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V.a.452: A book of choice receipts collected from several famous authors a great part in monasteries and often experimented as to a great number of them [manuscript].

front outside cover

front inside cover

memory to help. v. page. 185

A Water for the Memory /

Rx Bean flowers of the Clear, Camomil flowers,
ana in small handfuls Rue, balme, pimpernell,
bugloss, licorice scraped and bruised, ana 3 hand-
full Distill these in a limbeck with a soft fyre,
use the quantity of half an ounce or an ounce
of this water twice or thrice in a week. MS./

W: Newton

This double heart glass, is the best Circu-
lateing glass that ever was made./ The middle
part heer is too long. It should ioyn like an hou'er
glass./

Remedy for Corns. v. p. 86.

Rx: a black snayl, slitt it with a penknife,
roast it a little on a tile, binde it on
the Corn; do this 3 nights together, and
wear it on the Corn all day with a
large shooe. M.S.

[page i]

..... past

..... Sp..... A Book of Choice Receipts./

Collected from severall famous MS

Authors. A great Part
in Monasteries./

and often Experimented as to a
great Number of them./

By Thomas Sheppey . O.S.H.S./

For the stone. For the stone
Take Arsesmart & still it in
a cold still & drinke 3 or 4 spoon
full when you feare a fitt

w

Conte...ed & dispited wrongfully,
guiltlesse He Live & Soe am Content to die

[page ii]

An appendix Concerning
Dr Harveys snayl water mentiond in this book.

It is good for the Rickets in Children. - Many persons have been cured of Consumptions by eating snails boyled in milk. The snayles must be washed with wa-
ter and a little salt, and then washt again once or
twice to wash off the salt, and then stamp with
their shells, as in the forementiond receipt of
the Doctour. Then boyl them in milk, and have-
-ing strained it, grate some nutmeg in it, and
so eat it./

Concerning the pillulæ Rudii, or Ex-
traction Catholicon, mentiond in this Book. These
pills are a panchymagogon: a generall purger of
all humours, hott and cold, thick and thinn: an
excellent medicine inferior to none, working with
a world of safety and gentleness, and haveing all
the vertues of Aggregativæ, Ursæ Cochiæ,
Fætidæ. But however upon occasion, if you mix
them with the Aggrevativæ, Cochiæ pills &c.
they will work more to the purpose, and better
than the extract alone. They are usually given
with Mercurius dulcis, or sweet white præcipitate
against the ffrench Pox. Dose from i to ii.
But in some bodies i large pill of 12 or 14
graines will work very well./ Salmon./

The use of the pills of Hieræ with Aga-
-rick, mentiond in this Book

They loosen the belly and Evacuate Choler
and other ill humours. In affects of the stomack
Mesentery, Liver, Womb, head and joynts,
they are excellent Dose from i to a dram./

The use of this Syrup of Althaea or
March Mallowes described in this Book

It provokes Urine, cleanses the Passages, breaks
and expells the stone both in reins and bladder,
and gives ease to the Intollerable paines in those
parts. It is prevalent against the Colick, and
heals a dyssentery. Dose ii in Persicary
Water, morning and evening. Salmon./

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Balsamum Xylandricum
usually called the ffryers Balsome; of soveraigne
virtue for inward ulcers and Consumptions .

Take a quart of the Best Spirit of Sack, in a double glass
bottle that holds a pottle; then take Sarsaprilla 3
cutt off the strings and wipe it cleane, then slice them in 4
quarters the length of a finger: and of the best China
roots 2 3 beaten into powder: then putt them into the Spi-
rit of sack, and let them infuse with some agitation, till the
Spirit be as yellow as gold: then take it from the Sarsapa-
rilla and China, and to 2 pintes of Spirit take 10 3 of Gumm
Guaicum, rubbed very clean with a cloth, and beaten into
fine powder, which must be done in a stone Mortar made
hott and dry: then let it infuse well stopped, sett in the
Sun or some warm place, where it may have a moderate
heat: stir it twice a day for 15 or 20 dayes: then strain
it, and putt to it a spoonfull of naturall Balsome of Pe-
re, or 1 3 of black Indian Balsome, and mix them
well by agitation in another clean bottle, which will be
done well in one day, if well followed: then add to it one
ounce of Balsamum Iudaicum, the best that can be
gott, and mix it well with continual agitation, and tye
the cork fast, least it fly out: and when you perceave
that it is fully incorporated, which will be done in 3
dayes, then keep it for your use close stopped. It will
indure good an 100 years. - The Balsamum Iudaicum
which is the principall Ingredient, and of high value,
(3^{ll} or 50^s the ounce at least) and hardest to be
gott, is of a white Colour; but the Indian Balsome
is black. - You must add 4 3 of Beniamin.
When ever you take any of it out, shake the bottle; and
when you give it for an ulcer in the Lungs, or Spitting
bloud, or breaking a veine or any inward bruise,
let it be in a little conserve of red roses, 3 or 4 drops,
as often in the day as you please. When you give it

for the ffrench disease or Scurvy, it must be 2 or 3 spoonfull in the morning and Evening in a cup of beer or without, if you can, and drink a spoonfull of Plantane water after it, if you take it without beer. You may apply it to any green wound, within 24 howers, not after: except the Spirit be burnt out.

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you must drop it into the wound, and lay a ragg dipped in it to the wound. It is good for the biteing of a Mad Dog, applied so. They that take it inwardly must keep a good Dyet and live chast, both then, and for 3 weeks after.

The same Another way,
but Inferior to the former.

Take a Quart of the Spirit of Sack in a double glass bottle that holds a pottle: then take 4 $\frac{3}{4}$ of Sarsaparilla, and as much of China roots; cutt of the strings and wipe them cleane, and beat them in a Mortar to gross powder: then putt them into the bottle and let them stand, till the Spirit be as yellow as gold: then clear the Spirit from the said roots, and putt to it 8 ounces of Gumm Guacum, beaten to a fine powder, which must be done in a stone Mortar made hott and dry. Stop it very close, and sett it in the Sun or some other place where it may have a moderate heat: stirr it twice a day for 15 or 20 dayes, till the gumm be dissolved; and then straine it, and putt to it a spoonfull of black Indian Blasome: stirr it and mix it well, and keep it for your use./

ffurther directions for the use of this balsome.

It cures the french pox, Laundies, Tympany, quartan ague, or any disease. It must be taken one or 2 spoonfull in a pinte of beer cold morning and evening. It may be given to any in health, being good physick to purge at any time, If it purge not, it turns to nourishment. It cures all cutts, wounds & bruises, being applyed thereto; it must be dropt into the cutt, and then a linnen ragg dipt in it, and layd to it. It purges gently and opens all obstructions; If a man feel himself indisposed, let him take it as aforesayd, a forth-night, or a week, or 3 or 4 dayes together, as he pleases: it will carry away what ever is ill in the body. If it finde no matter to work on it turns to nutriment, and is

a good Restaurative. While a man takes it, he must eat
noe venison ^ hogs flesh, fish, eggs, cheese or butter by any meanes.
nor drink wine, nor ly with a woman (if he take it long)
no not in 3 weeks or a month together. It may be taken

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inwordly, being made sto.....without Indian balsome; 3.

.....
the beer you drink while you take it must be mixt with the balsome: a
spoonfull of balsome to 3 pintes of beer: and if you drink no other but
this it will help, but in longer time. Set it on the fyre that the Spirits
may fly away, and it will cure old wounds, as well as new./

Mr Cartwrights Directions for the use of the foresayd Balsome. Inwardly.

1. It cures the french pox, being taken with a little box of pills, more perfectly and safely then any other medicine doth. The chief time is either spring or fall. 2. It cures the Gonorrhea; The directions and pills for these 2 diseases I will not sett down, lest any vpon a confidence of cure take occasion of Sin. 3. It cures the leprosy; one pint being taken in the spring and another in the fall; by one or 2 spoonfulls, according to the age and strength of the party every other day. pro favi. 4. It cures the scurvy or any corruption in the bloud, by takeing one spoonfull every other day for a forth night or 3 weeks, more or less as occasion requires. pro favi. 5. It cures ulcers in the womb: a pinte an a half or 2 pintes being taken either in the spring or fall; by one or 2 sponfull according to strength every other day. probatum. 6. It helpeth barreness in women, especially if moystness be the cause, it fortifies the womb and makes them fruitfull. probatum. 7. If any one fear a surfett at any time, let him take one spoonfull and it will cure him. probatum. 8. It cures broken veins in the stomach, or inward bleeding, half a spoonfull being well mixed with a little conserve of red roses, and taken every morning fasting. Drink immediately after it 5 or 6 spoonfull of plantane water: do the like in the afternoon about 4 of the clock, for a week or more together. But the party must ly down allwayes, for about an hower after the takeing it, upon that side wherin the vein is broken. Abstain from wine, spiced meat and whitemeats; let your Diet be of light digestion: and your broth made of ffrench barly and the roots and leaves of plantane: probatum. 9. ffor an inward bruise take conserve of red roses, and taken at night going to bed for about a week together, drinking a little plantane water after it. p. 11. It is good for the Iaudies, Tympany, Consumption, Quartan ague, or any disease, being taken 1 or 2 spoonfull in a morning by it self, or in conserve of red roses or in a draught of small bear, and continued for some quantity of time, as need requires. p. 12. In fitts the stone and bloody urine, it hath given ease & remedy: a spoonfull being taken mornung and night for a day or two. p. 13. It may be given to any in health, being good physick -ans it will carry away what ever is evill in the body, and if it finds no matter to work upon it turns to nutriment: for it is

a good and great restorative: 3 or 4 spoonfulls according to age and strength is enough for a purge. Take it early, for it works slowly. Women may take less, as 2 or 3 spoonfull. *probatum*. 14. It is a good diet drink either spring or fall for most diseases: if one mix 2 spoonfulls with 3 pints of table beer, and drink no other drink for 3 or 4 weeks together.

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Diet while it is takeing. Abstain from venison, fish, eggs, butter, cheese, wine, spiced meats: and venus must be abstained from not only all the time that it is takeing, but also for 3 weeks or a month after: especially if it have been taken for a long time. Eat such things as are of light and good digestion.

Outwardly. It cures all green wounds; if the wound be deep, inject it with a syringe, and lay some lint dipped in it, on the wound. In other wounds that are wide, drop it in, and lay some lint dipped in it, upon the wound, closeing the wound gently, and so binding it up. 2 or 3 dressings will cure most wounds, so that the lint do but keep to it, and be not rubbed off. It will permitt noe corruption to come into a wound, if it be first used. It will smart very much for a little while the first time a wound is dressed with it.

When a wound is closed or filled up with flesh by it, lay some melilot plaister or any other to skin it, and let the plaister ly on for 2 or 3 days together. It is not good for old sores ^ or wounds therefore I give notice, least you washe it in vain.

It will keep good an 100 years, if it be close stopt; otherwise the Spirits will exhale, and it will thicken to a hard substance in the bottom of the glass bottle, with a little watry Substance swimming above: which water being powred off, and more balsome putt into the bottle, according to the quantity of the other, it will become liquid againe, and as good as ever./

In my Lady Byrons book, This is called the Rare black balsom, & the Bishop of Worcesters balsom, and is thus made. Rx Spirit of wine 2^{ll}: putt it into a glass bottle that holds 3 pintes: Sarsaperilla iiiii: cut it in small peeces clove in 4 peeces: put them into the glass with the Spirit of wine: let it infuse till the Spirit be coloured as gold. Then powr of the Spirit from the Sarsaperilla; and to this quart of Spirit put 8 ounces of gum guaicum, pick clean and beaten into fine powder: stirr it now & then, till the gum be perfectly consumed: then add to it an ounce of black Indian balsom. Stirr it & keep it for use: the older the better: keep the bottle well stopped. If your Sarsaperilla be good, when you break it, it will smoke. This balsom cures all green wounds, outward or inward, especially breaking a vein or bleeding inwardly. It stops the immoderate & constant courses in women: a spoonfull at a time in ale, beer or posset drink is enough for any body to take: take it 3 or 4 dayes, onely Rest a day between every one. If the party be not very ill, less time of taking will serve./ It is an excellent purge for gross humours. If the orifice of a wound be but so big that a tent will go in, dip it in this balsom & apply it, it will certainly cure. If the wound with a rapier be so little, a tent will not go in, powr in some of this balsom, with out

any thing else: binde it up, it will cure./ This balsom is good at first makeing: but better 3, 4 or 7 years after./ Take a spoonfull or 2 in half a pinte of cold small beer in the morning. In sickness or health it purges gently, opens all obstructions. It inflames old wounds, unless you burn away the spirit of wine, & then it is very like naturall balsome.
ffor a broken vein mix it with conserve of red roses; so make it up into pills and take a draught of Plantan water after it./ MS. L.ady Byron

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Cock Ale to Make.

Take China Roots thin sliced, Sarsaparilla, Harts horn & Ivory of each 4ʒ : infuse these in 3 gallons of small ale wort: then take 2 middle aged cocks, drawn & washed, & the bones all broken to pieces: boyle altogether to the Consumption of halfe the liquor, straine it out hard, and let it stand till it be cold: then take of the scumm and fat that swims on the top, as clean as you can: warm this liquor againe, and putt it into a Kilderkin, that is 18 gallons of new middle ale, before it hath done working: in which hang a boultering bag, wherin is to be 2 pound of blew Currants well rubbed & bruised, brown sugar Candy fine beaten, a pound; mace well bruised an ounce, with some weight to sink it: and when all hath done working well in the vessell, stop it up close, and the 3^d morning after let it be drawn into bottles, putting into every bottle a lump or 2 of loaf sugar so that the quantity of 2 pound may as near as may be divided into all the bottles: every bottle as it is filled must be close corked downe before it be sett out of hands, so full, that there may be a very little space betwixt the drink and Cork.

Another way.

Brew your ale as strong as you please, and when it hath worked, take 4 gallons and putt it up into a vessell: then take an old Cock, boyle him till he be tender, then take him and beat him in a mortar with 6 pound of stoned raisons of the sun, half an ounce of Nuttmegs, a little mace, half a pound of Dates stoned: then putt all these to steep in 2 quarts of the best sack, and so let them stand 24 howers, and then putt them all into the vessell of ale, and so stopp it for a week before you draw it into bottles./

Chocolat to make.

Take a pint of new milk, and as much water; boyl it well together and Skim it: then take 3 ounces of sugar,

and 3 ounces of chocolat shaved small. Mix the sugar and it together, and put too it a little of the milk and wa-ter, and when it is dissolved put it into the boyling milk and water, and with the mill stirr it round very fast, till it thicken: then have the yolks of 3 eggs ready beaten, and put them in while it is hott, and so mill it well together, and sett it to the fyre to heat a little. MS. *Lady Byron*

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Directions for makeing Sider:

The vessel you intend to putt it in, you must take out the head of it, and clean it very well: then put your sider in without the head, and once in 12 howers draw it off, serving it 3 times so: then put it into the vessel you intend to let it stand in and draw it off twice in 48 howers: take all the dreggs from it; then let it work, keeping it full to the top untill it hath given over working: then stop it up and within 2 or 3 daies draw it off again and wash the vessel very well and put it into the same: then stop it up, and within a week or forthnight you may bottle it, or do with it what you please, or let it stand a whole year if you please.
All sorts of mixt apples are good for sider, but the winter apples are lookt upon the best with other mixt with them.
About 24 strike make a hogshead. The apples should be gatherd when they are reasonable ripe, and the way before they stamp them for sider is to lay them into pret-ty big heaps and so let them sweat and then beat them out: which may be within a month or 3 weeks. Which must be done presently after their sweating or else the sider will loose its spirits. MS. Mr Warren ./

Mrs Marburias Receipt to make Syder./

Take a peck of apples and slice them, and boyl them in a barrell of Water till the third part be wasted: Then cool your Water as you do for Wort: when it is cooled, you must powre the Water on three measures of ground apples: Then drain out the Water at a tap 3 or 4 times a day, for 3 dayes together: then press out the liquor and tunn it up: When it hath done working, then stopp it up close./ Hartman

The Lady Dormens Way to make Metheglin./

Take 4 gallons of Water and one of hony, boyl it & skim
it: then putt into it, Liverwort, hartstong, wild carrot & yarrow,
then boyl an hower alltogether: you may hang a little bag of
spice in it, if you will. When it is cold putt a little barm
to it & let it work like beer. The roots must be scraped
and the pith taken out. - Hartman .

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Plurisy. also grieve in the side. *vide* Stitches.

Take Carduus Benedictus, and seeth it in posset Ale or beer,
and give it the patient to drink; he must fast 4 howers af-
ter it, (which if he doe not, it is death.) He will be very de-
sirous of eating and drinking. This is a present remedy, without
letting of blood: for it will farce the patient to vomit, and
break the Plurisy, and give present remedy. MS.

Another . Take Linseed, and boyle theme in faire water and su-
gar: give the patient therof to drink; and lay the seeds to the
grief, as hott as can be suffered. *probatum* . MS.

Another. A secret. Take a white loaf new baked, and open it
in the middle: spread it well with good treacle on both the
halfs: heat it at the fyre: then lay one of the halfs upon the
place of the disease: and the other on the other side directly
against it: and so binde them that they stirr not, for the space
of a day and a night, till Imposthume break: and then
take away the bread, and immediately the patient will begin to
spitt and voyd the putrifaction of the Impostume: and after he
hath slept alittle, you may give him some meat. *probatum*. MS.

Another. Take a Dealtha (which is to be had at the Apothe-
caries) 2 ounces: oyle of sweet Almonds half an ounce.
mix them together, with which oyntment bring warme, let the
grieved place be anoynted: then sprinkle upon the anoynted

place, half an ounce of the powder of Cummin finely searced: which done, take a colewort leaf made hott upon burning ashes, and anoynt it with old butter not salted; and lay it hott upon the anoynted and powdered place, tying it on with cloaths, that it remove not: and a marvelous effect will follow by ceaseing the paine of the plurisy, and dissolving the matter of the Imposthume. This medicine must not be applyed to the sick party, till the 4th day be past; This is good for any other great paine in all the body, from the head under. MS.

Continall gried in the side. Take Setwall and roseleaves, boyle them in

white wine a quarter of an hower; then take them up and stamp them, and bruise them in a dish; then putt them to the wine againe, and boyl them till it be thick like a playster: apply the same to the grief warm. MS.

Rose 3 or 4 graines of Olibanum in a well swelling apple on the embers, eat it to break the impostume of the plurisy, or any other with speed. MS. *Lady Byron /*

Plurisy or stitch . Rx Capons grease and aqua vitæ,

boyl them together, dip black wool in it

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and lay it hott to the stomach. It will heal the stitch: ibid.

ffor the plurisy, when it is dangerous to be lett blood, Take

a hott loaf and cutt it in the middle, and spread tarr on it, and lay it to the side. also take some of the boares tusk grated, with a spoonfull of drink./ ibid.

ffor a plurisy, Inflammation of the lungs, Cough, sore throat .

To an ounce of syrup of violets, add 8 or 9 drops of oyl of vitrioll. You may give child a spoonfull of it. ibid.

To provoke spitting in plurisies and to heal the same. The

flowers of the corn rose, as well the great as the less, either in decoction, or the distilled water: or in syrup or pow-

-der the weight of half a french crown, are singular
in this distemper. ibid.

Present ease for the plurisy. Take a new leaven loaf out of

the oven; cutt it asunder in the midst; spread it over with
triacle of Isan; lay one half before, and the other half be-
-hinde, where the stitch holdeth you, and hott as you can endure
it: it will preserve you till you are let bloud, and hath helped
many that never were let bloud. ibid.

An excellent receipt for a plurisy, stitch or pain in
the side.

Stone horse dung when he is at grass,

and steepd all night in ale, and so distilled in a cold
still; and so drunk in the morning, cures. This
Water also drunk with a little Mithridate at night
going to bedd, will cause sweat, & cure any stitch
in the side. ibid./

A good water for the paine of the side, loines or brest,
and heart, and generally for all Infirmities . Rx. a good

handfull of Centaury bruised: putt it into 6 pennyworth
of good ale: then still it: then putt to it 3 ounces of gin-
ger sliced, of Anniseed, ffennel seed, parsly seed, 3 oun-
ces of each. bruise them and let them steep in the Water
24 howres: then distill it again: you may make this
at any time of the year. It is good for most diseases
in the body, ibid./

A short Account of the Plurisy by C.B.

It is an inflammation of the membrane that goeth
about the ribbs of the internall intercostall mus-
cles. The signes of it are: A pricking pain in
the side; A continual sharp feaver: Diffi-

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culty of breathing; a hard pulse like a saw; a
troublesome cough. The pricking pain is chiefly in
the Membranes and comes from matter, and this
pain possesses the side, and stretches it self to the
adiacent parts. A continual sharp feaver hath its
originall from a phlegmon or sanguineous humour

in some part near the brest. Difficulty of breathing followes in this disease, because the parts inflamed can not sufficiently distend themselves to draw in a great quantity of air, which is requisite for cooling the inflamed heart. The pulse is hard, because the membrane is affected and stretched forth: Which also distendeth the Arteries: and they therefore make the difference of pulse called servatilis, like a saw. The cough follows, because nature strives to expell that which is troublesom from the part affected: also some of the matter sweateth from thence into the lungs and moveth the expulsive faculty, whence the cough comes. There is a spitting of bloud, as another sign; but it is not in all plurisies, and therefore is not a proper signe. Now for the cure of the plurisy, first give a clyster, and if the disease be not violent, open the vena Basilica on the same side: but if it be violent, let bloud first and give the Clyster afterwards. Blood letting in the beginning of this disease must not be omitted neither in yung, or old, women with Child or in Childbed. You must let bloud often every day, till the pain or feaver grow less: and from the beginning of the disease, twice or thrice in a day give this Julep. Rx poppy water ʒ iiii. syrup of violets ʒ i.Salprunella. ʒ i.Make a julep. After the first phlebotomy, let the side be anoynted with this unguent: Mix unguent of Althaea with oyl of sweet Almonds: after anoynting, sprinkle on the powder of Cummin seeds, and lay on a colewort leaf: this is highly commended.

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After he hath taken the former julep 2 or 3 daies let him use this pectorall Iulep. Rx. Barly . i.Li corice and Raisins stoned, and ʒ i. Iuiubes in number 20: the 4 great cold seeds, ana ʒ 3. bugloss and violet flowers ana .i. boyl them to a pinte & a quarter, and dissolve in the straining, syrup of Violets and iuiubes ana ʒ ii: make a julep for 4 doses to be taken morning and evening. The whole time of the disease, drink barly water for the ordinary drink made with licorice, poppies and mayden hair. Wine in this disease is poyson, and all sharp things that provoke coughing, and by their astringency hinder spitting. Purging is improper in this disease, unless in the declination, and then use this. Rx Sena ʒ ss. Aniseeds ʒ i. bugloss and maydenhair ana) i. Licorice and raisins stoned ana ʒ 3: flowers of Bugloss and violets, ana . i: boyl them to ʒ ii: &

in the straining dissolve of Rubarb infused in sca
-bious water with a little yellow Sanders. ☽ iiss. Man
na and Syrup of Violets ana ȝ i. make a potion.

An Infallible Remedy for the Plurisy, experienced
by Trear ffamous Chirurgion, and

Dr Tresfel

1.

Rx. a pippin, open it at top; take out the Core, then
fill it with white ffrankincense: stop it again close
with the peece you took out at top: rost it in hot
ashes, then beat it to mash, and let the patient
eat it. Hartman .

Another approved. Rx. 3 of the biggest round balls of

horse dung: break them in peices and boyl them in
a quart of white wine, till a pinte is consumed,
then strain it and sweeten it with Sugar, drink a
good Draught of it, and keep warm in bed. Idem.

Another, in case bleeding can not be used. Rx fine

wheat flower, make & bake a cake of it, cutt it thro
the middle, parting the 2 sides: Spread the crummy
part of each with Triacle or Mithridate, apply each
side of the Halves to each side of the patient, & use
at the same time the drink made of the horse dung
boyl'd in wine or strong ale. Stone horse dung is best. Idem.

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D.....s.Sp...

D.....S.....

Aches: or Stiffness. Swellings, bruises, Strokes.

Anoynt the place with oyle of Excester, very warme. MS.
An excellent oyntment for Aches, bruises,
straines, spraints, swellings, Impostumes,
any sore or cutt whatsoever; scurvy; and
it is the chief spleen oyntment./

Take for 8 pound of fresh butter never salted, of each of these
Hearbs, Wood bettony, Mallows, parsley, brooklyme, S. Iohns wort,
Elders, bugloss, Red mints, wormwood, balme, Rosemary, sage, La-
vender-Cotton, Lavender yong shott out, stalks and all, Rosemary tops,
Smalledg, featherfew, Southernwood, herbgrace, Cammomill, and straw-

berry leaves, the strings and all; a good handfull. They must be gathered dry when the dew is off. Shred them, and beat them well together with 2 pound of butter in a stone mortar: putt them in a pott, and sett them by into a cellar close covered, for 14 dayes. Then take the 6 pound of butter well beaten from the Churne, and sett it on the fyre, and when it is melted, putt in a pottle of black snayles. new gathered out of the fields, or any where else where you can get them: keep them stirring, till they have done ropeing (or roreing), for fear of burning too: then putt in all your other herbs beaten before, and some yong swallows if you can gett them: and keep it boyling with a soft fyre continually stitting it, till you see it cleare: which you shall try by takeing a little with a spoon: when you perceave it boyled cleare, then take 4 ounces of the best frankincense; of cloves, mace and nutmegs, not beaten but bruised, of each an ounce; take fresh cow dung new made one handfull: new Hens dung as much: putt these spices and dung in, and boyle them half an howr more, stirring them without ceaseing: then take it from the fyre and let it stand, till you can suffer your hand in it. Then strain it out as hard as you can, and sett it on a soft fyre againe, and let it boyle softly scumming it, till it be very clear. Then putt it up into gally potts, or other red potts. when you putt it up, the last you take up is still the best: therefore when you take it neer the bottom, let the pan that it is in stand sideling and simpering by the fyre, so that you may with a spoon take it neer the grounds, as close as you can, and not loose any that is cleare, for it is still the best: and in takeing it in this manner from the bottom, at length the bottom and grounds of it will become hard Crumbles. Now because you cannot gett these herbs altogether, you must as you can gett them, make them ready,

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and keep them beaten in butter till you have all things else ready: especially the snayles, for thes must be new taken. This is Mrs Sadlers Receipt. MS.

ffor an Ache. Take of black sope the quantity of an Eggs, and

Aqua cœlestis or double distilled Aqua Vitæ 3 spoonfulls: stirr them together till they wax white. It will take half an hower to stirr it till it be as white as a cloth. Then let it stand. Anoynt the place pained, evening and morning before the fyre, with the oyntment cold. It hath in a short time cured one, which went 2 years upon Crutch-es. MS.

To ease extream paine. Take mayden wort and Mallows,

or Rather Holioke, great store of the leaves of each,
and boyle them in running water till they be soft: when
it is cold enough to be endured, putt the limb pained, in
it for a space: it will ease it. Then binde the herbs
warmed to it. If it be a thing needing a poultis, add
to these herbs some wormwood: when they are soft
shred them, and when it is grown thick putt in a little
flower to make it stick, and a little hoggs grease:
apply it hott morning and evening till all the swelling
be downe. Then apply of the black salve, and it will
cure it. MS.

ffor Aches in the back, or inwards. Take pitch in pow-

der one spoonfull: stirr it in Malmsey or stale ale, and
drink it 3 dayes together. Item - Boyle black sope in
ale to an oyntment, and anoynt the place grieved.
it hath helped one in 24 howers. MS.

A soveraigne Ointment for an ache, bruise or swelling;
where the skin is not broken: to be made in May .

Take a pound of sage, Rue 1 pound, wormwood half a pound,
bay leaves half a pound: chop them very small, then putt
them into a Mortar, and take 3 pound of sheep suett new
small, and putt it into the Mortar to the herbs, and beat
them together till the suett be not seen, but the herbs and it
are both of one colour: then take it out of the Mortar
and putt it into a clean vessell, and putt thereto a pottle of
sweet: oyle olive, and work it with your hands, till it
be all of one softness

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then putt it into a clean Earthen vessell, and cover it close, and let
it stand 8 dayes. Then putt it into a brass pan, and seeth it with a
soft fyre untill the strength of the herbs be gone. And to try whethr
it be sodden enough, putt some of it into a new canvas cloth and
wring out the iuice, and if at the last wringing there come any li-
quor like a brown water, it is not enough sodden: for if it were
there would come nothing but onely oyntment. (and thus may you
prove all manner of oyntments) and when you have so strained
it, putt it into a pott. When you use it anoynt the patient there
-with evening and morning, and lay allways one linnen cloth there
to, for drying up the oyntment. MS.

Cox's Salve alias Gratia Dei Minor.

Take bettoney, vervaine, pimpernell that beareth the white flower, of each 3 handfull: bray them and seeth them in white wine, so that the wine be sodden half in: Then power out the remaine through a Cloth: then sett it over the fyre againe, and put thereto of perofin and mastick of each 1 pound, and virgin wax 4 pound, and womans milk that nurseth a male child, a quan tity, and mingle them all boyling with a stick, till it be well mel ted: then take it from the fyre, and putt therin half a pound of Turpentine, and stirr it well till it be cold, then putt it up safe till you have need therof. - - The use. - - This playster is good for new wounds and old sores; among all plays ters it is most cleansing and nourishing the flesh, and profits more in a week, then all other in 4. It suffers nor corrup tion in the wound, nor dead flesh. It is good for bruising of Sinews in what place soever they be: it asswageth swelling in any place, laying it on in the night: it is good for the biting or stinging of venomous beasts or worms cleanseing and healing the heart. It heals the Impostume, Canker, and fyre of Hell: it takes away the ache of the braine; it heales the impost hume of the side, that is, of the milk and Liver, if layd to the side, and driveth away the ill humour and healeth it: it is good for the Emroids. M.S.

A Searcloth for an ache swelling or bruise.

Take half a pound of sheeps tallow clean tryed, and as much unwrought wax, 2 ounces of Rosin, and spoonfull of franck incense in powder: then stirr them and boyle them alltogether, and skim it clean with a feather, and when it is boyled take it from the fyre, and when it is half cold, then dip the linnen cloth in the same, so that every part be through wett: then lay it abroad till it be cold, then roll it up, and you may keep it all the year. When you use it, lay a peice to the grief as hott as you can suffer it. MS.

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Item. for Ache or bruise. Take the roots of Bryony: paire the outside faire, and beat it in a morter: putt it in fayr run ning water: straine it and warm it, and lay it as hott to the grieved part, as the patient can suffer it: or where the ache is, first wash the wound or Ache fayre, and lay it on. MS.

ffor a swelling. Take Chickweed and Tops of Nettles, chop them small, and boyle them in running water, and putt therto crums of bread, and seeth it till it be thick, and lay it to, hott. MS.

Oyntment for an ache. Take quick swallows 2 or 3 nests, straines of strawberryes, rew, lavender Cotton, bayleaves, worm -wood, horehound, red nettle topps, of each of these herbs a good handfull: the gall of an ox, black snayles, oyle olive a sawcerfull: then stamp the swallows, feathers and gutts with all the aforesayd things in a mortar, very small: then melt May butter and putt them therin, and fry them well together in a frying pan, and stirr it for burning to, and strain it in a linnen bagg. MS.

ffor an ache or Sinew spraine. Take 4 handfull of Dill: of Alehouse, vervaine and Nightshade, of each 2 handfull: boyle those in 3 quarts of Creame, till it come to an oyle: then putt it a pound and half of new butter without Salt: so lett it boyle till it come to be as green as may be: then take it and straine it into gally potts. MS.

A pultiss for the same. Take a handfull of sorrell after it hath been boyled, and some quantity of grated white bread, and wheat flower: knead these together: and at the applying of it, heat a little sweet butter and knead it on the fyre till it be throughly hott: then sprinkle some of the forgoing oyntment on it, and apply it as hott as may be. MS.

A Salve for the same. Take of Nerve oyle, yellow wax, Rosin and sheep suet, of each half a pound: boyle all these together half an hower, and then strain it. M.S.

ffor an ache. Take milk and thicken it with white bread, then putt to it, oyle of Roses, and oyle of Linseed, and seeth them well together, while it will spread on a cloth: then lay it to the place pained. MS.

A poultis to asswage swelling in hands or legs, and to ripen
any sore.

Take wheat bran, and scald it in seething wa-

ter, and putt butter to it, and lay it to the place pained,
it will take away the swelling, and ~~keep~~^{Ripen} the sore if it
will break. M.S.

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ffor paine in the Ioynts and knees. Take milk and white bread gra

ted, and red rose leaves, boyle them together to a poultis, then take
a pickled Herring and take out all the bones, and bruise it in a
Mortar, and mingle it with the other things, and lay it to the
pained part all night. M.S. Dr. ffloud .

Another for the same: Take Cow dung, vinegar and sheep suett,

mingle them together, fry it in a frying pan, and lay it all night
to the part affected. M.S.

ffor swelling or Ache. Take Linseed and boyle it in running water

till it be so thick that it will spread on a cloth; then take a red
Colewort leaf and spread it on the wrong side therof (but bruise
the veins downe first) and lay it to the place pained: and if it
will break, it will heale it; and if it will not break; it will
ease the paine, if it come by a spraine or the like: and if it
come to be a sore, when you boyle the linseed it will have a
slime upon it, thick like soot, wash the sore with the water,
and lay the slime next it with the leaf. MS.

ffor an Ache. Take the patients water and boyle it and putt to

it mallow leaves and a piece of sweet butter, and a piece of
scarlet: then wring the scarlet out hard, and lay it upon the
place pained, as hott as the patient can endure it, and so dress
it as oft as you will. MS.

Item for the same. Take mallows, wormwood and red ffennell,

fry them in bores grease and lay it to the part grieved, as hott

as may be. MS.

Oyle of Charity for an Ache, Strain
or bruise, inward or outward: most Excellent. ,

Take a gallon of the best Sallet oyle, green sage, Cammomill, southernwood and wormwood, of each a pound: shred these Herbs very small and putt them into the oyle, and so let them stand 9 dayes covered very close, and stirr them together every morning and evening. Then take of Lavender Tops and of Red Rose buds, the whites being clipped off, of each 2 handfull: shred these very small and putt them into the oyle to the other Herbs, and let them stand 2 or 3 dayes after the rose leaves and Lavender is putt to the rest, stir -ring them as before. Then boyle them all together over a small fyre the space of 2 howers with continuall stirring all the time of the boyling. Then when they have boyled putt it into it by little and little as it boyles, stirring it still dureing the other hower.

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then take it from the fyre and strain it through a Course dry Cloth, and when it is cold putt it into glasses, and cover them and it will keep 2 or 3 years. These Herbs must be gathered in May when the dew is not on them. This oyle when you would use it putt a little into a sawcer and warme it over a fyre, and rub the placed grieved with your hand being warm a quarter of an hower, that you may rubb in the oyle very well: and if it be but a strain, wipe your hand on a cloth and lay it next to the place grieved, and let it be rolled as hard as the party can endure, till it be well. It is also given inwardly, three or 4 spoonfulls at a time, for inward bruises or straines. Probatum. M.S. Mrs Williams of Stepady ./

ffor a crick or paine in the back. Take white Archangell flowers,

and leaves a good quantity; of Camphire leaves and roots an ounce, plantain and Bursa Pastoris, of each an ounce; beat them alltogether very fine, and putt to them a spoonfull of Honey, and then fry them in a frying pan, and divide them into 4 parts, wherof make 4 playsters, and apply to the back of the patient every night when he goeth to bed, and it will speedily help him. MS.

Ache in the shoulders or else where. Take Raysins of the sun and figgs alike quantity: and half as much mustard seed.

and beat them very small: then take it and grinde it with the best white wine vinegar that may be had: then spread it upon a lambs skin, and apply it to the grief and it will help. This is a soveraigne Medicine. MS.

A searcloth for an ache and other griefs . Take sallet

oyle, or oyle of Spike which is best for this purpose, an ounce. Rosin an ounce, Wax a quarter of an ounce, red lead an ounce, frankincense, common Turpentine, an ounce; make them into powder that are to be powdered; then take bores grease and boyle the red lead ther-in, till it be black; then putt in the oyle, Rosin and frankincense, which you shall boyle together till it be sly-mie: then putt in the wax, takeing it from the fyre, and stirr it together till it be little better then bloud-warme: then add the Turpentine to the same, and incorporate it together: and haveing made all these things ready, spread some of it upon a new linnen cloth and apply it to the grief, and keep it to the same a month or 2. Probatum. If it be for a windy cause,

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or an ache come of a cold cause, adde half an ounce more of frankincense, 2 ounces of masticke, and half an ounce of oyle of bayes. But for a cankerd old sore or tetter, first wash the place with Mercury water, that is made somewhat gentle, and then apply some of the foresayd playster, and let it rest unremoved, 8 or 9 dayes if need require. MS.

ffor an ache. Take a spoonfull of Aqua Vitæ, and 2 spoonfulls of

the water of arsmart, and anoynt any ache therwith, morning and evening for 5 or 6 dayes at the most, and it will heale it for ever. M.S.

ffor ache or Heat in the body, or legs or else where. Take red

dock roots, take out the pith, and seeth them in running water till they be tender, then drayne the water from them, and beat them with the thickest creame you have: and so a noynt the grieved place: or lay a cloth dipped in the same, upon the place. M.S.

An Ache. Take a pinte of sallet oyle, and half a pinte of bay

salt, beat the salt very well and boyle it with the sallet oyle
till it be melted, and anoynt the place. M.S.

Strokes or bruises. Take juice of wormwood, honey, Virgins

wax, bores grease and powder of Cummin, of each a like
quantity by weight: fry them together, and make an
playster and lay it to the sore. *probatum*. MS.

Ache, or swelling in legs or feet. Take oatmeale and

Cows milk, seeth them with the iuice of Seagreen or
housleek and sheeps tallow together, till they be thick,
make a playster & lay to the sore. M.S.

Ache in the back, Take Ash, Egrimony and Mouseare,

Stamp them well together, and putt thereto Bores grease,
and vinegar, and fry them well together, and make a
playster, and as hott as may be apply it to the back. *probatum*. M.S.

Ache & pain in the back. Take vinum Rosatum and chafe

your back morning and evening. And lay this playster; take
ffeatherfew, Tansy and housleek, of each a handfull: shred
and stamp them, then fry them with a sawcerfull of honey
and 2 ounces of doves dung of the newest, till it be
playster like putt it in the end of a smock or shirt
sleeve and lay it to the back. You must refrain from
all vaporous meats, as garlick, onyons, leeks, nutts &
all things made of milk, and all hot spices, except mace;
and from mustard and saltmeats. M.S.

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Another for the back. Make broths of light digestion, as mut

ton, veale, hens, chickens, rabbets, capons, partridg, phea
sant, rost or boyled, and in your broth seeth these herbs,
Burrage, violet, bugloss, mayden hair, lettuce, endive, pur
slaine, with a peece of a fennel root, and parsley root,
and great raysins and prunes. M.S.

ffor a paine in the back, and one that cannot make water
but with paine.

Take honey and plantane water, of

each a quarter of a pinte, with a little sugar, and wash
the privities of the patient therewith: also take half
an ounce of Alexanders, anniseeds half ounce; seeth it
in a pinte or halfe a pinte of ale, strain it and let
the patient drink therof morning and evening warmed,
It must be strained through a strainer, immediately after
the seething. - Item. Take southernwood, wormwood,
Mugwort, Camomill and mints, of each a good handfull,
boyle them in a gallon of good water, and heale them
as before. M.S.

Paine in the back. Take Egrimony and Mugwort,

both leaves and roots, and stamp them small, then min-
gle them with old deers Suett, anoynt the place there-
with very warme, and after roule it up very hard. MS.

Paine in the back. Take rose leaves and rose water, of

each a like Quantity, and put thereto as many Saund-
ders as you think good, and infuse them in your rose
water 24 howers: then wash your back as often as you
can therewith, for 6 or 7 dayes, and it will asswage
the paine, and take away the heat, and much comfort
the reins. probatum. MS.

ffor a bruise, Take pitch, rosin, unwrought wax, and
barrows grease, of all a like quantity: boyle them
together in a pann, till it come to a salve; spread it
on a linnen cloth and lay it to the bruise, and let
it lye 4 or 5 dayes. M.S.

Another. Take the iuice of Mullein leaves, (of some

called hedgtaper) rub the part bruised with it: then
take the stamped leaves, and lay them on the sore
tying them fast with a cloth, and so let it ly a day and
a night unremoved, and it will heale it, if it be a

wound: but the sore must be first washed with a little white wine warmed, and some of the juice of the Leaves mingled therewith. M.S.

ffor one bruised with a fall. Take Egrimony, bettony, sage,

Plantane, Ivy leaves, roses, and parsley, of each a like quantity, stamp them together, and mix wine with it, and give the patient to drink. MS.

ffor any ache or paine in the ioynts. Take black sope, as much

as is sufficient to make a plaister; putt thereto half as much of the yolks of eggs, as of the sope: mix them well together in a dish, till the sope hath lost his colour. Which done, lay therof upon fine flax, and spread it like a playster and apply it to the grieved place. Then take whites of eggs mixed with wheat flower, wett a linnen cloth in the same; and lay it upon the playster, and tye it well on, that it remove not, for 5 or 6 dayes, unless there be some great occasion.
probatum. MS.

Sciatica, or other ache. Take a pinte of pure Aqua Vitæ,

a beasts gall, and an ounce of pepper beaten into powder: boyle them altogether, till half of the Aqua Vitæ be consumed. Then lay some therof on a cloth like a plaister, and apply it somewhat hott to the grieved place: so lett it lye 12 howers unremoved: do this 4 or 5 times if need be, for it is a present help. MS.

Sciatica. Take pitch, rosin, unwrought wax, and sallet

oyle, of each a like quantity: boyle them together, and lay it like a playster upon a peece of new Lockram and lay it to the paine as hott as may be. You must have a linnen breech to keep it up, for the oyle will not let it cleare: take it off every evening and morning, and wipe away the water with a soft linnen cloth, then warm it and putt it againe to the grief. MS.

Another. Take badgers grease, and stamp black snayles therewith,
boyle them together, strain it, and anoynt the place. MS.

Another. Take a pinte of sallet oyle, a pinte of your own
water, a bryony root, and boyle them together so long, as
you may take a coale and putt it in it, and it hiss not.
then it is boyled enough: then make a playster therof and lay
it to the grief. MS.

Inward bruise. Take 2 pennyworth of liquorice clean scraped,
and sliced: of anniseeds bruised as much, of ginger gross beaten,

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safron made small cloves and mace beaten of each a pennyworth:
a pinte of barly, a good handfull of Ivy, that grows on an ash; boyl
all these in a gallon and half of ale, till it come to a gallon and less:
give a pinte of this at atime to the patient. MS.

Inward bruise. Take of Rosin finely powdered and searced, spoon-
full: put a little beer to it, stirr it and drink it: this do 3 or 4
times to bedward. MS. Mrs Eyr .

Inward bruuise. Drink a draught of cold water presently, it will
hinder the blood from clotting. Mrs. Beaumont .

To ease pain in the back. Rx Tansy. paryd tarie: bray
them small and fry them with deers suet: and apply it to
the reins. M.S. Lady Byon

ffor a bruise. Rx. 4 spoonfull of Sallet oyle: 2 spoonfull
of vinegar, one nutmeg, and the like quantity of a nut-
meg of stone pitch: beat them small and putt them to-
gether to the sallet: oyle and vinegar: and so beaten
together drink it off as soon as may be after the bruise,
and every morning and evening./ MS. *Lady. Byron*

Sir Nicholas Bacons bath for ache in his leggs. Rx. of water 3

gallons, of Rose leaves 2 great handfull, of sage as much after
it is cutt and chopt small: Clarret wine a pottle, bay salt
iiii ounces; allome 2 ounces, of Iuniper berries 2 good hand
full bruised: of the tops of wild Marioram as much, seeth
all these together with a great handfull of bayes. MS. *Lady Byron*

ffor a bruise or stripe in the face. Rx. Wormwood and

crums of leavend bread, boyl them in white wine, and
as hott as you can suffer it, lay it to the place bruised.
but if the stripe be neer to the eye, lay it not too hott,
for hurting the Sight of the eye. Baltasar. M.S. *Lady Byron*

ffor a black bruise with a fall. Rub it with a rotten ap-

ple, and lay the apple upon the bruise. *ibid.*

A searcloth for all manner of aches, Rx. oyl olive, mayden
wax, half a pound: as much Ceruse ground on a stone; seeth
all these with a soft fyre till it be as black as pitch: dip in
your cloth whole while it is soft and hott: the finer cloth
the better, and lay it to the swelling or akeing 12 howers.
then take it away and wipe that side with a fair linnen cloth,
and heat it again and lay on the other side; and so continue
one plaister 14 dayes, onely changeing the sides of it. *ibid.*

ffor a bruise. Mummy dissolved in posset ale, 1 dramm at

one time. - or stamp the tops of green broome and inch
long, put to it ale, and strain it: then drink it warm
to bedward. It will help in 2 dressings. *ibid.*

Another. Rx. Stone pitch and nutmeg in equall portions,

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the bigness of a nutmeg: put to them 4 spoonfull of sallet
oyle: and 2 spoonfull of vinegar: then beat them all well to-
gether, and so drink them presently upon the hurt, and 2 or 3
mornings after./ *ibid.*/

ffor swelling in the face. Make a pultiss of bran, Rose-

leaves, Camomil flowers, and wormwood, sodden in strong ale and a little vinegar. ibid.

ffor all aches comeing of cold causes. Rx. a quart of neats foot

oyle. 20 bay leaves. 6 tops of rosemary; a few camomil flowers, or the Camomil it self, a little wormwood either dried or green, 12 cloves, 12 spoonfulls of good Aquavitæ: boyl all these together to the consumeing of half your oyle; then take it off and strain it and reserve it for use, in a good strong glass: when you use it apply it very hott, with a warm hand, and then you may lay a plaister on it afterwards. ibid.

A pretious and most noble balme. Rx oyl olive 1 pinte.

S. Iohns wort, Betony, Centaury and selfheal, ana .i.
stamp them and mix them well: let it distill in a glass
all the summer: then press it out. It cureth all wounds by
onely anoynting them: is wonderfull in fractures, bruises
and the like. ibid./

Oyl of baies for aches. Grinde the leaves very fine, and

temper them with oyl olive, heat it over the fyre often,
but seeth it not: when it is green use it. ibid.

ffor sinews shortened. Seeth a black sheeps head, with

bay leaves, sage and Camomill stamped, till it be
well sodden, then strain it, and anoynt. ibid./

Ioints akeing and shakeing; anoynt with iuice of Mugwort

and oyl of Roses. ibid.

ffor bruises in the flesh apply the leaves and roots of

Enula campana. ibid.

ffor any ache. Rx sallet oyl, or for want therof Neats

foot oyl 2 quarts, bryony roots clean scraped and

washed, and stampd: seeth it with a soft fyre, till it
be allmost half wasted: then strain it and put in another
root: and seeth it to a pinte and half: then a third
root and seeth it to a pinte: then strain it and
keep it well: anoynt any ache therewith, whereso-
ever it be against the fyre a long time. ibid./

Inward bruise; seeth figgs in water and drink it: it miti-
gates the pain. ibid.

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Oyle of Ivy for cold Aches. Rx. Powder of Balme one

ounce, oyl olive 1 pinte; set it in an oven after the batch
is drawn; when it is cold strtrain it, and melt therin halfe
an ounce of gum ligdræ, and 2 pennyworth of Cam-
phir: put it into a viall, and hang it in hott water,
it will be a pure balme. ibid./

Carduus benedictus or blessed thistle: the herb either green
or dry drunk and applyed, helpeth all grievous and swelling
sores, bruises, biteings &c. it covereth the flesh with skin,
is good in drinks for the ffrench pox, and sores of
the paps and teats, the powder being layd on them:
for all inward griefs it may be sodden in ale or
wine, with hony, liquorice or sugar: or the powder
with bread and butter, or bread and honey, or licked
in with honey. The seed may be sow'd at any time of
the year, and so it may be had at all times. ibid./

ffor ache in any place apply the powder of Cummin seed with
honey. ibid.

Reines ache with wind. Apply a plaster of Rue,

Cummin, calamint and wheat bran with white wine.
ibid.

Stamp Lilly roots with henbane and barley meale, and
apply it to all Inflammations, aches, hardness, swelling
or ulcers in the hand, codds, or else where. Or seeth
the root in goats milk for all the said purposes.
and for the swelling of the paps or genitovies ibid.

