good handfull. They must be ga-
ttered dry when the dew is off. Shred them, and beat them well to-
gether with 2 pound of butter in a stone mortar: putt them in a
pott, and sett them by into a cellar close covered, for 14 dayes.
Then take the 6 pound of butter well beaten from the Churne,
and sett it on the fyre, and when it is melted, putt in a pottle
of black snayles. new gathered out of the fields, or any where
else where you can get them: keep them stirring, till they have
done ropeing (or roreing), for fear of burning too: then putt
in all your other herbs beaten before, and some yong swallows
if you can get them: and keep it boyling with a soft fyre
continually stitting it, till you see it cleare: which you shall
try by takeing a little with a spoon: when you perceave it boyled
cleare, then take 4 ounces of the best frankincense; of
cloves, mace and nutmegs, not beaten but bruised, of each
an ounce; take fresh cow dung new made one handfull: new
Hens dung as much: putt these spices and dung in, and boyle
them half an howr more, stirring them without ceaseing: then
take it from the fyre and let it stand, till you can suffer
your hand in it. Then strain it out as hard as you can,
and sett it on a soft fyre againe, and let it boyle softly
scummimg it, till it be very clear. Then putt it up into gally
potts, or other red potts. when you putt it up, the last you
take up is still the best: therefore when you take it neer the
bottom, let the pan that it is in stand sideling and simpering
by the fyre, so that you may with a spoon take it neer the
grounds, as close as you can, and not loose any that is cleare,
for it is still the best: and in takeing it in this manner
from the bottom, at length the bottom and grounds of it
will become hard Crumbles. Now because you cannot get
these herbs alitogogether, you must as you can get
them, make them ready,

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and keep them beaten in butter till you have all things else
ready: especially the snayles, for thes must be new taken. This
is Mrs Sadlers Receipt. MS.

ffor an Ache. Take of black sope the quantity of an Eggs, and
Aqua c\&#339;lœsis or double distilled Aqua Vitæ 3 spoonfulls: stirr
them together till they wax white. It will take half an
hower to stirr it till it be as white as a cloth. Then
let it stand. Anoyn the place pained, evening and morn-
ing before the fyre, with the oyntment cold. It hath in
a short time cured one, which went 2 years upon Crutch-
es. MS.
To ease extrem paine. Take mayden wort and Mallows, or Rather Holioke, great store of the leaves of each, and Boyle them in running water till they be soft: when it is cold enough to be endured, putt the limb pained, in it for a space: it will ease it. Then binde the herbs warme to it. If it be a thing needing a poultis, add to these herbs some wormwood: when they are soft shred them, and when it is grown thick putt in a little flower to make it stick, and a little hoggs grease: apply it hott morning and evening till all the swelling be downe. Then apply of the black salve, and it will cure it. MS.

for Aches in the back, or inwards. Take pitch in powd- der one spoonfull: stirr it in Malmsey or stale ale, and drink it 3 dayes together. Item - Boyle black sope in ale to an oyntment, and anoyn the place grieved. it hath helped one in 24 howers. MS.

A soveraigne Ointment for an ache, bruise or swelling; where the skin is not broken: to be made in May.

Take a pound of sage, Rue 1 pound, wormwood half a pound, bay leaves half a pound: chop them very small, then putt them into a Mortar, and take 3 pound of sheep suett new small, and putt it into the Mortar to the herbs, and beat them together till the suett be not seen, but the herbs and it are both of one colour: then take it out of the Mortar and putt it into a clean vessell, and putt thereto a pottle of sweet: oyle olive, and work it with your hands, till it be all of one softness

then putt it into a clean Earthen vessell, and cover it close, and let it stand 8 dayes. Then putt it into a brass pan, and seeth it with a soft fyre untill the strength of the herbs be gone. And to try whethr it be sodden enough, putt some of it into a new canvas cloth and wring out the iuice, and if at the last wringing there come any li- quor like a brown water, it is not enough sodden: for if it were there would come nothing but onely oyntment. (and thus may you prove all manner of oyntments) and when you have so strained it, putt it into a pott. When you use it anoyn the patient there -with evening and morning, and lay allways one linnen cloth there to, for drying up the oyntment. MS.
Cox's Salve alias Gratia Dei Minor.

Take bettony, vervaine, pimpernell that beareth the white flower, of each 3 handful: bray them and seeth them in white wine, so that the wine be sodden half in: Then power out the remaine through a Cloth: then sett it over the fyre againe, and put thereto of perofin and mastick of each 1 pound, and virgin wax 4 pound, and womans milk that nurseth a male child, a quantity, and mingle them all boyling with a stick, till it be well melted: then take it from the fyre, and putt therin half a pound of Turpentine, and stirr it well till it be cold, then putt it up safe till you have need therof. - - The use. - - This playster is good for new wounds and old sores; among all playsters it is most cleansing and nourishing the flesh, and profits more in a week, then all other in 4. It suffers nor corruption in the wound, nor dead flesh. It is good for bruising of Sinews in what place soever they be: it asswageth swelling in any place, laying it on in the night: it is good for the biteing or stinging of venemous beasts or worms cleanseing and healing the heart. It heals the Impostume, Canker, and fyre of Hell: it takes away the ache of the braine; it heales the impost hume of the side, that is, of the milk and Liver, if layd to the side, and driveth away the ill humour and healeth it: it is good for the Emroids. M.S.

A Searcloth for an ache swelling or bruise.

Take half a pound of sheeps tallow clean tryed, and as much unwrought wax, 2 ounces of Rosin, and spoonfull of franck incense in powder: then stirr them and boyle them allltogether, and skim it clean with a feather, and when it is boyled take it from the fyre, and when it is half cold, then dip the linnen cloth in the same, so that every part be through wett: then lay it abroad till it be cold, then roll it up, and you may keep it all the year. When you use it, lay a peice to the grief as hott as you can suffer it. MS.

Item. for Ache or bruise. Take the roots of Bryony: paire

the outside fare, and beat it in a morter: putt it in fayr running water: straine it and warm it, and lay it as hott to the grieved part, as the patient can suffer it: or where the ache is, first wash the wound or Ache fayre, and lay it on. MS.
ffor a swelling. Take Chickweed and Tops of Nettles, chop them small, and boyle them in running water, and putt therto crums of bread, and seeth it till it be thick, and lay it to, hott. MS.

Oyntment for an ache. Take quick swallows 2 or 3 nests, straines of strawberyes, rew, lavender Cotton, bayleaves, worm-wood, horehound, red nettle topps, of each of these herbs a good handfull: the gall of an ox, black snayles, oyle olive a sawcerfull: then stamp the swallows, feathers and gutts with all the aforesayd things in a mortar, very small: then melt May butter and putt them therin, and fry them well together in a frying pan, and stirr it for burning to, and strain it in a linnen bagg. MS.

ffor an ache or Sinew spraine. Take 4 handfull of Dill: of Alehouse, vervaine and Nightshade, of each 2 handfull: boyle those in 3 quarts of Creame, till it come to an oyle: then putt it a pound and half of new butter without Salt: so lett it boyle till it come to be as green as may be: then take it and straine it into gally potts. MS.

A pultiss for the same. Take a handfull of sorrell after it hath been boyled, and some quantity of grated white bread, and wheat flower: knead these together: and at the applying of it, heat a little sweet butter and knead it on the fyre till it be throughly hott: then sprinkle some of the forgoing oyntment on it, and apply it as hott as may be. MS.

A Salve for the same. Take of Nerve oyle, yellow wax, Rosin and sheep suet, of each half a pound: boyle all these together half an hower, and then strain it. M.S.

ffor an ache. Take milk and thicken it with white bread, then putt to it, oyle of Roses, and oyle of Linseed, and seeth them well together, while it will spread on a cloth: then lay it to the place pained. MS.
A poultis to asswage swelling in hands or legs, and to ripen any sore. Take wheat bran, and scald it in seething water, and putt butter to it, and lay it to the place pained, it will take away the swelling, and keep the sore if it will break. M.S.

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ffor paine in the Ioynts and knees. Take milk and white bread grated, and red rose leaves, boyle them together to a poultis, then take a pickled Herring and take out all the bones, and bruise it in a Mortar, and mingle it with the other things, and lay it to the pained part all night. M.S. Dr. ffould.

Another for the same: Take Cow dung, vinegar and sheep suett, mingle them together, fry it in a frying pan, and lay it all night to the part affected. M.S.

ffor swelling or Ache. Take Linseed and boyle it in running water till it be so thick that it will spread on a cloth; then take a red Colewort leaf and spread it on the wrong side therof (but bruise the veins downe first) and lay it to the place pained: and if it will break, it will heale it; and if it will not break; it will ease the paine, if it come by a spraine or the like: and if it come to be a sore, when you boyle the linseed it will have a slime upon it, thick like soot, wash the sore with the water, and lay the slime next it with the leaf. MS.

ffor an Ache. Take the patients water and boyle it and putt to it mallow leaves and a piece of sweet butter, and a piece of scarlet: then wring the scarlet out hard, and lay it upon the place pained, as hott as the patient can endure it, and so dress it as oft as you will. MS.

Item for the same. Take mallows, wormwood and red ffennell, fry them in bores grease and lay it to the part grieved, as hott
Oyle of Charity for an Ache, Strain
or bruise, inward or outward: most Excellent.

Take a gallon of the best Sallet oyle, green sage, Cammomill,
southernwood and wormwood, of each a pound: shred these
Herbs very small and putt them into the oyle, and so let them
stand 9 dayes covered very close, and stirr them together
every morning and evening. Then take of Lavender Tops
and of Red Rose buds, the whites being clipped off, of each
2 handfull: shred these very small and putt them into the
oyle to the other Herbs, and let them stand 2 or 3 dayes
after the rose leaves and Lavender is putt to the rest, stir
ring them as before. Then boyle them all together over a
small fyre the space of 2 howers with continuall stirring
all the time of the boyling. Then when they have boyled
putt it into it by little and little as it boyles, stirring
it still dureing the other hower.

then take it from the fyre and strain it through a Course dry
Cloth, and when it is cold putt it into glasses, and cover them and
it will keep 2 or 3 years. These Herbs must be gathered in May
when the dew is not on them. This oyle when you would use
it putt a little into a sawcer and warme it over a fyre, and
rub the placed grieved with your hand being warm a quarter
of an hower, that you may rubb in the oyle very well: and
if it be but a strain, wipe your hand on a cloth and lay it
next to the place grieved, and let it be rolled as hard as
the party can endure, till it be well. It is also given in-
wardly, three or 4 spoonfulls at a time, for inward bruises
or straines. Probatum. M.S. Mrs Williams of Stepady /

ffor a crick or paine in the back. Take white Archangell flowers,
and leaves a good quantity; of Camphire leaves and roots an
ounce, plantain and Bursa Pastoris, of each an ounce; beat
them alltogether very fine, and putt to them a spoonfull of
Honey, and then fry them in a frying pan, and divide them
into 4 parts, wherof make 4 playsters, and apply to the back
of the patient every night when he goeth to bed, and it will
speedily help him. MS.

Ache in the shoulders or else where. Take Raysins of the sun
and figgs alike quantity: and half as much mustard seed.
and beat them very small; then take it and grinde it with the best white wine vinegar that may be had: then spread it upon a lambs skin, and apply it to the grief and it will help. This is a soveraigne Medicine. MS.

A searcloth for an ache and other griefs. Take sallet oyle, or oyle of Spike which is best for this purpose, an ounce. Rosin an ounce, Wax a quarter of an ounce, red lead an ounce, frankincense, common Turpentine, an ounce; make them into powder that are to be powdered; then take bores grease and boyle the red lead therein, till it be black; then putt in the oyle, Rosin and frankincense, which you shall boyle together till it be sly-mie: then putt in the wax, takeing it from the fyre, and stirr it together till it be little better then bloud-warme: then add the Turpentine to the same, and in corporate it together: and haveing made all these things ready, spread some of it upon a new linnen cloth and apply it to the grief, and keep it to the same a month or 2. Probatum. If it be for a windy cause,

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or an ache come of a cold cause, adde half an ounce more of frankincense, 2 ounces of masticke, and half an ounce of oyle of bayes. But for a cankerd old sore or tetter, first wash the place with Mercury water, that is made somewhat gentle, and then apply some of the foresayd playster, and let it rest unremoved, 8 or 9 dayes if need require. MS.

ffor an ache. Take a spoonfull of Aqua Vitæ, and 2 spoonfulls of the water of arsmart, and anoynt any ache therwith, morning and evening for 5 or 6 dayes at the most, and it will heale it for ever. M.S.

ffor ache or Heat in the body, or legs or else where. Take red

dock roots, take out the pith, and seeth them in running water till they be tender, then drayne the water from them, and beat them with the thickest creame you have: and so a noynt the grieved place: or lay a cloth dipped in the same, upon the place. M.S.
An Ache. Take a pinte of sallet oyle, and half a pinte of bay salt, beat the salt very well and boyle it with the sallet oyle till it be melted, and anoynt the place. M.S.

Strokes or bruises. Take juice of wormwood, honey, Virgins wax, bores grease and powder of Cummin, of each a like quantity by weight: fry them together, and make an playster and lay it to the sore. probatum. MS.

Ache, or swelling in legs or feet. Take oatmeale and Cows milk, seeth them with the juice of Seagreen or housleek and sheeps tallow together, till they be thick, make a playster & lay to the sore. M.S.

Ache in the back, Take Ash, Egrimony and Mouseare,
Stamp them well together, and putt thereto Bores grease, and vinegar, and fry them well together, and make a playster, and as hott as may be apply it to the back. probatum. M.S.

Ache & pain in the back. Take vinum Rosatum and chafe your back morning and evening. And lay this playster; take ffeatherfew, Tansy and housleek, of each a handfull: shred and stamp them, then fry them with a sawcerfull of honey and 2 ounces of doves dung of the newest, till it be playster like putt it in the end of a smock or shirt sleeve and lay it to the back. You must refrain from all vaporous meats, as garlick, onyons, leeks, nutts & all things made of milk, and all hot spices, except mace; and from mustard and saltmeats. M.S.

Another for the back. Make broths of light digestion, as mut ton, veale, hens, chickens, rabbets, capons, partridg, pheasant, rost or boyled, and in your broth seeth these herbs, Burrage, violet, bugloss, mayden hair, lettuce, endive, pur slaine, with a piece of a fennel root, and parsley root, and great raysins and prunes. M.S.
ffor a paine in the back, and one that cannot make water 
but with paine. 

Take honey and plantane water, of 
each a quarter of a pinte, with a little sugar, and wash 
the privities of the patient therewith: also take half 
an ounce of Alexanders, anniseeds half ounce; seeth it 
in a pinte or halfe a pinte of ale, strain it and let 
the patient drink therof morning and evening warmed, 
It must be strained through a strainer, immediately after 
the seething. - Item. Take southernwood, wormwood, 
Mugwort, Camomill and mints, of each a good handful, 
boyle them in a gallon of good water, and heale them 
as before. M.S.

Paine in the back. Take Egrimony and Mugwort, 
both leaves and roots, and stamp them small, then min 
gle them with old deers Suett, anoynt the place therew- 
with very warme, and after roule it up very hard. MS.

Paine in the back. Take rose leaves and rose water, of 
each a like Quantity, and put thereto as many Saund- 
ders as you think good, and infuse them in your rose 
water 24 howers: then wash your back as often as you 
can therewith, for 6 or 7 dayes, and it will asswage 
the paine, and take away the heat, and much comfort 
the reins. probatum. MS.

ffor a bruise, Take pitch, rosin, unwrought wax, and 
barrows grease, of all a like quantity: boyle them 
together in a pann, till it come to a salve; spread it 
on a linnen cloth and lay it to the bruise, and let 
it lye 4 or 5 dayes. M.S.

Another. Take the iuice of Mullein leaves, (of some 
called hedgtaper) rub the part bruised with it: then 
take the stamped leaves, and lay them on the sore 
tying them fast with a cloth, and so let it ly a day and 
a night unremoved, and it will heale it, if it be a
wound: but the sore must be first washed with a little white wine warmed, and some of the juice of the Leaves mingled therewith. M.S.

ffor one bruised with a fall. Take Egrimony, bettony, sage, Plantane, Ivy leaves, roses, and parsley, of each a like quantity, stamp them together, and mix wine with it, and give the patient to drink. MS.

ffor any ache or paine in the ioynts. Take black sope, as much as is sufficient to make a plaister; putt thereto half as much of the yolks of eggs, as of the sope: mix them well together in a dish, till the sope hath lost his colour. Which done, lay therof upon fine flax, and spread it like a playster and apply it to the grieved place. Then take whites of eggs mixed with wheat flower, wet a linnen cloth in the same; and lay it upon the playster, and tye it well on, that it remove not, for 5 or 6 dayes, unless there be some great occasion.

Sciatica, or other ache. Take a pinte of pure Aqua Vitæ, a beasts gall, and an ounce of pepper beaten into powder: boyle them altogether, till half of the Aqua Vitæ be consumed. Then lay some therof on a cloth like a plaister, and apply it somewhat hott to the grieved place: so lett it lye 12 howers unremoved: do this 4 or 5 times if need be, for it is a present help. MS.

Sciatica. Take pitch, rosin, unwrought wax, and sallet oyle, of each a like quantity: boyle them together, and lay it like a playster upon a peece of new Lockram and lay it to the paine as hott as may be. You must have a linnen breech to keep it up, for the oyle will not let it cleare: take it off every evening and morning, and wipe away the water with a soft linnen cloth, then warm it and putt it againe to the grief. MS.
Another. Take badgers grease, and stamp black snayles therewith, 
boyle them together, strain it, and anoynt the place. MS.

Another. Take a pint of sallet oyle, a pint of your own 
water, a bryony root, and boyle them together so long, as 
you may take a coale and putt it in it, and it hiss not. 
then it is boyled enough: then make a playster therof and lay 
it to the grief. MS.

Inward bruise. Take 2 pennyworth of liquorice clean scraped, 
and sliced: of anniseeds bruised as much, of ginger gross beaten, 

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20 safron made small cloves and mace beaten of each a pennyworth: 
a pint of barly, a good handfull of Ivy, that grows on an ash; boyl 
all these in a gallon and half of ale, till it come to a gallon and less: 
give a pint of this at atime to the patient. MS.

Inward bruise. Take of Rosin finely powdered and searced, spoon- 
full: put a little beer to it, stirr it and drink it: this do 3 or 4 
times to bedward. MS. Mrs Eyr.

Inward bruise. Drink a draught of cold water presently, it will 
hinder the bloud from clotting. Mrs. Beaumont.

To ease pain in the back. Rx Tansy. paryd tarie: bray 
them small and fry them with deers suet: and apply it to 
the reins. M.S. Lady Byron

ffor a bruise. Rx. 4 spoonfull of Sallet oyle: 2 spoonfull 

of vinegar, one nutmeg, and the like quantity of a nut- 
meg of stone pitch: beat them small and putt them to- 
gether to the sallet: oyle and vinegar: and so beaten 
together drink it off as soon as may be after the bruise, 
and every morning and evening./ MS. Lady Byron
Sir Nicholas Bacons bath for ache in his leggs. Rx. of water 3 gallons, of Rose leaves 2 great handfull, of sage as much after it is cutt and chopt small: Clarret wine a pottle, bay salt iii ounces; allome 2 ounces, of luniper berries 2 good hand full bruised: of the tops of wild Marioram as much, seeth all these together with a great handfull of bayes. MS. Lady Byron

ffor a bruise or stripe in the face. Rx. Wormwood and crumbs of leavend bread, boyl them in white wine, and as hott as you can suffer it, lay it to the place bruised. but if the stripe be neer to the eye, lay it not too hott, for hurting the Sight of the eye. Baltasar. M.S. Lady Byron

ffor a black bruise with a fall. Rub it with a rotten apple, and lay the apple upon the bruise. ibid.
A searcloth for all manner of aches, Rx. oyl olive, mayden wax, half a pound: as much Ceruse ground on a stone; seeth all these with a soft fyre till it be as black as pitch: dip in your cloth whole while it is soft and hott: the finer cloth the better, and lay it to the swelling or akeing 12 howers. then take it away and wipe that side with a fair linnen cloth, and heat it again and lay on the other side; and so continue one plaister 14 dayes, onely changeing the sides of it. ibid.

ffor a bruise. Mummy dissolved in posset ale, 1 dram at one time. - or stamp the tops of green broome and inch long, put to it ale, and strain it: then drink it warm to bedward. It will help in 2 dressings. ibid.

Another. Rx. Stone pitch and nutmeg in equall portions,

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the bigness of a nutmeg: put to them 4 spoonfull of sallet oyle: and 2 spoonfull of vinegar: then beat them all well together, and so drink them presently upon the hurt, and 2 or 3 mornings after./ ibid./

ffor swelling in the face. Make a pultiss of bran, Rose-
leaves, Camomil flowers, and wormwood, sodden in strong ale and a little vinegar. ibid.

for all aches coming of cold causes. Rx. a quart of neats foot oyle. 20 bay leaves. 6 tops of rosemary; a few camomil flowers, or the Camomil itself, a little wormwood either dried or green, 12 cloves, 12 spoonfulls of good Aqua-vite: boil all these together to the consuming of half your oyle; then take it off and strain it and reserve it for use, in a good strong glass: when you use it apply it very hott, with a warm hand, and then you may lay a plaister on it afterwards. ibid.

A pretious and most noble balme. Rx oyl olive 1 pinte.

S. Johns wort, Betony, Centaury and selfheal, ana .i. stamp them and mix them well: let it distill in a glass all the summer: then press it out. It cureth all wounds by onely anoynting them: is wonderfull in fractures, bruises and the like. ibid./

Oyl of baies for aches. Grinde the leaves very fine, and temper them with oyl olive, heat it over the fyre often, but seeth it not: when it is green use it. ibid.

for sinews shortened. Seeth a black sheeps head, with bay leaves, sage and Camomill stamped, till it be well sodden, then strain it, and anoynt. ibid./

Joints akeing and shakeing; anoynt with huice of Mugwort and oyl of Roses. ibid.

for bruises in the flesh apply the leaves and roots of Enula campana. ibid.

for any ache. Rx sallet oyl, or for want therof Neats foot oyl 2 quarts, bryony roots clean scraped and
washed, and stampd: seeth it with a soft fyre, till it
be allmost half wasted: then strain it and put in another
root: and seeth it to a pinte and half: then a third
root and seeth it to a pinte: then strain it and
keep it well: anoynt any ache therewith, whereso-
ever it be against the fyre a long time. ibid./

Inward bruise; seeth figgs in water and drink it: it miti-
gates the pain. ibid.

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Oyle of Ivy for cold Aches. Rx. Powder of Balme one
ounce, oyl olive 1 pinte; set it in an oven after the batch
is drawn; when it is cold strain it, and melt therin halfe
an ounce of gum ligdrae, and 2 pennyworth of Cam-
phir: put it into a viall, and hang it in hott water,
it will be a pure balme. ibid./
Carduus benedictus or blessed thistle: the herb either green
or dry drunk and applyed, helpeth all grievous and swelling
sores, bruises, biteings &c. it covereth the flesh with skin,
is good in drinks for the ffrench pox, and sores of
the paps and teats, the powder being layd on them:
for all inward griefs it may be sodden in ale or
wine, with hony, liquorice or sugar: or the powder
with bread and butter, or bread and honey, or licked
in with honey. The seed may be sow'd at any time of
the year, and so it may be had at all times. ibid./

ffor ache in any place apply the powder of Cummin seed with
honey. ibid.

Reines ache with winde. Apply a plaister of Rue,
Cummin, calamint and wheat bran with white wine.
ibid.
Stamp Lilly roots with henbane and barley meale, and
apply it to all Inflammations, aches, hardness, swelling
or ulcers in the hand, codds, or else where. Or seeth
the root in goats milk for all the said purposes.
and for the swelling of the paps or genitovies ibid.
Ache or swelling. Mix 3 parts of Sallet oyl with a fourth part of Salt, and anoynt therewith every other day. ibid.

for ache in any part. Seeth parsly and wormwood, of each a handful in a quart of ale with some sweet butter: and wash well the place therewith, and apply the herb as hot as may be suffered./ ibid.

for a bruise or knock in the face or any where else . Rx the flowers of Eldern, or if not in season, the green leaves. boyl them in fresh butter till it be very strong of the Eldern; then strain them out and take fresh leaves and flowers, and shred them small and putt them into the butter. Let them have but one walme, and so apply it to the place like a poultis: Shift fresh as you do other poultisses. ibid./

Ague. v. feavour.

Sirrup of vinegar for burning agues. Take 4 pound of white sugar,

4 wine pintes of good pure water, and stop them in a vessell of stone awhile, then seeth them with a soft fyre, allwayes takeing away the scumm that rises, till the sayd scum and half the water be consumed. Then putt to it a quart of good white wine vinegar, and seeth them to the height of a sirrup: use it as occasion serves. MS.

for a cold; shakeing feavour. Take Cammomill and wormwood, & seeth them in a quart of ale, till half be consumed: give it first and last. MS.

for the hott feavour. Take a pottle of stale ale, and the bottom of a stale white loaf, of sinkfield and Cammomill of each a handfull: of treacle and vinegar of each a spoonfull: a few whole
maces and sugar Candy as much as you like: seeth these alltogether till half be consumed: then strain it from the herbs and give the patient therof to drink in his heat: dureing which heat give him no other drink: but therof let him drink as much as he pleases. probatum. MS.

Quartane ague. Take 2 handfulls of shell snayles, of bay salt and mallows of each a handfull: beat these together and lay it to the patients feet before the fitt comes. MS.

Item for the same. Take a dram of fine treacle, and mingle it with half a pint of strong wine, and give it the patient to drink before the fitt comes. MS.

ffor Ague, plague or feavour.

After the patient is taken with any ague, if he mistrust the contagiousness therof, the patient having strength, and noe lask or great vomit, then forthwith he may be lett bloud, according to his strength. Then 4 or 5 howers after he may take a dram of Mithridate dissolved in a good draught of water of Carduus benedictus, or Scabius or Dragon water, as hott as he may suffer it, and sweat 2 or 3 howers after it according to his strength. This will serve for every kinde of plague, Pestilence, feavour, measles, small pox, or any Infection about the Liver or heart. MS.

Ague. Take a pint of Ale, a whole Nutmeg and a race of ginge: beat them together, and half a penny worth of safron, bruise it all together very small, and mingle all together: drink it oft a little before the fitt. M.S.

Ague. take a quart of milk and seeth it, then putt in 3 spoon-fulls of white wine vinegar: then take of the Curd, and putt in half a pint of plantain water, and drink of it in the heat. Milk being sodden and turned with allome, is a wonderfull good posset in a burning feavour or ague. MS.

Ague. Take 2 ounces of Currans, and 4 penny worth of
Saffron beaten together, and lay it to the hand wrists, and let it lye 14 dayes together, if the ague go not away, and when the ague is gone, take it off. M.S.

Ague. Take a great strong onyon, and take the top off of it, then make a great hole in the middle of it, and fill it up with a great Nutmeg grated: then putt on the top, and putt it in a paper and rost it in the Embers: and when it is roasted, peel it and beat it very well in a porrenger: then boyle it in a pinte of white wine, till it come to half a pinte: then strain it, and let the party drink half of it, on hower before the fitt comes: then drink therof the next fitt. M.S.

Ague. Take a pinte of New milk and seeth it: then take a penny worth of the best aqua vitæ, and a penny worth of long pepper, beat it in a mortar somewhat gross and putt it into the Aqua Vitæ and stirr it well together: then take as much of the best ale you can gett as will turne this pinte of milk into a Curde, with the Aqua Vitæ and long pepper prepared as before, putt into it. Let this posset drink be provided against the fitt comes: and take it half a quarter of an hower before the fitt be forcibly upon you. The time to take it will be when you begin to perceave a little shivering to come upon you: and so you shall take the fitt in the first stirring of it. At this time drink all the posset you have so made, and beware you diminish none of the long pepper in it. but stirr it well together and drink it vp as hott as you can. Then go to bed presently and cover you with as many cloaths as will bring you to a good sweat, and lye in the same two howers: then slack your sweat, by lessening your cloths by degrees: but not too hastily for fear of a sudden cold: then dry your body with warm linnen; and air at the fyre, the clothes you wear; being warm, putt them on, and eat some strengthening broth. M.S.

Hot ague. A glister. Take of water wherin bran or ffrench barley hath been boyled, a quart: strain it and adde to the clear water thereof, violets, marshmallows and endive leaves, of each half an handfull: boyle the herbs in the same water till it be consumed to a 3d part, then take it from the fyre, and straine it strongly, then infuse into it one ounce of Diacatholicon, and 2 ounces of
Hott ague with winde: a Glister. Take a pottle of water, putt into it a handfull of bran, of violet leaves, marshmallows, and Endive of each a handfull: boyle all these together till it come to a quart: then strain it hard to force the juice out of them: then putt in of annisseedes, gromnell seeds, bruised, of each half an ounce; infuse the seeds all night, then boyle it till it come to 3 quarters of a pinte: then straine it againe, and infuse into it, of course sugar 2 ounces, of Diacatholicon one ounce: use it as warme as milk from the Cow. MS.

Ague. plaister. Take mastick, Olibanum and Baysalt. of each a quarter of an ounce finely beaten and searced, and let them be mixed in an ounce of venice Turpentine, and spread vpon sheeps leather spread pricked full of holes: lay it to both the wrists, an hower before the fitt comes: and let it continue till an hower before the next fitt: and then lay on a fresh. you must use it 3 times. M.S.

Ague. Take a pinte of milk, and when it is sodden, turne it with the urine of the sick party: take of the Curd, and let the patient drink it and lye downe. M.S.

Ague. Take a pinte of ale, and putt therin of rosemary, unset Isop, and single wall flowers, of each 9 slips, and a handfull of the Inner rinde of walnut tree. boyle them to half a pinte, and when it is sodd, putt the herbs from it, and putt in a spoonfull of Honey: & when the fitt comes drink it, and then walk as long as you can: and if you can not, then you may be walked betwixt two. M.S.

Ague. Take a quarter of a pinte of Carduus water and some Mithridate; mingle these together, and let the patient drink it when the fitt first takes him: then lay him to sweat and let him be tended very carefully and dryed well with cloths: then take an ounce of ox icrotia and spread it on leather and lay it to the wrists 2 howers before the fitt comes. MS.
ffor a quotidian or Quartan ague. Take of smallledg and ffether-
few of each a handfull, stamp them and strain them, and take
half so much as the iuice of them is, of small ale, and being
mixed together, drink it warme, a little before the fitt come.
When you perceave any grudging. this must be drunk 3 se-
verall times, the patient going to bed, and haveing cloathes e-
ough lay on him. M.S.

Ague. Take smallledg, shepherds purse, and Liverwort, of each

a small quantity: bay salt and frankincense as much as you
think fitt: stamp them together and make a playster and
binde them to the wrist of the left arme: use this for
nine dayes together and it will help. MS.

Quotidian ague. Take a quart of stale ale, a handfull of sage

a penny worth of unbeaten Pepper: boyle all together from a quart
to a pinte: then clarify and strain it: and half an hower before
the fitt drink a good draught. It will presently Help. M.S.

ffor any ague. Take white ffrranckincense 2 penny worth: bay

salt a spoonfull, beat them small, of smalledg an handfull,
half a handfull of Ribwort plantane leaves, and half a hand
full of broad plantane leaves: chop them all small and putt all
together and stamp them alltogether: then an hower before the fitt
comes take the bigness of a wallnutt, and binde it to the
veins on the wrists, and so likewise on the boughts of the arms,
and let it lye till the fitt come, and then dress it new a-
gaine: and do thus 3 times if need be: and by gods help
you will finde remedy. probatum. MS.

A Purge after an ague.

Take 2 drams of Sena, being boyled in posset ale, 1 spoonfull
of anniseed, 1 spoonfull of ffiennelseed, being bruised and well
boyled, putt into it 3 spoonfull of syrrup of Damask ro
ses, then brew it alltogether and let the party drink it and
fast 2 howers after, and not sleep. Then take some thinn
broth made of veale and ffirench barley. (you must strain
the posset ale from the Herbs) before you putt in the syrup. If the party be weak, then putt in but one dramm of Sena. M.S.

Ague Plaster. Take a handful of woade, of cobwebbs and bay salt of each a handful, beat them together in a mortar to powder: then mix it with white whine vinegar, spread it on 2 cloths, and apply it to the wrists. M.S.

Another for the same. Take 9 Raisins of the Sun and Stone them, then strew upon them tobacco small cutt, but undryed, and sneezing powder, and apply it to the wrists. Or take currants and beat them, if you have noe raisins, and apply 9 to each wrist: MS.

Another for the same. Take 2 red herrings and take out the bones, and apply them to each wrist, and shift them as they grow dry, an howr before the fitt comes. MS.

Another plaster for an Ague. Take half a pinte of soot of a chimney, wherin wood is burnt, and being well dryed beat it into fine powder: take also an ounce of case pepper beaten into fine powder, a spoonfull of bay salt finely beaten, a spoonfull of Aqua vitæ, an ounce of Venice Turpentine, and the white of a new layd egg: mingle all these together and make it in manner of a Salve, then spread it on sheeps leather and apply it to the wrists 5 howers before the fitt usually comes: and if it be a tertian or a quartan ague, then it must be continued on the pulses 3 dayes & 3 nights. MS.

Another playster for an ague. Take 2 ounces of unwashed Venice Turpentine, 2 penny worth of the best ffrankinsence beaten to powder, half a nutmeg sliced very small, half a spoonfull of red rose water, so stirr them all together very well, and putt it up into a little pott, & when you would use it take 2 pieces of sheeps leather, as broad as 2 fingers, and spread it upon the flesh side
thereof, and to lay it round on both the wrists 2 howers before
the fitt, and let it remaine till it fall of it self. MS.

Tertian ague. Take 3 spoonfulls of the juice of Lemmons.

2 spoonfulls of Aqua vitæ, and one spoonfull of sugar:
mingle them allltogether and drink them at the begining of
the fitt, or before: and sweat upon it. probatum. MS.

Burning ague. Take a handfull of smalledg; of featherfew

and red sage, of each a handfull: stamp them together and
take 3 or 4 spoonfulls of the patients own water, and
as much vinegar: boyle all these together a little while,
and take a quantity of the same herbs and wring the
liquor out, and lay them on a cloth, and binde it hott
to the temples, but not the forehead: and take the best
of the same herbs, and chafe and wash the palmes of
the hands with the rest as hott as you can suffer it be-
fore the fitt come, and so let it lye till the fitt comes a-
gaine: and have new in readiness to dress him in like
manner: and in 3 times dressing it will heale, and will
make him either sleep, vomit, bleed or Laxative. MS.

An Order of Diet for the sick of the Ague. Abstaine from

wine, spices, strong ale & beer: drink the smallest Ale that
may be gotten, and if it be not small enough allay
it with barley water, or pure water boyled: boyle your
meat with cold herbs, as Lettice, spinage, burreage, en-
dive, Succory, and with violet leaves, great raysins, pru-
ins and purslaine: and with the same herbs boyled in
water make your Almond milk and your posset ale.
go not into the air, nor take cold in any wise.

ffor a sore leg broke out through an ague. Take white lead beaten to

powder, and unwrought wax, and linseed oyl, or flax oyl, boyl them to-
gether, make a seercloth, and put thereto fresh butter. MS.
Burning Ague. Take a pottle of water, with half a pinte of vinegar, endive, succory, violet leaves, five-leaved grass, and strawberry leaves, of each a like quantity, seeth them to a quart; putt thereto half a pound of sugar, drink it evening and morning. MS.

A quartane Ague. Take a white flint stone, for that will best endure the fyre, let it ly in a quick fyre, till it be red hott, then take small beer and quench it therin. When the fitt is cominge drink a good draught, and another in the midst: let this be done 4 severall dayes, both in the fitt, and when the fitt is coming. A certain person gott a livelyhood by this cure, when all other means fayled.
In Ireland they cure their agues onely with fasting 4 or 5 dayes from all kinde of meats, leaving nature alone to spend out those superfluous humours which the moysture of their western air breathed into them. Dr Vaughan.

To preserve one from the Ague and keep him moyst. Take a pinte of very strong ale, and put thereto a good hand-full of sage and as much sugar as an egg: boyl it very well together, and use to drink of it lukewarme. Baltasar MS. Lady Byron

A Syrup for heat in the Liver or stomach. Rx Crabs and sweet apples, pound and strain them, and clarify the juice over the fyre: then putt in sugar sufficient for your liquor, boyl it to very thick Syrup; keep it, and use it as need requires. If you would have it compleat, you must boyl it at least 2 howers. Baltasar. MS. Lady Byron

ffor any swelling that is red that cometh of an ague or otherwise . Rx. a handfull of smallage, of barley flower

or oatmeal as much, sheeps suet a quarter of a pound, chop all these fine together and put to them once ounce of bay salt, beaten to fine powder: seeth all these with a quarter of a pinte of conduit water till it be like a pultiss: so as hott as you can suffer it lay it to: but change it not oftener then once in 24 howers. MS. Lady Byron
To be taken in hot fits of an ague. Rx. Ague hordei exquisitae coctæ per residentiam despuratæ lib. iii. foliorum en diviae, radicum acetosae, tormentillae, fragrariæ, cum radis; cibus anam pugil. unum. seminum Citri contusorum ℧ i. Decoquantur secundum artem in aqua prædicta, ad perfectionem, id est ad consumptiæ medicamenta: et colaturæ similiter per residentiam depurate adde suci limonum quantum sufficit ad gratum aciditatem: syrup. acetositatis limonum ℧ i. Scchari candefacti quantum sufficit. Misco per apozemable. utatur ad libitum pro polu ordinario: but make it not too luscious or sweet. Dr Stryar MS. Lady Byron

Another. Rx. Diascordii ℧ s. pro tribus vicibus in Hypossetala

(posset ale) ex acetosa Calida (vel solida) cum oxymelitis nostri Iulianizatis cochleari uno: super bibendo hypossetæ calidae haustulum singulis 5 horis. Idem ibid.

Another. Rx. Diascordii ℧ i Syrup. limonum ℧ s. Aqua papaveris erratic. ℧ ii. mised, sumat statim, et post 6 horas repetatur. MS. Lady Byron

for an Ague. Rx a quart of strong ale, half a spoonfull of gross pepper, 2 penny worth of white sugar candy, half a spoonfull of Treacle, 12 red sage leaves, 12 small branches of Rosemary leaves, half a handfull of bay leaves: put all this together in a posenet, covering it very close, and boyl it from a quart to a Pinte. Drink it when you first feel the grudging of your ague, as hot as possibly you can: going up and down as fast as you can after it, till you sweat if you can abide it. If not, ly down in your bed keeping your self warme till you sweat; thus drinking it 3 times in 3 sick dayes, it will drive away the ague. ibid.

A good Medicine both for the Ague and consumption.

Rx the blewest raysins of the Sun; stew them in these 3 waters, of each a like quantity: Borage water, sorrel water, rosewater: and some leaves of wood sorrell, or other sorrell for want therof. and put some sugar candy to sweeten it by taste: eat of these raisins, and
drink of this syrup as often as you will. ibis. 

Barley water to cool in Agues and feavours. Rx. barly water

6 pintes. English liquorice scraped and sliced 2 drams, boyl them to one half: then put to it of sarsaphras root thin sliced 2 drams: Cinamon 1 dram: take it from the fyre and let it stand till it be cold: then strain through a hippocras bag, and so drink it. ibid.

A gourde or Cucumber laid in the bed or cradle of a child while it is a sleep, and sick of an ague cures it. ibid.

ffor an ague. Rx. ii of iuice of lemons, mixed with the like quantity of the spirit of wine, or aqua vitæ: drink it at the first approach of the fitt. It cures if it be taken at the first or 2d ffit. MS. Lady Byron

Against thirstyness in a fitt. Cold mace ale is best. ibid.

Thirst in an ague. Rowle the stone of a carps head in the mouth: or a peecie of Christall often dipt in water: or the leaves of purslain or housleek, or the seeds of Cowcombers. ibid.

ffor any ague. Rx white bryony root, a pretty quantity of safron, beaten pepper, salt, a quantity at discretion, Currans boyled, Aquavitæ; stamp all these together like a pultiss, and tye it to both the wrists, half an hower before the fitt: and anoyn the soles of the feet with garlick stamped with brawns grease. ibid.

Another. Drink Carduus posset drink, or sage, if have no Carduus, with 20 cornes of pepper quartered. drink it a little before the fitt. ibid./
A quartan ague. Seeth sage, Lavender and Rosemary in wine: and drink it before the fitt. ibid./

Ague. Take a quart of good ale, and a quantity of bay leaves and seeth them from a quart to a pinte, give it half an hower before the fitt. ibid./

Ague. Take mustard and vinegar, mingle with it as much Triacle, as a bean, and a little pepper; let the party take it thrice before the fitt fasting, and lye to sweat. ibid./

A quartan feaver. Hang the heart of a hare about the neck before the cold fitt comes. ibid./

Tertian ague. Iuice of sorrell, and onyons sliced and dipped in it, taken before the fitt ibid./

ffor an ague. 2 ounces of iuice of Limons, mixed with the like quantity of Aqua vitæ (or spirit of wine is better) and drunk at the beginning of the fitt never fayles the third time, if the patient ly to sweat with it: Also water of limons stilled in a glass still doth the same. ibid.

Another. Take a new wooden dish, let the party make his first water in it in the morning, then sett the dish over a clear fyre,
-rell, and 2 spoonfull of grated hartshorn, put into the belly: relish it with prunes, currans, or raisins as you like, The broth must be thin to drink: either cold or warm, as your stomach will bear it: and you may if you will, when you take it, put in some syrup of gilly flowers or Limons. ibid./

ffor an ague. Rx 2 figs, cutt them in pieces, take as much cutt tobacco, as will fill a pipe, beat it well; put to it as you beat it a little aquavitæ, or any strong water; beat it well, till it be paste. lay it the breadth of 6 pence upon the hole in the midst of the wrist. ibid./

Ague. 9 leaves of sage of vertue, stampd & straind with ale, drink it 3 or 4 times. ibid./

A quartain or any other ague. Rx 5 slips of rew, slip them downward; hang them about the neck, so as they may come down to the spoon of the stomach. ibid./

An ague. Cutt a lock of hair out of the neck hole; & cutt a hole out of an Aspin (or ashen) tree; put it into the hole and so stop it up again with the piece you cutt out: let it rott there. ibid./

Ague. Rx Sope & chalk, mix it together, lay it to the wrists before the fitt comes. - Another approved: Rx a dram of Venice triacle; mix it in 3 or 4 spoon-full of white wine; make it a little warm, & drink it 2 howers before the fitt come. - Another for the wrist approved. Rx Tobacco and Currans & Mustard, of each a like quantity; lay them to each arm before the fitt comes, or a day before. ibid./

Extracted oyl of pepper taken in some convenient vehicle, is a ready and sovereign remedy against Tertian & quartan agues, dissolving & working out the seminary causes of such feavers, & evacuates them by sweats, urines or otherwise. Dr Vaughan ./
A water excellent good in feavers or agues to quench thirst
and expell the distemper.

Rx Carduus, min, Rosemary, balm, wormwood, of each a
large handful, steep them in as much milk as will wet them,
for a day and a night: then distill them in a cold still, sweeten
the water with hard sugar or sugar candy to your liking
drink of it at any time excepting meals. Dry Carduus will
do if green can not be had. Probatum Lady Byron ./

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Apoplexy.

Rx. a gallon glass filled with the best old wine: into which
put a pound of the flowers of wood lillies, setting the same
in the sun for 40 dayes: after distill it in a Limbeck of
glass twice over: into which put a little Lavender water &
pepper. Others take of the old wine, putting into the same
a pound of the flowers, and after 40 dayes standing in the
sun, distill the same, into which they put of the flowers
of Lavender and Rosemary, and other good spices, distilling
it over again, and then keeping it as a most precious
water, well stopped in a narrow mouthed glass. A spoonfull
of this water given to the patient tho he seem at the point
of death, recovers him and prolongs his life till the natu-
ral time: it cleanses the brain, helps the apoplexy, eases
the colick, and helps imposthumes in the hinder part of the
brain. MS L. Byron

The Lady Barringtons care Balsom for Apoplexies, palsies,
weak sinews, old streins. &c. Rx. 2 quarts of strong aqua vi-
tae or spirit of sack: infuse in it Imperatory i. Sarsa-
parilla, Castoreum ana ℥ ss: bruise all these a little & add
to them Lavendars flowers, sage flowers ana ii: steep
these ingredients in an earthen pitcher well glazed within: then
stop it with a cork and bladder very close, & keep it in a chimny
corner, where a constant fyre is kept, for 4 days & nights
setting the pott often on warm embers: shake the vessell
twice or thrice a day all the while: then take 9 drams of Cam
phir dissolved in half a pinte of the strongest spirit of wine:
when the time of Infusion is expired, putt the vessel in a
well coold, open it, and stir ruto it the dissolved Camphire
and Spirit of wine: then pass it 2 or 3 times through
an Hypocras bag, so keep it in glasses very close stopt. This
balsom must allways be used cold, the spirits are so quick
that it will vapor all away. When you use it put some into a spoon, and rub it in till it be dry: for the palsy rub the mould of the head, and nape of the neck: it is good for all parts where there is any contraction of sinews debility of Nerves, for the gout, or any crick or Ache, rubbing the place. It helps any distemper coming of cold: and the head ache, rubbing the temples. The balsome must allways be stopt and kept in a cool place.

and that it may be seldom opend, take in little glasses for your daily use: it must be used night ad morning, & well rubbed into the place. Hartman./

- A. and lay thereto a snayl unprickt. Idem./

Adders or Snakes Stinging: or Mad dogs./

Take dragon water and drink it: if you have none take the iuice; also stamp dragons and lay it to the place where the sting is, and it will suck out the venome, and ease the smarting. MS.

Item. Take a spoonfull of plantane seed and beat it small, putt it into half a pinte of new milk from the Cow, and give the Patient to drink first and last for 2 or 3 dayes, and it will help. M.S. ffor a dog stung with an adder.

Take the green inner bark of a walnut tree, stamp it and strayn it with milk, and give it to drink. M.S.

A most excellent Remedy to cure the biteing of a mad dog, whether man or beast. Rx. a handfull of Rue,

shred and stamp it, 1 dram of Treacle, 1 spoonfull of the shaveings or fileings of Tinn. Putt all these into a quart of ale, and boyl it till half be consumed: strain it, and give the patient 2 spoonfulls twice a day, morning and night./ Hartman.

A most excellent Remedy for the biteing of Maddogs, Vi-X pers, Snakes &c. experienced by a famous Chirurgion.

Rx of the lesser consolida or Lark spurr, Chervill, the white ends of Leeks, the tops of Brooms, an
ii. a little new cream of Morning milk, & a good handfull of Salt. Stamp them altogether in a stone Mortar, and with the iuice rub the part grieved; which will be hard in the flesh, and sometimes black: then lay the mark (mass) upon
the part pultiswise and tye it fast on with rowls: the swelling will asswage in a short time, and the evill will be cured Sir Kenelm Digby sayes that diverse were cured with this Remedy, when the Chirurgeons would have cutt off arms or legs bitten by venemous beasts: and particularly one, whose arm was as black as Ink, being bitten by a Serpent. Idem.

ffor the biteing of a serpent or any Venemous Creature. Drink the juice of plantain, and stamp Celandine and plantane together of each a like quantity; temper them with urine, the staler the beter, and apply it to the sore: it will asswage the swelling & draw out the Venom. Also anoynt the place with oyl of shellsnayls prickt with a needle - A

Almond Butter to make.

Take half a pound & Iordan Almonds, and blanch them into cold water: the grinde them in a mortar very small, and in the grinding putt in of rosewater and sugar of each a spoonfull. then take a fair linnen cloth not too thick, and spread your Almonds upon it, and with a spoon take it oft, as it comes through, and putt it into an earthen dish, and put to it a quarter of a pound of fine sugar, and a spoonfull more of Rosewater: then take and sett it upon a chafing dish and coales, till it be ready to seeth, stirring it with a spoon, and so lett it stand till it be cold, and set it up for your use: that which will not come through, grinde againe, and force it through with the back of a spoon. M.S.

Another way. Take a pound of Almonds and blanch them,

beate in a stone mortar very small, then beat put in some running water, and beat them together and strain them through a fine Holland Cloth: beat them with water and strain them 4 or 5 times, till the almonds be dry, and till you have used a pinte and a half or a quart and set it over a reasonable quick fyre of Charcoale; stirring it softly one way, till it seeth or riseth to the top of the Chaser: then take it off, and spread it on a large hol
land cloth, as thin as you can lay it, to drain out the water: then lay the sayd cloth on the ground, on a woolen cloth, the better to drain out the water: haveing so done, gather it together and spread it on a dry cloth, till it be well drained, and somewhat shift: then take some perfumed sugar beaten to powder, and mingle them together, and beat them well, as you do eggs for a custard./ MS.

Anniseed Water to make.

Take 2 gallons of the gounds of small wine, or 2 gallons of strong Ale, about 3 dayes old: putt to it a pound and a half of anniseeds, dusted and bruised, and a pound of English liquorish, scraped & bruised.

lay it all night to soake in your ale or wine; the next day distill it in a Lymbeck, with a soft fyre. Save the first running by it self, which will be very strong; and the next by it self, which will be good: then putt into it some sugar candy, or loaf sugar finely bruised and beaten, and shake it well together. It will keep 3 yeares, and be as good at last as at first. For present spending you may take a pinte of it, and rub a good handfull of anniseeds in a clean cloth, and dust them, and putt them into it, with half a Nutmeg sliced, and so stop it close and set it in the Sun, or in an oven after bread, 5 or 6 dayes, then strain it, and it will drink very pleasantly. M.S.

Apricocks green to preserve.

Take a pound of Apricocks, a pound of fine sugar, scald your apricocks and peele them, then putt them into the water that you scalded them in, and let them boyle till they be verry green: then make your syrup and skim it very well: then putt in your apricocks into your syrup, but let them not boyle too fast for fear of breaking. keep them skimmed very well, take them twice out of your syrup before you finish them, and at the last boyle up your syrup, and let your apricocks stand therin all night and then pott them. M.S.
Apricocks ripe to preserve.

Take a pound of fine sugar, putt it to a pinte of Water, & let it stand till the sugar be dissolved, then take a pound of the best Apricocks, and putt them into the same in a pan, and set them on a soft fyre but let them not boyle, but stand there: then take a quarter of a pound of sugar more, and boyle it till it come to a candy heighth; then take your apricocks and putt them into the syrup and let them boyle up: then take them off the fyre and scum them, and let them stand till they be cold, then putt them into a pott or glass 2 dayes; if your syrup be too thin, then take your glass fro plumbs from it, and boyle the syrup by it self, till it be like a jelley: then when it is cold, putt it to them, M.S.

Apricocks to dry.

Take a pound of loaf sugar, and dip it into fair water, and putt it into an empty bason to dissolve, and when it is dissolved sett it on the fyre: and when it boyles a pace, drop in fair water with a spoon, to clarify it: and when it is clear, boyle it not so fast as before, till it be a hard can die. (but take heed it burn not) then take your apricocks and putt them into a skillet of fair water that boyles, and so let them scald gently, and when they are tender take them out (but keep them covered while they be scalding) and pare them, and stone them, and when they are cold and well drained, then lay them on the candied sugar one by one; then set them on a soft fyre, and let the sugar dissolve; but let it not heat faster, then you can take it off with your hand, then take from the fyre all night, and for 4 or 5 dayes sett them on a gentle fyre to dry 4 or 5 howers: then take them out of your basin, and lay them on glass plates to dry, then sett them in a stowe, or Cupboard neer the fyre, and every 3d or 4th day turne them, and so let them stand till they be through dry. MS.

Aqua Mirabilis et pretiosa.

Take galingale, cubues, quibibis, ginger melilot, cardamo moms, mace and Nutmegs, of each a dram: of the iuice of Salendine 6 ounces. mingle the foresayd things
beaten to powder, with the juice. Then take a pint of very good Aqua Vitæ, 3 pints of good white wine: put all these together into a stillatory of glass, and let it stand so all night, and on the mor row distill it, with as easy a fire as can be. This water is of secret nature, it dissolveth the swelling of the lungs without any grievance and mightily healeth the same being wounded or perisht, it comforts them, and suffers not the blood to putrify, but Multiplies the same in great quantity, that almost he shall never need blood letting: it suffers neither me lancholy nor flegme to remaine or have dominion above Nature, it expells Rheume, strengthens the stomach, preserves youth, engenders a good colour,

Aqua Cœlestis.

Take ginger, Zedoary, galingale, long pepper, round pepper, Juniper berries, citron peele, orange peele, sage, basil, Rosemary, mint, marioram, bay berries, pennyryall, gentian, Calamynt, the flowers of roses, red mynt roses, white spyk nard Cubebæ, lignum aloes, cardamomum, cinamon, calamus Aromaticus, Germander, stæcados, camæpitis, My legetta, mace, Olybanum, aloes hepatica, the seed of Mugwort, of each of these, 2 drams: figgs, raisins, dates, almonds, grains of pine, of each 6 ounces: pure white honey half a pound, musk of Levant, a dram: fine sugar 4 pound: mix them altogether and infuse them in 5 pound of pure aqua vitæ, and so let it stand 8 days: then distill it in balneo Mariæ till the feces remain dry: then take that and sercelate it in a pellicane in horse dung, 40 days: then take the glass with the feces and distill it in sand, till all the substance be come forth, the which will be red like blood and stinking of the fire, and is thick, the which must be sercelated as the first, for this is the fiery part: which is of a marvelous vertue, even reviving them that are at the point of death. M.S.

Aqua Vitæ most Excellent.
Take galingale, cucebœ, ginger, nutmegs, cloves and Cinamon, of each an ounce, fresh sage 4 ounces, tenn ounces of pure good water, that is 6 times distilled out of good wine. putt all these together in a close clean vessell. whoever drinks a spoonfull of this water every day, it will mervelously preserve their bodies and keep them from many diseases. and so let them stand 3 dayes, then distill the same, and keep that which is distilled in a close glass. M.S.

Armour to keep from rust.

Take the fyleing or dust of lead, and stamp it finely in a mortar, putting thereto a little oyle of spike, and therewith rub over your armour, and you may carry it in watry pla ces. M.S.

Another. Let the armour be rubbed over with Vinegar mixed with Ceruse, or the marrow of a hart, which is farr better then oyle, and it will keep it bright. M.S.

Almond milk to Coole the reins.

Take ffrenchh Barley one ounce, boyle it in a pottle of fair water the space of half an hower: then throw that water away, and putt the barly into a pottle of fresh water. and let it boyle till half be consumed: then straine it, and take a pinte and a half of the liquor, and beat with it and ounce of almonds, 2 drams of Citron seed, as much of gourd seed, cucumber seed, and melon seed, blanch the almonds, then beat them and the seeds together in a marble mortar very small: then putt half of the liquor unto it, and stirr them well together, then put it out into a napkin, and with a spoon rub it to and againe, till all the liquor be gone through: then put to the other part of the liquor and do as before. and when you have so done, sweeten it with 2 ounces of hard sugar, adding to it 3 ounces of red rose water, and a spoonfull of Cinamon water, so keep it for your use. M.S.

Back weakness. v Restaurative: Cordialls
Take a quart of goats milk, a quart of red rose water: put to these 2 penny wheaten loaves cutt, 20 maces, 20 cloaves, 12 nutmegs bruised, a quarter of a pound of Manus Christi, a quarter of an ounce of amber, & as much of Corral beaten, a handfull of Cumfry roots slitt, a handfull of Clary, a hand full of oculus Christi; a handfull of Setwell, 12 cap dates stoned: a quarter of an ounce of white sanders: then this must be distilled once; then it must be putt up againe into the still, and putt thereto 2 ounces of Cinamon broken, so distill this the 2d time: then putt this up into a Lymbeck, and put thereto a book of gold and a handfull of Rosemary flowers, and so draw this through the Lymbeck, and so take 10 spoonfulls in the morning, and 10 spoonfulls to bedward bloud warme every time. M.S.

Another for the same. Take of Burrage flower water, of Cowslip water, of each a quart: putt to this, of Basil, mother of time, sweet marioram, philipendulum, and Centaury roots, of each a handfull: 8 leaves of Bugloss, an Endive root, a succory root, a quantity of Liverwort, and as much of Lungwort: 2 handfull of Coriander seeds bruised, Raysins of the Sun stoned, a stick of liquorise bruised, a spoonfull of Coriander seed bruised, fine large mace, boyle all these to a pinte and a half, then strain it, & put thereto 2 ounces of pomecitron, of Artemesia 2 ounces, and of violets 2 ounces: Take this 6 morn ings bloud warme, and fast 2 howers after. Then take this broth following, make it with a peece of a neck of mut ton, or the sinews of a legg of veale, the pith of an ox back stamped and strained, as many cumfry roots as the quantity of an egg, 10 or 12 dates stamped, till you may work them like wax, Cinamon and mace at your discretion Currans 3 or 4 ounces, a little claret wine, 2 yolks of new layd eggs, sugar to make it pleasant, and a little red rose water, when you take it off the fyre: use this 8 or 9 dayes together, about 8 a clock in the morning. M.S.

Another for the same. Take of white Corall 1 ounce,
red corral half an ounce, white amber 2 drams, white
colophony of Turpentine 2 drams: the powder of
oyster shells scraped from the innerside one dram, yel
low sanders half an ounce, chalk 2 ounces, make all
these into a fine powder. Take of this 2 ounces, and
boyle it in a quart of white wine and one pinte of
running water, and 3 tosted dated, till 2 pintes be
consumed. then all to it 2 spoonfull of Cinamon water
and 4 or 5 whole cloves, and a little ginger so lett
it run through an Ipocras bag, and when it is stillled
drink 6 spoonfulls therof every morning fasting upon it
till Dinner. M.S. Dr. Maffet ./

Another for the same . Take a good Quantity of plantane,

as much of the yongest of Cumphry leaves, and pretty
store of the roots: half the quantity of yarrow, and
of field dazy roots and flowers: a good quantity of Mo-
ther of time, half so much ribbworth, and shepherds purse,
a good quantity o sweet Marioram: of pickt liverwort,
lungwort, knottgrass, hartstong, and motherwort, of each,
a handful, a quarter of a pound of liquorice, 2 ounces of An
niseeds, of dates, raysins of the Sun slitt, and of the best
red currans, of each half a pound: half an ounce of
Nutmegs, boyle all these in 2 gallons of running
water, while a quarter therof be consumed, then
take it from the fyre all night, and next day set it
on againe, and putt therin a pound or more of the
pith of an ox, the skin being slitt, and boyle ano-
ther quarter therof away: then take it off and strain
it: when it is cold take 2 mandrake apples, and let
them soke therin 2 howers: and then let it seeth upon
the fyre 5 or 6 walmes: then let it stand till it be
cold and take it and straine it, whilst any will come.
then putt in as much prepared pearle and amber as
will lye upon a groat, in each draught of the same drink,
You must boyle in this drink at the first boyling one
ounce of red Corrall, and 2 ounces of Amber beaten
gross. Mrs Terry of Stepney . M.S.

Another for the same. Take a quart of white wine, &

the pith of an ox back, half a quarter of a pound of dates,
of Marygoldis, plantane, Betony, parsly roots, and fen
nel roots, of all 2 handful: boyle all these together
till the same be half wasted: then straine them through
a cloth, and drink 9 or 10 spoonfull therof every morning and evening, for 9 or 10 dayes. M.S.

Another for the same. Take a quart of sack, a top of Rosemary, succory and pennyroyall, of each a like quantity, ginger and nutmeg, so much as will burne the wine, then take 2 new lay eggs, and temper them with 2 or 3 spoonfull of red rose water, and put thereto a good piece of fine sugar, then burn the sack againe with the Eggs, and it will be in manner of a cawdle,

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putt into it a little mace and some sallet oyle, and mix it well and so let the patient drink therof, 3 times a day, morning fasting, after dinner, going to bed. M.S.

X Another for the same. Take 5 or 6 crops of red nep, and 2 spoonfull of Archangel flowers, shred them very small; then take 2 or 3 new layd eggs, and temper all these together, then take a little sweet butter, and make therof 4 fritters, and so let the patient eat them without bread or salt, but with a little fine sugar strewed on them. M.S.

A Restorative for the back. Take a quart of stale ale, half a handfull of germander, clary, unset hysop and unset lime, of each a handfull; a branch of Rosemary, a good quantity of English safron, a dish of sweet butter, and a good piece of sugar; boyle all these together till the one half be consumed; then strain it out and let the patient drink it first and last, and it will help. M.S.

Belly Swelling.

Take a quantity of Centaury, a few crops of Bryony, and boyle them in posset ale well Clarified, drink a draught morning and evening and it will help. M.S.

Belly ache.

Take Egrimony, the Herb or root, or both, while it is green, and eat therof; or the herb dryed and beaten to powder,
and drink it in some liquid substance. M.S.

Barley Creame.

Take lettuce water a quart, boyle in it half a handfull of french barly, which hath been boyled and shifted in 5 or 6 waters: when you have boyled them to a pinte and a half bruise your barly in a stone Mortar, then putt to it half a handfull of almonds blanched and bruised: work the barley and almonds with the liquor through a cloth, till the liquor be thick as creame, then putting to it red rose water and sugar, eat of it twice or thrice a day. M.S.

Another way. Take a handfull of french barley and wash it in sundry waters till it be noe more red; they boyle it in sufficient water till half be consumed: then put to it half a pint of violet water, of Damask rose water half a pint, boyle it againe with a little sugar: then take the inner meat of mellow seed, bruised, a few almonds, and the boyled barly, and bruise them alltogether, and draw this liquor with them, adding some fresh rose water to a creame. M.S.

42 Bile or Sore, or Burn: A Salve.

Take half a pound of sheeps suet, of wax, rosin, stone pitch, of each a quarter of a pound: of Venice Turpentine and treacle, of each 2 ounces: a quarter pound of butter that hath touchd noe water: try it together, and straine it into a little rose water: but let it be somewhat cold before you straine it: so make it up in rolls, and when you use it spread it on a white leather, and lay it to the sore. MS.

Another. Take a pinte of white Wine, or for want of that, water or vinegar, but white Wine is best: archangel, Elder buds, unset leeks, and marigold leaves, a like quantity: boyle all these in the white winem and put ther to a few white bread crums and fresh butter, and so let it boyle till it be thick as a poultis, spread it on lin nen, and lay it hot as may be to the sore. MS.
Bile or sore to ripen. Take a little saffron, Turpentine, wheat meale, yolk of an egg and oyle of Roses, beat them together to a salve, so make a playster of them and apply it. MS.

Bile or sore to break. Take a handfull of white lilly roots, boyle them in running water a good while, then put in a handfull of wheat bran, and boyle it againe. then putt in a peec of bores grease, and an ounce of Turpentine, and as much honey, and apply it the place warm. MS.

Bile to cure. Take a gum called Galbanum, and make playsters therof on leather, apply them to the bile, & it will ripen, break, draw out the core & heale. MS.

Biteing of a Maddog. v. Adders biteing./ Take seed of box, stamp it and temper it with holly water, and give it to the Patient to drink. MS.

Another. Take the claw of a crab, and beat it into powder if it be for a man, putt it into dragon water and so drink it: if it be for a dog, putt it in milk and give him: then cutt his ear, let him bloud, and throw him into the water. M.S.

Another. Take Bettony, Egrimony and Resty bacon, beat them fine together and lay it to the wound: it will keep it from ranckling and heale it. MS.

Another approved one for the same, either in Man or beast. Take
a quart of stale ale, 3 penny worth of Treacle, a handfull of Herbgrace: 3 cloves of garlick, a spoonfull of time scraped very small; boyle all these from a quart to a pinte; and allwayes when you give it let it be luke warm. If a man or woman be bitten, give them 2 spoonfulls at a time, till this be spent. If a child, something less must be given. But if any thing else be bitten, then give it 3 spoonfull at a time first and last, as before. This quantity spoken of before must be provided for every one thing that is bitten: then bloud them. probatum. M.S.

Another. Take Torrentill roots a handfull, roots of Divells bitt, half a handfull: of assafetida and Castoreum, of each half an ounce: powder all these grossly, and steep them in a pottle of new milk, give it cold: this quantity will serve, 3 couple of dogs: but if it be for a man, let it be given 3 times. This was the medicine of one Gravenor. Sir Bryan Broughton. M.S. Raw wheat chewd in the mouth is good. Lady Byron

Biteing of any venemous beast. v. Adders biteing.

Take plantaine & drink the juice therof, then take plantane and Selandine of each alike, stamp them and temper them with stale piss, and lay it to the sore; and it will swage swelling and drive out the venome. M.S.

Another. Take mallows, with leeks and onyons make a playster therof and lay to the sore. MS.

Bleeding of wounds to staunch, & heale. v. wounds./

Take 2 or 3 toads, putt them in an Earthen pott, sett them in the fyre and let them burn to powder, then beat them very small, and keep them till you have a wound or cutt, that you cannot stanch the bloud: then putt some of this powder into the wound, binde it up, and look not in it for 9 dayes, it will stanch the bloud and heale it. Proved in the Greenland voyages. M.S.

Another. Take a handfull of nettles and bruise them, and lay them on the wound hard bound with a cloth, and it will stay presently. M.S.
Another. Take Aloes, Myrrhe, Mummy, Sandragon, of each half a dram; Bolearmoniack, Cumphry roots dried, Mastick, Olybanum, of each 3 drams: colofony half an ounce, beat them to fine powder, and searce them. Take a little of this powder, and mix it with the white of an egg beaten, and lay it on the downe of a hare, and fill the wound with it. This powder is fitt to have allwayes in rea dyness in a box. MS.

To stanch bleeding when a Master veine is cutt if the wound be large.

Take a piece of lean salt beef without any fat, and let the beef be of that greatness that it may fill the wound: lay it in fayr ashes till it be hot through: so thrust it in the wound and binde it fast, and it will stanch by gods help. MS.

Bleeding at nose to stanch. v. wounds/.

Take the bone that is in a Carps head, and keep it till it be dry: and when you have need of it, beat it to powder: and take a little of the bloud of the patient & dry it to powder: then mingle them both together and put them into a little ale or beer, and let the patient drink it once or twice. MS.

Another. Take a dead Toade and dry it: and keep it, & if any one bleed at nose, and nothing will stay it, take the toad and put it in a cloath, and let the patient smell to it, and it will stay presently. M.S.

Another. Take a cloth and dip it in white Wine vinegar and wrap it about his members that bleedeth at the nose, and it will stay it presently. M.S.

Another. Take perwinckle and bruise it and straine it, and take the iuice therof and drink it. This stopt the
bleeding of Sir Tobie Cage. MS

Another. Take primrose leaves and stamp them, lay them
to the bleeding place. it will cease. probatum. MS.

Another. Take the 3 cornerd stone of a carp, which is
to be found in the hinder part of the head, nigh to
the neck, beat it small and blow it into the nose.
probatum. MS.

Another. Take potters clay, and mingle there with Vine-
gar and the white of an egg, make a playster ther
of and apply it to the codd of the Patient. probatum: MS.

ffor blasting. It is good for the Itch.

Take self heal, and fry it in barrows grease, till it
be well dryed: then hold the pan on one side, and let
the grease run from it: then take the self heale

and grinde it to powder: then take a little brimstone finely
beaten to powder, and so mingle them together with the
grease, putt it in a box and keep it for your use. pick it
clean from the moss, so boyle it in creame, and anynt the
patient with it. M.S.

A Blinde push.

Rost a fig, rost an onyon, beat them in a hot brasen mortar,
putt to it a little oyle of roses, apply it to the sore once
a day. MS.
Another, to draw a push or any other sore and heale it. Take
the red Tops of an oak and Cabbage leaves, and plantane
leaves, sweet butter and wax, mince the herbs and stamp
them, boyle them to a salve, and strain out the herbs and so
use it. MS.

Blody flux or over looseness.
Take 8 gallons of water, putt to this of bay leaves, balme, mother of time, walnut tree leaves, Rosemary tops, of each 2 handfulls: of Lavender cotton and Southernwood, of each 2 handfull, half an ounce of Nutmgs bruised; of cloves, Mace & fenngreek bruised, of each an ounce, half an ounce of Castoreum, boyle these till the half be boy-led away: and sett over the steam of this for 12 nights together, as hot as may be suffered. MS.

Another. Take as much linnen cloth as will make a suppo-sitory, being wrapt round about, button wise: wett this in the best Aqu vite, or Aqua Composita: and convey it into the fundament, it will cure in 4 of 5 times useing. probatum MS.

Another. Take 3 ounces of pepper, beat it small, then boyl it in a little fair running water till it be thick: then spread it on leather, lay it to the Navel. M.S.

Another. Take plantane, knotgrass and shepheards purse, of each a good quantity: boyle them in new milk, broth or red wine, and when they are well boyled, strain it, and let the patient drink therof oft. probatum MS.

Another. Take yarrow, and plantane of each a like quantity, putt to them (being stampd well together) red wine, strain it well and drink a good draught, first and last, 3 or 4 dayes, and it will certainly help. MS.

Another. Take that that is shorn from scarlet, and make it 46 into powder at the fyre or in an oven: give the party half a spoonfull in red wine: use it 5 or 6 times and it will help. probatum MS.

Bloody flux. Rost as much wax as a bean in an apple, and eat it. - Seeth apples to pap, and to 6 pound put 4 p? of honey: seeth it to perfection and use it. MS. Lady Byron
The whole pomegranate stopt close with clay in an Earthen pott and dryed in an oven, helps the bloudy flux and torment of the belly, one dram & a half drunk with wine. ibid./

Bloudy flux. Take a s much fine cloth as will make a suppo sitory, being wrapt up round together bottomwise; then wett the same with the best Aqua vitæ or Aqua compos?? and so convey it into the fundament. It will help in ? or 4 times dressing. It hath helped them that have been lookd on as past cure. ibid.

A caudle for the bloody flux. Take a pinte of red wine the yolks of 5 new layd eggs, a good quantity of Cina mon, a little sugar, the pill of a pomegranate dryed and beaten to powder, a good quantity of it. Boyl all these on a chafingdish of Coles till it be pretty thick Eat of it evening, or morning, or any time of the day, as your stomach serves. ibid./

ffor belly looseness: Apply a bag of meal of Acorns 1 quart, with whites of Eggs, and vinegar, round about thee from the navell downwards, and renew it with wh?? of eggs and vinegar, when need is. ibid.

Bloudy flux. Make powder of Acorn cups, drink it with red wine, yolks of hard eggs, and Cinamon: ibid.

Bloudy flux and all other fluxes. Distill the red leaves of the yong Springs of Oaks, that have been lopt and take 3 or 4 spoonfulls of the water for a child, but more for an older body, with an ale b or the like, twice or thrice a day./ ibid./

To stop a flux, Take a pinte of red wine, boyle it some red rose leaves, and worwood, and when it is boyled, wett cloathes in it, and lay them about the Navel hott, and change them often. ibid./
Bloudy flux. Burn harts horn, and give it to drink. ibid./

A flux. Take unblanched almonds, pound them, and str.
them with ale, boyl it with Cinamon & Sugar. ibid./

Memory. 18-7
Sage, Balm, wild time (Serpillum)
Betony.
Item the use of Coriander prepared,
prepared Cummin, Candid or green ginger,
chewing of Mastick and ginger
after meat, or fasting. Item chewing
of Pellitory, (Piretrum) white frank
incense, raysins (passula) candied
or pickled Myrobolanes, and all-
most all the species of Myrobo-
lanes.
All the Ingredients of the Anacar-
dine Confection may be used singly
or together to strengthen the memory.
Some Compound Remedies for a bad
memory are Evacuative, others
strengthening.
The Evacuative are. Pillulæ
5 Specierum myrabolanorum.
pillulæ de Hiera picra Galeni.
Pillulæ de Hiera Ruffini. Con-
fectio Theodoricon: Pillulæ
Arabicæ. Pillulæ fine quibus esse
Nolo. These in a Convenient dose
purge superfluities, help the head,
memory, sight and hearing.

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Confortatives are: Confectio Ana
cardina. Diacumini. Diatrion pi-
perion. Dianthos.

An excellent powder for
the memory.
Rx. leaves of featherfew (Amaracæ)
Marioram, Sage, Betony, Bawme,
ana. ʒ iii. Lawrel berries (or bay
berries, lauri) peony seed, bawnseed
ana ʒ ii. Basil seed (ocymum) Cina
mom, ana ʒ i. Zedoary, white
Cummin, carway, boyld in vine-
gar and dried ana ʒ i. Cubebs,
Nutmeg, mace, clove, pepper, Car-
damom. ana ʒ i. Scraped Licorice
ii. Myrobolanes Cytrin & Indian.
ana. ʒ iii. ffrankincense, Mastick
ana. dram symbol i prepared Coriander dram symbol i.
white sugar lb i. Mix and make
a powder. You may use this powder
with tosted bread, before or after
meat: or with Chicken broth or
balme water in the Morning.
The powder of Bawne is very
good in a morning, in white
wine or Chicken broth.

An Electuary for the Memory. 189.

Rx. Confectio. Anacardin. powder of
Bawm. ana. ʒ i. Citron peel candied
or dried ʒ i. Conserve of Rosemary
flowers ʒ i. seed of quinces (cydon
iorum), passularum mundatarum ana
ʒ iss. Amber (Diambræ) 7 graines.
Melt some sugar in Balme water
temper them in a Mortar and make
an electuary. Use it morning and E-
vening to the quantity of a Chestnutt,
chewing it in your Mouth and stop-
ping your nostrills.

An unguent.

Rx Root of Acorns (ie sweet cane
or great Galingale, of Rue, Oxtong
(Linguæ bovinæ) root of Valerian:
ana ʒ iii. dry them: iuice of Eybright
(entragiæ) Clary (gallitricis) ver-
vain (verbenæ) ana dram symbol iii. Strain it.
Anacardi ʒ i. Stæchados, Linguæ ca-
nis ana ʒ i.ss. beat them to powder
and mingle them with the fatt of a
bear, incorporate them, the fatt
being first melted, and make an
ointment. Anoint the temples and fore
head after you have washd them: and
the partem media post memoralem,
3 or 4 times in a year, or half a year

Aphorisams about the Memory.

Keep the cleansd of superfluities, laxative,
either by nature or art. Abstain from
salt pickled things: salt flesh, smoak,
gross, of hard digestion; garlick, onyons &
all pusse. (legumina: all meats that gene
rate matter phlegmatik and tough, as pork
water fowl and slimy fishes.
Strong wines must be forborn and all
gross drinks, and sharp things (aceto-
sa: too much venery, all passions,
Carefullness, sorrow, Melancholy. &c.

Helps for the Memory.

Clary seed (Gallitricis) eaten. Rubbing
the head with a warm linnen cloth.
Bugloss taken any way. Green
ginger or candied ginger taken fast-
ing twice a week, the quantity of a
Nutmeg. Confectio Anacardina taken
once a week in the morning, the
quantity of a pease (ciceris). Ole-
um philosophorum, the hinder part
of the head being anointed with it
is very good. Nothing wholesomer
than Triacle to preserve the Mem-
bers, spirits, and witt.
Sæpe recordari medicanine
fortius omni./

Brokeness in men or women. vide rupture.

Take Cumfry roots, kneeholme roots polypode roots, of
doves foot a handful, of Ladies mantle a handful: of nip a handful, of knotgrass a handful; Boyle all these in ale or water, and let the party drink of it. M S.

ffor swelling of the stones, and long hanging down of them. Rx the fatt of a Rabbitt, and being clarified and melted in sawcer over a chafing dish of coales, anoint the yard & colls therwith: afterwards wrap them in a rabbets skin the space of 9 or 10 daies: resting in the mean while from all labor and work. This is excellent. Baltasar, MS. Lady Byron

for hernia bursteness. make a pouliss of Lynseed, mallows and some cammomill boyled in 2 parts of water and one of milk: put thereto the fatt of a duck, capon or calf, seeth them till they be thick, then spread them on a cloth and apply them hot to the place. Remove it once in 12 howers and apply new still: you may put in some bean flower, ad sedandum tumorem et tollendum calorem, for so it is best. - But if it be very hard and have continued long. Dissolve gummi Amoniac. et gummi bd ellium in oleo de capparibus, vel in oleo amygdalum dulium: et cum hoc unguento illine locum. primo vero purgandum est corpus cum glystered, ex beta, malvarum, furfuris quarter decocto, addito oleo et sale, et mellis Rosati, ʒ iii vel graerali aliqua alia purgatione prius exhibita. MS. Lady Byron

ffor swelling of the stones. Rx. barley flower and bean flower, of each a like quantity: add as much vinegar as shall seem good to make a thin body. ibid.

Codds swoln, apply bean meal with Vinegar cold. ibid.

ffor those that are filme (vilme) broke, or for any rupture in the body. Rx. Comfry 5 ounces, Earth nutts

1 Ounce; beat them, & putt to it a pinte of white wine: boyl it in a skillet, & strain it through a cloth: drink a good draught last at night, & use a Truss: take this 14 days & it will cure. -- Old MS.

An infallible Remedy for a winde Rupture. Rx fresh Cow
dung, heat it in a pan, spread it thick on leather: strew
on it Cummin seed bruised: apply it to the rupture as
hott as may be, when it grows cold putt on a new one
continue this 2 days: you must ly on you back. Huctman

Blood spitting. v. Ache and bruise. Bleeding at Nose:to stop/
48 v. veines.

Take bettony, mints, smalledg and rue, of each a like quan-
tity, boyle them in new milk, and sup them oft as hott as may
be. MS.

Vomiting of blood. Take of spirit of vitrioll, scruple, distilled

water of plantane 2 ounces; mix them together and drink it. MS.

Spitting blood. Take 2 or 3 drops of spirit of vitriol, in conserve of

roses. MS.

To stop bleeding at nose. Rx a great toad that uses to ly under

a block or groundsill: then take 2 tiles and make them
red hott, dry the toad upon them with coales between till
it be so dryed that it may be beaten to powder: then putt it lade
whole in a little linnen bag, and lay it on that side that the nostrill
bleeds, under the short ribbs. And if it stop on that side and bleed
on the other, remove the bag to the other side, and it will stop
the bleeding when nothing else will. MS. Lady Byron

ffor bleeding at nose. Rx of humble bee that peese of the

body and bladder wherin the honey is, and swallow down
that part of 2 or 3 humble bees together, one after
another: then swallow down like wise the upper part that
is hard, being first wrapt up together. Probatum sœpe. ibid.
Swelling to the moss that grows at the root of an ash tree
stops bleeding. ibid./
To stop bloud, stamp the leaves of Enula campana and apply them. ibid.

Against bleeding. Drink the juice of 5 leaved grass, with

red wine. ibid.
Putt 9 or 10 fresh leeks on a thrid, and hang it at
the neck, the the blades upward: it will stop the bleeding at the nose. ibid.

ffor swelling that comes after bloud letting. Stamp white bread crumms with wine and apply it. ibid.

ffor bruised bloud voyding. Drink the iuice of the yong budds of nettles either by it self or with vinegar or cold water: there is no so corrupt bloud but it will purify it. ibid./

ffor a stopp'd vein. Stamp parsly with groundsell, and drink it with white wine. ibid./

If any by bleeding be bereft of his senses, apply penny -royall to his nostrills, with vinegar to restore him. ibid.

ffor swelling of bloud letting, Stamp the leaves of a White plumbtree, with water, and apply them. ibid./

49.Breath stinking.

Take rye bread and make a tost of it: then take powder of galengale and cloves, and mix them together; dip your tost in Wine, and spread your powder on the tost and eat it next your heart. M.S.

Another. Take a pinte of water, and two handfull of Rosemary flowers, boyle half away, then sett it in the sun, in a glass for 2 or 3 dayes, take 2 spoonfull fasting, every morning. MS.

ffor a stinking breath that comes from the stomach. Take 2 spoon full of Cummin seed, beat it to a powder and seeth it in a pottle of white wine, till a quart be wasted: drink a good draught therof first and last as hott as may be: it will cure within 15 dayes. probatum MS.
A stinking breath. Keep your teeth very clean by rubbing them every morning with water and salt, which will also cure the scurvy; also try Mr. Turner's dentifrices so cryed up. If your breath be tainted proceeding from some other cause, take rosemary leaves with the blossoms, if to be bad: seeth them in white wine with a little mirrhe and Cinamon; use it often and the Effect will answer your desires.

Tarts of apples with anniseeds make a sweet breath. MS. Lady Byron

Nutmegs do the same. ibid.

Stinking breath. Take 2 hand full of Cummin seed, beat them in a brassen mortur to powder: then take a pottle of wine: put this powder into it; let it seeth till it come to a quart: drink it first and last, as hot as you can, for 15 dayes. MS. Lady Byron Probatum./

Item. Rub sage between your hands, put it into the nose and let it rest there a good while, a fortnights space, Especially in the morning. ibid.

He that Eateth an Oak leaf one a week shall never have stinking breath, or the tooth ache, or putrefaction of the gummes or eares. ibid.

Wash the mouth and gums morning and Evening with red rose water; it causes a sweet breath & strengthens the teeth. ibid./ it also fattens the flesh, and makes the face well coloured: ibid.

ffor a stinking breath & to clear the complextion. Rx. Rose water half a pinte: primrose water half a pinte; putt to it white lillies 1 ounce, horehound half an ounce. Borage, bugloss, Endive, Cinamon, Cloves, of the 3 first 1 ounce, of the 2 last half an ounce. Spicnel (spiknard) roots, half ounce. Boyl all together in a close decoction, then distill it in the strongest balneo. the dose 3 or 4 spoon fulls first & last. - old MS.

Breath shortness. Asthma./

Take budds of Elder in the spring, 2 spoonfulls, shred them small, 2 spoonfull of oat meale, half a pinte of fair water
and skim it clear: put it with the budds aforesayd, and let it seeth 2 or 3 walmes; and sup it up as hot as you can. To have powder of them, gather a platterfull of the budds, dry them in an oven, and beeing hott stamp them to powder. MS

Another, and also for stuffing of the stomach. Take a pottle of muscadine. and if the yong roots of Ennula Compana, a handfull, but not those which have a hard pith within them: wash them and scrape them clean, and slice them into your muscadine. then take 2 ounces of Cinnamon bruised a little, and putt it to your wine; then sett it a stilling in a close still, and drink therof every morning. M.S.

Another. Take the roots of Enula Campana cutt in small pieces, Isop, pennyroyall and good scraped liquorice, of each 2 handfull: seeth them all in a gallon of pure water, till it come to a pottle; then strain it well and keep it in a close vessell well stopt: a good draugh of this morning, after noon, and going to bed, for 7 or 8 days together will help. MS.

Another. Take of manna Granata 2 ounces, flower of Cassia newly drawne, half an ounce, peniodes 3 ounces, oyle of sweet Almonds new, 1 ounce: the lights of a fox finely powdered 2 ounces: make them a powder that are to be powdered: then mix alltogether, and make therof an Electuary with the Syrop of Isop: this medicine is to be taken thrice a day, 3 howers before dinner, 2 howers before supper, and about midnight: continuing it 3 or 4 days, and noe more - probatum MS.

ffor a short wind. and stopping in the stomach. Rx.Agri-mony, Carrise, (carrise) Lovage, Endive and Cicory, leaves root, of each a handfull: of Coltsfoot, handfull, or a spoonfull of the powder; a handfull of unsett hyssop stripped downwards, 7 or 8 sprigs of penny royall: 1 pound of Smyrna raisins, or the best New raisins stoned: 1 ounce of sweet fennell seed. pound all these together and boyl them in a pottle of conduit water, till half be consumed,
strain it, and put to it a quarter of a pound of lump sugar: let it have a walme or 2 and drink it morning & evening. MS: Lady Byron

ffor obstruccion of breath. Rx. 6 drops of the Tincture of Safron in a little lump of Conserve of red roses in a morning fasting. Mr. Hill . ibid.

An Experimented medicine for Asthma, shortness of winde, straitness of brest, oppression of Stomach

Rx for some time every morning 3 spoonfulls of the best sallet oyl, with a little sugar. This continued for a while cured one that was for gone. - Item severall have been cured of dry consumptive coughs by drinking every morning a good draught of posset drink, and then taking 3 spoonfulls of good Sallet oyl after it. In the posset was boyld some of the Moss that growes upon Oaken pales, a good handfull in 2 quarts: the posset was repeated at night without the Oyl, drinking it warm, & sometimes in the after noon: takeing sometimes at night one of Mathews pills, drinking the posset after it going to bed. Some have been cured of dry coughs by the use of this posset alone boyld with the white moss that grows on oak pales: drinking it warm 3 times a day. Hartman .

Schroderus's Astmatick water against ptisick, shortness of breath; it comforts weak cold stomachs, expells winde, helps fainting fits. - Rx. Coltfoot, sage, marioram, Hyssup, white horehound: ana i. Roots of Enulacampana, Gentian. ana ʒ iii. Cloves, ginger Cardamons, ana ʒ iiss. Florence Orris, poly pody of the oak, Licorice, iuubes, sebestians, currans, sweet almonds, ana ʒ iii. squills dried. ʒ ss. seeds of nettles, fennel, Basil ana ʒ iii. 4 soft figs cutt small bruise all the roots and seeds and shred the herbs putt them all into a vessell and putt theron 2 quarts of sack, 3 pintes of Nants brandy, hony ℥ i. stop the vessel close, and let them stand to digest 10 dayes, then distill it: sweeten the distilled water with
best refined sugar, drink of it \( \frac{3}{4} \) i at a time.
2 or 3 times a day. Idem./

52 Brain Idleness.

Take juice of Wallwort 2 ounces, Salt 1 ounce, honey 2 ounces: frangipinæce as much: Boyle them on a soft fyre till all be melted, and therewith anoynt the head and Temples. Or Take wax, Olybanum, juice of wallwort, seeth them together and keep them in a pott, and anoynt the head. M.S.

Burne or Scald. Vide Scald

Take the fat of bacon and putt it on a spitt, set it to the fyre, and underneath it sett a vessel of fair water, to receave the dropping, and with a feather skim it off and putt it in a box. And when you will use any therof take the yolks of 2 eggs, or according to the quantity of the sore, and putt thereto a quantity of your bacon grease, and warm them on a chafing dish of coales, then put thereto a quantity of the powder of frangipinæce, very finely beaten and scarced, stirr them together and with a feather anoynt the patient evening and morning: and take not off in any wise the first oynment: but lay one oynment upon another; for if you pick it off there will be a scarr, otherwise not. M.S.

Another. Take the yolk of an egg: mix it with fresh butter, and stirr them together till they be like a salve and anoynt the patient therewith. MS.

Another if the skin be not broken. Take good Ink, and wash the sore place oftentimes, and it shall not rise in blisters, or make a blemish. MS.

Another. Take black sope or gray sope, and lay it immediately to the sore. Or Linseed oyle is best of all. MS.
Another. Take thinn bark of Elme, and lay it to steep in fayr water: so lett it lye, till it come to be like an oyle, and then anoynt the place therewith. MS.

Another. Take shoomakers shreds, putt them in fair wa-
ter and boyle them, as long as you can see any scum arise skim it off, and putt it into a dish and save it, and so let it stand a while and you shall see a white froth arise from it: then take a feather and take it off: then take Vallerian, stamp it and strain it, take the iuice of it, and mix it with the clearest of what you have taken off: so putt it into a pott and save it, and when you have occasion to use it, warm it and anoynt the place. M.S.

Another. Take a thistle called S. Mary thistle, stamp it and strain it, and take of the iuice 2 spoonfull, and putt to this 3 spoonfull of Creame, mix them together and anoynt the patient therwith. If it be raw, take the white wool of the belly of a hare, & lay theron, it will never come off, till it be whole. MS.

Another for the same, that it may not be seen. Take sheepsfoot and sheeps dung, and the Inner rinde of Elder, boyle them altogether, then strain them through a course canvass cloth, keep it in some clean vessell: when you use it you must melt it in a sawcer, and so anoynt the burnt place with a feather. MS.

Another. Take barly meale with the iuice of red fennel, make a plaister therof and lay it to the sore, it will draw out the corruption and heal it M.S.

Another. Take hogs lard or fresh suett, and put in some hens dung to it: boyle them together and strain it. This is to take out the fyre: but to heale it, take cold thick creame,
and burnt allume beaten small, temper them together and apply it. MS.

Burning with gun powder. Take 2 handful of groundsell, 12 heads of housleek, and of goose dung and sheeps dung being new, of each a pint: stamp the herbs in a mortar very small: then putt the dung into the mortar and temper them together: then take a pottle of boores grease and putt among them, and labour alltogether half an hower; then take a canvass bagg and strain it through the same with a cleft stick into an earthen pott, and keep it till need require. M.S.

Scald or burn. An oyntment. Take Rue leaves 1 handful: Housleek 1 handful and half: Hen dung 2 ounces: unsalted fresh butter a quarter of a pound: fry them together and then press them through a canvass cloth. Heer with (a little being melted in a spoon) anoynt the scaled or burnt part, once in 3 or 4 howers: applying theron 2 or 3 fresh plantane leaves. Dr Harvey .

ffor a burn of scald: anoynt the place with snow water or sallet oyl beaten well together. MS. Lady Byron

Another boyl the inner rinde of Elder with sheeps tal-
-low and sheeps dung, and anoynt there with, and it will not be seen. ibid./

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ffor a burn. Rost a lilly root and mix it with oyl of Roses. ibid.

Another, apply the iuice of fearne roots with rose water or any other cold water, when all things else fayle. It doth the same with water of Cow dung. ibid.

A lilly root boyld in vinegar, mixt with oyl or grease and applied, brings hair again upon burnings or scaldings. ibid./
Burning. Boyl hony and oyl together, and anoynt therewith:

or boyl the inner bark of Elder with oyl or new grease;
with some mastick and frankincense, and wax and anoynt it. ibid

Another. beat salet oyl with water and anoint, and lay on
a wort leaf. ibid./

Burning or scalding: beat sallet oyl with the white of an
Egg, or with cream till it be thick, and anoynt. ibid.

ffor burning or scalding to heal in 3 or 4 dayes. Cutt
an onion overthwart, and wring out the juice upon
the place twice a day. ibid.

Mix the powder of the outer rinde of pomegranate,
with vinegar, and anoynt therewith, for wild fyre ibid./

ffor any Wildfyre or Inflammation. Take white lead finely
powdered, and as much barrowes grease, as will make it
into a liniment: put it into an earthen dish, and beat
it very well together, till it be well mixt: then take
plantane water and beat with it, and so continue a
good while, changeing the water 2 or 3 times: then
powre the water from it, and putt it in a pott for
your use. When you apply it, you must not spread it
on cloth, but on the place grieved, lay it pretty thick;
When you come to dress it again, observe whether any of
it be crusted on: where it is so you are not to stirr
it, till it scale off of it self: but where it is not,
you must renew it once in 12 howers. If there be
any sore with the Inflammation, this may safely be
layd to that also. Where this is not to be had, allum
posset Curd, well moistend in its own whey is very
very good for the same purpose. ibid./

Burn or scald. Take ground Ivy and boyl it in fair wa-
ter, and when it is well boyled, bath the place with the
water, and lay the leaves on the place. ibid./
Brother Wilkinson Says D................ in the blood 55
beast that piss ..................................blood & if that do not
Loc, he bleeds again & that (Beosts staleing of bloud) Ne?ectales I:W:
Take 2 spoonfulls of coale dust finely searced, and a good
handfull of salt: putt them into allmost a quart of buttermilk,
give it the beast evening and morning till it change. MS.

A Canker; Cancer, and gangren.

An excellent water. Take a quart of white wine Vinegar,
as much roche Allum, as 4 Wallnutts: 2 spoonfulls of
English honey, that never came on the fyre: and white
copporas the purest and clearest, as much as a Walnut.
the tops of Rosemary, the tops of red sage, and of
woodbinde, of each a handfull: putt all these together into
the vinegar and seeth them fair and softly, till it be
sodden to a pinte and a half: strain it and putt it in a
close vessell. M.S.

An Excellent water for a Canker, and to purge
and cleanse the teeth and gumms, and kill the Itch.

Take a good handfull of woodbinde flowers, of rosemary
stript from the stalk and sage, of each a good handfull.
half a pint of stone honey, as much roche allum as the
quantity of a great walnut, a gallon of fair running
or conduit water: boyle them all together in the water,
till you may perceave the hearbs well sodden: then
take it from the fyre, and let it stand till it be throughly
cold: the take the clear water remaining and putt it
in a glass, and keep. It will keep 5 years, it must be
made in may, and when you use it take a spoonfull and
wash your mouth and teeth. MS.

Canker in mouth. Take a handfull of sage, and as much
woodbinde leaves, with the root or leaf of a wild vine,
this being stamped and strained, take a little honey with
a peace of Allume, being warmed, and so wash the mouth. MS.

Another. Take a handfull of unset leeks, with the roots, &
of yarrow 16 or 20 branches: boyle them in white
wine till they be verry soft: then strain them and clari-
fy them, and let the patient drink morning and evening
3 or 4 spoonfulls at a time, bloud warm, and by all means
let the patient forbear from fruits for the time: MS.

Canker in mouth. Take as much camphir as a hasle nutt,

and beat it to powder, then take twice as much roche
allume, and beat it likewise to powder: a good
spoonfull of Rosemary dried,

salt & water alter is very
good about Quart to a beast
that pisses blood:

A Canker or sore mouth. Take mastick a quarter of an ounce,
a dram of red corall, half a dram of white corall,
a dram of white amber, a dram of Terra Lemnia,
mix these together, and rub the gumms evening and
Morning; if you cannot not get Terra Lemnia, use the
best Bolearmoniack. M.S.

Another. Take an egg, and make a hole in the top there

of, powre out all the white of it, and with a Knife
break the yolk, and mingle as much salt therewith
as it will take up. then fill it up with dry salt as
full as you can fill it: then lay it against the fyre
2 or 3 dayes, till it be thorow dry: but take heed
of burning of it: then beat it to pure fine powder
and rub your gumms therwith. MS.

A running Canker. Take red oker, and live honey, mingle

them together, (and if it be an old body put a little pepper,
in it: if a child, none.) rub the mouth and gumms with it. M.S
ffor a canker or scarf in the mouth. Take a quart of white
Wine, selandine, red sage, rosemary, Isop, Cynkfoyl, and wood-
bine leaves of each half a halffull, boyl them in the wine
till half be consumed, then strain it, and putt thereto half an
ounce of Allom, a quarter of an ounce of white Copperis, with 2
or 3 spoonfulls of honey, and so let it boyl a little more, then
strain it and put it in a viall; wash the sore place with a
little of this water lukewarm, 3 times a day, with a linnen
cloth on a sticks end, or on your fingers end, if you can come
to it: and if it be gone into the nose, squirt some up with a
syringe; and bath it on the outside, applying clothes wet in the
sayd water, to the place: anoynt the sore with a little honey &
burnt allum mixt together, being made lukewarm, and with the
end of a feather layd on the sore. This water will in a short
time heal any old sore, being washed therewith, with, and a fine
linnen cloth dipped in it, and applyed to the greif. Now there
are 2 sorts of cankers, white and red. The white will
break out, but the red will not. MS.

Cancer or Gangrene. Take a great quantity of an
herb called Robbin in the hedge, bruise it a little and

57 lay it very thick on the gangrene: it will kill it in a nights space
and then any ordinary healing salve will cure it: it brings it first
to a green wound. The same way cures any eating cancer, or other
ulcer. Mr Tancred. MS.

A canker in the mouth. Rx a great handfull of black thorn
roots. lay them in steep all night in the droppings of the
Tapp of white wine, or else in white vinegar: then seeth
them to the half with a little allom: use to wash the
mouth 3 times a day: and if there be any dead flesh use
to dress it with burnt allom, and it will be whole very soon.
- or else take the shreds of Scarlet, and allom of
each a like quantity: burn them in a fyer pan and beat
them in a mortar: and then with a feather lay it upon
the gumms: and when you eat, wash your mouth with the
water last before written, and so use it till it be whole.
MS. Lady Byron

To kill any canker. Rx a pinte of running water, half
a pinte of woodbinde water, or a handfull of woodbinde leaves. 8 spoonfull of good vinegar. 1 spoonfull of English honey, of burtin allom as much as a wallnut, and as much allom unburnt. Rosemary 6 or 7 pretty branches. ffenel, cinquefoil, violet leaves, sage, red bramble leaves of each a little handfull; boyl all these together with the water till half be consumed: then strain it through a cloth and put it into a bottle for use. If the canker be very sore dress it 3 or 4 times a day: it will kill it in short time. MS. Lady Byron

Canker in the mouth. Rx live honey, bolearmoniack and roch allome, of each a like quantity: the more sore it is putt in the more allome: boyl these 3 together on a chafingdish of coales, and anoyn the with a feather. ibid./

ffor the Canker in the Mouth. Rx plantane leaves, boyl them in a gallon of conduit water, filling it full of the leaves, put into it a quarter of a pound of roch allom, a whole pound of the best honey; boyl all together from a gallon to a pottle; it will kill any ordinary canker or sore of the mouth, and keep the mouth clean; strain out the stuff, you may keep it a year. ibid.

ffor a more violent canker in the mouth or throat. Rx red wine a pinte: an ounce of roch allom or more: half a pound or more of the best honey: boyl them till they be like a syrup then gargarize it in the mouth; after you have washed your mouth well with the former water: and touch the parts of the mouth or throat ill affected with a linnen cloth dipped in this water. ibid.

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58 Cherries preserved to dry.

Take 6 pound of cherries and 1 pound of loaf sugar. and make your syrup with a little water: then boyle it and skim it: pull the stones and the stalks off together, and when your syrup boyles apace putt in your cherries, and boyl them as fast as you can boyle them till they be a quarter done: then powre them into a searce, and the syrup will drain clean through: then taken them and lay them one by one upon peeces of glass, and sett them in the hot sun one
day: the next day turn them, and set them in the sun
againe. 2 dayes will drye them enough, if the sun be
very hott: so keep them. M.S.

Cherries to preserve.

Take 3 pound of the best cherries: bruise them with a sylver
spoon in an earthen preserving pan: set them on the fyre
and let them boyle till you see the syrup begin to turn,
then take them off the fyre, and strain that liquor through
a cushion canvass into another preserving pan: then putt
one pound of double refined sugar into that red syrup and
sett it on the fyre: and as soon as it is melted, take it of
the fyre and scum it clean: then take 3 pound of the
fairest and clearest transparent cherryes you can gett,
cutt of the stalks somewhat short, and cross every one
of them upon the end with a sharp knife; then putt the
cherries into the syrup and let them boyle as fast as they
can, till you see them boyle frothy to the top of the pan.
then taken them off the fyre and scum them: then putt in
one pound more of double refined sugar: then sett them on
the fyre againe, and boyle them as fast as you can up
frothy to the top: take them off and scum them as before,
and puttin another pound of double refined sugar, set it over
the fyre againe, and boyle it frothy as before: take it
off and scum it clean, then sett them on the fyre againe
till the syrup be somewhat thick, which you must try by
dropping a drop on the bottom of a sawcer, and if it
be like a jelly, then take them off the fyre, and between
hott and cold putt them forth into glasses or gally potts,
but cover them not close till they be through cold; then
binde the mouths of the potts close; this way is not usuall
but most excellent. M.S.

Cherry water for the stomach.

Take of cherries 9 pound: claret wine 9 pintes, cinamon 9 ounces,
nutnegs 1 ounce, balme, speer mint, rosemary tops, and sweet
Marioram, of each a handfull. distill this in a Lymbeck. M.S. by
Mrs Peele ./

Chinn cough: Cold or Cough./

Take 3 cloves of garlick, peel & bruise them, seeth them in
malmesyy till they be soft and thick, and lay it all over the brest being spread on a linnen cloth, up to the throat, so shift it morning and evening 3 days and 3 nights. probotum MS.

Another. Take the burr of an Eglantine tree, dry it to powder and let the patient drink it in posset ale. MS.

Another. Take the roots of horse heale and Camphire, of each a like quantity, stamp them small in a mortar, seeth them in fair water till the half be consumed, then take the quantity of a 3d part of honey, boyled and scumm'd, put them together and make therof an Electuary, putt it in a pott and let the sick eat therof first and last, 5 or 6 dayes together, a good quantity at a time & it will help. MS.

Chincough, with other like and pain in the brest. Rost Sallet oyl in a great apple in the Embers: press it flatt and apply it to the brest, as often as need is. MS. Lady Byron /

Chincough. Take the flower of barley malt, temper it with water, make a cake of it, and eat it hott. ibid. An excellent posset for a cold or cough, tho never so violent: it hath cured many, both yung & old. Rx. a quart of milk, make a posset of it with a pinte of ale: then strain it, and putt into it 2 spoonfull of aniseeds bruised: 2 pippins sliced with pareings, a stick of Licorice bruised, & a quarter of a pound of raisins stoned: let it boyl gently for half a hower, then strain it again drink a draught of it warm, with a little a day. Hartman.

An Electuary for cough or Rheume falling on the lungs. Rx Conserve of Roses. ʒ ss. Syrup of violets 1 spoonfull: hony 3 spoonfull: ffrnkincense in fine powder and flower of sulphur and ʒ i. mix them well into an Electuary, which take on the bruised end of a Licorice stick. Idem.
A China broth for any weakness or Consumption.

Take China roots thin sliced 2 ounces, steep it 24 howers in a gallon of fair water, letting it stand warme all the time close covered, in an earthen pipkin: then putt to it a cock chicken or pullet clean dressed, with a handfull of french barly sowed in his body or belly, the bottom of a Manchet; liquorice scraped and bruised half an ounce, sweet ffennel seed half an Ounce, Colstfoot and mayden hayr of each a handfull, raisins of the sun stoned and Currans, or each 3 spoonfull, 2 or 3 large maces, and 6 or 8 good dates; let all these stew together till 3 parts be wasted: then strain it hard and sweeten it with 2 ounces of white sugar candy, and putt in some red rose water: keep it scumming still while it is in boyling. You may use your discretion to putt in or leave out any of the hearbs or liquorice, if you like them not, or can not get them: so you keep the substance of the rest it suffices. Or if you mislike the sweetness you may leave out the sugar Candy. Take of this drink a good draught of half a pinte 4 howers before dinner, and another 2 howers before supper or to bedward. MS. probatum. /

Cods swelling. Rupture.

Take powder of Cummin seed, barly meale, and honey, of each a like quantity: fry them together with a little sheeps suet, binde the same as a plaister about the cods. probatum. MS.

An excellent ptisane for a Rupture, which cured a great Lady of a great rupture in a fortnights time, and many others. Rx Solomons Seal, Agrimony, Milt

-waste, maydenhair, roots of strawberries, ana i pick and wash them, then shred them, and stamp them in a stone mortar: boyl them in 2 quarts of white wine: but let the vessel be close stopt, that nothing expire: then strain it out & press it hard. Drink of this Liquor a good glass full in a morning fasting: and an hower after drink another and continue thus, takeing 2 glassfull every morn- ing till you are cured. Hartman .

A remedy for the Rupture. Make pottage with Mut- ton, boyl in it plantane and daysy leaves & roots: sanicle, scabious, polypody: ana i. 3 comfry leaves,
eat of it 2 or 3 dayes: and in the morning fasting &
at night going to bed drink posset made with ale, &
boyl some of the said herbs in it: then strain it & mix
the herbs with a double quantity of sanicle: stamp them
and stew them with sheeps suet, & apply it under a Truss
when you have drunk the posset ly on your back, an hower at least. Idem./

61.

Cold v. Cough.


ffor Collick, mother and Stone. Take ffennel seed, Coriander seed,
Carraway seed, parsly seed, galingall seed and Grummel seed.
of each 1 ounce: the leaves and codd of Sene, a quarter of an ounce.
of Spicknell and Tyme, of each a quarter of an ounce: take all
these and make them into powder and searce them: drink it in
good ale or white wine first and last, use it with your meat,
in all manner of sawces you eat; probatum. MS.

Another for the Colick, stone, strangury, dropsy or Jaundies. Take

half an ounce of Sene; of ginger, Anniseeds, liquorice, Mace,
Nettleseed, leat, saffron, of each of them 2 penny weight: and of
Cinamon 3 penny weight: of carraway seed, fennel seed and spi-
nage seed of each of these 2 penny weight: make all these into
powder and drink half a spoonfull at once in posset ale or
pottage. MS.

Winde Collick. Take 6 roots of fennell, 6 roots of parsly,

2 roots of smallage, a handfull of wild thyme, seeth them in
a pottle of water and a pinte of white wine, a little while,
then putt in Anniseeds, liquorice and raysins of the sun, and
when they are sodden take the shell of a new layd Egg, and a
handfull of ashkeys kernells dried, and a date stone, beat them
all to powder, then putt in this powder, drink a good draught of
this in the morning fasting, till all be spent. MS.

Another. As soon as you feel the pain comeing gett to bed, be covered

as hott as you can, and then take this drink following; take
a pinte of Malmsey, and boyle in it a handfull of wild
thyme, till the thyme sink to the bottome; then strain it and putt to the liquor a pce of sugar, a pce of butter, & a quantity of the powder of ginger: stirr them together and drink it as hott as you can; drink twice or thrice. MS.

Another. Take a pinte of sallet oyle, half a handfull of white salt; and seeth them: then dip 2 or 3 handfulls of black wool as the sheep beareth it, and binde the same from the Na-vel to the bottom of the belly as hott as you can endure it.MS.

Another. Take Malmsey, and putt thereto some Commin, and seeth it together, seeth it together and strain it, and when it is sodd, give it to drink. M.S.

Collick, and to cause one to make water. Take 2 good hand- full of wormwood, of featherfew and Mint of each as much, boyle these in fair water till the hearbs be very tender, take of these herbs and bath the place, and then lay these herbs warm in a cloth to the place, and when you think

If the party can not make water, use this following drink,

Take a pinte of white wine and warm it somewhat warm, then scrape 2 good spoonfull of Castle soape, beat the sope with a little white wine, till the sope be all melted: then take 2 yolks of Eggs, and beat them with the sope and wine, and being well tempered together, put the rest of the wine to it & strain it, give the party to drink, lukewarm. MS.

Winde Collick in the Stomach, a syrup of Nutmegs. Take 4 ounces of Nutmegs, slice them small and thin, putt them in so much aqua composita as will cover them, and some what more: then sett them on warm Embers not too hott, then have ready 2 handfull of red rose leaves, one pinte and a half of conduit water, and half a pinte of red rose water: boyle your rose leaves in these waters a little, then strain them, and putt to them so strained one pound of fine
sugar: boyl them together with a soft fyre and skim them well: and when your syrup is thick, take it from the fyre, and strain it into the Aqua Composita wherin your Nutmegs were infused: strain the Nutmegs hard, and put the liquor to the syrup, and boyle them together alittle: then take it from the fyre and let it coole before you putt it in a glass: let the patient take a spoonfull heerof before dinner and supper till he finde ease. MS.

Collick in the belly. Take a rose cake and tost it at the fyre with vinegar thrown upon it, and lay it as hott as may be to your belly. Also take Mustard, figgs and vinegar stampt togeth er, and lay it to the belly, cold in manner of a playster MS.

Winde Collick. Take 3 drops of balsome in a spoonfull of White wine, stirr them together, and so drink it: and after it drink 2 spoonfull of White wine: doe this for 9 or 10 dayes together. This is likewise good for theose that have an ill stomach to their meat. M.S.

Another. Take a handfull of Peruinckle, and boyle it in wine or beer till half be consumed, and so drink it as hott as may be. Or take oyle of pepper, and putt a little quantity therof in a draught of posset ale, and so take it when you go to bed. Or Take the wings, feathers and all of a woodcock, burn them and beat them to powder, and drink therof in a little beer. MS.

Another. Take a white loaf of bread and cutt it in 2 halves, and one half stick full of cloves and tost it: and sett a dish of muscadine to the fyre, and heat it very hott: then take the half loaf with cloves, and dip it in the dish of hott muscadine, and strew the powder of a Nutmeg on it, and so very hott lay it to the navle: and when it is cold let it be tosted againe, & dipt in hot muscadine, and applyed as oft as you please. MS.
Another. Take great onyon, and cutt off the top, and take some
of the meat out of it: then take a little rew, shred it very small: 2 or 3 large peppers and break them, as much honey as will wett the pepper and the rew: then putt it in the hole of the Onyon, and lay the topp on again; wrap it in a wett paper and so rost it in the Embers: take off the top, and lay it as hott to the Navell as may be. M.S.

Another. Take Comminseed, fennel seed and Anniseed of each a like quantity, beat them to powder, then seeth the same in wine and drink a good draught therof first and last, 4 or 5 dayes together. M.S.

ffor Collick, strangury and stone. Take Carraway seeds, fennel seeds, spicknard, anniseeds, comminseeds, cinamon, and gallingal, of each half an ounce: grummel seed and liquorice of each an ounce: beat all to powder, and drink half a spoonfull of the same powder in ale a little warmed: and walk up and downe an howre after, before you eat or drink: do this 5 or 6 dayes, and you will finde a strange alteration. probatum MS.

Collick passion. Take 5 or 6 kernells of the stones of peaches, and eat them with bread and salt before dinner, & supper. These will preserve a man from paine of the side, and from being drunk, it drives out wormes. Or eat often in sallets Mugwort, or Mother: or in broth. MS.

Another. Take a Quart of white wine, and a quart of milk, make a posset of it, take of the Curd clean, and putt in off pellitory of the wall, of charvell and of mayden hayr, of each a good handfull, seeth them all in the drink till half be consumed, then take out the herbs, and drink therof evening and morning. M.S.

Collick and stone. Take of saxafragre, of pellitory of the wall, unset hysop and unsett thyme, of each a handfull: seeth them all with a quart of Malmsey to a pint, the powder of a whole egg shell, and as much of the powder of
haslenut shells as egg shells: when you have putt the liquor
from the herbs, then putt in the powders, warme it and
drink it. M.S.

Gripeings. Take 9 bay berries, beat them to powder: stirr it in
3 spoonfulls of wine: drink it warm if need be, 3 mornings. M.S.

Gripeing or any pain in the belly. Take wheat bran, and white wine

vinegar, boyl them together a little while in manner of a poul-
tiss: put it in a linnen bag, and apply it to the belly as hot as
may be. Mr Mellish of Doncaster. MS.

Collick. Take gum of Ivy, spread it with a hot knife on a piece of

scarlet the bigness of a groat: apply it to the Navell, as hot as
may be. MS.

ffor Collick, Dropdy and stopping of Urine. / Take new

Broom, chop it small, and boile it in 2 pound of white
wine, or sack, untill it be consumed to half a pound.
then strain it hard and add therto of good treacle
ʒ s. the powder of grains ʒ i: let the party drink
therof all at one time, somwhat hott, then wrap him
warne and keep him in his bed: and in an hower at
the most you shall see a wonderfull operation: for
in the dropsy called Ascites, and in stopping of water
he shall not leave pissing till he be well: and in
the Collick he shall piss as much as sufficeth, and
sweat abundantly, with breaking of winde. MS. Lady Byron

An approved medicine for the Collick. Rx. half a pound of

fennel seeds, a quarter of a pound of Anniseeds, a quarter
of a pound of Cummin seeds; lay these seeds to steep in
a quart of good Claret wine for 24 howers: then take
them out, dry them betwixt your hands, to rub the dust
and dust them: then take the seeds and beat them to
very fine powder; take a small spoonfull of the pow-
der, and put it either in a draught of Malmsey or of
burnt sack. MS. Lady Byron
Meats bad in the Collick of the stomach or windyness in the head are, White meats, roots, raw sallets, Raw fruits, pease, hartychokes, butter, saltmeats, veariety of meats is not good at one time, it is good to close the stomach with Marmalade of Quinces, mixed with sliced ginger or Nutmegs. ibid./

ffor Collick or pain in the side, Rx. 4 good handfulls of

Oates, steep them in malmesey an hower or 2; or if Malmesey be almost consumed: then putt to the same Oats dry Camomill a little bruised, ii of Cummin a little bruised. ii a good handfull and a half

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of leaves of wormwood dryed, Rew half a handfull mixt together with the rest aforesaid: put them into 2 square linnen bags, and warm first one of them between 2 bricks, or tyle stones, and lay it to your side, or place where the grief is: and when that is almost cold take a fresh bag as before. You may add to the receipt, leaves of Heath and powder of bay berries. ibid. Dr Hughes .

ffor the Iliaca passio: or any paine in the stomach or belly comeing of winde. 

Rx. Strong ale or beer a pinte: sett it on the fyre, when it seeths scum it very very clean, and putt in half a handfull of Cumin seeds or somwhat more, being fair dusted and bruised; a little penny Royall; boyl these, with a little sugar, from a pinte to half a pinte; strain it and drink as hott as you can when the fitt is on you: and if your stomach be very cold, then boyl them in malmesey, as aforesaid./ ibid./

ffor the Collick. Rx the Yolk of an egg clean from the white, and wash the shell, and putt thereto powder of long pepper, and temper them together till they be thick: then set the shell with the yolk therin as it is powdered, to the fyre. rost it hard and break it: take out the yolk and make powder thereof: drink of it early and late in ale; and after sleep. ibid.
To break winde in the gutts. Rx. cucumber seeds, long gourd seeds: pick off the husks and beat them with all-monds: make allmond milke therof, and eat it. ibid.
Bayberries bruised and lickd in with honey and or pap of Raisins is good for the torments of the belly, and stinging of scorpions. ibid./
ffor a windy belly, seeth Cummin seeds, fennel and Anise in wine and drink it. ibid.
Slice as much radish as both the fists, stamp it, and put thereto thrice as much course brann, seeth it in a pottle of Water, till the Water be consumed, and ly upon it thy belly downward, as hott as thou canst suffer, for any pain or gripeing in the belly./ ibid./

Belly grindeing. Bake a cake of Ry flower well sower-ed, and heat the inside of it being cutt through the midst, and anoyny it with hony, and cast theron powder of Cummin, apply it as hott as may be and as often as need is. ibid./

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winde or Collick in the belly. Tost a Rose cake at the fyre and sprinkle it with vinegar, and apply it as hott as may be. ibid.

ffor the Collick. Take what quantity you can gett of Ant Eggs, dry them before the fyre, and beat them into pow-der, give as much as will ly on a 6 pence, in a glass of ale or beer. ibid./

ffor the Collick. Rx. a quart of Aquavitæ, put it into a pottle glass; then take half a pound of white sugar candy beaten very fine, and 2 ounces of English licorice sliced very thin, and 2 ounces of the best Rubarb sliced very thin, and 6 score raisins of the sun stoned. putt all these ingredients into the glass of Aquavitæ, stop it close and so let it stand for a month: shake it 3 times every day for that month: take 2 or 3 spoonfulls at a time. If you have occasion take it before the month be out. ibid./
Item. Boyl Aqua Composita and vinegar 6 spoonfull, with
sage and rosemary 1 handfull, between 2 dishes: then
dip a great dry tost in it, and lay the herbs on it,
and a cloth on it: apply them a little under the grief as
warm as may be suffered, and ly down an hower. probatum.

Suppositories for the Collick. Boyl hony a good while
and scum it very clean, then cast it into water &
make it up, and dip it in oyl when you put it
up. Or take the yolk of an egg, and as much
salt; binde it in a cloth and a thrid at it, and
put it up. ibid./
The braines of a Shark or Tuberon as some call it,
are soveraign against the stone & Collick./ ibid./

Collick. Rx the gutts of a wolf, wash them in white wine,
dry them in an Oven in an Earthen pott: take a dram
of the powder in white wine: it will cure presently. ibid.

Collick. Boyl fair water, add to it the 4th part of
oyl, and some gross pepper: take 3 or 4 spoonfulls
as hott as you can: the pain will instantly cease.
- If the party be very dry, give him a glass of
cold water, and as some great physitians say,
they have cured with it immediatly. ibid./

A Confection of Quinces to comfort the stomach,
Stop vomiting and cause good digestion.

Take quinces sodden in wine 3 pound, sugar as much, seeth them with
a soft fyre to the heigth of Conserve: then putt to it, cinamon,
cloves, gallingale, of each 5 penny weight: ginger, long pepper,
mace, of each half an ounce, well powdered, and mix them well
together: take 2 pound of Roses, the white cutt away, and wither
them a little, then putt them in an earthen pott, and putt upon them
8 pintes of warm water: let them be closed 8 howers and then
strain them, and putt into the pott, as many roses againe, and
to every pinte of water putt a pound of sugar, and seeth it to
the heighth of a syrup. MS.
Consumption..

Take a cock or capon, pull him dry as clean as you can, draw him and crop him clean, and let him come neer noe water. then take prunes, dates, raisins, currans, and whole mace and putt them in his belly; take an Earthen pott and putt in the bottom therof a good deale of Bugloss and burrage, and lay the fowle upon it: and lay as much of the sayd herbs upon him, and fill it up with claret wine and stop it close; sett it in the Embers and let it stew till you think the flesh is consumed a way: then take it up and strain it into a basin and it will be a jelly, and if it be not sweet Enough putt sugar into it, and every morning and evening drink of it 4 spoonfulls. MS.