Ache or swelling. Mix 3 parts of Sallet oyl with a fourth part of Salt, and anoynt therewith every other day. ibid.

ffor ache in any part. Seeth parsly and wormwood, of each a handfull in a quart of ale with some sweet butter: and wash well the place therewith, and apply the herb as hot as may be suffered./ ibid.

ffor a bruise or knock in the face or any where else . Rx the flowers of Eldern, or if not in season, the green leaves. boyl them in fresh butter till it be very strong of the Eldern; then strain them out and take fresh leaves and flowers, and shred them small and putt them into the butter. Let them have but one walme, and so apply it to the place like a poultis: Shift fresh as you do other poultisses. ibid./

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Ague. v. ffeavour.

Sirrup of vinegar for burning agues. Take 4 pound of white sugar, 4 wine pintes of good pure water, and stop them in a vessell of stone awhile, then seeth them with a soft fyre, allwayes takeing away the scumm that rises, till the sayd scum and half the water be consumed. Then putt to it a quart of good white wine vinegar, and seeth them to the height of a sirrup: use it as occasion serves. MS.

ffor a cold; shakeing feavour. Take Cammomill and wormwood, & seeth them in a quart of ale, till half be consumed: give it first and last. MS.

ffor the hott feavour. Take a pottle of stale ale, and the bottom of a stale white loaf, of sinkfield and Cammomill of each a handfull: of treacle and vinegar of each a spoonfull: a few whole

maces and sugar Candy as much as you like: seeth these altogether till half be consumed: then strain it from the herbs and give the patient therof to drink in his heat: dureing which heat give him no other drink: but therof let him drink as much as he pleases. probatum. MS.

Quartane ague. Take 2 handfulls of shell snayles, of bay salt and mallows of each a handfull: beat these together and lay it to the patients feet before the fitt comes. MS.

Item for the same. Take a dram of fine treacle, and mingle it with half a pinte of strong wine, and give it the patient to drink before the fitt comes. MS.

ffor Ague, plague or feavour.

After the patient is taken with any ague, if he mistrust the contagiousness therof, the patient haveing strength, and noe lask or great vomit, then forthwith he may be lett blood, according to his strength. Then 4 or 5 howers after he may take a dram of Mithridate dissolved in a good draught of water of Carduus benedictus, or Scabius or Dragon water, as hott as he may suffer it, and sweat 2 or 3 howers after it according to his strength. This will serve for every kinde of plague, Pestilence, feavour, measles, small pox, or any Infection about the Liver or heart. MS.

Ague. Take a pinte of Ale, a whole Nutmeg and a race of gin-ger: beat them together, and half a penny worth of safron, bruise it ~~all together~~ very small, and mingle all together: drink it oft a little before the fitt. M.S.

Ague. take a quart of milk and seeth it, then putt in 3 spoonfulls of white wine vinegar: then take of the Curd, and putt in half a pinte of plantain water, and drink of it in the heat. Milk being sodden and turned with allome, is a wonderfull good posset in a burning feavour or ague. MS.

Ague. Take 2 ounces of Currans, and 4 penny worth of

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Saffron beaten together, and lay it to the hand wrists, and let it lye 14 dayes together, if the ague go not away, and when the ague is gone, take it off. M.S.

Ague. Take a great strong onyon, and take the top off of it,

then make a great hole in the middle of it, and fill it up with a great Nutmeg grated: then putt on the top, and putt it in a paper and rost it in the Embers: and when it is roasted, peel it and beat it very well in a porrenger: then boyle it in a pinte of white wine, till it come to half a pinte: then strain it, and let the party drink half of it, on hower before the fitt comes: then drink therof the next fitt. M.S.

Ague. Take a pinte of New milk and seeth it: then take a

penny worth of the best aqua vitæ, and a penny worth of long pepper, beat it in a mortar somewhat gross and putt it into the Aqua Vitæ and stirr it well together: then take as much of the best ale you can gett as will turne this pinte of milk into a Curde, with the Aqua Vitæ and long pepper prepared as before, putt into it. Let this posset drink be provided against the fitt comes: and take it half a quarter of an hower before the fitt be forcibly upon you. The time to take it will be when you begin to perceave a little shivering to come upon you: and so you shall take the fitt in the first stirring of it. At this time drink all the posset you have so made, and beware you diminish none of the long pepper in it. but stirr it well together and drink it vp as hott as you can. Then go to bed presently and cover you with as many cloaths as will bring you to a good sweat, and lye in the same two howers: then slack your sweat, by lessening your cloths by degrees: but not too hastily for fear of a sudden cold: then dry your body with warm linnen; and air at the fyre, the clothes you wear; being warm, putt them on, and eat some strengthening broth. M.S.

Hot ague. A glister. Take of water wherin bran or ffrench

barley hath been boyled, a quart: strain it and adde to the clear water thereof, violets, marshmallows and endive leaves, of each half an handfull: boyle the herbs in the same water till it be consumed to a 3^d part, then take it from the fyre, and straine it strongly, then infuse into it one ounce of Diacatholicon, and 2 ounces of

course sugar. MS.

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Hott ague with winde: a Glister. Take a pottle of water, putt into

it a handfull of bran, of violet leaves, marshmallows, and Endive of each a handfull: boyle all these together till it come to a quart: then strain it hard to force the iuice out of them: then putt in of annisseedes, grommell seeds, bruised, of each half an ounce; infuse the seeds all night, then boyle it till it come to 3 quarters of a pint: then straine it againe, and infuse into it, of course sugar 2 ounces, of Diacatholicon one ounce: use it as warme as milk from the Cow. MS.

Ague. plaister. Take mastick, Olibanum and Baysalt. of each a

quarter of an ounce finely beaten and searced, and let them be mixed in an ounce of venice Turpentine, and spread vpon sheeps leather ~~spread~~^{pricked} full of holes: lay it to both the wrists, an hower before the fitt comes: and let it continue till an hower before the next fitt: and then lay on a fresh. you must use it 3 times. M.S.

Ague. Take a pinte of milk, and when it is sodden, turne it

with the urine of the sick party: take of the Curd, and let the patient drink it and lye downe. M.S.

Ague. Take a pinte of ale, and putt therin of rosemary, unsett

Isop, and single wall flowers, of each 9 slips, and a handfull of the Inner rinde of walnut tree. boyle them to half a pinte, and when it is sodd, putt the herbs from it, and putt in a spoonfull of Honey: & when the fitt comes drink it, and then walk as long as you can: and if you can not, then you may be walked betwixt two. M.S.

Ague. Take a quarter of a pinte of Carduus water and some

Mithridate; mingle these together, and let the patient drink it when the fitt first takes him: then lay him to sweat and let him be tended very carefully and dried well with cloths: then take an ounce of ox icrotia and spread it on leather and lay it to the wrists 2 howers before the fitt comes. MS.

ffor a quotidian or Quartan ague. Take of smalledg and ffether-

few of each a handfull, stamp them and strain them, and take half so much as the iuice of them is, of small ale, and being mixed together, drink it warme, a little before the fitt come. When you perceave any grudging. this must be drunk 3 se- verall times, the patient going to bed, and haveing cloathes e- nough lay on him. M.S.

Ague. Take smalledg, shepherds purse, and Liverwort, of each

a small quantity: bay salt and frankincense as much as you think fitt: stamp them together and make a playster and binde them to the wrist of the left arme: use this for nine dayes together and it will help. MS.

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Quotidian ague. Take a quart of stale ale, a handfull of sage

a penny worth of unbeaten Pepper: boyle all together from a quart to a pinte: then clarify and strain it: and half an hower before the fitt drink a good draught. It will presently Help. M.S.

ffor any ague. Take white ffrankincense 2 penny worth: bay

salt a spoonfull, beat them small, of smalledg an handfull, half a handfull of Ribwort plantane leaves, and half a hand full of broad plantane leaves: chop them all-small and putt all together and stamp them alltogether: then an hower before the fitt comes take the bigness of a wallnutt, and binde it to the veins on the wrists, and so likewise on the boughts of the arms, and let it lye till the fitt come, and then dress it new a- gaine: and do thus 3 times if need be: and by gods help you will finde remedy. probatum. MS.

A Purge after an ague.

Take 2 drams of Sena, being boyled in posset ale, 1 spoonfull of anniseed, 1 spoonfull of ffennelseed, being bruised and well boyled, putt into it 3 spoonfull of syrrup of Damask ro ses, then brew it alltogether and let the party drink it and fast 2 howers after, and not sleep. Then take some thinn broth made of veale and ffrench barley. (you must strain

the posset ale from the Herbs) before you putt in the syrup. If the party be weak, then putt in but one dramm of Sena. M.S.

Ague Plaster. Take a handfull of woade, of cobwebbs and

bay salt of each a handfull, beat them together in a morter to powder: then mix it with white whine vinegar, spread it on 2 cloths, and apply it to the wrists. M.S.

Another for the same. Take 9 Raisins of the Sun and Stone them,

then strew upon them tobacco small cutt, but undryed, and sneezing powder, and apply it to the wrists. Or take cur rans and beat them, if you have noe raisins, and apply 9 to each wrist: MS.

Another for the same. Take 2 red herrings and take

out the bones, and apply them to each wrist, and shift them as they grow dry, an howr before the fitt comes. MS.

Another plaster for an Ague. Take half a pinte of soot of

a chimney, wherin wood is burnt, and being well dried beat it into fine powder: take also an ounce of case pepper beaten into fine powder, a spoonfull of bay salt

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finely beaten, a spoonfull of Aqua vitæ, an ounce of Venice Turpentine, and the white of a new layd egg: mingle all these together and make it in manner of a Salve, then spread it on sheeps leather and apply it to the wrists 5 howers before the fitt usually comes: and if it be a tertian or a quartan ague, then it must be continued on the pulses 3 dayes & 3 nights. MS.

Another playster for an ague. Take 2 ounces of unwashed Venice

Turpentine, 2 penny worth of the best ffrankinsence beaten to powder, half a nutmeg sliced very small, half a spoonfull of red rose water, so stirr them all together very well, and putt it up into a little pott, & when you would use it take 2 pieces of sheeps leather, as broad as 2 fingers, and spread it upon the flesh side

therof, and to lay it round on both the wrists 2 howers before the fitt, and let it remaine till it fall of it self. MS.

Tertian ague. Take 3 spoonfulls of the juice of Lemmons.

2 spoonfulls of Aqua vitæ, and one spoonfull of sugar: mingle them alltogether and drink them at the begining of the fitt, or before: and sweat upon it. probatum. MS.

Burning ague. Take a handfull of smalledg; of featherfew

and red sage, of each a handfull: stamp them together and take 3 or 4 spoonfulls of the patients own water, and as much vinegar: boyle all these together a little while, and take a quantity of the same herbs and wring the liquor out, and lay them on a cloth, and binde it hott to the temples, but not the forehead: and take the best of the same herbs, and chafe and wash the palmes of the hands with the rest as hott as you can suffer it before the fitt come, and so let it lye till the fitt comes againe: and have new in readyness to dress him in like manner: and in 3 times dressing it will heale, and will make him either sleep, vomit, bleed or Laxative. MS.

An Order of Diet for the sick of the Ague. Abstaine from

wine, spices, strong ale & beer: drink the smallest Ale that may be gotten, and if it be not small enough allay it with barley water, or pure water boyled: boyle your meat with cold herbs, as Lettice, spinnage, burrage, endive, Succory, and with violet leaves, great raysins, pruins and purslaine: and with the same herbs boyled in water make your Almond milk and your posset ale. go not into the air, nor take cold in any wise.

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especially in your heat: you may drink small drink at your pleasure: you must abide your sweat as neer as you can with temperate cloathes: if you be costive you must use suppositories made with hony and Salt. Dr Owen . MS.

ffor a sore leg broke out through an ague. Take white lead beaten to

powder, and unwrought wax, and linseed oyl, or flax oyl, boyl them together, make a seercloth, and put thereto fresh butter. MS.

Burning Ague. Take a pottle of water, with half a pinte of vinegar, endive, succory, violet leaves, fiveleaved grass, and strawberry leaves, of each a like quantity, seeth them to a quart; putt thereto half a pound of sugar, drink it evening and morning. MS.

A quartane Ague. Take a white flint stone, for that will best

endure the fyre, let it ly in a quick fyre, till it be red hott, then take small beer and quench it therin. When the fitt is comeing drink a good draught, and another in the midst: let this be done 4 several dayes, both in the fitt, and when the fitt is comeing. A certain person gott a livelyhood by this cure, when all other means fayled.

In Ireland they cure their agues onely with fasting 4 or 5 dayes from all kinde of meats, leaving nature alone to spend out those superfluous humours which the moysture of their western air breathed into them. Dr Vaughan .

To preserve one from the Ague and keep him moyst. Take

a pinte of very strong ale, and put thereto a good handfull of sage and as much sugar as an egg: boyl it very well together, and use to drink of it lukewarme. Baltasar
MS. *Lady Byron*

A Syrup for heat in the Liver or stomach. Rx Crabs and

sweet apples, pound and strain them, and clarify the iuice over the fyre: then putt in sugar sufficient for your liquor, boyl it to very thick Syrup; keep it, and use it as need requires. If you would have it compleat, you must boyl it at least 2 howers. Baltasar. MS. *Lady Byron*

ffor any swelling that is red that cometh of an ague or otherwise . Rx. a handfull of smallage, of barley flower

or oatmeal as much, sheeps suet a quarter of a pound, chop all these fine together and putt to them once ounce of bay salt, beaten to fine powder: seeth all these with a quarter of a pinte of conduit water till it be like a pultiss: so as hott as you can suffer it lay it to: but change it not oftener then once in 24 howers. MS. *Lady Byron*

To be taken in hott fitts of an ague. Rx. Ague hordei exqui-

site coctæ per residentiam despuratae lib. iii. foliorum en
diviæ, radicum acetosae, tormentillæ, fragrariæ, cum rad;
cibus anam pugil. unum. seminum Citri contusorum 3 i. De-
coquantur secundum artem in aqua prædicta, ad perfectionem,
ie, ad consumptionem medietatis: et colaturæ similiter per re-
sidentian depuratae adde succi limonum quantum sufficit
ad gratum aciditatem: syrup. acetositatis limonum 3 i.s.
scchari candefacti quantum sufficit. misco per apozemable.
utatur ad libitum pro polu ordinario: but make it not
too luscious or sweet. Dr Stryar MS. *Lady Byron*

Another. Rx. Diascordii 3 s. pro tribus vicibus in Hypossetala

(posset ale) ex acetosa Calida (vel solida) cum oxyme-
litis nostri Iulianizatis cochleari uno: super bibendo hy-
possetatae calidae haustulum singulis 5 horis. *Idem ibid.*

Another. Rx. Diascordii 3 i Syrup. limonum 3 s. Aqua pa-

paveris erratic. 3 ii. mised, sumat statim, et post 6 horas
repetatur. MS. *Lady Byron*

ffor an Ague. Rx a quart of strong ale, half a spoonfull of

gross pepper, 2 penny worth of white sugar candy, half a
spoonfull of Treacle, 12 red sage leaves, 12 small branches
of Rosemary leaves, half a handfull of bay leaves: put all
this together in a possonet, covering it very close, and boyl it
from a quart to a Pinte. Drink it when you first feel
the grudging of your ague, as hot as possibly you can:
going up and down as fast as you can after it, till you
sweat if you can abide it. If not, ly down in your bed
keeping your self warme till you sweat; thus drinking it
3 times in 3 sick dayes, it will drive away the ague. *ibid./*

A good Medicine both for the Ague and consumption.

Rx the blewest raysins of the Sun; stew them in these
3 waters, of each a like quantity: Borage water, sorrel
water, rosewater: and some leaves of wood sorrell, or
other sorrell for want therof. and put some sugar candy
to sweeten it by taste: eat of these raisins, and

drink of this syrup as often as you will. ibis./

Barley water to cool in Agues and feavours. Rx. barley water

6 pintaes. English liquorice scraped and sliced 2 drams, boyl them to one half: then put to it of sarsaphras root thin sliced 2 drams: Cinamon 1 dram: take it from the fyre and let it stand till it be cold: then strain through a hippocras bag, and so drink it. *ibid.*

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A gourde or Cucumber laid in the bed or cradle of a child while it is a sleep, and sick of an ague cures it . *ibid.*

ffor an ague. Rx. ii of iuice of lemons, mixed with the like

quantity of the spirit of wine, or aqua vitæ: drink it at the first approach of the fitt. It cures if it be taken at the first or 2^d ffit. *MS. Lady Byron*

Against thirstyness in a fitt. Cold mace ale is best. *ibid.*

Thirst in an ague. Rowle the stone of a carps head in the mouth: or a peece of Christall often dipt in water: or the leaves of purslain or housleek, or the seeds of Cowcombers. *ibid.*

ffor any ague. Rx white bryony root, a pretty quantity

of safron, beaten pepper, salt, a quantity at discretion, Currans boyled, Aquavitæ; stamp all these together like a pultiss, and tye it to both the wrists, half an hower before the fitt: and anoynt the soles of the feet with garlick stamped with brawns grease. *ibid.*

Another. Drink Carduus posset drink, or sage, if have

no Carduus, with 20 cornes of pepper quartered. drink it a little before the fitt. *ibid./*

A quartan ague. Seeth sage, Lavender and Rosemary in
wine: and drink it before the fitt. ibid./

Ague. Take a quart of good ale, and a quantity of bay
leaves and seeth them from a quart to a pinte, give it
half an hower before the fitt. ibid./

Ague. Take mustard and vinegar, mingle with it as much
Triacle, as a bean, and a little pepper; let the party
take it thrice before the fitt fasting, and lye to sweat.
ibid./

A quartan feaver. Hang the heart of a hare about the
neck before the cold fitt comes. ibid./

Tertian ague. Iuice of sorrell, and onyons sliced and
dipped in it, taken before the ffitt ibid./

ffor an ague. 2 ounces of iuice of Limons, mixed with
the like quantity of Aqua vitæ (or spirit of wine is
better) and drunk at the beginning of the fitt never
fayles the third time, if the patient ly to sweat with it:
Also water of limons stilled in a glass still doth the
same. ibid.

Another. Take a new wooden dish, let the party make
his first water in it in the morning, then sett the
dish over a clear fyre,

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:and let it consume with the uria. MS. *Lady. Byron .*
Probatum .

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A broth in an A.....ague. Boyl a chicken with wood sor-

-rell, and 2 spoonfull of grated hartshorn, put into the belly: rellish it with prunes, currans, or raisins as you like, The broth must be thin to drink: either cold or warm, as your stomach will bear it: and you may if you will, when you take it, put in some syrup of gilly flowers or Limons. ibid./

ffor an ague. Rx 2 figs, cutt them in pieces, take as much

cutt tobacco, as will fill a pipe, beat it well; put to it as you beat it a little aquavitæ, or any strong water; beat it well, till it be paste. lay it the breadth of 6 pence upon the hole in the midst of the wrist. ibid./

Ague. 9 leaves of sage of vertue, stampd & straind with ale, drink it 3 or 4 times. ibid./

A quartain or any other ague. Rx 5 slips of rew, slip them downward; hang them about the neck, so as they may come down to the spoon of the stomach. ibid./

An ague. Cutt a lock of hair out of the neck hole; & cutt a hole out of an Aspin (or ashen) tree; put it into the hole and so stop it up again with the piece you cutt out: let it rott there. ibid./

Ague. Rx Sope & chalk, mix it together, lay it to the wrists before the fitt comes. - Another approved: Rx a dram of Venice triacle; mix it in 3 or 4 spoonfull of white wine; make it a little warm, & drink it 2 howers before the fitt come. - Another for the

wrist approved. Rx Tobacco and Currans & Mustard, of each a like quantity; lay them to each arm before the fitt comes, or a day before. ibid./

Extracted oyl of pepper taken in some convenient vehicle, is a ready and sovereign remedy against Tertian & quartan agues, dissolving & working out the seminary causes of such feavers, & evacuates them by sweats, urines or otherwise. Dr Vaughan ./

A water excellent good in feavers or argues to quench thirst
and expell the distemper.

Rx Carduus, min, Rosemary, balm, wormwood, of each a large handfull, steep them in as much milk as will wett them, for a day and a night: then distill them in a cold still, sweeten the water with hard sugar or sugar candy to your likeing drink of it at any time excepting meals. Dry Carduus will do if green can not be had. *Probatum Lady Byron .*

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Apoplexy.

Rx. a gallon glass filled with the best old wine: into which putt a pound of the flowers of wood lillies, setting the same in the sun for 40 dayes: after distill it in a Limbeck of glass twice over: into which put a little Lavender water & pepper. Others take of the old wine, putting into the same a pound of the flowers, and after 40 dayes standing in the sun, distill the same, into which they putt of the flowers of Lavender and Rosemary, and other good spices, distilling it over againe, and then keeping it as a most precious water, well stopped in a narrow mouthed glass. A spoonfull of this water given to the patient tho he seem at the point of death, recovers him and prolongs his life till the natu-rall time: it cleanses the brain, helps the apoplexy, eases the colick, and helps imposthumes in the hinder part of the brain. MS L. Byron

The Lady Barringtons care Balsom for Apoplexies, palsies,
weak sinews, old streins. &c.

Rx. 2 quarts of strong aqua vi-

tæ or spirit of sack: infuse in it Imperatory i. Sarsaparilla, Castoreum ana 3 ss: bruise all these a little & add to them Lavendars flowers, sage flowers ana ii: steep these ingredients in an earthen pitcher well glazed within: then stop it with a cork and bladder very close, & keep it in a chimney corner, where a constant fyre is kept, for 4 dayes & nights setting the pott often on warm embers: shake the vessell twice or thrice a day all the while: then take 9 drams of Camphir dissolved in half a pinte of the strongest spirit of wine: when the time of Infusion is expired, putt the vessel in a well coold, open it, and stirr into it the dissolved Camphire and Spirit of wine: then pass it 2 or 3 times through an Hypocras bag, so keep it in glasses very close stopt. This balsom must allwayes be used cold, the spirits are so quick

that it will vapor all away. When you use it put some into a spoon, and rub it in till it be dry: for the palsy rub the mould of the head, and nape of the neck: it is good for all parts where there is any contraction of sinews debility of Nerves, for the gout, or any crick or Ache, rubbing the place. It helps any distemper comeing of cold: and the head ache, rubbing the temples. The balsome must allwayes be stopt and kept in a cool place. and that it may be seldom opend, take in little glasses for your daily use: it must be used night ad morning, & well rubbd into the place. Hartman ./
- A. and lay thereto a snayl unprickt. Idem./

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Adders or Snakes Stinging: or Mad dogs./

Take dragon water and drink it: if you have none take the iuice; also stamp dragons and lay it to the place where the sting is, and it will suck out the venome, and ease the smarting. MS.
Item. Take a spoonfull of plantane seed and beat it small, putt it into half a pinte of new milk from the Cow, and give the Patient to drink first and last for 2 or 3 dayes, and it will

help. M.S. ffor a dog stung with an adder.

Take the green inner bark of a walnut tree, stamp it and strain it with milk, and give it to drink. M.S.

A most excellent Remedy to cure the biteing of a mad dog, whether man or beast.

Rx. a handfull of Rue,

shred and stamp it, 1 dram of Treacle, 1 spoonfull of the shaveings or fileings of Tinn. Putt all these into a quart of ale, and boyl it till half be consumed: strain it, and give the patient 2 spoonfulls twice a day, morning and night./ Hartman .

A most excellent Remedy for the biteing of Maddogs, Vipers, Snakes &c. experienced by a famous Chirurgion.

Rx of the lesser consolida or Lark spurr, Chervill, the white ends of Leeks, the tops of Brooms, ana ii. a little new cream of Morning milk, & a good handfull of Salt. Stamp them altogether in a stone Mortar, and with the iuice rub the part grieved; which will be hard in the flesh, and sometimes black: then lay the mark (mass) upon

the part pultiswise and tye it fast on with rowls:
the swelling will asswage in a short time, and the
evill will be cured Sir Kenelm Digby sayes that
diverse were cured with this Remedy, when the Chi-
rurgeons would have cutt off arms or legs bitt-
en by venomous beasts: and particularly one,
whose arm was as black as Ink, being bitten
by a Serpent. Idem.

ffor the biteing of a serpent or any Venemous Crea-
ture.

Drink the iuice of plantain, and stamp Ce-

landine and plantane together of each a like
quantity; temper them with urine, the staler the bet-
-ter, and apply it to the sore: it will asswage the
swelling & draw out the Venom. Also anoynt the place
with oyl of shellsnayls prickt with a needle - A

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Almond Butter to make.

Take half a pound & Iordan Almonds, and blanch them into cold
water: the grinde them in a mortar very small, and in the
grinding putt in of rosewater and sugar of each a spoonfull.
then take a fair linnen cloth not too thick, and spread
your Almonds upon it, and with a spoon take it oft, as it
comes through, and putt it into an earthen dish, and put
to it a quarter of a pound of fine sugar, and a spoonfull
more of Rosewater: then take and sett it upon a cha-
fing dish and coales, till it be ready to seeth, stirring it
with a spoon, and so lett it stand till it be cold, and set it
up for your use: that which will not come through,
grinde againe, and force it through with the back of
a spoon. M.S.

Another way. Take a pound of Almonds and blanch them,

beat them in a stone mortar very small, then ~~be.t~~^{put} in
some running water, and beat them together and strain
them through a fine Holland Cloth: beat them with wa-
ter and strain them 4 or 5 times, till the almonds be
dry, and till you have used a pinte and a half or a quart
and set it over a reasonable quick fyre of Charcoale;
stirring it softly one way, till it seeth^{or riseth} to the top of the
Chaser: then take it off, and spread it on a large hol-

land cloth, as thin as you can lay it, to drain out the water: then lay the sayd cloth on the ground, on a wool en cloth, the better to drayn out the water: haveing so done, gather it together and spread it on a dry cloth, till it be well drained, and somewhat shift: then take some perfumed sugar beaten to powder, and mingle them together, and beat them well, as you do eggs for a custard./ MS.

Anniseed Water to make.

Take 2 gallons of the gounds of small wine, or 2 gallons of strong Ale, about 3 dayes old: putt to it a pound and a half of anniseeds, dusted and bruised, and a pound of English liquorish, scraped & bruised.

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lay it all night to soak in your ale or wine; the next day distill it in a Lymbeck, with a soft fyre. Save the first run ing by it self, which will be very strong; and the next by it self, which will be good: then putt into it some sugar candy, or loaf sugar finely bruised and beaten, and shake it well together. It will keep 3 yeares, and be as good at last as at first. ffor present spending you may take a pinte of it, and rub a good handfull of anniseeds in a clean cloth, and dust them, and putt them into it, with half a Nutmeg sliced, and so stop it close and set it in the Sun, or in an oven after bread, 5 or 6 dayes, then strain it, and it will drink very pleasantly. M.S.

Apricocks green to preserve.

Take a pound of Apricocks, a pound of fine sugar, scald your apricocks and peeble them, then putt them into the water that you scalded them in, and let them boyle till they be very green: then make your syrup and skim it very well: then putt in your apricocks into your syrup, but let them not boyle too fast for fear of breaking. keep them skimmed very well, take them twice out of your syrup before you finish them, and at the last boyle up your syrup, and let your apricocks stand therin all night and then pott them. M.S.

Apricocks ripe to preserve.

Take a pound of fine sugar, putt it to a pinte of Water, & let it stand till the sugar be dissolved, then take a pound of the best Apricocks, and putt them into the same in a pan, and set them on a soft fyre but let them not boyle, but stand there: then take a quarter of a pound of sugar more, and boyle it till it come to a candy heighth; then take your apricocks and putt them into the syrup and let them boyle up: then take them off the fyre and scum them, and let them stand till they be cold, then putt them into a pott or glass 2 dayes; if your syrup be too thin, then take your ~~glass~~ fro-plumbs from it, and boyle the syrup by it self, till it be like a jelle: then when it is cold, putt it to them, M.S.

Apricocks to dry.

Take a pound of loaf sugar, and dip it into fair water, and putt it into an empty bason to dissolve, and when it is

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dissolved sett it on the fyre: and when it boyles a pace, drop in fair water with a spoon, to clarify it: and when it is clear, boyle it not so fast as before, till it be a hard can die. (but take heed it burn not) then take your apricocks and putt them into a skillet of fair water that boyles, and so let them scald gently, and when they are tender take them out (but keep them covered while they be scalding) and pare them, and stone them, and when they are cold and well drained, then lay them on the candyed sugar one by one; then set them on a soft fyre, and let the sugar dissolve; but let it not heat faster, then you can take it off with your hand, then take from the fyre all night, and for 4 or 5 dayes sett them on a gentle fyre to dry 4 or 5 howers: then take them out of your basin, and lay them on glass plates to dry, then sett them in a stove, or Cupboard neer the fyre, and every 3^d or 4th day turne them, and so let them stand till they be through dry. MS.

Aqua Mirabilis et pretiosa.

Take galingale, ^{cubues}, quibibis, ginger melilot, cardamo moms, mace and Nutmegs, of each a dram: of the iuice of Salendine 6 ounces. mingle the foresayd things

beaten to powder, with the iuice. Then take a pinte
of very good Aqua Vitæ, 3 pintes of good white
wine: putt all these together into a stillatory of
glass, and let it stand so all night, and on the mor-
row distill it, with as easy a fyre as can be.
This water is of secret nature, it dissolveth the
^ swelling of the lungs without any grievance and mightily healeth
the same being wounded or perisht, it comforts them,
and suffers not the bloud to putrify, but Multi-
plies the same in great quantity, that allmost he
shall never need bloud letting: it suffers neither me-
lancholy nor flegme to remaine or have domi-
nion above Nature, it expells Rheume, strengthens
the stomach, preserves youth, engenders a good colour,

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clears the visage and memory, cureth the palsy; ^in limbs or tong. one spoonfull
will chear one, very near death: of all artificiall wa-
ters there is none better: in summer use one spoonfull a week
fasting, and in winter two. M.S. add a dram of cloves to the
spices./

Aqua Cœlestis.

Take ginger, Zedoary, galingale, long pepper, round pepper,
Iuniper berries, citron peeles, orange peeles, sage, basil, Rose-
mary, mint, marioram, bay berries, pennyrall, gentian,
Calamynt, the flowers of roses-elders, red mynt-roses, white spyk-
nard Cubebæ, lignum aloes, cardamomum, cinamon, cala-
mus Aromaticus, Germander, stæcados, camæpitidis, My-
legetta, mace, Olybanum, aloes hepatica, the seed of
Mugwort, of each of these, 2 drams: figgs, raisins,
dates, almonds, graines of pine, of each 6 ounces: pure
white honey half a pound, musk of Levant, a dram:
fine sugar 4 pound: mix them altogether and infuse
them in 5 pound of pure aqua vitæ, and so let it stand
8 dayes: then distill it in balneo Mariæ till the feces
remain dry: then take that and sercelate it in a
pellicane in horse dung, 40 dayes: then take the glass
with the feces and distill it in sand, till all the
substance be come forth, the which will be red like
bloud and stinking of the fyre, and is thick, the
which must be sercelated as the first, for this is the
fiery part: which is of a marvelous vertue, even
reviveing them that are at the point of death. M.S.

Aqua Vitæ most Excellent.

Take galingale, cucebœ, ginger, nutmegs, cloves and Cinamon, of each an ounce, fresh sage 4 ounces, tenn ounces of pure good water, that is 6 times distilled out of good wine. putt all these together in a close clean vessell, ^ - whoever drinks a spoonfull of this water every day, it will mervelously preserve their bodies and keep them from many diseases. ^ - and so let them stand 3 dayes, then distill the same, and keep that which is distilled in a close glass. M.S.

Armour to keep from rust.

Take the fyleing or dust of lead, and stamp it finely in a mortar, putting thereto a little oyle of spike, and therewith

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rub over your armour, and you may carry it in watry places. M.S.

Another. Let the armour be rubbed over with Vinegar mixed with

Ceruse, or the marrow of a hart, which is farr better then oyle, and it will keep it bright. M.S.

Almond milk to Coole the reins.

Take ffrenchh Barley one ounce, boyle it in a pottle of fair water the space of half an hower: then throw that water away, and putt the barly into a pottle of fresh water. and let it boyle till half be consumed: then straine it, and take a pinte and a half of the liquor, and beat with it and ounce of almonds, 2 drams of Citron seed, as much of gourd seed, cucumber seed, and melon seed, blanch the almonds, then beat them and the seeds together in a marble mortar very small: then putt half of the liquor unto it, and stirr them well together, then put it out into a napkin, and with a spoon rub it to and againe, till all the liquor be gone through: then putt to the other part of the liquor and do as before. and when you have so done, sweeten it with 2 ounces of hard sugar, adding to it 3 ounces of red rose water, and a spoonfull of Cinamon water, so keep it for your use. M.S

Back weakness. v Restaurative: Cordialls

Take a quart of goats milk, a quart of red rose
water: put to these 2 penny wheaten loaves cutt,
20 maces, 20 cloves, 12 nutmegs bruised, a *quarter* of
a pound of Manus Christi, a *quarter* of an ounce of
amber, & as much of Corral beaten, a handfull of
Cumfry roots slitt, a handfull of Clary, a hand
full of oculus Christi; a handfull of Setwell, 12
cap dates stoned: a *quarter* of an ounce of white
sandars: then this must be distilled once; then it
must be putt up againe into the still, and putt
thereto 2 ounces of Cinamon broken, so distill this
the 2^d time: then putt this up into a Lymbeck, and
put thereto a book of gold and a handfull of Rose-
mary flowers, and so draw this through the Lymbeck,

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and so take 10 spoonfulls in the morning, and 10 spoonfulls
to bedward bloud warme every time. M.S.

Another for the same. Take of Burrage flower water, of

Cowslip water, of each a quart: putt to this, of Basil,
mother of time, sweet marioram, philipendulum, and Cen-
taury roots, of each a handfull: 8 leaves of Bugloss, an
Endive root, a succory root, a quantity of Liverwort, and as
much of Lungwort: 2 handfull of ~~Coriander seeds bruised~~,
Raysins of the Sun stoned, a stick of liquorise bruised,
a spoonfull of Coriander seed bruised, fine large mace,
boyle all these to a pinte and a half, then strain it, &
put thereto 2 ounces of pomecitron, of Artemesia
2 ounces, and of violets 2 ounces: Take this 6 morn
ings bloud warme, and fast 2 howers after. Then take this
broth following, make it with a peece of a neck of mut
ton, or the sinews of a legg of veale, the pith of an
ox back stamped and strained, as many cumfry roots
as the quantity of an egg, 10 or 12 dates stamped, till
you may work them like wax, Cinamon and mace at
your discretion Currans 3 or 4 ounces, a little claret
wine, 2 yolks of new layd eggs, sugar to make it
pleasant, and a little red rose water, when you take
it off the fyre: use this 8 or 9 dayes together, about
8 a clock in the morning. M.S.

Another for the same. Take of white Corrall 1 ounce,

red corral half an ounce, white amber 2 drams, white colophony of Turpentine 2 drams: the powder of oyster shells scraped from the innerside one dram, yellow sanders half an ounce, chalk 2 ounces, make all these into a fine powder. Take of this 2 ounces, and boyle it in a quart of white wine and one pinte of running water, and 3 tosted dated, till 2 pintes be consumed. then all to it 2 spoonfull of Cinamon water and 4 or 5 whole cloves, and a little ginger so lett it run through an Ipocras bag, and when it is stilled drink 6 spoonfulls therof every morning fasting upon it till Dinner. M.S. Dr. Maffet ./

Another for the same . Take a good Quantity of plantane,

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as much of the yongest of Cumphry leaves, and pretty store of the roots: half the quantity of yarrow, and of field dazy roots and flowers: a good quantity of Mother of time, half so much ribbworth, and shepherds purse, a good quantity o sweet Marioram: of pickt liverwort, lungwort, knottgrass, hartstong, and motherwort, of each, a handfull, a *quarter* of a pound of liquorice, 2 ounces of An niseeds, of dates, raysins of the Sun slitt, and of the best red currans, of each half a pound: half an ounce of Nutmegs, boyle all these in 2 gallons of running water, while a quarter therof be consumed, then take it from the fyre all night, and next day set it on againe, and putt therin a pound or more of the pith of an ox, the skin being slitt, and boyle another quarter therof away: then take it off and strain it: when it is cold take 2 mandrake apples, and let them soke therin 2 howers: and then let it seeth upon the fyre 5 or 6 walmes: then let it stand till it be cold and take it and straine it, whilst any will come. then putt in as much prepared pearle and amber as will lye upon a groat, in each draught of the same drink, You must boyle in this drink at the first boyling one ounce of red Corrall, and 2 ounces of Amber beaten gross. Mrs Terry of Stepney . M.S.

Another for the same. Take a quart of white wine, &

the pith of an ox back, half a *quarter* of a pound of dates, of Marygolds, plantane, Betony, parsly roots, and fen nel roots, of all 2 handfull: boyle all these together till the same be half wasted: then straine them through

a cloth, and drink 9 or 10 spoonfull therof every morning and evening, for 9 or 10 dayes. M.S.

Another for the same. Take a quart of sack, a top of Rose-

mary, succory and pennyroyall, of each a like quantity, ginger and nutmeg, so much as will burne the wine, then take 2 new lay eggs, and temper them with 2 or 3 spoonfull of red rose water, and put thereto a good piece of fine sugar, then burn the sack againe with the Eggs, and it will be in manner of a cawdle,

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putt into it a little mace and some sallet oyle, and mix it well and so let the patient drink therof, 3 times a day, morning fasting, after dinner, going to bed. M.S.

X Another for the same. Take 5 or 6 crops of red nep, and

2 spoonfull of Archangel flowers, shred them very small; then take 2 or 3 new layd eggs, and temper all these together, then take a little sweet butter, and make therof 4 fritters, and so let the patient eat them without bread or salt, but with a little fine sugar strewed on them. M.S.

A Restorative for the back. Take a quart of stale ale, half

a handfull of germander, clary, unsett hysop and unsett lime, of each a handfull; a branch of Rosemary, a good quantity of English safron, a dish of sweet butter, and a good piece of sugar; boyle all these together till the one half be consumed; then strain it out and let the patient drink it first and last, and it will help. M.S.

Belly Swelling.

Take a quantity of Centaury, a few crops of Bryony, and boyle them in posset ale well Clarifyed, drink a draught morning and evening and it will help. M.S.

Belly ache.

Take Egrimony, the Herb or root, or both, while it is green, and eat therof; or the herb dried and beaten to powder,

and drink it in some liquid substance. M.S.

Barley Creame.

Take lettuce water a quart, boyle in it half a handfull of french barley, which hath been boyled and shifted in 5 or 6 waters: when you have boyled them to a pinte and a half bruise your barley in a stone Mortar, then putt to it half a handfull of almonds blanched and bruised: work the barley and almonds with the liquor through a cloth, till the liquor be thick as creame, then putting to it red rose water and sugar, eat of it twice or thrice a day. M.S.

Another way. Take a handfull of french barley and wash

it in sundry waters till it be noe more red; they boyle it in sufficient water till half be consumed: then put to it half a pinte of violet water, of Damask rose water half a pinte, boyle it againe with a little sugar: then take the inner meat of mellon seed, bruised, a few almonds, and the boyled barley, and bruise them alltogether, and draw this liquor with them, adding some fresh rose water to a creame. M.S.

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42 Bile or Sore, or Burn: A Salve.

Take half a pound of sheeps suet, of wax, rosin, stone pitch, of each a quarter of a pound: of Venice Turpentine and treacle, of each 2 ounces: a *quarter* pound of butter that hath touchd noe water: try it together, and straine it into a little rose water: but let it be somewhat cold before you straine it: so make it up in rolls, and when you use it spread it on a white leather, and lay it to the sore. MS.

Another. Take a pinte of white Wine, or for want of that,

water or vinegar, but white Wine is best: archangel, Elder buds, unset leeks, and marigold leaves, a like quantity: boyle all these in the white winem and put ther to a few white bread crumbs and fresh butter, and so let it boyle till it be thick as a poultis, spread it on linnen, and lay it hot as may be to the sore. MS.

Bile or sore to ripen. Take a little saffron, Turpentine,
wheat meale, yolk of an egg and oyle of Roses, beat
them together to a salve, so make a playster of them and
apply it. MS.

Bile or sore to break. Take a handfull of white lilly

roots, boyle them in running water a good while, then
put in a handfull of wheat bran, and boyle it againe.
then putt in a peece of bores grease, and an ounce of
Turpentine, and as much honey, and apply it the place
warm. MS.

Bile to cure. Take a gum called Galbanum, and make
playsters therof on leather, apply them to the bile, &
it will ripen, break, draw out the core & heale. MS.

Biteing of a Maddog. v. Adders biteing./

Take seed of box, stamp it and temper it with holly water,
and give it to the Patient to drink. MS.

Another. Take the claw of a crab, and beat it into pow-
der if it be for a man, putt it into dragon water and
so drink it: if it be for a dog, putt it in milk and give
him: then cutt his ear, let him bloud, and throw him in-
to the water. M.S.

Another. Take Bettony, Egrimony and Resty bacon, beat them
fine together and lay it to the wound: it will keep it

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from ranckling and heale it. MS.

Another approved one for the same, either in Man or beast. Take

a quart of stale ale, 3 penny worth of Treacle, a handfull of Herbgrace: 3 cloves of garlick, a spoonfull of time scraped very small; boyle all these from a quart to a pinte; and allwayes when you give it let it be luke warm. If a man or woman be bitten, give them 2 spoonfulls at a time, till this be spent. If a child, something less must be given. But if any thing else be bitten, then give it 3 spoonfull at a time first and last, as before. This quantity spoken of before must be provided for every one thing that is bitten: then bloud them. probatum. M.S.

Another. Take Tormentill roots a handfull, roots of Divells

bitt, half a handfull: of assafetida and Castoreum, of each half an ounce: powder all these grossly, and steep them in a pottle of new milk, give it cold: this quantity will serve, 3 couple of dogs: but if it be for a man, let it be given 3 times. This was the medicine of one Gravenor. Sir Bryan Broughton . M.S. Raw wheat chewd in the mouth is good. *Lady Byron*

Biteing of any venomous beast. v. Adders biteing .

Take plantaine & drink the iuice therof, then take plantane and Selandine of each alike, stamp them and temper them with stale piss, and lay it to the sore; and it will swage swelling and drive out the venome. M.S.

Another. Take mallows, with leeks and onyons make a playster therof and lay to the sore. MS.

Bleeding of wounds to staunch, & heale. v. wounds ./

Take 2 or 3 toads, putt them in an Earthen pott, sett them in the fyre and let them burn to powder, then beat them very small, and keep them till you have a wound or cutt, that you cannot stanch the bloud: then putt some of this powder into the wound, binde it up, and look not in it for 9 dayes, it will stanch the bloud and heale it. Proved in the Greenland voyages. M.S.

Another. Take a handfull of nettles and bruise them, and lay them on the wound hard bound with a cloth, and it will stay presently. M.S.

Another. Take Alloes, Myrrhe, Mummy, Sandragon, of each half a dram; Bolearmoniack, Cumphry roots dried, Mastick, Olybanum, of each 3 drams: colofony half an ounce, beat them to fine powder, and searce them: Take

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a little of this powder, and mix it with the white of an egg beaten, and lay it on the downe of a hare, and fill the wound with it. This powder is fitt to have allwayes in readynes in a box. MS.

To stanch bleeding when a Master veine is cutt if the wound be large.

Take a piece of lean salt beef without any fat, and let the beef be of that greatness that it may fill the wound: lay it in fayr ashes till it be hot through: so thrust it in the wound and binde it fast, and it will stanch by gods help. MS.

Bleeding at nose to stanch. v. wounds/.

Take the bone that is in a Carps head, and keep it till it be dry: and when you have need of it, beat it to powder: and take a little of the bloud of the patient & dry it to powder: then mingle them both together and put them into a little ale or beer, and let the patient drink it once or twice. MS.

Another. Take a dead Toade and dry it: and keep it, & if any one bleed at nose, and nothing will stay it, take the toad and put it in a cloath, and let the patient smell to it, and it will stay presently. M.S.

Another. Take a cloth and dip it in white Wine vinegar and wrap it about his members that bleedeth at the nose, and it will stay it presently. M.S.

Another. Take perwinckle and bruise it and straine it, and take the iuice therof and drink it. This stopt the

bleeding of Sir Tobie Cage . MS

Another. Take primrose leaves and stamp them, lay them
to the bleeding place. it will cease. probatum. MS.

Another. Take the 3 cornerd stone of a carp, which is

to be found in the hinder part of the head, nigh to
the neck, beat it small and blow it into the nose.
probatum. MS.

Another. Take potters clay, and mingle there with Vine-
gar and the white of an egg, make a playster ther
of and apply it to the codds of the Patient. probatum: MS.

ffor blasting. It is good for the Itch.

Take self heal, and fry it in barrows grease, till it
be well dried: then hold the pan on one side, and let
the grease run from it: then take the self heale

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and grinde it to powder: then take a little brimstone finely
beaten to powder, and so mingle them together with the
grease, putt it in a box and keep it for your use. pick it
clean from the moss, so boyle it in creame, and anoynt the
patient with it. M.S.

A Blinde push.

Rost a fig, rost an onyon, beat them in a hot brasen mortar,
putt to it a little oyle of roses, apply it to the sore once
a day. MS.

Another, to draw a push or any other sore and heale it. Take
the red Tops of an oak and Cabbage leaves, and plantane
leaves, sweet butter and wax, mince the herbs and stamp
them, boyle them to a salve, and strain out the herbs and so
use it. MS.

Bloudy flux or over looseness.

Take 8 gallons of water, putt to this of bay leaves, balme, mother of time, walnut tree leaves, Rosemary tops, of each 2 handfulls: of Lavender cotton and Southernwood, of each 2 handfull, half an ounce of Nutmegs bruised; of cloves, Mace & fenngreek bruised, of each an ounce, half an ounce of Castoreum, boyle these till the half be boyled away: and sett over the steam of this for 12 nights together, as hot as may be suffered. MS.

Another. Take as much linnen cloth as will make a suppo-

sitory, being wrapt round about, button wise: wett this in the best Aqu vitæ, or Aqua Composita: and convey it into the fundament, it will cure in 4 of 5 times useing. probatum MS.

Another. Take 3 ounces of pepper, beat it small, then boyl

it in a little fair running water till it be thick: then spread it on leather, lay it to the Nav^{ell}. M.S.

Another. Take plantane, knotgrass and shepheards purse,

of each a good quantity: boyle them in new milk, broth or red wine, and when they are well boyled, strain it, and let the patient drink theroft oft. probatum MS.

Another. Take yarrow, and plantane of each a like

quantity, putt to them (being stampd well together) red wine, strain it well and drink a good draught, first and last, 3 or 4 dayes, and it will certainly help. MS.

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Another. Take that *that* is shorn from scarlet, and make it 46

into powder at the fyre or in an oven: give the party half a spoonfull in red wine: use it 5 or 6 times and it will help. probatum MS./

Bloody flux. Rost as much wax as a bean in an apple, and

eat it. - Seeth apples to pap, and to 6 pound put 4 p?? of honey: seeth it to perfection and use it. MS. *Lady Byron*

The whole pomgranate stopt close with clay in an Earthen pott and dried in an oven, helps the bloody flux and torment of the belly, one dram & a half drunk with wine. ibid./

Bloody flux. Take a s much fine cloth as will make a suppo

sitory, being wrapt up round together bottomwise; then wett the same with the best Aqua vitæ or Aqua compos?? and so convey it into the fundament. It will help in ? or 4 times dressing. It hath helped them that have been lookd on as past cure. ibid.

A caudle for the blooudy flux. Take a pint of red wine

the yolks of 5 new layd eggs, a good quantity of Cima mon, a little sugar, the pill of a pomegranate dried and beaten to powder, a good quantity of it. Boyl all these on a chafingdish of Coles till it be pretty thick Eat of it evening, or morning, or any time of the day, as your stomach serves. ibid./

ffor belly looseness: Apply a bag of meal of Acorns 1

quart, with whites of Eggs, and vinegar, round about thee from the navell downwards, and renew it with wh?? of eggs and vinegar, when need is. ibid.

Bloody flux. Make powder of Acorn cups, drink it with

red wine, yolks of hard eggs, and Cinamon: ibid.

Bloody flux and all other fluxes. Distill the red leaves

of the yong Springs of Oaks, that have been lopt and take 3 or 4 spoonfulls of the water for a child, but more for an older body, with an ale b or the like, twice or thrice a day./ ibid./

To stop a flux, Take a pint of red wine, boyle

it some red rose leaves, and worwood, and when it is boyled, wett cloathes in it, and lay them about the Navel hott, and change them often. ibid./

Bloody flux. Burn harts horn, and give it to drink. ibid./

A flux. Take unblanched almonds, pound them, and str..

them with ale, boyl it with Cinamon & Sugar. ibid./

page 187 [i.e. recto of insertion [1] after folio 46]

Memory. 18-7

Sage, Balm, wild time (Serpillum)
Betony.

Item the use of Coriander prepared,
prepared Cummin, Candid or green gin-
ger, chewing of Mastick and ginger
after meat, or fasting. Item chewing
of Pellitory, (Piretrum) white frank
incense, raysins (passula) candied
or pickled Myrobolanes, and all-
most all the species of Myrobo-
lanes.

All the Ingredients of the Anacar-
dine Confection may be used singly
or together to strengthen the memory.
Some Compound Remedies for a bad
memory are Evacuative, others
strengthening.

The Evacuative are. Pillulæ
5 Specierum myrabolanorum.
pillulæ de Hiera picra Galeni.
Pillulæ de Hiera Ruffini. Con-
fectio Theodoricon: Pillulæ
Arabicæ. Pillulæ fine quibus esse
Nolo. These in a Convenient dose
purge superfluities, help the head,
memory, sight and hearing.

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Confortatives are: Confectio Ana-
cardina. Diacumini. Diatrimon pi-
perion. Dianthos.

An excellent powder for
the memory.

Rx. leaves of featherfew (*Amaracæ*)
Marioram, Sage, Betony, Bawme,
ana. ȝ iii. Lawrel berries (or bay
berries, lauri) peony seed, bawnseed
ana ȝ ii. Basil seed (*ocymum*) Cina
mom, ana ȝ i. Zedoary, white
Cummin, carway, boyld in vine-
gar and dried ana ȝ i. Cubebs,
Nutmeg, mace, clove, pepper, Car-
damom. ana ȝ i. Scraped Licorice
ii. Myrobolanes Cytrin & Indian.
ana. ȝ iii. ffrankincense, Mastick
ana. dram symbol i prepared Coriander dram symbol i.
white sugar lb i. Mix and make
a powder. You may use this powder
with tosted bread, before or after
meat: or with Chicken broth or
balme water in the Morning.
The powder of Bawne is very
good in a morning, in white
wine or Chicken broth.

page 189 [i.e. recto of insertion [2] after page 46]

An Electuary for the Memory. 189.

Rx. Confectio. Anacardin. powder of
Bawm. ana. ȝ i. Citron peel candied
or dried ȝ i. Conserve of Rosemary
flowers ȝ i. seed of quinces (*cydon*
iorum), passularum mundatarum ana
ȝ iss. Amber (*Diambræ*) 7 graines.
Melt some sugar in Balme water
temper them in a Mortar and make
an electuary. Use it morning and E-
vening to the quantity of a Chestnutt,
chewing it in your Mouth and stop-
ping your nostrills.

An unguent.

Rx Root of Acorns (ie sweet cane
or great Galingale, of Rue, Oxtong
(*Linguæ bovinæ*) root of Valerian:
ana ȝ iii. dry them: iuice of Eybright
(*entragiæ*) Clary (*gallitricis*) ver-
vain (*verbenæ*) ana dram symbol ii. Strain it.
Anacardi ȝ i. Stæchados, *Linguæ ca-*
nis ana ȝ i. ss. beat them to powder
and mingle them with the fatt of a

bear, incorporate them, the fatt
being first melted, and make an
oyntment. Anoynt the temples and fore
head after you have washd them: and
the partem media post memoralem,
3 or 4 times in a year, or half a year

page 190 [i.e. verso of insertion [2] after page 46]

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Aphorisams about the Memory.

Keep the cleansd of superfluities, laxative,
either by nature or art. Abstain from
salt pickled things: salt flesh, smoak,
gross, of hard digestion; garlick, onyons &
all pusse. (legumina: all meats that gene
rate matter phlegmatik and tough, as pork
water fowl and slimy fishes.

Strong wines must be forborn and all
gross drinks, and sharp things (aceto-
sa: too much venery, all passions,
Carefullness, sorrow, Melancholy. &c.

Helps for the Memory.

Clary seed (Gallitricis) eaten. Rubbing
the head with a warm linnen cloth.

Bugloss taken any way. Green
ginger or candied ginger taken fast-
ing twice a week, the quantity of a
Nutmeg. Confectio Anacardina taken
once a week in the morning, the
quantity of a pease (ciceris). Ole-
um philosophorum, the hinder part
of the head being anointed with it
is very good. Nothing wholesomer
than Triacle to preserve the Mem-
bers, spirits, and witt.

Sæpe recordari medicanine
fortius omni./

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D.....47

.....
Brokeness in men or women. *vide* rupture.

Take Cumfry roots, kneeholme roots polypode roots, of

doves foot a handfull, of Ladies mantle a handfull: of
nip a handfull, of knotgrass a handfull; boyle all these in
ale or water, and let the party drink of it. M S.

ffor swelling of the stones, and long hanging down of them.Rx the fatt of a Rabbitt, and being clarified and

melted in

sawcer over a chafing dish of coales, anoint the yard &
colls therewith: afterwards wrap them in a rabbets skin the
space of 9 or 10 daies: resting in the mean while from all
labor and work. This is excellent. Baltasar, MS. *Lady Byron*

for hernia bursteness. make a poultiss of Lynseed, mallows

and some cammomill boyled in 2 parts of water and one
of milk: put thereto the fatt of a duck, capon or calf,
seeth them till they be thick, then spread them on a cloth
and apply them hot to the place. Remove it once in 12
howers and apply new still: you may putt in some bean
flower, ad sedandum tumorem et tolleendum calorem, for
so it is best. - But if it be very hard and have
continued long. Dissolve gummi Amoniac. et gummi
bd ellium in oleo de capparibus, vel in oleo amygdalum
dulium: et cum hoc unguento illine locum. primo vero
purgandum est corpus cum glystered, ex betæ, malvarum,
furfuris quarter decocto, addito oleo et sale, et mellis Rosa-
ti, ȝ iii vel graerali aliqua alia purgatione prius exhi-
bita. MS. *Lady Byron*

ffor swelling of the stones. Rx. barley flower and bean

flower, of each a like quantity: add as much vinegar
as shall seem good to make a thin body. ibid.

Codds swoln, apply bean meal with Vinegar cold. ibid.

ffor those that are filme (vilme) broke, or for any
rupture in the body. Rx. Comfry 5 ounces, Earth nutts

1 Ounce; beat them, & putt to it a pinte of white
wine: boyl it in a skillet, & strain it through a
cloth: drink a good draught last at night, & use a
Truss: take this 14 days & it will cure. -- Old MS.

An infallible Remedy for a winde Rupture. Rx fresh Cow

dung, heat it in a pan, spread it thick on leather: strew on it Cummin seed bruised: apply it to the rupture as hott as may be, when it grows cold putt on a new one continue this 2 days: you must ly on you back. Huctman

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Blood spitting. v. Ache and bruise. Bleeding at Nose:to stop/
48 v. veines.

Take bettoney, mints, smalledg and rue, of each a like quantity, boyle them in new milk, and sup them it oft as hott as may be. MS.

Vomiting of blood. Take of spirit of vitrioll, scruple, distilled water of plantane 2 ounces; mix them together and drink it. MS.

Spitting blood. Take 2 or 3 drops of spirit of vitriol, in conserve of roses. MS.

To stop bleeding at nose. Rx a great toad that uses to ly under a block or groundsill: then take 2 tiles and make them red hott, dry the toad ~~upon~~^{between} them with coales ~~between~~ upon it till it be so dried that it may be beaten to powder: then putt it lade whole in a little linnen bag, and lay it on that side that the nostrill bleeds, under the short ribbs. And if it stop on that side and bleed on the other, remove the bag to the other side, and it will stop the bleeding when nothing else will. MS. *Lady Byron*

ffor bleeding at nose. Rx of humble bee that peese of the body and bladder wherin the honey is, and swallow down that part of 2 or 3 humble bees together, one after another: then swallow down like wise the upper part that is hard, being first wrapt up together. *Probatum sæpe. ibid.* Swelling to the moss that grows at the root of an ash tree stops bleeding. *ibid.*/ To stop bloud, stamp the leaves of Enula campana and apply them. *ibid.*

Against bleeding. Drink the juice of 5 leaved grass, with red wine. *ibid.* Putt 9 or 10 fresh leeks on a thrid, and hang it at

the neck, the the blades upward: it will stop the bleeding
at the nose. ibid.

ffor swelling that comes after bloud letting. Stamp white bread

crumms with wine and apply it. ibid.

ffor bruised bloud voyding. Drink the iuice of the

yong budds of nettles either by it self or with
vinegar or cold water: there is no so corrupt bloud
but it will purify it. ibid./

ffor a stopp'd vein. Stamp parsly with groundsell, and

drink it with white wine. ibid./

If any by bleeding be bereft of his senses, apply penny
-royall to his nostrills, with vinegar to restore him. ibid.

ffor swelling of bloud letting, Stamp the leaves of a

White plumbtree, with water, and apply them. ibid./

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49.Breath stinking.

Take rye bread and make a tost of it: then take powder of
galengale and cloves, and mix them together; dip your tost in
Wine, and spread your powder on the tost and eat it next
your heart. M.S.

Another. Take a pint of water, and two handfull of Rosemary

flowers, boyle half away, then sett it in the sun, in a glass
for 2 or 3 dayes, take 2 spoonfull fasting, every morning. MS.

ffor a stinking breath that comes from the stomach. Take 2 spoon

full of Cummin seed, beat it to a powder and seeth it in a
pottle of white wine, till a quart be wasted: drink a
good draught therof first and last as hott as may be: it will
cure within 15 dayes. probatum MS.

A stinking breath. Keep your teeth very clean by rubbing them every

morning with water and salt, which will also cure the scury;
also try mr Turners dentifrices so cryed up. If your breath
be tainted proceeding from some other cause, take rosemary
leaves with the blossomes, if to be bad: seeth them in white
wine with a little mirrhe and Cinamon; use it often and the
Effect will answer your desires.

Tarts of apples with anniseeds make a sweet breath. MS. *Lady Byron*

Nutmegs do the same. *ibid.*

Stinking breath. Take 2 hand full of Cummin ^{seed}, beat them

in a brasen mortur to powder: then take a pottle of
wine: put this powder into it; let it seeth till it come
to a quart: drink it first and last, as hot as you can,
for 15 dayes. MS. *Lady Byron Probatum.*/

Item. Rub sage between your hands, put it into the nose
and let it rest there a good while, a fortnights space,
Especially in the morning. *ibid.*

He that Eateth an Oak leaf one a week shall never
have stinking breath, or the tooth ache, or putre-
faction of the gumms or eares. *ibid.*

Wash the mouth and gums morning and Evening with
red rose water; it causes a sweet breath & strengthens
the teeth. *ibid.*/ it also fattens the flesh, and makes the
face well coloured: *ibid.*

ffor a stinking breath & to clear the complexion. Rx. Rose

water half a pint: primrose water half a pint; putt to it
white lillies 1 ounce, horehound half an ounce. Borage, bugloss,
Endive, Cinamon, Cloves, of the 3 first 1 ounce, of the 2 last
half an ounce. Spicnel (spiknard) roots, half ounce. Boyl all
together in a close decoction, then distill it in the strongest balneo.
the dose 3 or 4 spoon fulls first & last . - old MS.

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Breath shortness. Asthma./

Take budds of Elder in the spring, 2 spoonfulls, shred them
small, 2 spoonfull of oat meale, half a pint of fair water

and skim it clear: putt it with the budds aforesayd, and let it seeth 2 or 3 walmes; and sup it up as hot as you can. To have powder of them, gather a platterfull of the budds, dry them in an oven, and beeing hott stamp them to powder. MS

Another, and also for stuffing of the stomach. Take a pottle

of muscadine. and if the yong roots of Ennula Compana, a handfull, but not those which have a hard pith within them: wash them and scrape them clean, and slice them into your muscadine. then take 2 ounces of Cinnamon bruised a little, and putt it to your wine; then sett it a stilling in a close still, and drink therof every morning. M.S.

Another. Take the roots of Enula Campana cutt in small pee-

ces, Isop, pennyroyall and good scraped liquorice, of each 2 handfull: seeth them all in a gallon of pure water, till it come to a pottle; then strain it well and keep it in a close vessell well stopt: a good draugh of this morning, after noon, and going to bed, for 7 or 8 days together will help. MS.

Another. Take of manna Granata 2 ounces, flower of Cassia

newly drawne, half an ounce, peniodes 3 ounces, oyle of sweet Almonds new, 1 ounce: the lights of a fox finely powdered 2 ounces: make them a powder that are to be powdered: then mix alltogether, and make therof an Electuary with the Syrop of Isop: this medicine is to be taken thrice a day, 3 howers before dinner, 2 howers before supper, and about midnight: continuing it 3 or 4 days, and noe more - probatum MS.

ffor a short wind. and stopping in the stomach. Rx.Agric-

mony, Carrise, (carrise) Lovage, Endive and Cicory, leaves root, of each a handfull: of Coltsfoot, handfull, or a spoonfull of the powder; a handfull of unset hyssop stripped downwards, 7 or 8 sprigs of penny royall: 1 pound of Smyrna raisins, or the best New raisins stoned: 1 ounce of sweet fennell seed. pound all these together and boyl them in a pottle of conduit water, till half be consumed,

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strain it, D..... and put to it

.....
a quarter of a pound of lump sugar: let it have
a walme or 2 and drink it morning & evening. MS:
Lady Byron

ffor obstrucion of breath. Rx. 6 drops of the Tincture

of Safron in a little lump of Conserve of red roses in
a morning fasting. Mr. Hill . ibid.

An Experimented medicine for Asthma, shortness of
winde, straitness of brest, oppression of Stomach

Rx for some time every morning 3 spoonfulls of the
best sallet oyl, with a little sugar. This continued
for a while cured one that was for gone. - Item
severall have been cured of dry consumptive coughs
by drinking every morning a good draught of posset
drink, and then taking 3 spoonfulls of good Sallet
oyl after it. In the posset was boyld some of the
Moss that growes upon Oaken pales, a good handfull
in 2 quarts: the posset was repeated at night
without the Oyl, drinking it warm, & sometimes
in the after noon: takeing sometimes at night one
of Mathews pills, drinking the posset after it
going to bed. Some have been cured of dry coughs
by the use of this posset alone boyld with the
white moss that grows on oak pales: drinking it
warm 3 times a day. Hartman .

Schroderus's Astmatick water against ptisick, short-
ness of breath; it comforts weak cold stomachs, expells
winde, helps fainting fitts.

- Rx. Coltfoot, sage,

marioram, Hyssup, white horehound: ana i. Roots
of Enulacampana, Gentian. ana 3 iii. Cloves, ginger
Cardamons, ana 3 iiiss. fflorence Orris, poly pody
of the oak, Licorice, iuiubes, sebestians, currans, sweet
almonds, ana 3 iii. squills dried. 3 ss. seeds of nettles,
fennel, Basil ana 3 iii. 4 soft figs cutt small
bruise all the roots and seeds and shred the herbs
putt them all into a vessell and putt theron 2 quarts
of sack, 3 pintes of Nants brandy, hony 3 i. stop
the vessel close, and let them stand to digest 10
dayes, then distill it: sweeten the distilled water with

best refined sugar, drink of it 3 i at a time.
2 or 3 times a day. Idem./

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52 Brain Idleness.

Take juice of Wallwort 2 ounces, Salt 1 ounce, honey 2 ounces:
franckincense as much: boyle them on a soft fyre till all be
melted, and therewith anoynt the head and Temples. Or Take
wax, Olybanum, iuice of wallwort, seeth them together and
keep them in a pott, and anoynt the head. M.S.

Burne or Scald. *Vide* Scald

Take the fat of bacon and putt it on a spitt, set it to the
fyre, and underneath it sett a vessel of fair water,
to receave the dropping, and with a feather skim it off
and putt it in a box. And when you will use any therof
take the yolks of 2 eggs, or according to the quantity
of the sore, and putt thereto a quantity of your bacon
grease, and warm them on a chafing dish of coales,
then put thereto a quantity of the powder of franckin
-cense, very finely beaten and searced, stirr them toge-
ther and with a feather anoynt the patient evening and
morning: and take not off in any wise the first oynt-
ment: but lay one oynment upon another; for if you
pick it off there will be a scarr, otherwise not. MS.

Another. Take the yolk of an egg: mix it with fresh
butter, and stirr them together till they be like a salve
and anoynt the patient therewith. MS.

Another if the skin be not broken. Take good Ink,
and wash the sore place oftentimes, and it shall not
rise in blisters, or make a blemish. MS.

Another. Take black sope or gray sope, and lay it immediately
to the sore. Or Linseed oyle is best of all. MS.

Another. Take thinn bark of Elme, and lay it to steep

in fayr water: so lett it lye, till it come to be like
an oyle, and then anoynt the place therewith. MS.

Another. Take shoomakers shreds, putt them in fair wa-

ter and boyle them, as long as you can see any scum
arise skim it off, and putt it into a dish and save
it, and so let it stand a while and you shall see a
white froth arise from it: then take a feather and
take it off: then take Vallerian, stamp it and strain
it, take the iuice of it, and mix it with the clearest
of what you have taken off: so putt it into a pott

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and save it, and when you have occasion to use it, warm it
and anoynt the place. M.S.

Another. Take a thistle called S. Mary thistle, stamp it and

strain it, and take of the iuice 2 spoonfull, and putt to this
3 spoonfull of Creame, mix them together and anoynt the patient
therwith. If it be raw, take the white wool of the belly of
a hare, & lay theron, it will never come off, till it be
whole. MS.

Another for the same, *that* it may not be seen. Take sheepsfoot

and sheeps dung, and the Inner rinde of Elder, boyle them
altogether, then strain them through a course canvass cloth, keep
it in some clean vessel: when you use it you must melt it in
a sawcer, and so anoynt the burnt place with a feather. MS.

Another. Take barley meale with the iuice of red fennel, make

a plaister therof and lay it to the sore, it will draw out the
corruption and heal it M.S.

Another. Take hogs lard or fresh suett, and put in some hens

dung to it: boyle them together and strain it. This is to
take out the fyre: but to heale it, take cold thick creame,

and burnt allume beaten small, temper them together and apply it. MS.

Burning with gun powder. Take 2 handfull of groundsell,

12 heads of housleek, and of goose dung and sheeps dung being new, of each a pinte: stamp the herbs in a mortar very small: then putt the dung into the mortar and temper them together: then take a pottle of boores grease and putt among them, and labour altogether half an hower; then take a canvass bagg and strain it through the same with a cleft stick into an earthen pott, and keep it till need require. M.S.

Scald or burn. An oyntment. Take Rue leaves 1 handfull:

Housleek 1 handfull and half: Hen dung 2 ounces: unsalted fresh butter a quarter of a pound: fry them together and then press them through a canvass cloth. Heer with (a little being melted in a spoon) anoynt the scaled or burnt part, once in 3 or 4 howers: applying theron 2 or 3 fresh plantane leaves. Dr Harvey .

ffor a burn of scald: anoynt the place with snow water

or sallet oyl beaten well together. MS. *Lady Byron*

Another boyl the inner rinde of Elder with sheeps tal-

-low and sheeps dung, and anoynt there with, and it will not be seen. ibid./

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ffor a burn. Rost a lilly root and mix it with oyl of

Roses. ibid.

Another, apply the iuice of fearne roots with rose water or any other cold water, when all things else fayle. It doth the same with water of Cow dung. ibid.

A lilly root boyld in vinegar, mixt with oyl or grease and applyed, brings hair again upon burnings or scaldings. ibid./

Burning. Boyl hony and oyl together, and anoynt therewith:

or boyl the inner bark of Elder with oyl or new grease;
with some mastick and frankincense, and wax and anoynt
it. ibid

Another. beat salet oyl with water and anoint, and lay on
a wort leaf. ibid./

Burning or scalding: beat sallet oyl with the white of an
Egg, or with cream till it be thick, and anoynt. ibid.

ffor burning or scalding to heal in 3 or 4 dayes. Cutt
an onion overthwart, and wring out the iuice upon
the place twice a day. ibid.

Mix the powder of the outer rinde of pomegranate,
with vinegar, and anoynt therewith, for wild fyre ibid./

ffor any Wildfyre or Inflammation. Take white lead finely
powdered, and as much barrowes grease, as will make it
into a liniment: put it into an earthen dish, and beat
it very well together, till it be well mixt: then take
plantane water and beat with it, and so continue a
good while, changeing the water 2 or 3 times: then
powre the water from it, and putt it in a pott for
your use. When you apply it, you must not spread it
on cloth, but on the place grieved, lay it pretty thick;
When you come to dress it again, observe whether any of
it be crusted on: where it is so you are not to stirr
it, till it scale off of it self: but where it is not,
you must renew it once in 12 howers. If there be
any sore with the Inflammation, this may safely be
layd to that also. Where this is not to be had, allum
posset Curd, well moystend in its own whey is very-very
good for the same purpose. ibid./

Burn or scald. Take ground Ivy and boyl it in fair wa-
-ter, and when it is well boyled, bath the place with the
water, and lay the leaves on the place. ibid./

Brother Wilkinson Says D..... in the blood 55
beast *that* piss blood & if *that* doe not
Loc, he bleeds again & *that* (Beosts staleing of bloud) Ne?ectales I:W:
Take 2 spoonfulls of coale dust finely searced, and a good
handfull of salt: putt them into allmost a quart of buttermilk,
give it the beast evening and morning till it change. MS.

A Canker; Cancer, and gangren.

An excellent water. Take a quart of white wine Vinegar,
as much roche Allum, as 4 Wallnutts: 2 spoonfulls of
English honey, that never came on the fyre: and white
copperas the purest and clearest, as much as a Walnut.
the tops of Rosemary, the tops of red sage, and of
woodbinde, of each a handfull: putt all these together into
the vinegar and seeth them fair and softly, till it be
sodden to a pinte and a half: strain it and putt it in a
close vessell. M.S.

An Excellent water for a Canker, and to purge
and cleanse the teeth and gumms, and kill the Itch.

Take a good handfull of woodbinde flowers, of rosemary
stript from the stalk and sage, of each a good handfull.
half a pint of stone honey, as much roche allum as the
quantity of a great walnut, a gallon of fair running
or conduit water: boyle them all together in the water,
till you may perceave the hearbs well sodden: then
take it from the fyre, and let it stand till it be throughly
cold: the take the clear water remaining and putt it
in a glass, and keep. It will keep 5 years, it must be
made in may, and when you use it take a spoonfull and
wash your mouth and teeth. MS.

Canker in mouth. Take a handfull of sage, and as much
woodbinde leaves, with the root or leaf of a wild vine,
this being stamped and strained, take a little honey with
a peace of Allume, being warmed, and so wash the mouth. MS.

Another. Take a handfull of unsett leeks, with the roots, &
of yarrow 16 or 20 branches: boyle them in white
wine till they be verry soft: then strain them and clari-
fy them, and let the patient drink morning and evening

3 or 4 spoonfulls at a time, blood warm, and by all means let the patient forbear from fruits for the time: MS.

Canker in mouth. Take as much camphir as a hasle nutt,

and beat it to powder, then take twice as much roche allume, and beat it likewise to powder: a good spoonfull of Rosemary dried,

salt & water alter is very
good about Quart to a beast
that pisses blood:

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and beaten to powder: mingle all these together with as much honey as will make it up into an electuary: rub the sore mouth with this, twice or thrice a day and it will cure it. MS. S. probatum.

A Canker or sore mouth. Take mastick a *quarter* of an ounce,

a dram of red corall, half a dram of white corall,
a dram of white amber, a dram of Terra Lemnia,
mix these together, and rub the gumms evening and Morning; if you cannot not get Terra Lemnia, use the best Bolearmoniack. M.S.

Another. Take an egg, and make a hole in the top there

of, powre out all the white of it, and with a Knife break the yolk, and mingle as much salt therewith as it will take up. then fill it up with dry salt as full as you can fill it: then lay it against the fyre 2 or 3 dayes, till it be thorow dry: but take heed of burning of it: then beat it to pure fine powder and rub your gumms therwith. MS.

A running Canker. Take red oker, and live honey, mingle them together, (and if it be an old body put a little pepper, in it: if a child, none.) rub the mouth and gumms with it. M.S

ffor a canker or scarf in the mouth. Take a quart of white

Wine, selandine, red sage, rosemary, Isop, Cynkfoyl, and woodbine leaves of each half a handfull, boyl them in the wine till half be consumed, then strain it, and putt thereto half an ounce of Allom, a quarter of an ounce of white Copperis, with 2 or 3 spoonfulls of honey, and so let it boyl a little more, then strain it and put it in a viall; wash the sore place with a little of this water lukewarm, 3 times a day, with a linnen cloth on a sticks end, or on your fingers end, if you can come to it: and if it be gone into the nose, squirt some up with a syringe; and bath it on the outside, applying clothes wett in the sayd water, to the place: anoynt the sore with a little honey & burnt allum mixt together, being made lukewarm, and with the end of a feather layd on the sore. This water will in a short time heal any old sore, being washed therewith, with, and a fine linnen cloth dipped in it, and applyed to the greif. Now there are 2 sorts of cankers, white and red. The white will break out, but the red will not. MS.

Cancer or Gangrene. Take a great quantity of an

herb called Robbin in the hedge, bruise it a little and

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57 lay it very thick on the gangrene: it will kill it in a nights space and then any ordinary healing salve will cure it: it brings it first to a green wound. The same way cures any eating cancer, or other ulcer. Mr Tancred . MS.

A canker in the mouth. Rx a great handfull of black thorn

roots. lay them in steep all night in the droppings of the Tapp of white wine, or else in white vinegar: then seeth them to the half with a little allom: use to wash the mouth 3 times a day: and if there be any dead flesh use to dress it with burnt allom, and it will be whole very soon.
- or else take the shreds of Scarlet, and allom of each a like quantity: burn them in a fyre pan and beat them in a mortar: and then with a feather lay it upon the gumms: and when you eat, wash your mouth with the water last before written, and so use it till it be whole.
MS. *Lady Byron*

To kill any canker. Rx a pinte of running water, half

a pinte of woodbinde water, or a handfull of woodbinde leaves. 8 spoonfull of good vinegar. 1 spoonfull of English honey, of burtn allom as much as a wallnutt, and as much allom unburnt. Rosemary 6 or 7 pretty branches. ffennel, cinquefoil, violet leaves, sage, red bramble leaves of each a little handfull; boyl all these together with the water till half be consumed: then strain it through a cloth and put it into a bottle for use. If the canker be very sore dress it 3 or 4 times a day: it will kill it in short time. MS. *Lady. Byron*

Canker in the mouth. Rx live honey, bolearmoniack and

roch allome, of each a like quantity: the more sore it is putt in the more allome: boyl these 3 together on a chafingdish of coales, and anoynt the with a feather.
ibid./

ffor the Canker in the Mouth. Rx plantane leaves, boyl them in

a gallon of conduit water, filling it full of the leaves, put into it a quarter of a pound of roch allom, a whole pound of the best honey; boyl all together from a gallon to a pottle; it will kill any ordinary canker or sore of the mouth, and keep the mouth clean; strain out the stuff, you may keep it a year. ibid.

ffor a more violent canker in the mouth or throat. Rx red wine

a pinte: an ounce of roch allom or more: half a pound or more of the best honey: boyl them till they be like a syrup then gargarize it in the mouth; after you have washed your mouth well with the former water: and touch the parts of the mouth or throat ill affected with a linnen cloth dipped in this water. ibid.

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58 Cherries preserved to dry.

Take 6 pound of cherries and 1 pound of loaf sugar. and make your syrup with a little water: then boyle it and skim it: pull the stones and the stalks off together, and when your syrup boyles apace putt in your cherries, and boyl them as fast as you can boyle them till they be a quarter done: then powre them into a searce, and the syrup will drain clean through: then taken them and lay them one by one upon peeces of glass, and sett them in the hot sun one

day: the next day turn them, and set them in the sun
againe. 2 dayes will drye them enough, if the sun be
very hott: so keep them. M.S.

Cherries to preserve.

Take 3 pound of the best cherries: bruise them with a sylver spoon in an earthen preserving pan: set them on the fyre and let them boyle till you see the syrup begin to turn, then take them off the fyre, and strain that liquor through a cushion canvass into another preserving pan: then putt one pound of double refined sugar into that red syrup and sett it on the fyre: and as soon as it is melted, take it of the fyre and scum it clean: then take 3 pound of the fairest and clearest transparent cherries you can gett, cutt of the stalks somewhat short, and cross every one of them upon the end with a sharp knife; then putt the cherries into the syrup and let them boyle as fast as they can, till you see them boyle frothy to the top of the pan. then taken them off the fyre and scum them: then putt in one pound more of double refined sugar: then sett them on the fyre againe, and boyle them as fast as you can up frothy to the top: take them off and scum them as before, and puttin another pound of double refined sugar, set it over the fyre againe, and boyle it frothy as before: take it off and scum it clean, then sett them on the fyre againe till the syrup be somewhat thick, which you must try by dropping a drop on the bottom of a sawcer, and if it be like a jelly, then take them off the fyre, and between hott and cold putt them forth into glasses or gally potts, but cover them not close till they be through cold; then binde the mouths of the potts close; this way is not usuall but most excellent. M.S.

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Cherry water for the stomach.

Take of cherries 9 pound: claret wine 9 pintes, cinamon 9 ounces, nutnegs 1 ounce, balme, speer mint, rosemary tops, and sweet Marioram, of each a handfull. distill this in a Lymbeck. M.S. by Mrs Peele ./

Chinn cough: Cold or Cough./

Take 3 cloves of garlick, peel & bruise them, seeth them in

malmesy till they be soft and thick, and lay it all over the brest
being spread on a linnon cloth, up to the throat, so shift it
morning and evening 3 days and 3 nights. *probotum* MS.

Another. Take the burr of an Eglantine tree, dry it to powder

and let the patient drink it in posset ale. MS.

Another. Take the roots of horse heale and Camphire, of each a

like quantity, stamp them small in a mortar, seeth them in fair
water till the half be consumed, then take the quantity of a 3^d
part of honey, boyled and scumm'd, put them together and make
therof an Electuary, putt it in a pott and let the sick eat therof
first and last, 5 or 6 dayes together, a good quantity at a time
& it will help. MS.

Chincough, with other like and pain in the brest. Rost

Sallet oyl in a great apple in the Embers: press it flatt
and apply it to the brest, as often as need is. MS. *Lady*
Byron /

Chincough. Take the flower of barley malt, temper it

with watter, make a cake of it, and eat it hott. *ibid.*
An excellent posset for a cold or cough, tho never
so violent: it hath cured many, both yung & old.
Rx. a quart of milk, make a posset of it with a
pinte of ale: then strain it, and putt into it 2
spoonfull of aniseeds bruised: 2 pippins sliced
with pareings, a stick of Licorice bruised, & a
quarter of a pound of raisins stoned: let it boyl
gently for half a hower, then strain it again
drink a draught of it warm, with a little
a day. Hartman.

An Electuary for cough or Rheume falling on
the lungs.

Rx Conserve of Roses. 3 ss. Syrup of

violets 1 spoonfull: hony 3 spoonfull: ffrnkincense
in fine powder and flower of sulphur and 3 i.
mix them well into an Electuary, which take on
the bruised end of a Licorice stick. Idem.

A China broth for any weakness or Consumption.

Take China roots thin sliced 2 ounces, steep it 24 howers in a gallon of fair water, letting it stand warme all the time close covered, in an earthen pipkin: then putt to it a cock chicken or pullet clean dressed, with a handfull of french barley sowed in his body or belly, the bottom of a Manchet; liquorice scraped and bruised half an ounce, sweet ffennel seed half an Ounce, Colstfoot and mayden hayr of each a handfull, raisins of the sun stoned and Currans, or each 3 spoonfull, 2 or 3 large maces, and 6 or 8 good dates; let all these stew together till 3 parts be wasted: then strain it hard and sweeten it with 2 ounces of white sugar candy, and putt in some red rose water: keep it scumming still while it is in boyling. You may use your discretion to putt in or leave out any of the hearbs or liquorice, if you like them not, or can not get them: so you keep the substance of the rest it suffices. Or if you mislike the sweetness you may leave out the sugar Candy. Take of this drink a good draught of half a pinte 4 howers before dinner, and another 2 howers before supper or to bedward. MS. *probatum*. /

Codds swelling. Rupture.

Take powder of Cummin seed, barley meale, and honey, of each a like quantity: fry them together with a little sheeps suet, binde the same as a plaister about the codds. *probatum*. MS.

An excellent ptisane for a Rupture, which cured a great Lady of a great rupture in a forthnights time,
and many others.

Rx Solomons Seal, Agrimony, Milt

-waste, maydenhair, roots of strawberries, ana i pick and wash them, then shred them, and stamp them in a stone mortar: boyl them in 2 quarts of white wine: but let the vessel be close stopt, that nothing expire: then strain it out & press it hard. Drink of this Liquor a good glass full in a morning fasting: and an hower after drink another and continue thus, takeing 2 glassfull every morning till you are cured. Hartman .

A remedy for the Rupture. Make pottage with Mut-

ton, boyl in it plantane and daysy leaves & roots:
sanicle, scabious, polypody: ana i. 3 comfry leaves,

eat of it 2 or 3 dayes: and in the morning fasting &
at night going to bed drink posset made with ale, &
boyl some of the said herbs in it: then strain it & mix
the herbs with a double quantity of sanicle: stamp them
and stew them with sheeps suet, & apply it under a Truss

when you have drunk the posset ly on your back, an hower at least. Idem./

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Cold v. Cough.

Collick. v. Stone. - Gripeing winde.

ffor Collick, mother and Stone. Take ffennel seed, Coriander seed,
Carraway seed, parsly seed, galingall seed and Grummel seed.
of each 1 ounce: the leaves and codds of Sene, a *quarter* of an ounce.
of Spicknell and Tyme, of each a *quarter* of an ounce: take all
these and make them into powder and searce them: drink it in
good ale or white wine first and last, use it with your meat,
in all manner of sawces you eat; *probatum*. MS.

Another for the Colick, stone, strangury, dropsy or Jaundies. Take

half an ounce of Sene; of ginger, Anniseeds, liquorice, Mace,
Nettleseed, Ieat, safron, of each of them 2 penny weight: and of
Cinamon 3 penny weight: of carraway seed, fennel seed and spi-
nage seed of each of these 2 penny weight: make all these into
powder and drink half a spoonfull at once in posset ale or
pottage. MS.

Winde Collick. Take 6 roots of fennell, 6 roots of parsly,

2 roots of smallage, a handfull of wild thyme, seeth them in
a pottle of water and a pinte of white wine, a little while,
then putt in Anniseeds, liquorice and raysins of the sun, and
when they are sodden take the shell of a new layd Egg, and a
handfull of ashkeys kernells dryed, and a date stone, beat them
all to powder, then putt in this powder, drink a good draught of
this in the morning fasting, till all be spent. MS.

Another. As soon as you feel the pain comeing gett to bed, be covered

as hott as you can, and then take this drink following; take
a pinte of Malmsey, and boyle in it a handfull of wild

thyme, till the thyme sink to the bottome; then strain it and putt to the liquor a peece of sugar, a peece of butter, & a quantity of the powder of ginger: stirr them together and drink it as hott as you can; drink twice or thrice. MS.

Another. Take a pinte of sallet oyle, half a handfull of white salt; and seeth them: then dip 2 or 3 handfulls of black wool as the sheep beareth it, and binde the same from the Navel to the bottom of the belly as hott as you can endure it. MS.

Another. Take Malmsey, and putt thereto some Commin, and seeth it together, seeth it together and strain it, and when it is sodd, give it to drink. M.S.

Collick, and to cause one to make water. Take 2 good handfull of wormwood, of featherfew and Mint of each as much, boyle these in fair water till the hearbs be very tender, take of these herbs and bath the place, and then lay these herbs warm in a cloth to the place, and when you think

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they are cold, putt hot fresh ones. MS.

If the party can not make water, use this following drink,

Take a pinte of white wine and warm it somewhat warm, then scrape 2 good spoonfull of Castle soape, beat the sope with ^{the} a little white wine, till the sope be all melted: then take 2 yolks of Eggs, and beat them with the sope and wine, and being well tempered together, put the rest of the wine to it & strain it, give the party to drink, lukewarm. MS.

Winde Collick in the Stomach, a syrup of Nutmegs. Take 4 ounces of Nutmegs, slice them small and thin, putt them in so much aqua composita as will cover them, and some what more: then sett them on warm Embers not too hott, then have ready 2 handfull of red rose leaves, one pinte and a half of conduit water, and half a pinte of red rose water: boyle your rose leaves in these waters a little, then strain them, and putt to them so strained one pound of fine

sugar: boyl them together with a soft fyre and skim them well: and when your syrup is thick, take it from the fyre, and strain it into the Aqua Composita wherin your Nutmegs were infused: strain the Nutmegs hard, and put the liquor to the syrup, and boyle them together alittle: then take it from the fyre and let it coole before you putt it in a glass: let the patient take a spoonfull heerof before dinner and supper till he finde ease. MS.

Collick in the belly. Take a rose cake and tost it at the fyre with vinegar thrown upon it, and lay it as hott as may be to your belly. Also take Mustard, figgs and vinegar stampt together, and lay it to the belly, cold in manner of a playster MS.

Winde Collick. Take 3 drops of balsome in a spoonfull of White wine, stirr them together, and so drink it: and after it drink 2 spoonfull of White wine: doe this for 9 or 10 dayes together. This is likewise good for theose that have an ill stomach to their meat. M.S.

Another. Take a handfull of Peruinckle, and boyle it in wine or beer till half be consumed, and so drink it as hott as may be. Or take oyle of pepper, and putt a little quantity therof in a draught of posset ale, and so take it when you go to bed. Or Take the wings, feathers and all of a woodcock, burn them and beat them to powder, and drink therof in a little beer. MS.

Another. Take a white loaf of bread and cutt it in 2 halves, and one half stick full of cloves and tost it: and sett

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a dish of muscadine to the fyre, and heat it very hott: then take the half loaf with cloves, and dip it in the dish of hott muscadine, and strew the powder of a Nutmeg on it, and so very hott lay it to the navle: and when it is cold let it be tosted againe, & dipt in hot muscadine, and applyed as oft as you please. MS.

Another. Take great onyon, and cutt off the top, and take some of the meat out of it: then take a little rew, shred it very small: 2 or 3 large peppers and break them, as much honey as will wett the pepper and the rew: then putt it in the hole of the Onyon, and lay the topp on again; wrap it in a wett paper and so rost it in the Embers: take off the top, and lay it as hott to the Navell as may be. M.S.

Another. Take Comminseed, fennel seed and Anniseed of each a like quantity, beat them to powder, then seeth the same in wine and drink a good draught therof first and last, 4 or 5 dayes together. M.S.

ffor Collick, strangury and stone. Take Carraway seeds, fennel seeds, spicknard, anniseeds, comminseeds, cinammon, and gallingal, of each half an ounce: grummel seed and liquorice of each an ounce: beat all to powder, and drink half a spoonfull of the same powder in ale a little warmed: and walk up and downe an howre after, before you eat or drink: do this 5 or 6 dayes, and you will finde a strange alteration. probatum MS.

Collick passion. Take 5 or 6 kernells of the stones of peaches, and eat them with bread and salt before dinner, & supper. These will preserve a man from paine of the side, and from being drunk, it drives out wormes. Or eat often in sallets Mugwort, or Mother: or in broth. MS.

Another. Take a Quart of white wine, and a quart of milk, make a posset of it, take of the Curd clean, and putt in off pellitory of the wall, of charvell and of mayden hayr, of each a good handfull, seeth them all in the drink till half be consumed, then take out the herbs, and drink therof evening and morning. M.S.

Collick and stone. Take of saxafrage, of pellitory of the wall, unsett hysop and unsett thyme, of each a handfull: seeth them all with a quart of Malmsey to a pinte, the powder of a whole egg shell, and as much of the powder of

haslenut shells as egg shells: when you have putt the liquor from the herbs, then putt in the powders, warme it and drink it. M.S.

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Gripeings. Take 9 bay berries, beat them to powder: stirr it in 3 spoonfulls of wine: drink it warm if need be, 3 mornings. M.S.

Gripeing or any pain in the belly. Take wheat bran, and white wine vinegar, boyl them together a little while in manner of a poultiss: put it in a linnen bag, and apply it to the belly as hot as may be. Mr Mellish of Doncaster . MS.

Collick. Take gum of Ivy, spread it with a hot knife on a peece of scarlet the bigness of a groat: apply it to the Navell, as hot as may be. MS.

ffor Collick, Dropdy and stopping of Urine./ Take new Broom, chop it small, and boile it in 2 pound of white wine, or sack, untill it be consumed to half a pound. then strain it hard and add thereto of good treacle 3 s. the powder of graines 3 i: let the party drink therof all at one time, somwhat hott, then wrap him warme and keep him in his bed: and in an hower at the most you shall see a wonderfull operation: for in the dropsy called Ascites, and in stopping of water he shall not leave pissing till he be well: and in the Collick he shall piss as much as sufficeth, and sweat abundantly, with breaking of winde. MS. Lady Byron

An approved medicine for the Collick. Rx. half a pound of fennel seeds, a quarter of a pound of Anniseeds, a quarter of a pound of Cummin seeds; lay these seeds to steep in a quart of good Claret wine for 24 howers: then take them out, dry them betwixt your hands, to rub the dust and dust them: then take the seeds and beat them to very fine powder; take a small spoonfull of the powder, and put it either in a draught of Malmsey or of burnt sack. MS. Lady Byron

Meats bad in the Collick of the stomach or windyness in the head are, White meats, roots, raw sallets, Raw fruits, pease, hartychokes, butter, saltmeats, veariety of meats is not good at one time, it is good to close the stomach with Marmalade of Quinces, mixed with sliced ginger or Nutmegs. ibid./

ffor Collick or pain in the side, Rx. 4 good handfulls of

Oates, steep them in malmesey an hower or 2; or if Malmesey be almost consumed: then putt to the same Oats dry Camomill a little bruised, ii of Cummin a little bruised. ii a good handfull and a half

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of leaves of wormwood dried, Rew half a handfull mixt together with the rest aforesaid: put them into 2 square linnen bags, and warm first one of them between 2 bricks, or tyle stones, and lay it to your side, or place where the grief is: and when that is almost cold take a fresh bag as before. You may add to the receipt, leaves of Heath and powder of bay berries.
ibid. Dr Hughs .

ffor the Iliaca passio: or any paine in the stomach or belly
comeing of winde.

Rx. Strong ale or beer a pinte: sett it

on the fyre, when it seeths scum it very ~~very~~-clean,
and putt in half a handfull of Cumin seeds or somewhat
more, being fair dusted and bruised; a little penny
Royall; boyl these, with a little sugar, from a pinte to
half a pinte; strain it and drink as hott as you can
when the fitt is on you: and if your stomach be very
cold, then boyl them in malmesey, as aforesaid./ ibid./

ffor the Collick. Rx the Yolk of an egg clean from the white,

and wash the shell, and putt thereto powder of long pepper,
and temper them together till they be thick: then set the
shell with the yolk therin as it is powdered, to the fyre.
rost it hard and break it: take out the yolk and make
powder therof: drink of it early and late in ale; and after
sleep. ibid.

To break winde in the gutts. Rx. cucumber seeds, long

gourd seeds: pick off the husks and beat them with all-mmonds: make allmond milke therof, and eat it. ibid.
Bayberries bruised and lickd in with honey and/or pap of Raisins is good for the torments of the belly, and stinging of scorpions. ibid./
ffor a windy belly, seeth Cummin seeds, fennel and Anise in wine and drink it. ibid.
Slice as much radish as both the fists, stamp it, and put thereto thrice as much course brann, seeth it in a pottle of Water, till the Water be consumed, and ly upon it thy belly downward, as hott as thou canst suffer, for any pain or gripeing in the belly./ ibid./

Belly grindeing. Bake a cake of Ry flower well fl-sower

-ed, and heat the inside of it being cutt through the midst, and anoynt it with hony, and cast theron powder of Cummin, apply it as hott as may be and as often as need is. ibid./

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winde or Collick in the belly. Tost a Rose cake at the fyre and sprinkle it with vinegar, and apply it as hott as may be. ibid.

ffor the Collick. Take what quantity you can gett of Ant

Eggs, dry them before the fyre, and beat them into powder, give as much as will ly on a 6 pence, in a glass of ale or beer. ibid./

ffor the Collick. Rx. a quart of Aquavitæ, put it into a

pottle glass; then take half a pound of white sugar candy beaten very fine, and 2 ounces of English licorice sliced very thin, and 2 ounces of the best Rubarb sliced very thin, and 6 score raisins of the sun stoned. putt all these ingredients into the glass of Aquavitæ, stop it close and so let it stand for a month: shake it 3 times every day for that month: take 2 or 3 spoonfulls at a time. If you have occasion take it before the month be out. ibid./

Item. Boyl Aqua Composita and vinegar 6 spoonfull, with

sage and rosemary 1 handfull, between 2 dishes: then dip a great dry tost in it, and lay the herbs on it, and a cloth on it: apply them a little under the grief as warm as may be suffered, and ly down an hower. *probatum*.

Suppositories for the Collick. Boyl hony a good while

and scum it very clean, then cast it into water & make it up, and dip it in oyl when you put it up. Or take the yolk of an egg, and as much salt; binde it in a cloth and a thrid at it, and put it up. *ibid.*/

The braines of a Shark or Tuberon as some call it, are soveraign against the stone & Collick./ *ibid.*/

Collick. Rx the gutts of a wolf, wash them in white wine,

dry them in an Oven in an Earthen pott: take a dram of the powder in white wine: it will cure presently. *ibid.*

Collick. Boyl fair water, add to it the 4th part of

oyl, and some gross pepper: take 3 or 4 spoonfulls as hott as you can: the pain will instantly cease.

- If the party be very dry, give him a glass of cold water, and as some great physitians say, they have cured with it immediatly. *ibid.*/

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A Confection of Quinces to comfort the stomach,
Stop vomiting and cause good digestion.

Take quinces sodden in wine 3 pound, sugar as much, seeth them with a soft fyre to the heighth of Conserve: then putt to it, cinammon, cloves, gallingale, of each 5 penny weight: ginger, long pepper, mace, of each half an ounce, well powdered, and mix them well together: take 2 pound of Roses, the white cutt away, and wither them a little, then putt them in an earthen pott, and putt upon them 8 pintes of warm water: let them be closed 8 howers and then strain them, and putt into the pott, as many roses againe, and to every pinte of water putt a pound of sugar, and seeth it to the height of a syrup. MS.

Consumption..

Take a cock or capon, pull him dry as clean as you can, draw him and crop him clean, and let him come neer noe water. then take prunes, dates, raisins, currans, and whole mace and putt them in his belly; take an Earthen pott and putt in the bottom therof a good deale of Bugloss and burrage, and lay the fowle upon it: and lay as much of the sayd herbs upon him, and fill it up with claret wine and stop it close; sett it in the Embers and let it stew till you think the flesh is consumed a way: then take it up and strain it into a basin and it will be a jelly, and if it be not sweet Enough putt sugar into it, and every morning and evening drink of it 4 spoonfulls. MS.

Another. Take a well flesht Capon, scald him and draw him,

and put in his belly a handfull of barly, as much currans, raisins and dates: let him be putt in an earthen pott with a gallon of Claret wine: then putt in a quantity of Cima mon and ginger: let it seeth till the flesh be fallen from the bones, then beat him in a mortar, and putt him in an hypocrass bag and let the ielly run into a vessell. Give the patient of this ielly morning noon and Night warm with the yolks of 3 new layd eggs: and by that time you have spent 3 Capons thus, you will find much alteration. Also to comfort the stomach, give him Aromaticum Rosahum,

Another. Take a pint of claret wine, and a pint of red rose

water, and a quart of Bugloss water: 6 ounces of blew

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Curran, 4 ounces of cap dates, minced small: seeth them 68 together to the one half, and let them eate therof 3 times a day. probatum. M.S. pr

Another. Take 9 house snayles, and pull them out of the shells,

then putt them in course sugar to cleanse themselves; after wipe them clean, and boyle them in a pint of red cows milk, with a little sugar. Drink it fasting every morning, till the patient mend. M.S.

Another. Take a well flesht hen, and 4 ribbs of a brest of

Mutton, boyle them in a gallon of fair water, then take Rosemary and balm, Cinamon and ginger, nuttmegs and li- verwort, putt them in and let it boyle till it comes to a quart. M.S.