Another. Take a well flesht Capon, scald him and draw him, and put in his belly a handful of barley, as much currans, raisins and dates: let him be putt in an earthen pott with a gallon of Claret wine: then putt in a quantity of Cinnamon and ginger: let it seeth till the flesh be fallen from the bones, then beat him in a mortar, and putt him in an hypocrass bag and let the jelly run into a vessell. Give the patient of this jelly morning noon and Night warm with the yolks of 3 new layd eggs: and by that time you have spent 3 Capons thus, you will find much alteration. Also to comfort the stomach, give him Aromaticum Rosahum,

Another. Take a pint of claret wine, and a pint of red rose water, and a quart of Bugloss water: 6 ounces of blew Curans, 4 ounces of cap dates, minced small: seeth them together to the one half, and let them eate therof 3 times a day. probatum. M.S. pr

Another. Take 9 house snayles, and pull them out of the shells, then putt them in course sugar to cleanse themselves; after wipe them clean, and boyle them in a pint of red cows milk, with a little sugar. Drink it fasting every morning, till the patient mend. M.S.
Another. Take a well flesht hen, and 4 ribbs of a brest of
Mutton, boyle them in a gallon of fair water, then take
Rosemary and balm, Cinnamon and ginger, nutmegs and li-
verwort, putt them in and let it boyle till it comes to a
quart. M.S.

Another. Take 3 quarts of good ale, putt it in a close
pott, with a handfull of figgs cutt in pieces, a handfull of figgs
and 2 of anniseeds, a handfull of Contsfoot well picked, and
of fox lungs as much as 3 or 4 figgs: let all be putt
into the ale, and stand very close for 2 dayes: then drink
at meales, or between as you shall see occasion. In the
mean time as you are troubled with flegme, use coltsfoot
with oyle of anniseeds in a pipe, and let the smoke down.
and to prevent all danger take after it a little of the
syrup of coltsfoot upon a liquorice stick: and within
a month, you will finde help. Mr Ayres of Queens Colledg
Oxford. M.S.

Another. Take conserve of Roses, and mingle it with the stroak-
ings of a red cow, and eat therof. Mrs Hampson. MS.

ffor Consumption of Spirits and body. Take a red cock,
flea him and take away all his fatt; then beat him in
a stone mortar all to peeces: putt him into 3 quarts of
red wine, and putt thereto a handfull of Rose mary flowers,
and for want therof, the tops of Rosemary: 2 good
handfull of burrage flowers, a dozen of dates cutt in
small peeces, half a pound of good blew currans,
half an ounce of large Mace, 3 nutmegs cutt in quar-
ters, one ounce of (Indubees, Judubees, or fudubees)
to be had at the Apothecaries. putt all these in a piplin
and cover it, and close it with past; then sett it in a brass
or iron pott, up to the paste in water: take heed it seeth
not above the paste, for the water going in. So let it boyle
5 howers, keeping the pott full of water: then take it
from the fyre and let it coole by leisure in the water, then
powre it out gently from the stuff, & keep it for use. Mrs Witham
.MS.
ffor a Consumption cough. Take 3 leaves of Coltsfoot, such as have a kinde of Cobweb on the backside, which webb must not be taken away: to these add their just weight of the fatt of bacon: which being pounded well together in a mortar, putt into a pottinger, and thereto putt an egg whole, except the shell: which being well mixt, make therof a cake or fritter, fry it in a frying pan, without any liquor. Take it in a morning fasting, and so continue after you have taken it, 2 or 3 howers. This must take 9 dayes together without intermission. probatum. M.S.

A water for a Consumption. Take a quart of Rosewater, as much womans milk, goates milk or mares milk; putt thereto 30 yolks of eggs, well mingled together, and still therof a water, and give the patient to drink therof warme first and last, with a cake of Manus Christi the best. M.S.

Another. take 80 shell snayles, putt them in water 2 howers, then take them forth, and bruise the shells lightly: putt them into a payle of water, wash them in 2 or 3 fayr waters, till the shells be clean of them: then putt them in a clean cloth, and hang them up, till the water be all drayned out: then putt them into a gallon of red cows milk, and let them boyle an hower: then putt them in a still with a handfull of Speermint, and let them still together. Take of this water in the morning fasting and at 4 in the afternoon, and at bed time, sweetened with white sugar Candy. MS.

Consumption of the Reins. Take clary leaves, pick them and fry them, with the yolks of 2 or 3 eggs: and putt safron dryed on a stone being ground small, putt allltogether, and fry them in fresh butter; eat this warme next your heart. MS.

ffor one falling into a consumption. Take 1 pinte of white mus-kadine, 1 pound of red currans, a quarter of a pinte of red rose water, 1 great large Mace; put them alltogether into a new pipkin, stop it very close, and sett it on wood embers 12 howers simpering, then putt to it a little ambergreese and 2 grains of Musk: eat 2 spoonfull every morning as soon as you wake: and 2 spoonfull at 4 after noon. probatum. MS.
A broth for any weakness or consumption. Take a red pigg

that is fatt, clean dressed, boyl it in a sufficient quanitity of fayr
water, with 4 ounces of green liquorice, scraped and bruised,
Maydenhayr 2 handfull, coltsfoot 1 handfull, currans half a
pound, dates 2 ounces: let them boyl together to a strong jelly,
then strain it clean and take of the fatt: putt to it half a
pound of sugar, and half a pinte of white wine: clarity it

with whites of eggs, and eat of it at any time. You may leave 70
out heer any thing according to your discretion. MS.

A Consumption. Take 40 garden snayles with their shells on, give

them every one a knock, and put them into a quart of fair
water with a little salt to purge, one quarter of an hower. Then
take half a handfull full of Cowslip flowers, Rosemary flowers
half a handfull, balm half a handfull, these you must boyl all
together at least a quarter of an hower in 2 quarts of red Cows
milk, keeping it continually stirring. When you have done,
take half a handfull of Tamarisk, as much of Burrage
flowers and Endive, with half a score sprigs of Speer Mint,
which you must putt alltogether with the milk and snayles into
a still, and so distill them. To every quart of Water you
distill, take 4 ounces of white sugar candy, beat to pow-
der. Be sure in the distilling to stir it some times, to pre-
vent a scum on the top. Use at a time 3 spoonfulls, before
and after Meales. Mrs Kendall . MS.

Jelly of hartshorn, for a Consumption. Take 3 ounces of

hartshorn, infuse it all night in a pott of water on hott em-
ers: then boyl it, till it be a jelly: strain it out and let
it stand till it be cold: then put it into a fair Skellet and
melt it again. Then take the whites of 2 eggs, 1 nutmeg
cutt in quarters, 1 stick of Cinamon, the juice of a lemon,
a pretty quantity of rosemary flowers, half a pound of su-
gar, a quarter of a punte of white wine, 3 spoonfull of
red rose water: beat all these together, and mix it well
with the melted jelly: boyl it softly till it be lessened
in quantity; then strain it through a cotton bag, and keep
it in a glass for use. MS.
Consumption of the Lungs. Take 3 quarts of stale ale, one handfull of unsett hysop, and pennyroyall together: a quarter of a pound of figgs, a quarter of a pound of Raisins of the sun, 2 ounces of dates, 1 ounce of liquorice, and 1 ounce of anniseeds; slice the figgs, raisins and dates, bruise the anniseeds and liquorice: boyl all these together, with a soft fyre, till it come to 2 quarts or there abouts, then strain it, and putt into it 2 or 3 ounces of sugar candy; keep it in a close pott or glass, and drink a pretty quantity, first in the morning and last at night, or at any other time of the day. Allways shake the glass before you putt it out; and in summer take Running Water

A Consumption. Take half a pound of raisins of the Sun stoned, 2 ounces of dates stoned and sliced, 2 ounces of liquorice sliced, 2 ounces of hartshorne, 2 ounces of anniseed, 2 ounces of brown sugar Candy, 2 ounces of Mayden hayr, handfull of hysop unsett, ie, sowd; a quarter of a pound of figgs sliced, 1 handfull of hearts tong, 1 handfull of Liverwort: putt all into 3 quarts of conduit water, boyl it to three pintes, strain it: take a quarter of a pinte at once, in the morning fasting, after noon at 3 a clock, and last at night before bed.

Consumption. Take a gallon of milk of a cow of one Colour, hott from the Cow, and 2 penny worth of bread hott out of the Oven and mingle them together. Then take the yolks of 12 or 20 eggs beaten well together, of Cinamon ℥ ii: nutmegs ℥ i: distill all these in a commen still, and give of the same water 2 or 3 spoonfulls, first and last. M.S. Lady Byron

Liquorice water to moysten and coole the body and especially good for the lungs: Rx. Liquorice, scrape it clean, then cutt it into small thin slices, sett it on the fyre in fair conduit water, and putt therin tops of red fennell, fumitory, violet leaves; or use the water wherein liquorice
onely is sod: let it seeth for a quarter of an hower on a very soft fyre: then use it. MS. Lady Byron

ffor a consumption. Rx Liverwort 3 handfulls: Coltsfoot 2 handfulls: then take a red cock and pull him quick; cutt him downe the back and take out all his intralls but his stones: dry him with a cloth, but not wash him: then quart er and beat him bones an all. Then lay some cock, then a layer of Liverworth, then a layer of Cock, then a layer of Coltsfoot &c. then half a pound of currans and an ounce of mace, a pinte of cream and a pinte of Claret wine: these being putt into a still and stilled will yield 3 pintes. Take 3 quarter of a pound of sugar candy, putt it into the glasses, and let the water distill upon it: 3 spoonfulls if this in a morning, 3 after dinner and 3 after supper going to bed will do wonders. ibid.

ffor the Consumption. Rx. an ounce of China roots sliced, steep them in a pottle of warm water, 5 or 6 howers; then take of Egrimony 2d. Mayden hair 2d.

72-B-Some borrage and bugloss, a little Rosemary and a few raysins of the Sun stoned, and a chicken first parboyled. seeth to one half, and drink in the morning and 2 howers before supper half a pinte at a time: this observe for 14 dayes. MS. Lady. Byron . Dr Smyth .

China broth. Rx ℥ i of the best China, slice it as thin as you possibly can: then put it into a pottle of clean water: let it stand all night upon hott Embers: in the morning take a knuckle of veal, and putt it into your pipkin to the same water and china: skim it very clean; then putt in a little bundle of Rosemary and time, and the crust of the bottom of a loaf, and a little salt; let it boyl to a quart. You may putt in with Your china a little Sassafras. ibid./

To distill a bore pig to help weakness of the back.

Rx. a fat bore pig, a forthnight old, kill it well and dry out all the bloud, with linnen cloths: after cutt the of it: and leave no manner of skinne or
gross matter within it: then divide it in 4 quarters, 
Then take an Earthen pot of a pottle or more: take 
4 thin splints of haslewood, and place them within 
the pott, one above another, an inch or more distance: 
lay the quarters of the pig upon either stick, one 
after another. Take a handfull of Rosemary; Comfry, 
plantane, bursa pastoris or shepherds purse. bloud-
wort, knotgrass, liver wort, of every one of these a 
pugil; Red rose leaves dry or undry, half a handfull. 
of dasy roots and herbs 1 pugil. of the roots of 
Satur of the best sort half a handfull: cutt your 
herbs small in peeces; after take large Mace a quar 
ter of an ounce: Cinamon 3 s. cloves 2d ginger 1 
race: nutmegas 2 cutt in peeces; 6 good go-Dates, cutt 
in peeces; put altogether in the earthen pott. put to 
these as much good muscadell as will cover all the rest 
of your spices and herbs. - caetera desunt. ibid./

ffor a Consumption. Powder of red roses, or powder of 

Mints, drunk in new milk warm from the Cow. is 
good ibid in a morning. ibid. 
Bayes are good in an electuary with hony, or sodden with 
Malmesey, against the consumption, shortness of breath, 
and all the Rheumes that fall on the lungs. Or use the powder 
of the berries lickd in with honey or the sap of raisins for 
the same & all griefs of the brest from Rheume. ibid./

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Convulsion fitts.

Take the powder of hartshorne, and the powder of Sea horse pizle, 
finely searced through Tiffany, as much of both as will lye 
upon 6 pence: & 3 drops of spirit of Castor, and a spoonfull 
of Sack, and mingle them alltogether, drink it, and anoynt the 
nape of the neck with the spirit of Castor. MS.

To give a child new born, to prevent Convulsion fitts: take currell, 

beat it into fine powder; give the child as much as will ly on a pen 
ny, in the pap of a rosted apple, or black cherry water; let it be 
the first thing he takes, after he is born. Mrs Mullenax . MS.

Against Convulsions in Children. Rx the root of single pi-
ony: cutt it either into flat pieces or round ones; string them for a necklace, and let them wear it about their necks next the skin. MS. Lady. Byron.

Another. Take a jay, pull out the entrails & wash it in white wine; so putt in the liver, heart & gizzard again; bake it in an oven, till it be dry enough to beat to powder; then searce it very fine & give the Child of it in any thing: as much as will lye on a 3 pence is enough for a child of 2 year old; let it take it fasting in a morning. In a fitt let them lye quietly without stirring them, or makeing any noyse, for that makes them but worse; onely with your finger stop their nose close a little while, & rubb a little spirit of amber about their nostrills; and you may give them a little sack iust before you see the fitt comeing. ibid.

Convulsion fitts in little Children. Take a live pidgeon, hold the beak open in the mouth of the Child, all the while the fitt is upon it: this will cure the Child, & the pigeon will dye. ibid.

Aristolochia rotunda or round Birthwort drunk in wine is good for the Convulsion. - Item Centaury roots, half a dram in powder being taken inwardly in muscadell, or in a decoction of the same roots help both convulsion & Cramps. The greater Centaury is the best; but we have onely the lesser sort in England. - Peony root, the Male for Males and the female for females, being either taken inwardly or hung about the neck, helps the falling Sickness and Convulsion in Children. You may take half a dram at a time and less for Children - Spatulae fætida, Stinking Gladone, a kinde of flower de Luce, called so from its bad smell, being taken inwardly help Convulsions. Culpeper. Dispensatory of London.

Common or Wood Bettony a dram at a time in white wine, or some other convenient liquor proper to the disease, helps Cramps and Convulsions. Idem. Mountain Calamint, half a dram at a time is good for the same - Item Mother of Thyme or
Wilde Thyme in white wine. - Pansies or hearts ease helps the same. - Item Schænanth or Camels hay: an herb so called. - Item Cowslips in Conserve or Concoction. - Ten grains of powder of red Corral given to a Child in a little breast milk, as soon as it is born, before any other food, will prevent it from ever having the falling sickness or Convulsions. - Juniper berries those that are ripe and look black, eaten 5 or 6 in a morning are excellent. - The liver of a hedghog dried and beaten to powder and taken in wine helps Convulsions and falling sickness. Idem. ibid. / Black Cherry water is very good, drink in a moderate quantity. - Spirit of Castoreum, the dose between a dram and half a dram, according to the strength and age of the person. It must be taken alone, but mixt with some other convenient medicine appropriate to the disease. - Another. Rx

Cordialls.

To cheer the heart. Take a quantity of heartsease, and putt therto 3 times the quantity of sugar: make a conserve, and take therof when you are sad. MS.

For head ache, wind of the stomach and obstructions of flegme or Choler.

Take a pottle of white wine, and putt therin rosemary blossoms, burrage flowers, bugloss flowers, and the roots of Bugloss, scraped and slitt, of preserved quinces, finely.
Dr Gardners Cordiall. Take a good handfull of good liquorice, in small sticks, scrape them very clean and slice them in small slices: take as much lignum Alloes as your liquorice, then beat them very small in a Mortar: then set a pipkin with 2 gallons of running water on the fyre, and when it is warme, putt in your lignum alloes and your liquorice, and make it boyle apace: and as it wastes, fill up the pipkin with fayr water, for 3 boylings together; then take up a groats worth of Safron, well dried by the fyre, and beaten very small: then take up some of your liquor and mingle your safron with it, and putt it into the pipkin againe, and boyle them well together with as much powder of Ginger as you can take up on 6 pence: you must continue boyling it 3 hours at least, then take it from the fyre and keep it in the same pipkin, and when you have cause to use it, straine it into a glass, and drink therof in a morning fasting, an hower after dinner, and last at night, 3 spoonfull at a time. If you have it, may putt into your glass 2 graines of Unicorns horne. - This drink cureth the dropsy, Consumption, collik, stone, agues, cough, paine in the stomach and heart, and is a secret of wonderfull operation for many other things. M.S.

A cordiall against winde. Take anniseed water and Confectio Alchermes, mingle them together and drink of them: it is good for the winde collik, or any winde. For the spleen Confectio Alkermes on a knives point taken in a small quantity, when you go to bed, is excellent. MS.

A sovereign pottage for strengthening. Take rice and lay it in Water allnight, then take almond milk with plantane water (but let not your almonds be blanched) then make your Rice pottage with your almond milk, and put in powder of red roses, pomgranate pills, and of Cinnamon and sugar as much as you please; eat a good Mess every morning and fast 2 howers after; if you can get Camphir put it in: this must be used a forthnight. Mrs Cornhill . MS.
Another. The description of a Cordiall Potion, such as Apothecaries commonly prepare you in all cases when you make use of them, imagining tho it does but little good, it will do you noe great harm, Except it be to your purse. - Take of Baume water, black cherry water, Carduus water, of each 1 ounce and half: treacle water 1 ounce; syrup of gillyflowers 1 ounce; mix them in a glass vial: as oft as you prepare this your self, you will save 3 shillings by it. Dr Harvey.

In many cases, if you must needs have that which is called a cordial: a quarter of a pinte of good fresh small beer, and an ounce of syrup of gillyflowers dissolved in it, and so takeing 2 or 3 spoonfulls every 2 howers, may do as well as the best cordiall, to please your conceit. ffor you must know that Cordialls are very often prescribed onely to gratify your fancy, and the Apothecaries avarice: the right cordiall being that removes the cause of your distemper: and upon that be assu-red your heart and other bowells will soon recover strength and revive. Dr Harvey.

A pearle Cordiall. Take of the distilled waters of Citron,

wood sorrel, dragons, and Carduus, of each an ounce: Aqua Mirabilis 6 drams: pearls prepared, (that is, onely ground and a Marble with a few drops of rosewater, into an impal-pable powder) 1 dram: syrup of gillyflowers one ounce: so shake them together in a 4 ounce glass, and take it by spoon-fulls, as directed before. Dr Harvey.

A Cordiall Electuary. Rx 3 good spoonfulls of red saun-

ders, 1 ounce of good ginger thin sliced, 4 ounces
of the pulp of raisins, 2 ounces of Currans; first
bruise the ginger well, then put in the pulp of the
raysins and sanders by little and little, lastly mingle
the currans with the rest, and if it be too thick
put in some syrup of ginger: take of this the
quantity of a great Nutmeg in the morning and of
5 a clock in the afternoon, drinking upon it a quar
ter of a pinte of white wine, and walk an

till you sweat. When you have used this 10 dayes,
then it will be good for you to be purged with the decoction
of half an ounce of Senua, 3 dramis of Epithymus, 2
spoonfull of fennel seed or anyseeds, and boyl these in half
a pinte of whey, and so much white wine, or rather suc
cory water, and boyl it close, till 2 parts be consumed,
then being strained hard steep in it a dram of Rubarb,
and let it stand all night: in the morning put to the
Expression 2 3 of syrup of roses, and drink it. MS. Lady. Byron
Nepenthes reviveth the Spirits, it may be taken to the
quantity of a spoonfull in any wine or other drink. ibid.
The powder of Knotgrass in a reer egg helpeth the back
very much. ibid.
4 roots of Comfrey; knotgrass, and leaves of Clary of
each a handfull, stamped and strained, and a quart of
Muskadell putt thereto, with the yolks of 3 eggs and
the powder of 3 nutmegs, drunk first and last, is good
for the running of the Reins and Consumption of the
back, and a good cordiall. ibid. - Bauurage flowers
are likewise excellent to clear the heart. ibid.

Dr Pridgean s Cordiall broth. Rx. a cock and bruise him, and put
him into 2 quarts of Spring water, and put in a pullet
also. Then take a quarter of an ounce of red rose leaves,
and as much of Rosemary blossomes, and of bugloss and
burrage flowers: half an ounce of China strung upon a
thrid, and as much Ivory: a blade of mace and a little
Nutmeg. Let all these boyl to a strong jelly, which will
be when all most half is wasted or more: then drink
so much of it in the morning as you can without dislike;
and half an hower before dinner, and at 4 a clock. You
must run it through a sieve. Your China will serve
twice. MS. Lady. Byron .

Dr Bates Cordiall Water. Rx. a leg of beef of a yong
Steer, a little one: bruise it very much; put to it such
herbs as suites best with you: a pound of dates and a
pound of raisins unstoned, a little Nutmeg, and what
quantity of Ivory you like. Boyl all these in a gallon of
water till it be a gelly, very strong; take it twice or thrice
a day. ibid./

A Cordiall. Conserve of Marygolds, with half as much Al-
kermes, take it in the afternoon, or before bed. ibid./

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Cramp.

Take the herb peruinckle, and heat it between 2 tyles, and wrap it about the leggs, it helpeth. MS.

ffor the Cramp, running gout, or any other Extream cold. Take a butter Churn, and make a great charcoale fyre, sett it over the fyre on some bricks, till it be very hott, covering it with coverlids to keep in the heat, whilst it is heating: then when it is very hott take as many ground Ivy leaves, or for want of them, other Ivy, as will allmost fill the Churn: then let the party grieved putt in the arm or leg grieved into the churn amongst the Ivy, and there keep it, whilst there is any heat, lapping themselves and the Churn about with cloaths to keep in the heat: lying on a bed while the same is a doing; then when they take out the arm or leg, which will be of a great dew, wipe it with hot cloaths, and so ly warm covered, till they coole againe. M.S. probatum. Dr ffloud .

Cramp. Steep bread in vinegar as it comes hott from the oven, and apply it hott. probatum. MS. Lady. Byron .

Item. Take a crow feather that is found upon a fallow land; wear it about you, or stick it at your beds head, and you will never be troubled with the cramp. This cured one that had it so in his hands, he could not write. ibid.

Item. the Knuckle bone of a leg of mutton, called the Cockall, worn about a man cures the cramp: ibid.

Item Lute strings tyed below the Knee or about the wast, cures it: wear it constantly and shift it fresh sometimes. ibid./

A magicall cure for the cramp. Gett a piece of a Cord that hath hangd an executed person: & in the hower of Coniunction of Mars with Saturn, make a ring of it, & be sure you finish it in the same hower. Note. If this Coniunction be on a Tuesday or ffryday, & in the proper houses of the planets, the vertue is the greater & remaines for ever. This ring being worn on the finger of Saturn, hinders the cramp. MS. P.M./

New Corks layd in the bed with you, cure the Cramp. ibid.,
ffor the Cramp. Rx. a grey snail, that is without a shell, & you may finde a bone about the head and neck: wear this about your neck; this cures the cramp in leggs, belly or stomach. It cured a woman that had it violently in her belly, when she was in labour: as soon as she putt this on, she had ease. These snayls are to be found in cellars at any time.

ibid.

Costiveness. vide purges.

Take mallows and red nettle, seeth them together in fayr water and so let the party sitt close over the same, and receave the fume, probatum into the fundmant. probatum M.S.

Cough or cold.

To break flegme, and for the cough. Take a pinte of Isop wa
ter stilled, a quart of good muscadine, 3 races of good case
ginger, pare them clean, and cutt them in slices, and twice as much liquorice, and pare it likewise, a good handfull of sugar candy gross bruised: putt all these together in a glass and shake them, and stop it very close and so lett it stand 24 howers, and drink it at your pleasure. M.S.

Another. Take sugar candy and Ennula Campana roots dryed,

but nothing so much as of the sugar candy: and 2 or 3 crops of Isop dryed, and a race of ginger: beat them all and make a powder therof, & eat of it when you will. M.S.

Another. Take a pinte and a half of small ale, seeth in it hysop

and whorehound, of each half a handfull, 2 parsley roots, 4 figgs, half a pound of raisins of the sun stoned: then straine them and put to the liquor a little sugar candy: drink of it Lukewarm 4 or 5 times a day. MS.

Another. Take 5 or 6 figs, cutt them in small pieces,

seeth them in a little ale, and when the figs are very soft,
and half the liquor sod away, strain them through a
cloth; give the patient fasting a good draught warme. This
will likewise after meale occasion a stool or 2 Extraordi-

Another. Take half a pinte of honey and a good quantity of
coltsfoot, cutt it very small, and boyle it well in the honey, &
when it is enough, putt it in a gally pott and take a liquorice
stick & dip in the syrup, and so eat of it first & last. M.S.

ffor a cold. Take milk and ale and make a clear posset, take
of the curd and putt into the drink sliced liquorice, and 2
or 3 figgs sliced, and anniseeds bruised, and boyle it
well: sweeten it with sugar candy, and putt in a little
butter, drink it warm, going to bed.

A playster for the same. Take a peece of bread, tost
it well and dip it capons greese and Aqua vith boyled to-
gerther, putt it in a bag and lay it to the stomach. pro-
batum M.S.

Another. Take Virgins wax, spermaceti, and oyle of sweet
almonds, boyle them together and anoyn the stomach. probatum MS.

Another. Take a little Capons grease, and a few cloves brui-
sed, and a little sack, boyle these together and anoyn the
stomach therwith. probatum MS.

Another. Take 2 quarts of ale, and putt it into a 3 quart
or gallon pott, and sett it in a kettle of water as high as
the pot brim within a little, and hang it over the fyre,
and make it seeth: then putt to it of vnsett Isop, red
fennel, mayden hayr, and raisins of the Sun stoned,
of each half a handfull, a sprig of Rosemary, a penny
worthof hartshorne, 3 or 4 figs sliced, 3 or 4 sticks
of liquorice, and a handfull of anniseeds: boyle all these
together till it come to a quart: then strain it out, and put to it the yolks of 2 eggs, and a good piece of sweet butter, sweeten it with sugar to your own taste, This is called butterd Ale. MS.

Another, Take a handfull of Enula campana roots scraped and washed clean, and sliced, seeth them in a pottle of conduit water; then put away that water, and put in as much more: seeth it half away and more, and then put in a pint of honey: boyle it till it come to the manner of syrup: drink often of it. MS.
Take a pottle of fayr running water, a handfull of yong bay leaves, anniseeds and liquorice, mayden hayr and raisins of the sun stoned: boyle it half away: in the boyling put in 2 or 3 ounces of sugar Candy: drink of this morning and evening M.S.

A Cough. Take Carduus while it is yong and wipe of the white hoare, then wipe it with another clean cloth, & shred it very small, then stamp it half, and put to it 3 times as much sugar: make it into a conserve and put it into a glass, sett it in the sun a forthnight, where no wet may come. M.S.

A cold. Take a quarter of a pound of Currans, boyle them in a pint of water till all is boyled away: then strain them and boyle the liquor with a pretty quantity of Liquorice: and take therof with a liquorice stick dipt in the syrup. Or Take 4 ounce of white sugar candy, and put it in a dry ox bladder: tye it very close and put it into a bason of water, then lett it lye till it be dissolved into a syrup, and so take of it upon a liquorice stick. MS.

A Hooping Cough. Take 4 ounce of Lynseed oyle, and a pint of good Creame: boyle them till the creame and the oyle be incorporated: then take a piece of new white cotton, and cutt it as big as the patients stomach is, dip it in the oyle very hott, then take a piece of new linnen cloth, and wring the piece of Cotton in it, then lay it on the childs stomach
as hot as he can suffer it: and when that is cold, lay on an- 
other, and let it lye till next day, and then do so againe. 
probatum. MS.

Hoarseness. Take a posset made with penny royall and aniseeds 
or a posset made with figs, anniseeds & liquorice. M.S.

Cold or cough. Take saffron and dry it, and beat it to powder, 
mingle it with mithridate, spread it on a piece of leather, 
and lay it to the pitt of the stomach. MS.

Another. Take rosemary, dry it and beat it to powder, mingle 
it with honey and so eat it. Or, Take anniseeds, hony, figgs, 
and liquiorice of all a like quantity, boyle them in conduit wa 
ter and drink therof. Or, Take honey and a rosted apple 
and mingle them together, eat therof morning and evening. 
Or Take oyle of sweet almonds and white sugar candy, 
mingle them together and eat therof morning & evening. 
Or take anniseed water and sugar and mingle them to- 
gether and take therof morning and evening. M.S.

Another. Take Aqua vith mixed with white sugar candy finely 
powdered, so that it be not too thick therof, but indifferent. 
A spoonfull heer of taken at night going to bed for 3 or 4 
nights, presently helps the cough, and hoarsness, and breaks 
flegme marvelously. probatum. Or the powder of Ennula 
Campana mixt with the powder of liquorice and white sugar 
candy, hath the same effect, if it be often used, and eat a 
spoonfull at a time. probatum. M.S.

The perillous Cough. Take sage, rew, and powder of pepper, 
seeth them in honey and make therof an Electuary: use a 
spoonfull at evening, and another at Morning. MS.

A Cough. Take rue, southernwood and rose Mary, of each 
a handfull: a quarter of a pound of clarifyed honey, a 
quart of white wine: seeth them well together, then powre 
out the liquor and stamp the herbs; then putt them to the
liquor againe, and seeth them together a little: strain them, and putt the liquor into a glass, and let the patient drink first and last of it. M.S.

Another. Take a handfull of Ennula campana roots, sliced and made very clean, putt them into a gallon of running water: boyle it till it come to a pottle: powre the liquor from the roots, and putt to it half a pound of refined sugar, and boyle it to a quart: drink of this as much as you please and when you please. Mr Brothers . MS.

Another. Take a quarter of a pound of white sugar, 2 spoonfuls of Aquavitæ, a clove in powder, and as much cinamon powder as a clove: boyle it and make Manus Christi therof & eat it. MS.

Hoarseness. Seeth mallow leaves and eat them. MS.

ffor a cold. Take a wine pinte and a half of Spring Water,

make it hot, then putt into it a quarter of a pound of brown sugar candy in the lump, and let it dissolve off the fyre; then set it on the fyer again, and let it boyl again; then take 2 grains of the best musk; bruise it very small, put it into an empty glass bottle, and put the syrup into it, as hott as you can, and drink about 4 spoonfull at morn, afternoon and night. Mrs Eyr . MS.

Cough of the lungs. Take the lungs of a fox and prepare it,

thus. Boyl a handfull of Isop in fair Water, wash the foxes lungs very well with it: then dry it in an oven and beat it to powder: take each morning fasting a dram weight, that is the weight of 2 good groats or a 6 pence and a 2 pence, in 4 or 5 spoonfull of rose water: fast an hower after. Continue this as occasions require. MS.

Lozenges for a cold or cough. Take of loaf sugar finely beaten and searced through a lawn sieve, 1 pound: the whitest liquorice powder, and white starch finely sifted, of each
3 drams: of orris powder, the whitest half an ounce: musk and ambergreese of each 1 grain, and half, with the mucilage of grum dragon, dissolved in rose water: beat all these in a stone mortar, till they come to a perfect paste, then make them into little cakes, and print them with your seal. probatum. MS.

Juice of liquorice, excellent for a cough or cold.

Take half a pound of the greenest liquorice, scrape it very clean and slice it, and so dry it before the fyre, and beat it in a mortar: then take 2 ounces of Coltsfoot water, as much Isop water, and as much red rose water: then put the liquorice & the waters into a sylver can, or glass: let them steep 2 nights and a day: stirr it 3 or 4 times that day: then strain it.

and put it in a skellet, and put to it half a pound of white sugar candy, very small beaten or searced: then sett it over a very gentle fyre, and keep it with constant stirring, especially at the bottom, till it be boyled pretty thick: then take up some with a spoon, and beat it with your knife till it be white, and will hang on the spoon or knife like a thin paste: when it will do soe, then beat the rest in the skellet, till it be white to your likeing: then dry it in the skellet with constant stirring, till it will make into rowles, or prints; you may perfume it if you will, with ambergreese and musk, which must be put in when you have beaten it a little: the amber or musk, must be very well bruised in a spoon. probatum MS./

Take for a cold, live honey, elecampane, liquorice, brown sugar candy, orrice, of each a spoonfull: mingle them, and take it with a liquorice stick, morning, at 4 afternoon, and at going to bed. Mrs. Beaumont.

ffor a cold. Take 3 cloves of garlick and pill them, boyl them in fair water till they be soft, then take them out: take half a pint of Hysop water, a quarter of a pint of white wine Vinegar, and a quarter of an ounce of liquorice pared and sliced, one slice of orenge pill: put to all these one pound of sugar, one ounce of figgs, a sprig of sweet Marioram; set them over the fyre and boyl them to a syrup: then strain them, and use it with a stick of liquorice, when you cough. Lady Byron. probatum./

Chin cough. Rx flower of barley malt, temper it with
wort, and make a cake of it; eat it warm. MS. Lady Byron

Buttered Beer for a cold. Rx. a pottle of very strong beer and putt

therin the yolks of 6 raw eggs very well beaten in a dish,
then set it to the fyre and skum away the fome ever as it
riseth; or else in a kettle of seething water, and when it
hath well spurged, take it out of your kettle, and putt therin
a good dish of fresh butter, and a good quantity of all
these spices beaten in a very fine powder. Viz, long pepper
graines, round pepper, nutmegs, ginger, a few cloves and
Cinnamon: of all these together 2 ounces, and as much
sugar as shall suffice thereto. Sett all over the fyre,
and when it is throughly hott, then brew it marvelously
well, as you would do wine. Then to bedward drink well
therof a good draught, or 2, as hott as you can;
cover your self warm and cast your self into

Hoarseness after a cold. Rx. the iuice of sorrell and drink it,
and within 3 or 4 times it will cure. MS. Lady Byron

for a cough. Rx. a quart of running water, 1 handfull

of unsett hsyp, a liquorice stick cutt in thin pieces, or
slices, 1 spoonfull of anniseeds, seeth these from a quart
to a pinte: and put thereto an ounce of white vinegar:
drink of this 3 spoonfulls at once, morning and evening
MS. Lady Byron

Juice of liquorice. Rx hysop being not seeded in the prime:

still it, and take a gallon of that water, to a pound of
liquorice, when it is scraped and bruised, but not too
small: put it into this water and seeth it to the half,
then strain it through a strainer, and sett it in the sun
every day: covering it with some thin thing from the
flyes: but your vessell must be earth for clearing: use to
set it in the sun till it be like paste, to make up in
cakes, so dry it for use. This must be done in lune,
for that is the chief time. MS. Lady Byron.
ffor a cold and for hoarseness. seeth milk on the fyre

and make thereoff a posset with ale: then take of
the crud, and putting into the posset ale good store
of liquorice and sugar candie, seeth it again on
the fyre, and drink it as hott as you can, first
and last in your bed and sweat after it if you
can. M.S. Lady Byron

ffor a cold. Rx. oyl of sweet almonds, and sugar candy
beaten and dissolved in the oyl. ibid. or oyle of
bitter almonds may serve. ibid.

ffor a cold. Rx veriuice and bay salt, and bath the
soles of the feet therin hott, being sod together. ibid.

ffor the cough of the lungs, or any extream cold. Rx. a pipkin &

sett it on the fyre with a pottle of fair water and put in 6 enula
campana roots: let them be washed and clean picked, and the pith pulld
out: then slice them and putt them into the water. Rx also Maydenhair
i. Coltsfoot i. let them be washt and put to it. Also take
3 iii of Licorice sliced and bruised. and 3 i of anniseeds
bruised: seeth all these from a pottle to a pinte: take
it from the fyre and strain it: then take a quarter of a
pinte of English honey, set it on the fyre, but let it not
seeth but simper: then take it from the fyre and putt it
into a glass. Take of it first and last 4 spoonfulls at a time.
and fast 2 howers after. sæpe probatum. ibid. / page 85

Cold or Cough in a horse:

Take oyle of bayes as much as a walnut kernell, binde it in a
clout with a thrid, and tye it on the bitt of the bridle, and be-
fore you water him ride him 5 or 6 miles: dress him thus
5 ot 6 times. MS.

Another. Take 3 pintes of Chamberly, boyle it till it come to a
quart: then putt to it of liquorice and anniseeds, of each half 
an ounce beaten to powder: of fresh butter and sugar, of each 
a quarter of a pound, 2 nutmegs beaten to powder, 2 penny 
worth of treacle; Mingle alltogether and give it in the morning 
blood warm; ride him after, till he be warme, then cloth 
him up very hott. M.S.

Another. Gather dockseed, between the 2 Lady dayes in harvest,
take half an ounce of it and beat it to powder, searce it, & 
putt to it a quart of new ale out of the fatt: & putt to it 
half an ounce of anniseeds and liquorice beaten to powder. 
and give your horse half therof. Then take as much hogs 
grease clarifyed as the quantity of an egg, make therof 
2 balls, and give it the horse at the same time: after that 
give him the rest of the drink: give it in the morning 
fasting, then ride him, and set him up warme, and con- 
tinue him fasting for 2 howers. MS.

Another. Take the yolks of 2 new layd eggs, an ounce of 
Venice Turpentine, and a pinte of plantain water: beat 
all these very well together; but before you give it the horse 
let him be ridden, to make him a little warm: then give 
it him, and after ride him, but not to sweat: then sett 
him up and cloath him well, and let him stand 2 howers. 
without any meat: then give him a mash made with malt, 
Give this to your horse 3 mornings, letting a day pass be- 
tween every drink, and you will see a good effect. Also to 
give your horse morning noon & night a handful of 
groundsill cutt amongst his oates, is very good for a cold. MS

To cure a horse of a cold. Take a head of Garlick, 
wash it and wrap it up in fresh butter: let your 
horse stand onely an hower before and 2 howers after, 
then take half an ounce of diapenthe, half an ounce 
of flos sulphuris, half an ounce of Madder: put these 
into half a pinte of ale, warme it, and let the horse 
be clothed well, and well litterd up: and have no meat 
of 3 howers after: at night give him a quart of 
warm mash: give it every other morning for 3 
mornings. MS. Lady. Byron /
Corns on the feet. v. Warts.

Take housleek and bray it in a mortar, lay it to the place where your corn is, it will cure it. probatum. M.S. Dr Hunton.

Another. pare your corns well, then take a black snayl and bruise it: put a drop or 2 therof on the place grieved, adding thereto a little powder of Samphire. This with constant use will assuredly take away the corn.

ffor a corn. Take a cocks or hens dropping hott, and lay the same to your toe, or other part so affected: and lap the same with a linnen cloth, and let it ly all night. Or rub the place affected with the bone of a dead man. Or rub corns or warts on the garment it cuckold. MS. Lady Byron.

Seeth lilly root in vinegar, apply it to corns for 3 dayes without removeing, it will take away cornes. ibid. Warts & corns are dry excrements, bred of phlegmatick bloud mixt with melancholy. They are both cured with the same: remedies. To cure warts some cutt them, & then season the place with coperas water, or with salt & the juice of an onyon. Some pare them with a Razor & then apply the powder of Bolearmoniak with a little Vi- negar. Others consume them with oyl of Vitriol. To destroy corns, before you cutt them, lay a bruised snayl on the corn a whole night, to supple & make it tender. or else a little piece of veal or fresh pork; then pick out the corn: which when you have done, if it bleed, stop up the hole with a little powder of terra si-gillata or Bolearmoniak, or else with a plaister of Diacalcitheos or of Paracelsus Stiptick plaister. If the corn do not bleed after cutting, touch it with a little Mercury or Coperas water, or lay a piece of bruised snayl on it, thereby to extract the Residue of the Melancholick excrement. Dr Vaughan.

If you cutt your Corns till they bleed, or any thing else, clap a paper wett in your spittle, it will keep it from rankling. MS. Lady Byron

ffor Corns. Cutt them, and put the bloud of the quill of a young rook upon them, & let it dry on. ibid. Corns bathed in iuice of housleek or Sengreen, &
a skin of the leaf layd over the place, are cured.
- It is good also to use syrup of ffumitory to
dispell the Melancholy humor the Cause of corns: drink
of it in whey. - Culpeper Dispensatory./

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Damsin or other plumbs to preserve.

Take the greatest and fairest damsins you can gett: gather
them with long stalks, and see that none of them be perished
or wormeaten; to every pound of Damsins, put 3 quarters
of a pound of sugar, and to 4 pound of Damsins a pinte
of Rose water: beat your sugar and rose water together, and
seeth it together till it bubble: then stirr it and take it off
the fyre, and putt in your damsins, and then be upon the fyre,
till they be soft: then take them up and lay them one by one
in a dish, till they be cold: then seeth your syrup till it
be somewhat thick: then put in your damsins and let them
seeth a walme or 2 upon a soft fyre: then take them
off, and let them stand till they be all most cold, then put
them in potts and cover them. And with in a short time after
you have preserved them, you must look to them lest the
syrup wax thin, which if it doe you must power it
from them and boyle it againe, and for every pound of
your foresayd damsins, you must take a quarter of sugar
more, and a little rosewater, as your discretion will serve.
that done, being Lukewarm, putt in your damsins,
and keep it for your use. MS.

Deafness. vide Eare: where are more Remedies./

Take earthworms and fry them with goose grease, strain
them, and drop therof a little warm into the pained or
deaf eare: use it 6 times, it will help. M.S.

Another. Take a peece of green Elme or Ash, and lay it

in the fyre, and receave the water that comes out of the
ends therof: take also the grease of an Eele that is red
beneath the Navil: boyle these together a little on the fyre,
putt it in a glass, and at going to bed putt some into your
ear luke warm: in 2 or 3 dayes it will help. probat MS.
Another. Take an Urchin, flea him and rost him, keep the grease that drops from him, put some into the ear, and it will help. probatum MS.

Another. Take a brick, and make a hole in it, then heat it red hott, and put some wine vinegar into the Hole of the brick; then sett a Tinn ffunnel over the vinegar, and putt the little end of the funnel in your eare, so that

the steame of the vinegar may come up into your eare, Then take garden worms and cut them in peeces: boyle them in sallet oyle, and drop some of this oyle in your ears, and at night when you go to bed, stop your ears with black wool. probatum MS.

Impediment of hearing. Take womans milk, make it very hot, then take a linnen cloth, and bath your ear with it as hot as may be: then take half a pint of Malmsey, and putt some cloves in it, and sett it on the fyre, till it be boyling hott: then take it off and set a little tunnell upon the mouth of the pott wherein the malmsy was heated: then turn your sore ear to that tunnell, and receave the smoke into your ear. You must also take oyl of bitter almonds, and use it as you did the womans milk, bathing your ear with it as hott as may be: and if you can abide it let some of the oyl drop into your eare. These must all be used as hot as you can, and done one after another: and while you take this medicin keep your head very warme; when you have taken the oyl of bitter almonds take some black wool and stop your ear with it: but dip the wool in the oyl first. M.S.

To help hearing. Take new milk, seeth in it some crums of Man chet; let it boyl till it be thick enough to spread on a cloth, then putt into it the yolk of an egg, beaten as you make a cau- dle: let it not seeth after the yolk of the egg is in; but when it is very hott, put into it a pretty quantity of the gall of a bullock, or ox: stir it well together, and lay it on a cloth spread very warm, on the payned place: changeing it as it feels stiff and cold. M.S. probatum

ffor deafness: in A morning drop 1 drop of oyl of bitter almonds into the deaf ear: then stop it with black
Another. Take the fatt of Bacon, cutt it into a
long pellet: put a thrid throuh it for fear it
go too farr into your head: let it ly in all day. shift it
every morning: the constant use of this hath cured one
that was very deaf. Leave the thrid out of the ear,
but thrust the bacon in as farr as you can en-
dure. ibid./

Concerning ^ Baknecoia, ie thick or dull hearing./

We mean such as comes by an externall cause:
and is discerned (whether it be a Tumour or
thick matter, or any other Heterogeneall sub-

stance which filleth the Cavities) if you look
on them in the Sun; if any thing hath fallen
into the ears, the Patient will inform you.
The Certain Cure is this. Let the Patient take
his Morning Urine, and let it stand in a glass to
putrefaction, till it stinketh: then let him morn
ing and Evening inject his ears with it 3 or 4 times,
warm it when you use it. After the injection
putt in 3 or 4 drops of this oyl into the eares.
Rx Candy oyl ℥ ii. putt into it 60 hog lice (Sowes)
boyl and strain them, then dissolve in it 10
grains of Musk, and keep it for use. Let the
body be purged 3 times in 12 dayes with this purge,
Rx Alloes ℥ ss. Rubarb dram symbol ss Sena ʒ ss pulp of
Coloquintida ℥ i with Syrup of violets make
a mass, and take of them ʒ i or less according to
the age or strength of the patient. Take it
very early in the Morning. This Method
never failed if the distemper came of an out-
ward Cause. GB. Short Method of Physick.

Paraconsis or Noyse in the Ears./

It comes from a preternaturall Motion of the
air containd in the Ears: the causes of which
are Many, but chiefly a vapor or winde sent
up from other parts into the ears, or bred
there. It comes either from the whole body or
some particular part, viz, stomach, Liver, spleen, midriff, womb: wherefore in great vomiting, in Hygochondriac Melancholy, there & in fitts of the Mother there is a noyse in the Ears. In feavors it comes from the whole body: & Hippocrates says such a noyse in the ears come-ing in an acute disease is deadly: for it cometh of Winde sent by the Arteries from the whole body into the Ears. If the noyse come from consent with other parts, it is cured by the cure of those parts; if it come principally from the Ear, or cold, or thick Vapours; it is cured as thick hearing before-said. Idem.

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To make Diacetanities.

Take quinces, and pare them and core them, stamp them and strain them very hard, let it stand 2 howers, then put out a quart of the clearest, and put thereto a pinte of Vinenegar, and 2 pound of sugar, and clarify it with whites of eggs, as you doe other syrups: putt to it one ounce of pepper, 1 ounce of ginger, and as much ginger cinamon as you think good, seeth it to the heighth of a syrup, strain it from the spice and keep it. MS.

Biteing of Dog Mad, or Stinging of Adder vide Biteing, and Adder.)

Dove house to store.

Take a fat dog and flea him, fill his belly full of Cummin seed, then rost him dry; wash also the pigeon holes, with water wherein Cummin is sod (but first cleanse the holes) then lay the rosted dog, upon a broad stone in the dove house: also take good clay, and mingle it with bay salt and Cummin, and make therof a great Lump like a sugar loaf, bake it very hard in an oven, and sett it by the dead dog; also make a scrap by the dove house of Chaff, then lay therein a good quantity of barley steepd in honey 3 dayes: this will quickly store your dove house. M.S

Dropsy.

Take parsly and selandine of each a like quantity, and putt
it into a still: then take the gall of an ox and whitewine, mingle them well together, and sprinkle the herbs therewith: then take the powder of an Nutmeg and strew likewise on the same, (and if there be any stones in the gall, strew them small broken, upon the herbs also.) then still, and save the water therof. When you will use therof, take a bole of whitewine, a little before you go to bed, (you must eat no supper that night you take it.) and putt thereto 6 spoonfulls of this water: it will make you voyd a marvelous deale of water. Sir Robert Oxenbrigg having the dropsy, was onely preserved by this medicine, and every night he took the same he voyded 3 Urinalls full of water. probatum. MS.

Another very good one. Take green broom a good quantity and burn it to ashes in some old Kettle: take a pound of the ashes, and putt thereto 5 quarts of Rhenish wine, in an earthen vessell, and lett it stand 24 howers, stirring it now and then; then take a jelly bag and let it run through 3 times; by which time it will be clarifyed & look like sack: put it in bottles, and drink therof as much as you can betwixt meales: you may putt in a little sugar to make it more pleasant. M.S.

Another. Take a gallon of sack, 3 or 4 handfull of hartshorne, boyle it while it be a pottle, then spread it on a linnen cloth, & lay it on the legs, arms or brests that are swelled: it will bring much water from them; lay on fresh as often as need requires; it will be very painfull in the pulling of, as though it would pull flesh and all off: but it is approved good: this helped Mr Daws of the Customs house, of a great dropsy, which came by loosing 100 ounces of blood. MS.

Another. Take a water snake; tye him by the tayle with a cord, and hang him over a vessel full of water, and after a certain time he will avoyd out of his mouth a stone; tye this to the patients belly, it will dry up the water. M.S.
Another. Take the roots of Elder sod and strained; drink it 30
dayes together, morning noon, and night: it cures perfectly.
probatum MS.

Another. Take of best Turpentine. 1 pound: franckincense, mastick,
myrrhe, of each 2 drams, Labdanum 1 dram; Nutmags, cloves,
gallingale, Zedaory, of each a dram & a half: of the iuice
of wallwort and Cowcumber, of each an ounce; let them
be powdered that are to be powdered, and to mix them altogether
and put them in a Lymbeck and distill an oyle therof, It
is a rare secret, not only to take away the swelling in
the belly in the dropsy called Assites; but also any phlegma
tick swelling of any other member of Mans body: and it is
very good for the paines of ioynts and members, of a cold
cause. MS.

Another. Take half a peck of Rye meale, knead it with water
and make a pye therof, and put therinto a good peck of red
Sage: bake it in an oven, with brown bread, and when it
comes hott out of the oven, break it into small pieces,
and put it into 5 gallons of new wrought ale: and
when it is a little stale, let it be spent. probatum. MS.
Another, Take a handfull of wormwood, dry or green, as
much of green broom, and as much of the Inner green
bark of Elder: burn all these to ashes upon a clean harth;
to a pinte of these ashes take a pinte of running water,

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put the ashes in a fayr cloth, and pour the water through the
ashes so oft, till you have taken all the strength of the ashes
away. Take 4 spoonfulls of this water in the morning fasting,
and at 4 a clock in the after noon. It is better in white
wine. MS.

A decoction against the dropsy. Take of the Chips of Guiacum
wood, 2 ounces: Sassafras wood cut small, 1 ounce: of the Roots
of Swallow wort, fflorentine Orris, of each 1 ounce. Agrimony,
pennyroyall, horehound, of each 1 handfull. Roman WormWood
half a handfull, Iuniper berries and parsly seed of each 1
ounce, Clove bark, 3 drams: boyl them in white wine and water,
of each the same Measure, unto a quart: strain the liquor, and
therin dissolve 3 ounces of Clarified honey. Dr Harvey.
ffor the dropsy or swelling in the leggs. Make a pair of

linnen hose double, very large, and fill them as full as you
can with fine ashes, and wear them: let them come up as
high as you can, even to your belly. MS. Lady. Byron. probatum.
Elaterium is excellent for the dropsy, it is made of the
juice of wild Cucumbers. ibid./

To cure the dropsy. Rx Red dock roots and scrape them,

and take out the pith, boyl them in clear posset drink,
a quantity fitt for the posset drink: drink no other drink
for a forthnight together. Then take a peck of oats &
seeth them in fair water, till they be all most ready to
break; then putt them into a payle or a bowle, and
lay a little ledg over it: then set your legs over
the ledg, that the vapor may come to your legs, and
as you sitt over the boyled Oats, cover your legs close
to keep the vapor to your legs; do this every night for
a forthnight together, and go to bed and keep your
self very warme. ibid.

Dropsy. Drink your own water the quantity of half a pinte

or more every morning fasting, for 9 mornings together,
let it be warm: then leave off for a week or forth-
-night; then drink it again. It is also good for the green
sickness: you must use it but twice in the year and that
is spring and fall: for one month or 6 weeks in the
spring, and as long in the fall. ibid.

ffor dropsies of all sorts. Rx 9 red mints, 9 cropps of

blinde nettles, 9 crops of sage. Stam them & drink
them with ale that is stale, morning and evening,
9 dayes. ibid.

93 Dropsy. powder of Sage drunk in any thing, or eaten with

bread & butter. ibid.
Dropsy. 2 spoonfull of the juice of blew flower de luce in posset drink ibid.

Against the dropsy, whether it be Ascites, Timpanites or Anasarca, the rasure or scrapeings of harts horn, being finely beaten & used in broth or drink, will not onely prevent, but cure this disease if taken in time. Use Tobacco with oyl of Anniseeds, & every 3d day purge with this Hydropick wine. Roots of Ireos ℥ ii. bark & rinde of Elder & Ebulus ana ℥ i dried wormwood, 2 drams: Sena. ℥ i. Cinamon half an ounce; boyl these gently in a pottle of wine & so drink it. It is a generall rule in this sickness; you must begin with gentle receipts. Coleworts of the Sea, called Soldana or Soldanella, boyled with the broth of fat meat; or dried & taken in powder with Sugar & Cinnamon, to the quantity of 3 drams of the said Soldana, in wine or Whey, will miraculously cure the dropsy. It would be of great force, if 2 ℥ of it were infused in Mechoacan ale. Once a week take this Clyster. Camomill & melilot flowers ana 3 drams: Rue 4 drams: Bay berries, fennel seed & Cummin, ana half an Ounce: Centaury 1 hand full, Agarick 1 dram; Brann 1 ounce; let the decoction of all these in oyl of Camomill, with 1 ounce of hony be made to a Clyster. Lay this plaister to the Navell. The plaister of Bay berries, called Emplastrum de baccis Lauri; of goats dung, of each 4 Ounces; Cummin seed 1 ounce & half; let these with oyl of Nard be made into a plaister. Dr Vaughan. /

An approved thing for the dropsy. Putt sweet Marioram into all one eats: boyld in ones meat & broth; & the powder of it in milk is good for all raw humours. The constant eating of it hath cured those who have been so swelld, they could not remove out of their seat. MS. Lady. Byron

An Excellent Purge for all dropsicall humours, cold and moyst bodies, & for the pure pox. - Rx. Extract of Rubarb, Extract of polypody: Cassia new drawn, Manna, Scamony, Alloes Suecatrin washed, ana a dram: Castoreum half a dram. hony 1 spoonfull, white wine half a pinte: boyld them exceeding well to a mass for pills. Dose half a dram. in pulpe. - old. MS.
Dwarf Elder is good against the Dropsy. MS./ 94
There is an herb called Amara dulcis, Morall bittersweet, Woody nightshade, ffelonwort. Take a pound of the wood and leaves together of this herb, bruise the wood, then putt it into a pott, and putt to it 3 pintes of White wine: putt on the pot lid and shutt it close: then let it infuse hott over a gentle fyre 12 howers, then strain it out. So you have a most excellent drink to open obstructions of Liver or Spleen, and for the dropsy, difficulty of breathing; bruises or falls, and congealed bloud in any part of the body, the yellow and black Jaundice and to cleanse Women newly brought to bed. Drink a quarter of a pinte of the Infusion every morning; it purges very gent-ly. Culpeper . Engl. Physit./
Water Agrimony, Water Hemp, bastard Hemp, Bastard Agrimony, Eupatorium, and Hepatorium: are all one thing. It cutt thick and tough humours of the brest: it likewise helps the dropsy.ellow jaundies &c. Id.em ibid./
The black Aldertree: (perhaps the same with dwarf Elder is a tree of Venus: the inner yellow bark purgeth downward both Choler and phlegme, in such as have the dropsy. If the bark therof be boyled with Agrimony, Wormwood, dodder, hopps, and some fennel, with smallage, Endive and succory roots, and a reasonable draught taken every morning for some time together, is an effectuall Remedy against the jaundice, Dropsy, and evill Disposition of the Body; especi-ally if some suitable purgeing medicine have been taken before to voyd the grosser excre-ments. Note. you must use the dried bark: for the fresh green bark taken inwardly provokes strong vomitings, and pains in the stomach, and gripeings in the belly. Idem ibid./

To keep from being drunk: or cure when drunk
Take before you drink, 2 spoonfulls of bettony water, then drink as much as you will. M.S. -
Item the decoction of wormwood drunk fasting in a morning.
- Item safron drunk in sodden wine. - Item 5 or 6 bitter almond eaten fasting. - Item the yong leaves of Coleworts eaten raw with vinegar, or parboyle, taken after meat do cure drunkeness. - MS. Lady Byron Item eat of the
roasted lungs of a goat. But the best way is to eat
good store of meat before you drink one cup. -
Coleworts are good against drunkness, because the
vine & the Colewort planted together will never
grow. Dr Vaughan. 

To make one sober that is drunk. Eat Coleworts,
or some kinde of Confection made of brine: or
drink a good draught of Vinegar: but the best
remedy is sleep. Idem.

To make drunkards hate wine. Make him drink
the blossoms of Rye, at what time the Rye blossoms
in a draught of white wine. Or take 3 or 4
live Eels, lay them in wine till they dye, and cause
him to drink the wine. Or give an infusion of
medicines in that liquor the party loves best:
v.g. the powder of Stibium or steel mingled in
wine. Idem. A barble stifled in wine, & that wine
drunk, makes a man hate all wine. idem./
Pliny saies that the yellow berries of Ivy are
good against the jaundice, and taken before
one be sett to drink how they preserve from
drunkeness and help those that spitt bloud.
Culpeper s Engl. physit./ The juice of tree
Ivy snufft up the nose purges the head, is
admirable for surfeits or head ache, or
any other ill effects comeing of drunkeness.
his temples bound about with Ivy. The best
way is to boyl it in the liquor you gott your
surfeit by Drinking. Idem ibid.

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A Drink a-for Cattle.

Take a penny worth of bolearmoniack, 1 penny worth of
ffenegreek, 1 penny worth of Turmerick, a quantity of E-
nula Campane roots, a quantity of Long pepper, a penny
worth of grains, 1 penny worth of oxe boote: a quarter
of an ounce of spyknard: shred it very small in new ale
as strong as you can gett it: mix all these together, and make
it warme, and so give every beast 1 pinte. M.S.
Eare payned.

Take a great pippin, take off the top and core it: putt into it white ffrankincense, and a half penny worth of saffron, and a peece of sweet butter, lay on the top againe, wrap it in a wett paper and rost it in the Embers, and when it is rosted enough and soft, then if the pain be in both eares, cutt it in the middle and clap the same to both eares, as hott as you can suffer. (But be sure to lay a fine rag between the ear and the apple, lest the medicine go into the eares,) and if the paine be but in one ear, lay to it half, and at the next dressing warm the other half and apply it as warm as you can suffer it. MS.

Another. Take a great Onyon, cut a hole therin, and sett it in the Embers to roste, then fill it full of Sallet oyle, and ever as it dryes fill it up again, till it be rosted well: then take away the uppermost skin theroff, and strain the Onyon through a cloth: keep it in a glass, and when you would use it, putt of it into the whole ear, and ly on the sore ear, when you go to bed: use this 9 nights, and it will help. M.S.

Another. Take iuice of Bettony made somewhat warm, and putt it into the ear: it cures paines, deafness and other impediments. probatum. MS

To Take an ache out of the ear, proceeding from cold. Take betony, rosemary, time and sage, of each a handful: boyle them in a quart of sweet milk: which while it is hot you may power into a narrow mouthed pott: and let the patient lying in bed, hold his pained ear over the steam; it will presently help. MS.

Deafness of the Eares. Take the flowers of Rosemary, stamp and strain them, then take the juice of them and putt it into your eares: use it as you shall see occasion. MS. Lady. Byron .

Against the ringing and deafness of the Eares. Take the oyl of Castoreum ii. oyl Rosett and oyl of bitter almonds of each i. of aqua vitae ii: mingle alltogether and seeth it untill the Aqua Vitæ be consumed: then every night when you go to bed drop 4 drops into your Eares, and stopp them with Musk. MS. Lady. Byron .
A Receipt to Cure the Farcy in a Horse,

As soon as ever you perceive the swellings & little knobs in the veins, Cast your Horse - & lett a blacksmith slit & burn the knobbs, Especially the uppermost, according to Art - & put in your poison to make them rot & tumble out. then let him blood the Horse in the same - vein where the knotts apear both above & below, the next morning blood him on both sides the neck & take about 3 Quarts of blood from him, & the same day prepare the following drink for him. Take a hand= full of Each of the ffollowing herbs, Liverwort, wormwood, Rue, fennell, Red sage, & lavender, Chop these herbs very small, & boyle & ^ put them in a Gall .........  , into ^ a Gallon & - half of fresh Tannerrs Ouse, you must alsoe put into the Ouse, English Ruberb grated very small, 2 ounces. Aniseeds 1 ounce, & turmerick half an Ounce, these 2 dryed & beaten very small in a Morter. infuse those altogether over a soft fire for above an houre to a scalding hight but let them not boyle

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96 when you goe to bed lessen your fire, & let it stand Covered & soe as it may Keep warm all the Night in the morning Give your Horse a Quart of it (after it is well stirred together) & soe every third day till it be all vsed, Ride her Easily before & after, & Keep her ------ warm give - her no meat of 2 howers nor water (which should be warmed) of 3 howers.

Memorandum You may Get Liverwort in the brook that runns in ffa: Stoudfoulds . while he ...is taking this drink, you must prepare the following, to wash his Leg & other parts affected to Keep them Clean./
Take Half a pound of Coperas Half a
pound of Allum, an ounce of Roman vitrioll, boyle *thes* gently in a Gallon of netting & wash & Clean *the* part affected with*the* same.

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97 Deafness in the eares. Take sallet oyle and vinegar and mingle it with wheatten meale, make therof a Cake and Bake it on the hearth; then make a rowle of linnen cloth to lay upon your ear, laying onely the hole of the ear open: take a peecie of that hott cake of a good thick ness, lay it upon that cloth, so as the heat may come in your ears lay it to both: if not, to that onely where the Noyse is: and cast a hott half sheet on your head to keep air from your eares: and when the cake is cold, putt on another that is hott: and in little time you will finde ease. MS. Lady Byron.

or else. Rx: a shell snayl, and prick him full of holes with a needle, and stop the head with your thumb. Take the water that drops from the snayle, mingle it with sallet oyle, and warm it a little, and wett black wool in it, and thrust it into your ear as farr as you can but first make fast a thred to the wool, to pull it out by: use it oft. M.S. Lady Byron.

or else. Rx. Sweet Marioram, wormwood, Rue, Mellilot, a spoonfull of Anniseeds, as much Cummin seed, seeth all these in Malmsey and take the fumes at the ear. ibid.

or else. Rx. the gall of a hare, mingle it with womans milk and at night when you go to bed putt a drop or 2 into your ear, and stop it up with black wool: and the next night putt it in the contrary eare, and stop it like wise. use it for 5 or 6 times, first in one ear and then in the other. M.S. Lady Byron.

ffor Deafness and noyse in the head. Take a good quantity of Rosemary, boyl it in running water so as the water
may be very strong of the Rosemary: then putt it into a close pott, and over the mouth of the pott sett a Tunnelle: so as the little end of it may stand upward, and sett the hole of the Tunnell against the hole of your eare, so as the steame of the Rosemary may go into the head, as hott as you can suffer it: use it once or twice every evening for 3 or 4 dayes together, casting a cloth over your head to keep in the heat that may be. ibid.

or else. Rx. a quart of Malmesey, one handfull of rew, as much of wormwood, Cammomill, Rosemary, and Bettony of each a like quantity is, a handfull: boyle all these together from a quart to a pinte; then take Spunges and wett them in the same liquor,

as hott as you may suffer: and so wring the liquor out of 98 the spunges and hold them hott to you eares, that the steam of the heat may go into your head, covering your head with a warm cloth all over: that the heat may be kept to the head. M.S. Lady. Byron . /

ffor deafness . Rx. an onyon, pick out the core and fill the hollow place with powder of Cummin seeds, out of bitter allmonds, and rue leaves stampd small: roast the said onyon in hott embers till it be tender: then pill it and strain it, and wring out the juice therof hard, and drop 3 or 4 drops therof warm into the ear with a feather over night, and stop it gently with musked cotton and soft wool. probatum ibid.

ffor burning. Rx. the water that drops out of green ash burnning, the grease of an eel rosted and a quantity of honey: strain all through a cloth and putt into the eares. ibid./

ffor deafness. Rx. the budds of an Elder tree, bruise them and strain out the juice: warm it in a spoon and drop some of it pretty hott into the ear. Probatum ibid.
pro surditate. ffirst purge with pills: then take oyl of Tur- pentine and bitter almonds: then take Rye bread hott out of the oven, sprinkle Aqua vitæ and Nutmeg upon it
and apply it as hott as you can abide to your Ear. Mr Butler. ibid.

Singing in the eares. Rx. black wool and wett it in rose-water and womans milk and stop the eares with the wool. ibid.
To draw an earwig out of the ear; put in powder of Alloes with vinegar. ibid.
Angelica water putt into the ears cures the ach. ibid.

Deaf eares. Bake a round loaf full of sage, break it in the midst and apply it hott to the eares 3 or 4 times. ibid.

Another. boyl Cummin in oyl olive and strain it, and drop it in. ibid.

Eares pain and dull. Rost the oyl of olives in a great onyon on the embers, and as it drinketh in fill it with more: then pill it and strain it, and put therof into the whole ear, and ly on the sore ear: do so 9 nights together if need be. ibid.

Ears grief. Let one that is fasting blow sallet oyl into the eares, out of his mouth, and turn down the head that the ordure may runn out. ibid./

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99.
......................... seeds
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Eyes Distempers to Cure.

ffor eyes that run. Take black snayles, seeth them in fayr water, then take the grease that is on the water, and anoynt the watery eyes therewith. MS.
Red bleered eyes. Take iuice of Rew and powder of Cummin, mingle them together. Then take Cotton, and dip it well therein, lay it to the eyes, and anoynt the temples, brows, and lids therewith. M.S.

The virtue of Betony for the eyes. Betony stampt and made in to a playster, and layd to the eye, healeth a stripe in the eye: and if the eyes be washed with the water wherein bettony is sodden, it will keep them whole, without dimness or other blemish. If you drink a dram of the powder of Betony, with the water of betony, it will bring down and heale the clowdyness and bloudyness of the eyes: and if bettony be eaten, it dryes up the tears of the eyes. all this and much more bettony performs. MS.

ffor bloud shotted eyes, or any burning in the eyes. Take housleek, and stamp it and strain it, then let the iuice stand a while in a fayr dish, and all the thickness will draw to the bottome, & the uppermost will be like clear water. then take a new layd egg, and pare off the crown round, with a knife, and powre out all that is within the egg, and putt in it the clearest of the iuice of the housleek, as much as will fill half the shell and a little more: then putt in a little womans milk, and a little iuice of dazy roots, so that the shell may be allmost full. then sett it to the fyre in hot embers, and when it boyleth ready to run over, take it off and strain it through a fine cloth, letting it run of it self without crushing: when it is strained, putt in as much white coperas as the bigness of a little white pease: putt it into a violl, and every morning and evening putt a drop into the corners of your eyes, and so use it till they be well. M.S.

Another for the same. Take an egg, or as many as you will, beat the whites very well, take the iuice of housleek and mingle them together, fill the eggshells with them: set it on a soft fyre and let it boyle: then strain it and keep it close. M.S.

webb in the eys. Take the white of an egg, and the iuice of pellitory of the wall: beat them well together, and then scum it, then let one drop of it be put into the eye and it will help. MS.

The vertues of Eyebright for the eyes.

Take the leaves, stalks and flowers, with the whole substance when it beareth flowers, and distill them: the water therof
dropped and streaked about the eyes, causeth clear eyes, and

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sharpeneth the sight. eases the pain of the eyes; The water
dropped into the eyes an hower before night, and stroked about
them, and 3 ounces therof drunk, comforts, strengthens and pre
serves the sight, especially in aged persons, and in flegmatick
complexions. The hearb dryed and made to powder, and eaten
every day in a reer potched egg for a certain time together,
refreshes sight lost, nay restores it. The water mixt with half
a dram of the powder, and drunk every morning for a month
or 40 dayes recovers a weak sight. MS.

Heat in the eye brows . Take the white of a new layd egg, hard
rosted, strain it through a fair cloth, and there will come out
a water: wherewith ansynt the eggs at going to bed. MS.

ffor the eyesight. Take sage, red ffennell, vervain, bettony, eye-
-bright, pimpernell, cinquefoyle and herbgrace: lay all these in
white wine all night: then still them: this water is excellent: MS.

Another. Take wine made of the Decoction of Tormentill and
drink therof dayly, without any other drink, the space of 3 or
4 months together: and the herb therof sodden, and every evening
plastered over the eyes, restores sight to those who have their eyes
as tho they did see and yet are blinde. MS.

Eye bruised. Take the iuice of dazy roots, after they are clean
washed, and dryed againe; take the juice of fennel, the white
of an egg well beaten, and a little rose water: temper all these
together, then take a little flax and wett it in it, and lay it
to the eye: If a drop or 2 be put into the eye, it will do better. MS.

An eye bruised and swelled with a blow. Take the white of an egg
and beat it to oyle, mix it with green Carduus or ffennel
stampt small; spread it on flax, and apply it to the eye
morning and evening till you finde ease. And if the eye be
sore within, and be hott and matter, wash it with the juice
of housleek, it will coole and cleanse it. MS.
Take the treadle of 7 or 8 eggs of a white hen, grinde them with a spoon in some earthen dish, till it become a thick froth, then with a feather stroke some of it into the eye 3 or 4 times a day: use this till the skin be quite healed, and you must apply no other medicine till it be perfectly cured. Then if there be any filme on the sight of the eye, you may apply the oyntment of the herb willow hereunder written: and if the eye be red or hott, then take a shell snayle and prick a hole in it, and let the bloud drop into the eye, it will coole and cleer very much. MS.

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ffor pearl or filme in the eys, the oyntment of the herb willow - Take a pound of fresh butter, unwashed and unsalted, the butter milk being beaten well out of it: then clarify it well and scum it clean: then take half a pound of the fresh leaves of the herb willow, and boyle it in the sayd butter till the herbs be crisp: then strain it out into a clean pot, and keep it close covered. This is exceeding good for the pearl in the eye, and for any filme; and it is used thus: take the quantity of a great pin head of this oyntment, put it into the corner of the eye, next the nose, and hold open the eye till it be all melted in. You must never use it but at night when you are in bed. MS.

To Take away a film in the eye. Take burnt allum beaten & searced, as much as will lye on a sixpence; then take white sugar candy beaten and searced, as much as will lye on a shilling, mix them very well together, then take half as much as will lye on a single half penny, and putt it into the eye, the party lying on his back, and so let him lye, till it doth leave smarting. And if the Rheume be very much in it, then take Gum Sarcolla beaten and searced, and putt it into the eye, the same quantity, as you doe of the other, for it is of great vertue to dry up the Rheume. and if the white powder above sayd be too smart for the eys, then you may mix it with some of the powder of the Gum Sarcolla: or else you may putt in the white powder one day, and the gum another. This you may do as you see occasion. put in this powder once a day: and the oyntment of the herb willow, at night. If the Rheum be very much: then take of the fine powder of bolearmoniak, and mix it with the white of a new layd egg, being first beaten to an oyle: spread it on flax, and apply it to the temples. And at night when the oyntment is well melted in the eye, then lay on a playster the bigness of the eye spread with the white-eye-oyntment heer underwritten. You shall do well first to draw a blister in the neck, which must be thus
made. Take the powder of french flyes, as much as will ly upon six pence mix them with the Crums of Rye Leven, crumbled very small, the quantity of a walnut, half a quarter of a spoonfull of mustard; mix them together with white wine vinegar, and make a playster of it, as big as youthink fit, and lay it to the nap of the neck, and let it ly on 24 howres, bindeing it very close from slipping, and when you take it off, cutt off the blister, and lay on a playster of Diaculum: shift it twice a day till it be whole

and if there be occasion, when it is whole, you may make an issue in the neck, and so keep open. MS.

The white oyntment, very excellent for hot Rheume in the eyes.

Take 2 scruples o Camphyr, and half an ounce of Tutty prepared very purely: 1 ounce of virgins wax, 4 ounces of May butter: then melt the wax and the butter together, over a chafing dish of coales; when they are melted, take them off from the coales, and put in white rose water, or fayr water to cool them, and wash them together a great while: then powr out the water, and putt in the Camphir, and gray Tutty, and work them well together with a wooden splint: put them in a close pott, and when you use it, anoynt the upper lidds of the eyes at night, and in the morning. This oyntment is very good for hot Rheume in the eyes, and to allay the Itching of them, if it be applyed as above sayd: and if the eys be much inflamed, you may lay a plaister of this oyntment on them, when the party is in bed, and it will help. You must not use your eyes while you use this ointment. This oyntment is very good for a tetter, if you anoynt it therewith. M.S.

A good eye water for sore smarting eyes. Gather Dew in May after a hot cleer day, upon Barly, with a thin linnen cloth, let it stand and settle 3 or 4 dayes, then strain it softly, do this till you finde it cleer: then take a new pipkin of white earth, and put this dew in it: then take 3 ounces of white salt clean picked, putt in a clean linnen cloth as big as will hold it. and tye will your cloth. then putt it into the midst of the hott fyre, till it be throughly burnet: then take out your salt, and putt it into the dew, with as much white copperas as a small wallnut. This is your proportion of salt and copperas, for a pottle of dew: let them stand 24 howres in the same pipkin; then boyle it up, even scumming it as it boyleth, as long as any will rise. (Take heed you boyle it not too much) then add to it a good peece of good fine sugar, and when it is cold strain it up, and keep it in a glass for
your use. This is good for sore smarting eyes, if you drop a little into them 2 or 3 times a day. It is likewise good for aged peoples eyes, which complain of dimness. M.S. A very good water for a pin and web in the eyes; which is a little white speck in the white of the eye with red streaks in it. Take ground Ivy, otherwise called barren Ivy, and of dazy roots, leaves and flowers, of each a good handfull, wash them very clean, and dry them in a cloth; stamp them and strain them, and add to the juice a spoonfull of the foregoing eye water.

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and white sugar candie beaten to powder the quantity of a small nutt: mix them well together, and with a feather drop 2 or 3 drops into the eye 3 or 4 times a day: it will soon cure. MS.

for swelling in the eye that comes of Rheume. Take a piece of unwashed and unsalted butter, the quantity of Wallnut, and half as much honey: mix them well together and spread them on a linnen cloth; apply it to the eyes morning and evening. The conserve of bean flowers, spread on a playster, applied to the eyes, is very good for the same purpose. So is conserve of roses so applied. M.S.

for a black by a stroke in the eys. Take conserve of roses, & a little fine Turpentine, and a little cummin seed made into fine powder: mingle all these together, make a little playster therof and lay to the eyes. M.S.

Pin and web in the eye. Take new layd eggs, rost them hard in the fyre; then take the white of them, and putt in a little roch allum, wring them through a coth, and the water that comes therof, putt in the eyes. M.S.

Another. Take a handfull of dazies, of woodbinde Leaves and ribwort of each a handfull: with a little honey all these being stamped, putt into the eye. M.S.
Another. Take the marrow of 5 or 6 goosewings, clarify it in a spoon or sawcer: then take so much honey as you have marrow, and clarify if: then mingle them together, and when it is cold, drop a little into the eye, especially when you go to bed; It will cure pin and web, or any other sore eye. M.S.

Another. Take burnt salt and vinegar, beat them together as small as may be, and temper the same with live honey; put a little therof in the eyes, and it will clear the sight, and kill any pin pearl or web: though it be a double pin or web. If it be a single pin, take this following: take vervain and stamp it and strain out the iuice, and mix a little live honey with it, and put a drop into the eye evening and morning. Note, A pin begins in the candle of the eye, and in short time will eat away the sight: and if it have 2 or 3 streaks spreading out from it, then it is a double pin: it it have none, it is a single one: note also that a pearl begins in the gray of the eye. M.S.

Bleared eyes. Take a new layd egg, and putt it into strong vine-gar 3 dayes and 3 nights, and it will dissolve the shell; then prick it with the point of your knife and there will issue out a water, wherwith anoynt the eyes and in 10 dayes it will help. M.S.

An excellent water for the eyes. Take Salendine, brown fennell, sage, vervain and rue, of each a handfull, wash them clean, and dry them with a fayr cloth, and so distill them. Drop a little often into the eye: this will recover sight, tho past hope of recovery. probatum. M.S.

Sore eyes. Take a new layd egg and open it in the crown; powre out all the meat, onely leave the moyst white skin, that will hang with in the eggshell: then take as much of the iuice of housleek stamped and strained as will fill the shell, and put in as much allum as the quantity of 2 pease; then set the shell with the housleek into Embers, and let it boyle up with a curd: then skim the curd off with a feather, and so strain out your water; this is very good for any Rheum in the eyes, or any skin that
grows over the eys. M.S.

Another. Take the juice of fennell, and drop therof into the eyes morning and evening. M.S.

Watering on pained eyes. Take a peece of rare beef, not too thick nor too thinn: being layd to steep all the night before you use it, in good Aquavith: apply it to the temples of the fore-head, without removing all night: thus do 3 or 4 nights together; this will help all distillations that come from the head or brain. probatum. M.S.

A water for the eye. Take 2 ounces of Bolearmoniac, 1 ounce of white coperas, half an ounce of Camphor shred small, and made hott in a small pipkin very close covered: afterward sett all these in a pot of water on the fyre, till it simper: then take it from the fyre and putt it up in glasses. MS

Mrs Browns water for the Rheumatick eyes. Take 4 handfulls of eye-bright, at Mid sum-mer when it is flowred; 2 handfulls of Celandine at the same time: 2 handfulls of pimpernell with the red flowers on it: 2 quarts of white wine: steep these herbs in it, about 16 or 17 howers, and remember to putt the eyebright in first: then distill them a soft fyre all-together. MS.

Another most excellent water, for red Rheumatick eyes. Take white greek wine, as it is commonly called, 2 pintes: white rosewater distilled, half a pound: Celandine water, 2 ounces, of fennel water, eyebright water, rew water, as much: of Tutt 6 ounces: of cloves 2 ounces and a half, of rosed sugar candy 2 ounces and a half, of Camphir a dram and half, of Alloes as much: The Tutty must be thus prepared: it must be putt into the fyre and quenched in rose-water mixt with greek wine, 6 times. (but in the end that water is to be thrown away: those things that are to be beaten, must be made into very fine powder, and mingled with the water: and the Alloes must be mingled with the
The Ague Plaister:

Take about a spoonfull of Venus Tirpintine
& about the bignesse of a Nut of frankincence,
boyl them well together & spread them upon sheep' leather pricked, & Lay overthe navell & writh,
Lay not that on till the party hath had 5 or 6
fitts Least the Ague be stoped too soon/

For a Cough of the Lungs.

Take Tarr & make them up into pells with the powder of Licquorice, aniseds & anycom =pane, & give 3 of them fasting 3 mornings together:

For the Heart burning

Take a pint of New Milk, 3 spoonfull of white Rose water, 1 Spoonfull of white Suger Candy, Stirr allltogether & drink it of D: Tirwhitt

For the Ague.

Take a large Lemon, & Squeese out the Iuce then take as much of the best brandy, mix them together. & sweeten them to your tast - Drink it before the fitt Comes. & goe to bed Brother Lister.

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A excellent water for the eyes and some sores.

Take a cream pot, or some vessel that hath not been used: pro-
vide so many ounces of white vitriol, as that pot will hold
gallons of water: but in winter, when there is any snow, take
2 or 3 handfuls of clear snow; putt it hard down to the bottom
of the pott, with your hand or otherwise: upon it scatter a little
of the vitriol beaten to powder, and so 2 or 3 handfuls more
of snow, and a little powder, till the pot be full, and the powder
spent: then cover it with some linnen cloth, and set it in some
cellar or the like: and soon after the frost and snow is gone in
the field, you shall finde that in the pot dissolved. When you
have use for it, put some of it through some old Linnen ragg,
by a funnel into a glass or pot, and take thence, as you shall
have occasion: the longer you keep it the stronger it will be,
it will stain fine Linnen. MS. probatum.

Another way to make this water. Put one ounce of white vitriol,
with 2 quarts of cleer spring or pond water into a glass or pott:
place it 9 or 10 dayes in winter, in some warm roome, and in
the summer in the warm sun 5 or 6 dayes: stirr it with a
stick or the like twice a day: and after 10 dayes it will be for
your use. The first is more proper for hott grieves, the latter
for cold. The vertues and use are 1. dropped into Rheuma
tick eyes morning or evening, it will soon give ease. 2. it
will take away any pearls, pin or Webb, and filmes growing
there and cure bloud shotten eyes. 3. It will cure Ring worms
and Tetters. 4. If the Rheume have been of any continuance,
then towards bed time put a peece of a red rose cake, 3 in-
ches broad, and 4 long, with about 8 spoonfull of that water
into a fruit dish, and sett it on some coales, and stirr it now
and then, and turn it when it is well infused; then bake-binde
it bloud warm over the patients eyes, from the nose over the
temples of the head, when they are in bed, and there let it
remain till morning: after few nights dressing there is great
hopes of ease: for it will take away tourmenting paines from the
eyes: let the rose cake be shifted before it be neer dry. 5.
this used it will also take inflammations from sores, and stay hu
mours from falling thither. 6. also soe layd upon a swelling

caused by a fall, or the like, soon after it is done, will soon a-
bate it. MS. probatum. 106

ffor Rheume in the eyes: or Megrim & head ache.

Take an egg and rost it hard. and hott out of the fyre cutt it
in the midst and take out the yolk: then take a spoonfull of
Cumminseed bruised, and as much bay dalt, put it whee the
yolk was, and so as hott as may be suffered, binde it from
the one ear to the other, along the nape of the neck, and
let it ly 12 howers: thus do 2 or 3 times: it will take away the paine, and stop the Rheume. MS.

A singular oyntment for the same. Take an oyntment called Diapompholigos, to be had at the Apothecaries: anoynt the fore head therwith, or the temples over a chafing dish of coales, binde it fast to, and ly down on your back the space of an hower, and with useing this oyntment, you shall finde great ease. M.S.

Rheume in the eyes. Take stone pitch and spread it on leather, prick it full of holes, and strew mastick beaten fine upon it, and it on the neck between the shoulders, and it will draw the Rheume of the eyes. Dr ffloud probatum. M.S.

Another. Take ffrankincense, and melt gently into it some Sanguis Draconis, and spread it on a playster with a little Mastick, and lay it on the neck below the hayr. probatum. M.S.

ffor a webb in the eye. Take the gall of a hare, and honey pu-rifyed, of each a like, mingle them together, and with a feather lay it on the web. MS.

Dimness of eyes. Take of Tormentill 2 ounces, bruise it grossly, putt it into a pinte of Canary sack, and distill it, or infuse if in hott ashes or embers, till a fourth part be consumed: drink of this in the morning cold, 4 or 5 spoon-full, and as much in the evening before you go to sleep. Use the leaves in summer and the roots in winter. It must be continued 8 or 9 months, excepting Iune Iuly and August, which are to hott. Some have found the vertue in 6 weeks or 2 months; some that have used spectacles, have left them of, by use of this medicine. MS..

Sore eyes. Take new milk, and boyl in it some housleek, and some fennell, then cover it with a pewter dish, gather the steam that rises, keep it in a glass to wash your eyes. M.S. Mrs. Mullenax.
Any pain or Inflammation of the eyes, Take an apple, the

sweeter the better, rose it, or boyle it: take onely the
pap and mix it with white sugar: putt a little of this

on a cloth, and apply it to the eyes cold: MS

ffor the Rheum in the eyes, pearl; and pain in the head. Take
dried wormwood and frankincense, long pepper, a little wheat
flower and the white of an egg, temper them with all; lay it upon
dowless; as soon as it is well, the plaister will fall off, and not
before. It hath cured all sorts of people from 3 years old to all
ages. These 2 plaisters are to be applyed to each temple. MS.

Sore eyes. Take a new layd egg boyld very hard, slitt it and take
out the yolk; fill the two sides of the white with live honey,
a little white coperas, a little loaf sugar: then let it melt,
and strain all in a cloth: drop it into the eye with your finger,
the party lying backward: keep the eye open and roll the head
from one side to another up and down. If it be too weak, put
in the more coperas, or use it the oftener. Mrs Beaumont.

A good water for the eyes.

Take a new layd egg, roast it hard: then cutt the shell in the
midst; take out the yolk, and put some white coperas where
the yolk was: then binde the egg together againe, and let it
ly till it begin to be a water: then take the white froth from
both sides the egg, and putt the same into a glass of fair
running water, and so let it stand a while; then strain it
through a fair linnen cloth, and keep it close stop't in a
glass, and therwith wash your eyes morning and evening.
Rx succi apij, feniculi, verbæ, chamaedries, pimpinellæ,
Cariophillatae, salvia, Chelidoniae, rutæ, centinodæ, mors-
sus gallinæ, Cariophillorum, farinae volatilis, ana § i. pi
peris crassinscule triti, Nucis Moschate, ligni aloes, ana
§ iii. omnia immergantur in urina pueri incorrupti,
et sexta parte vini Malvatici. bulliant brevi tempore,
tum exprime et percola. Repone vase vitreo bene Obturato,
hora somni singulas guttas singulis oculis instilla.
Scribunt hanc aquam restituisse virum caecum novem
annis. MS. Lady Byron
ffor the eyes. Rx summitates salviæ, rovismarini, foliorum rosa-
rum rubrarum plantaginis ana M i. Aluminis trochæ ʒ ii.
Coquantær secondum artem in sufficienti quantitate aquæ fon
tanæ ad librum i. Colatura per residentiam depurata,
iterum coquatur cum melle despumato: in fine adde
viridis æris ℧ i. fiatque Collyrium. Also
plantane water, red rose water, womans milk, and
sugar candy beaten to very fine powder, or dissolved
in the rest. ibid. /

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To clear the sight and comfort the memory. Rx. 3 parts
of the powder of eye bright, and one part of mace mixt
with it: it takes away all hurts from the eyes, comforts the
memory, clears the sight, being drunk half a spoonfull in the
morning with white wine. MS. Lady Byron ./

The eye water excellent for all Infirmities and diseases
of the eyes. Rx. the distilled water of the white wild rose.

half a pound: of the waters of Celandine, fîenkel,
and Rue ana ʒ ii. Cloves ʒ i.s. Sugar candy ʒ i.
Camphire, aloes Succatrine, ana half a dram. Tutia
prepared 4 ʒ. Prepare your Tutia thus. fîyre it in
a crucible, and when it is red as fyre in a charcoale
fyre, voyd it into an Earthen vessell, wherin is a
quantity by discretion of red & white rose water, with a little
white wine that is good and strong: repeat this 7 times
by themselves: but you must bruise the camphir with the
sugar candy, for so it braies best of all. When you
have mixed all upon a paper, putt them into a half
gallon strong glass, and powre the distilled waters theron
then putt to it a quart and one pinte English of the
best fîrench white wine can be had; lumble all till it
be well mixed. Let it stand fort a month: shaking
it 3 or 4 times a day. Remember to keep allwayes your
glass mouth well stopped. Afterward use it as you knowe
MS. Lady Byronprobatum./

Rheume in the eyes. Rx. Red fennell and Eyebright: boyl it
in sufficient water, strain out the herbs and take some
very good pepins: cut them in two, core them and boyl them
in that water, till they be so tender that you may putt a straw into them: then put some white sugar candy to the water: and when you finde your eyes hot and sore, lay some of the apple to them and change it. ibid./

ffor red and hott eyes. Boyl quince leaves in pure water, and a little ffinell with them, wett a spunge in it & bath the eyes warme, and changeing it often let it ly some time to them. ibid./

ffor dim or bloud shotted eyes: apply alloes with the white of an egg: ffor Itching eyes, putt in alloes with fennel water, being kept in a latton basin 15 dayes. ibid./
The iuice or water of Angelica putt into the eyes clears them, and sharpens the sight, and takes away the webbs and mistiness. ibid.

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To Cement Potts,

mix white Leade & Sallet oyle together, & soe Sett it.

To Cement China or glasses.

Brandy & Gum arabick steeped together.

To Bleach bees wax

Put it Into warm water till it be soe soft, that you may Roll it thin, like the Lid of a Pye. then Lay vpon the grass In the Sun as you doe Cloath & water it. a Dryed toad hung about a horses neck that has the farcy, will Certainly Cure him.
To make Hair grow.

Take a Gallon of commen Lye, six., China-Orange Peels, a little citron pill - Camomile flowers, bay-leaves maiden Hair, Each one handfull; Agrimony half a handfull, barley straw cut 3 handfulls, dry - Lupins a handfull, Fenugreek 2 - handfulls; Burnt Tartar half a pound, - flowers of Mattweed 5 handfulls: mix all and put them in an Earthen Pot: Warm as much as will wash the head, which do ten Times.

Face heat & redness; hands to clear, and skin

Red face. Take oyl of Tartar, mix it with an equall quantity of rose water, and so much ceruse as is sufficient to make it in form of a linniment: anoynt the face one night with it: this quickly takes away tetter and other deformities: some camphyr mixt with those kinde of medicins is excellent. M.S.

To clear face and hands. Take a quart of fayr water, a pinte of white wine, the iuice of 4 Lemons: putt to these bean blossoms, white lilly blossoms, and elder blossoms, of them all one handfull. putt them into the wine and water, and putt into it wild dasy roots, and marsh mallow roots, of each 4: of wild Tansy and fumitory of each 2 or 3 branches, and the weight of 2 pence in Camphir, putt all these together in an earthen pott, and sett it in warm ashes all night: then in the morning strain it through a peece of white cotton: then putt it into a narrow mouthed glass, and set it in the sun 3 or 4 days: and if there be any pimples or redness in the face, take a little of that water out of the glass, and putt the white dung of a hen all that night to steep, then straine it again through a cloth, & wash the face with this water evening and morning: and if you wash your hands, putt in a few bruished almonds: 1 or 1 or 2 will serve. M.S.

Heat in the face. Take a quart of Smiths water, a handfull of
Sage, 1 handfull of Elder leaves, or of the green bark, a pen-
y worth of allum, seeth them alltogether from a quart to a pinte: put it into a pott, and anoynt the patient. M.S.

Redness of the face. Take a quart of pure white vinegar, 2 new

layd eggs, shells and all: put them into the vinegar and let them stand 10 days: the pott being well stopped that no ayr come forth: then pour them out all into a basin, prick them, and take out all the oyle that cometh out of them. (and castaway the yolk, skin and all.) when it is setled, putt alttogether in a glass, and use it evening and morning. M.S.

Another Take an ounce of Camphir and an ounce of brimstone, 

beat then very fine: then mix them together with strong must-
tard and veriuice; anoynt the face at night when you go to bed, wipe it off in the morning. M.S.

Another. Take 2 ounces of sulphur vivum, half an ounce of 

Camphir, a little Capons grease, and a spoonfull of sallet oyl, make a compound of these, and anoyt the face. M.S.

A water for heat of the face. Take french barly one good handfull, 

being well washed in diverse waters, till such time as the water ceases to look red: then boyle it in 3 pintes of water till a pinte be wasted: then putt the water that remaines

cows milk distilled, and wine vinegar distilled, of each 3 quar-
ters of a pinte, the juice of 6 Limons, as much camphir as 2 or 3 pease: use it with a white spunge. M.S. (110)

Red face. Take the juice of lilly roots and vinegar a like quan
tity, mix them together, and anoynt the pimpled face evening and morning. M.S.

Another. Take a pinte of white wine, one handfull of woodbinde 

leaves, 2 or 3 ounces of the water of woodbinde, a quarter of a pound of the powder of ginger: seeth them altogether, till the
same be somewhat thick; anoynt a red pimpled face therwith 5 or 6 times, it will make it fayr. probatum. M.S.

Another. Take a peck of the roots of brackin, otherwise called
derne, burn them to ashes then putt the ashes into a clean Ear-
then pott, and put thereto a good quantity of Spring Water: let it 
stand 3 or 4 dayes, stirring it 3 or 4 times a day, till it be 
a strong Lee. Then powr off the clearest, and save it in a 
glass for your use. Thus it must be used. ffirst take a piece 
of new course cloth: and where the face is hard and pimpled 
in the flesh rub it with the same, till it bleed: then take a 
soft cloth, and bath where it is red, with this water. M.S.

Another. Take of fine Mather a quantity, and putt thereto of ale 
or beer a pinte: seeth it on the fyre, and when the scum rises, 
take it from the fyre and stirr putt it in: then set it on againe, and 
when it rises the 2d time, scum it off. You must lay your Ma 
ther in steep overnight, and when it is sodden you must strain 
it, and so give the patient 5 or 6 spoonfull to drink at once, 
then take quick sylver and kill it, and put thereto Sallet oyle and 
anoynt the place. M.S.

Skin to make white. Take Litharge of sylver, boyl or heat it in 
distilled vinegar, wash the skin with it, it will be very cleer. MS.

Redness of face. Drink every morning 4 or 5 spoonfull of straw 
berry water, and with a linnen cloth dipt in the same wash the 
red place. MS.

To make the hand face fair and beautifull. Rx. the fatt 
of a yong Kid or goat, and temper it with the water of Musk 
Roses being distilled, and so let them stand to steep 4 daies: 
then take fine sweet apples, pare them and cutt them in small 
peeces, and putt to them bruised cloves, and putt both together 
into your water of Roses in a fair glass: then within some 
other vessell of brass, stop your glass very close and boyle it 
in your kettle or pott of water untill the Ingredients 
be turned white. Then take it from the fyre and 
strain it, and keep it in a fair glass hanging therin 
by a thrid some Musk, civet and ambergreese knitt in a 
fine piece of Linnen. Stop it close, keep it and wash
the face often with it. M.S. Lady Byron. / page 111

ffeavour. vide Ague. Thirst./

A burning feavour. Take of any cooling distilled water 4 ounces,

poppy water 2 ounces, syrup of violets 2 ounces; oyle of vitriol
6 or 7 drops to make it tart: take 2 or 3 spoonfull of this at
a time in a burning feavour. Dr Antony. M.S.

Mouth dry in a feavour or ague. Take a handfull of Isop, a handfull

of horehound, a quantity of liquorice and anniseeds, bruised: seeth
these in water to the half: strain it, and put in clarifyed hony, &
seeth it to a syrup. M.S.

Syrup of Endive for Inflammation of the Liver, heart or
stomach. Rx. Leaves of Endive, Liverwort and maydenhair,

of each 3 handfull; the roots and the water of endive distil-
led, of each 1 pound: Rosemary flowers 2 good handfull; boyl
all these together in 2 gallons of liquor, which is 4 quarts of
fountain water and 4 quarts of white wine, and one quart
of red Rose water: putt all together in a fair Earthen pott
well leaded within: set it over the fyre and boyl it so long
till the liquor be wasted to 4 quarts: then take it from
the fyre and let it run through a strainer or linnen
cloth, and when it is well run putt to it 6 pound of su-
gar in fine powder: then sett it over the fyre againe,
boyl it and skum it till any filth will rise, and till
your syrup be very thick: haveing so done powre it into
a fair bason, to cool: being cold, putt it up into gally
potts, for use. This eaten, expells superfluous heat of the
heart liver and stomach: it excellent in all agues and
feavers, and for those that are hott of complexion. Balta
sor . M.S. Lady Byron

To cool one in a great heat. Rx. the leaves and flowers of

Borrage, bugloss, and violet leaves of each a handfull. Mayd
-en hair, harts tong and succory of each a handfull. the
tops of Hysop half a handfull. one fennel root, and 2
parsley roots, the pith pluckd out: 1 succory root: 5 or 6 roots of morsus diaboli; boyl all these in 3 pintes of water till it be half wasted: then strain it and put there to sugar and 3 spoonfull of vinegar. and let it boyl again a little; drink therof evening and morning 6 or 7 spoonfulls at once, bloud warme. MS. Lady Byron

In a hott feavor, for one troubled with the Hickup, whose stomach will hardly retain any thing. Rx. pill.

Masticginarum ʒ i dividantur in 6 pillulas parvas.

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pro 6 vicibus surnendo: unam parum ante prandium et 112 aliam ante cænam. et sic de religs. Dr Smith . MS. Lady ByronAnother. Rx. Mythridati opt i.s. disselvatur in sufficienti quantitate aqua Cardui benedicth et detur Aurora. ibid.

ffernelius his syrup of Apples, excellent in feavors.

Rx. of the iuice of pippins or pairmains 4lb. of the iuice of bugloss, of good Rose water, of the iuice of violet leaves, of each lb i. boyl them a little and clarify them: then put to them 6 pounds of sugar, and boyl them up to a syrup. ibid.

Lemon water. Rx half a pound of barly and boyl it, and shift your water twice or thrice, let a pottle be consumed to 3 pintes: then wring in the iuice of 4 or 5 lemons; when your water is cold, then strain them with the water through a clean strainer and keep it for use. ibid.

Prunellos are good against drought and weakness of the stomach, in hott weather. ibid.

Hold purslane under the tong to aswage thirst: ibid./ ffor all feavers seeth a quart of white wine vinegar, with Sanders and licorice, of each 1 pennyworth, till half be consumed: strain it, and drink a spoonfull or 2 at once. ibid.

Against stopping of urine in a feaver. Seeth garden violets
and stamp them; apply them to the bottom of the belly, ibid.

feaver shakeing. Mix powder of Bayes, pepper and pennyroyall, of each 21 graines with scummed Hony, take a spoonfull, morning & evening. ibid.

To temper the bloud. Rx Succory, fumitory, Egrimony & sage ana. half a handfull: bruise them and let them stand all night in a quart of new whey: in the morning strain off the clear and drink a good draught,

and walk half an hower after it. ibid./To quench thirst; Syrup of clove gilly flowers, (?er be?ta de Chidra) mingles with Carolus; a spoonfull or 2 of this taken at times, will quench thirst, and is very Cordiall. ibid./

A cooling drink. Rx. half a pound of Currans, a quarter of a pound of french barly, a pottle of spring water, boyl these gently on the Embers till the third part be consumed: strain it, & add to it syrup of wood sorrell or violets 6 spoonfull: take of this 4 spoonfull at a time, ibid. /

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ffalling sickness. 113.

To prevent it. Take the weight of 12 barly corns of pure currall,

mingle it with the milk of the nurse, give it to the child that is new born, before it tast any other thing, and it shall never have the falling sickness. M.S.

falling sickness to help: take of the scull of a dead man, if it be a man that hath it; and a woman if a woman: burn it in the fyre till it be white; then take the powder therof and give the patient to drink in beer or ale, with some nutmeg. probatum. M.S.
Another. Take of Rew and wormwood of each a handfull, dry them
and make powder therof, and blow therof into the parties nose and
he shall quickly rise. MS.

Another. Take oyl of Castor and anoynt the parties head therwith;
It is thus made: Take 3 ounces of Castor, and one pound of oyle,
boyl it to the 3d part. It also helps the Lethargy. M.S.

Another. Take a cock Raven, and pull him alive, dry him in an oven
and beat him to powder, dry the powder againe and take a good quan
tity in drink. M.S.

Another. Take of the best Castoreum, and Assafetida, of each half
a dram: the root of piony finely powdered, 1 dram: Aromaticum
Rosatum 2 drams: mix all these together with syrup of Mints, and
make therof 7 pills; take twice or thrice a week at going to bed,
one of these pills. MS.

Another. Take Germander gathered in May, when it is in blossom,
dry it in the shade and make it into powder; when you use it, take
the yolk of an egg or 2, and stirring and breaking it with a
spoonfull of the sayd powder, seeth it, and give it the patient to
eat morning and evening 8 dayes together But all this while they
must abstain from wine and women, pulse, salltes and salt flesh,
and all other things of hard digestion. M.S.

Another. Take a frog, and cutt her through the midst of the back,
take out liver, fold it in a colewort leaf and burn it, in
a new earthen pott well closed: give the ashes therof to this patient
to drink with wine; and it will help. If the party be not helped
at once, do so with another frog, and so another. It will certainly
help. MS.

Another :1: Take one grain and a half of Salt of Amber in a
little sack, from 14 years to 16: and to one of 20, 2 grains.
.2. after this take 3 handfull of Betony, of Sage, of Mother
of Time, Angelica, speermints, rosemary, cowslips, piony roots, of all a like quantity: twice as much of green garlick, shred all these small together, then put so much may dew to them as will neer cover them; then draw that with cold fyre,

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the first quart put in again, and draw it againe, and draw it as long as it runs clear. Of that you may take every morning 3 spoonfulls, fasting. 2 howres after, first and last: and of the last running 4 spoonfull. This you must constantly use for all the season; and for diet, Eat magpies rosted, baked or boyled, as oft as you can get them. Make the patient believe they are pigeons, for fear of disgust. Mr Digby M.S.

Another. Take 5 drops of Amber oyle 3 mornings together in a week fasting, in a spoonfull of beer: this hath cured many. M.S.

Another. Take store of the roots of primroses, stamp them and strain them, mix it with beer or posset ale; drink it diverse mornings: Take of the iuice alone, and snuff it up your nose in a quill in the morning fasting: this hath been tryed: the quantity of less than a pick of roots hath perfectly cured. M.S.

Another. Take a quart of the spirit of wine, putt into it 4 drams of Troches Alchandal (which are to be had at the Apothecaries.) infuse these in a strong glass bottle 4 dayes before the fyre, or in the sun: and let it stand 6 or 8 dayes after, before you use it. keep it close stopped with wax and parchment. It is to be take thus. A spoonfull at a time in a morning fasting: (but wash not your hands in cold water, that day you take it) about 10 a clock, drink a draught of ale with a toste in it: an hower after eat a light dinner: and then it will work 2 or 3 times. You may take it 2 or 3 mornings together, as you see occasion. It is excellent also for the headache, convulsions and mother. Mrs Eyre . - Rulandus . MS.

ffalling sickness. Take of the roots of piony, of wild Valerian, (before it put forth a stalk.) of contra servam, of each 2 drams: of the skull of a man, of the hoof of an Elk, 2 scruples: of missletoe of the oak, of the hasletree, of the live tree, of each 1 scruple: of peecocks dung, 2 scru-
Ples: mix them and make a powder. Give a dram of this powder at a time in piony water, marigold water, or black cherry water, or their syrups: fast an hower after, and continue takeing of it as long as the powder lasts; the longer the better: tho it were for a year. MS.

Item. Pyony roots hung about the neck help it. It must be the male piony; it may be known from the female, which beareth leaves like the walnutt, haveing a white root of a fingers thickness: the root must be diggd up in the wane of the moon. MS. Lady Byron

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ffalling sickness. le...ast...........115.

Dr..................

Drink liuce of Cowslips, with powder of a Kites liver 9 dayes. ibid.

Another. Rx. A Iay new killed, pull of the feathers and take out the gutts; and pull of the head: but be sure you do not wett it with water: dry it in an oven after bread is drawn; till it will beat to a powder, bones and all, which will not be done at once or twice. Take the powder of piony root, of equall quantity with the bird and mingle them together: let the party take as much as will ly on a shilling in a draught of posset ale or beer in the morning fasting, and at a clock in the afternoon. It may be given to a child that sucks being putt into the meat it takes, or strewd on the bread and butter. This hath healed those, who have had it a long time. probatum. MS. Lady Byron

Another. Knead cakes of wheat meal, with the dew on midsummer morning; bake it and eat it./ ibid.

Another. Smell to Castor in the fitt: and take castor in powder in Sage or Rosemary water: Infuse featherfew in your drink: and let the part where you first feel the fitt begin: and presently anoynted with mithridate ibid./

A rare receipt for the falling sickness. Rx. frogs alive,
take out their mawes, which must be washed clean:
single piony seeds beat to powder: the powder of a
dead mans scull: mix what quantity you please of
these together, and give the party as much of the
powder as will lye on a 6 pence iust as they feel
the fitt comeing in a draught of Rhenish wine, or
white wine. In twice takeing it hath cured. ibid.
It is good also for convulsions in Children or old
people; or onely the powder of a dead mans Scull by
it self, will cure them & fitts of the Mother. MS.
_Lady Byron._

Another. Rx. burrage water 1 pinte: putt to it of the scull

of a man powderd 3 drams: black seeds of piony half
an ounce; goats horn raped 3 drams, Elephants tooth
3 drams. Bezoar Stone 2 drams. Scruples: ginger, Cinamon,
a 2 drams and a half. Boyl all this in a close decoction
& distill it in the strongest balugo. The dose 1 spoon-
full. But give it not before the fitt take the party.
& it will leave him immediately: in 5 or 6 fitts he will be
absolutely cured. - old MS._/

116. A felon. _vide Uncome._/

Take a good quantity of rew and stamp it (about a handful) put to
it a good handful of barrow grease: or of the rest of Bacon:
and a little bay Salt. Then stamp them againe alltogether, and temper
them with the white of an egg or 2, and as much wheat flower as
will make it like a pultis: then putt thereto pilgrims salves of
the newest and thinnest you can gett, and lay it on a linnen
cloth. M.S.

Another. Take the white skin of an egg, apply it to the finger round

about: it will cure it, if taken betimes. M.S.

Another. Take a little bay salt stamped small, mix it with the yolk

of an egg and apply it: So used diverse times, doth not onely perfectly
and speedily heal, but eases both pain and swelling. M.S.

Another. Take soape and mix it with a little salt; it will perfectly
heale a felon, uncome, or other sore finger. probatum. M.S.

A swelling on the finger, or felon. Take Rye bread, crum it very small, then put to it a little Mustar, and a little English honey, and vinegar, and boyl it till it be thick, dress the sore therwith twice a day being warme; it will break it or drive it back. M.S.

ffor a felon, uncome or sore brest. Rx. half a pinte of new milk, half a handfull of wheat flower, the yolks of 2 new layd eggs: a penny worth of safron finely beaten: stir them well together, then sett it on the fyre, and seeth it till it be very thick: allwaies stirring it: then take it off, and putt in 4 spoonfulls of Sallet oyle, and stir it together, and lay it as hott to the place grieved as you can suffer it. M.S. Lady Byron.

For a Byle or uncome on the hands or ioynts. Rx. Black snayles without shells, (or such as have shells,) bruise them together and apply them to the place, and lap it about with a linnen cloth: it will heal. probatum. M.S. Lady Byron.

A plaister of Meliolot simple is excellent good for a felon or Andicomb. Culpeper.

Country people usually take the berries of Amara dulcis, ie woody night shade or felon wort; & haveing bruised them apply them to felons, & so soon rid, their fingers of such troublesom guests. Idem. The leaves of Milde Arsmart, or Dead Arsmart, porcicaria or peach wort, bruised & layd to a ioynt that hath a felon takes it away idem. Item bean flower and fenugreek mixt with ho- ny and applied is excellent. Idem.

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ffistula. 117.

Take 2 pound of water that is distilled out of good white wine, as you distill Aqua vith: put thereto of sage water, rosemary water, of each 5 pound. and of sugar 2 pound: distill all these together, and when they are distil-
led, put to the water an ounce of sage, and as much rosemary, so let them steep 8 dayes: then strain it out, and keep it for use. M.S.

An approved secret for the same. Take of crowfoot, plantane, succory, larkheel and featherfew waters, of each 3 ounces: Rubarb, manna, Spermaceti, 1 ounce: beat these well together, and put them into the distilled waters; let the patient take 2 spoonfulls therof first and last, and presently after, 4 spoonfull of ale or beer (you must shake the water together before the patient drink therof: and wett a linen cloth in a little of the same water and apply to the sore. MS.

A water for a fistula or any other sore. Take rosemary, sage, rew,

Time, hysop and woodbine, of each a handfull: boyle them in 4 gallons of spring water, with half a pound of roche allum, till half be consumed. Then putt in 2 ounces of white cope-ras; but first strain out your herbs: then putt it into glasses for your use. The use and vertue therof. Wett a linen cloth double or treble, and lay it to the sore, without applying any other salve, 2 or 3 times a day. It will take out the fyre, out of any sore or red place; cures tetters, fistula's or ulcers. and the tooth ache, by applying a wett dipt cloth to the gumms. Mrs Eyre . M.S.

To cure a running ffistula in any part of the body.

Rx. woodlice, alias sowes: dry them to powder and drink them in beer during the time of cure. MS. Lady Byron . Tarr with fine powder of ffrankincense, heals hollow ulcers or ffistulas, and fills them up with flesh: ibid. It is also good to be put into fistulas with a tent of bacon ibid.

A powder for a fistula: Green coperas burnt in a Crusible ii.

Mercury Sublimate i. grinde them small & very fine on a marble stone. - The manner of use in the Cure in time. Search the ulcer with a tent to know the depth and length, and according make your tent: anoynt it over with populeon, & dip the end in the powder: 2 dayes, once in the day dip it in the powder: & other 2 dayes with nothing but populeon to renew the ask, and thus inlarge your tent till the work be known to you. As long as it causeth a bleaky water, a malt water, gory, stinking & bloudy, use your powder till it become gross thick & white. Then apply mundifiers & cleansers: when the ulcer is cleansed use incarnatives, as the
green balme following & others, allways shortening your tent till you are
certain of the victory. - sigillate & dry up filthy Humours.  
Rx fine Aquavith, oyl of Roses, venice Turpentine ana 1 pinte: boyl them with a soft fyre: after a play or 2 put in 
i.s. of fine powderd verdigrese; boyl to a good consistence./ ibid.

118. ffleame v.ide Cough & Cold.

To ripen and bring up phlegme easily. Take a quart of conduit water,
2 or 3 good pippins pared, quartered and cored, and half a pound of sugar candie; boyle the water half away, then putt to it the sugar candy, and 2 or 3 sticks of liquorice sliced, then boyl it to a syrup, and let the party drink 2 or 3 spoonfulls morning & evening. M.S.

Another. Take 3 ounces of white sugar candy, liquorice and anniseeds, of each half an ounce bruised, putt them in a cloth and boyl them in 3 quarts of Water, till 3 pintes be consumed, drink of this at any time but meales: especially in the night. M.S.

Another. Take a quart of Milk, and sett it on the fyre, and put in to it a penny dish of butter: so let it seeth: then take a quart of ale, and putt into it upon the fyre: and as the curd rises, take it off: then take 2 liquorices sticks and scrape them clean, bruise them with a hammer and putt them in: then take a handfull of raysins of the Sun and stone them, and put them in, and let them seeth a good while: then putt it into a pott and let it stand and drink therof every morning and evening, a pretty draught warm. MS.

A gargle for stopping in the throat with flegm. Take a spoonfull of mustard, and 3 or 4 spoonfull of white wine vinegar mingle them together, and in the morning fasting gargle the mouth with it. MS.

A gargarismue for phlegme. Rx. a pennyworth of pellitory of Spaine : 2 pennyworth of Spiknard, beat them to
powder and boyl them in half a pinte of strong wine vinegar, and putt thereto 3 spoonfulls of English honey, and a good spoonfull or more of the best mustard you can gett. Boyl them upon a chafingdish of Coales till a quarter be consumer; take thereof a spoonfull bloud warm at a time; hold it as long as you, spitt out the phlegme, and gargarize it in your mouth: so use 4 or 5 spoonfulls one after another, hott: use it once in a forthnight. MS. Lady Byron.

Eat the powder of the herb of Carduus benedictus or blessed thistle, with honey, to spitt forth phlegme and gross humours easily. ibid.

Polypody of the Oak dries up thin humours, digesteth thick and tough, purgeth burnt choler, especially tough and thick phlegm, and thin phlegm also even from the ioynts: especially if taken in whey, or honyd water, or barley water, or or chicken broth, with Epythymum or Beets and mallowes. Culpeper.

In

fflesh raw to skin. or A Gaule. Chilblaines.

Take a quart of good ale, some allum, honey and woobine leaves, stamp the leaves, and putt some juice to the other ingredients, seeth them to a pinte, when it is cold, wett a gray paper in it, and lay it to the sore. M.S.

To skin a gauld place. Take may butter, smallage and Egrimony,

of each a like quantity, shred the herbs very small: and boyle them in the butter to an oynment. M.S. Strain it, and anoynt the place.

The herb of white beets boyld and layd upon Chilblaines and Kibes heals them./ Culpeper.

Item Ashes of the wood of the fig tree made into an oynment with hogs grease, helps Kibes & Chilblaines.

- Henbane, the herb stalks and seeds being dried, and burned, the fume of it quickly heals swellings Chilblaines or kibes in hands or feet, by holding them in the smoak therof. Item, kidneywort, Wall pennyroyall, or Wall penny wort helps them if they be bathed in the juice, or anoynted with an oynment made therof, and some of the skin therof layd on the sore. Idem.
An ointment for any sore or wound.

Rx. 2 pound of sheep suet, or rather Deer suett, a pint of Candy oyle, a quarter of a pound of the newest and best bees wax. melt them together stirring them well, and putt to them 1 ounce of oyl of spike, and half an ounce of the Gold-Smiths Boars: then heating them together and stirring them all together, putt it up in a gally pott, and keep it close stopped till you have cause to use it. This is approved for any sores or wounds new or old. A printed book of the Nature of herbs and flowers./

To heal and dry up a sore or cutt presently. Rx. Marygold leaves, porret blades or leaves, housleek. Ana ii. beat all small in a mortar, and putt to them the whites of 2 new layd eggs, beat them very well till they be throughly incorporated with the eggs, apply them, till you be well, and renew it every day. Ibid./

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fflux. v.ide Bloudy. and v.ide Looseness.

A flux. Take red rose leaves dryed, plantane, tops of bryers, knot-grass and wormwood of each a good handfull: and 3 spoonfull of Cumminseed: boyle all together in fayr water, and bath the childs belly with it warm: and when he goeth to stool, let him sitt over it. MS.

A glister to stay a looseness. Take a pint of beer, and put to it a spoonfull of anniseeds, and a spoonfull of fennel seeds, being a little bruised: then let them boyle till the seeds fall down to the bottom of the liquor and half a pint remain; then strain them, and put to it, half a pint of Muscadine, and the yolks of 2 eggs. and being well brewed together put it lukewarm into the glister bag - probatum. M.S.
To stop a looseness. take a quart of Milk and boyle it: when it boyles up quench it with half a pint of strong Aqua Vitæ: and when it is cold, drink no other but it. MS.
Another. Take one knot of the root of Mullen made into powder &
give it the patient to drink: probatum. MS.

Blody flux or other whatsoever. Rx. Conservæ prunello-
rum ʒ i. Terra Germanicae . Û ii. Boli opt. Û i. Mi-
thridat. opt. Û ii. Syrupi e Rosis suis. ʒ ii. Misce pro una
vice, et ita pro alia. Unam cape in Aurora, alteram,
hora somni. Item make a dish of rice tenderly sod and
steeped in rose water. Also ffrumenty or Wheat sodden &
eaten is good. Drink with a tost stuffed with Cloves hott
in your drink. Drink but seldom. Dr ffoster . M.S. Lady Byron

ffor the flux. Rx. Mafoile (mafoile I think or mastick:
the letters are not plaine) temper it with flower: make
a cake and eat it hott. ibid.

A speciall remedy for a flux. Seeth in white wine vinegar
or veriuice, the yolks of 2 eggs till they be hard,
with a parsly root or 2: eat them at night and morn-
ing, and eat it with bread dipt therin. ibid.

A restringent Lotion. Rx. Conduit Water 12 quarts, barley

ʒ iii. allom ʒ ii. honey ʒ iiiii: leaves and flowers of
Wood bine ʒ handfull. plantane 2 handfull, Shepherds
purse i Bramble tops .i. boyl them all close
covered, till the vertue of the herbs be in the Water,
then strain it and keep it close coverd for use. ibid./

ffor a lingering looseness. Half a dram or more of Rubarb
in powder, made into pills with syrup of Roses is very good
or Rubarb taken in conserve of Roses. ibid.

ffluxes in generall. Seeth the yolk of an egg hard in
vinegar, and eat it. ibid. Item apply doves dung
with vinegar to the Navell. ibid./
ffrenzy, and to provoke sleep. v. Melancholy: Madness./

Take ground Ivy, seeth it in water, then take the leaves and stamp them, put them in a cloth and bind them about the patient's head; it will provoke sleep. Or, Take the dust of Hemp when it is beaten and oyle olive, and mingle them together, wind it about the temples, and keep the patient from seeing Light 7 or 8 dayes. M.S.

Madness. Rx. a whelp before his eyes be opened, which will

not be till he be 9 dayes old; cutt him in the middle along the back; apply him plaister wise to the head, the hair being first shaved off. probatum. M.S. The flesh -y part must be turned inward./
The flowers of Cowslips preserved or conserved, and the quantity of a Nutmeg eaten every morning is good against false apparitions, ffrenzies, and all distemper of the Nerves. Culpeper. Item Sow fennel or hogs fennel, alias Hoar strang, or Sulphur wort (peusidanum) the juice used with vinegar and rose water; or the juice with a little Euphorbium putt to the nose, helps the ffrenzy, Lethargy, Giddyness of the head. Idem. Also hous leek or Sengreen applied to the temples and forehead helps the head ache and distemperd heat of the brain in ffrenzies, or through want of sleep. Idem./ - The seed and root of Cow-parsnip being boyled in oyl, and the head rubbed therewith, helps the ffrenzy, Lethargy, & old inveterate head Ache; if it be Likewise used with Rue. Idem. - The juice of plan tane mingled with oyl of Roses, and the temples and forehead rubbed with it is excellent - Purslane and poppy are both good, especially the seeds. - Item make a vinegar of Wilde Time or Mother of Tyme, as vinegar of Roses is made and anoynt the head with, it stops all pain in the head, and helps ffrenzies. - Vervain applied with oyl of Roses and vinegar to the forehead and temples is very good - ffumatory boyld in white wine is excellent for Melancholy and ffrenzy. Idem./
122. Glasses to soder.

Take the white of an egg well beaten mixt with quick lime and some old cheese scraped therin, and well beaten together: it strongly joyns both broken glasses and Earthen potts. MS.

Glaunders in the horse.

Take 3 spoonfull of Sallet oyle: 2 spoonfull of wine vinegar, 1 spoon full of pepper beaten small; mix them althogether well, then warm it and powr it into the nostrills of the horse, being tyed up to the Rack, when it is a little while setled, ride him a little to warme, and when you bring him in, sett him up warm: use this every other day 2 or 3 times, it will cure. probatum. MS.

Gilly flower water.

Take mint water a pinte, and put thereto 2 handfulls of clovegilly flowers, either green or dry: and one handfull of raysins of the sun stoned, half a handfull of anniseeds bruised, half an ounce of liquorice sliced, 2 large dates stoned, 2 ounces of fine sugar, and one ounce of fine sugar candy: mingle all these together, and putt them in a glass, set them in the sun for a week, and so drink of it: it is good for heart and stomach. MS. probatum.