Another. Take 3 quarts of good ale, putt it in a close

pott, with a handfull of figgs cutt in pieces, a handfull or 2 of anniseeds, a handfull of Contsfoot well picked, and of fox lungs as much as 3 or 4 figgs: let all be putt into the ale, and stand very close for 2 dayes: then drink at meales, or between as you shall see occasion. In the mean time as you are troubled with flegme, use coltsfoot with oyle of anniseeds in a pipe, and let the smoke down. and to prevent all danger take after it a little of the syrup of coltsfoot upon a liquorice stick: and within a month, you will finde help. Mr Ayres of Queens Colledg Oxford . M.S.

Another. Take conserve of Roses, and mingle it with the stroak-

ings of a red cow, and eat therof. Mrs Hampson . MS.

ffor Consumption of Spirits and body. Take a red cock,

flea him and take away all his fatt; then beat him in a stone mortar all to peeces: putt him into 3 quarts of red wine, and putt thereto a handfull of Rose mary flowers, and for want therof, the tops of Rosemary: 2 good handfull of burrage flowers, a dozen of dates cutt in small peeces, half a pound of good blew currans, half an ounce of large Mace, 3 nutmegs cutt in quarters, one ounce of (Indubees, Judubees, or fudubees) to be had at the Apothecaries. putt all these in a piplin and cover it, and close it with past; then sett it in a brass or iron pott, up to the paste in water: take heed it seeth not above the paste, for the water going in. So let it boyle 5 howers, keeping the pott full of water: then take it from the fyre and let it coole by leisure in the water, then powre it out gently from the stuff, & keep it for use. Mrs Witham .MS.

ffor a Consumption cough. Take 3 leaves of Coltsfoot, such as have

a kinde of Cobweb on the backside, which webb must not be taken away: to these add their just weight of the fatt of bacon: which being pounded well together in a mortar, putt into a pottinger, and thereto putt an egg whole, except the shell: which being well mixt, make therof a cake or fritter, fry it in a frying pan, without any liquor. Take it in a morning fasting, and so continue after you have taken it, 2 or 3 howers. This must take 9 dayes together without intermission. *probatum.* M.S.

A water for a Consumption. Take a quart of Rosewater, as much

womans milk, goates milk or mares milk; putt thereto 30 yolks of eggs, well mingled together, and still therof a water, and give the patient to drink therof warme first and last, with a cake of Manus Christi the best. M.S.

Another. take 80 shell snayles, putt them in water 2 howers,

then take them forth, and bruise the shells lightly: putt them into a payle of water, wash them in 2 or 3 fayr waters, till the shells be clean of them: then putt them in a clean cloth, and hang them up, till the water be all drayned out: then putt them into a gallon of red cows milk, and let them boyle an hower: then putt them in a still with a handfull of Speermint, and let them still together. Take of this water in the morning fasting and at 4 in the afternoon, and at bed time, sweetened with white sugar Candy. MS.

Consumption of the Reins. Take clary leaves, pick them and

fry them, with the yolks of 2 or 3 eggs: and putt safron dried on a stone being ground small, putt alltogether, and fry them in fresh butter; eat this warme next your heart. MS.

ffor one falling into a consumption. Take 1 pinte of white mus-

kadine, 1 pound of red currans, a *quarter* of a pinte of red rose water, 1 great large Mace; put them alltogether into a new pipkin, stop it very close, and sett it on wood embers 12 howers simpering, then putt to it a little ambergreese and 2 grains of Musk: eat 2 spoonfull every morning as soon as you wake: and 2 spoonfull at 4 after noon. *probatum.* M.S.

A broth for any weakness or consumption. Take a red pigg

that is fatt, clean dressed, boyl it in a sufficient quauantity of fayr water, with 4 ounces of green liquorice, scraped and bruised, Maydenhayr 2 handfull, coltsfoot 1 handfull, currans half a pound, dates 2 ounces: let them boyl together to a strong jelly, then strain it clean and take of the fatt: putt to it half a pound of sugar, and half a pinte of white wine: clarity it

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with whites of eggs, and eat of it at any time. You may leave 70 out heer any thing according to your discretion. MS.

A Consumption. Take 40 garden snayles with their shells on, give

them every one a knock, and put them into a quart of fair water with a little salt to purge, one *quarter* of an hower. Then take half a handfull full of Cowslip flowers, Rosemary flowers half a handfull, balm half a handfull, these you must boyl all together at least a *quarter* of an hower in 2 quarts of red Cows milk, keeping it continually stirring. When you have done, take half a handfull of Tamarisk, as much of Burrage flowers and Endive, with half a score sprigs of Speer Mint, which you must putt alltogether with the milk and snayles into a still, and so distill them. To every quart of Water you distill, take 4 ounces of white sugar candy, beat to powder. Be sure in the distilling to stir it some times, to prevent a scum on the top. Use at a time 3 spoonfulls, before and after Meales. Mrs Kendall . MS.

Ielly of hartshorn, for a Consumption. Take 3 ounces of

hartshorn, infuse it all night in a pott of water on hott em bers: then boyl it, till it be a ielly: strain it out and let it stand till it be cold: then put it into a fair Skillet and melt it againe. Then take the whites of 2 eggs, 1 nutmeg cutt in quarters, 1 stick of Cinamon, the iuice of a lemon, a pretty quantity of rosemary flowers, half a pound of su- gar, a quarter of a punte of white wine, 3 spoonfull of red rose water: beat all these together, and mix it well with the melted gelly: boyl it softly till it be lessened in quantity; then strain it through a cotton bag, and keep it in a glass for use. MS.

Consumption of the Lungs. Take 3 quarts of stale ale, one

handfull of unsett hysop, and pennyroyall together: a quarter of a pound of figgs, a quarter of a pound of Raisins of the sun, 2 ounces of dates, 1 ounce of liquorice, and 1 ounce of anniseeds; slice the figgs, raisins and dates, bruise the anniseeds and liquorice: boyl all these together, with a soft fyre, till it come to 2 quarts or there abouts, then strain it, and putt into it 2 or 3 ounces of sugar candy; keep it in a close pott or glass, and drink a pretty quantity, first in the morning and last at night, or at any other time of the day. Allwayes shake the glass before you putt it out; and in summer take Running Water

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in stead of Ale. Eat noe salt meats or stopping things an issue in the arm is proper: eat much liquorice, at all times' forbear wine and strong drink. probatum MS.

A Consumption. Take half a pound of raisins of the Sun stoned, 2

ounces of dates stoned and sliced, 2 ounces of liquorice sliced, 2 ounces of hartshorne, 2 ounces of anniseed, 2 ounces of brown sugar Candy, 2 ounces of Mayden hayr, handfull of hysop unset, ie, sowd; a quarter of a pound of figgs sliced, 1 handfull of hearts tong, 1 handfull of Liverwort: putt all into 3 quarts of conduit water, boyl it to three pintes, strain it: take a quarter of a pinte at once, in the morning fasting, after noon at 3 a clock, and last at night before bed.

Consumption. Take a gallon of milk of a cow of one

Colour, hott from the Cow, and 2 penny worth of bread hott out of the Oven and mingle them together. Then take the yolks of 12 or 20 eggs beaten well together, of Cinammon ʒ ii: nutmegs ʒ i: distill all these in a commen still, and give of the same water 2 or 3 spoonfulls, first and last. M.S. Lady Byron

Liquorice water to moysten and coole the body and especially good
for the lungs:

Rx. Liquorice, scrape it clean, then cutt

it into small thin slices, sett it on the fyre in fair conduit water, and putt therin tops of red fennell, fumitory, violet leaves; or use the water wherin liquorice

onely is sod: let it seeth for a quarter of an hower
on a very soft fyre: then use it. MS. *Lady Byron*

ffor a consumption. Rx Liverwort 3 handfuls: Coltsfoot 2

handfulls: then take a red cock and pull him quick; cutt
him downe the back and take out all his intralls but his
stones: dry him with a cloth, but not wash him: then quar
ter and beat him bones an all. Then lay some cock, then
a layer of Liverworth, then a layer of Cock, then a
layer of Coltsfoot &c. then half a pound of currans
and an ounce of mace, a pinte of cream and a pinte of
Claret wine: these being putt into a still and stilled will
yield 3 pintes. Take 3 quarter of a pound of sugar
candy, putt it into the glasses, and let the water distill
upon it: 3 spoonfulls if this in a morning, 3 after dinner
and 3 after supper going to bed will do wonders. *ibid.*

ffor the Consumption. Rx. an ounce of China roots sliced, steep

them in a pottle of warm water, 5 or 6 howers; then
take of Egrimony 2d. Mayden hair 2d.

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72-B-Some borage and bugloss, a little Rosemary and a few
raysins of the Sun stoned, and a chicken first parboyled.
seeth to one half, and drink in the morning and 2
howers before supper half a pinte at a time: this observe
for 14 dayes. MS. *Lady. Byron* . Dr Smyth .

China broth. Rx 3 i of the best China, slice it as thin

as you possibly can: then put it into a pottle of clean
water: let it stand all night upon hott Embers: in the
morning take a knuckle of veal, and putt it into your
pipkin to the same water and china: skim it very
clean; then putt in a little bundle of Rosemary and
time, and the crust of the bottom of a loaf, and a
little salt; let it boyl to a quart. You may putt
in with Your china a little Sassafras. *ibid./*

To distill a bore pig to help weakness of the back.

Rx. a fat bore pig, a forthnight old, kill it well and
dry out all the bloud, with linnen cloths: after cutt the
of it: and leave no manner of skinne or

gross matter within it: then divide it in 4 quarters,
Then take an Earthen pot of a pottle or more: take
4 thin splints of haslewood, and place them within
the pott, one above another, an inch or more distance:
lay the quarters of the pig upon either stick, one
after another. Take a handfull of Rosemary; Comfry,
plantane, bursa pastoris or shepherds purse. bloud-
wort, knotgrass, liver wort, of every one of these a
pugil; Red rose leaves dry or undry, half a handfull.
of dasy roots and herbs 1 pugil. of the roots of
Satur of the best sort half a handfull: cutt your
herbs small in peeces; after take large Mace a quar-
-ter of an ounce: Cinamon 3 s. cloves 2d ginger 1
race: nutmegs 2 cutt in peeces; 6 good go-Dates, cutt
in peeces; put altogether in the earthen pott. put to
these as much good muscadell as will cover all the rest
of your spices and herbs. - caetera desunt. ibid./

ffor a Consumption. Powder of red roses, or powder of

Mints, drunk in new milk warm from the Cow. is
good ibid in a morning. ibid.

Bayes are good in an electuary with hony, or sodden with
Malmesey, against the consumption, shortness of breath,
and all the Rheumes that fall on the lungs. Or use the powder
of the berries lickd in with honey or the sap of raisins for
the same & all griefs of the brest from Rheume. ibid./

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Convulsion fitts.

Take the powder of hartshorne, and the powder of Sea horse pizle,
finely searced through Tiffany, as much of both as will lye
upon 6 pence: & 3 drops of spirit of Castor, and a spoonfull
of Sack, and mingle them altogether, drink it, and anoynt the
nape of the neck with the spirit of Castor. MS.

To give a child new born, to prevent Convulsion fitts: take currall,
beat it into fine powder; give the child as much as will ly on a pen-
ny, in the pap of a rosted apple, or black cherry water; let it be
the first thing he takes, after he is born. Mrs Mullenax . MS.

Against Convulsions in Children. Rx the root of single pi-

ony: cutt it either into flat pieces or round ones; string them for a necklace, and let them wear it about their necks next the skin. MS. *Lady. Byron* .

Another. Take a jay, pull out the entrails & wash it in

white wine; so putt in the liver, heart & gizzard again; bake it in an oven, till it be dry enought to beat to powder; then searce it very fine & give the Child of it in any thing: as much as will lye on a 3 pence is enough for a child of 2 year old; let it take it fasting in a morning.

In a fitt let them lye quietly without stirring them, or makeing any noyse, for that makes them but worse; onely with your finger stop their nose close a little while, & rubb a little spirit of amber about their nostrills; and you may give them a little sack iust before you see the fitt comeing.

ibid./

Convulsion fitts in little Children. Take a live pidgeon,

hold the beak open in the mouth of the Child, all the while the fitt is upon it: this will cure the Child, & the pigeon will dye. ibid./

Aristolochia rotunda or round Birthwort drunk in wine is good for the Convulsion. -

Item Centaury roots, half a dram in powder being taken inwardly in muscadell, or in a decoction of the same roots help both convulsion & Cramps. The greater Centaury is the best; but we have onely the lesser sort in England ./ - Peony root, the Male for Males and the

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female for females, being either taken inwardly or hung about the neck, helps the ffalling Sick ness and Convulsion in Children. You may take half a dram at a time and less for Children - Spatulæ fætida, Stinking Gladone, a kinde of flower de Luce, called so from its bad smell, being taken inwardly help Convulsions. Culpeper . Dispensatory of London ./

Common or Wood Bettony a dram at a time in white wine, or some other convenient liquor proper to the disease, helps Cramps and Convulsions. Idem. Mountain Calamint, half a dram at a time is good for the same - Item Mother of Thyme or

Wilde Thyme ^ in white wine . - Pansies or hearts ease helps the same. - Item Schænanth or Camels hay: an herb so called. - Item Cowslips in Conserve or Concoction. - Ten grains of powder of red Corral given to a Child in a little brest milk, as soon as it is born, before any other food, will prevent it from ever haveing the falling sickness or Convulsions. - Iuniper berries those that are ripe and look black, eaten 5 or 6 in a morn-ing are excellent. - The liver of a hedghog dried and beaten to powder and taken in wine helps Convulsions and falling sickness. Idem. ibid./ Black Cherry water is very good, drink in a mo-derate quantity. - Spirit of Castoreum, the dose between a dram and half a dram, according to the strength and age of the person. It must be taken alone, but mixt with some other convenient medi-cine appropriate to the disease - Another. Rx

of the compound water of peony, a description wherof you have in the London Dispensatory & is to be had at the Apothecaries. If the di-sease come dayly let a spoonfull be taken morn-ing and evening: if weakly, then onely at new and full moon, and at her Quartiles to the Sun: If it begin to wear away, then onely twice a month, viz, at new and full Moon will suffice. It is good also in time of the fitt to rubb the temples, nostrills & iawes with it. Idem

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Cordialls.

To chear the heart. Take a quantity of heartsease, and putt

thereto 3 times the quantity of sugar: make a conserve, and take therof when you are sad. MS.

ffor head ache, winde of the stomach and obstructions of flegme or Choler.

Take a pottle of white wine, and putt

therin rose-mary blossoms, burrage flowers, bugloss flowers, and the roots of Bugloss, scraped and slitt, of preserved quinces, finely

minced being old, of each half a pound, stirr all these well in the white wine, and stop up the glass very well, that noe ayr gett in, and sett it in a horseheap, covered to the mouth of the glass, a night and a day: then take it out and distill it in a Lymbeck, and when it is stilled, sett it in the sun a day or 2. then sweeten it with fine sugar candy, and hang in it of amber and musk, of each 3 graines. MS.

Dr Gardners Cordiall. Take a good handfull of good liquorice,

in small sticks, scrape them very clean and slice them in small slices: take as much lignum Alloes as your liquorice, then beat them very small in a Mortar: then sett a pipkin with 2 gallons of running water on the fyre, and when it is warme, putt in your lignum alloes and your liquorice, and make it boyle apace: and as it wastes, fill up the pipkin with fayr water, for 3 boylings together; then take up a groats worth of Safron, well dried by the fyre, and beaten very small: then take up some of your liquor and mingle your safron with it, and putt it into the pipkin againe, and boyle them well together with as much powder of Ginger as you can take up on 6 pence: you must continue boyling it 3 hours at least, then take it from the fyre and keep it in the same pipkin, and when you have cause to use it, straine it into a glass, and drink therof in a morning fasting, an hower after dinner, and last at night, 3 spoonfull at a time. If you have it, may putt into your glass 2 graines of Unicorns horne. - This drink cureth the dropsy, Consumption, collik, stone, agues, cough, paine in the stomach and heart, and is a secret of wonderfull operation for many other things. M.S.

A cordiall against winde. Take anniseed water and Confectio

Alchermes, mingle them together and drink of them: it is good for the winde collik, or any winde. For the spleen Confectio Alkermes on a knives point taken in a small

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quantity, when you go to bed, is excellent. MS.

A sovereign pottage for strengthening. Take rice and lay it in Water allnight, then take almond milk with plantane water (but let not your almonds be blanched) then make your Rice pottage with your almond milk, and put in powder of red roses, pomgranate pills, and of Cinamon and sugar as much as you please; eat a good Mess every morning and fast 2 howers after; if you can get Camphir put it in: this must be used a forthnight. Mrs Cornhill . MS.

Another. The description of a Cordiall Potion, such as Apothecaries

commonly prepare you in all cases when you make use of them, imagining tho it does but little good, it will do you noe great harm, Except it be to your purse. - Take of Baume water, black cherry water, Carduus water, of each 1 ounce and half: treacle water 1 ounce; syrup of gillyflowers 1 ounce; mix them in a glass viol: as oft as you prepare this your self, you will save 3 shillings by it. Dr Harvey .

In many cases, if you must needs have that which is called a cordiall: a quarter of a pinte of good fresh small beer, and an ounce of syrup of gillyflowers dissolved in it, and so takeing 2 or 3 spoonfulls every 2 howers, may do as well as the best cordiall, to please your conceit. ffor you must know that Cordialls are very often prescribed onely to gratify your fancy, and the Apothecaries avarice: the right cordiall being that removes the cause of your distemper: and upon that be assu-red your heart and other bowells will soon recover strength and revive. Dr Harvey .

A pearle Cordiall. Take of the distilled waters of Citron,

wood sorrel, dragons, and Carduus, of each an ounce: Aqua Mirabilis 6 drams: pearls prepared, (that is, onely ground and a Marble with a few drops of rosewater, into an impal-pable powder) 1 dram: syrup of gillyflowers one ounce: so shake them together in a 4 ounce glass, and take it by spoon-fulls, as directed before. Dr Harvey .

A Cordiall Electuary. Rx 3 good spoonfulls of red saun-

ders, 1 ounce of good ginger thin sliced, 4 ounces of the pulp of raisins, 2 ounces of Currans; first bruise the ginger well, then put in the pulp of the raysins and sanders by little and little, lastly mingle the currans with the rest, and if it be too thick put in some syrup of ginger: take of this the quantity of a great Nutmeg in the morning and of 5 a clock in the afternoon, drinking upon it a quar-ter of a pinte of white wine, and walk an

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hower till you sweat. When you have used this 10 dayes, then it will be good for you to be purged with the decoction of half an ounce of Senna, 3 dramms of Epithymus, 2 spoonfull of fennel seed or anyseeds, and boyl these in half

a pinte of whey, and so much white wine, or rather suc-
cory water, and boyl it close, till 2 parts be consumed,
then being strained hard steep in it a dram of Rubarb,
and let it stand all night: in the morning put to the
Expression 2 3 of syrup of roses, and drink it. MS. *Lady. Byron*

Nepenthes reviveth the Spirits, it may be taken to the
quantity of a spoonfull in any wine or other drink. ibid.

The powder of Knotgrass in a reer egg helpeth the back
very much. ibid.

4 roots of Comfrey; knotgrass, and leaves of Clary of
each a handfull, stamped and strained, and a quart of
Muskadell putt thereto, with the yolks of 3 eggs and
the powder of 3 nutmegs, drunk first and last, is good
for the running of the Reins and Consumption of the
back, and a good cordiall. ibid. - Baurrage flowers
are likewise excellent to clear the heart. ibid.

Dr Pridgean s Cordiall broth. Rx. a cock and bruise him, and put

him into 2 quarts of Spring water, and put in a pullet
also. Then take a quarter of an ounce of red rose leaves,
and as much of Rosemary blossomes, and of bugloss and
burrage flowers: half an ounce of China strung upon a
thrid, and as much Ivory: a blade of mace and a little
Nutmeg. Let all these boyl to a strong jelly, which will
be when all most half is wasted or more: then drink
so much of it in the morning as you can without dislike;
and half an hower before dinner, and at 4 a clock. You
must run it through a sieve. Your China will serve
twice. MS. *Lady. Byron* .

Dr Bates Cordiall Water. Rx. a leg of beef of a yong

Steer, a little one: bruise it very much; put to it such
herbs as suites best with you: a pound of dates and a
pound of raisins unstoned, a little Nutmeg, and what
quantity of Ivory you like. Boyl all these in a gallon of
water till it be a gelly, very strong; take it twice or thrice
a day. ibid./

A Cordiall. Conserve of Marygolds, with half as much Al-
kermes, take it in the afternoon, or before bed. ibid./

Cramp.

Take the herb peruinckle, and heat it between 2 tyles, and wrap it about the leggs, it helpeth. MS.

ffor the Cramp, running gout, or any other Extream cold. Take

a butter Churn, and make a great charcoale fyre, sett it over the fyre on some bricks, till it be very hott, covering it with coverlids to keep in the heat, whilst it is heating: then when it is very hott take as many ground Ivy leaves, or for want of them, other Ivy, as will allmost fill the Churn: then let the party grieved putt in the arm or leg grieved into the churn amongst the Ivy, and there keep it, whilst there is any heat, lapping themselves and the Churn about with cloaths to keep in the heat: lying on a bed while the same is a doing; then when they take out the arm or leg, which will be of a great dew, wipe it with hot cloaths, and so ly warm covered, till they coole againe. M.S. *probatum*. Dr ffloud .

Cramp. Steep bread in vinegar as it comes hott from the

oven, and apply it hott. *probatum*. MS. *Lady. Byron* .

Item. Take a crow feather that is found upon a fallow land; wear it about you, or stick it at your beds head, and you will never be troubled with the cramp. This cured one that had it so in his hands, he could not write. *ibid.*

Item. the Knuckle bone of a leg of mutton, called the Cockall, worn about a man cures the cramp: *ibid.*

Item Lute strings tyed below the Knee or about the wast, cures it: wear it constantly and shift it fresh sometimes. *ibid./*

A magicall cure for the cramp. Gett a piece of a Cord that

hath hangd an executed person: & in the hower of Coniunction of Mars with Saturn, make a ring of it, & be sure you finish it in the same hower. Note. If this Coniunction be on a Tuesday or ffryday, & in the proper houses of the planets, the vertue is the greater & remaines for ever. This ring being worn on the finger of Saturn, hinders the cramp. MS. P.M./

New Corks layd in the bed with you, cure the Cramp. *ibid.*,

ffor the Cramp. Rx. a grey snail, that is without a shell, & you

may finde a bone about the head and neck: wear this about your neck; this cures the cramp in leggs, belly or stomach. It cured a woman that had it violently in her belly, when she was in labour: as soon as she putt this on, she had ease. These snayls are to be found in cellars at any time.
ibid./

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Costiveness. *vide* purges.

Take mallows and red nettle, seeth them together in fayr water and so let the party sitt close over the same, and receave the fume, *probatum* into the fundmant. *probatum* M.S.

Cough or cold.

To break flegme, and for the cough. Take a pinte of Isop wa-
ter stilled, a quart of good muscadine, 3 races of good case
ginger, pare them clean, and cutt them in slices, and twice as
much liquorice, and pare it likewise, a good handfull of sugar
candy gross bruised: putt all these together in a glass and shake
them, and stop it very close and so lett it stand 24 howers,
and drink it at your pleasure. M.S.

Another. Take sugar candy and Ennula Campana roots dried,

but nothing so much as of the sugar candy: and 2 or 3 crops
of Isop dried, and a race of ginger: beat them all and make
a powder therof, & eat of it when you will. M.S.

Another. Take a pinte and a half of small ale, seeth in it hysop

and whorehound, of each half a handfull, 2 parsly roots, 4
figgs, half a pound of raisins of the sun stoned: then straine
them and put to the liquor a little sugar candy: drink of
it Lukewarm 4 or 5 times a day. MS.

Another. Take 5 or 6 figs, cutt them in small peeces,

seeth them in a little ale, and when the figs are very soft,

and half the liquor sod away, strain them through a cloth; give the patient fasting a good draught warme. This will likewise after meale occasion a stool or 2 Extraordinary. M.S.

Another. Take half a pint of honey and a good quantity of coltsfoot, cutt it very small, and boyle it well in the honey, & when it is enough, putt it in a gally pott and take a liquorice stick & dip in the syrup, and so eat of it first & last. M.S.

ffor a cold. Take milk and ale and make a clear posset, take of the curd and putt into the drink sliced liquorice, and 2 or 3 figgs sliced, and anniseeds bruised, and boyle it well: sweeten it with sugar candy, and putt in a little butter, drink it warm, going to bed.

A playster for the same. Take a peece of bread, tost it well and dip it capons greese and Aqua vith boyled together, putt it in a bag and lay it to the stomach. *probatum* M.S.

Another. Take Virgins wax, spermaceti, and oyle of sweet almonds, boyle them together and anoynt the stomach. *probatum* MS.

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Another. Take a little Capons grease, and a few cloves bruisèd, and a little sack, boyle these together and anoynt the stomach therwith. *probatum* MS.

Another. Take 2 quarts of ale, and putt it into a 3 quart or gallon pott, and sett it in a kettle of water as high as the pot brim within a little, and hang it over the fyre, and make it seeth: then putt to it of vnsett Isop, red fennel, mayden hayr, and raisins of the Sun stoned, of each half a handfull, a sprig of Rosemary, a penny worthof hartshorne, 3 or 4 figs sliced, 3 or 4 sticks of liquorice, and a handfull of anniseeds: boyle all these

together till it come to a quart: then strain it out, and putt to it the yolks of 2 eggs, and a good peece of sweet butter, sweeten it with sugar to your own taste, This is called butterd Ale. MS.

Another, Take a handfull of Enula campana roots scra

ped and washed cleane, and sliced, seeth them in a pottle of conduit water; then putt away that water, and putt in as much more: seeth it half away and more, and then putt in a pinte of honey: boyle it till it come to the manner of syrup: drink often of it. MS.

Take a pottle of fayr running water, a handfull of yong bay leaves, anniseeds and liquorice, mayden hayr and rai-sins of the sun stoned: boyle it half away: in the boyling putt in 2 or 3 ounces of sugar Candy: drink of this morning and evening M.S.

A Cough. Take Carduus while it is yong and wipe of the

white hoare, then wipe it with another clean cloth, & shred it very small, then stamp it half, and putt to it 3 times as much sugar: make it into a conserve and putt it into a glass, sett it in the sun a forthnight, where no wett may come. M.S.

A cold. Take a quarter of a pound of Currans, boyle them

in a pinte of water till all is boyled away: then strain them and boyle the liquor with a pretty quantity of Liquorice: and take therof with a liquorice stick dipt in the syrup. Or Take 4 ounce of white sugar can dy, and putt it in a dry ox bladder: tye it very close and putt it into a bason of water, then lett it lye till it be dissolved into a syrup, and so take of it upon a liquorice stick. MS.

A Hooping Cough. Take 4 ounce of Lynseed oyle, and a pinte

of good Creame: boyle them till the creame and the oyle be incorporated: then take a peece of new white cotton, and cutt it as big as the patients stomach is, dip it in the oyle very hott, then take a peece of new linnen cloth, and wring the peece of Cotton in it, then lay it on the childs stomach

as hot as he can suffer it: and when that is cold, lay on another, and let it lye till next day, and then do so againe.
probatum. MS.

Hoarseness. Take a posset made with penny royall and aniseeds
or a posset made with figs, anniseeds & liquorice. M.S.

Cold or cough. Take saffron and dry it, and beat it to powder,
mingle it with mithridate, spread it on a peece of leather,
and lay it to the pitt of the stomach. MS.

Another. Take rosemary, dry it and beat it to powder, mingle
it with honey and so eat it. Or, Take anniseeds, hony, figgs,
and liquorice of all a like quantity, boyle them in conduit wa-
ter and drink therof. Or, Take honey and a rosted apple
and mingle them together, eat therof morning and evening.
Or Take oyle of sweet almonds and white sugar candy,
mingle them together and eat therof morning & evening.
Or take anniseed water and sugar and mingle them to-
gether and take therof morning and evening. M.S.

Another. Take Aqua vith mixed with white sugar candy finely
powdered, so that it be not too thick therof, but indifferent.
A spoonfull heer of taken at night going to bed for 3 or 4
nights, presently helps the cough, and hoarsness, and breaks
flegme marvelously. *probatum.* Or the powder of Ennula
Campana mixt with the powder of liquorice and white sugar
candy, hath the same effect, if it be often used, and eat a
spoonfull at a time. *probatum.* M.S.

The perillous Cough. Take sage, rew, and powder of pepper,
seeth them in honey and make therof an Electuary: use a
spoonfull at evening, and another at Morning. MS.

A Cough. Take rue, southernwood and rose Mary, of each
a handfull: a quarter of a pound of clarifyed honey, a
quart of white wine: seeth them well together, then powre
out the liquor and stamp the herbs; then putt them to the

liquor againe, and seeth them together a little: strain
them, and putt the liquor into a glass, and let the patient
drink first and last of it. M.S.

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Another. Take a handfull of Ennula campana roots, sliced
and made very clean, putt them into a gallon of running
water: boyle it till it come to a pottle: powre the liquor from
the roots, and putt to it half a pound of refined sugar,
and boyle it to a quart: drink of this as much as you please
and when you please. Mr Brothers . MS.

Another. Take a quarter of a pound of white sugar, 2 spoon-

fulls of Aquavitæ, a clove in powder, and as much cinamon
powder as a clove: boyle it and make Manus Christi therof &
eat it. MS.

Hoarseness. Seeth mallow leaves and eat them. MS.

ffor a cold. Take a wine pinte and a half of Spring Water,
make it hot, then putt into it a *quarter* of a pound of brown sugar
candy in the lump, and let it dissolve off the fyre; then set it
on the fyer again, and let it boyl again; then take 2 grains
of the best musk; bruise it very small, put it into an empty
glass bottle, and put the syrup into it, as hott as you can,
and drink about 4 spoonfull at morn, afternoon and night.
Mrs Eyr . MS.

Cough of the lungs. Take the lungs of a fox and prepare it,
thus. Boyl a handfull of Isop in fair Water, wash the foxes
lungs very well with it: then dry it in an oven and beat it to
powder: take each morning fasting a dram weight, that is the
weight of 2 good groats or a 6 pence and a 2 pence, in 4
or 5 spoonfull of rose water: fast an hower after. Continue
this as occasions require. MS.

Lozenges for a cold or cough. Take of loaf sugar finely
beaten and searced through a lawn sieve, 1 pound: the whi-
test liquorice powder, and white starch finely sifted, of each

3 drams: of orris powder, the whitest half an ounce: musk and ambergreese of ^{^ each} 1 grain, and half, with the mucilage of gr̄um dr^agon, dissolved in rose water: beat all these in a stone mortar, till they come to a perfect paste, then make them into little cakes, and print them with your seal. probatum. MS.

Juice of liquorice, excellent for a cough or cold.

Take half a pound of the greenest liquorice, scrape it very clean and slice it, and so dry it before the fyre, and beat it in a morter: then take 2 ounces of Coltsfoot water, as much Isop water, and as much red rose water: then ^{^ putt} the liquorice & the waters into a sylver can, or glass: let them steep 2 nights and a day: stirr it 3 or 4 times that day: then strain it

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83 and put it in apos... skillet, and put to it half a pound of white sugar candy, very small beaten or searced: then sett it over a very gentle fyre, and keep it with constant stirring, especially at the bottom, till it be boyled pretty thick: then take up some with a spoon, and beat it with your knife till it be white, and will hang on the spoon or knife like a thin paste: when it will do soe, then beat the rest in the skillet, till it be white to your likeing: then dry it in the skillet with constant stirring, till it will make into rowles, or prints; you may perfume it if you will, with ambergreese and musk, which must be put in when you have beaten it a little: the amber or musk, must be very well bruised in a spoon. probatum MS./ Take for a cold, live honey, elecampane, liquorice, brown sugar candy, orrice, of each a spoonfull: mingle them, and take it with a liquorice stick, morning, at 4 afternoon, and at going to bed. Mrs. Beaumont .

ffor a cold. Take 3 cloves of garlick and pill them, boyl them

in fair water till they be soft, then take them out: take half a pinte of Hysop water, a quarter of a pinte of white wine Vinegar, and a quarter of an ounce of liquorice pared and sliced, one slice of orenge pill: put to all these one pound of sugar, one ounce of figgs, a sprig of sweet Marioram; set them over the fyre and boyl them to a syrup: then strain them, and use it with a stick of liquorice, when you cough. Lady Byron . probatum./

Chin cough./ Rx flower of barley malt, temper it with

wort, and make a cake of it; eat it warm. MS. *Lady Byron*

Butterd Beer for a cold. Rx. a pottle of very strong beer and putt

therin the yolks of 6 raw eggs very well beaten in a dish,
then set it to the fyre and skum away the fome ever as it
riseth; or else in a kettle of seething water, and when it
hath well spurged, take it out of your kettle, and putt therin
a good dish of fresh butter, and a good quantity of all
these spices beaten in a very fine powder. Viz, long pepper
graines, round pepper, nutmegs, ginger, a few cloves and
Cinamon: of all these together 2 ounces, and as much
sugar as shall suffice thereto. Sett all over the fyre,
and when it is throughly hott, then brew it marvelously
well, as you would do wine. Then to bedward drink well
therof a good draught, or 2, as hott as you can;
cover your self warm and cast your self into

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a sweat: this will expell the cold be it never so great.
MS. *Lady Byron* .

Hoarseness after a cold. Rx. the iuice of sorrell and drink it,

and within 3 or 4 times it will cure. MS. *Lady. Byron*

ffor a cough. Rx. a quart of running water, 1 handfull

of unsett hysop, a liquorice stick cutt in thin pieces, or
slices, 1 spoonfull of anniseeds, seeth these from a quart
to a pinte: and put thereto an ounce of white vinegar:
drink of this 3 spoonfulls at once, morning and evening
MS. *Lady Byron* .

Iuice of liquorice. Rx hysop being not seeded in the prime:

still it, and take a gallon of that water, to a pound of
liquorice, when it is scraped and bruised, but not too
small: put it into this water and seeth it to the half,
then strain it through a strainer, and sett it in the sun
every day: covering it with some thin thing from the
flyes: but your vessell must be earth for clearing: use to
set it in the sun till it be like paste, to make up in
cakes, so dry it for use. This must be done in Iune,
for that is the chief time. MS. *Lady. Byron* .

ffor a cold and for hoarseness. seeth milk on the fyre

and make thereoff a posset with ale: then take of
the crud, and putting into the posset ale good store
of liquorice and sugar candie, seeth it again on
the fyre, and drink it as hott as you can, first
and last in your bed and sweat after it if you
can. M.S. *Lady Byron*

ffor a cold. Rx. oyl of sweet almonds, and sugar candy

beaten and dissolved in the oyl. ibid. or oyle of
bitter almonds may serve. ibid.

ffor a cold. Rx veriuice and bay salt, and bath the

soles of the feet therin hott, being sod together. ibid.

ffor the cough of the lungs, or any extream cold. Rx. a pipkin &

sett it on the fyre with a pottle of fair water and put in 6 enula
campana roots: let them be washed and clean picked, and the pith pulld
out: then slice them and putt them into the water. Rx also Maydenhair
i. Coltsfoot i. let them be washt and put to it. Also take
 $\frac{3}{4}$ iii of Licorice sliced and bruised. and $\frac{3}{4}$ i of anniseeds
bruised: seeth all these from a pottle to a pint: take
it from the fyre and strain it: then take a quarter of a
pinte of English honey, set it on the fyre, but let it not
seeth but simper: then take it from the fyre and putt it
into a glass. Take of it first and last 4 spoonfulls at a time.
and fast 2 howers after. *sæpe probatum.* ibid./

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Cold or Cough in a horse:

Take oyle of bayes as much as a walnut kernell, binde it in a
clout with a thrid, and tye it on the bitt of the bridle, and be-
fore you water him ride him 5 or 6 miles: dress him thus
5 ot 6 times. MS.

Another. Take 3 pintes of Chamberly, boyle it till it come to a

quart: then putt to it of liquorice and anniseeds, of each half an ounce beaten to powder: of fresh butter and sugar, of each a quarter of a pound, 2 nutmegs beaten to powder, 2 penny worth of treacle; Mingle altogether and give it in the morning bloud warm; ride him after, till he be warme, then cloth him up very hott. M.S.

Another. Gather dockseed, between the 2 Lady dayes in harvest,

take half an ounce of it and beat it to powder, searce it, & putt to it a quart of new ale out of the fatt: & putt to it half an ounce of anniseeds and liquorice beaten to powder. and give your horse half therof. Then take as much hogs grease clarifyed as the quantity of an egg, make therof 2 balls, and give it the horse at the same time: after *that* give him the rest of the drink: give it in the morning fasting, then ride him, and set him up warme, and continue him fasting for 2 howers. MS.

Another. Take the yolks of 2 new layd eggs, an ounce of

Venice Turpentine, and a pinte of plantain water: beat all these very well together; but before you give it the horse let him be ridden, to make him a little warm: then give it him, and after ride him, but not to sweat: then sett him up and cloath him well, and let him stand 2 howers. without any meat: then give him a mash made with malt, Give this to your horse 3 mornings, letting a day pass between every drink, and you will see a good effect. Also to give your horse morning noon & night a handfull of groundsill cutt amongst his oates, is very good for a cold. MS

To cure a horse of a cold. Take a head of Garlick,

wash it and wrap it up in fresh butter: let your horse stand onely an hower before and 2 howers after, then take half an ounce of diapenthe, half an ounce of flos sulphuris, half an ounce of Madder: put these into half a pinte of ale, warme it, and let the horse be clothed well, and well litterd up: and have no meat of 3 howers after: at night give him a quart of warm mash: give it every other morning for 3 mornings. MS. *Lady. Byron .*

Corns on the feet. v. Warts.

Take housleek and bray it in a mortar, lay it to the place
where your corn is, it will cure it. probatum. M.S. Dr Hunton .)

Another. pare your corns well, then take a black snayl and bruise

it: put a drop or 2 therof on the place grieved, adding thereto
a little powder of Samphire. This with constant use will assuredly
take away the corn./

ffor a corn. Take a cocks or hens dropping hott, and lay the

same to your toe, or other part so affected: and lap the
same with a linnen cloth, and let it ly all night -

Or rub the place affected with the bone of a dead man.
Or rub corns or warts on the garment it cuckold. MS.

Lady. Byron .

Seeth lilly root in vinegar, apply it to corns for 3 dayes
without removeing. it will take away cornes. ibid.

Warts & corns are dry excrements, bred of phlegmatick bloud
mixt with melancholy. They are both cured with the same:

remedies./ To cure warts some cutt them, & then season

the place with coperas water, or with salt & the iuice

of an onyon. Some pare them with a Razor & then

apply the powder of Bolearmoniak with a little Vi-
negar. Others consume them with oyl of Vitriol. To

destroy corns, before you cutt them, lay a bruised snayl
on the corn a whole night, to supple & make it tender.

or else a little piece of veal or fresh pork; then

pick out the corn: which when you have done, if it
bleed, stop up the hole with a little powder of terra si-

-gillata or Bolearmoniak, or else with a plaster of

Diacalcitheos or of Paracelsus Stiptick plaster. If the
corn do not bleed after cutting, touch it with a little

Mercury or Coperas water, or lay a peece of bruised
snayl on it, thereby to extract the Residue of the Me-

lancholick excrement./ Dr Vaughan ./

If you cutt your Corns till they bleed, or any thing else,
clap a paper wett in your spittle, it will keep it from
rankling. MS. *Lady Byron*

ffor Corns. Cutt them, and put the bloud of the quill of

a young rook upon them, & let it dry on. ibid./

Corns bathed in iuice of housleek or Sengreen, &

a skin of the leaf layd over the place, are cured.

- It is good also to use syrup of ffumitory to dispell the Melancholy humor the Cause of corns: drink of it in whey. - Culpeper Dispensatory./

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Damsin or other plumbs to preserve.

Take the greatest and fairest damsins you can gett: gather them with long stalks, and see that none of them be perished or wormeaten; to every pound of Damsins, put 3 quarters of a pound of sugar, and to 4 pound of Damsins a pinte of Rose water: beat your sugar and rose water together, and seeth it together till it bubble: then stirr it and take it off the fyre, and putt in your damsins, and then be upon the fyre, till they be soft: then take them up and lay them one by one in a dish, till they be cold: then seeth your syrup till it be somewhat thick: then putt in your damsins and let them seeth a walme or 2 upon a soft fyre: then take them off, and let them stand till they be all most cold, then putt them in potts and cover them. And with in a short time after you have preserved them, you must look to them lest the syrup wax thin, which if it doe you must power it from them and boyle it againe, and for every pound of your foresayd damsins, you must take a quarter of sugar more, and a little rosewater, as your discretion will serve. that done, being Lukewarm, putt in your damsins, and keep it for your use. MS.

Deafness. *vide* Eare: where are more Remedies./

Take earthworms and fry them with goose grease, strain them, and drop therof a little warm into the pained or deaf eare: use it 6 times, it will help. M.S.

Another. Take a peece of green Elme or Ash, and lay it

in the fyre, and receave the water that comes out of the ends therof: take also the grease of an Eele that is red beneath the Navil: boyle these together a little on the fyre, putt it in a glass, and at going to bed putt some into your ear luke warm: in 2 or 3 dayes it will help. probat MS.

Another. Take an Urchin, fle him and rost him, keep the
grease that drops from him, put some into the ear, and it
will help. *probatum* MS.

Another. Take a brick, and make a hole in it, then heat
it red hott, and put some wine vinegar into the Hole
of the brick; then sett a Tinn ffunnel over the vinegar,
and putt the little end of the funnel in your eare, so that

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the steame of the vinegar may come up into your eare,
Then take garden worms and cut them in peeces: boyle
them in sallet oyle, and drop some of this oyle in your
ears, and at night when you go to bed, stop your ears
with black wool. *probatum* MS.

Impediment of hearing. Take womans milk, make it very hot,
then take a linnen cloth, and bath your ear with it as hot as may
be: then take half a pinte of Malmsey, and putt some cloves in it,
and sett it on the fyre, till it be boyling hott: then take it off and
set a little tunnell upon the mouth of the pott wherin the malmsy
was heated: then turn your sore ear to that tunnell, and receave
the smoke into your ear. You must also take oyl of bitter almonds,
and use it as you did the womans milk, bathing your ear with
it as hott as may be: and if you can abide it let some of the
oyl drop into your eare. These must all be used as hot
as you can, and done one after another: and while you take
this medicin keep your head very warme; when you have
taken the oyl of bitter almonds take some black wool and
stop your ear with it: but dip the wool in the oyl first. M.S.

To help hearing. Take new milk, seeth in it some crums of Man
chet; let it boyl till it be thick enough to spread on a cloth,
then putt into it the yolk of an egg, beaten as you make a cau-
dle: let it not seeth after the yolk of the egg is in; but when
it is very hott, put into it a pretty quantity of the gall of a
bullock, or ox: stirr it well together, and lay it on a cloth
spread very warm, on the payned place: changeing it as it
feels stiff and cold. M.S. *probatum*
ffor deafness: in A morning drop 1 drop of oyl of
bitter almonds into the deaf ear: then stop it with black

Another. Take the fatt of Bacon, cutt it into a

long pellet: put a thrid throuh it for fear it
go too farr into your head: let it ly in all day. shift it
every morning: the constant use of this hath cured one
that was very deaf. Leave the thrid out of the ear,
but thrust the bacon in as farr as you can en-
dure. *ibid.*/

Concerning [^]Baknecobia, ie thick or dull hearing./

We mean such as comes by an externall cause:
and is discerned (whether it be a Tumour or
thick matter, or any other Heterogeneall sub-

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stance which filleth the Cavities) if you look
on them in the Sun; if any thing hath fallen
into the ears, the Patient will inform you.
The Certain Cure is this. Let the Patient take
his Morning Urine, and let it stand in a glass to
putrefaction, till it stinketh: then let him morn
ing and Evening inject his ears with it 3 or 4 times,
warm it when you use it. After the injection
putt in 3 or 4 drops of this oyl into the eares.

Rx Candy oyl 3 ii. putt into it 60 hog lice (Sowes)
boyl and strain them, then dissolve in it 10
grains of Musk, and keep it for use. Let the
body be purged 3 times in 12 dayes with this purge,
Rx Alloes 3 ss. Rubarb dram symbol ss Sena 3 ss pulp of
Coloquintida 3 i with Syrup of violets make
a mass, and take of them 3 i or less according to
the age or strength of the patient. Take it
very early in the Morning. This Method
never failed if the distemper came of an out-
ward Cause. GB. Short Method of Physick.

Paraconsis or Noyse in the Ears./

It comes from a preternaturall Motion of the
air containd in the Ears: the causes of which
are Many, but chiefly a vapor or winde sent
up from other parts into the ears, or bred
there. It comes either from the whole body or

some particular part, viz, stomach, Liver,
spleen, midriff, womb: wherefore in great vo-
miting, in Hygochondriac Melancholy, there & in
fitts of the Mother there is a noyse in the Ears.

In feavors it comes from the whole body: &
Hippocrates saies such a noyse in the ears come
-ing in an acute disease is deadly: for it cometh
of Winde sent by the Arteries from the whole
body into the Ears. If the noyse come from con-
sent with other parts, it is cured by the cure of
those parts; if it come principally from the
Ear, or cold, or thick Vapours; it is cured
as thick hearing beforesaid. Idem.

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To make Diacetanities.

Take quinces, and pare them and core them, stamp them
and strain them very hard, let it stand 2 howers, then put
out a quart of the clearest, and put thereto a pinte of Vi-
negar, and 2 pound of sugar, and clarify it with whites
of eggs, as you doe other syrups: putt to it one ounce of
pepper, 1 ounce of ginger, and as much ~~ginger~~^{cinnamon} as you think
good, seeth it to the heighth of ^a syrup, strain it from the
spice and keep it. MS..

Biteing of Dog Mad, or Stinging of Adder *vide* Biteing, and Adder.)

Dove house to store.

Take a fat dog and flea him, fill his belly full of Cummin
seed, then rost him dry: wash also the pigeon holes, with
water wherin Cummin is sod (but first cleanse the holes)
then lay the rosted dog, upon a broad stone in the dove
house: also take good clay, and mingle it with bay salt
and Cummin, and make therof a great Lump like a
sugar loaf, bake it very hard in an oven, and sett it
by the dead dog; also make a scrap by the dove house
of Chaff, then lay therein a good quantity of barley
steepd in honey 3 dayes: this will quickly store your
dove house. M.S

Dropsy.

Take parsly and selandine of each a like quantity, and putt

it into a still: then take the gall of an ox and whitewine, mingle them well together, and sprinkle the herbs therewith: then take the powder of an Nutmeg and strew likewise on the same, (and if there be any stones in the gall, strew them small broken, upon the herbs also.) then still, and save the water therof, When you will use therof, take a bole of whitewine, a little before you go to bed, (you must eat no supper that night you take it.) and putt thereto 6 spoonfulls of this water: it will make you voyd a marvelous deale of water. *Sir Robert Oxenbridg* having the dropsy, was onely preserved by this medicine, and every night he took the same he voyded 3 Urinalls full of water. *probatum.* MS.

Another very good one. Take green broom a good quantity and

burn it to ashes in some old Kettle: take a pound of the ashes, and putt thereto 5 quarts of Rhenish wine, in an earthen vessell, and lett it stand 24 howers, stir ring it now and then; then take a jelly bag and let

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it run through 3 times; by which time it will be clarifyed & look like sack: put it in bottles, and drink therof as much as you can betwixt meales: you may putt in a little sugar to make it more pleasant. M.S.

Another. Take a gallon of sack, 3 or 4 handfull of hartshorne,

boyle it while it be a pottle, then spread it on a linnen cloth, & lay it on the leggs, arms or brests that are swelled: it will bring much water from them; lay on fresh as often as need requires; it will be very painfull in the pulling of, as though it would pull flesh and all off: but it is approved good: this helped Mr Daws of the Customs house, of a great dropsy, which came by loosing 100 ounces of blood. MS.

Another. Take a water snake; tye him by the tayle with a

cord, and hang him over a vessel full of water, and after a certain time he will avoyd out of his mouth a stone; tye this to the patients belly, it will dry up the water. M.S.

Another. Take the roots of Elder sod and strained; drink it 30

dayes together, morning noon, and night: it cures perfectly.
probatum MS.

Another. Take of best Turpentine. 1 pound: franckincense, mastick,

myrrhe, of each 2 drams, Labdanum 1 dram; Nutmegs, cloves,
gallingale, Zedaory, of each a dram & a half: of the iuice
of wallwort and Cowcumber, of each an ounce: let them
be powdered *that* are to be powdered, and to mix them alltogether
and putt them in a Lymbeck and distill an oyle therof, It
is a rare secret, not only to take away the swelling in
the belly in the dropsy called Assites; but also any phlegma
tick swelling of any other member of Mans body: and it is
very good for the paines of ioynts and members, of a cold
cause. MS.