Glisters of all sorts. Suppositories./

A glister. Take a quart of water, 1 handfull of violet leaves, 1 hand full of mallows, of anniseeds and fennel seeds of each a spoonfull, 4 spoonfulls of honey: let them boyle together to a pinte; then strain them out, and put in 4 spoonfulls of Sallet oyle, half a dish of but ter, and a spoonfull of salt, when it is strained. If you think the person weak, putt in milk instead of water. MS.

Another. Take a little veal broth, boyl in it half a handfull of Mal- lows and violet Leaves, one spoonfull of fennelseed, half a quar ter of sugar: dissolve the sugar in 3 quarters of a pinte of the decoction, and give it bloud warm. MS.

A cooling glyster. Take mallows, violets, beets of each 2 handfulls,
12 damask prunes, a handfull of french barley; boyle these in a pottle of water to a quart, then strain them, putting to it a pinte of the syrup of roses, and one spoonfull of salt. Sometimes take a glister of a pinte of your own urine. M.S.

Glister for the stone. Take mallows, violet leaves, wild Mercury, pellitory of the wall, camomill flowers, of each a handfull, sweet fennel seed and parsly seed, of each a spoonfull: river water a quart, boyle half away, strain it and take 3 quarters of a pinte, and put to it, of good Sallet oyl 3 spoonfull, of sugar 2 spoon full: mix it well, and use it blood warme. M.S.

A glister for wind. Take 3 pintes of fleeten milk, and put therin 3 handfulls of mallows, 2 handfull of Damask dried Rose leaves, a top or 2 of Rew: of parsly seed and Anniseed of each a handfull, and 2 of Cumminseed, and of Cammomil or the flowers thereof; let the seeds be beaten in a mortar and mingled with the milk, and boyle it till half be consumed away. then strain through a clean cloth and put to it 2 spoonfulls of Sallet oyl, and 3 of sugar. M.S.

A glister. Take a pinte of new milk, 2 spoonfull of treacle, a spoon full of cumminseed, bruised: warme the milk, then putt in the seeds and treacle: stirr them together a pretty while, then strain it and give it. MS. pia.

A laxative glyster. Take of white lilly roots, 1 ounce: of Marsh mallows, pellitory and Mercury leaves, of each a handfull: of Camomil leaves flowers 2 pugil, or one handfull: common fennel seeds half an ounce; boyl them in a pinte and half of water to a pinte: strain the liquor, and therin dissolve 1 ounce of Electuary Lenitive, 3 ounces of Common oyl, 2 ounces of brown sugar and a little Salt: strain it once again, and use it warm. Note. Strain the decoction (being warm) of the foresayd roots and herbs into a bason, and with the backside of a spoon dissolve the electuary and honey by stirring of them together: then strain it once againe from the little Lumps, that may
not be throughly dissolved, which otherwise would stop the Clyster-
pipe, and hinder it from passing: if it be grown too cold, you
must warm it againe, before you administer it. Dr. Harvey.

Another laxative Clyster. Add to the ingredients of the foresayd

Decoction, half an ounce of Senna: boyl it, then strain the li-
quor, and dissolve in it 4 or 5 spoonfulls of brown sugar, with
4 spoonfulls of oyl and a little Salt. Administer it warm. Dr. Harvey.

An emollient Clyster. Take a pinte of fatt broth, dissolve in it 4 or
5 spoonfulls of brown sugar; administer it warm. Idem.

A Clyster against the Collick. Take marsh mallow roots 1

ounce; mallows, rue, origan, Calamint, of each 1 handfull:
dried Virginia Tobacco leaves, half an ounce: Bay berries
6 drams: linseeds, half an ounce: boyle them in a little
more then a pinte of Water: strain it and add to it 8 or 9
Spoonfulls of Common oyle. Dr. Harvey.

An Anodyne Clyster against gripes. Boyl a pinte of milk

once up: mix with it the yolk of one egg, and 4 spoonfulls
of brown sugar. Idem.

An astringent Clyster against a loosness and Dysenteries. Take

half an ounce of Tormentill roots: of the leaves of plantane
and shepherds purse, of each 1 handfull: red rose leaves 2
pugills, Cypress nutts 2 drams; boyl them in Smiths water to
a pinte: and mix with it the yolks of 2 eggs well beaten.
Idem. / 

A Clyster against pains of the stone. Take of the leaves of Pelli-
tory, Mallows and Mercury, of each 1 handfull: fenugreek seeds 124
and bay berries of each half an ounce: Camomill flowers, 2 pu-
gills: boyl them in water to a pinte: dissolve therin 1 ounce of
venice Therebinthin: which must be done thus: warm 2 ounces
of Common oyl; therewith mix the foresayd Therebinthin with a
spoon or spatula: which then will easily mix with the foresayd
A glister. Rx mallows, marsh mallowes, mallet leaves, and mercury, of each one handfull: mugwort i.S. tops of dill, Camomill, and melilot flowers of each 2 pugills, Annise and ffennel seeds of each 2 drams, bay berries a dram and half: let them all be boyled in the broth of a Calves or sheeps head; in a pinte of the strained liquor dissolved syrup of roses compounded with Agarick, honey of mercury and red Sugar of each 2 ounces: make heer of a Clyster, 7-12-ob in gold. - 1 - 10 - ob in sylver, MS.

Lady Byron

ffor a Clyster. 1. Syrup of roses compounded with Agarick

2 ounces, honey of mercury 2 ounces: red sugar 2 ounces. Aniseed, ffennel seed, of each one dram.
2. of Balme, bugloss, strawberry leaves, violet leaves, mayden hayr, Betony, Egrimony, of Every one of these half a handfull. 3. A handfull of borage leaves and flowers, if there be any: 2 handfull of fumitory, that bears the red flower: a quarter of a handfull of germander: 2 fennel roots, 4 parsly roots, ibid./

A Glister Rx. a quart of water, violet leaves, mutton's ana i. Anniseeds, ffennel seeds ana 1 spoonfull: ho -ney 4 spoonfull; boyl altogether to a pinte, then strain it out, and putt in 4 spoonfulls of sallet oyl, or if you have none, putt in half a dish of butter: and a spoonfull of salt when it is strained. If you think the person weak, putt in milk instead of water. ibid.

A lenitive Gлист. Rx. Rindes of holyoke rootes i.

Camomill 1 handfull: bruise them a little & seeth them in a pott of fair running water, till it be half consumed, then putt in a handfull of wheat brann, and let it boyl 4 pater noster whiles, then strain it,

125 when you use it, take 3 quarters of a pinte of this
Water, and put to it 3 spoonfulls of honey and 4 spoonfulls of oyl olive, mix them together, and minis-ter it bloud warm. ibid

A clyster. A Cock (or Cork) Annis seeds, fennel seeds, Cummin seeds, smallage seeds, ana a handfull Camomil and wormwood ana half a handfull. Rubarb 2 drams, Sena 2 drams, yolk of Eggs 2: oyle of Camomill ℥ i.. ibid./

Another. Rx. a pinte of milk and seeth it, and when it is sodd, putt in 2 ℥ of wormwood, and a dram of hierapicra. Mix together and make a qClister. ibid.

A nourishing Clyster. Rx an old Cock, all to beat the body of him quick, with a stick, then cutt off his head, boyl him and use the broth. ibid./
The decoction of 3 leaved grass made with hony and used in a clyster, is good against fretting and paines of the guts, and drawes forth tough slimy humours that cleave to the guts. ibid./

A bindeing clyster. Boyl the seeds of Quinces to a jelly, mingle it with other ingredients: They are good also to hold in the mouth for the roughness of the tongue. ibid.

A Clyster against Choler. 3 pound of iuice of Mercury, boyled with a pound or 2 of Scummed hony & mingled with other ingredients. ibid.

A Clyster. Violet leaves, Mallowes ana .i. french barly 3 spoonfull: boyl them in a pinte of whey for half an hower: strain out the decoction, in which dissolve Manna 2 ℥. Syrup of violets 4 ounces spoonfull: course sugar 3 spoonfulls; administer it warm. ibid./ Take hony sodden till it be thick, mingle the same
with salt or wheat meal, then add a little fresh butter, & make your Suppository into a long form: dip it in oyl & use it. - or else take half an Ounce of the roots of Succory & licoris, 2 drams of Endive, 1 handfull of mallowes, one dram of the seed of Succory & fennell, 2 drams of fennugreek, half a handfull of the flowers of Camomill; seeth them, & then a most wholesom glyster is made. Or else make your Clyster of sugar candy & milk, which will serve in this manner for nourishment to great bellied women, and such as can not eat with the cough or sore throat. Dr Vaughan ./

A Clyster for any distemper./ Rx Half a pinte and a whole pinte of milk: half a handfull of Marsh Mallowes, half a handfull of Pellitory of the Wall, half a handfull of Camomill flowers. 4 spoonfull of Juniper berries, an egg, a spoonfull of oyl, a little sugar. MS.

An excellent Clyster for winde or fullness by Dr Bowls.
Rx. Camomil flowers, Elder flowers, red rose leaves, of these 3 half a handfull in all. 6 heads of Carduus 1 ounce of Licorice; half a spoonfull of sweet fennell seed: boyl all these in a pinte & half of ale possit drink till it come to a pinte: then put in 2 ounces of butter, which will be the quantity of A henn egg./ MS. Lady. Byron ./
One being taken with a violent scowring, and being but 10 weeks gone with Child, had great gripeings and paines by fits in the bottom of the belly. for which Dr Thorowton orderd this Clyster. Rx. half a handfull of red rose leaves, brier leaves as much, as much plantan and Ordinary Mallowes. Boyl these in a pinte of New milk with a spoonfull of French barly: let it boyl till half the quantity be consumed: then strain it out, and put to it 2 spoonfull of syrup of Violets: so give it. This eased after 3 times takeing. But the loosness continued till she took Lucatello 's balsom, which purged out the humor & staid it quite. ibid./.
An ordinary Clyster to take at any time, for winde
& giddyness in the head. Rx. new milk, boyl a few
anniseeds & sweet fennel seeds in it, strain it forth
and sweeten it with brown sugar: - Or onely
new milk, a little boyled & sweetend is a very
gentle & wholesome clyster. - ibid. / A Lenitive Cly-
ster. Rx the decoction of Mallowes, putt to it fresh butter
or sallet oyl a sufficient quantity. - ibid. / give it warm. /

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Goosberries D. to preserve.

Take goosberries, prick them or rayce them cross the ends, then scalld
them so that none of them break; then take them out of the water, and
putt them into fayr conduit water, and let them ly therin 2 dayes, shift
ing them once a day: then take the weight of them in fine sugar, and
make your Syrup something thinn: then boyle your syrup to a height,
and set it by while it is a little cold: then put in your gooseberries
and let them simper a little, so that they do not break; then take them
up and let them stand out of the syrup 5 or 6 howers, then put
them into the syrup again, and let them simper a little more, till they
come to their green perfect colour: for if they boyl too long,
they will loose the colour and be black: you must take them out 2
or 3 times, and boyl your syrip up to a heigh; when you take
them up out of the cold conduit water, putt them in a sieve or
colander, to drayn out the water out of them, before you put them
into the syrup. M.S.

Goosberries green to preserve. Take a pound of gooseberries, and a

 pound of fine loaf sugar: slitt your goosberries, and take out
the stones: make your syrup and skim it, then putt in your goos-
berries and boyl them apace, till they be done: take up your goos-
berries into your glasses, then boyl your syrup to a heigth, and
putt it up to your gooseberries: when they are cold cover them, and
keep them for use. M.S.

Goute.

Take the bloudy brine of beef, seeth it and scum it, and putt it
into it, milkwort, and when it is boyled, putt into it the arms,
legs or hands of the party grieved; till the bath be cold.
Then take 3 yong kitlings, kill them and fleas them, take
out the gutts, and then cutt them in pieces: then take a fatt goose,
and put the flesh of the kitlings in her belly, and a handfull of bay salt: then rost the goose, and take onely the drippings therof, being basted of it self. (the goose must be rosted, till it will drip no longer) then take the fat of the goose, and anoynt the parts as aforesayd. that were bathed in the bath. M.S. probatum.

Another. Take Arsnick, and boyl it in fayr water, and bath

the ioynt in it. Mr Gascoigne . M.S.

A poultis for the same. Take a loaf of bread grated, milk

a quarter of a pinte, and as much safron as will lye on a
groat: boyle these till it comes to the thickness of a poultess,
then spread it on a cloth a good thickness, then strew on it a
spoonfull of oyl of Roses, and as much of oyle of Cammomill,
and lay it in a good broad platter, and set it on a chaffindish
of coales to keep hott, and if the gout be in one finger or more,

or one toe or more, lay it over all the fingers or toes as hot as 128
may be: and renew it once in 12 howers. M.S.

Another. Take a pound of the purest wax you can gett, a pound of may

butter, a quarter of a pound and half of Rosin, 6 good spoonfulls
of honey: let all these melt together on a slow fyre and skim them,
then putt into it a sawcer full of wheaten flower, and 4 penny worth
of English safron, made into fine powder: let them simper a little
while together, then strain it through a course cloth: when you
use it, spread it on a linnen cloth, warm it and apply it to the
grieved place. Mrs Salmon . M.S.

Another. Take Spatch grease, lay some of it on a brown paper,

warming it a little at the fyre, and apply the same to the grief,
it will take away the pain in one night. MS.

Another. Take the iuice of sage, Aqua vitæ, Oyl de bay, Vinegar,

Mustard, beasts gall, of each a like quantity: put them alttogther
into a great bladder, and chafe it well up and down with your hands,
for the space of an hower and a half; keep it for use, and anoyn
the grieved place morning and evening, & you will finde your self
quickly healed. It is good for any other ache in joynts. probatum. MS.
Gout, or swelling of joynts. Take May butter a quarter of a pound,
Cummin seed in fine powder half a pound, black sope a quarter
of a pound, a handfull of Rew, half a pound of Clarifyed sheep
suet, stamp all these together in a mortar; then take an ox
gall, and a spoonfull of bay salt, and fry them alltogether till
it be thick, lay it on a woolen cloth, and apply it to the ache,
as hott as it may be suffered: so let it ly unremoved a week,
and so a 2d and a 3d, and in that time it helps. MS.

Another, Take a handfull of Mugwort and seeth it in sweet oyle
olive, till the third part be consumed, then anoynt therewith any
part that is tormented: it will ease. probatum. MS. v. Cramp.

The black playster of searcloth, for gouts, aches, stitches or
bruises. Take a pound of Burgain pitch, a quarter of a

 pound
of Rosin, as much wax and as much turpentine, a pound of
stone pitch, 2 ounces of boores grease, 1 ounce of oyle olive:
melt all these together on a pan in the fyre, but scum them not:
stirr them well with a stick, and when they are melted, strew
in these things following. Half an ounce of Cummin seed pow-
dered, half an ounce of the powder of Lawrell leaves, as much
of the powder of bay leaves, a quarter of an ounce of
cloves powdered: 2 ounces of Populean, 4 ounces of white
frankincense, 3 ounces of red lead finely powdered, 6 penny
worth of safron powdered: stirr it well as you strew them
in, and afterwards, till it grow cold, lest the powders run
on heaps: then powre them all in a vessel of cold water,

129 and when it is cold anoynt your hands with fresh butter, and work
it into rowles: wrap up these in sheeps leather, and when you use them,
spread a little with a hot knife on the rough side of sheeps leathers, &
apply it to the place grieved. If it be an ache onely, let it lye on 3
weeks, or a month, binde a cloth on it; if a bruise or boyle, look on
it every 2d or 3d day. M.S.
Mix the iuice of Coleworts with meal of fenigreek and
Vinegar, and apply it to gouts, aches of the ioynts, and
filthy ulcers to cleanse and heal them. MS. Lady Byron

for the gout and all aches. Stamp 3 pound of harts horn
herb with 3 pound of oyl olive: let it stand 9 dayes. then put to it a pint of water, and boyl it till the water be consumed, and it be green, then strain it & use it. ibid.

Gout. Sitt up to the knees in whole wheat. ibid.

Another. The root of Cumfry while it is yet green & newly pluckd out of the Earth, spread upon leather and linnen, & applyed in form of a Cataplasme, to gouty or Rheumatick places, doth presently appease the pain, ibid. probatum. Water of Mustard seed flowers & herbs, rubbed upon a body and let dry on again help the cold gout./ ibid./

A rare cure for the winde gout. Cariocostinum

half an ounce. Syrup of Succory & Rhubarb. ana ʒ i. infuse these in a quarter of a pint of white wine, one night, and drink it warm the next morning: an hower after take plain posset drink -

The plaister. Take Burgundy pitch & spread it on Lambskin, strow theron the powder of Sanguis Draconis, apply it to the place grieved at the same time. ibid./

To foment the place with oyl wherin a frog hath been so long boyled, till the flesh be divided from the bones, is a singular remedy for the Sciatica & gout. Dr Vaughan ./

The originall Cause of the gout is from the distempered brain; and therefore the diseased must purge the superfluousand moisture therof once a month, either with a dram of pillue Cochiæ; or of pillue sine quibus esse nolo. or rather for a forthnight or 3 weeks every spring and Autumm use mechoacan ale, with some Betony, sage, Cowslips, or such like herbs added to it. / Platerus mentions an old man of 70, who lived till 80 years of age, without any further torment of the Gout,

tho he had been grievously tormented with it: & this 130 happend by continuall use of the herb bettony: sometimes steeping it in his drink, sometimes eating the conserve of it: sometimes boyling it in his pottage, or with meat:
In winter he used the powder of the herb dried in the Sun. for local medicines, use the Cataplasme prescribed in the other MS. Book, Book, for Women's breasts. To abate & assuage the swelling apply to the place the leaves of Tobacco bruised with a little oil of Roses. It is good to anoint the affected part with this liniment: Aqua Vitæ 4 drams, sage 1 ounce, opium 1 dram, saffron half a dram, Camphir half a dram; oil or fat of a fox 3/2.

Let them all be mixed. This sovereign receipt will also avail against the Sciatica, or other pains in the joints, or any ache there. If the gout be inveterate take Tobacco the oftener, to intercept the falling down of humours, which minister nourishment to this disease. Dr. Vaughan.

A magickal remedy against the gout. In the month of June when the Sun is in his highest exaltation in Leo, take an instrument of fine gold, made in the form of a little knife, & therewith gather the herb called in Latin Cingularia, in Dutch Trutten fus broclab et ErSi ertd krudl; dry it in the air & keep it for your use. Take a new earthen pot, that holds 3 quarts of Paris measure; fill it with good old white wine or Rhenish wine: put 4 handful of the foregoing herbs into it, being first chopped small. Cover your pot close, that no fume get out: let it boil till half the wine be consumed: afterward run it through a fine linen, & put it into a cellar till it be cold & clear: give the patient to drink of this, as often as he is thirsty, & give him no other drink till his pain be gone.

The herbs that remain in the pot you may take indifferent warm, & put them upon or about the member that is grieved, & wrap it about with linen, & you will see a wonderful effect. MS. P.M.

To dissolve the knobb of the gout, & to take away the pains.

Rx. 4 ounces of yellow wax, boil it half an hour in vinegar; let it cool: then take the wax & --------------- melt it in a dish & put to it of --------------- the juice of sorrel, juice of loppe, juice of yarrow, juice of night shade; if you can not have that, take the juice of sage: of each of these juices a spoonfull. Turpentine
a spoonfull, Rosin a quarter of an ounce: hony a spoonfull, stone pitch a quarter of an ounce: boyl this all together to a plaister, and lay it to the griev'd place. It absolutely helps for a time. Old. MS./

Another purge & plaister for the gowt./

The purge. Rx these salts, of Henbane, night shade, water cresses, Catapusty (Spurge) ana half a dram: Stybium 2 drams: grinde them all very well together, & putt to it these oyls. Balsamum raw: oyl of Tartar, oyl of fenugreek ana a dram. Mix all together: then put to it, Scammony 16 grains, Meacoacan 1 scruple: Catapushie (ie spurge) seeds 2 scruples. Helleborus albus infused in vinegar 1 scruple. Castoreum a scruple. Mithridate a dram & half: mix all together for a mass for pills. The dose 6, 8 or 

The plaister 10 grains in pulp, or such like./ - for the gowt, called Venus's ffear.Rx. Calcined Venus ℥ii. white lead ℥i. red lead ℥i. gall of an oxe 6 ℥ tartar ℥ iii iuice of Limons 6 ounces, Turpentine 1o ℥ : iuice of sweet yarrow 6 ℥. Sallet oyl. 1 pinte. pitch half a lb. Rosin 4 ℥. boyl all together to a plaister & make sercloths. This is a sure cure, without sweating. purge 3 dayes together; for that is best. Greenfields - Old MS./

An excellent sweat for the gout. Rx. Diaphoretick a scruple, Bezor a scruple, Terra sigillata 1 dram, Mercury putt to it, these salts following, Carduus, bugloss, Hemp, featherfew, red nettles, Sanicle, balm, red nettles, angelica, mousear, tormentill, speremint, rosemary; ana a scruple. pipp (mix) all these in an ovall glass, & digest it in the strongest heat of a stove, to a perfect Calx. The dose 10 grains, in spirit of sack or Mithridate. - old MS./

An excellent medicine for the gowt. first give this vomiting. Ginny pepper 3 grains: 1 clove. 2 seeds of Catapushey (spurge) Elleborus albus 2 grains. Slybium
3 grains. make all into small parts & mix it with a scruple, or as much as 2 beans of mithridate: male it into pills. Dose 6 grains in pulp of an apple.
Then use this sweat. Bezor 6 grains, diaphoretik, safron, ana 6 grains. Mithridate 12 grains. Terra sigillata 12 grains: mix all together. The dose 12 grains in pulp of an apple, or such like. This will sweat admirably. Use the foregoing plaister, it will cure it without purgeing. You may give milk with the vomit. Ellin . - old MS./

An excellent plaister for the gowt. Rx. Lapis Calamina-ris calcined 2 lb. 1 lb. Calcined Litharge 1 lb. Calcined coperas, calcined Vitriol: ana half lb. putt to these a quart of Sallet oyl. boyl it half an hower & better, then strain it. Then putt to that oyl iuice of Limons half lb, iuice of sweet Yar-row 3i. Tartar 3i. White lead half a lb. gum arabick 2 3: black sope 3i: gall of an ox 3i. Turpentine 3i. & a half. wax 3i. black pitch 3i Rosin 3i. Boyl alltogether to a plaister & apply it. It will dissolve it & take away the pain; purge after it: It is excellent for cancers & old sores. - ibid./

To make Gascoigns powder a plain easy and cheap way. / V. Pag. seq.

Rx in Iune when the sun entereth into Cancer and not before, the toes of the Crab, and nothing but the very black of the toes: bruise them in a mortar as small as you can: then take of the best sack and moysten the powder: then make it up into Trochisces, and dry them in the Sunn. then being well dried beat them into fine powder again, and make them up into balls and dry them again as before: repeat this as long as the Sun is in Cancer: and the last time make it into very fine pow der, and make it up into balls or Trochisces with the best sack. It is an excellent cordiall in all extremitiess for yong or old: as good as Bezor stone or

Unicorns Horn. MS
Grease molten in a horse.

Take salt and Chamberly and give the horse to drink, ride him on it till he be onely warm; when you come in, set him up very warm. probatum. MS.

Gascoigns powder. (or raggs)

Take white amber, seed pearl, white corall, crabs eyes, hartshorne, and Lumps horn, of each half an ounce (That which is usually called the Lumphorn, is the first horn of a stag, which for the most part he sheds, but putting it into the ground.) of the best bezoar stone 1 dram: 3 grains of Unicorns horn; of the black ioynts of the crabs claws, as much in weight as all the rest: beat them as small as may be, even as small as fine flower: then mingle them well together, and make them up into paste, with a good ielly of hartshorn, made as follows. Take 1 ounce of good hartshorn, putt to it half a pinte of carduus water, and half a pinte of dragon water: boyle it to a ielly, and a little before it is taken from the fyre, crush in a little lemmon, and a drop or 2 of red rose water: and when it is cold, mix your powders, and make it into round balls; then take so much safron as to colour it on the outside, being rouled up with it; and dry them as soon as you can, so the winde be kept from them: then keep them as soon as you can in Leaden potts, that hath kept amber or Musk formerly: being dry, keep them for your use. M.S.

Pulvis &\#232; chelis Canckorum, or Gascoigns powder

Dr Harveys way.
Take prepared pearl, Crabs eyes, red corall, white amber, hartshorn, orientall bezoar stone, of each a quarter of an ounce. Of the black tops of crabs claws, 1 ounce and half: beat them all into powder and mix them, The mixt powder you may make into balls by incorporateing it with gelly of hartshorn, or thin mucilage of gum Arabick, extracted with Carduus water.
- The preparation of pearl, crabs eyes, red corall, Bezoar & crabs claws is onely thus: you must first reduce them into a fine powder and sift them: afterward grinde them into a most subtill and smooth powder or dust upon a marble or porphyry stone, with a mullet: dropping now and then a few drops of rose water into the powder to keep it from flying about. The harts horn must be grated and afterwards beaten in a brass mortar into a fine powder and sifted. The white amber, that is, the whitest yellow or lightest yellow, Must be beaten and ground with a pestle into a subtil powder, and sifted by it self: afterward mix all the powders well in the mortar by stirring and moveing them about with the pestle
The prices. orientall pearl 18d, Crabs eyes. 1d. red corall 3d.
white amber 3d, harts horn 1/4d. Orientall bezoar 6d Crabs 134
claws 6d. The whole composition 3 13sh. 1d. farthing: for
which you may expect 2 ounces and 5 drams, allowing about 2
drams for waste. The ounce will stand you for something less
then 13d 5sh the dram at 7d. The Apothecaries prices,
The ounce 40 sh. dram 5. sh. graine. a penny.

This powder may be prepared at a farr lower rate,
for the poorer sort, & for ought I know, more Effectually;
thus: in stead of Orientall pearl, take Occidentall, and prob-
ably the finest sort of Mother of pearl, exceeds either. ie,
if prepared as it ought to be. In lieu of Orientall Bezoar
take Occidentall: which being much cheaper, doth not so
much incourage fraudulent people to counterfeit them:
& therefore certain occidentall Bezoar, is to be preferred
before the uncertain orientall: But what if the Bezoar
be wholly left out, & double the proportion of pearl that is
putt in; where is the damage? So that the dram of
Gascoignes powder, will come under 3 halfpence. Idem.

A True receipt of Gascoignes Cordiall powder.

Rx raggs of pearl or seed pearl, red corall, harts horn, white
amber, of each a like quantity, being all severally beaten to
powder & searced through a fine searce. Then take as much
Crabs eyes, and tops and toes of the clawes, as of all the
rest of the powders, for it is a main agent in the Work.
beat & searce them as you do the rest. Beat them severally
& take as much more of the Crabs eyes & claws, as of all
the rest: mix them together & make them up into balls,
with jelly of hartshorn, wherein you may infuse some safron
more or less, as you would have them colourd: let them ly
till they be fully dry and concocted, then use them on occasion.
If you can gett the crabs before they are boyled, it is much
better; they must be in season: that is in May or September.
The powder finely scraped with a Knife may be taken in a
spoonfull of Dragon or Carduus water, or any other
Cordiall water or posset drink, 10 grains at a time for
a Man or Woman: 2 graines for a yong Child.
It prevents the small pox, or setts them from the heart:
It recovers from Consumptions, if dayly taken a good while.
It is good in all violent feavers, poysons, plague, Agues,
trembling or passion of the heart. It preserves from
diseases & infections: it lasts long & decayes not. Note
The stones that are taken from the eyes of Crayfish are
the right crabs eyes. MS. Lady Byron/
To make hair grow. Burn bees to powder on a tytle stone, seeth the powder in oyle olive, and anoynt the place. M.S.

Another. Take a good spoonfull of hony, as much hogs grease, mingle them and anoynt the place. Or Take a sheeps heart, burn it to powder, stamp it and temper it with sallet oyle, & anoynt the place. Or Take a spoonfull of oyl de bay, a quarter of Turpentine, as much hogs grease, mix them and anoynt the place with the iuice of spyk-nard. Or, make ashes of Sourthernwood, and mix it with the oyl of palma Christi, and oyl of Rape, and oyl olive, rub the head well therewith twice a day in the Sun, or by the fyre. Or wash your head with water, wherein the middle rinde of an elm tree is sodden. Or take green walnuts and bray them small with harts grease, or deer or swine grease, and lay it to the place. M.S.

Another. Take mice dung, with the ashes of burnt wasps and hazlenutts, and a little vinegar of roses put thereto: make an oyntment therof, and often rub the bald place therwith. MS.

Another. Take a little white wine and onely warm it, and wash the head with it: or mix the iuice of Mallows or onyons with it. Mr. Digby M.S

To destroy hayr. Make lye with pigeons dung and wash the place; or wash the place with water wherein oake leaves and the middle bark is sodden M.S.

Another. Take the white of 3 eggs, and the bigness of an egg of lyme, and a dram of orpement or arsenick, with half a pinte of lye: mingle all together, and rub the place where you would have the hayr fall oft, and it will be instantly done. M.S.
Another, Take Salt finely stamped, and mixed with fasting spittle,

being layd on a fillet, and applyed certain times, to the place
where superfluous hayr is, probatum. M.S.
The kernells within peach stones, stamped and boyled with
vinegar to an oyntment, is good to bring hair in the
disease called Alopecia. MS. Lady. Byron.
Mayden hair infused in water is good to cleanse the head
from dandruff, and bring hair againe. ibid./
Burn barly bread with salt and mix it with bores
grease, anoint what place thou wilt and hairies will
grow there. ibid.

Hair to fall. Touch the place with vinegar, and ashes of
horsleeches ibid.

To cause hair to grow. The root of a radish stampt

with hony, and the powder of a sheeps space (trotter I
think) dryed to powder. ibid./ Item mice dung & their hair
dried by the fyre & rubbd on the
place./

136 Head ache or pain./ & Megrim

Take a pound of Nutmegs, 3 or 4 kernells of peach stones; bruise
them together, then quilt them in a cloth: take 2 spoonfull of
rosewater, and 1 of vinegar warmed, well in a fayr dish,
dip the quilt in it and lay it warm to your temples. M.S.

Another. Take 2 parts virgins wax and one part Mastick, melt
them together in a sawcer, spread it on a round linnen cloth: anoynyt
it over with some oyl of Nutmegs, and lay it next to the bare head MS.

Another. Take leaven, wine vinegar and fenegreek, beaten to
powder, make 2 cakes of it, lay one to the nape of the neck,
and the other to the mould in the head. MS.
Another, take running time and fennel, mingle them together with
vinegar and oyl of roses; anoynt the forehead. MS.

Another. Take harts horn, burn it and mingle it with oyle of Roses,
rubb the forehead and temples therewith. Also take Lettice, Cammno-
mill, Rosemary, bettony of each a handfull, put them together with
vinegar and rosewater upon a chafing dish of coales, till the
vinegar and rosewater be drunk in: then lay them to the temples
twice or thrice. MS.

Another. Take vervain, bettony, and wormwood, seeth them well &
therewith wash the head; then make a plaister: take the foresayd
herbs which were sodden, and grinde them small, and temper them
with the same liquor againe: and put thereto wheat bran to keep
in the liquor; put it in a linnen cloth, and lay it to the mould of
the head, as hott as may be: do it thrice. MS.

ffor all evills in the head. Take rew and stamp it well, and put
it into vinegar, and therewith smeer the head. MS. probatum.

pain in the head. Take vervain, bettony, Wormwood, salendine,
plantain, rue, wallwort, sage, the rinde of the Elder tree, with
honey, and 5 corns of black pepper: beat them well together, &
boyl them with wine, and drink therof morning and evening. MS.

Another. Chew Mace, and hold them in your mouth that the fume may
ascend into the head; Also boyle Rosemary in white wine, and drink
it in rosewater. Or smell to spyknard. Or Take vervain with
honey, and put to it vinegar, temper them well together, and drink
it often fasting. Or wear the root of plantane about your neck.
probatum. MS.

Another: seeth betony in wine; take the broth, and put thereto Lynseed,
and cumminseed powdered, oat meal groats, and sowre bread, boyl
alltogether in the wine; being well boyled take it up and put it in a
pott; heat it in the broth, and lay it to the head. MS.
for all Manner of headache. Take rue, betony, sage, Wormwood, vervain, wallwort, alehoof, red fennell, plantane, the inward rinde of Elder, take of each of these a handful washed clean: stamp them small in a mortar, putt thereto 9 bay leaves, and put them in an earthen pott, to a pottle of red wine,

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and as much stale ale, seeth them till half be wasted; and at the beginning put in a quarter of an ounce of pepper in powder: let it seeth with the herbs: then take it and strain it. Drink therof first and last 6 spoonfulls at a time, at evening hot, and in the morning cold. use this 9 dayes. Wash your head with this following. Take rew, alehoof, bettony, vervain, mynts, wild time, red fennell, southernwood and wormwood, of each a handful: wash them clean and shred them, boyl them in an earthen pott with fayr water, wash your head with that liquor; and shave your head, and make a playster of that sayd liquor and herbs with wheat bran: and as hot as may be lay the playster on the mould of the head. use it 5 times, & remove not the playster but once in a night and a day: binde somewhat about the playster, and wear a cap over it. M.S.

Megrim or head ache. Take the weight of 4 pence of the root of pellitory of Spain , half a penny weight of Spyknard: grinde them together and boyl them in strong vinegar: and when the liquor is cold, putt thereto of honey and mustard, of each 2 ounce: mingle them well together, and let the patient take therof half a spoonfull, and hold it somewhat warm in his mouth a little while, then spitt it out againe. do this 10 or 12 times, a good while after meat, both at noon & night, 3 days together. probatum. MS.

Another. Take red sage, primrose leaves, dazy leaves, and housleek of each a like portion: distill them, and keep the water, and therwith anoynt the forehead and eyes. proved. Or take crumbs of brown bread, and powder of Cuminum, of each a handful, put thereto sheeps tallow, and temper it with vinegar, and the juice of bettony: make a playster therof and lay it hot to the head. probatum. Or Take a weathers gall, as much of Aqua Vitae, and then juice of herb grace, and ther with anoynt the temples. probatum. Or Take great Rye meal, as it comes from the mill, put to it Cuminum bruised in a Morter, Of each a like quantity: fry them in May butter; spread it on a linnen cloth, and lay it to the forehead: use it so 3 nights probatum. Or seeth a little quantity of Alloes and Mastick in white wine, and drink it. M.S.
Head ache. Take spirit of rosemary, and putt a drip or 2 in the posset ale, white wine, or any liquid substance, & drink it. probatum. MS.

Head ache, and to cause sleep. Take a spoonfull of oyle of roses, and as much wine vinegar, beat it well together, and heat it over a chanfingdish of coales; anoynt the temples. MS.

Head ache. Take ground Ivy and stamp it, take the juice in a spoon, snuff it up in your nostrills: this purges the head mightily and takes away the greatest pain that is. probatum. MS.

Another for any head grief. Take bay salt and stamp it by it self, as much cummin seed, and stamp it, as much brown fennell, then stamp and beat them alitogther, and mix them with pure vinegar, and a little rosewater: stirr them alitogther in a dish over a chafingdish of coales: then lay some of the same hott, 138 upon a cloth and apply it to the hinder part of the head at night and tye it fast, that it fall not off: do this for 9 nights together, & it will not onely help (perhaps with in 3 or 4 times doing,) but also it will cleer the sight, and draw the Rheumes clear away that fall out of the head into the eyes, and dry the same. probatum. M.S.

Head ache, Megrim, and swimming in the head. Take alloes Epactum 4 drams, bryony, Mastick, myrre, assarabacca, and scamony, of each a dram: make them into powder, and mix them with the juice of fennell, and a little clarified honey to preserve them: take a dram therof early in the morning, and fast 3 or 4 howers after. This given 9 dayes together helps marvelously. This is excellent for all manner of headache, though never so old rooted: they purge all humors, and bring gladness: it is good for the eye sight and preserves the minde, hindering gray haires: it helps swimming of the head & Megrim, and heals the sounding of the eares. (but to weak persons give the lesser quantity. Make it into 5 or 6 little pills, and swallow them one after another at one time. probatum. MS.

Pain in the head. Doves dung and wheat flower, mixed with the white of an egg has helped many. MS.

Head to purge. Chew the root of pellitory of Spain in your mouth, but break it not, 3 dayes together: this putts away ache, fastens the
teeth and purges the head. MS.

Head swimming, hart faynting, windy stomack. Take a Nutmeg, as much cinamon, 2 spoonfull of Caraway seed: beat them all to powder, and mix therewith twice as much sugar candy: when the fitt comes eat alittle. little. Dr Martin. M.S.

ffumes ascending to the head. Take of poppy Water 3 ounces, syrup of Violets one ounce, a few drops of oyle of Vitriol, to make it tart. take one half of this quantity going to bed. Dr Anthony. M.S.

Extenuunt humores crassos et putridos in capite Syrupus de Betonic, Syrupus de Stychade, Syrupus de Hysopo. MS. Lady. Byron.

Ad purgand. caput. Rx. pill de Coch. et de Hiera cum Agarico. ana ᵊ i. de alloes scruple ᵊ i s. sumantur una a vice 7 pillulæ in aurora. Sherbrook. MS. Lady. Byron.

ffor all head Aches. Rx. smallage and pound it, then take the White of an egg and beat it well to oyl, takeing the rest clean away. then putt your said oyl to your smallage: make a plaister therof, and binde it to Your forhead and temples, and the Nape of the Neck. - or else, Rx. Wallnut leaves, seeth them in water till they be soft, and as hott as the patient can suffer them, binde them to the head.

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it is very good. D.................. MS. Lady. Byron.

.................................

A water to break the Rheume in the head, and to expell the pesse (pose). Rx. a red onyon, break it small and seeth it in a little veriuice, then put thereto a little Clarified hony, and when they have well boyld together, put thereto a spoon-full of green mustard, and afterward let it boyl long all together: then lay the patient upright, and putt a little of the said water into his nose: then let him stand upright and he shall sneeze: use this 3 dayes continuing twice a day. M.S. L. Byron./

Head ache proceeding from a cold cause. Make a posset of
milk, take of the Curd clear: then seeth the posset ale with 3 or 4 leaves of Carduus benedictus: and when you feel your head begin to ache drink it. ibid.


ana Ṣ ii. pill. Mastick, Ṣ i. cum syrupe de strechade fiant pillulae numero 7. inauratae. sumantur in aurora cumvigilia. Abstineat a cibo per 3 vel 4 horas: then drink some broth, and an hower or 2 after, eat. If these pills work not very well, Rx Ṣ ii of syrup of Roses solutive, an hower before your supper the same day, in a draught of beer a little warmed, and it will casue them to work exceeding well. - Or you may at other times when you take no physick take 2 ounces of Roses solutive an hower before your supper, and it will work very well. And if you are troubled with deafness, after these pills have wrought, you may usually every night take a little oyle of bitter almonds, and drop 2 or 3 drops into the one ear and ly on the other side till you have slept, and stop that ear. - If that help not, take the oyle or dopping of a sylver eel, and use it so. - If both these fayl, take an onyon &c. as in the Cure of the Eares deafness you may finde a receipt, towards the latter end of that Title. Dr Barrow. MS Lady Byron.

To cool the head, Rx oxyrodanum (made of vinegar & red rose water) womans milk, and red rose water and housleek: and with these or any 2 of them rub your head when you go to bed or at other times. or oyl of Roses with any of the other. Id. ibid.

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procure your self to sneeze twice in a week, without omitting it, before you be ready, with this following powder, it will help the teeth, purge the head and expell dullness. The powder is this. Tobacco 12d weight, cloves 4d mixd together in fine powder: then put to them 2 grains of musk. rubb them together in a mortar. MS. Lady Byron

A gargarisme good for head and stomach. Rx a fennel root and a handfull of Hysop, boyl them in a pint and half of water, till half a pint be consumed; then strain it from
the herbs and put to it as much honey as will make it
very sweet, boyling it and stirring it very well after.
Keep it in a glass, and you will use it take 2 spoonfulls
of it and one of wine vinegar: warm them together,
and then put to a spoonfull of Mustard. ibid./
There is drawn out of the kernells of peaches with penny-
royall water a juice like milk good for the Apoplexy,
if it be often held in the mouth it drawes forth water,
and recovers the speech. ibid./

Head ache. Drink the juice of Betony, and apply the
dross to the temples: It is likewise good to draw
out broken bones and heal the wound. ibid./
Item Cowslip water cures it. ibid. if it come of heat.
Megrim. Tost the neither crust of a brown loaf and
soke it in vinegar till it be soft: then heat it
again and apply it to the temples as hot as may be. Ibid.

Megrim. Anoynt a Rye tost with Aqua vitæ, and

cast powder of Cummin on it and apply it. ibid.
put a piece of a bruised onion into the nose, against
the dizzyness of the head & brain. and for the
Lethargy, put the juice of an onion into the no-
strills. ibid.

Head pain and giddyness. Apply a garland of penny-
royall about the head. ibid./
Pills of Cocha are good to purge the head, takeing one
dose of them: but sleep not after takeing them: they
will not purge much inwardly. ibid./

A very good strengthening for the head. Rx

Green Walnut Kernells

90 in number, well peeled: dry them that they may beat small.
take 2 quarts of mayden hony of yong bees: 2 quarts of
Malmsy; put the Kernells, into it: let it steep well together.
then stirr into it raisins of the sun; mace, cloves ana ᵃ⁄₃ i
well beaten to powder. Let it be cold. Keep it in glazed potts:
take of it 2 dayes in the week morning and evening, as much
as a wallnutt. It strengthen the brain & memory & causes sleep.
/ibid./
Head Scald, and Scurf./ or forehead.

Take dock roots, and rost them in hot embers, wrapped in their own leaves, being rosted, stamp and mingle them with hogs grease; anoynt the head. Or Take a rope of garlik and burn it: mix the ashes therof well with hony, and anoynt the head. Or anoynt the forehead 9 dayes with lamp oyl, and shave the head, and it will be whole. MS.

Another. Take the leaves of an oke, and the middle rinde of it, seeth them in water and wash the head. probatum. MS.

Another. Take fresh butter out of the Churn, and green wormwood bruised, boyle it to anoyntment. M.S.

A scald. May butter fryed black is good. Mrs Beaumont.

Another. water Cresses and May butter fryed to an oyntment. M.S.

Another. Take a candle and let it drop on it as hott as you can; in so doing it will scale off; then take the stale of a Cow, and furring of Chamber potts, boyl these together, and wash the place, it will speedily cure it.

A dry scald. Take 4 heads of Garlik, stamp them, then take half a pound of greace and putt it thereto. Putt them both together in a frying pan, and when they are well fryed strain it, and make an ointment and anoynt the head. Baltasar. MS. Lady. Byron.

To make hair grow. Rx water of red mother wort and wash the place. MS. Lady. Byron.

Head scald. Stamp garlick and honey. ibid
Another. put brimstone and may butter to sallet oyl and use it. ibid.

Another. Mix tarr, with salt, soot and sallet oyl, of each a like quantity: anoynt it dayly. It brings also plenty of hair. ibid.

Item. Shave of the hair, and wash the head with vinegar and wood ashes. ibid.

Item. Take Mullet leaves, shred them small, boyle them in barrowes grease, cut of the hayr close; anoynt with it, and cover the head all over with mullet leaves. ibid./

The Decoction of the leaves of a fig tree is excellent to wash sore heads with: nor is there scare a better remedy for the leprosy than it. it clears the face also of Morphew, and the body of a White scurf. Culpepper .

The leaves of the bramble or black berry bush boyled in Lye, and the head washt with it, heals the Itch and running sores, and makes the hair black. Idem./

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142. Heart Distempers v. Cordialls, poysons./

Heart weakness . Take half a pinte of Rosewater, ha;f a spoonfull of pearl beaten to powder: as much sugar as will make it pleasant, putt this together in a glass, and drink of it 2 or 3 times. M.S.

Heart faynting or swouning. Take rosemary, sage, Bettony, and Mar joram, of each a handfull, and seeth them in a gallon or more, of fayer water, till half be consumed: then take forth the herbs and putt to the sayd water a good pynte of honey, then skym it well, then put thereto an ounce of sticados, tyed in a fayr linnen cloth, & let it seeth a little while then take it forth of the water, and put to the water an ounce of Cinamon, 3 quarters of an ounce of Nutmegs, and as much ginger in powder: drink a good draught of this every day first and last, for 6 or 7 dayes, M.S. probatum.
Heart passion. Take 2 ounces of the juice of bugloss, cleansed or clarified at the fyre: white sugar candy 2 drams, mix them, and drink it going to bed, for 10 nights together. M.S.

A Linniment to strengthen the heart, help melancholy windes and fumes, and windyness and crudity of the stomach. Take oyl of orenge flowers, sweet capons grease not salted, of each half an ounce: oyl of cloves, nutmegs and Cinamon, of each 12 drops, of ambergreece 6 grains: mingle them together, and anoynynt the heart and stomach therewith. probatum. MS.

Heart griefs: Seeth bayes in white wine & drink it. MS.

Lady Byron

ffor the hott griefs of the heart, breast, stomach or sides, and to cause appetite: seeth 2 parts of the juice of ffennel with 3 parts of hony, to the thickness of hony: putt pepper to it, and eat 3 spoon-fulls every day. ibid.

Heart burning. Chew crops of fennel, suck down the juice, and spitt out the rest. ibid./

ffor heart Griefs, use Borage flowers, leaves or roots any way: use the flowers in broths to refresh the body./ ibid./

Heart stitch. Each potage made with bugloss, butter and water, morning and evening warme. ibid.

Heart Trembling, Rx. Conserve of the flowers of Marygolds fasting: it also resists the plague and evill ayre. ibid./

Betony water is good against the heart burning, and against poysnon and pestilential diseases. ibid./

pain at the heart. Take marrow, press out the juice of it, and take of it in the Nose. ibid.

panting and passion of the heart, giddyness of the brain,
and for members ................................ subject to the
palsy. Rx the ................................ flowers of Lav-
vender, I mean the blew part pickd from the husk, mix
it with Cinnamon nutmeg and cloves, make it into powder
and drink it in the distilled water therof. ibid.
White Rose water being drunk twice or thrice a day, an ounce
at a time, helps the fatness of the heart & conforteth it ibid.

Heart burning. Take a bitt of chalk as big as a
pea, & swallow it down. ibid./

Heart beating. Eat fennel leaves in a morning. ibid./

A water for the passion of the heart, to procure
sleep & to fetch one out of a swound.

Rx: 4 pound of Cherries stoned: 3 pints of Claret
wine, a handful of Rosemary: 2 handful of balm,
2 ounces of Cinnamon 2 nutmegs: put all these together
& let them stand in pot all night: then distil them
with a soft fire. Boyl some sugar with musk, &
take of this water sweetend with this sugar, & putt
in some syrup of clove gilly flowers. ibid./

Heart burning. Eat a little rosemary, it cures immediately

for Trembling of the heart and sudden passions of the
minde, swoundings & such like 14. spirit of sack 1

Pinte. put to it 3 ii of S. Johns Wort. Lavender 3 i.
Rose leaves 3 ii: boyl this in a close decoction, then di-
still it in the strongest Balneo. Then put to that wa-
ter Albotho horn 1 dram: bone of a stags heart a
dram, white amber half a dram, corall, pear, ana
3 drams: unicorns horn half a scruple: of civet
& musk, of each as much: boyl this in a close de-
cocction & distill it twice from the feces. The dose
half a spoonfull. It is most excellent, & cures
absolutely. Old MS.
An Excellent water for passions of the heart, for
the spleen & mother / Rx. a gallon of Oaten malt

finely ground; putt to it a quart of sack, a quart
of Carduus water: let them infuse a day or 2.
Then putt to it a gallon of distilled milk; then
distill from this one quart: into which you may
putt galingale 2 drams, pimpernell seeds 1 dram

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harts horn 2 drams, Albatho's horn a dram: perl &
corall, ana half ℥ Mithridate half an Ounce: boyl
them in a close ded Coction, then distill in the strongest
balneo. The dose 1 spoonfull. old. MS./

A Deconction of Avens, ie Clovewort or herb Ben

net being drunk comforts the heart & strengthens
the stomach, and a cold brain, and therefore is
good in the spring. Culpeper / Balme the herb
steepd in wine, or the decoction drunk is a noble
comforter & clearer of the heart. Idem. The flowrs
of White Archangel or dead Nettles, preserved or
conserved are good against Melancholy, chear the
heart and quicken the spirits. Idem. Two or 3
of the Stalks of Burnet with the leaves, putt
into a cup of wine especially Claret quicken the
spirits, refresh and clear the heart, drive away Me
lancholy; is a speciall remedy to preserve the heart
from noysom vapours and infection of the Pestil-
ence, the juice therof being taken in some
drink, and the party laid to sweat. Culpeper .
Gentian is a great preserver of the heart from
fainting and swouning. Germander is excellent
against pensiveness and Melancholy. The Spi-
rit of the flower of Conval lillies distilled in
wine is a great comforter of the heart & Vitall
Spirits. A plaister made of the dried flowers
of Marigolds in powder, with hogs grease Turpentine
and rosin, applied to the brest comforts the heart
in all feavers tho Pestentiall./

Hickup to cure.

Gargle vinegar, it will presently cure it. MS.
Nutmegs cure the Hickup, however taken. MS. L. Byr on./
Another. Stamp wormwood sage and rue: seeth them with vinegar and May butter; apply a plaister therof to the brest for 24 howers. In stead of May butter you may use fresh butter. ibid: Dill stoppeth the Hiccough being boyld in wine, and being but smelt to, tyed in a cloth Item fennel leaves or seed boyld in water doth the same. - Distilled water of hartstong is good for the same. - Mints do the same.

Culpeper. /

Horse distempers

For sore heeles

Take half a pound of rosen, half a pound of bees wax, & half a pound of swines grease,

Grease molten in a horse.

Take salt & Chamberlye, & give the horse to drink, ride him on it till he be only warm, when you Come in, set him vp very warm, probatum Antimony beaten to powder, & given a horse in his Corn, about a thimble full at a time, is good for sore heeles, & other inward Distempers

A purge for a Horse.

An Ounce of Alloes, 1d of Iallop, 1d of Cream of tartar, mak it vp into 2 balls, with wheat flower, & give it him in the morning fasting, then give him a pint of warm ale after it & Keep him warm all day sometimes we give 2d of Ialop & Cream of Tartar to Cure warbles

A Peny worth of Oyle of Turpintine, & ^d of brandy & mix them together, &
Drop it vpon the warble when she Comes

hot in & it will Cure.

ffor a slip in the sholder

Take some blood in the plate vein & 2d of oyle of Turpentine, & 2d of brandy, & Tye his fore Leggs together & Rub it in with your hand & heat it with a Hot fire shovell

john Cotton

To Cure a Horse of Sore heels

Take 2d of Wares Acre, a hapenny worth of of Tarr, a quart1 of a pound of Swines grease, Clip of the hair of the horses heel & wash it little with old netting or salt & water, when they are dry, Lay on the salt,

To Cure a Horse of Sore heels.

Horses distempers. v. horse cough, and Glanders. Grease./ 145

Horse to fatten. Give him at meals, 2 handfull of wheat steeped 24 howrs in mans water, with a little cummin seed and fennel seed. MS.

Horse foundered. Take a pinte of Tarr and a pinte of Trayn oyle,

half a pound of hard tallow, 3 pennyworth of Turpentine; boyl it well to'gether, and stop his feet with it once in 3 dayes. M.S.

Horse hoof to make tough. Take turpentine, barrows grease, May butter,
or fresh butter, bees wax, sheeps suet, hony, Tarr; make a cake therof being tryed; so take of it being melted, and anoynt the horse hoofs; also now and then stop the horses forefeet with Turpentine and barrows grease in Summer, and turpentine and Tar in winter, this will hinder all danger in travell. probatum. M.S.
Pains in horse leggs. Take Sallet oyle and the whites of 2 eggs, beat them together till they be well mingled; then let the horse legs be clean pickt with your nayles, then dress them with this oyntment till they be whole; it kills the pains for ever. M.S.

Another. Take a pound of red lead, a quart of good Sallet oyle, mingle them both well together and anoynt the legs. M.S.

Another. Take 2 pound of black sope, half a pound of hogs grease, boyl them together a quarter of an hower, continually stirring them for fear of burning; then take a quart of the strongest white wine vinegar, half a pound of red lead, and as much toad spaire as you can hold in both your hands; boyl these 3 together and keep them with stirring, till the vinegar be consumed; then strain it with your hands, and mingle them with the black sope and hogs grease, boyl them together a pretty while, put it in a close earthen pot for your use. M.S.

Scratches or paines in horse leggs or heels. Take Inner rinde of Elder, bramble leaves and sage leaves, of each a good hand full: chop them small, and boyl them in spring water a pretty while; then putt in a quarter of a pound of roch allum, small beaten: when the water is allmost consumed, thicken it with wheat meale. M.S. lay it to horse heels playster wise.

ffor a horse that is sinew strained by an over reach. Take a quart of strong ale, and put in a handfull of Camomill flowers, boyl it till it grow something thick, then put in some spatch grease, and lay it on in manner of a charge; let it ly on till it come off of it self: keep him dry in the house, and if this do not, lay on another. M.S.

Another. Take bole armoniack made into fine powder, the quantity of a wallnutt, of common soap the quantity of an egg, a spoon full of whitewine Vinegar, the whites of 3 eggs, beat all these together, till they come to an oyntment, then clipp or shave
off the hayr as close as may be: then rub it well in with your hand at least a quarter of an hower; then spread some on a cloth, & (146 sow it about the place grieved: dress it againe once in 24 howers, or sooner, if you find the plaister dry, as oft as you see cause. M.S.

Strain in any place. Take a pinte of Neats food oyl, 2 ounces of oyl of spike, 2 ounces of oyl of bayes: beat them all together, and rubb it well in with a hot iron. MS.

Gaulled horse back. Take water and red bead, and mingle them well together, spread it in a piece of leather or cloth; apply it to the back; chambering your saddle well, that it touch not. MS. Gauld horse back, mix ashes of burned barly, with burnt roch allom, use it: and also for fistulas, and to eat out dead flesh but as it heals put in more barly and less allom. MS. Lady Byron /

If a horse be sick, and it is not known wherof, put a portion of fearn root under his tong, and he will by and by cast out his excrements both ways, and so rise and do well. ibid.

An excellent Receipt for Horse or man. 2d in stone pitch. The quantity of an Egg in Rosin. 6d in Mastick. 4d in ffrench flies. 4d in Venice Turpentine. Mix all these together, except the Turpentine, and when they are boyled over the fyre, put in the Turpentine: but be carefull it run not over. Apply it as hott as you can to the sinews, and lay flax over it, and let the horse stirr as little as may be for 24 howers after. Mr Burroughs of Watnall ./

The glanders in a horse, or an old cold. Rx a pinte of Sallad oyl, as much white wine vinegar, a pint of hony; 2 pennyworth of burnt allom, beat to powder, as much ginger & cinamon, & 3 penny worth of Treacle. MS. Lady Byron ./

ffor a Galled back. Rx. a pottle of Verijuice
2 penny worth of green Copperas, boyl it
to a pinte and a half, wash the hole with it,
and fill it with red lead: let it remain
3 dayes untouched, then wash it with the
same & fill it again with red lead. This
will heal it, though galled to the bone./
for black or yellow jaundies. Take a pennyworth of Safron, a
pretty quantity of Ivory; make them into powder, which being
done, divide them into 9 equal parts; take as much ale as will
serve for a little draught; then heat a gad of steel red hot,
and quench it in the drink to heat the same; which done, put in
one parcel of your safron and Ivory, drink it in the morning
fasting; so continue every morning, till the rest lasts: this will
without doubt help: if some powder of earth worms and wood
lice be used, it will be better. M.S.

Yellow jaundies. Take a burr root, the greater the better, scrape
it clean, then take a pot of new ale, put your root therin, and
it will boil; let it be therin a day and a night well stopped:
drink a good draught 2 or 3 times: it will cure. M.S.

Jaundies yellow or black. Take a pint of strong beer and a good
handful of red worms, wash them clean from the earth, stamp &
strain them; take a penny worth of safron, a penny worth of Tur-
merick, put them all in the drink, and stir them well together,
drink of it every morning for a week together, or longer if need
be. Strain the safron before you put it to the other things. M.S. probatum.

yellow jaundies. Take a handful of broom and bruise it, steep it
in beer, and the 3d part of a pennyworth of Safron: drink of it
3 mornings together. M.S.

Black jaundies. Take a live tench, cut it through the middle, lay
one part at the heart, the other part at the back, just against
the heart. M.S

Another. Take shell snayles and dry them in an oven, so that you
may make them into powder: taking a spoonful thereof in ale, in
a morning fasting, 9 or 10 days together. probatum. M.S.

Another. Take earth worms and slice them and cleanse them from
the earthy matter. (6 at least) then cut them in pieces, and
make therof with oat meal and water, a good Mess of pottage,  
eat this quantity 12 dayes together, it perfectly cures. Or else  
a spoonfull of the powder of them, taken every day in a draught of  
any drink doth the same. probatum. MS.

Another. Take a gallon of ale, a pinte of honey, 2 handfull of  
red nettles, 1 pennyworth or 2 of safron, boil it in the ale,  
the ale being first scummed: then putt the hony and Nettles  
therin, boil them all together, and strain it well; drink a good  
draught therof every morning for 14 dayes, M.S.

Yellow jaundies. Take half a handfull of the inner rinde of a  
barberry tree, half a handfull of Selandine, half a handfull  
of featherfew, a pretty quantity of Safron, stamp them all toge-  
ther, and lay them to steep in a quart of ale all night: drink up  
this quart in 3 or 4 mornings, and if you think you shall cast  
it up again, dip a cloth in vinegar and hold it under the throat,  
and if that will not do, wrap it round about the throat, MS.

Another. Take garden worms and slitt them, wipe them clean, &  
dry them, and beat them to powder: then take of Turmerick  
and of Safron, of each a dram, and 2 drams of Rubarb, minge  
all these together, and take as many as will ly upon a 6  
pence, put it in a beer or any other drink, and drink it mor-  
ning and evening. MS.

Another. Take a little safron and bruise it a little, put it in  
a linnen cloth, and tye it to the navel. Or 2 spoonfull  
of the juice of Smallege, with 4 or 5 spoonfull of white  
wine: drink it warme. MS.

Yellow Jaundies. Rx. a penny worth of old ale, and  
a good quantity of the Inner bark of goosgrape.

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  tree, and 9 corns of Saffron cutt small with a knife 149  
putt all these into the ale: then take a gad of steel, make  
it red hott, and putt it into it. Then strain all through  
a linnen cloth, and take it first and last. M.S. Lady Byron
It may be given to a woman neer her account./
Iaundies. The dung of geese dried, one dram of it drunk in white wine 9 mornings together:/ or Rx. a pinte of water in a new pipkin, and 3 large spoonfulls of harts horn putt to it: sett it on small embers, that it may sim per but not boyl, till half be wasted: cover it close, and when it is almost ready, then take 4 or 5 spoonfulls of Rose Water and putt to it, take it up and let it run through a clean cloth: then season it with sugar and drink it. ibid.

A broth for the yellow Iaundies, to open the Liver, and for the Morphew . Rx. a very fair pott, with 3 quarts of fair water, sett it over the fyre; then take a chicken, let it seeth in the pott, skim it very fair: then take Endive i. Succory iss. Egrimony ss. Mayden hair ss. Scabius ss. Liverwort a good quantity. 3 fennel roots, 3 parsly roots, 2 yellow dock roots, all these must be well washed, scra ped, and the pith taken out. Then take prunes ii. as many great raisins of the sun, as many currans, some whole mace; the fruits must be washd clean and putt into the pott with the flesh: let them seeth a good while, then putt to them the bottoome of a manchett; let them seeth, till the broth begin to change of a reddish Colour, and be not in quantity above 1 quart. Then strain the broth through a fair strainer. Take it 14 or 15 dayes together, then discontinue for a forthnight; afterward, if there be cause renew the takeing of it againe: ibid. /

Yellow jaundies. Seeth as much of barbery bark as a wallnutt in a pinte of water, binde it in a cloth: drink a good draught morning and evening, and up it in your drink: ibid.

Another. wash the roots of the reddest docks, putt them into a vessell of good ale; when it is stale drink therof dayly. ibid.

Black jaundies. Make powder of a pomegranate, large mace, long pepper and sugar: drink it with posset
ale, malmsey, or other broth sodden together. probatum. ibid.

Iaundies. Drink the broth of mints sodden with an old cock, with Cinamon and mace. ibid. 150

Iaundies. Seeth Rosemary in clarified ale and strein it, and putt in yellow turmeric, safron & sugar: drink therof morning and evening./ ibid.

When the tong is hott and bitter in the jaundies: lay sage in cold water 3 howers, and stroke thy tong there-with. ibid

ffor the black jaundies, or Dropsy, or Stopping of Urine, or the store. . Rx. powder of Earthwormes, and half as much red saunders; mingle these with castle sope & make them up in pills. Give 5 little pills at a time in the morning fasting, and as many in the afternoon. They purge by urin and strengthen the Liver;

If you take them for the jaundies make some thinn broth with fennell roots, parsly roots and store of sorrell roots, and drink one good draught an hower after. If it be for the stone, take a good draught of cleer white wine or posset ale. Stor the dropsy the like. You may continue the takeing fo these pills as long as you see cause. probatum . ibid./

ffor the Iaundies both black and yellow, and for the Collick & stone. . Rx. a peck of snayles in their shells, wash them in a great bowl of strong beer or ale; make your hearth very clean and powre vpon it half a bushell of Charcoal, sett them on fyre, and when ty are well kindled make a great hole in the midst: and when the drink is well drained from them, power in the snayles, shells & all. Scatter some of the live coales among them; and so let them wash as long as you hear them make any noyse: then take them out, and with a knife and a course cloth pick and wipe them clean from all their green froth: then bruise them in a stone morter, shells and all, Rx also a quart of great Earth wormes: Slitt and scowre them with salt twice over; then wash them and beat them in a stone mortar: then you must make your pott very clean, upon which you must sett your Limbeck or Still: then take 2 handfulls of Angelico, and lay it in the bottom of the pott, and 2 handfulls of Celandine and lay it upon yt, , Then putt in 2 quarts of Rosemary flowers, bears foot (I think it is, or hares foot), egrimony, red duck roots, the bark of barbery tree, wood sorrell & bettony, of each two handfulls. (--- -- heer is something wanting) ----. Then lay your snayls on the top of all; then power 5 gallons of strong ale on them; cover your pott and let it stand a night at least in the place where you mean to putt fyre under it: & in the morning you must putt 3 ounces of cloves beaten to powder, & safron in powder the weight of 9 pence: and of very good harts horn ras-
ped 6 ounces. You must not stirr it after you have put in the harts horn, for fear it go to the bottom: then set it on your Limbeck, into 6 pinte glasses, which is as much as will be good. the first is strongest. vide V. fol. leuent. sequent.

Harts horn

Ielly, to make.

Take 4 ounces of shaved hartshorn, putt it into a pottle of running water: let it ly and steep all night: then powr that water clear from it: and put in a pottle or 5 pintes of clear water more: set it on a small fyre, that it may stand and boyl softly. (keep it clean scummed till it will jelly, which you may try by dropping a drop on a dish) then strain it out, and sweeten it with fine sugar, and putt into it a spoonfull of red or Damask rose water, which you like best. and if you will have spice in it, you may putt in what spice you will: you may also cast in 2 or 3 peeces of gold as it boyleth, and rosemary flowers, and Cowsplo flowers. Take 2 spoonfulls of it in the morning fasting, as much at noon, and as much at going to bed. M.S.

Impostume.

Impostume, in head or ear. Take the tops of Time, penny royall and rosemary, a pretty quantity: boyle these very well in a pinte of new milk, then putt it boyling from the fyre in a pottinger: set a tunnel over it to keep in the steam; put the nose of the tunnel into the hole of the ear, to take the steam up into the head: then putt a little oyl of bitter almonds into the ear pained: stop it with black wool, and keep and keep the head very warm; you may heat it 2 or 3 times in doing, and when the milk is cold it will serve 2 or 3 dayes. M.S.

Another. Take of rose mary, cammomil and pennyroyall of each a handfull, boil them in milk, when they are boyled take a tunnel, and cover the decoction: put it as neer the hole of the ear as may be endured, and take the steam into the head. M.S.
Impostume to break. Take a lilly root and an onyon, boyl them in clean water, till they be soft and very tender; then stamp them and fry them in swines grease: lay it to the sore as hot as may be. MS.

Impostume to ripen. Take wormwood and mallows, of each a good handfull, stamp them and mingle them with a quarter of a pound of swines grease, fry them, and put to the a good quantity of wheat bran, a little wine, 3 ounces of hony, boyl them till they be thick and lay them hot to the sore. M.S.

Impostume to break and heal. Take of yolks of eggs 2 ounces, white salt finely ground 1 ounce, hens dung that is liquid and red like hony 1 ounce: mix all these together without sh—fyre, lay it on morning and evening a little warm; it will soon draw out the Impostume & heal it after it has broke it, without any other help. keep this as a secret. probatum M.S.

Impostume in the stomach. Take barly, dryed beanes, and liquorice cutt in pieces; of each a like quantity: seeth them altogether in fair water, and every morning fasting drink a good draught of it with some sugar, and also at night when you go to bed: do this 5 or 6 dayes together or more, and it will destroy any impostume. MS.

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Imposthume in the head to break . Take a red onyon, cutt it small, and boyl it in a little vineagar a good while, and put therto a little hony: being well sodden, put to it a spoonfull of Mustard, and let it seeth againe well: then lett it cool a little; let the party ly upright, and so putt a little into his nose: then let him stand up; use it so twice a day, for 2 or 3 dayes. MS.

Imposthume in the throat . Rx. juices of strawberries & of plantane water, of each ʒ viii. of Rosed hony
The reminder of the Receipt

153. *Vide folium* precedens. for the yellow and black iaundies, Collick and stone./

This must be given in the morning fasting, and not eat aft
2 howers nor sleep. It must be taken 3 spoonfulls of water
in spoonfulls of 6 shilling beer: if the party be weak, they
may take twice aday: and be sure to use exercise, especially
of the armes. MS. *Lady Byron* This water is to be found more
at large among the waters in this Book:/
Impostumes or Apostumes ./

Water Agrimony, alias Waterhemp, bastard hemp, Eupatorium or Hepatorium, breaks Impostumes taken inwardly. Misselto, both the leaves & berries heat and dry are of subtil parts: the birdlime doth mollify hard knotts, humours, and Impostumes, ripeneth and diseasseth them. The fresh wood of any Misselto bruised, and the juice drawn forth and dropped into Impostumated ears, helps them within a few dayes. The juice of pellitory of the Wall, or the distilled Water asswages hott & swelling Impostumes, burnings and scaldings by fyre or water, all hot humours and Inflammations, being bathed often with wett cloaths dipt therin. Ragwort, alias S. Iames Wort, Stagger wort Stammer Wort, and Seggrum. The decoction of the herb is excellent to wash the Mouth or throat that have ulcers or sores: and for swellings, hardness & Impostumations it throughly cleanses & heals them. Rye is more digesting than Wheat, the bread and leaven ripen and break impostumes, boyls and other swellings. The leaves of sage and nettles bruised together and laid on the Impostume that rises behinde the ears doth asswage it much. Sanicle is excellent to heal all green wounds speedily, any ulcers, impostumes or bleedings inwardly: it wonder fully helps any humours in any part of the body, respecting and dissipateing the humour, if the decoction or juice therof be taken, or the powder in drink and the juice used outwardly. Culpeper s. English Physitian.  

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154. Ink to make.

Take a pottle of strong beer wort, galls 4 ounces, Gum arabick 2 ounce. green coperas 1 ounce: break the galls in pieces, and the gum, mingle them together, let it stand 3 or 4 dayes in an earthen pitcher, then boyl it an howr or 2. MS.

Another. Take 6 ounce of galls, gumm 2 ounce, coperas 4 ounce, bruise the galls & putt them in a quart of Claret wine, or rain water with the gum and coperas: set it in the sun and stir it every day. MS. probatum.
The Lady Harringtons way, most excellent. Take galls 6 counces, bruise them a little, then put them into a pottle of strong ale wort, let them soak 3 weeks: then strain it clean from the galls, put to it coperas 6 ounces, Gum* 4 ounces. It will be ink in 2 howers. MS.

Another. Take a pottle of strong beer (or March beer) of the clearest, and rather then not clear let it be the smaller. galls of the greenest 6 ounces, bruise them into great pieces as can go into the glass, so lett it stand a fortnight in the hottest summers Sun, stirr it 4 or 5 times a day, then strain it, but let no grumbbs go through; then your glass being washed fayr, putt it into it againe, and then putt into it 4 ounces and a half of the greenest coperas, let it stand 2 dayes, and then putt in 2 ounces of gum Arabik, of the clearest; let them stand another fortnight without stirring, then use it. MS. Mr Willugbby.

Red Ink. Take gum Arabick with Vermilleon, grinde them together, and putt water to it. MS.

Black Ink. Heathcot of Derby 's way. Take 5 ounces of bruised galls, steep them 20 dayes in a quart of sack. (old March beer or rain water) then filter them through a flannel bag, which will be 2 or 3 dayes in draining: then put 2 ounce of copperas, and 2 ounce of gum Arabik to it; when they are dissolved force (or searce) all through another flannel, and put it into glass bottles to stand in the Sun for a Month or 6 weeks.

Another way. Galls 4 pennyworth crusht in a mortar, coperas 1 pennyworth: gum Arabick 2 pennyworth: pomegranate rindes 2 pennyworth or more; onely bruise them: 3 quarts of new wort, or old stale strong drink: put into your wort, first the coperas, & 24 howres after the galls and gum Arabik; and 24 howers after, the pomegranate rindes: let it stand a week in the sun, it will be excellent: better in a bottle then an open flat vessel. Mr Wrest
Another way. Galls - coperas 2 ounces, infused in stale beer (ale is better) 2 quarts: then boil it to the consumption of a pint at least: being luke warm, add 2 ounces of the clearest gum, cherry or Arabick: lastly pomegranate Rind 1 ounce grossly powderd: and 8 drops of Aqua vitæ to keep it from freezing. TW

Another way to make Ink. Take 5 quarts of White wine, strong wort, or rain water; 12 ounces of galls grossly beaten; Gum Arabick smally beaten, 8 ounces of Copperas; all these you may put in the liquor, stirring it thrice a day. But your best way will be to put it in a small clean bag of linnen made for the purpose: stirring it as often as before prescribed: and then you shall not need to strain it, for it is a foule work. But if you will strain it after 7 daies, your Ink will be exquisite. At which 7 daies end you may bottle it for your use: it need never be sod, or come neer the fyre. Mr Wrest.

Red Ink. Take a pint of wine vinegar, or common vinegar, seeth it, and put in an ounce of brasil: when it hath sod half a quarter of an hower take it off, strain it, and clear your vessel: sett it on to seeth a 2d time, leaving out the brasil: when it begins to simper, put in half an ounce of roch allum, finely beaten, then glass it for your use. If you put in the quantity of an halfe nutt of Gum, it will fasten it better and give a lustre. Mr Wrest.

Black ink. Take as many galls as will fill half a pint, cutt them in peece and put them into an Earthen pott: into which put a quart of beer, not too strong nor too small: let it stand 10 howres and strain it from the galls: put to it 2 ounces of vitriol, and a 3d part to the Vitriol, of gum Arabick: sett your vessel on a moderate fyre to warme, not permitting it to seeth.
Another way. Take 5 quarts of rain water, and one quart of vinegar: or 6 quarts of stale strong beer, in either infuse a pound of galls, a quarter of a pound of roch allum, half a pound of coperas, half a pound of Gumm Arabick: pound the galls to powder, putt them together in a barrell, and sometimes sett them in the sun: and be often stirring them. Lavender water a drop or 2 keeps ink from moulding. Item a little Bay Salt./

To make Ink: Rx hard sugar 2 ounces: green coperas 2 ounces, gauls 4 ounces, gum 4 beat the galls and put alltogether into a bottle with a quart of rain water. Let it stand 6 weeks before you use it. MS. Lady Byron

To make green Ink. Rx. Verdigreese, Litharge

Quicksylver, of each a sufficient quantity, grinde and mingle them Urine; it will be a glorious green like an Emerald to write or paint with. - or thus Grind juice of Rue and Verdegreese with a little Safron together. When you would write with it, mix it with gumm Water - Or thus. Dissolve. Verdigreese in Vinegar, Strain it, then grinde it with Common Water and a little hony: dry it, then grinde it again with gumm water and it is done. Salmon.

Blew Ink. Grinde blew with hony, then Temper it with glare of eggs, or gum water made of Isinglass. Idem. To take out blotts, or make black letters. Vanish in paper or parchment It may be done with Allum water, or Aquafortis
mingled with Common Water. Item./

memorandum I put 2 ounces of Galls ^to a wine Quart of Ale then strain out the Galls & put in 2 ounces of gum Arabick & almost a farthings worth of Coperas & Small Quantity of Loaf Suger, put in the Gum whenthe Galls have infused a week with the Coperas & next the Suger.

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A joynt prickt with D................ Needle or Yarn, and to draw Iron or D........................ wood out of flesh. 157.
Take wheat flower and temper it with wine, boyl them together till they be thick, apply it as hot as may be. M.S.

Iron or wood to draw out of flesh. Take the juice of Valerian, and dip a Tent therin: put it into the wound as deep as you can; and the herb stamp ed on the same, with a linnen cloth that it remove not away: this will not onely draw it out but heal the wound. MS.

Thorn to draw out. Take the bark of a hathhorn, seeth it in red wine, till

2 parts be consumed: powr out the wine and stamp the bark small. temper it with bores grease, fry them, make a playster, apply it hot. MS.

Another. Take a ferne root, wash it and boyl it in fayr water, till it be as soft as pap: bruise it very well in a porringer with the back of a spoon: then take a pretty quantity of honey, and clarify it over the fyre: then beat the hony and ferne roots together, boyl it to a salve and use it. MS.
Leaven of Rye bread draws out thorns and splinters Lady Byron
To cause a pellet or thorn to come out of the flesh, or a shott. Stamp Betony with the fatt of a hare , into an oyntment and apply it ibid.
Apply Bullfoot with swines grease, it will pluck out thorns or pricks. ibid.
To draw out any prick or arrow head, stamp lilly root and seeth it in wine and apply it 3 dayes. ibid.
Onyons by themselves or with hony, draw out pricks and spells. ibid.
ffor the pricking of a needle in any joynt or sinew, under the nayl, if the hole be stopped, and you be in pain. Rx. fine Wheat flower, mix it with white wine, then boyl it to- gether till it be thick: then lay it hott to the place as may be endured. This will open the hole, & draw out all the venom and heal it. It is also good for a bile. ibid.
Thorns in the fingers, Stamp Southernwood with vinegar & apply it. ibid.
The Leaven of wheat meal drawes out slivers, splints & thorns, especially in the soles of the feet. and it ripens opens and breaks all swellings, especially if good juices of fitting herbs be putt thereto. ibid. Item Seeth wheat flower to draw out pricks, it helpeth the paine & drawes out the venom, and heals it againe, It is also good for a bile, uncome or felon, or white-flaw ibid.

Bruise both your Galls gum & Coperas

To draw out a thorn. Take the middle bark of Elder

and lay to it. ibid. 158

pricking with a needle. Take fine wheat flower, temper it with white wine to a plaister, lay it on as hott as can be suffered. ibid./

To draw out splinters or thorns. The mucilage or slimy substance of Ivy, layd plaster wise ibid./ (Ivy I think it is: Cuvy)./. Agrimony outwordly applyed being stamped with old swines grease, helps old sores, draws out splinters of wood, maybe or other things gott into the flesh. Culpepers . English Physitian./ The herb Archangell or Dead Nettles, being bruise and alone (or with salt, vinegar & hogs grease) applied drawes forth splinters. - Briony or Wilde Vine, the root being bruised and applied of it self to any place where the bones are broken helps to draw them forth, as also splinters & thorns in the flesh. A mucilage of the seed of Clary made with water, and applied to tumours or swellings disperses and takes them away, and drawes out splinters and thorns gott into the flesh. The meal of Darnell, (alias wray or Crop) applied as a pultis drawes out splinters and broken bones. The Roots of Eringo or Sea Holly being bruised and boyled in old hogs grease or salted lard, and applied to broken bones, thorns &c. remaining in the flesh doth
not onely draw them forth, but heals them up again, gathering new flesh where it was consumed.
The Root of Stinking Gladwin is very effectual in all wounds, especially of the head, & to draw forth splinters, thorns and broken bones, or any other thing sticking in the flesh without pain, being used with a little Verfegreese & hony, and the great Centaury root. Take of the distilled water of the flowers of Hawthon, wett cloaths or spunges in it, apply them to any place where thorns, splinters &c. stick in the flesh; it will notably draw the out. Idem ibidem:

recto of insertion after page 158
verso of insertion after page 158
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Joynts pained. vide. Ache. Also Limbs weak. 159.

Take all the horn that a buck casts of, the later the better; but take nothing but the horn: cut the same into small pieces, seeth it in a gallon of fayr water, till all be come to a pinte or something more: then cast away the pieces of the horn; and let the water stand till it be cold, which will be like a jelly, when you use it, warm some of it in a sawcer, anoynt the greeved place therwith morning and evening by the fyre: in 9 or 10 times dressing it will help. probatum. MS.

A Lozenge preservative and curative for palsy or weakness of Lymbs. Take sugar 4 ounces: boyl it in sufficient rosemary water to the height of a Lozenge, then putt to it ambergreece 6 graines, dissolved pearl the weight of 6 pence: so make your Lozenge: eat 2 of them every morning for a forthnight, eat of them also at other times between meales: this much strengthens nature. MS.

An excellent Medicine for impostumes in

Diseases in the Kidneys. v Stone.

An excellent medicine for Impostumes and Consumption of the Kidneys. Rx. water of Eringo roots 2 pintes: of Carduus Benedictus 2 pintes.. putt to it of white lilly roots (A) ie an ounce (I think) sangvis draconis 3 drams, Mirobolans a scruple, Euphorbium a scruple, diagridion a dram: Nutmegs half A (ounce) Cynamon half ounce. Boyl all in a close decoction, then press it; & putt to the liquor of Saxifras 2 drams: China 2 drams, Mace a scruple, cloves a scruple, or rather a dram. Cubebs 2 drams, dill seed a dram, fennel seed a dram, aniseeds 2 drams, licorice half an ounce, parsly seed 2 drams: boyl this again in a close decoction: then press it, and
distill the water without the feces: then after distill all the first feces & last together by it self: then putt both the waters together. The dose is a spoonfull in the morning, noon & night. - out of an old MS.

Broom: the juice, or the Decoction of the yong branches, or the seed or powder of the seed taken in drink purgeth downward, & draws watry phlegmatick humors from the joynts; & so helpeth the dropsy, gowt, sciatica and pains of the hipps and joynts. It also provokes strong vomits and helps the paines of the sides, &

swellings of the Spleen; cleanses the Reins or kidneys and bladder of the stone, provokes Urine. 160 abundantly, and hindereth the growing again of the stone. The distilled water of the flowers is profitable for all the same purposes. The decoction of Broom rape in wine is powerfull for the same effect. The Decoction of the roots of Butchers broom doth the same. Culpeper. Engl. Physit.

Crabs clawes (alias Water sSengreen, Knights Pondwort, water housleek, wadeing pondweed, fresh water souldier) is a plant of Venus; so a great strengthen-er of the Reins. It is excellent in S. Antonies fyre, aswages all inflammations & swellings in wounds, and an oyntment made of it is excellent to heal them: there is scarce a better Remedy for such as have bruised their Kidneys, and upon that account piss bloud. A dram of the powder of the herb in a morning is good to stop the terms. Idem.

The yong tender leaves of goosberry bushes break the stone & expell gravell from Kidneys & bladder. Idem

The herb Wintergreen boyld in wine and water and given to drink to them that have any inward Ulcers in their kidneys, or neck of the bladder, doth wonderfully help them - The juice or water of kidney wort (Wall penny royall, wall pennywort) is very good to heal sore kidneys torn or fretted by the stone, or exulcerated within, - - The leaves of Marsh mallowes are used to loosen the belly gently, and in Decoctions for Clysters to ease all the pains of the body, to open strait passages and make them slippery, wherby the stone may descend more easily out of the Reins, Kidneys and bladder, and to ease the torturing pains thereof. But the roots are of more speciall use for those purposes. - The decoction of common Tansy or the juice drunk in wine is a singular remedy for all griefs that
come by stopping of Urine, helps the Strangury & those that have Weak reins and kidneys and it helps the stone in the kidneys. Vipers Bugloss the seed drunk in wine, or the distilled water of the flower, is excellent. Idem.

Iron or steel to............................harden. 161.

Take earthworms, and distill a water therof; radish roots, and distill a water of them; mix these waters together, and put therin an edged Iron knife made red hott; quench it 3 or 4 times, by an equall quantity used at each time: and let the knife tempered with the edg be dipt red hot in the sayd water again: you may cutt any Iron with it. MS.

Iron to make bright.

Take oyl of Tartar, made of the lees of excellent wine: run the Iron there with: but it must first be cleansed from rustyness: this takes away spots and makes it very bright. M.S.

Itch. or scab. v. blasting: Leprosy.

Itch or Tetter to kill. Take hogs grease clarified, 1 spoonfull, rosin 1 ounce, melt them in an earthen pott, very hot, then put them into a bowl of wood, haveing a press fashioned like a spoon ready, then put in an ounce of quick sylver; stirr them together till they come of a blew azure colour: then have ready melted a pinte of hogs grease, and put to it, so that it be but luke warm; stirr them altogehter, till they become very thick. M.S.

water for the itch. Take plantane water, a pinte glass full, damask rosewater, half a pint, citron flower water, or orange flower water a quarter of a pinte: put all these together in a clean pan or violl of glass, and putt to it an ounce of quick sylver well beaten to powder: let it then boyl fayr and softly the space of an hower: take it from the fyre and let it cool, and put it in a glass viol. wash the scabby place therwith at night, and let it dry of it self: let it rest the next day and night without washing: then wash it again the 3d day at night, but not the 4th: at the first and 2d time you wash it, it will make all the scabs within the body to break forth; and at the 3d time, being the 5th day at night, it shall so dry up, that you shall
finde all neat and clean. This being done 3 times, let it go 3 weeks or therabouts, without any dressing, and then if you perceave it is not whole and clean; wash it thrice again as you did before. There is no remedy in the world more excellent then this or easyer to be made; it draws out all the evill salt humors, and putrifications, and is good for the packs and gout. Probatum.

Another medicin for the itch. Take a brimstone a quarter of a pound and beat it to powder, of bees wax as much, of cloves a quarter of an ounce, half a pound of fresh butter, melt the wax and butter together, and when it is well melted, putt in the cloves finely beaten: then boyl them together a little, and putt in 2 spoonfulls of good white wine vinegar, and as much rose water: when they are a little boyled and stirred together, take from the fyre, and when it is half cold, putt in your brimstone finely searced. Stirr it well together till it be allmost cold. M.S. probatum

Oyntment for the Itch. Take hogs grease 4 ounces: Therebinthin and wax, of each 1 ounce: flower of brimstone, or (162 rather unmelted brimstone pounded and sifted, 1 ounce: Tobacco stalks powderd and sifted, half an ounce. White lead 2 drams; common oyl as much as will suffice to bring it into an oyntment. Dr Harvey.

Leprosy. boyl the juice of sharp docks fumitory &

Scabious of each a like quantity, with swines grease till the juice be consumed: then strain it, and anoyn therewith morning and evening. MS. Lady Byron

Hands scabbed. Stamp sharp leaved docks and fumitory, of each a like quantity: make it into an oyntment with May butter, swines grease and some Roch allume. anoyn with it. ibid.

Hold a peice of Iron over the Reeking of Hay, and anoyn with the liquor that is on the Iron, all Itch scabbs and Marmoles. ibid.

Burn haslenutt shells, and mix the ashes with the pow-der of Mustard seed and goose grease, & anoyn. ibid./

To kill any breaking out in the skin: Take a fatt brest of mutton, spread it over with tarr; Rost it: take the dripping and anoyn the place. ibid./

Wheat bran boyled in vinegar is good for the Scury Itch and spreading scab: and dissolveth the beginnings of all hot swellings./ ibid.

ffor a foule creeping scab and all old white scurf, use wheat bread new baked, and soked in brine or pickle. ibid./
Ringworm. Burn a green stalk of Broom, and take
the water at the other end. ibid./
Morphew, ringworm, scald head, dandruff: Garlick
mingled with hony and fig leaves: and Cummin &
fig leaves for the biteing of a shrew. ibid./

ffor botches: Drink hartshorn goates milk. ibid./

Against tetters, Itch, freckles, and other infections of
the skin. A Liniment made of the juice of Scabious,
powder of Borace and a little camphir is excellent
ibid./

Itch. The juice of Egrimony mixt with Vinegar &
salt in a liniment. ibid.

ffor scabs and Itch even in horses. Melt white Arsnick
in warm water, and rub with it. But let him not
lick it for it is poysnon. ibid./

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Take a quarter of a pound of Litharge of gold, broken in a peece or 2,
put it into a cleer fyre, till it be red hott: then presently take it out
and put it into a mortar, beat it into fine powder: then take 3 quar-
ters of a pinte of wine vinegar, put the powder into it, and let it
boyl gently, till it come to half a pinte: let it stand then 5 or 6 howrs,
then put almost a pinte of sallet oyl into a pott, and put the other to it,
and continue stirring of it, till it come to a white salve: for a burn,
spread it on Lint, for a kibe or brown paper. probatum. M.S.

ffor chilblaines on the hands or feet: Take sheep suet &
unwrought wax, and rosin, and boyl it in a sawcer,
make a salve of it, and use it. MS. Lady. Byron.
Hasle nutts distilled when they are in the pith, and the
shells green & soft, which is about S. Iohns day: they
must first be stamped. The water is excellent to
A most Incomparable Medicine
for burning with gunpowder or any other way.

This unguent is a great secret; it scarce leaves a scarr after the wound is healed, and Thiboureell the fffrench Chirurgeon saies there hath not been such a secret left to posterity.

Rx fresh hogs grease or lard, as much as you please, boyl it, takeing of the Skum, till there arise no more Skum: then sett the Lard 3 or 4 nights in the air abroad: after which it must be washd in running water to take away all saltishness and make it white. Then melt it and keep it for use. Bacon may serve in stead of Lard. - Otherwise. The white of an egg and fresh butter mingled together and well beaten to an oyl are excellent -

Another most excellent. Rx a stone of unslak-ed Lime, otherwise called Quicklime: let it dissolve in quick Water, and when the wa-ter is settled powr it gently out from the Lime through a linnen cloth. Then putt as much sallet oyl as water together, beat all to an oyl, and you have a pretious Unguent for all burnings, leaveing no scarr. - Out of a book of ffyre works:

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164. Kings evill. v. Squinancy or Quinsy.

Kings evill before it come to height. Take the flowers of red fox gloves, shred them small and boyl them in fresh butter, till it come to an oyntment: strain it, and put it in a pott for use. MS.

ffor the Kings evill. Take white lead well beaten 4 ounces, oyl olive 8 ounces; boyl them together 5 or 6 howers, stirring it continually, when it is become very black, it is sodden enough: then spread it on a linnen cloth, and lay it on the sore; if it be broken it will heal presently; if not, it will dissolve and loose, and shortly heal. MS.
Another. Take Mugwort, Egrimony, and herb Robert, of each a little quantity, and as you shall think fit for the beer you putt it in: stamp it a little, and steep it in strong beer in a stone jugg close stopped, drink of it in the morning fasting, and at 4 afternoon, and if you can, drink noe other drink. probatum. MS.

Oyntment for the same. Take May butter, unsalted and without washing; beat it with broomflowers, till it be thick like a conserve: then put it in a glass with a wide Mouth, sett it in the sun; if it be not hott enough, you must hold it farr from the fyre, that it may melt very softly. It will have a very bad smell: this will help a wenn, at the first comeing. MS.

A water for the same. Take broom flowers, and fill your still with the same, and still them: when they are stilled enough, fill the still againe, and powre this water in upon the flowers, and still it againe. Do thus 3 times. Let the party grieved drink of it 3 spoonfulls at a time, as need requires. MS.

Steep Rosemary with harts tong a night in wine, and drink therof for the Kings Evill. MS. Lady. Byron.
Seeth Rosemary with its flowers in wine and drink it morning and evening 3 howers before and after meat, to help the kings evil: ibid.

flowers of primroses sodden in vinegar and applyed, heal the Kings Evill: ibid.

Kings Evill. Boyl new milk with white bread, and boyl putt some red rose leaves to it, lay it to the sore warm, and when it waxeth dry, put to it a spoonfull or 2 of white wine. ibid.

ffor the Kings Evill, and all kernells or Wenss where -soever. Archangell stampt with vinegar, and layd as a pultiss: and bath those knots with the decoction: the Conserve stayes the Whites, the water makes the heart merry, and Colour good. ibid.
A Diet drink to purge the head, is good against all breakings out, the Kings evil, or any other
moyst humour. D........................... It was given by a Colledg of Doctours, to 165) a gentlewoman who was cured of the Kings evill by it Rx Sena. & polypody of the Oak ana ʒ i. and a half. Bettony flowers, sage flowers, Maiden hair, rosemary flowers, burrage, bugloss, of each 1 handful of the flowers. Caraway seeds, Aniseeds, sweet fennel seeds, ana 1 spoonful. pound the seeds, slitt the roots, mix them together with the flowers; so tun half of them into a gallon of new small ale, putting them in a bag: which after 4 dayes you may begin to drink. It is to be drunk onely in a morning: but if you lessen the quantity of Sena & polypody, if you finde it purge too much; then it may be drunk in stead of other beer at all times./ ibid. /

Another drink for the same. Rx. Sanicle, egrimony, Avens, plantane, Mugwort, wormwood, wild bugle, wild dasies: put a handful of each to a quart of White wine: boyl them till one part in 3 be con- sumed. Strain them, and clarify the liquor with hony and so bottle it up. Take 7 spoonfulls at 6 in the morning and as much at 6 at night. This cured a gentlewoman who Kept her bed half a year, haveing the Kings evill broke out all about her in running sores: but it is too strong a tast for a child to take so great a quantity as to do good. ibid. /

A Receipt which cured a Wench of the Kings Evill.

Rx. the stones of a colt, dry them to powder be- fore the fyre in a pewter dish: searce it fine, and take in a morning as much of the pow- der as will ly on a 6 pence in a draught of ale. fast after it till dinner. If you finde good by it in a forthnights time taking it every day, you may continue it till the party be cured. for it recovered the mayd in a short time; she was very ill in her eyes, & had a great swelling under her chops; which this cured, without taking any thing else. ibid. /

v. page seq:/
Pain in the Knees. v. Ache, and Ioynts. Lameness.

ffor one that is Lame. Take oyl olive, Aqua vitæ, oyl of Exceter ,
and beasts gall, of each a like, mix them together, and anoyn the
lame part, morning and evening for a forthnight, being well cha- 
fed before. MS.

Lame joynts. Take of good Aqua vitæ and of oyl of roses, of each
a like quantity: mix them together, and anoyn the grievide place
morning and evening (but first rub the place well with warm clothes)
it will soon help. probatum MS.

Lame members. Take rue and rosemary, of each 2 handfull, 
seeth them with oyl olive and Malmsey of each a quart put toge-
ther, for the space of half an hower: then let the lame members
be washed or bathed therwith. (but first the place must 
be well chafed with a hot cloth.) when it is well bathed, which will be in 
half an hower, wrap the place about with a lambs skin, the wool 
side inward: do this every night, at going to bed, 3 weeks at least: 
it will cure. Dr Owen . M.S.

A rare Receipt for the Kings Evill. v paginam precedentem
ffill the still half full of plantane, putt a quart of 
White wine to it. Take 2 pair of Colts stones well wash-
ed & sliced, and lay them on top of the plantane, so 
when it is stilled the water vertue out, keep this water, and give 
3 spoonfull with a little sugar in a morning fasting.

How to know Whither a sore or swelling be the Kings 
Evill, take an Earth worm & lay it on the sowre.

let it ly on 5 or 6 howers. If it be dead & so dry 
that it will moulder to powder betwixt your fing-
ers, it is a true sign of it. MS. Lady Byron

Another. Rx White wine, plantan water, Carduus water, hore-
hound water, Valerian water, ana 6 ℥ put to it vitriol 
half ℥ green coperas half ℥ Tartar half ℥ boyl them
together, then distill in the strongest Balneo. Wash and
spowt the wound with it. But before you do thus Rx half
ʒ of pellitory of Spain: roots of white lillies half ʒ
a rosted red onyon; 6 or 8 house snayls; stamp all these
together with a little head (cream) of milk; lay it to
the sore, it will gather it & break it, & draw out the
filth. after it is broken & well soaked, wash it with the
water aforesaid. Afterward lay this plaister. Rx Sallet
øyl. 6 Ounces, Clowns wound wort or hyssop 2 ʒ, juice
of selve grene ʒ ii yellow wax ʒi gumma Lemnia.
half an ounce. Turpentine half ʒ. Stone pitch a quarter of
an ounce. Rosin. quarter of an ounce. Mastick half an ounce
frankincense a quarter of an Ounce. oyl of Roses ʒ ii. Boyl
it to a plaister & use it. - old MS./

167. Laxativeness. to cause. v. purges. to stopp. v. fflux.

To keep the body laxative and healthfull: Take the tender Stalks of Mal-
lows, eat them with salt, vinegar and oyle, like asparagus. MS.

Laxative powder. Take half a spoonfull of Sene, half a spoonfull of

Spyknard, a quarter of a spoonfull of ginger, make all into powder &
mix it with a soft rosted apple, and use it to bedward, at your need. MS.

Against costiveness. Seeth Savine in water with hogs grease,

make it an oyntment, and anoyn the navle. MS. Lady. Byron
Note. To go to bed when it is warmed, while it is very
hott will make one costive./ ibid./

An especiall purge./ Rx. Rubarb, Agarick, Turbith, ana

half an ʒ slice them fine, & putt to it a pinte of dane
-wort water: let it infuse 48 howers: then press it.
& add to that pressed liquor, half ʒ of Manna: half
of Cassia new drawn: a scruple of Castoreum:
dram & half of Scammony. White sugar 3 ounces:
Boył all this together for a mass for pills. The
dose a dram in pulp. Note: all these Vegetables
before mentiond, & Equithymum & Stechados & such like,
are better by infusion then boyling, & taste better.
Ellen . - old MS./
A fine Easy Purge.

Rx. Licorice sliced, 3 figgs, 3 prunes, a few aniseeds, slitt the figgs, infuse these all night in a pinte of hy-
sop water, then strain all out clear, & putt in an ounce of Manna, 1 ounce of syrup of Damask roses: so take it. MS. Lady. Byron/ Asarabacca roots are a better purge than the leaves - Culpeper./ Fumatory boyld in white wine is a loosener of the belly, and purges Melancholy. Idem. With some constitutions a pipe of Tobacco in the morning keeps the body soluble. ibid./

A purge for the Spring.

Rx. Agrimony, Wormwood, Dodder, hopps, fennel, smallage, Endive, succory roots, of each a handfull, to them add a handfull of Elder buds; haveing bruised them, boyl all in a gallon of ordinary beer, when it is new; haveing boyld them half an hower add to it 3 gallons more: let them work together, and drink half a pinte every morning. It is a jewell to preserve health. Idem

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168. ffesterd Leggs; swelling. v. Ache. v. Ulcer.

Swelling in arms, leggs or feet. Take linseed, brook lime, chickweed, groundssill and wheat bran, of each a handfull, and a pottle of white wine, seeth them altogether, till it be thick; lay a plaister of it to the swoln place, as hot as may be: 3 or 4 playsters will take away the swelling. probatum. MS.

ffestred legs. Take plantane that grows in March, wild Tansy, great morrell, and honey, of each a like quantity: then take the white of an egg, and the milk of a cow that is all of one colour, and a good quantity of barley flower: thicken them all together, but the herbs must be brayed in a mortar, and afterwards mingled with the rest: make a plaister therof and lay it to the sore. MS.

To draw water out of the legs and break no skin. Take a burr leaf, and lay it to the place. MS.
Wild Tansy or Sylverweed, boyld in Vinegur with hony and allum is good to heal old moyst corrup running sores in the leggs or else where. Culpeper.

Archangel or dead Nettles, especially that which is yellow, being bruised and with some salt vinegar & hogs grease laid on old filthy sores is excellent.

- The herb Anemone or Windeflower being made into an oynntment is very good to cleanse Malignant Corrodeing Ulcers. Idem./

A Decoction of White beets in water & some Vinegar heals the Itch if bathed therewith, & cleanses the head of dandriff, scurf & dry scabs, and is very good for fretting and running sores, ulcers, cankers in the heads, legs and other parts. - Idem./

Water Bettony, call'd also Broomwort, and in Yorkshire Bishops leaves is of a cleansing quality: the leaves bruised and applied are effectuall for all old filthy ulcers: especially if the juice of the leaves be boyld with a little hony, and then dipt therin and the sores washt therewith.

- A Decoction of the leaves and flowers of Bugle (alias middle Consound, middle comfry, brown bugle, sicklewort) made in wine, dissolveth congealed bloud caused by wounds, or falls or bruises, is good in all Wound drinks; it is wonderfull in old Ulcers, and sores, new or old, if the leaves be braised & applied, or the place washed & bathed with the juice. Idem./

Lice to.........................kill. 169.

............................................
Take olybanum made into powder, mix with as much swines grease, boyl it together, and anoynt the head, MS.

Another. Take Coculus Indy 1 ounce, stavesacre a dram, beat them

into fine powder. M.S.

Light to make in a house.

Take glow worms, and putt them in a glass well stopt, cover them in hott hors dung for a certain time, and they will be dissolved into liquor, which being mixed with a like proportion of quick sylver, being cleansed and purged, (which will be within half a dozen times washing in pure
vinegar, mixt with bay salt, which after every washing and rubbing
must be cast away, and then hot water put to the quick sylver, and
therewith washed.) and then put up and closed in a fayr bright pure
glass, and hung up in the midst of a house, will give such a light
in the dark, as the moon doth, when she shines bright. M.S.

Lipps chopped: feet chopped or hands.

Take fresh butter and bees wax, a like quantity, melt them toge-
ther: first wash the lips with butter and water, then anoyn them
with the foresayd salve. MS.
The fresh roots of polypody of the Oak being beaten
small, or the powder of the dried root mixed with hony,
helps the Clefts or chops that come between the fingers
or toes. Culpeper ./
The ashes of Rye straw putt into water for a day and a
night, and the chaps of the hands or feet washed there
with, heals them. Oyl prest from wheat between
2 plates of iron or copper beated, heals tetters & ringworms
and chops in the hands or feet, & makes the skin smooth.

Liver distempers.

weakness of the Liver. Take oyl of mastick, and oyl of worm-
wood, of each 3 ounce: boyl in them, Lignum aloes, cloves,
and cinamon bruised, of each a dram: strain them, and therwith
anoyn the Liver. Also flowers of succory made into a conserve
and eaten, is good for the same. MS.

Heat of the Liver. Take of Scabius water, and Carduus benedictus
water, of each a pinte: put to this a penny worth of Mithridate,
4 grains of unicorns horn; syrup of borrago, syrup of lesse
min, syrup of violets, syrup of endive, syrup of succory,
of each an ounce. Mingle these very well together, and take of
it as often as you may, 3 or 4 spoonfulls: and take a cup of
ale sod with a crust of bread after the medicine. MS.

Liver Inflamed. Take sorrell, endive, succory and plantane, of
each alike: still them with red wine and milk, and use it first
every morning, 9 spoonfulls at a time, with a reasonable
draught of wine and sugar: or else 5 spoonfulls alone. MS.
To cool the liver. Take juice of Endive, juice of succory, 170
juice of Sorrel, of each 6 ounces, mingle them together, and then
strain them, let them stand 4 howres, then take the uppermost wa-
ter of the foresayd Juice, from the dregs, and putt it into a
porringer, and mingle it with strawberry water, endive water,
night shade or Lettice water, of each 8 ounce: white wine vinegar
2 ounce, the powder of red sanders half an ounce, barly meal
1 ounce. then take a linnen cloth, pick it with a knife, and dip
it in the foresayd liquor, and lukewarm apply it to your Liver
till it be dry: then dip it again, and so continue it an hower in
the morning, and as much at night. M.S.

Another Take the juice of Violet leaves, S. Iohns Wort, Wild
tansy, Endive, of each a like quantity: rosewater and cream
as much as you list, 3 good spoonfulls of vinegar, mix them
all together and bath the palms of your hands, and the soles of
your feet with it morning and evening. MS.

Another. Take Egrymony and boyl it in thin water grewell,
and eat of it for many mornings together. Or take of Da
mask rose buds, hartstong or Liverwort, of each a handfull,
boyl them in clarifyed whay, drink of it in the morning, and
fast till dinner: then drink againe at 4 afternoon: this is
purgative and must be made in Iune. MS.

To open and cool the Liver in children. Infuse in an ounce of sy-
rup of roses, half an ounce of manna, dissolved in a little
posset ale, take it fasting in the morning. Dr Antony . MS.

A Purge for Spleen, Stomach and Liver. Take a pinte of
white wine, an ounce and a half of Sene, a dram of Ru-
barb, a spoonfull and half of Anniseeds, a race of ginger:
Infuse all these one night: then boyl them till half be con-
sumed; then strain out the Ingredients: keep the decoction
close covered till you use it: when you use, take 3 ounces
of this, with 2 ounces of Syrup of Roses, with Agarick:
this quantity is sufficient for Man or Woman. But 3 oucnes
of both together is enough for a Child. Mrs Crook probatum. MS.
for one that is Liver grown. Take of yarrow, Mousear, hartstong, and liverwort, of each a handful: still them together in white Wine: MS.

Another. Take a quart of Mugwort water, a quart of Camomil water, a quart of Claret wine. Put to these a handful of these following Herbs, wood betony, Wood sage, Clary, settwell, oculus Christi, hartstong, and take out the hayr: centurion roots bruised, red fennel tops, 12 large Maces, and 2 Nutmegs bruised, 2 cap dates stoned: boil all these from 3 quarts to a quart, then strain it, and put thereunto, 1 ounce of Manna, 2 ounces of Artimesia; take 12 spoonfulls of this every morning, as long as it lasts, blood warme; then have a

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Mrs Revell s Histerick Pills

Castoram Powder'd a Scruple Asa faetida, half a scruple. methridate, a scruple. Trochist of Mirh. a dram Orientall Safron, 6 Grains. Oyle of Amber - 2 drops Make these into a Mass for Pills, with Syrop of Mugwort. Mr Bakewell of Nottingham Apothecary had 18 d formake=ing vp, & materialls for these pills.

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playster to lay to your back (but what it is Quære) anoynt the navil, the pitt of the stomach, and the bottom of the belly with oyl of Mace morning and evening. MS.

To purge the Liver. Clarify whay, and seeth it with fumitory, use to drink therof one small draught morning and night: fast an hower after it: use it 15 days together. M.S.
Another to purge and open the Liver, Take 2 drams of fine Rubarb thin sliced, put the same into half a pint of white wine; sett the same to the embers close stopped all night, so that it seeth not: then in the morning let the same run through without any straining or wringing: drink it with a little sugar, if you cannot without it: then take a handfull of currans clean picked, and washed, pour to them the said liquor, and when it is sodden into the currans, let the patient eat them. MS. v. purges.

To open the liver and keep it sound. Take liverwort 3 handfull, hertstong a handfull and a half, parsly roots, 10 or more, let them be boyled in running water, from a pottle to less than a quart. Then strain it, and seeth it over a soft fire, put into it some sugar: drink 12 spoonfull fasting. MS.

ffor heat of the Liver. Take wort of the first tap, drink it every morning next your heart for a month together. MS.

An Inflamed Liver or Stomach. Rx some handfulls of the green herbs of Endive and Succory, clean washed, put them into the bottom of a vessel, and so tun up new ale unto them. Such ale as is not over strong, in the same manner as sage ale is made. This is excellent in the spring or any hot weather. - Or else, Drink Endive water, or Succory water fasting, with some sugar. - or else the syrup of Endive or succory is excellent. The Syrup must be made of the leaves before it comes to seed. Baltasar . M.S. Lady Byron .

An Electuary to be often used to cool the Liver; you may go abroad upon it, for it purgeth not; you may take it at any time; but best upon a fasting stomach. Rx. Diatrrion-santalon, Diarrhodon Abbatis ana Conservae rosarum ℥ v: conficiatur syrupo limonum pro usu quotidiano. Take it chiefly in the morning: the dose is the quantity of 2 nutmeggs. It is also good pro Serpigine. Mr Butler . ibid./ A very good purge for the same purpose, stronger, & you must keep the house after it, for it purges strongly. Rx Diacartham. two and a half ℥ Rhabarbari ʒ iii pulveris Mechoacan, ℥ misc pro 5 dosibus. It is
also good pro serpigine and for salt Rheume./ Mr Butler. M.S. Lady. Byron. Open the Hemroids with Leeches.

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To make Whigg, very good to drink in hott weather.
Rx. 3 gallons of buttermilk, and 3 gallons of new milk; set the milk on the fyre, and when it is scalding hott powre it into the butter milk, as if you would make a posset: cover it, and let it stand a day and a night: then take of the curds, which are very fine meat; putt the milke into a vessell close stopped, and use to drink therof. It will keep good a forthnight.
M.S. Lady Byron


Rhabarbari pulverizati. تدخل Olei calcantini guttas 7. miscæ: sumantur in aurorae jejuno stomacho Lunam horam postea, vel minus. - Rx prepared whey, with ffumitory, succory and sorrell. Use chicken broth, with cooling herbs and cold seeds. Mr Butler. MS. Lady. Byron.

Another. Rx. diarrhodon Abbatis, et diatriton santalon, cum

conservis rosarum ana ʒ vi. capiat mane ʒ s. or the quantity of 2 nutmegs pro una vice. - Or this, Diarrhodon Abbatis, diatriton santalon, Oxyacanthes, ie conserve of barberries, ana ʒ ii. mane et vesperi
Mr Butler. ibid./
A whey receit for heat of the Liver, and for the Itch: this quantity is for 4 dayes together, till the dose be spent: or for a longer time together. It is better to take it onely in the morning, and the more at a time; unless you sup not at all.
Rx. Acetosæ, sorrell: - scabiosæ, scabious. - chamaedrios Germaner - Cochleariæ brook lime - Cichorei Succory. ana i. - polypodij, - Radicum Rumicis, dock roots. ana pug.i. Senna ʒ iii. Radicis dulcis, liquorice ʒ ii. anniseeds unbeaten. ʒ iii. Coquantur pirmum radices, in libris 4 seri laetis, ad lib. unius consumptionem. postea contundantur herbæ recentes, et exprimatur succus, et reliquis addatur, Iterum coquatur et despumetur. postremo transeat per manicam Hipocratis. (a Cotton bag to strain Hypocras or the like through.) et fiat potus claras. ibid. pro 8 dosibg 4 mane. 4 hora somni. Dr Turner./
Excellent for Heat of the liver and to cool the whole body.

Rx. Decoctionis Senna orientalis ʒ iii. diacatholici ʒ iii. Rosati solutivi cum agarico. ʒ i.s. Syrupi & ʒ 232; succo limonum ʒ iii. a quæ boraginis et vini albi anacohlear. 2. misce, fiat potio mans sumenda cum custodia. Dr Barrow . - The decoction of Senna is made thus. Rx. Senna ʒ ii. polypody. ʒ i. s. sem. anisi ʒ ii. uva-rum passul enucleat. ʒ ii prunor. damascen. numero 4. flororum borag. violar. ana pugil. 1. coque in lib. senis. aquæ fontænad medietatem, igue lentissimo. MS. Lady. Byron .

Looseness to stop . ............................ v. flux, and bloody flux .

..............................
Take Senna 1 ounce, Ruburb 2 pennyworth, spyknard a penny weight, infuse these 3 in white wine or water of bugloss, or burrage of each half a pinte: heat them scalding hott, or boyl them a little, and so let it stand all night: warm it in the morning and strain them, put in a little ginger and sugar, and drink it warm. MS.

ffor a lask or loosness. Take half a pinte of plantane water, and a pinte of red wine, and an ounce of Cinamon: boyl all these together, with some loaf sugar and a little Isinglass, and drink therof. Also take fayr water, and 3 or 4 blades of Mace, hard sugar and pomegranate peels, boyl altogether and drink it. MS.

Another. Take a cloth, and rub cleansed pewter, till all the blackness be upon the cloth, so apply it close to the fundament; it will help, as hath often been proved by women with child. M.S.

Another . Take a pinte of running water, 2 or 3 blades of mace, 2 or 3 sticks of cinamon, a spoonfull of the powder of pomegranate peel, with a peece of hard sugar boyled in it; drink of this a soccasion shall serve. M.S.

A speciall Medicine to stay a looseness; as also a Cordiall. Take the weight of 3d in Mithridate, of 9 pence in Conserve of red roses, 2 or 3 drops of strong Cinamon water; mix them well together: then
take as much of the best bolearmoniack made into fine powder, as will make this into a conserve so as to hang on the poyn of a knife: take all this quantity at night when you go to bed, and so every night as you shall finde occasion. This is highly good. probatum Mr Digby.

Looseness to stop. Take oyl of Mastick, and oyl of quinces, of each a like quantity, anoynt the belly therwith about the Navell, and cover it with a double cloth warmed. you may anoynt the belly 2 or 3 times a day as you see occasion. At going to bed take some Diascordium. MS. Mr Mellish of Doncaster.

Drink juice of the yong budds of red nettles either by it self or with vinegar, or with cold water: there is no lask so great, but it will stop it. MS. Lady Byron.

ffor a looseness that proceeds from sharpness of humour.

Rx. 2 quarts of new milk, 1 quart of running wa-ter, sett it on the fyre to scald, but let it not boyl
When it hath stood so half an hower, putt into it a pinte of red rose water, and a good peece of hard sugar.
Keep it warm by the fyre, and let the party take no other sustenance, and in 2 or 3 dayes it will stay it. MS. Lady Byron.

To stop a lask. Take a clean tobacco pipe beaten to powder, in posset drink. ibid.

ffor a lask. Take a new brick. make it very hott,
putt it in a close stool, quench it with vinegar, and let the party sitt over the steam of it. ibid.
Boyl the roots of Mullet in red wine, and drink it twice a day: it will cure the lask or bloudy flux. ibid./
ffor a flux. Make a pill of bees wax: swallow it in half a spoonfull of anniseed or any reasonable hott water. ibid.

To stay the most dangerous bloudy flux, Take Shepherds purse (or pouch) boyl it with Cinamon & tanners bark, in red wine: give it to drink. ibid./
To stop the flux. Take treacle as much as a Wallnut, put to it a good deal of powder of Cinamon, & ginger: temper them together, and make therof 3 pills: take them altogether. ibid./

Another. Take the white of an egg, beat it in a dish or sawcer till it be like oyl.

To stop a lask: take the yolk & white of an egg; beat them, then take chalk, and scrape into it: make it like dough & bake it on the hearth: lay it to the Navle as hott as may be endured. Shift it once in 24 howers, 3 or 4 dayes together. ibid./

To stay the flux of the belly. Eat a hard rosted egg mixed with vinegar and powder of hartshor. Dr Vaughan ./

Against all sorts of fluxes in men & women. I mean not to particularize in all sorts of diseases; but in generall this potion will stop any flux. Rx. Syrup of Roses & mints, ana ℥i. Bolearmoniak. 1 dram: incorporate them together, & with some red wine make a potion. Or, Take some Venice Turpentine, the powder of white corroll, the stones of a hare baked into powder, & dissolve them in a cup of Claret wine. ffor an Outward Medicin, Rx. Bolearmoniack, Sanguis Draconis, Ana, half a dram: Mastich 1 dram: Mirrhe half a dram. Venice Turpentine 3 drams of all these with Rosin & wax as much as is sufficient, make a plaister & lay it on the belly. Idem./ Amaranthus (alias flower gentle, flower velure, floramore, velvet flower) stop all fluxes of bloud in man or Woman; by wounds or nose. Cupepper .

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Lungs Restorative. v. Consumption./ 175

Take a chicken and take out the gutts: and haveing washed it with white
wine, putt into the belly one ounce of Saccharum rosatum, a little Isop, and raisins of the sun stoned: boyl them in good running wa-
ter and eat this broth twice a day. MS.
Seeth Rosemary with the flowers in wine, and drink it morn &
evening, 3 howers before and after meat, to help hard fetching
of breath, to open the pipes of the lungs, to cause easy
spitting forth, to help digestion, to ease gripeings of the
body and to cleanse the bloud: it also cures the Kings
Evill. MS. Lady Byron ./

To preserve the lungs. Rx. the lungs of a fox, dry
them; then beat them to powder: take a quarter of
a spoonfull: putt it into broth or new milk, and take
it in the morning. ibid.

ffor the lungs and liver. Take a quart of sweet wort,
a handfull of Treacle ^Liver wort (I think it is. )
half a handfull of hartstong, a penny worth of san-
cders: boyl all till it come to a pinte: Let it stand
to settle, strain it and give it morning and evening
ibid./

Restaurative for the lungs. Rx. a red cock. 2 quarts
of white wine, Lungwort and hartstong of each a
handfull. Anniseeds 1 ounce: dates a quarter of a
pound: 4 fennel roots; 4 parsly roots: a stick of
licorice sliced: a pound & half of raisins stoned,
a pound of sugar. Take all these, bruise your
cock and put him in peices, haveing first pulld &
drawn him. Then put it in a large pott of a
gallon: cover it very close: set it in a pott of
seething water but let not the water come higher
then the neck of the pott. sett it in a boyling at 6
in the morning and let it boyle till 6 at night.
strain it and drink of it as you please. ibid.

An approved remedy for the lungs. Take a piece of
Steel, make it red hott in the fyre: cut coltsfoot
small, and put it on the hott steel: put a funnel
the broad end downwards on the Herbs; put the small
end to your mouth and let the smoke go down your
throat. ibid./
Against a sharp humor in the lungs, Drink oyl of sweet Almonds. ibid. 176
Dr Thorowton’s Balsom, (which is nothing else but Lucantello’s mixt with balsome of Sulphur) being mixt with the powder of White sugar, or sugar candy finely beaten, is very pleasant so, & excellent for healing the lungs./ Dr Denham. /

Consumption of the lungs.

Rx. Rose water 1 quart: putt to it Licorice 1 ounce, Enulacamplane half an ounce, Tormentill roots, ribwort, Clowns woundwort, Parsly ana half an ounce. horehound, hyssop, ana 1 ounce: boyl all these in a close decoction, then distill in the strongest Balneo. Putt to that distilled Water Cinnamon 1 Ounce, 2 Nutmegs, safron a scruple, aniseeds half an ounce; boyl this together again in a close decoction, then distill it in the strongest Balneo. Then take a scruple of Civet, 5 grains of amber greese: dissolve it in 5 ounces of the spirit of sack; putt it into the distilled Water: The dose a spoonfull first & last. This is an assured excellent medicine. Old MS./

An admirable medicin for Infirmities of the lungs, consumption of the liver, cough of the lungs, the stone pocke & diverse other distempers.

Rx distilled milk a pinte: Rose water half a pinte. putt to these Waters these salts, of Liver wort, Enulacampanie, Aniseeds Licorice, succory, Tamarisk, galingale, ana a scruple. Then add to it Bezoar half a dram, ambergreese a scruple, Laudanum a dram, safron a scruple, Mithridate a dram: Calcined pearl, calcined corroll, calcined amber, calcined terra sigillata, ana half ℥ Boyl this to the consumption of half a pinte: strain it through a marvelous fine cloth; then sowe the feces in a bag & let it remain in the Water. The dose is half a spoonfull in a spoonfull of spirit of sack - ffiato - old MS./

Inflammation of the lungs. Rx. a draught of posset drink: squeez
into it 2 trundles of stone horse dung that is at hay: & 3 spoonfull of oyl of sweet almonds: so take it. This cured a Lady, when she was dying. Dr Ridgles . - MS. Lady Byron .

ffor a Marchpane........................................a proportion 177.

...............................................................
Take a pound of almonds and blanch them: pick out all the rotten ones: dry them on a Clean cloth; put them into a mortar, and put them some what fine, and put thereto 4 spoonfulls of rose water: 3 quarters of sugar; then beat it so fine that you may work it like wax; then spread it on wafers and so bake it: then have in readiness half a pound of the whitest sugar you can gett, finely beaten; and put thereto as much rose water as will wett it throughly: sett it over the fyre and let it seeth, till it come to a syrup: then wash the march pane over with it, and let it stand in the the oven till it be hard. MS.

Melancholy. Madness: frenzy .

A syrup. Take a quart of the iuice of burrage, half a pinte of

the juice of balme, put it in a skillet and seeth it, and when the grossness of the juice begins to rise, put in the whites of eggs being beaten, with a sawcer full of rosewater; and when you see the whites begin to wax hard, then put a sawcer full of vine gar to it, and when it seetheth, skim it clean, and strain it through a jelly bag: then sett it on the fyre againe, and put thereto a pound of sugar, let it boyl to the thickness you think best, to which putt in a little safron finely beaten. M.S. probatum

A drink. Take a quart of rosemary flowers, boyl them in a

pottle of good gascoign wine, in an earthen pipkin, and when the flowers sink down to the bottom, put therto a pound of cinamon broken in small peeces, and 3 quarters of a pound of su- gar: so let them boyl with a soft fyre, half an howre; when it is Cold, put it into a glass; drink therof first in the morning, an howr before supper, and if you will, at going to bed: and so you may take your syrup, but a spoonfull at once. probatum MS.

Spirit of Castor, good for Extream Melancholy. Take a pinte of

Middle Mint water: put therin 2 ounces of Castor thin sliced, and to every ounce of Castor, half a dozen cloves bruised, &
the pill of an orange, & 1 handful of walnut flowers: mingle all these together: put them in a glass, and sett it in the sun a forthnight. MS probatum.

A drink. Take 2 ounces and a half of Sena, as much anniseeds, 30 or 40 bruised cloves, and a little sliced ginger, put all these into a gallon of new beer, when it hath done working, and when it is a week old, drink of it in the morning fasting, and at 4 after noon: and if it work too much, drink it the seldom. MS.

An excellent water for melancholy. Take of single wall gilliflowers 4 handful, of rosemary flowers and damask rose leaves, of each 3 handful: of burrage and bugloss 2 handful: of balmleaves 6 handful, of Cowslip flowers 2 handfuls,

of pinks or clove gilly flowers 6 handful, of Mary gold leaves 2 handfulls, of Cinamon half an ounce grossly beaten, Nutmegs 2 ounces, anniseeds 3 ounces grossly beaten, a penny weight of English safron; putt all these in a pottle of sack, and let them stand, now and then stirring them well together, as long as you please. afterwards still them in a stillatory of glass, or a rosewater still, well pasted about the still; in the nose of the still hang 2 grains of Musk, in a fair cloth, that the distilled liquor may run through it into the glass under it. You may also put into it 6 ounces of white sugar candy, beaten to powder that it may incorporate with the sayd liquor, when all is distilled: then sett the glass that receaves it for an hower in hot water, that the sugar may the better incorporate with it: let the fyre be as soft as may be, else the water will be the smaller and less. Take of this 2 spoonfull at a time, 3 times a week, fasting; and at other times also when you finde your self heavy and dull. MS probatum

Melancholy and madfolks. Take 6 ounces of the juice of Mallows and drink it. Mallows are good for many things, and therefore by the Antients called Omni Morbo, good for all diseases. MS.

Syrup of Borrage for Melancholy. Take and distill your Borrage budds with the small leaves, till you have gott good store of water: then gather good store of the blossomes of them and putt them into the distilled Water, sett them over the fyre and boyl them, till you think
all the vertue of the blossoms to remain in the water. When they are well boyled the color of them will turn green; and your water will look blew. Then strain them forth, and putt in more fresh blossoms: and so continue as aforesaid, till your water look as blew as your flowers. Then strain them through a fair and fine cloth into another skellet, and putt therin fine beaten for every pinte of liquor one pound of sugar or more and a little rose water. Boyl it till it come to thick syrup then pott it. M.S. Lady Byron.

A strong purgation for extream melancholy, et pro suspicione luis, Rx Confectionis hamech ʒ iii s. diacatholici half ʒ syrupi violarum et fumariaæ ana ʒ v. solvantur in sufficienti quantitate vini albi et aquæ fumariae.

Dr Barrow. ibid.

A stronger purge for the same and for a very strong body. Rx Confectionis Hamech ʒ v. diacatholicon ʒ ii. diaphinicon ʒ i syrupi violarum dissolve in sufficienti quantitate vini albi et aquæ boraginis: fiat potio. Idem ibid./

Horse leeches applyed to the fundament are most prevalent to drive away melancholy bloud, applied 2 howers before sunsett: and when they fall off to sett over warm water, If they fall not off when they are full, dust of ashes cast on their head, will make them fall off: wash the place first with milk, and Putt some bloud about it to make them bite. ibid.

To remedy Melancholy and the effects of the spleen. first the body must be kept from costiveness, by takeing now and then mollifying glysters: or by useing damask prunes stewed with damask rose water, or manna dissolved in Chicken broth an howeuer before dinner. Then to purge the body gently, make a Decoction of Senna leaves, poly-pody roots, Epithymum, Damask prunes, the Cordiall flowrs, raysins of the Sun, anniseeds in fountain water: and add some syrup called Syrupus Saporis de pomis to it. drink therof ʒ iii or more warm 2 or 3 mornings together. - Afterwards take now and then a dram of the pills of Mastich, made into 3 or
5 pills, an hower before supper 2 nights together
-Outwardly anoynt the region of the Spleen at
night with oyl of capers, and wormwood, or with the
oyntment made of betony roots; or apply a plaister
of melilot made for the Spleen, mollified with a little
of the oyl of capers. Wear it night and day a good
while. To bleed with Leeches at the Hemroids is
very convenient for the Spleen. Afterwards the use
of steel prepared, and to walk well upon it is good to
cleanse the spleen from Melancholy, and to soften it.
The use of conserve of borage flowers and violets, &
the Confection of Alkermes mixed with them is very good
to exhilarate the heart and expell Melancholy vapors
Borage and balme should usually be steeped in ordinary drink
at meales: or in white wine, to be taken in a morning
with sugar: or else use wormwood wine in the morning
and exercise after it. ibid./

A syrup against Melancholy, winde and Obstructions. Rx the

juice of sweet apples, the juice of Balme, of each a
pinte. Borage and violet flowers. ana i. Senna,
Epithymum ana ʒ i. and half: boyl them to a pinte,
then putt to it sugar 1 pound: haveing straín'd them,
boyl them to a syrup; putt into the syrup

Manna ʒ ii syrup of Roses ʒ iii. take herof 6 spoon
-fulls in chicken broth twice a week fasting, haveing 179
Cinamon, Cloves, the powder of Aromaticum Rosatum of each
the weight of 3d, Ambergreece 6 graines, put them in
a silk. bag and hang them in the syrup.
Make whey of Ladyes bedstraw, alias Gallion, in to 4 pintes
wherof put borage, bugloss, M[i]ana ii. ffumitory
topps, S. Iohns Wort, pawnsies, Egrimony, balme, of each
1 handfull; harts tong, scabious, betony, of each half a
handfull: polipody roots half an ounce; boyl these to 3
pintes, them putt in 3 drams of Sena leaves, 1 dram of
Mace, fennel seed as much; Cowslip and rosemary flow-
ers ana i. give them one wallop and so let them stand
close covered till they be cold: then let it run through a
cotton bag, putting to it a little sugar to your likeing.
Drink of this early in the morning and again at 10
a clock before dinner, a good draught, and so continue
it. ffor sugar you may put in raisins of the sun
stoned and a little lemon peele. - At night before
you sleep take one or 2 of these pills, Rx. powder
of diambre the weight of 8d. White ambre the
weight of 4d: ambergreece 3 graines: with syrup
of Citrons make 20 pills; take one 2 or 3, the more the better, before sleep, 1 or 2 howers after supper. MS. Lady Byron
Distill the flowers of bugloss in Balneo Mariae, and it is a pretious water to be drunk morning and evening, with powder of pearles and Manus Christi (either of them will serve.) to comfort the heart and the brain. ibid.

An excellent Syrup for Melancholy and to comfort the Spirits.

Rx. juice of borrage and bugloss ana a pinte and half: juice of pippins or quince apples 1 pinte: juice of balme half a pinte: clarify them: then take Cochenelle beat to powder 4 drams, or the weight of 4 french crownes: infuse it in the juice 2 dayes, it being cold, in an earthen pott, stirring it often: then strain it out: put to it 4 pound of sugar, boyl it to a syrup: when it almost cold putt to it diamargaritum frigidum, 1 dram and half, diambra 4 scruples: take therof a spoonfull or 2 in the morning for many mornings together. put safron in a cloth, and as you take it crush the Cloth in the syrup, till you think it strong enough: you may take the syrup by it self, or in a draught of wine or beer. ibid.

Rats and mice ........................................ to kill. 180.

Take unslaked lyme, malt, oatmeal, and wheat meale, mix it together and lay it for them. Or Take Nux vomica 1 ounce, grate it to powder: then take a little thin resty bacon, warm it on a gridiron, stew the powder on it, cut it in pieces and lay it. or Take spunge & cutt it in small pieces, put it in melted butter, or grease and lay it about. MS. or Take 2 ounces of Arsnik, or 2 ounces of Rose-alger, 2 ounces of loaf sugar, half a pinte of malt flower, beat both the poysons into fine powder, and the sugar also, mingle these 3 in a hogs bladder, with a spoon: lay this for rats with malt flower and for mice with wheat flower, probatum. MS.

To drive them away.

Take an ounce of assafetida, 2 handfulls of the hoof of a stone horse, 2 handfull of bay leaves, 2 or 3 sticks of elder wood, burn all these in 4 places within and without the house, it will expell them. probatum. MS.
Millefolium, or Yarrow, its vertues.

Take it and stamp it with swines grease, lay it to a wound and it will heal it: the same is also good, for an ache in the brest or side. The juice of this herb mingled with vinegar and so drunk, is good for them that can not make water. The herb stamped in butter and layd to a wound, that hath taken cold, helpeth mervelously. The juice mingled with water and hony and drunk warm, helps the stomach to digest any thing that lyes in it. powder made of it, drunk with wine or good ale, helps diseases in the body and heart burning. The herb stamped, and layd in manner of a playster to the head, helps the head ache: The same stamped with graines of wheat, and applied to the byting of a mad dog, helps it. The same stamped, and the juice therof drunk warm in wine stayes vomiting. MS.

Megrim. v. head ache.

Take of gallingall, nutmegs, liquorice, and sugar, of each half an ounce: 1 ounce of ginger: cloves 1 quarter of an ounce, as much of Enula Campana: and a penny weight of Ameos: beat all these together, and let the patient use this powder first and last a spoonfull at a time, 4 dayes together. M.S.

ffor giddyness of the head. Mix wheat bran with pigeons dung and the white of an egg: apply it to the contrary side of the grief. ibid.

Megrim. Take a shive of Rye bread, tost it and let it ly in strong vinegar, till it be well soked; wrap it in scarlet and lay it to the forehead. ibid.

Megrim. Rx. Hony, mustard, vinegar, and the white of an egg, mingle these with wheat flower and lay it to the temples. ibid./
that is layd without a shell, only the hard skin, with the powder of 3 cloves: continue the takeing of it eve-
ry morning for sometime: it cures. MS. - Item this is much better. Rx. Celandine, Plantane, tree Ivy ana a like quantity: make them into a plais-
ter with vinegar & oyl of Camomill: shave the head & apply it. MS. - Item the dung of an old white peacock, steepd in white wine, straind & drunk 10 or 12 mornings together cures the vertigo per-
fectly, tho it have been of long Continuance. MS. Bayberries do wonderfully help all cold & Rheu-
matick distillations from the brain to the eyes lungs and other parts: & being made into an elec-
tuary with hony, help the consumption, old coughs shortness of breath, the Megrim: they mightily expell winde and provoke Urine. Culpepper. / Scorzonera or Vipers grass; the root chears the heart and Vitall spirits, and helps swimmings in the head. Idem./ The leaves of Tobacco warmed & applied to the head are excellent in inveterate headaches, and Megrims, if the disease come through cold or winde. Change them oft till the Dis-
 ease be gone. Idem.
Gumm Coopall and Gumm Anime are both very like one another: they are hard to come by; Either of them stop defluxions from the head, if you perfume your Cap with the smoak; they help the head ache and Megrim, strengthen the brain & consequently the Sinews. Idem. / Cowslip water is very good for pains in the head, Vertigo and Megrim. Idem./ Elder leaves made hott between 2 tyle stones & applied to the forehead & temples ease the paine of the head. Idem.
Rubb a green marygold leaf between your fing-
ers, and putt it up into your Nose, it will draw away abundance of humours, and helps Rheums that annoy the head. Idem. /

Morphew. v. scald head, Scurf. Leprosy.

Take 3 spoonfull of elder water, 9 dayes together, and every day look that you sweat: then take 3 or 4 oken apples, lay them to steep in white wine, or vinegar 3 or 4 howers: wash the morphew place with it et proficit. MS.
Another. Take green coperas, put it in cleer water, let it stand a
night and a day: clear the water and anoynt the place. MS.

Another. Take brimstone and grinde it to powder; put it into a linnen
cloth 2 fold, binde it fast therin and wett it in Vinegar; anoynt
the scurf therwith. M.S.
The roots of dragons tempered with vinegar cleanses the
White and black Morphew. MS. *Lady Byron*

A whey to be drunk against the morphew, and to suppress Me-
lancholy humors. Rx. Borage leaves and flowers i. ffumi

tory that bears the red flower 2 good handfulls: balme
half a handfull, Bugloss half a handfull. violet leaves &
strawberry leaves ana half a handfull: Germander a
pugil: Mayden hair, Betony, Egrimony, ana half a hand-
full: liquirice scraped and bruised 4 ounces: great
raisins stoned half a pound: anniseeds 2 3. ffennel
roots cored 2: parsly roots 4, cutt small in peeces.
boyl alltogether in one gallon of Clarified whey, till
one part be consumed: then strain it, and keep it
for use. If you be costive putt to this drink 2 3
of good Senna, of the greenest sort. Drink of this
half a pinte in the morning at 5 or 6 a clock,
walk, and eat nothing after for 2 howers. This will
cleanse the stomach, purge melancholy and open the Liver
ibid./

ffor Morphew. Drink 3 spoonfulls of Elder water fast-
ing, and walk till you sweat. Steep 9 oak apples
sliced in a pinte of white wine vinegar, and anoynt
there with: steep it 3 dayes. ibid.

To take off Morphew. Boyl allom in vinegar a pretty
while; then let it stand till it be cold, and so rub
over the morphew with it at night when you go
to bed: and wash it off in the morning. ibid.
Item. Put powder of brimstone into a clowt, dipp it in
vinegar & anoynt. ibid. Item, anoynt with doves dung
and vinegar ground together.
Leprosy. Anoyny with plume tree gum dissolved in Vinegar, 
or with Asphaltum & vinegar. ibid.

Morphue white & black. Stamp mustard seed with vinegar &
salt and anoyny. ibid.

Mouth sore in Child or other. v. Canker. 184

Take a little roche allum: a good quantity of hony, 2 spoonfull of
plantain water; boyl them together till they be like a syrup: wash
the Mouth therwith: then dip a liquorice stick into mel rosatum, and
let the child suck it. MS.

Another. Take bolearmoniack, sugar & burnt allum, made into pow-
der, mix them alltogether, and rub the mouth therwith morning and e-
ev^n ing 2 or 3 dayes together. probatum. M.S.

Another. Take a quantity of rew and plantane leaves, strain them,
and put in some English hony, and a little roche allum, beat small.
sett it on the fyre and heat it a little, when it is cold, wash the mouth
with it twice a day. MS.

A Thrush in the mouth. Take a little scarlet, and burn it to
powder, blow it into the mouth with a quill; if it be an old bo-
dy, mingle it with a little burnt allum and fine sugar. MS.

The falling of the uvula. Rx acorn cups, red rose budds
dried, the flowers of pomegranates, of each 2 dramms
bruised: seeth them in half a pinte of plantane water
a quarter of an howre: then strain it and use to gargle
it in your mouth: and it will fasten the uvula very
well. M.S. Lady Byron.
An excellent gargarisme for a sore tong or mouth proceeding from cold. Rx Aqua hordei librae: i.s. diamorrhon. ʒ i.s.

Syrupi
ex rosis siccis. ʒ i.s. Mellis rosati colati ʒ i. fiat gargarismus. This is also good for the Uvula, especially if you add cinqufoil and the leaves of bramble. Dr Smyth. ibid.

The falling of the Uvula. Rx oyl of Caranna. (cra ana)

and anoynt the crown of the head, and lay a plaister of it to the temples: this is good also for Rheume in the head. ibid.

ffor a sore mouth. Rx. a great handfull of sage of Vertue,
a great handfull of woodbine leaves; of plantane, parsley and pimpermell, green leaves of Marigolds, ana a lesser handfull: a little Celandine: wash all these herbs and swing them well in a cloth, till all the water be off: then stamp and strain them, and lett it stand a little, and settle; then cleer it into a pewter dish; put to it as much good honey as will make it pleasant. Boyl it to a syrup, then putt to it as much beaten allom as a wallnutt, and as much fresh butter as a wallnutt: let it boyl till the butter & allom be melted: then sett it by till it be cold; then stirr it well and putt it into a gally pott for use. ibid.

Canker in the mouth: boyl 5 leaved grass, hony suckles,
roch allum and honey in vinegar and running water: wash the mouth with it. ibid.

recto of insertion after page 184

Bleeding at Nose -

Take a Glass of fair water
very Cold, let the party bleed about a Large spoonful
Into it, & then drink it
vp: Probatum Sepisseme
To Dry a Cow safely.

If she be at Grass, tye her vp, for 8 or ten days
milk her Clean at first
& keep her with Oatstraw
giving her Every Morn
or other Morning, about a
Pint of Verjuce. water
her within doors, & be sure
never milk a Drop from
her after the first
milking W: Beesor

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Mumps to ........................................ help.

Anoyn the place with oyl of Cammomill: or for want ofit, take Ca-
-omill and boyl it in sallad oyle and anoyn the place. M. S.

Memory to strengthen.

The leaves and roots of Asarabacca being boyled in
Lye, and the head often washed therewith while it
is warme, comforts the head and brain that is ill
affected by takeing cold, and helps the Memory.

Memory to strengthen. Another./

Take Mustard seed, made with white wine vinegar, apply it to the soles
of the feet when you go to bed, chafeing it very well. Cloves &
mace chewed in the mouth, and bettony in broth doth the same. Mr Dig-
-by . MS.

Mace chewed restore the brain. MS. Lady Byron Hony Suckes the

leaves & flowers stripped from the Stalk and distilled in the
end of Iune, help hasty witts: & cloath being dipt therein &
layd to the forehead, helpeth the same & causeth remembrance.
ibid.
Rosemary and Sage, are both very good for the brain and Memory. Culpeper. / Item Cowslips vsed inwardly, and the Emerald stone wore about one./ Item Ambergreece./ Item Olybanum mixt with conserve of Roses./ Water of Sweet Marjoram, and Water of Mother of Time, help both Memory and Judgment. Item Syrup of Bawm after the same Dispensatory./ Item Pleres Arconticon Nicolai in the same Dispensatory./ Item Confectio Hamech: but it is a little too boysterous and must be vsed warily. - Item to anoynt the Temples where the arteries pass once a Month with the gall of a Partridg, mightily strengthens the Memory. - Pills of Hiera Agarick one scruple at night going to bed./ - The leavues and roots of Assarabacca boyled in Lye, and the head often washt with it warme, comforts the head and a cold brain and helps the Memory. - Item a decoction of Carduus Benedictus. - the juice or distilled Water of Eyebright, taken inwardly in White wine or broth, or a Conserve of the flowers; or Tunned up with bear; or

or the powder of the dried herb mixed with sugar, a little Mace and fennel seed, and drunk or eaten in broth. Or the said powder made into an electuary with sugar - Lilly Convall is very good, the flowers distilled. - The distilled water of the flowers and herb of Melilot, or a lye made with the same, to wash the head.
- Item a decoction of Rosemary in Wine - Item conserve of sage flowers. - Idem.

Of Diet for the Memory.

When the failing of the Memory comes from a dry cause, use a resumptive Diet, cum suavitate vitae. When from a cold and moyst cause, live in a cleanly, clear, cheerfull house, and let the air be contrary to the offending quality. Avoyd all luxury, for thereby what is most profitable for the body is dissolved and expelled, viz the Naturall heat and vitall spirits, and the brain is weakend. ffor the seed is something pure diffused from the brain, heart and liver. There are Many things
both simple and compound that help the head, the brain and animal Vertue, strengthen the senses and confirm the Memory, promote digestion and make a Man speculate subtile and high Matters. All the first qualities, which cure inflative hurt the Memory; especially the eating of vaporous things, as Mustard, garlik Onyons, cold and white coleworts: too much raw fruit: too much of sharp things: too much of eating or drinking, especially before sleep. Sleeping presently after Dinner or Supper. To sleep with ones shoees on; too much sadness, anger, or other passions of the Minde. These simples help the Memory. The use of Stip-tick dry fruits, as filberts, Chesnuts, especially after meals. Small Birds or others, and the brains of birds are good to be eaten: moderate Exercise after before Dinner. Expulsion of all Excrementitious superfluities by their due places, moderate mirth, washing the feet with a decoction of fennell, balme, Lawrell leaves, and Camamill. Washing the head once a week with Lye of Camomil flowers flowers

Neats tongs to dry.

Make bryne as strong as will bear an egg, of the finest salt you can gett, put your tongs into it for 3 dayes: then take them out and wipe them dry: lay them on a cloth upon a table for 3 dayes more; then putt them into dry salt for 4 dayes more: then hang them up in a room where fyre uses to be, that they may either be smoked or not: so keep them for use. MS

Another way. Lay the tongs in water that will not bear sope, a forthnight shifting them every 3d day: then take them and dry them with a dry cloth, and have a strong bryne that will bear an egg, made with bay salt and common salt, with a little quantity of salt peeter, then boyl it and scum it: when it is cold, put in your tongs, & let them ly 3 weeks: then boyl them, wrapping them close in ropes of hay: when they are cold, lay them on a gridiron, over an empty range, and with wheat or Rye straw bloat them: keep the straw with watering that it do not blaze: hang them not too near the fyre: if they begin to mold, bloat them againe: you may if you please put in one handfull of Owlerbark, it will make them look well. MS.
Nose bleeding. vide bleeding or other diseases of the Nose.

Sudden and violent bleeding at Nose. Take an eggshell, burn it to a coale, pulverize it to a fine powder, and snuff it into the nostrills. Or press your 2 thumbs hard against the temples of the bleeder, it will speedily divert the course of the bloud. They who often bleed thus, must take an ordinary posset, take of the Curd, and let the juice of Liverwort beaten be added to it, and drink morning and evening.

Bleeding of a wound to stop. Vervine dryed and reduced to powder, or the sole of an old stockin burnt: put the ashes of the one, or the powder of the other to the wound, it will leave bleeding.

ffor a pain in the nose, proceeding from some sharp Rheum or cankerd matter. / Rx Celandine Manus i. Betony. Manus.i. boil them in running water close stopped, till they be well boy-led; then when they are uncovered take a tunnell suitable to the mouth of the pott, and draw up the vapor of it first into one nostrill and then into the other, dureing the heat of it. So after 4 dayes useing of this direction, take of the powder of Betony up into the nostrills, till you finde your self disburthend Of your Imperfection: useing the powder with modera tion certain times in the day, as you finde your self molested. MS. Lady Byron

ffor stopping in the nose; snuff up your own water, and then blow your nose suddenly: do this diverse times together.

ibid./

Old Sores or Wounds.

A Salve to bring old sores, and wounds that ranckle to their own kinde, and to cease the burning and akeing. Take the juice of Smallage & of plantane a like quantity: also take honey and the white of an egg to the like quantity: put to them boulted flower of wheat, beat them well together till they be thick, but let it come neer no fyre, and all cold and raw lay it to the sore; it will cleanse the wound and cease burning and akeing, and brink it to his kinde, and heal it
A water to heal an old sore. Take a gallon of running water and set it on the fyre, let it seeth: then take an ounce of green coperis, 2 ounces of bolearmoniak, of white q Coperas the quantity of an hasell nut: beat them altogether into a powder, and one ounce of oyl of bay: put all this into the same water, and let them seeth together a little while: then take it from the fyre: and when it is cold, putt it into an earthen bottle and stop it close: when you use it, powre out a little of the clearest water into a sawcer, set it on the coales, and wash the wound with it, as hot as may be, and binde it fast. M.S.

An old sore. Take half a pound of white lead, 4 ounces of bores grease, 3 ounces of chalk scraped: grind all these together in a brass mortar, (the mortar and pestle being very well hea-ted) till they come to be as a salve: then spread it on a cloth your fingers thickness, and apply it to the sore warm, dress it once in 2 or 3 dayes. M.S.

A good playster for old sores, and to draw without tenting. Take Galbanum, Opoponax, of each an ounce. Bdellium, amoniacum, of each 2 ounces. Infuse them in a quart of white wine vinegar, the space of 2 dayes. (the gums being beaten into powder, or thin sliced, that they may dissolve.) stirr it often: then sett it on a soft fyre, that the gums may dissolve; till they are dissolved. the strain it: and take 2 pounds of Sallat oyl, half a pound of wax, a pound and half of Litharge of gold, finely beaten and searced: put the Litharge to the wax and oyle: then take your gums which before were boyled, and put them in by little and little: then take Aristolochia Rotunda, Lapis Calamin-naris, mirre, thuris, of each an ounce, beat all these into fine powder, and put it into the rest. Lastly put to it Oleum Laurini 1 ounce, Turpentine 4 ounces: mingle them alltogether, and when it is sufficiently boyled, powr it into a bason or other vessell of cold water, and work it between your hands into one substance: and when you will make your salve in rowls, take an ounce of oyle of roses, or

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Camomill, and an ..................... oynt your hands with it & rowl it up. Mr Ierome ..................... ffarmer. MS.

ffor old sores or ulcers. Take Carduus bendedictus stamped, and well boyled
with suet or swines grease, wine and wheat flower, till it be like an oyntment. This is excellent for sores and ulcers, tho the bones be bare; you must anoynt the sores with it twice a day: washing first the corruption from the sores, with white wine. MS.

A red sear cloth, for a red angry old sore. Take sallet oyl halfe a pinte.

as much bolearmoniak as an egg, as much red lead, as much rosin, as much burgundy pitch, and as much bees wax: put all these into a skillet and melt them well together upon a soft fyre: then put in good strong clouts, as many as will drink it up, stirring them together, then hang them up till they be cold, then wrap them up for your use. When you use this sear cloth, take a picee of it, a great deal bigger then the sore, lay it on the sore and once a day take it off, and wipe it, and be sure you turn it, and lay the other side on the sore: so continue doing till it be well: which will soon be. Instead of a cloth to lay on the playster, you must use a picee of sheeps leather to keep it smooth. When you have done with this playster you may keep it by you, till you or any other have occasion to use it againe. probatum. MS.

To cleanse a foule ulcer. Take an ounce of Camphir, white coperas 4 ounces: put the coperas and Camphir into a small Earthen pott, stirring it with a stick over the fyre till it be all melted. then it will grow hard again. then beat it in a Mortar as small as you can gett it with 4 ounces of Bolearmoniack: then mingle the powders together; then take a pottle of running water, wine measure: boyl it well: then take 3 spoonfulls of the powder, and putt it into the water, stirring it till it be cold. put the water into a glass, and when you use it, take none but the cleer water. This will cure any sore, canker or ulcer what soever, or any sore eyes: you must wash the sore with a clean linnen cloth, and lay it upon it, and nothing else besides; it be not a sore that needs deep tenting.

probatum. M.S.
The Vertues of Brugss balsome of Nottingham; which he saies hath the excellency of 10 severall Balsomes, and cures above 40 severall diseases in Men women and Children, without any pain; and therefore he calls it the Balsom of Balsoms: but in truth it is the same with Lu catello's Balsom, but hath not so many good things in it. However it shews the use of Lu-
catello s. 1. It cures tetter, ringworms & shingles, 194 and any sort of worms in the teeth mouth or face, by anoynting the part grieved. It presently helps the
cramp by anointing. It cures all sprains, bruises & aches, but the Sciatica, by anointing. The quantity of a nutmeg taken in sack brings forth the small pox, and being anointed with the same, cures them with -out pitt or scarr. It cures the scurvy in any part of the body. One shilling worth will cure it in the Mouth, the teeth and gums being anointed with it. It strengthens the stomach and helps digestion, the stomach and navle being anointed therwith at going to bed: It stancheth bleeding at nose, or any wound, being applied to the place grieved. A shilling worth of this Balsom cures all head aches, anointing the nostrills with the quantity of a barly corn at a time. It cures the winde collick and stitches in the side, being applied with warm cloths: it presently cures the biteing of a mad dog, or sting of any Venemous beast. The lips and nostrills being anoynted therewith in the morning before you go forth, no plague or other infection will harm you. It strengthens those that are weak, takeing every morning the quantity of a bean in posset ale. It helps a stinking breath by anointing the nostrills & lips. It cures all burnings and scaldings without any scarr: It cures all scabs & Itch. It cures worms in the body, the stomach & belly being anointed with it. It cures scald heads; red pimples or any distempers in the face; the piles & hemorrhoids, anointing the grieved part therwith. It cures palsies of all sorts: corns, sore nayls, or any dead flesh growing on the feet. It will cure any wound in once or twice dressing, & will not cause any pain all the time of cure: It takes away the pain as soon as it is layd to. It is the best oyntment in the world, for it cures most diseases both inward & outward. It holds good 40 years: the older the better./

It cures consumptions and the cough, and wheazing of the pipes; bruises inwardly: if they spitt bloud 195. it carries it downward: anoynt the stomach with it and take it inwardly for a stopping cold. MS. Lady Byron.
The true Preparation of the powder of Sympathy, as it was yearly prepared in Sir Ke- nelm Digbie s Elaboratory./

Rx. Good English Vitriol, of 2d a lb: dissolve it in warm water, useing no more water than will dissolve it, leaving some of the impurest part at the bottom undisolved: then powre it off and filter it, which you may do by a Coffin of fine gray paper putt into a funnel, or by laying a sheet of gray paper in a sieve, and powring your water or dissolution
of Vitriol into it by degrees, setting the sieve on a large pan to receive the filtr'd liquor. When all your liquor is filtr'd boil it in an Earthen Vessell glazed, till you see a thin scum upon it, then sett it in a cellar to cool, covering it loosely, so that nothing may fall in. After 2 or 3 daies standing powr of the Liquor and you will finde at the bottom and on the sides, large and fair green Chrystalls like Emeralds. Drain of all the water from them and dry them: then spread them abroad in a large flat earthen dish, & expose them to the hott sun in the Dog dayes, takeing them in at night and setting them out in the Morning, securing them in \\

and when the sun hath calcined them to whiteness, beat them to powder, and sett this powder again in the sunn, stirring it sometimes, and when you see it perfectly white, powder it & sift it finely and sett it again in the sun for a day, and you will have a pure white powder, which is the powder of Sympathy, which putt up in a glass and stop it close. The next year when the Dog daies come, if you have any of this powder left, you may expose it again in the Sun, spreading it abroad to renew its vertue by the Influence of the Sun 196 beams./ - The way of Cureing wounds with it is to take some of the bloud on a ragg and put some of the powder on the bloud: then keep onely the wound clean, with a clean linnen about it, and in a moderate temper betwixt hott and cold, and wrap up the rag with the bloud, and keep it either in your pocket or in a Box, and the wound will be healed without any oyntment or plaister, & without any pain. But if the wound be somewhat old and hott and inflamed, you must putt some of this powder into a porringer or bason full of cold water, and then putt any thing into it that hath been upon the Wound, and hath some of the bloud or matter upon it, and it will presently take away all pain and Inflammation. To stanch the bloud either of a Wound, or bleeding at the Nose, take onely some of the bloud on a rag, and putt some powder upon it. Or take a bason with fresh water, and putt some of the powder into it, and bath the Nostrils with it. Hartman . vide more in the Parchment MS./
A Diet for a Patient that hath Ulcers
or wounds that will hardly be cured with
Oyntments, salves or Plaisters./

Rx Guiacum 1lb. lb. boyl it in 3 pottles of ale,
with a soft fyre, to the consumeing of 2 parts,
but if it be where you may have wilde whey or
cheese whey, it is better. Drink of it Morning
and evening half a pinte at a time, and sweat
after it 2 howers. His drink at meales must
be thus used, putt into the same vessel where
the former was made to the Guaiacum that
is left, 3 pottells of ale, and not whey:
let it boyl to the one half: drink of it at
all times, and meales, which must be but
one in a day, and that so little as to rise
hungry. Do this for 5 daies together, but
first you must be purged./

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197 ffor an Oxe ................................ that is sick.

Take long pepper and grains, treacle, liquorice, anniseeds, fennigreek,
powder of bayes, commin, organy, English safron, bay Salt, new layd eggs,
hearb grace, red fennel, bears foot, garlick, feather few, penny ryall, red
mynt, lungwort, and blow wort. MS.

An oxe lung sick. Cutt him in the dewlap: then take bare foot, ver-
grease, garlik, butter, and bay salt, and putt into it. MS.

Ointments, Oyles of diverse Sorts. and Balsomes./

Oyl of roses. Take roses, the white being taken out, and put them in
a glass of oyle, so that half the glass be filled with roses, so bruised,
let them stand in the same 8 dayes; then seeth them in a double vessel
4 howers, and so strain it: then put to the oyl roses againe in like
manner, and let them stand in the same 10 dayes well covered. MS.

Another way. Take a pinte of Sallet oyle, then take the bud of the rose
and cutt off the white: fill the glass of oyl, full of roses, and sett
it in the sun, 6 or 9 dayes: then strain out the oyl from the
roses./ and put in fresh as before, as often as you can, till roses be
gone: then take the last time you shift them, and can have noe
more, and sett the glass in a skellet of water, over the fyre and
let it boyl, till you think it is sufficient: then cover the glass close,
and keep it till you have use of it. Green oyl of unripe olives,
and red rose buds, are repercussive, or strikeing back: the yellow
oyl of ripe olives, and damask roses blown, is dissolveing, miti-
gateing and mollifying: but yellow oyl of ripe olives, and red
roses blown, is the better oyl and for the same use. MS.

(20) A singular oyl of Swallows: for all aches present remedy.

Take 10 swallows, put them quick into a mortar, and put to them
Lavender cotton, spike, camomill, knotgrass, ribwort, balme,
Valerian, rosemary tops, woodbine tops, strings of vines,
french mallows, the tops of alehoufs, strawberry strings plan
tane, Walnut leaves, bay tops, Isop, violet leaves, roman
Wormwood, of each a handfull; of Camomil 2 handfull, and
of red roses 3 handfull: put all these together, and put thereto
a quart of neats foot oyl, or May butter, and grinde them all-
together, and beat with them an ounce or 2 of cloves: put them
all together in an Earthen pott, and stop it very close with dow
that noe ayr come out: sett them 9 dayes in a cellar, then put
them out and seeth them 7 or 8 howers on the fyre, or else in
a pan of Water. M.S. Some add sage, and half pound of virgin wax./
and a pinte more of neats foot oyl: strain all:/

Oyl of Cinnamon.

Take a pound of Cinnamon, beat it very fine, mix and empaste it
with oyl of sweet almonds, into the form of an oyntment: then heat
the same in an Earthen pott, and after let it stand close

covered for 14 daye at least: after which time, heat the whole
againe sufficiently, till it be very hott: then putt it in a bag and
wring out the oyl, till the cinamon be very dry. MS. 198

A balsome to cure wounds. Take oyl of roses, oyl of S. Iohns

wort of each a pinte. 2 pound of Tobacco leaves, stamped small
in a mortar: boyl them together to the consumption of the juice,
strain it and putt it to the fyre againe, adding therto of Venice
Turpentine 2 ounces, of Olybanum and Mastick of each half
an ounce, beaten into most fine and subtile powder: the which
you may at all times make into an unguent or Salve; by put-
ting therto wax and Rosin, to give it a stiff body. M.S.
Another balsom to cure wounds.

Take 4 handfull of the herb all heale, or Clownswoundswort, stamp it small, then put therto, 4 ounces of barrows grease, half a pint of oyle olive, and 3 ounces of wax, which boyl to the consumption of the juice, (which is known, when the stuff doth not bubble at all.) then take it and strain it, and set it on the fyre againe, adding therto 2 ounces of Turpentine; the which suffer to boyl alittle, and so reserve it for use. MS.

An excellent Oyle or balsome for many uses.

Take 3 pound of the best old Sallet oyle, of Venice Turpentine 2 pound, good old sack a quart, frankincense half a pound beaten to powder, and searced through a fine searce; 4 or 5 ounces of fine white wheat that is scarce Ripe, cut them cross over: S. Iohns wort, the finest Valerian, and Carduus benedictus of each 4 ounces; beat all these herbs very small, and put them into the quart of sack, for the space of 8 howers: then putt to the oyle, and stop the mouth of the pott very close, and set it on a good fyre of Charcoales, stirring it by little and little: and to know when the decoction is made, take a stick, and putt the end of it into the oyle, and after into the fyre: and if it burn cleer it is boyled sufficiently. then strain out the herbs, and putt into the oyl the frank incense and Turpentine, stirring it, and boyling it very leasurely: then take it and keep it in glasses for your use. This is excellent for any green wound: for being made warm and dropped into it, it will cure it suddenly, with more expedition then any other oyl or salve. MS.

Another Excellent oyl called Balsome.

Take of the purest and cleerest Turpentine one pound, and 2 ounces; new yellow wax 12 ounces, Nutmegs and cloves of each an ounce, common ashes 6 ounces: beat all these well together, then putt the same into a retort, fenced with Lute of Wisdome, and set it in ashes, distill it with a slow fyre at first, and after increase the fyre, till all be distillled. Which gathered, distill the 2d time in a glass body with a head and receaver, putting into it before the distilling 4 ounces of the powder of brick or tyles, which diligently Luted in the joynts, maintain fyre under it, till no more will come. Then have you purchased an oyl of a Ruby colour: which keep for your use, being excellent good
for wounds, especially where sinews are hurt. M.S.

Oyl of Cloves.

Take a pound of cloves and beat them to powder, in a mortar: then put therto 3 pound of almonds, scraped, and beaten in a morter, and when they are well mixd together, sprinkle theron 4 ounces of the best white wine, letting it so ly in a mass, for the space of 8 days at least: after that stamp the whole over againe, and then putt it into a new earthen pott; which heat over the fyre, so long, that you cannot suffer your hand in it: then putt it into square baggs, and wring the same hard, till all the substance of the oyle be come. M.S.

Oyle of S. Iohns Wort.

Take a quart of the best Sallat oyle, put it into an open glass, and take the blossomes of S. Iohns Wort, not too much blown, pick it, flower by flower, and bruise it a little in a Mortar, then putt it into the sallet oyle, till the oyl be thick therewith, then sett it in the sun all the summer, and stirr it every other day: and when it is sufficient, the oyl will be red like claret wine: then strain it out, and keep it close in a glass: this is good for any ache, sore, green wound or swelling. MS.

Another way for the same.

Take 4 ounces of the flowers of S. Iohns Wort, put them into a pinte of good white wine, 3 dayes in a stone pot close stopped: then sett it in a kettle of water to boyle an hower an hower or longer: then take the pot from the hot water, before it is cold, strain out the flowers, and put in 4 ounces more; and do thus 3 or 4 times: if the wine waste, put a little more to it: after the last straining, put to the wine 6 ounces of Venice Turpentine, 6 ounces of sallet oyle, of safron the weight of three pence, boyl all to the consumption of the wine; strain it, and keep it for use. It heals any green wound without scar, layd in with Lint (tho in the nerves) it cures burning, it stayes bleeding, (if you take a long full tent, made of Lint, and dip it in this balsome,) being put up into the nose: which being held there an hower, it stayes the bloud & heales the veine. probatum. MS. Mrs Sadler s Balsome.

200. Oyl of S. Iohns wort, another way.
Take a gallon of old oil olive, as much of the best white wine, 8 handfulls of the flowers of S. John’s Wort, being cut from the green: which you must bruise in an Alabaster mortar, and with the sayd oil and wine, put into a glass close stoppt, that no ayr can gett in. set it in the sun 2 dayes: then set it in a pan of fair water, such as your glass will easily stand in: stuff it about well with hay, that the glass stirr not in the boyling: after it hath boyled half an hower, strain the same quantity as before; this must be done 3 times, setting it in the sun after every boyling, as before sayd. After the 3 boylings train the same very hard, and Measure it, and put to every wine pinte, 12 ounces of Venice Turpentine, the clearest and whitest you can gett, 6 ounces of oil of sweet almonds; dittany, gentian, tormentill, calamus Aromaticus, Carlina, Cardo sancto, of each of these 4 drams, of red Earthworms 8 ounces, often washed in good white wine, being slit upon a bodkin; you must beat all the rest in a mortar, but not the worms; then putt altogether into the oyle, putting also to every pinte, 3 penny worth of English safron whole: then putt therein 2 good handfulls of fresh flowers of S. John’s Wort bruised, and so being mingled together, sett it in the sun 40 dayes, or in an oven when the bread is drawn; then strain it and putt it in a glass bottle well closed up and keep it: for the elder it is, the better. It is hot and dry, and being layd on lint it healeth green wounds, quickly: the sinews being cutt, it joyns them together; it is good for any burning with fyre; and by way of oyonment it eases the passion of the stomach, the marvelous pain of the bladder and lower parts of the belly: it is good for worms in children, for gouts, and the gout which is the palsy of the hands; and for deafness it fayles not, being put into the ears with Lint. M.S. probatum.

The golden Oyl.

Take violet leaves and flowers, primrose leaves and flowers, cowslip leaves and flowers; sage, nip, smallege, Marjoram, Lavender, southernwood, Rosemary, Damask rose leaves, rew, Lavender cotton, fetherfew, tansy, Louage, Cammomill, Mints, time, Clary, oak of Ierusalem , pennyroyall, Isop, balme, white mints, mary gold flowers, piony leaves, dazy leaves, bay leaves, dill: of each of these a handfull; take them all and bray them in a stone mortar, and put them in a pot or pipkin, with a pottle of sweet sallat oyle, and a quart of white wine, sett it over the fyre, and let it boyl softly, till the wine be boyled away (but you must stirr it continually;) then take it from the fyre and let it .................... coole, strain it through a linnen cloth and put .................... it into a glass, But because 201. all the herbs are hard to gett at one time; you must begin when the herbs come up first, and as you get them from time to time, so stamp them
and put them into your oyl, letting them continue till you get the last; you must get them as soon as you can together, and then put in your wine, when you set it over the fyre to boyl. This oyl is good for all manner of aches and bruises, and for the gout. When you anoynt any place with it, you must do it by the fyre, and chafe it very well in with your warm hand; and lay a hogs bladder next it: or else the Cloth will drink up the oyl. M.S. probatum. Mr Garret.

An Excellent oyl for diverse diseases./

Take of pure old white wine, one quart, of old sollet oyl 3 pound, Carduus benedictus, Valerian, and the lesser sage with the flowers, if you can get them, of each a quarter of a pound, the leaves and flowers of S. Iohns wort half a pound: let the herbs and flowers be steeped in the oyl and wine 24 howers: then the next day, let all be put in a pan, upon an easy fyre, continually stirring it till the wine be consumed; take it from the fyre and strain it, and then put to it a pound and half of Venice Turpentine, then let it boyl an hower and a half: then put thereto of Olibanum 5 ounces, mirr 3 ounces, sanguis draconis 1 ounce; so let all boil together, till the mirr be dissolved; When it is cold put it into a glass vessel close stopped, let it stand in the hott sun 10 dayes; This is Excellent for all wounds, old ulcers, aches, paines of the back, Emroids, and gout: but before you use this oyl, wash the sores or wounds with white wine, wherin must be the powder of Olibanum. M.S.

An oyl for the piles.

Take orpine and Comphry of each a handfull, pilewort roots 2 handfull, mullets 2 handfull, beat them all in a mortar and boyl them in half a pound, of fresh May butter, half a pinte of sallet oyl: let them seeth half an hower: then strain out the oyl, to keep it: then take White frankincense, the bigness of a pullets egg, and put it into the oyntment and boyle it, till it be melted: then take a piece of the overleather of a Neats leather shooe, and burn it to ashes, a Mussel shell or 2 and burn them; take the inside of them, Which is White, and make it into powder; mingle both these powders with the oyntment. Take a piece of cotton wool, and dip it in the oyl, apply it to the place greived as hot as may be. this will cure the bleeding piles in twice or thrice dressing probatum. M.S.

202 oyl for the spleen.

Take of pure sallet oyl 3 quarts, Mugwort, yong bayes, the Rind
and buds of an ash tree, of each 2 handfull: slice them small and lay them to steep in the oyl 3 dayes and 3 nights: then strain it out; when you use it, warm it, and rub it hard with a hot hand; this is good for a strain or swelling, and the spleen onely, It must be made in May. MS. Lady Bennet.

Oyntment for an ache.

Take a nest of swallows; Lavender cotton, time, and red strings of strawberryes, of each a handfull, stamp them altogether, and boyl them in a pound of unwashed butter, not salted, then strain it. MS.

Oyntment for Ache Taken with cold.

Take sallet oyle more or less as you please, Lavender, southern wood, wormwood and Camomill, of each a like quantity: cut the herbs very small, and let them infuse therin, for the space of a Month (but you must put so many herbs into the oyl as will make it very thick:) then make a soft fyre of coales, boyl it for the space of 3 howers: let it cool and strain it very hard, through a good peece of Canvass; keep it in a gally pot close stopped for your use. It will continue good very long. It is good for aches in arms legs or feet taken with cold; also for any wound, shrinking of sinews, and all manner of sores. M.S.

Oyntment for ache, to be made in May:

Take a pinte of Neatsfoot oyl, and a pinte of Aqua Vitæ, set them both on the Embers, and let them boyl a little while: then take 2 ounces of Camomill flowers, dry them and beat them to powder, tye it in a fine peece of Lawne, let it hang in the liquor all summer; when you use it, anoynt where the grief is: the older it is, the better it will be. MS. this will serve for a bruise./

Oyl of Excester ./

Take of the flowers of Cowslips in the Month of May, in the morning after sun rise: steep them in as much oyl olive as you may lay it easily: so let it stand 20 dayes or more. Then take Calamint, Egrimony, rosemary, sage, S. Iohns Wort, Southernwood, wormwood, pennyroyall, Lavender, pellitory of the wall, pellitory of Spain, Camomill, hairefe, laurel leaves, featherfew, Roman wormwood Angelica, and the flowers of white lillies if you can get them. Take a handfull of each of the herbs, and let them be gathered in the Month of June: stamp them in a mortar of stone like green sawce,
then take the cowslip flowers out of the oyl, and wring them
with clean hands; and put the juice into the Mortar to the
herbs: and grinde them alltogether. Then put to them a
quantity of white wine, as much as may easily be steeped in a

recto of insertion after page 202

To make Lines for partrag
netts.
Reel your yarn ^ 6 Eight or
Needs ..... t.e.d ten thedds
as you woud have it of
thickness, your yarn must
be hemp of 8d a yard, spun
for 4d . then twist it wet
in water, & warp it vpon
the weavers track ... soe
long as you woud have
your Line, allowing about a
6th parte for plating vp.
then lap it vpon 4 bobbins
& platt it, then haveing
first doubled it to a
thickness you like
when you are to fix your
Line & cord together, mark
the midle of both, & fasten
waxed thred, done vpon your
netting pin, & first worked to
one end of the Line, & then to
the other tying every mesh
3 times.

verso of insertion after page 202

page 203
day and a night, . . . . . . . . . . . . . . and on the morrow, put allto-
gerther in a fayr . . . . . . . . . . . . . . pan, or kettle, and let it
203 boyle on a soft fyre, till all the watriness of the wine and herbs
be wasted. Thus you shall know when it is wasted; take a spoonfull of
the liquor: if there be no water in the spoon, it is enough: then strain
it through a linnen bag, into a fair vessel of pewter, tinn or glass,
for no other vessell will hold it. It will last 3 or 4 yeares. it is a
most soveraign oyntment for the gout or palsy. Anoynt the sick there
with in the summer in the sun, in winter by the fyre: cover the place
anoynfed with black wool that is washed. This oyl serves for all
Maladies in the sinews or joynts, or old bruises in the bones. Make
it in Iune for all the year. probatum. M.S.
Oyl of Lotus.

Then the buds and blossomes of Lotus when it blows, steep them in oyl olive set in the sun, as you doe oyle of roses, It is good for sore eyes, sore throats, and bruises to take inwards, and apply outward for green wounds. M.S.

Oyntment for bruise or strain.

Take Mellilot, the flower, herb, and stalk, May butter, and deer sewet twice as much as May butter, beat them well together, and boyl them to a green oyntment. M.S.

A good oyntment to cleanse a sore, old & New.

Take half a pound of Turpentine, wash it well in barly water, the yolkes of 6 new layd eggs, honey of roses 4 ounces, (for lack of honey of roses, take other honey) barly meal as much as is sufficient to make it thick like a plaister: mingle them together, and let them come neer noe fyre. MS.

A good oyntment to cleanse an old stinking sore.

Take the juice of Salendine, the juice of March Mallows, the juice of plantane, of each a like quantity: honey and the yolk of an egg, mingle them together, and put to them as much barly flower as will thicken it like a plaister: let it come neer no fyre: so lay it on the sore. M.S.

Oyntment to kill proud flesh.

Take a pint of honey, half a pinte of vinegar, 2 ounces of powder of Verdigreese; boyl all these together in an earthen pott, on a soft fyre till it come to a reddish colour: take it from the fyre, and putt it into an earthen pott. M.S.

Oyntment for scabs, ringworms, or any other breaking out.

Take oyl of Roses 4 ounce, new wax 4 penny weight, melt your oyl and wax together; then take Litharge of gold and white lead, of each half an ounce; make your Litharge and white lead into fine powder: mingle them in a brasen Mortar with your oyl and wax; then take half an ounce of quicksylver mortifyed,
(which is done thus: put it into a viall of glass, and put fasting spittle to it, and beat it up and down till it change the colour like ashes,) and the white of a new layd egg; mingle them together, then putt it to your other stuff; labour them altogether, & use it every morning and evening. M.S. or for a Tetter or ringworm, Take glass and make it into fine powder, mingle it with black sope and anoynt the sore. M.S.

Oyntment for the Spleen.

Take briony roots, the pith being taken away, the weight of a pound, or marsh mallow roots, or red holyhock roots, the pith being taken away, as much: seeth them together in a quantity of water sufficiently, till the roots be very soft: then stamp them in a mortar, & strain them through a strainer, till the thickness be come through; then keep the same in a porringer; then take 4 ounces of sorew leavened bread and half a pound of bores grease, put altogether in a mortar, with the substance of the roots, and mingle them well together with 3 spoonfulls of white wine vinegar. First in the morning rub your spleen with a course warm cloth, till the Skin wax red, then lay upon it a piece of blew woollen cloth, wet in the water of a man child, as hot as you can suffer it. When the cloth waxes cold, take it away, and dry your skin with a warm cloth, then anoynt the place, with some of the oyntment being warmed in a sawcer, and rub it a pretty while: then lay on it a quilt of black wool till next morning, and so use it every day. MS. probatum.

Another. take a quart of Claret wine, a pinte of oyle olive, &

2 good handfulls of Camomill shred small; boyl the wine and the Camomill together, with the oyle from a quart to a pinte, and morning and evening anoynt the hardness of the spleen with it: it will dissolve it. MS. probatum.

Another. anoynt the side with oyl of Mastick: & if the stomach be weak, anoynt it also; it helps all cold diseases of the maw, comforts the liver & lights, and all the inward parts of the body: being drunk, it helps those that vomit and spitt bloud. MS. Dr fflood.

Another. Take oyl of vervain, oile of dill, oyl of nightshade, mix them altogether, and anoynt the side with it. MS.

Another. Take oyl of Capers, oyle of petrolium, mingle them
together, anoint the side therwith, by the fire, and rub it in with your hand. M.S.

Another. Take Southernwood, rosemary, Mints, elder leaves,

bugloss, rew, wormwood, brook lyme, Lavender cotton, and Camomill, of each 2 handful; of Lavender 2 handful & a half,
black snayles 4 pound, butter 8 pound, frankincense 4 ounces,
cow dung, 3 good spoonfull, hens dung 1 spoonfull, bruise the herbs in a mortar, set the butter over a soft fire and melt it, then put in the snayles, and suffer to stand over the fire till they are dead; then put in the herbs and frankincense powdered, and boil it on a soft fire a good while; then let it stand 2 days, 205 and so boil it and strain it out for ointment. This is good for all stop-pings, swellings and hardness of the spleen. It must be use to be stroked down, from the short ribs backward, drawing the hand a cross, down the flank in the morning. MS. probatum./

A green ointment for swellings or Ague sores.

Take of Mallows, of shee sowthistles and wormwood, of them all half a pound: chop them very small, and boil them in a pound of butter unwashed and unsalted, till the herbs are crisp: then strain it into an earthen pott, and keep it for use. M.S.

A Skinning ointment.

Take of the green leaves of Mary golds, half a pound: shred them very small; then take a pound of butter unwasht, and unsalted, boil them till the herbs be crisp; take it off and strain it. MS.

unguentum Album.

Take white lead, beat it very fine, then mingle it very well with bores grease, and it is made. MS.

Unguentum Aegyptiacum.

Take half a pound of honey, 2 penny worth of Verdigrease, as much allum as a walnut and half a pinte of white wine Vinegar: let them boil to a salve. It is good to take away dead or proud flesh, and cleanse filthy ulcers, and old stinking sores: when you use it, make the tents of other salve, and
spread a little of it on the tent. The water may be used with it, but not the powder. vide Mrs Houlder's, Water for sores, and powder for sores. MS. Mrs Houlder.

Lucantello's Balsome.

Take 3 pintes of the best oyl olive, 1 pound of Venice Turpentine, half a pound of the newest and purest yellow wax, 1 ounce of the best red sanders, finely searced; beat the oyl in a quart of cleer fountain water, till it become white and thick: then put the water and oyl into a clean skellet or posnet, and let it simper a while on the fyre. then put it into an earthen pott, that hath a little hole in the bottom, made with an Elfin, and stopt with a peg, and a ragg wrap about it. Let it settle 24 howers, and when it is cold, let forth as much water as will come out at that hole, till you perceave the oyl to come, and then stop it close againe. then wash the Turpentine with half a pinte of fair water, or red rose water, putting

in 2 or 3 spoonfulls at a time: and continue beating therof, till all the water be consumed, then let it settle a while and powre the water from it: shave the wax very thin, but first scrape of the dross, and haveing thus prepared the fore-sayd particulars, put the oyl first into a skellet or posnet, and then the wax, and when the wax is throughly melted, then put in the Turpentine, and let it boyl on a soft fyre above half an hower, stirring it continually. Then putt thereto the sanders by degrees, and let it have 3 or 4 walmes after the sanders is in: then putt it into the pott that hath the hole in the bottome, and stirr it, till it be cold. MS. probatum.

Oyntment for a wound or sore. Take 2 pound of Sheep or better, Deer suett, a pinte of Candy oyle, a quarter of a pound of the newest and best bees wax; melt them altogether, stir, ring them well, and put to them 1 ounce of the oyl of spike, and half an ounce of Goldsmiths boras. Then heat them again and stir them altogether; putt it up into gally potts, & keep it close stopped. It is excellent for any wound or sore new or old.

The Balsamum Aquæ Pendentis, most pretious for wounds and stenching of bloud. vid: ante.
Take of old oyl olive 3 ounces, of clean venice turpentine 8 ounces, wheat clean pickt, 1 ounce and half: S. Iohns wort 2 ounces: the roots of Carduus benedictus and Valerian, of each 1 ounce: beat the roots and herbs together somewhat grossly, and putt them into an Earthen pot with as much sack as will cover them: so let them stand and steep 2 dayes: then putt the oyl and wheat unto it, and boyl them alltogether till the wine be consumed: then take it from the fyre and strain it, and beat into it the turpentine, and 2 ounces of frankincense finely beaten: then boyl it all together againe for a little time; and so keep it in a close glass for use: all-ways apply it as hott as may be endured. This assuredly and safely cures. MS. Christina Thorold of Bruges.

Unguentum Aegytiacum another way.

Take Verdigreese ground very fine, 1 ounce and a quarter, Honey 3 ounces & a half; sharpest vinegar 1 ounce and 3 quarters, boyl them on a gentle fyre to the thickness of an oyntment of a purple colour. - 207 The verdigrees must be powderd, and ground very fine in a brass mortar: and then passed through a fine linnen cloth; observing while you are powdering and sifting, to hold your head back from the mortar, and keep your mouth and nose stopped with your handkerchief, to prevent those venemous steames from getting up into your braines. After you have done useing the mortar, be sure to make it very clean, before you use it againe. Put the honey and vinegar together, into a brass pan or broad brass pipkin placed on the fyre, and as soon as it boyleth putt in the powdered verdigreese, and mix it with the honey by stirring it gently with a Spatula: boyl it and keep stirring now and then till the vinegar is boyled a-way, and that it come to the thickness of an oyntment: which you may easily know, by letting a drop or 2 grow cold, on the backside of a plate or Marble stone. - prices.

Verdigreece 2d. ob. Honey 1d 3 farthings. Vinegar. 1d. ob. the whole 4d 3 farthings. ffor while you shall have 4 ounces of Unguentum & 198;gytiacum.. the ounce coming to allmost 5 farthings. The Apothecaries sell the pound 4 sh. the ounce three pence. Dr Harvey.

In Imititation of this Unguentum Agyptiacum, ffelix Wurtz, prepared his brown oyntment, so much famed amongst fforeign Surgeons: thus made;
1. Take ground Ivy, speedwell and figwort, of each 1 handfull, being bruised in a mortar; putt them into a glass retort recea-ver, and powr on them as much sharp vinegar as will cover them, and 2 inches over them: let them stand in digestion in the sun in the summer, or in warm water in the winter for 7 dayes. then strain and press the Vinegar hard from them. 2. Take
of the best green coperas 2 pound, putt it into a thick blackish Earthen melting pipkin, of noe greater bigness then will just contain the Vitrioll. place this between bricks layd so, as to make a square towre, about 2 inches larger then the pipkin, and 2 inches higher. ffill this kinde of open furnace, with charcoal up to the top, and kindle it gradually, which in less than half an hower will make the pipkin red hott: continue this heat till the coperas be calcined, or burned into a deep red. Then take out the pipkin, and being grown cold, break it, and take out the red coperas or Colcothar,

which beat to powder, and putt into a new pipkin; powr on it one quart of river or spring water, and one pinte of vinegar: boyl them till half be consumed away; then after it is setled powr off the tinctured liquor into a flatte earthen pan this done, powr another quart of spring water upon the same red vitrioll, boyl it away half, and after it is setled, powr off the tinctured liquor, to the other liquor in the earthen pan this repeat with fresh water, till the red coperas will colour the water noe more. Place the earthen pan between 2 bricks set edgwise, and kindle a very moderate fyre under it, and let the water evaporate or dry away, till the red vitriol that was dissolved in the sayd water, be left dry in the bottom of the pan. This red dryed Vitriol put into a new pipkin, & calcine or burn it over againe, as you did at first: that putt into another pipkin, and your fresh water on it, and boyl it as you did before to extract the tincture, or dissolve the purest of the red Vitriol: then powr it off into your Earthen pan, and powr more fresh water on the red Vitriol or coperas, in the pipkin, and boyl it to extract more of the tincture: thus continue, till all is extreected, throwing away the remain dregs on the bottoms; the tinctured liquors evaporate againe to a dryness; and then calcine or burn the red coperas remaining on the bottome, a third time, and extract and evaporate it over againe, in the same Manner as before. Which done, the Coperas is prepared. 3. Take Verdigreese 1 ounce and half, powder it and putt it into a glass; powr on it half a pinte of sharp distilled Vinegar; let it stand in the sun 4 or 5 dayes, or 24 howers in warm water: then power off the vinegar being tinctured green, and evaporate it in an Earthen pan, till it be dry-dry. - The proportion of these prepared ingredients, for to make the foresayd brown oyntment, is as followeth. Take of the formentioned prepared Coperas powdered 2 ounces: of the prepared Verdigreese, 1 ounce and a quarter: clarifyed hony 6 ounces of the vinegar that was pressed from the herbs, 3 ounces: of the flegme of Vitriol 2 ounces: boyl them to the thickness of an oyntment, in the same manner as was told you in the preparation of Unguentum #198;gyptiacum
As this brown oytment is heer described, the preparation is very te-
dious and troublesome: which you may make shorter thus. Calcine the
Vitriol 6 howers, then powder it, and extract the tincture with 3 quarts
of Water, and 1 pinte of sharp vinegar: evaporate it, and then it
is sufficiently prepared. - The verdigreese must be prepared as
was set down before. The herbs need not be extracted with vine-
gar: onely press out their juices, and mix them with the tincture of
Verdigreese. The honey need not be clarifyed; onely take of the
scum as it is boyling with the juices: then putt in the other ingre-
dients, as you were shown before.

But farr beyond this, there is an oyntment, that in Malignant or
sordid ulcers, joynt waters, fistulo's, and other desperate cases,
doth the greatest Effects imaginable. - Take the vitriol of Ve-
nus, and Vitriol of Mars, of each half an ounce: sugar of lead
2 drams: honey boyled up to a consistency 3 ounces & a halfe:
Mithridate half an ounce: mix them together in the Mortar, without
putting them over the fyre; if your oyntment happen to
be too thick, either by overboyling your hony, or by dryness of
the weather, drying the oyntment after it is made; you may soften
it with a little honey of roses, or rather juice of Celandine.
Dr Harvey -

Unguentum Althaeae, or Oyntment of
Marsh Mallows./

Take of the oyl of Mucilages (which is described in the
appendix to this book) 1 pound: wax half a pound: Rosin
1 ounce & half: Terebinthin 6 drams: make them up into
an oyntment. - ffirst melt the wax and Rosin together,
Afterwards, putt in the Terebinthin and oyl: let them boyl
gently to the thickness of an oyntment: stirring it oft
with your Spatula, till it be ready to be taken off the fyre.
- It will stand you in something less then 3 farthings
an ounce. The Apothecaries sell the ounce at 4d - The
Description of Unguentum Basilicon I willingly omit; because
that Tarr and ffirre Terebinthin together mixt in equall pro-
portions, doth digest and ripen farr beyond it. Dr Harvey .

Unguentum populeon, or poppey Oyntment.

Take of the fresh buds of black poplar half a pound: Violet
leaves and Venus Navil, of each 3 ounces: new unsalted hogs greace 3 pound: bruise and mix them, and let them steep together in the hogs grease in the month of May. add to them of the topps of yong bramblebush, of the leaves of black poppey, mandrake, henbane, nightshade, lettuce, of the greater and lesser housleek, and of the greater burdock, of each 3 ounces. Bruise them again and mix them altogether, letting them stand and ferment 10 dayes: then powr on them a pinte of rose water: and boyl them till all the superfluous moysture be consumed. Strain and press them hard through a Canvas Strainer.

- The poplar buds, violet leaves, and Venus Navil, must be bruised together in a stone Mortar in the month of May. The hogs grease must be freed from its little skins, and washt in this manner. Cutt it into small pieces and melt it with a little water over a Charcoal fyre in a clean flat earthen pan: stirring it often with a Spatula: Being melted, strain it through a clean piece of Linnen, and powr on it some lukewarm water; putt it over a very gentle fyre, stirring it oft with a Spatula for an hower: then letting the grease settle, powr off the water, and powr on againe some fresh warm water, and stirr it oft for half an hower: then set let it settle and shift the water againe: washing of the sayd grease thus twice or thrice is sufficient for this oyntment; but for the oyntment of Roses, Unguentum album, and Unguentum pomatum, where whiteness is required to make the oyntment look neat, and very white, you must wash it in the manner aforesayd 8 or 9 times. - The hogs grease being washed putt it into the Mortar, and mix the foresayd herbs with it, by stirring the pestle oft about: then putt them into a clean pipkin, and let them stand about a Month or so long, till the other herbs can be gott; which then must be also bruised in the Mortar, and mixed with the grease, and poplar buds: this done, set them in the sun for 8 or 9 dayes: stirring them now and then with a spatula. At last putt them into your pann, powr the rose water on them, and let them boyl till the superfluous moysture be boyled away: then strain and press them hard out, and putt them into an oyntment pott. The Apothecaries sell this for 3d, or 4d the ounce. Dr Harvey . / see more in the title of Salves. /


ana. ʒ iii. Litharge of gold. ʒ ii. powder of burnd Oyster shells. ʒ ii. fresh grease lib. i. Camphire ʒ i. burnt allum ʒ i. fiat. secund. artem. M.S. Lady. Byron
Palsey ................................ to heal. 211.

..........................................

Wipe your fingers between your toes, and ... smell of them morning & Evening. M.S.

Another for the palsy or Numing in the arms. Take Castoreum half an ounce, bay berries, anniseeds and fennel seeds, of each an ounce: cloves, mace, Cinnamon, ginger and pepper, of each a quarter of an ounce: all these must be bruised and steeped in a gallon of good Malmsey, 12 howers: then put to it 6 handfulls of sage; tansy and garden cresses, of each 4 handfull, Lavender flowers, bettony flowers, and the roots of prim-" roses, of each 2 handfull; all these must be bruised and put to the rest, and stilled in a Lymbèck. The first 3 pintes are best: twice or thrice in a day take a spoonfull therof at a time: and once a day both your arms with it against the fyre: but rub them not too hard: when you drink, you may if you please, put in sugar. M.S.

for the palsy. Make an oytntment of Bryony, with olye olive and swines grease. MS. Lady Byron

Item. seeth Lavender well in water, and drink half a pinte first and last for 14 dayes. ibid.
Grinde Mustard seed, with the like weight of Sallet oyle; let it stand 9 dayes, then strain it and use it for palsies, stitch, gout, and swelling. ibid.

The famous Palsey water.

Rx; Sage, rosemary, bettony flowers of each half a handfull Borage and bugloss flowers, flowers of Lillium convallium Of each a handfull: Steep these in spirit of wine, muscadine, or Aquavitæ which you please, each one in their season till each may be had: then put to them balme, spike flowers, Motherwort, bay leaves, leaves of orenge tree, with their flowers, if they can be gott, of each 1 ounce. put them into the rest, and as many Lavender flowers stript from the Stalk as will fill a large gallon glass: steep all these 6 weeks or 2 Months: then distill them in a limbeck very carefully: then putt into this distilled water citron peels dryed, piony seeds hulled, of each 6 drams: of Cinamon half an ounce: Nutmegs, Mace, Cardomoms, Cubebs, and yellow sanders of each half an ounce: lignum aloes 1 dram: make all these into
powder, and putt them into the distilled water abovesayd.
and put to them of lubebas (jujubes) new and good,
half a pound, the stones taken out: cutt them small; and
close the vessell very well with a double bladder.
let them digest 6 weeks;

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then strain this hard with a press. and philtralle the liquor:
and put therinto prepared pearl, smaragds, musk and
safron, of each 10 graines, and of ambergrise 1 scruple:
Red roses well dryed, red and yellow sanders, of each 1
ounce: hang this in a saracenet bag in the water. Stop
it close that nothing breath out. - This water is
of exceeding Vertue in all swoundings, weakness of heart,
decay of spirits, it restores speech in apoplexies and palsies.
it helps all paines in the joynts comeing of cold, or bruises
inwardly, bathed and dipped cloaths layd on. It strengthens
and comforts the animal, natural and vitall spirits, chears
the externall senses, strengthens the Memory, restores lost
appetite, helps all weakness of Stomach, being both taken
inwardly and bathed outwardly. It takes away the giddyness
of the head, helps lost hearing, makes a pleasant
breath, restores lost speech: helps all cold dispositions
of the Liver, and the beginning of a dropsy: helps
all cold diseases of the Mother; so that none can express
the vertues of this water sufficiently. - Take bread
wett it very well with this water: take it in the morn-
ing fasting and as much at night, when you go to
bed if need require & this water must not be taken inwardly alone, it is too strong & hott. It hath curd them that have
been halfe dead, & lost their speech. / But in a fitt of the dead palsy
or apoplexy you must give so much every hower to
restore the speech. The place that is nummed must
also be rubbd with it. - Mr Battersby at the
golden Helmet in ffenchurch Street Lond. did sell
the best palsy water at 20 sh. per pint. ibid./

ffor head and hands quakeing, Rx. Leaves & roots of Sage, prim-
rose of each a like quantity: Mustard seed & bay leaves a like
quantity; stamp them & mix them with May butter; fry it & strain
it: anoynyt the neck, sinews, ioynts, veines and hands. If the
palsy take one side, drink store of sage water; rub the temples
and veins with it: and allwayes have good store of Mustard &
sage leaves stampt together; fennel seed burnd, and a little vi-
negar, make them luke warm, and apply them to the
side, head, temples, armpitts, & wash thrice a night: on the
morrow eat sage & sharp mustard together, till your eyes wa-
ter: if any thing help this will. But if the palsy be on
one side of the head only, apply it thereto all night, or
to any other member; there is no better medicine.

ibid.

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perfume for a chamber: ... and some for Linnen./

Take Storax, Calamymt, Benjamin, and lignum aloes of each an ounce, coales of willow well beaten into powder, 5 ounces: mix all these together with as much Aqua vitae as will suffice to make it into paste; then make therof little cakes, or other forms what you will; keep them, and when you would use it, sett one of them on fyre. M.S.

Another. Take Benjamin, storax and Labdanum, of each a like, a little

damask powder, a little orrass powder, a little frankincense, mirre, and powder of Iuniper: beat them all to a past, in a hot mortar, and so make it up as you please to burn. M.S.

In time of plague. Take Labdanum and Benjamin, of each 1 ounce of Storax and Calamint half an ounce, frankincense 2 ounces, make them in powder and mingle them together. MS.

An Excellent perfume for Chambers or rooms of Entertainment.

Rx. powder of Willow coales

ضار. Labdanum 3 ii. Storax, Benjamin ana . Mastick, sweet Taccamahacca, yellow amber. ana 3 ii. Lignum Rhodium. 3 iSs. reduce all to a subtil powder, and make them up into small candles with gum tragant steepd in rose water: then dry them in the shade, kindle the narrow end of them, and sett them on a candestik at point of a Saveall first heated. Hartman.

Another. Rx. coales of Rosemary wood pulverized

Labdanum 3 ii. Storax. Benjamin. ana 3 i. Roots of Cyprus, Aromatik reed, Mastick, yellow amber. ana 3 ii. Cloves a dram. Musk, amber greece, Civet, ana grains 10. reduce all to a powder and make it up into little short candles with mucilage of gum Trangent steepd in Orange flower water. Dry them & use them as the for-
The Countess of Dorset's sweet Water.

Rx Rose leaves, bay leaves, lavender, sweet Marjoram, Eglandine and pinks an i. Cloves and Cinamom an ounce, bruise them all and power on them 2 quarts of strong ale; let them infuse 24 howers, then distill it and draw it till the Ingredients be all-most dry. Idem.

214 Piles or Emroids. Sores of the fundament.

Take a quantity of Mussell shells, burn them to powder in a fyre shovell; take also the upper leather of an old winter shooe sole, & burn it to powder: let there be of each powder a like quantity: then bruise them together very fine, and mingle them with May butter or fresh butter, new out of the Churn: neither too thick nor too thin, but that it may be somewhat soft: take the quantity of a haslenut heer of, and annoynt the piles therewith evening and morning lying in your bed: laying to them a hot scarlet cloth, In 6 or 7 times dressing you will finde ease & cure. MS.

Another. Take a little treacle and spread it on a cloth, strewe a little powder of ginger on it: apply it to the place. MS.

Another. Take an apple and cut out the core, put into it, English safron and capons grease, rost it and lay it hot to the place on a peece of scarlet. M.S.

Another. Take Mussell shells and burn them in the fyre, take the whites of them and make it into powder; put to it a little English hony, temper them together, lay it on a linnen cloth, and lay it on the sore place. M.S.

Another. Take the roots of Dandelion, dry them and beat them to powder; lay the powder on dock leaves, as hot as you can suffer it. Or take green colewort leaves, wipe them clean, then stamp
and strain them, then take fresh grease to the quantity of the
juice, mix them well together, spread it on a little Lint, and
lay it on the sore. M.S.

Another. Take pilewond and red sage, of each a like quantity:

add therto a sufficient quantity of May butter; bruise the herbs
and boyl them together, a reasonable while, and anoyn the body
within and without. - The inward Medicin is a self sowen
bearded leek, and a small quantity of bay salt stamped very
fine: put as much of it into a lawn rag, as you can well put
up into your body: let the end of your lawn be somewhat long,
that you may take hold of it againe: being put up, let it rest.
there a night: use this twice, and then anoyn it as aforesayd. M.S.
Another. take a little piece of Scarlet, and burn it to powder,
beat it and searce it through a lawn rag, put to it a little
English hony: anoyn the place with a warm scarlet cloth. Or
take a chafingdish of coales, put them in a close stool or chayr,
then take the rinde of strong cheese, and put it on the coales,
set over it morning and evening as long as you can endure:
Or Take half a pinte of Cream, the newest, and almost a
quarter of Sallet oyl; set the cream on the fyre, and when
it is hott, put in the sallet oyl: and keep it with continuall
stirring: then put into it the quantity of a great egg of the
purest refined sugar; let it boyl together till it be thick,

but have a care ............. doth not burn: then put it
up close in a pot & ......if............. apply it. MS.

215. Another. Take a fig, slice it in the middle and tost it: lay it to the place

pained as hot as may be: and if it be sore within, put up a preece as
you do a suppository. M.S.

Another. Take an onyon, and cut it flat wayes, rost it and spread

some mithridate on it, lay it to the place. MS.

Another. Take 2 or 3 bricks and burn them red hott, put them in a pan

under a close stool, and sprinkle them with vinegar: sit over the
stool and receave the fume into the fundament: do thus 3 or 4 times
Another. Take the inner rinde of Elder, and barrows grease; boyl them together till you think the strength of the Elder is boyled out: apply it warm. M.S.

Another. Take the heads of unset leeks, wash them clean, then boyl them in a quantity of running water, till they be somewhat tender: take them forth and dry them with a linnen cloth, stamp them very small; then take a piece of fresh butter and boyl them therein, on a chafing dish of coles, adding therto a good quantity of English safron: when it is well boyled strain it through a linnen cloth, and keep it for use. When occasion serves, put a little on a cloth or a piece of leather, lay it cold to the grief, it will soon help. MS.

Another. Take 3 or 4 handfull of Mullet, 3 handfull of pile-wort, one or 2 handfull of housleek, shred these very small; then take 1 pound and half of mutton suet shred, very fine; put all together, and boyl them 2 howers; take of this oyl very hot, & dip some cotton into it, and anoynt the place hott: then take some of the herbs and spread them on a cloth, or putt them in a bagg, & as hott as the party can suffer it apply it to the place pained, as soon as the party comes off the stool. M.S.

ffor any Inflammation in the fundament. Take unguentum populeon: unguentum Comitissæ, and liquid Stirax but the Stirax must be least in quan-tity: mingle them together, and apply it with a cloth to the place. Mr. Gardner .

Rx. de stereore canis pulveri zato, et cum modicoaquæ vitae fiat unguentum quo lineatum locus. Mundificat viridis tam menSm y thei precenente. M.S. Lady Byron

ffor the pain of the Hemrhoids. Rx. Sallet oyl and the
yolk of a new layd egg, and some English Safron beaten into fine power: mingle them together, so as the egg be not hard, and lay it on the place. MS. Lady Byron

To kill the Hemroids. Rx. oyl of red rose ℥ i: half a spoonfull of the best honey: a quarter of an ounce of myrrhe, beaten to fine powder: mingle them together, then sett them on hot embers, and let them simper together till the mirrh be melted: then strain it through a clean thinn linen cloth and keep it for use. Apply it warm to the place, and putt it in as far as you can and as hutt as you can suffer it: and if it be very sore, lay a linnen cloth steepd in the same hott upon it - Also you may take mirrh of it self in powder, or otherwise somwhat small, and lay it on coales in a chafing dish, and set it in a close stool, and sitt over the smoke, and it will kill the Hemroids: but beware as much as you may that the smoke come not up to the face. ibid.

To extinguish the Hemroids. Rx. myrrh ℥s franckincense a quarter of an ounce: beat them to powder and there-with make a perfume on the Coales for 4 severall times, and use this following oyle thus. - Oyle of red roses ℥ i. oyl of linseed ℥ i. powder of Mirrh. ℥s: boyl them together with a spoonfull of honey gently upon Embers, and anoyn the place all over and about the fundament, warm. probatum. ibid.
Seeth Elder green leaves in water to pap, and lay them on a peece of red cloth: and anoyn the Emroids with oyl olive, and then apply it as hutt as may be suffered: as it cooleth apply new: do so all night if need be, to cure it in one night. ibid.
Onyons being layd to the fundament with oyl or vinegar, open the Hemroids: so the juice like doth, or the whole Onyon mixed with rosted apples, and applyed therto with Cotton. ibid/

Piles. Anoyn with oyl of Roses and franckincense: you may for the richer sort put in mirrh: it will heal it easily. ibid.
Piles. Take the juice of sage and honey and boil it together, and apply it warm. ibid./

Take Mastick and frankincense, put it in a chafing dish, and place it in a close stool: sit over it, and let the fume go up into your body; do this twice a day; it cures the piles and any disease in those parts./ and bind a leaf of Mullet to the place all day during the cure. ibid./

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To stop the piles use powder of Acorns, Ash keyes, & a little Bolearmoniac in warm broth, or drink, or a Rere egg. ibid.

To cure the piles. A little fine treacle, spread upon a leaf of Mullein, and layd to the places, cures them: Also an ointment made with the leaves of Mullen, and old hogs grease, worketh the same Effect. ibid./

Piles. put strong vinegar upon hot Tyles and sit over the steam. ibid./

For the piles: The yellow leaves of Mullen scraped in oyl, and sett in warm dung till they turn to oyl. cure the piles or any distemper in those parts. They say figs do not putrify, if they be wrapt in Mul-lene leaves. ibid.

Another. Rx. half an ounce of Virgins Wax, half an Ounce of Deers suett, half an ounce of May butter, 1 ounce and half of Sallet oyl. Melt all these together with a soft fyre: then take half a pint of snow water and put it in by spoonfulls; beat it till all the snow water be consumed: then spread it very thin on a linen cloth, and apply it to the grieved place. ibid./

To stop bleeding of the Hemroids, lay on powder of Alloes. ibid.
ffor the burning swelling and pain of Hemroids. The leaves of Elder stamped applyed cold take away the pain at 3 dressings: so doth purslain applyed the same way, and asswageth ulcers and proud flesh. - To take inwardly to asswage pain the decoction of Yarrow taken 3 dayes as ordinary drink; & the seed of 3 leaved grass, given many dayes together in the yolk of an egg is excellent. - The oyl of Charity, 1 spoonfull will stop them at any time. ibid./

ffor the piles. Rx Elder leaves & stamp them in a mortar, strain out the juice, evaporate all the moysture, till it come to the thickness of Hony: then strain it & putt it up for use, & therewith anoynt the place grieved night & morning. It will keep good all the year. Mr P. M.

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218. Pills of all sorts./

Pillulæ aloes Rosatæ to make. Take 4 ounces of the best Alloes Syccatrine, beat it, and put it into a broad Marmalade glass; take a quart of the juice of Damask rose budds, and in the hottest time of Summer, imbibe and steep the aloes in the sayd glass, in that juice, (you may add to it, the juice of burrage and of Violets, and in case of the Rheume, Mastick powdered.) while the aloes be dissolved into a liquor; then sett the sayd glass where it may have the full force of the sun: which will exhale all the moysture and leave it like a gum, when it is so add some more juice, and set in the same sunne againe, and this do for a forthnight together, or a Month, which is best; in which time they will so incorporate, as there will be an equall proportion of each. this done let it stand in the glass, and if it chance to be dry, add some of the juice; and for want of that, a little damask rose water; this is good for phlegme, obstructions of the Liver and the Dyssentery; & the Rheume of the head. When you feel your self ill affected in the parts aforesayd, take the quantity of 3 big Pease, and make them up into pills, and put each of them when you take them in a little syrup of violets when you go to bed, and next morning, take once broth or posset ale. probatum MS.

Pillulæ Rudij, or Extractum Catholicon.
Take of the pulp of Colocynth, 6 drams, Agarick, black Helbore root, Scammony, Turbith, of each half an ounce: Alloes succatrine, 1 ounce: of the powder of Diarrhodon Abbatis, half an ounce. All these, except the powder or Species of Diarrhodon Abbatis, must be beaten into a gross powder, and put into a digesting glass, viz, a glass body and blinde head; or into a bold head with a wide neck, powring on them as much brandy as will cover them, and eight fingers breadth higher, so let them stand in the sun to steep for 8 dayes: then in the same manner infuse the powder of Diarrhodon Abbatis, in brandy for 4 dayes: then strain and press the liquor or tincture hard from both the Infusions, and mix them, powring them into a glass body, covered with a glass head, and distill off as much of the Moysture, till the remainder in the bottom of the glass body come to the thickness of honey. wherof make a Mass of pills; and putt it up into a stone pill pott. - Exceptions against this præscripti-
on. 1. Whoever caused this description to be inserted into the dispensatory, discoverd himself very much unexperienced in Chymicall Pharmacy: by directing the Alloes and Scammony to be infused with the other Ingredients: for the Alloes and Scammony immediately saturateing or clogging the body of the

recto of insertion after page 218

To take spotts or stains out of silks, stuffs or Cloathes.

Take a Trotters bone, burn it & beat it to powder, mix it wi fullers Earth & a Little Castile soape. wet it in fair water, rub it on the place, & dry it i...g in the sun, or by a gentle fire. then Rub it over hand with a wet brush, & it when it is dry the stain will dissapear.

To take out Pitch, Tarr, wax or Rosin out of silk woolen or Linnen

Pour a Little Oyle of Turpentine on the place, & let it soak in about half an hower, & then Rub it out but not to hard, & you will find the Tirpintine has soaked out the Glutenuous Quality, soe that it will tumble out Like dry Clay

To take spotts or staines Out of Linnen
Take the Juice of a Lemon & Red Onyon
Mixed together, put into it a Little gum sandrock, & crumbs of stale white bread, heat these gently over a fire & then dip the part that is stained, often in it, let it then dry & have in readinesse a hot Lather of soap, & water, to wash it Immediately, & doeing soe in two or 3 washings it will Quite disapear.

To Clean Gold & Silver Lace,

Lay it on a Carpet very Even, then with a soft brush, run it over with fine bran, 3 or 4 times, to take of the dirt. then to brighten it take burnt Alome, beaten to fine powder & Sifted, rub this powder on gently in all places where the Varnish is & it will answer your Expectation.

To make teeth White,

Take Lapis Calaminaris, burnt & Beat to fine powder, & powder of fine pumice stone, put them, into a Little White Wine, & dry them again in an Oven, & reduce it to fine powder again rub your teeth with it Either with a Little brush or your finger, & wash your mouth with small bear in which sage has been boyled, & they will be both white & fast.

brandy hinder its ......................... spirits in attracting the 219. vertue, out of ......................... the other purga-
tive ingredients. there not being a 3d part of their vertue extracted. 2. the powder of Diarhodon Abbatis, is troublesome and chargable to be prepared: and when it is prepared, signifies no more to the correcting of those strong purgatives, then water to the washing of a blackamore white. Wherefore instead of this ffofb corrective rather add to those purgatives, Cinnamon 1 dram, Clove bark 2 Scruples, both reduced to a gross powder, and put in with the other ingredients. The volatile Salts and spirits of those spices, being u-
nited with the spirits of brandy, do not onely render them more potent to extract the vertue of the other simples, but also qualify them through their subtle particles to maturate and digest the gross impure Sulphures of those violent purgatives: wherby they become more mild and less offensive to nature and heightend in their vertues.

The true manner of prepareing the foresayd pillulæ Rudij.

1. break the Colocynth apples, take out the white soft marrow, flinging away the graines and kernells. Then put the sayd marrow into your brass mortar, dropping into it a few drops of oyl of sweet allmonds or sweet Sallet oyl: and beat it to powder. 2. the Agarick will not be beaten to powder, but must be grated in a tinn grater. 3. the black Hellebore and Turbith, may be beaten together into powder. 4. Putt all these ingredients together with the spices, beaten to a gross powder, into a digesting glass: then powr the brandy on them: haveing dissolved into it one dram and a half of Salt of Tartar. when the liquor is sufficiently tinctured, strain it, and press it hard out into a low glass body: to which you are then to add, the best Succotrine aloes (which needs no other purification) grossly powdered and sifted from the little Stalks ans other heterogeneous bodies that are usually incorporated with it. After this, distill off the moysture, till it come to the thickness of honey. 40 Twenty graines of this preparation is more safe, and yet not less effectuall then 40 graines of the other. The prices. Colocynth. 5d or 6d. Agarick 3d. black Hellebore. obulus Scammony 5d. Turbith. 3d Alloes Succotrine. 6d. Species diarrhodom Abbatis. 6d. Bourdeaux brandy. 15d. Charcoal. 4d. ffor which you shall have about 2 ounces of pillulæ Rudii.

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220 the ounce comes to 1sh. 11d. 3 farthings : the dram to 3d . The Apothecaries sell the ounce for 4 sh : the dram. 6d . Dr Harvey .

The Mass of pills of Hiera with Agarick./

Take of the powder of Hiera picra, (the preparation of which you may see among the powders) and Agarick. of each half an ounce: the best aloes 1 ounce: honey of Roses as much as will suffice to bring the foresayd powders into a Mass. - The Agarick must be grated on a fine gra- ter. The allows being powderd, must be mixt with honey of
roses, and afterwards dissolved together over the fyre. The foresayd powders being putt into the mortar, and mixt together, powr on them a third part of the honey of roses with the alloes dissolved in it, and mix it well with the powders by stirring the pestle round: then add to it the other 3d part, mixing it well together; and so doe with the remayning 3d part: afterwards, when the hony is incorporated, and the mixture appears in clotts, beat it well together with the pestle, till it come to a Mass. But you must know

How to prepare honey of Roses.

Note. there are 3 sorts of honey of roses sett down in the dispensatory. Viz, Common honey of Roses; honey of roses clarifyed, & honey of Roses Laxative. It is the 2d sort of honey of roses which is used in this Mass of pills, and is prepared thus. Take 2 pound & a half of Clarifyed honey: the juice of red roses newly gatherd, a quarter of a pinte; new red rose leaves 1 pound: boyl them together till the juices of roses be boyled away: then strain it. you must also know

How to Clarify honey.

Take what quantity you please of honey, put it into a new glazed pipkin, or a brass tinnd preserving pan: powering on every pound a pinte of water: let them boyl up twice or thrice, to the end they may be throughly mixt together, and strain this syrup once or twice through a close canvass, or flannel strainer. Then to every quart of syrup add the white of an egg, with the shell crusht to peeces; beating the sayd white of egg, with a rod made of twiggs, or a spoon, into a froth, mixing with it a small part of the Syrup, while it is beating. Afterwards powr in the rest of the syrup, which you must let boyl so long, till so much of the moysture is boyled away, that it comes to the thickness of

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221. honey: then take it off the fyre, and skim off the froth. But if the hony be very fowle, it is necessary you should skim it while it is boyling. - The prices of this Mass is easily computed by those of the powder of Hiera pircra, and the table of the rates of druggs. There are many other masses of pills in the Dispensatory: but it is superfluous to describe them; because a physitian by prescribethe mixture of these 2 Masses heer described, in such proportions as he shall judg necessary; or by mixing one or both with some purgative powders sett down among the powders; or by mixing of either or both, with some preparation of his own, according to the indication of the
disease or cause therof, he may easily answer all those intentions, for which that excessive Number of Masses of pills described in the Dispensatory can be supposed capable to be used. Dr Harvey.

pillulae pro venibus et gonorraea, et lue Venerea, optimae.

Rx. Terebinthiae Venet. in pulverem redact. ʒiii. Masticks, succini alba ana ʒii. granorum alkakengi Ἔii.

seminum malvae. Ὑi. Nucis Moschatæ. Ἔς Rhabarbari ʒ1.s. Turbeti Mineralis. ʒs Cassiae fistul. noviter extractæ quantum sufficit. ffiat massa pro pillulis.

Dos est Ἔii. Sumuntur post levem cænam hora somni, vel paulo ante. Pro renibus et Gonorrhæa quae non fit ex lue venera, non opus est Turbit.

Mineral. nec Cassia fistul. Sed pro lue venerea maxi me stent utenda. Secret. per Banister. M.S. Lady. Byron A

Dose for one time is to make them into 3 pills, and let all 3 weigh, a groat and a penny weight as neer as you can: and that is a just dose for one time, to be taken going to bed, haveing not supped, or supped but lightly: Take them in conserve of Barberries, in Conserve of violets, or the pap of an apple. ibid./

Stomach pills. Rx. Mastich, red roses ana 1 dram.

best alloes 3 drams: with syrup of wormwood make therof a Mass. Take 2 or 3 pills at a time: before dinner an hour or 2. They strengthen the stomach, and purge without troubling the Body. ibid./

Turpentine pills. Rx. of best Cypress Turpentine ʒiii.

put it in an earthen pipkin, & putt theron Plantan water ʒiii: let it stand 12 howers, then boyl it till all the water be consumed: then work them up with the powder of sweet wood, the bigness of pease, & take 2 or 3. Mr. P. M. vide pag. 119./

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The foregoing pills are for the stone & gravell, & must be used thus. Rx Water 12 pintes, Marsh mallow roots scraped & in thinn slices ʒii, Licorice bruised ʒi. Boyl all these in an earthen pott well glazed, & close covered for 2 howers. Then put into it pounded Cinnamon half an ounce, when you take it off the fyre, & when it is cold strain it & bottle it for your use. Take of this drink for 4 or 6 days together, drinking no other liquor, & take the foregoing pills every morning: keep your self from violent exercise, salt meat, fish & the like. ibid.
The Vatican Pill, for all distempers, & particularly for the Gonorrhæa.

Rx Ammone, aniseed, Mastik, ginger, grains of Paradice, Cardamome, Zedoary, Mace, Cinamon, Nutmegs, Cloves, Safron, Cubebs, Lignum aloes, Turbith Manna, Agarick, Senna, Cassia fistula; the 5 myrobalanes. añi. the best Rubarb the weight of all the foresayd things: aloes succative as much as aforesayd: add to these Carduus benedictus & scorindum anã ʒss. make all into a mass of pills with syrup of red roses & violets. Take the first day 1 pill, the 2d 2. the 3d 3, the 4th 4, & when you take them keep onely a convenient diet, & drink posset drink or a thin broth. - They are good for all Complexions, ages & sexes, in all diseases; they preserve health, if you have no sickness, & take them: they purge all peccant humours: evacuate chol- ler black & yellow: fortify the limbs both principal & feeble: cause mirth, keep back old age; preserve strength & vigour: comfort the stomach & belly, preserve sight, unstop the ears, preserve the breath, hinder putrefaction; keep vapours from ascending to the brain, or descending on the lungs: procure appetite, hinder belching; hinder vertigos & giddyness: Cure scabbs, itches, dropsyes & scurvies. M.S. Mr P. M. / Quære the use of these following viz for weakness of back and gonorrhoea. Rx. Terebinth Venet lotæ et parum coctæ ʒ i. deinde imsperge hæc sequentia: sanguis draconis in guttis ʒii. Bolus verus. ʒi. Cortix cin Granat. ʒi. Balustines ʒi. Spes diadraganth. frigid. ʒi. Spes. Aromatic. Resat. ʒiss Omnia in Pulverem: fiat massa pro pillulis. MS Lady Byron .

Piss or Urine ...................to cause: 223.

strangury ....................to help.

Take Hawes between our Lady dayes in harvest; and distill water of them; and the berries of sweet bryers, the kernells taken out, stilled and mingled together: or each of them alone take in the morning and evening, with wine or ale. This provokes urin and cures the strangury. MS.

To make one piss. Take of parsly, and of red fennel, of each a quarter of a handfull, wash them and shred them small, and put them into a cup of small ale, and make a posset therwith; drink the ale, and it helpeth.
or take a handful of time, seeth it in a quart of Malmsey, &
drink, you will straitways piss. MS.

ffor one that cannot make water. take brown bread of wheat, and crum
it in a sawcer, put butter to it, and boyl them together; spread them
on a linnen cloth like a plaister, and as hot as may be lay it to
the navel. MS.

Another. Take a new layd egg, and power out the white, and keep
in the yolk, and take a quantity of the powder of S. John's wort, put
it in ane stirr it about: set it on the fyre till it be somewhat warme,
and sup it up: for lack of this, take half an ounce of bees, and
rub them to powder.

Another. Take a new layd egg, make a hole through both ends and
blow out the meat: then lay the shell by the fyre side, till it be
somewhat warm, so as the shell may be taken from the filme.
then take the shell, and dry it througly to powder, make it very fine,
and take some therof in a morning in a draught of white wine. MS.

Pissing of blood.

Take parsly, Ambrosy, and Bursa pastoris, of each a like quantity,
stamp them and temper them in a quart of goats milk, strain
it, and drink therof, first and last: this will stanch it presently. MS.

Stopping of urin to help. Take sea horse pissle filed as much as
will lye on a groat, put it into a glass of beer or ale: drink
of it at any time: it will give present ease. probatum. MS.

To cause one to make water, whose water is stopped. Rx the
crumms of leavened bread, boyl them in a dish upon coales
with butter, till it be so thick, you may spread it on a
cloth: then binde it to the navell as hott as you can
suffer it. Within an hower you will piss. M.S. Lady. Byron.
The pulp of 4 or 5 rosted apples, especially pomewaters,
mixed in a quart of fair water like lambswool, drunk
last at night, in the space of one hower doth in one
night cure those that piss by drops, with great paine;
also the strangury and all other disease proceeding
from difficulty of makeing water; but in twice takeing
it never failes: It cures also the running of the
reins gott by those means. ibid./
To provoke Urin speedily. Dry the leaves of and Roots of Betony in an Oven wherein brown bread hath been baked, and use half a spoonfull of the powder in white wine, posset ale, drink or pottage. ibid.

ffor a woman that cannot hold her Urine. Stamp E-grimony with salt, seeth it in old wine, and drink it when it is sod to the third part. ibid./

ffor the strangury. Take radish leaves, seeth them in ale and give it to drink it will cause to drink-piss. ibid./

To cause to urine. Take parsly and seeth it in white wine and drink it. ibid

powder of the dryed leaves of Betony drunk with wine, is good for them that piss bloud, or spitt bloud, & cureth all inward wounds: Especially the green leaves boyled in wine and given. ibid

Water that is stopt. Rx. parsly seeds and roots; fennell seeds & roots, boyl them in water till they be soft, lay them to the Navel very warm, and change them oft. ibid.

An excellent Medicine for the Strangury, pissing of bloud, sharpness of Urine, & the stone. Rx of the harrow head stone an ground to a very fine powder. put to it a pinte of very strong vinegar; let it infuse 12 dayes: then powr the vinegar finely from it: then putt to it an ounce of Mercury, and circulate it in a bolt head, or bag pipe, or sack glass: the best circulateing glass, is a double heart glass like an hower glass: there circulate it dry then take it out of the glass, & putt to it half a dram of gold, a dram of Saturn, & a scruple of Saturn-Bezoar: add these salts. viz. pellitory of the wall parsly, fennell, Ivy berries, philopendula, broomplants, Walnuts, hysop, of each of these 15 grains: oyl of Vitriol a scruple: mix all these in an ovall glass, & digest it to a perfect calx. The dose 12 graines, dissolved in plantane Water, to bedward. This is an excellent thing. Hipsly . - old MS./
Pissing a bed, a certain cure.

Rx. the navle strings of a Womans first Child, lay it on a hott tile, so dry it to powder: drink as much as will lye on a 6 pence in ale

225.
posset drink, or any other liquor, when you go to bed till you have taken it all. If it be a boy, it must be the navle string of a girl; if a girl, of a boy. ibid MS. Lady Byron ./

An experienced Remedy for the Stone and gravell and stoppage of Urine. Rx Wilde Carot seed 1 dram,

bruise them a little and powre on the a draught of white wine. Stop the bottle close and let it stand all night: the next morning strain it through a linnen cloth and drink it. This cured a ffrench Gentleman much troubled with stoppage of urine; and Viscosities, which they called the stone. Once taking this Remedy preserved him from all inconveniencies of urine for half a year. When this disease grew again upon him he took again this Remedy. Hart man ./

A gentlewoman was troubled with the gravel, strang -ury and stoppage of urine, so that in 10 dayes she made not a pinte of Water, which was a great torment. She took Oyl Olive and milk of each a quarter of a pinte, with a spoonfull of hony, blood warme mixt all together. This opened the urine passage and caused urine in abundance, with voiding of Gravell. Oyl of sweet almonds would have been better than Sallat oyl. Idem.

Sir Kenelm Dicbie s Remedy for Gravel, Strangury and Stoppage of Urine, wherby he was much relieved. Rx the white of a new layd egg, beat it well with a spoon in a porringer for a quarter of an hower: then let it settle and take of the scumm. Mix the clear with 2 spoonfulls of White wine and 4 spoon fulls of red rose water. putt to it 1 ounce of sugar candy powderd. mix all together very well and take it in the morning fasting, and at night last. Idem.

To provoke Urine, much approved. Rx. a black flint stone that strikes fyre, heat it red hott in a strong
fyre, then putt it into a pinte of white wine,
cover the pott, and when it is throughly quench
ed let the patient drink it clear off.
Idem. /

226.

Plaisters of diverse sorts./

A plaister to ease ache or swelling, if the bone be not broken, wher
ever it is . Take Mallows, Mugwort, Bettony, and

Vervain, of
each a handful; wash them, then stamp them small; then take of
honey, wheat flowre and bores grease, of each 3 ounces, stam them
all, so that they be well mingled: put thereto red wine, and fry
them well together: then spread it on a fair cole leaf, lay it
warm to the wound, it will ease the ache and swelling. MS.

A plaster for an Ague. Take a pennyworth of Olibanum, a penny
worth of bolearmoniack, a pennyworth of unwashed Turpentine,
let the Olybanum and bolearmoniack be searced; then mingle
them all together, and set it before the fyre: spread a plaster the
length of 4 Inches, and better: and the breadth according to the
bigness of the arme, to be layd longwayes, on the inside of
the wrist, 3 howers or more before the fitt comes. Now whether
you make much or little, the ingredients must be all of a quant-
tity. . probatum . M.S.

Plaister for an ache

Take a pound of good figgs, and beat them in a Mortar very fine,
that no seeds be seen: then take 20 oysters, water and all; bray
them in a mortar wih the figgs: then take 3 or 4 roots of
white lillies, rost them in the embers, and bray them likewise
with the rest, and so make a plaister. MS.

Plaister for the spleen.

Take 3 or 4 holyhock roots, 2 handfull of Mallows, seeth them
altogether in water, then stamp them roots and strain them, then
stamp the mallows together with the juice of holyhock, and put
in 8 or 9 figgs, and 2 ounces of sowre leavened bread, half
a dish of sweet butter; lay some of this on a woolen cloth, lay
it to the side as hot as may be: and roul him up with a rouling
cloth, and every 2 dayes, spread a little of the new plaister
on the old. M.S.
Another. Take the leaves and flowers of Mellilot, put them into a pottle of water, the one half Smiths water, the other half their own water; let it seeth till it come to a quart, then take the herbs and flowers, and put them in a bag, and so lay them to the side as hott as can be suffered for 9 dayes, every morning once; M.S. Mrs Hinde.

Another. Take for a man, a barrow hog leaf or kell; for a woman a sowes, a quart therof, before it be tryed. Wormwood, Cammomill, Mugwort, White ash, southernwood, the tops of yong bayes, picked Mercury, Dill, featherfew, and Vervain, of each a handful, a penny worth of stone pitch, as much Rosin, a pinte of Neats foot oyle, half a gill of hony ordes, (that is honey and the combes broken alltogether) a quarter of a pound of yellow wax; beat the pitch & Rosin small; pick the herbs from the stalks, and shred them very small, then put them into a little brass pott or pan, set it over the fyre and let it boyl, 3 quarters of an hower, stirring it often. When it is boyled and taken from the fyre, put in an ounce of oyle of spyke, and an ounce of oyl de bay. (if it mould stirr it together, if it dry, put in sallet oyl.) spread this playster on a peece of leather, lay it to the place pained, cold, and as the pain removes, remove the playster. Mrs Hinde. M.S.

Another. Take mellilot and Camomill of each 3 hand full; parlsey, Roman Wormwood, plantane, and dittany, of each a handful: beat them small in a stone Mortar, then put to them 3 pound of fine Rosin: 12 ounces of wax, a pound of sheep sewet, a pinte of white wine; melt all these together in an earthen pott, so let them stand 7 dayes; then let them be perfectly sodden and throughly strained: when you use it, take at a time the quantity of a Wallnut, melt it in a sawcer, and spread it on a peece of sheepskin, the fleshy side therof, being as broad as your pain in the side lyeth. MS.

A plaister for wounds and old sores.

Take a pound of white lead and somwhat more, sallet oyle 2 ounces, vinegar a pretty quantity: boyl it till it be black, and make it into Rowles. M.S.

Paracelsus plaister.
Take of Galbanum and Opoponax, of each an ounce: Amoniacum 2 ounces: put them into an earthen pot that holds 3 pintes, being well leaded or glazed: then powre upon the sayd gums a pinte of the best wine vinegar: then cover them that nothing fall into them: let them so remain a day and a night. then sett them on the fyre till they be throughly melted, continually stirring then, Then a bag of new Canvas that is very thin, and strain it through, and cast away the dregs: and so sett them on a gentle fyre of coales, keeping the fyre from the sides of the pott, that the gums may boyl, till the vinegar be all sodden away. and you may spread it like a plaister. In the boyling it you must continually stirr it without ceasing, lest the gums be burned, and also take heed lest any thing fall into it. Then take a quart of the best sallet oyle, and put it into a pott well leaded or glazed, that holds a pottle or more: sit it on a soft fyre of Coales, and put into it half a pound of new wax, cutt it into small peeces, and so let it melt by leasure: and when you are sure the wax is throughly melted, put into it a pound and a half of Litharge of gold, beaten into very fine powder: stirring it continually by a Spatula, by little and little, till the things be well and throughly mixt together, and the matter be of colour like gold, and thick: then take it off the fyre, and when it hath left boyled a little while, take of the foresayd gums that were first boyled, and with your Spatula take of them the quantity of a nutt, and put the same into the sayd oyl, stirring it continually, and so by little and little at several times, put in the same by such like quantity, till the sayd gums be all put in: and be well mixed with the other things. (your gums will be allmost an hower in putting in.) Therefore when you see it begins to be cold, sett it on a few Embers, and take heed that it be not over hot, for then it will all run into the fyre: for it is very hott of it self: but if the worst should happen, that it suddenly begins to run over, that you can not save it: have a bowls of water by you, and quickly put it into the water: then set it on the fyre againe, and when these gums are all put in, and well mixt and melted; putting in these things following. Bdellium 2 ounces: of the 2 kindes of Aristologia Rotunda, Lapis Calaminaris, mirrhe, frankincense, of each 1 ounce: beat them into very fine powder, and searce them through a very fine cloth: then mingle them together in a paper, and powr them into the sayd oyl leasurly, continually stirring it: then powr into it 1 ounce of oyl of bayes; and lastly put into it 4 ounces of pure and fine turpentine: take it of the fyre a little while, and stirr it with very great diligence, else your Turpentine will cause it to runn into the fyre, And when you would know whether it be sufficiently boyled or not, putt a little therof into cold water, and if it be soft that it cleaves to your fingers, it is not enough, and ther-
fore let it boyl longer, till you see it is enough. Then take it off the fyre, and powr so much of it into a bason of cold water as you may work it into a rowl: and when it is well rowled that you may handle it, anoynt your hand with oyl of Camomill, or oyl of roses, and knead it well with your hands, 3 or 4 times, every time an howe: and when it is well wrought make it up in rowles: and when you lay up this plaister, put it in oyled paper or oyled leather, and oyl them once a year that you keep it in, for it will keep it the better from over much drying: lay it out of the sun and winde: it will last above 50 years, and be as good as the first day.

This plaister is good for old or new sores: it dryes, it cleanses, and breeds good flesh, it confirms and comforts, it heales more in a week, then any other in a Month: it

will not suffer any sore to putrify or corrupt, or any dead or vile flesh to grow. ffor Sinews cutt, bruised, or prickt with a thorne, or otherwise it is most excellent. It draws out of wounds, Iron, wood or lead: and other things, if you do but lay it theron. It is most excellent for a fistula, Canker, the shingles, or biteing with venemous beast. It ripens all impostumes and biles, if you but lay it theron, and S. Antonies fyre: It is a soveraign present help to asswage all paines, and aches, Mr Potter has found by experience, that it is a singular present help for bones out of joynt: so that by laying one or 2 plaisters, or 3 at most, he hath healed perfectly and suddenly arms out of joynt, so that the parties have had no more pain or weakness. Also for foines or thrusts you must not tent them, (except they matter before you come to them, but only lay this over it, and 2 plaisters commonly will heal it, or any other swelling or sore: but if there be dead flesh in a sore before this playster be layd on it, it will not destroy it or draw it out, but if it finde none there, it will suffer none to breed. MS.

Dr Knowls ./

The leaden plaister.

Take 2 pound 4 ounces of the best oyl olive, 1 pound of good red lead, 1 pound of white lead very well beaten to dust, 12 ounces of spanish ve-nice sope, incorporate all these well together in an Earthen pott well glazed, before you putt them to boyl: and when they are well incorporated, that the sope comes upward, sett it on a small fyre of coales, in a clean skillet or pan: continuing the fyre the space of an hower and half, still stirring it with an Iron rod, with a ball at the end; then make the fyre somwhat bigger, till the redness be turned into a grey colour, which will be an hower and half longer: but you must not leave stirring it, till the matter be turned into the colour of oyl, and somwhat darker: then drop it on a trencher, and if it cleave not to the fingers or trencher, it is enough; then take
linnen cloths, and spread it thin upon them, and lay it on clean
trenchers or bords, and when it begins to cool, make it up in
rowles for searcloths; it will last 20 years: the older the
better. This plaster layd on the stomach provokes appetite,
and takes away any grief in the stomach; layd on the belly it
is a present remedy for the collick, and upon the reins of
the bck is good for the bloudy flux, stayes the running of
the reins and heat of the kidneys. and whites: is good for all weakness of the back,
and for women with child, to wear all the while they go with
child, if they finde any weakness. It heales all swelling, bruises,
and takes away aches; it breaks felons, pushes, and other
impostumes, and heales them: it draws out any rotten humor,
whout breaking the skin: and being applyed to the fundament,
heales any disease there growing: Layd on the head it is

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good for the Eu^vola, heales the head ache, is good for the eyes,
and layd on corns, it eases them much. it is excellent for sprains
or wrenches. probatum. MS. Mrs Hynde ./

Emplastrum Diachylon cum gummi.

Take of the oyl of Mucilages 2 pound: Lythargyr of Gold,
1 pound: powring to them about a pinte of water: boyl them
till they come to the thickness of a plaister: then add to them of
yellow wax a quarter of a pound: gumm Ammoniac, Galbanum,
Opoponax, Sagapenum, all dissolved in vinegar, of each 2 ounces,
Therebinthin a quarter of a pound: make them up into an Em-
-plaster. - The Lythargyr must be powderd very fine. and sifted;
then put it to the oyl and water and boyl them: stirring them
continually till they come to the thickness of a plaister: then
put to them the wax cutt in Lumps, which being melted, put
in also the gums, which you must first have dissolved over
the fyre, in as much vinegar as will swim a top, 2 fingers
breath: this strain through a Canvass, and evaporate it till
it come to the thickness of honey. These being well mixt
with the oyl and wax, add to them the Therebinthin,
which being also well mixt, take them off, and keep con-
stantly stirring gently with your spatula, untill it is all-
most grown cold: then make it up into great rowles, be-
tween your hands, being anoynted with a little oyl of Ro-
-ses or other sweet oyl. - Note. - The gums will not
mix so well, unless the oyle of Mucilages be a little coo-
ed. Dr Harvey . -
Emplastrum Sticticum Paracelsi./
Take oyl of Olives 6 ounces: yellow wax 1 ounce and half,
Lithargyr powderd, 4 ounce and a half: gumm Ammoniac, 
Bdellium, of each half an ounce: Galbanum, Opoponax, oyl 
of bayes, Lapis Calaminaris, of bth sorts of Aristolochia, 
Mirrhe, ffrankincense, of each a quarter of an ounce; 
Therebinthin, 1 ounce. The oyl, wax and Lithargyr must 
be boyled together; till it doth not stick to your fingers: af-
fterward the Mass being a little cooled, putt the gums to it 
being dissolved in Vinegar: which by boyling let evaporate 
from it, and be strained and pressd hard through the strainer;
and last putt in the powders, Therebinthin and oyl of bayes: 
and so make it up to an Emplaster. - I need not add any 
thing to instruct you to make this plaister: for the directions 
for preparing ........................................

Diachylon cum ..................................
gumm, 
will sufficiently guide you. Dr Harvey .

231. Emplastrum Diapalma, or Diacholciteos./

Take unsalted hogs grease cleansed from its skins, 1 pound: oyl of olives 
pressd out before the olives are ripe; Lythargyr of gold, powderd fine 
and sifted, of each 1 pound and half: white vitriol burned and pow-
dered, 2 ounces: the Lythargyr, grease and oyl must be boyled toge-
ther on a gentle fyre, powring to them a little plantane water, and 
stirring them continually with a Spatula, till they come to the body 
of a playster: wherwith being almost cold, you are to mix the vitri-
ol, and so make it up into a mass. - Besides the instructions 
given you before, you are to observe, when this or any other Em-
plaister is boyling, to drop now and then off of the Spatula, 
wherwith you stirr the melted mass of Emplaster, a drop ther-
of, on the backside of a plate, and let it cool, and therby you 
may iudg if your plaister be boyled enough. The Apothe 
caries sell this plaister at 2d the ounce. Note. In defect of 
the foregoing Paracelsus plaister: melting of 2 thirds of Dia-
chylon, with one third of Diapalma, will very well serve for 
the same, intent & purpose, if not better. Dr Harvey .

Emplastrum Opodeldoch of felix Wurtze ,
So famed by Surgeons beyond Sea./

Take of the best wax 2 pound; Venice Therebinthin 1 pound; Genoa 
oyl of Olives, 3 ounces. Melt them together, powring thereto of 
the juices of Celandine Oak leavesm Starwort and Speedwell 
of each 1 ounce and half. Boyl these till all the moysture be 
consumed: then putt to them Gumm Ammoniack, Galbanum, 
Opoonax, dissolved in vinegar, strained and evaporated, 
(in the same manner as was directed in prepareing the Di-
achylon.) of each 6 drams: Colophony an ounce and half: 
 Amber half an ounce; Mastiche, mirrhe, frankincense,
Sarcocolla, of each 3 drams: prepared Magnet one ounce and half: Crocus Martis 2 ounces: Crocus Veneris one ounce: Prepared Tuthia, Lapis Calaminaris, of each 10 drams: of the red sweet earth of Vitriol, as much as will make the playster red. - Note. the Crocus Martis and veneris, Tuthia, Lapis Calaminaris and Earth of Vitriol, must be put in last, when the plaister is allmost grown cold. The magnet is prepared thus: being powdered.

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make it red hott in a crucible: and powr to it of well dulci-fyed oyl of Mars the same Quantity: let them continue over the fyre till they be dry. - Oyl of Mars is prepared thus: Take of allome 1 pound, of common Salt 4 ounces: distill an Aqua fortis from them in a Reverberatory furnace: with water imibe the fileings of Steel, severall times a day, and a rust will stick, which must be washt of clean: let the water evaporate from it to an oyliness, which must be Dulcifyed by Evaporateing Common water from it, once or twice. - The Lapis Calaminaris is thus prepared. Powder it very small, and heat it red hott in a Crucible, and quench it by pouring Vinegar on top of it: this is to be repeated thrice: and the Tuthia is prepared in the same manner: except that in stead of Vinegar it must be quenched with fennell or Celandine Water. - Crocus Veneris is thus prepared. Take Copper beaten into very thin plates, put them into a Crucible in Layes (which is termed among the Chymists, Stratum super stratum) one over the other, strewing some Common Salt between every Lay: then cause them to be nealed together: which done, cast the plates and Salt into cold water, and wash them clean from their blackness: then put them againe in Layes, with Salt, as before, neale them, and then cast them into cold water. This nealing and washing repeat 3 or 4 times or oftener: the water wherein the plates were washed being setled, decant or pour of from the Setlings on the bottom: which must be sweetend by oft powring warm water on them; and letting them settle, and then powring it off againe: repeat the washing so oft, till the foresayd setlings taste free of the Salt. - Crocus Martis is thus prepared. Putt fileings of Steel into a Crucible, which sett in a reverberatory furnace for 24 howers: then cast the red hot steel into a large earthen Pan, that is full of water: stirr it well together, and powr it off into another earthen pan: then evaporate the water, and in the bottoms you will finde the Crocus Martis - The preparation of the earth of Vitriol is thus. Calcine Vitriol in an Earthen pott to a red colour: powder it, & powr water on it, which let stand 24 howers to settle, then powr off the water. This repeat so often untiill it is
sweetened, and all the sharpness is taken off. - These Emplasters are sufficient for all Intentions; however those that desyre to make use of some other common playsters, they may buy them from the Druggists, who keep journey men apothecaries for the same purpose, at as cheap a rate as they can prepare themselves, which is farr cheaper then you can buy them at the Apothecaries, who oft by keeping them too long in their shops, or not preparing them exactly sell emplasters farr worse, or of much less vertue then those sold by the druggists; who commonly take great care, that thier medicaments be well and exactly prepared. The prices of Emplasters at the Druggists, you have in the Table of Rates, and prices of Druggs.

Dr Harvey . -


A Skinning plaister that destroies a Tetter, Serpigo or other Excoriations. Rx. Take Hony strong vinegar, white or Claret, but white is the best: 1 quart: Lithargy of gold finely beat en and searced 1 pound: mix them together and let them infuse in a Vessell, 3 or 4 dayes, stirring them together twice in every day: and take the clearest therof and put it in a viall or a double grass: so have you the Mo- ther: keep it well. - The Congealer. Rx. ffair Water 1 pinte: sal gemmæ ii. common salt 1 good spoon full. Boyl all till the salt be resolved: then putt the clearest therof in a glass. The use is: Rx of the Mother 3 parts, of the Congealer one and a little more, and it will be an ointment or a thick Cream. Lay it over the place that you would have Skinned, or the Serpigo or Creeping Tettor, it will do wonders. for the long Ulcers which want nothing but Skining, and will not come therto, it will skin them. M.S. Lady Byron

A spiced plaister, for all aches of cold causes. Rx. Oli banum, pitch rosin of each one pound: sheeps tallow half a pownd, Commin in fine powder searced, ℥iiii ladanum ʒi. Cloves i. Mace ʒi. Safron half an ounce. Lady. Byron .

The Receipt of the famous Plaister for wrench, bruise or Ache.

Rx. a pound of the best Burgundy pitch, being the
whitest: half a pound of very pure white Virgin Wax; a quarter of a pound of the best and clean-
est ffrankincense. The ffrankincense must be beaten; the virgin wax cult in pieces; then you must take a new red pipkin, well nealed: put your burgundy pitch into it and your Virgins wax, and strew your frankincense in amongst it: then set it on a fyre that is not too hott, continually stirring it about with a wooden Spatula, which hath a long hand-
le: and after it is melted, and hath boyled not too much, you must have a good bason of water ready, and powre all your shift into the bason of Water: and let one anoynt his hands all over with sallet oyl, and work it with his hands in the water till it come all together like dough. Then presently make it up in rolls as long as you will have them, and let them ly on paper till they be cold: then lay them in paper and keep them close; they will con tinue good a year or two. It will cure the greatest bruise that is, if the bones be not broken; it is admirable good for any wrench or ache; It must be spread on Lambskin; be sure the plaister be a little broader then the bruise: forget not to cutt a snip in the midst of the plaister: warm it & lay it on the grief, and smooth it in with your hands. You must not take it off till it fall off it self: tho it stick on 2 or 3 months. But if it should itch much, you may rubb it a little on the outside the plaister: and sometimes take it off & wipe your flesh dry. Then warme it and lay it on againe. If you have taken any cold in the nape of your neck, or shoulders, that puts you to pain, lay on this searcloth, it will help you: for aches in the neck and shoulders are dangerous: for many times they cause palsies and aches agues, that fall into the back bone, by reason of the humours: this will drayne the humours quite away, if it be layd to in time. Make much of this sear cloth, for it is a jewell. MS. Lady. Byron.

The Shineing plaister. Rx 1 ounce of wax,

3 ounces of good clear Rosin: cutt the wax into little thin slices, and beat the Rosin in a paper;
put the wax in an Earthen glazed pott, sett it on
the fyre till the wax be melted; then put in the Rosin
and stirr it with a stick till they be melted together.
then powr it on the rough side of a thin sheepskin
& spread it. ibid./

A good plaister for pain in the joynts, or straines in the
back, or bruises in any part of the body. Rx Rosin

and stone pitch of each a like quantity; melt them to-
gether, and spread it on the rough side of Allumed lea-
ther. then spread it over very thin with hony; then grate
a nutmeg and strew the powder upon it: so lay it warm
to the pain. ibid.

A sweet black plaister. Rx Ceruse 1 pound, of the oldest

and strongest of savour, oyl olive a quart: new yel-
low wax half a pound: beat the Ceruse finely, &
boyl all, till it be a goodly black brown. ibid./

An excellent melilot plaister. Rx green melilot bruised

& handfull: boyl it in a pottle of white wine, to the
half: strain it: then put thereto of Rosin1 pound,
wax as much: sheeps tallow ʒiisi. Turpentine ʒiisi,
Mastick. ʒi. boyl all but the mastich to the wasting
of the juice, more then the half: then bruise other
6 handfull of melilot; put them to while it is
boyling and stirr them well, till it hath had a play
or 2: then take it from the fyre, strain it, while
it is hott through a strong Course canvass bagg, with wringing
and nipping between 2 round staves, till by little & little
the stuff and the juice be come all out, as much as you
can gett: and when you can handle it, put thereto
a quarter of an ounce of Mastick finely powderd: make it
into rowles, mingling the Mastich in the handling
therof. ibid./

An appendix of the Vertues of the
Leaden plaister of Dr Knowls
mentioned before.
Being laid to the head it is good for the Lunacy.
Layed on the temples it is good for the eyes.