Another. Take half a peck of Rye meale, knead it with water

and make a pye therof, and putt therinto a good peck of red
Sage: bake it in an oven, with brown bread, and when it
comes hott out of the oven, break it into small peeces,
and putt it into 5 gallons of new wrought ale: and
when it is a little stale, let it be spent. *probatum*. MS.

Another, Take a handfull of wormwood, dry or green, as
much of green broom, and as much of the Inner green
bark of Elder: burn all these to ashes upon a clean harth;
to a pinte of these ashes take a pinte of running water,

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putt the ashes in a fayr cloth, and pour the water through the
ashes so oft, till you have taken all the strength of the ashes
away. Take 4 spoonfulls of this water in the morning fasting,
and at 4 a clock in the after noon. It is better in white
wine. MS.

A decoction against the dropsy. Take of the Chips of Guiacum

wood, 2 ounces: Sassafras wood cut small, 1 ounce: of the Roots
of Swallow wort, fflorentine Orris, of each 1 ounce. Agrimony,
pennyroyall, horehound, of each 1 handfull. Roman WormWood
half a handfull, Iuniper berries and parsly seed of each 1
ounce, Clove bark, 3 drams: boyl them in white wine and water,
of each the same Measure, unto a quart: strain the liquor, and
therin dissolve 3 ounces of Clarifyed honey. Dr Harvey .

ffor the dropsy or swelling in the leggs. Make a pair of
linnen hose double, very large, and fill them as full as you
can with fine ashes, and wear them: let them come up as
high as you can, even to your belly. MS. *Lady. Byron . probatum.*
Elaterium is excellent for the dropsy, it is made of the
iuice of wild Cucumbers. ibid./

To cure the dropsy. Rx Red dock roots and scrape them,

and take out the pith, boyl them in clear posset drink,
a quantity fitt for the posset drink: drink no other drink
for a forthnight together. Then take a peck of oats &
seeth them in fair water, till they be all most ready to
break; then putt them into a payle or a bowle, and
lay a little ledg over it: then set your legs over
the ledg, that the vapor may come to your legs, and
as you sitt over the boyled Oats, cover your leggs close
to keep the vapor to your legs; do this every night for
a forthnight together, and go to bed and keep your
self very warme. ibid.

Dropsy. Drink your own water the quantity of half a pinte

or more every morning fasting, for 9 mornings together,
let it be warm: then leave off for a week or forth-
-night; then drink it again. It is also good for the green
sickness: you must use it but twice in the year and that
is spring and fall: for one month or 6 weeks in the
spring, and as long in the fall. ibid.

ffor dropsies of all sorts. Rx 9 red mints, 9 cropps of

blinde nettles, 9 crops of sage. Stam them & drink
them with ale that is stale, morning and evening,
9 dayes. ibid.

93 Dropsy. powder of Sage drunk in any thing, or eaten with
bread & butter./ ibid./

Dropsy. 2 spoonfull of the juice of blew flower de luce

in posset drink ibid.

Against the dropsy, whether it be Ascites, Timpanites or Anasarca, the rasure or scrapeings of harts horn, being finely beaten & used in broth or drink, will not onely prevent, but cure this disease if taken in time. Use Tobacco with oyl of Anniseeds, & every 3^d day purge with this Hydropick wine. Roots of Ireos 3 ii. bark & rinde of Elder & Ebulus ana 3 i dried wormwood, 2 drams: Sena. 3 i. Cinamon half an ounce; boyl these gently in a pottle of wine & so drink it. It is a generall rule in this sickness; you must begin with gentle receipts. Coleworts of the Sea, called Soldana or Soldanella, boyled with the broth of fat meat; or dried & taken in powder with Sugar & Cinamon, to the quantity of 3 drams of the said Soldana, in wine or Whey, will miraculously cure the dropsy. It would be of great force, if 2 3 of it were infused in Mechoacan ale. Once a week take this Clyster. Camomill & melilot flowers ana 3 drams: Rue 4 drams: Bay berries, ffennel seed & Cummin, ana half an Ounce: Centaury 1 hand full, Agarick 1 dram; Brann 1 ounce; let the decoction of all these in oyl of Camomill, with 1 ounce of hony be made to a Clyster. Lay this plaister to the Navell. The plaister of Bay berries, called Emplastrum de baccis Lauri; of goats dung, of each 4 Ounces; Cummin seed 1 ounce & half; let these with oyl of Nard be made into a plaister. Dr Vaughan ./

An approved thing for the dropsy. Putt sweet Marioram

into all one eats: boyld in ones meat & broth; & the powder of it in ^{drink} milk is good for all raw humours. The constant eating of it hath cured those who have been so swelld, they could not remove out of their seat.
MS. *Lady. Byron*

An Excellent Purge for all dropsicall humours, cold
and moyst bodies, & for the pure pox. - Rx. Extract

of Rubarb, Extract of polypody: Cassia new drawn,
Manna, Scamony, Alloes Suecatrin washed, ana a
dram: Castoreum half a dram. hony 1 spoonfull, white
wine half a pinte: boyl them exceeding well to a
mass for pills. Dose half a dram. in pulpe. - old. MS.

Dwarf Elder is good against the Dropsy. MS./ 94
There is an herb called Amara dulcis, Morrall
bittersweet, Woody nightshade, ffelonwort. Take a
pound of the wood and leaves together of this herb,
bruise the wood, then putt it into a pott, and putt
to it 3 pintes of White wine: putt on the pot lid
and shutt it close: then let it infuse hott over
a gentle fyre 12 howers, then strain it out. So
you have a most excellent drink to open obstruc-
tions of Liver or Spleen, and for the dropsy,
difficulty of breathing; bruises or falls, and
congealed blood in any part of the body, the
yellow and black Iaundice and to cleanse Women
newly brought to bed. Drink a quarter of a pinte of
the Infusion every morning; it purges very gent-
-ly. Culpeper . Engl. Physit./

Water Agrimony, Water Hemp, bastard Hemp,
Bastard Agrimony, Eupatorium, and Hepatorium:
are all one thing. It cutt thick and tough hu-
mours of the brest: it likewise helps the dropsy.
Iellow iaundies &c. Id.em ibid./

The black Aldertree: (perhaps the same
with dwarf Elder is a tree of Venus: the
inner yellow bark purgeth downward both
Choler and phlegme, in such as have the drop-
sy. If the bark therof be boyled with Agri-
mony, Wormwood, dodder, hopps, and some
fennel, with smallage, Endive and succory
roots, and a reasonable draught taken every
morning for some time together, is an ef-
fectuall Remedy against the iaundice, Dropsy,
and evill Disposition of the Body; especi-
ally if some suitable purgeing medicine have
been taken before to voyd the grosser excre-
ments. Note. you must use the dried bark:
for the fresh green bark taken inwardly
provokes strong vomitings, and pains in
the stomach, and gripeings in the belly.

Idem ibid./

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To keep from being drunk: or cure when drunk
Take before you drink, 2 spoonfulls of bettoney water, then drink
as much as you will. M.S. -
Item the decoction of wormwood drunk fasting in a morning.
- Item safron drunk in sodden wine. - Item 5 or 6
bitter almond eaten fasting. - Item the yong leaves of
Coleworts eaten raw with vinegar, or parboyle, taken after
meat do cure drunkeness. - MS. Lady Byron Item eat of the

roasted lungs of a goat. But the best way is to eat
good store of meat before you drink one cup. -
Coleworts are good against drunkenness, because the
vine & the Colewort planted together will never
grow. Dr Vaughan .

To make one sober that is drunk. Eat Coleworts,

or some kinde of Confection made of brine: or
drink a good draught of Vinegar: but the best
remedy is sleep./ Idem.

To make drunkards hate wine. Make him drink

the blossoms of Rye, at what time the Rye blossoms
in a draught of white wine. Or take 3 or 4
live Eels, lay them in wine till they dye, and cause
him to drink the wine. Or give an infusion of
medicines in that liquor the party loves best:
v.g. the powder of Stibium or steel mingled in
wine. Idem. A barble stifled in wine, & that wine
drunk, makes a man hate all wine. idem./
Pliny saies that the yellow berries of Ivy are
good against the iaundice, and taken before
one be sett to drink how they preserve from
drunkeness and help those that spitt blood.
Culpeper s Engl. physit./ The iuice of tree
Ivy snufft up the nose purges the head, is
admirable for surfeits or head ache, or
any other ill effects comeing of drunkeness.
his temples bound about with Ivy. The best
way is to boyl it in the liquor you gott your
surfeit by Drinking. Idem ibid.

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A Drink a-for Cattle.

Take a penny worth of bolearmoniack, 1 penny worth of
ffenegreek, 1 penny worth of Turmerick, a quantity of E-
nula Campane roots, a quantity of Long pepper, a penny
worth of graines, 1 penny worth of oxe boote: a quarter
of an ounce of spyknard: shred it very small in new ale
as strong as you can gett it: mix all these together, and make
it warme, and so give every beast 1 pinte. M.S.

Eare payned.

Take a great pippin, take off the top and core it: putt into it white ffrankincense, and a half penny worth of saffron, and a peece of sweet butter, lay on the top againe, wrap it in a wett paper and rost it in the Embers, and when it is rosted enough and soft, then if the pain be in both eares, cutt it in the middle and clap the same to both eares, as hott as you can suffer. (But be sure to lay a fine rag between the ear and the apple, lest the medicine go into the eares,) and if the paine be but in one ear, lay to it half, and at the next dressing warm the other half and apply it as warm as you can suffer it. MS.

Another. Take a great Onyon, cut a hole therin, and sett it in the

Embers to roste, then fill it full of Sallet oyle, and ever as it dryes fill it up againe, till it be rosted well: then take away the uppermost skin theroff, and strain the Onyon through a cloth: keep it in a glass, and when you would use it, putt of it into the whole ear, and ly on the sore ear, when you go to bed: use this 9 nights, and it will help. M.S.

Another. Take iuice of Bettony made somewhat warm, and putt it into the ear: it cures paines, deafness and other impediments. *probatum*. MS

To Take an ache out of the ear, proceeding from cold. Take bettony, rosemary, time and sage, of each a handfull: boyle them in a quart of sweet milk: which while it is hot you may power into a narrow mouthed pott: and let the patient lying in bed, hold his pained ear over the steam; it will presently help. MS.

Deafness of the Eares. Take the flowers of Rosemary, stamp and strain them, then take the juice of them and putt it into your eares: use it as you shall see occasion. MS. *Lady. Byron* .

Against the ringing and deafness of the Eares. Take the oyl of Castoreum ii. oyl Rosett and oyl of bitter almonds of each i. of aqua vitae ii: mingle alltogether and seeth it untill the Aqua Vitæ be consumed: then every night when you go to bed drop 4 drops into your Eares, and stopp them with Musk. MS. *Lady. Byron* .

A Receipt to Cure *the Farcy* in a
Horse,

As soon as ever you perceive *the swellings & little knobs in the veins*, Cast *your Horse - & lett a blacksmith slit & burn the knobbs, Espetially the uppermost, according to Art - & put in your poison to make them rot & tumble out.* then let him blood *the Horse in the same vein where the knotts appear both above & below, the next morning blood him on both sides the neck & take about 3 Quarts of blood from him, & the same day prepare the following drink for him.* Take a hand=full of Each of the ffollowing herbs, Liverwort, wormwood, Rue, fennell, Red sage, & lavender, Chop these herbs very small, & boyle & ^ put *them in a Gall, into ^ a Gallon & - half of fresh Tannerrs Ouse, you must alsoe put into the Ouse, English Ruberb grated verry small, 2 ounces. Aniseeds 1 ounce, & turmericick half an Ounce, these 2 dried & beaten very small in a Morter. infuse those altogether over a soft fire for above an houre to a scalding hight but let *them* not boyle*

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when you goe to bed lessen *your fire, & let it stand Covered & soe as it may Keep warm all the Night in the morning Give your Horse a Quart of it (after it is well stirred together) & soe every third day till it be all vsed, Ride her Easily before & after, & Keep her warm give - her no meat of 2 howers nor water (which should be warmed) of 3 howers.*

Memorandum You may Get Liverwort in the brook *that runns in ffa: Stoudfoulds .*

while heis takeing this drink, you must prepare *the following, to wash his Leg & other parts affected to Keep them Clean./ Take Half a pound of Coperas Half a*

pound of Allum, an ounce of Roman
vitrioll, boyle *thes* gently in a Gallon of
netting & wash & Clean *the* part affected
with*the* same.

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97 Deafness in the eares. Take sallet oyle and vinegar and

mingle it with wheatten meale, make therof a Cake and
Bake it on the hearth; then make a rowle of linnen
cloth to lay upon your ear, lay^{eav}ing onely the hole of the
ear open: take a peece of that hott cake of a good thick
ness, lay it upon that cloth, so as the heat may come in
your ears lay it to both: if not, to that onely where the
Noyse is: and cast a hott half sheet on your head to keep
air from your eares: and when the cake is cold, putt on
another that is hott: and in little time you will finde
ease. MS. *Lady Byron*.

or else. Rx: a shell snayl, and prick him full of holes

with a needle, and stop the head with your thumb.
Take the water that drops from the snayle, mingle it
with sallet oyle, and warm it a little, and wett black
wool in it, and thrust it into your ear as farr as you
can but first make fast a thred to the wool, to pull
it out by: use it oft. M.S. *Lady Byron*.

or else. Rx. Sweet Marioram, wormwood, Rue, Mellilot,

a spoonfull of Anniseeds, as much Cummin seed, seeth
all these in Malmsey and take the fumes at the ear. ibid.

or else. Rx. the gall of a hare, mingle it with womans milk

and at night when you go to bed putt a drop or 2 into your
ear, and stop it up with black wool: and the next night
putt it in the contrary eare, and stop it like wise. use
it for 5 or 6 times, first in one ear and then in the
other. M.S. *Lady Byron*.

ffor Deafness and noyse in the head. Take a good quantity

of Rosemary, boyl it in running water so as the water

may be very strong of the Rosemary: then putt it into a close pott, and over the mouth of the pott sett a Tunnelle: so as the little end of it may stand upward, and sett the hole of the Tunnell against the hole of your eare, so as the steame of the Rosemary may go into the head, as hott as you can suffer it: use it once or twice every evening for 3 or 4 dayes together, casting a cloth over your head to keep in the heat that may be. ibid.

or else. Rx. a quart of Malmesey, one handfull of rew, as much of wormwood, Cammomill, Rosemary, and Bettony of each a like quantity is, a handfull: boyle all these together from a quart to a pinte; then take Spunges and wett them in the same liquor,

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as hott as you may suffer: and so wring the liquor out of 98 the spunges and hold them hott to you eares, that the steam of the heat may go into your head, covering your head with a warm cloth all over: that the heat may be kept to the head. M.S. *Lady. Byron ./*

ffor deafness . Rx. an onyon, pick out the core and fill the hollow place with powder of Cummin seeds, out of bitter allmonds, and rue leaves stampd small: roast the said onion in hott embers till it be tender: then pill it and strain it, and wring out the juice therof hard, and drop 3 or 4 drops therof warm into the ear with a feather over night, and stop it gently with musked cotton and soft wool. probatum ibid.

ffor burning. Rx. the water that drops out of green ash bur-burning, the grease of an eel rosted and a quantity of honey: strain all through a cloth and putt into the eares. ibid./

ffor deafness. Rx. the budds of an Elder tree, bruise them and strain out the juice: warm it in a spoon and drop some of it pretty hott into the ear. *Probatum ibid.* pro surditate. ffirst purge with pills: then take oyl of Turpentine and bitter almonds: then take Rye bread hott out of the oven, sprinkle Aqua vitæ and Nutmeg upon it

and apply it as hott as you can abide to your Ear. Mr
Butler . ibid.

Singing in the eares. Rx. black wool and wett it in rose-

water and womans milk and stop the eares with the
wool. ibid.

To draw an earwig out of the ear; put in powder of
Alloes with vinegar. ibid.

Angelica water putt into the ears cures the ach. ibid.

Deaf eares. Bake a round loaf full of sage, break it

in the midst and apply it hott to the eares 3 or 4
times. ibid.

Another. boy1 Cummin in oyl olive and strain it, and

drop it in. ibid.

Eares pain and dull. Rost the oyl of olives in a great

onyon on the embers, and as it drinketh in fill it
with more: then pill it and strain it, and put therof
into the whole ear, and ly on the sore ear: do
so 9 nights together if need be. ibid.

Ears grief. Let one that is fasting blow sallet oyl into

the eares, out of his mouth, and turn down the
head that the ordure may runn out. ibid./

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Eyes Distempers to Cure.

ffor eyes that run. Take black snayles, seeth them in fayr water,

then take the grease that is on the water, and anoynt the watery
eyes therewith. MS.

Red bleered eyes. Take iuice of Rew and powder of Cummin, min-

gle them together. Then take Cotton, and dip it well therein, lay it to the eyes, and anoynt the temples, brows, and lids therewith. M.S.

The virtue of Betony for the eyes. Betony stamp't and made in to a playster, and layd to the eye, healeth a stripe in the eye: and if the eyes be washed with the water wherin bettony is sodden, it will keep them whole, without dimness or other blemish, If you drink a dram of the powder of Bettony, with the water of betony, it will bring down and heale the clowdiness and bloudyness of the eyes: and if bettony be eaten, it dryes up the tears of the eyes. all this and much more bettony performs. MS.

ffor bloud shotten eyes, or any burning in the eyes. Take housleek,

and stamp it and strain it, then let the iuice stand a while in a fayr dish, and all the thickness will draw to the bottome, & the uppermost will be like clear water. then take a new layd egg, and pare off the crown round, with a knife, and powre out all that is within the egg, and putt in it the clearest of the iuice of the housleek, as much as will fill half the shell and a little more: then putt in a little womans milk, and a little iuice of dazy roots, so that the shell may be allmost full. then sett it to the fyre in hot embers, and when it boyleth ready to run over, take it off and strain it through a fine cloth, letting it run of it self without crushing: when it is strained, putt in as much white coperas as the bigness of a little white pease: putt it into a violl, and every morning and evening putt a drop into the corners of your eyes, and so use it till they be well. M.S.

Another for the same. Take an egg, or as many as you will,

beat the whites very well, take the iuice of housleek and mingle them together, fill the eggshells with them: set it on a soft fyre and let it boyle: then strain it and keep it close. M.S.

webb in the eys. Take the white of an egg, and the iuice of

pellitory of the wall: beat them well together, and then scum it, then let one drop of it be put into the eye and it will help. MS.

The vertues of Eyebright for the eyes.

Take the leaves, stalks and flowers, with the whole substance when it beareth flowers, and distill them: the water therof

dropped and streaked about the eyes, causeth clear eyes, and

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sharpeneth the sight. eases the pain of the eyes; The water dropped into the eyes an hower before night, and stroked about them, and 3 ounces therof drunk, comforts, strengthens and preserves the sight, especially in aged persons, and in flegmatick complexions. The hearb dried and made to powder, and eaten every day in a reer potched egg for a certain time together, refreshes sight lost, nay restores it. The water mixt with half a dram of the powder, and drunk every morning for a month or 40 dayes recovers a weak sight. MS.

Heat in the eye brows . Take the white of a new layd egg, hard

rosted, strain it through a fair cloth, and there will come out a water: wherwith anoynt the eggs at going to bed. MS.

ffor the eyesight. Take sage, red ffennell, vervain, bettony, eye-

-bright, pimpernell, cinquefoyle and herbgrace: lay all these in white wine all night: then still them: this water is excellent: MS.

Another. Take wine made of the Decoction of Tormentill and

drink therof dayly, without any other drink, the space of 3 or 4 months together: and the herb therof sodden, and every evening playstered over the eyes, restores sight to those who have their eyes as tho they did see and yet are blinde. MS.

Eye bruised. Take the iuice of dazy roots, after they are clean

washed, and dried againe; take the juice of fennel, the white of an egg well beaten, and a little rose water: temper all these together, then take a little flax and wett it in it, and lay it to the eye: If a drop or 2 be put into the eye, it will do better. MS.

An eye bruised and swelled with a blow. Take the white of an egg

and beat it to oyle, mix it with green Carduus or ffennel stampt small; spread it on flax, and apply it to the eye morning and evening till you finde ease. And if the eye be sore within, and be hott and matter, wash it with the juice of housleek, it will coole and cleanse it. MS.

Take the treadle of 7 or 8 eggs of a white hen, grinde them with a spoon in some earthen dish, till it become a thick froth, then with a feather stroke some of it into the eye 3 or 4 times a day: use this till the skin be quite healed, and you must apply no other medicine till it be perfectly cured.

Then if there be any filme on the sight of the eye, you may apply the oyntment of the herb willow heerunder written: and if the eye be red or hott, then take a shell snayle and prick a hole in it, and let the bloud drop into the eye, it will coole and cleer very much. MS.

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ffor pearl or filme in the eys, the oyntment of the herb

willow

- Take a pound of fresh butter, unwashed and

unsalted, the butter milk being beaten well out of it: then clarify it well and scum it clean: then take half a pound of the fresh leaves of the herb willow, and boyle it in the sayd butter till the herbs be crisp: then strain it out into a clean pot, and keep it close covered. This is exceeding good for the pearl in the eye, and for any filme; and it is used thus: take the quantity of a great pin head of this oyntment, put it into the corner of the eye, next the nose, and hold open the eye till it be all melted in. You must never use it but at night when you are in bed. MS.

To Take away a film in the eye. Take burnt allum beaten &

searced, as much as will lye on a sixpence; then take white sugar candy beaten and searced, as much as will lye on a shilling, mix them very well together, then take half as much as will lye on a single half penny, and putt it into the eye, the party lying on his back, and so let him lye, till it doth leave smarting. And if the Rheume be very much in it, then take Gumm Sarca colla beaten and searced, and putt it into the eye, the same quantity, as you doe of the other, for it is of great vertue to dry up the Rheume. and if the white powder above sayd be too smart for the eys, then you may mix it with some of the powder of the Gumm Sarcolla: or else you may putt in the white powder one day, and the gumm another. This you may do as you see occasion. put in this powder once a day: and the oyntment of the herb willow, at night. If the Rheum be very much: then take of the fine powder of bolearmoniak, and mix it with the white of a new layd egg, being first beaten to an oyle: spread it on flax, and apply it to the temples. And at night when the oyntment is well melted in the eye, then lay on a playster the bigness of the eye spread with the white-eye-oyntment heer underwritten. You shall do well first to draw a blister in the neck, which must be thus

made. Take the powder of french flies, as much as will ly upon six pence mix them with the Crums of Rye Leven, crumbled very small, the quantity of a walnut, half a quarter of a spoonfull of mustard; mix them together with white wine vinegar, and make a playster of it, as big as youthink fit, and lay it to the nap of the neck, and let it ly on 24 howres, bindeing it very close from slipping, and when you take it oft, cutt off the blister, and lay on a playster of Diaculum: shift it twice a day till it be whole

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and if there be occasion, when it is whole, you may make an issue in the neck, and so keep open. MS.

The white oyntment, very excellent for hot Rheume in the eyes.

Take 2 scruples o Camphyr, and half an ounce of T.H-Tutty prepared very purely: 1 ounce of virgins wax, 4 ounces of May butter: then melt the wax and the butter together, over a chafing dish of coales; when they are melted, take them off from the coales, and put in white rose water, or fayr water to cool them, and wash them together a great while: then powr out the water, and putt in the Camphir, and gray Tutty, and work them well together with a wooden splint: put them in a close pott, and when you use it, anoynt the upper lidds of the eyes at night, and in the morning. This oyntment is very good for hot Rheume in the eyes, and to allay the Itching of them, if it be applyed as above sayd: and if the eys be much inflamed, you may lay a plaister of this oyntment on them, when the party is in bed, and it will help. You must not use your eyes while you use this ointment. This oyntment is very good for a tetter, if you anoynt it therewith. M.S.

A good eye water for sore smarting eyes. Gather Dew in May

after a hot cleer day, upon Barly, with a thin linnen cloth, let it stand and settle 3 or 4 dayes, then strain it softly, do this till you finde it cleer: then take a new pipkin of white earth, and put this dew in it: then take 3 ounces of white salt clean picked, putt in a clean linnen cloth as big as will hold it. and tye will your cloth. then putt it into the midst of the hott fyre, till it be throughly burnet: then take out your salt, and putt it into the dew, with as much white coperas as a small wallnut. This is your proportion of salt and coperas, for a pottle of dew: let them stand 24 howres in the same pipkin; then boyle it up, even scumming it as it boyleth, as long as any will rise. (Take heed you boyle it not too much) then add to it a good peece of good fine sugar, and when it is cold strain it up, and keep it in a glass for

your use. This is good for sore smarting eyes, if you drop
a little into them 2 or 3 times a day. It is likewise good
for aged peoples eyes, which complain of dimness. M.S.
A very good water for a pin and webb in the eyes; which is a
little white speck in the white of the eye with red streaks
in it. Take ground Ivy, otherwise called barren Ivy,
and of dazy roots, leaves and flowers, of each a good
handfull, wash them very clean, and dry them in a cloth; stamp
them and strain them, and add to the juice a spoonfull
of the foregoing eye water.

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and white sugar candie beaten to powder the quantity of a small
nutt: mix them well together, and with a feather drop 2 or 3 drops
into the eye 3 or 4 times a day: it will soon cure. MS.

ffor swelling in the eye that comes of Rheume. Take a peece of
unwashed and unsalted butter, the quantity of Wallnut, and
half as much honey: mix them well together and spread them on a
linnen cloth; apply it to the eyes morning and evening. The
conserve of bean flowers, spread on a playster, applyed to the
eyes, is very good for the same purpose. So is conserve of roses
so applied. M.S.

ffor a black by a stroke in the eys. Take conserve of roses, &
a little fine Turpentine, and a little cummin seed made into
fine powder: mingle all these together, make a little playster
therof and lay to the eyes. M.S.

Pin and web in the eye. Take new layd eggs, rost them hard in the
fyre; then take the white of them, and putt in a little roch allum,
wring them through a coth, and the water that comes therof,
putt in the eyes. M.S.

Another. Take a handfull of dazies, of woodbinde Leaves and
ribwort of each a handfull: with a little honey all these being
stamped, putt into the eye. M.S.

Another. Take the marrow of 5 or 6 goosewings, clarify it in

a spoon or sawcer: then take so much honey as you have marrow, and clarify if: then mingle them together, and when it is cold, drop a little into the eye, especially when you go to bed; It will cure pin and web, or any other sore eye. M.S.

Another. Take burnt salt and vinegar, beat them together as

small as may be, and temper the same with live honey; put a little therof in the eyes, and it will clear the sight, and kill any pin pearl or web: though it be a double pin or web. If it be a single pin, take this following; take vervain and stamp it and strain out the iuice, and mix a little live honey with it, and put a drop into the eye evening and morning. Note, A pin begins in the candle of the eye, and in short time will eat away the sight: and if it have 2 or 3 streaks spreading out from it, then it is a double pin: if it have none, it is a single one: note also that a pearl begins in the gray of the eye. M.S.

Bleared eyes. Take a new layd egg, and putt it into strong vine-

gar 3 dayes and 3 nights, and it will dissolve the shell; then prick it with the point of your knife and there will issue out a water, wherwith anoynt the eyes and in 10 dayes it will help. M.S.

An excellent water for the eyes. Take Salendine, brown fennell,

sage, vervain and rue, of each a handfull, wash them

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clean, and dry them with a fayr cloth, and so distill them. Drop a little often into the eye: this will recover sight, tho past hope of recovery. probatum. M.S.

Sore eyes. Take a new layd egg and open it in the crown; powre

out all the meat, onely leave the moyst white skin, that will hang with in the eggshell: then take as much of the iuice of housleek stamped and strained as will fill the shell, and put in as much allum as the quantity of 2 pease; then set the shell with the housleek into Embers, and let it boyle up with a curd: then skim the curd off with a feather, and so strain out your water; this is very good for any Rheum in the eyes, or any skin that

grows over the eys. M.S.

Another. Take the juice of fennell, and drop therof into the eyes morning and evening. M.S.

Watering on pained eyes. Take a peece of rare beef, not too

thick nor too thinn: being layd to steep all the night before you use it, in good Aquavith: apply it to the temples of the fore-head, without removeing all night: thus do 3 or 4 nights together; this will help all distillations that come from the head or brain. probatum. M.S.

A water for the eye. Take 2 ounces of Bolearmoniac, 1 ounce of white coperas, half an ounce of Camphor shred small, and made hott in a small pipkin very close covered: afterward sett all these in a pot of water on the fyre, till it simper: then take it from the fyre and putt it up in glasses. MS

Mrs Browns water for the Rheumatick eyes. Take 4 handfulls of eye-bright, at Mid summer when it is flowred; 2 handfulls of Celandine at the same time: 2 handfulls of pimpernell with the red flowers on it: 2 quarts of white wine: steep these herbs in it, about 16 or 17 howers, and remember to putt the eyebright in first: then distill them a soft fyre all-together. MS.

Another most excellent water, for red Rheumatick eyes. Take white greek wine, as it is commonly called, 2 pintes: white rosewater distilled, half a pound: Celandine water, 2 ounces, of fennel water, eyebright water, rew water, as much: of Tutty 6 ounces: of cloves 2 ounces and a half, of rosed sugar candy 2 ounces and a half, of Camphir a dram and half, of Alloes as much: The Tutty must be thus prepared: it must be putt into the fyre and quenched in rose-water mixt with greek wine, 6 times. (but in the end that water is to be thrown away: those things that are to be beaten, must be made into very fine powder, and mingled with the water: and the Alloes must be mingled with the

The Ague Plaster :

Take about a spoonfull of Venus Tirpintine
& about the bignesse of a Nut of frankincence,
boyl them well together & spread them upon sheep'
leather pricked, & Lay over the navell & writh,
Lay not that on till the party hath had 5 or 6
fitts Least the Ague be stoped too soon/

For a Cough of the Lungs.

Take Tarr & make them up into pells with
the powder of Licquorice, aniseds & anycom
=pane, & give 3 of them fasting 3 mornings
together:

For the Heart burning

Take a pint of New Milk, 3 spoonfull of white
Rose water, 1 Spoonfull of white Suger Candy,
Stirr alltogether & drink it of
D: Tirwhitt

For the Ague.

Take a large Lemon, & Squeese out the Iuce
then take as much of the best brandy, mix
them together. & sweeten them to your tast -
Drink it before the fitt Comes. & goe to -
bed Brother Lister .

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waters in the manner (because it is unfitt to be made into powder)
putt it into a mortar, with some of the forsayd waters, and stir
it about, till it be thick and throughly mingled: then put it to the
rest. putt all these into a glass very close stopped, that no vapours
come out: sett it abroad in the Sun and dew 40 dayes & nights,
3 or 4 times every day shake it together, and so reserve it for
use. Lady Cade . probatum. M.S.

An excellent water for the eyes and some sores.

Take a cream pot, or some vessel that hath not been used: pro-

vide so many ounces of white vitriol, as that pot will hold gallons of water: but in winter, when there is any snow, take 2 or 3 handfulls of clear snow; putt it hard down to the bottom of the pott, with your hand or otherwise: upon it scatter a little of the vitriol beaten to powder, and so 2 or 3 handfulls more of snow, and a little powder, till the pot be full, and the powder spent: then cover it with some linnen cloth, and set it in some cellar or the like: and soon after the frost and snow is gone in the field, you shall finde that in the pot dissolved. When you have use for it, put some of it through some old Linnen ragg, by a funnel into a glass or pot, and take thence, as you shall have occasion: the longer you keep it the stronger it will be, it will stain fine Linnen. MS. probatum.

Another way to make this water. Put one ounce of white vitriol,

with 2 quarts of cleer spring or pond water into a glass or pott: place it 9 or 10 dayes in winter, in some warm roome, and in the summer in the warm sun 5 or 6 dayes: stirr it with a stick or the like twice a day: and after 10 dayes it will be for your use. The first is more proper for hott griefs, the latter for cold. The vertues and use are 1. dropped into Rheuma tick eyes morning or evening, it will soon give ease. 2. it will take away any pearls, pin or webb, and filmes growing there and cure bloud shotten eyes. 3. It will cure Ring worms and Tetters. 4. If the Rheume have been of any continuance, then towards bed time put a peece of a red rose cake, 3 inches broad, and 4 long, with about 8 spoonfull of that water into a fruit dish, and sett it on some coales, and stirr it now and then, and turn it when it is well infused; then ~~bake~~-binde it bloud warm over the patients eyes, from the nose over the temples of the head, when they are in bed, and there let it remain till morning: after few nights dressing there is great hopes of ease: for it will take away tormenting paines from the eyes: let the rose cake be shifted before it be neer dry. 5. this used it will also take inflammations from sores, and stay humours from falling thither. 6. also soe layd upon a swelling

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caused by a fall, or the like, soon after it is done, will soon abate it. MS. probatum. 106

ffor Rheume in the eyes: or Megrim & head ache.

Take an egg and rost it hard. and hott out of the fyre cutt it in the midst and take out the yolk: then take a spoonfull of Cumminseed bruised, and as much bay dalt, put it whee the yolk was, and so as hott as may be suffered, binde it from the one ear to the other, along the nape of the neck, and

let it ly 12 howers: thus do 2 or 3 times: it will take away
the paine, and stop the Rheume. MS.

A singular oyntment for the same. Take an oyntment called

Diapompholigos, to be had at the Apothecaries: anoynt the fore
head therwith, or the temples over a chafing dish of coales,
binde it fast to, and ly down on your back the space of an
hower, and with useing this oyntment, you shall finde great
ease. M.S.

Rheume in the eyes. Take stone pitch and spread it on leather,

prick it full of holes, and strew mastick beaten fine upon
it, and it on the neck between the shoulders, and it will draw
the Rheume of the eyes. Dr ffloud *probatum* . M.S.

Another. Take ffrankincense, and melt gently into it some Sanguis

Draconis, and spread it on a playster with a little Mastick,
and lay it on the neck below the hayr. *probatum*. M.S.

ffor a webb in the eye. Take the gall of a hare, and honey pu-
rified, of each a like, mingle them together, and with a feather
lay it on the web. MS.

Dimness of eyes. Take of Tormentill 2 ounces, bruise it

grossly, putt it into a pinte of Canary sack, and distill it,
or infuse if in hott ashes or embers, till a fourth part be
consumed: drink of this in the morning cold, 4 or 5 spoon-
full, and as much in the evening before you go to sleep. Use
the leaves in summer and the roots in winter. It must be
continued 8 or 9 months, excepting Iune July and August,
which are to hott. Some have found the vertue in 6 weeks
or 2 months; some that have used spectacles, have left
them of, by use of this medicine. MS..

Sore eyes. Take new milk, and boyl in it some housleek, and

some fennell, then cover it with a pewter dish, gather the
steam that rises, keep it in a glass to wash your eyes. M.S.
Mrs. Mullenax .

Any pain or Inflammation of the eyes, Take an apple, the
sweeter the better, rose it, or boyle it: take onely the
pap and mix it with white sugar: putt a little of this

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on a cloth, and applyit to the eyes cold: MS
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ffor the Rheum in the eyes, pearl; and pain in the head. Take
dryed wormwood and frankincense, long pepper, a little wheat
flower and the white of an egg, temper them with all; lay it upon
dowless; as soon as it is well, the plaister will fall off, and not
before. It hath cured all sorts of people from 3 years old to all
ages. These 2 plaisters are to be applyed to each temple. MS.

Sore eyes. Take a new layd egg boyld very hard, slitt it and take
out the yolk; fill the two sides of the white with live honey,
a little white coperas, a little loaf sugar: then let it melt,
and strain all in a cloth: drop it into the eye with your finger,
the party lying backward: keep the eye open and roll the head
from one side to another up and down. If it be too weak, put
in the more coperas, or use it the oftener. Mrs Beaumont .

A good water for the eyes.

Take a new layd egg, roast it hard: then cutt the shell in the
midst; take out the yolk, and put some white coperas where
the yolk was: then binde the egg together againe, and let it
ly till it begin to be a water: then take the white froth from
both sides the egg, and putt the same into a glass of fair
running water, and so let it stand a while; then strain it
through a fair linnen cloth, and keep it close stop't in a
glass, and therwith wash your eyes morning and evening.
Rx succi apij, feniculi, verbenæ, chamædries, pimpinellæ,
Cariophillatæ, salvie, Chelidoniæ, rutæ, centinodiæ, mor-
sus gallinæ, Cariophillorum, farinæ volatilis, ana 3 i. pi
peris crassinscule triti, Nucis Moschate, ligni aloes, ana
3 iii. omnia immergantur in urina pueri incorrupti,
et sexta parte vini Malvatici. bulliant brevi tempore,
tum exprime et percola. Repone vase vitro bene Obturato,
hora somni singulas guttas singulis oculis instilla.
Scribunt hanc aquam restituisse virum caecum novem
annis. MS. Lady Byron

ffor the eyes. Rx *summitates salviæ, rovismarini, foliorum rosa-*

rum rubrarum plantaginis ana M i. Aluminis trochæ 3 ii.
Coquantæ seSECONDUM artem in sufficienti quantitate aquæ fone
tanæ ad librum i. Colatura per residentiam depurata,
iterum coquatur cum melle despumato: in fine adde
viridis æris 3 i. fiatque Collyrium. Also
plantane water, red rose water, womans milk, and
sugar candy beaten to very fine powder, or dissolved
in the rest. ibid./

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To clear the sight and comfort the memory. Rx. 3 parts

of the powder of eye bright, and one part of mace mixt
with it: it takes away all hurts from the eyes, comforts the
memory, clears the sight, being drunk half a spoonfull in the
morning with white wine. MS. *Lady Byron ./*

The eye water excellent for all Infirmities and diseases
of the eyes

. Rx. the distilled water of the white wild rose.

half a pound: of the waters of Celandine, ffennel,
and Rue ana 3 ii. Cloves 3 i.s. Sugar candy 3 i.
Camphire, aloes Succatrine, ana half a dram. Tutia
prepared 4 3. Prepare your Tutia thus. ffyre it in
a crucible, and when it is red as fyre in a charcoale
fyre, voyd it into an Earthen vessell, wherin is a
quantity by discretion of red^ white rose water, with a little
white wine that is good and strong: repeat this 7 times
by themselves: but you must bruise the camphir with the
sugar candy, for so it braies best of all. When you
have mixed all upon a paper, putt them into a half
gallon strong glass, and powre the distilled waters theron
then putt to it a quart and one pinte English of the
best ffrench white wine can be had; Iumble all till it
be well mixed. Let it stand fort a month: shakeing
it 3 or 4 times a day. Remember to keep allwayes your
glass mouth well stopped. Afterward use it as you knowe
MS. *Lady Byronprobatum./*

Rheume in the eyes. Rx. Red fennell and Eyebright: boyl it

in sufficient water, strain out the herbs and take some
very good pepins: cut them in two, core them and boyl them

in that water, till they be so tender that you may putt
a straw into them: then put some white sugar candy to
the water: and when you finde your eyes hot and sore,
lay some of the apple to them and change it. ibid./

ffor red and hott eyes. Boyl quince leaves in pure water,

and a little ffennel with them, wett a spunge in it & bath
the eyes warme, and changeing it often let it ly some
time to them. ibid./

ffor dim or bloud shotten eyes: apply alloes with the white

of an egg: ffor Itching eyes, putt in alloes with
fennel water, being kept in a latton basin 15 dayes.
ibid./

The iuice or water of Angelica putt into the eyes
clears them, and sharpens the sight, and takes away
the webbs and mistiness. ibid.

recto of insertion after page 108

To Cement Potts,

mix white Leade & Sallet
oyle together, & soe Sett
it.

To Cement China or
glasses.

Brandy & Gum
arabick steeped together.

To Bleach bees wax

Put it Into warm water
till it be soe soft, *that* you may
Roll it thin, like *the* Lid of a
Pye. then Lay vpon *the* grass
In *the* Sun as you doe Cloath
& water it.

a Dried toad hung about
a horses neck that has
the farcy, will Certainly
Cure him.

To make Hair grow.

Take a Gallon of commen Lye,
six., China-Orange Peels, a little
citron pill - Camomile flowers, bay-
leaves maiden Hair, Each one
handfull; Agrimony half a handfull,
barley straw cut 3 handfulls, dry -
Lupins a handfull, Fenugreek 2 -
handfulls; Burnt Tartar half a pound, -
flowers of Mattweed 5 handfulls: mix all
and put them in an Earthen Pot:
Warm as much as will wash *the head*,
which do ten Times.

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Face heat & redness; hands to clear, and skin

Red face. Take oyl of Tartar, mix it with an equall quantity of rose water, and so much ceruse as is sufficient to make it in form of a linniment: anoynt the face one night with it: this quickly takes away tetteres and other deformities: some camphyr mixt with those kinde of medicins is excellent. M.S.

To clear face and hands. Take a quart of fayr water, a pinte

of white wine, the iuice of 4 Lemons: putt to these bean blossoms, white lilly blossoms, and elder blossoms, of them all one handfull. putt them into the wine and water, and putt into it wild dasy roots, and marsh mallow roots, of each 4: of wild Tansy and fumitory of each 2 or 3 branches, and the weight of 2 pence in Camphir, putt all these together in an earthen pott, and sett it in warm ashes all night: then in the morning strain it through a peece of white cotton: then putt it into a narrow mouthed glass, and set it in the sun 3 or 4 days: and if there be any pimples or redness in the face, take a little of that water out of the glass, and putt the white dung of a hen all that night to steep, then straine it again through a cloth, & wash the face with this water evening and morning: and if you wash your hands, putt in a few bruished almonds: 1 or 1 or 2 will serve. M.S.

Heat in the face. Take a quart of Smiths water, a handfull of

Sage, 1 handfull of Elder leaves, or of the green bark, a penny worth of allum, seeth them altogether from a quart to a pinte: put it into a pott, and anoynt the patient. M.S.

Redness of the face. Take a quart of pure white vinegar, 2 new

layd eggs, shells and all: put them into the vinegar and let them stand 10 days: the pott being well stopped that no ayr come forth: then pour them out all into a basin, prick them, and take out all the oyle that cometh out of them. (and castaway the yolk, skin and all.) when it is setled, putt altogether in a glass, and use it evening and morning. M.S.

Another Take an ounce of Camphir and an ounce of brimstone,

beat then verry fine: then mix them together with strong mustard and veriuice; anoynt the face at night when you go to bed, wipe it off in the morning. M.S.

Another. Take 2 ounces of sulpher vivum, half an ounce of

Camphir, a little Capons grease, and a spoonfull of sallet oyl, make a compound of these, and anoynt the face. M.S.

A water for heat of the face. Take french barley one good handfull,

being well washed in diverse waters, till such time as the water ceases to look red: then boyle it in 3 pintes of water till a pinte be wasted: then putt the water that remaines

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cows milk distilled, and wine vinegar distilled, of each 3 quarters of a pinte, the iuice of 6 Limons, as much comphir as 2 or 3 pease: use it with a white sponge. M.S. (110)

Red face. Take the iuice of lilly roots and vinegar a like quan-

tity, mix them together, and anoynt the pimpled face evening and morning. M.S.

Another. Take a pinte of white wine, one handfull of woodbinde

leaves, 2 or 3 ounces of the water of woodbinde, a quarter of a pound of the powder of ginger: seeth them altogether, till the

same be somewhat thick; anoynt a red pimpled face therwith 5 or 6 times, it will make it fayr. probatum. M.S.

Another. Take a peck of the roots of brackin, otherwise called

fferne, burn them to ashes then putt the ashes into a clean Earthen pott, and put thereto a good quantity of Spring Water: let it stand 3 or 4 dayes, stirring it 3 or 4 times a day, till it be a strong Lee. Then powr off the clearest, and save it in a glass for your use. Thus it must be used. ffirst take a piece of new course cloth: and where the face is hard and pimpled in the flesh rub it with the same, till it bleed: then take a soft cloth, and bath where it is red, with this water. M.S.

Another. Take of fine Mather a quantity, and putt thereto of ale

or beer a pinte: seeth it on the fyre, and when the scum rises, take it from the fyre and ^{^ stirr} putt it in: then set it on againe, and when it rises the 2^d time, scum it off. You must lay your Ma ther in steep overnight, and when it is sodden you must strain it, and so give the patient 5 or 6 spoonfull to drink at once, then take quick sylver and kill it, and put thereto Sallet oyle and anoynt the place. M.S.

Skin to make white. Take Litharge of sylver, boyl or heat it in distilled vinegar, wash the skin with it, it will be very cleer. MS.

Redness of face. Drink every morning 4 or 5 spoonfull of straw berry water, and with a linnen cloth dipt in the same wash the red place. MS.

To make the hand-face fair and beautifull. Rx. the fatt

of a yong Kid or goat, and temper it with the water of Musk Roses being distilled, and so let them stand to steep 4 daies: then take fine sweet apples, pare them and cutt them in small peeces, and putt to them bruised cloves, and putt both together into your water of Roses in a fair glass: then within some other vessell of brass, stop your glass very close and boyle it in your kettle or pott of water untill the Ingredients be turned white. Then take it from the fyre and strain it, and keep it in a fair glass hanging therin by a thrid some Musk, civet and ambergreese knitt in a fine peece of Linnen. Stop it close, keep it and wash

the face often with it. M.S. *Lady Byron.* /

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ff.....B..... 111.

...s.....st.....

ffeavour. *vide* Ague. Thirst./

A burning feavour. Take of any cooling distilled water 4 ounces,

poppy water 2 ounces, syrup of violets 2 ounces; oyle of vitriol
6 or 7 drops to make it tart: take 2 or 3 spoonfull of this at
a time in a burning feavour. Dr Antony . M.S.

Mouth dry in a feavour or ague. Take a handfull of Isop, a handfull

of horehound, a quantity of liquorice and anniseeds, bruised: seeth
these in water to the half: strain it, and put in clarifyed hony, &
seeth it to a syrup. M.S.

Syrup of Endive for Inflammation of the Liver, heart or

stomach

. Rx. Leaves of Endive, Liverwort and maydenhair,

of each 3 handfull; the roots and the water of endive distil-
led, of each 1 pound: Rosemary flowers 2 good handfull; boyl
all these together in 2 gallons of liquor, which is 4 quarts of
fountain water and 4 quarts of white wine, and one quart
of red Rose water: putt all together in a fair Earthen pott
well leaded within: set it over the fyre and boyl it so long
till the liquor be wasted to 4 quarts: then take it from
the fyre and let it run through a strainer or linnen
cloth, and when it is well run putt to it 6 pound of su-
gar in fine powder: then sett it over the fyre againe,
boyl it and skum it till any filth will rise, and till
your syrup be very thick: haveing so done powre it into
a fair bason, to cool: being cold, putt it up into gally
potts, for use. This eaten, expells superfluous heat of the
heart liver and stomach: it excellent in all agues and
feavers, and for those that are hott of complexion. Balta
sor . M.S. *Lady Byron*

To cool one in a great heat. Rx. the leaves and flowers of

Borage, bugloss, and violet leaves of each a handfull. Mayd
-en hair, harts tong and succory of each a handfull. the
tops of Hysop half a handfull. one fennel root, and 2

parsley roots, the pith pluckd out: 1 succory root: 5 or 6 roots of morsus diaboli; boyl all these in 3 pintes of water till it be half wasted: then strain it and put there to sugar and 3 spoonfull of vinegar. and let it boyl again a little; drink therof evening and morning 6 or 7 spoonfulls at once, bloud warme. MS. *Lady Byron*

In a hott feavor, for one troubled with the Hickup,
whose stomach will hardly retain any thing. Rx. pill.

Masticginarum 3 i dividantur in 6 pillulas parvas.

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pro 6 vicibus surnendo: unam parum ante prandium et 112

aliam ante cænam. et sic de religs. Dr Smith . MS. *Lady Byron* Another. Rx. Mythridati opt i.s. disselvatur in sufficienti
quantitate aqua Cardui benedicti et detur Aurora. ibid.

ffernelius his syrup of Apples, excellent in ffeavors.

Rx. of the iuice of pippins or pairmains 4lb. of the iuice of bugloss, of good Rose water, of the iuice of violet leaves, of each lb i. boyl them a little and clarify them: then put to them 6 pounds of sugar, and boyl them up to a syrup. ibid.

Lemon water. Rx half a pound of barley and boyl it, and

shift your water twice or thrice, let a pottle be consumed to 3 pintes: then wring in the iuice of 4 or 5 lemons; when your water is cold, then strain them with the water through a clean strainer and keep it for use. ibid.