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It is good for the tooth ache being layd behinde the
hollow of the Ears. It skins and heals any place
that is bruised, or the skin beaten off with any knock,
without any changeing the plaister. Where you would
not have it draw to much, as where any Skin is broken, spread it upon linnen./ MS: Lady Byron / - One Manuscript saies the wax must be divided into 2 severall parts, and putt into 2 severall pipkins that are well leaded, and when they are both melted put them both together and so let them boyl a quarter of an hower: so strain it through a thin strainer, into a bason of Water. &c. as before. Note this addition belongs to the famous plaister for wrench bruise or Ache: described in the leaf before this./ MS. Lady Byron The said plaister is good for sprains: it must be prickd full of holes: it must not be taken off till it fall off. It will draw out a thorn. /

An excellent Plaister called the Emperours plaister.

Rx. red roses dried ʒiSs. Cypress nutts, all the Sanders, Mint, Cotriander seed, ana ʒiii. Mastich. ʒis Hypocistis, Acacia, Dragons bloud, sealed earth, fine Bole, red Corall, ana ʒii. Turpentine washed in plantane water ʒiii. Oyl of Roses ʒiii. White Wax lb i. pine Rosin, juices of Plantane, housleek, Orpin. ana ʒi. The Wax, Rosin and pitch being melted, putt to them the Turpentine and Oyl: then the Hipocistis and Acacia dissolved in the said juices: lastly the powders to make an Emplaister according to art. - It heals, strengthens, cools, dries, bindes. Applied to the crown of the head shaved it helps the Consumption, stops Rheum falling on the Lungs. Applied to the back it strengthens much and removes pains there. Applied to the belly it stops looseness. It is very good to strengthen weak luxative joynts, and confirm feeble limbs. - Hartman ./

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Plague.

If it be a young body take a yong pigeon, and lay it to the soles of their feet, the pigeon being cutt in the midst: if they be old, take an old pigeon and do in like manner. MS.

ffor one infected with the plague. Take a spoonfull of running water, as much vinegar; a good quantity of treacle to the bigness of a wallnut; temper them alltogether, make it luke warm, and give it
the party to drink, within 24 howers after he complains. MS.

Plague sore. Take scabious and stamp it with swines grease, lay it to the sore, and let it ly 24 howers unremoved; it will take it clean away or break it: and if the patient drink of the juice, he will be much better. MS.

Plague. Take an onyon, take out the Core and fill it full of Iunes treacles, rost it in the Embers, then take 3 spoonfull of red Vinegar, 6 spoonfull of the juice of sorrell, strain the onyon with the sayd juice allltogether, and drink it warm. MS.

Another. Take a quantity of white wine, and a quantity of Rew, and as much treacle as will fill a walnut shell, boyl them to-gether, take it and drink it as hot as may be every morning, it will preserve from the plague. M.S.

Antidote for the plague. Take a pound or 2 of figgs, cut them small, the kernells of 3 score walnuts, lay them in water and blanch them, a good handfull or 2 of rew, beat them severally very small, then mingle them well, and put them allltogether in a box, and eat of it at a time as much as a Wallnut. probatum. MS.

Another. When you are sick get to bed, then take a pinte of Malmsey or somwhat more, and half a penniworth of graines, beaten small in a morter; boyl them together, and drink therof as hot as you can; cover your self with many clothes, and sweat: this was practiced by Dr Emsted . MS.

ffor one infected. Take a new layd egg, make a hole in the end and take out all the meat, fill it full of English safron, then set it in the embers, till the shell and the safron will beat to powder: and beat with it one spoonfull of the best Mustard seed you can gett: then take of it the weight of a groat, put it into a draught of posset drink, give it the party infected to drink in the morning fasting. probatum. M.S.

Another most approved. Take of gunpowder and powder of brim-stone, of each a thimble full, a penniworth of Safron, bruise them all small, and put it in a quarter of a pinte of carduus water, with 2 spoonfull of sallet oyle, and 2 graines of Bezor stone, put them allltogether and warm it lukewarm, and let the sick party drink it, and keep the body temperately warm,
This drink will make the rising of the sore appear on some part of the body, within 12 hours after at most: then take the roots of double crowfoot, beaten with salt, and lay it to the top of the foot on that side the sore appeareth. It will there draw a blister, whence will issue much water; then take the leaves of Scurvy grass, male & female, boil them a little in spring water, with some honey; then bath the blister with the liquor therof, and lay some of the leaves theron; it will heal the sore, that the sickness will be gone from the heart when the blister arises: this hath helped many, and few that have taken it in time have dyed. probatum. MS.

Another. Take 3 pintes of Malmsey, and boil therin, rew, sage and wormwood, of each a handfull, till one pinte be wasted, then strain it and set it over the fyre againe, and put there-to half an ounce of ginger, of Nutmegs and long pepper of each a quarter of an ounce; beat them together, then let it boil a little and then take it from the fyre, and put to it half an ounce of Mithridate, a quarter of an ounce of Venice treacle, and a quarter of a pinte of Angelica water. Keep this above all worldly treasure, Take it allways morning and evening half a spoonfull at a time, during the plague time: if you are infected, take a spoonfull or 2, and go to bed, and sweat on it. Under god trust to this, for never was man, woman or child deceaved by it. It is also good for Measles, smallpox and surfeit, & many other diseases. MS. probatum. Dr Birges.

Another like this, a most Excellent Preservative, by Mr Thomas Butler. Boyl in 3 pintes of the best Malmsey, Angelica a handfull, 1 pennyworth of Safron, half a handfull of Rew, of red sage and wormwood of each as much; boil it till 1 pinte be wasted; then strain it and set it on the fyre againe, and put to it, of long peppe, grains, liquorice, ginger, and nutmegs, all in powder, of each 1 ounce; let all these boil together a little more; then take it from the fyre, and put in 1 ounce of the best treacle, and half a pinte of the best Aqua vitae. Keep this as your life above all other medicines, and use it as follows, If you think you are infected, take first and last, 1 spoonful at a time, lukewarm: if not infected, once or twice a week at the most, half a spoonful at a time. In any plague time, next under God, trust this for a certainty, if the heart be not mortified with poysion too long, ere this drink be taken: It is also good for the sweating sickness, small pox, Measles,
surfets, and the like, takeing a spoonfull of the same; when they first fall sick, and at all other times as need requires. This is better then Bezor stone, to drive all from the heart. When the sick drinks therof, at the first, he must ly down, and sweat 2 or 3 howers, in his bed, and after be well dryed, and kept warm, and drink nothing but warm drinks and cawdles: this will keep the sickness from the heart. This drink will keep good half a year, being close covered in a pewter Aquau vitæ bottle. This hath been proved by many, and never under god fayled. probatum. MS.

Plague water. Take rew, wormwood, Mugwort, burnet, balm, Celendine, sage, Costmary, tormentill, sorrrell, egrimony, brown Mayweed, pimpernell, sweet marjoram, Enulacampana rootes, sliced and minced; dragons, Marygolds, fetherfew, watercresses, Carduus benedictus, scabious, avens, angelica, walnuts, bramble leaves, parsley, wood bettony, and bugloss, of each of these half a pound, and of rosemary a pound; chop all these herbs, and put them in 3 gallons of white wine, let them be infused 9 dayes; then still the herbs and wine altogether. This water is good for any fullness of the stomach, or any infection, 3 spoonfull therof being taken warm with a little Mithiridate. MS. probatum.

Preservative against the plague. Take sage, elder leaves, and red bramble leaves, of each a handfull, stamp them altogether in a mortar, and strain them through a fine linnen cloth; then take a quart of white wine, and a good quantity of white wine vinegar, mingle them altogether, and put thereto a quarter of an ounce of white ginger; drink of this medicine 1 spoonfull every morning 9 dayes together, fasting; you shall be safe a whole year. MS.

ffor one Infected. If you be stricken, before you have drunk the foresayd Medicine; then take these aforesayd, with a spoonfull of sacbious water, 1 spoonfull of Bettony water, a quantity of fine treacle; mingle them together and drink of it: it will put forth the venome; and if the botch appear, take the leaves of Elder, bramble leaves, and mustard seed, and stamp them together, make a plaister therof and lay it to the sore; it will drive out the venome. M.S.

Another. Take 3 or 4 slips of rew, 6 spoonfull of Vinegar, beat both together in a mortar, strain out the juice, and put to it 1 ounce of fine treacle: 1 ounce of fine sugar; sett them on the fyre, stirr them together and make a syrup: put it in a close box; take a sage lef, and spread theron the quantity of a bean; eat it morning and evening. M.S.
Another. Take a piece of fine gold, or leaf of pure gold, putt
them into the juice of Lemons, letting it ly in it a whole day,
then take it out: this juice given to one that is sick of the plague

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with a little wine, and the powder of the root of Angelica, or of the
powder decoction of the same root;
It is marvelous to tell what help it brings them; yea tho
they are past hope of recovery. M.S.

A preservative against plague or poysone. Take of Juniper berries

2 drams, of terra Lemnia as much, and one scruple more, which
is 24 grains: make them into fine powder and mix them with hony,
keep it in a clean vessel. When you use it, give as much of it at a
time as a haslenut, in 3 ounces of Aqua Mulsa, which is thus
made: take 1 pound of hony and 8 pound of water, seeth it on a
soft fyre and skym it till a 4th part be consumed. M.S.

A water against poysone or pestilence. Take Tormentill, Scabious,
golds, bettony, pimpernell, of every one a like quantity: distill ther-
of a water, a drink every morning a pretty quantity therof fast
ing. M.S.

To make the stomach powder and for the plague. Take of Alloes
Succatrine 4 drams, mirrhe 2 drams, English safron 1 dram,
Mastick a dram, graines 1 penny worth, sugar 3 ounces, pound
these each sort by it self; then pound them and beat them well in
a mortar, to cause an equall mixture. Take the quantity of
2 beanes in the morning, fasting two howres after it: tem-
per it either in beer or distilled water: drink it 3 mornings,
it keeps out infection of plague or small pox: but if one
be infected, give a double proportion; it hath been known
to cure those. M.S.

ffor the plague sore. Take a Turnepp, and boyl it in fresh butter,
make a poultess, and apply it to the sore: it will break it as was
proved in the last great plague. MS.

Aqua Epidemica, or the London plague
water.

Take of the Roots of Tormentil, Angelica, piony. . liquor-
rice, Elicampane, of each half an ounce: of the leaves of
sage, the greater Celandine, Rue, the tops of Rosemary, Wormwood, Sundew, Mugwort, Burnet, Dragons, Scabious, Agrimony, Baume, Carduus benedictus, Betony, the lesser Centaury, leaves and flowers of Marigolds, of each a hand full. Steep them 4 dayes in 4 quarts of the best white wine, and distill them in ashes, in a glass Alembick. Note. Instead of putting sand into the sand pan of your portable furnace, you must put in ashes, or rather saw dust, for 2 sett the glass Alembick in to distill. - You must bruise the roots in a stone or lignum vitæ Mortar: shred the leaves & bruise them also in a Mortar, and put them into such a glass stopt close and fixt in warm water, as is

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express in the preparation of Treacle water. - Prices. The roots of a half penny an ounce come to 2d obulus . the leaves at a halfpenny the handful. 8.d. the wine at 4 sh. Charcoal. 4d. the whole distillation will stand you in just. 5 sh. 2d. obulus Thus a pinte of this plague water will cost you 7d ; (for you will have somewhat more then 8 pintes:) the ounce less then 3 farthings , computing physically 12 ounces onely to the pinte. The Apothecaries sell it at 3sh. 6d the pinte, and some 4sh. By the ounce 3d , some 4d . Dr Harvey .

To prevent any Infection. You must use such Antidotes as resist poy-
son and fortify the heart: which is Treacle if it be truly made: and the surest way to discern it is to minister a strong pur-
gation to some lusty body, and presently after give him the quantity of a bean of the treacle. And the purgation will never work if the treacle be good. But for fear of the worst, take Bolearmoniac, hartshorn, and Terra sigillata of each a dram: of Cinnamon a quarter of an ounce: stamp them to powder, and every morning drink the Weight of half a dram in a cup of Meath or Ale. Now if the air be either too hott, too cold or too corrupt, you must use cold things to keep away the heat, and hott things to expell the cold: add dry things to moyst, and moyst to dry: and to depart into another place were not amiss. Sick men often recover onely by change of air: according to the old verse: Mox, procul, et tarde, cede, recede, redi./ But if the air be corrupt, and a man can not remove thence quickly; he must artificially rectify it by perfumeing his Chamber with Cypress, Spruce or ffrre; with Juniper, Rosemary, Baytree, or wood of Alloes: and by sprinkling Vinegar heer and there in his Chamber. Or he must get a nosegay Of Roses, violets, Marjoram, Marigold and the like. And when he goes abroad he must hold in his mouth either the pill of an Orrenge or a piece of the root of Angelica: and he must order his chamber to be neatly swept at least once
In Hungary there is frequent a fiery infectious feavour, and it is cured onely by salt-nitre prepared with Sulphur, and given in water as drink to the patient. A strange thing, that fyre should quench fyre. - The sweating sickness proper to our English Countries at first esteemed incurable, was sithence experienced to be cured by the cheapest remedy in the world, onely Abstinence: for as soon as the patient

\[\text{findes himself distemperd with this disease: he must immediately rest himself on his bed, not moveing hand or foot, especially out of bed, unless he be extremely forced. He must neither eat nor drink for 24 howers, but be moderately covered, so that the sweat may distill out of the body gently, by little and little without compulsion Dr Vaughan .}\]

Pro præservatione &\#224; peste. A receipt of one that had attended infected persons 16 years together. -

1) Sume Citrium, aut ejus loco Limonium, etiam integrum, in aqua rosacea et sachharo tantin coquatur, donec tabescat et in jus resolvatur: hauri mane jusculi talis seu electuarij cochlear unum parvum aut alterum. 2 Cor-nua bovis comburere in domo cavet infectionem. 3. Singulis diebus sume ficum unum, juglandem unam veterem, 10 aut 12 grana salis, et 20 folia Rutæ: ea omnia co-mede simul mane, antequam egrediaris. 4. Remedium ad curandam pestem, seu quando veretur superventuram sume medium cochlea re sinapis, modicum olei olivarum optimi, albumen unius ovi, triacles (the M S. hath it triacses) drachmas 2: aceti vinosi modicum: hoc instar pultis bibatur. postea deambuletur usque ad sudorem: et ad vitandum sudorem aliquis assistat. vigilans, donec sudor emittatur: &\#224; sudore enim licet dormire. Hoc remedium est. probatum ab uno qui per 16 annos attendebat infectos./

A Mithridate against poysons and pestilences, wherwith plague sores being gone in have been driven out again: and against Meazles, shingles, small pox./ Rx. Roots of Torrentill 2 drams: of all the kindes of Sanders of every of them 1 dram: white Dittany new gathered, and dried ʒi. the tip of a harts horne, or a spitart of pretious stones, the fragments of Orient pearle, bolearmoniack, the round Aristolochia (Astro-logie) of each 1 dram. Camphire half a dram: pimpernell, mirrhe and setwall, of each a dram: terra lenmia of the purest 2 drams: the seeds of Citrons and safron of each one scruple, which is the 3\textsuperscript{rd} part of a dram. Unicorns horne and of Iacynth of each half a dram: sugar pure and white, one pound. Your liquor to make your Electuary is
rose water and the water of borage flowers dis-
tilled. Boyl your sugar and waters to a perfe-
ccion, and in the cooling putt in your powders searced,

and keep it ................................as a pretious
treasure. ................................
This driveth out measles, shingles, small pox,
and defends the vitall ports from venom: and is a pre-
sent remedy. MS. Lady Byron ./

A medicine against the plague. Rx a handful of Sage, (vertire) vervin) of herb grace, of Elder leaves, of red
bramble, of each obe handful: stamp them together, strain
them in a fine cloth, with a quart of white wine.
then take a quantity of ginger: mingle them together and
drink of this medicine a spoonfull every day for 10 dayes
together. ffor the first spoonfull you shall be safe and
void of all danger 24 dayes: after the 9 spoonfull
you shall be safe all the year after. If it happen one
be stricken with the plague before he drink of this
medicine, then take water of Scabious and water of
Betony, with a quantity of fine treacle, put them to-
gether and drink it and it will expell all venome.
If the sore appear, take Elder leaves and Mustard seed,
stamp them together and make a plaister, and lay it
to the sore, it will draw out all venome. ibid.

A preservative against the plague. Rx. an ounce of treacle,

5 shillings weight of sugar, an ounce of vinegar,
half a score tops of rew: sett these on the fyre, stirr
them together, and let it boyl half an hower. ibid.

The prince of Pomanders, proved to be very wholesome
in infectious times ............................................ Rx Diamber ʒs. Diamosci ʒs.

(I know not whether it be half or 5) ladanum ʒiiii.
Storax calamie ʒi. Camphire 6 graines. Damask
roses, Cinamon, cloves, mace, of each ʒs. Musk 8
graines. civet 8 graines. lignum aloes 4 graines.
Calamus aromaticus the bigness of a bean. Myrrh as much.
fine amber greece 6 graines. then stamp every one by
it self to as fine a powder as you can: but your La
danum you must stamp well with a hott pestill: then
put to it in the Mortar your storax Calamita beaten
before, and so every one of your other things: and still
beat them alltogether with your hott pestill in the
Mortar till it mix well: then must you have storax liquida and rose water by you, and as you beat, putt of them into the Mortar, by little at once,

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till you see there be enough to temper the stuff; so that it must remain so stiff as you would have it: and so all your stuff being well incorporated by beating together, take it forth and make it into balls, and allwayes when it is not stiff enough, or that by putting in too much liquid things it is too soft, putt more Ladanum and it will stiffen it. This will make pomanders enough for a great scent. MS. Lady Byron.

An approved medicin for the plague. Rx. Mithridate, as much as
a small wallnutt: 5 spoonfull of Dragon water, 1 good spoonfull of the juice of onyons, 3 spoonfull of the best wine Vinegar: half a spoonfull of Salt (sall) and a little English safron: mingle them well together, make it bloud warm, let the sick party be had warm to bed, then give him the foresaid drink. Then take a live pigeon, pluck off the neck and slitt it in the midst, and take the intralls with the halves, and clap them to the soles of the feet: let them ly 24 howers. When you take them off have a tubb of water, sett it at the beds feet, then slide of the plaisters, let them fall into the tub of water. But before you take off the plaisters have a hole made in the ground, to bury them in. They that carry the Tubb must have Angelica root in their Mouth, and a chafing dish of Coles in one hand, wherin they must burn dryed Rosemary: for the very smell will infect. The sick must allwayes sett upright in their beds while they sweat: which must be 24 howers: they must not be lett sleep all that while, for if they do it will be their last, for they will never wake: All the while they sweat, take nothing but posset drink: when they have done sweating, they must be well dryed with warm cloathes: then putt on clean warm linnen, and go into another bed, and have none of the former bedding or bedcloaths about them. Then let them sleep in gods name, they shall be well. This drink is to be given them when they feel themselves ill; if they feel any pricking about the groin or under the arm holes, it is a special signe they are infected. A gentleman gave a physitian 50 lb to preserve his Children and family. He dayly perfumed them with ffrankincense and pitch: but especially Rosemary steepd in vinegar, then dryed and burned in a chafingdish of Coales: and they that came within the air of the sick had Angelica root in their mouth, and when they came about them in their sweat, a chafing dish with that perfune in their
A preservative against the plague. Rx Red sage, herb of grace, Elder leaves, of each a good handful: stamp and strain them with a quart of pure white wine, and 2 spoonfuls of wine vinegar, and one race of good ginger made small in powder. - vide pag sequentem

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Against poyson./

One that has drunk poyson or venome. Take green rew, wash it and stamp it, temper it with white wine and drink therof. MS. A continuation of the preservative against the plague, in the preceeding leaf. - Mingle them altogether, and in the the morning drink a spoonfull of the same. You shall be safe 40 dayes: if you take it 9 dayes together you shall be safe a whole year. If the party be sick of the plague before he drink: then, Rx of Seabroomes, bettony water, ana 1 spoonfull, with half a spoonfull of Treacle mingled together: then drink it: and if it chance the sore appear, take leaves of bramble, Elder leaves, red sage, and Mustard seed of each 1 handful. Stamp them together and make a plaister, apply it to the sore, it will draw out all the Venome. MS. Lady Byron.

Against poyson, venome and corrupt ayr. Stamp figs with salt, rew and nutts, & use it by eating. ibid./ Apply Borrage Water with a linnen cloth, to the Venom of a Spider or wasp: it will take away the pain ibid.

A cup made of Cocos nutt, the drink drunk out of it cures poyson; and cures the pain of the side. ibid./ Poyson is to be drawn out the same way it is receav-ed. To sleep presently upon it is death./ ibid.

An excellent receit against poyson. Rx. the distilled oyl of Mastick, common oyl of scorpions, of each a dram: putt to it of these salts, Wormwood, madder, grummell, herb robbert, palma Christi, angelica, goose foot, Carduus, Rosemary, Endive, parietary of the wall, S. Iohns wort, ana 5 grains. Bezoar stone 10 grains. Unicorn in fine powder 26 grains. Terra sigillata a dram, Mithridate a dram: mix all these together to a Mass for
pille; the dose 15 grains, in pulp or Marmalade
or the like: This is excellent; for which prayse
God. - ffait. - old. MS./

An excellent pill against poysoning. Rx the tipp of a bulls horn in five
pieces ʒi. Albathon horne. half ʒ. Unicorns horn 1 dram. putt to these a
quart of spirit of sack: boyl it in a close decoction 6 howers: then distill
it in the strongest balneo: cacline the feces close; then putt the distilled
water upon them: & add to it Bezor 1 dram: terra sigillata 2 drams,
perl, coral, ana 2 drams: mithridate half dram: safron a scruple.
diaphoretik a scruple, amber grees, civet ana a scruple: evaporate it
in a Sylver dish to a mass for pills: dose 10 grains in pulp of apple.
Old. MS./

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Pomander to make.

Take Lignum Aloes in powder 4 pound, rose leaves in powder 4
pound, storax in powder 4 ounce. Labdanum in powder 4 ounce,
Rodium in powder 4 ounce, orris in powder 4 pound, Cinnamon in
powder 1 ounce. MS.

Pomatum to make.

Take the fatt of a barrow hog, lay it in water 1 day, then pill
of the skin, and shred it small, and try it between 2 dishes over
a chafing dish of coales; strain it through a fine cloth, and take
2 or 3 pomewaters, seeth them in water, till they be
very soft, then take the pap of them and put it to the grease,
and work it together with a spoon a quarter of an howr; then
wash it in water, till the substance of the apple be gone; then
take a few almonds blanched, grinde them very small, and strain
out the oyl into a sawcer, and put thereto a little powder of Camp-
put them into the pomatum, and shake them altogether a good while,
then take a quantity of rose water, and wash it 3 or 4 times,
and lay it 1 night in rose water: then beat out the water very
clean; so putt it in a glass. MS.

Another way. Take 1 pound of hogs fat, pill and slice it thin,
put it into spring water, and shift it twice a day for 3 dayes,
then take it and shred it very fine, put it in a gally pot and
set it into a kettle of water, to boyl for an hower and half;
put to it 2 penny weight of Mercury, camphir 4 drams, Ben-
jamin 4 drams, deer suet a quarter of a pound, and when these are
boyled together, take it of the fyre, and stirr it: then put to
it a quarter of a pinte of rose water; then give it one boyl more,
strain it & keep it for use. MS.

Another way. Take kid suet 6 ounces, well washed in rose or fair water; take of the inner meat of a pippin or pomewater, 2 ounces, first sodden, and then made white with being washed in fair water, grinde these together with as much Ceruse as 2 all-monds, and a little Camphir. M.S.

Powders of all sorts.

A powder for sores.

Take half a pound of white coperas, 1 pound of the best allum, put them into a new earthen pott well leaded, let them stand on a charcoal fyre, till they be burnt like burnt allum; it may be you can not get it out without breaking the pott; when you use the powder beat it very fine, and once in 2 dayes, strew a little of it on dead or proud flesh; it is very sharp, and will take away dead flesh, and heal very fast. Mrs Houlder . MS.

Species Diacarthami or powder of Diacarthisum.

Take the Marrow of Carthamum seeds, and of the best Tur-bith, of each half an ounce; the purest Scammony, Hermo-
dactyls, and liquorice, of each 2 drams, ginger, Cinamon, gum dragant, of each one dram, beat them all to a powder and mix + them. - Tho this powder is not in the London dispensatory, yet it is of great use: and is thus prepared. 1. with a Knife gently scrape of the hard dust that is dryed about the Hermo dactyls; then grate them on a fine grater into powder. 2. the Tur bith, ginger and liquorice powder together, adding 2 or 3 sweet Almonds, which being powderd with the other will hinder them from wasting, or flying up into dust: being powderd sift them. 3. The gum Dragant is to be powderd as you may see in the preparation of the Common black lozenges. 4. The Scammony must be powderd by it self, anoynting the inside bottom of the mortar, and the end of the pestle with a little oyl of sweet allmonds, to hinder the Scammony from clotting or sticking to the bottome of the Mortar and the end of the pestle. The Scammony being powderd need not be sifted. 5. all the ingredients being powderd
as aforesayd, mix them together in a mortar, then putt them up into a Species glass, tying it over with a hogs bladder and leather. - prices. Carthamum seeds. 1.d . Turbith. 3.d
Scamony 2d.obolus Hermodactyls 1 farthing, liquorice a farthing : ginger a farthing. Cinamon. 1.d : gum dragant. 3 farthings. The whole composition stands in less then 9 d. for which you shall have, allowing waste and garbles 14 drams or something more, according to the purity of the ingredients. The dram will be but 2 farthings and a half. If the Apothecaries did prepare this powder, they might afford it by the ounce at 18 d. and the dram at 2d. Dr Harvey.

The Species or powder of Hiera Picra.

Take Cinamon, lignum aloes, Asarabacca roots, Spyknard, Mastick, Safron, of each 3 drams, aloes 6 ounces and a quarter; beat them into powder. - The Cinamon, Assarabacca roots, Spikenard and Safron, may be powderd together and sifted; The mastick must be powderd by it self, wetting the bottom of the mortar, and end of the pestle with a little rose water, or any other distilled water. To powder the aloes you must anoynt the bottom of the Mortar and end of the pestle with a little oyl of sweet allmonds, to hinder it from sticking. At last mix all the powders together in a Mortar. - The prices: Cinamon 3d. Lignum aloes 6d 3 farthing. Asarabacca 3 farthings. Spyknard Indian 9 farthings. Mastick the finest. 1.d.obolus English Safron ish 6d. 3 farthing.

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the purest succotrine aloes. 3 sh. 1.d. obolus. The whole amounts to 5 sh. 4.d. obolus. for which you have, allowing wast, a little more then 7 ounces. The Apothecaries sell the ounce for 2 sh. the dram 3 d. or as much as they can. Dr Harvey.

A powder for the Stomach. Rx. Cinamom, ging and Galing -all, of each one ounce, of anniseede, camphir & ffennell seeds of each 2 drams: of Setwell a dram, and 2 pounds of sugar. Make all these into fine powder being incorporated well together: then put it up in your box and use to eat therof before meats and after. It breaks winde, comforts the stomach wonderfully and causes good digestion. Baltasar. M.S. Lady Byron

18 graines. pearl. 19 grains. (magistery) Bezor 
6 grains: bone of a staggs hart 6 grains. harts 
horn 18 graines. Crabs eyes and crabs clawes of 
Each as much as all the rest. ibid./

Diverse Sneezing powders./

Rx. White Hellebore, Gith seed. ana ʒi. Marjo-
ram, Rosemary, sage, ana ʒss Musk graines 2. 
powder and mix them. It is good to strengthen the 
head, and purge the brain of phlegme.

Another. Rx. Tobacco. ʒi. Orrice roots ʒvi. Pelli 
tory of Spain ʒiii. Musk, Ambergreece ana 
graines. xii. ffat of roses. 10 drops mix them./

Another. penny royall ʒi. pellitory of Spain ,

Bettony. ana ʒss. Hellebore white and black ana 
ʒi. Marjoram ʒiiss.

Another. fflowers of Rose Mary, Sage, Bettony,

Lavender, Marjoram, Lilly Convall, Mace 
Cinamon, Licorice, white Helebore prepared 
ana ʒi. Best Tobacco ʒi. powder & mix 
them and add distilled oyles of Anniseed, Cloves 
Mace & Marjoram. 4 drops. Salmon ./

Grulingius his feaver powder.

Rx Roots of Dittany, butter burr, Zedoary, Scor, 
-dium ana ʒii. Carduus seed, Hartshorn burnt 
and prepared ana ʒi. Antimony Diaphoretick 
ʒss. make a powder. - It is sudorifick and 
cures all sorts of feavours by sweating.

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you may give a dram, in a glass of good Canary.

Trithemius his powder.

Rx. Calamus aromaticus, gentian, Cummin, siler Montanum 
Aniseeds, Caraway, Lovage, Parsly seeds, spik 
nard. ana ʒss. ginger, ground Pine, Sena, Chri-
stalls of Tartar, ana ʒvi. Mace Cubebs, ana ʒii 
Cloves ʒvii. make them into fine powder. - If 
you add Anacardiums and peony seed, the Receipt
will be the better. It strenthens the Memory, purges the brain if taken after convenient purgeing: it expells windes, provokes Urine, breaks the stone and fortifies a cold stomach. Dose. ʒi with aqua Magnanimitatis ℋi in a glass of Canary to be taken Morning and evening for a month. The next month give it only in the Mornings. In the 3d Month give it thrice a week in the Morning: in the 4th Month twice a Week: and for the time after Once a Month as long as life lasts, in the increase Of the Moon. Salmon ./

Quercetans powder to break the Stone.

Rx. the Inner skins of henns gizzards, white hens dung. ana ʒss: the Inner skins of egg shells powderd, ʒiiss. Rupturwort, Cinnamon ana ʒiiii. Medlar stones ʒii. Seeds of ffennel, Anise, ana ʒi. make them into a powder. - It is a powerfull remedy against the Cholick & stone, expelling it out of either reins or bladder. Dose from half a dram to a dramm. Salmon .

Crollius his Dyssenterick powder, against the bloudy flux .

Rx Amber, Sanguis Draconis, bloud stone, red corall, purslane seed, Plantane, Anthora, Tormentill roots, Terra Sigillata, ana ʒi. Pomgranate flowers ʒi. 4 Nutmegs, Cinamon ʒss. Crocus martis astringent, Talck calcined, Mother of Pearl calcined, ana ʒi. let the stones be levigated on a Marble, and added to the rest finely powderd. - It stops bleeding at the Nose, Hemorrhoids, in wounds, and staies all fluxes of the belly or womb. Dose from ʒi. to two. Salmon ./

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Crollius his powder of frog Spawn.
Rx. Mirrh, Olybanum. ana ʒii. Safron ʒis. Camphir ʒiii. powder and mix them. This powder imbibe in frog spawn water 20 or 30 times: letting it dry every time. - It stops bleeding at nose, throat, fundament, womb, or wounds, for it coa-
gulates the bloud by its coldness. It is also good
against the Erysipelas, and gout in the feet,
if applied hott. With Vinegar it cures bleeding
and the disease called a felon, being applied.
The dose from 4 grains to 8. Note, if you ga-
ther the spawn about 3 daies before the new moon
in March, it will not stink. Then Distill
in Balneo Mariae Salmon ./

Mynsicht s febrifuge powder./

Rx periwinkle shells prepared, Elks hoof calcined
without fyre, ana ʒi. salt of Centaury the less,
of Carduus, Wormwood. ana ʒis. Tartar Vi-
triole, Magistry of Vitriol ana ʒiii. Calamus
Aromaticus, Nutmegs, ana ʒis. seeds of Hyperi-
con, cloves, long pepper, Camphir ana ʒi. Roots
of Tormentil, round Birthwort, Zedoary, Mas-
terwort ana ʒis mix and make of all a subtil
powder. - It cures all sorts of feavours, quo-
tidian, tertian, quartan, being given a little before
the fitt in waters of Carduus and Centaury the
less: or in a draught of Warm beer: the pati-
ent being in bed and sweating on it. Dose from
a scruple to a dramm. - Salmon .

A powder for the stone in the bladder.

Rx powder of hog lice prepared 4 scruples, white
poppy seed Əi. powder of Vipers Əii. - It is
a powerfull medicine and ought to be had in
esteem by all troubled with that disease. Give
the aforesaid quantity at once in broth of red
Cicers ʒx. mixt with spirit of wine ʒis
Salmon .

Prevotius his purgeing powder.

Rx. Cremor Tartar. ʒjSs. Sena Əi. Aniseeds, su-
gar, ana ʒis. mix for one dose. - It opens the
spleen, expells winde and purges Melancholy gal-
lantly. Idem./

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Poultes of ................................all. sorts./
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A poultiss to asswage swelling./
Take white bread and milk, and a good handful of violet leaves chopt very small; when they are well boiled together, put in a little oyl of roses and apply it. M.S.

To dissolve or break a swelling. Take verjuice and wheat meale, make a poultiss of it, apply it: it will break or dissolve it: & if it break it will heal it. probatum. MS.

To break a sore. Take the herb dicens, and shred a good quantity of it, and put it to an oatmeal poultiss. Mrs Eyre. MS.

A poultess for an uncome. Take of rew a great handful and shred it very small; then take grounds of beer or ale, the strongest you can get, boil them well together: then put in sowre wheat Leaven, and some brawns grease: let them boil all well together, take it off and apply it to the sore. M.S.

A poultess. Take mallows and hoggs grease: boil the mallowes in water till they be dry: then beat them in hoggs grease. MS.

Another. Take gumm of Ivy powder it very fine, and marsh mallows boyled dry: beat it with hoggs grease. MS.

A Dissolving poultess or Cataplasme. Take green Orris roots, and white lilly roots, of each 1 ounce: Marshmallows, Pellitory, Pennyroyall, Origan, Calaminth Rue, of each a handful: Chamomil, Melilot, and Elder flowers, of each a pugil or half a handful: green Anniseeds, Common fennel, and Cummin seeds, of each half an ounce: boil them to a mash in water and white wine: then bruise them into an even smooth mass. in a wooden or stone Mortar, adding to them lupine and bean flowers, of each 1 ounce and half: oyl of Camomill and off orris, of each 1 ounce and half: mix them well in the Mortar, and beat them againe: then apply half of this pultiss (more or less, according to the extent of the part affected) being hott, and spread between 2 linnen Cloaths. Dr Harvey.

Another. Take a quarter of a pound of Leven: mix it with as much Common oyl as will bring it into a poultiss: apply it warm. Idem.
A maturateing Cataplasme, or ripening poultess. Take marsh
mallow and white lilly roots, of each 1 ounce: pellitory,
Marsh mallow, and mallow leaves, of each 2 handfull:
fenugreek and Linseeds of each 1 ounce: boyl them to a
mash in water, and out to them wheat flower 3 ounces

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oyl of Lillies 3 ounces; apply it as before was directed. Idem.
An Anodyne Cataplasm, or Poultes to ease pain. Take
of the Crums of white bread 1 pound: boyl it into a thick
pap in milk: then add to it 2 yolks of eggs, 3 ounces of
thick common oyl; a little Safron: apply it warm & renew
it as oft as it cooles. Dr Harvey.

A Pultiss either to break or dissolve any hard swelling
in the brest or else where.

Rx. a quart of Creame,

putt into it 2 handfulls of grotts, and of Rye flower
1 handfull: 2 handfull of water cresses finely shred;
one of red sage. Boyl all these together and then
putt in some mutton suett finely shred, or for
want of that, Bores grease, and apply it as hott
as the party can suffer it. Let it be shifted once in
12 howers./ MS. Lady Byron ./

Cataplasma. de fermento a pultise of Leaven.

Rx old leaven ʒis. yellow amber ʒʒiii Nutmegs,
Cubebs. ana ʒis Mint, cloves ana Ŕi. Castor Xy-
loalloes ana Ŕis mix, and w
ith a little spirit of
wine and wine vinegar make a pultiss. Being
applied to the crown of the head warm and oft
repeated, it helps the palsy of the tong, gives it
motion and speech; and dries up Catarrhs. Salmon./

Schroder s pultise against feavers.

Rx great Nettles, nightshade, houslek ana i
spiders webbs ʒii: with salt make a pultise, ad-
ding a little vinegar of Rue. Being applied to
the pulses it heals feavers.

Mynsicht s feaver pultise. Rx. powder of Toads,

common salt melted, ana ʒi. Spiders Webs, Nut-
megs, Olybanum, ana ʒii Wormwood, Sphepherds
purse, small stinging nettles, Rue ana i
with a sufficient quantity of Turpentine make a pultise. This being putt on linnen or leather and laid to the pulses of both hands two howers before the fitt wonderfully abates the fitt and cures a bastard Tertian./ Id.

Mensicht s pultise against the scurvy. Rx. Rye meal lbss. barly meal, bean meal. ana ʒiii
Meal of Lupines and Lentils, ana ʒis
Castile soap ʒii. fflowers . Camomil and

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Holihocks. ana ʒj. Litharge of Sylver, fine Bole.
aana ʒss. Roots of China, Rubarb. ana ʒiij. Iews ears 7 in number: boyl all in juice of dwarf elder to the due consistence of a pultise. It is good to be applied to any scorbutik tumors, in legs or feet, warm at night going to bed. Repeat it every night till the swelling vanish. It comforts and strengthens the part afflicted./ Id.
A lixiviate pultise. Rx. ashes of Hermodacts, of As-phodell, bean stalks, Elder branches, fig tree, vine branches, dwarf Elder. ana as much as is suffi-cient. Make a dixivium with Rhenish wine. of which take lbiiij: leavend bread q.s. boyl them to a thickness: then add wine vinegar lbss. Lapis medicamentosus ʒ iijs . 3. powders of Cummin seed, bay berries and cloves. ana ʒj. mix and make a pultise by gentle boyling. Being laid on a cloth and applyed it evacuates water and hydopricall humors. Id.
A pultise of a swallowes nex st. Rx. a swallows next. Album graecum ʒjss. roots of Althaea, white lillies, ana ʒj. figs ʒ dates. ʒ. boyl them in water to the form of a pultise. After add oyl of violets ʒiij. Camomil flowers, meal of fenugreek seed, Linseed, wheat, ana ʒvj. Catts brains ʒss. powder of an Owle burnt, of swallows burnt ana ʒj one yolk of an egg. safron ɘj. make a pultiss. Being often applied hott to the neck, it cures a desperate Quinsey. Id.
ffabbritus his pultise. Rx. Barly meal ʒiij. pow-der of Roses, Myrtles. ana ʒj. Balaustians, Cypres nutts. ana ʒj. with rose and plantane water, with a little vinegar and the yolk of an egg make a pultise. Applied warm twice a day it cools inflam m ations, and strengthens weak feeble limbs. Id.
Salmon s pultise against feavours. Rx Tobacco

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cutt ʒ.j. salt, pepper, ana ʒii. 2-1 yolks e of ^ an Eggs.
make a pultiss. Apply it to both wrists about 3
howers before the fitt, and repeat it when it is
dry; It will cure any sort of ague. Idem

A laxative pultiss. Rx. fresh Briony roots ras-
ped, hony. ana 1 lb. Ox gall lb Ss. mix and
make a pultiss. Laid to Childrens bellyes, at night
it kills and expells wormes, and purges gently.
Ibid.

A laxative pultiss for Men. Rx juice of Wild
Cucumbers, sow bread, ana ʒi: Milk of Spurge,
of Tithymal. ana ʒ1s powder of Hiera picra
ʒiii. powder of Coloquintida, of Hellebors
of both sorts ana Əij. Cassia new drawn.
ʒii. mix and make a pultise. It purges phlegm
and watry humours, if laid to the belly from
the Navel downwards. Idem

A Dissolveing pultise. Rx. flowers of Camomil,
Stæchas, seeds of Wormwood, Rue, Coleworts
sage, savine. ana Mj. Boyl them in a Lix-
vium of Oak or Elder ashes, or ashes of Briony
roots, then stamp them, and add allum, sulphur
galls, Cypress, salt ana ʒis Aloes, Bayber-
rries, pyrethrum, Cabbage seeds, ana 1b-ʒii
and with fresh pigeons and goats dung make
a pultise. It discusses hard tumours, resolves
thick humours, and diseases which proceed from
them. as Varices, Elephantiasis, Scurf, Mor
phew, Scabbs. &c. Idem.

Rondelitius his pultise. Rx. Barly meal ʒvi.
flowers of Melilot, Camomil, Roses ana
pugil. ss. seeds of Coriander, all the sorts
of Sanders ana ʒiii. spicknard ʒss Oyl of
Roses ʒiii. Oyl of Camomil, wax, ana ʒi.
mix and make a Cataplasme according to art.
Applied to the stomach it helps the Inflamm-
tations therof and strengthens it. Idem
A pultise against bleeding. Rx. fine Bole ʒiii. Chalk,
sloes dried. ana ʒi. powder them fien and boyl them with vinegar: then add powder of Cumfry roots and oatmeal enough to make a pultise: putting in a little oyl of myrtles. Applyed it stops bleeding in any part; it dissolves and dries up bloud gathered by a fall or bruise. Idem

Small ................................

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A direction in time of small pox, to purge the bloud for prevention. Take a pinte of milk, and as much ale, and make a posset: then take a good handfull of marygold flowers, and a pretty quantity of hartsorn, a handfull of sorrel, and 6 figgs; boyl all together till it come to tge manner of a caudle: drink therofk and sweat an hower in bed; and drink 2 or 3 times in sweating. Doctor ffloud . M.S.

Pox in the eyes.

Take safron, lay it in a sawcer in fair water, let it stand till it be yellow; drop of it into the eye with a feather; it will destroy the pox and save the sight. MS.
Apples cutt in pieces and distilled with a quantity of Camphire and buttermilk, take away the scarrs of the small pox being washed therewith./ MS Lady Byron .

Swine pox. hang sorrell or plantane roots about the neck; or use dock roots for the same. ibid.

To take away pock eares, Take apples, cutt them in very thin slices, lay them in buttermilk, and put some Camphir to them, then distill them & wash with it. ibid.

Some to hinder pitting of the pox, cover the face with leaf gold: others use a scarlet mask, lined with linnen. ibid.

To take away pock holes or any spott of the face.

Take white rose water wett a cloth in it, set it all night to freeze; let it ly on thye face till it be ele....dry: or take 3 yong puppyes, the reddest
you can get: quarter them, takeing out the garbage: distill them in a quart of new milk of a red cow; wash with the water. ibid.

To prevent pitting of the small Pox. Take the fatt end of a loin of veal: boyl it well in spring water. Skim it well at the first boyling then put to it a good handful of Marsh mallow roots well washd and Scraped; and when you think the Veal throughly boyled take it from the fyre, and take the meat out of the broth, and when it is cold take off the fatt and keep the broth: and when the pox are

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come to the heighth, clip off the topp of every pock in the face, and with that broth being made warm bath the face where the tops of the pox were cutt off: and after that take of the fatt that was layd aside and anoyny the sore places. ibid./

To take out the redness of the small pox and male them fill (peel). Take the water that comes from Oysters: putt a little butter to it: so warm it to let the butter melt, and tapp the face with it often./ ibid.

Another for the same. Keep them moderate Warm:

when they begin to dry wipe over the face with oyl of bitter almonds, with a feather. ibid./

To gett out the redness and seams. Take a whole Orange, rost it well: then divide it, and so rub the face with it as hott as can be endured: let it dry on all night, and in the morning wash it off with water of Elder flowers distilled. ibid./

A wash for a face that is red, and full of lumps with the small pox. Rx. Buttermilk, 2 or 3 Lemons cutt into slices, rinde and all, half a pound of sweet almonds, a pound of raisins stoned and sliced: distill all these together and wash with it. ibid./
ffor a sore throat and to keep the small Pox out of the throat. Rx. Live sowes or woodlice,

putt them into a stay of Tiffany, so pinn it under the throat as you doe other stayes; let them ly on till they dye: then putt live ones on again. ibid./

An Observation of Riverius concerning the small Pox./

A child of 9 years old was sick of the feavour, which seemd to threaten the small pox. I presently orderd a vein to be open'd and 6 ounces of bloud to be taken, and at night as much more. Iuleps were prescribed and he was anointed with oyl of scorpions, and other ordinary remedies were prescribed. on the 2d and 3d day he raved a little. The small pox appear, small, thick sowne and flatt. They increased by little and little, but very slowly: so that on the 6th day his face seemd not at all swelled. The pox were flatt on his face and all his body over, and hollow in the middle, yea and some of them were black in the middle. His parents were the more fearfull, because they had lost 3 children of the same disease: whose Pox were just like these of our patient. Wherfore I fell to work with the most effectuall Medicaments, and prescribed this following Iulep. Rx. Carduus water ℥iii. Treacle water ʒiii Trochisks of Vipers one scruple, Bezoar stone 6 graines. Give it in the Evening. Yong pigeons were applied to his heart, and afterward a liment of Treacle, Confectio Alkermes and Oyl of Scorpions of Matthiolus. In all his broaths 1 scruple of Bezoardicum Minerale was dissolved. The day following, which was the 7th of the disease, he had 3 stooles of a matter sufficiently thick, but of a perfect lead colour. At the same time he voided most thick Urine, and the breaking out of the pox was so furthered, that in a daies space his face was much swollen, and from that time forward the pox grew sufficiently great. The Bezoardicum Minerale was continued for a day longer, and afterwards Confectio de
Hiacyntho, which was given him at first; till at last the patient was freed from this cruel disease./

Another observation of the same Riverius

A Child of 5 years old was sick of the small pox with a looseness, which continued during the whole Course of the disease: On the 7th day of his disease, which was in the middle of August, his looseness was much more violent, his feaver high, with mighty thirst: the pox were flatt, because the looseness hindered their rising. Other remedies having had little effect, this following Iulep was prescribed with respect to his looseness, and the Malignity of his disease. Rx. Roots of Cinquefoil and Tormentill ana $\frac{3}{i}$. Scabious and pimpernell leaves. ana i. Scordium 1 pugil. Yellow sanders $\frac{3}{ii}$. Boyl all (here is the matter wanting in which it is to be boiled, for which consult the Author) to 12 ounces for 3 doses, to be taken twice a day. Adding to every dose half a dram of Confection de Hiacyntho: half a scruple of Trochisks of Vipers, and 4 grains of Bezoar stone. After he had taken once of this Iulep, his looseness was abated, the pox rose high and his thirst was lessened. In many other Children besides the same potion did wonderful good, in stopping their looseness and raising the pox when they were flatt. I added to it rose water and orange flower water ana $\frac{3}{ss}$. It did wonderful good where there was no looseness, the pox being flatt, and thus I compounded it for the most part. Rx. Roots of Cinquefoyl and Tormentill ana $\frac{3}{i}$. Leaves of Burnet and Scordium, ana i. Yellow Sanders and shaveings of Ivory ana $\frac{3}{ii}$. Boyl all to $\frac{3}{xii}$. In 3 drams of the strained liquor dissolve orange flower water and rose water ana $\frac{3}{ss}$. Trochishs of vipers $\frac{3}{i}$. Bezoar stone 4 graysns make them into a potion, give it at once, twice in a day to such as as big, but to such as are sucking Children give frequently a spoonfull. / Sowbread (Artanita, an herb so called) used outwardly in ointments, takes away freckles,
sunburning, and the marks of the small pox, left behinde. Culpeper.
Labdanum mixt with wine, Mirrh and oyl of Mirtles, and applied like a plaister takes away filthy scarrs, and the deformity that the small pox leaves behinde. Idem.

In festo .... Matthiæ Apostoli.
Mae... 

ffrench Pox./ 259.

Take Confectionis Hamech. ʒvi. and a day or 2 after let bloud; then to a strong body give XIIIII graine of Turbith Minerall, and rowl that up in a sufficient Quantity of conserve of Roses and new butter: make one pill therof and guild it well. But before the Patient take it, let him Drink or Supp a good draught of Mutton broth, and at every time they do vomitt, give presently posset ale mixt with sugar. And thus shall take 3 of these pills together, haveing a daies respite between as the Strength of the body requires. ffor healing of the Mouth take posset ale made with convenient herbs: and mix therewith Mel Rosarum. and if the mouth grow very foule and furred, then putt thereto so many drops of oyle of Sulphur as will make it tart, and also heal it up with some good Lotion if need be. Lady Byron s M.S.

Secretum Secretorum contra eundem morbum. Rx.


Decoctio Radicum Chinæ contra Chamæleontem.


et Zythi fortis ana lib iiii. Infundantur in balneo
per diem: tum coquantur simul ad 3ᵃ partis consum-
ptionem. et colatur. &c. per f. dies cum solis amig
dalis, uvis passis et pane bis ut sequitur.
Rx. Ingredientia predicti ligni Guaiaci ʒii infundantur
in libra viii aquae puræ et coquantur ut supra. Hic potus
sumendus per dies 14. post prædictos. sume cum quali-
cunque velis diæta bona: sumendo

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qualibet Aurora et vesperi cochlearia 5. l.d. portionis
decotionis. Ibid.
Saseperillaeʒviii. Turbith. ʒiii. hermodactylus Epithimi,
Spicanard Indiae stechados semina anisi, Dactylor. siser. (per
haps scissor.) ana ʒii. liquiritiae ʒs. fumitære 2
florum Camomillaelig; 2. Put your Turbith, sarsaperilla
hermodactylus liquorice, aniseeds, fumitory and Camomill to
infuse in your diet pott, with 8 quarts of spring Wa-
ter, 24 howers: then boyle it on a soft fyre 4 howers
then putt in the rest c your stuff, and boyle them again
3 howers. If you please you may keep out your boyling
simples, and boyle them with a pottle of your decoct,
for your strong drink. then strain it, and put to
the feces 8 quarts of fresh water, and boile it as
before. The patient must drink of the strong drink
every morning, ʒviii, and sweat after it 2 or 3
howers. The small drink he must drink at meales
and at other times, when Occasion shall serve. He
must observe this diet 15 dayes or 20. or more,
without fasteing: half a sucking rabbet, or a 2d chick
-en: he may also eat raisins of the sun and all-
monds unblanched. He must forbear all sawces and
broaths, unless he be so weak, that he can not in-
dure the diet. This drink cures the disease in the
Mouth and throat, and in those
nose, by putting a
little in your hand, and drawing it up your nose.
If the scabbs be in the head or body, pull of the
scabbs and wash the sore often with this liquor. Pro-
batum sæpissime. M.S. Lady Byron ./
Tabulæ Turpeti Mineralis contra Luem Venerea Rx. Sac
cari ʒii. Margaritæ, Croci, ligni aloes, Cinamonii, ana
Əi. Moschi Əs. Turpeti Mineralis Ʒs. Make
it into Lozenges with infusion of gum Dragant.
and Rose water, without fyre. A dose heerof is 2
ʒ, wherein is one scruple of Turbith: which I
suppose to be very much. Wherefore give a smaller
quantity at first, and so increase it according to the
strength of the party, keeping such order in diet as
the cause requires. Keep them in a box by the fyre, if it be slow in working stirr up the naturall

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heat of the stomach with Aqua Composita, or rather a draught of Angelica water. M.S. Lady Byron

Warts in a mans yard. Rx. white coperas ʒi verdigrease ʒs. and a quantity of salt: boyle them with a pinte of Malmsey, and wash therwith. M.S. Lady Byron

A sore yard full of chapps and cracks. Rx. Plantane water

1 pinte. Ceruse ʒs. verdigrease ʒi. heat your water almost ready to boyle: then take it from the fyre and putt in your powders, still ther-stirring them, and therwith wash the chaps. Ibid.

Swelling of the Cods, et pro Hernia. (Rupture) Rx. Raisins, barley flower, bran flower, common oyl and oyl of Camomill, ana ʒii. boyle them in white wine, and apply them. Ibid.

Aqua magistralis alluminosa, ffallopij. Rx. Aquarum plan

tag. Aquar. Rosar. ana lib. j. Alluminis Roche, Argenti sublimati ana ʒii. grinde the sublimate and allom on a marble stone: then putt them to the waters in a violl of glass, and sett the same in a vessell in which we use to boyle the same in, which is called in Italy Inghistare di aqua cocta: then sett the said vessell on hott coales on a gridiron, and there let it boyl to the consumption of half: then let it stand 4 or 5 dayes till the dreggs be settled. 21. bottome then powre out 1 clear water and preserve it for your use. The Gridiron lyeth in the bottom of a furnace, and theron lye tyles. and in them ashes: in the which set the glass, and make fyre in the furnace till the water boyle. This water is one of the secrets of Fallopius, wherewith he healeth and dryeth all ulcers, a morbo gallico. This water is not to be used alone, especially in the mouth; but a double or triple quantity of Rose water, or plantane Water. In pustules of the fundament, or excrecencies of flesh; or in verrucis priapij we use it unmixed, and in so doing it never failes. Ibid./
Oyl of vipers, a sacred Medicine and secret of fflallopious.

Rx Two vipers, cutt them in small picees, putt them in oyle and sun it all the Canicular daies and it will become an oyle very strong and sharp. He findeth so many vertues in this oyle, that he calleth it by diverse names. He cureth Ulcers and running sores in the Head, that will hardly be healed, by anointing the head with this oile,

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and afterward with the above said Magisteriall Water.
MS. Lady Byron.

A water for Canker pock or such like Rx of Mer-
cury sublimate and prescipitate ana 3ii. of strong Vi-
negar 3viii. boyle it and scum it: then take it from the fyre and use it. M.S. Lady. Byron./

Burning with a harlot. If he have to do with another that is clean it will help him and hurt her. Let him presently wash those parts with white wine, sack, or water. If the matter have continued long, take the leaves of Lawrell and Rue, of each a handfull: beat them small, make a plaister of it and binde it about the Yard, If that help not, take the leaves of the red Dock, the most tender in the midst, cutting away the crops putt them into a pan whole, with white wine and boyl them well; then take them and binde them to the Yard and Cods. Baltasar . MS. Lady Byron.

or else. Rx. Clott leaves and primrose leaves: shred them fry them in may butter, apply them to the yard. ibid.

or else. Rx. fine linnen cloth, that is clean, burn it and make it into fine powder: then take the oyl of eggs and therwith anoynt the sore yard: and afterwards put the powder into the holes. use it oft. ibid.

Or else, Rx. Allum and seeth it in fair water till it be thick; then putt it into a pewter box, and use it as oft as need requires; this will greatly cleanse a sore ibid.
Against the Erection of the Yard against Nature. If it come by over much medling with a filthy woman, Rx oyle of Scorpions ʒs. oleum benedictum ʒiij. Ciratri re-frigerati ʒj. and a little wax: make all into an ointment and anoynt the yard. ibid

To heal a sore yard. Rx Turpentine and the Yolk of an Egg, of each a like quantity, beat them well together and put thereto a little saffron, and therewith anoynt it. ibid.

Or else. Rx and seeth linseed in sweet milk, till it be thick: then lay it to the yard plaisterwise; and anoint it with the juice of Plantane and Morrell: this will heal if thou change it not. ibid.

Vervain is an excellent thing for all diseases in the secret parts of Men and Women. Culpeper. - Succory and Endive are very good for excoriations in the Yard. - Yarrow likewise helps the running of the reins, & inflammation of the Yard. Idem.

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Prick of Thorn or otherwise

Take hony a good quantity, the gall of a beast, and scraped chalk mingled with it; boil them together, and make a plaister therof, and lay it to as hott as may be. probatum. MS.

The roots of common reeds applied to the place draw out thorns. Culpepper. Valerian or Setwall applied outwardly doth the same and heals wounds. Pimpernell is of such a drawing quality, that it draws thorns and splenters out of the flesh. Dittany of Creet is an admirable remedy against wounds tho made with poysond weapons, and gun shott, and to draw out splinters and broken bones. The dose is from ʒSs to ʒi. They say the goats and Deer in Creet, being wounded with arrows eat this herb, which makes the arrows fall out of themselves. Shell snayles being bruised and applied to the place draw out thorns. A little piece of the Tong of a fox, moystend and made soft in Vinegar, if it be too dry, and laid to the place, drawes out a thorn, or any thing else
fflos unguen-
gott deep in the flesh. torum is excellent for all sinews that are
hurt, and drawes out iron, splints of trees, thorns, broken bones, or any other thing that may grow in a wound, is good for a fester or canker. It is good for many other things and for all wounds in generall, and thus it is made. Rx. Rosin, per rosin, yellow wax, sheep suett, ana half a pound. Olybanum ℥4. Turpentine ʒii Ss. Mirrh, Mastichus ana ℥i. Comphir ʒii. White wine half a pinte: boyl them into a plaister. Briony or wilde vine, the root being bruised and applied of it self to any place where bones are broken, helps to draw them out, and also splinters & thorns in the flesh. And being applied with a little wine mixed therewith, it breaketh Boyls and helps whitloes on the ioynts. Culpepepper .

A Push, v. ffelon, Uncome

Take the roots and leaves of Lillies, or holyhocks, mallowes, red sage and violet leaves, of each 1 handfull; boyl them all till the stalks be as soft as the leaves: then put to it a good spoonfull of barrows grease: bath the place grievances in it, till it be cold, 2 or 3 times a day, and binde some of the herbs to it. MS. Naylwort or whitlow grass is a very small & Common herb, the leaves not much unlike Cheekweed; it growes commonly on old stone and brick walls; it flowers early in the year, and is not to be found after April. It is exceeding good for those Impostumes in the joynts and under the nayles calld Whitloes, felons, Andicombs and Nayl wheals. Culpepper ./ The leaves of Clary with vinegar, either by it self or with a little hony, helps hott inflammations, boiles and felons, if applied before they grow too great. Idem.

Ringworms, Tetters.

An oyntment to Cure them. Rx Litharge of gold
in very fine powder lb ss. Wine Vinegar 3v. 
oyl of Roses lb i. Grinde the Litharge in a Mor-
tar, putting to it by turns, sometimes oyl, some-
times vinegar: till by continuall grindeing and 
stirring the Vinegar doth no more appear, 
and that it comes to a whitish oyntment. It is 
good against inflammations, burnings and scald-
ings, it is cooling drying and anodine. It dries, 
skins and heals sores and Ulcers, cures scabbs, 
Tetters and ringworms, and other deformities, 
and discolouring of the Skin. Hartman ./

Another. Rx. boares grease ʒiii. Quicksylver Mor 
tified, and Verdigreece, ana ʒi. Camphir 
ʒ i. black sope and Mustard, ana 1 spoonfull. 
grinde all together in a stone Mortar or on 
a painters stone, then putt it in a gally pott. 
Anoynt the ring worm with it morning and 
evening till it kill and heal it. This is an 
absolute Remedy and hath healed Many. Idem. 
Another. Rx. water of sharp pointed dock ʒiii. Borax 
ʒiii. com mon salt ʒi. Vinegar of squills i. mix 
all together. It is excellent for all the foresaid 
purposes. Idem./

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Quinces to preserve, and make Quodjiniack at once.

ffirst pare your quinces and core them and cut them into quarters 
and weigh out 12 pound of them; then take 7 quarts of water, and put 
it in a fair broad vessell, and put thereto 6 whites of eggs, and all 
to beat it together, till it be in a fome; then take 6 pound of very good 
sugar, and put therin, and set it on a clear fyre, and skim it clean. 
then take it of and putt it in another clean vessell, and put your quin 
ces therin: set it over a clear fyre, and let them seeth fair and softly, 
and ever as there arises a scum, take it off, with a spoon, and cover 
your quinces close: and when it is sodden sufficiently, take out some of 
the liquor, with a spoon, and lay it upon the side of a dish, and if it 
stand in a jelly it is sodd enough: then take off your pan from 
the fyre softly, and take out your quinces one by one with a 
spoon; then strain your liquor with a very fine strainer, into 
a fair clear bason, when it hath stood a while, take off the 
scum that rises of it; then put it into boxes, and your boxes so 
full, that when they be setled, a little while, you may scum off 
the uppermost: and then you shall have a very clear Quodjiniack 
MS.
Quinsey or Squinancy. v. Throat./ Kings evill

Take a white dogs turd, (alias album græcum) beat it very fine, and mingle it with honey, weight for weight: make it very hot, but boyl it not; spread it on a red cloth, and lay it to the throat, from ear to ear, as hot as may be: shift it twice a day. probatum. MS.

Another. Take a bores tooth, and make it into powder, mix it with linsed oyl, and touch the place grieved with the end of a feather dipt in the same. MS.

Another. Eat bread with honey, and apply plaisters therof hott. MS. Lady. Byron .

Another, apply lilly roots with mallowes and may butter.

ibid./
Squinzy. Album graecum a spoonfull with a little nutmeg, and sugar: drink a little any thing to wash it down ibid./

ffor the Squinzy, a certain remedy if taken in time and for any other sore throat comeing of Rheume./

Take a bitt of loaf sugar in powder, and as much amber beaten to powder: mix both together and lay it upon sweet embers: set a Funnell dish over it, and put the end of it in your mouth, to let the smoke go into your mouth as long as you are able, & so rest: do it often together, and then rest: do it as often as you will in a day: but is best going to bed: it will draw away abundance of Rheume. ibid./

266 draw away abundance of Rheume. ibid./

Swelling in the throat. Rx. a swallowes nest, boyl it all in ale, so apply it warm once a day to the outside of the throat. Dr Thorowton . ibid./

ffor the Squinancy and tooth ache, an excellent Remedy.

Rx. black Hellebor, bay berries, Ivy berries, long pepper ana 1 dram. Beat this to powder, & putt treacle to make it in to a past: then take as much as a hasle nutt,
knitt it in a cloth, & hold it in the mouth between the Cheek and the gumm: it will make you drivell exceedingly, drawing away much Rheume & filth: It will gather the swollen face to an impostume. and break it inwardly./ Old MS./

To cure the Squinancy or Kings evill in the throat, to dissolve it & keep it from breaking / Rx of the life (lise) of Syder a quart: putt to it half a lb of Lemon rinde & juice: Tartar ʒii. Cassia new drawn, Bolearmoniac, ana ʒi. The whites of 5 eggs; 6 ʒ of sallet oyl. mix all these together, to a pultiss, apply it to the place. - old MS.

An excellent way for the same, to dissolve it & take away the matter therof by driveling . Rx. Acorns, ginni pepper ana 1 scruple. Cinamon half a scruple, Tobacco a scruple, pellitory of spain, half a dram: cloves a scruple, Elleborus niger 1 scruple, Elleborus albus 12 grains; putt to these 10 ʒ of Vinegar: boyl it to 5 ounces; then strain it through a fine cloth. The dose a quarter of a spoonfull in 3 spoonfulls of white wine. It will make you spitt incredibly, & give a stool or 2 most excellent. - ibid./

An excellent Gargle against the Quinsy Sore throat, Tumours, and pain of the Mouth and Jawes . Rx Milk hott from the Cow, Album Grecum ʒ ss. hony of Roses ʒii (or 2 spoonfulls rather. Verdigreese ʒ ss. Boyl them a little, then strain it out, and gargarize with it often. It cleanses and heals Ulcers. Hartman ./

A Syrup for opening the Liver, Spleen and reins, called Syrupus Acestosus compositus. Take the roots of parsly, fennel and succory, of each
three ounce; anniseed, fennel seed and parsly seed, of each 3 ounce, Endive seed, half an ounce, 10 pintes of water: seeth them with a soft fyre to the half; but you must put in the seeds, when the roots be half sodden; strain them, and put to the liquor, 3 pound of White sugar; seeth them, and skim it clean, till it be half consumed; then put to it a quart of white wine Vinegar, and seeth them to a syrup. Note: that to make a syrup, you shall take to every pinte of liquor, 1 pound of sugar; but for Children it shall be enough to take the roots of succory parsly and fennel, and of Endive the herb: seeth them with water, then take the water, sugar and vinegar, and seeth them to a syrup as aforesayd. Note also, to make any decoction, you shall take to every handfull of herbs or roots, a pinte of water: also the same roots, and Endive the herb, burrage and violet leaves, is as good to make a decoction, as for to make the Syrup. M.S. probatum./

Running of the Reins.

Take the milk of a cow that hath had a calf a 12 Month, boyl it in the gristles of a brest of Mutton, a handfull of plantane, a handfull of Knot grass, and a comfry root: drink a good draught, morning and evening. M.S.

Consumption of the reins. Take a quart of Muscadine and the pith of an ox back, seeth it to a pinte; then strain it and sett it on coales, put to it 3 ounces of Manus Christi. and as much amber as you think good; boyl it together as thick as treacle; take of it every morning and evening, as much as 3 hasle nutts. MS.

Running of the reins. Take an egg, rost it very hard, when you have put it out of the shell, dip it in beaten cinamon, as much as it will take up conveniently: so eat it probatum. MS.

Another. Take Turpentine 2 ounces, Mastick 1 ounce, beat it small in a morter, and so work it up with the Turpentine, make it up into little pills, and take of them dayly 3 or 4 times a day. Before this, a preparative purge must be taken, out 2 ounces of Cassia in a little white wine. afterwards a vulnerall Losion injected into his yard, with a syringe: which must be as follows: Mella rosarum, 2 ounces, plantane water 4 ounces. MS.

Another. Take roch allum, and make it like a bent very small an inch long and better, put it in the hollow of the yard
and let it stay there as long as the party can suffer it. probatum. MS.

Another. Take water cresses, and Columbines of each a good hand

full or quantity, boyl them in cows milk, (for a Man the fe male Cresses) and when the herbs are well boyled in the milk take it from the fyre, and let the patient eat therof, with a little white bread therin, and also drink therof a good space first and last. probatum. MS.

Another. Take a piece of fine Manchet, tost it on both sides
till it be brown; then take the yolks of 2 eggs, and spread them thin on the tosts. Then take 2 penny worth of fine white sugar candy, and strew on the yolks, as they lye on the tost: eat it in the morning, and fast an howere after; continue it 6 or 7 mornings together. M.S.

To cool and cleanse the reins. Rx. an egg and putt out all the white: fill it up againe to the yolk with honey: so warm it and mingle it together, and drink it up in a morning fasting. MS. Lady. Byron ./

An excellent medicine to stop the sickness in Women, and the flowing of seed in men. It is also very comforable for the stomach, and for giddyness of the head. Rx. a pottle of red wine; putt to it a lb of red rose leaves, green or dry: boyl it in a close decoction, then distill it in the strongest balneo: then putt to that water S. Iohns Wort 2 ounces, Mercury 1 ounce (A) bettony 2 ounces, Agrimony 1 ounce, Succory 1 ounce: pomgranade rindes 1 ounce, orenge rindes 1 ounce, Cinamon 1 ounce, Nutmegs half an ounce. Isinglass half an ounce. boyl all these in a close decoction again, then distill it in the strongest balneo. The dose 2 spoonfulls first & last. It is excellent. - Old MS./

ffor the Consumption of the back & running of the reins. Rx. 4 comfry roots; knotgrass & leaves of Clary, ana 1 handfull: stamp all these & strain them into a quart of Muscadine, the yolks of 3 eggs: 1 Nutmeg: mix all together & drink it first & last. MS. Lady. Byron ./ There is a sort of Amaranthus, (flower gentle
or velvet flower) which bears a white flower, it stopps the whites in Women and the running of the reins in Men, and is a gallant Anti venerian, a singular remedy for the ffrench page 269

Pox. Culpeper. - Bistort (Snakeweed, or Dragon wort) The leaves kill worms in children, and are a great help to such as cannot keep their water: if the juice of Plantane be added to it and outwardly applied, it helps the gonorrhea or running of the reins. A dram of the powder of the root taken in the water therof, wherein some red hott iron or steel hath been quenched is an admirable help heerto, so the body be first prepared and purged from the offensive humours. - idem. Water lillies either white or yellow, the seeds or the roots, but the roots are most effectuall to cool binde and restrain all fluxes in man or woman, as also the running of the reins, and the passing away c the seed when one is asleep. But the frequent use of it extinguishes Venerian actions. The distilled water of the flowers, and the decoction of the root in wine or water, is very good for the forementiond distempers, and for hott and sharp urine. - Idem. Liverwort being bruised and boyled in small beer, cooleth the heat of the liver and Kidneys, and helpeth the running of the Reins in men, and whites in women. Idem. Puslan seed is more effectuall than the herb: it is an herb of the Moon and good to cool heat in the liver, blood, reins and stomach, and in hott agues, nothing better. It staieth hott and cholerick fluxes of the belly, womens courses, the whites, gonorrheas. It is of singular use to cool the heat and sharpness of urine, the outrageous lust of the body, Venerious Dreams and the like, in so much that the over much use of it extinguishes the heat and vertue of naturall procreation. Idem. The juice of the herb, or the distilled water is of singular use for inflammations & ulcers in the secret parts, as also of the bowells, or Haemorrhoids, when they are ulcerous or excoriated. Idem. Red roses made up in Diverse compositions are very good for stopping the whites, and the running of the reins. Idem. The powder of Great Round leavd dock roots, which is called English Rubarb, taken with Cassia dissolved, and a little washed venice Turpentine, cleanses the reins, and strengthens them afterwards, and is effectuall to stopp
the running of the Reins. ibid. /

Rupture wort, a dram of the powder of the dried herb given every day in wine for severall dayes; or the decoction made in wine & drunk, or the juice and destilled water of the green herb helps all fluxes in men or Women, also vomitings and running of the reins. Idem./

Sanicle boyled in wine or water and drunk, there is not an herb can give such present help to man or beast, when the disease falls on the lungs or throat, or privities, by gargling or washing with the Decoction of the leaves and root, made in water, and a little hony putt to it. It stayes womens courses, and all other fluxes of bloud, either by mouth, urine or stoole; and lasks of the belly, the ulceration of the Kidneys and pains in the bowells, and the running of the reins: being boyld in wine or water & drunk Idem./

Yarrow or Millefolium, inwardly taken strengthens the stomach, in its retentive faculty; and helps the running of the reins in men and the whites in women. Idem. Asparagus opens, provokes urine, cleanses the reins and bladder, being boyld in white wine, and the wine drunk. Idem.

Centinodium or Knottgrass, helps spitting and pissing of bloud, stops the terms and all other fluxes of bloud vomiting of bloud, running of the reins, weakness of the back and joynts, inflammations of the Privities. Your onely way is to boyl it, and eat is as a sallad. Idem. Clary fried with butter or like a tansy, stops the running of the reins. - St Iohns wort is excellent for purgeing the reins. You may give it in powder or any convenient decoction. Idem

Red corrall in powder is much used for running of the reins. - Borax in powder, inwardly taken in small quantities, stopps fluxes and the running of the reins. - Olybanum may be taken a dram at a time.: the best way to take it is to mix it with conserve of Roses, and take it in a morning fasting; it stops loosness, and the running of the reins, it strengthens the Memory, comforts the heart, helps Rheums, expells Melancholy, helps pleuresies. - Camphir mixt with oyl, and the back anoynted with it, cools Reins, stops their running, and imodrate Venery Idem./
Water of Talk a great beautefyer.

Take the best Talk, slit it in thin pieces, hang it up in a thin Linnen bag, in a very damp place, with a Receiver vnder it, to receive the droppings when it sweats or Dissolves, then distill it, & it produces a Curious shining beautifying water to set a Lovely whitenesse on the Skin, &c/

To take away frekles,

Take the gaul of a Young Cock the wool of a hares foot, burnt to powder, by wrapping it up hard in a browne paper wetted, as in burning silver Lace, that it may not burn to Ashes but moulder, & soe be reducible into powder, add to these an Ounce of Rye meal, beat them togethr with the pulp of a Lemon, & wine vinegar till they may be spread plaister wise, spread this Composition on soft Leather, & Lay it on the freckly places, & in twice or thrice aplying you will see a stronge Alteration

To Cause a Curious White, shineing Complection.

Take peach blossomes, 2 handfulls the Sap that drops from a Cut vine 4 Ounces, the Seeds of Mellons - grosely bruised, one Ounce, Gum Tragacanth beaten finely into powder half an Ounce, put to these, when well beaten or bruised 2 Quarts of Clarifyed whey, Let them Infuse twenty four howers, in a warm place, then presse Out the Liquid part, as hard as may be by pressing, & vse it as you see Ocasion/ The fine Venetian wash is sold for 12 pence the botle by S: Clarke in birchin Lane at the Corner of Exchange Alley , & at Mr
Garraway es fruit shop the South Entrance of the Royall Exchange. I know it to be Exelent for Clearing & smoothing the Skinn, & rendring the face very beautifull & Lovely. Lady: Byron

271. Restaura........................................lives./

I..............
Take 1 pound of capdates clean picked, and the stones taken out: seeth them in a quart of Muscadine, till the wine be somewhat consumed. then put them into a glass to keep, and when you eat almond milk, or other broths that are good, put in 3 or 4 spoonfull of the same at once: use this every meal you have broth. M.S.

Another great restorative for weakness. Take with amber 2 ounce,

at 16d : powder of a sea horse tooth, half an ounce at 8d . Turpentine dried, 1 pennyworth. mastick 1 pennyworth: of each half a dram: half a nutmeg, half a mace, of both 1 scruple. Grannet stone, Saphyr stone, Emerald stone, Ruby stone, half a Scruple of each, at 2 sh. 6d . Terra Lemnia 4d ; white corall and red prepared 1 scruple, 6d pearl prepared, half a dram. 12d . musk 2 graines. 4d : fine sugar 1 ounce and a quarter: of leaves of gold and syl-ver, of each 2 graines: Unicorns horn 5 graines. 3 sh. 10d , Bezorstone 3 graines. All these things must be prepared & made so fine, as any meal flower: and the dose taken at a time must be the quantity of as much as will ly on a shilling or french crown weight, to be taken in a morning fasting, in the yolk of an egg, or Muscadine, or in goates milk, or in red cowes milk, in 3, 4, or 6 spoonfulls of any of those liquid substances. M.S.

Another. Take 2 ounces of conserve of red roses, of pearl,

amber, mastick, Olybanum, of each 2 penny weight in fine powder: mingle all together, and eat of it every af-ter noon. M.S.

A restorative drink. Take 2 or 3 pound of beef, slice

it very thin, put it into a pewter pot with a cover, and set it in a kettle of water on the fyre: and put into it a pretty quantity of dates stoned, and much of raisins of the sun stoned, together with mace and cinamon: boyl it while it is all to pceces; then strain it, and it will yield 1 pinte of water: put to it a little amber greese: take
it first and last. MS.

Another. Take capdates, stone them, and pare of the inward white skin; stamp them, while they come to a marmalade in an Alabaster morter: then put to them as much muscadine, as will boyl them to a marmalade: then put to it 2 or 3 grains of Ambergreese. M.S.

Another. Take 2 pound of dates: wash them clean in cleer ale, then cut them and take out the stones, and white skins

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then cut them small and beat them in a mortar, till they begin to work like wax; then take a quart of Clarifyed hony or sugar, and half an ounce of the powder of long pepper, and as much of Mace: Nutmegs and cinamon of each a dram: or the powder of lignum aloes 1 dram; beat all these spices together, and seeth the dates with the sugar or hony, with an easy fyre, and as it seeths, cast in by little and little of the powder, and stirr it with a spatula of wood, till it come to an ELECTUARY: eat therof morning and evening 1 ounce at a time: it will renew and restore the complexion. probatum. MS.

To strengthen the back. Take a good quantity of great Comfry roots in rose time, stamp them in a morter very fine with ref rose budds; put in as much sugar as will make a conserve. MS.

Another. Stamp and straine yarrow, and mingle the juice with milk hott from the Cow: drink therof 2 good draughts morning and evening with sugar. M.S. Lady Byron

To restore nature againe. Take ffennel seeds, parsley seeds, carrway seeds (or perhaps carrot seed) and Cardamom seed of every one at-like Quantity: lignum aloes 1 penny worth; Rhubarb ʒii. put all these into a brass mortar; and pound them well. Then take a pan clean scowred and cast a good deal of sugar therin: and melt it with some rosewater. Then cast all your ingredients therin, and take an iron slice and stirr it very well, till it be thick: then take it off and putt it up in a fair vessell; use to eat of it every morning fasting. Baltasar . M.S. Lady Byron
Another. Rx Acorns of an oke, put them to steep all
night in vinegar, and eat of them. ibid.
Item. use to eat in your broths the powder of mints. It
will restore greatly. ibid.
Item. take the Kernells of pine apples. lay them in
sugar: boyle the juice therof in milk, put a little
sugar and use to drink it. ibid.
Item Rx. Diasatyrion, Dates, Nutmgs, Maces, ani-
seeds, of each a like quantity, make them all into an
electuary with sugar and Cinamon, and use often
to eat of it. ibid.
Item. Rx. Conserve of Rosemary flowers, burrage
and Succory, of each ℥ ii.s. the bark of Citrons
and Nutmeg candied. of each ℥ s. and of sugar
as much as will suffice, and 6 leaves of gold:
Incorporate all these together and candy them,
and so use it. ibid. 273.

Item. Rx. Red mynts, stamp them and strain them, and
boyl the iuice therof in milk: put to it a little sugar
and so use to drink of it. ibid. it is excellent.

Item. Rx. parsnips, seeth them in milk, as you would do
bread, and eat them and the milk. This is the best of
all. M.S. Lady Byron

To make one Lusty. pro erectione virgæ. Use Diagallin=
ga, and every morning eat 2 or 3 new laid eggs, reer
rosted with the powder of Nettle seed and sugar put ther
in. All sweet things are nutritive and do help in this matter:
and so are all sweet wines. ibid.

Weakness in the back . Rx. fflower of wheat and Rice,
and temper it with clarret wine and sugar: and putt
thereto a little powder of Clary and nutmeg: make a
cake bake it, and eat it. Baltasar MS. Lady Byron

or else . Rx. the Marrow that is in a Sheeps back, ℥ ii
of Dates 3: Raisins of the Sun enucleated ʒ iii. Cur-
rans ʒ ii: fine wheat flower 2 handfull: and as much
sweet cream as will serve to make them all into paste.
Let your Marrow and picked from the skin, your raisins clean washed and picked: then beat them alltogether in a stone mortar with some sugar, as much as will suffice to make your cake pleasant: and eat therof. ibid.

or else. Rx. flower of barly and beans and oyl of Roses, and the Yolk of an Egg: with a pretty quantity of Bolearmoniack, Terra Lemnia (Boleanyteram Le tina) make a plaister, and wear it at your back on the day time. ibid.

A Cordiall Electuary to restore Nature. Rx. Saccari in

\[ \text{aqua Cinamonii dissolutum} \]
\[ \text{iii. Pinearum Mundatar.} \]
\[ \text{ʒ s. Specierum Aromatici Rosati} \]
\[ \text{ʒ s. Amygdalum dulcium exorticatum et cribatum} \]
\[ \text{Croci grana 10. Conserve violarum} \]
\[ \text{ʒ i. Diamargarit frigidæ} \]
\[ \text{ʒ i. Moschi, Ambræ.} \]
\[ \text{Burnellus Marinus. M.S. Lady Byron} \]

Aqua ad vires dejectas restaurativa consumpta Rx

quartam unam aquæ rosaceæ, tantundem lactis muliebris, hircini, equini, aut vaccini: adde predictis 30 lutea ovorum recentium et misce: hinc extrate aquam, vesperi et mane exhibito

agro potandum, cum manus Christi perlati deaurati:

MS. Lady Byron 274

Alia ad idem optima. Rx. Optimæ wortæ (wort)

quartas 2. cogne in iis libram unam mellis depurati, linguæ Cervinæ i. Hepaticæ ie, liverwort, ii. Santalorum rubeorum cochlearium unum. coque ad tertias ijas, et in vase mundo clauso servetur in usum. Dosis mane et vesperi cochlearia 3. calida. ibid./

A restorative for the back. Rx. a quart of Muska-
dine, the pith of an ox back, a handfull of Ribworth, as much Clary, as much plantain leaves, as much hore-mints, stamp all together in a mortar, strain them, boyl all the juices with the wine very well, drink first and last: it is better if you boyl a handfull of knot-grass with it. ibid.
A restorative . Rx. a leg of mutton half boyled: take it up and prick it well, and then take the broth and blood that cometh from it, and strain it. then put to it some crumbs of white bread, the yolk of a new layd egg beaten, and 2 cakes of Manus Christi and a little grated Nutmeg, and boyl it together; drink it 3 times a day: in the morning fasting, at 2 a clock, and last at night: 2 spoonfuls at one time, or 3 at the most. ibid.

Hartshorn gelly . Rx. 3 spoonfull of hartshorn finely scraped, from the tips of the horns, and boyl it in 2 pintes and a half of running water, and half a pinte of white wine, till it come to a pinte: but if you would have it to eat in the afternoon put in 2 good slices of Nutmeg, a little Cinamon, a little Mace, and a little of the tops of Rosemary, and let it boyl a dozen walmes, and when it is boyled putt in a little fine sugar, and 2 graines of Ambegreece. If it be to eat with your broth, then onely steep it in water and boyl it till it come to a stiff gelly, and so putt 2 or 3 spoonfulls of that gelly in your broth. ibid.

A restorative . China mixt with conserve of Roses. Rx

China grated, then rubbed to a fine powder in a mortar, and mixed with roses; 6 penny weight of it. in sylver will be sufficient for ℥ iii of Roses, which is sufficient for 5 or 6 times morning and night. MS. Lady Byron

Vertues of rew. Rew.

The juice of rew warmed and put into the nostrills, causes rheum to avoyd, cleanses the brain, eases the pains of the head, The juice of rew drunk is good against poysone. A plaister made of it, and layd to the byteing of any venemous beast or worm cures it. MS.

Rheume.

Take yellow orkme't (orpement) such as painters use: beat it very fine, then take the yolk of an egg, and temper them together, till they be like a salve: then take a piece of unwashed
Lockeram, neither too fine nor too course, being 1 inch broad: and 2 inches long: spread the same upon it. Then take the end of a brick as big as ones fist, and heat it red hot; then take a cream dish, and bore a hole in the bottom of it with a perser, and put therin a goose or swans quill, then whelm a dish over your dish, (rather over the brick) and stop the sides therof very close, that noe ayr go out but through the quill; then cast a sheet over your head and so receave the ayr from the quill. If you will, you may put in some brimstone. M.S.

Another. make a cap of scarlet and smoke it with frankincense, and if it help not, smoke it with storax, or Eleny, and take Diacodian (which is a syrup) and put a spoonfull into your Mouth, and hold it there after you are in bed, a quarter of an hower or more, then spitt it out: and if you have the murr, swallow it as easily as may be. MS.

An Electuary for the same. Take 2 ounces of prepared Enula campana, beat it as a conserve, and put to it of conserve of violets, conserve of marsh mallow flowers, conserve of rosemary flowers, conserve of sage flowers, of each half an ounce: mingle them altogether, take of it thrice a day. M.S.

Another. Take the juice of onyons, and put therof in the nostrills, it will stop Rheume. probatum. M.S.

Another. Take sanguis Draconis and mastick in powder, cast ther of on hot coales, and receave the fume at thy mouth, use this often. probatum. MS.

Another. Take a spoonfull of Mustard seed, and 1 spoonfull of bay salt: beat them in a mortar, very fine: then take an egg rosted hard, temper them together and heat them on the coales; put them into a little bag and heat it: lay it as hot as may be endured to the nape of the neck, on that side the pain is. M.S.

Another. Take the leaf of a Marygold, and rub it between your fingers; put the same into your nose, and let it stay there a pretty while: it will bring abundance of Rheume out of your head; and will help the rheum soon, if you use it. MS.
Another. Take a handful of Trefoyle, of bettony, of Avens,
of chickweed, herb grace, fennell, Ivy of an ash, and sele-
lendine, of each 1 handful; wring them asunder 2 or 3 times,
and put them into his drink, so let it stand a day and a night.
Let him allways drink of this, especially first and last. These
herbs will serve for 2 gallons of drink. MS.

To lay to the Temples for the same. Take 1 handful of vio-
let leaves, and half a little spoonfull of white poppy seed: a
quarter or half a nutmeg; beat them finely together with
half a spoonfull of brown bread crums; quilt these in a
double cloth, steep it in 2 parts rose water, and a 3d part
vinegar: binde it to the temples. MS.

ffor Rheume and pain in the stomach. Take mastick and O-
lybanum, of each 3 drams; make pills therof with syrump
of mintt: give a dram of this moystened with wine evening
and morning. This heats and dries the stomach, and hinders
Rheume from falling from the head. Mr Digby . MS.

Manus Christi to stay Rheume. Take good liquorice, well
scraped and bruised, 1 ounce: anniseeds, Isop dryed, and May
den hair, of each half an ounce: steep all these in a quart of
fair running water 24 howers, and seeth them to the one half.
then strain out the liquor from the stuff and therin put a pound
of fine sugar, and boyl it, and scum it, well boyled; make
cakes therof, with 4 ounce of sugar pellets melted in Rose wa-
ter: then boyl it till it be thick to make cakes. MS.

Liquorice balls to expell Rheume. Rx a pottle of Isop
water distilled: 1 pound of liquorice scraped and sliced in
thin pieces, and so bruised in a mortar: putt them together
and boyl them over the fyre so long, till you think the
substance of liquorice in the liquor: then strain it into
a broad earthen vessel and so dayly sett it in the sun,
untill it grow thick, stirring it very well, and when
it is dry, make balls therof to eat at your pleasure.

MS. Lady ByronOr else. Rx a pound of liquorice clean
scraped and sliced as before, and putt it into a great double
glass, putting to it as much distilled water of Isop as will
cover it over an inch. Close up the mouth of the glass and
sett it in the sun in the dog daies, every day burning
the glass, that the sun may have power on all the parts of the glass, that so the water may consume away, and when the one half seemeth to be spent, then uncover your glass and putt therin 2 spoonfull of anniseeds beaten into fine powder, and one ounce of gum dragaganth, dissolved in Hysop water, and 5 or 6 ounces of white sugar candy, beaten into fine powder. mix all these very well together, and stopping up the mouth of your pott againe, sett it in the sun and so lett it stand, untill the moysture be dryed up, and it wax stiff: then make it up in lozenges or balls, gild them, and dry them well, and keep them to eat at your pleasure. M.S. Lady Byron

To make Guaiacum water and the use of it for Rheumes.

Rx. a pottle of running water, a quarter of an ounce of lignum vitae, half a quarter of an ounce of the Bark of the same wood: 2 ounces of Mayden hair, one spoonfull of anniseeds, one spoonfull of liquorice, sliced and bruised both together, 6 figs opened, a penny worth of raisins of the sun, the stones taken out, and if it be bitter, you may putt in what sugar you thing good, or a little Cinnamon: putt all these together into the water, and seeth them from a pottle to a pinte, and then strain it. Use it 3 times a day, in the morning Early and walk up and down after it: at 4 in the afternoon, and when you go to bed. It is good to dry up Rheume, and keep the body in good Estate, use it for a month or two together. v. the use of Guaiacum decoction and diet else where. MS. Lady Byron

To expell Rheume. Rx. oxymel simple 1 spoonfull: and as much alloes as the quantity of a bean: powder it, mingle it and swallow it with the syrup. MS. Lady Byron

ffor Rheume, Melancholy and windyness. Rx. 4 drams of good Sassafras; Marioram, balme, sage, of each half a handfull made into gross powder: putt it into a bagg with a little stone in it: and let it hang in the midst of 3 or 4 gallons of ale, newly tunned. You may putt to it as much Tamarisk as you will. The same bag with powder will serve the second time, with allmost as much more ale or beer: this powder is good against rawness in your drink, against
Rheume, Melancholy and windyness. ibid.

Another for the same use. Rx a large fennel root,
pith it and steep it in vinegar 4 hours: Lettuce
2 good handful. violet leaves a handful, half a
handful of Cicory: raisins of the sun cutt in the
midst, a good handful: a stick of Liquorice thin
slitt, a little mace: boyl these in 4 pints

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of water, with a handful of french barley, till a
pinte and a half be consumed: then strain it. With
this decoction and the barley draw barly cream, with
a very few almonds: put to it some rose water but
no sugar: but syrup or sugar of violets to your
likeing sometimes: you may drink the decoction a-
lone sometimes in place of the barly cream, that you
may not grow weary of it. or take Lettuce and sor
rell and boyl them with a chicken, and drink this broth
some mornings. This course is to be continues 14
dayes to reduce the body to a cold temperature. It is
good at dinner to eat green sawce with all your meat.
and to eat lettuce at supper, with sugar and vinegar
Use to snuff up into into your nostrills either rose wa-
ter, or some of the decoction in the morning
as soon as you rise: this will much cool and moysten
the brain. Use broth with willow leaves and mallory.
every 2d night these 14 dayes, for your legs at
night. ibid./

Rheume in the head. Rx. Barly meal, bean meal and

frankincense, mingle them with sour milk Rose water,
make them into little cakes, dry them on a hearth,
or hott fyre shooble, till the whiteness be taken away,
than lye one of them to the mold of your head,
and another to the nape of your neck, when you
go to bed warm, and change it in the morning
when you rise. - Also take dryed Rosemary,
powder of Nutmeg, and benjoine (benjoing) in
powder and strew them in the hayre. ibid.
Seeth half a pound of figgs, with a handful of hysope
and 1 spoonfull of honey in a pottle of white wine,
to one half: drink 2 or 3 spoonfulls first &
last to help Rheume and Cough. ibid./

ffor Rheume and gross humours. still a diet pott
with conduit water all saving a quart, which must be whitewine: liquorice scraped and cutt small 1 pound; lignum vitæ half a pound: the bark of it 3 i boyl them 1 hower and half, strain it & keep it in a close vessell; drink of it first & last: the best is from St Iohns Island. ffor hot griefs use more water and less wood: for cold ones more wood & less water: It cures the pox and allmost all griefs. seeth it in a close vessell sett in seething water 10 howers. ibid.

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Ring Worne . ....................................or Tetter.

..............................

Take 4 ounces of hogs grease, 1 ounce of quicksylver, kill it with fasting spittle: 1 ounce of verdigrease, beaten to powder, 1 dram of Camphor, 1 spoonfull of black or gray sope, as much mustard, temper them alltogether; put it in a box, anoynt the place where the ring worm is, morning and evening till it be whole. MS.

Another. Take the root of a red dock, (it being very red) slice it and lay it in vinegar a night: then lay it on the tetter and tye it with a cloth hard. probatum. MS.

Another. Take black sope, and allmost as much ginger in powder, mix them well together, anoynt the tetter therewith 4 or 5 dayes together, it will heal it. probatum. M.S.

ffor the Tetter . Rx venice sope scraped ʒ i. 4 graines of musk, bruised on a stone: a dram of camphire bruised; as much white mercury bruised as a small nutt: work them all in roeswater together, and therafter anoynt the tetter and work it well in. When it beginneth to dry wash of the scurf with white wine and sallet oyl beaten together, and that will soften it and smooth it. MS. Lady Byron

The water that is found in the hollowness of a beech cureth scurf, tetter and scabs in man or beast. ibid.

Tetter. Grinde mustard seed with hony and apply it once or twice. ibid.
ffor leprosy, Impetigo, serpigo. Dissolve the gum of Plumtree in vinegar, strain it and anoynt there with. ibid. ffor a Ringworm. boyl the sap in vinegar, strain it and anoynt therewith. ibid.

Tetter. wash in the mornings with parsly water, and at night with Rose water. ibid.

A tetter or ring worm. Rx. Sallet oyl and salt, mix them well together, make it lukewarm, anoynt the place till it be gone. ibid.
Item seeth sage and alom in Smiths water, and wash therewith. ibid.
Item. dissolve plumtree or cherry tree gum in vinegar and anoynt therewith: ibid.

A Tetter. Take a gallon of Smiths water, boyl it & skimm it clear: then put to it 2 handfull of Smal-ledg, 3 oucnes of roch allom, half a pound of English boyl all together half an hower. ibid./

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Rosa solis to make.

Take 2 pintes of the strongest Aqua vitæ you can gett, putt it into a stone bottle, that will hold 2 quarts: put into it 4 hand full of the herb called Rosa solis finely picked, but not washt nor toucht with finger: then put in half a pound of good dates the stones and white skins being taken out, and cut into small peeces: put in 4 ounces of liquorice, sliced very thin, 2 ounces of anniseeds beaten, 6 or 7 figgs sliced; stop the bottle or glass close, and let it stand 3 weeks. then powr out the liquor into another glass bottle, and put to it 4 ounces of sugar candy, a good deal of gold, a little ambergreese and beaten pearls, if you please: so reserve it for use. Then take a pinte more of Aqua vitæ, and put it to the old Ingredients, let it stand as the first did, and you shall have pretty good Rosa solis of that too. M.S.

vertues of Rosemary.
The leaves boyld in white wine, if you wash the face therewith, make it very fair. The same strained and drunk is good for a cold; the wood burnt to coales and made into powder, then put into a linnen cloth, and the teeth rubbed with this powder, it will kill the worms & keep the teeth from all evill. MS.

Rosemary strong water.

Take 3 gallons of new strong ale, a gallon and half of sack, 6 ounces of anniseeds, 3 ounces of liquorice, 4 ounces of ginger: bruise the spices, and put them to the liquor; then slice 8 or 10 Nutmegs; and a peck of Rosemary flowers, put them into the liquor, and let them steep 4 dayes: stirring it twice a day, and keep it close stopped. Then distill it in a lymbeck, and keep the first running by it self; and add to the first running some white sugar candy. MS.

Rupture. vide brokeness.

Take a handfull of Dovesfoot, with as much of the roots of Water fearne, clean scraped and washed: boyl them together in a quart or 3 pintes of red wine, till half be consumed: then drink therof fasting half a pinte, and fast 2 howers after, and wear a truss. If this help not in 6 dayes, you shall then add to it 5 red snayls, dryed between 2 tyles and beaten to powder. M.S. nother, Take a handfull of garden worms and slitt them, and wipe them very clean, a handfull of nipp, and a handfull of sheeps suet, next the kidney. chopp them alltogether very small, and put them into little baggs and sow them up: then fry them in a dry frying pan, or heat them between 2 tyles: and the patient being in bed at night and morning, apply them to the place grieved, as hott as may be: and when it is cold, lay to the other hott one, and so do it an hower or more, and wear one of the warm: bags with a truss all day, and let one ly on all night. MS.

Another. Take 9 snayles, put them between 2 tyle stones, so that they slide not away, and dry them in an oven, so that you may make them into powder. Take one of them every other day in the morning till all be spent, and fast after from meat or drink for 2 howers. probatum. MS.

ffic one broken in the cods, or rupture. Take Camphire and po-

lipode, of each a handfull, of knotwort a handfull, a pottle of white wine, a knuckle of veale, half a pound of Raysins of the sun, half an ounce of mace, a quarter of an ounce of dates; put
them all into a earthen pott, well stopt with past about the cover. put it into a kettle of water, that is of sufficient bigness, so that the top of it be a handfull above the water, so boyl it therin 5 or 6 howers, then take it forth and stamp the ingredients, in a stone mortar very small, then strain it, and give some of the sayd liquor to the patient first and last. MS.

pro Hernia. or Rupture. Make mutton pottage with these herbs well stopped. Plantan, dasy leaves, & roots of Sanicle. (otherwise called Mother in the wood). Scabius, of each a like quantity, & a leaf or 2 of Comfry. And if he be bound, then seeth in his broth twice in the week, polypody of the Oak: let him eat this pottage 2 or 3 dayes, & let him drink fasting & last at night a quarter of a pinte of posset ale, therin hath been sodd the herbs above named. And lay upon the rupture a plaister of the above named herbs, but a double quantity of Sanicle or more, mixt with wax, sheep or deer suet. After his posset ale, let him lye upon his back half an hower at least. Dr Vaughan . Dioscorides saies that the herbs Brank ursine or Bears breech, are very profitable for ruptures, such as are bursten or burnt with fyre, a dram of the root in powder being taken in a morning fasting in a decoction made with the same root and water. Culpeper . Enulacampana roots are good for a rupture, so is also Gentian. Idem, Mattilolins reports the same of Cammock or Restharrow: an herb so called.

An excellent Ptisan for a Rupture; which cured a great Lady of a great Rupturi in 282. a forthnights time; and many others ./

Rx Solomons Seal, Agrimony, Milt waste, Mayden -hair roots of strawberrie of Each a handfull, pick and wash them, then shred them, and stamp them in a stone mortar and boyl them in 2 quarts of white wine: but let the vessel be close stopped that nothing may expire; then strain it out and press it hard. Drink of this liquor a good glass full in the morning fasting, and an hower after drink another. Continue this, drinking 2 glassfull every morning till you are cured. Hartman ./
A plaister for a winde rupture. Rx. polypody of the
Oak and Elecampane, beat them small in a mortar,
then temper them with oyl of baies: and lay it un-
der the Truss changeing it every Morning. Con-
tinue it for a month. Idem.

ffor a Rupture. Make Pottage with Mutton, and boyl
it in plantane and dazy leaves and roots, Sanicle,
Scabius and polypode, of each i. 2 leaves if
Comfry, eat therof for 2 or 3 dayes: and in
the morning fasting, and at night when you go
to bed drink posset made with ale and putt and
boyl some of the said herbs in it: then strain it
and mix the herbs with a double quantity of Sanicle
and apply it under the Truss: when you have
drunk the posset, lye on your back an hower at least.
Idem./
Spatula fetida stinking gladon a kinde of flower
de luce, inwardly taken help convulsions & Ruptures.
So doth your white and black mayden hair or Wall
Rue: and your Alchymilla or Ladies Mantle. 
Item Mouseare. Item Crucia or Croswort -
Item the leave of Cypress tree - A like quantity
of Heartstong, Knotgrass and comfry roots being
boyld in water, and a draught of the Decoction
drunk every morning, and the materialls
that have boyled applied to the place is a pot
-able remedy for such as are burst - Culpeper .
Bdellium is good for the same. - Item
Chervil water distilled in May - Item Syru
pus de Symphito or of Comfry, as in the London Dis-
pensatory Idem.

Salves...........................................of all sorts.

:v: oyles, & plaisters............................../ Oyntments./

Salve to draw and heal, much used. Take Sallet oyle half a
pinte barrows grease 4 ounce, red lead 6 ounce; put these in
a posnet, stirring them well: let it boyl gently: then put in 3
ounces of bees wax, stirring it still: and when it turns of
a dark colour, put in a penny worth of Turpentine, and stirr
it well; then drop some into water, and when it will work
like butter, powr it into water & make it up into some 4 rowles: and keep it for use. MS.

A green salve to incarnate flesh speedily. Take Clowns wound wort 4 handfull, stamp it and put it in a posnet with 4 ounces of barrows grease, halfe a pinte of Sallet oyle, wax 3 ounces; boyl it to the consumption of the juice, then strain it and putt it on the fyre againe, adding to it 2 ounces of Turpentine: let it boyl a little, stirring it: then powr it out in a pott, to keep for use. M.S.

A Salve for all sores. Take oyl, olive 1 pinte, Turpentine 1 pound, unwrought wax half a pound, rosin a quarter of a pound, sheeps tallow 1 handfull, wild bugle 1 handfull; of plantane, smallage, and ragwort of each 1 handfull. Chop them very small, and boyl them alltogether, stirring it so long, till you think it be well mingled together: then strain it through a thinn Canvas cloth, into a fair earthen pan: and let it stand till it is cold, and if it be a quarter of a year before you use it, so much better. M.S.

A Salve to cure a wound. Take of the leaves of Carduus benedictis, and of the roots of Valerian, of each 4 ounces, of the flowers of St Iohns wort 4 or 5 ounces: of consolida Major, 2 ounces; of wheat dryed in an oven till the humidity be out of it, 4 ounces, lay all these to steep in white wine, 24 howers at least, the longer the better then seeth it in a new earthen pott, and haveing sufficiently boyled it, press out the juice between your hands; then put to the sayd Iuice or wine, 4 pound of Sallet oyl, the best and oldest you can gett, and let it seeth together till the wine be consumed, and onely the oyl remaining: then take of Turpentine 6 ounces, mirre, incense, and Ma- stick 3 ounces; beat these to very fine powder, and so put the turpentine and these together into the oyl while it boyles, and stir alltogether a little while, and take it from the fyre quickly, or else it will wax thick and hard. Let it stand 15 dayes at least before you employ it: and then it will be good and perfect, and of a colour somewhat reddish. When you would cleanse any wound with this oyl

first cleanse the wound, with a little white wine Luke warm, and upon the wound lay a linnen cloth wet in the same oyl, and over that, another linnen cloth, wet in white wine, (this linnen cloth must be thicker and grosser:) and so binde all
fast, that it fall not off: in few days it will be whole if the wound be curable: you need not lay any tent to the wound, nor shall see any dead corrupt flesh about the wound; both the wine and the oyl must be lukewarm when you use it. MS.

A good salve called the green treat. Take of the juice of Smalege, of the juice of wabred plantane, of each a pinte, put them together in a vessell, and put of wax, and frankincense or rosin made into powder, of each 1 quarter of a pound, break your wax into small pieces, boyle all together and stir them often, and to know when it is boyled enough, powr a drop of it on a bason, and if there be any moisture in it, when it is cold, boyl it againe, till a drop will be dry when it is cold: then put in a pound of Turpentine, and stir them till they be well mingled, then strain it into a quart of white wine, let it stand till it be cold, and make it up for your use. MS.

Another entreat called Gratia Dei. Take wax, and May buter, or other fresh butter, of each an ounce, frankincense 2 ounces, melt them together and straine them. M.S.

A speciall good green treat for green wounds. Take rosin made in fine powder 4 ounces, sheeps suet 1 ounce and a half, of Turpentine, frankincense and wax of each 1 ounce, verdigrease tenpenny weight, oyl 6 ounces, powder your frankincense and verdigrease, and putt all your stuff over the fyre in a vessell (except your Turpentine & verdigreas) let them boyle, ever stirring them, till all be melted, then take it from the fyre, and stirr it a while; then put to it your Turpentine, stirring it, till it be melted: then put in your verdigrease, and mix it well with the other: strain it and keep it for use. MS.

A Salve for any sore. Take the newest Virgins wax you can gett, melt it in a pan, then put in a quantity of butter and hony, and seeth them together, and take a dish with fair water, and strain it into the water, and work it with your hand, and make it into a round ball: so you may keep it as long as you will. And when you lay it to any soare, work it in your hand and strike it on a cloth: and lay it to: it will draw and heale. MS.

A Salve for a new hurt. Take wax and sheeps suet, but
not so much suet as wax; and a little rosin; if you will have it heal soon, put in the less Rosin, seeth them together, and as it rises stirr them together: then put it in a dish of water, and when it is cold make it up in rowles. MS.

A notable salve for a sore. Take half a pound of rosin, and

half a pound of sheep suett; boyl them together then powr it into cold water and press it with your hands, till it be a little yellow coloured: and then into hot water, and do the like with your hands 3 or 4 times over: then make it up into rowles and as you have occasion make plaisters therof, and if it draw too much, lay sugar on the wound. M.S.

A Salve called the black salve or Searcloth to heal a swelling, or any ache caused by a humour. Take 1 pinte of Sallet oyle,

a quarter of a pound of unwrought wax, scrape your wax fine, and let it boyle on the fyre with the oyl till it be melted: then take half a pound of red lead, beat it to very fine powder: so allwayses stirring the liquor strew in the powder finely all about, till it be all in: and when it is boyled so long, till it is black, it is enough. Then make your searcloth, and make the rest in rowles for plaisters. It dissolves any humour, but draws none; if you use it for any ache, bruise or swelling, apply your searcloth; but for a cutt or any other sore, use plaisters. It is excellent. probatum. M.S.

A Tenting Salve for all manner of sores, especially a fresh wound. Take oyl olive and Turpentine, a like quantity,

a pretty quantity of rosemary leaves, picked: boyl them alltogether, and in the boyling, put thereto a spoonfull of fair water: let them boyl together, till the water be consumed as an oyntment. When it is boyled, strain it hot into a vessell of earth; and when use it, take some of it and heat it over the fyre, and dress the sore against the fyre, that it may dry the oyntment in: and if need be, that there is dead flesh, lay lint in the salve, and lay it hot on the sore, and if need be to tent it, tent it with a tent of the same oyntment hott, and lay on the same tent a plaister of hot cleaveing salve if you will. MS.

The yellow salve, most Excellent for all sorts. Take rosin and perosin, of each half a pound, virgins wax and frankincense of each 3 ounces, Maktick 1 ounce, hartstallow 4 ounces, camphir 2 drams; Melt them that are to be mel-
ted, and make powder of the other: so boyl them alltogether over a good fyre, then strain it through a clean cloth, into a pottle of white wine: then boyl the wine with the stuff together; take it off, and let it coole a while; then put thereto 4 ounces of Turpentine, while it is but bloud warme, so stirr it well together till it be through cold: then make it up in rolls, and keep it for your use, the best Salve that ever was made. /

when you use it to raise and heal a sore, take a little oyl of roses, melt some of the salve therin: and with lint lay it to the sore: it will rayse the flesh: it is good for old wounds & new, it will suffer no corruption or evil flesh to Encrease: It is good for the head ache and swimming of the head, an imposthume in the head or body, for sinews shrinking, or sprain: it draws out thorns and broken bones; good against all biteing or stinging of venemous beasts; it rots and heales all manner of botches and biles, good for a fistula and Canker, for all aches, for the liver, spleen and reins, for bleeding in the hemroids, or members. It is speciall good to make a searcloth for any thing. probatum. MS.

The same with a little alteration is called fflos unguentorum and is thus made. Take of Rosin and perosin of each half a pound: of virgins wax and olibanum, of each a quarter of a pound: mastick 1 ounce, Deer suet or sheeps tallow a quarter of a pound: camphir 2 drams: make your gumms into fine powder and searc them: then melt the wax and tallow, and mix the powders well therwith: boyl them welltogether, then strain them through a canvass bagg into a pottle of white wine: let it cool till it be bloud warm, then put thereto the camphir, and a quarter of a pound of Turpentine by little and little stirring it well, till it be through cold. Make it up in rowls and keep it for use. It is good for old or new wounds, strained sinews, draws out Iron or thorn, and is speciall good to make a searcloth for any grief. probatum. MS.

The black salve. Take a pinte of Sallet oyl, half a pound of red lead, 2 spoonfulls of the powder of Enula Campana roots 2 spoonfulls of bean flower; boyl them altogether till it look black, then put in 2 spoonfull of the powder of sage, and so let it boyl, as long as you can keep it from running over. When you use it spread it on brown paper or linnen; if at any time it be too hard, melt it, and putt in a little more oyl to it. probatum. MS. Lady Cade ./
A black salve for any wound or bruise to be made in May.

Take a pound of unwrought wax, Olybanum 1 ounce, stone pitch 4 ounce. Rosin 4 ounce, Sallet oyl 1 pinte, Turpentine, 1 pinte. Rosemary tops 2 handfull, plantan leaves 2 handfull. Tutsane leaves 1 handfull. Let the powder be beaten gross, and the herbs be beaten allso, then strain the herbs, and put them altogether into a pan upon a soft fyre of coales, still stirring it, and let it seeth till half be wasted. Keep it either in a stone pott or box; If the wound be very great refresh it with oyl of roses, between takeing of and laying on the plaster. M.S.

Another blacksalve. ........................... Take a quart of

the best Sallet oyle, red lead 1 pound, castlesope 1 quarter of a pound, bees wax 1 quarter of a pound, 2 spoonfull of oyl of english balsom, slice those things that are to be sliced, and put them into a posnet with the other things: let them boyl 1 hower upon a soft fyre, often stirring them: then drop a drop on a dish side, if it be hard and not greasy, it is boyled enough. M.S.

A most excellent plaister, called the black salve for many diseases.

Take of oyl olive 10 or 12 ounces, of new yellow wax, 4 ounces, Lytharge of gold 4 ounces, Lytharge of Sylver 4 ounces, venice Ceruse 4 ounces, all well bruised, and powdered, and 4 ounces of venice Turpentine. Let them be mixed and boyled thus. You must have some vessell of brass, with a stirring stick of wood or Iron. Then put into the vessell ½, the 10 or 12 ounces of oyl, and 4 ounces of wax, and set the vessel on coales which burn cleer without a flame, and when the wax appears to be wholy melted, put in the Lytharge of gold, and then the Lytharge of Sylver immediately after. These things so put in must be diligently and constantly stirred till the end of the confection. After you have diligently stirred them for a quarter of an hower, you must look upon the stirring stick, wherwith you stirred them, and if they appear perfectly and adhere or cleave to the stick, then cast in the venice Ceruse, being first well pounded, still continuing a diligent stirring of them. After you have stirrd them a quarter of an hower, you must with the stirring stick take out a little peece of the confection, and cast it into a vessel of cold water, which you must have prepared for
that purpose: if that piece so cast into the water, be hard, and as it were burned, so that it be not ductil and tractable, betwixt your fingers, as it ought then put in a little more of your oyl, and a little while after take out another piece, and cast it into the water, and try if it be ductil and tractable, betwixt your thumb and fingers; when it appears to be tractable and not too hard, cast in the venice Turpentine, diligently stirring alltogether. This done you must have a wooden or earthen vessel containing about a gallon of the coldest water you can get: and presently remove your vessel from the fire, and cast the whole confection into the water, stirring it very diligently in the water, as you did when it was on the fire, till the whole mass may conveniently be handled and wrought in your hands, and the water run out with continual stirring.

An addition to this plaster

Take 2 ounces of the choicest mirr, or that which is most transparent: then pound it well, and sift it, and dissolve it with rosewater, which will be done by stirring it with a spoon, and adding rosewater twice or thrice, till it become viscous or glutinous, which will be within 2 hours or there about. This done, take the former confection, and divide it into 3 parts; then take 1 third part, and cut it into pieces, and put it into a brazen vessel over the fire, and as soon as it is on (you must continually stir it, cast in the Mirr you have prepared, diligently stirring alltogether, and then presently cast the whole mass, into a wooden or earthen vessel, and keep it for use. Note. you must not use this last plaster with mirr, till you have first used the former with out mirr, for the latter with mirr heales too fast, and heales not the wound so low to the bottom, as the former: but if it be applied after the former, it heales with wonderfull celerity. The vertues of this plaster.

It heales. 1. all ulcers, tho putrifyed to the bone, both old and new. 2. all swellings any where. 3. all imposthumes and bruises 4. all fistulas in any part. 5. the plague, if applied when it is grown to any head. 6. aches that come by a fall or otherwise. 7. all scabs and scurf, tho proceeding from the pox. 8. all itching. 9. all burns and scalds. 10. all
scald or sore scab in the head. 11. S. Antonies fyre, or the evil de la rose. 12. all cankers that appear outwardly in the skin by lying with unclean women, or any sore or rottenness in the privy members. 13. the Emroids or any itching in the fundament. 14. any blow or green wound on the eye or else where. 15. the Kings evil. 16. all cankers and sores in womens brests, and the hardness of them. 17. the cancer in the brest. 18. all soreness in the eyes, wheales or other distempers. 19. Kibes and chilblanes. 20. Corns on fingers and toes. 21. holes and blemishes in the face, tho caused by the pox. 22. the red sanguine pimpls in the face proceeding from corrupt bloud, or heat in the Liver by drinking wine or the french pox 23. Tetteres and ringworms. 24. Gangrenes. 25. Aches in knees or feet like the gout. 26. it repaires the sight lost by Rheume, and takes away the cloud or Catarr that covers the eyes. 27. it helps hearing decayed, and

removes the sound and noyse in the ears. 28. it eases the pain of 89 the gout, and often cures it. 29. it drives away all manner of stitches and pains in the side. probatum. M.S.

Unguentum Album.

Take oyl of Roses, 9 ounces: white lead 3 ounces, wax 2 ounces Camphor 2 drams, make them up into an oyntment. - This white oyntment is thus prepared. Cutt your wax into Lumps, and melt it together with the oyl of Roses, in a glazed Earthen pan, or a tinnd pan: but not in one of brass, for that will spoyle the whiteness of the oyntment. Being melted and mixt together with a Spatula, take it oft, when it is grown half cold put in the white lead (being washt and very finely powderd) gradually mixing it, as it is putt in, by stirring it a-about with a wooden Spatula. Being grown allmost quite cold, mix in like manner the Camphor, being powderd and grownd into a smooth even powder, dropping a few drops of oyl of sweet Almonds, into the mortar to annoynt the bottoms, and end of the pestle. - you must know to to prepare

Oyl of Roses.

Steep 4 ounces of red Roses, before they are quite opened, in a pinte of oyl of olives, that was prest out before the olives were ripe: and setting it in the sun 3 or 4, or 6 or 6 dayes. Then strain and press the oyl from the roses, and put fresh red roses to the oyl, and steep it againe in the Sun: the same do againe the 3d time. - This oyntment will not stand you in 2 farthings the ounce. Apothecaries sell it at 2d the ounce, & some at 3d. Dr. Harvey.

To make a salve for swellings or ache comeing of some
humor, to be layd on like a searcloth: and for a cutt
to be used as you use in a plaister: You must make your
searcloth, while your liquor is hott on the fyre.
Rx. a pinte of Sallat oyle, and a quarter of a pound
of unwrought wax: scrape your wax fine and let
it boyl on the fyre with the oyl till it be molten.
then take half a pound of red lead, beat it to very
fine powder, and so stirring allwayes the liquor strow
in the powder finely all about, till it be all in: and
when it is boyled so long that it looks black it is
enough: then make your searcloths, and keep the
rest in rowles for plaisters: this will heal either
cutt, bruise or swelling: for it will dissolve an
humor, but not draw any humor to the sore. MS. Lady Byton

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A salve Rx. plantane 2 handfulls, Valerian or the

ladder to Heaven as much, a good handfull of adders
tong, stamp and boyl them with a pound of new butter,
unwasht, and when they are all most enough, putt in as
much yellow wax as a wallnutt, and strain it. ibid./

A green salve for a wound. Rx. selfheal, Betony, beat

them well together, then putt them in a frying pan, with
a good quantity of May butter, or else sheep suett:
fry them well: then take them from the fyre, and putt
them in a strong piece of Cloth and strain them: then
putt them in a strong Earthen pott with gr-new wax and
boyl them well, stirring them allwayes: then take them
from the fyre and mingle there with a good quantity
of oyl of Roses. putt it in a box and keep it for use.
ibid.

Another in case of need. Take the yolk of an egg,

and beat it well with Venus Turpentine, and a little
saffron blended with all. ibid./

A green oyntment, good for any swelling where the
Skin is not broke . Rx. Red sage, Rue, bayes,

wormwood, ana. 1 handfull. beat them allltogether
very small in a stone morter: beat amongst it 1
pound of sheep suett, hott out of the sheep: take
a pinte of the best sallet oyl: work all together
work all together with your hand: then putt it into an
Earthen pott: cover it close and bury it in horse-dung; lett it stand 10 dayes in summer and a forthnight in winter. Then empty it into a skillet, and sett it on the fyre, stirring it till it be melted: then let it boyl half an hower, still stirring the herbs from the bottom: then strain it and set it on again; and when it boyles putt in 2 ounces of oyl of spike. Let it boyl after that is in so long as while the clock strikes 12: then take it off, strain it again, so putt it up into your potts; cover it not till the next day: but after keep it very close covered: that the winde come not to it. You may use it presently. ibid./

How to make blast salve. Rx. a handfull of Rosemary Rew, Lavender, smallage, red sage, featherfew, borage, sweet bryer, plantane, rib Leaves, Camomill, water lillies white tansy and other tansy, Isop, tyme, tops of Broom, the Inner bark of Elder, housegreen, yarrow, bettony, alecost, sweet maudlin, bushon grass, egrimony, fennell, endive, bugloss, succory, strawberry, violet cinqfoyle, hony suckle leaves, wormwood, a little germander, sweet marioram and spike, some Earth Ivies: back it, and boyl it in may butter: let them boyl 3 dayes by times, then strain them through a fine cloth. ibid./

Oyl of Charity, another way than is in the beginning of the Book; which see Rx. wormwood, red sage, Rosemary, Camomill, Lavender, a great handfull of each, chop them all very small, and infuse them in oyl olive one month, stirr them once in 2 dayes; boyl and strain them at the Months end; then putt new herbs to it, with the herb Charity or Valerian; and boyl them with an easy fyre, so that the oyl may but wamble: then strain it again, and let it cool or settle 2 or 3 dayes; then boyl it the third times, and that shall take the Mother out of the herbs: then it will be very clean, and of a perfect green Colour. The best time to gather the herbs is about the Ninth of May. Apply it thus for a
bruise inward or outward. Drink 3 or 4 drops in posset ale, and anoint the place bruised or pained. If it be a wound tent it with Lint dipt in the oyl; that will eat out dead and proud flesh. It cures a wound, a sciatica, or any ache or bruise. It will stop the bleeding of a vein that is broke inwardly: it will knitt a ribb that is inwardly broken; or for spitting bloud, or for the overflowing of the termes. Dr Willoughby gives a

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spoonfull at a time, a little warm: it stops the bleeding of the piles or bloudy flux, taken in like manner. It asswages paines and swellings anoynted with it. MS. Lady Byron

Oyl of S. Iohns Herb. the Lady Byron way. Rx a pinte

of Sallet oyl, 1 ounce of Alkenny roots, of S. Iohns herb, adders tong, Valerian, dragon Heart ease, gentian, self heale, of each a full handfull: chop all these very small and punn the roots; then put the herbs with half the root into the oyle; boyl it on a gentle fyre a pretty while; then put it into a glass, cover it close, and set it in the sun, till the flowers of S. Iohns Herb be fully blossom'd. Then take 2 handfulls of the flowers pickd off the stalks, being chopt small with the other half of Alkenny root, and put into the oyl, and let it stand in the sun a forthnight longer, then take it and boyl it leisurely a while, strain it and put it up for your use./ - The use of this oyl.
powre it as hot as you can suffer it into any green wound, and it will stanch the bleeding and knitt the veines and sinews, if they be broken or cutt. Lint being dipt in the hot oyl, and layd in the oyl and so bound up. for a bruise or strain rub it with warm oyl, and lay a fine cloth or dun paper dipt in the oyl on the place, and it will help. It is good to stanch bleeding at the Nose, if you putt some Lint into the nostrill dippd in the hott oyle, and lay a cloth wett dipt in the oyl on the nose. for any pain, ache, swelling or gathering in the limbs, rub the place with it, being a little warmed. If any sinew be by accident shorten'd, rub it with it cold, and it will bring it to it self. If you use this oyl to bring down a sinew that is shrunk, it must not be warmed at all, but applied
cold; otherwise it will do more harm then good. This oyl is good for man or beast in the like distem-
pers. ibid.