Prunellos are good against drought and weakness of the stomach, in hott weather. ibid.

Hold purslane under the tong to aswage thirst: ibid./
ffor all feavers seeth a quart of white wine vinegar, with Sanders and licorice, of each 1 pennyworth, till half be consumed: strain it, and drink a spoonfull or 2 at once. ibid.

Against stopping of urine in a feaver. Seeth garden violets

and stamp them; apply them to the bottom of the belly, ibid.

ffeaver shakeing. Mix powder of Bayes, pepper and

pennyroyall, of each 21 graines with scummed Hony,
take a spoonfull, morning & evening. ibid.

To temper the bloud. Rx Succory, fumitory, Egrimony &

sage ana. half a handfull: bruise them and let them
stand all night in a quart of new whey: in the morn-
ing strain off the clear and drink a good draught,

and walk half an hower after it. ibid./To quench thirst; Syrup of clove gilly flowers, (?er be?ta

de Chidra) mingles with Carolus; a spoonfull or 2
of this taken at times, will quench thirst, and is very
Cordiall. ibid./

A cooling drink. Rx. half a pound of Currans, a *quarter* of

a pound of french barley, a pottle of spring water,
boyl these gently on the Embers till the third part be
consumed: strain it, & add to it syrup of wood sor-
rell or violets 6 spoonfull: take of this 4 spoonfull at a
time, ibid./

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ffalling sickness. 113.

To prevent it. Take the weight of 12 barley corns of pure currall,

mingled it with the milk of the nurse, give it to the child that is
new born, before it tast any other thing, and it shall never have the fal-
ling sickness. M.S.

falling sickness to help: take of the scull of a dead man, if it be a

man that hath it; and a woman if a woman: burn it in the fyre
till it be white; then take the powder therof and give the patient
to drink in beer or ale, with some nutmeg. *probatum*. M.S.

Another. Take of Rew and wormwood of each a handfull, dry them
and make powder therof, and blow therof into the parties nose and
he shall quickly rise. MS.

Another. Take oyl of Castor and anoynt the parties head therwith;
It is thus made: Take 3 ounces of Castor, and one pound of oyle,
boyl it to the 3^d part. It also helps the Lethargy. M.S.

Another. Take a cock Raven, and pull him alive, dry him in an oven
and beat him to powder, dry the powder againe and take a good quan-
tity in drink. M.S.

Another. Take of the best Castoreum, and Assafetida, of each half
a dram: the root of piony finely powdered, 1 dram: Aromaticum
Rosatum 2 drams: mix all these together with syrup of Mints, and
make therof 7 pills; take twice or thrice a week at going to bed,
one of these pills. MS.

Another. Take Germander gathered in May, when it is in blossom,
dry it in the shade and make it into powder; when you use it, take
the yolk of an egg or 2, and stirring and breaking it with a
spoonfull of the sayd powder, seeth it, and give it the patient to
eat morning and evening 8 dayes together But all this while they
must abstain from wine and women, pulse, sallets and salt flesh,
and all other things of hard digestion. M.S.

Another. Take a frog, and cutt her through the midst of the back,
take out liver, fold it in a colewort leaf and burn it, in
a new earthen pott well closed: give the ashes therof to this patient
to drink with wine; and it will help. If the party be not helped
at once, do so with another frog, and so another. It will certainly
help. MS.

Another :1: Take one grain and a half of Salt of Amber in a
little sack, from 14 years to 16: and to one of 20, 2 grains.
.2. after this take 3 handfull of Betony, of Sage, of Mother

of Time, Angelica, speermints, rosemary, cowslips, piony roots,
of all a like quantity: twice as much of green garlick,
shred all these small together, then put so much may dew to
them as will neer cover them; then draw that with cold fyre,

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the first quart put in again, and draw it againe, and draw it as
long as it runs clear. Of that you may take every morning 3
spoonfulls, fasting. 2 howres after, first and last: and of the last
running 4 spoonfull. This you must constantly use for all the
season; and for diet, Eat magpies rosted, baked or boyled, as oft
as you can get them. Make the patient believe they are pigeons,
for fear of disgust. Mr Digby M.S.

Another. Take 5 drops of Amber oyle 3 mornings together in a week
fasting, in a spoonfull of beer: this hath cured many. M.S.

Another. Take store of the roots of primroses, stamp them and
strain them, mix it with beer or posset ale; drink it diverse
mornings: Take of the iuice alone, and snuff it up your nose in
a quill in the morning fasting: this hath been tryed: the quantity
of less than a pick of roots hath perfectly cured. M.S.

Another. Take a quart of the spirit of wine, putt into it 4 drams of
Troches Alchandal (which are to be had at the Apothecaries.)
infuse these in a strong glass bottle 4 dayes before the fyre, or
in the sun: and let it stand 6 or 8 dayes after, before you use
it. keep it close stopped with wax and parchment. It is to be
take thus. A spoonfull at a time in a morning fasting: (but
wash not your hands in cold water, that day you take it) about
10 a clock, drink a draught of ale with a toste in it: an hower
after eat a light dinner: and then it will work 2 or 3
times. You may take it 2 or 3 mornings together, as you see
occasion. It is excellent also for the headache, convulsions
and mother. Mrs Eyre . - Rulandus . MS.

ffalling sickness. Take of the roots of piony, of wild Valerian,
(before it put forth a stalk.) of contra servam, of each 2
drams: of the skull of a man, of the hoof of an Elk, 2
scruples: of missletoe of the oak, of the hasletree, of the
live tree, of each 1 scruple: of peacockes dung, 2 scru-

ples: mix them and make a powder. Give a dram of this powder at a time in piony water, marigold water, or black cherry water, or their syrups: fast an hower after, and continue takeing of it as long as the powder lasts; the longer the better: tho it were for a year. MS.

Item. Pyony roots hung about the neck help it. It must be the male piony; it may be known from the female, which beareth leaves like the walnutt, haveing a white root of a fingers thickness: the root must be diggd up in the wane of the moon. MS. *Lady Byron*

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ffalling sickness. Ie..ast.. 115.

Dr

Drink Iuice of Cowslips, with powder of a Kites liver
9 dayes. ibid.

Another. Rx. A Iay new killed, pull of the feathers and take

out the gutts; and pull of the head: but be sure you do not wett it with water: dry it in an oven after bread is drawn; till it will beat to a powder, bones and all, which will not be done at once or twice. Take the powder of piony root, of equall quantity with the bird and mingle them together: let the party take as much as will ly on a shilling in a draught of posset ale or beer in the morning fasting, and at a clock in the afternoon. It may be given to a child that sucks being putt into the meat it takes, or strewd on the bread and butter. This hath healed those, who have had it a long time. *probatum. MS. Lady Byron*

Another. Knead cakes of wheat meal, with the dew on mid-
summer morning; bake it and eat it./ ibid.

Another. Smell to Castor in the fitt: and take castor in powder in Sage or Rosemary water: Infuse featherfew in your drink: and let the part where you first feel the fitt begin: and presently annoynted with mithridate ibid./

A rare receipt for the falling sickness. Rx. frogs alive,

take out their mawes, which must be washed clean: single piony seeds beat to powder: the powder of a dead mans scull: mix what quantity you please of these together, and give the party as much of the powder as will lye on a 6 pence iust as they feel the fitt comeing in a draught of Rhenish wine, or white wine. In twice takeing it hath cured. ibid.

It is good also for convulsions in Children or old people; or onely the powder of a dead mans Scull by it self, will cure them & fitts of the Mother. MS.

Lady Byron ./

Another. Rx. burrage water 1 pinte: putt to it of the scull

of a man powderd 3 drams: black seeds of piony half an ounce; goats horn raped 3 drams, Elephants tooth 3 drams. Bezoar Stone 2 drams-Scruples: ginger, Cinamon, ana 2 drams and a half. Boyl all this in a close decoction & distill it in the strongest balugo . The dose 1 spoonfull. But give it not before the fitt take the party. & it will leave him immediately: in 5 or 6 fitts he will be absolutely cured. - old MS./

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116. A felon. *vide* Uncome./

Take a good quantity of rew and stamp it (about a handfull) put to it a good handfull of barrow grease: or of the rest of Bacon: and a little bay Salt. Then stamp them againe alltogether, and temper them with the white of an egg or 2, and as much wheat flower as will make it like a pultis: then putt thereto pilgrims salves of the newest and thinnest you can gett, and lay it on a linnen cloth. M.S.

Another. Take the white skin of an egg, apply it to the finger round

about: it will cure it, if taken betimes. M.S.

Another. Take a little bay salt stamped small, mix it with the yolk

of an egg and apply it: So used diverse times, doth not onely perfectly and speedily heal, but eases both pain and swelling. M.S.

Another. Take soape and mix it with a little salt; it will perfectly

heale a felon, uncome, or other sore finger. *probatum*. M.S.

A swelling on the finger, or felon. Take Rye bread, crum it very

small, then put to it a little Mustar, and a little English honey, and vinegar, and boyl it till it be thick, dress the sore therwith twice a day being warme; it will break it or drive it back. M.S.

ffor a felon, uncome or sore brest. Rx. half a pinte

of new milk, half a handfull of wheat flower, the yolks of 2 new layd eggs: a penny worth of safron finely beaten: stir them well together, then sett it on the fyre, and seeth it till it be very thick: allwaies stirring it: then take it off, and putt in 4 spoonfulls of Sallet oyle, and stir it together, and lay it as hott to the place grieved as you can suffer it. M.S. *Lady Byron*.

For a Byle or uncome on the hands or ioynts. Rx. Black

snayles without shells, (or such as have shells.) bruise them together and apply them to the place, and lap it about with a linnen cloth: it will heal. *probatum* . M.S. *Lady Byron* .

A plaister of Meliolot simple is excellent
good for a felon or Andicomb . Culpeper ./

Country people usually take the berries of Amara dulcis, ie woody night shade or felon wort; & haveing bruised them apply them to felons, & so soon rid, their fingers of such Troublesom guests. Idem./

The leaves of Milde Arsmart, or Dead Arsmart, porcicaria or peach wort, bruised & layd to a ioynt that hath a felon takes it away idem./

Item bean flower and fenugreek mixt with honny and applied is excellent. Idem./

ffistula. 117.

Take 2 pound of water that is distilled out of good ^ white wine, as you distill Aqua vith: put thereto of sage water, rosemary water, of each 5 pound. and of sugar 2 pound: distill all these together, and when they are distil-

led, put to the water an ounce of sage, and as much rosemary, so let them steep 8 dayes: then strain it out, and keep it for use. M.S.

An approved secret for the same. Take of crowfoot, plantane, succory,

larkheel and featherfew waters, of each 3 ounces: Rubarb, manna, Spermaceti, 1 ounce: beat these well together, and put them into the distilled waters; let the patient take 2 spoonfulls therof first and last, and presently after, 4 spoonfulls of ale or beer (you must shake the water together before the patient drink therof: and wett a linnen cloth in a little of the same water and apply to the sore. MS.

A water for a fistula or any other sore. Take rosemary, sage, rew,

Time, hysop and woodbine, of each a handfull: boyle them in 4 gallons of spring water, with half a pound of roche allum, till half be consumed. Then putt in 2 ounces of white coperas; but first strain out your herbs: then putt it into glasses for your use. The use and vertue therof. Wett a linnen cloth double or trebble, and lay it to the sore, without applying any other salve, 2 or 3 times a day. It will take out the fyre, out of any sore or red place; cures tetter, fistula's or ulcers. and the tooth ache, by applying a wett dipt cloth to the gumms.

Mrs Eyre . M.S.

To cure a running ffistula in any part of the body.

Rx. woodlice, alias sowes: dry them to powder and drink them in beer during the time of cure. MS. *Lady Byron* . Tarr with fine powder of ffrankincense, heals hollow ulcers or ffistulas, and fills them up with flesh: ibid. It is also good to be put into fistulas with a tent of bacon ibid.

A powder for a fistula: Green coperas burnt in a Crusible ii.

Mercury Sublimate i. grinde them small & very fine on a marble stone. - The manner of use in the Cure in time. Search the ulcer with a tent to know the depth and length, and according make your tent: anoynt it over with populeon, & dip the end in the powder: 2 dayes, once in the day dip it in the powder: & other 2 dayes with nothing but populeon to renew the ask, and thus inlarge your tent till the work be known to you. As long as it causeth a bleaky water, a malt water, gory, stinking & bloudy, use your powder till it become gross thick & white. Then apply mundifiers & cleansers: when the ulcer is cleansed use incarnatives, as the

green balme following & others, allwayes shortening your tent till you are

The green balm for wounds, to incarnate,
certain of the victory. - sigillate & dry up filthy Humours. Rx fine Aquavith, oyl of Roses, venice Tur-

pentine ana 1 pinte: boyl them with a soft fyre: after a play or ² put in
i.s. of fine powderd verdigrese; boyl to a good consistence./ ibid.

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118. ffleame v.ide Cough & Cold.

To ripen and bring up phlegme easily. Take a quart of conduit water,
2 or 3 good pippins pared, quartered and cored, and half a pound
of sugar candie; boyle the water half away, then putt to it the
sugar candy, and 2 or 3 sticks of liquorice sliced, then boyl it
to a syrup, and let the party drink 2 or 3 spoonfulls morning &
evening. M.S.

Another. Take 3 ounces of white sugar candy, liquorice and
anniseeds, of each half an ounce bruised, putt them in a
cloth and boyl them in 3 quarts of Water, till 3 pintes be consumed,
drink of this at any time but meales: especially in the night. M.S.

Another. Take a quart of Milk, and sett it on the fyre, and put in
to it a penny dish of butter: so let it seeth: then take a quart of
ale, and putt into it upon the fyre: and as the curd rises, take it
off: then take 2 liquorices sticks and scrape them clean, bruise
them with a hammer and putt them in: then take a handfull of
raysins of the Sun and stone them, and put them in, and let
them seeth a good while: then putt it into a pott and let it stand
and drink therof every morning and evening, a pretty draught
warm. MS.

A gargle for stopping in the throat with flegm. Take a spoonfull
of mustard, and 3 or 4 spoonfull of white wine vinegar mingle
them together, and in the morning fasting gargle the mouth with it. MS.

A gargarisume for phlegme. Rx. a pennyworth of pellitory
of Spaine : 2 pennyworth of Spiknard, beat them to

powder and boyl them in half a pinte of strong wine
vinegar, and putt thereto 3 spoonfulls of English honey,
and a good spoonfull or more of the best mustard you
can gett. Boyl them upon a chafingdish of Coales till
a quarter be consumer; take thereof a spoonfull bloud
warm at a time; hold it as long as you, spitt out
the phlegme, and gargarize it in your mouth: so use
4 or 5 spoonfulls one after another, hott: use it once
in a forthnight. MS. *Lady Byron* .

Eat the powder of the herb of Carduus benedictus or
blessed thistle, with hony, to spitt forth phlegme and
gross humours easily. ibid.

Polypody of the Oak dries up thin humours,
digesteth thick and tough, purgeth burnt cho-
ler, especially tough and thick phlegm, and
thin phlegm also even from the ioynts: especially
if taken in whey, or honyd water, or barley wa-
ter, or or chicken broth, with Epythymum or
Beets and mallowes. Culpeper ./

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In..... 119.

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fflesh raw to skin. or A Gaule. Chilblaines.

Take a quart of good ale, some allum, honey and woobine leaves,
stamp the leaves, and putt some iuice to the other ingredients, seeth
them to a pinte, when it is cold, wett a gray paper in it, and lay it to
the sore. M.S.

To skin a gauld place. Take may butter, smallage and Egrimony,

of each a like quantity, shread the herbs very small: and boyle them
in the butter to an oyntment. M.S. Strain it, and anoynt the place.

The herb of white beets boyld and layd upon Chil-
blaines and Kibes heals them./ Culpeper .

Item Ashes of the wood of the fig tree made into an
oyntment with hogs grease, helps Kibes & Chilblaines.

- Henbane, the herb stalks and seeds being dried,
and burned, the fume of it quickly heals swellings
Chilblaines or kibes in hands or feet, by holding
them in the smoak therof. Item, kidneywort,
Wall pennyroyall, or Wall penny wort helps them
if they be bathed in the iuice, or anoynted with
an oyntment made therof, and some of the
skin therof layd on the sore. Idem.

An oyntment for any sore or wound.

Rx. 2 pound of sheep suet, or rather Deer suett,
a pinte of Candy oyle, a *quarter* of a pound of the
newest and best bees wax. melt them together stir-
ring them well, and putt to them 1 ounce of
oyl of spike, and half an ounce of the Gold-
Smiths Boars: then heating them together and
stirring them alltogether, putt it up in a gally
pott, and keep it close stopped till you have
cause to use it. This is approved for any sores
or wounds new or old. A printed book of the
Nature of herbs and flowers./

To heal and dry up a sore or cutt presently. Rx. Marygold

leaves, porret blades or leaves, housleek. Ana ii.
beat all small in a mortar, and putt to them the
whites of 2 new layd eggs, beat them very well
till they be throughly incorporated with the eggs,
apply them, till you be well, and renew it
every day. Ibid./

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120.

fflux. v.*ide* Bloody. and v.*ide* Looseness.

A flux. Take red rose leaves dried, plantane, tops of bryers, knot
-grass and wormwood of each a good handfull: and 3 spoonfull
of Cumminseed: boyle all together in fayr water, and bath the
childs belly with it warm: and when he goeth to stool, let him
sitt over it. MS.

A glister to stay a looseness. Take a pinte of beer, and put to it a

spoonfull of anniseeds, and a spoonfull of fennel seeds, being a little
bruised: then let them boyle till the seeds fall down to the bottom
of the liquor and half a pinte remain; then strain them, and
put to it, half a pinte of Muscadine, and the yolks of 2 eggs.
and being well brewed together put it lukewarm into the glister
bag - probatum. M.S.

To stop a looseness. take a quart of Milk and boyle it: when it
boyles up quench it with half a pinte of strong Aqua Vitæ: and
when it is cold, drink no other but it. MS.

Another. Take one knot of the root of Mullen made into powder & give it the patient to drink: probatum. MS.

Bloody flux or other whatsoever. Rx. Conservæ prunello-

rum ȝ i. Terra Germanicae . ȝ ii. Boli opt. ȝ i. Mi-thridat. opt. ȝ ii. Syrupi e Rosis suis. ȝ ii. Misce pro una vice, et ita pro alia. Unam cape in Aurora, alteram, hora somni. Item make a dish of rice tenderly sod and steeped in rose water. Also ffrumenty or Wheat sodden & eaten is good. Drink with a tost stuffed with Cloves hott in your drink. Drink but seldom. Dr ffoster . M.S. *Lady Byron*

ffor the flux. Rx. Mafoile (mafoile I think or mastick:

the letters are not plaine) temper it with flower: make a cake and eat it hott. ibid.

A speciall remedy for a flux. Seeth in white wine vinegar

or veriuice, the yolks of 2 eggs till they be hard, with a parsly root or 2: eat them at night and morn-ing, and eat it with bread dipt therin. ibid.

A restringent Lotion. Rx. Conduit Water 12 quarts, barley

ȝ iii. allom ȝ ii. honey ȝ iii: leaves and flowers of Wood bine 3 handfull. plantane 2 handfull, Shepherds purse i bramble tops .i. boyl them all close covered, till the vertue of the herbs be in the Water, then strain it and keep it close coverd for use. ibid./

ffor a lingering looseness. Half a dram or more of Rubarb

in powder, made into pills with syrup of Roses is very good or Rubarb taken in conserve of Roses. ibid.

ffluxes in generall. Seeth the yolk of an egg hard in

vinegar, and eat it. ibid. Item apply doves dung with vinegar to the Navell. ibid./

ffrenzy, and to provoke sleep. v. Melancholy: Madness./

Take ground Ivy, seeth it in water, then take the leaves and stamp them, put them in a cloth and binde them about the patients head; it will provoke sleep. Or, Take the dust of Hemp when it is beaten and oyle olive, and mingle them together, winde it about the temples, and keep the patient from seeing Light 7 or 8 dayes. M.S.

Madness. Rx. a whelp before his eyes be opened, which will

not be till he be 9 dayes old; cutt him in the middle along the back; apply him plaister wise to the head, the hair being first shaved off. *probatum*. M.S. The flesh -y part must be turned inward./

The flowers of Cowslips preserved or conserved, and the quantity of a Nutmeg eaten every morning is good against false apparitions, ffrenzies, and all distemper of the Nerves. Culpeper . Item Sow ffennel or hogs fennel, alias Hoar strang, or Sulphur wort (*peusidanum*) the iuice used with vinegar and rose water; or the iuice with a little Euphorbium putt to the Nose, helps the ffrenzy, Lethargy, Giddyness of the head. Idem. Also hous leek or Sengreen applied to the temples and forehead helps the head ache and distemperd heat of the brain in ffrenzies, or through want of sleep. Idem./ - The seed and root of Cowparsnip being boyled in oyl, and the head rubbed therewith, helps the ffrenzy, Lethargy, & old inveterate head Ache; if it be Likewise used with Rue. Idem. - The iuice of plan tane mingled with oyl of Roses, and the temples and forehead rubbed with it is excellent - Purslane and poppy are both good, especially the seeds. - Item make a vinegar of Wilde Tyme or Mother of Tyme, as vinegar of Roses is made and anoynt the head with, it stops all pain in the head, and helps ffrenzies. - Vervain applied with oyl of Roses and vinegar to the forehead and temples is very good - ffumatory boyld in white wine is excellent for Melancholy and ffrenzy. Idem./

122. Glasses to soder.

Take the white of an egg well beaten mixt with quick lime and some old cheese scraped therin, and well beaten together: it strongly ioyns both broken glasses and Earthen potts. MS.

Glaunders in the horse.

Take 3 spoonfull of Sallet oyle: 2 spoonfull of wine vinegar, 1 spoon full of pepper beaten small; mix them altogether well, then warm it and powr it into the nostrills of the horse, being tyed up to the Rack, when it is a little while setled, ride him a little to warme, and when you bring him in, sett him up warm: use this every other day 2 or 3 times, it will cure. *probatum*. MS.

Gilly flower water.

Take mint water a pinte, and put thereto 2 handfulls of clovegilly flowers, either green or dry: and one handfull of raysins of the sun stoned, half a handfull of anniseeds bruised, half an ounce of liquo rice sliced, 2 large dates stoned, 2 ounces of fine sugar, and one ounce of fine sugar candy: mingle all these together, and putt them in a glass, set them in the sun for a week, and so drink of it: it is good for heart and stomach. MS. *probatum*.

Glisters of all sorts. Suppositories./

A glister. Take a quart of water, 1 handfull of violet leaves, 1 hand full of mallows, of anniseeds and fennel seeds of each a spoonfull, 4 spoonfulls of honey: let them boyle together to a pinte; then strain them out, and put in 4 spoonfulls of Sallet oyle, half a dish of butter, and a spoonfull of salt, when it is strained. If you think the person weak, putt in milk instead of water. MS.

Another. Take a little veal broth, boyl in it half a handfull of Mallows and violet Leaves, one spoonfull of fennelseed, half a quarter of sugar: dissolve the sugar in 3 quarters of a pinte of the decoction, and give it bloud warm. MS.

A cooling glyster. Take mallows, violets, beets of each 2 handfulls,

12 damask prunes, a handfull of french barley; boyle these in a pottle of water to a quart, then strain them, putting to it a pinte of the syrup of roses, and one spoonfull of salt. Sometimes take a glister of a pinte of your own urine. M.S.

Glister for the stone. Take mallows, violet leaves, wild Mercury,

pellitory of the wall, cammomill flowers, of each a handfull, sweet fennel seed and parsly seed, of each a spoonfull: river watter a quart, boyle half away, strain it and take 3 quarters of a pinte, and put to it, of good Sallet oyle 3 spoonfull, of sugar 2 spoon full: mix it well, and use it bloud warme. M.S.

A glister for winde. Take 3 pintes of fleeten milk, and put

therin 3 handfulls of mallows, 2 handfull of Damask dried Rose leaves, a top or 2 of Rew: of parsly seed and Anniseed of each a handfull, and 2 of Cumminseed, and of Cammomil or the flowers therof; let the seeds be beaten in a mortar

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and mingled with the milk, and boyle it till half be consumed away. then strain through a clean cloth and put to it 2 spoonfulls of Sallet oyl, and 3 of sugar. M.S.

A glister. Take a pinte of new milk, 2 spoonfull of treacle, a spoon

full of cumminseed, bruised: warme the milk, then putt in the seeds and treacle: stirr them together a pretty while, then strain it and give it. MS. piat.

A laxative glyster. Take of white lilly roots, 1 ounce: of Marsh

mallows, pellitory and Mercury leaves, of each a handfull: of Camomil leaves-flowers 2 pugil, or one handfull: common fennel seeds half an ounce; boyl them in a pinte and half of water to a pinte: strain the liquor, and therin dissolve 1 ounce of Electuary Lenitive, 3 ounces of Common oyl, 2 ounces of brown sugar and a little Salt: strain it once again, and use it warm. Note. Strain the decoction (being warm) of the foresayd roots and herbs into a basin, and with the back-side of a spoon dissolve the electuary and honey by stirring of them together: then strain it once againe from the little Lumps, that may

not be thoroughly dissolved, which otherwise would stop the Clyster-pipe, and hinder it from passing: if it be grown too cold, you must warm it againe, before you administer it. Dr. Harvey .

Another laxative Clyster. Add to the ingredients of the foresayd

Decoction, half an ounce of Senna: boyl it, then strain the li-quor, and dissolve in it 4 or 5 spoonfulls of brown sugar, with 4 spoonfulls of oyl and a little Salt. Administer it warm. Dr. Harvey .

An emollient Clyster. Take a pinte of fatt broth, dissolve in it 4 or

5 spoonfulls of brown sugar; administer it warm. Idem.

A Clyster against the Collick. Take marsh mallow roots 1

ounce; mallows, rue, origan, Calamint, of each 1 handfull: dried Virginia Tobacco leaves, half an ounce: Bay berries 6 drams: linseeds, half an ounce: boyle them in a little more then a pinte of Water: strain it and add to it 8 or 9 Spoonfulls of Common oyle. Dr. Harvey .

An Anodyne Clyster against gripes. Boyl a pinte of milk

once up: mix with it the yolk of one egg, and 4 spoonfulls of brown sugar. Idem.

An astringent Clyster against a loosness and Dysenteries. Take

half an ounce of Tormentill roots: of the leaves of plantane and shepherds purse, of each 1 handfull: red rose leaves 2 pugills, Cypress nutts 2 drams; boyl them in Smiths water to a pinte: and mix with it the yolks of 2 eggs well beaten. Idem./

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A Clyster against pains of the stone. Take of the leaves of Pelli-

tory, Mallows and Mercury, of each 1 handfull: fenugreek seeds 124 and bay berries of each half an ounce: Camomill flowers, 2 pu-gills: boyl them in water to a pinte: dissolve therin 1 ounce of venice Therebinthin: which must be done thus: warm 2 ounces of Common oyl; therewith mix the foresayd Therebinthin with a spoon or spatula: which then will easily mix with the foresayd

decoction. Dr. Harvey .

A glister. Rx mallows, marsh mallowes, mallet leaves,

and mercury, of each one handfull: mugwort i.S.
tops of dill, Camomill, and melilot flowers of each
2 pugills, Annise and ffennel seeds of each 2 drams,
bay berries a dram and half: let them all be boyled
in the broth of a Calves or sheeps head; in a pinte
of the strained liquor dissolved syrup of roses com-
pounded with Agarick, honey of mercury and red Su-
gar of each 2 ounces: make heer of a Clyster,
7-12-ob in gold. - 1 - 10 - ob in sylver, MS.

Lady Byron

ffor a Clyster. 1. Syrup of roses compounded with Agarick

2 ounces, honey of mercury 2 ounces: red sugar
2 ounces. Aniseed, ffennel seed, of each one dram.
2. of Balme, bugloss, strawberry leaves, violet leaves,
mayden hayr, Betony, Egrimony, of Every one of these
half a handfull. 3. A handfull of borage leaves and
flowers, if there be any: 2 handfull of fumitory, that
bears the red flower: a quarter of a handfull of ger-
mander: 2 fennel roots, 4 parsly roots, ibid./

A Glister Rx. a quart of water, violet leaves, mutton's

ana i. Anniseeds, ffennel seeds ana 1 spoonfull: ho
-ney 4 spoonfull; boyl altogether to a pinte, then
strain it out, and putt in 4 spoonfulls of sallet oyl,
or if you have none, putt in half a dish of butter:
and a spoonfull of salt when it is strained. If you
think the person weak, putt in milk instead of
water. ibid.

A lenitive Glister. Rx. Rindes of holyoke rootes i.

Camomill 1 handfull: bruise them a little &
seeth them in a pott of fair running water,
till it be half consumed, then putt in a handfull
of wheat brann, and let it boyl 4 pater noster
whiles, then strain it,

Water, and putt to it 3 spoonfulls of honey and 4 spoonfulls of oyl olive, mix them together, and minister it bloud warm. ibid

A clyster. A Cock (or Cork) Annis seeds, fennel seeds,

Cummin seeds, smallage seeds, ana a handfull Camomil and wormwood ana half a handfull. Rubarb 2 drams, Sena 2 drams, yolk of Eggs 2: oyle of Camomill $\frac{3}{4}$ i.. ibid./

Another. Rx. a pinte of milk and seeth it, and when it is sodd,

putt in 2 $\frac{3}{4}$ of wormwood, and a dram of hierapicra.
Mix together and make a gClister. ibid.

A nourishing Clyster. Rx an old Cock, all to beat the body

of him quick, with a stick, then cutt off his head, boyl him and use the broth. ibid./

The decoction of 3 leaved grass made with hony and used in a clyster, is good against fretting and paines of the gutts, and drawes forth tough slimy humours that cleave to the gutts. ibid./

A bindeing clyster. Boyl the seeds of Quinces to a jelly,

mingle it with other ingredients: They are good also to hold in the mouth for the roughness of the tongue. ibid.

A Clyster against Choler. 3 pound of iuice of Mercury,

boyled with a pound or 2 of Scummed hony & mingled with other ingredients. ibid.

A Clyster. Violet leaves, Mallowes ana .i. french

barly 3 spoonfull: boyl them in a pinte of whey for half an hower: strain out the decoction, in which dissolve Manna 2 $\frac{3}{4}$. Syrup of violets 4 eunes
spoonfull: course sugar 3 spoonfulls; administer it warm. ibid./

Take hony sodden till it be thick, mingle the same

with salt or wheat meal, then add a little fresh butter, & make your Suppository into a long form: dip it in oyl & use it. - or else take half an Ounce of the roots of Succory & licoris, 2 drams of Endive, 1 handfull of mallowes, one dram of of the seed of Succory & ffennell, 2 drams of ffenugreek, half a handfull of the flowers

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of Cammomill; seeth them, & then a most wholesom glyster is made. Or else make your Clyster of sugar candy & milk, which will serve in this manner for nourishment to great bellied women, and such as can not eat with the cough or sore throat. Dr Vaughan ./

A Clyster for any distemper./ Rx Half a pinte

and a whole pinte of milk: half a handfull of Marsh Mallowes, half a handfull of Pellitory of the Wall, half a handfull of Camomill flowers. 4 spoonfull of Iuniper berriesa, an egg, a spoonfull of oyl, a little sugar. MS.

An excellent Clyster for winde or ffullness

by Dr Bowls .

Rx. Camomil flowers, Elder flowers, red rose leaves, of these 3 half a handfull in all. 6 heads of Carduus 1 ounce of Licorice; half a spoonfull of sweet fennell seed: boyl all these in a pinte & half of ale possit drink till it come to a pinte: then putt in 2 ounces of butter, which will be the quantity of A henn egg./

MS. *Lady. Byron* ./

One being taken with a violent scowring, and being but 10 weeks gone with Child, had great gripeings and paines by fitts in the bottom of the belly. ffor which Dr Thorowton orderd this Clyster. Rx. half a handfull of red rose leaves, brier leaves as much, as much plantan and Ordinary Mallowes. Boyl these in a pinte of New milk with a spoonfull of ffrench barley: let it boyl till half the quantity be consumed: then strain it out, and put to it 2 spoonfull of syrup of Violets: so give it. This eased after 3 times takeing. But the loosness continued till she took Lucatello 's balsom, which purged out the humor & staid it quite. ibid./.

An ordinary Clyster to take at any time, for wind
& giddyness in the head.

Rx. new milk, boyl a few

anniseeds & sweet fennel seeds in it, strain it forth
and sweeten it with brown sugar: - Or onely
new milk, a little boyled & sweetend is a very
gentle & wholesom clyster. - ibid./ A Lenitive Cly-
ster. Rx the decoction of Mallowes, putt to it fresh butter
or sallet oyl a sufficient quantity. - ibid./ give it warm./

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Goosberries D..... to preserve.

Take goosberries, prick them or rayce them cross the ends, then scalld
them so that none of them break; then take them out of the water, and
putt them into fayr conduit water, and let them ly therin 2 dayes, shift
ing them once a day: then take the weight of them in fine sugar, and
make your Syrup something thinn: then boyle your syrup to a heighth,
and set it by while it is a little cold: then put in your gooseberries
and let them simper a little, so that they do not break; then take them
up and let them stand out of the syrup 5 or 6 howers, then put
them into the syrup again, and let them simper a little more, till they
come to their green perfect colour: for if they boyl too long,
they will loose the colour and be black: you must take them out 2
or 3 times, and boyl your syrip up to a heighth; when you take
them up out of the cold conduit water, putt them in a sieve or
colander, to drayn out the water out of them, before you put them
into the syrup. M.S.

Goosberries green to preserve. Take a pound of gooseberries, and a

pound of fine loaf sugar: slitt your goosberries, and take out
the stones: make your syrup and skim it, then putt in your goos-
berries and boyl them apace, till they be done: take up your goos-
berries into your glasses, then boyl your syrup to a heighth, and
putt it up to your gooseberries: when they are cold cover them, and
keep them for use. M.S.

Goute.

Take the bloody brine of beef, seeth it and scum it, and putt it
into it, milkwort, and when it is boyled, putt into it the arms,
legs or hands of the party grieved; till the bath be cold.
Then take 3 yong kitlings, kill them and flea them, take
out the gutts, and then cutt them in pieces: then take a fatt goose,

and put the flesh of the kitlings in her belly, and a handfull of bay salt: then rost the goose, and take onely the drippings therof, being basted of it self. (the goose must be rosted, till it will drip no longer) then take the fat of the goose, and annoynt the parts as aforesayd. that were bathed in the bath. M.S. *probatum*.

Another. Take Arsnick, and boyl it in fayr water, and bath the ioynt in it. Mr Gascoigne . M.S.

A poultis for the same. Take a loaf of bread grated, milk

a quarter of a pinte, and as much safron as will lye on a groat: boyle these till it comes to the thickness of a poultess, then spread it on a cloth a good thickness, then strew on it a spoonfull of oyl of Roses, and as much of oyle of Cammomill, and lay it in a good broad platter, and set it on a chaffindish of coales to keep hott, and if the gout be in one finger or more,

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or one toe or more, lay it over all the fingers or toes as hot as 128 may be: and renew it once in 12 howers. M.S.

Another. Take a pound of the purest wax you can gett, a pound of may butter, a quarter of a pound and half of Rosin, 6 good spoonfulls of honey: let all these melt together on a slow fyre and skim them, then putt into it a sawcer full of wheaten flower, and 4 penny worth of English safron, made into fine powder: let them simper a little while together, then strain it through a course cloth: when you use it, spread it on a linnen cloth, warm it and apply it to the grieved place. Mrs Salmon . M.S.

Another. Take Spatch grease, lay some of it on a brown paper, warming it a little at the fyre, and apply the same to the grief, it will take away the pain in one night. MS.

Another. Take the iuice of sage, Aqua vitæ, Oyl de bay, Vinegar, Mustard, beasts gall, of each a like quantity: put them alltogether into a great bladder, and chafe it well up and down with your hands, for the space of an hower and a half; keep it for use, and annoynt the grieved place morning and evening, & you will finde your self quickly healed. It is good for any other ache in joynts. *probatum*. MS.

Gout, or swelling of ioynts. Take May butter a quarter of a pound,

Cummin seed in fine powder half a pound, black sope a quarter of a pound, a handfull of Rew, half a pound of Clarifyed sheep suett, stamp all these together in a mortar; then take an ox gall, and a spoonfull of bay salt, and fry them altogether till it be thick, lay it on a woolen cloth, and apply it to the ache, as hott as it may be suffered: so let it ly unremoved a week, and so a 2^d and a 3^d, and in that time it helps. MS.

Another, Take a handfull of Mugwort and seeth it in sweet oyle olive, till the third part be consumed, then anoynt therewith any part that is tormented: it will ease. probatum. MS. v. Cramp.

The black playster of searcloth, for gouts, aches, stitches or
bruises.

Take a pound of Burgain pitch, a quarter of a

pound
of Rosin, as much wax and as much turpentine, a pound of stone pitch, 2 ounces of boores grease, 1 ounce of oyle olive: melt all these together on a pan in the fyre, but scum them not: stirr them well with a stick, and when they are melted, strew in these things following. Half an ounce of Cummin seed powdered, half an ounce of the powder of Lawrell leaves, as much of the powder of bay leaves, a quarter of an ounce of cloves powdered: 2 ounces of Populean, 4 ounces of white frankincense, 3 ounces of red lead finely powdered, 6 penny worth of safron powdered: stirr it well as you strew them in, and afterwards, till it grow cold, lest the powders run on heaps: then powre them all in a vessel of cold water,

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129 and when it is cold anoynt your hands with fresh butter, and work it into rowles: wrap up these in sheeps leather, and when you use them, spread a little with a hot knife on the rough side of sheeps leathers, & apply it to the place grieved. If it be an ache onely, let it lye on 3 weeks, or a month, binde a cloth on it; if a bruise or boyle, look on it every 2^d or 3^d day. M.S.

Mix the iuice of Coleworts with meal of fenigreek and Vinegar, and apply it to gouts, aches of the ioynts, and filthy ulcers to cleanse and heal them. MS. *Lady Byron*

ffor the gout and all aches. Stamp 3 pound of harts horn

herb with 3 pound of oyl olive: let it stand 9 dayes.
then put to it a pinte of water, and boyl it till the
water be consumed, and it be green, then strain it &
use it. ibid.

Gout. Sitt up to the knees in whole wheat. ibid.

Another. The root of Cumfry while it is yet green & newly
pluckd out of the Earth, spread upon leather and linnen, &
applyed in form of a Cataplasme, to gouty or Rheumatick
places, doth presently appease the pain, ibid. probatum.
Water of Mustard seed flowers & herbs, rubbed upon a body
and let dry on again help the cold gout./ ibid./

A rare cure for the winde gout. Cariocostinum

half an ounce. Syrup of Succory & Rhubarb.
ana 3 i. infuse these in a quarter of a pinte of white
wine, one night, and drink it warm the next morn-
ing: an hower after take plain posset drink -

The plaister. Take Burgundy pitch & spread it on

Lambskin, strow theron the powder of Sanguis Dra
conis, apply it to the place grieved at the same time.
ibid./

To foment the place with oyl wherin a frog hath been
so long boyled, till the flesh be divided from the bones,
is a singular remedy for the Sciatica & gout. Dr Vaugh-
an ./

The originall Cause of the gout is from the distempered
brain; and therefore the diseased must purge the super-
fluous moysture therof once a month, either with a dram of
pillue Cochiæ; or of pilluæ sine quibus esse nolo. or ra
-ther for a forthnight or 3 weeks every spring and Autumm
use mechoacan ale, with some Betony, sage, Cowslips,
or such like herbs added to it./ Platerus mentions an old
man of 70, who lived till 80 years of age, without
any further torment of the Gout,

tho he had been grievously tormented with it: & this 130
happend by continuall use of the herb bettony: sometimes
steeping it in his drink, sometimes eating the conserve
of it: sometimes boyling it in his pottage, or with meat:

In winter he used the powder of the herb dried in the Sun. ffor locall medicines, use the Cataplasme prescribed in the other MS. Book, Book, for Womens brests. To abate & asswage the swelling apply to the place the leaves of Tobacco bruised with a little oyl of Roses./ It is good to anoynt the affected part with this liniment: Aqua Vitæ 4 drams, sage 1 ounce, opium 1 dram, safron half a dram, Camphir half a dram; oyl or fatt of a fox 3 ii.

Let them all be mixed. This sovereign receipt will also avayl against the Sciatica, or other paines in the ioynts, or any ache there. If the gout be inveterate take Tobacco the oftener, to intercept the falling down of humours, which minister nourishment to this disease. Dr. Vaughan ./

A magicall remedy against the gout. In the month of

Iune when the Sun is in his highest exaltation in Leo, take an instrument of fine gold, made in the form of a little knife, & therewith gather the herb called in Latin Cingularia, in Dutch Trutten fus broclab et ErSi ertd krundl; dry it in the aire & keep it for your use. Take a new earthen pott, that holds 3 quarts of paris measure; fill it with good old white wine or Rhenish wine: putt 4 handfull of the foresayd herbs into it, being first chopt small. cover your pot close, that no fume gett out: let it boyl till half the wine be consumed: afterward run it through a fine linnen, & putt it into a cellar till it be cold & cleer: give the patient to drink of this, as often as he is a thirsty, & give him no other drink till his pain be gone.

The herbs that remain in the pott you may take indifferently warme, & put them upon or about the member that is grieved, & wrap it about with linnen, & you will see a wonderfull effect. MS. P.M.

To dissolve the knobbs of the gowt, & to take away
the paines.

Rx. 4 ounces of yellow wax, Boyl it

half an hower in vinegar; let it cool: then

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take the wax & melt it in a dish
& putt to it of the iuice of sor-
rell, iuice of Ioppe, iuice of yarrow, iuice of night
shade; if you can not have that, take the iuice of
sage: of each of these iuices a spoonfull: Turpentine

a spoonfull, Rosin a quarter of an ounce: hony a spoonfull, stone pitch a quarter of an ounce: boyl this all together to a plaister, and lay it to the grieved place. It absolutely helps for a time. Old. MS./

Another purge & plaister for the gowt./

The purge. Rx these salts, of Henbane, night shade, water

cresses, Catapusty (Spurge) ana half a dram: Stybium 2 drams: grinde them all very well together, & putt to it these oyls. Balsamum raw: oyl of Tartar, oyl of fenugreek ana a dram. Mix all together: then put to it, Scammony 16 grains, Mecoacan 1 scruple: Catapushie (ie spurge) seeds 2 scruples. Helleborus albus infused in vinegar 1 scruple. Castoreum a scruple. Mithridate a dram & half: mix all together for a mass for pills. The dose 6, 8 or

The plaister

10 grains in pulp, or such like./ - for the gowt, called Venus's ffear.Rx. Calcined Ve-

nus ȝii. white lead ȝi. red lead ȝi. gall of an oxe 6 ȝ tartar ȝ iii iuice of Limons 6 ounces, Tur pentine 1o ȝ : iuice of sweet yarrow 6 ȝ. Sallet oyl. 1 pinte. pitch half a lb. Rosin 4 ȝ. boyl all together to a plaister & make serecloths. This is a sure cure, without sweating. purge 3 dayes together; for that is best. Greenfields - Old MS./

An excellent sweat for the gout. Rx. Diaphoretick a scruple,

Bezor a scruple, Terra sigillata 1 dram, Mercury putt to it, these salts following, Carduus, bugloss, Hemp, featherfew, red nettles, Sanicle, balm, ~~red~~ nettles-, angelica, mousear, tormentill, speremint, rosemary; ana a scruple. pipp (mix) all these in an ovall glass, & digest it in the strongest heat of a stove, to a perfect Calx. The dose 10 grains, in spirit of sack or Mithridate. - old MS./

An excellent medicine for the gowt. ffirst give this

vomit. Ginny pepper 3 grains: 1 clove. 2 seeds of Catapushy (spurge) Elleborus albus 2 grains. Slybium

3 grains. make all into small parts & mix it with a scruple, or as much as 2 beans of mithridate: male it into pills. Dose 6 grains in pulp of an apple. Then use this sweat. Bezoar 6 grains, diaphoretik, safron, ana 6 grains. Mithridate 12 grains. Terra sigillata 12 grains: mix all together. The dose 12 grains in pulp of an apple, or such like. This will sweat admirably. Use the foregoing plaster, it will cure it without purgeing. You may give milk with the vomit. Ellin . - old MS./

An excellent plaister for the gowt. Rx. Lapis Calamina-

ris calcined 2 lb-1lb. Calcined Litharge 1lb. Cal- cined coperas, calcined Vitriol: ana half lb. putt to these a quart of Sallet oyl. boyl it half an hower & better, then strain it. Then putt to that oyl iuice of Limons half lb, iuice of sweet Yar- row 3iiii. Tartar 3ii. White lead half a lb. gum arabick 2 3: black sope 3ii: gall of an ox 3iii. Turpentine 3i. & a half. wax 3iii. black pitch 3ii Rosin 3ii. Boyl alltogether to a plaister & ap- ply it. It will dissolve it & take away the pain; purge after it: It is excellent for cancers & old sores. - ibid./

To make Gascoigns powder a plain easy
and cheap way. / V. Pag. seq.

Rx in Iune when the sun entereth into Cancer and not before, the toes of the Crab, and nothing but the very black of the toes: bruise them in a mortar as small as you can: then take of the best sack and moysten the powder: then make it up into Trochisces, and dry them in the Sunn. then being well dried beat them into fine powder again, and make them up into balls and dry them again as before: repeat this as long as the Sun is in Cancer: and the last time make it into very fine pow der, and make it up into balls or Trochisces with the best sack. It is an excellent cordiall in all extremitiess for yong or old: as good as Bezoar stone or

Unicorns Horn. MS

Grease molten in a horse.

Take salt and Chamberly and give the horse to drink, ride him on it till he be onely warm; when you come in, set him up very warm.
probatum. MS.

Gascoigns powder. (or raggis)

Take white amber, seed pearl, white corall, crabs eyes, hartshorne, and Lumps horn, of each half an ounce (That which is usually called the Lumphorn, is the first horn of a stag, which for the most part he sheds, but putting it into the ground.) of the best bezoar stone 1 dram: 3 grains of Unicorns horn; of the black ioynts of the crabs claws, as much in weight as all the rest: beat them as small as may be, even as small as fine flower: then mingle them well together, and make them up into paste, with a good ielly of hartshorn, made as follows. Take 1 ounce of good hartshorn, putt to it half a pinte of carduus water, and half a pinte of dragon water: boyle it to a ielly, and a little before it is taken from the fyre, crush in a little lemmone, and a drop or 2 of red rose water: and when it is cold, mix your powders, and make it into round balls; then take so much safron as to colour it on the outside, being rouled up with it; and dry them as soon as you can, so the wind be kept from them: then keep them as soon as you can in Leaden potts, that hath kept amber or Musk formerly: being dry, keep them for your use. M.S.

Pulvis & chelis Canckorum, or Gascoigns powder

Dr Harveys way.

Take prepared pearl, Crabs eyes, red corall, white amber, harts-horn, orientall bezoar stone, of each a quarter of an ounce. Of the black tops of crabs claws, 1 ounce and half: beat them all into powder and mix them, The mixt powder you may make into balls by incorporateing it with gelly of hartshorn, or thin mucilage of gumm Arabick, extracted with Carduus water.

- The preparation of pearl, crabs eyes, red corall, Bezoar & crabs claws is onely thus: you must first reduce them into a fine powder and sift them: afterward grinde them into a most subtil and smooth powder or dust upon a marble or porphyry stone, with a mullet: dropping now and then a few drops of rose water into the powder to keep it from flying about. The harts horn must be grated and afterwards beaten in a brass mortar into a fine powder and sifted. The white amber, that is, the whitest yellow or lightest yellow, Must be beaten and ground with a pestle into a subtil powder, and sifted by it self: afterward mix all the powders well in the mortar by stirring and moveing them about with the pestle

The prices. orientall pearl 18.d , ^ 2sh Crabs eyes. 1.d . red corall 3 d .
 white amber 3d . harts horn 1/4 d . Orientall bezoar 6d ^ 10sh Crabs 134
 claws 6d . The whole composition 3^ 13 sh. 1d. farthing : for
 which you may expect 2 ounces and 5 drams, allowing about 2
 drams for waste. The ounce will stand you fo. in something less
 then 13d 5sh the dram at 3 half pence 7d . The Apothecaries prices,
 The ounce 40 sh . dram 5. sh . graine. a penny ./
 This powder may be prepared at a farr lower rate,
 for the poorer sort, & for ought I know, more Effectually;
 thus: in stead of Orientall pearl, take Occidentall, and pro-
 bably the finest sort of Mother of pearl, exceeds either. ie,
 if prepared as it ought to be. In lieu of Orientall Bezoar
 take Occidentall: which being much cheaper, doth not so
 much incourage fraudulent people to counterfeit them:
 & therefore certain occidental Bezoar, is to be preferred
 before the uncertain orientall: But what if the Bezoar
 be wholy left out, & double the proportion of pearl that is
 putt in; where is the damage? So that the dram of
 Gascoignes powder, will come under 3 halfpence . Idem./

A True receipt of Gascoigns Cordiall powder.