An oyntment for a strain or bruise, to be made in the midst of May. Take Agrimony a flasket full, strip it from the stalks, shred it very fine, and stamp it in a stone mortar. Then take 4 pounds of unwasht butter, out of the Churn. Mould the herbs and the butter together, as you would do a loaf, so putt it between 2 Earthen platters, set it down into a cellar and let it stand 14 dayes: then take it up and new mold it againe. Then let it stand 14 dayes longer: then work it againe, and let it stand over a soft fyre; take then a cloth and strain out the juice into a hony pott. - fför an ache you may take Speermint and butter, and work it as Agrimony. ibid./

To make oyl of mastick. Rx. fine powder of mastick, putt it into a glass with a long neck, and put in as much pure aquavitæ as will cover it 3 fingers deep. then stop it very close and set it in horse dung, or in some very hot place till it be dissolved: then powr it into a glass still, and put so much wine as you think fitt, and distill it in arena with a small fyre: and you shall receive both oyl and water, which you must separate, and renew your fyre a-

This oyl is good for cold diseases, for the lungs, it helpeth those that spitt or vomit bloud, it being drunk: it breaketh all imposthuimes inward, it is good for the belly, it stops the flux, it stayes the flowing of Courses: it is good for the falling down of the Mother, if you anoyn the lower part of the belly; anoint the gumms and it fastens the teeth. ibid./

The green Oyntment for all sores. Rx. Scurvy grass,

Herb grace, wormwood, Camomill, Lavender, Rosemary,
Lavender cotton, Southernwood, mint, sage, brook-
lime, Elder, bugloss of each 2 handful. Then take
6 pound of butter, a pottle of black snayles, frankin-
cense a quarter of a pound, a little hens dung.
These things must be softly boyled, and cutt small into
the butter: a quantity of soft cow dung with it.
After the first boyling with the snayles it must stand
9 dayes, and then the herbs must be beaten and the
juice strained into it: then sett it on a soft fyre &
continually stirr it. Then let it stand 9 dayes more
then clarify it in a fair dish, strain it & putt
it up for use. It is best made in May. ibid./

A Balsome. Rx Sallet oyl lb i: barrell pitch ʒ iii yel-
low wax ʒ ii Rosin ʒ i.ss. boyl them half an hower
upon a soft fyre: stirr them well together & strain
it: put it in potts for use. Mr P. M.

A searcloth for any sort of strain. Rx Sallet oyl. lbi.

Virgin wax ʒ iii. Populeon as much: red lead lb.ss.
Oyl of Roses & Camomill ana ʒ i. boyl all these
together till it come to a salve, & if you will make
sear cloth you may dip in your cloths before it come
to a thickness: but it will be as good after it is
made up in rolls, & then spred it. Idem.

A Salve to make a searcloth for all sorts of distempers.

Rx. Rosin ʒ viii. Virgins wax, Deer suet, ffrank
incense ana ʒ iii. Mastick ʒ i. Camphir, ʒ ii
heat the Rosin, Mastick & Emenie into powder,
then put the Rosin & wax alltogether, & when they
are well melted strain it through a cloth in a
pottle of white wine, then boyl them all together
till it be somwhat thick; then let it cool &
putt in the Camphir & ʒ iii of Venice Tur-
pentine drop by drop, stirring it till it be
quite cold, then work it up into rolls & putt
it up for your use: of which apply upon

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Sear cloth.............................................for any
distemper. Idem. ..........................
Tobacco Salve approved.

Take the juice of green Tobacco 1 pound and a quarter: add to it a pound of sweet hogs liquor, and very white, or else the Colour will not be good: boyl these on a gentle fyre till the juice be consumed. then take it from the fyre and strain it in it; sett it on the fyre again, and putt to it an ounce of bees wax cutt in small pieces, and 2 ounces of good Venice Turpentine. Let them stay on the fyre till they be melted. - The vertues. ffor all sores, where they are not much inflamed, all tetters, spreading sores of the skin, Chillblains, Kibe heels, fellons, the itch comeing by salt humors, for a sore pallet two in a cancer. MS. Lady Byron/

Lucatello's Balsom the Lady Byrons Way./

Rx. Venice Turpentine 1 pound, Oyl of olives 3 pintes: 6 spoonfull of sack, half a pound of yellow wax: half an ounce of naturall balsome, 1 ounce of oyl of S. Iohns wort, 1 ounce of red Sanders in powder: half an ounce of Cochenale; cutt the wax in thin slices and sett it over the fyre in a large skellet: when it is throughly melted put in the Turpentine (it haveing been washd in 3 dayes in 3 severall red rose waters.) Stirr these very well till they have boyled half an howr a pace: then take it off from the fyre and let it cool till the next day: then take it out, scrape the bottom of, and cutt it in thick slices, that you may gett the water from it: then putt it over the fyre again and stirr it well, and putt in the sallat oyl, the sack, the oyl of S. Iohns wort, the naturall balsom, the Sanders and Cochenale, stirring them all together, that so they may incorporate: then let it boyl for half an howr, and then take it off, and strain it, and stirr it for the space of 2 howers, that it may become thick, and when it is cool, putt it up into severall gally potts, and cover it close with leather. It will keep 7 year. If it will not be thick enough for Balsom, putt in some quantity of wax more. Then tye leather upon it 2 or 3 double and bury it deep in the ground for a year. But if occasion serve it will be good after 6 weeks. But it is best after it is buried. MS./
An excellent way to make Oyls.

Bruise the herbs or flowers you would make your oyl of, putt them in an Earthen pott, and to 2 or 3 handfulls of herbs powr a pinte of oyl: cover the pott with a paper, sett it in the Sunn. for a forth night: then press out those herbs or flowers & add as many more: so sett it in the Sun as before: you may repeat the herbs as often as you please: the stronger it is the better for use. ibid.

The Sulphur balsom.

Rx spirit of Turpentine 4 ounces, flower of Sulphur 2 ounces: put them together into a pinte glass well corked and luted over with starchd paper: set your glass in a sand furnace, but put not your fyre under before you have sett your glass in the sand half an Inch deeper then the liquor fills it. Keep a gentle fyre under, till the Sulphur have tinctured the spirit of Turpentine as red as bloud. Then powr off the oyl from the feces, into a half pinte glass, and sett it again into the sand till it come to a consistency to conglobulate: the signe to know when it is enough is this; Hold your glass on one side, and when the spirit colours it, it is enough. You must remember to take out your glass now & then & shake it well.

The vertues. It cures all green wounds

inward or outward: the spitting or bloud, or breaking of a vein; it cures Consumptions or any stopping of the lungs, or stomach, or other

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Obstructions, or colds, or coughs, The way of takeing it is best in a morning fasting, 3 drops in a spoonfull of any strong water or sack, & use exercise after it for an hower. Stronger bodies may take more at a time. It may be taken from 3 drops to a quarter of a Spoonfull. This balsom may be done with as hot a fyre as one stills with; & it is 2 or 3 dayes a doing. ibid./

An Observation concerning Naturall Balsom.

To try whether it be right, & such as comes from the
Indies; drop a drop into milk, and if it be right & not sophistcated it will curdle the milk. Nor will it stain any garment./ ibid./

The flower of all Oyntments that ever was./

So called for that it is good for all wounds and diseases old and new; it cleanses and will ingender flesh, & heal more in 7 nights than any other thing: it suffers no corruption in the wound, nor evill flesh to be ingendred. It heals the head ache, singing in the brain, impostumes in the head, noyses in the ear, sinews shrunk it drawes out thorns or broken bones, it heals the biteing of any venemous beast, all botches, boiles, fil-thyness and cankers: it draws out all aches in the limbs: it ceaseth the flux and heals the Hemroids./ it helps all aches, the spleen and Sciatica. It is made thus. Rx. Rosin lb ss. pure rosin lb i. Virgin wax ℥ iii. Rosemary topps stamped ℥ iii. Camphir ℥ iii. Venus Turpentine ℥ iii. Oyl olive a quarter of a pinte a pottle of white wine. Take the Rosin, pure Rosin, virgin wax and oyl olive and melt them together: then putt the Rosemary stampt into them. by a little at once, stirring it fast, else it will run over. Let them boyl together a while: then take it off the fyre and let it be somwhat cold: then putt to it a pottle of the best white wine; boyl them well together, then strain it into a bason and let it stand till it be cold: then you shall finde it divided into 2 parts and the wine in the middle. Then powre out the wine and boyl the medicine alltogether, and the

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298 camphir and the Turpentine, and strain them together and take as much as you please to use for plaisters, and keep it by it self: and put to the rest half a pinte of Sallat oyl and so make it an oyntment./MS./

An excellent balsom to dry up all running and moist sores, Issues, moist scabbs, old and tunning ulcers, and is a most miraculous thing to cure Scald heads . Rx. Amiantum 4 Ounces (a kinde of

plumed Allum) burnt lead 12 ounces, Tutty prepared 2 ounces, Calcine and powder them, then steep them in Vinegar for some months, stirring them once a month: after boyl it for a quarte r of
an hower, and let it stand till it be clear: then
take of this clear vinegar, oyl of Roses, of each
a like quantity, beat them together into a white
balsome: Hartman ./

Dr Hartmannus his approved Balsom, which
cureth any green wound of cutt in 24 howers

Rx. Oyl of S Iohns Wort, oyl of ???-Earth
worms, Turpentine and Mastick, of each
1 ounce: mix and incorporate them over a gentle
fyre, then putt it up and keep it for use. Apply
it warm with a little lint. Idem.

To make a green oyntment suddenly for any scald-
ing or burning .................................. Rx fresh Cow dung and hoggs
grease, of each equall parts, mix and incorpr
rate them well together over a gentle fyre. Idem.

An oyntment to break and open all Impostumes, Biles
and plague sores ........................................... Rx oyl of olive 2 pound; white
and yellow wax, Rams fatt near the kidneys, pure
Rosin, black pitch and Venice Turpentine of each
half a pound: choice Mastick in fine powder 2
Ounces, mix them and make an oyntment according
to art. This oyntment is every effectuall to break
all sores of Apostemes, as also pestilientall Carbuncles
and Venereall Bubo's. The consistence of the oynt-
ment is harder than of other oyntments. It is to
be used from the first breaking of the Apostem,
till the Cure be perfect. Idem.
? vide page seq. putt it to a draught of posset ale, and drink
it 2 or 3 dayes aweek. - or else use to drink strawberry
water every morning and wash your face with it.
MS. Lady Byron

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Scabs or ...................................-breaking out.

D............................................

To destroy scab vide Itch. Tetter. Serpigo.

tetter or Ringworme. Rx white Mercury sublimate 2d, to
that a pinte of running water; beat the mercury in a white paper very small, and putt it in the water in an earthen pipkin, and so let them boyl till a quarter be consumed. allwayes skimming of with a feather that which riseth of it. so putt it in a double glass, and wash the grieved places. But of all things beware the eyes that you touch not them with it, nor any fine linnen pewter, or any metall but Earth or glass, and that must onely be kept for the same use. MS. Lady Byron

To take away the scabs when they wax dry and stiff.

Rx the Leaves of Spyke (lavender) chopt or Stampt small: fry it with fresh butter, strain it and so anoynt the scabbs. probatum MS. Lady Byron

ffor redness of face, and to kill the pimples and pilling of the Skin. Rx unwrought brimstone taken beaten into fine powder a penny worth: putt it into a pinte of running water, so let it stand 3 or 4 dayes, and then wash your face with the same water, but not rub it. - And when it is throughly killd with that water, to take away the pilling of the face, Rx the marrow of an oxe, or for want of that oyle of bitter almonds, put to it a little unwrought wax, boyle them softly together on a chafeing dish of coales: then putt in a good quantity of rose water: take them from the fyre, and stirr them together till they be cold: then anoynt your face with it. - or

Else Rx Brimstone unwrought half an ounce, as much of the best Cinamon, beat them both into powder, and searce them well and fine: then mingle them with sweet capons grease: set them on the fyre and put to them as much camphire as half a wallnutt: let them boyl together on the fyre, and make therof an oyntment, wherwith going to bed anoynt your face, where it is offended, and in the morning wash it with fair water cold. - or

else. Rx. Liverwort, wash it very clean, stamp it and strain it: take the juice therof. vide pag. preceed.

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300.
Scald or burn v.ide burn.

Take Sallet oyl and rose water, beat them well together, then let it stand a while, and the water will run from it: with a feather anoynt the place with the oyl. MS.

Another. Take the white of an egg and rose water, and beat them well together; then take of the uppermost of it, dip a fair cloth in it, so lay it to the sore. M.S.

ffor burnings, pox, wild fyre, burning with Iron, spread-ing scabbs and scurfs, apply Liverwort with honey to it. M.S. Lady Byron

ffor burn or cald or with linnen. Take the dung og a weather, Robin run by the hedg; stamp them & boyl them in Barrows grease, and anoynt with it. ibid,

ffor the same with fyre. Take the settlings of mans urine and anoynt with it. ibid.

Burn or scald. Burn linnen clothg, and lay it on the sore, and keep it still wett with the white of an Egg. ibid Item stamp a raw apple and lay to it. ibid./

Scalding. Rx fresh swines grease & yols of eggs, melt them well together, and with a feather smear the feather the sore evening and morning; and cover the sore with wort leaves: do this till they are whole. ibid./.

Burning or scalding with oyl or gun powder. Lay the iuice of Onyons to it. ibid./

Burning with fyre. Make powder of fern roots,

temper it with the white of an egg and lay it to. ibid.

To make that a burning never be seen. Take oyl olive and the white of an egg beat together till they be thick: anoynt the place often. ibid

ffor a burning, ache and swelling. Rost Sorrell in pa-per or a dock leaf in the Embers, and lay it to. ibid.

wild fyre. temper an egg white and yolk, and ly it on. ibi. Also leaves of plantane stampt with whites of eggs./

A burn. Rx Oyl olive & fair water, beat it till the
water be consumed, then use it oft. ibid.

Scald or burn. Veriuice mixt with the hard yest of beer

or ale layd layd upon a cloth wett in veriuice: apply it. ibid./

A Burn. The ashes of Colewort mixt with the white

of an egg. ibid./

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301.

Scald head. or scurf. vide Head.

Scurf of a childs head. Take red dock roots, and scrape them clean,

stamp them and seeth them a little while in new butter unsalted,

strain it through a linnen cloth, when it is cold put it in a box

for use. MS.

ffor a scald head and to recover hair. Rx. the grease of a

grey catt and 2 3 of brimstone: fry them well together and

therewith anoint the head well: afterward lay the fleshy side

of the skin of the said catt just over all the heat: on

the morrow wash it well with running water: and: then anoint

it again with the said oyntment: and this do 9 or 10

dayes, and it will heal Baltasar: M.S. Lady Byron

Another. Rx the liver of a Thornback, and seeth it by it

self, and 6 roots of enula campana soddy by themselves

in fair water 3 howers: putt thereto 3 handfull of hous-

leek stamped and strained through a cloth: incorporate

all your aforesaid things together, and make an oyntment

therof, and therewith anoint the sore head: and if the

hayr be gone take a handfull of wool and burn it

to powder; then take 2 spoonfulls of Honey, and mix

it and the powder together: anoint the head there with

where it is pilled, and the hayr gone: it will bring

the hair again as thick as in any other place of

the head. Id. ibid.

ffoule scurf or leprosy. mix 3 parts of the juice

of Coleworts, with 2 parts of allum infused in

vinegar, and anoynt therewith. ibid./
Morphew. Tye brimstone in a clout, wett it in vinegar and wash with it. ibid.

An approved Medicine for a scald head. Rx half a peck of oyster shells, where the oysters are new taken out, burn them in a clear fyre, and when they are well calcined, reduce them to a fine powder, and sift them as fine as flower. Then mix it with Unguentum album, so that it be pretty stiff. Keep it in a gally pott for use: it will last a year. Anoynt the head with it every day. Hartman. This is good also to dry up a waterish itching.

Another for the same. Rx: oyl of olives ℥ iii, putt it unto a dishfull of clear running water: beat them well together, then add some fine powder of brimstone and May butter make an oyntment and anoynt the head. Idem./

302 Sciatica. vide ache. Gowte./

Take oyl of Camomill, oyl of Dill each 2 ounces, as much fresh butter as of them both, a little safron, melt them alltogether, and anoynt your thighbes, hipps and knees with it for the space of a week: this mollifies and dissolves the matter, and corroborates the member. MS.

Another. Take half a pound of unwrought wax, half a pound of white lead finely beaten, sallet oyl 1 pinte: boyl all these together on a chafingdish of coales, far from the fyre, lest the fyre do take it; then dip a linnen cloth in it, as you doe a searcloth, and lay it on the grief. MS.

Another. Take half a pound of sweet black sope, a quarter of a pinte of aqua Composita, 2 ounces of ginger sliced very thin; then take 1 handfull of bryer berries, if they be to be gotten: stamp them and put them alltogether into a platter & boyl them on a chagingdish of coales half a dozen walmes & so it will come to be an oyle: then kneel down on a cushion by the fyre and let one with the palm of his hand every evening and morning strike it downward with this oyntment MS
Another. Take ox dung, and pigeons dung, of each 1 pound, mix them well together in a pottle of whitewine; then boyl them together till half the winde be consumed; then strain it through a linnen cloth, and put thereto half a pound of hony and 12 yolks of eggs, Barly meal, as will suffice for the makeing of it into a plaister, apply it hot to the pained place. probatum. MS.

paine in the hipps. Take pitch, wax, frankincense, and tallow, boyl them alltogether and spread it on a red cloth: lay it to the place, lett it lye the space of 10 dayes, MS.

Sciatica. Stamp 4 or 5 great Roosted onyons, with

8 ounces of Aquavitæ, and 3 spoonfulls of Neatfoot oyl: boyl it till it be thick, then strain it and anoyn the place with morning and evening by the fyre, for a quarter of an hower together, chafeing it in well.

ibid. /

Another. Rx the long worms in a garden, such as you angle

with, make them clean and break them into some sallat oyle; then fry them well together and strain them; a-noynt the place every day 3 or 4 times. ibid. MS Lady Byron

A plaister for the Sciatica. /

Rx. black sope half a pound. Stone pitch half a pound. Wax half a pound. Sallet oyl half a pinte. Aqua vitæ 7 ounces. Turpentine 2 ounces. juice of wormwood 3 ounces, or of

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3 ounces

of Ivy berries

3 ounces: or of the gall of an ox or of a cow, it would be better. old MS. /

A good purge for the Sciatica or any kinde of gowt.

Rx, alloes, Hermodactyls and Scammony of each half a dram: reduce them to a subtil powder and make pills therof, with juice of Roses, or Syrup of Roses and for a forthnight together take every third day one dram in the morning, Use also the following
plaister Rx. 2 ounces of pitch, 1 ounce of Tarr.
2 drams of Treacle, 1 ounce and half of Rosin:
melted and well incorporated together: then spread
it on sheeps leather prickt full of holes, and
apply it as hot as can be endured. Hartman./

Another for the sciatica by Dr ffrank . Rx. a quart
of Sack, the bigness of an egg of Salt peter: boyl
them together till a fourth part is consumed: then
take new cotton cloaths and dip them in it, and wring
ing them upon it one after another many times, till
the pain cease. Ibid.

ffor the sciatica or Rheumatisme. Rx, Storax liquid,
yellow wax, new pitch and hony, of each 4 ounces
Cinamon, pepper ana 1 ounce: putt all these in
one walme, stirring it carefully all the while
then take it from the fyre and putt into it 4 ℥.
of Alloes and 1 ounce of oyl of lillies: stirr them
well together to make them incorporate, then putt
the pott again upon hott ashes, and stirr it till it
be of the consistence of an oyntment: which
spread warme upon leather and apply it. But if
your disease be in a whole thigh, then you may
spread it on a whole lambs skin, You may leave
it on 7 or 8 daies, if it require. If the di-
sease come again, putt the plaister on againe.

Scroderus his Drink for the gout . Rx: gerimander,
ground pine, tops of sage ana lb i ss. primrose
Rosemary ana lb ss Misleto of the Oak: lb ss. China
root sliced ʒ iii digest all in 15 quarts of Rhenish
wine for 10 daies, then strain it, and drink
thrice a day. It helps Sciaticas and
Rheumatismes, Idem.

Scurvy

Take scurvy grass, brook lime and water cresses, and fumitory of
each 1 handful, put them in a bag, and put it in new ale; drink
of it, morning, afternoon, and going to bed. MS.
Another. Take scurvy grass, brook lime water cresses, and fumitory of each 1 handful; stamp and strain them, and when it hath stood a while, power out the thinnest, and put sugar to the thickest, boil it to a syrup, and take of it every morning fasting. MS.

Another. Take juice of Scurvy grass, and put it in white wine and put thereto the juice of oranges, and so drink it fasting. or take Plantane, tansy, water cresses, brooklime, of each a little, beat them, and strain them, and take the juice of them with eggs, and currans and make it into a tansy, strew some sugar on it: eat it fasting 2 or 3 mornings together. Mrs Witham. MS.

Another. Take juice of Scurvy grass, and put it in white wine and put thereto the juice of oranges, and so drink it fasting. or take Plantane, tansy, water cresses, brooklime, of each a little, beat them, and strain them, and take the juice of them with eggs, and currans and make it into a tansy, strew some sugar on it: eat it fasting 2 or 3 mornings together. Mrs Witham. MS.

Another. Take half a peck of sea scurvy grass, pick and wash it clean, of brook lime and water cresses, of each 1 good handful, a little sage, a little wormwood, and a little bettony, wash them all and dry them in a cloth, then stamp and strain them; then set it over a gentle fyre, and as the scum arises, take it of, with a bunch of feathers: when it is clear, put in the juice of 3 or 4 oranges, and half a pint of white wine: and what skum did not arise before, will arise now: skim it clean and let it have 1 walme, then strain it, and keep it in a glass. Drink of that a wine glass full in the morning fasting, and another at 4 after noon, and stirr after it. MS

Another. Take 1 pint of the juice of scurvy grass, and half a pint of the juice of Limons, 2 ounces of Cinamon, 6 ounces of powder sugar. mix them altogether in a bason, then run them through a jelly bag, 2 or 3 times, till it be very clear. Put it in a glass bottle and keep it very close, take 6 spoonfulls in the morning fasting, and fast 2 howrs after it. Do this for 12 mornings together; and after the takeing of this take a gentle purge. Mrs Eyr. MS.

Another. Take a gallon of ale tunned, and when it has done working put in half a peck of scurvy grass, a handfull of water cresses, a handfull of brooklime, and in a bag half an ounce of Rubarb, half an ounce of Agarick, and half an ounce of Sena, one orange and one Lemon, a little cutt and put into the ale: after 4 or 5 dayes standing, drink therof a good draught, first in the morning, and at 3 or 4 after noon. MS.
A Conserve. Take scurvy grass, brook lime and water cresses, of each a like quantity; of all a pound, and 3 pound of sugar, beat them altogether well in a mortar to a

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(305 conserve, and when it is well beaten, mix the juice of 3 or 4 orange rings with it: put it into a pot, and eat the quantity of a wall nutt or more, every morning fasting. Eat orange constantly. Mr Mellish. MS.

Aqua Raphani Composita, or the Common Compound Water against the scurvey

Take of garden & sea scurvey grass leaves, of each 3 pound. press the juice out of them, and thereto mix of the juices of Water Cresses and brook lime, 3 quarters of a pinte: the best white wine 2 quarts, Limes cut into small slices 6 in Number. Briony roots, newly taken out of the ground 2 pound: horse radishes 1 pound: winters bark 1 quarter of a pound: Nutmegs 2 ounces: steep them 3 dayes, & distill them in ashes in a glass alembick, or copper still with a bucket head. - The Bryony and horse radish roots must be bruised together in a stone Mortar: the winters bark and nutmegs are to be beaten to a gross powder in a brass mortar. The juices are to be pressed out of the herbs in the manner mentioned in the Treacle water. Putt the ingredients into a glass receaver, and powr the juices on them: stop the glass very close with a cork & a bladder, and place it in a cool cellar for 2 or 3 dayes. Note. 1. If you should let those ingredients stand in steep in hot ashes, sand or warm water, that would certainly diminish the vertue of those light flying Salts and Spirits. 2. the juice of Limons mortifying the sayd light flying Salts and Spirits, may be more conveniently left out then added. 3. When this water hath been kept a month or 2, tho never so close stopt, you may be certain it hath lost much of its vertue. 4. This water being distilled as exactly as may be, it is not half so effectuall as some spirits, which you may see in Dr Harvery's treatise of the scurvey. Upon valuation of the Herbs, roots, & bark, according to the rates elsewhere sett down; you will finde this water may be prepared at 6d or 8d the pinte: and a half penny the ounce. the Apothecaries commonly sell this water at 3 sh. 6d the pinte and 3d the ounce. Dr Harvey ./

Our Marriners returning from the East Indian voyage confess their onely remedy against the Callentura, Scurvey and other diseases at sea happening by alteration of air, is the juice of Limons. Dr Vaughan.
Another. Take to a gallon of strong ale two hand
-fulls of Trefoile: and when you putt up your
ale, putt in the trefoile, and let it stand two or
3 dayes, before you drink of it.

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a pinte at a time is your draught: and it must be
your constant drink. Mrs Hastings ./

A rare receipt for the scurvy. Put broom into the ale
or beer instead of hopps: boyl it in & drink of it
as you do other drinke: It cured one who was left by
the Doctors for a dead man. ibid.

Dr Bowls his ale for the Scurvey .

Rx Scurvy grass 8 handfulls, Sage 4 handfulls, cutt
them grossly: add a handfull of dried Elder flowers,
2 orrenes cutt into many pieces. Put these into a py,
made of 2 parts barly & one part rye meal. bake
it well; cutt & shred all, as small as minced meat;
putt them into a fair boulter bag, hang it in 5
gallons of small or middle ale wort: after 3
dayes drink at meals, or out of meals. As soon
as mountain sage appears putt that into the pye
instead of garden sage. Shred all the py & py
Crust, and chop all the herbs together. ibid./

To make Salt of Scurvy grass.

Sea scurvy grass is best: but if that be not to be gott
take garden scurvy grass, a peck: let it wither 2
dayes; then put it in dishes into the Oven after the
bread is drawn: when it is so dry it will powder, beat
it in a mortar: then searce it through a fine Lawn
searce: then take the powder & put to it 3 pintes of
water, or more, if you see it be too thick:
keep it stirring with a spoon; when the water is
dried & it growes thick, put to it 3 pound of
salt, and let it be continually stirrd, till it be
very dry: then putt it again into the Oven,
after the bread. Let it stand all night: then
beat it in a mortar: put it up in Earthen potts
and keep it near a fyre. ibid./ If one eat
it to their meat in stead of other salt it will
preserve the teeth, & is good against the scurvy
& to fasten loose teeth; it is good for the scurvy
of the gums to rub the teeth with. ibid.

Mrs ffountains Scurvy grass ale: it cured her.

Rx. 20 gallons of ale, just tunnd before you
putt in the herbs; & when it hath done

working putt ......................................

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307 following: a peck of garden scurvy grass: brook
lime, water cresses, harts tong, Catts tayl, ash rindes,
Cinkfoil, Egrimony, Tamerisk, wood sorrell, of each
2 handfull: bruise them in a mortar & putt them
in a bag: hang it in the vessell. Stop the vessell
close: after a forthnight drink of it. ibid.

An excellent Sea Captain gave this to his men at
Sea in the East Indias, for the Scurvy, &
other diseases incident to sea voyages.

Rx. Solution. 1 dram. 2 drams: oyl of vitrioll

3 drams: pearl 5 drams. He onely digested it
in the heat of the Sun in the East Indies. But it is best to digest in a stove furnace, setting
the glass in a gentle heat 3 dayes., in the middle
heat 2 dayes; & in the strongest heat, till the
Collour be yellow: then it is well. The dose
2 or 3 graines, in 3 or 4 spoonfulls of
white wine. old MS.

An excellent sweat for the scurvy, dropsy, pox, &
such like Sea sickness , Rx. these salts following.

viz., of Iupiter, Mars, Vervain, Lignum vitæ,
Carduus, Broom, ana a scruple. Then putt to
these salts, Mercury 1 dram, gold a dram, oyl of
Sulphur 1 scruple, being first well washed in vinegar
oyl of Tartar a scruple. Bezoar half a dramm : nippe
(mix) all these in an ovall glass, digest it in the
strongest heat of your stove, to a perfect calx:
the dose is 6 grains. Davis: old MS.

ffor the scurvy . Rx a dram of the powder of gum

Guiacum in a little syrup of Elder in a morn-
ing fasting for 9 mornings together. If it do
good continue it longer. MS. Lady Byron /

Another . Rx. a glass of white wine, half
a limon, 4 spoonfull of juice of Scurvy grass; Drink it in a morning fasting, & at 4 in the afternoon. Mr Rolleston's.

Searcloths. vide plaisters.

ffor an ache. Take Rosin and frankincense of each half a pound, beaten and searced: wax unwrought, 2 ounces, labdanum 1 ounce, Mastick 1 ounce, deer suet or sheep suet 2 ounces, camphor 2 drams, Turpentine 2 ounces (let the Labdanum and Mastick be beaten to powder) ffirst melt the Rosin, frankincense and wax in a pottle of white wine: and when they are melted put in the Mastick and Labdanum, and then the suet; and when they be melted together put in the Camphir (being first ground small.) and last of all the Turpentine, and so take them from the fyre and stirr them till they wax cold, as you may handle the same. But before you take up your salve out of the white wine, wett your hands with salet oyl, and likewise your papers, you mean to keep it in, or it will cleave to both: then work it up in rowls, and keep it for use. When you use it, take a peece of new sheeps leather something broader then the grieved place, spread the salve on it on the fleshy side, as thin as you can, and prick it full of holes, and lay it to the place grieved: take it not off, till it come from the place without pulling. when you beat your Camphir, you must first grinde 3 or 4 almonds in the mortar, to make it cleane, and then it will not stick to it. Mrs Winsor s. probatum. MS.

A searcloth for all Aches. Take Rosin 1 pound, perrosin 1 quarter of a pound, as much Mastick, Deers suet the like, Turpentine 2 ounces, cloves bruised 1 ounce, mace bruised 2 ounces, safron 2 drams: boyl all together in oyl of Cammo-mill, and keep it for use. This hath done much good, when nothing else would. MS.

An admirable plaister devised and prepared for the use of the late Arch Duke Leopoldus in fflanders.

Rx. white Virgins Wax one pound, Emplastrum Gratiae Dei ℥iii. Diapalma ℥ i. Diacolon and Corimbum ana ℥ii. powder of orris roots ℥ i. Mercury prae cipitate ℥ ss. Cinnaber in fine powder ℥ i. Storax dissolved in spirit of wine and strained ℥ i. Musk
3 grains: slice the Wax and plaisters thinn, & melt them in a glazed pipkin, stirr them well together Continually till they are all dissolved, then putt in the Cinnaber and Precipitate: and after, the Storax and Orris, stirring them con-tinually: then putt in the Musk dissolved in a little Rose Water, and last of all putt in 4 Ounces of Spirit of Wine by little and little.

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for it will make the Composition to rise very high, and if it boyl over, that the fyre take hold of it, it will be spoyled, and you cannot quench it. The Experimentall Vertues of this plaister are. 1. It easies pains of the head being applied to the forehead and temples. 2. It heals all bruises and swellings, all cutts wounds sores and ulcers. 3. It cures the toothache being applied to the Cheeks and temples. 4. It dis-solves any swellings or tumours about the eyes or throat, proceeding from cold causes, as Squinzies or the like. It is a most excellent application for an issue, and for that end it was prepared for the said Arch Duke Leopoldus . - Hartman ./

The Lady Howland s Excellent Cerecloth, much ap-proved for any bruise, ache or little gowt, to stanch the bloud or heal any wound. Rx. Red lead

1 pound, put it into a pinte of sallet oyl, boyl them gently on Embers, stirring them well till it grow somewhat thick: then drop a little on a plate, and if it stick fast it is enough, the remove it from the fyre and putt in half a pound of yellow wax sliced, and 4 ounces of Rosin: sett it on the fyre again, but let it not boyl. Dip in some linnen cloths for Cerecloths, whilst it stands on the fire, and hold them before the fyre to runn off as long as any will runn; letting it run upon something to save what runs of: and when they are cold, lay them up. You may make some of the Composition up into rolls for salve. Idem.

An admirable Cerecloth for a sore brest, Im-postume, fellon, Green and Old Wounds. Rx. of the best Virgin Wax half a pound, Oyl of Olive and oyl of Roses, of each half a pound, melt them well together and let it cool: then add half a lb of white lead in fine powder, and sett it over
the fyre again, and let it boyl half an hower: then
add Mirrh, Mastich and frankincense, of each
2 ounces, all in fine powder, and let it boyl half
an hower longer: Lastly putt in half
an ounce of Camphir,

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and keep it stirring continually all the while.
Dip cloths therein for Cerecloths, and make the
rest into rolls for use. Idem.

A most excellent Cerecloth for Ruptures and bursten-
ness . Rx. Powder of Mastick, Mummy, ffrank-
incense, yellow amber, gum arabick and Traga-
canth, aloes, Balaustians and Roses: ana ℥ ss.
Dragons bloud, fine bolearmoniack, bloud stone
of each 6 drams: oyl of Roses ℥ iii. Oyls of Myr-
tle and Mastick of each 2 drams, with Wax and
Rosin as much as will suffice make a cerecloth
& dip linnen cloths therin. This is a most ex-
cellent thing to cure ruptures, as the famous Vol-
kerus ffrisius hath often proved. It also strengthens
weak limbs. Apply it under the Truss. Idem

The famous plaister Called Manus Dei, so famous
in ffrance, made up by many Ladies for the use of
the poor people . Thus described by Monsieur Charras

in his Royal dispensatory. Rx Common oyl. lb 8 Litharge
of gold finely powderd. lb 4. yellow wax lb. ii. Venice
Turpentine lb i: Galbanum, Opoponax, Sagapen,
Mirrh, Olybanum, Mastick. ana ℥ viii. Oyl of Law-
rel ℥ vi. Lapis Calaminaris, and Loadstone, long
and round Birthwort ana ℥ iii. Grinde the Lapis
Calaminaris and the loadstone on a marblestone, moy-
estening them with plantane Water, and dry them.
beat together in a large brass morter the 2 birth
Worts and the Mirrh and Mastich a part: sift
all the powders together through a silk sleeve; then
putt the Galbanum, Ammoniac, Opoonax and Sa-
gapen, all well bruised into an Earthen glazed
pott, and dissolve them over a gentle fyre in about
a quart of good Vinegar: strain them hott through
a hott-cloth that is strong, and having well pres-
sed them, putt that which remains in the Cloth
into the pott again, and powr upon it fresh vine-
gar and dissolve it over the fyre as before:
strain and press it as before; then evaporate
the superfluous vinegar over a gentle fyre by
degrees, and boyl the gums ill they are sufficiently thick, then incorporate the Turpentine with them, and keep the Composition apart. Then putt the Litharge in fine powder into a Copper - vide paginam sequentem

311.

Shingles to-------------help.

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Take juice of mints, and anoint the shingels therewith; it will heal them. MS.

Another. Take doves dung and barley meal, stamp them together, and temper them with eyesell and lay it thereto. MS.

vide. paginam præcedentem./
or brass pott tinnd, and incorporate it cold with oyl, stirring it continually with a large wooden Spatula: then add to them 3 pintes of fair water and boyl them over a good fyre, stirring them without intermission, till it be of the consistence of a solid emplaster, before you add the wax: then melt the wax in it: then take the pott from the fyre and stirr it till it be somewhat cold, then add to it the gums and Turpentine incorporated before, and then the oyl of Lawrell, and lastly the powders: and be sure all the Ingredient be well united and incorporated together. It is every day succesfully used for all sorts of wounds and ulcers, new or old, contusions, bruises, swellings: it mollifies, digests, dissolves, and brings to suppuration, what is fitting, but never what may be transpired, or otherwaies dissipated. when it hath done drawing, it cleanses, consolidates cicatrises and heals alltogether. Idem./

Sinew sprain or ache. v Ache.

Sinew stiffness and shrinking.

Take the oyl of black oxe feet, and the gall of a black sheep, (and for want of a black oxe or sheep, use another) of both a like quantity, boyl them on the fyre together, and anoint the place against the fyre morning and evening, and keep it warm. M.S.
Another. Take oil of Neats feet, smallege and mallows of each

1 handful, pound the herbs together and mingle the, with the oil, let them stand 4 or 5 days or more: then boil them a quarter of an hour, and strain them through a cloth, and apply it. MS.

Sharpness of Sinews. Take the milk of cow that is all black,

and the juice of Smallage, and clean wheat flower, and seeth them well, and lay to the place. MS.

Shrinking of the Sinews. Rx the Marrow of a horse bone, the crops of Elder, & as much sage: chop them together and boil them in the marrow: then strain out the herbs and put to the liquor one spoonfull of honey, 2 spoonfull of Aqua Composita, and a quantity of pepper. Boyl it again & keep it for use. MS. Lady Byron

The roots of Solomons seal Stamped and boil'd in

wine, and so drunk, speedily helps all broken bones, and is of incredible vertue that way: being stamp'd and applied to the place it soon heals all Wounds, and quickly takes away the black and blew marks of blowes, being bruised and applied to the place: there is not a better medicin under the sun. Culpeper. Pellitory of Spain inwardly taken helps palsies, and other cold effects in the brains and Nerves. Idem. Privet boil'd in hogs grease is good for burnings and scaldings, and for the nerves & sinews. Idem. Marjoram outwardly in oils and salves helps sinews that are shrunk, limbs out of joynt, all aches & swellings that come of a cold cause. Idem./

All the sorts of the Myrobolanes strengthen the heart brain and sinews. Idem./

Ambergreese strengthens the brains and nerves exceedingly, if the Infirmity come of cold. Idem. Gum Coopall and gum Anime, if you perfume your cap with the smoke of it, helps the head ache and Megrim, strengthens the brain, and consequently the sinews. Idem./

Oyl of hazle nutts, is to be made like oyl of sweet almonds, and is good for cold afflictions in the Nerves, and the gout in the joynts. Idem. These oyls are also very good. Oyl of Dill, Oyl of Wallflowers, Oyl of Orris, oyl of Earthworms, Oyl of Mastich,
Oyl of Rew. Idem. Note, they must be outwardly applied, or cast in as injections or Clysters Idem. Also the Oyle of Exester, Oyl of swallows, oyl of S. Iohns Wort, simple, compound and more Compound made up according to the Dispensatory of the Colledg at London are excellent for sprains in the joynts and sinews Idem. Item oyl of Musk or Moschylæum according to the dispensatory.

- Item Unguentum Aragon; According to the same dispensatory - A bath wherein Emmets & their eggs have been sod will quickly cure an old and almost incurable joynt disease. - Oyl wherein frogs have been sodden so long, till all their flesh is sodden off from their bones doth mightily help all benumbdness and lameness of the in-joynts. - Idem / Item the Emplastrum e Nostratibus or fflos Unguentorum. Idem. it helps sinews bruised or sprained./

313.

Syrups.

Of Endive. Take the juice of Endive clarified one pinte, of white sugar, 3 quarters of a pound: seeth them with a soft fyre to the heighth of a syrup. MS.

Syrup of Violets by infusion. Take violets gatherd in the heat of the day, then take the leaves clean pickt and infuse them, in 3 pintes of running water: so let them ly a night and a day, and in the evening give them a warm upon a slow fyre; then they must be let to cool till morning; them strain it, and put in other fresh violets into the Infusion, and let them stand as long as the other did, and use them as you did before: and the oftner you change them, the better. Lastly, when you will change them no more, strain them, and put hard sugar to your water, and boyl it on a small coal fyre, to the heighth of a syrup, and after set your glass close stopped, in the sun. MS.

Of gillyflowers. Take 4 ounce of gilly flowers, beat them in a mortar with a little sugar, put them into 8 ounces of water, put them in a stone pott, and seeth them in a skellet of water 3 howers: then take them from the fyre and strain them, and put to this infused liquor 6 ounces of sugar, boyl it to a syrup heighth, then put it in glasses. MS.
Of Roses. Take a pottle of fair water, and as many damask rose leaves, pickt, as will well lye in the water, cover it close, and set it by the fyre or in an oven 24 howers; then press out the roses in a cheese press: which do 6 times: then to 5 pintes of this infused liquor, put a pound of rose buds finely picked. (the Infusion being seething hott, before you put in the leaves) then when it hath boyled 3 howers, put to it 3 pound of fine sugar, so boyl it up to a syrup, and put it up in gally pots to keep. M.S. Mrs Mullins.

To make sirup of the juice of roses. Take as many Province Roses, as will yield you 2 pound of juice, when they are well beaten and strained hard: put this juice into a fayr posnet, and put to it 1 pound of fine sugar: boyl them together till they come to the thickness of a syrup: then take it from the fyre and let it cool; then putt it into a gally pot or a double glass for your use: To compound this syrup for to purge, take 1 ounce of Rubarb, 2 scruples or the weight of 5d obulus of good Cinamon; the weight of 15 grains of spykenard: beat all these together very small, and put them into your syrup when it is boyled and taken from the fyre, stirr them well together, and when it is cold, put it up as before: an ounce of this is sufficient at a time, with 3 or 4 spoonfulls of the broth of a pullet: drink it in the morning fasting;

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it will work without any molestonet eiher of the stomach or belly, and give you 5 or 6 stooles. M.S.

Syrup of fennel for the spleen. Take 2 quarts of the juice of fennell, and 3 quarts (or parts) of honey; boyl them to a hony thickness; take therof in the morning fasting, after dinner and after supper a spoonfull or 2 at a time. This is restorative for the spleen, lungs and Liver: and in the boyling therof putt a little Rosemary. In this manner you may make the Electuary of Rosemary. Mr Digby. M.S.

Syrup of Mallows to purge the reins and flegme. Take the leaves of Mallows, and put them into a pipkin that will hold a gallon, hard stopt in, then fill it up with water: so lett it boyl till the vertue be forth of them: then drayn, or gently strain it: then take the liquor and boyl it half away. To every pot tle of liquor put 2 ounces of Cassia fistula dissolved dissol-
ved in the same liquor: and then putt thereto weight for weight of hony, and boyl it to a hony substance. Of the which syrup you may take 4, 5 or 6 spoonfull, as you see occasion, this is a gentle purge for the reins and flegme. Mr Digby . M.S.

Syrupus Altheae. or Syrup of Marsh Mallows.

Take marsh mallow roots 2 ounces: grass roots, asparagus roots, liquorice raspt, and raisins stoned, of each half an ounce: red Cicers 1 ounce: the topps of Marshmallows, Mallows, pellitory, burnet, Plantane, wall rue, and Mayden hayr of each 1 handfull: the 4 greater cold seeds: and the 4 lesser cold seeds: of each 3 drams: boyl them in 3 quarts of fair water to 2 quarts: strain the liquor into your syrup pan, and dissolve into it 3 pounds and a half o good Bahi sugar: which will go as far as 4 pounds of Barbado 's, and preserve the syrup much better. -

The marsh mallow roots by scrapeing with a knife must be freed from those strings that hang about them: likewise their hard Cordy substance must be taken away from them: then wash them well. and bruise them in a mortar: also wash the grass roots and Asparagus roots, and bruise them: scrape off the black out side from the liquorice, and bruise it into strings, or rasp it: wash the herbs clean: for cleanlyness in preparing Medicine is wholesome, and no less commendable then in Cookery. First then put into your pipkin, (being placed on a clear fyre, and containing 3 quarts of water) the Marshmallow, Apsaragus, and grass Roots,
1 pound: powr on them a quart of spring water: and let them stand all night: then strain the liquor, and being gently warm-ed, dissolve therin 4 pound of the whitest sugar, without boyling it. - Buy the most fragrant gillyflowers that are newly gathered, at 10 or 12d the peck. put them into a large pew-ter flagon, or a new earthen glazed pipkin, and powr the water being warmed, upon them: then stop your flagon, or Earthen vessel very close, and place it all night in the cellar, Then strain of your tinctured liquor, without much pressing the strainer, in regard you are not to clarify it as other liquors are for syrups: for that would occasion a great loss of those fragrant cordiall spirits. Then place your Syrup pan, over a very gentle charcoal fyre burning clear without the least smoke; and let your liquor be onely lukewarme; them put in the powder sugar being powdered and sifted gradually, stirring it about very gently with a long steel Spatula or slice, which you may buy big enough for your turn for 10d at the Razor makers. As soon as you finde the sugar all dissolved, take it off immediately, without letting it boyl or be hott. Dr Harvey.

Syrupus papaveris Erratici. Syrup of red poppy.

Take red poppy flowers newly gathered, 2 pound: steep them one day and night in 2 quarts of warm water: strain and press out the liquor, which you must not clarify,

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but add to it 3 pound and a half of good Bahi sugar; and boyl it gently to a syrup. - A better way to make this Syrup is thus. Take 2 pintes of the juice of red poppy flowers, clarify it after the same manner, as shall be sett down by and by. Putt to it a pound and 3 quarters of Bahi sugar, and boyl it gently to a syrup. - It will come to 3 farthings the ounce: the Apothecaries sell it for 3d the ounce: which is the common price of most syrups: excepting laxative syrups, and syrup of the juice of Pomegranates, which are sold at 6d the ounce. - By the instructions heer sett down you may easily attempt the makeing any syrup. Dr Harvey.

The manner of Clarifying Decoctions.

Haveing strained your decoction (being onely warm, not hott) through a canvass or woolen strainer, powr about a pinte therof into a bason, wherin you have putt before, 2 whites of eggs, beaten with a rod of small twigs, and their shells crusht with your hands: mix them well together by stirring them with a spoon, or rather beating them into a froth, with the foresayd rod of twigs: then put in another pinte
of the decoction, and mix it as before: this done, set it over the fyre and let it boyl alittle, till you see a scum on the top: then take it of and let it cool a little: then strain it, and let it run through without squeezing or pressing. Note. 2 whites of eggs with their shells, are sufficient to clarify a quart or 3 pintes of Decoction. Dr Harvey.

To clarify Apozems, ie, Medicins made of the broth of diverse herbs and other ingredients, to which sometimes certain syrups are added.

Havening clarifyed the Decoction as before is set down; you must heat it againe: and when it begins to boyl, mix the syrup with it, and let it continue on the fyre, till it cast up a scum: then strain it twice or thrice being half grown cold. Dr Harvey.

Syrup of Rhubarb. Rx. the Juice of the leaves of Rubarb, what quantity you please; putt it into a glass bottle; let your bottle be but half full: set it in a skellet of water, and let it boyl a while, and the juice will purge it self with a great scum on the top: take it off, or run it through an Hyppocras bag; putt it in again into the glass, and do as before, but let not the water boyle, but be hott; and once

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in 8 howers, powre it softly oft from the settling in the bottom. Wash your glass againe, and powre in your juice againe, and do as before, till you see no more settling at the bottom: then take an equall proportion of sugar: let your sugar be boyled up to a highth, and then putt in your juice, and let it stand a while over the fyre, but not too hott. When it is cold putt it up for your use. It is an excellent purge. The dose is 3, 4 or 5 ounces, in a draught of whey, broth, or beer. M S. Lady. Byron /

All Syrups if well made will continue a year or more: but of all, those made by infusion keep the least while: the best way is to cover them close with a paper ibid.

To make Syrups.

Syrups made by infusion are usually made of flowers, & of such flowers as soonest loose colour: they are made thus: Pick the flowers clean: to every pound of them, add 3 pound, or 3 pintes (it is all one) of spring
water made boyling hott (for that makes them keep well. ffirst putt the flowers in a sylver pott with a cover, then powr the water to them; then keep it shutt by the fyre 12 howers: then strain it forth: So repeat the flowers to the same liquor, till you have made it as strong as you please: then strain it forth: putt the infusion into a bason, and to every pinte of it add 2 pound of fine sugar. (those that love them not too sweet, nor too thick may putt but 1 pound of sugar to a pinte) which being onely melted over the fyre without boyling, will produce you the syrup. - To violets you must not putt the water hott, for it will spoyl the Colour. Syrups made by decoction are usually made of Compounds; Either herbs, roots or flowers, you would make into flowers, bruise them a little: a handful is a convenient quantity for a pinte of water: boyl it till half the water be consumed: then let it stand till it be almost cold, then strain it, & to every pinte add a pound of sugar; boyl it over the fyre till it come to a syrup: scum it all the while it boyls: when it is enough boyled, strain it again whilst it is hott. ibid./

318. Sleep to procure. and hinder.

when one had a looseness and could not sleep. Rx. Diascor-
dij ʒ i Diacodij ʒ vi. Aquæ bugloss. Acetos. ana
ʒ i.s. Misce secundum artem. fiat putio pro prima a vice,
et sic pro secunda si videatur opportunum. Dr Smyth M S.

To cause sleep, and to be used in a hott feaver. Rx Dia-
sCORDij ʒ i. syrup de agresta. ʒ i. aquæ cardui benedictæ
ʒ iii. misce secundum artem: fiat potio pro prima vice,
ffor sleepyness, hold the fresh leaves of pennyroyall under the tong. ibid
To make one sleep, take either a pill of Bezor, or a quarter of an ounce of the syrup of diacodium. ibid.
Item. seeth the leaves of white willow in water; wash thy feet therewith up to the knees: then go do bed. ibid./

To cause sleep. Lay Egrimony on the head or breast; the
party will not wake till it be removed. ibid./

ffor those that cannot sleep in his sickness. Write these

words on a Lawrell leaf Ysmall thismehel, adiuvo vos per Angelum dei ut soporetur homo iste N. Lay the leaf under his head that he know not therof, let him eat Lettuce often, and drink poppy seeds small ground in a Mortar, and temper it with ale ibid./

To cause sleep. Bruise Lettuce seed with womans milk & the white of an egg. and lay it to the temples. ibid./

Another. warm good wine vinegar, and with a little cloth putt it about the temples, nose & mouth often. ibid./

To cause sleep in a fever: Anoynt the temples with juice of Lettuce and oyl of Roses. ibid./ Item. Lay wormwood under his head. ibid. Item Lay Annis to their pillows, so that they may smell it. ibid./

ffor great rage in the head and to cause sleep. Rx. 3 spoon-full of Rosewater, 3 of oyl olive, 3 of vinegar, 3 of Womans milk, stirr them al together, together, wet a cloth in it, apply it to the head cold. ffor a man take a womans milk that hath a man child; for a woman, a woman child. ibid./ Mandrake the herb & root stamped & distilled in the end of May; the forehead and temples rubbd with the water, or a little given to drink, helps them that can not sleep: the head & temples anoyned morning & night, 2 or 3 dayes ceases all paines in the head comeing of heat. ibid./

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319.

Sleep to hinder----------------and Cause.

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Sleep to hinder, take some stone allum: beat it to powder, strew it in the bed. MS.
Sleep to procure. Take the distilled water of Cowslip flowers, and drink it. MS.

Another. Take 3 parts rose water and one of vinegar, mingled with womans milk and juice of housleek; wet a double cloth therin and binde it to the forehead going to bed. Or take oyl of violets, the yolk of an egg and womans milk, of each a like quantity: make a plaister on a linnen cloth, lay it to the forehead. probatum. MS.

To make one sleep 14 howeres. Take some catts grease, and anoynt the temples, it will cause a dead sleep. MS.

ffor pain in the head, and to cause sleep. Take 1 spoonfull of oyl of roses and as much wine vinegar, beat them well together, heat it over a chafingdish of coales, and anoynt the temples. MS.

ffor one that can not sleep. Take a pidgeon, slitt it in sunder in the midst, pulling out the gutts, lay it warm on each side the temples, and binde it hast with a cloth. MS.

To cause sleep. Put Egrimony under the head of any person, they will sleep till it be taken away. MS.

To cause sleep. Take a quart of the best ale, seeth it on the fyre, put therin 1 ounce of white poppy seed, of lettuce seed, of Cowcumber seed, gourd seed, mellon seed, pompyon seed, of each a half penny worth: so lett it seeth till the vertue of the seed be gone forth: then strain it, and set it on the fyre againe: and put to it 2 yolks of eggs with sugar and nutmeg to make it pleasant: drink it as warm as you can when you lye down to sleep, and speak not after you have drunk it. MS.

Rx. Semiuis Hyosciami, (Henbane) et papaveis albi i. Cum aquis lactucæ et portilach. Mane exhibeautur. This will cause sleep. MS. Lady Byron

To cause sleep. Rx. the yolk of an egg, spread it on a fair linnen cloth, scrape a nutmeg upon it, and so apply to the temples. Or else. Rx. Vinegar, rose-
water and a Rose cake, dip the rose cake in the other
and seethe it in them on a chafing dish of coales: then scrape
some nutmeg on the rose cake, and apply it warm to the
temples.- or else. Rx. a linnen cloth dipt in wo-

cmans milk, and apply it as before. ffor a man it must
be the milk of a woman that goeth with a girle,
for a woman, of a boy./ MS. Lady Byron
or Rx Juice of Lettice, eat it with oyl olive, or with
womens milk: and with the juice of violets
vide pag seq:

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320.

Sores of all sorts. Vide ulcers./

ffor a sore that hath fyre in it. Take wine vinegar and the powder
of bole armoniack, make an oyntment, and anoynt the place. MS.

To skin a sore. Take 2 or 3 spoonfull of oyl of roses, and a peece
of virgins wax: melt these 2 together, and beat it with rose
water and vinegar, boyl it till it come to a salve, and use it. MS.

A pretious water for sores. Mix fine ashes of green
ash with fair water, and stirr them often dayly: and to
the clearest of it putt a little vinegar and allom; seeth
it and keep it to wash sores with. MS. Lady Byron

To break a byle or sore within an hower with out pain:

putt ashes of the inner bark of green ash into a
clout like a nutt: moysten it in hott water, binde it
to the place. Probatum ibid.

ffor sores. Take Rosemary stript from the stalks, seeth it

in running water to the one half, then strain it, &
putt in allum at your discretion, and use it after it
is sodden a little more, and wash there with, and when
you will heal it up, put in some English hony, & use
it dayly. Probatum ibid./

Buttermilk posset. curd is excellent for a poultiss to take the
fyre out of any sore or redness. ibid. Item Egrimony boyld in fresh butter is good to heal a sore, spread on the place like salve. ibid./

Sleep to cause. Vide page. precedentem

vide paginam precedentem. and the juice of White poppey, anoynt the temples. MS. Lady Byron

To cause one to sleep who hath not slept a long while. Rx

White poppy seed and anniseed of each a like quantity, beat them to fine powder, then take Rose water, the White of an egg and Womans milk, mingle all together: but first beat the white of your Egg very much, and take off the froth. then take as much flax as will ly over thwart the forehead; wett it in the liquor aforesaid, sprinkle of the powder upon it in a pewter dish, and take off the cold of it, and lay it to the forehead, as a frontale. The milk of a sow is a speciall thing to cause sleep.

This is more gentle. Rx. the leaves of white poppy and red nettles, stamp them small, mingle bean flower with the herbs: lay it on a cloth and binde it to the forehead: it will take away the heat and ache, and cause sleep. MS. Lady Byron

Cloves & nutmeg beaten to powder, and the head page 321

strewed with it, and the forehead & temples rubbed, is very good for Rheum in the head, & will cause sleep: But have a care you putt none on the open of the head, for that will strike it into the eyes. ibid. Lettuce seed & nutmeg beat to powder together, & layd on a cloth & layd to the forehead, causes sleep. ibid./

To Cause sleep & take away the lightness of the head in sick folk. Rx. Agrimony water, Betony water, Angelica

water

ana 1 pinte: putt to this of dried rose leave an ounce & a half: Saxifras the herb. half an ounce: Nutmegs 1 ʒ. white poppy seed half an ounce, henbane seed a dram & half: boyl all these in a close decoction, then distill it in the strongest Balneo: then putt to that distilled water Cinnamon 2 ʒ. Licorice half ʒ. Aniseeds half ʒ. boyl it together again, & distill it in the strongest balneo. The dose 1 spoonfull. It provokes sleep
exceedingly, is a great comforter of the stomach, & expells winde. - old. MS./

Pills of Styrax, or Storax. Rx. Storax Calamita, Olybanum, Mirrh, Inspissate Iuice of liquorice, Opium, ana ʒ ss. safron. ʒ i. with Syrup of white poppies make a Mass. - It is the Colledg Receipt, and helps such as are troubled with defluxion of Rheume, Cough, and helps such as can not sleep for Coughing. Half a scruple at a time is enough to take if the body be weak: if strong, they may make bold with a little more. But you must be very wary in use of Opiates, without very good advice, they are not t be meddled with. Culpeper . Rx. Iuice of Henbane, Lettice, plantane, poppy Mandrake leaves, Ivy and Mulberry leaves, Hemlock, Opium, Ivy berries in powder, of each a like quantity, mix them well together then putt a spunge into them, and let it drink them all up; dry the spunge in the sun, and when you would have any body sleep, lay the Spunge at his nose and he will quickly sleep. And when you would have him wake dip another spunge in Vinegar, and hold it to his Nose and he will wake as soon. Idem./

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Speech lost in sickness to restore.

Take the juice of sage and of primrose and put it in his mouth also take wormwood and stamp it, and temper it with water and with a spoon put the liquor in his mouth. MS.

To cease speech in ones sleep./

Take Southernwood, stamp it and temper it with wine, drink it on A warm bason held over ones head makes one speak at the point of death./ going to bed. MS.

Spleen distempers to help.

A drink to help the spleen and cleanse the bloud. Take harts tong wilde hop leaves, burrage, with the flowers of fumitory, and parsly roots, seeth them in whay, and when they are well sodden clarify them in whey, with the white of an egg, and strain it. Keep it and drink of it every morning for a forthnight. It will
help the spleen, cleanse the bloud, and comfort the body many wayes. MS.

ffor the spleen. Take piony and drink with wine, it is a present remedy for ever. MS.

Another. Take 2 ounces of the white bark of an ash, half a hand full of hartstong, as much egrimony: cut them small and seeth them in a quart of white wine or ale, till half be consumed then strain it and drink of it 3 spoonfull at a time, fasting you may put in a little Sugar. MS.

Another. Take of Mayden hair, egrimony, spleenwort, dodder or Mother of time, of each a reasonable handfull, of the shaveings of the bark and wood of Tamarisk, of the shaveings of the innermost bark of ash, of each a good handfull: of caper bark bruised in a mortar, a reasonable handfull, of the roots of butchers broom, washt and bruised, as much: of asparagus roots, fennel roots, parsly roots, and the roots of polypody of the Oke, well cleansed, hartstong, burrage and bugloss leaves, a little bruised, of each about half a handfull. Take these things thus prepared, and boyl them in 6 gallons of good ale or beerwort, which you like best. (there may if you please be added some like quantity of hops, for that is also good to open obstuctions) and when you hold it sufficiently boyled for your drinking, then put in all these ingredients into a thin canvass bag, and with some weight in the bag, hang it in the vessell, putting therein some 30 or 40 bruised cloves, or a small oringe stuck with cloves, to give it a pleasant rellish: and being about 6 dayes old, drink therof fasting in the morning and about 4 in the afternoon a good draught, and at your meat, and as often as you please, for it will hardly move your body: which if you desire in the spring or fall to have it perform, then add about an ounce of Rubarb, or 2 ounce of Sena leaves, boyled with the rest. Which otherwise you may omitt. Mrs Hampson . M.S.

recto of insertion after page 322

To Cure a Loosnesse th'o of 7 Years standing.

Take the whites of 12 Eggs put them into a bason, & beat them very well, then put to them as much Cinnamon powderd & searced, as will make them into a past, put to it as much of the best Loaf sugar, grated as will make it pleasant to the tast, then role the past into Cackes, & Lay a brick on the fire, & lay them on the
brick, till they are baked, then you may Eat of them
any time of the day Soe it be two hours before
or after Eating any other food./

verso of insertion after page 322

To stew Pipins.
Take them & Payre them & Cut them in halfs & Lay them in fair water, then to a pound of pipins take Half a pound of sugar, (more or Lesse according to their Ripeness) & put to your sugar a pint of White or Renish Wine, & a pint & half of water (more or Lesse according to your Quantity of pipins & sugar) & soe make your syrope, when it is boyled & skimed, put in your pipins & boyle them as fast as you Can, turning them-very Often, & when they begin to Look Clear, & the sirope is some what thick, put in as much of the juice of Lemon as will please your tast. when your Aples are very tender & Clear & the sirope begins to Jelly, then take them up put them into your dish, taking them App-Layingth the Jelly upon them & Let them stand till they are Cold.

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Another. Take the .........................: Shavings of the Tamarisk tree, dry .......................... them in an Oven and beat them to powder: drink them in wine every morning fasting and anoynt the spleen with oyl of capers, morning and evening: and use capers in your meats; be merry and avoyd anger and pensiveness. probatum. M.S.

Another. Take a good handfull of Tamarisk and bruise it, and lay it in steep all night in a quart of white wine: boyl it in the morning a quarter of a pinte away. Then take 6 ounces of Tamarill, and straining away the tamarisk from the wine, put in the Tamarill, and stirr it well, till the substance therof be washed into the wine. Then drink therof, as often as you please. This will help all that have swollen bellies. probatum. MS.

An Electuary for the spleen. Take half a pound of the best Cap dates, take out the stones, and peel the white quite off from the inside of the dates: shred them, and stamp them in a Mortar, as small as a conserve. Then take half a pound of the purest
hony and clarify it, and scum it clean: then putt in your dates, tempering and incorporateing them in one. Then take cloves, ginger, graines, and long pepper of each a quarter of an ounce, beat them all to fine powder, and searce them through a sieve, and mingle them with the foresayd Electuary, give it 6 walms upon the fyre, but noe more. probatum. MS.

A drink for the spleen. Take the Inner bark of an Ewe tree, boyl it in a quart of white wine, and a pint of 6 shilling beer, till half be consumed. Strain it, and take 3 spoonfull therof fasting. M.S.

Another. Take the inner bark of the root of an ash, cutt it into long slices, the length of a mans finger; the green rinde of Ivy 6 good handfull; yellow roots of docks, picked and bruised 4 handfull: polipede of oke and roots of the same, of each 3 handfull newly gathered, cleaned and bruised: the kernells of the Keys of ash, picked out of the husks, 3 hand fulls: bettony, balm, heartease, tyme, dodder of time, of each 2 handfull: Rosemary 1 hand full; boyl all these very tender in as much water, as will make 8 gallons of wort: pull in a quan tity of malt according to the strength you would have it: in the wort boyl some hopps, and 5 hand full of egrimony, and 4 of sage: run the wort from the herbs and hopps, and then run it through a jelly bag leasurely, that it may be clean sed: barm it, cleanse it and tunn it up in a convenient vessel This is to be drunk at 10 or 12 dayes old. MS.

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Another. Take the lungs of a fox and dry them, make them into pow der, and drink them in ale or beer. probatum MS. (324

Another. Take broom flowers and make a conserve of them, or a syrup and eat at any time therof, on an empty stomach. Take likewise conserve of wormwood in the same case. Dr Antony.

Another. Take the spleen of a dog hot, clap it to the spleen of Man or Woman, troubled in that part. Mrs Witham.

For the spleen or hard swelling any wherelse, Take a colewort leaf and spread it with May butter, apply it to the swelling, it will give ease. Mr Digby. MS.
For stopping in the spleen. let bloud in the vein betwixt the little finger and the other next to it, called Salva Cæle. Mr Digby . MS. To open and purge the spleen. Take parsly roots, fennel roots, Asparagus roots, or bands, crops of time, a little quantity of every of them; boyl these in 7 pintes of water and 1 pinte of hony, and make therof a syruyp: use this syruyp first and last 5 or 6 dayes, Then infuse a dram or half a dram of Rubarb in white wine all night, or whay, or in this syruyp, if you make it thinn; take turpentine the quantity of a bean; rowl it in sugar, eat of it 3 times a week: eat your Diatrion piperion (or pipion, and lozenges, every day in the morning, and at other times when your stomach is empty: eat no grass meats, and drink wormwood wine after your medicine. MS./

A water for the spleen, Take a pottle of white wine, a hand full of Rosemary flowers, of burrage flowers, of marigold flowers, & bugloss flowers, of each 2 handfull, 1 handfull of balm, 6 green Walnuts quartered; put these together to steep in an Earthen pott, for 24 howers, stop them close, then distill them in a Lymbeck; Take 4 or 5 spoonfulls of this water at a time morning and evening when you go to bed, or any other time when you feel your self ill affected. probatum MS./

A soveraign Remedy for the spleen and to cleanse the bloud. Rx. Harts tong, wild hop leaves, burrage with the flowers, fumitory and parsley roots: seeth all these in whey, and then clarify your whey with whites of eggs: then strain it. Drink of in the morning, and if you will at night to bedwards. use it for a month together. Baltasar . MS. Lady Byron

For the spleen. Rx. a little Centaury, Germander, and good store of Marygold flowers, boyle in beer: take 12 spoonfulls therof 40 mornings together. ibid.

A fomentation for the spleen, Rx Rue Camomil, bay leaves, angelica roots, mace, cloves, anniseeds; boyl these in sack and claret wine; wett woolen Cloaths therin and wring them out, lay them to the place and change them oft. ibid./

ffor the spleen approved. Rx half an ounce of oyl of capers, as much oyl of Dill, as much oyl of Lillies, as much
oyl of Camomill: 1 penny worth of white wine vinegar: b
boyle all these together till the vinegar be wasted: anoyn
the place with it morning and evening. ibid./

ffor the spleen Rx a quart of white wine and a quart of
small beer, and steep in it 2 nights and 2 dayes close stopped 4 ounces of Tamerin and a handfull of Tameris; a quarter of a pound of Genua capers, washed in 2 or 3 warm waters to wash the vinegar out of them. Drink of this every morning and evening, fasting, a quarter of a pinte, useing moderate exercise after it ibid.

To abate or dissolve the swelling of the spleen. Rx oyle of Camomill and oyl of capers a like quantity: mix them well and anoyn the spleen with it warm, and bath it well by the fyre side with your hand: use this all the while you use the foregoing drink. ibid./

ffor sides that are bad and sore. seeth Cummin and Liver wort in thy own water, till it be thick: keep it and anoyn with it. ibid probatum./

A medicine for the spleen both to open & purge.Rx Endive, harsstong, parsly roots, ana 1 half handfull: smallage, fennel, and parsly roots, of each 2 roots: Aniseeds & Cummin seeds, of each half a quarter of an ounce, Seeth them all in 3 pintes of water, and the third part of a pinte of white wine vinegar, to the half, & when it is cold strain it, and every morning with a little sugar fasting drink. ibid.

ffor oppilation of the spleen and Liver. Rx harts tong horehound, Endive. of each a hand full. saxifrags, Germander ana 1 ounce. Thyme, Epithymum, Sena. ana half an ounce: fennel roots, parsly roots, smallage roots ana half an ounce aniseeds, fennel seeds, parsly seeds, ginger, galingal, cinamon, bruised ana a quarter of an ounce: capers half an ounce; seeth them all in a pottle of running water and a pint of sack; let them boyl till the liquor be half wasted; strain it, and put to it half a pound of sugar, 6 or 7 spoonfull of vinegar and a stick of Cinnamon, broken in pieces; seeth all these
together with an easy fyre, a quarter of an hower,
Then strain it & drink it evening & morning 5 spoon-
full at once warm. -- Item horsleeches applied to the fundament
are excellent for this et
pro serpigine: ibid./

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An oytment for the same. Rx Dialthxa 2 ounces: Capons
grease or Hens grease half of an ounce. oyl of Cinamon
oyl of Dill ana 1 ℥ oyl of fresh almonds half an
ounce: mix all these together, and being warm anoyt the
side therewith every morning and evening: and lay a thin
linnen cloth warm theron. ibid./

ffor infirmities of the spleen. .1. purge with sena &

the bark of an Ash tree, scraped & cutt: abstain from
luscious sweet things; & use bitter things: drink the in-
fusion of Centary: apply this plaister to the spleen,
Rx. Galbarum& gumm Ammoniack dissolved in Vi-
nagar, of each a like quantity: & with some Turpen-
tine & wax make a plaister: spread it on leather
Unguontum dialthææ is much praysed to mollify
the hardness of the spleen; & Paracelsus 's stjptik
plaister will serve for the same. Dr Vaughan ./

oyntment for the spleen. Rx. yong shoots or Buds of

holly: chop them smal & boyl them in fresh butter,
till it look green: keep it to anoynt withall, upon the
side. MS. P. M.

A plaister for the spleen. Rx. Melilot & Camomill. ana

iii. Parsley & plantane. ana i. stamp them together:
1 pound of sweet sheep suet. Virgins wax 12 § 3 lb of
Rosin, 1 pinte of white wine: shred the wax & the
suet, beat the Rosin; putt all together into an Earthen
pott: let it stand over the fyre till it be all melted
together: then take it off, cover it close; sett it to
stand 7 dayes in a Cellar: then set it over the fyre
& let it boyl half an hower: take it off & strain
it into 2 dishes; putting some water into the bottom of
the dishes: when it is cold you may fold it up close in
paper; wetting the paper you fold it up in with Sallet
oyl. It will keep 4 or 5 years: Use it when you feel
the pain on the left side; & cutt a pcece of sheep
skin or leather, the breadth of your hand, or more,
& about a quarter of a yard long, & make it hollow on
the upper side, as the spleen lies: prick it full
of holes on the flesh side of the leather: spread it
thinn, & lay it to the left side, when you feel pain
When it will stick no longer, you may make a

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fresh one if I.......................... need require.
This use all ................................ wayes when you
feel any pain; it will help many other diseases that may
come by reason of the spleen./ probatum. M.S.

Syrups good for the spleen, melancholy, and to
purge the bloud./

Take flowers of fumitory, infuse them in water: let it
be of a good deep colour: then take to every quart of the
water 1 pound of sugar: boyl it up to a syrup, so
putt it up in bottles. It must be well boyled, to the
wasting of a quarter of a pinte. Take half a pinte
every morning for 3 dayes together./ ibid. MS. Lady Byron

Syrup of Elder.

Take Elder berries when they are ripe: sett them in a
pann in a sellar for 4 dayes, then skim the top
of and strain the rest: sett the juice over the fyre
and let it boyl: then scum it very well and putt in
the sugar, to every quart a pound; and let it boyl
after the sugar is in, very well. This is also good to
cleanse the bloud and stomach, and for a consumption
taken fasting in a morning, and for a cold taken
at night going to bed, 3 or 4 spoonfulls at a time.
It is good also mixt with ^the foregoing syrup of fumitory,
and taken together./ ibid./

The spleen drink. Rx a quart of white wine, a hand-
full of the Rinde of ash, 2 spoonfulls of sweet fennel seed and the like quantity of sassaphras. Infuse this for 2 howers, and drink every morning a draught
of it for 3 mornings together, and if it purge for
3 mornings more drink it in beer: and if it
do not purge you the 3 first mornings, take it
the 3 last as you did the first. ibid./

ffor the spleen. Take the left foot of the hind leg of
a hare, & wear it in your pocket next you ibid./

An excellent medicin for the spleen, mother & passions of the Heart. Rx. Spirit of sack half a pinte: putt to it Bezo

4 grains. white amber 6 grains. dried pelly (pellitory) moun tain half dram. Bones of a stags heart: lignum alloes, Cinamon, Eringoes, saxifras the wood, ana half a dram. boyl it in a close decoction, & distill it in the strongest Balneo. The dose 1 spoonfull. It is an excellent water tho but plain. --old MS./

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Spots in linnen to take out or any cloth.

Take lavender and seeth it in water, and therwith wash or rub the stai ned place, in any place of any cloth. probatum MS.

To take Spots out of garments. The first boyling of blites with the gall of an ox, and oyl of tartar: but be sure presently to wash the place with warm water. MS. Lady Byron

To gett any spotts out of linnen, though never so old done. Rx. White wine vinegar & boyl it: so wash the stain in it, then dawb it over with sope and lay it out in the sunn. ibid./

ffor the springe.

Let the patient drink his own water; for it is a heat that comes in the flesh, and causes heats like the shingles, but that it en compasses not the body round, but spreads in patches. The cause is the rankness of the bloud. MS.

Stitches of all sorts. - plurisy

Take linseed, and boyl it in new milk, make a plaister of it and lay it to the place grieved, as hot as may be. MS.

ffor swelling of a stitch in any part of the body. Take of the root of holyhock clean washed and cuitt in peecees 2 good hand full, seeth the same in fair water, till the sayd root be some thing tender: then take out the root, and put into the same water, fenegreek and Linseed, of each a handfull something stamped and
bruised; seeth them together till the water be ropy like birdlime, then stamp the root of holyhock, and put it to the fenegreek and Lynseed, with a handfull of barly meal: fry them together with bores grease, and if need be you may take sheep suet: you lay a plaister therof to the sore grieved place, as hot as may be; and let it ly 12 howers at least unremoved: after that apply another, and with in 9 plaisters it will work the effect. It hath help the plurisy, with applying 3 or 4 plaisters. probatum. M.S.

A fomentation for a pain in the side. Take a hand full of mugwort, a handfull of wormwood, and a handfull of Ca-momill, chop them small, and boyl them in fayr water till it dissolve to mucilage: take them off the fyre, and put thereto some sallet oyl, then put it into a hogs bladder warm, and so apply it. Mr Willughby . MS.

Stitch water and for the plurisy.

Take 6 penny worth of the strongest Ale; and stone-horse dung, when the horse is at grass, in Iune: 2 ounces of liquorice bruised, 2 ounces of Anniseeds, 2 ounces of Ianes treacle, (but this is better in afterwards, for it will stick to the bottome of the still.) let it be stirred about, till it be thick as hasty pudding: so let it soake in the still all night: throw your spices on the top, or else they will fall to the bottom: then still it off. Take half a dozen spoonfull luke warm, fasting, or when the pain comes: sweeten it with su-gar. Mrs Beaumont . probatum/

As much Rosin in powder as will ly upon a great drunk in a draught of beer or ale is excellent good. Lady Byron ./ or in pap of an apple. It must be Rosin such as they do piggs with, but of the whitest.

plurisy. Rx Brooklime, sheep suett, a little fair water,

fry all together in frying pan and lay it hott to the side. MS. Lady Byron

stitch. seeth 2 or 3 hand full of Red mints and1 handfull of sage crops in running water to the one half, apply it hott in a bag as oft as need is. ibid./
ffor the stitch, spleen, & other aches. Rx clean wheat bran

and seeth it in white wine, make a plaister therof & lay it to the same side: it will ease it. If it come from winde. Take cummin stamped, straw it over the bran & lay it to the side. ibid./

Lovage the leaves & stalks chopt & distilled in the middle of May. drink 1 ounce & half of the water morning & evening, it helps the stitch in the side or heart. the face washd with it becomes fair & clear: the water drunk as before is good for hoarsness ibid./

An excellent Remedy for the plurisy. Drink a
good glass full of juice of Chervill: it is a great purifier of the bloud & hath cured Many. - Hartman.

A purge for the plurisy. Rx. Sena ʒ ss. ffrench barly, Licorice ana ʒ i Raisins, Tamarinds, Mayden hair, ana ʒ ss. Violet and strawberry leaves ana i. Boyle all these in a pottle of water to a quart, then strain it, and drink a draught of it every morning for 4 or 5 dayes together: and if you have not 4 or 5 stooles a day, take another draught at 2 a clock in the afternoon. Idem.

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(330 nettles (the Roman are best, usually sown in gardens) provoke lust exceedingly, help difficulty of breathing, plurisy, inflammations of the lungs, that troublesome cough which women call the Chincough: boil them in white wine. Culpeper. Violets help all the inflammations in the brest and sides, plurisies and open stoppings in the Liver: the blew are to be chosen; the white are good for nothing. - Idem. -

Olybanum mixt with Conserve of Roses, and taken in a morning fasting, helps Coughs, Rheums & Plurisies. Idem. - scabious water helps pains, prickings and plurisies in the sides - Syrup of Lycorice, made according to the London dispensatory, cleanses the brest and lungs and helps continuall coughs and plurisies. you may take it with a licorice stick, or add an ounce of it or more, to the pectorall
decoction. Idem. The syrup of Iujbes, made according to the London Dispenatory, is a fine cooling syrup, very available in plurisies, and ulcers of the lungs, and all inflammations whatever. You may take a spoonfull of it once in 3 or 4 howers, or if you please take it with a liquorice stick. Idem./

Item the syrup of Hyssop, made up according to the Dispensatory is excellent - Idem. - Item now and then to take a little of the Lohoch of poppies, according to the Dispensatory./ Also the species Diatragacanthi frigidi, (be sure to putt in the cold seeds at first) made into an electuary with the syrup of Violets, helps a plurisy and all inflammations of the sides -Idem - Item pulvis Holy made into a soft electuary with syrup of Violets is a gallant remedy./ - Item and ounce of the Lative Electuary taken at going to bed, is very good in plurisies and for wounded people. - Idem. The Trochisci Diaspermaton Galeni, are very good. Idem. - If you suspect you have the plurisy hold your breath as long as you Can, and coughing, you can let it go without can let it go without Coughing, you have not the plurisy; if otherwise, you have. But this rule doth not allwaies hold. Idem./

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Stomach distem. .......................pers to cure./

or Brest.-----------------------------

To procure a good stomach. Take 3 drams of good Cinnamon, mastick and the pareings of pomegranates, of each a dram, and of galangal half a dram, stamp all these together, and temper it with clarified hony, and use to eat therof as much as a nutt every day fasting: this will preserve the stomach also from evill humour breeding therin. probatum MS.

To comfort the stomach. make a sauce of sage and parsley of even portions, with a little rew and hyssop, mingle it well with wine, eat it with your meat, either flesh or fish. MS.

Another. Take 1 hand full of sweet mints, and a handfull of wormwood, and a tost of brown bread, the powder of 3 or 4 cloves, &
a few coriander seeds beaten, and a grated nutmeg: stamp them all
together in a mortar, so make a plaister on a cloth, and sprinkle
it with a little malmsey and vinegar; warm all on a chafing dish,
and apply it to the stomach. MS.

To asswage heat in the stomach. Take a score of prunes well
washed, seeth them in a pinte of white wine, and pinte of
spring water together, till the liquor be half consumed; put a
little quantity of sugar to them, then eat the prunes: and slice
an old apple, and lay in the liquor and suck the same. MS.

ffor heat of the stomach that causes dryness of mouth. Take a good
handfull of smalege, and the crumbs of brown bread: stamp
them very fine, and put them in a linnen cloth, and binde it to
the brest: do this 2, 3, or 4 nights and dayes, it will take away
the heat of the stomach, and voyd the stopping in the head. MS.

Swelling or pain in the stomach. Take rosemary flowers a good
quantity, boyl them in white wine, and as hot as may be apply
them to the stomach. M.S.

Swelling in the stomach, Take fennel roots and smallage roots,
stamp them and strain them with wine; drink it. MS.

Hot stomach or Liver. Take cherries and strawberries, of each
6 pound, strain them well together, then add thereto 6 ounces of
dates, and 2 ounces of Cinamon: distill these, without wine, and
drink therof with Endive, succory or fumitory water. MS.

pains in the stomach. A grain of the powder of gum of Ivy
taken in white wine or Alligant, is good. MS. Mr Digby.

Stuffing in the stomach with flegms. Take brimstones, beat it
very fine, and put it in a new layd egg rosted reer, with
a little white sugar candy, so eat it fasting in a morning,
a week together. MS.

A cold set at stomach. Take a wax candle, drop it on a peece
of brown paper, and strew the powder of safron on it, and
apply it warm to the patients stomach. MS.
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stomach stuffed with cold. Take a quarter of an ounce of flower of brimston, 6 ounces of conserve of red roses, 3 ounces of syrup of vinegar: mingle all together, and eat as much therof as a nutmeg, first and last: this will dry up the Rheum and make the flegme come up easily. MS.

Another for the same. Take a pinte of Aqua viatæ, warm it

on the fyre and light it with a paper, and stir it with a knife continually, and put it in half a pound of sugar very fine beaten: burn it while it comes to a syrup: then with a liquorice stick, take therof as oft as you will. MS.

Another. Take a scruple of the powder of Nettleseed, mingled

with syrup of violets, swallow the same by licking it by little and little, and you will spitt out the viscous and tough humour easily. probatum. MS.

A cooling, opening whey for the stomach. vide whey.

Electuarium ium ad Stomachum confortandum. Rx Conserv.
rosar. ℥ iii Theriaæ opt. ℥ ii.s. Elect. Citrini. ℥ is:
Diatrion piperion. ℥ i Elect. de gemm is letificant. una ltificant. ana
Θ ii: Syrupi de menthis ℥ ii. Misce. Take of this a
Electuary 2 howers before meat to the quantity of a Nutmeg. at one time. Sherbrook . M.S. Lady Byron/

Ad purgand. stomach. Rx. pill. de alloe Θ ii. pillulae

Mastichæ Θ i. Nucis Moschatæ Θ s. cum syrupo Mentæ quanted sufficit. fiunt. pill. 7. MS. Lady Byr

To help the springe of water in the Stomach. Rx the inner

skin of the gizzard of a Capon, scrape it clean, dry it, beat it to a powder; use to drink it fasting, in ale or beer it will help. MS. Lady Byron

ffor the stomach how to take Tobacco rightly. Rx. Dia

tragacanthi tabellas duas: unam ante suffitum tabacci, et tantundem dem post haustum suffitum. ibid.

To comfort the stomach. Rx. 2 gallons of good Gascoign

wine; then take ginger, Galingal, Cinamon, Nutmegs,
graines, cloves, mace, anniseeds, fennell seed, Carraway seed, of every of them 4 drams: then take sage, mynts, red roses, time, pellitory of the wall, Rosemary, wild marioram, penny royall, wild time, Camomill, lavender, of every of them ii: then pun the spices small, and bruise the herbs, and put all into the wyne: and let it stand still 12 howers, stirring it diverse times, then still it in a Limbeck, and keep the first water by it self, for it is best: then there will come a second water which is good, but not so good as the first. ibid./

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Green ginger taken before meals is excellent to comfort the stomach. ibid. - Also there is nothing more comfortable, then sometimes in the morning to eat a Citron pill and drink burnt Claret wine upon it, or before supper, when your stomach is not good. - also anoynt your stomach in the morning with 6 drops of the oyl in a spoon with out warming it, twice in a week, before you rise. ibid./

ffor pain of the stomach through phlegme. Rx Mynts, worm wood, Hyssop, Venus hair, all green if you can, of each a handfull. parsley roots, fennel roots, of each ℥ i.s. Annis seeds, fennel seeds, liquorice, currans, vinegar, ana ℥ i. honey and sugar ana ℥ vi. make a clear syrup of it. ibid.
Rx. Rosemary two, nutmegs 1 ounce, dryed betony 2 ounces, cloves 2 dramms cutt very small; put upon them 8 quarts of good rhenish wine: let them stand 3 or 4 dayes. ffor the weakness of the stomach drink a good draught at the begining of meales: but for the head ache at the latter end. ibid.

Against windyness and weakness of the stomach. Lo-
zenges made of the 3 peppers; 2 drams of all the pep -pers bruised, a few aniseeds and tops of time, with 5 ounces of sugar and rosewater boyled, one or 2 of these in a morning, or before or after meat are to be taken. ibid. - Item. 1 drop of oyl of Cina mon, with allmost half an ounce of conserve of Roses. Item. 2 spoonfulls of Cinamon water, with as much claret wine and sugar. ibid.
To strengthen the stomach. Syrup of wood fennel, with Cinamon water taken once in 3 howers strengthens presently. ibid.

To comfort the Stomach. Sack heated with Rosemary and cloves, with sugar, kept and drunk cold in the morning, or immediately before meat. Sack is better before than after meat commonly. - Outwardly. Rx Rosemary, wormwood, balme, mace, boyled in Claret wine and muscadel equally; strain forth the herbs, and wett spunges or double cloths and lay hott to the stomach. - wormwood wine used 3 mornings together every Month, suppresses the increase of choler, - preserved Nutmegs are excellent.

as also green ginger swallowed down in good quantity, as of a nutmeg or more. ibid.

for the stomach. Rx. Roman wormwood lbi. Raisins of the sun lb ii. brown sugar candy lb i bray them altogether in a stone mortar, till they be of consistence of conserve of Roses. keep it in a pott: Take the bigness of a great Nutmeg or more, according to the strength of the patient, and drink a little white wine half an hower after. ibid.

2 ʒ. of distilled water of En^di^ve drunk for a Certain time Morning and Evening, helps the straitness and stopping of the brest. ibid.

for a great cold or stopping of the Chest. Rx. a little half spoonfull of Sal prunell scraped into powder: and take a good half spoonfull of sugar, and put to it: then put as much aquavitæ as will wett them both: take it last at night when you go to bed and use it 3 night together. ibid.

for griefs of the brest, take out the core of a ripe apple, and fill it with powder of liquorice, galingal, or Cinnamon and honey, all well mixed together: rost it and pill it, and eat it when need is. ibid. And for the Chin cough and other. such like paines of the brest, Rost sallet oyl in a great apple on the embers, and apply it flatt on the brest ibid.
To open the pipes. Stuff 8 figgs with fennell seeds and seeth them with a little Isop and 2 branches of origany in a pottle of water to the one half: then strain it, and put thereto sugar can -dy and drink therof warme. ibid.
The Root of Enula campana taken with honey in an Electuary cleanseth the brest, voydeth tough phlegm, & is good for the cough and shortness of breath. ibid./

To cleanse the brest. Stamp white horehound ʒ iii.

groundsell. ʒ iii. Wallwort ʒ ii. seeth them with fresh barrows grease, apply it to the brest, and in one night it will bring up much flegme and corruption. ibid.

Brest grief and cough. Seeth horehound with fresh butter and hyssop in ale or beer, and drink it early in the morning dayly. ibid./

Stomach weak. Stamp crums of bread with wormwood and vinegar and apply it. ibid./

For the Stone./
Take grommel seed, anniseeds, fennel seeds, of each ʒ spoonfull, of unsett time, green fennel, and cherry stones, of each a handfull, beat all these severally very well, then mingle them alltogether: then take a fennel root, a parsly root, a raddish root, every one the length of a finger; then take a pottle of white wine and putt them alltogether into an earthen pott, stop it very close, let it seeth till 1 pinte be consumed: then let it run through a linnen cloth without straining; drink therof 6 spoonfulls at a time, morning and evening. MS.

Another. Take grommell seed, fennel seed, parsly seed, annisem, of each 2 spoonfull: of fresh fennell, saxaffrage, h^a^ws, unsett time and cherrystone of each a handfull; let every one of these be well bruised; then mingle them together and put them to steep
in a pottle of good old white wine, by the space of a day: then
still it: if you still a parsly root with it, it is better. You may
drink the water of it by it self, or in wine, beer or pottage,
at any time you please. MS.

Another excellent one. Take Raysins of the Sun, unsett leeks,
saxifrage, sampier, and bean cods, of each a like quantity;
distill each of these by themselves, and sett them in the sun to
fine: then take thrice as much malmsy as all the water, and
distill all together againe, and set it in the sunn: when the
patient is grieved, and at no time else, let him drink 3
spoonfull of this water Lukewarm; put to it a little pow-
der of white ginger, so lay him down to sweat. MS.

Another. Take 4 spoonfull of the water of hathorn flowers

distilled, 8 spoonfulls of malmesey, 1 spoonfull of ease pepper
in powder: mingle them alltogether and drink it, it will break
the stone. MS.

Another. Take 1 handfull of saxifrage; pellitory of the

wall, unsett Isop, unset Time, of each a handfull, seeth
them all with a quart of Malmsey to a pinte: the powder
of a whole eggshell, and as much of the powder of hasle
nut shells as the egg shells: when you have putt the li-
quor from the herbs, putt in the powder and warm it.
and drink it. MS.

Another. Take wild Teasles, burn them to ashes, then take

white wine and bay berries, and boyl them together till
the strength be out: then take the white wine and let it
run through the ashes; drink it: it will break the greatest
stone that is. M.S.

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ffor the stone, an approved Medicin. Take a gallon of new

milk, a handfull of wild tyme, of Saxifrage, pellitory of
the wall, of each 1 handfull, of parsly 2 handfull, a handfull
of philipendula roots, and 2 or 3 raddish roots, sliced and
bruised. Put all this into the milk to infuse, a day and a night,
and the next morning distill alltogether in an ordinary
still, with a moderate fyre. Take of this water 5 spoon
full and as much white wine, with a little sugar and some
sliced Nutmeg, make it bloud warm, and take it fasting,  
and fast 2 howers after: take it 2 or 3 dayes together 
morning and night, at full and change, or any other  
time as need shall require. The best makeing this water  
is in the latter end of May. MS. Mr Merry.

The stone. Take a dram of Spanish sope, dissolve it in a  
quarter of a pinte of new milk; shave the soap very small,  
or it will not dissolve. Take this in the morning and at  
4 after noon. Mrs Beaumont.

A most excellent Remedy for the stone. Take a peck of Hawes,  
1 pound of philopendula or drop wort roots, 1 pound of Rad-  
dish roots (horse raddish is better.) one pound of Sassa-  
fras roots, 2 quarts of Rhenish wine or white wine; you  
must bruise the haws, and slice the roots, then infuse  
them 24 howers, and fill a still half an inch thick with  
the same: then cover them with new milk hott from the  
cow; the quantity you must take is 2 spoonfulls; you may  
mix it with water or white wine, but alone is better.  
probatum. Captain Stround. MS.

Another very good. Take 6 pieces of flint stone wherein  
there is some white, put them into the fyre till they are  
burned red hott: then put them red hott into 3 or 4  
quarts of water: then presently cover the water that  
noe ayr may come in or out. With the stones you must  
put in 2 handfull of Cammock roots (alí&#224;sj Rasto  
Bovis) Let them stand close covered as at first, till they  
be quite cold: then keep it for your use: the quantity is  
a good wine glass in a morning fasting. MS.

ffor the stone in the kidneys. Take of the middle rinde of  
the root of Ash bruised, 2 pound: Iuniper berries brui-  
sed, 3 pound. Venice Turpentine of the best, 2 pound &  
a half; putt these into 12 pintes of spring water, in a  

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glass vessell well closed; there let them purify in horse dung 3 months,  
than distill them in ashes, and there will come forth an oyl and a  
water; separate the one from the other; 10 or 12 drops of this oyl  
being taken every morning in 4 or 6 spoonfulls of the sayd wot-  
ter, dissolves the stone and gravell in the kidneys most wonder-  
fully.
ffor pain in the Yard through gravell. Rx. pellitory and

Bores grease: fry them well together and make therof 2 plaisters: one of them must be layd betwixt the Navle and the Yard: and the other upon the reins of the back: it will soon cause the to voyd water and gravell, which before came away but by drops. This is excellent. Baltasar . M.S. Lady Byron .

pro lapide in renibus et acrimonia Urinæ . Rx. Seminuncium,

et a seminuncia ad uniam unam Terebinthiæ bene lotæ .
- Lac ovile vel caprinum mane sumpta sedat Urinæ acrimoniam, et conducit ulceribus Renum et Vesicæ. Sherbrook . MS. Lady Byron

pro calculo in vesica et Renibus. Pulvis Hollandiæ in vino albo: vel pulvis Terebinthiæ una si placet, sumatur mane. ʒ i.s. ex 2 pulveribus commista pro una vice. ibid.

To scowre the kidneys. Rx. 9 dramms of Cassia newly

extracted with the fume of barly water: add heerto a dramm and a half of Venice Turpentine, washed with the distilled water of Alkakengi: of powder of anniseed and liquorice ana half a scruple.
make it into morsells swallowable, rowle them in sugar and so swallow them. Dr Aylworth . MS. Lady Byron

ffor the stone. Rx as much Rhenish wine as will make

a posset, mixed with the yolk of an Egg, a good quantity of sugar and Safron, make of this a pinte of posset drink, and put thereto half an ounce of white sope, called sope of Castile . Drink it morning and evening. Dr Smith . M.S. Lady Byron

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Another. Take Syrup of violets, syrup of Mayden hair, and syrup of Marsh mallows, mixt together in equall quantities: take this in the morning: and soon after a good draught of beer: and in the evening when you go to bed, with out drinking after it. MS.

Another. make a posset of milk and ale, take off the curd, and putt into the drink, violet leaves, wood sorrell, Marsh mallow roots, scraped, liquorice sliced, of each 1 handfull, let these seeth in the drink till half be boyled away: then strain them out, sweeten it with the syrup of Marsh mallows, and crush therin the juice of a Limon. MS.

Another. Take burrseed, dry it, beat it to powder, put it in a spoon full of posset drink, drink it. MS.

ffor the stone and stopping Urin. Take a pretty quantity of white wine, and a pretty quantity of flint stones, heat them red hot in the fyre, and quench them in the wine, till half the wine be consumed: drink a good draught. MS. Mr Garret.

Another. Take houssnayls and break them, take out the snayls and break the shells to powder, drink it in white wine. Mrs Witham. MS.

Another. Take 2 gallons and a half of midling ale wort, and therin boyl Saxifrage roots, eringo roots, marsh mallow roots, parsly roots, peirstone, and the kernells of ash keys, of each of these a handfull. When it has boyled half an howr over a slack fyre, put it into some convenient vessell to cool; after it is cool enough, put yeast to it, and let it work well with all the ingredients, like other ale: when it has wrought e-nough, strain the ingredients from it, and tunn it up in some fitt vessell and stop it close: After 2 or 3 dayes, drink a very good draught therof, fasting in the morning, and stirr your body half an hower after it. You may drink of it at night or any other time, so you walk or stirr after it: otherwsie it can not work so well on the malady, as it will. If you alter your quantity of wort, you must also alter the quantity of ingredients more or less accordingly. You may boyl a proportionable quantity of these ingredients in posset drink made of ale, for present occasion, till you can provide your ale: it will do much good. probatum. MS.
Another. Take Saxifrage seed, anniseed, parsley seed, fennel seed, of each a quarter of an ounce; of the seed of philipendula, Turbith, hermodactills, polyody of the oke, and Rubarb, of each of them 1 dram, and a half: Cinamon, cumminseed, dragon, grummel seed and liquorice, of each half an ounce, Sena leaves cleansed from the stalks, 4 ounces; let all these be beaten into fine powder and searced; Take the weight of

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12 pence of this powder, mixed in posset drink, made of white wine or ale, once in 12 or 14 days, or as cause requires. Dr Butler. MS.

Another, seeth in white wine time, and parsley very well, then strain it, and into a good draught therof, shave a spoon full of Castle soape, This will cause you to make water with speed. MS. probatum

Stone in the bladder. Take 4 ounces of Turpentine, and lay it on a hot burning plate, of Iron, till it may be made into powder: then mix 2 drams therof, with 4 ounces of the water of saxifrage; give it twice a week early in the morning, to the patient: so continue it 2 months; this will not only preserve from breeding the stone, but will also burst and drive forth the stone bred all ready. probatum MS.

Another. Take a spoonful of the water of stone crop, 2 spoonful of the water of Ramsons, 2 penny weight of the powder of thorn-back roots; mingle them all together; use this 3 times, it will help be the stone never so great. MS.

Stone in the reins. take the roots of red nettles and dry them, make them into powder, drink a spoonful of the powder in a draught of white wine, somewhat warme; it will break the stone tho never so great, and that with speed. Use this every morning till the stone and gravell be all broken and consumed. Also take a quantity of the water that drops out of the vine, or the gum that is found there, it being drunk in white wine doth marvelously expell the stone, MS.

To break the stone. Take the juice of saxifrage 2 pound, the juice of grommel, and the juice of parsley of each 1 pound: the juice of bettony, the juice of Nettles, the juice of
Ramsons, of each half a pound: strong white wine vinegar 10 ounces; the flowers and seeds of broome, and the roots of radish of each 2 handful: stamp the last well, then mix the same with all the juices, and therof distill a water. Of which take an ounce at a time, with oxymel diuretick (you may have it at the Apothecaries) use the same 9 or 10 days, if need be; it will break and avoyd the stone wonderfully. MS.

Another. Take white wine and make a posset of it: take of the curd, and boyl therin 2 or 3 parsly roots, clean washed and pithed, and a spoonfull of parsly seed; then sweeten it with a spoonfull of the syrup of althea: for want of that, take 1 ounce of the syrup of Limons. MS. probatum

Another. Take elder berries, when they are full ripe, dry them in an oven: beat them into very fine powder and searce them, take therof, as much as you can take up betwixt your 2 fingers, and your thumb, and putt it into a draught of white wine; drink it in the morning fasting, afternoon, and going to bed: continue this 10 days together, it will dissolve the stone. MS. 340.

Another. Take the stones that are to be found in the neck of an oxegall or an old Cow. make them into fine powder: take therof as much as will ly on a 6 pence in a little white wine in extremity; it will give ease. And to dissolve it, take 3 or 4 Mornings together in a week (and so continue for a Month) every morning, a little bread and fresh butter, with hony spread on it. probatum. MS.

Directions for preventing the stone.

Take heed of takeing cold; forbear strong water, stale hoppy drink, cheese, fish, beef: mutton is very good to prevent it: for -bear goose & Mallard. Eat in the morning or at dinner a mess of gruell made of pure water, fine Oatmeal, not powdered too small, but husked and bruised with currans, and some stoned raisins, and a good lump of fresh butter: or gruel made of half spring water, half milk, with butter; let it not be too thick. This is found to be excellent good. purge choler (if you fine your self much inclined to it) abundantly, in ffebruary and march, and the begining of September: else it will breed to a stone presently: that humour being then prædominant. It is very good to purge with Cassia ffistula. Once, or if need be, twice a week take 3 or 4 pills compounded of
Cyprus Turpentine, and the best Outlandish Rubarb, before you go to bed. It is good to eat veal, especially the rack, and broth made of it, with violet and strawberry leaves, and succory, some parsley roots, fennel roots, & sometimes Marsh mallow roots, of each a small quantity, about half an ounce, with some liquorice sliced. You need not constantly tye your self to this broth, onely 3 or 4 dayes before the new and full moon: and towards the end of the boyling your broth putt in 3 or 4 spoonfulls of White wine. But veale and ordinary broth of veal is good at any time. When you have a minde to have your veal rosted, cut off the brown, and eat the pale next the bones, and gristles: and suck the gristles of a brest. Pig, lamb, chickens, Turkyes, pullets, are very good for this distemper. Prunes stewd in spring water with sliced liquorice, and sugar, 6 or 7 twice a day, or if once, with 4 or 5 spoonfull of the syrup is excellent for prevention. plain thinn ale without hop must be your drink, and in the morning and between meales mix with it some Nutmeg shaved with a knife, powder of liquorice, and good hard sugar. It is also good to

boyl a slice of Lemmon in your broth, and now and then to put some juice of Lemmon into your ale. probatum. Mr ffox . MS.

To break the stone and make it voyd in gravell. Rx the hard row

(rowle) of the red herring: dry them and beat them to powder. take a spoonfull of the powder in drink when you feel paine. use it oftener then once when the pain is on you. MS. Lady Byron Or, Rx the inward skin of the gizzard of a pigeon, scrape it clean, dry it to powder. drink it in drink. probatum. Ibid./ (341

ffor the stone. Rx lett (leat) and beat it to fine powder, then take Broomseed, parsley seed, Alexanders seed, red oker and venice turpentine: beat all the seeds, with the red oker and lett to a fine powder; then make a posset with white wine, or good ale and putt the powder into the posset ale: and take it in the morning fasting, or at night when you go to bed: and if you be able travail a little after it. You must putt the Venice Turpentine into the posset ale. probatum. ibid.

Another. Rx as much Rhenish wine as will make a good pos-

-set, so as therof you may have a pinte of posset drink. mix your wine with the yolk of an egg, and a good quantity of sugar and safron: put into your posset drink
half an ounce of Castle soap: drink it morning and
evening. Dr Smyth. ibid.

ffor the stone most excellent. Rx Spermaceti (permisitte)

4d Worth. cloves and mace a penny worth: small pepper
1 penny worth. bay berries an half penny worth: 3 date
stones. 1 handfull of wild sage. as much red fennell,
3 acorns. 3 cloves of a lilly root, and burn 3 oyster
shells in the fyre, till the white divide it self from
the rest: then take the white therof and putt to the
things before named: the liquorice, anniseeds, sage,
fennel, acorns, lilly root, cloves, mace, bay berries,
pepper, date stones, must be dried at the fyre and beaten
in a mortar, to fine powder and then mix the sperma-
ceti with the same powders, and drink a spoonfull of
the same powders in beer ale or broth, warm, first
and last in time of extremity. MS. Lady. Byron

ffor the stone, excellent. Rx syrup of Marsh mallowes,

(such as grow in marish grounds, the Apothecaries
call it Althaea.) ℥ i. put half of that quantity into
a little posset ale, and drink it at night warme,

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and the other half take likewsies the next morning fasting.
This you may use in this sort twice or thrice in one Week,
or after at your pleasure. probatum. M.S. Lady Byron

To cause urin, and consequently good for the stone.

Rx a good quantity of parsley chopt a little and then bruised
in a mortar: strain it through a linnen cloth, and
take of the juice therof to the quantity of a quarter of
a pinte, or more: add thereto as much ale, and some
Rosa solis, and drink it oft. probatum. M.S. Lady Byron

A soveraign remedy for the stone. Rx. Red shank or Arse-

smart, an herb that is red, and take of the reddest:
it growes in wett grounds: distill it and take the
quantity of 2 spoonfulls at the most, at a time, of
it self, once in a month: you may putt some sugar
to it: keep warm after it. ibid.

ffor the stone. Rx. half a spoonfull of Sal prunell. put it

into a good draught of White wine posset drink, drink
it in a morning fasting; use it as often as you need
ibid.

A water for the stone distilled in May. Rx pellitory of the Wall, Saxifrage, parsley, Mother of time, ana .5. 12 Radish roots if they be small: the herbs must be stamped and the herbs sliced, and lay them to steep in a gallon of new milk 24 howers, then still them with a soft fyre. Take 6 spoonfulls of this water, and as much white wine bloud warm with a little sugar and a little Nutmeg shred in it. Take it 3 mornings together once in 3 weeks, fasting: eat nothing an hower after. ibid./

ffor the stone. Drink juice of Limons, with white or Rhenish wine and sugar, fasting, thrice a week: it also strengthens the heart, stomach and witts, resists poyson, expells melancholy, and causes a sweet breath. ibid./
pare radish roots, and put them in dishes with unclari- fied hony; let them stand all night, and in the morn- ing eat 9 slices, fasting; the next day 8, the next day 7, and so to one, to break the stone. ibid/

An infallible cure for the stone or stopping of Urine. Rx Hive bees, smother them and dry them to powder, take the quantity of 15 bees in a spoon with white wine, and drink a draught of white wine after it. - Another. Syrup of Lemons 1 ounce, oyl of sweet almonds 1 ounce. White wine 4 ounces. mingle all together, warm, and drink it. ibid./

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For the----------------Strangury.

vide piss----------------to cause.

Take a pinte of good Aqua vitæ, a good handfull of Ivy leaves into it: keep the vessel well stopt, and the Ivy leaves will consume. drink of this 3 or 4 spoonfull at a time, morning and evening 5 or 6 dayes together: it will help marvelously. MS.

Another. Take the inner rinde of the yong branches of a hasle tree,

seeth them in small ale till half be consumed; drink a good draught of
it first and last, 8 or 9 dayes together: it never fayles. MS.

Another. Take the berries of bryony, and make them into powder and put them into the water wherin water cresses have been sodden. drink of it, for it helps mervelously. MS.

Take 3 spoonfull of Claret wine, it is better if it be with the lees, put to it 3 spoonfull of fayr water, with a sprig of rosemary, half a spoonfull of the hardest sugar, and drink it luke warm. Mrs Mullenax . MS.

Another. Take a goose tong, dry it to powder and drink it. MS.

Wormwood water being drunk causeth one to piss soundly, and voyd all bad humours out of the body: ibid./ it being drunk morning and evening causeth a good colour and fresh Countenance: ibid.

ffor the Strangulion. Take raddish leaves & boyl them in ale, give them to drink & it will cause yawning. ibid.

To cause one to piss. Take parsly; seeth it in wine & drink it. ibid./

A present remedy for stopping of ones water with pain, as if one were troubled with the stone . Take Candle grease, and rub it well into the navle: it will ease within a quarter of an hower. ibid./

An excellent medicine for the Strangury. Rx of the blowth (blossoms) of broom 6 ounces, blossoms of furse 6 ounces, of hysop 6 ounces, of Coridall flowers six ounces; pownde these all together in a mortar, & then putt to it the yolks & whites of 6 eggs, (Note, before you should putt in plantain and Angelica, ana 6 ounces) and of (Cloor? ) water (I think it is clear water) 2 ounces: of the hoof of a goat 1 ounce: putt all these in a common still & distill it the dose is 2 spoonfulls. This is an absolute cure: It will heal green wounds exceedingly. Old MS./
Surfet to help.

A soveraign medicin to purge the stomach of a surfet, by way of digestion or Vomit. Take a pottle of Rosa solis, which must be gathered in Iune, pick the Moss well from them, not washing the sayd Rosa Solis; then put them in a pottle of good Aqua Composita, with half a pound of fine sugar well beaten, and 1 pound of dates well beaten, and half a penny worth of grains beaten. and half an ounce of pearl. Then put all these together in a great belyed glass, and cover it close that there come no ayr out, and sett it in the sun, the space of a Month: then take it and strain it through a cloth: and so let it stand for use. Never give above 2 spoonfull at once: in case of necessity you may give it to a sucking child, if the stomach be over charged with any thing. (but in a less quantity to them then to aged people) if you put in 12 penny worth of beaten gold it will do well: this must be made in Iune. MS.

The Lady Allen s surfet Water: good against the small pox, Measles, plague, or any Infection or Surfet.

To be taken warm with a little sugar for an old body, 7 or 8 spoonfulls of the first: for a yong body 4 or 5 of the last drawing.

Take sage, Selandine, Rosemary, Rue, wormwood, Mugwort, pimpernell, Scabious, Carduus benedictus, Egrimony, bettony, Centuary, Dragons, Rosa Solis, Scordium, balm, mint, Mary gold flowers, and leaves; St Iohns Wort flowers and leaves, Medesweet, of each of these one handfull: the Roots of Angelica, Gentian, Piony, Enula campana, Tormentill, Zedoary, liquorice, of each of these roots half an ounce.

Pick the herbs, and wash them very clean, and shake them dry in a clean napkin: shred the herbs and slice the roots and putt them into an earthen pot with a gallon of white wine: stop it close and bury it under ground 2 dayes, and 2 nights, or sett it in a Cellar or some cool place, where the sun may not come to it: then put it into a still at twice, herbs, roots and wine altogether: keep the first 2 drawings by themselves; they will be each of them a pinte: in all it will be a gallon: the 2d drawing mingle together, and that will serve for Children. MS.

Another way to make this water stronger.

Take a strike of good malt, of which make 4 gallons of ale wort, and put half a handfull of hopps into it, to
keep it from changeing: when it is cool, put barme to it, let it work all night, and in the morning putt in the herbs, and the next day still it off in an ordinary Still. If you would have it yet stronger, putt to it a quart of brandy, and then you must keep wet clothes constantly on the still. If your wort be brewed any thing timely in the morning, then putt the herbs in at night, and still them next morning. MS.

An excellent Aqua composita for a surfeit or cold Stomach.
Rx. Rosemary M.j. Hysop, Thyme ana M.j. a good root of Enulacampana. Half a handfull of Sage: 6 good crops of Mint, as many of penny royall: half a handfull of horehound. 6 crops of Marjoram. half a handfull of red fennell: half a handfull of harts tong: half a handfull of Centuary: 2 ounces of liquo -rice well bruised: as many aniseeds: 1 ounce of Mace-
Then take 2 gallons of strong ale: shred the herbs and putt all these things together. Cover them close up in the Limbeck pott. Let them stand all night. Next morning sett it over the fyre. When it is ready to boyl take it off: sett the limbeck on it: so stop it very close that no ayr gett in. Still it out with a close heat. You may give of this water what quantity you please. MS. L. Byr .
Wormwood laid to steep in spring water and the water drunk is very good for surfeits and many other infirmities of the stomach, The Worm wood must be dried, and use onely the seeds and best leaves. Mr Slater ./

Ivy, (the Tree and Ground Ivy) the juice being snuffed up the Nose, purges the head, is admirable for surfeits or headache, or any other ill effects coming of Drunkeness. Wherupon the poets feign ed Bacchus to have his head bound about with them. The best way is to boyl them in the same liquor you gott your surfett by with drinking. Understand this of Trees Ivy. Culpeper ./ -
The syrup of Ammoniacum according to the Dispensatory, an ounce being taken at a time helps old surfeits, and all distempers of an over heated liver. Idem./

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Sweating.

To provoke sweat. Take an ounce of cummin dryed, and grind it to powder, mix it with oyl and anoyn the patients feet with it, and the hollow of his hand within. When he is in bed lay a cold
leaf theron, and hold the cloaths. probatum. MS.

To cease too much sweating. Take linseed, lettuce, of each a
like, stamp them well together, binde them to the stomach, MS.

To cause sweat. Lay some elder leaves and flowers
under the neither sheet. MS. Lady. Byron.

To sweat. Take 20 graines of Gascoignes powder,
in 2 spoonfull of posset drink. and drink a little draught
of posset ale boyled with Marygold flowers, and a
little hartshorn after it, and ly close to sweat. ibid./
An excellent sweat. Rx an ounce and half of distilled
?: putt to it these salts following. Hysop, Vitriol,
persicaria, of the great Osmond & Eringoes, of
each of these half a dram./ spirit of Vinegar half
a dram. Let them stand together in a glass 8 or 9
daies: then nypp it (mix it) & digest it in the
strongest heat of a Stove, & it will be a delicate
diaphoretick. Then take of this diaphoretick a
scrubple: putt to it of leaf gold a scrupple, salt of
pearl 6 grains: salt of corall 10 grains: pure
bezoar 12 grains: then grinde all these exceeding
well on a marble stone, & it is perfect. The dose is
11 grains in spirit of sack. It is an noble sweat,
expelling poysen from the heart, opening obstructions
of the liver & spleen: in a word it is a most pre-
tious medicine. - Old MS./

An exellent sweat for any disease. Rx. of gold re
fined in the Antimony horn 10 grains. Cacined
Sea horse pizzle 6 grains. Salt of Radish 3
grains: salt peter 3 grains: diaphoretick 2 grains
Bezor 6 grains: Unicorns horn 4 grains,
Civet 2 grains. Make all these into very small
parts & mix it well together. If you have none
of the pizzle take of the tooth. The dose is
5 grains in a spoonfull of sack: It is a mar-
velous fine sweat, and an admirable Universall medicine. - old MS./

Swellings Inflammations .........................to help. vide Impostume
To asswage a swelling: take fair water and salt, and stirr them well together; then wett a cloth, and lay it to the place. probatum MS.

for a swelling in any part of the body. Take smallage, water

cresses and Cheek weed, and hemlock, a good quantity, chop them all-together very small and seeth them in water: 2 winter dayes is little enough to seeth them in: half the liquor being consumed, put more thereto: and when you perceave they be sodden dry, put in a good piece of sheep suett, then take them out and grind them in a Mortar, then put it up in something to keep for a seavenight, and not above. When you use it, put to it some neats foot oyl, and lay it on the swelling, and renew it once in 24 howers. MS.

To asswage a swelling coming by a stripe or fall. Take your own water warm as you make it, wett a napkin therin, and hold it hard on the place, diverse times, and it will not swell nor look black. Hemlock water is very good for the same. MS.

for swelling in the fingers or else where coming of it self. Take chick weed and bran, boil them hott, and bath the hand in it. MS.

for any swelling that is like to be a botch. Rx Linseed, wheat flower and Holioke stampt together: fry them with sheep suet for a plaister: it will shrink away. MS. Lady Byron

Swolne knees. Take wheat flower, seeth it in water till it hold together, make a plaister. ibid./

To dissolve swelling. Boyl a good quantity of Elder leaves in milk, with the Crums of white bread, and a little barrows grease, and apply it: or mallows will do the same. ibid./

for swelling. Take 2 handfulls of ordinary docks, wipe them clean and wrap them in a piece of paper, wet them and lay them in the embers to roast, which will be done in a quarter of an hower. Take of the softest of them, and lay it on the swelling. ibid./

To mollify swellings, and to draw any impostume. The seed of Line and ffenugreek, made into powder,
boyled with the mallows, violet leaves, smallage & chickweed, till the herbs be soft: then stampt in a stone mortar with a little hogs grease, to the forme of a Cataplasme: lay it on warm morning & evening. ibid

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ffor swelling in any part. Anoyn with oyl of Danes wort. ibid./

ffor any pain or swelling. pare the nayles of both your hands, and cutt off a lock of your hair about an inch or 2 long: lap them all up in a peice of Paper, then bore a hole in an oak tree; stop it into that hole, so stop up the hole again, with paper; there let it rot, & let no body know of it: it will certainly cure & take away wens. ibid.

To allay any swelling or Inflammation without break-ing. Rx. 2 spoonfulls of Sallet oyl and 2 yolks of eggs & 3 penny worth of Safron: beat all these together, so spread it on flax & lay it to the place. ibid.

Mrs Booth s receipt to cure a swelling in any part of the body./

Rx half a peck of space. half a peck of sage, 3 handfulls of Water Cresses, 2 handfulls of brook lime, a handfull of harts tong, 12 Oranges, the rinde taken off, 1 dram of safron; add to this 2 handfull of Coltsfoot, 1 handfull of Agrimony, 1 handfull of Wood bettony, 2 penny worth of Liverwort; stamp all these together: then putt them into a bag, and putt them into an Earthen pott with 6 quarts of ale, and there lett it stand and work together 4 dayes: then drink of it every morning & night a good draught: and after meat, or any time of the day. When the ale is wasted put more to the same stuff & drink it as aforesaid. Add to this a handfull of Elder flowers, & 2 handfull of M^ounttain sage. ibid./

To break any swelling.
Take the yolk of a new laid eegg, & Wheat flower and some of the finest hony you can gett: beat all together, till it be well mixed: so lay it on. fresh morning and night: after it hath drawn it very well, it will heal it. It is good for biles or other sores. ibid./

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ffor swellings and the Kings Evill. vide Kings Evill.

Rx the blossoms of broom and still them, and let the party. drink a wine glass in a morning fasting. ibid./

To cure hard knobbs and Impostumes in the flesh.

Rx. a pinte of pure sallet oyl: putt to it a quart of strong vinegar; boyl it very well, then lett it cool, after it is cold, take away the oyl from the vine-gar. The putt to that oyl, Gumm Arabick half an ounce; gumma Lemnia half ounce, Mastick half an ounce, Mirrhe 3 drams: frankincense 3 drams, benjamin half ounce, storax 3 drams: Oyl of wax 1 ounce & half: boyl all these together, & when it is boyled, putt to it a quart more of Vinegar: then putt it in a retort, & distill it in arena, with a very strong fyre, and you shall have a fine red oyl, wherewith anoynt the place grieved. This is also excellent for shrunk sinews, dead palsies & Cramps, & aches, & is an excellent medicine. - old. MS./

A Pultiss for one that had a swelling in his Codds, and it was lanced by an unskillfull Chirurgeon.

Rx. White wine a quart, putt to it sorrel, sage, rosemary, ana ℥ i Woodbinde leaves half an ℥. Nicotian half an ounce or of Tobacco 3 drams. Boyl it in a close decoction, & press it out when it is cold. With this water spowt and wash the wound, then binde the herbs for a pultiss to the swollen place. It will heal. - Old. MS.

Pilewort or the lesser Celandine, it is called by both those names: an oyntment made of it cures a sore throat when the almonds of the ears are swelled, & inflamed, & will take down most swellings. MS. Lady. Byron ./

The Emplaister of Ammoniacum, according to the Dispensatory softens and asswages hard swellings, and scatters the offending humours: applied to
the side it softens the hardness of the Spleen.
- Item Mark where a swine rubbs himself, then
cutt off a piece of the wood and rubb any swollen
place, it will help it. Note. Where the log rub-
bed his head is good for the head: where his
neck, for the neck &c. Culpepper ./

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Swounding fitts in women with child, or others.