Rx raggs of pearl or seed pearl, red corall, harts horn, white
 amber, of each a like quantity, being all severally beaten to
 powder & searced through a fine searce. Then take as much
 Crabs eyes, and tops and toes of the clawes, as of all the
 rest of the powders, for it is a main agent in the Work.
 beat & searce them as you do the rest. Beat them severally
 & take as much more of the Crabs eyes & claws, as of all
 the rest: mix them together & make them up into balls,
 with jelly of hartshorn, wherin you may infuse some safron
 more or less, as you would have them colourd: let them ly
 till they be fully dry and concocted, then use them on occasion.
 If you can gett the crabs before they are boyled, it is much
 better; they must be in season: that is in May or September.
 The powder finely scraped with a Knife may be taken in a
 spoonfull of Dragon or Carduus water, or any other
 Cordiall water or posset drink, 10 grains at a time for
 a Man or Woman: 2 graines for a yong Child.
 It prevents the small pox, or setteth them from the heart:
 It recovers from Consumptions, if dayly takem a good while.
 It is good in all violent feavers, poysons, plague, Agues,
 trembling or passion of the heart. It preserves from
 diseases & infections: it lasts long & decayes not. Note
 The stones that are taken from the eyes of Crayfish are
 the right crabs eyes. MS. Lady Byron/

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D.....
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Haire .

To make hair grow. Burn bees to powder on a tyle stone, seeth the powder in oyle olive, and anoynt the place. M.S.

Another. Take a good spoonfull of hony, as much hogs grease, mingle

them and anoynt the place. Or Take a sheeps heart, burn it to powder, stamp it and temper it with sallet oyle, & anoynt the place. Or Take a spoonfull of oyl de bay, a quarter of Turpentine, as much hogs grease, mix them and anoynt the place with the iuice of spyk -nard. Or, make ashes of Sourthernwood, and mix it with the oyl of palma Christi, and oyl of Rape, and oyl olive, rub the head well therewith twice a day in the Sun, or by the fyre. Or wash your head with water, wherin the middle rinde of an elm tree is sodden. Or take green walnuts and bray them small with harts grease, or deer or swine grease, and lay it to the place. M.S.

Another. Take mice dung, with the ashes of burnt wasps and hazlenutts,

and a little vinegar of roses put thereto: make an oyntment therof, and often rub the bald place therwith. MS.

Another. Take a little white wine and onely warm it, and wash the head with it: or mix the iuice of Mallows or onyons with it. Mr. Digby M.S

To destroy hayr. Make lye with pigeons dung and wash the place;

or wash the place with water wherin oake leaves and the middle bark is sodden M.S.

Another. Take the white of 3 eggs, and the bigness of an egg of lyme, and a dram of orpement or arsenick, with half a pinte of lye: mingle all together, and rub the place where you would have the hayr fall oft, and it will be instantly done. M.S.

Another, Take Salt finely stamped, and mixed with fasting spittle,

being layd on a fillet, and applyed certain times, to the place where superfluous hayr is, probatum. M.S.

The kernells within peach stones, stamped and boyled with vinegar to an oyntment, is good to bring hair in the disease called Alopecia. MS. *Lady. Byron* .

Mayden hair infused in water is good to cleanse the head from dandruff, and bring hair againe. ibid./

Burn barley bread with salt and mix it with bores grease, anoint what place thou wilt and haires will grow there. ibid.

Hair to fall. Touch the place with vinegar, and ashes of

horsleeches ibid.

To cause hair to grow. The root of a radish stampt

with hony, and the powder of a sheeps space (trotter I think) dryed to powder./ ibid./ Item mice dung & their hair dried by the fyre & rubbd on the place./

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136 Head ache or pain./ & Megrim

Take a pound of Nutmegs, 3 or 4 kernells of peach stones; bruise them together, then quilt them in a cloth: take 2 spoonfull of rosewater, and 1 of vinegar warmed, well in a fayr dish, dip the quilt in it and lay it warm to your temples. M.S.

Another. Take 2 parts virgins wax and one part Mastick, melt

them together in a sawcer, spread it on a round linnen cloth: anoynt it over with some oyl of Nutmegs, and lay it next to the bare head MS.

Another. Take leaven, wine vinegar and fenegreek, beaten to

powder, make 2 cakes of it, lay one to the nape of the neck, and the other to the mould in the head. MS.

Another, take running time and ffennel, mingle them together with
vinegar and oyl of roses; anoynt the forehead. MS.

Another. Take harts horn, burn it and mingle it with oyle of Roses,
rubb the forehead and temples therewith. Also take Lettice, Cammo-
mill, Rosemary, bettony of each a handfull, put them together with
vinegar and rosewater upon a chafing dish of coales, till the
vinegar and rosewater be drunk in: then lay them to the temples
twice or thrice. MS.

Another. Take vervain, bettony, and wormwood, seeth them well &
therewith wash the head; then make a plaister: take the foresayd
herbs which were sodden, and grinde them small, and temper them
with the same liquor againe: and put thereto wheat bran to keep
in the liquor; put it in a linnen cloth, and lay it to the mould of
the head, as hott as may be: do it thrice. MS.

ffor all evills in the head. Take rew and stamp it well, and put
it into vinegar, and therewith smear the head. MS. *probatum*.

pain in the head. Take vervain, bettony, Wormwood, salendine,
plantain, rue, wallwort, sage, the rinde of the Elder tree, with
honey, and 5 corns of black pepper: beat them well together, &
boyl them with wine, and drink therof morning and evening. MS.

Another. Chew Mace, and hold them in your mouth that the fume may
ascend into the head; Also boyle Rosemary in white wine, and drink
it in rosewater. Or smell to spyknard. Or Take vervain with
honey, and put to it vinegar, temper them well together, and drink
it often fasting. Or wear the root of plantane about your neck.
probatum. MS.

Another: seeth betony in wine; take the broth, and put thereto Lynseed,
and cumminseed powdered, oat meal groats, and sowre bread, boyl
alltogether in the wine; being well boyled take it up and put it in a
pott; heat it in the broth, and lay it to the head. MS.

ffor all Manner of headache. Take rue, betony, sage, Worm-

wood, vervain, wallwort, alehoof, red fennell, plantane,
the inward rinde of Elder, take of each of these a handfull
washed clean: stamp them small in a mortar, putt thereto 9 bay
leaves, and put them in an earthen pott, to a pottle of red wine,

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and as much stale ale, seeth them till half be wasted; and at the begining
put in a *quarter* of an ounce of pepper in powder: let it seeth with the herbs:
then take it and strain it. Drink therof first and last 6 spoonfulls at a
time, at evening hot, and in the morning cold. use this 9 dayes. Wash your
head with this following. Take rew, alehoof, bettony, vervain, mynts,
wild time, red fennell, southernwood and wormwood, of each a handfull:
wash them clean and shred them, boyl them in an earthen pott with fayr
water, wash your head with that liquor; and shave your head, and make
a playster of that sayd liquor and herbs with wheat bran: and as hot
as may be lay the playster on the mould of the head. use it 5 times, &
remove not the playster but once in a night and a day: binde some-
what about the playster, and wear a cap over it. M.S.

Megrin or head ache. Take the weight of 4 pence of the root of

pellitory of Spain , half a penny weight of Spyknard: grinde them
together and boyl them in strong vinegar: and when the liquor is cold,
putt thereto of honey and mustard, of each 2 ouce: mingle them
well together, and let the patient take therof half a spoonfull, and hold
it somewhat warm in his mouth a little while, then spitt it out againe.
do this 10 or 12 times, a good while after meat, both at noon & night,
3 days together. *probatum*. MS.

Another. Take red sage, primrose leaves, dazy leaves, and housleek

of each a like portion: distill them, and keep the water, and therewith
anoyn the forehead and eyes. proved. Or take crumbs of brown bread,
and powder of Cummin, of each a handfull, put thereto sheeps tallow,
and temper it with vinegar, and the juice of bettony: make a playster
therof and lay it hot to the head. *probatum*. Or Take a weathers
gall, as much of *Aqua Vitae*, and then juice of herb grace, and ther
with anoyn the temples. *probatum*. Or Take great Rye meal, as
it comes from the mill, put to it Cummin bruised in a Morter,
Of each a like quantity: fry them in May butter; spread it on a lin-
nen cloth, and lay it to the forehead: use it so 3 nights *probatum*. Or
seeth a little quantity of Alloes and Mastick in white wine, and drink
it. M.S.

Head ache. Take spirit of rosemary, and putt a drip or 2 in the posset ale, white wine, or any liquid substance, & drink it. *probatum*. MS.

Head ache, and to cause sleep. Take a spoonfull of oyle of roses, and as much wine vinegar, beat it well together, and heat it over a chanfingdish of coales; anoynt the temples. MS.

Head ache. Take ground Ivy and stamp it, take the juice in a spoon, snuff it up in your nostrills: this purges the head mightily and takes away the greatest pain that is. *probatum*. MS.
Another for any head grief. Take bay salt and stamp it by it self, as much cummin seed, and stamp it, as much brown fennell, then stamp and beat them altogether, and mix them with pure vinegar, and a little rosewater: stirr them altogether in a

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dish over a chafingdish of coales: then lay some of the same hott, 138 upon a cloth and apply it to the hinder part of the head at night and tye it fast, that it fall not off: do this for 9 nights together, & it will not onely help (perhaps with in 3 or 4 times doing,) but also it will cleer the sight, and draw the Rheumes clear away that fall out of the head into the eyes, and dry the same. *probatum*. M.S.

Head ache, Megrim, and swiming in the head. Take alloes Epactum 4 drams, bryony, Mastick, myrre, assarabacca, and scamony, of each a dram: make them into powder, and mix them with the juice of fennell, and a little clarifyed honey to preserve them: take a dram therof early in the morning, and fast 3 or 4 howers after. This given 9 dayes together helps marvelously. This is excellent for all manner of headache, though never so old rooted: they purge all humors, and bring gladness: it is good for the eye sight and preserves the minde, hindering gray haires: it helps swiming of the head & Megrim, and heals the sounding of the eares. (but to weak persons give the lesser quantity. Make it into 5 or 6 little pills, and swallow them one after another at one time. *probatum*. MS.
Pain in the head. Doves dung and wheat flower, mixed with the white of an egg has helped many. MS.

Head to purge. Chew the root of pellitory of Spain in your mouth, but break it not, 3 dayes together: this puttts away ache, fastens the

teeth and purges the head. MS.

Head swiming, hart faynting, windy stomack. Take a Nutmeg, as

much cinamon, 2 spoonfull of Caraway seed: beat them all to powder, and mix therwith twice as much sugar candy: when the fitt comes eat alittle. little. Dr Martin . M.S.

ffumes ascending to the head. Take of poppy Water 3 ounces,

syrup of Violets one ounce, a few drops of oyle of Vitriol, to make it tart. take one half of this quantity going to bed. Dr Anthony . M.S.

Extenuunt humores crassos et putridos in capite Syrupus de Betonic, Syrupus de Stychade, Syrupus de Hysopo. MS. *Lady. Byron* . Ad purgand. caput. Rx. pill de Coch. et de Hiera cum Agarico. ana 3 i. de alloes scruple 3 i s. sumantur una a vice 7 pillulae in aurora. Sherbrook. MS. *Lady. Byron* .

ffor all head Aches. Rx. smallage and pound it, then take

the White of an egg and beat it well to oyl, takeing the rest clean away. then putt your said oyl to your smallage: make a plaister therof, and binde it to Your forehead and temples, and the Nape of the Neck. - or else, Rx. Wallnut leaves, seeth them in water till they be soft, and as hott as the patient can suffer them, binde them to the head.

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it is very good. D..... MS. *Lady. Byron* .

A water to break the Rheume in the head, and to expell the pesse (pose). Rx. a red onyon, break it small and seeth it in a little veriuice, then put thereto a little Clarified hony, and when they have well boyld together, put thereto a spoonfull of green mustard, and afterward let it boyl long all together: then lay the patient upright, and putt a little of the said water into his nose: then let him stand upright and he shall sneeze: use this 3 dayes continuing twice a day. M.S. L. *Byron* ./

Head ache proceeding from a cold cause. Make a posset of

milk, take of the Curd clear: then seeth the posset ale
with 3 or 4 leaves of Carduus benedictus: and when you
feel your head begin to ake drink it. ibid.

Pills for the head . Rx. Mass. pillul. aurcar. et sine quibus.

ana 2 ii. pill. Mastick, 2 i. cum syrupe de strechade
fiant pillilæ numero 7. inauratae. sumantur in aurora
cumvigilia. Abstineat a cibo per 3 vel 4 horas: then
drink some broth, and an hower or 2 after, eat.

If these pills work not very well, Rx 3 ii of syrup of
Roses solutive, an hower before your supper the same day,
in a draught of beer a little warmed, and it will casue
them to work exceeding well. - Or you may at other
times when you take no physick take 2 ounces of
Roses solutive an hower before your supper, and it will
work very well. And if you are troubled with deaf
ness, after these pills have wrought, you may usually
every night take a little oyle of bitter almonds, and
drop 2 or 3 drops into the one ear and ly on the
other side till you have slept, and stop that ear. - If
that help not, take the oyle or dopping of a sylver
eel, and use it so. - If both these fayl, take an
onyon &c. as in the Cure of the Eares deafness
you may finde a receipt, towards the latter end of
that Title./ Dr Barrow . MS *Lady. Byron* .

To cool the head , Rx oxyrodanum (made of vinegar &

red rose water) womans milk, and red rose water and
housleek: and with these or any 2 of them rub your
head when you go to bed or at other times. or oyl
of Roses with any of the other. Id. ibid./

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procure your self to sneeze twice in a week, without
omitting it, before you be ready, with this following powder,
it will help the teeth, purge the head and expell dullness.

The powder is this. Tobacco 12^d weight, cloves 4^d
mixd together in fine powder: then put to them 2 grains
of musk. rubb them together in a mortar. MS. *Lady Byron*

A gargarisme good for head and stomach. Rx a fennel root

and a handfull of Hysop, boyl them in a pinte and half of
water, till half a pinte be consumed; then strain it from

the herbs and put to it as much honey as will make it very sweet, boyling it and stirring it very well after. Keep it in a glass, and you will use it take 2 spoonfulls of it and one of wine vinegar: warm them together, and then put to a spoonfull of Mustard. ibid./ There is drawn out of the kernells of peaches with pennyroyall water a juice like milk good for the Apoplexy, if it be often held in the mouth it drawes forth water, and recovers the speech. ibid./

Head ache. Drink the juice of Betony, and apply the

dross to the temples: It is likewise good to draw out broken bones and heal the wound. ibid./ Item Cowslip water cures it. ibid. if it come of heat. Megrim. Tost the neither crust of a brown loaf and soke it in vinegar till it be soft: then heat it again and apply it to the temples as hot as may be. Ibid.

Megrim. Anoynt a Rye tost with Aqua vitæ, and

cast powder of Cummin on it and apply it. ibid. put a piece of a bruised onion into the nose, against the dizziness of the head & brain. and for the Lethargy, put the juice of an onion into the nostrills. ibid.

Head pain and giddyness. Apply a garland of penny-

royall about the head. ibid./ Pills of Cocha are good to purge the head, takeing one dose of them: but sleep not after takeing them: they will not purge much inwardly. ibid./

A very good strengthening for the head. Rx ^{^ Green} Walnut Kernels

90 in number, well peeled: dry them that they may beat small. take 2 quarts of mayden hony of yong bees: 2 quarts of Malmsy; put the Kernels, into it: let it steep well together. then stirr into it raisins of the sun; mace, cloves ana ȝ i well beaten to powder. Let it be cold. Keep it in glazed potts: take of it 2 dayes in the week morning and evening, as much as a wallnutt. It strengthen the brain & memory & causes sleep. /ibid./

Head Scald, and Scurf./ or forehead.

Take dock roots, and rost them in hot embers, wrapped in their own leaves, being rosted, stamp and mingle them with hogs grease; anoynt the head.
Or Take a rope of garlik and burn it: mix the ashes therof well with hony, and anoynt the head. Or anoynt the forehead 9 dayes with lamp oyl, and shave the head, and it will be whole. MS.

Another. Take the leaves of an oke, and the middle rinde of it, seeth them in water and wash the head. *probatum*. MS.

Another. Take fresh butter out of the Churn, and green wormwood bruised, boyle it to anoyntment. M.S.

A scald. May butter fryed black is good. Mrs Beaumont .

Another. water Cresses and May butter fryed to an oyntment. M.S.

Another. Take a candle and let it drop on it as hott as you can; in so doing it will scale off; then take the stale of a Cow, and furring of Chamber potts, boyl these together, and wash the place, it will speedily cure it.

A dry scald. Take 4 heads of Garlik, stamp them, then take half a pound of greace and putt it thereto. Putt them both together in a frying pan, and when they are well fryed strain it, and make an ointment and anoynt the head. Baltasar . MS. *Lady. Byron* .

To make hair grow. Rx water of red mother wort and wash the place. MS. *Lady. Byron* .

Head scald. Stamp garlick and honey. *ibid*

Another. put brimstone and may butter to sallet oyl and
use it. ibid.

Another. Mix tarr, with salt, soot and sallet oyl, of each
a like quantity: anoynt it dayly. It brings also plenty of
hair. ibid.

Item. Shave of the hair, and wash the head with vinegar
and wood ashes. ibid.

Item. Take Mullet leaves, shred them small, boyle them
in barrowes grease, cut of the hayr close; anoynt
with it, and cover the head all over with mullet leaves.
ibid./

The Decoction of the leaves of a fig tree is ex-
cellent to wash sore heads with: nor is there
scare a better remedy for the leprosy than it.
it clears the face also of Morphew, and the
body of a White scurf. Culpepper .

The leaves of the bramble or black berry
bush boyled in Lye, and the head washt with
it, heals the Itch and running sores, and makes
the hair black. Idem./

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142. Heart Distempers v. Cordialls, poysons./

Heart weakness . Take half a pinte of Rosewater, ha;f a spoonfull
of pearl beaten to powder: as much sugar as will make it pleasant,
putt this together in a glass, and drink of it 2 or 3 times. M.S.

Heart faynting or swouning. Take rosemary, sage, Bettony, and Mar-
joram, of each a handfull, and seeth them in a gallon or more, of
fayer water, till half be consumed: then take forth the herbs and
putt to the sayd water a good pynte of honey, then skym it well,
then put thereto an ounce of sticados, tyed in a fayr linnen cloth, &
let it seeth a little while then take it forth of the water, and put
to the water an ounce of Cinamon, 3 quarters of an ounce of Nut-
megs, and as much ginger in powder: drink a good draught of this
every day first and last, for 6 or 7 dayes, M.S. *probatum*.

Heart passion. Take 2 ounces of the juice of bugloss, cleansed or clarified at the fyre: white sugar candy 2 drams, mix them, and drink it going to bed, for 10 nights together. M.S.

A Linniment to strengthen the heart, help melancholy windes and fumes, and windyness and crudity of the stomach . Take oyl of

orenge flowers, sweet capons grease not salted, of each half an ounce: oyl of .. cloves, nutmegs and Cinamon, of each 12 drops, of ambergreece 6 grains: mingle them together, and annoynt the heart and stomach therewith. *probatum*. MS.

Heart griefs: Seeth bayes in white wine & drink it. MS.

Lady Byron

ffor the hott griefs of the heart, breast, stomach or sides, and to cause appetite: seeth 2 parts of the juice of ffennel with 3 parts of hony, to the thickness of hony: putt pepper to it, and eat 3 spoonfulls every day. ibid.

Heart burning . Chew crops of fennel, suck down the

juice, and spitt out the rest. ibid./
ffor heart Griefs, use Borage flowers, leaves or roots any way: use the flowers in broths to refresh the body./ ibid./

Heart stitch . Each potage made with bugloss, butter and water, morning and evening warme. ibid.

Heart Trembling, Rx. Conserve of the flowers of

Marygolds fasting: it also resists the plague and evill ayre. ibid./
Betony water is good against the heart burning, and against poysen and pestilentiall diseases. ibid./

pain at the heart. Take marrow, press out the juice of it, and take of it in the Nose. ibid.
panting and passion of the heart, giddyness of the brain,

and for members subiect to the
 palsy. Rx the flowers of La-
 vender, I mean the blew part pickd from the husk, mix
 it with Cinamon nutmeg and cloves, make it into powder
 and drink it in the distilled water therof. ibid./
 White Rose water being drunk twice or thrice a day, an ounce
 at a time, helps the fatness of the heart & conforteth it ibid.

Heart burning . Take a bitt of chalk as big as a
 pea, & swallow it down. ibid./

Heart beating . Eat fennel leaves in a morning. ibid./

A water for the passion of the heart, to procure
 sleep & to fetch one out of a swound.

Rx: 4 pound of Cherries stoned: 3 pints of Claret
 wine, a handfull of Rosemary: 2 handfull of balm,
 2 ounces of Cinamon 2 nutmegs: putt all these together
 & let them stand in pott all night: then distill them
 with a soft fyre. Boyl some sugar with musk, &
 take of this water sweetend with this sugar, & putt
 in some syrup of clove gilly flowers./ ibid./

Heart burning. Eat a little rosemary, it cures immediately

ffor Trembling of the heart and sudden passions of the
 minde, swoundings & such like . 14. spirit of sack 1

pinte. put to it 3 ii of S. Johns Wort. Lavender 3 i.
 Rose leaves 3 ii: boyl this in a close decoction, then di-
 still it in the strongest Balneo. Then put to that wa-
 ter Albotho horn 1 dram: bone of a stags heart a
 dram, white amber half a dram, corall, pear, ana
 3 drams: unicorns horn half a scruple: of civet
 & musk, of each as much: boyl this in a close de-
 coction & distill it twice from the feces. The dose
 half a spoonfull. It is most excellent, & cures
 absolutely. Old MS.

An Excellent water for passions of the heart, for
the spleen & mother

./ Rx. a gallon of Oaten malt

finely ground; putt to it a quart of sack, a quart
of Carduus water: let them infuse a day or 2.
Then putt to it a gallon of distilled milk; then
distill from this one quart: into which you may
putt galingale 2 drams, pimpernell seeds 1 dram

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harts horn 2 drams, Albatho's horn a dram: perl &
corall, ana half ȝ Mithridate half an Ounce: boyl
them in a close dedCoction, then distill in the strongest
balneo. The dose 1 spoonfull. old. MS./

A Deconction of Avens, ie Clovewort or herb Ben

net being drunk comforts the heart & strengthens
the stomach, and a cold brain, and therefore is
good in the spring. Culpeper ./ Balme the herb
steepd in wine, or the decoction drunk is a noble
comforter & clearer of the heart. Idem. The flowrs
of White Archangel or dead Nettles, preserved or
conserved are good against Melancholy, chear the
heart and quicken the spirits. Idem. Two or 3
of the Stalks of Burnet with the leaves, putt
into a cup of wine especially Claret quicken the
spirits, refresh and clear the heart, drive away Me
lancholy; is a speciall remedy to preserve the heart
from noysom vapours and infection of the Pestil-
ence, the juice therof being taken in some
drink, and the party laid to sweat. Culpeper .
Gentian is a great preserver of the heart from
fainting and swooning. Germander is excellent
against pensiveness and Melancholy. The Spi-
rit of the flower of Conval lillies distilled in
wine is a great comforter of the heart & Vitall
Spirits. A plaister made of the dried flowers
of Marigolds in powder, with hogs grease Turpentine
and rosin, applied to the brest comforts the heart
in all feavers tho Pestilentiall./

Hickup to cure.

Gargle vinegar, it will presently cure it. MS.
Nutmegs cure the Hickup, however taken. MS. L. Byr *on.*/

Another. Stamp wormwood sage and rue: seeth them with
vinegar and May butter; apply a plaster therof to
the brest for 24 howers. In stead of May butter
you may use fresh butter. ibid:

Dill stoppeth the Hiccough being boyld in
wine, and being but smelt to, tyed in a cloth
Item fennel leaves or seed boyld in water doth
the same. - Distilled water of hartstong
is good for the same. - Mints do the same.
Culpeper. / -

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Horse distempers

For sore heeles

Take half a pound of rosen, half a
pound of bees wax, & half a pound of
swines grease,

Grease molten in a horse.

Take salt & Chamberlye, & give the horse to
drink, ride him on it till he be only warm,
when you Come in, set him vp very warm, p probatum

Antimony beaten to powder, & given
a horse in his Corn, about a thimble
full at a time, is good for sore
heeles, & other inward Distempers

A purge for a Horse.

An Ounce of Alloes, 1^d of Iallop, 1^d of
Cream of tartar, mak it vp into 2
balls, with wheat flower, & give it him in
the morning fasting, then give him a pint
of warm ale after it & Keep him warm
all day sometimes we give 2^d of Ialop & Cream of Tartar

to Cure warbles

A Peny worth of Oyle of Turpentine, &
^ d of brandy & mix *them* together, &

Drop it vpon *the warble* when she Comes

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hot in & it will Cure.

ffor a slip in *the sholder*

Take some blood in *the plate vein*
& 2^d of oyle of Turpentine, & 2^d of
brandy, & Tye his fore Leggs
together & Rub it in with *your hand*
& heat it with a Hot fire shovell
Iohn Cotton

To Cure a Horse of Sore heels

Take 2^d of Wares Acre, a hapenny
worth of of Tarr, a quart^l of a poound
of Swines grease, Clip of *the hair*
of the horses heel & wash it little
with old netting or salt & water, *when*
they are dry, Lay on *the salt*,

To Cure a Horse of Sore heels.

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Horses distempers. v. horse cough, and Glanders. Grease./ 145

Horse to fatten. Give him at meals, 2 handfull of wheat steeped 24 howrs
in mans water, with a little cummin seed and fennel seed. MS.

Horse foundered. Take a pinte of Tarr and a pinte of Trayn oyle,

half a pound of hard tallow, 3 pennyworth of Turpentine; boyl it well
to'gether, and stop his feet with it once in 3 dayes. M.S.

Horse hoof to make tough. Take turpentine, barrows grease, May butter,

or fresh butter, bees wax, sheeps suet, hony, Tarr; make a cake
therof being tryed; so take of it being melted, and anoynt the horse
hoofs; also now and then stop the horses forefeet with Turpentine
and barrows grease in Summer, and turpentine and Tar in winter,
this will hinder all danger in travell. *probatum*. M.S.

Pains in horse leggs. Take Sallet oyle and the whites of 2 eggs, beat them together till they be well mingled; then let the horse legs be clean pickt with your nayles, then dress them with this oyntment till they be whole; it kills the pains for ever. M.S.

Another. Take a pound of red lead, a quart of good Sallet oyle, mingle them both well together and anoynt the legs. M.S.

Another. Take 2 pound of black sope, half a pound of hogs grease, boyl them together a *quarter* of an hower, continually stirring them for fear of burning; then take a quart of the strongest white wine vinegar, half a pound of red lead, and as much toad spaire as you can hold in both your hands; boyl these 3 together and keep them with stirring, till the vinegar be consumed; then strain it with your hands, and mingle them with the black sope and hogs grease, boyl them together a pretty while, put it in a close earthen pot for your use. M.S.

Scratches or paines in horse leggs or heels. Take Inner rinde of Elder, bramble leaves and sage leaves, of each a good hand full: chop them small, and boyl them in spring water a pret ty while; then putt in a quarter of a pound of roch allum, small beaten: when the water is allmost consumed, thicken it with wheat meale. M.S. lay it to horse heels playster wise.

ffor a horse that is sinew strained by an over reach. Take a quart of strong ale, and put in a handfull of Cammomill flowers, boyl it till it grow something thick, then put in some spatch grease, and lay it on in manner of a charge; let it ly on till it come off of it self: keep him dry in the house, and if this do not, lay on another. M.S.

Another. Take bole armoniack made into fine powder, the quantity of a wallnutt, of common soap the quantity of an egg, a spoon full of whitewine Vinegar, the whites of 3 eggs, beat all these together, till they come to an oyntment, then clipp or shave

off the hayr as close as may be: then rub it well in with your hand at least a *quarter* of an hower: then spread some on a cloth, & (146 sow it about the place grieved: dress it againe once in 24 howers, or sooner, if you find the plaister dry, as oft as you see cause. M.S.

Strain in any place. Take a pinte of Neats food oyl, 2 ounces of oyl of spike, 2 ounces of oyl of bayes: beat them all together, and rubb it well in with a hot iron. MS.

Gauled horse back. Take water and red bead, and mingle them well together, spread it in a peece of leather or cloth; apply it to the back; chambering your saddle well, that it touch not. MS. Galld horse back, mix ashes of burned barley, with burnt roch allom, use it: and also for fistulas, and to eat out dead flesh but as it heals put in more barley and less allom. MS. *Lady Byron* / If a horse be sick, and it is not known wherof, put a portion of fearn root under his tong, and he will by and by cast out his excrements both wayes, and so rise and do well. ibid.

An excellent Receipt for Horse or man. 2^d in stone

pitch. The quantity of an Egg in Rosin. 6^d in Ma- stick. 4^d in ffrench flies. 4^d in Venice Turpen- tine. Mix all these together, except the Turpentine, and when they are boyled over the fyre, put in the Turpentine: but be carefull it run not over. Apply it as hott as you can to the sinews, and lay flax over it, and let the horse stirr as little as may be for 24 howers after. Mr Burroughs of Watnall ./

The glanders in a horse, or an old cold. Rx a pinte of Sallad oyl, as much white wine vinegar, a pint of hony; 2 pennyworth of burnt allom, beat to powder, as much ginger & cinamon, & 3 penny worth of Treacle. MS. *Lady Byron* ./

ffor a Galled back. Rx. a pottle of Veriuice

2 penny worth of green Copperas, boyl it
to a pinte and a half, wash the hole with it,
and fill it with red lead: let it remain
3 dayes untouched, then wash it with the
same & fill it again with red lead. This
will heal it, though galled to the bone./

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Jaundies, yellow and black.

..... Yellow iaundies. Take an apple, cut a hole in the top, put in a little safron, close it again and rost it: eat it hott 3 or 4 severall dayes together: also use leaves of Salendine in your hose, next the naked feet. M.S.
Take endive hartstong, pennyroyall, of each a handfull; smallage, fennel, and parsley roots, of each 2 roots; of anniseeds and Cumminseeds, of each half a quarter of an ounce; seeth them all in 3 pintes of water, and the third part of a pinte of white wine vinegar, to the half, when it is cold strain it. Every morning with a little sugar drink a good draught bloud warm, fasting. M.S.

ffor the jaundies, and to open the Liver and spleen. Take a dram of

Rubarb, sliced in small peeces: 2 drams of red dock roots, being first washed and cut in small peeces: and the weight of 7 barley corns of fine Cinamon: steep them all night in a draught of whey, (the whey being sodden, and skymmed and hott) cover it and so let it remain by the fyre side, till morning: then strain it hard; drink it luke warm about 6 in the morning, then fast 2 howers, then drink a mess of broth, and within an hower after eat your meat. Now besides that, every night steep the weight of 2 drams of red dock roots, in whey, with some anniseeds, and so drink it in the morning fasting. M.S.

Take a quart of ale or beer, a little quantity of sack, a quantity of the Inner rinde of a barbery tree, 5 burrage roots, leaves and all: a little rosemary, some red sage, boyl all these together 2 or 3 dayes or more: keeping your self warm. M.S. Mr Thorowgood .

yellow jaundies. Take 3 ounces of syrup of Lemons, mix it with

2 drams of powder of hartshorn; take of this a proportion for 3 mornings together. If after this you finde the stomach clogged with flegm, take a gentle purge of Rubarb, infused in white wine with syrup of roses. probatum. M.S.

ffor black or yellow jaundies. Take a pennyworth of Safron, a

pretty quantity of Ivory; make them into powder, which being done, divide them into 9 equall parts; take as much ale as will serve for a little draught; then heat a gad of steel red hott, and quench it in the drink to heat the same; which done, putt in one parcell of your safron and Ivory, drink it in the morning fasting; so continue every morning, till the rest lasts: this will without doubt help: if some powder of earth worms and wood lice be used, it will be better. M.S.

Yellow jaundies. Take a burr root, the greater the better, scrape

it clean, then take a pott of new ale, putt your root therin, and it will boyl; let it be therin a day and a night well stopped: drink a good draught 2 or 3 times: it will cure. M.S.

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Jaundies yellow or black. Take a pinte of strong beer and a good (148

handfull of red worms, wash them clean from the earth, stamp & strain them; take a penny worth of safron, a penny worth of Turmerick, putt them all in the drink, and stirr them well together, drink of it every morning for a week together, or longer if need be. Strain the safron before you put it to the other things. M.S. *probatum*.

yellow jaundies. Take handfull of broom and bruise it, steep it

in beer, and the 3^d part of a pennyworth of Safron: drink of it 3 mornings together. M.S.

Black jaundies. Take a live tench, cutt it through the middle, lay

one part at the heart, the other part at the back, just against the heart. M.S.

Another. Take shell snayles and dry them in an oven, so that you

may make them into powder: takeing a spoonfull therof in ale, in a morning fasting, 9 or 10 dayes together. *probatum*. M.S.

Another. Take earth worms and slice them and cleanse them from

the earthy matter. (6 at least) then cutt them in peeces, and

make therof with oat meal and water, a good Mess of pottage,
eat this quantity 12 dayes together, it perfectly cures. Or else
a spoonfull of the powder of them, taken every day in a draught of
any drink doth the same. *probatum*. MS.

Another. Take a gallon of ale, a pinte of honey, 2 handfull of
red nettles, 1 pennyworth or 2 of safron, boyl it in the ale,
the ale being first scummed: then putt the hony and Nettles
therin, boyl them all together, and strain it well; drink a good
draught therof every morning for 14 dayes, M.S.

Yellow iaundies. Take half a handfull of the inner rinde of a
barberry tree, half a handfull of Selandine, half a handfull
of featherfew, a pretty quantity of Safron, stamp them all toge-
ther, and lay them to steep in a quart of ale all night: drink up
this quart in 3 or 4 mornings, and if you think you shall cast
it up again, dip a cloth in vinegar and hold it under the throat,
and if that will not do, wrap it round about the throat, MS.

Another. Take garden worms and slitt them, wipe them clean, &
dry them, and beat them to powder: then take of Turmerick
and of Safron, of each a dram, and 2 drams of Rubarb, min-
gle all these together, and take as many as will ly upon a 6
pence, put it in a beer or any other drink, and drink it mor-
ning and evening. MS.

Another. Take a little safron and bruise it a little, put it in
a linnen cloth, and tye it to the navel. Or 2 spoonfull
of the juice of Smallege, with 4 or 5 spoonfull of white
wine: drink it warme. MS.

Yellow Jaundies. Rx. a penny worth of old ale, and
a good quantity of the Inner bark of goosgrape.

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tree, and 9 corns of Saffron cutt small with a knife 149
putt all these into the ale: then take a gad of steel, make
it red hott, and putt it into it. Then strain all through
a linnen cloth, and take it first and last. M.S. *Lady Byron*
It may be given to a woman neer her account./

Iaudies. The dung of geese dried, one dram of it drunk

in white wine 9 mornings together:/ or Rx. a pinte
of water in a new pipkin, and 3 large spoonfulls of harts
horn putt to it: sett it on small embers, that it may sim
per but not boyl, till half be wasted: cover it close, and
when it is almost ready, then take 4 or 5 spoonfulls
of Rose Water and putt to it, take it up and let it
run through a clean cloth: then season it with sugar
and drink it. ibid.

A broth for the yellow Iaudies, to open the Liver, and for the
Morphew

. Rx. a very fair pott, with 3 quarts of fair

water, sett it over the fyre; then take a chicken, let it
seeth in the pott, skim it very fair: then take Endive i.
Succory iss. Egrimony ss. Mayden hair ss. Scabius
ss. Liverwort a good quantity. 3 fennel roots, 3 parsly
roots, 2 yellow dock roots, all these must be well washed, scra-
ped, and the pith taken out. Then take prunes ii. as
many great raisins of the sun, as many currans, some
whole mace; the fruits must be washd clean and putt into
the pott with the flesh: let them seeth a good while, then
putt to them the bottome of a manchett; let them seeth,
till the broth begin to change of a reddish Colour, and
be not in quantity above 1 quart. Then strain the broth
through a fair strainer. Take it 14 or 15 dayes together,
then discontinue for a forthnight; afterward, if there be
cause renew the takeing of it againe: ibid./

Yellow jaundies. Seeth as much of barbery bark as a

wallnutt in a pinte of water, binde it in a cloth: drink
a good draught morning and evening, and up it in your
drink: ibid.

Another. wash the roots of the reddest docks, putt them into
a vessell of good ale; when it is stale drink therof
dayly. ibid.

Black jaundies. Make powder of a pomegranate, large
mace, long pepper and sugar: drink it with posset

ale, malmsey, or other broth sodden together. *probatum.*
ibid./

Iaudies. Drink the broth of mints sodden with an

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old cock, with Cinamon and mace. ibid. 150

Iaudies. Seeth Rosemary in clarified ale and strein it,
and putt in yellow turmerick, safron & sugar: drink
therof morning and evening./ ibid.

When the tong is hott and bitter in the jaundies; lay
sage in cold water 3 howers, and stroke thy tong there-
with. ibid

ffor the black jaundies, or Dropsy, or Stopping of Urine,
or the store. . Rx. powder of Earthwormes, and half
as much red saunders; mingle these with castle sope &
make them up in pills. Give 5 little pills at a time
in the morning fasting, and as many in the after-
noon. They purge by urin and strengthen the Liver;
If you take them for the jaundies make some thinn
broth with fennell roots, parsly roots and store of
sorrell roots, and drink one good draught an hower
after. If it be for the stone, take a good draught
of cleer white wine or posset ale. Stor the dropsy
the like. You may continue the takeing fo these pills
as long as you see cause. *probatum* . ibid./

ffor the Iaudies both black and yellow, and for the Collick &
stone. . Rx. a peck of snayles in their shells, wash them in a great
bowl of strong beer or ale; make your hearth very clean and powre
vpon it half a bushell of Charcoal, sett them on fyre, and when ty
are well kindled make a great hole in the midst: and when the
drink is well drained from them, power in the snayles, shells & all.

Scatter some of the live coales among them; and so let them wash as long
as you hear them make any noyse: then take them out, and with a
knife and a course cloth pick and wipe them clean from all their
green froth: then bruise them in a stone morter, shells and all, Rx
also a quart of great Earth wormes: Slitt and scowre them with salt
twice over; then wash them and beat them in a stone mortar: then you
must make your pott very clean, upon which you must sett your Lim-
beck or Still: then take 2 handfulls of Angelico, and lay it in the
bottom of the pott, and 2 handfulls of Celandine and lay it upon yt, ,
Then putt in 2 quarts of Rosemary flowers, bears foot (I think it is, or hares foot), egrimony, red duck roots,
the bark of barbery tree,
wood sorrell & bettoney, of each two handfulls. (--- -- heer is some-
thing wanting) ----. Then lay your snayls on the top of all; then
power 5 gallons of strong ale on them; cover your pott and let it stand
a night at least in the place where you mean to putt fyre under it: & in
the morning you must putt 3 ounces of cloves beaten to powder, & sa-
fron in powder the weight of 9 pence: and of very good harts horn ras-

ped 6 ounces. You must not stirr it after you have put in the harts horn, for fear it go to the bottom: then set it on your Limbeck, into 6 pinte glasses, which is as much as will be good. the first is strongest. *vide* V. fol. Iequent. sequent.

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151.

Harts horn.....

Jelly, to make.

.....
Take 4 ounces of shaved hartshorn, putt it into a pottle of running water: let it ly and steep all night: then powr that water clear from it: and put in a pottle or 5 pintes of clear water more: set it on a small fyre, that it may stand and boyl softly. (keep it clean scummed till it will jelly, which you may try by dropping a drop on a dish) then strain it out, and sweeten it with fine sugar, and putt into it a spoonfull of red or Damask rose water, which you like best. and if you will have spice in it, you may putt in what spice you will: you may also cast in 2 or 3 peeces of gold as it boyleth, and rosemary flowers, and Cowslop flowers. Take 2 spoonfulls of it in the morning fasting, as much at noon, and as much at going to bed. M.S.

Impostume.

Impostume, ⁱⁿ head or ear. Take the tops of Time, penny royall and rosemary, a pretty quantity: boyle these very well in a pinte of new milk, then putt it boyling from the fyre in a pottinger: set a tunnel over it to keep in the steam; put the nose of the tunnel into the hole of the ear, to take the steam up into the head: then putt a little oyl of bitter almonds into the ear pained: stop it with black wool, and keep and keep the head very warm; you may heat it 2 or 3 times in doing, and when the milk is cold it will serve 2 or 3 dayes. M.S.

Another . Take of rose mary, cammomil and pennyroyall of each a

handfull, boyl them in milk, when they are boyled take a tunnel, and cover the decoction: put it as neer the hole of the ear as may be endured, and take the steam into the head. M.S.

Impostume to break ~~break~~^{ripen}. Take a lilly root and an onyon, boyl them in clean water, till they be soft and very tender; then stamp them and fry them in swines grease: lay it to the sore as hot as may be. MS.

Impostume to ripen . Take wormwood and mallows, of each a good handfull, stamp them and mingle them with a *quarter* of a pound of swines grease, fry them, and put to the a good quantity ^ or handfull of wheat bran, a little wine, 3 ounces of hony, boyl them till they be thick and lay them hot to the sore. M.S.

Impostume to break and heal. Take of yolks of eggs 2 ounces, white salt finely ground 1 ounce, hens dung that is liquid and red like hony 1 ounce: mix all these together without sl...fyre, lay it on morning and evening a little warm; it will soon draw out the Impostume & heal it after it has broke it, without any other help. keep this as a secret. *probatum* M.S.

Impostume in the stomach. Take barley, dried beanies, and liquorice cutt in pieces; of each a like quantity: seeth them altogether in fair water, and every morning fasting drink a good draught of it with some sugar, and also at night when you go to bed: do this 5 or 6 dayes together or more, and it will destroy any impostume. MS.

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Imposthume in the head to break . Take a red onyon, cutt it small, and boyl it in a little vinegar a good while, and put thereto a little hony: being well sodden, put to it a spoonfull of Mustard, and let it seeth againe well: then lett it cool a little; let the party ly upright, and so putt a little into his nose: then let him stand up; use it so twice a day, for 2 or 3 dayes. MS.

Imposthume in the throat . Rx. juices of strawberries & of plantane water, of each ȝ viii. of Rosed honey

3 ii. juice of Mulberries 3 i. of Album grecum and Ba
laustia ana 3 i. mix them altogether and wash the
mouth therwith. MS. *Lady Byron*
Leaven of Rye bread ripens impostumes. ibid.

To ripen an impostume. Rost an apple in the embers, mix

it with butter and honey, or the yolk of an egg sodden,
and apply it. ibid./

Apply the juice of onions with raisins and figgs
to impostumes, to break and draw them. ibid./

Impostumes and swellings at roots of the nayles;
stamp an acorn with black sope & apply it. ibid.
ffor all manner of Impostumes, Drink scabious and
Aqua vitae. ibid.

Chickweed is very good to dissolve apostems and
hard swellings. Atriplex, Orach or Arach
cools hott Apostems. Scabious boyld in White
wine & drunk is excellent. Pitch mollifies
hard swellings, brings boyls & sores to suppuration,
breaks Carbuncles, disperses Apostems. Cleanses ul-
cers of Corruption, and fills them with flesh.

Scabious water is good in plurisies, stitches of the
side, Apostumes, Coughs, straitness of breath.

Item unguentum Nicotianum or oyntment of
Tobacco, a description wheroft you have in the
London Dispensatory, is admirable for tumors,
wounds, and among others for Apostumes, ulcers,
botches. &c. The unguentum Resumpti-
vum in the same Dispensatory is a gallant
oyntment for Inflammations of wounds or
Impostumes; In inward Apostems, as pluri-
sies, annoynt the externall Region of the
Part. The Emplastrum a Nostratibus or
fflos Unguentorum: ibidem, is very good. Cul-
pepers Dispensat./

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The reminder of the Receipt

153. *Vide folium precedens.* for the yellow and black iaundies, Collick and stone./

This must be given in the morning fasting, and not eat aft
2 howers nor sleep. It must be taken 3 spoonfulls of water
in spoonfulls of 6 shilling beer: if the party be weak, they
may take twice aday: and be sure to use exercise, especially
of the armes. MS. *Lady Byron* This water is to be found more
at large among the waters in this Book:/

Impostumes or Apostumes ./

Water Agrimony, alias Waterhemp, bastard hemp,
Eupatorium or Hepatorium, breaks Impostumes
taken inwardly./ Missetlo, both the leaves &
berries heat and dry are of subtil parts: the bird-
lime doth mollify hard knotts, humours, and Im-
postumes, ripeneth and diseasseth them. The
fresh wood of any Missetlo bruised, and the
juice drawn forth and dropped into Impostuma-
ted ears, helps them within a few dayes.

The juice of pellitory of the Wall, or the distilled
Water asswages hott & swelling Impostumes, burn-
ings and scaldings by fyre or water, all hot
humours and Inflammations, being bathed often with
wett cloaths dipt therin./ Ragwort, alias
S. Iames Wort, Stagger wort Stammer Wort,
and Seggrum. The decoction of the herb is ex-
cellent to wash the Mouth or throat that have ul-
cers or sores: and for swellings, hardness &
Impostumations it throughly cleanses & heals
them. Rye is more digesting than Wheat,
the bread and leaven ripen and break impost-
umes, boyls and other swellings. The leaves
of sage and nettles bruised together and laid
on the Impostume that rises behinde the ears
doth asswage it much. Sanicle is excellent
to heal all green wounds speedily, any ulcers,
impostumes or bleedings inwardly: it wonder-
fully helps any humours in any part of the
body, respecting and dissipateing the hu-
mour, if the decoction or juice therof be
taken, or the powder in drink and the juice
used outwardly. Culpeper s. English Physitian./

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154. Ink to make.

Take a pottle of strong beer wort, galls 4 ounces, Gum arabick 2
ounce. green coperas 1 ounce: break the galls in pieces, and the gum,
mingle them together, let it stand 3 or 4 dayes in an earthen pitcher, then
boyl it an howr or 2. MS.

Another. Take 6 ounce of galls, gumm 2 ounce, coperas 4 ounce, bruise

the galls & putt them in a quart of Claret wine, or rain water with the
gum and coperas: set it in the sun and stir it every day. MS. probatum.

The Lady Harringtons way, most excellent. Take galls 6 counces,
bruise them a little, then put them into a pottle of strong ale wort,
let them soak 3 weeks: then strain it clean from the galls, put to it
coperas 6 ounces, Gumm 4 ounces. It will be ink in 2 howers. MS.

Another. Take a pottle of strong beer (or March beer) of the
cleerest, and rather then not cleer let it be the smaller.
galls of the greenest 6 ounces, bruise them into great peeces
as can go into the glass, so lett it stand a forthnight in the
hottest summers Sun, stirr it 4 or 5 times a day, then strain
it, but let no grumbbs go through; then your glass being
washed fayr, putt it into it againe, and then putt into it
4 ounces and a half of the greenest coperas, let it stand
2 dayes, and then putt in 2 ounces of gumm Arabik, of the
cleerest; let them stand another forthnight without stirring,
then use it. MS. Mr Willugbby .

Red Ink. Take gum Arabick with Vermilleon, grinde them
together, and putt water to it. MS.

Black Ink. Heathcot of Derby 's way. Take 5 ounces of bruised
galls, steep them 20 dayes in a quart of sack. (old March beer or
rain water) then filter them through a flannel bag, which will
be 2 or 3 dayes in draining: then put 2 ounce of copperas,
and 2 ounce of gumm Arabick to it; when they are dissolved
force (or searce) all through another flannel, and put it
into glass bottles to stand in the Sun for a Month or 6
weeks.