Take the secondine or after birth of a healthfull sound woman,
of a boy for women, of a girl for men; as it comes from the
person: slice it and dry it on paper in an oven. When it is
well dryed, beat it and searce it to fine powder. When you per
ceave any symptome of the fitt comeing; they must have a goos
quill prepared ready, that is cutt from the feather, and layd in
the paper, or otherwise ready, fill it full of the powder, and
so suck it up dry as it is, and if you can walk after it,
but by no means drink after it: this is proved; and is al-
so good for the falling sickness. probatuum. MS.
Borage is very good to help swooning and heart
qualmes, and breeds very good bloud. - Culpepper ./
The smelling to lavender helps swoonings and the
falling sickness, if a feaver do not attend it. Id.
Half a spoonfull of Aqua Imperialis according to
the London Dispensatory strengthens and comforts
the heart against faintings and swoonings. Idem.
A spoonfull of Syrup of Cytron pills, according to the
Dispensatory strengthens the heart, resists the Passions
of it, palpitation, fainting and swooning, and helps
the Vitall spirits. Idem.
The powder called Pleres Arconticon Nicolai, de-
scribed in the Colledg Dispensatory. It will keep
best in an electuary; and a dram at a time taken
in the morning by such as are prone to swooning
and fainting fitts, is very good. Idem./
The Vertues of the herb Balme are, it makes a
merry lightsom heart, and is excellent for those who
faint away in swoonings. Idem.
The best way to use Borage in this distemper is
to candye the flowers, or make them into a con-
serve. The herb is never to be kept dryed, but
to be used green. Idem.
Epithymum or Dodder of Thyme is accounted
most Effectuall for Melancholy diseases, and to purge
black or burnt Choler, and for trembling of the
heart, and fainting and swooning. Id. Gentian
or ffellwort strengthens the stomach exceedingly,
preserveing the heart from fainting or swooning.
Motherwort is also called Cardiaca, and there is no better herb against Melancholy Vapours and strengthen the heart. It may be kept in a syrup or Conserve. It helps the trembling of the heart; and fainting away. Idem.

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Remedies for I..........................the teeth.

To keep them from Rotting. Take sink foyl, woodbine, plan tane leaves, of each of them a handful; 3 or 4 crops of Rosemary, Break all the herbs in sunder, and putt them into running water, let them seeth 3 or 4 walms; then put thereto a little quantity of roch allum, and let it seeth till the water look green, and the strength of the herbs be sodden out; strain it, and wash the mouth morning and evening. MS.

Another. Take salt in a morning and hold it in your mouth under your tong, till it melt and consume to water: rub your teeth with it: it will keep them from rotting & wormeating. probatum. MS.

To fasten teeth. Take mints and lay them in wine, then wash them, and lay the leaves among your gumms, and let them ly a while for 3 or 4 mornings. MS.

Another. Take hartshorn and burn it, put the ashes into a linnen cloth, lay it to rotten teeth, it will fasten them. MS.

To whiten teeth. Take Chrystall, corwall and dragons bloud, an ounce of each: pound them together, make therof an Electuary with hony of roses; so rubb the teeth. MS.

Another to make them white and sweet. Take the powder of sage and the shavings of Ivory, put them into the juice of Lemons; rub your teeth therwith evening and morning. MS.

To draw teeth. Take spurge, pellitory of Spain, smallage, the dung of a raven, or crow, galbanum, the brain of par
triges, and also a frog, of each a like: burn them altogether in a new earthen pott to powder, with a little of this powder touch the tooth you want have fall out: but touch no other. MS.

Another. take an earthen pott and fill it with ant eggs, and

with ants themselves; set the same in hot embers so long till all be burned to ashes. Touch the tooth with this powder and it will fall out. MS.

Teeth worms or canker to kill. Take an egg layd on a thurs-day, empty it, and then fill it with salt, so sett it on the fyre and let it remayn there, till it may be made into powder: rub the teeth with this powder. probatum MS.

Tooth ache

Take a quantity of sage, a little Rosemary, a little tansy, rew, honysuckle leaves, pepper, bay salt, and hony: stamp them alltogether, put them in a clout and lay them to the teeth. Mr Thorowgood . MS.

Another. Take of strong ale or beer 1 pinte, a spoonfull of

Aqua vitæ, a farthing worth of case pepper, half a dozen leaves of red sage, a little sprig of Rosemary: boyl

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them alltogether to half a pinte: so wash the teeth as hott as you may suffer. MS.

Another. Take a posset turned with allom, put the curd with a little but ter together in a rag, tyle it round like a little button, lay it to the tooth. probatum. MS.

Another. Take 20 leaves of Ivy. (or Rew) a little long pepper,

boyl them with a handfull of Salt in old wine: put the liquor when it is boyled well, into the mouth, on that side the pain lyes. It cures for ever. Also take the juice of ground Ivy, put therof into the ear, on the pained side; it will ease the pain. MS.

Another. Take a peece of Alabaster, burn it in the fyre till it look

Red hott; then putt it in sack and let it dissolve therin: take therof in your mouth, as hot as may be. probatum. MS.
Another. Take 2 or 3 spoonfull of honey, a good handful of Camomill, shred it and putt it into the honey: boyl it therin, till the vertue be consumed: then as hott as may be, drop a drop into the contrary ear of the head. MS.

Another. Take a burrage leaf, that grows next the ground, stamp it and strain it: powr a little of the juice into the contrary ear cold: but if the cheek be swelled, drop it into the ear on the same side. MS.

Another. Buy at the Apothecaries, pills of Cochæ, half a dram, let them make it into 5 pills, let the party swallow them in the pap of an apple; and after them drink posset ale sweetened with sugar, and keep the ordinary diet. Stirr not out of doores that day, and at night take Tobacco, and put it in the nostrills till they sneez 6 times: and if thy can take Tobacco in the pipe, and drink not after it till morning, but onely sweeten their mouth with sugar candy. MS.

Another. Take 1 handful of ground Ivy, speer mint and salt of each 1 handful: stamp them all a little together, then put them in a pinte of Vinegar, seeth them well over the fyre, strain it well and put it in a close glass. When you use it, take a spoonfull and put it into that side that akes; and hold down your cheek that it may descend to the roots of the akeing teeth: it will presently ease. MS.

Another. Take juice of hore hound, 2 or 3 drops, and when you are in bed put it into the contrary ear: it will give present ease. probatum. MS.

Another. Take a pint of Verjuice, and as much Roch allum as the bigness of a wallnut, boyl them together a while and take of the scum; then put in about 16 cloves, and 30 leaves of Rosemary: boyl them together to a gill: take it very warm in bed at night, lying on that side which the pain is on, washing your mouth therewith. probatum. MS.

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Toothache. Rx. Euphorbium 1 penny worth. staves acre 1 half penny worth: pellitory of spain 1 half penny worth. with vinegar. If the tooth be rotten take a little oleum Origani and putt it into the rotten tooth. - Item. Rx leaves of Cylandine, stamp them with honey and make therof a plaister and apply it to the sore cheek. Bannister Lady Byron.

Toothache. Rx. Tobacco, and hold it between the Cheek and the jawes, it helpeth the Rheume. ibid./ To preserve teeth, use rubbing with Rosemary ashes, or salt, and with vinum or Acetum Scilliticum. ibid.

for corrupted teeth. Rx. of Tobacco in fine powder, & also of the ashes well burnt. of each 8d weight. cloves in powder 6d weight. burnt allom 4d weight: sett-well 3d. bolearmoniack 6d weight: make them all into fine powder, and work them together well with honey clarified. Wash your corrupted teeth with vinum Scylliticum, and dry them with a cloth, upon a tooth pick: at your going to bed fill them with the former medicin; if it will stay in you may use it in the day. Continue it a month together, it will cleanse the Corruped bones, and prevent further corruption. Afterwards use it once a week. ibid./ Capp paper is good to scowre and strengthen the teeth to rubb them with it fasting in a morning ibid. Angelica water put into hollow teeth cures the ache. ibid.

Tooth ache. Hold a clove of garlick in your mouth, when it cometh of a cold cause. ibid./ To draw out a tooth without paine, rub it and none other with the powder of gum of Ivy. ibid./

Toothache. Hold mirrh under the tongue, and eat sage every day twice or thrice. ibid./ The brain (bran) of Olives, fastens loose teeth. ibid.

Tooth ache. fill the tooth with a piece of radish root; or rubb the teeth and gumms therewith. ibid./

Teeth yellow. Mix Rye meal, salt and honey, of each
a like quantity: rub the teeth therewith 3 or 4 times 
a day: and then wash them with water. ibid.
Tooth ache. Seeth rue in wine and apply it: or burn the
stalk a little and putt it in the hollow tooth. ibid./

Tooth ache. chew the root of Rosemary, or hold the

juice in the mouth. ibid./

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A Receipt to preserve the teeth far better then powders,
which shall fasten them, scowre the Mouth, make fast
the gums, and cause the flesh to grow again if it
were fallen away . - Rx half a glassfull of Vinegar,

and as much of the water of Mastick, bolearmoniac,
dragons herb, Rosemary, Mastick, Roch allum, of each 1
ounce: of fountain water 3 glasss fulls; mingle all
well together and let it boyl with a soft fyre, adding to
it half a pound of hony and takeing away the scum;
then putt in a little benjamin, and when it hath
sodden a quard ter of an hower: take it off and keep
it in a clean bottle, and wash your teeth therewith,
as well before meat as after. ibid./
Walnut tree leaves green are good to rub the teeth with
to make them white. You need not use any thing
else while they last green. ibid./

The toothache. Take a brass ladle, sett it on the Coales,

when it is hott take it off, putt in some sugar: when
it melted putt to as much beaten pepper, as
will make it into a paste. You must putt some of it
into the tooth if hollow: if not, hold some of it
between your teeth. It drawes Rheume exceedingly.
ibid.

Tooth ache. Take pepper and stamp it, and temper

it with good wine; supp it into your mouth as hott as
you can; hold it till it be cold: use it often. ibid./

ffor stinking teeth or a stinking breath, Take 2 hand-

full of Cummin seed: stamp it and seeth it in wine,
drink it 15 dayes together. ibid.
Gumms imposed. Chop red sage and rosemary small, and heat them with a little hony: and apply them to the sore tooth to ease the pain. ibid.

ffor yellow teeth. Chop 1 handfull of sage with as much salt; put them into past, and bake them dry, rubb therof within a linnen cloth. ibid.
putt tar into a hollow tooth, it will break it, and ease the pain. ibid.

Teeth to whiten, Knead a cake of Barly meal, and Vi-

negr, burn it on the coales, rub the teeth with it, or the powder of it. ibid.

Teethache. boyle 4 bayes in wine, & hold it in thy mouth. ibid

Item. Putt bay salt in a cloth, lay it in Aqua Vitæ,
putt it between the cheek and the gum. ibid.

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Thorn to draw out ...................... vide Ioynt prickt.

Throat sore. vide cold .

Take new milk and butter sodden together, gargle with it, as hott as you can. MS.

A sore throat comeing of Rheume . Take an amber bead, putt it on a bodkin, so burn it in a wax candle; gape over the smoke of the bead, when you go to bed. MS.

A sore throat . Take figgs, tost and eat them: it is a present Re-

medy. MS.

Swelling in the throat. Take Salendine, stamp it and strain it with ale or milk, and drink it. MS.

Apply to ffor pricks with thorns apply poplpody with swines
for a soar throat. Rx. Quince seeds half an ounce: infuse them in a pinte of Plantane water for 2 howers. then give them a gentle boyl, being close covered: let them stand for one hower, then straine them strongly: and to every 2 spoonfull of the Mucilage add 1 spoonfull of Syrup of violetts. Let gently glide down one spoonfull at any time when your throat is sore or inflamed. ibid. /

for the almonds of the throat and Uvula; Gargarise with a decoction of primrose flowers sod in vinegar. ibid. /

Soar throat or Mouth. Boyl 5 leaved grass and plantane in fair water, long: hold the mouth over it and wash with it. ibid. /

Swelling in the throat. Decoction of Divells bitt to gargle. ibid. /

for vapors in the throat and a sore there. Rx Scabious water 8 ounces, Aqua vitæ 2 ounces, Sugar candy 4 ounces in fine powder, Mix these together in a glass, and take thereof 2 spoonfull warm at night going to bed. Wett a little linnen cloth in 3 parts of the water and one of Aquavitæ and apply it warm to the throat outwardly. ibid. /

A sore throat, or swelling about the Chaps: Anoynt it with oyl of Danewort warm, and rub a cloth upon a sandy swines back, and lay it upon it. ibid. /

A Iulip for a sore throat. Rx 3 or 4 spoonfull of plantan wa-
ter; 1 spoonfull of wine vineagar: 1 spoonfull of hony of Roses, mix them well together: drink a spoonfull at a time & gargle oft with it. ibid.

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Thrush in the mouth. v. mouth sore. Canker.

Take a little scarlet and burn it to powder, blow it into the
mouth with a quill: it it be an old body, mingle it with a little burnt allum and a little fine sugar. MS.

A medicine to kill any Canker or creeping tetter, Rx

juice of Sage, set it on a chafing dish, & when it hath boyled a while, put thereto as much English hony as will make it sweet, and a good quantity of green Coperas, (or for want of green take white: but more of that than of the green) boyl them together till they be somewhat thick, then wash the canker or tetter. If it be in the throat or nose where you cannot reach it well, winde a cloth about a stick, and so hold it to the sore. If it be for a hole-open-sore, that hath a core in it, put of this medicin into it, & wett lint in it & lay theron, & this will kill the greatest canker or tetter that is. - MS. Lady Byron

The distilled water of Bistort, or snakeweed is very effectuall to wash sores or cankers in the nose or any other part if the powder of the root be applied thereto afterward. Culpeper ./

Tetter. v. Ringworme. Itch.

Take new linnen cloth, burn it in a fyre shovel; take the oyl that cometh off the same, and anoynt the place. MS. Rx. Iuice of pellitory of the Wall, anoint it oft and let it dry in: then take more of the pellitory and let it ly 12 howers in water, and then when you have anointed it with the juice, wash it of with the Water: use it thus often and it will heal it in few dayes. - or else. Rx the Iuice of Woodbine Leaves, anoint the place there with and let it dry in: after wash it off with Your Morning spittle. M.S. Lady Byron .

Rx. Oyle of Guaicum, anoynt the uttermost part of the sore with it, and when it healeth anoint it with oyle of Eggs. ibid./

for a Tetter. Stercums leporis mixtum cum aceto, si ex eo

unguatur impetigo curat eam. ibid. Or Rx. half a pound of White coperas, a quart of white wine, boyl them together till the coperas be melted and cold: rub the tetter with a cloth till it be red, and moyst it withall, then let it alone, till the next day; and if it be a great tettar, take no more Wine than will melt the coperas. - or stamp a red dock root, mix it well with Vinegar, and anoynt the tettar or ring worm with it. - or take the gum of plum-tree or cherritree, dissolve it in vinegar, and rub the place therewith. MS. Lady Byron .

ffor Veins broken in a mans body. Take avens, and rew, stamp them together: mingle the juice with stale ale; drink it. MS. Mix sage water with peacocks dung to stay the fresh bleeding of wounds, being bound about with moss and Cotton. MS. Lady Byron

ffor a vein that is cutt. Take clean linnen, burne it, and mingle the powder with the white of an egg: and lay it to: and when you take it off, wash the place with the parties own water. ibid.

ffor a vein that bleeds. Wash Rew, stamp it & lay it to it, and lambs wool upon it. ibid

ffor a vein hurt with letting bloud. seeth rew in water & lay it to: and lay unwasht lambs wool on it. ibid.

Something to be noted concerning Issues.

The root of an Ash tree cutt into peeces, will make an issue run as long as one hath life in them. MS. Lady Byron

An Issue is a little Ulcer made by art in a sound part of the body, by a red hot iron lancet, scizzers or Corrosive Medicine, to evacuate superfluous humours, and so either prevent or cure diseases. Let them be made between the Muscles, not in the beginning, middle or end of a Muscle. If you make an issue in the head, let it be in the middle of the Coronal suture: in the neck between the shoulders; if on the arm, about the middle space between the shoulder & elbow towards the outside. If on the thights let it be on the Inside 2 or 3 fingers breath above the knee: if on the leg, as much below the knee. They are made by Incision, Caustick, or burning. By Caustick, which is most usuall, it is thus made. The place being first marked with Ink, apply a plaister with a hole in the middle over it; in which hole putt the Caustick over the place marked: over which lay another plaister. after 3 or 4 howers, take off the Emplaisters and Caustiks, and apply on the Es car a plaister of Diapalma, dressing it twice a day
that it may the sooner separate. ffor the Caustick you
may use Lapis Infernalis, or that of Sylver mentiond
by Salmon. The Escar being fallen, putt into the
hole a little ball of Wood, wax, Elder pith, Sylver,
or a pea: which must often be taken out and renewed:
applying over onely green oyld cloth. If the Issue should
grow up, make balls of Gentian, Hermodact, Orrice.
&c. If scalding humours flow, apply to it Unguentum
album Camphoratum, mixt with an equall
Quantity of Populeon. - Salmon./

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Vapors or fumes.

To hinder vapors ascending after meat. Take sweet ffennell
seed 1 dram, coriander seed prepared, 2 drams, sugar of roses
made in tables, and then powdered half a pound: white bread tosted
and made in powder, and of Mastick in powder, of each 1 dram
make it all in powder, and eat of it after meat. MS.

ffor hot vapours. Take sorrel 2 handfull, raisins of the Sun

1 handfull, boyl them in rose water till they be plump; then take
out the sorrel and raisins, stone the raisin, then eat the sor
rel and raisins twice a day: Also eat conserve of succory flow
ers fasting, and at 4 after noon. MS.
Heart Trefoyl, so called because the leaf is trangu
lar like the heart of Man, and each leaf hath the
perfect Icon of an heart, in a flesh colour. It is
as great a strengthener of the hear, and cherisher
of the Vitall spirits, as growes, and defends the heart
from the noysom vapours of the spleen. Culpeper./

Venemous beasts biteing. vide. Mad dogs
biteing

Gentian is very good for: some use it like a Tent
to open the sore. Culpeper./ Item garden & wilde par
snips. - The smoke of Iuniper wood drives out
serpents. - Southernwood applied outwardly is plaister
helps the biteing of venemous beasts - Consolida Re
galis or larksheel resist poysion, and help the bite
ing of Venemous beasts. - Item Coronaria, Cotton
weed, chaffweed or petty cotton - Cynoglossum
or hounds tong is a present remedy for one bitten by
a mad dog. Some say if you putt the herb under
your foot within your stocking, no dog will bark
at you. - The leaves of Ash trees are good for
the biteings of serpents. - Masterwort helps the biteing of mad dogs - Mallowes help the biteing of venemous beasts, and stinging of bees & wasps. - Bawme mixed with salt and applied outwardly helps the biteing of Mad dogs and venemous beasts - Mints outwardly applied. for biteing of Mad dogs. - Flea bane helps the biteing of Venemous beasts. - The roots of butter flowers appléd to a plague sore, or the biteing of any Venemous Creature doth notably draw away the Venom to themselves - Item Rue - Cummin seeds help the biteing of venemous bessts. - Item the seeds of Ammi or Bishopsweed. - A Saphire stone is very good for the same purpose - The powder of Bezoar stone putt on wounds bitten by venemous bessts, draws out the poyson. Culpeper.

recto of insertion after page 358

Blacking for Shoes -

Half pdr very coarse Sugar
3 Ounces Ivory Black
A Quart of small Beer
well mixt together.

verso of insertion after page 358

Blacking for Shoes

Take an ounce of bees wax, 2 ounces of beef suett. melt them together, & add as much Lamb black as is sufficient, & Keep it in a strong - blew paper for use.

Blacking for Shoes

Take a quart of Water, & dissolue in it 2dr of Gum Dragonth, when it is dissolued put to it as much Lamb black as is sufficient.
A Quart of Strong Beer.
2 oz of Ivory - Black.
2 oz of Sugar Candy. well boiled and then a Piece of Fat put in & when cold, stirr'd
Venemous beasts: biteing. vide biteing.

and biteing of a mad dog.

Biteing of a mad dog. Pare a radish root, and seeth it in wine: stamp it and apply it: It will keep the hole open and draw out the venome. If you stamp the leaves therewith and apply it, it will be better. MS. Lady Byron

The leaves of Dwarf Elder or Wallwort applied to the place help Inflammations, burnings, scaldings & the biteings of Mad dogs. Culpeper /

Garlick is good against all poysoon and the biteing of Adders, Toads, spiders. Idem. Also Sowes bread outwardly applied to the place helps all biteings of venemous beasts. Item Burdocks bruised and mixt with Salt and applied. Item onyons bruised and applied helps the biteing of mad dogs. Item vipers bugloss or wild bugloss, either boyld in wine and drunk, or bruised and laid 2 / place, is good for those that are bitten by venemous beasts: and the root carried about one keeps a man from being stung. Culpeper /

Vines to preserve from worms.

Take of Seacoale and mix it with oyl, and it will be soft: with which anoynynt the vines: it kills the worms. MS.

Ulcer to heal. Sores
Pro ulcers virulento. Rx. 4 ova ad duritiem elixa: vitel-

los tere diligenter, tum affunde aquæ vitæ li b ij. alu-
minis. ʒ s. Camphure ʒ ii. &=#198;ruginis rafilis ʒ s. for linimenta aqua inbuta; applicentur ter aut quater in d?? ulcери; quando vero ulcvs purum est et caro regeneranda hinc adde mirrhæ et aalies ana. MS. Lady Byron

Putt the juice; water or powder of Angelica into old deep Ulcers to cover the bones with flesh. ibid./ it likewise cleanses and heales them and cankerous sores./ ibid

Olives applyed with honey cleanse ulcers, and asswage all other humours and swellings. ibid./
To cure an Ulcer; Take unslaked lime, put it into a
kettle of water, set it over the fyre and let in boyl
an hower: then take it off and let it stand till it be
cold; if there by any scum take it off, then take
off the cleer water that is on the top, put it into a
glass and keep it for use. When you use it, first wash
the wound with the same water; then take some fine
linnen cloth, and dip it into the water,
To cure any scratch with a pin.

As soon as it is done lay a little ear wax on it, and do not wipe it off presently. / ibid. /

To skin a sore. Rx a handful of penny royall, as much sage; boyl both together in butter: strain them, spread it on a paper and lay it to the sore. ibid. /

To cure any knock, tho the skin be rubbed off.

Take the skin of an egg shell, let it stick on till it rubb off, it self. ibid.
Alkanet made into an oynment, is very good for old Ulcers, hott inflammations or burning by common fyre. Culpeper . - Adders tong or Serpents tong, the leaves being infused or boyled in oyl Of phacine, or oyl of unripe Olives, sett in the sun for certain daies, or the green leaves suffici-ently boyld in the same oyl is made an excellent green balsome, not onely for green fresh wounds, but also for old inveterate Ulcers, especially if a little clear Turpentine be dissolved therin. Idem.

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Uncome. vide felon. Blast. Burns. /

An uncome is a swelling that allwayes begins upon a joynt. Take sage and rew, of each a handfull, take fatt resty bacon and 2 fatt black snayles, beat all together till they come to a salve: apply it: it will draw, ripen, and heal. MS.

Another. Take of the juice of plantane 2 spoonfull, and the white of a new layd egg, 2 spoonfulls of wheat flower, a spoonfull of hony, beat them well together, and keep it close in a glass. MS.

ffor an uncome or felon. Rx chalk, shave it, Rye bread crums, soap, fresh butter; mix allltogether like a paste, lay it to it: shift it twice a day, and it will cure. M S. Lady. Byron. /

To Cure a blast. Take the molds of the grave
last made; boil it in a black cows milk: wash the face in the milk, and lay the molds to all night. ibid./
The leaves of Clary used with vinegar, either alone or with a little vinegar-hony, helps h'ott inflammations, boyles and felons, and the h'ott inflammations that are gather'd by their paines, if it be applied before they be grown too great. Culpeper./
Nayl wort or Whitlow grass, is somewhat like Chick weed, and growes on old Stone Brick walls, after the end of April they are not to be found. It is held excellent good for those impostumes in the joynts and un -der the Nayls, called Whitlows, felons, Andicones & Nayl wheales. Idem./
The juice of Purslane mingled with oyl of roses is good for blastings by lightening, or burnings with gunpowder. Idem./
The flowers and herbs of the herb called Ladies Bedstraw, (cheese rennet, because it performs the same office, also Gallion, Pettimugger, Maids hair -and by some Wild Rosemary) being made into an oyl by being sett in the sunn, and changed after it hath stood 10 or 12 daies, or into an oyntment being boyld in axungia or sallet oyle, with some wax melted therin after it is strained, either the oyle made therof or the oyntment, do help burnings with fyre, or scaldings with water. Culpepper./
The juice of the White Beet helpeth burning, being used without oyl, and with a little allum putt to it, it is good for S. Antonies fyre, wheals pushes, blisters, blaines. Idem./

362. Vomiting to cease.

To cease vomiting. Take red mynts, and womans milk brayed, and stamped together: give it the patient to drink cold. MS

For those that cast up their meat, by reason of a weak stomach, Take the neither crust of brown bread, dry it well and leisurely at the fyre; steep it in strong vinegar a little while: then take it out and spread on it the powder of cloves: warm it again and ty it about the Mouth of the Stomach. MS.

To cease vomiting. Take the seed of Mallows, and drink it with
red wine. MS.

ffor one that vomits much. Take roses and boyl them well in good strong white wine vinegar; make a plaister therof and lay it to the patients stomach. MS.

To stay vomiting. Take rew and strip it, temper it with white wine, and drink often of it warm. probatum. MS.

Another. Take sliced ginger, boyl it in spring water, till the water look red: sweeten it with sugar and drink of it. MS.

Vomits to make

A speedy vomit. Take the bark of Elder tree stamped, & putt in warm water: stirr it, and drink it. MS.

A gentle vomit. Take of White wine or sack one quart; Stibium 1 dram, infused in the embers 12 howers with the wine. keep it close stopt for your use. Take a spoonfull of wine thus orderd; it will vomit and purge. MS.

Vomiting to cease.

Take of the salt of wormwood 1 dram, divide it into 3 equall parts, give a part of it at once in a spoonfull of the juice of Limons: use it as oft as you see occasion. If you give it to those that cannot retain there meat, give it allwayes imme diately after meat. Mr Tancred . MS.

To stay vomiting or a flux. Take verjuice and water,

two parts water, and one part verjuice, drink it. Mrs Beaumont .

Vomitives.

A gentle Vomitive. Take lukewarm water 1 pinte; add to it 6 or 8 spoonfulls of sweet sallet oyl: drink it oft warm: or if your stomach be full and inclined to vomit, drink of a pinte or 2 of warm Carduus posset. Dr Harvey .
Another. Take 3 or 4 radishes; bruise them and boil them in a pint of small ale, till one half be boiled away: press the liquor hard through a strainer: and add to it one ounce of fresh butter, or 2 or 3 spoonfulls of sweet oil. Dr Harvey.

Another. Dissolve 2 scruples, or a dram of Salt peter, in a pint of fat broth. Dr Harvey.

Another, somewhat stronger. Take of the yellow bark of

\[ \text{ffrangula 3 drams, I…………………………..or the same quantity of brown flowers; ......................boil it or them a quarter of an hour in half a pint of small ale: strain it and drink it oft warme. Dr Harvey.} \]

Another. Take a dram of Orach seeds powdered, drink it of in a quarter of a pint of warm posset ale or fatt broth, Idem.

Another. Take a dram of Dryed Pompion root powdered; or a dram of Nettle seeds powdered; or a dram of the inner bark of wallnut tree powdered; or 3 drams of Radish seeds powdered; or 3 drams of garden cress seeds powdered: likewise a dram of fine grated Agarick taken in a draught of fatt broth, will with some operate very well by vomit. Also threescore drops of the juice of green Tobacco leaves taken in posset, doth vomit very smartly. Dr Harvey.

The best vomitive among vegetables is this. Take 5 or 6 leaves of green Assarabac leaves, bruise them in a stone mortar, and while you are bruising them pour to them by spoonfulls, a quarter of a pint of white wine or ale: having mixed them well together, press out the liquor hard through a Canvas strainer. Also instead of the leaves you may take a dram of Assaraback roots, dried and powdered, in a draught of posset or warm ale. Dr. Harvey.

To cause vomiting. Rx. 4 spoonfulls of sack or white wine, and as many of Sallet oyle: mix both together, warme them and drink them: soon after provoke thy self with
a feather in oyle, or thy finger. MS. Lady Byron this cleanses
the stomach also

A vomit. Rx. a quart of good ale, and 3 or 4 handfull

of an herb called Groundsill, let it boyl to the half,
then let it stand untill it be cold; strain it, and drink
it bloud warm in the morning fasting. MS. Lady Byron
Nutmegs stop vomiting. ibid./

To stop vomiting. Rx Some Cinamon, beat it to powder.

and some sugar. Take as much as will ly on the
point of a knife, twice together. It will stay either
vomiting or purgeing./ ibid.

A vomit prescribed by Sir Theodore Mayarne. Take a

dram of white Copperas dissolved in a draught of
posset drink; take it either fasting, or after a
full meal; it will cause vomiting presently. ibid.

To stop vomiting. Steep a piece of bre9d in Salt & vine-
gar, bruise it and apply it to the pitt of the stomach
and strike some of it on thy mouth. ibid./

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To procure vomit and bring up gross tough humours,
Rx a dram weight of the root of Betony, dryed, take
it with Mead or honyed water. ibid./

To stay vomiting or casting. Take good wine vinegar,

make it strong of safron, warm it and bath the pitt of
the stomach, a quarter of an hower together diverse times
in the day. ibid.

A vomit is an expulsion of bad humours contained in the
stomach upwards. It is the wholesomest Physick for
those that are gross & full of humours: for what a
purgation leaveth behinde, a vomit roots out. The
wholesomest vomit is this, take half a pinte of sack,
seeth in it 2 spoonfull of Rhadish seed; then when
it hath sodden allmost to half, strain it & drink it
up with 5 spoonfull of Sallat oyl. By this easy vomit,
many have been suddenly ridd of the cough & of much
Clottering phlegme. Dr Vaughan
Assarabacca an herb common in gardens is a very ex-
pedient vomit to prevent many sicknesses, & take away
the seminaries & roots of any sorts of agues, useing it
an hower before the fitt. The dose is 4 or 5 leaves
of it in a cup of ale steeped over night & strained the
next morning. Or if it be dryed, a dram of the
powder of it infused in some drink with a little sugar,
and grated ginger will procure a vomit. Some will
rather use the powder of the root to the quantity of a
dram. Others apply the powder of it as a local medicin
to the wrists, especially of Children against the
ague. Idem.
Stybium is none of the worst vomits, if the substance
of it to the dose of 4 graines, be layd in some piercing liquor, as vinegar, for a Sennight, thereby to allay the violence of it: then infuse it for a
night in a cup of Aqua vitæ, which you may drink up the next morning; reserving the substance against other times: for the same piece will serve often; being thus tempered it may prove Bezoardik & of great efficacy against the impurity of
feavers. Idem./

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If vomits work not within an hower after you have taken
them, sup a little of the syrup of Oxymel, & putt your
left middle finger in your mouth & it will help you.
Idem.
If you vomit too much, rub & wash your feet with
hott & sweet water: & if it yet cease not, apply a
gourd to the mouth of the stomach. Sometimes without
any physick at all one will fall to a customary vomiting: & then it proceeds either of the cold complexion of
the stomach, or of hott Complexion. If of cold complexion you may help it by makeing a bag of Wormwood, dry mints & marjoram, of each 1 handful:
Nutmeg, Cloves & galingale, of each half a dram.
Let them all be dryed & powderd, & put between 2 linnen
Cloths, with Cotton interposed & basted: then apply them
on the stomach. Or esle apply the sayd herbs alone
dried on a hott tyle stone, & putt between 2 linnen
cloths on the stomach. You must also fortify the stomach with syrup of Mints or Wormwood, or eat Lozenges called Diagalanga. But if the vomiting proceed from a hott Complexion, you may cure it by a plaister applyed to the stomach, of oyle of roses,
Wormwood, Mint & barley flower, with the white
of an egg. Some in this case take purslan water
in their drink to quench their thirst. Idem./
A notable vomit, called Spitt till he Spew. Rx

Opium a grain. Elleborus albus 1 grain. Stibium 4 grains. Bezoar 2 grains. English saffron 6 grains: Salt of Ellicampane 2 grains. Salt of Catapushy (Spurge) 2 grains. leaf cold 16 grains. salt of Hyssop 3 grains. White amber 4 grains. Then calcine all these together; the dose is 4 grains in white wine, It is an admirable vomit & excellent for many diseases of the stomach and works with wonderfull ease, and without the least danger - Christina - Old MS./

Warts to kill. vide Corus.

Cutt of the head of a quick eel, rub the warts all over with the bloud of the same; then bury the head deep in the ground; when the head is rotten, the warts will fall away. MS. The root of spurge boyled in Vinegar, or the milk of the spurge taketh away warts. - Item the milky juice of figs layd to with grease of fatt. - Item the ashes of bark of willow mingled with vinegar takes away warts or corns. - Tyme stamped with vinegar or the seed of Tarnesill laid upon warts. - Stamp Egrimony and temper it with a little Esyll (vinegar.) and binde it to the wart. - The juice of Rusland. probatum MS. Lady Byron

To take away warts. Rx The sap that comes from the wood on the fyre and wash them with it. The sap of Oak wood is best. This hath been proved to take them away in the face or else where. M.S. Lady Byron/

To take away warts. Rx. purslane (such as they usually make sallets with) punn it a little: lay it and the juice thereof on the warts, and rub them with it. - or take the ashes of green willow and vinegar, make thereof a lee, and wash the warts. ibid. /

Another. wash them with the juice of Elder berries, when they are black, do so every night, and binde them to it in the night. ibid.
Bruise an onyon with salt and honey, and apply it to
warts to make them fall off by the roots. ibid.
Anoyn t warts with the juice of purslain to pull them up by the roots. ibid. Item the heads (or hearts) of Leeks beaten and layd to. ibid. Item the juice of White mul-len pressd out from the leaves or flowers; or the juice of Mercury, takes them clean away. ibid.

A certain cure for warts. Rx. a black snayl without a Shell

prick it all over, rub the warts with it, & let the slimy ness dry on: and so take the snayl and hang it on a black thorn: there let it consume, and as that wasts so will the warts. - Rost the same Rinde of snayl, and lay it to corns: twice or thrice doing will cure. ibid.

To take away warts from any part of the body. Take the green leaves of Marygolds, &
mash them as small as green sawce, rubb the warts with it, and squeeze some of the juice upon it. - Hartman. vide pagin. sequent./

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ffor a disease ................................called the Water Worm.

.............................................................................................................
Take 1 penny worth of roch allum that is reddish, burn the one half, and boyl the other half in a pint of running water, till half be consumed: then wash the sore with the water: then strew on the powder of the burnt allum, and lay a cloth on the sore; it will heal and dry it. MS.

To take away warts from any part of the body.

Anoyn t them with oyl of Sulphur 2 or 3 times a-day, and they will fall off. Hartman ./

Another. Take a few snayles, putt them in a glass with a little Salt, and in 2 or 3 dayes there be will be a liquour, with which anoyn t the warts and they will wear away. Idem./

ffor Corns. Rx Galbanum ii. Steep it in wine vine-gar till it be as soft as a salve, apply it to the corns
being first close pared, till they wear away, which will be in a short time. you may anoynt them with it, and then lay a plaister of Diapalma upon it. Idem.

Waters for Sundry Occasion.

A water to wash or cleanse a wound or old sore. Take a gallon of running water, put therin the quantity of a walnut of white Coperas: keep it in a close vessel for occasion. It will keep sweet and not putrify. MS.

A water to cleanse sores, and stop bloud. Take 6 penniworth of Camphir, beat it small; bolearmoniack finely beaten 4 spoonfull; take a pint of running water, and put it in a posnet on the fyre till it boyl: then take it off, put in the powders and stirr it well together, but set it noe more on the fyre: powr this into a glass and srop it close: it will settle: the cleer warmed will take proud flesh from a sore, it being washed with it: and shake it together, it stops bloud. MS.

A water for sores. Take a pinte of water, and when it begins to boyl, take it off the fyre, and put in an ounce and quarter, mercers weight of Mrs Houlders powder for sores. let it dissolve in it, and when it is cold, put it into glass ses. with this water wash the sores, when the powder hath eaten away the proud or dead flesh, once a day. If the sore be deep you may syringe it; if it be broad, warm the water, and dip a cloth in it, and bath it. It will keep the sores from proud flesh riseing, and heal fast. Mrs Houlder. MS./

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A water to heal a cutt or wound. Take a pottle of fayr water sett it on the fyre, let it seeth a while, then take 2 penny worth of white coperas, as much bolearmoniak, and 4 penny worth of Camphor: beat them alltogether into powder, and put them all in the water: let them seeth a little while, then take it from the fyre, when it is cold, put it into a glass, dross and all; when you use it, powr out a little of the cleerest water into a sawcer, sett it on the coales, wash the wound therwith as hott as you can endure, and binde it fast. MS.

A water to wash a sore leg. Take roch allum, and white coperas, of each a like quantity, fry them in an old pan, till they be
melted together: when they are cold make them into powder: then take fair water, as much as you would have of liquor, sett it on the fyre, and when it seeths put in your powder: when it is bloud warm, wash the leg with the water, and wett a cloth in the water, and lay it on the sore. MS.

A wound water to make. Take Salendine, sage and Woodbine leaves of each a handfull, seeth them in a gallon of running water to a pottle: strain it from the herbs and sett it on the fyre again: putt in half a pinte of English honey, and an Ounce and a half of graines finely beaten, and about 2 penny worth of allum: then seeth it from a pottle to a quart: let it stand till it be cold: then putt it in a wide mouth glass. Most must be of the Selandine, and least of the sage. MS.

A soveraign water for all sores. Take red sage, Isop, costmary, rosmary, red fennel, dasies, English castnepp, and allum, of each a like quantity, but most of the dasies: these herbs are to be sodden in running water, till it be sodden in: then wring them through a cloth, and so strain to a water. This is very good to take away the pain out of all sores. MS.

Mrs Sage 's water to cure a wound. Take a quart or 3 pintes of white wine: then take of self heal, of wood bettony, wild dasy roots, leaves and all, red bramble leaves, Avens, bugle, egrimony, Chirvill and white bodly, of each of these 1 handfull; a few crops of red May weed, and ribwort: a few crops of wormwood; wash all these herbs together very clean; and strain out the water very clean, through a linen cloth: then put them into an earthen pipkin or some other pott, with the white wine, and boyl them on a soft fyre for the space allmost of a quarter of an hower,

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then put to the decoction, 2 or 3 spoonfulls of English hony and let it seeth and simper a while after, beeing well stirred with a spoon in the seething; then strain it all through a fair cloth, into a clean bason or pot well cleansed, and wring your herbs well in the straining: when it is cold put it into a bottle. Drink of it evening and morning, cold or hott, but rather warm, 3 spoonfull at a time, as your stomach will serve, fasting or otherwise. This water will cure you of any wound or hurt, of any inward sore or outward bruise, expelling the bruised bloud from the body wonderfully, and without any paine.
closeing up the wounds very fast and perfectly in very short time, tho you use noe other salve. But for the more speedy cureing of deep wounds you may tent it, and lay a colewort leaf over the sore. This drink is good for all kinde of diseases bruises and sores that come by falling, often proved. It is good for womens sore brests, and excellent for the sciatica, and to draw out thorns or thistles out of the flesh, iron or stone, or any thing else that rankles in the flesh, being drunk as before sayd: it is good for obstructions of the stomach, or else where in the body, and may be drunk at any time of day or night. MS.

A Water of Mr Matthias a famous physitian, for palsies, dizzyness of head, and weakness of Sinews.

The Lavender flowers clean picked and stript, as many as will fill a glass of a large gallon: then powr on them good spirit of wine, or exceeding good Aqua Vitæ: let them infuse in a warm place , close stopped for 6 weeks. Then take flowres of Sage, rosemary, bettony, of each 1 handfull: of burrage flowers, bugloss flowers, lilly, convallily flower and cowslip flowers of each clean picked, 2 handfull: infuse them also in spirit of wine or exceeding good Aqua vitæ (every one gather in its time) then having infused every one, according to its time 6 weeks, put them altogether. Then take balme, motherwort or Cardiaca, spyknard, bay leaves, and if you can get them, the leaves of orenge tree, and the flowers of orenges, of each 1 ounce. Cutt or chop these flowers and herbs, and put them also to infuse 6 weeks in perfect good Aqua vitæ. Then take also Citron pills, (the yellow thin pills; if you can not get Citron pills, take Lemon pills) and piony seeds hulled, of each 6 drams; cinnamon 1 ounce and half, Nutmegs, Mace, Cardomomes, Cubibes, and yellow Sanders made in powder, of each 1 ounce; lignum aloes 1 dram, put them into the abovesayd spirit to infuse, and add to them Iububes, (the kernells or stones taken out and shred small,) half a pound. Let them infuse together again 6 weeks. Then distill them in a Lymbeck, receaving the water in severall glasses, till all the water be run out. put in this liquor, of fine prepared dissolved pearl 2 drams: of prepared Smaragd stone 1 scruple, of good Amber greise, musk and safron, of each half a scruple, of dried red roses, of sha yellow and red sanders shaved small of each 1 ounce. put these in a fine sarcenet, hang them in the liquor, and let them Aromatize together close stopped. Use it as follows. Take sugar and crums of Manchet, powr on this as much of the water as will make all very moyst: take a spoonfull of this every half hower, so the fitt
be newly taken. This water is of exceeding great vertue, in all sweounding, weakness of heart, decaying of spirits: & in all Apoplexies, palsyes, Epilepsies; in all pains of the joynts coming of cold: for bruises outwardly bathed or dipped in it: it comforts all animal, vital and naturall spirits: it clears the externall senses, strengthens the Memory, restores lost appetite, and all weakness of stomach, being both taken inwardly and bathed outwardly. Take of it a quarter of a spoonfull and fast 1 howe after it, it takes away giddyness of the head helps lost hearing, brings a pleasant breath. There can be no better remedies both in palsyes and appoplexies, either to help in the fitt or to prevent it: if you take morning & evening a quarter of a spoonfull with crums of bread and sugar, it helps lost speech, and all cold dispositions of the Liver, a begining dropsy, and all cold diseases of the Mother. In short its vertues are inexpressible. Now there is no certain quantity of Spirits or Aqua vitae to be putt to the foresayd herbs: but I use, as I was taught to still it by those who had tryed before, to putt as much as will cover the things, that they may be well soked and not ly too thick for want of liquor. Neer 2 gallons and a half of spirits or Aqua vitae go to still this Water. probatum. MS.

The Snayl water, excellent for the laundies, and Collick of the Stomach.

Take a great peck of garden snayles, wash them in a great bowl of beer, then make your chimney very clean, and powre therin half a bushell of charcoal: sett them on fyre, and when they are throughly kindled, then with a shovel make a great hole, and powr in your snayles, and scatter some, of your fyre ........................................ amongst them: and so Let ........................................ them rost, as long as you can hear them make any noyse: then take them out, and with a knife and course cloth pick them, and wipe all the green froth clean from them: then bruise them, shells and all in a stone mortar: then the pot being made very clean wherin you sett your Limbeck, put them into it: and in the bottom, lay about 2 hand full of angelica, as much of selandine upon that, then putt a quart of rosemary flowers, also if you please you may putt in Egrimony, barefoot, dock roots of the reddest sort, of the bark of barbery tree, wood sorrell and betony, of each 2 handfull, Rue half a handfull, fenegreek and Turmerick, of each 1 ounce; safron well dryed and beaten to powder, the weight of 6 pence; then powr in 3 gallons of the strongest ale, (and great measure) cover your pott, and let it stand so all night in the place where you mean to put fyre under it. In the morning before you put fyre to it, you must put into it 3 ounces of very good cloves beaten to powder, and 6 ounces of harts horn, grated or filed to powder before you weigh it (you must
not stirr it after you have put in your hartshorn, least it go to the bottom:) then sett on a limbeck, and make it fast with a piece of Rye dough, so receive your water in pintes. Or it may be distilled in balneo: The first water is the strongest and must be receaved by it self; the last is smaller and may be mended, by putting in some of the strongest, when it is to be used. This water must be given to the patient in the morning fasting 2 howers after it and not sleep upon it; or it may be given between meales, 2 howers from each meale. He must take 2 spoonfull of the strongest sort with 4 spoonfull of ale, or white wine; and when you give the smallest, you may give as much water as drink. This has been proved for an excellent medicine for the Collick of the stomach and jaundies. MS. probatwm. Mrs Prichard. 

Dr Steven's soveraign water.371

Take a gallon of gascoign wine, of ginger, galingal, cinamon, nutmegs, cloves, mace, grains, anniseeds, fennelseed, carraway seeds, of each of these a dram: then take sage, redmints, roseleaves, tyme, pellitory of spain (the wall), rose marry, wild marjoram, pennisroyall. wild time, Camomill, Lavender, of each (avenas) of them a hand full; then bray the spices small, and bruise the herbs very well, and put them all in the wine: let it stand 12 howers, but stirr it diverse times. Then distill it in a Lymbeck: but keep the first water by it self, for it is strongest: then take the second water, which is good, but not as the first,

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ssett this in the suun, and it will be the better. This water comforts the vitall spirits, helps inward diseases that come of cold; helps the shaking of the palsy, which is a contraction of the Sinews: helps conception in barren women; kills worms in the body, helps the stone in the bladder, cures an old cough, comforts the stomach, cures the cold dropsy: helps the stone in the reins, quickly cures a stinking breath; and who soever uses this water not so often, it preserves him in good likeing, and makes him seem yong very long; for it comforteth Nature. &c./ it is good for surfets, alone or in Drink./

The Receipt of Water of life.

Take anniseeds clean dressed and bruised, 1 pound; liquorice clean scraped and sliced, half a pound: fennel seed, Carroway seed, Galaingall, ginger, nutmegs, cinamon, of each 1 ounce. Enulacampana roots, Ireos roots, of each 2 ounces; cloves, cububæ, of each half an ounce, com min seeds, Amjos seeds, Am m onium seeds, bassil seeds, winter savory seeds, piony seeds, of each half an ounce: Iuniper berries, flowers of stæchados, flowers of Chamæpitis, of each 1 handfull; long pep
per, graines, bay berries, of each half an ounce; Sarsaparilla, rootes of foole foot, of each 1 ounce: Calamus Aromaticus, lignum aloes, mace, spiknard, Zedoaria, of each a quarter of an ounce: olybanum, Mastick, of each 1 ounce, of Sapirus 4 ounces: Al kanet roots 1 ounce, of fine sugar 4 ounces, of strong ale, the stronger the better, 3 gallons: flowers of damask roses or red roses, 2 handfull: your roots must be sliced, and your seeds bruised and put into the ale: let it stand a night and a day close covered stirr it 2 or 3 times, and draw very leisurely by limbeck, and into your receaver put your Alkanet roots and your sugar together: for those roots do give the colour, or else it would be white. MS. Mr Kebles.

A strong water to make.

Take a quart of aqua vitæ, Rosemary flowers, paightes or stickwort, sage flowers, balm, sweet marjoram, pellitory of the wall bettony, sage, of each of these 1 hand full, half an ounce of Cinnamon, nutmegs 1 dram: anniseed, fennel seed, Caraway seed, Coriander seed, grummil seed and Juniper berries, of each 1 dram: you must bruise all these seeds and spices, put in sugar to your own taste, 3 or 4 good dates, one or 2 races of good ginger pared, 2 drams of graines; wash 2 or 3 pieces of gold and put in. This strong water must be made in May, and set in the sun all summer, and stirred every. Mrs Pagton. MS.

Treacle Water.

Take an ounce of hartshorn shaved, boyl it in 3 pintes of Carduus water, till it come to a quart: then take the roots of Enula Campane, gentian, Cypress, Tormentill, and of Cytron Rindes; of each 1 ounce: Burrage, Bugloss, Rosemary flowers, of each 2 ounces; then take 1 pound of the

recto of insertion after page 372

Markhams Balls the best way.

Take Aniseeds Cumin Seeds, fenygreek seed, Carthames seed, Enulacampane, & Colts foot of Each 2 Ounces, luce of Liquorice one Ounce, flower of brimstone 2 Ounces, dissolve the juce of Liquorice in two-half a pint of white wine Chimicall Oyle of Annis= =eeds, 1 Ounce, best flor, Oyle, Live hony, & Molosses of Each half a pound, mix all together & with a sufficient Quantity of Wheat flower make a Masse

Markhams Balls the Comon way
Take fine wheat Meal 6 lb Aniseeds, two Ownces. Cominseed six drams, Carthamus one dram & a half, Fenny greek seed One Ownce 2 drams, brimstone one Ounce & half, Sallet Oyle one pint, Hony one pound & half, white wine 4 pints, make all into a pott the seeds being dryed powdered & searced,

For a Horse with sore heels.

Antimony beaten to powder & given in his Corn is Exelent for soor heels.

Docter Johnson s Cordiall Water.

Take dragons, Rosemary, Wormwood, Sage, Scordium Mugwort, Scabius, balm, Cardus, Tormertill roots & leaves Angelico, rootes & Leaves, Mary gold Leaves & flowers Agrimony pimpernell, wood sorrell Century topps, Bettony Leaves, & flowers of Each half a pound, Rue a Quarter of a pound Elcampane 2 Ounces Liquorice 4 Ounces, Wash these hearbs & shake them dry in a sheet, then shred the herbs & dry the rootes, & put them all into 3 gallons of the best white wine Let them stand Close Covered 2 dayes & 2 nightes stirring them morning & Evening, then take some of the herbs out of the wine Lightly draining them in your hands, fill vp a still full in the morning, & Let them be stilling 12 howers in an ordnary still with a Reasonable Quick fire, then take the rest of the herbs & wine, & still them in a Limbeck, as you doe other strong waters, till all the strength of the herbs & wine & herbs be gone, You may make 3 sorts of water in your Limbeck & 2 in your still when you have done put the strongest water that Came out of your Limbeck into the smalest that Came out of you r still, & the smallest of your Limbeck to you r strongest of your still, soe you shall Keep it from putryfying & frost 3 or 4 Years Keep some of your smalest to allay the Heat of the other, when you give it to Chilhood under 7 Years Old, Let it be almost blood warm, put some suger to it. give in Quantity as you thinke the disese is in strength, 4 or 5 spoonfulls is Enough for a man or woman, or 6 if need be to a strong Nature.

The Virtues,

If any hath surfeted give of this water, & Lay them warm, or walk vp & downe if need require, but in a feavour or such Like distemper sweeten it with Sirope of gilly flowers, & Lay them to
sweat, thus given it is good in all feavours you may give 2 or 3 dayes together, it never heates but by its Opening Quality rather cooles, it will drive out any Venemous humour out of the blood, be it small pox or scarlet feavour or the Like, for Each of which it is Extraordinary good if given Early, it is alsoe very good in Labour, if any have by Cold an Akeing in there bones, & Limbs give them 6 spoonfulls, & Lay them to sweat, & it will help, if the feavour Lye much in the head, sweeten it with Sirrope of Cowslips, after any in a feavour, be it never so high - hath twice of it fear not to give them Cooling things, but of all Coolers none is soe Effectuall as sirope of wood Sorrell given Either in posset drink, or bear or ale, but take heed in feavours you doe not give Coolers before - Cordialls if the party be very sick & weak between whiles in there worst illnesse give some more of this & if they can but sweat, a little after this, it will doe well if not noe hurt. allay the heat with the smaller for Little Children

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373. best old treacle, and dissolve it in 6 pintes of white wine, and 3 pintes of Rosewater: so infuse altogether and distill it. This is good to restore the spirits, and good against swounding, fayntness, agues, wormes, and the small pox. probatum. MS.

A water to heal and dry any old sore.

Take a quart of Smiths water, half an ounce of white coperas, 1 ounce of Allum; burn these together, then pound them as small as you can, and putt it into the water, boyling the 4th part away: then put it into a pewter dish till it be cold, powring the cleer from it; so keep it for use. MS.

An observation about Stilling .

your Stills must be of Tinn or Sweet Earth. You may easily make your waters look of what colour you please, if you first distill your water in a Stillatory; then putt it in a great glass of strength, and fill it as full as those flowers whose colour you desire: then stop it, and sett it in the Stillatory, and lett it distill, and you will have their perfect colour.

An addition to Dr Stevens famous water .

To the seeds, adde Coriander seeds a like quantity: to the wine, of Sack and ale, a quart of each. To the herbs, wild marioram, penney royall, fennel roots, persley roots, settwall roots: of each half a handfull. you must use both garden and wilde Time.
and as for the mints and roses, quære whither they must not be red Mints, and red roses. This water is to be used but 2 spoonfulls in 7 days. It preserved Dr Stevens 10 years bed-rid: so he lived to 98 years.

Of the most usefull Simple distilled Waters,
and the manner how to distill them .

Among the vast numbers of distilled simple waters, none are more usefull then those 4 below mentioned, which may serve to answer the Intention, which the best of simple waters are used for: viz, for Cordiall Iuleps and Coridall Potions. As for Alterative waters, they contain so weak vertue, that Decoctions, Infusions and iuices made, or spirits drawn from the sayd alterative simples, are infinitely more effectuall. and therefore when they are to be applyed, you may easily be taught how to prepare them by your familys physitian.

Now the 4 simple waters are. Balm water: black cherry water. Carduus benedictus water. Red poppey flower water. Your herbs are sold in Newgate Market, Stocks Market, Gutter lane, or Covent garden, by the physicall herb women. Herbs by the basket: Red poppey flowers by the peck; violet flowers and some others by the pinte or quart measure. Scurvy grass by the basket, bushell or peck. For most herbs if you buy them by the hand full, you must pay a groat a dozen: or if you use less, a half penny the handfull is the usuall rate. The value of 12 pence in herbs or flowers will yield 3 pintes of water or more. In some herbs it may yeild 2 quarts, or 5 pintes: if you have not the conveniience of distilling them, you may buy them at the Apothecaries for 12d a pinte: or if you buy them onely as occasion serves you need pay but a penny an ounce: which is the Common price, of almost all simple distilled waters. English roots among the herb women are commonly a groat a pound.

The way of distilling Simple waters is this . Put as many of those herbs (being separated from the seapl greater stalks,) or flowers, pulld from their husks, as will onely fill a 2 thirds, or at most 3 fourth parts of the body of a pewter or a copper Alembick, with a bucket head: without adding any water to the herbs (which too many Apothecaries doe): and having closed the head to the body, by pasting slips of paper of the breadth of an intch or a little more, round about the juncture, with starch or yest; kindle your fyre gradually, and continue it to a heat so gentle, that your hand may

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endure it on any part of the head: and so you will distill your water without smelling of being burned, provided you have put ashes to the thickness of an inch and half, between the plate and the body or bottom of your pewter Alembick. If you use a copper Alembick, you must fill the bucket with cold water: and as soon as you finde the water to be hott in the sayd bucket head, you must tapp it off, and fill it up again with cold water. The reason why you must not fill the body of the Alembeck with herbs is, because should you fill it up, the bottom of the cakes of the herbs will be dried and burned, before the top is half dry or distilled off. Dr Harviey.

The way of Distilling Compound waters.

of the London Treacle Water.

Take of the juice of green walnut peel 1 pinte: juice of Rue 3 quarters of a pinte; juices of marygold leaves, balme, and Carduus benedictus, of each half a pinte: butter-burr roots 4 ounces and a half: Burdock roots a quarter of a pound: Masterwort and Angelica roots of each 2 ounces; water-germander leaves, 1 handfull; Venice treacle and Mithridate, ...................................................... each 2 ounces, Canary ...................................................... wine 3 pintes, sharp french vinegar a pinte & a half: juice of Limons half a pinte.

The manner of prepareing the ingredients is this. This walnut-peel, Rue, marygold leaves, balme, and Carduus Benedictus, must be each severally bruised, into a sappy mass, in a stone mortar, or lignum vitae mortar, and pressed through a fine Canvas cloth in a small press. The Canvas for strainers is bought at the linen drapers, at 6d per yard. The small presses are bought at the Turners at Hosier lane end, next Smithfield, from 3 shilling to 6 or 7, according to their bigness; or you may have one at second hand big enough for your use for 18d or less. Now you must bruise the walnut peel, rue, and other herbs severally because you are to have an exact measure of each of their juices: for should you bruise marygold leaves, Baulme and Carduus, of each the same Quantity together, yet you would not have the same measure of juices from them; because one herb yields far more juice then another. Tho many Apothecaries to save trouble, bruise the foresayd herbs together: which yet is a great error in the exactness of the preparing treacle water. Note. Apothecaries commonly take the green walnutts whole,
and bruise them in a stone mortar together, in order to the expressing the juice out of them. Note. About 50 wallnuts will yield a pinte of juice. The butterbur, burdock, masterwort and Angelica roots, must be fresh taken out of the ground, and may be bruised together into a Mash; the water germander leaves must be dried, stript from their stalks and beaten in a mortar into a course powder: or they may be used green, and beaten in a mortar to a mash or shred small with a knife. Then putt all these together with the treacle and Mithridate into a glass body and powr on them the severall juices, and the Canary wine, mixing them well by shaking them gently together, and fasten a blinde head to the sayd glass body, by applying round the iuncture or place where they are joyned, a hogs bladder cutt into long slips, the bredth of 2 fingers and dipt in whites of eggs, beaten thin into a water. Or putt all those ingredients into a glass retort Receaver

the mouth wherof stop with a piece of Cork fitted to it, and fasten a piece of bladder over that. About the sayd receaver tye 2 or 3 pieces of brick to make it sink into a kettle of water, hanging over a gentle fyre; wherin let it stand some 12 or 24 howers at longest. Then empty the receaver into a glass body, which being covered with its glass head or Alembeck, and closed about the juncture with slips of paper and starch, or a hogs bladder dipt in whites of eggs, putt into a sand pan, hanging in a portable furnace, there being the bredth of 2 fingers of sand under the glass; fill the pan with sand, kindle the fyre gradually under it, and so let it distill of, till the ingredients are allmost dry.

Note. The Apothecaries commonly (without other digestion then letting it stand 3 or 4 dayes in their shops in a great glass) distill this and other compound waters in a small copper still with a bucket head: but then those waters are not so full of vertue, nor so clear, as the water distilled in a glass.

The price of the whole Composition.

Half 100 walnutts. 6d . The Herbs whence the juices are to be pressed. 12d or 14d . Roots and Germander. 3d. obolus Treacle and Mithridate. 16d 2 Shillings . Canary wine. 3 shillings. french vinegar. 3d. juice of Limons. 4d. obolus Charcoal fyre, used in stilling. 4d. The Sum - - 0 - 7 - 10d .

for which you may expect neer 4 quarts of Excellent treacle water: which is 10d 3 farthing the pinte, and scarce 3 farthing the ounce: computeing according to their retayl measure 16 ounces to the pinte: which according to physickal Measure ought to contain 12 ounces. - The Apothecaries rates are, 3shillings 6d the pinte: some not
under 4.sh + 4d the ounce: some instead of Canary put
in decayed Malaga or Brandy, and for juice of Limons
put in Lime juice, and use their worst treacle and
Mithridate: and so can sell treacle water somewhat chea-
per then ordinary prices are. - Dr Harvey ./

Aqua Mirabilis. v. before. Aqua Mirabilis
et pretiosa, in the begining of this book

Take of Cloves, Galangale, Cubebs, Mace, Cardomons, Nutmegs,
ginger, of each 1 dram: juice of Celandine half a pinte; Spi-
rits of wine 1 pinte, white wine 3 pintes: steep them 24 howers,
then distill them in ashes in a glass Alembeck. - The

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Manner of steeping and distilling this water is the same with that of the
London Plague water. Most Apothecaries and distillers draw this water
off in a copper still, with a bucket head, or with one that goeth with a
worm. The spices before mentioned, must be beaten to a course powder
only: for if you endeavour to bring them to a fine powder, their
principal vertue is apt to fly away in powdering. By spirits of wine
is heer meant the best Nants brandy. Note. You are to still this
water onely half off, and leave the other half in the still: because the
first half will contain all the Spirits and vertue of the Ingredi-
ents: whereas the other remaining half is found to be flatt, and fitt
for no other use then to wash your hands. Though it is to be feared
that such as are greedy of gaine, distill it allmost quite off. -
The prices. The Spices all at 6d or 7d . juice of Celandine
3d or 4d . Best Nants brandy. 6d the pinte. White wine 18d .
Charcoale 3d . The whole distillation which is 2 pintes and a
quarter comes to 3shillings 2d . The pinte comes to 18d . the
ounce to 5 farthings or little less. The Apothecaries sell it
for 3shillings 6d . or 4 sh ills . the pinte.: and 3d or 4d the
ounce. Dr Harvey .

Cinamon Water according to the Dispensatory.

Take a quarter of a pound of Cinamon, steep it 24 howers in
3 quarts of brandy: then distill it in ashes in a glass Alem-
bick: which renders a much purer water then a copper still:
Note. you are to bruise the Cinamon gross, and into every pinte
of the distilled water, dissolve 2 ounces of the best white
sugar. - Heer is a great deal of hot burning
brandy to a little Cinamon: wherefore you will do better
to prepare it thus. Take 3 quarters of a pound of Cinamon
bruised, steep it 48 howers in a quart of rose water, and a
pinte of white wine. Then distill it as long as it drops milky
in a glass Alembick in Balneo: that is, in water poured
into your Sandpan instead of Sand or Ashes. But if your pan be not large enough to contain a sufficient quantity of water, you may use sawdust instead of the water, and keep a very moderate fyre in the furnace. What this water will stand you in, you may easily compute. Dr Harvey.

Aqua Limacum Magistralis, or the London Snayl water against Consumptions.

This Compound water is so ridiculous, it is a shame to see it in any Dispensatory: for the chief thing aimed at is, through the cool, clammy, glutinous Substance of the liquor of Snayles. 1. to cool the heat of the Hectick feavor. 2. to repair the parts consumed. 3. to facilitate Expectoration: ie, to make the matter come up easy by cough, through its lenifying quality, wherby it sweetens the humors, by allaying those gnawing Salts that prey on the lungs. Now in the distilling of the Snayles, there is no part of their Unctuous or glutinous liquor passes the Alembick, but a meer Elementary Water. The same may be sayd also of the hogs bloud. ffor these and other reasons, I commend to you this following liquor of Snayles. Take of garden snayles, especially those off a vine, with their shells, 1 pound: first wash them well with water and a little salt: then wash them once or twice more with fair water to wash of the salt: bruise them with their shells in a stone mortar to a mash: add to them, ground Ivy: speedwell, lung wort, Sca bious, burnet, coltsfoot and Nettle tops, of each 1 handfull, English liquorice half an ounce: dates stoned 12 in number, of the 4 greater cold seeds, and Marsh mallow seeds, of each 1 dram and half. Safron a scruple. put them into a new glazed pipkin, and powre on them a quart of spring water: fasten the cover close to the pipkin by pasting it round with dow. Let it stand 12 howres on hot cinders, or rather in a kettle of hot water over the fyre: then strain & press out the liquor, dissolveing into it while it is warm, a quarter of a pound of Clarifyed honey: putt it into a glass, and Keep it in the cellar. - Note. the herbs must be shred, the seeds bruised, and the liquorice cutt small. Dr Harvey.

Mercury water. Rx. a quart of fair running water: add to it the 6th part of an ounce of Mercury, if you will not have it too strong: If stronger, then putt but a pinte of water: sett it on the fyre allwaies stirring, till it be ready to seeth. MS. Lady Byron.
A most excellent water for such as are troubled with pains of the Stomach, with Crude and raw humors, with winde, with the Megrim, with the falling sickness, palsy, Melancholy, sleepy drowsyness, pain under the short ribs beating and trembling of the heart, and proness to sounding ./

Rx. Cinamon ℥ i. ginger 4 ffrench crownes weight: the 3 kindes of Sanders of each 6 drams. Galingall, Nutmegs Cloves. ana ʒ iii.s. mace, Cubebs (Euliebes) ana ʒ i/ Both kindes of Cardamomes, Nigella seeds, ana ʒ iii. Zedoary ie Setwell s. Annis, sweet fennel, wild pars-nep, basil seeds.

Angelica, .........................-Avens, Liquorice, Calamus ................................. Aromaticus Valerian the less. these roots. - Clary, thyme, Calamints, penny royall, Mints, wild thyme, Marjoram: the leaves of these. - Red roses, Sage, Betony, Rosemary, Stechados, bugloss, Burrage: the flowers of these: Rindes of pome Citrons 3 drams. Powder of Diambre, Aromaticum Rosatum. Diamoscum dulce Diamargarita, Diarrhodon Abbatis. the powder of each of these iii. Let all things that will be grossly beaten to powder be grossly powderd, and steepd in 12 pintes of the most excellent aqua vitæ. in a vessel of aqua vitæs for the purpose for 15 dayes. Then putt all into a still of glass artificially topped, and luted, and distill the water in balneo mariæ not too hastily: and that water so distilled must be kept in a glass closely stopped, with wax and parch-ment or leather: putting to it one pinte of Iulip of Roses and of the sweet kinde of Sanders 2 drams: Of Musk and ambergreece tyed in a sarcenet of each half a scruple: shake all together, and keep it close to serve your turn. - A dram is the weight of a ffrench crown. A pinte is but 12 . A spoonfull of this water is enough at a time.

MS. Lady Byron

The vertues of distilled water of Endive. 2 ounces drunk morning and evening strengthens women with child and mends their senses: 4 ounces drunk at a time morning and evening helps the plague, the Kings evill, ceaseth thirst, and being drunk largely qualifies the burning of the Liver. It helps the pain of the side, and pricking. which is felt about the heart, drunk 4 ounces at a time, as before.

MS. Lady Byron
A water to preserve long life. Gather the flowers of Elder on Midsummer day, and drink a spoonfull thereof with a draught of borage water, morning and evening 30 dayes. ibid./

An Excellent Cinamon Water. Beat a pound of Cinamon somewhat gross: steep it in a pottle of good rose water, with as much sack or Canary wine; or else in a gallon of wine without Rosewater, in a close vessell 24 howers: then still it in a Limbeck: keep a pinte of the first water by it self; for the latter will be weaker. Some put one pound of good sugar Candy to it with the Cinamon to steep, to make it pleasant; and that is the best way. It hath innumerable vertues; especially to restore and preserve. It strengthens the brain, stomach, liver, milt, and Sinews: 1 spoonfull being taken now and then. ibid./

The Lime Drink.

Rx. 1 1/2 lb of unquench’d lime, 2 gallons of spring water: putt them into an Earthen pott and cover it close; let it stand before the fyre 24 howers: then take of any scum that may be on the Top, and gent-ly powre of the Water, so as none of the soakings of the lime go in with it. Some clear it off with a thin fleeting dish and throw away the lime. Wash the pott clean, then putt the clear water into the pott againe: then putt to it 1 lb of blew Currans, if you can gett them, clean pickt, Washt and beaten. 1 quarter of an ounce of Mace beaten: 1 quarter of a pound of Sasafras thin shaven; 1 quarter of a pound of English liquorice bruised with a pestill or sliced very small. 1 quarter of a pound of anniseeds, bruised. Let these stand and infuse in the Water 24 howers, keeping the pott close covered: then strain out the things and bottle out the drink. Sett the bottle cool, it will keep a forthnight. It is fitt to drink as soon as it is made. This cured a girl of the Kings evill was like to dy. Directions and the Vertues of
this Lime Drink.  
Drink half a pinte at a time in the Morning fasting, and 4 a clock in the afternoon,

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and walk half an hower after it. If the party have any feavourish distemper, putt a spoonfull of the syrup of violets to it. It helps all manner of sores inward and outward. It helps the stone or gravell in the bladder or kidnyes: It cleanseth the bloud, strengthens Nature, purges by Urine, helps shortness of breath, procures appetite, kills the worm, cures consumptions, and for the dropsy it is admirable, and against the cold palsy. It hath cured Many of the Kings evil. It is very good against spitting of bloud. It is said to make women fruitfull. It also helps digestion. 
This and the Receipt was transcribed out of the Lady ffairfax book: It cost 60 lb . and was had from a Monk. MS. Lady. Byron. /  
An Excellent cock water. Rx. an old red cock, pluck his feathers off him alive: then kill him and quarter him. break all the bones, dry the bloud clean up with a cloth, then distill it in a rose water still: in the bottom of your still lay in your Cock at night, and putt to it a pottle of good sack Canary: of Thyme, rosemary, pennyroyall, pimpernell, of each 1 small handfull: 20 dates stoned: 1 pound of Currants. Raisins of the Sun stoned a quarter of a pound. 1 ounce of hartshorn: half an ounce of clove gilly flowers: 1 ounce of Mary gold flowers: 1 handfull of Cowslip flowers. 1 handfull of Mayden hayre; 2 drams of Safron; some leaf gold if you please. When all these are in and well mixed, cover it close: next day distill your water: let the still be stopped very close, that no ayr can come out: still it with a very slow heat. Put into the glass sett under to receave the Water a good quantity of white sugar candy, and let it drop on it. If you finde the water too strong, putt in more sugar candy: take of this water 2 spoonfulls before dinner; it mightily comforts the stomach and provokes the appetite to eat. It is also good at any time to take upon  

upon any illness: onely forbear it in a feaver: because the nature of it is hott: but it is a very great Cordiall. 
MS. Lady Byron
An excellent Cordiall surfet water. Rx a gallon of the
best Aquavitæ; putt to it a pound of the best white sugar
candy, a quarter of a pound of English liquorice scraped
and sliced: a pound of blew raisins stoned, 2 ounces of
Anniseeds; Coriander seeds, Cinamon and large Mace
each 1 ounce, all bruised: 2 large handfulls of poppey
haveing all the whites and seeds clean picked from them
then putt all these together into a great gallon pott.
cover them close: but it must be onely with paper,
for else it will break: then stirr it together every
day for 9 dayes: and if the colour be not deep
enough you may put more poppeys in, within that
time as you please. After the 9 dayes strain it: and
let it stand a day or 2 to settle: and powr it out
from the setlings into glasses: then when it is clear
putt into it 6 graines of Musk and 6 graines of
Ambergrise, and 6 graines of Magistery of pearle.
All these powders must be bruised in a spoon and so
putt into your glass. But before you putt your wa-
ter into your glass you must putt in 4 or 5 leaves
of gold. Then powr in your water and other
things, and keep it for use. This is admirable
for such as have taken a surfet; drinking the
quantity of wine glass. ibid./

A water against all surfets, small Pox and other
infections. Rx. Sage, Celandine, Centaury, Rosmarins,
rew, Agrimony, Scabious, Scordium, Betony, Balm,
Carduus benedictus, Wormwood, Mugwort, Ros Solis
pimpemell, Speremint dragons : ana 1 handfull. Angelica
roots, white henbane roots, liquorice, Zedoary, tor
mentill. ana. half an ounce. wash the herbs, Shake
them and dry them in a cloth, and shred them: shred
the roots, and putt them in as much white wine as
will cover them: let it ly in steep 2 dayes and 2
nights: then distill them in an Alembick, or for
want of that in an ordinary still. Keep the

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first running ------------------by it, and give
of it 3 spoonfull, ----------------with the quantity of a
bean of Mithridate: of the smaller 4 or 5 spoonfull.
If you give it to a child, abate of the quantity propor-
tionable to the years. probatum. M. Lady Byron Some add
dragons to the herbs, marigold flowers, poppy, goats tong
Dr Nurse's Cordial water. Rx half an ounce of cloves

put them in a clean pipkin, with a pinte of fair spring water: let them boyl one walme on the fire, then powr out the water and put as much water to the cloves aagain, and 2 or 3 rases of ginger sliced and clean scraped: and let the cloves and ginger boyl in water half an hower: then put to it 4 spoonfulls of white wine: then let it boyl half an hower longer: then strain it from the spices and put it into another clean pipkin: then put to it of Elder vinegar, 3 or 4 spoonfull, and as much sugar as will sweeten it to your taste: then give it a walm over the fyre again, take it of and put into it 6 graine of musk, and as much ambergREEce: let it stand in the pipkin close covered an hower; then put it into bottells, stop them close. /Ibidem./ good for fox Fitts of the mother & spleen.

To make the walnut water. Take yong walnuts before the shells be hard, and bean cods, both of these must be minced and stilled the common way. It is to be drunk fasting. You may put some of it into wine or ale and let it be your drink. This water is good for the heart, it procures a good appetite to meat; it helps the palsy that comes from the liver, if you drink it in wine and wash your hands therewith. It is good against the dropsy, being drunk with wine fasting. It is excellent to wash the eyes with. It beautifies the face being washed with it. It procures sleep if you wash your temples with it. It is good for botches and impostures, if you bath them, and drink it in wine,

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384 wash any putrified wound or sore, it cures it. It is good for most diseases in the body, to prolong life; Dr Symmons used it as excellent for the stone. It purifies and cleanses the blood. /Ibid./

Water of Wood lillies.

Bein Wood lillies being distilled in wine, the Water helps the Inflammation and mist of the Eyes. it is made thus. Take the flowers and steep them in new wine thirty dayes, and then take them out of the wine, and distill the
wine 5 times over in a Limbeck or body of glass
This wine is most pretious. If any drink therof with
6 graines of pepper, and a little Lavender water, he need
not fear the Apoplexy that month. ibid. - The wine
also may be made thus. ffill a gallon glass with good
old wine, and 1 pound of the flowers: set it to sun
40 dayes, then distill it in a Lymbeck of glass, twice
over, and put thereto a little Lavender water & pepper
or else the flowers of Lavender & rosemary and other
good spices, and distill it over again. Keep it close
stopped & in a narrow mouthd glass; a spoonfull of
it will recover one that lyes a dying: it prolongs life,
comforts the brain, eases the Collick, helps the Apo-
plexy, makes a good Memory, and ready witt, by an-
ointing the head before & behinde. - The same
healeth wounds and corrupt ulcers, and takes away
hurts and spots of the body & face. ibid.

To make Wormwood Water. Rx. 4 gallons of strong ale

a pound a Aniseeds; liquorice half a pound; let the
aniseeds be well dusted and sol-grossly bruised, the lico-
rice scraped & sliced: then take a quarter of a pound of
graines & bruise them. Put the Aniseeds, liquorice and
graines into the Ale and let them infuse with a good
lap full of Wormwood, being all steeped in the ale 2
or 3 dayes, often stirring them, & covering them
very close that the air gett not in: then put them
into a pott a gallon or 2 bigger than the liquor will
into. Put on your Limbeck head, being close stopped
with paste: and with a close-soft fyre of Charcoal
so distill it, ever keeping your Limbeck cool.
ibid./

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ffor such as can not hold their water. vide piss.

Take a mouse, flea it and rost it, and make it into powder, drink
it at once: use it for 3 dayes. probatum. MS.

Another,Take goates, Neats, or sheeps ^ or a sow piggs bladder, dry it and make a

powder of it: drink therof with vinegar or water, upon going to bed.
it will help. MS.

ffor one that can not hold his water, or Women in Childbed. Take the

hoofs of yong swine, dry them and beat them to powder, give the
patient to drink as much as will ly on a shilling in posset ale. probatum. MS.

Another. Burn the clawes of goats to powder, putt it into his pottage, drink, or milk warm. MS. Lady Byron

Another. Rx the braines of a hare either rosted or sod, mingle it with wine or ale, and drink it when you go to bed. - Item the lights of a kid boyled or rosted, and eaten at any time: and some of the lights warm and layd raw under the Navle. ibid. Item the bladder of a bore, dryed & drunk with any thing, broth, posset or beer, hath done much good. ibid. The leaves of bistort or Snake weed (boyld in wine) kij are good fort the Diabetes or not holding ones water. Culpepper. - Red Darnel that growes among corn, being boyled in red wine and taken, stopps all fluxes, and urine that passes away to suddenly. Idem. Tor mentil or Setffoile, a plaister made with it and vinegar & laid to the reines is good. Idem./

ffor a wenn.

Take powder of unslaked Lime, mix it with black sope, and a-noynt the Wenn therwith: and it will fall away, and when the root is come forth, anoynt it with oyl of balme, it will heal it. MS.

Tarr sodden with barly meal in the urin of a chast boy, breaks, strumes, wenns and swellings. ibid.

A Decoction of the leaves of figwort or throat-wort, taken inwardly and the bruised herb applied outwardly, is very effectuall for the Kings Evill, or any other knotts, kernells; bunches, wenns growing in the flesh wheresoever. Culpepper. / An oyntment made thereof may be used at all times when the fresh herb is not to be had. The distilled water of the Whole plant, roots and all is used for the same purpose. Idem. / The root of Mugwort being made up with hogs grease into an oyntment takes away wenns and hard knots and kernells about the throat, and easeth pains about the neck more effectually if some field dazies be added to it. Idem./

Whey, cooling and opening.
Take Endive, Succory, liverwort, egrimony and fumitory, of each 1 handfull, boyl them in a pottle of whey, then strain it, and with the whites of 2 eggs Clarify it: drink of it every morning about half a pinte, adding to every draught one spoonfull of the syrup of succory and violets. MS.

An excellent good whey to cool the liver and bloud, and scoure the body; it is to be taken in May and hot weather, not in a cold rayny day. Rx. ffumitory, scabious, borage, bugloss, Egrimony, and Mayden hayr: some sweet fennell seeds, boyl all these together in sweet whey till the third part be consumed, then clarify it and drink therof, the weather being clear and warm; 3 pintes or a quart at the least in the morning fasting; or if you drink a pottle at a time, it is the better: but not too much at the first but by degrees. Walk up and down after it. The more you drink of it at a time, the more good it will do you: It is good to take some Electuary or light purge the day before you begin to drink of this whey. probatum saepissime. Dr Smith. Lady Byron you may first drink one pinte and then walk up and down, and then another pinte, and then walk; or drink it allltogether if you will./

Winde straightness to help.

Take barly excoriated half a handfull, a good stick of liquorice made clean and bruised, great raysins of the sun, the stones taken out, in number 10. Iubebes and Sebestians of each 10 or 12, one or 2 figgs, burrage, violets, Mayden hayr, endive leaves, purslain, and lettuce, of each half a handfull. 1 or 2 parsly roots, 5 or 6 crops of Isop, with a few anniseeds bruised: all these must be sod with a pottle of water to a pinte, or a pinte and a half, then strain it, and putt in pennodis and sugarcandy at your pleasure. MS.

Pellet for the winde.

Take of Molehil time stript, of red mints shred small, of angellica stalks or leaves shred small, of sweet Marjoram shred small, of all these a like quantity: then take limon pill shred small, of carraway seed and anniseed a like quantity, of long pepper and white pepper grossly bruised, a quarter part of the seeds. Take sugar, wetting it with mint water, till it be like paste, makeing it boyl before it be melted to a candy, then putting in the things above named, drop it on plates, and when it is cold, use it. probatum. MS.
Posset ale for the winde.

Take a quart of cleer posset drink, put therein Setwall

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root washt and scra De..............................ped, of parsley seed, aniseed and Ca...........................raway seed of each a hand full, and molehill time a handfull: let your seeds be beaten in a mortar together; then put these things into the posset drink, letting it boyl from a quart to a pinte; drink of it according to your discretion, as hott and as oft as you please. It will comfort you. probatum. MS.

ffor Winde. - Collick. vide / gripeing of gutts./

Take a quarter of a pound of Coriander seeds, boyl them in a quart of white wine, till half be consumed. take this in a morning fasting. Mrs Houlder . MS.

Another. Take pigeons dung green, dry it to powder and beat it:
give therof a spoonfull in posset drink. Mrs Houlder . MS.

Against winde. Nothing better then a spoonfull of Carraway seeds,
one dipt in sugar, or once onely candyed, still taken after meat. MS.

To cause belching, Hold a piece of Galingall in the

Mouth. MS. Lady Byron

To help shortness of winde. Rx. a gallon of running

water, a pound of raisins of the sun, stoned, 2 penny worth of anniseeds. 1 penny worth of french barly, 2 ounces of white sugar candy; boyl all these together from a gallon to a pottle. When it is boyled strain it out, and putt to it one pinte of Muscadine. Stue it well together, and drink every morning a good draught. ibid.

To cure the pain of the winde. Take 3 quarters of an

ounce of speermint, a quarter of an ounce of cream of tartar, 1 ounce of white sugar candie, stamp them alltogether and eat it when you please. ibid.
A water to cure the winde. Rx 3 quarts of Aquavitæ,

2 handfull of baulme, 2 handfull of speearmints, 2 handfull of Rosemary flowers, 2 handfull of cowslips, 2 ounces of Mithridatum, steep all these together 2 dayes, then distill them in an Alembick. ibid./

Winde in the Stomach or elsewhere. Cleave a fig in the midst and put some butter into it, rowle it like a pTent and put it up the ffundament. ibid./ with a thrid at it./

A belly great with winde. Make a glyster with oyle of Rue: give it warm. ibid.

Winde in the belly. Nutmgs boyld in white wine, with the roots of Motherwort, strained and drunk with sugar. ibid./

Collick. As many ants eggs in powder as will ly on a groat, put into a draught of beer, hath presently cured such as have been like to dy. - Tobacco glisters are excellent; or a pipe of Tobacco smoked into a glass of drink & so taken off. Also anoynt the belly with oyl of Camomill or fresh butter. ibid./ Item grumball seeds put into white wine & drink: also the powder of Acorns is good. ibid./

The Causes of the Collick are diverse. Sometimes Costiveness: then if upon it you finde any pain, first take a good strong suppository: if that cause not a good stool, take a Clyster: before you eat a good meal; for the hardness of the Excrement makes it not to pass through the gutt: and before that pass away, eating causes intollerable paine. Sometimes it is violence of winde in the bowells, sometimes cholerick. Sharp humours, According to the distempers you must apply the medicin. ibid./

Gripeing of the gutts. Rx. 2 quarts of Milk, & a few shaveings of Cork, that hath not been burnt; if there be any cutt it off, that the cork be cleer: & let
not the cork have been in any bottle; boyl the 2 quarts to one, with the cork in it: then strain out the cork from the milk, and drink a good draught of it warm. This was a certain cure for those who had the disease so violently that it was called the plague in the guts and so many dyed of it at London. 1667.

ffor winde and spleen.

Make water gruel of Sparagus and strain it: or the tops of yong hops: both are very good to be eaten in a morning. MS. Lady Byron.

Wormood possit Drink, good for

Winde, choler, or to gett one a stomach: but of most effect when the stomach is well cleansed by vomit or purge. Take small ale posset drink, and after the Curd is taken off, take what quantity of green Wormwood at time of the year or dried at other times, and putt in what quantity you can endure for the bitterness, and boyl it in: so drink it either warm or cold in the morning and at 4 in the afternoon. ibid.

ffor the Collick. Take plain mint water, mix it with treacle water. - or this Take bay berries beat to powder: put a good quantity in a glass of Sack, and drink it. It is excellent. - Or Elder flowers boyld in possit drink, take a good draught. - Or Take blew milk ie skimm'd milk, drink as much of it as you can: this hath cured, when nothing else will. - Tobacco glisters are excellent. MS. Lady Byron

Juniper Berries are very good against winde; being boyled in broth they are a cordiall; or the powder of them taken in any thing. ibid.

Collick, or any hardness in the belly of Children.

Drink Camomill water stilled, the flowers & greens alletgether. ibid.

A Suppository for the Collick.
Rx. 4 spoonfulls of hony, & as many aniseeds as will ly on 6 d well bruised, and a yolk of an egg, & a little salt. You must not putt in the egg & salt till the hony and seeds be well boyled. Then take some butter & spread it on a trenccher, and if it will rowl up into a suppository, it is enough boyled: then you may putt in some mouse dung beaten to powder: it is very good. ibid - Take onely hony & wheat flower mixt together: so boyl it till it will rowl up: it is a good ordinary suppository for costiveness. - A parsly root cutt like a suppository & given is good for little Children. ibid. /

Winde Collick. 3 or 4 drops of oyl of aniseed putt in a glass of sack before the fitt come.

Ordinary Mallowes boyld in milk will cure any gripeing of the gutts, and prevent it, if taken at first. ibid.

An excellent water for winde in the small gutts and stomach. /

Rx. water of Colewort leaves 1 pinte and half: put to it fennel seed 2 drams: Caraway seed 3 drams, pimpernel seeds 3 drams, dill seed 1 dram: boyl these in a close decoction, then distill it in the strongest Balneo. Then putt to that water Orenge rinde ℥ ii pomgranat rinde ℥ ii pownded in a mortar, and distill it again. The dose a spoonfull. This is as excellent as can be Old. MS.

An excellent sweat for the winde Collick, & to stay all desperate fluxes. Rx ambergreese 3 grains, Civet

2 grains: 16 grains of Terra sigillata (montanus) 10 grains of Bezor, a scruple of red corall, 10 grains of sanguine draconis: Nutmeg 1 scruple, Calamus aromaticus 1 scruple. grind all these to one body. The dose is 7 grains in a little tainte (Tent. - James. Old MS.

An excellent Medicine for winde: to provoke Sweat, to draw down the spleen & the Mother. /

Rx the kernel of Cocus Nutt: make it into fine powder, take of it 2 drams: powder of galingale 1 dram: powder of Cinnamon a dram: wheat flower a pinte, Rose -mary flowers 2 drams, Orenge rindes in powder, white amber in fine powder, ana half an ounce.
Bezor 1 dram: terra sigillata half \( \frac{3}{3} \): safron
half a dram mix altogether in fine parts; then putt
to it these oyls, Oyl of sweet almonds, amber, aniseeds,
Sage, mirrh, frankincense, ana a dram & half.
Then take a pound of sugar dissolved in rose water,
putt all together & boyl it to a thick paste, for
lasting. The dose half an ounce to be eaten 2
or 3 times a day. Ellen. Old MS. It must be
made into Lozenges. /
f for gripes drink 2 spoonfulls of Usquebaugh. MS. Lady Byron
ffor griepeing of the guts & stomach, Take but a spoon
full of syrup of Mallow flowers, & lye warm: It hath
cured immediately. - Warm sack & ginger is also
good. - MS. Lady Byron /

Dr Turner s Remedy for the Collick and Stone. Rx

Iett ʒ ii Elder flowers ʒ i. Date stones, one Nutmeg,
parsly seeds and grummell seeds ana 1 spoonfull.
let them be all powderd and finely searced: take
the Weight of 6 pence therof in a draught of
posset drink made with ale and White wine: take
it in the Morning fasting, and about 4 in the
afternoon. Hartman .

Another for the same. Drink of the distilled Wa
-ter of Parsly in White wine or good, it helps
the Collick or strangury and consumeth the stone.
Idem

Another for the Collick, stone, Strangury, &
Dropsy. Rx. Sena ℥ i. ginger, aniseeds, liquorice,

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mace, nettle ................................seeds, and great
safron of each 2 penny weight, Cinamon 3 pen-
ny weight: reduce all into a fine powder, and take
half a spoonfull of it in posset, wine, ale or broth.
Idem.

A present Remedy for all kindes of Colick what
ever. Rx. Mint, Sage, both of them dry, ana ii.

digest them in a pottle of the best Spirit of wine
in a Cucurbite for 8 daies: then distill it in Bal
neo Marie, takeing but a 3rd part of it. the rest
is good but in a weaker degree. Take of the first a dram and a half in 2 ounces of white wine. Idem.

ffor the winde Collick and stone Collick. Rx 4 long pepper Corns, 2 races of ginger both bruised: 2 spriggs of Rosemary, the shells of 2 new laid eggs in fine powder, the inner skins being taken away: boyl them together for a quarter of an hour, in a pint of white wine: then beat the yolk of an egg in a little white wine, let it boyl a while, and brew them together with 2 ounces of loaf sugar, and drink it warm, going to bed. This hath holpen very many. Idem.

Another for the winde collick and stone. Take 4 hard red onyons: boyl them in 3 pintes of strong ale, till a quart is consumed: then strain it and drink it warm. Idem.

ffor the Collick and gripeing of the guts. Take sage and mint, boyl them in a fitt proportion of Claret wine: then strain it and sweeten it with a little Sugar, and drink it warne. Idem.

Another for the same by the Lady Drury. Take a green Turf of grass, lay it to the Navle, the green side next the skin, and let it remain there till you finde ease. Idem.

Another for the Collick, pain in the stomach or worms. Take a spoonfull of the powder of dried Orange peels, drink it in wine, broth or strong ale. Idem.

ffor the Collick or ulcer in the Kidneys.

Make a posset of milk and white wine: putt thereto 3 spoonfull of red nettles, and an ounce of the Syrup of Althæa. Take this proportion for 3 mornings together, and it will ease you of pain. Idem. 392.
ffor the Winde Collick. Rx Columbine leaves, Camomil, red sage, of Each a handful: stamp and press the juice out of them: put as much beer to it as will make a posset, and having taken off the Curd, put to it ginger and Nutmeg at discretion, and drink it warm Idem./

Coriander seed prepared is good to expel winde: but other wise it is bad for hott heads. - Gromwell seeds help the Collick and expell winde. - So doe Dill seeds - Culpepper./ So doe Ammi seeds or Bishops weed, Cardamons, fennel seed, Cumminseed. - The powder called Dianisum, according to the Colledg dispensatory. - is excellent for the winde and a cold Stomach. - Idem.

If you boyl parsly and Thyme well in white wine, and in a draught of it putt a spoonfull of Castlesoap, scraped small, till being drunk up, causes a Man speedily to make Water, and is a pretious Remedy for the Stone and Collick. Idem./

Diatrion piperon made up in an electuary, heats the stomach and expells winde: use half a dram in the powder, and one and a half in Electuary, before meat to help digestion; and after meat to expell winde. Idem./

Oyl of Rue is a great expeller of Winde. Idem./

The Unguentum laurinum commune, or Common oytment of bayes, according to the Dispensatory heats and expells winde. Idem.

The seed of the herb called by Country people, Sawce alone or lack by the Hedg, and smelleth somewhat like garlick, being bruised and boyled in wine, is a singular remedy for the Winde Cholick and Stone./

The leaves of Willow tree bruised with some pepper and drunk with wine, much helps the winde Collick. Idem./

ffor the Stone cholick. Rx. a head of garlik, roast it in the embers, and beat it in a dish with a rowling pin: put thereto a good quantity of pepper; then take of unsalted but -ter clean washed as much as both garlik and pepper, mix them well together and make pills therof, as big as may conveniently be swallowed: rowl them in nutmeg and sugar, then take one if that ease not, take another, at most but a 3d, fasting half an hower after; then take a toast, butter it well on both sides, with fresh butter: putt it into a pinte of the strongest ale you can gett, being soaked, eat the toast first, then drink the ale. - A Mountebanks Rxt./
for the Worms.

Take a dram of fine Rubarb, slice it in small pieces, tye it in an old linnen cloth, and to bedward lay it in steep in 5 or 6 spoonfull of Water, wherin purslane hath been sodden: then in the morning warm alittle, and crush the Rubarb into the water, and put to it a spoonfull of Malmsey: let the child drink it lukearm in a morning fasting, and fast 2 howers upon it. Give this once in a forth night or 20 dayes. MS.

Another. Take the tender Stalks of a wilding tree, dry them in the shadow, then stamp them well, and sif them, and take of the same powder with the root of Gentian, and of long perrie, of each of them a quarter of an ounce, and half a quarter of an ounce of Mirrhe. All these things well beaten to powder, put into a dish or some other Vessell: when you use it, moysten them with some water, and take of it between your fingers, and wet the lips and mouth of the Child, do this 3 or 4 times, and you shall see the worms come forth with his siege. MS.

Another. Take wormseed, of Carduus benedictus and Coraline of each a like quantity, beat them to a fine powder, and with honey make therof an electuary; give the quantity of a dram at morning and another at night: it will help. This purges the bloud and takes away any feavour. MS.

Stomach worms. Take brimstone, beat it very fine and searce it, through a fine lawn ragg, put it into new milk sodden; and put to it a little sugar or hony, give it the child fasting. MS.

Belly worms. Take a little water and salt, mingle them together, when the salt is melted, drink it fasting. Or 2 or 3 olives eaten fasting doth the like. MS.

A plaister for worms. Take of wormwood, of Camomill flow-
ers, dry or green, and if you have them, of unsett leeks, of each of these a handfull; fry them altogether with a beasts gall in a frying pan: lay them warm to the childs navell going to bed, upon a peece of sheeps leather: binde the belly 2 or 3 times about with a towell, and lay a fresh one on once in 24 howers; doing so 2 or 3 times will kill the worms. MS.
Belly worms. Take the green leaves amongst oysters, dry them and beat them to powder: put a quantity therof into drink, and drink it first and last. MS.

Another. Take wormwood, unset leeks and Mints, of each a like quantity, chop them small, and crum rye bread amongst them; put them all in a frying pan, and dry them over the fyre, then sprinkle vinegar on them, and lay it to the stomach, as hott as may be: Let it ly so 24 howers, and it will bring forth all the worms, be they never so many. MS. probatum.

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wormes in the stomach. Take Nip, stamp it, and temper it with white wine: drink it, when you finde pain. MS.

Excellent water for the worms. Take wormseed bruised, 8 ounces, shaveing of hartshorn, 2 ounces; peach flowers dried, 1 ounce, aloes bruised half an ounce: powr on these the waters of Tansy, Rue, peach flowers and wormwood, of each a pinte and a half; let them be digested in a glass vessell 3 dayes, then distill them; cohabote this water 3 times; This water may be given from half an ounce to 3 ounces, according to the age and strength of the person: a small quantity for young children suffices. It assuredly kills stomach worms, maw worms, or any other inwardly infesting the body.

Item. Rx juice of Southernwood, wormwood and Rew, and a little saven: drink it with stale ale. MS. L. Byr .

ffor wormes in the fundament. Rx. aloes beaten to powder and mixt with honey: make a suppository of it, and putt it up the ffundament. MS. Lady Byron

How to dress Earth worms. Rx an 100 or more of wormes, cutt the head and taile off them; slitt them through the midst, and scrape all the filth from them. then wash them in water and salt very clean, and lay them all night in white wine: the next morning take them forth and tye them in a peece of cobweb Lawne, or tiffany, for linnen cloth will make the broth taste of it. You must take it 7 or 8 Mornings together; they must be rubbd with salt very well and washed with 5 or 6 waters./ ibid./ Thos os a great diuretick, sudorifick, &c../
ffor the wormes. Rx. aloes, Rhubarb, hartshorn, ana 3 s.

as much sugar as them all; drink it in sack or Muscadine for the wormes. ibid./

ffor the worms. A quarter of a spoonfull of Iane Treacle, 2 good spoonfulls of plantane water; a penny-worth of wormseed clean dusted and rubbed between the fingers, mingle it together and warm it a little, and drink it fasting, especially when the sign is in Virgo.

Another. Rx. juice of Wormseed, warm it well, anoint the stomach well with it, as low as the holepitt of the stomach, then strow the powder of Mirrh finely beaten upon it, and lay a piece of black brown paper upon it warme, keep it to it a day or 2

Another. Rx. a little powder of Alloes, mingle it with honey lay it to the navle with brown paper or little pieces of leather. MS. Lady Byron.

Another. Rx powder of aloes with honey, or mix it with the juice of wormwood; strike it on a red leather 3 fingers broad: apply it to the navle 3 dayes. ibid.

Another, Rost 1 penny weight of aloes in an apple and eat it 3 mornings. ibid./

Dr Bates Receipt for the worms, Rx. Wormwood half an ounce. Rubarb 2 drams, Corollina 1 dram, fenu-greek a scruple: make these into fine powder, and give it in new milk from the Cow, as much as will ly on a groat at once. It is best in the morning. ibid.

Another. Rx. aloes, burnt hartshorn, coralline and wormwood, of each alike quantity, 2 penny worth of safron; make all these into a very fine powder,
Give as much as will lye on a groat to a child and as much as will lye on a 6 pence for an Elder person: give it in a spoonfull of beer or ale, and fast 2 howers after, and take it 3 mornings together.

ibid.

To kill wormes. Clarify a pound of May butter in the Sun; and stamp 2 pound of green wormwood; set them in the sun 9 dayes: then seeth it an hower & halfe; strain it: keep it in a gally pott, and anoynt the Navel at the full of the Moon. ibid.

Wormes. Rx. wormseed, Coralline, hartshorn burnt, of each a like quantity. Take it mornings. ibid./

1 ounce of wormwood water drunk fasting cures the Worms. ibid./

One or 2 ounces of oyl olive, taken with juice of Limons, kills the worms in Children, & the Scurvy. Dr Vaughan.

ffor the worms. Rx fair water boyl & cool it again.

lb ii oyl of as much as will make it sowre: give it to drink, it will speedily avoyd the wormes. MS. P. M.

To kill wormes in Childrens hands; Rx. Tobacco leaves,

sett them on the fyre, but not to flame: hold

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(396 your hands over the same a quarter of an hower allmost, then putt your hands into water presently, & you will see the worms go into the Water. MS.

ffor all kinde of Worms in Children./

Make ale posset drink: boyl in it a little safron, & a pretty deal of Wormseed bruised: then strain it & sweeten it with treacle: give what quantity you will, for it will not hurt. It is good for either old folk or Children. MS. Lady Byron

To kill the Worms in Children, and to purge phlegm.

Rx. Rubarb half an ounce, aniseeds a quarter: white sugar Candy 1 ounce: powder all these & mingle them together. Take as much as will lye on 6 pence, &
at night when they go to bed, either dry, or in posset
drink, or in what they will take it. You may give
more if it be to an elder body, It will purge the
next day. Give it 3 nights. ibid.

ffor Worms in the stomach. Rx. Ash keys, when they
are ready to fall off the trees. slitt them & take out the
kernells; dry them & beat them to powder, & take as
much as will lye on a shilling 3 mornings fasting: it
will cause the party to vomit them up. ibid. This
hath cured them that have been dying of the worms.
But it is a provoker of the Courses, & so not safe
for a Woman with Child. to take. It is good for
winde in the stomach. ibid.

ffor the worms. Rx Rue, stamp it with a little
butter, & lay it on the pitt of the stomach. ibid./

A short account of the disease of the Worms.

The materiall cause is commonly sweet phlegme, that grow-
eth putrid, by which it gets a disposition to be turned
into wormes. ffood also if it want good digestion turns
into putrifaction, and begets worms, as we see in cheese and
in fruits, that bring forth worms by being putrified:
so it is in our bodies, especially in Children that are
given to gluttony, and eat the foresaid thing, and
take new commonly before the old is digested, and con-
cocted: hence they putrify and breed wormes. And it
is dayly observed that sucking Children that eat
meat are most troubled w ith the Worms because
thereire stomachs are not able to digest it: moreover
Milk is quickly digested in the stomach and pre-
sently sent to the gutts, and if it have meat

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mixed with it, which could not so suddenly be digested,
it will be sent into the Intestines with the milk, &
therefore I rupt and breed wormes: for worms never
breed of milk alone.
The cure of the worms is by driveing them out, be-
cause they are wholy against Nature, and this is done
by purgeing medicines, which kill wormes, and eva-
cuate the matter that breeds them. ffirst give a dose
of this powder. Rx. Wormseed. ℥ ss. Sen
n
a dram symbol ʒ iss. Cori-
ander seed prepared, hartshorn ana scruple symbol ℍ ss. Rhubarb
two scruples, dramms, dried Rue, ss. beat them into a fine powder; it is to be given from a scruple 2 a dram, according to the age of the person: mix it with such things as please the pallat: 2 bowers after give this clyster. Rx. barly bran and red roses ana .i. Liquorice and raisins scraped and stoned ana ʒ ii. boyl them in spring water or milk to half a pinte; dissolve in it strained, red sugar candy one Ounce, and one yolk of an egg: you may add Cassia or Diacatholicon to make it stronger: give these medicines 3 or 4 times in good order. Oyl of juniper given 2 drop at a time in broth, is excellent for Children that have the Wormes.

A Cataplasme to kill wormes. Rx Meal of Lu

pines 2 ounces, Mirrh and aloes ana ʒ ii. ox gall as much as is fitting, oyl of Wormwood 2 ounces, make a Cataplasme for the belly: let the belly be coverd, but make a hole in the middle, that the navle may not be coverd, but ly open. This hath had marvelous effects. ffor flatt wormes or Arseworms, Clysters made of bitter things never faile: as milk ounce symbol ʒ 6. pulp of Coloquantida ℧ i. Oyl of Rue ʒ ii: give as a clyster, and this is the best; it is somewhat sharp but sure; you may putt some Cassia to it or Catholicon to make it more purgative, to carry away the filth that breeds them./ Incerti Authoris./

ffor the Worms. Take Rosemary, eat it fasting with bread hony, and you shall have noe wormes, boyles nor botches. Ejusdem. - Item take a spoonfull of Syrup of Wormwood, with a scruple of Aloes in it./ Ejusdem.
The unguentum Nicotianum or of Tobacco, according to the Dispensatory, O is admirable to anoynt the belly with for wormes or Collik. - Culpeper ./

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Wounds to cure. Broken bones / bruises. ffistulas Bleeding./

A good mundificative for a wound in the head. Take hony of roses 2 ounces, oyl of roses 1 ounce, mingle them together, and putt it warm into the wound, with lint, and a plaister upon it. MS.
To heal a wound. Take turpentine as much as you think will serve for your purpose, put it into a dish with clean water; then take a stick, made flatt at one end, and with that turn and beat the turpentine in the water, till it be very white: then put the water clean from it, and put to it half as much yolks of eggs as of the Turpentine: mingle them well together, and minister them when you have need: put not this in any box for it will soke through, but you may keep it in a bladder. MS.

To heal a wound within ten dayes. Take Camphir and stamp it with barrows grease. MS. putt it to the wound, it will heal it. probatum. MS.

To heal a wound quickly, wash the wound well, with Aqua balsami, which the Chirurgians use: close it up, and theron lay a cloth dipt in oyl of frankincense; this heals a great wound quickly. MS.

ffor a wound made with Iron. Take Egrimony, and beat it with ale to a salve: lay it to the wound. MS.

A green wound. Take 1 pinte of strong ale, as much roch allum as half an egg, 3 spoonfull of honey, and seeth them to half a gill, then take it from the fyre, and put to it as much fine boulted meal of wheat, as will make it playster thick: so keep it. This layd to a green wound, will heal it very hastily and sound. MS.

ffor a wound tho never so great. Take a quarter of a pound of un wrought wax, 2 pennyworth of Olybanum, 2 ounces of Pitch, 1 ounce of Rosin, beat these together fine in a Mortar, then put it into a pan and put to it half a pinte of sallet oyl, and half a pinte of Turpentine: let them melt on the fyre; then take a handfull of the topps of rosemary: 1 handfull of plantane and grinde them in a Mortar, put them in the pan, and let them all seeth together, till they be half boyled away; strain it through a course cloth and keep it in a box. MS.

To cure a green wound new done. Take Aqua vitæ and sugar mingled together, bath the wound when it is presently done. MS.

To stanch bleeding of a green wound vide bleeding.

Take the lean of a peece of powdered beef, broyl it on a fork or knife at the fyre, till it be through hott; so apply it to the wound. MS.
Another. Take safron and white sugar put together, lay it on
the cutt and binde it up: it stanch the bloud and heal it. MS.

for a wound in the head. Take bettony and stamp it, lay it to
the wound, it will glue together againe: the 3d day renew the
plaister, and if there be broken bones it will rayse them
forth. MS.

Another most excellent wound water, to drink.

Take plantane, sanycle, bugle, and curnfy, of each 3 hand-
full; of Scabius, Egrimony, Avens, wood bettony, dazy roots,
and leaves, bramble topps, fluellin, alias Speedwell, and
Charvell, of each 1 handfull, wormwood half a handfull,
wash them and shred them very finely: then put them into a
brass pott, with a gallon of spring water, cover the pott with
a wooden platter, and past it up very close the pott with some paste.
then sett it to the fyre to boyl very leasurely the space of
7 howers; by that time the liquer will be wasted to 1 quart
or 3 pintes: then strain the liquer from the herbs, and
make the pott clean, and put the liquer into the pott againe
with 1 quart of white wine: let them boyl for the space
of half an hower being covered: then putt in the quantity of half a pinte of honey: and let it have half a score walmes, scumming it very clean. Then putt it into some wooden vessell, and so putt it into bottles for your use. Take the quantity of a quarter of a pinte at a time, warm, viz at 9 at night, 5 in the morning, a 3 of the clock after dinner, fasting 3 howers after it is taken. Also with a syringe, squirt some therof into the sores. This is good for all wounds, inward and outward, fistulas, cankers, fretting, eating and filthy sores and ulcers. probatum. MS.

A powder to restrain bleeding of wounds in the head: and the same with oyl of myrtles, mastick and oyl of Quinces, is excellent to dry up the humidity that causes the Matrice to fall. - Rx. Alloes succatrine of the purest Sarcacoll, and Mirrh, of each 3 drams: of fine Olybanum 1 dram & a half: make these into subtile powder and use it in wounds. Cast it into them. MS. Lady Byron
Apply a handfull of arsmart wetted in water to a wound or sore; after bury it in a moist ground, and as it rotteith the sore will heal miraculously. ibid. The white Cotton of Carduus Benedictus heals all Mortall wounds in 3 dayes, without pain. ibid.

To heal a wound that no print shall be seen of it.

Rost lilly roots and grinde them with old swines grease, and when the wound is healed anoynt therewith often. ibid. If one be wounded and bleed inwardly, take the heaviest Nutmegs you can gett, wash them, wipe them and pare them: then eat them, and you will deliver the bloud outwardly and by ordure; and it will cleanse you perfectly: so the wound be kept well, and the same used till you recover. ibid. Stamp an onion with honey and lay it to any wound to heal it. ibid. powder of pepper fretts away dead flesh: ibid. Putt powder of pitch (or pitch tree) into a sore to ingender flesh. ibid.

Woundes ache. Mix the juice of smallage with honey and swines grease, and Rye meal and apply it. ibid. To cure a bruise or sore, where the Skin is not broke. Rx. the white of an egg, oyle, and powder of Myr-
tles, of each half an ounce. Mix and beat them well together: then take fine flax, wett it in water & vinegar warme; wring it hard: then spread on this oynment and apply it. ibid.

To cleanse a wound, or eat away dead flesh. Rx. Egyptiacum, Ceraseos of each 1 ounce: mingle them well together and apply it. ibid.

To strengthen bones that are sett right in joynt. Rx the inner Rinde of Elder trees, and the roots of Comfry of each a like quantity. Shave them very finely chopped them very small: then mix it with the yolk of an egg and lay it to the place. ibid.

for a bruise. Rx. Butter dock roots, and Creame, boil all together to a salve and apply it. ibid.

Take adders tong, stamp it and boil it in sweet oyl, till it be very strong of the adders tong, so putt it up into a pott all together. It will cure any green wound as well as any balsome. ibid.

To stanch bleeding at nose, Take Betony and salt mingled together, and putt it in your nose. ibid.

A noble balsom to cure wounds of all sorts, by onely anointing them morning and evening. Rx oyl olive 1 pint,

S. Johnes wort, Betony, Centaury and self heal, 1 hand full of each; stamp them and mix them well together, let it distill in a glass all summer long; then press it out. ibid.
Mix the fine powder of Velvet coloured Moss, that growes at Willow roots, with the liquor of Shoomakers shreds, and anoynt any sores, cankers or wounds of legs there with; it heales them. ibid.

Nose bleeding. Apply red vinegar to the Navell. ibid. Item.

be not strait girded, hold thy hands full of Vervain, & look up to the Sun. ibid

for an arm swollen by bloud letting, apply wheat meal
with honey and milk. ibid.
A salve for a green wound: Wash 1 ounce of Turpent-ine in Woodbine Water, and mix it with the yolk
of 2 new layd eggs: put to it 2 blades of safron,
mix them well together and keep it in a box: It will
last a year. ibid.
A plaister of Sowr bread boyled in wine, draweth sores
passing well, being layd thereto all night. ibid./
Smiths Baume or Carpenters baulm, is excellent to heal
green wounds that are cutt with Iron; it cures the
rupture in a short time & stayeth the whites. Dio-
scorides and Pliny attribute the like vertues to this
kinde of baulme, which they call Iron wort; the
leaves being applyed close up wounds without any perill
of Inflammation; Pliny says it is of so great vertue

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that tho it be but tyed to his sword that gave the wound
it stanches the bloud. ibid.
To stanch bloud. Rx Bursa pastoris, chew it in the Mouth,
let it downe; it stops bleeding any where: you may put it
in a wound, or the powder of it. ibid. keep it all the year.
To heal a wound. Rx. swines grease and goats dung, melt
them together for a plaister. ibid.
To draw bones from a broken head. Stamp Betony, Ver-
vain & Rew, with hony, rye or wheat meale, and the
white of an egg and lay it on. ibid.
ffor a wound that is ill healed. Take Swines grease &
goats trundles, mingle them & apply it. ibid.
ffor a wound that is full of bloud. Stamp red nettles with
vinegar and apply it. ibid./
ffor broken bones in a wound. Putt in juice of betony, &
lay a plaister on the topp: or else violets or the
leaves sodden in water, made into a plaister & layd on:
Also juice of plantane, of Ribwort, with a little hony
and a little wheat flower layd on raw together. ibid.
To stanch bleeding in a wound. Burnt salt to powder
and put therin. ibid.
Bleeding at nose. Take topps of red nettles, well chafed
in vinegar, lay them to the wrist on the same side. ibid./
To stanch bloud: burn a hakes skin in an oven to pow-
der: apply it: ibid./
Bleeding at Nose. Shepherds purse bruised, put in the nostrills.
ibid. bearing it in the hand or any where stops bleeding of wounds./
To cleanse a sore from dead or proud flesh; and to
take away heat and inflam mation. Take 3 or 4
lime stones, as big as a hand or there about: they must
be well burnt: the lighter they seem, the better they are
burnt: put them into an Earthen pot that is very fair
if it be a new one that is well leaded, it will be better
then heat half a gallon of spring water, scalding hót: but let it not seeth; in a very fair Earthen pott, or a very fair scoured brass pann; let it stand till next day: there will be a thin scum on it, which must be taken of, then powr pout the clear water from the setlings, & keep it in a glass close covered. When you will use it

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take a spoonfull _______________or 2 and warm it in a sawcer, and as hot as you can suffer it bath with a linnen cloth: then wet a cloth 3 or 4 double, and lay it warm upon the sore: do it twice or thrice a day. I never did it by weight or measure, but by guess: If there be too much lime for that quantity of water, you may put less lime in the next time: the clear water would stand about 3 fingers above lime. This water will likewise bring new flesh, & skin a sore. ibid. prabatun.

To stop bleeding at nose. Put the juice of Rue, or Cummin seed bruised with vinegar; or the roots of Nettles brayed into the nostrills. ibid. also the juice of red nettle leaves rubd on the brawes .

To heal wounds and ulcers. Use the whole herbe of Celandine, being dried. ibid./

To stop bleeding at the nose. A plaister made of leaves of plantane, the white of an egg and bolearmoniack, ap-plied to the browes. ibid./

To heal green wounds: provided they be not very deep,

they may be healed in a day by putting into them the juice of Nicotin, or Tobacco: and applying the dross upon them: and if they happen to be deep, it is but further washing with wine, and then put this juice in them: and the dross therof upon them, with a linnen cloth dipt in the juice. Also for more speedy helping of them it were good they were washt within and without with the same juice ibid./

To cleanse a sore and take away dead flesh. Take woodbine flowers, white roses, plantane, distill them. take 6 pennyworth of Camphir, putt it in a quart of the water: set it in the sun for 10 or 12 dayes, and wash the sore with it. ibid./
A Balm to Cleanse and heal an old festerd sore; By
Dr Martin

Rx oyl olive half a pinte, juice of Hysop

3 spoonfulls; boyl them together till the iuice be washed.
then put to it 2 spoonfull of Hony, half an ounce
of Rosin in powder, a groats worth of Saffron in
powder, half an ounce of Alloes in powder,

and 2 ounces of Venice Turpentine: boyl them a little
while and stirr them that they may mingle together: then
strain them and keep it for use in some glass or pott,
It must be injected warm into the sore; or if it be no
depth hole, anoynt it warm upon the sore. If the sore
be festerd inwardly, and there be not room for the Cor
ruption to come out, melt a little flos in a sawcer,
put a little verdigreese to dip a tent in that Salve, & put
it in the sore: It will open the hole in 2 or 3 dressings,
that you may putt in the former oyntment, or any other,
that you think good. ibid./
To stop inward bleeding either by bruises, dissenteries or
fluxes give Irish slate as much as will lye of a shilling
in white wine./ ibid./

An excellent medicine to stop bleeding at the Nose, or of
any green wound. it must be made in March. Take

a paile and a ladle, then take a pretty good quanti-
ty of the spawn of toads; frogs also will engender
with them. You may have good store therof in ditches
and pond sides: put enough therof in your paile:
most part therof lyes like gelly; Then take some
new Lockeram that is not too Course: out it into
the spawn, and with a ladle or wooden splatter,
wett it throughly therin: then take it out, without
wringing it, and hang it up in the air & sun: but
not by the fyre till it be dry: and thus you must wett it
10 severall times, still drying it in the sun; and the last
of the 10 times, when it is half dry, you must rub it
in your hands to make it somewhat soft. It will not
hurt your hands at all: but if you be dainty, you
my rub it with a pair of gloves on. If it be a
wound, cutt a plaister therof: if it be at the Nose
then cutt 2 little pieces, and put them into each nosrill.
You may cutt your Lorckram into lesser pieces if you
will: for they must be kept close wrapt up in paper
in a box. You may make enough therof at one
time to serve 7 years: and you may take fresh
spawn when you make it, twice or thrice, if you
will. This spawn is the coldest thing in the world.
A Corrosive which is gentle, and in 24 howers brings away his ask with him. Rx the finest sea sand, that the salt water covers at every tyde, as much as you please: dry it & grinde it on a marble stone, 1 ounce or 2: then grinde as much vitriol combust: ie green coperas sublimed in a crusible, as before was mentioned, each of them by themselves: mix them, and with the grease of a barrow hog grinde them together. lay it upon plagets, to rotten dead flesh, or fatness in the ulcer. - Take the aforesayd powders 2 parts, & one part of the powder for the fistula heerafter mentiond, temper them together: then as much flos unguentorum & the plaister of Melilot, as you think will suffice to receave the quantity of the powder, with a little swines grease: and with a soft fyre of Coales relent them: & when they are in cooling ever stirr them, till all be cold. Then use an oyntment for all spreading & weeping ulcers, that are red & moyst and hollow, to be layd on plagets, Stupes, or tents: and will soon without trouble cleanse the Matter, and draw an ulcer of an handbreath to the compass of a groat in a small time. - And for the Aske care not, for it will out eat it, and forbid the increase therof: & if you put to your flos unguentorum and your plaister of Melilot of each an ounce, half an ounce of unguentum de althæa, (ie oyntment of Marsh mallowes) and half an ounce of Populeon, and May butter & swines grease ana 2 drams: and relent them together, it shall be an oyntment soveraigne, to remove the ask, after it is perfectly mortifyed, and sticks to the bottom of the ulcer, and causes the dame to come easily away. ibid -

ffor ulcers, fistulas, wounds of gun, pellets, knobs like Mulberries in a mans face, or wild fyre. Rx. the crops of

S. Johns Wort (Hypericon) 3 yeapon full (handfull) bruise them in a mortar, lay them to steep in a quart of good pleasant red wine, 9 dayes & nights: then boyl all to the wasting of one part of 3 as neer as you can guess, in a double vessel of glass well luted, that no air come in or go out: then strain it, and put thereto as much again of new crops bruised, & let them infuse as long: boyl it a 2d time to the wasting of another part; strain it strongly, and put thereto of fine venice Turpentine \(\text{v}\) iii: old oyl olive, or oyl of Roses, \(\text{v}\) vi. safron, 1 d weight, which is the third part of a
dram: boyl all the third time to the wasting of the wine. - The Melilot playster *vide* among the plaisters.

The powder for the ffistula. *vide* ffistula.

An excellent oyntment to dry up any raw sore. Rx. Litharge of gold & Ceruss, of each a like quantity made into fine powder, then take wine vinegar & oyl of Roses of each a like; mix the powders with the oyl and vinegar in a porringer, or some Earthen pott: beat it a good while to a soft oyntment, then with a knife or the like, spread it upon the sore, & lay a cloth upon it. *probatum*. ibid.

To stop any bleeding either at the nose or any other part, and good for a woman to wear that hath her terms immoderately, & Cures pissing a bed, or any distemper of the womb. Take the blackest Toad you can finde, dry it to powder, putt the powder into a little bag, wear it constantly about your neck, letting it hang about the pitt of the stomach; It must be hung by the leggs with a packthrid, and so hung in the sun: let it dy & dry so of it self, by the heat of the sun: then beat it to powder, & putt it into a little bagg. Mr Willoughby dryed them in a broken bottle in a hott oven, stopped very close. *probatum*. ibid. Item hang a Tode about the neck of a horse that hath the farce, it will infallibly cure him. ibid.

Bleeding at Nose; the white of an Egg beaten, & with powder of frankincense, Mastick & galls applyed to the browes, helps much. Dr Vaughan.

To stanch bleeding. You must know by what accident the wound was made, and at what time, and if the Patient was in Drink or in Love, or in a Passion or otherwaies: for if they were in any of these distempers, no art will stench the bleeding till the passion be over. Then these remedies will do good. Crocus Martis well reverberated in fine powder. Lime of copper prepared as the Crocus Martis. The foolish or flying meal of mills, The white hayr of a hares or conyes toole-tayl. The Moss growing on dead mens sculls. Lapis Carneolis held in the hand. Ashes of frogs, toads & Rubetta. Lapis sang. or bloud stone. Any of these will do, if applyed according to art. But if none of these will do, & particularly the first sort of Medicines, the wounds are very dangerous & you must let them bleed out their fill. Mr P. M.
An appendix —— of Some thing omitted.

Juice of Resberries to keep all year.

Take resberries, bruise them with a spoon, then putt them into a flannell bag, hang them up to drop, as long as they will, into an earthen pott; and put to every pinte of juice, a pound and half of loaf sugar finely beaten: let it stand all night; next day putt it into a skellet, and set it over a soft fyre, continually stirring it, till all the sugar be very well dissolved: but be careful you do not let it boyl; let it stand till it be cold, then bottle it up and stop it very close, and keep it in a cool seller. When one bag has dropt as much as it will, take away the juice, & put some sugar to it for fear of loosing colour: so do till you have gathered as much as you please: the sooner you can gather it, the better. MS.

Wormwood Lozenges to make.

Take 1 pound of refined sugar, beaten and sifted, half an ounce of the white powder of liquorice, musk and ambegrees of each 2 graines; mix the musk and amber very well with the powder: then beat it into a paste with gum dragon: put to it as much spirit of wormwood as will give a good rellish: then rowl it out into little rowles, and make them into round cakes. MS.

Resberry ale.

Take strong wort, and boyl it a 3d part away, at least with out any hops: then to every 3 gallons of wort, take 1 ounce of orris roots, 6 ounces of Raisins of the Sun, stoned; one ounce and half dates, sliced; 20 cloves stuck in a peece of Lemon peel: tunn up your ale warm; and let them work together. when it hath done working, bottle it up with a little sugar in each bottle, and stop it close.

To preserve bullies as green as grass.

Take bullyes, wipe them with a cloth when they are new gathered: prick them with a pint, and coddle them in 2 waters, being very close covered. Take 1 pound of white sugar, and 1 pinte of water, make your syrup, & when your bullies are well drained from the water,
putt them into the syrup, and warm them 3 or 4 times a day, for 3 or 4 dayes together: but the last time they are warmed, take them up, and sett them a dropping from the syrup, and boyl the syrup by it self a little

til it will jelly: when it is allmost cold, putt in your bul lies, so pott them, and they will keep all the year. MS.

To preserve grapes as green as grass.

Take grapes when they are very green and stone them well; cut them into little bunches; as you stone them strew sugar on them; then take a pinte of Infusion, and put to it a pound of fine sugar: boyl it candy height; when it is almost cold, putt in the grapes as before prepared: then sett the pewter or sylver dish, over a Pott of boyling water, turning them very often 3 or 4 dayes together: the last day boyl them softly till they look cleer: then pott them. MS.

To feed chickens very fatt in a week.

Take a pinte of wheat flower, 1 pinte of trencher flowre; wheat: putt into it half a pound of Course sugar, make it up into stiff paste, and rowl it up into little rowles, wett it in warm milk, so cram them: you may sow up their vents the last 2 dayes. MS.

To preserve Barberries.

Take 1 pound of barberries and stone them: then take half a pound of the liquid substance of other barberries, put a pound of sugar to the liquid substance: let it boyl till it come to a perfect color; take it then off the fyre and skim it verry clean: then put your barberries into the syrup, when it is allmost cold, in bunches, or clusters, and boyl them up as fast as you can. When they boyl up to the top of the pan, strew on them half a pound of fine sugar beaten, and then let them boyl: and when it is melted take them off the fyre, when they are cold, pott them. MS.

An Apollonia pudding.

Take of rosemary, tyme, marjoram, penny royall, Spinage, of all a good handfull, minced very small; then take a Man chet grated small, half a pound of Currans, then take a quart of cream and 6 eggs, and a Nutmeg powdered, stirr them together, and haveing a Kell of veal or lamb spread it over a cloth,
or napking for that purpose, and put in your pudding into it, shake-
ing it before: then wrapt up close together, shake it well to-
gether, when you put it to boyl, that the currens sink not to
one place: put it in a boyling pott, let it boyl allmost 3
howers, serveing it up with vinegar, butter and sugar. If
you please stick on it quarterd or sliced dates, or quarterd
allmonds blanched. MS.

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Gingerbread to make.

Take Manchet, grate it and sift it, and to 3 pounds of crums
take two pound and a quarter of sugar: put the sugar into a
pann, and so much rose water to it, as will dissolve it: then boyl
it up and scum it: then lay a little on your finger, and if it
draw betwixt your finger and your thumb, it is enough: take it
off the fyre, and stirr in your Crums as fast as you can, and
work it very well together with the slice: then take half an
ounce of the powder of Sanders finely searced, put it into a
porringer, and to it 3 or 4 spoonfulls of rosewater, warm it
and mix it well with the past: then take up the past and lay it
on a fair table, and work into it the powder of liquorice,
ginger, anniseeds, of each 2 ounce, of cinamon 1 ounce,
all finely searced, and well mixt together. If your paste be
too thick, putt in a little rosewater. When you rowl it and
print it, you may strew upon the table and the print some
powder of liquorice, and ginger mixt together. If you would
make Almond ginger bread, then add to this quantity one pound
of allmonds, blanched, and beaten fine with rosewater. When
it is printed, lay it on papers and sett it in a Room where
fyre is 2 or 3 dayes. MS. Samuel Gardiner./

Apricocks in gelly.

Take apricocks and stone them, coddle them in fair water,
when they are pretty soft pill them, and to every pound of
Apricocks, putt 1 pinte of pippin water, and a pound of
double refined sugar: let them boyl together and scum them,
and boyl them pretty quick; when you think they look
pretty cleer glass them up. When they begin to crack they
are coddled enough; and as you take them out of the water,
lay them in a course warme cloth, and as you pill them,
putt them into the syrup. MS.

Oringes to preserve

Take your oringes and weigh them: then cutt a little hole in
the top, and scoop out all the pippins: then putt them into
spring well water, shifting them once a day for 2 dayes, and 2 nights: then take their weight and half of fine powder sugar, and for every pound of sugar putt in a pound of water, and boyl and scum it well; then putt in your oringes, being exceeding tenderly boyled in fair water before; then put them into your syrup, and boyl them till your syrup be thick enough: then take them and pott them. MS.

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Mushrooms to pickle.

Take a bushel of Mushroomes, blanch them over the Crown, and barb them beneath. If they are new, they look as red as a cherry, if old, black: this being done, throw them into a pan of salt boyling water. Take them forth, and let them drain, and when they are cold, putt them in your pott or glass; & put thereto cloves, Mace, ginger, Nutmegs, whole pepper: then take white wine, a little vinegar, a little salt, an onyon; powr your liquor to your Mushrooms, and let them be close stopt, for all the year./

An artificiall wine like claret, but much better & brisker.

Take 2 gallons of the best Syder, (Worcestershire red Streak) mingle it with 6 gallons of water: putt to it 8 pound of the best Malaga raisins bruised in a mortar, let them stand close covered in a warm place for the space of a forthnight, stirring them well every 2 dayes: then press out the raysins, and putt the liquor into the same vessell againe: to which add a quart of the juice of Raspberries, and a pinte of the juice of black cherries: cover this liquor with bread spread thick with Mustard, the Mustard side being downward, & so lett it work by the fyre side 3 or 4 dayes: then tunn it up and lett it stand a week; then bottle it up: it is very pleasant and much wholesomer then french wine.

Miscellanies.

Guynny pepper cast on the coales will sett all the company a coughing. - Emmets eggs in ale or broth, will cause much farting. - Tallowing a horses teeth, will let him eat no hay. - Notched chalk, will score 2 for one in an ale house. They likewise use cannis with half bottoms for the landlord to drink in. - Cow itch and horse hayr chopt small and putt into ones bed, will cause one to itch extreamly./
The Manner of Makeing Conserves.

Conserve of roses.

Take a pound of red rose flowers, gathered in a dry season before they are quite spread, and their yellow bottoms clipt from them with a pair of Scissars; bruise them well in a stone mortar, into an even smooth mass, like a pulp: add to it 2 pound of white sugar, mixing it by degrees with the roses, by grinding them together with a wooden pestle, till all the sugar be throughly incorporated with the roses. then put the Conserve into a stone pott, covering it onely with a paper, and let it stand a forthnight, or 3 weeks in the Sun: stirring it about once or twice a week with a steel slice or Spatula. Dr Harvey.

Conserve of Common wormwood.

Take of the tops onely of Common wormwood, freed from its stalks, half a pound; beat them in a stone or marble mortar to an exact pulp, mixing it a pound and a half of the best white sugar: in same manner as was directed for conserve of roses.

Most Conserves are made the same way: adding a double quantity of sugar to the pulp of what flowers or herbs you intend to conserve: excepting onely some sowre and bitter herbs and flowers, which require somwhat more sugar. The price of conserves at the apothecaries is 2 penny the ounce, & 2sh 8d the pound, excepting some few, as conserve of rosemary flowers which is 6d the ounce of the like, now by prepareing conserves your self, you will save about 2 thirds in the price; and it will prove much better: for the Apothecaries usually putt up their Conserves crude and raw, without digesting them by the heat of the Sun: for which defect they neither keep so long, nor are so safe to be used. Dr Harvey.

The way of makeing Lozenges.

Trochischi Albi Pectorales. or the common white Lozenges.

Take of the best white sugar, half a pound, white sugar candy and Penide sugar, of each 2 ounces: florence Orris root, half an ounce, liquorice 6 drams; of the finest flower, or starch flower 6 drams: with the mucilage of Gum Dragant extracted in rose water. Make them up into small lozenges. The white sugar, Sugar Candy, and Penide Sugar must be pounded and sifted. Penide
Sugar is prepared thus, Dissolve the best Bali sugar in water over a gentle fyre; then clarify it with whites of eggs, as hath been told you, in the Matter of Decoctions: next strain it through a cloth, and let it stand againe over a gentle fyre, and boyle away till it comes to such a body that it will stick to your teeth: then being allmost cooled, powr it on a Marble stone, being a little anoynted over with oyl of sweet allmonds: keeping it together in a body, as neer as you can with page 412

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your fingers, being dusted over with a little starch flower: when it is grown allmost quite cold and ropie, take it up with a steel fork, to make it hang in ropes, which with your hand being dusted with fine flower, you may twine into what shape you please. This being so prepared, is called Penide sugar.
The Orris roots must be powdered and sifted: likewise the liquorice, powderd in this manner: take dried liquorice, scrape of the brown with a knife, round about: then cutt it into small bitts, with a knife that is made of the same Mettall which shoomeakers knives are made of: put these into a brass mortar and beat them to powder. Note. It being very troublesome to beat liquorice into powder, you may buy it ready powdered at the druggists, at a very small rate. - The starch flow -er must be gently rubbed into a powder in a Mortar; then mix all of them together in the same Mortar, by stirring the Pestle round about: then powr to it as much mucilage of Gum Dragant, as will suffice to bring the powders into a paste, and beat it well together: the paste being rowled into long round bodies, or little columns of the bigness of your little finger, cutt tem into small round peeces, like parsnips are cutt, when they are to be eaten buttered. - The Mucilage of gum Dragant is made onely by steeping a little of the sayd gum in rose water, so long till it become thickish: which it will doe in 12 or 18 howers. The charge of this Composition is easily cast up by peruseing the Catalogue of prices. The Apothecaries sell these white Lozenges at 3d the ounce. Dr Harvey.

Trochisci Bechici Nigri
or the Common black Lozenges.

Take juice of liquorice, and the best white sugar, of each 1 ounce and a quarter. Gum Dragant, and sweet almonds blanched, of each 6 drams, or 3 quarters of an ounce: make them up into Lozenges, with the Mucilage of quince seeds. - The Instructions given you for the preparing the foregoing Lozenges, will sufficiently guide you in preparation of these. Onely observe the manner
of powdering Gumm Dragant, which is this. Your Gum Dragant being well dryed, put into a brass mortar, whose bottom hath been heated somewhat hotter then your hand.

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can endure, by setting it on the fyre, or putting hot coales into it: after it is well heated putt out the coales, and wipe it clean with a linnen cloth: you must also heat the end of the iron pestle very well. Then covering the mortar with a cover, that hath a who hole through it for the pestle to pass: beat the gum to powder & sift it: what is unsifted putt into the mortar againe: which if it be not hot enough, you must heat again in manner as before. And observe, you must putt in a 4th part more into the mortar, then is set down in the præscription: because at least a 4th part will waste in the powdering. Dr Harvey.

Electuaries. how to compose. /

Diascordium. /

Take Cinamon, Cassia lignea, of each a quarter of an ounce, Scordium or water germander half an ounce. Dictamnum Creticum, or Dictander of Candia, Gentian, Tormentil, bistort, Galbanum, Gum Arabick, of each 2 drams: of the best Opium 2 scruples and 5 graines: Storax 2 drams and 15 graines: sorrel seeds, 2 scruples and 5 graines: Bolearmene 6 dramms, Terra Lemnia 2 dramms: Clarifyed honey 1 pound and a quarter: sugar of roses, or rather conserve of red roses, half a pound: Canary wine a quarter of a pinte. Make them up into a soft electuary. - Tho I have with good reason left out the ginger and pepper, yet the composition seems very confused: but be it as it is, I will shew you how to prepare it. - The Cinamon, Cassia lignea, Dyctamnum Creticum, Tormentil, Bistort, and sorrel seeds, may be powderd and sifted together. The Germander leaves dryed and stript from their Stalks must be powdered and sifted by it self. The Bolearmene and terra Lemnia must be powderd and rubbd, or ground with a pestle, into a very smooth powder, wetting the bottom of the mortar and the end of the pestle with a little rose water or other distilled water. The gum Arabick must be powderd in the same manner as gum Dragant is powderd in the preparation of the black Lozenges: or else you may dissolve it into a mucilage in the Canary wine, that is to be added to the Composition. The storax must be powderd by it self, rubbing the bottom of the Mortar and the end of the pestle with a slitt almond. The opium must be cutt into thin slices, and throughly dryed in the Sun.
or over the fyre, so that it may crumble betwixt your fingers; then powder and sift it. The sugar of roses must also be powdered and sifted. Mix all these powders well in a Mortar: then add the clarified honey to it by degrees, incorporating it thoroughly with the powder, by stirring the pestle about. In the same manner put in gradually your Canary wine: of which put in so much, as will bring it into a body of a soft Electuary. - The ingredients of the whole composition, weighing allmost 2 pound, will cost you 2sh. 2d. which is 13d pence a pound. The Apothecaries sell it for 4d or 6d an ounce, or as they can get: and 5 or 6 sh. the pound. Dr Harvey.

Electuarium Lenitivum, or the Lenitive Electuary.

Take polypody of the Oake new, Currans pickt from their Stalks, Sena, of each 2 ounces: Common mercury leaves a handfull and half: lubebs and Sebestians, of each 20 in number: mayden hayr, violets and pearl barley, of each half a handfull: Damask prunes stoned, Tamarinds, of each 6 drams; liquorice half an ounce; boil them in 2 quarts of water, till a 3d part be boiled away: strain the liquor and therin dissolve of the pulp of Cassia, Tamarinds, new prunes, and sugar of Violets, of each 6 ounces: of the best sugar 2 pound. At last add to them of Sena powdered 1 ounce and half: and to every pound of Electuary 2 drams of Anniseeds powdered: and so afterwards bring them into the body of an Electuary. - 1. The polypody roots being washt clean, must be bruised in a mortar, or cleft with a knife into 4 parts, and after wards cutt into small pieces, as Sarsaparil is cutt. These with the pearl barley, must be put in somewhat longer then a quarter of an hower before the other ingredients. Next put in the mercury leaves and mayden hayr, being washt clean from sand or dirt, and shred: a little after, put in the lubebs stoned, Sebestens, Currans, prunes, Tamarinds and liquorice bruised in the mortar: at last put in the Sena, and so let them boil in 6 quarts of water till one quart be boiled away; then strain the liquor, while it is warm into a glazed Earthen pott, or pan, or copper tinnd preserving pann; dissolve it in the white sugar, and the sugar of violets, or in stead therof put in the same quantity of white sugar and boyle it gently to .......................................the thickness
of a Syrup. This done, put the pulps of Cassia, and the other pulps into a brass mortar, and add to them about the 3d part of your powder of Sena, and anniseeds, and powr on them about the 3d part of the forementioned Syrup, while it is yet warme: and mix them very well together with a steel slice or Spatula, or a pestle: then add another 3d part of the powders of Sena and Anniseeds, mixing them well together: and so at last put in the remaining 3d part of powders, and Syrup, which being also well mixt together, makes up your Lenitive Electuary. This putt up into a stone electuary pot.

I must now shew you how

To extract the pulp of Cassia.

Take a pound and a half of the best Cassia in Canes, Crush them into pieces, that you may take out all the inside, together with the granes; which putt into a hayr sive, and hold it over the steam of hot water, wherin a few anniseeds have been boyled, or over the decoction, (being warm) which was prepared for the Lenitive Electuary. so that the steam therof passing through the Sive, may moysten and dissolve the marrow of the Cassia. While this is doing, you must with the back of a Spoon, stirr and press the sayd marrow through the sive, and gently with the hollow of your spoon take it off on the other side; and so continue to do till all the marrow is passed through. moreover if your Cassia be very dry, you may moysten it a little with the warm decoction, that it may pass the easier. On the other side, if the pulp of the Cassia be too moyst or liquid, when it is passed, you must put in on a thin plate, or a flatt earthen glazed pan, and sett it over a chafing dish to dry the superfluous moy-sture from it, till it come to the thickness of an Electuary. About a quarter of a pound of good Cassia, or somewhat more in Canes, is usually found to yield an ounce of pulp. You must also know how
to extract the pulp of Tamarinds.

put a sufficient proportion of Tamarinds into a mortar, & power to it as much warm water as will just soften it and a little dissolve it: for otherwise they being sticky and glewy, the pulp will not pass through the sive. Then with the pestle gently move and stirr the Tamarinds about, that the warm water may incorporate with them. This so done, putt the mass into a Sive and press through the pulp: as was taught concerning the pulp of Cassia: then know how
To extract the pulp of prunes.

Boyl them in water till they are pretty soft, then put them in a sive and press through the pulp: Next you must know how

To prepare Sugar of Violets.

Take 2 ounces of the juice of Violets, and as much violet water, therin dissolve 1 pound of white sugar. Boyl them in a preserving pan over a chafing dish of Charcoal, till they come to a just thickness: which you shall know by these severall tryalls. 1. by dropping a drop off the point of a knife or steele slice on a plate, and let it grow cold: if it prove hard enough, so that you may take it off the plate without sticking, it is boyled enough. 2. by takeing some of it on the point of a knife, and let it drop into the pan againe: if it be enough it will drop on top of the surface, and continue rased on it like a knob. 3. by letting a little cool on the point of a knife, and then see if it be hard enough. Note. While the Violet juice, water and sugar are boyling, you must oft stirr it with a steel slice, or long handled spoon, or knife, to prevent it from burning at bottom. There is great affinity between this and that which follows, and a little information will serve: and therefore now I will shew you how

To prepare sugar of Roses.

Dissolve a pound of the best white sugar, being powdered & sifted, into 4 ounces of red rose water: or into 2 ounces of red rose water, and as much of the juice of red roses: boyl it to a just body: mixing it with one ounce of red rose leaves dryed in the Sun and powderd, a little before it be ready to be taken off the fyre.

How to make the foresayd Sugar of Roses or Violets into Lozenges.

When your Sugar of roses or Violets is taken off from the fyre, and hath stood a little to cool, putt it on a clean smooth marble stone: wheron you must have dusted a little fine flower, by tying it up in a fine rag, and then beating the sayd rag all over the stone (this being done, to prevent the sticking of the Lozenges to the stone) afterwards take a small rowling pin, such as is used for paste: and dust it likewise over with fine flower: with this rowling pin smooth the top of the sugar being allmost grown cold; then with a knife cutt it into Lozenges, of such shape and bigness
as you fancy best. - The prices of the Lenitive Electuary.
The Ingredients of the decoction. 18.d. The white sugar, and
sugar of Violets for the syrup. 18.d. the pulps. 3.sh. 2d. the
Sena and Anniseed. 8.d. The Summ. 6.sh. 10 d. for which you
shall have 5 pound and somewhat more of Lenitive Electuary: so that
it will not stand you in above 16 d farthing the pound: and the
ounce will come but to one penny. The Apothecaries prices are
4 sh. the pound: and 4 d the ounce. Dr Harvey.

The Manner of drawing Oyl of sweet Allmonds.

Take half a pound or a pound of sweet Allmonds, beat them in a stone
or marble mortar, to a paste, powring a spoonfull or 2 of warm
water, among them while you are beating: put the paste up close into a
piece of Canvas, which press out gradually, so that it may one drop
into a porringer or bason which you have putt under it. -
One pound of good Allmonds will yield about 2 ounces and a half of
pure oyl: which being drawn, you are to unscrew the press, and
take out the cake of Allmonds, and rowl it up again into a round
lump: and being putt up close into the same piece of fine Can-
vass, you pay press again and draw about one ounce and half,
or 2 ounces of more, of thick oyl, which ought onely to serve for
Externall uses. Oyl of bitter almonds is drawn in the same man-
ner. But you must know, few Apothecaries draw oyl of sweet
Allmonds themselves, in regard it is somewhat troublesome to draw,
and soon turns ranck: and therefore most about London buy it
ready drawn at severall places: but chiefly at the Sun in Cheap
deswan in bucklersbury, where they may have it
new, and at a cheaper rate, then they can draw it themselves,
namely at 2 pence the ounce. Dr Harvey.

How to prepare Oyl of Mucilages.

Take Marsh mallow roots fresh, and linseed; of each a qua-
ter of a pound: bruise them in a mortar singly, and steep them
in a pinte of Water all night: then boyl them a little, and press
the mucilaginous liquor quite out, very hard: to a pinte of this
Mucilage, add a quart of Common oyle, and boyl it till all the
waterish moysture be boyled or dryed away: but in boyling
be careful to stirr it oft: or else it is apt to burn at
bottome. Dr Harvey.

Of Emulsions, and Almond milk.

An emulsion to cook the kidneys, and take of the heat and
Sharpness of Urine.

Take of sweet Allmonds blanched, 1 ounce, of the 4 greater
cold seeds, of each half an Ounce; then first bruise
the seeds well in a stone mortar with a wooden pestle: this done put the almonds to them, and bruise them together, powring to them as they are bruising by 3 or 4 spoonfull at a time, a pinte of Barly water: then press the liquor through a strainer, and sweeten it with white sugar. Dr Harvey.

Almond milk to prepare.

Take 4 ounces of sweet Almonds blanched; bruise them in a stone mortar, and while you are bruising them, put to them by degrees a pinte of barly water: press the liquor hard, through a canvass strainer, and sweeten it with as much white sugar as will make it gratefull. Dr. Harvey.

Of Suppositories.

Take a beet root, or a Cabbage root, cutt it according to the length & shape of your fore finger, that is, Taper: only a little poynted at one end: dust it about with a little Salt powdered fine, and putt it up your fundament. Dr Harvey.

Another. Take a peece of Castle Soape, shape it as was before directed and use it. Or take an end of a tallow candle, and dust it a little with salt powdered. Idem.

Another. Take honey and boil it up to a thickness, and hardness:

mix with it 20 graines of Alloes powdered, or (if required more stimulateing) 20 graines of Scammony powdered: or 20 graines of Colocynth powdered. Dr Harvey.

Of Iuleps

A cooling Iulep in feavors, Take a quart of barley water: squeeze in it the juice of one large Limon, or of 2 small ones: then sweeten it with as much white sugar, as will make it pallatable. Or you may make one thus. Take of the distilled waters of sucory, sorrel, and violets, of each 4 ounces: dissolve in them 3 ounces of Syrup of Limons, or Syrup of Sorrell. Dr Harvey.

Of Decoctions.

A pectorall Decoction, against Coughs and phtisicks. Take of Elicampane, Eringo and Liquorice roots, of each half an ounce, Currens 1 ounce, figgs 20 in number, Dates 10 in number: mayden hair 1 handfull: sweet ffennel seed half an ounce, boil
them in spring water to a pinte and a half; strain the liquor and dissolve therein, 1 ounce and half of Clarified Honey. Dr Harvey.

A Decoction against the Stone. Take of Rest harrow roots 1 ounce, horse radish roots half an ounce: Saxifrage roots, leaves, and Venus bason, of each 1 handfull. Alkekengi berries, or winter cherries 50 in number: milium Solis, 6 drams; sweet fennel,

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Burdoc and Saxi—frage seeds, of each half an ounce, ......................... / Juniper berries 6 drams: Rhenish Tartar, a quarter of an ounce: boil them in half white wine and half water, to one pinte and a half: strain the liquor and keep it in a glass; Take a quarter of a pinte morning and after noon. Dr Harvey.

A Decoction against a Dysentery and other loosenesses. Take tormentill and snakeweed roots, of each half an ounce: red Sanders 6 drams: Comfrey leaves half a handfull: myrtle berries, 6 drams: red rose leaves 1 handfull: boil them in Smiths forge water to a quart. Idem.

of Gargarisnes.

To purge the brain of phlegm. Take of Ellicampane roots 1 ounce: of the tops of Hyssop and Sage of each 1 handfull. Pyrethrum root, or Pellitory of Spain, 2 drams: long pepper, Cubebs, of each 1 dram: boil them in half white wine and half water to a pinte: strain the liquor, and therein dissolve 2 ounces of Syrup of vinegar. Dr Harvey.

A gargarismie against swelling and Inflammation of the throat. Take of plantane water 4 ounces: Rose water, and self heale water, of each 2 ounces: dissolve in them Syrup of Mulberries 2 ounces: Sal prunellae half a dram. Idem.

Against foule Scorbutick gums. Take Tormentill, and Aristolochia Rotunda roots half an Ounce: pilewort, Sage, and garden Scurvy grass of each 1 handfull: boil them in water to a pinte; therein dissolve 2 scruples of flowers of Sal Armoniac. Idem.

Collyria, or Eye Medicine.

An eye water to clear the sight. Take Celandine, eye bright,
vervain and Rue, of each 3 handfull: sweet fennel and Cummin seed, of each 6 drams: mace and cloves of each 3 drams. steep them in french wine and spring water of each 1 pinte. afterward distill the water off, in a glass body with a glass head in Sand. Dr Harvey.

An eye water against heat, redness, and sharp Rheumes in the eyes. Take red water and eye bright water of each 2 ounces; of Trochisci Albi Rhasis 1 dram: prepared Tuthia 20 graines: mix them together in a glass. Idem.

The green eye water, to remove specks and pearls from the eyes. Take a quarter of an ounce of Verdigreese, powdered very fine: aloes powderd 1 dram: boyl them in rose water and white wine of each 5 ounces: then while it is yet warme filtrate it through a brown paper. Idem.

Of Vessicatories or blistering Emplasters.

Take half an ounce of Leven: Cantharides, or Spanish flyes powdered, 1 dram: sharp wine vinegar as much as will suffice to mix them into a paste: which spread upon linnen or leather, and applyed will in few howers raise a large blister. Dr Harvey.

Another. Take of Rosin 3 drams and a half; wax 1 dram and a half; Cantharides powderd 3 drams, mustard seed 2 scruples, Common oyl as much as suffices. This will serve for 3 or 4 blistering playsters. Idem.

Schroder s blistering pultise. Rx. Cantharides, the wings and heads cutt of, in number 30: strong leven ℥ i. moysten them with vinegar. Being applied on cloth or leather it drawes blisters according to the magnitude of the Cataplasm. You may lett it lye 12 howers or more. Salmon.

Crowfoot or Gold knobs, better known by the name of butter flowers, common everywhere. They are a fiery hot spirited herb of Mars; they are biteing to the taste and will blister the very tong, and are no way fitt to be given inwardly: and an oytment of the leaves or flowers will draw a blister and may so be fittingly applied to the Nape of
the neck, to draw back Rheume from the eys.
The herb being bruised and mixt with a little
mustard, drawes a blister as well and as perfectly
as Cantharides, and with farr less danger to the
vessells of Urine, which Cantharides naturally
delight to wrong. The herb hath been applied to
Pestilentiall Riseings that were falling downe, &
saved life even beyond hope. It were good keeping
an oyntment and plaister of it, if it were onely
for that. Culpepper. /
Meadow sweet, or Meadsweet, the leaves being
full grown, being laid on the skin, will in a
short time raise blisters. Idem.
When you take of a blistering plaister, lay
on either a colewort leaf or a plaister of
Mellilot to heal it.
The Indians draw blisters by laying small
pieces of spunk or Touchwood on the limb
then sett fyre to it, and let it burn down, it will
draw a blister, which will run many howers. -
^ and this is excellent in all malignant feavours. Dr Yarborough useth it for
the gout and other aches and pains. /

Poultices.

One against hardness and to ease paine. Rx. Violet leaves
and Nightshade ii ana. Camomill flowers and Rose
leaves ana i. Mallowes. ii. sweet apples 4. a Man
chet grated: boyle all these in sweet milk till they be tender.
then strain them and putt thereto the mucilage of Lin-
seed, and of Althæa ana ʒ ii. Oyl of lillies and oyle of
sweet almonds ana ʒ ii. New laid eggs. 2. the Mucilage
of figgs, and make thereof a Poultice. M.S. Lady Byron .

A pultiss for swolne leggs, red as S. Antonies fyre. Rx the
broth of a fatt hen, sodd in clear water, of the uppermost
a pottle: Mallows a great handfull or 2, as your liquor
will serve: boil all till the herbs be soft, and the liquor
half consumed: then put in of oyl of Elders, with the flow-
ers that be in them, and of oyl of roses with their flowers,
of each a good sawcerfull: of wheat bran one handfull:
thick it, and bray it, and lay it to hott. This will dis-
perse and resolve the matter without breaking, and take away
the pain marvelously. - And if there be any such im-
postume as must needs be ripend, whether it be in Womens
brests, or plague sore, or any other painfull hard impostume,

yea and for the Impostume
use this as a soveraign remedy; of the Cods, which must needs be broken. - Rx ffiggs sodden till they be something tender, 8: a yong white lilly.-
root; cammomill, mallowes, fennell, violet leaves, and fea-
therfew, of each a perfect handfull. Make a Coffin like
a pye of barly and meal flower, mixt with even portions
together: shred your herbs grossly: and with 2 good spoonfulls of
Bores grease, or of a swine, putt them into your coffin
and cover it with a lidd of the same: and when it is enough
baked in an oven or under a pan, with a spoon take it
out, and of the soft paste in the bottome, therewith, and
in a mortar incorporate them well, and being warmed hott
lay them to the impostume, it will break it. MS. Lady Byron .

A pultiss for one that hath the ague in any part, or limb
swelled with it . Take a penny loaf, and milk, and
mallowes and brooklime, Chop your herbs: make
a pultiss with these: putt in a little oyl of Roses &
lay it on as hott as you can suffer it, and dress
it twice a day. ibid./

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The seed of Line and ffennygreek, made into powder,
boyled with Mallowes, violet leaves, smallage, and Chick-
weed, till the herbs be soft, then stamped in a stone
Mortar with a little hogs grease, to the form of a
Cataplasme or Pultiss, appeaseth all maner of pain,
softeneth all cold tumours, or swellings, mollifies and
brings to suppuration all apostemes, defends wounded
Members from swelling and rankling, and when they
are all ready rankled takes the same away, being ap-
-plied very warm evening and morning. ibid.
Three leaved grass boyled with a little barrowes grease
and used like a poultiss, takes away hott swellings &
Inflammations. ibid.

A pultiss. Take plantain & sorrell, boyl them well in Spring

cwater, then thicken it with wheat bran into a pultiss: &
a little bores grease. ibid./

A poultiss for a swelled hand, or any place else. Rx. half an
Ounce of ffenugreek, half an ounce of Linseed, a handfull
of Melilot flowers, a handfull of Camomil flowers, boyl
them in a pinte of ale, & when it is allmost boyled to a
thickness, putt in a few rums of white bread, & a little
oyal of lillies: apply it as warm as may be. Ibid./

Anacollema Schroderi. A pultise for the forehead.

Rx. Mastich, frankincense, mirrh, ana ʒ iss.
Bole, powder of bricks ana ʒ ss. safron Ə i with
the white of an egg, oyl of roses and a little vi-
negar, make a frontall pultise. - or Thus Rx
burnt Tartar, Bran, Bole. ana ʒ ss: juices of
Acacia, Hypocistis ana ʒ ii, with the white of an
egg and a little Vinegar make a frontal pul-
tise. - Anacollemata are plaisters or rather

Cataplasmes or pultises for the forehead, made
of astringent things to stop defluxions and bleedin-
g. Of which kinde these heer are excellent to
be applied to sore, or Rheumatick eyes. Salmon./

Cataplasma ad porriginem, a pultiss for
a Scald head. Rx. black Rosin half a pound or more: strong ale

3 pintes, mix and boyl them together, then make
it like a hasty pudding, with fine flower

either of wheat or Rye: the last is best. - Lay
this a fingers thickness upon new flannel cutt into 3
distinct pieces, so as that they might, if sewd toge-
ther, make a cap fitt for the head. Apply it warm
to the scald, dress it twice a day, tareing it, when
you are going to dress it, violently off from the
Scald: so it will pull up the hair by the roots.
But before you apply it, let the hair be clipt
short with scissars, and not shaved. This appli-
cation repeat so often, till all the hair be
pulled off the roots, the scabbs are wholly
vanished, and it hath perfectly done running.
Every time you dress it, wash it with Urine of
another person, mixt with a little Wine, then
lay on again the pultise warm. After a little
While it will harden like a stone on the head,
and as was said before, is to be torn violently
off from the head every dressing. When the
head is well, the hair will come thick and well
again. Salmon./ 423.
A ripening pultise. Rx yolks of eggs ℥ i. white yolk, 
Salt, powderd hens dung: ana ℥ i ss. Meal of Orobous ℥ ii ss. Mix them well together without heat of fyre. - It ripens and breaks apopstems, buboes &c. apply it warm morning & Evening. *Idem*

A pultise easing paine. Rx barly meal Bean meal, ana ℥ vi. Crums of houshold bread ℥ iii. powder of red roses, or of Bettony, ℥ ss. Oyl of roses ℥ iii. Oxymel simple, red wine, Ana as much as it sufficient, mix well together and apply it warme. The little shews the Intention, it eases pain and takes away the heat of Inflammations in any part of the Body. *Idem.*

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To raise a flux. Salivation.

Take of the Oyntment called Neopolitanum 4 ounces, anoynyt the shoulders, armes, thighs, Legs, in the morning before the fyre, or in bed, chafeing it in well with your hand, till that quantity of oyntment be spent. Let them keep within doores that day. On the morrow take the same quantity of oyntment, as before useing it: then let them keep their Chamber and have a Care of cold. If they finde their gums to be sore, anoynyt no more. But if they be not, anoynyt the third time, as before: or else if you please, give them instead of the third anoynting 20 graines of Mercurius dulcis, made into pills, with conserve of roses in the morning fasting. foure howers after, they may eat veal or mutton, & when the flux is raised give them good store of posset drink made of ale every day, let them eat panada or water gruell, if they desire meat, their teeth will be so sore they cannot eat it. This receipt is for a man: therefore the quantities may be abated for others. *MS. Lady Byron.*

Salivation is seldome used but in the ffrench Pox, and not then neither, but when the distemper is stubborn and rebellious, and nothing else prevails: for this by many phisitians is accounted the last refuge: and if the diseased finde noe relief by this, or grow worse and worse, he is lookd on as
incurable. The Manner of raising a flux is
either by internall medicines, or by application of
Topicks to the parts of the Body, or by fumi-
gation. The sick must first be purged once or twice
with Mercurius Vitæ. Then in a weak moyst con
stitution, exhibit these following pills once a day
continuint them 6 or 7 dayes, unless salivation
happen at the 4th or 5th: for then you must
cease: in a stronger Constitution you may give them
twice a day. Rx. Mercurius dulcis from ℧ i to
two: Agaric new Trochiscated. graines 12
Venice Turpentine ʒ i. Mix and make pills
or a Bolus for one Dose./ But every day you
are to diminish the Mercurius Dulcis by 1 grain
and a half or 2 grains. - Salmon. Vide plura alias./

To make Diapenthe, to cure and prevent
all Diseases in man or horse ./

Rx Gentian, Aristolochia, mirrhe, bay berries, shaveings of
Ivory, Turmerick, ana ℧ i. beat all these together in
a mortar very small: searce them through a fine sieve,
give the horse half an ounce of it at a time in half
a pinte of sweet malaga sack, but bloud him first:
after he hath drunk it ride him a mile or 2 gently.
Let him not eat nor drink in 2 or 3 howers after
takeing it: a second morning give him the like quan-
tity, and ride him as before. You may give him it a
third time if you please, in Spring or fall. Let him
bloud before you give it him. MS. Lady Byron ./

A gargarisme.

Take a little hony and Mustard, and vinegar, mix them
together and sett it on the fyre till the hony be
melted: gargell with it, while it is warme. ibid./

To make Lozenges.

Rx Licorice, aniseeds, Enulacampana roots, angelica roots,
Coltsfoot leaves, Carduus benedictus leaves: dry all these
severally, and beat them to fine powder, and searse
them. Then take half a pound of hard sugar, and 3
or 4 spoonfull of Carduus Water, or Coltsfoot water,
which you please: boyl it to a candy height, and
then put in 5 spoonfull of those powders being thus mixt: 2 good spoonfull of Licorice; 1 good spoon full of Aniseed, and as much of Coltsfoot; a little spoonfull of Angelica, and as much of Enulacampana, and half a spoonfull of the Carduus benedictus.
give them one boyl in the Syrup being at candy height, then scrape a little sugar on a pye plate and drip it in little cakes. If it be for the cough of the lungs, put in half a spoonfull of the powder of fox lungs: else you may leave it out. - The Electuary is made thus. Rx. a quarter of a pound of live hony, melt it and put 2 spoonfull of the mixt powder into it stirr it well together. ibid. 

Pro Serpigine (S. Antonies fyre) Suffumigium ex Cynabera. /

Rx. Rosarum rubrorum aloeis, thuris, Corticis thuris, Benioin, (alias Assa dulcis) ana ʒ iii. gallæ moschatæ, campuræ, ana ʒ i. ligni aloeis ʒ ii Cinabrii auripigmenti, marchisitæ aureæ ana ʒ i. misce, fiat pulvis, vel cum terebinthina trochisci, qui inspergantur et ardeant ad suffumigium. put this upon the coales and take the smoke through a funnell of pewter or such like, hold ʒ the place where the sore is, over the smoke so going out of the funnell. Dr Astlow . MS. Lady Byron .

Or else Rx. Coleworts sod in vinegar and hold your hands over the smoke This is gentle - Also oyle of Guiacum is excellent good: or oyl of Tartar, and oyl of eggs when it healeth, is good to make fair the skin. - But the very best is to procure the Hemroids with horse leeches in the leaf Spring and fall of the leaf. Idem. ibid. 

Aliud pro serpigine. ie Tetter or Ringworme. /

Rx. 2 handfulls of wheat bran, 1 handfull or more of oats, a little bruised: putt thereto a pottle of fair water and a quart of white wine: heat it very hott on the fyre and hold your hands over the smoke therof, covering them with a cloke or some such other cloth to keep the smoke in and the air out. When the water grows cold enough, then you may wash your hands or other place so affected therein, and rub them with the oats and bran in the bottome. After this rub the sore places with unguentum album bene Camphiratum: or oyle of Roses, or both together: or with oyl of eggs which is best of all. MS. Lady Byron .
Pro serpigine an oyntment. Rx Cepi Cervini ʒ ii. Saponis Veneti, Oleii amygdalorum amarorum oleum de iuglandis ana ʒ s. terebinthinae ʒ vi: salis communis, ellebori nigri ana ʒ i. Lithargirii preparati, tartari, sulphuris preparati, ana ʒ ii. argenti sublimati ʒ i. powder that which is to be powderd, very fine, and mix them together according to art. Banister. M.S. Lady Byron. / Oyl of the yolks of eggs as made by the directions of the London Dispensatory is excellent for fistulas, ulcers, terrors, ringworms, Morphew, Scabbs, and all deformities of the Skin, clefts in Womens nipples, if anoynted with it. Culpepper /

Another. Take black soap, mix it with all most

as much beaten ginger; this by anoynting with it kills any Tetter or Ringworme, be they never so desperate. Idem. /

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427.
De Baptismo. /

Purges, of All sorts. vel Laxativeness. 427.

Purges after an Ague. Take 2 dramms of Sena, boyl it in posset ale, Aniseeds 1 spoonfull, ffennel seed one spoonfull, both bruised, and well boyled: putt into it, 3 spoonfull of Syrup of Damask Roses: then brew it alltogether, and let the party drink it, & fast 2 howers after and sleep not. Then take some thinn broth made of veale and french barley. Note: you must strain the posset Ale from the herbs before you putt in the Syrup, and if the party be weak, putt in but one dramm of se-na. M.S.

To cleanse the bloud and purge Choler. Take 2 or 3 spoon-fulls of Currans, heat some water and plump them therin, then take them out, and take as much Rubarb as will lye on a groat, beaten to powder, and strew upon the Currans, with a little Cimamon powder to correct the windyness of the Rubarb: let the patient take this diverse Mornings and fast an hower after it. MS.

To cleanse the bloud. Take a raysin of the Sun and slitt it, take out the stones, and putt in it a little powder of Ru-
barb, eat it over night when you go to bed. MS.

To cleanse the Reines. Take of the pulp of Cassia fistula one ounce newly drawn, Confection Hameck, 2 dramms, Venice Turpentine, 4 drams, & the yolk of one egg; mix it well together and dissolve it in 3 ounces of white wine. drink it in the morning fasting about 6 a clock; let it be bloud warm when you take it. MS.

To cleanse bloud. Take Rubarb prepared 2 drams, Agarick one dram: Sena 3 dramms, ginger 2 scruples, fennel seeds, Carraway seeds & Juniper berries of each half a dram. Infuse them in 6 ounces of white wine, the space of 12 howers, then strain it out and add to it, Diacatholicon half an ounce, then drink it in the morning at 6 a clock. M.S.

To purge th-Choler. Syrup of Violets with Agarick infused in barly water or hen broth, is good. M.S.

To purge choler and open an obstructed Liver. Take Rhubarb one dram, cutt it in thinn slices, steep it in 4 or 5 spoon full of white wine 16 howers, adding thereto a little Cin amon or mace: then warm the liquor and strain it out hard, and putt thereto 2 ounces of Syrup of roses solutive, and 3 or 4 spoonfull of Burrage or endive water. make a little draught and drink it warm in a morning, and eat warm thin broth within 2 howers after: keep warm, and within doores that day probatum. M.S.

To make a purgation . Take half an ounce of Sena, 1 race of good ginger thin sliced, 3 handfull of anniseeds, seeth them in a pint of ale or beer; then beat a few almonds, and strain them with the same liquor, after it is well sodden, then scrape into it a little fine sugar, and drink it bloud warm. M.S.

A generall purgation for most effects, especially for scabs and leprosy.

Take of Endive, Succory and Egrimony, of each a handfull: boyl them gently in 3 pintes of running water to a quart. Then take 1 ounce of Sena, with half an ounce of Rubarb sliced; and put them in so much white wine, as will moysten them, and then let
them infuse in a glass over the fyre in a kettle of hot water 12 howers: then put this into the quart of water, and evaporate it away to a pinte: then strain it very hard, and to that pinte put a dram of the powder of agarick, and as much of the Syrup of Damask roses, as comes to 4 ounces: sweeten it up to the highth of a syrup with live hony, then incorporate it for an hower. Give of this 2 or 3 or 4 spoonfull, according to the strength of the patient. you may if you please adde a handfull of fumitory to this foregoing, for the Itch, or any other scabbedness. Mr Digby . M.S.

Another, To purge and purify the bloud. Take an ounce of Rubarb thin sliced, 2 drams of Agorick likewise sliced; infuse them allnight in a pinte of white wine, then let it stand in the same liquour as long cold as it was infusing: but be sure that in the infusing you evaporate away neer a 4th part. then strain it strongly, then moysten the ingredients a little once or twice, with a little of the same water: grindeing it in a mortar, and strain it over againe, till you have gotten out all the vertue. To this putt so much syrup of Damask roses as will make it into a syrup to keep. Of this you may give 1 2 or 3 spoonfull, ounces, according to the parties strength. These 2 purgations, purge the Liver, purify the bloud; use this purge every other day, till the humor be aboted. Mr Digby MS.

An easy purge . Take white wine 1 quart, Sena 1 ounce, Rubarb

2 drams, boyl these in the wine till half be consumed; then powre it into a pot to a pound of prunes, let them stew gently in it. powr forth the cleer liquor, and boyl it with sugar to a syrup. Keep it ready to use at your need. To eat a few of the prunes will purge gently. MS.

Another of Dr Ashworth s. Take Sena 2 ounces, Rubarb

1 ounce, a little galingale and fennell seeds to correct

429. winde, infused in Endive water or posset drink. It causes a purge of 15 stoole. M.S.

To purge flegme. Take flower of Sulphur the quantity of a Nutmeg, of fine sugar twice as much, half a spoonfull of red rose water, mingle them with the yolk of a new layd egg, and warm them alltogether. Take it fasting: and an hower after drink a draught of broth; at night make a posset of Coltsfoot, with 20 leaves boyled
in it. Use this 21 dayes together, spring and fall. MS.

A Purgation for flegme and choler. Take an ounce of Polypody of
the ooke, (it is like ferne, and grows on the top of oakes) slice
it, and steep it in wine or beer all night: drink it cold next
morning. MS.

A gentle purge. Take of pulvis passivant, 1 dram to a man; half
a dram to one of 8 or 9 years old: give it in a spoonfull or
2 of white wine or posset drink. It will give 7 or 8 stoole. You
must keep your Chamber while you take it. A dram will cost a
groat. MS. Piatt.

A purge. Take pulveris Hollandici, 4 scruples, Electuarii Leni-
tivi 6 drams, Cremoris tartari 1 scruple; mix them together
and swallow it in Lumps after your first sleep: or if you
desire it as a potion, then dissolve this Mixture with an ounce
of syrup of Succory with Rubarb, and put to it as much posset
drink, as will make it a little potion. If you take it in
Lumps, put it into a spoon, with the Lumps as big as you please.
So swallow syrup and lumps together. MS.
Or Take 1 dram of pills of Ruffii, after your first sleep,
in 5 pills: if they give you not 3 or 4 stoole next day, then
you may augment the quantity: you may take them in syrup
of succory, roses or violets: or in the butter of an apple.
and if you take them 2 or 3 dayes together, it will be
better. MS.

An universall purgative Potion. Take half an ounce of the
best Senna: 1 dram of sweet fennel seed bruised: steep them
all night in somewhat more then a quarter of a pinte of clear
posset ale: next morning strain and press it: dissolving
intot he liquor 1 ounce of good Manna: then strain it once
over againe. Dr Harvey.

Another. Take half an ounce of Polypody roots of the Oke,
a handful of Agrimony, 6 Damask prunes, 1 ounce
of Curans, half an ounce of Senna, 1 dram of green
anniseeds: boyl them gently for a quarter of an hower
in half a pinte of water: press the liquor through a
strainer, and sweeten it with brown sugar. Dr Harvey.
Another. Take 2 drams of Senna, 1 dram of Rubarb, 2 scruples of Agarick, half a dram of sweet fennel seed, a scruple of Cinnamon, steep them all night in somewhat more then a quarter of a pinte of the Decoction of Currens. Press the liquor next morning through a strainer, and dissolve therein 1 ounce of syrup of roses Laxative. Dr Harvey.

An admirable purgeing Diet drink, to purge all noysome humours, and preserve health for all the year following.

The most pretious drink to perform this is Mechoacan ale, for if it be drunk for a forthnight in the spring and Autumn, it will not onely take away the causes of the gout, dropsy, all kinds of agues, the stone, all accidents of the brain and infirmities of the spleen; it also restores the Complexion to an excellent habit and colour, and defends the body from a multitude of Inconveniences. It is made thus. Take of Mechoacan the whitest you can get 4 ounces: of Hermodactyle 3 ounces, of guiacum or lignum vitae 3 ounces: a quarter of a pound of liquorice, 3 races of ginger, 2 Nutmegs: hang all these being thin sliced, or beaten grossly into powder, (which are fitt to be beaten,) in 2 gallons of ale that is newly tunned, in a bolter or linnen bagg with a stone in the bottome. After it hath done purging powr in a pinte of the waters of Endive or succory, if you add not the herbs to the rest, and stop it up: and after a week drink every morning as much as will give you 4 stoolees a day or more. And if your body be extraordinarily subject to any disease either by descent from Ancestors, as hereditory, or else by purchase dearly bought at the hazard of your life by a disordered diet; then it were not amiss to add to the other ingredients, such herbs to be steeped as will agree with the nature of your grief. Dr Vaughan.

Another Excellent purgeing Diet drink

Radices 5. aperitientes recentes ana $\frac{3}{4}$ iss. 10d. Oxylapa-Sowre dock
thi libra i. 3d. Raphan/ Rustici $\frac{3}{4}$ 4. 2d. Helenii elecampany $\frac{3}{4}$ ii/ 3d
ffolia linguae Cervini et Hepaticæ. ana. 3. 4d. ffolia Senna Orientalis a Stipidiosa purgatio libra i. - 5 shillings 4d. Semina

Dauci, et ffæniculi dulcis ana. $\frac{3}{4}$ i. 4d Baccaris Luniperi
libra. Ss. 6d Canvass bag. 6d let all be putt into 4
gallons of good ale, and drink a good draught in the morning. Dr Yarborough. 431

A generall observation concerning purges. If you doubt

your stomach will not away with the medicine, putt a little mint into it. MS Lady Byron

To purge the Liver and Spleen. Rx. Turbith one ounce, Rhubarb half an ounce: make them in fine powder, and put thereto a quarter of a pinte of Aqua vitæ: let them soke 18 howers. then clarify it, and to one spoonfull of this water put 6 spoonfulls of Endive water: use to drink of it. Baltasar. MS. Lady Byron.

To purge the head. Take the juice of Primrose and the Milk of a Cow: with a quill blow it up the nostrills: it soon eases paine of the head. ibid.

To scowre the bladder. Take the leaves and roots of fennell, Alexander, and parsley, hartstong and Mayden hair, wash all these clean and seeth them in white wine: strain it and drink it morning and evening. Ibid.

To purge the reins and cholerick humors. Rx. the broth of a yong chicken: seeth it so long till the flesh fall from the bones: then take 3 pounds of Milleon seeds, and bruise them a little: 1 ounce of Alexander roots and as much of parsley roots: 3 ounces of Damask prunes, great raysins 1 ounce, liquorice 10 drams: and with sufficient sugar boyl them al together till one half be consumed. After straine it, and make a Syrup: and every morning drink a little cupfull of it: it is excellent to mundify the reins. when you have drunk of it, ly down & sleep after it. - If you will have it purge Choler, Then putt in a quantity of Rubarb, with a little Cassia well drawne, and prepared: and after you have used this regiment of Diet by the space of a certain season; it will be good for you to take an ounce of Cassia well drawne, and prepared: and after you have used this regiment of Diett by the space of a certain season, it will be good for you to take an ounce of Cassia newly drawne, out of the Canes, and eat in the morning with a little sugar; and this you must use every 2d week, till your reins be well cleansed: and every day eat a little Cassia on a knives point, to keep your
belly soluble and moyst, for that is one of the chief things required in this cure. Baltasar. MS. Lady Byron.

Ad pituitam tam capitis quam Ventriculi. Rx. pillulæ hieræ cum Agarico: pillulæ Cochiæ pillulæ anvear. ana Ἐ i.

misce et cum Syrupo menthe quantum suffiat fiant pill. 7. De-aurentur. Sherbrook. MS. Lady Byron 432

Ad purgand. Renes. Rx. an ounce of Cassia newly extracted and half a dram of Rhubarb, and some venice Turpentine well washt in plantane water, or Red rose water: takeing it fasting in bolo: swallow down some morsells of it. probatum MS. Lady Byron

A wholesome Diet drink to be drunk in winter. Rx. Guaiaci in scobem redact. lb-libram. i. Sarsæperiglie. ʒ i. Liquirilie ʒ iii : Senna half a pound. White sugar candy half a pound.

of the reddest dock roots, as many as will lye on a great pewter dish: they must be wash very clean, and the outsides very well scraped, and all that is worm eaten or cankerd clean cutt out. Make it thus. ffirst boyl 8 gallons of wort to be made of a strike and half of the best malt: and when the wort boyles skum it well: then putt in all the said stuff, haveing the Dock roots, and the sugar candy: let it boyle above half a quarter of an hower: then let alltogether stand in the pan till it be cold: then let it run through a fine sive, and take all the stuff from it: then barme it as you do other ale, and putt it into a loome. Then punn the sugar candy small and putt it into a fine linnen cloth, and therin hang it by a thrid in the loome, that it may melt into the drink as it is working: the Dock roots must be putt into the vessell so soon as the wort is cleansed, and must continue therin still. The roots are the most speciall thing. M.S. Lady Byron /

A singular good whey-Almond milk, to cool the bloud, and scowr the reins, bladder and all those parts, and against pain in the yard, et pro Gororrhæa et Serpigine.

Rx. Mallowes, violets and Maydenhair, great raisins the stones taken out, liquorice scraped, and some ffrench Barly and 2 handfull of Wheat bran tyed in a linnen cloth. Boyl all together in conduit water, and with that liquor draw your Allmonds, and make your milk as thinn as you can; the thinner the better: rellish it with sugar or any other sweet thing to your best likeing, and drink of it at your pleasure, especially first and last. -

You may add to your almonds some barley, washed well and. laid all Night in fair water to steep: then seeth it till it be ready to break and unhusk; wash it againe, and beat it in a mortar with your almonds, and so strain them together with your decoction. -
In funeribus

It is best to add heerunto Cowcumber or Mellon Seeds, husked and ground as the almonds are: for they are good to cleanse the bloud. Sæpe probatum. Dr Aylworth. M.S. Lady. Byron.

A good purge for a hott liver. Rx. Diaprunis ℥ iii. Immediately after take half a dozen spoonfull of some thin alebury: or the like. It is excellent especially in hot weather. probatum. Dr Aylworth. M.S. Lady Byron.

An excellent Whey to cool the Liver: good to be taken all Summer. Rx half a dozen gallons of whey, sett it on a good fyre in a pann, till bubbles arise, and the whey well near at the point of seething. Then putt to the same one gallon of the said whey which was spared from the cheese, cold and unboiled. Which gallon of whey you must then putt to the other whey on the fyre. Then will the curds arise and be hard, and the longer you let it stand on the fyre, simpering, the more it will gather the curds to the top. Which curds you must take clean of with a Skimmer: then make your herbs ready, and putt them into a stand or vessell, wherunto putt your whey hott. letting it run into the same through a jelly bag or strainer, and so let it stand the space of 2 dayes or one day. Then put unto the same whey being in the Vessell a quart of milk new from the cow; then keep your vessell so close covered as may be: and let it settle 3 or 4 dayes before you drink it.

The herbs for this whey above written are, Endive, Succory, strawberry leaves, cinquefoil, sorrell, fumitory, Maydenhair and violet leaves: with half a handfull of Coriander seeds prepared: or cowcumber or Mellon seeds, for they are excellent to cool and purge the bloud. - or you may use sorrell, scurvey grass and fumitory onely, with some marigold leaves. - Before takeing this whey it were good to purge with Electuary ix succo Rosarum ʒijs. or Electuarium lenitivum. ʒ vi. The Lenitive is better in hott weather, and that ex succo Rosarum in cold. - These electuaries are excellent to purge phlegme and Choler et pro serpigi-ne. You may take at one time ʒ iii or ʒ iiii of Elect. ex succo rosarum: and of Elect. Lenitivum. ʒ i. - Dr Aylworth. probatum. M.S. Lady Byron
A notable purge for Cholerik humors. Rx. Electuar. leniti

vum ʒ vi. rather in hot weather. Of Elect. ex succo rosar. ʒ iii rather in cold weather. These are excellent good, but to open the Hemorrhoids with horse leeches is best. Idem. ibid.

To make Barly water, good to cool the body and bloud in summer. Rx. half a gallon of fair water: 2 spoonfull of french barly, (or other barly for want of it) dressed and husked like wheat: boyl them together very softly for the space of a quarter of an hower: then take some liquorice, scrape it and cutt it into small pieces, 1 spoonfull of anniseeds well dressed: a good handfull of raisins of the sun well stoned (some sena if you will) boyl these again in the same water another quarter of an howr very softly: then after putt in succory, endive, burrage, sorrell, bugloss violet leaves, mallows fumitory, spinage, egrimony, some Lettuce, tops of red fiennell, and betony. Let them boyl a little together, and let the herbs stand in the water 2 or 3 howers together, Then take the water from the herbs, and putt it in a glass bottle or such like. MS Lady Byron/

Electuarium Lenitivum Optimum et familiare. Rx. Cassiæ

recenter extracte. ʒ vi. Tamar. ℥ s. pulpæ prunorum et Sebastien. ana. ʒ iii. Mucaginis seminis psyche? -lii ʒ ii senæ oriental. ʒ i liquiritiae ʒ s. pulveratis tenuiter pulverizandis cum syrupo rosato sumpnivio, fiat opiata. Dosis ℥ i. Eat about an hower after. You may go abroad and ride, or do any thing after probatum. MS. Lady Byron

ffamiliar ordinary things to keep the body loose.

Stewd prunes eaten in a morning fasting; or a roasted apple or 2 eaten cold last bedward. Ibid./

To make one laxative. Rx. Mercury, borage and 2 or 3 and eat it. MS Lady Byron

A purgation. Rx. as much water as you can drink at one draught, and allmost as much stone honey: stirr them together and let them stand all night, and in the morning drink it. ibid.

A pureging whey et pro Serpingine ant ....... ie callo ffiat serum serum lactis cum agrimonia et fumaria, et in primo hanstu adde Confectionis Hamexh ʒ ii. Repetatur
fingulis annis 5 horis ante cibum: per 4 or 5 auroras. This is excellent in summer. Dr ffriar. MS. Lady Byron

ffor Salt phlegme, melancholy and Cholerick humors. et pro

serpigne, an excellent purge. Rx. foliorum Senæ. ℥ s. seminum Anisi ℥ i. florum cordialium pugil. i.

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coquantur secundumartem in sufficienti quantitate aquæ fontanæ, ad ℥ iii. s. in quibus colatis dissolve syrpi rosati solutivi cum Agarico ℥ i.s. Confectionis Hamech ℥ ii. miscce, fiat potio mane sumenda. ffast for 3 or 4 howers after it without taking Alebury, broth or any thing: the longer you fast the better it will work. Dr Smyth. M.S. Lady Byron

A Soluble lenitive broth. Rx. a yong pullet or good big chicken,

and boyle therewith Mercury and mallowes, of both a good handfull: make therof a thin broth, wherto putt a little sweet butter: drink a good draught therof fasting an hower before dinner; you may putt to it a little Rosemary and whole mace. ibid.

ffor phlegme, and to purge the stomach. Rx. Syrupi Rosat.

solutivi ℥ i.s. Syrpi violar. ℥ i. Decocti Senæ Alexander in epithymo. ℥ ii. vivi albi et aquæ boraginis ana cochlear. 2. misc, fac potionem. - then

Rx pillularum anrear. et hieræ cum Aganico ana ℥ i.

℞ i. pillul. cochlear. ℥ ii. cum Syrupo de stæchade. fin-gautur pillilæ numero 12. extrinsecus inaurentaur.

Rx. electuarii Diatrition piperion, ℥ i. s. Dianisi ℥ i. conserv. anthos et florum Boraginis, ana. ℥ s. misc, fac conditum - Take first in a morning about 2 howers before dinner the above said purging potion of Syrup of Roses and violets: drink it up warm, and dine within 2 howers after with stewed broth and boyled veale. - The next day, or the 2ᵈ day after take 4 of the pills, above written; swallow them in the pap of an apple an hower before supper. - Of the other 8 pills, take 3 of them in the manner aforesayd, an hower before supper, 5 or 6 dayes after; and swallow the other 5 pills early the next morning, and take thin broth warme within 3 howers after. - After you have taken your purging potion take dayly about an hower before dinner, the quantity of a wallnut of the Electuary upon a knives point.
Dr Barrow \( \text{ibid.} \)

To make purgeing prunes. Rx about a pinte and half of white wine: a pretty quantity of pickd Senna, about 2 handfuls and putt to it: then it must stand very hott from morning to supper time: but not boyle. Then strain it very hard; that the strength may go out. Then take your prunes washed and dried, page 436

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with a little stick of Cinamon, and a few cloves, and some slitt ginger, and of sugar the quantity of a Walnutt: and put these in the liquor; and so they must stand stewed hott in it all night: then take them in a morning a little warm in a spoon, and so many spoon-fulls of syrup with them as you take prunes: you may take them 3 dayes together, which they will keep very well, takeing 9 at a time, or if they work too much you may take 7 or as you think good: and within 2 howers or less afterward, you may eat some broth with bread, and a little to your dinner; for they must not be fasted after. MS. Lady Byron

A purge. Rx of the pulp of Tamarinds 3 s. of the flowers of violets, borage and bugloss of each half a little pu-gil: of sweet fennel seeds half a dram: of Epithymum half a dram. and one sprig of Thyme: boyl these in half a pinte of Endive water or Chicory water, till allmost half be spent: then powre out the clear liquor, and put to it one dram and a half of Rubarb, moysten-ed with with 2 spoonfulls of white wine, and half a scruple of the scrapeings of Yellow Sanders: let them infuse together upon warm ashes in a pott close covered for the space of 6 howers: then strain out the Ru-barb, and clarify the liquor with the White of an Egg: put to it one ounce of syrup of Damask roses, and drink it up in the Morning. - If you finde your self disposed to looseness, then put to the Tamarinds, one dram of the Kindes of Citrine My-rabolanes, and boyl them together. ibid./

A Purge. Rx. Ioliorum sen\(\text{nnae}\) 3 s. seminum Anisi \(\text{s.}\) florum Cordialium pugil. j. coquantur secundum artem in sufficienti quantitate aquae fontanae ad \(\text{i.}\) iii.s. in quibus colatis dissolve syrupi rosati solutivi cum aga-rico 3 i.s. Confectionis Hamech \(\text{z}\) ii. misce, fiat potio mane sumenda. ffast near 4 howers after it, without takeing any thing, either aleberry or broth: for the longer you fast the better it will work. ibid.
A Physick broth. Rx. ffennel roots, parsley roots, 
roots of butchers broom and Asparagus, of each 
a like: Time, Marjoram, Hysop, betony,

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burrage, violet leaves, with great raisins stoned, 
make your broth, and sharpen it in the end with white 
wine vinegar; then take half a pinte therof in the 
morning, and also in the begining of supper 3 dayes 
together or more. - Upon the 4th or 5th day it 
will be good to make your dinner of moyst and liquid 
meats, and about half an hower after dinner to drink 
half a pinte of oxymel water, thus made. Rx. half 
a pinte of vinegar and as much water, and put to it 
4 great spoonfulls of honey: boyling it and scumming 
it till half be consumed: upon this it will be good to 
a little abroad in a coach to stirr your stomach. The 
day following if you take the weight of & vi d of Hi- 
era picra in a potion of White wine, it will cleanse 
the remainder of the matter out of the stomach. ibid

A Diet drink. Senæ Alexand. ʒ viii. Sarsaeperglia ʒ viii

Turbethae Thopsiae ʒ i. Epithem. ʒ Spicnard. Indiæ 
terræ. i. Dates 12 ʒ. liquorice. ʒ 5. (or ʒ .s).
anniseeds. ʒ ii. Boyl your Sarsaperiglia, Thopsia 
and liquorice 2 howers in 8 quarts of fair conduit 
water, before you put in the rest: and boyl the rest 
4 howers more, viz 6 howers in all, in a luted pot 
with a very soft fyre. ibid.

A soveraign Drink to help Rheume, and for such 
as are given to swelling in the face, often proved.

Rx. a quarter of a pound of white sugar candie, 
Liquorice ʒ ii, anniseeds ʒ i. Guiacum (such as is 
green, ie, new, blackish and heavy) half a pound, 
newly turned or Rasped; an ounce of sarsaperiglia; 
let the sarsa be cutt small or splitted, and the liquorice 
and anniseeds dressed and beaten flatt. Boyl all but 
the sugar candy in 4 gallons of Wort that is good, 
with a little handfull of hops, till the third part 
be consumed: then let it run through a cleansing sieve, 
and putting barme to it, use it as you do other drink, 
then hang your sugar candy in a fatt, being punned & 
tyed in a cloth while the ale worketh: let them
but still be stirring of it so long as it boyleth. And when it
is boyled and taken from the fyre, then putt it into a fair
wooden vessell, where let it stand with the dregs alltogether,
till it be so cold, as it be ready to barme as other ale: then
cleanse it from the dregs and barm it as you do other ale;
When it is ready to cleanse, put a good platter full of the
reddest dock roots you can gett, or rather of a right Orange
colour, and is called the ffrench Rubarb: but first let
them be fair dressed, and the pith of them taken out.
Clense up your drink to it, and let it be 6 or 7 weeks
old before you drink it. Use to drink of it as much as
you will in a morning: you may also drink of it at
meat, and use it from Christmass to May. Also a little
before your dinner drink a good draught of broth well
warmed, made either with capon, mutton or veale, with
3 or 4 good spoonfulls of barley, Endive, succory, Cinque-
foyle, burrage, and bugloss, one quarter of a pound
of great raisins of the sun stoned: a root or 2 of
fennell, and as many of succory being pithed: and
after your dinner use to eat Conserve of Roses. MS.
Lady Byron
A familiar Electuary to be taken at any time fasting, in the
Morning: you may go abroad with it. Rx. Cassiae recenter ex-
tractæ ʒ vi. Tamarindorum. ʒ s. pulpæ prunor. et
Sebestien. ana. ʒiii. Mucaginis seminis pugil silli ʒ ii. Senae
Oriental. ʒ vii. anisi ʒ i. liquoritiae ʒ s. pulverizati
tenuiiter pulverizandis, cum syrupo rosato solutivo fiat
opiatum. ibid.

A purge. Rx Syrupi Rosati solutivi cum Agarico ʒ i.s.
syrupi violarum ʒ i. Decoct. Senæ Alexand. in Epi-
thymo ʒ ii. Vini albi et aquæ boraginiæ simul. ana,
cochlearia 2. Misce, fac Potionem. ibid./

A Purge for phlegme. Rx pill. Hieræ cum Agarico, pill: Cochiæ,
pill. aurearum. ana ʒ i. Misce, et cum syrupo menthæ
quantum sufficit, fiant pillulæ numero 7. de aurentur ibid.
Rx the best alloes Succatrina ʒ iii: but it into an earthen or
sylver basin that will hold more than a pinte: put to it a
pinte of pure juice of Damask roses, without dregs or resi-
dence: sett the basin on a chafing dish of Charcoale, where it may
stand hott without boyling: and the alloes will melt with the juice of
the Roses: then let them evaporate, till the alloes and juice be incor-
porated, and grow thick: all which time your heat must be gentle,
and you must perpetually stirr them with a wooden spatula, that they
neither burn nor boyl over: and sometimes sett the dish off the fyre to
cool, that you may see if it be thick enough. Alloes Rosata. ibid./

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Womens distempers.

ffor an ague brest. Take a little Castle Sope, of Aqua vitæ and

Honey of each 2 spoon full: a spoonfull of pepper, and a little yellow wax: Boyle all these together in a porringer, till they come to a salve: then take a piece of red cloth and spread it upon it, and lay it to the sore as hot as she can suffer it. MS Another for the same. Take Aqua vitæ and May bitter and honey, and Boyle them together and dip a brown paper therin, and lay it to the brest and it will take the ague out of it. Likewise take onely honey and spread it on brown paper; and warm it and lay it on the brest, and it will help it. ffetherfew dried is likewise good for the same purpose. And so is sage dried, which will like wise dry away the milk. MS.

To dry up milk in the brest. Take butter, wax and honey,

and Boyle them together and dip therin a piece of new cloth the breadth of 2 hands, lay it on the brest, and it will dry away the milk. MS.

Bloudy flux in women. Take 2 spoonfull of good Rennet, put it in a porringer, and milk a little from the cow into it: carry it to the patient to drink before it turn to curds, (for it must turn in her stomach.) & if the sickness have continued 3 quarters of a year it will cure it. Also a warm greasy dish clout is good to lay to the share. probatum. MS.

Another for the same. Plantane leaves stampt and made into a tansy with yolks of eggs, and eaten, stays the in ordinate flux, tho it hath continued many yeares. Or eat an ounce of the powder of Alabaster with a rear egg, it never fayles. M.S.
Paines in the brest over heated with too much milk. Take

clean clay without stones and mingle it with vinegar,
and the yolk of an egg, playster like: spread it on a
linnen cloth, and lay it on the sore brest; so let it ly till
it be dry and then remove it, and lay to another, and
so againe, if need be. M.S.

For a sore brest. Take black brown paper and honey,

and it will keep it from breaking if the brest be
not broken: but if you see it begin to gather to a
head, lay to it a Rose Campion leaf, which will break

it; and being broken make a salve of honey, wheat flower
and the yolk of an Egg: and that will heale it within one
week at farthest, if it be broken. M.S.

Another. Take a quart of the grounds of the strongest ale

you can gett, and sett it on the fyre, and when it is ready
to seeth, putt in 4 handfulls of red rose leaves dryed, 4
good handfulls of course leavened bread, grated: and when
it is thick, putt in 4 good spoonfull of Sallat oyle, and
boyle it one walme on the fyre, spread it on a cloth, &
lay it on the brest as hott as may be, and dress it thus 3
times a day. MS.

Another. Take a handfull of figgs, and stamp them in a Mor-
tar very small, till all the Kernells be broken: then take
them and temper them with a little swines grease that is fresh,
and make a plaister and apply it to the brest, as hot as
may be. It will take away the pain and swelling, and if
it be ready to break, it will help it forward, else not. MS

Another. Take chickweed, Camomill, and the tops of unsett
hysop, red sage and mallowes; boyle all these together in
sweet creame and apply it to the brest. M.S.

A poultess for the same. Take mallowes, shee sow thistle,

and wormwood, shred them small and putt them into new
milk, boyle them small a good while, then putt in as
much grated bread as will thicken it, and some sheeps
suett, when it is boyled enough, apply it as hott as may
be to the brest. M.S.
Captaine Green s searcloth for a sore brest. Take a pinte

of the best oyle of roses, 5 ounces of Castile sope thinn
sliced: boyle these together till the sope be dissolved.
then take 8 ounces of red lead, 4 ounces of white lead
beaten and searced: let these boyle together till it will
spread: then putt in half an ounce of dogs fatt tryed.
and a quarter of an ounce of oyle of bayes: these 2
must boyle but a while: then dip into it sleysy holland
for searcloths. It must be boyled in a pipkin, or a
thing like a crock: because it is very dangerous for
the fyre. It is good for any swelling sore brest; but
it will not heale any sore, till it hath drawn out
all the Corruption. It will likewise keep a Cancer
for ever breaking, so you never let the brest be

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without a seercloth, but put on every day, or every second
day, a fresh one. probatum. M.S.

Canker in a Womans brest.

Take Rosealger and make powder therof, then take hogs grease
that is new & fresh, first melted, and after cold, mix the pow-
der therewith very well: then putt therof upon a peece of white
leather, which may cover the sore: then sprinkle on the sayd pla-
ster, fine wheat flower, then upon the same spread honey, and then
upon that womans milk: and when all this is done, put the sayd
playster on the sore. and put the neither crust of a new white
loaf upon the sayd plaister, and tye it fast that it remove
not: and in the morning you will finde the canker dead
on the sayd playster. M.S.

A canker in the pap.

Take peeld garlick and rye meale, bray them together in vine-
gar till it be thick as pap, lay it on the sore till it be
white: then take pimpernell, grinde it small, mix it with
honey, make a playster and lay on. MS.

Conception to help.

Distill sage water in May, and drink therof Morning and Even-
ing and any time of day, with a little sugar. Or else drink a
posset made with sage at going to bed. MS.
flowers to bring down.

Take a quart of white wine, the root of a flower de Luce, germander, unset hysop, and unset lime, of each a handful; Boyle all these well in the white wine, & drink of it morning and evening. Also long pepper, beaten very fine, and well mingled with white wine, and drunk Morning and evening doth the same. MS.

Another for the same, and to bring down the afterbirth. Take as much gallingale beaten to powder as will lye upon a groat, in a spoon-full of white wine, and drink a little wine after it. probatum. MS.

A Bath to break the flowers. Take wormwood, mallows and mugwort of each a quantity; Boyle them to a strong decoction in fayer Water: let the patient sitt over this, as hott as may be: and when it grows cold, let the patient be got into hott bed. Use this at night for a week or 3 or 4 dayes. M.S.

Green sickness.

Take a pottle of Claret wine, a quart of Isop water, put to this of Winter Savory, Mother of time, bettony Leaves, and roots, speermints, red fennel Tops, of each a handful: 40 sprigs of Germander striped downwards, 8 leaves of hartstong, 40 cloves and 2 Nutmegs bruised: half a spoonfull of Caraway seed, a handful of red currants: put all these into a red stone pot close stopped: let it boyl from 3 quarts to one quart: strain it, and put to it 2 ounces of Artemisia, 2 ounces of violets, 2 ounces of Lesse min; take 6 spoonfulls in the morning, 4 at noon, and as much at 4 in the afternoon, bloud warm. MS. 442

Another Excellent one by the Lady Griffin. Take 3 or 4 spoonfull of flemish Mather, boyl it in a quart of wine with a good pece of sugar, till half be consumed. take it off the fyre and let it cool, when it is cold, powr it through a fayr cloth, that the grounds of it be taken away: drink a good draught therof Morning and Evening bloud warm, then walk and use some exercise till you sweat. do thus 10 or 12 dayes. probatum. MS. L

Another. Take a pinte of the best hony, set it to the fyre and clarify it with 2 or 3 spoonfulls of clean water, then take of rew & sage, of each a handful: stamp them and strain them and put the juice to the hony, and stir them together: then put in a good
spoonfull of bruised pepper; stir all together, and let them boyl
together a little; then put them into a glass or pott: take a spoon
full or 2 every morning. (but first stirr it well, lest the pepper
get into one place.) then walk a good mile at least: or if it be
not fayr, then sleep an hower, and fast 2 howers after takeing
the same. Also you must eat raisins of the Sun. M.S.

Another. Take powder of steel, and powder of Castoreum, mingle
them with conserve of red roses; eat therof in a morning fasting
Also take stone horse dung, steep it in white wine a day and a
night; in the morning strain it, and put a piece of Mithri-
date into it, stirr it till it be dissolved: make it bloud warm
and drink it; ly and sweat after. M.S.

Another. Take Turmerick, which is in races like ginger, and
horse treacle, which is thinner than the other: slice a race of
Turmerick in the treacle: eat therof on the point of a knife;
mingled together, next your heart in a morning: it will cause
a good colour. probatum. Lady Verny. M.S.

Another. Take a quart of the best white wine you can get, as
much of strong ale, of brown sugar candy, 3 penny worth,
cloves and mace 3 penny worth, cinamon and graines of each
2 penny worth. lenes treacle 3 penny worth, long pepper and
case ginger of each 2 penny worth: boyle them and the ale in a
clean pan, and scum it clean (the spices being very well pounded,
put them in by little and little, and stirr it that it do not cleave
together) then take some of the ale and wine into a Cup, and
put the treacle to it: then putt the same into the wine and ale,

and boyl it till it come to a quart. Give the patient a draught every
morning bloud warm, till it be spent. This hath helpt many. If you
boyl some Calamint, pennyroyall, with good store of Mather, Rhubarb and
castoreum with the other ingredients, it will be much better. MS.

To increase milk in Nurses. Take the hooves of the forefoot of a cow
dried, and make it in fine powder, give it the nurse in pottage, or drink,
and it increase milk. MS.

For the Mother. Take between Bartholmewtyde & Michaelmass the ripest &
rankest Nettle seed you can finde, dry them in the sun on a linnen
cloth, or in the oven in a pewter dish, after you have drawn the
bread: wrap them up close in a paper; and when you begin to feel the mother rise, take a spoon heaped full of these seeds, beat them in a mortar and put them in a drought of white wine, or beer: it never fayles. MS.

Another. Take milk and ale, and make a cleer posset, then take of the curd, and boyl it in Camomill, and red fennel: drink it when you feel the pain comeing. M.S.

ffor the pain of the Matrix or mother. A spoonfull or more of the powder of nettle seed drunk in good wine, not onely aswages the paines, but takes away the windyness, and grief of the Mother. MS.

Nipples of the brest to skin. Take pure fine sugar and burnt allum, and plantane water, and a little red rose water, boyl them altogether to a syrup; dip fine rags in it and rowle about the Nipples. let it ly on till the pain be gone, and the nipples whole. Or Take butter and wax and dip a cloth in it being melted, and lay it on the brest. Yong bay leaves, layd upon the nipples, the skin being off, will heal them. M.S.

A Medicin for the Nurse, when the Child is troubled with the cough. Take hysop half a handfull, anniseeds half a spoonfull, a piece of liquorice stick scraped, and cut into thin pieces, the quantity of ones little finger: boyl these in a pinte of ale alittle while: then clarify the whey, and let the Nurse drink it: if it be too bitter, put in a little sugar candy. MS.

Swelling in the neither parts of a Womans body. Take a quart of white wine, a handfull of Camomill flowers dryed, of rosemary tops, Isop, red mynt, red sage, and red rose leaves, of each of these 1 handfull dryed: boyl them all in an earthen pott close stepped to keep in the breath. When it is boyled, strain out the herbs as hard as you can. Dip a cloth in it as hot as you can suffer it lay it to the place thrice a day. MS.

Whites in Women to stay.

Take 1 pound of the best damask prunes, wash them clean, then take 1 pinte of running water, 3 quarters of a pound of fine sugar, putt the sugar into the Water, and stirr it together, then put in the prunes, cover it close and let it
stand 2 days: then eat of them when you please. MS

A Bath to dry up the whites. Take some barley water, in which you must
seeth Rosemary and plantane leaves, and therewith wash the party: and
wett a clean cloth in part of it, and put it up with your finger, and
keep it so 2 or 3 hours, renewing it so 3 or 4 times in 24 hours,
do this 2 hours. Then take a quart of Smiths forge water and cleans
it, and put a handful of the gross powder into it, let it stand warm
a day and a night, then strain it: use this water both inwardly and
outwardly, as you did the other, and it will dry up the whites. Also
take clary leaves, wett them in good cream and fry them, eat them
in a morning fasting. MS.

To stay the whites. Take the yong red leaves of an oake, still them
in a common still, & drink therof morning and evening. This is also
good to wash any sore old or new. MS.

Another. Take the jaw bones of pikes when they are sodd, dry them &
beat them to powder; take a good quantity of the powder, and boil
it in Muscadine and oyle, till it be thick like a cawdle: then put in
2 or 3 yolks of eggs; eat of it in the morning fasting. MS.

Another, Take Cinkfoyle, strawberry leaves, violet leaves, S. Iohns

Wort, our Ladies Mantle, brown garden mynts, and brown fen-
nell, of each a good handful. (but take somewhat less of the
mints and fennel, then of the other) distill the same, and drink a
little of it first and last for 14 days, or longer. MS.

To procure Easy deliverance in Travayl.

Attempt nothing in this case till the 9th Month be past after Conception:
Then when her time approaches, if she every night when she goes
to bed eat 3 or 4 bay berries, it will wonderfully ease her pains,
by reason of the heat and sweetness of them. Also take Juniper
berries, bay berries, of each 7 a piece, Cassia Ligne 1 dram,
Cinamon whole, put them all in the belly of a fat pigeon, rost it
and baste it with the fatt; let her eat this at supper every other night,
this is a secret of the greatest concern in this case, that is. Also
take Treacle Theriaca Magna 1 scruple, powder of liquorice
and Cinamon of either 3 graines, white wine an ounce and a
half: mingle all these together, and let her drink it every other
day 3 hours before meat: this you may use 7 or 14 days be-
fore the time; this will cause a childbirth without great pain.
probatum. MS.
Another. Take Isop, Vervain and bettony, of each 1 handfull, stamp them very small, and strain them in good stale ale: drink a pretty draught of it: it will help presently without danger. MS.

To help a woman in hard labour. Take Mallow leaves and Roots, seeth them till the decoction be very thick and clammy; drink it: it will help much. The juice also drunk to the quantity of half a pound helps in the same case. MS.

To help a woman in hard labour. Take Mallow leaves and Roots, seeth them till the decoction be very thick and clammy; drink it: it will help much. The juice also drunk to the quantity of half a pound helps in the same case. MS.

womens after-......................-birth to procure.
Take a good handful of mother of time, boyl it in a quart of Malmsey, till it be strong of the herb: then strain it: put to it 6 spoonfulls of Sallet oyl: drink of it 2 or 3 times a day as need requires. MS.

To procure afterbirth, and ease pain. Take half a pinte of stale ale or something less, and as much of Avens water, make a cawdle of it, with the yolk of an egg and a little Nutmeg, take it blood warm. Also if one be bruised, and have clotted blood in the body, this will purge him upward and downward. MS. 445.

To make women hold their water. Take Salt Armoniack, and put in their dink. MS.

To prevent Miscarriage. Take a Secondine of a sound and health full body, and distill it, yeilds a cleer water; an ounce therof in a little white wine and cinamon water being given to a woman that is ready to miscarry, twice to bedward, helpeth. The same proportion given in a small glass of vervain water, cureth the convulsion at 3 or 4 times takeing; And being given in Mugwort water, it cureth the mother and after throws. Mr Digby . MS.

To procure deliverance . Take polypode of the oke, and lay it to the feet of the woman in travell, it causes speedy deliverance either alive or dead. probatum MS.

To prevent Miscarriages.
Take a glass of Allicant in a morning, with 3 cocks treads, of the newest layd eggs, bruise them in a spoon with a little of the Allicant, put them into the glass and so drink them. Then take half a Manchet and cutt of the Crust, tost it till it look yellow, to make it hold together: then steep it in allicant and
stick it with cloves, and binde it to her navle, gently at night, and keep it to as long as she can; Let her lye much on her bed. MS Mrs Lilburn.

Another. Take of the plaster of Mastick 2 ounces, of the plaster against ruptures, of Dr Cesars plaister, of each half an ounce, of Tacchamahacca half an ounce, of Olibanum, Amber, Balsamum of Tolvs of each 3 dramms, make these into a plaister, adding Chymicall oyl of Mastick 1 dram, keep it for use. Take of Dragons bloud 1 dram and half, Kermes berries, Cochinell, each half a dram, red corall prepared, seed pearl of each 1 scruple, orientall bezoar 6 graines, amber greese as much, white amber 4 scruples, sugar of roses 4 times as much in weight as all the rest, mix them and make them into a powder.

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Take of syrup of clove gilly flowers 4 ounces, luice of kermes half an ounce, mix them together. Directions how to use them. If there be hopes of not miscarrying, get some honest apothecary to make these plaisters, spreading them on a fine soft lambskin; let her wear one constantly on her belly, and another on the reins of her back, as long as they will stick renewing them as occasion serveth. Take 20 grains of the powder, that is very cordiall and comfortable both for Mother and Child, and mix it with the treads of 4 news layd eggs; after that put 4 or 6 drops of good Cinamon water to them, with as much of the syrup as will make it very liquid; so take them, being mixt in a spoon, and when she has swallowed them down, let her afterwards drink some red wine. This she may do in the morning, 4 at afternoon, and last at night. Also you may have for her good chicken broth, in which may be boyled hartshorn 2 parts, and one part of Ivory, with a chicken, and some plantane leaves, and a crust of bread, with a little Cinamon: of which she may take at pleasure, and sometimes in stead of red wine. But if you see the party will miscarry, then do not use them. She may lick of the cordiall powder a little at any time, and if she pleases, take nothing after it. The plaster comforts and strengthens the belly back and womb: the powder comforts both mother and Child: so doth the syrup and broth. Dr Willoughby. MS.

To cause the after birth to come. Take Castor in the Cods, and burn it under the Nose of the Woman delivered: if the matrix
be strait, it will open it, and bring away the after birth. Mrs Mul-
lenax . MS.

To cause speedy Delivery. Take of Trochis of Mirrhe

2 drams, safron 20 graines, in fine powder, Borax in pow-
der 10 or 12 grains, the compond syrup of Mugwort, 1 ounce:
oyl of sweet allmonds new drawn 6 drams, or 1 ounce, white
wine 4 ounces; mix them, and make therof a potion, to be given
at such time as the throws begin to renew, it is an excellent
and much experimented Medicin. MS Mr Broom Apothecary
of Grantham.

ffor after paines. Take a Nutmeg, burn it in the fyre and so

bruise it between 2 trenchers: put it into some Mace ale,
and let her drink it. MS

A sore brest that is all black. Take a handfull of the herb
called Robbin in the hedg, chop it small, and boyl it in a

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quart of ale to a pinte: anoynt all the sore brest with it: then
lay a cloth on it: which you need not change at all. Warm it and
use it. MS.

ffitts of the Mother. Take of the granes of Iuniper, Calamus

Aromaticus, roots of burdock, gentian, Zedoary, angellica, of
each a dram: seeds of Dancus, Lovage, of wild carrots, of each
half a dram, of the hoof of an Elke, 2 scruples, faeculae brio-
niae. 2 drams, make a powder to be taken in beer or Mugwort
water, or syrup of Mugwort: give a dram at once, fast an
hower after; continue the takeing it, while the powder lasts. MS.

To stay the redds in women. Take gallingal 2 ounces, white

wine 1 pinte, loaf sugar a quarter of a pound; boyl them together
very softly, till half be wasted: take it off, put it in a glass,
drink often a spoonfull at a time. Close stopped, it will last
a quarter of a year. The Gallingal must be thin sliced. MS.
Mrs Mullenax.

Aqua Brioniæ composita, or the London Water
against fitts of the Mother.

Take of the juice of Bryony roots one pinte; of the leaves of rue and
Mugwort, of each half a pound: Savin dryed, a little less then a hand full: featherfew, Nip, pennyroyall, basil, of each half a handful.
of the outside of fresh oringe peel 1 ounce: Mirrhe half an ounce,
Castor a quarter of an ounce: Canary wine 3 pintes: steep them 4
dayes in a glass well stopt, then distill them oft in a glass Alembeck
in Balneo, or warm water. - The dryed herbs, which are
the Savin and penny-royall, may be beaten together to a gross pow-
der. The other herbs which must be green & fresh are to be shred
small or beaten to mash in a wooden or stone mortar. The mirrh
must be powderd by it self, and the Castor cutt into small thin
slices: mix all these together, and powr on them the wine and
Bryony juice. - This water when it is distilled as it ought to
be, is not good enough to wash your hands: and consequently of
little vertue to be taken inwardly: for not a quarter of the
strength of the Ingredients comes over the helme: therefore
let me rather advice you to prepare this water against fitts
thus. - In stead of the juice of Bryony take dryed Bryony
roots, beaten to a gross powder, 2 ounces: the rest of the
herbs being all dryed, and the other ingredients powdered
gross, and in the same quantity as they are sett down before.
In stead of 3 pintes of Canary, take a quart of the best

Nants brandy. Put them into a glass, and let them steep 6 dayes in
warm ashes: then strain the liquor of, and keep it in a glass bottle
corkt up for your use. - Half an ounce of this liquor contains
more vertue, then half a pinte of the other distilled water. -
you may easily compute, what this liquor or water will stand you in,
by what is informed you else where. The Apothecaries sell it for
3 sh. 6. d. the pinte: and 3d , or 4d the ounce. Dr Harvey .

ffor the Mother. Rx. a handfull of Mugwort, as much Pelli
tory, as much Commin, and seeth them in White wine,
a pretty while: then take them out of the liquor and
let them drain a while: then take a linnen bag, and
as hott as you may lay it to the Navle. Banister . M.S. Lady.Byron
A singular plaister to call down the Months. Take Gallie
Moscate and alipte moscate of each ʒ iii: the gally moscate
is pretious and of great cost: then take of fine Galbanum
5 drams; musk and ambergrise ana one scruple. Storax
liquid as much as will suffice to incorporate the Galbanum
and powders together in a meanly hott mortar, and pestle
the end well hott, into the form of a plaister, and drive
it on leather, and lay it longwaies under the Navell,
well towards the bottom of the belly, that is from side
to side. MS. Lady. Byron

ffor the Whites to stop. Rx. a new layd egg roasted
very rears; put to it white sanders very fine beaten
a good quantity: stirr them together and sup it of next
your heart: neither eat nor drink in an hower or
more after: use it till you finde ease. ibid./

ffor a Woman labouring of Child, whether the Child be
alive or dead; or for procureing a monthly order, a
certain medicine.  Rx Ieniper as it groweth, the berries

and all, a great handfull: putt it in a pinte of fair run
-ning water, let them seeth to the one half, then drain
it from the herbs, and make it sweet with the best stoned
honey you can gett, but let it seeth no more: so drink it
bloud warm, as you have need. ibid.

Broth to be taken after steel powder. Rx. of the roots of
parsley, fennel, Chicory, of each a few: of the leaves of
bORAGE, Endive, Mayden hair, Cetrach, Marjoram and Tyme,
of each a few: of french barly well washed a good spoon-
full, of raisins of the sun without their stones a good spoon-
full, a crust of bread, and a pullet, or a piece
of Mutton and veale

Matrix grindeing. Seeth Ashen ashes in water; dip a cloth

therin, and apply it all over the belly. ibid./
Rost a lilly Root with oyl of Roses, it heals burnings,
softens the Matrix, brings down the terms, and covers
wounds with a skin: and with honey, it heals cutt
sinews, and places out of joyn: scurf, scales, scab
leprosy: it scowres away running sores in the head,
and face; it takes away wrinckles, The rosted root
with honey and vinegar healeth all deformities of the
Skin, in the head, face, or body. ibid./
To cause deliverance whether the Child be quick or dead.
Drink the milk of another Woman, mixt with oyl
olive. ibid.
To slack the afterthothes after Childbirth. Seeth the
juice of a good handfull of parsly in a cawdle or
ale brew, and let her drink it. If she have too
much of her disease, let a spoonfull of bruised pep-
-per be put into her cawdle. probatum. ibid.
Seeth sage with running water, roch allum, and wood-
bine leaves, to quench the great heat and burning, stink
The Lady Arundell's Receipt for the Cancer in the Breast.

Rx. Yellow Arsenick 1 ounce: bolearmoniac half an ounce. Reduce them into fine powder and mix them -. The Caustick. Rx Yellow arsnick 1 ounce. Red precipitate, bolearmoniac, of each half an ounce. Mix them together. -

The Tart Water. Rx. Mercury sublimate 1 ounce: precipitate half an ounce, reduce them into fine powder, and boil them in 3 pintes of White wine vinegar, till 1 poyn be consumed. When it is cold put it up in a bottle close stopped. -

The Red Water. Rx. 2 pounds of unslaked lime stones, 2 gallons of spring water, boil it and powre it upon your lime stones boyling hott being in an Earthen pott. Cover your pott close, and let it stand 24 howers: then powre off the clearest and add to it Bolus verus, Roch allum, white coperas, Alloes Succatrine, Camphor, of each 2 ounces. beat them, and searce them, and mix them well in the water, and boil them 1 hower: then putt this water in a pott close stopped, till it be cold: then putt it up in a glass bottle for your use well stopped. -

The green Oyntment. Rx. fresh hogs grease 1 pound, Venice turpentine 4 ounces, Rosin half a pound, Verdigreece half an ounce, beat all well together in a mortar, and boil it till it come to an oyntment, strain it, and putt it up in potts. -

- The use of the Caustick. It is to be mixt with some of the oyntment spred thin upon a cloth, the bigness of the sore: and must ly on 8 or 10 dayes, or untill it falls off: then apply another till the dead flesh be spent. -

- The white water is to be applied with a cloth dipped in it, if occasion requires: which is good for a Canker either in the nose or throat, and ringworme, or for any dead flesh in wounds. -
red water is good for sore and bloudshott eyes: for pinn and webb in the same, and to preserve the sight: and for any old sores. It is excellent for ffistulas being sirringed into it: it must be wamed allwayes when you go to use it. - The green oytment is to be applyed after the Caustick hath done its work: Which is to draw and heale. It is used to draw and heal any sores and wounds. MS. Lady Byron. / To prevent Womens Miscarriage. an Excellent Remedy.

Rx. Sarsaperilla sliced 1/2 a pound. the bark of Guaiacum 2 ounces: bark of the oak 3 ounces. of the herb horsetayle 1 handfull: boyl these in 3 quarts of running water, till one quart be consumed, strain it and add to it 1 quart of plantane water; then boyl in it gently of the flowers of Archangell 1 handfull: of the yellow seeds in red roses half an ounce: strain these, and sweeten it to your pleasure,

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451. In Rogationibus et Supplication ouibus Publicis./ then keep it for use. Take of this every second hower 2 or 3 spoonfulls. MS. Lady Byronprobatum.

Another for the same, from a Rare Midwife in London.

Take Rice boyled tender in Tent with some beaten Cinamon, in it: boyl it as thick as a poultice, and lay it to her Navle; and drink Tent with a Tost in it, and eat the Tost. - some in that conditi-on have taken a gentle purge, and after that taken cooling Iuleps to thicken the bloud, and have done very well. ibid./

To stop the Courses in women. Rx. a pinte of Rhenish wine, a quarter of an ounce of large mace, 4 penny worth of English safron, 1 penny worth of sweet Juniper berries: bruise them and put them into the wine: the safron must not be putt in till it be allmost boyled: then put it into a pipkin close covered, let it boyl to half a pinte: then strain it out and drink it warm: sweat 3 howers after ibid./
ffor the months falling downe. Rx. wild clary, Mallowes and Oak leaves. ana one handfull: boyl them in run -ing water and sitt over the steam. ibid.

ffor a brest that is rugged or hard. Rx. Cow dung new made; put to it thick Creame, vinegar: sett it on the fyre and boyl it a little: if it be too thin to spread like a poultiss, put to it a little wheat flower: spread it on a cloth and lay it over the brest; onely cutt holes for the Nipples to come out: this will take it away in one night, or at twice doing. You may put in a little oyle Olive. - If the skin be off the nipples, annoynt them with Calves trundle fatt. - If you fear the brest or nipple being sore before you are brought to bed, bath it a pretty while before with allum water.

MS. Lady Byron
A poultiss to break a sore brest. Rx. New milk, make a poultiss of it with Oat meal: putt in 1 handfull of Mallowes, violet leaves, red fennell, some houshold bread, as much white lilly root as an egg; the like quantity of onyons: shred all together, boyl them in the milk and Oatmeal:

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when it is boyled putt in either fresh butter, or boares grease, but deers suett is better: lay it on warm: when it is broke and drawn forth all the Corruption, take parsly, shred it, boyl it in fresh butter; let there be so much that the butter may look green; then take some of this oyl & anoynt the place with a feather: and in the hole after this poultiss you need use no Tent, nor any thing but this if you will heal it. ibid.

ffor a breast head, when the skin is off. Rx. Mutton fatt, some of the Kidny; putt it on a toasting fork: sett a dish under it, with half as much live honey, as you think there will drop fatt: beat these 2 well together, and anoynt the brest: it will skin it speedily. ibid./

ffor fainting fitts in a woman new brought to bed. Take 4 graines of musk, mingle it with a little fine sugar, putt
in a spoon with a little mace ale: stop her nose that she may not smell it; so give it her, and let her drink 2 or 3 spoonfull of mace ale after it. /

ffor the after birth. Take a Skene of flaxen yarn, unwhit -ed, boyl it in water, and let the woman sett over the steam of it. ibid.

ffor the same. Take a quart of Claret wine, let it boyle a while, then take a little shovell full of wood-ashes hott out of the fyre, and put into the wine: let it boyl well: ten putt in as much more, let it boyl till it come to a strong Lye, and half the wine be wasted: then strain it out and sweeten it, with a little sugar: give the party a good draught of it. This at twice or thrice takeing seldome fails to bring away the dead Child or after birth. ibid. /

ffor the Mother. Take Galbanum, mixt with 12 graines of Musk; make a plaister of it and lay it to the Navle. ibid.

An excellent oyl or balsom; it healed a sore brest, when all Chirurgeons had left it. Rx. a pint and half of the best sallat oyl: put into it a quarter of a pound of bees way, shaved small, then take a hand-full of bayleaves, as much time, as much rosemary, as much balme; shred all these herbs small, small, then melt the oyl and wax in a pipkin, put in the herbs and let them boyl half a quarter of an hower: then take 2 ounces of Storax, washed 3 times in plantane water: take half an ounce of Venice Turpentine, washed well in red rose water: boyl all these on a soft fyre a quarter of an hower, till it look greenish: then take it off the fyre and putt into it an ounce of red sanders beaten to fine powder, and sifted: stirr it well together; strain it into a bason, and when it is cold put a knife into the bottom to let out all the water: then set it over the fyre again, and when it is melted, put into it 1 ounce of dragons bloud, and half an ounce of Manna in fine powder: let it all boyle a-
gaine a quarter of an hower, ever stirring it.
then take it off the fyre and strain it: then put
it again into the pipkin, and set it over the
fyre to be hott, but let it not boyl: then take
it from the fyre and putt into it 4 ounces of the
oyle Hypericon, and 5 drams of right balsome.
stirr it very well that it may incorporate well till
it be cold: then put it up into a pott. It is good a-
against the Infection of the Plague or Pox, to a-
noynt the nostrills therewith in the morning fasting.
the longer you keep it the better it is. ibid. /

To stop their flowers, Let women sitt in the broth of

Tormentill up to the Navle: or knead the powder with
hony and spyknard, and lay it to the neithermost
part of the belly. ibid.

Mother riseing. Put vinegar into her nose with a feather. ibid

ffor hard swellings of the brest. Boyl wheat brann in a
decocition of Rue. ibid.

ffor an inordinate flux of the terms, though it hath
continued Many yeares. Stamp plantane Leaves

and make them into a tansy with yolks of eggs. ibid.

ffor to stay the whites. Make a Conserve of the white flowers

of Archangel, with sugar, use it diverse dayes. ibid:

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To bring down the desired sickness: The Leaves of Mullen.
worn under the feet day and night in manner of a shooe
sole or sock; and kept thereto with socks from falling away
ibid. /
To stay the terms. Eat plantane made into a tansy with
yolks of Eggs. ibid

To bring forth a dead Child. It is also good for the gravel,

windyness, pains of the liver and jaundies: Take flowers
leaves and roots of Camomill, make them into Trochisks,
or portions. ibid.

ffor the whites. Rx as much fine amber finely beaten to
powder as will lye on a 6 pence, in a little muscadine in the morning before you rise, and ly an hower or 2 after it, & sleep if you can. ibid.

To cleanse the Matrix. A Penniwirth of Sperma Ceti taken in 2 severall mornings in posset drink. Or as much mithridate as a bean, and as much grated Setwell, as will ly upon a groat in warm aleberry or posset drink. ffast 3 howers after either of them. - Take a quarter of a handfull of the herb bugle, bruise it & boyl it in posset drink, take it warm morning & Evening.

ffor bearing down in that part. Anoynt the bottom of the belly with oyl of lillies, and wear a piece of knitt hares wool, and keep it very warm. ibid.

ffor Immoderate flux of the termes. Rx New milk, milked upon Speermint; let it stand 2 or 3 howers by the fyre; then Drink it. MS. ibid. D-Mr Willoughby ./

ffor the Whites or running of the reines. Rx the white of an egg & 2 spoonfull of red rose water, beat them well together with a little sugar, drink it in a morning fasting. Mr Willoughby . ibid.

To know if a woman be with Child: one way is, if you can see your hand perfectly in her water, as it stands in the Urinall. Idem. ibid./
A pinte of New milk, with a spoonfull of red rose water, Nutmeg & sugar mixt with it, is very good for a woman with Child, or a weak consumptive body: to drink at night for their suppers; or any time of the day when they are dry. Idem ibid./

An appendix of Remedies for 455

venereall Distempers./
To skin over and heal pustles and other sores in præpatio virgæ. Rx. a pinte of milk, sett it on the fyre, and when it begins to seeth, ʒ i of Roch allum beat into fine powder: so
let it seeth 2 or 3 wallows on the fyre, then strain it through a linne cloth, and wash those parts with it. It doth both cleanse and skin. Banister. M.S. Lady Byron

pro renibus et pro Gonorrhæa. Rx. a little quantity of

clean turpentine well washd in red rose water: then take a little quantity of fine sugar and a little quantity of Boleanenion, with the yolk of an egg: and being well mingled add to it the sugar and then the bolearmoniak in water very fine powder. Take of it the quantity of a prune, and putt it in a spoon with the syrup of Rubarb: swallow of them in the morning fasting at last at night 2 of them at a time. M.S. Lady Byron

Ad purgand. et confortand. renes. Rx. Terebinthine ʒ vi. Cassioo noviter extrachth. ʒ iii. Mastiche ʒ i. vel nucis moschath. ʒ i. summantur in Aurora. Shorebrook. MS. Lady Byron

vel. Rx. Cassih noviter extract. ʒ iii Terebinthinh ʒ ii s. Rhubarb. elect. ʒ ii s. Cinamomi, seminum anisi, liqudri tih. ana ʒ s. misce, fiat bolus. Dr Smith. MS. Lady Byron.

A Regiment for him that hath a hott Liver
and some little melting in his kidneys.

Observe 3 things. Moderate exercise, good diet, a little physick.
this exercise must be moderate, not violent, upon an empty stomach not a full: rather in the morning than in the heat of the Day; more in Spring and winter than in Summer. Diet must be of meats easily digested, as mutton, veal, chicken, Rabbit, partridg, capon &c. fforbear all over salt meats, as Bacon, all slimy fish, all white meats, all baked, stuffd, fryed and broyld meats: all sharp, sower and tart things, for they hurt the kidneys. ffeed rather of one meat than many: or at least of such as are of light digestion. Abstain from hot wines, waters, spirits and venery. Take little physick unless necessity urge; yet twice or thrice a year take the underwritten pills. Eat one of the Lozenges morning and evening. Take a spoonfull of the syrup or Iulep every morning when the Lozenges are spent. use to anoynt the right side and stomach with some of the following ointment warme, when you feel the liver hott, once in the spring open the liver veine./

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The pills. Rx. pill. anrear. ii. Lucis maioris: ex tribus

ffaravelii ana ʒ i : misce, et cum Syrupo Betonice fiant
pill. 7. deaurentur, dentur quarte r signo convenienti cum custodia
In ullo signo nisi ni Levne et virgine.
Heer follow the Iulep and unguent for the Liver.
Rx Sacchari Rosati ʒ ii
Rx. Syruporum fumariæ simplicis, violorum, Cichorii ana
ʒ i. Aquarum Rosaceæ, Scabios&#39;;, ana ʒ ii Cichorii ʒ i.
mesce fiat Iulepus.
Rx. Anguenti pomati ʒ iii. Olei moceris. ʒ ii. Rosati
Messue. ʒ i. Misce, fiat unguentum. Dr Case's præscript.
in astate. M.S. Lady Byron.
pulvis pro Gonorrhæa. Rx Corall. rub. succini electi, Mastiche,
Nucis moschate. ana ʒ ii: fiat ex omnibus pulvis. Dosis
a dram: which is the weight of 7d ob: to be taken in
an egg rear rosted, fasting. Dr Atslow. MS. Lady Byron.

Collyria optima against Caruncle and otherwise. Rx. Summit.

salv. rorismarini, fol. rosar, rub. plantaginis ana Mi.
aluminis Roche ʒ ii. coquantur secundum artem in suffi-
cient quanta aqæ fontanae, ad lib. i. Colatura per
residentiam depurata iterum coquatur cum melle despu-
mato. In fine adde viridis æris ʒ j. fiatquarte r Collyrium.
Or else. Plantane water, red rose water, womans milk and
sugar candy beaten to small powder and dissolved in
the rest. Use your Iniections especially in the morning
early, alittle before dinner, before supper and at night
when you go to bed. Or else use this following
Collyrium opt. pro Gonorrhæa. Rx Cerusæ ?p venet.
ʒ i. litargie aureæ ʒ i. Camphure ʒ i vini albi
half a pinte. Aque plantaginis as much. Warm it a
little when you use. They must be beaten to very fine
powder before you putt them to the wine and water.
and then incorporate them very well together. When the water
is spent you may add to the bottom another half pinte
of white wine, and as much plantan water. MS. Lady Byron

Running of the reins or burning of the yard.

Rx. a pinte of barly and seeth it till it be broken, then take
the husks from 2 or 3 good handfulls therof, and put the
barly so husked into a pinte of fair running water.
and let it boyl till a quarter of the water be consu-
med: then strain it, and use to drink every morning 8 or
9 spoonfulls for the space of 3 weeks, and every 3 dayes

make fresh water: and if................../ you feel not the flux

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to stay within a week use this water by syringe into the yard, and it will both stay the flux and skin the yard if it be fretted by the heat therof. You may to the syringe water or Injection putt the quantity of 2 hazle hulls of roch allum, and some cool, skinning herbs, as woodbine leaves, dazy roots, plantane, mallows or such like. But I think the other aforesaid will stay the flux alone./ MS Lady Byron

Running of the reins and weakness of the back. Rx a pottle of goats milk, new and warme as it is milked, or for want therof takes cowes milk: a handfull of hempseed as it groweth, a handfull of acorns, the husks taken away and dried, so that they may be beaten to powder. then take 1 root of plantan and one root of Dasies, scrape them and then putt them with the powder into the milk, and bruise (seeth) them together, till half be consumed: then strain it from the grounds, and drink a good draught therof luke warm, every morning, and drink not within 2 howers after: it will help in a short space. MS Lady Byron

Running of the reins. Rx Dill seed 3 drams: lettuce seed & parslane seed of each 4 drams: make them into fine powder. drink it evening and morning with water of parslan, or lettuce with a little sugar. This will ease. MS. Lady Byron

A singular water for heat, pain and rawness of the privities, a great secret . Rx. Ceruse washed in rose water

7 times (that is every 12 howers changing your water and putting in fresh) ℥ iiii. Tutie prepared: ℥ i. starch flower 2 drams: gum Tragacanth and gum Arabick, of each 2 drams: when your Ceruse is dryed, and that and the other made powder, form them into Trochisks or balls with rain water and dry them. put one of these balls into a sawcerfull of plantane water all night: the next day stirr them till the ball be perfectly resolved: then with a syringe, if it be within, or with stopes wett if it be without apply your water. If the neck of the bladder were ulcerated it would help miraculously. MS. Lady Byron

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pro gonorrhæa et suspicione morbi gallici. Rx. Cassie

recently extractæ ʒ iii. Trebinthinæ ʒ ii Rhabarbari electi
Θ ii. Cimunoni, Liquiritæ, Seminum anisi, ana. Θ s.
misce secundum artem: fiat bolus mane sumendus. Dr Smyth.

MS. Lady Byron

pro Gonorrhæa. Rx. Refinco Terebinthinæ ʒ iii. electæ
diacatholicos ʒ vi. Rhabarbori optini Θ iii. cum syru
-po Angustano fiat electuarium pro ʒ dosibus. Drink
sour posset ale presently after. Dr. Hutton ibid.
Au unction to put upon a little tent of Lint, and thrust
in the yard: first put upon the tent a piece of pack-
thread or such like. Rx. Unguenti Tutæ ʒ s. unguenti
aureæ ʒ i.s. misceantur. ibid.
pro calid: take rerum unguentum. Rx. Unguenti Rosar.
ʒ ii. aquæ Rosar. ʒ i. agutetur an aquæ consumptionem.
tim affunde aquæ rosar: et aceti rosar. ana ʒ ii
et secundo agitetur. ibid. Dr Hutton.
The matter falling into the Codds, use this fomenta-
tion. Rx Camomil. Absynth. paristarum, verbasci, ro-
sar. rubr. ana i.s. Tanacet. communis. i. coquantur
in aqua Commun lib. iij. ad lib. 2. consumptionem.
tum adde semin. anethi, bacc. lauri ana ʒ ii vini
albi lib. j. et denno bulliant. fiat fortis expressio.
et foveatur locus cum spongijs colide. id. ibid.

A pultis to the same to be applyed after. Rx. herbas præ-
dictas expressas, quibus addatur forinæ hardei ʒ iii.
Unguenti Comitissæ ʒ i.. panis triticæ ʒ i. aceti rosarum
parum, ut coquat: et tandem aleum Rosar. id. ibid.
To cool and moisten the body, and cleanse the reins
and blood. Make a whey of goats milk and drink
of it often. id. ibid.

ffor swelling of the Codds. Rx Running water a pottle,
of ffengreek half a pound: 2 or 3 handfull of water
cresses: boil them to a pultis and apply them somewhat
warne. probatum. MS. Lady Byron

pro lue Venera. Rx. Landani (some Alchymists
make it, especially Mr Butler of Canbrid, and
Dr Turner of S. Hellens have the best receipt
for it.) grana S: make it up in pills: it will

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cause sweat, and astonish the senses and take away all extreme pain of what part so ever. D. Hutton MS. Lady Byron

pro gonorrhæa. The best way to take Turpentine

is an ounce at a time, mingled with the yolk of an egg, which only will make it thin, and so take it with a little Betony water in a morning fasting. Use it 3 or 4 days together or oftener.

Ad purg. renes. Rx. Refinæ Terebinthæ, ʒ i. Diacatholicon ʒ i.s. pulveris Hollandiæ ʒ ii. Rhabarbari ʒ iii vel plus. cum syrupo Angustano fiat electuarium pro 4 dosibus. Drink a little posset ale presently after. id ibid.

pro gonorrhæa. Rx Coralliæ albi et rubri. Mastihes

ana ʒ i. scorbis eboris (Ivory shaveings) ʒ s. cina moni et nucis moscatæ ana Ṣ s. terantur singula, fiat pulvis: eat it in an egg or 2 near rosted, fasting or drunk it in new milk fasting Dr Barrow. MS Lady Byron it is likewise good for the back./

pro caliditate renum. Rx. unguenti infrigidantis Galeni ʒ ii. unguenti Comitissæ ʒ i. Subigantur in aceto rosarum: fiat unguentum. with anoint a linnen cloth or two, and lay them on either side you reins to cool them. Dr Barrow ibid. - And for injections Rx. new milk and fine white Sugar. - or aqua mulsa: which is honey and water. id. ibid./

pro Gonorrhæa. Rx. Venice Turpentine for 3 mornings

red rose water and the powder of Mastick. Mingle them together, and drink therof 3 mornings together. ibid./

pro Gonorrhæa. Rx. a small quantity of Spermacæti, and the

yolk of 2 or 3 new layd eggs: beating the yolks well first by themselves, and then put the Spermacæti to it and drink the same three mornings together. ibid./

Running of the Reins. Stamp good store of oatmeal,

seeth it in a pinte of milk, strain it and drink
it with sugar. ibid./
Ache in the reins. Cutt the roots in small gobbets,

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and steep them all night in Malmsey; drink it first &
last 9 dayes. ibid.
The leaves of plantane stamped, and put into oyl olive,
and set in the hott sun for a month together, and after
boyled in a kettle of seething water, which we call Bal-
neum Mariæ, and then strained, is good against the pains
of the eares, or cast with a syringe into the other ports; or for
the paine of the fundament. ibid./

Running of the reins. Take milk as it comes from the
Cow; beat long pepper and put it thereto, and drink it
first and last. ibid./

Scalding in the privy parts. Burn clean linnen to powder,
and anoynt the sore with oyl of eggs, and put the powder
upon it. ibid

ffor the flowing of mans seed. Take the yolk of a new layd
egg: put thereto the powder of the cups of acorns and a
little fine sugar: sup it up every morning./ ibid.

ffor the fundament or other privy part of mans or woman.

The leaves of Plantane stampt and putt into oyl olive,
set it in the sun for a month: after boyl it in balneo
Mariæ and strain it. ibid./

Running of the reins Rx. a quart of the best wort,
as much white winem Bettony, Clary, Knotgrass (or bursa
pastoris, which is very good for this purpose) parsly roots,
fennel roots; ana 4 ʒ: boyl them to the half, strain
them; put to them 4 ʒ of Manus Christi: Dose 6
spoonfull evening & morning. ibid. fforrester ./
Camphir drunk inwardly with bettony water, a little
quantity at a time, stops the running of the Reins
and whites in Women, and the Immoderate use of
Venery. Culpeper ./
Syrup of Coral, both simple and compound, but e-
specially the last, stops fluxes, the running of
the reins, and the whites, is very cordiall, and
of great use in Hecticks. The Receipt is,
to be seen in the London Dispensatory. It is
very dear: half a spoonfull in a morning is enough for the body and too much for the purse. Idem.

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Take the berries being picked, and putt them in an earthen pot with so much water as will almost cover them: then sett them over a slow fyre, and often times stirr them about with a stick, letting the be scalded or made soft: and so takeing them from the fyre, strain and rubb them through a Linnen cloth, or strainer. Then take to every pound of the Pulp a pound of Sugar, boyle it to the heigh of a Conserve. You may add rose water to it. M.S. Lady Byron

To make the hands fine white and soft.

Take sweet almonds blanched, and brown bread much baked, and made of clear Rye, well leavend, sweet raisins, the stones picked out, hens greace and Capons greace, of every one of these one ounce. Incorporate and beat all well together in a stone mortar, very fine: then work it up in a great ball: and with the said Ball rub your hands all over, and scowre them in thin milk warmed. This is most excellent, if you continue and use it. Baltasar. MS. Lady Byron

To make hartichokes grow to a great bigness, water the place where they grow often with horse piss. M.S. Lady Byron

To make good usquebagh, or Irish Aquavitæ. Rx. a liquorice, clean scraped and thin sliced: half a pound of aniseeds, half a pound of the best figgs, slitt in sunder, half a pound of Raisins of the Sun stoned: 1 quarter of a bound of brown sugar candie, beaten small. Putt all these into a clean vessell, close stopt, with the Aquavitæ 48 howers at least. Then strain it from those ingredients into some other thing that you will keep it in: stopping it close. The longer you keep it, the better it will be. And when you have taken your first liquor out, you may be bold to supply it with half so much aquavitæ, and steep it as long as aforesaid. But you must add
in the first steeping: and you may supply new Aqua
vitæ as long as you finde the sweetness of the
ingredients to remaine: M.S. Lady Byron

A good perfume for a chamber. Rx. Rose water, bay leaves
dry, cloves whole, and some damask rose leaves: let them
boyl together on a chafing dish: put thereto some red rose
vinegar, or for Need, some other vinegar. M.S. Lady Byron

A parfume for a chamber of any part of the house. Rx. 3
spoonfulls of Rosewater, o.. ...... ...ir water 20 cloves, a
peice of an orange or ................. or 4 bay leaves, and
a little Lavender: boyl all together .. your perfumeing putt,
in some close manner in your Chamber - or else. Rx
Benjamin, Storax Calamite, cloves, Ladanum, & ffasis (or
ffassis I think) of each a quarter of an ounce, and of civet a
dram: beat them all in a mortar in fine powder, being made
hott against the fyre: then putt in as muchrose water as will
suffice; putt alltogether in your perfumeing pott, over a
chafing dish of coales, cover it close, so boyl it in your
chamber, or else where you would have the perfume: this is
an excellent favor: putt into your pott before you sett it a
boyling the rinde of a limon; made in very fine powder,
a little rosemary, and a few bay leaves, and so boyl all
together. MS. Lady Byron

Conserve of Barberies. Putt of berberies into a small
vessell 2 handfull at a time, put to them 3 or 4 spoon
full of rosewater: let them seeth softly, till they be
covered with liquor all most: then put liquor and all into a
strainer: wring it as much as you can, after seeth it
againe the space of an hower, fair and softly and
stirr it still, and put in the sugar at times, till it be
pleasant. MS Lady Byron

To preserve Cherries. Take your cherries: set them in rowes
in the earthen pan wherin you will seeth them. then take limmon, slice it fine and lay it between the rowes of Cherries then take cloves, and putt between every 4 cherries a clove. then sprinkle rose water upon them, and throw on sugar as much as you shall think meet: then cover them and set them on the embers: let them boyl together till the syrup be thick, before you sett your cherries. let them not seeth but stew.

MS. Lady Byron ffinis.

The vertues of Spinage. 463/463
It is cold and might in the end of the 1 degree. Sodden and eaten with meat, it softens the hardness of the belly, removes the pains and griefs of brest and lungs: it nourishes better than the Orach: it qualifies choler, 1406 Cleanses the body, strengthens the stomach: the decoction drunk expells evill humors, causes easy drawing of the breath: but the often and dayly eating it with meat en-genders Melancholy as Lettuce doth ..oever hath grievous pains of the back ...... costive belly, lett him eat of this herb so ....... of the broth, it will ease him in a short while. The herb helps the pain of the throat comeing of bloud and red choler. MS Lady Byron

Aqua Caleshii good and mild in any faintness or heavyness, in the quantity of a spoonfull or 2 of fine Cinnamon ibid

Ague Sage Ale is excellent wholesom if well brewed with hon ffenaell seed. ibid./ Spike Spike er ere

To restore speech that is lost without any apparent Cause. vide else where in this Book. The Distilled water of Cherries held in the mouth or taken inwardly helpeth much. - Also the iuice of Nettles - putt into the eares. - Also a plaister made of a Dogs turd & vinegar, & applyed to the hinder part of the head./ MS./

The names of some of the Chief Rosicrucian Authors./ Sissel , Humphrey. Io Gilbert , Arbor , Grinfield , John Dee , Kelly . Davis , Hipsly , James Allen : ffaith Clowter , Tratte , Pintz, Crocker , Danate Crisina , Rhissiano . Omnia de Iesu, Rafinix, Sall./ Some putt into their Aqua Mirabilis, Celandine, Comfry roots, & the iuice of the leaves, Cordiall flowers, & spice, Tamarisk & poppy/ MS./

Cantharides solam lædunt vesicum./

evilina:

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fore-edge

tail