Another way. Galls 4 pennyworth crusht in a mortar, coperas 1 pen
nyworth: gumm Arabick 2 pennyworth: pomegranate rindes 2
pennyworth or more; onely bruise them: 3 quarts of new wort, or
old stale strong drink: put into your wort, first the copperas, &
24 howres after the galls and gumm; and 24 howers after, the
pomegranate rindes: let it stand a week in the sun, it will be
excellent: better in a bottle then an open flat vessel. Mr Wrest

Another way. Galls - coperas 2 ounces, infused in stale

beer (ale is better) 2 quarts: then boyl it to the consumption of a pinte at least: being luke warm, add 2 ounces of the clearest gum, cherry or Arabick: lastly pomegranate Rind 1 ounce grossly powderd: and 8 drops of Aqua vitæ to keep it from freezing. TW

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Another way to make Ink. Take 5 quarts of White

wine, strong wort, or rain water; 12 ounces of galls grossly beaten; Gumm Arabick smally beaten, 8 ounces of Copperas; all these you may putt in the liquor, stirring it thrice a day. But your best way will be to putt it in a small clean bag of linnen made for the purpose: stirring it as often as before præscribed: and then you shall not need to strain it, for it is a foule work. But if you will strain it after 7 dayes, your Ink will be exquisit. At which 7 dayes end you may bottle it for your use: it need never be sod, or come neer the fyre. Mr Wrest .

Red Ink. Take a pinte of wine vinegar, or

common vinegar, seeth it, and put in an ounce of brasil: when it hath sod half a quarter of an hower take it off, strain it, and clear your vessell: sett it on to seeth a 2^d time, leaving out the brasil: when it begins to simper, put in half an ounce of roch allum, finely beaten, then glass it for your use. If you putt in the quantity of an halfe nutt of Gum, it will fasten it better and give a lustre. Mr Wrest .

Black ink. Take as many galls as will fill half

a pinte, cutt them in peeces and putt them into an Earthen pott: into which putt a quart of beer, not too strong nor too small: let it stand 10 howres and strain it from the galls: putt to it 2 ounces of vitriol, and a 3^d part to the Vitriol, of gumm Arabick: sett your vessel on a moderate fyre to warme, not permitting it to seeth.

then putt it into an earthen pitcher well glazed
within; or a thick glass bottle for your use.

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Another way. Take 5 quarts of rain water, and

one quart of vinegar: or 6 quarts of stale strong
beer, in either infuse a pound of galls, a quarter
of a pound of roch allum, half a pound of co-
peras, half a pound of Gumm Arabick: pound the
galls to powder, putt them together in a barrell, and
sometimes sett them in the sun: and be often stir-
ring them.

Lavender water a drop or 2 keeps ink from
moulding. Item a little Bay Salt./

To make Ink: Rx hard sugar 2 ounces: green

coperas 2 ounces, gauls 4 ounces, gum 4
beat the galls and put altogether into a bottle
with a quart of rain water. Let it stand 6
weeks before you use it. MS. *Lady Byron*

To make green Ink. Rx. Verdigreese, Litharge

Quicksylver, of each a sufficient quantity,
grinde and mingle them Urine; it will
be a glorious green like an Emerald to
write or paint with. - or thus Grind
iuice of Rue and Verdegreese with a
little Safron together. When you would
write with it, mix it with gumm Water
- Or thus. Dissolve. Verdigreese in
Vinegar, Strain it, then grinde it
with Common Water and a little hony:
dry it, then grinde it again with gumm
water and it is done. Salmon .

Blew Ink. Grinde blew with hony, then

Temper it with glare of eggs, or gum
water made of Isinglass. Idem.

To take out blotts, or make black letters.

Vanish in paper or parchment It may
be done with Allum water, or Aquafortis

mingled with Common Water. Item./

memorandum I put 2 ounces of Galls ^{^to} a wine Quart of Ale *then strain out*
the Galls & put in 2 ounces of gum Arabick & almost a farthings worth of Coperas & Small
Quantity of Loaf Suger, put in the Gum whenthe Galls have infused a week with the Coperas &
next the Suger.

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A joynt prickt with D..... Needle or Yarn, and
to draw Iron or D..... wood out of flesh. 157.
Take wheat flower and temper it with wine, boyl them together till they be
thick, apply it as hot as may be. M.S.

Iron or wood to draw out of flesh. Take the juice of Valerian, and dip a

Tent therin: put it into the wound as deep as you can; and the herb stamp
ed on the same, with a linnen cloth that it remove not away: this will not
onely draw it out but heal the wound. MS.

Thorn to draw out. Take the bark of a hathhorn, seeth it in red wine, till
2 parts be consumed: powr out the wine and stamp the bark small.
temper it with bores grease, fry them, make a playster, apply it hot. MS.

Another. Take a ferne root, wash it and boyl it in fayr water, till it

be as soft as pap: bruise it very well in a porringer with the back
of a spoon: then take a pretty quantity of honey, and clarify it over the
fyre: then beat the hony and ferne roots together, boyl it to a salve
and use it. MS.

Leaven of Rye bread draws out thorns and splinters *Lady Byron*
To cause a pellet or thorn to come out of the flesh, or
a shott. Stamp Betony with the fatt of a hare , into
an oyntment and apply it ibid.

Apply Bullfoot with swines grease, it will pluck out
thorns or pricks. ibid.

To draw out any prick or arrow head, stamp lilly
root and seeth it in wine and apply it 3 dayes. ibid.

Onyons by themselves or with hony, draw out pricks and
spells. ibid.

ffor the pricking of a needle in any joynt ^{or sinew,} under the
nayl, if the hole be stopped, and you be in pain. Rx. fine
Wheat flower, mix it with white wine, then boyl it to-
gether till it be thick: then lay it hott to the place
as may be endured. This will open the hole, & draw
out all the venom and heal it. It is also good for
a bile. ibid.

Thorns in the fingers, Stamp Southernwood with vinegar & apply it. ibid.

The Leaven of wheat meal drawes out slivers, splints & thorns, especially in the soles of the feet. and it ripens opens and breaks all swellings, especially if good juices of fitting herbs be putt thereto. ibid. Item Seeth wheat flower to draw out pricks, it helpeth the paine & drawes out the venom, and heals it againe, It is also good for a bile, uncome or felon, or white-flaw ibid.

Bruise both your Galls gum & Coperas

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To draw out a thorn. Take the middle bark of Elder

and lay to it. ibid. 158

pricking with a needle. Take fine wheat flower, temper

it with white wine to a plaister, lay it on as hott as can be suffered. ibid./

To draw out splinters or thorns. The mucilage or

slimy substance of Ivy, layd plaster wise ibid./
(Ivy I think it is: Cuvy)./.

Agrimony outwardly applyed being stamped with old swines grease, helps old sores, draws out splinters of wood, maybe or other things gott into the flesh. Culpepers . English Physitian./

The herb Archangell or Dead Nettles, being bruise and alone (or with salt, vinegar & hogs grease) applyed drawes forth splinters. - Briony or Wilde Vine, the root being bruised and applied of it self to any place where the bones are broken helps to draw them forth, as also splinters & thorns in the flesh. A mucilage of the seed of Clary made with water, and applyed to tumours or swellings disperses and takes them away, and drawes out splinters and thorns gott into the flesh. The meal of Darnell, (alias wray or Crop) applied as a pultis drawes out splinters and broken bones. The Roots of Eringo or Sea Holly being bruised and boyled in old hogs grease or salted lard, and applied to broken bones, thorns &c. remaining in the flesh doth

not onely draw them forth, but heals them up
again, gathering new flesh where it was consumed
The Root of Stinking Gladwin is very effec-
tuall in all wounds, especially of the head, & to draw
forth splinters, thorns and broken bones, or any
other thing sticking in the flesh without pain,
being used with a little Verfegreese & hony, and
the great Centaury root. Take of the
distilled water of the flowers of Hawthorn, wett
cloaths or sponges in it, apply them to any place
where thorns, splinters &c. stick in the flesh; it
will notably draw the out. Idem ibidem:/

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Joynts pained. vide. Ache. Also Limbs weak. 159.

Take all the horn that a buck casts of, the later the better; but take nothing
but the horn: cut the same into small peeces, seeth it in a gallon of fayr
water, till all be come to a pinte or something more: then cast away the pee-
ces of the horn; and let the water stand till it be cold, which will be like a
jelly, when you use it, warm some of it in a sawcer, anoynt the greeved
place therwith morning and evening by the fyre: in 9 or 10 times dres-
sing it will help. *probatum*. MS.

A Lozenge preservative and curative for palsy or weakness of Lymbs.

Take sugar 4 ounces: boyl it in sufficient rosemary water to the
height of a Lozenge, then putt to it ambergreece 6 graines, dis-
solved pearl the weight of 6 pence: so make your Lozenge: eat
2 of them every morning for a forthnight, eat of them also at
other times between meales: this much strengthens nature. MS.

An excellent Medicine for impostumes in

Diseases in the Kidneys. v Stone.

An excellent medicine for Impostumes and Consum-
ption of the Kidneys./ Rx. water of Eringo roots 2
pintes: of *Carduus Benedictus* 2 pintes.. putt to it of white
lilly roots (A) ie an ounce (I think) *sangvis draconis*
3 drams, Mirobolans a scruple, *Euphorbium* a
scruple, diagridion a dram: Nutmegs half A (ounce)
Cynamon half ounce. Boyl all in a close decoction,
then press it; & putt to the liquor of *Saxifras* 2
drams: China 2 drams, Mace a scruple, cloves
a scruple, or rather a dram. Cubeb 2 drams, dill
seed a dram, fennel seed a dram, aniseeds 2 drams,
licorice half an ounce, parsly seed 2 drams: boyl
this again in a close decoction: then press it, and

distill the water without the feces: then after distill all the first feces & last together by it self: then putt both the waters together. The dose is a spoonfull in the morning, noon & night. - out of an old MS./

Broom; the juice, or the Decoction of the yong branches, or the seed or powder of the seed taken in drink purgeth downward, & draws watry phlegmatick humors from the joynts; & so helpeth the dropsy, gowt, sciatica and pains of the hipps and joynts. It also provokes strong vomits and helps the paines of the sides, &

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swellings of the Spleen; cleanses the Reins or kidneys and bladder of the stone, provokes Urine. 160 abundantly, and hinders the growing again of the stone. The distilled water of the flowers is profitable for all the same purposes. The decoction of Broom rape in wine is powerfull for the same effect. The Decoction of the roots of Butchers broom doth the same. Culpeper . Engl. Physit. Crabs clawes (alias Water sSengreen, Knights Pondwort, water housleek, wadeing pondweed, fresh water souldier) is a plant of Venus; so a great strengthen-
-er of the Reins. It is excellent in S. Antonies fyre, aswages all inflammations & swellings in wounds, and an oyntment made of it is excellent to heal them: there is scarce a better Remedy for such as have bruised their Kidneys, and upon that account piss bloud. A dram of the powder of the herb in a morning is good to stop the terms. Idem.

The yong tender leaves of goosberry bushes break the stone & expell gravell from Kidneys & bladder. *Idem* The herb Wintergreen boyld in wine and water and given to drink to them that have any inward Ulcers in their kidneys, or neck of the bladder, doth wonderfully help them - The juice or water of kidney wort (Wall penny royall, wall pennywort) is very good to heal sore kidneys torn or fretted by the stone, or exulcerated within, -

- The leaves of Marsh mallowes are used to loosen the belly gently, and in Decoctions for Clysters to ease all the pains of the body, to open strait passages and make them slippery, wherby the stone may descend more easily out of the Reins, Kidneys and bladder, and to ease the torturing pains therof. But the roots are of more spe- ciall use for those purposes. - The decoction of common Tansy or the juice drunk in wine is a singular remedy for all griefs that

come by stopping of Urine, helps the Strangury & those that have Weak reins and kidneys and it helps the stone in the kidneys./ Vipers Bugloss the seed drunk in wine, or the distilled water of the flower, is excellent. Idem./

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Iron or steel to.....harden. 161.

.....
Take earthworms, and distill a water therof; radish roots, and distill a water of them; mix these waters together, and put therin an edged Iron knife made red hott; quench it 3 or 4 times, by an equal quantity used at each time: and let the knife tempered with the edg be dipt red hot in the sayd water again: you may cutt any Iron with it. MS.

Iron to make bright.

Take oyl of Tartar, made of the lees of excellent wine: run the Iron there with: but it must first be cleansed from rustyness: this takes away spots and makes it very bright. M.S.

Itch. or scab. v. blasting: Leprosy.

Itch or Tetter to kill. Take hogs grease clarified, 1 spoonfull, rosin

1 ounce, melt them in an earthen pott, very hot, then put them into a bowl of wood, haveing a press fashioned like a spoon ready, then put in an ounce of quick sylver; stirr them together till they come of a bleu azure colour: then have ready melted a pinte of hogs grease, and put to it, so that it be but luke warm; stirr them altogether, till they become very thick. M.S.

water for the itch. Take plantane water, a pinte glass full, damask

rosewater, half a pinte, citron flower water, or orange flower water a quarter of a pinte: put all these together in a clean pan or violl of glass, and putt to it an ounce of quick sylver well beaten to powder: let it then boyl fayr and softly the space of an hower: take it from the fyre and let it cool, and put it in a glass viol. wash the scabby place therwith at night, and let it dry of it self: let it rest the next day and night without washing: then wash it again the 3^d day at night, but not the 4th: at the first and 2^d time you wash it, it will make all the scabs within the body to break forth; and at the 3^d time, being the 5^t day at night, it shall so dry up, that you shall

finde all neat and clean. This being done 3 times, let it go 3 weeks or therabouts, without any dressing, and then if you perceave it is not whole and clean; wash it thrice again as you did before. There is no remedy in the world more excellent then this or easyer to be made; it draws out all the evill salt humors, and putrifications, and is good for the packs and gout. *Probatum* .

Another medicin for the itch. Take a brimstone a *quarter* of a pound

and beat it to powder, of bees wax as much, of cloves a *quarter* of an ounce, half a pound of fresh butter, melt the wax and butter together, and when it is well melted, putt in the cloves finely beaten: then boyl them together a little, and putt in 2 spoonfulls of good white wine vinegar, and as much rose water: when they are a little boyled and stirred together, take from the fyre, and when it is half cold, putt in your brimstone finely searced. Stirr it well together till it be allmost cold. M.S. *probatum*

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Oyntment for the Itch. Take hogs grease 4 ounces: Therebin-thin and wax, of each 1 ounce: flower of brimstone, or (162 rather unmelted brimstone pounded and sifted, 1 ounce: Tobacco stalks powderd and sifted, half an ounce. White lead 2 drams; common oyl as much as will suffice to bring it into an oyntment. Dr Harvey .

Leprosy. boyl the juice of sharp docks fumitory &

Scabious of each a like quantity, with swines grease till the juice be consumed: then strain it, and anoynt therewith morning and evening. MS. *Lady Byron*
Hands scabbed. Stamp sharp leaved docks and fumitory, of each a like quantity: make it into an oyntment with May butter, swines grease and some Roch allume. anoynt with it. ibid.

Hold a peice of Iron over the Reeking of Hay, and anoynt with the liquor that is on the Iron, all Itch scabbs and Marmoles. ibid.

Burn haslenutt shells, and mix the ashes with the powder of Mustard seed and goose grease, & anoynt. ibid./ To kill any breaking out in the skin: Take a fatt brest of mutton, spread it over with tarr; Rost it: take the dripping and anoynt the place. ibid./

Wheat bran boyled in vinegar is good for the Scury Itch and spreading scab: and dissolveth the beginnings of all hot swellings./ ibid.

ffor a foule creeping scab and all old white scurf, use wheat bread new baked, and soked in brine or pickle. ibid./

Ringworm. Burn a green stalk of Broom, and take

the water at the other end. *ibid.*/

Morpew, ringworm, scald head, dandruff: Garlick mingled with hony and fig leaves: and Cummin & fig leaves for the biteing of a shrew. *ibid.*/

ffor botches: Drink ~~hartshorn~~ goates milk. *ibid.*/

Against tetter, Itch, freckles, and other infections of the skin.

A Liniment made of the juice of Scabious,

powder of Borace and a little camphir is excellent
ibid./

Itch. The juice of Egrimony mixt with Vinegar &
salt in a liniment. *ibid.*

ffor scabs and Itch even in horses. Melt white Arsnick

in warm water, and rub with it. But let him not
lick it for it is poyson. *ibid.*/

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163. Kibe or burn. *vide. Burn.* - chilblaines. Itch. Scabs

Take a *quarter* of a pound of Litharge of gold, broken in a peece or 2, putt it into a cleer fyre, till it be red hott: then presently take it out and put it into a mortar, beat it into fine powder: then take 3 quarters of a pinte of wine vinegar, put the powder into it, and let it boyl gently, till it come to half a pinte: let it stand then 5 or 6 howrs, then put almost a pinte of sallet oyl into a pott, and put the other to it, and continue stirring of it, till it come to a white salve: for a burn, spread it on Lint, for a kibe or brown paper. *probatum. M.S.*

ffor chilblaines on the hands or feet: Take sheep suet &

unwrought wax, and rosin, and boyl it in a sawcer, make a salve of it, and use it. *MS. Lady. Byron.*

Hasle nutts distilled when they are in the pith, and the shells green & soft, which is about S. Iohns day: they must first be stamped. The water is excellent to

wash scabs with in any part of the body. ibid.

A most Incomparable Medicine
for burning with gunpowder or any other way.

This unguent is a great secret; it scarce leaves a scarr after the wound is healed, and Thibourell the ffrench Chirurgeon saies there hath not been such a secret left to posterity. Rx fresh hogs grease or lard, as much as you please, boyl it, takeing of the Skum, till there arise no more Skum: then sett the Lard 3 or 4 nights in the air abroad: after which it must be washd in running water to take away all saltishness and make it white. Then melt it and keep it for use. Bacon may serve in stead of Lard. - Otherwise. The white of an egg and fresh butter mingled together and well beaten to an oyl are excellent -

Another most excellent. Rx a stone of unslak-

ed Lime, otherwise called Quicklime: let it dissolve in quick Water, and when the wa-
ter is settled powr it gently out from the Lime through a linnen cloth. Then putt as much sallet oyl as water together, beat all to an oyl, and you have a pretious Unguent for all burnings, leaveing no scarr. - Out of a book of ffyre works:/

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164. Kings evill. v. Squinancy or Quinsy.

Kings evill before it come to height. Take the flowers of red fox gloves, shred them small and boyl them in fresh butter, till it come to an oyntment: strain it, and put it in a pott for use. MS.

ffor the Kings evill. Take white lead well beaten 4 ounces, oyl olive

8 ounces; boyl them together 5 or 6 howers, stirring it continually, when it is become very black, it is sodden enough: then spread it on a linnen cloth, and lay it on the sore; if it be broken it will heal presently: if not, it will dissolve and loose, and shortly heal. MS.

Another. Take Mugwort, Egrimony, and herb Robert, of each a little

quantity, and as you shall think fit for the beer you putt it in: stamp it a little, and steep it in strong beer in a stone jugg close stopped, drink of it in the morning fasting, and at 4 afternoon, and if you can, drink noe other drink. *probatum.* MS.

Oyntment for the same. Take May butter, unsalted and without

washing; beat it with broomflowers, till it be thick like a conserve: then put it in a glass with a wide Mouth, sett it in the sun; if it be not hott enough, you must hold it farr from the fyre, that it may melt very softly. It will have a very bad smell: this will help a wenn, at the first comeing. MS.

A water for the same. Take broom flowers, and fill your still

with the same, and still them: when they are stilled enough, fill the still againe, and powre this water in upon the flowers, and still it againe. Do thus 3 times. Let the party grieved drink of it 3 spoonfulls at a time, as need requires. MS.

Steep Rosemary with harts tong a night in wine, and drink therof for the Kings Evill. MS. *Lady. Byron .*/

Seeth Rosemary with its flowers in wine and drink it morning and evening 3 howers before and after meat, to help the kings evill: *ibid.*

fflowers of primroses sodden in vinegar and applyed, heal the Kings Evill: *ibid.*

Kings Evill. Boyl new milk with white bread, and *beyl* ^{putt}

some red rose leaves to it, lay it to the sore warm, and when it waxeth dry, put to it a spoonfull or 2 of white wine. *ibid./*

ffor the Kings Evill, and all kernells or Wenss where
-soever.

Archangell stampf with vinegar, and layd as

a pultiss: and bath those knots with the decoction:
the Conserve stayes the Whites, the water makes
the heart merry, and Colour good. *ibid./*

A Diet drink to purge the head, is good against
all breakings out, the Kings evill, or any other

moyst humour. D..... It was given by
a Colledg of Doctours, to
165) a gentlewoman who was cured of the Kings evill by
it Rx Sena. & polypody of the Oak ana 3 i.
and a half. Bettony flowers, sage flowers, Maiden
hair, rosemary flowers, burrage, bugloss, of each 1
handfull of the flowers. Caraway seeds, Aniseeds, sweet
fennel seeds, ana 1 spoonful. pound the seeds, slit
the roots, mix them together with the flowers; so
tun half of them into a gallon of new small ale,
putting them in a bag: which after 4 dayes you
may begin to drink. It is to be drunk onely in a
morning: but if you lessen the quantity of Sena &
polypody, if you finde it purge too much; then it
may be drunk in stead of other beer at all times./
ibid./

Another drink for the same. Rx. Sanicle, egrimony,

Avens, plantane, Mugwort, wormwood, wild bugle,
wild dasies: put a handfull of each to a quart of
White wine: boyl them till one part in 3 be con-
sumed. Strain them, and clarify the liquor with
hony and so bottle it up. Take 7 spoonfulls at 6
in the morning and as much at 6 at night. This
cured a gentlewoman who Kept her bed half a year,
haveing the Kings evill broke out all about her
in running sores: but it is too strong a tast for
a child to take so great a quantity as to do good.
ibid./

A Receipt which cured a Wench of the Kings Evill.

Rx. the stones of a colt, dry them to powder be-
fore the fyre in a pewter dish: searce it fine,
and take in a morning as much of the pow-
der as will ly on a 6 pence in a draught of
ale. ffast after it till dinner. If you finde
good by it in a forthnights time takeing it
every day, you may continue it till the party
be cured. for it recovered the mayd in a short
time; she was very ill in her eyes, & had a
great swelling under her chops; which this
cured, without takeing any thing else. ibid./
v. page seq:/

Pain in the Knees. v. Ache, and Ioynts. Lameness.

ffor one that is Lame. Take oyl olive, Aqua vitæ, oyl of Excester ,

and beasts gall, of each a like, mix them together, and anoynt the lame part, morning and evening for a forthnight, being well chafed before. MS.

Lame joyns. Take of good Aqua vitæ and of oyl of roses, of each

a like quantity: mix them together, and anoynt the grieved place morning and evening (but first rub the place well with warm clothes) it will soon help. probatum MS.

Lame members. Take rue and rosemary, of each 2 handfull,

seeth them with oyl olive and Malmsey of each a quart put together, for the space of half an hower: then let the lame members be washed or bathed therwith. (but first the place must be well chafed with a hot cloth.) when it is well bathed, which will be in half an hower, wrap the place about with a lambs skin, the wool side inward: do this every night, at going to bed, 3 weeks at least: it will cure. Dr Owen . M.S.

A rare Receipt for the Kings Evill. v paginam precedentem

ffill the still half full of plantane, putt a quart of White wine to it. Take 2 pair of Colts stones well wash-ed & sliced, and lay them on top of the plantane, so when it is stilled the water^{vertue} out, keep this water, and give 3 spoonfull with a little sugar in a morning fasting.

How to know Whither a sore or swelling be the Kings Evill, take an Earth worm & lay it on the sowre.

let it ly on 5 or 6 howers. If it be dead & so dry that it will moulder to powder betwixt your finge-
rs, it is a true sign of it. MS. *Lady Byron*

Another./ Rx White wine, plantan water, Carduus water, hore-

hound water, Valerian water, ana 6 ȝ put to it vitriol
half ȝ green coperas half ȝ Tartar half ȝ boyl them

together, then distill in the strongest Balneo. Wash and spowt the wound with it. But before you do thus Rx half ȝ of pellitory of Spain: roots of white lillies half ȝ a rosted red onyon; 6 or 8 house snayls; stamp all these together with a little head (cream) of milk; lay it to the sore, it will gather it & break it, & draw out the filth. after it is broken & well soaked, wash it with the water aforementioned. Afterward lay this plaster. Rx Sallet oyl. 6 Ounces, Clowns wound wort or hyssop 2 ȝ, juice of selve grene ȝ ii yellow wax ȝi gumma Lemnia. half an ounce. Turpentine half ȝ. Stone pitch a quarter of an ounce. Rosin. quarter of an ounce. Mastick half an ounce ffrankincense a quarter of an Ounce. oyl of Roses ȝ ii. Boyl it to a plaster & use it. - old MS./

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167. Laxativeness. to cause. v. purges. to stopp. v. fflux.

To keep the body laxative and healthfull: Take the tender Stalks of Mal-lows, eat them with salt, vinegar and oyle, like asparagus. MS.

Laxative powder. Take half a spoonfull of Sene, half a spoonfull of Spyknard, a quarter of a spoonfull of ginger, make all into powder & mix it with a soft rosted apple, and use it to bedward, at your need. MS.

Against costiveness. Seeth Savine in water with hogs grease, make it an oyntment, and anoynt the navle. MS. *Lady. Byron* Note. To go to bed when it is warmed, while it is very hott will make one costive./ *ibid.*/

An especiall purge./ Rx. Rubarb, Agarick, Turbith, ana half an ȝ slice them fine, & putt to it a pinte of dane -wort water: let it infuse 48 howers: then press it. & add to that pressed liquor, half ȝ of Manna: half of Cassia new drawn: a scruple of Castoreum: dram & half of Scammony. White sugar 3 ounces: Boyl all this together for a mass for pills. The dose a dram in pulp. Note: all these Vegetables before mentiond, & Equithymum & Stechados & such like, are better by infusion then boyling, & taste better. Ellen . - old MS./

A fine Easy Purge.

Rx Licorice sliced, 3 figgs, 3 prunes, a few aniseeds, slitt the figgs, infuse these all night in a pinte of hy- sop water, then strain all out clear, & putt in an ounce of Manna, 1 ounce of syrup of Damask roses: so take it. MS. *Lady. Byron/*

Asarabacca roots are a better purge than the leaves - *Culpeper ./*

Fumatory boyld in white wine is a loosener of the belly, and purges Melancholy. Idem.

With some constitutions a pipe of Tobacco in the morning keeps the body soluble. *ibid./*

A purge for the Spring.

Rx. Agrimony, Wormwood, Dodder, hopps, fennel, smallage, Endive, succory roots, of each a handfull, to them add a handfull of Elder budds; haveing bruised them, boyl all in a gallon of ordinary beer, when it is new; haveing boyld them half an hower add to it 3 gallons more: let them work together, and drink half a pinte every morning. It is a jewell to preserve health. Idem

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168. ffesterd Leggs; swelling. v. Ache. v. Ulcer.

Swelling in arms, leggs or feet. Take linseed, brook lime, chickweed, groundsill and wheat bran, of each a handfull, and a pottle of white wine, seeth them altogether, till it be thick; lay a plaister of it to the swoln place, as hot as may be: 3 or 4 playsters will take away the swelling. *probatum. MS.*

ffestered legs. Take plantane that grows in March, wild Tansy, great

morrell, and honey, of each a like quantity: then take the white of an egg, and the milk of a cow that is all of one colour, and a good quantity of barley flower: thicken them all together, but the herbs must be brayed in a mortar, and afterwards mingled with the rest: make a plaister therof and lay it to the sore. MS.

To draw water out of the legs and break no skin. Take a burr

leaf, and lay it to the place. MS.

Wild Tansy or Sylverweed, boyld in Vinegur with hony and allum is good to heal old moyst corrup running sores in the leggs or else where. Culpeper . Archangel or dead Nettles, espeally that which is yellow, being bruised and with some salt vinegar & hoggs grease laid on old filthy sores is excellent.

- The herb Anemone or Windeflower being made into an oyntment is very good to cleanse Malignant Corrodeing Ulcers. Idem./

A Decoction of White beets in water & some Vinegar heals the Itch if bathed therewith, & cleanses the head of dandriff, scurf & dry scabs , and is very good for fretting and running sores, ulcers, cankers in the heads, leggs and other parts. - Idem./

Water Bettony, calld also Broomwort, and in Yorkshire Bishops leaves is of a cleansing qua- lity: the leaves bruised and applied are effectuall for all old filthy ulcers: especially if the juice of the leaves be boyld with a little hony, and then dipt therin and the sores washt therewith.

- A Decoction of the leaves and flowers of Bugle (alias middle Consound, middle comfry, brown bugle, sicklewort) made in wine, dissolveth congealed bloud caused by wounds, or falls or bruises, is good in all Wound drinks; it is wonderfull in old Ulcers, and sores, new or old, if the leaves be braised & applied, or the place washed & bathed with the juice. Idem./

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Lice to.....kill . 169.

.....
Take olybanum made into powder, mix with as much swines grease, boyl it together, and anoynt the head, MS.

Another. Take Coccus Indy 1 ounce, stavesacre a dram, beat them into fine powder. M.S.

Light to make in a house.

Take glow worms, and putt them in a glass well stopt, cover them in hott hors dung for a certain time, and they will be dissolved into liquor, which being mixed with a like proportion of quick sylver, being cleansed and purged, (which will be within half a dozen times washing in pure

vinegar, mixt with bay salt, which after every washing and rubbing must be cast away, and then hot water put to the quick sylver, and therwith washed.) and then put up and closed in a fayr bright pure glass, and hung up in the midst of a house, will give such a light in the dark, as the moon doth, when she shines bright. M.S.

Lipps chopped: feet chopped or hands.

Take fresh butter and bees wax, a like quantity, melt them together: first wash the lips with butter and water, then anoynt them with the foresayd salve. MS.

The fresh roots of polypody of the Oak being beaten small, or the powder of the dried root mixed with hony, helps the Clefts or chops that come between the fingers or toes. Culpeper ./

The ashes of Rye straw putt into water for a day and a night, and the chaps of the hands or feet washed there with, heals them. Oyl prest from wheat between 2 plates of iron or copper beated, heals tetter & ringworms and chops in the hands or feet, & makes the skin smooth.

Liver distempers.

weakness of the Liver. Take oyl of mastick, and oyl of wormwood, of each 3 ounce: boyl in them, Lignum aloes, cloves, and cinamon bruised, of each a dram: strain them, and therwith anoynt the Liver. Also flowers of succory made into a conserve and eaten, is good for the same. MS.

Heat of the Liver. Take of Scabius water, and Carduus benedictus

water, of each a pinte: put to this a penny worth of Mithridate, 4 grains of unicorns horn; syrup of borage, syrup of lesse min, syrup of violets, syrup of endive, syrup of succory, of each an ounce. Mingle these very well together, and take of it as often as you may, 3 or 4 spoonfulls: and take a cup of ale sod with a crust of bread after the medicine. MS.

Liver Inflamed. Take sorrell, endive, succory and plantane, of each alike: still them with red wine and milk, and use it first every morning, 9 spoonfulls at a time, with a reasonable draught of wine and sugar: or else 5 spoonfulls alone. MS.

To cool the liver. Take juice of Endive, juice of succory, 170

juice of Sorrel, of each 6 ounces, mingle them together, and then strain them, let them stand 4 howres, then take the uppermost wa-
ter of the foresayd Iuice, from the dregs, and putt it into a
porringer, and mingle it with strawberry water, endive water,
night shade or Lettice water, of each 8 ounce: white wine vinegar
2 ounce, the powder of red sanders half an ounce, barley meal
1 ounce. then take a linnen cloth, pick it with a knife, and dip
it in the foresayd liquor, and lukewarm apply it to your Liver
till it be dry: then dip it again, and so continue it an hower in
the morning, and as much at night. M.S.

Another Take the juice of Violet leaves, S. Johns Wort, Wild

tansy, Endive, of each a like quantity: rosewater and cream
as much as you list, 3 good spoonfulls of vinegar, mix them
all together and bath the palms of your hands, and the soles of
your feet with it morning and evening. MS.

Another. Take Egrymony and boyl it in thin water grewell,

and eat of it for many mornings together. Or take of Da
mask rose buds, hartstong or Liverwort, of each a handfull,
boyl them in clarifyed whay, drink of it in the morning, and
fast till dinner: then drink againe at 4 afternoon: this is
purgative and must be made in Iune. MS.

To open and cool the Liver in children. Infuse in an ounce of sy-

rup of roses, half an ounce of manna, dissolved in a little
posset ale, take it fasting in the morning. Dr Antony . MS.

A Purge for Spleen, Stomach and Liver. Take a pinte of

white wine, an ounce and a half of Sene, a dram of Ru-
barb, a spoonfull and half of Anniseeds, a race of ginger:
Infuse all these one night: then boyl them till half be con-
sumed; then strain out the Ingredients: keep the decoction
close covered till you use it: when you use, take 3 ounces
of this, with 2 ounces of Syrup of Roses, with Agarick:
this quantity is sufficient for Man or Woman. But 3 oucnes
of both together is enough for a Child. Mrs Crook probatum. MS.

for one that is Liver grown. Take of yarrow, Mousear, hartstong,
and liverwort, of each a handfull: still them together in white Wine: MS.

Another. Take a quart of Mugwort water, a quart of Camomil
water, a quart of Claret wine. put to these a handfull of these
following Herbs, wood bettony, Wood sage, Clary, settwell, oculus
Christi, hartstong, and take out the hayr: centurion roots
bruised, red fennel topes, 12 large Maces, and 2 Nutmegs
bruised, 2 cap dates stoned: boyl all these from 3 quarts to
a quart, then strain it, and putt thereto, 1 ounce of Manna,
2 ounces of Artimesia; take 12 spoonfulls of this every
morning, as long as it lasts, bloud warme; then have a

recto of insertion after page 170

Mrs Revell s Histerick
Pills

Castoram Powder'd a Scruple
Assa faetida, half a scruple.
methridate, a scruple.
Trocist of Mirh. a dram
Orientall Safron, 6 Grains.
Oyle of Amber - 2 drops
Make these into a Mass
for Pills, with Syrope of
Mugwort.
Mr Bakewell of Nottingham
Apothecary had 18 d for make=
ing vp, & materialls for
these pills.

verso of insertion after page 170

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playster to lay to your back (but what it is Quære) anoynt the na
vil, the pitt of the stomach, and the bottom of the belly with oyl of Mace
morning and evening. MS.

To purge the Liver. Clarify whay, and seeth it with fumitory, use to
drink therof one small draught morning and night: fast an hower
after it: use it 15 days together. M.S.

Another to purge and open the Liver, Take 2 d^rams of fine Rubarb

thin sliced, put the same into half a pinte of white wine; sett the same to the embers close stopped all night, so that it seeth not: then in the morning let the same run through without any straining or wringing: drink it with a little sugar, if you cannot without it: then take a handfull of currans clean picked, and washed, powr to them the sayd liquor, and when it is sodden into the currans, let the patient eat them. MS. v. purges.

To open the liver and keep it sound. Take liverwort 3 handfull,

hartstong a handfull and a half, parsly roots, 10 or more, let them be boyled in running water, from a pottle to less then a quart. Then strain it, and seeth it over a soft fyre, put into it some sugar: drink 12 spoonfull fasting. MS.

ffor heat of the Liver. Take wort of the first tap, drink it every morning next your heart for a month together. MS.

An Inflamed Liver or Stomach. Rx some handfulls of the green herbs of Endive and Succory, clean washed, putt them into the bottom of a vessell, and so tunn up new ale unto them. such ale as is not over strong, in the same manner as sage ale is made. This is excellent in the spring or any hot wea- ther. - Or Else, Drink Endive water, or Succory water fasting, with some sugar. - or else the syrup of Endive or succory is excellent. The Syrup must be made of the leaves before it comes to seed. Baltasar . M.S. *Lady. Byron* .

An Electuary to be often used to cool the Liver; you may go

abroad upon it, for it purgeth not; you may take it at any time; but best upon a fasting stomach. Rx. Diatrion-santaloni, Diarrhodon Abbatis ana Conservae rosarum 3 v: conficiatur syrupo limonum pro usu quotidiano. Take it chiefly in the morning: the dose is the quantity of 2 nutmeggs. It is also good pro Serpigine. Mr Butler . ibid./ A very good purge for the same purpose, stronger, & you must keep the house after it, for it purges strongly. Rx Diacartham. two and a half 3 Rhabarbari 3 iii pul- veris Mechoacan, 3 misce pro 5 dosibus. It is

also good pro serpigne and for salt Rheume./ Mr
Butler . M.S. *Lady*. Byron . Open the Hemroids with Leeches./

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To make Whigg, very good to drink in hott weather.
Rx. 3 gallons of buttermilk, and 3 gallons of new
milk; set the milk on the fyre, and when it is scald-
ing hott powre it into the butter milk, as if you would
make a posset: cover it, and let it stand a day and
a night: then take of the curds, which are very fine
meat; putt the milke into a vessell close stopped, and
use to drink therof. It will keep good a forthnight.

M.S. *Lady*Byron

ffor heat of the liver. Rx. Cassiæ recenter extractor ȝ10.

Rhabarbari pulverizati. ȝ iiiii. Olei calcantini guttas 7.
misce: sumantur in aurorae jejuno stomacho Lunam
horam postea, vel minus. - Rx prepared whey, with
ffumitory, succory and sorrell. Use chicken broth,
with cooling herbs and cold seeds. Mr Butler . MS. *Lady*. Byron .

Another. Rx. diarrhodon Abbatis, et diatrion santalon, cum

conservis rosarum ana ȝ vi. capiat mane ȝ s. or the
quantity of 2 nutmegs pro una vice. - Or this,
Diarrhodon Abbatis, diatrion santalon, Oxyacanthes, ie
conserve of barberries, ana ȝ ii. mane et vesperi
Mr Butler . ibid./

A whey receipt for heat of the Liver, and for the Itch: this
quantity is for 4 dayes together, till the dose be spent: or
for a longer time together. It is better to take it onely in
the morning, and the more at a time; unless you sup not at
all.

Rx. Acetosæ, sorrell: - scabiosæ, scabious. - chamædrios Ger-
mander - Cochleariæ brook lime - Cichorei Succory. ana
i. - polypodij, - Radicum Ruminis, dock roots. ana pug.i.
Senna ȝ ii. Radicis dulcis, liquorice ȝ ii. anniseeds un-
beaten. ȝ iiiii. Coquantur pirmum radices, in libris 4 seri
laetis, ad lib. unius consumptionem. postea contundantur
herbæ recentes, et exprimatur succus, et reliquis addaturs,
Iterum coquatur et despumetur. postremo transeat per
manicam Hipocratis. (a Cotton bag to strain Hypocras or
the like through.) et fiat potus claras. ibid. pro 8 dosibg
4 mane. 4 hora somni. Dr Turner ./

Excellent for Heat of the liver and to cool the whole body.

Rx. Decoctionis Sennae orientalis ʒ iii. diacatholici ʒ iii. Rosati solutivi cum agarico. ʒ i.s. Syrupi è succo limonum ʒ iii. a quæ boraginis et vini albi anacohlear. 2. misce, fiat potio mansumenda cum custodia. Dr Barrow . - The decoction of Sena is made thus. Rx. Sena ʒ ii. polypody. ʒ i. s. sem. anisi ʒ ii. uvarum passul enucleat. ʒ ii prunor. damscen. numero 4. florum borag. violar. ana pugil. 1. coque in lib. senis. aquae fontanæad medietatem, igue lentissimo. MS. *Lady. Byron* .

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173.

Looseness to stopv. fflux, and bloody flux .

.....
Take Sena 1 ounce, Ruburb 2 pennyworth, spyknard a penny weight, infuse these 3 in white wine or water of bugloss, or burrage of each half a pinte: heat them scalding hott, or boyl them a little, and so let it stand all night: warm it in the morning and strain them, put in a little ginger and sugar, and drink it warm. MS.

ffor a lask or loosness. Take half a pinte of plantane water, and a pinte of red wine, and an ounce of Cinamon: boyl all these together, with some loaf sugar and a little Isinglass, and drink therof. Also take fayr water, and 3 or 4 blades of Mace, hard sugar and pomegranate peels, boyl altogether and drink it. MS.

Another. Take a cloth, and rub cleansed pewter, till all the blackness be upon the cloth, so apply it close to the fundament; it will help, as hath often been proved by women with child. M.S.

Another . Take a pinte of running water, 2 or 3 blades of mace, 2 or 3 sticks of cinamon, a spoonfull of the powder of pomegranate peel, with a peece of hard sugar boyled in it; drink of this a soccation shall serve. M.S.

A speciall Medicine to stay a looseness; as also a Cordiall. Take the weight of 3^d in Mithridate, of 9 pence in Conserve of red roses, 2 or 3 drops of strong Cinamon water; mix them well together: then

take as much of the best bolearmoniack made into fine powder, as will make this into a conserve so as to hang on the poynt of a knife: take all this quantity at night when you go to bed, and so every night as you shall finde occasion. This is highly good. *probatum* Mr Digby .

Looseness to stop . Take oyl of Mastick, and oyl of quinces, of

each a like quantity, anoynt the belly therwith about the Navell, and cover it with a double cloth warmed. you may anoynt the belly 2 or 3 times a day as you see occasion. At going to bed take some Diascordium. MS. Mr Mellish of Doncaster .

Drink juice of the yong budds of red nettles either by it self or with vinegar, or with cold water: there is no lask so great, but it will stop it. MS. *Lady Byron* .

ffor a looseness that proceeds from sharpness of humour .

Rx. 2 quarts of new milk, 1 quart of running wa-
-ter, sett it on the fyre to scald, but let it not boyl
When it hath stood so half an hower, putt into it a pinte
of red rose water, and a good peece of hard sugar.
Keep it warm by the fyre, and let the party take
no other sustenance, and in 2 or 3 dayes it will
stay it. MS. *Lady Byron* .

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To stop a lask. Take a clean tobacco pipe beaten to 174

powder, in posset drink. *ibid.*

ffor a lask. Take a new brick. make it very hott,
putt it in a close stool, quench it with vinegar, and
let the party sitt over the steam of it. *ibid.*
Boyl the roots of Mullet in red wine, and drink it twice
a day: it will cure the lask or bloody flux. *ibid.*/
ffor a flux. Make a pill of bees wax: swallow it in
half a spoonfull of anniseed or any reasonable hott
water. *ibid.*

To stay the most dangerous bloody flux, Take Shepherds

purse (or pouch) boyl it with Cinamon & tanners bark,
in red wine: give it to drink. *ibid.*/

To stop the flux. Take treacle as much as a Wallnut,
put to it a good deal of powder of Cinamon, & ging-
er: temper them together, and make therof 3 pills:
take them alltogether. ibid./

Another. ~~Take the white of an egg, beat it in a dish~~
~~or sawcer till it be like oyl.~~

To stop a lask: take the yolk & white of an egg; beat
them, then take chalk, and scrape into it: make it like
dough & bake it on the hearth: lay it to the Navle as
hott as may be endured. Shift it once in 24 howers, 3 or
4 dayes together./ ibid./

To stay the flux of the belly. Eat a hard rosted egg
mixed with vinegar and powder of hartshor. Dr
Vaughan ./

Against all sorts of fluxes in men & women. I mean
not to particularize in all sorts of diseases; but in ge-
nerall this potion will stop any flux. Rx. Syrup of Roses
& mints, ana ȝi. Bolearmoniak. 1 dram: incor-
porate them together, & with some red wine make a potion.
Or, Take some Venice Turpentine, the powder of
white corall, the stones of a hare baked into powder,
& dissolve them in a cup of Claret wine. ffor an
Outward Medicin, Rx. Bolearmoniack, Sanguis Dra-
conis, Ana, half a dram: Mastich 1 dram: Mirrhe
half a dram. Venice Turpentine 3 drams of all
these with Rosin & wax as much as is sufficient,
make a plaister & lay it on the belly. Idem./
Amaranthus (alias flower gentle, flower velure,
floramore, velvet flower) stop all fluxes of bloud in
man or Woman; by wounds or nose. Cupepper .

Lungs Restorative. v. Consumption./ 175

Take a chicken and take out the gutts: and haveing washed it with white

wine, putt into the belly one ounce of Saccharum rosatum, a little Isop, and raisins of the sun stoned: boyl them in good running wa-
ter and eat this broth twice a day. MS.

Seeth Rosemary with the flowers in wine, and drink it morn & evening, 3 howers before and after meat, to help hard fetching of breath, to open the pipes of the lungs, to cause easy spitting forth, to help digestion, to ease gripeings of the body and to cleanse the bloud: it also cures the Kings Evill. MS. *Lady Byron .*/

To preserve the lungs. Rx. the lungs of a fox, dry

them; then beat them to powder: take a quarter of a spoonfull: putt it into broth or new milk, and take it in the morning. *ibid.*

ffor the lungs and liver. Take a quart of sweet wort,

a handfull of Treacle ^ Liver wort (I think it is.) half a handfull of hartstong, a penny worth of san-
c ders: boyl all till it come to a pinte: Let it stand to settle, strain it and give it morning and evening
ibid./

Restaurative for the lungs. Rx. a red cock. 2 quarts

of white wine, Lungwort and hartstong of each a handfull. Anniseeds 1 ounce: dates a quarter of a pound: 4 fennel roots; 4 parsly roots: a stick of licorice sliced: a pound & half of raisins stoned, a pound of sugar. Take all these, bruise your cock and put him in peices, haveing first pulld & drawn him. Then put it in a large pott of a gallon: cover it very close: set it in a pott of seething water but let not the water come higher then the neck of the pott. sett it a boyling at 6 in the morning and let it boyle till 6 at night. strain it and drink of it as you please. *ibid.*

An approved remedy for the lungs. Take a peece of

Steel, make it red hott in the fyre: cut coltsfoot small, and put it on the hott steel: put a funnel the broad end downwards on the Herbs; put the small end to your mouth and let the smoke go down your throat. *ibid./*

Against a sharp humor in the lungs, Drink oyl of

sweet Almonds. ibid. 176

Dr Thorowton s Balsom, (which is nothing else but Lucantello 's mixt with balsome of Sulphur) being mixt with the powder of White sugar, or sugar candy finely beaten, is very pleasant so, & excellent for healing the lungs./ Dr Denham ./

Consumption of the lungs.

Rx. Rose water 1 quart: putt to it Licorice 1 ounce, Enulacampany half an ounce, Tormentill roots, ribwort, Clowns woundwort, Parsly ana half an ounce. horehound, hyssop, ana 1 ounce: boyl all these in a close decoction, then distill in the strongest Balneo. Putt to that distilled Water Cinamon 1 Ounce, 2 Nutmegs, safron a scruple, aniseeds half an ounce; boyl this together again in a close decoction, then distill it in the strongest Balneo. Then take a scruple of Civet, 5 grains of amber greese: dissolve it in 5 ounces of the spirit of sack; putt it into the distilled Water: The dose a spoonfull first & last. This is an assured excellent medicine. Old MS./

An admirable medicin for Infirmities of the lungs, consumption of the liver, cough of the lungs, the stone pocke & diverse other distempers.

/ Rx distilled milk

a pinte: Rose water half a pinte. putt to these Waters these salts, of Liver wort, Enulacampanie, Aniseeds Licorice, succory, Tamarisk, galingale, ana a scruple. Then add to it Bezoar half a dram, ambergreese a scruple, Laudanum a dram, safron a scruple, Mithridate a dram: Calcined pearl, calcined corall, calcined amber, calcined terra sigillata, ana half ȝ Boyl this to the consumption of half a pinte: strain it through a marvelous fine cloth; then sowe the feces in a bag & let it remain in the Water. The dose is half a spoonfull in a spoonfull of spirit of sack - ffiato - old MS./

Inflammation of the lungs. Rx. a draught of posset drink: squeez

into it 2 trundles of stone horse dung that is at hay: & 3 spoonfull of oyl of sweet almonds: so take it. This cured a Lady, when she was dying. Dr Ridgels . - MS. *Lady Byron* .

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ffor a Marchpane.....a proportion 177.

.....
Take a pound of almonds and blanch them: pick out all the rotten ones: dry them on a Clean cloth; put them into a mortar, and put them some what fine, and put thereto 4 spoonfulls of rose water: 3 quarters of sugar; then beat it so fine that you may work it like wax; then spread it on wafers and so bake it: then have in readyness half a pound of the whitest sugar you can gett, finely beaten; and put thereto as much rose water as will wett it throughly: sett it over the fyre and let it seeth, till it come to a syrup: then wash the march pane over with it, and let it stand in the the oven till it be hard. MS.

Melancholy. Madness: frenzy .

A syrup. Take a quart of the iuice of burrage, half a pinte of

the juice of balme, put it in a skillet and seeth it, and when the grossness of the juice begins to rise, put in the whites of eggs being beaten, with a sawcer full of rosewater; and when you see the whites begin to wax hard, then put a sawcer full of vine gar to it, and when it seetheth, skim it clean, and strain it through a jelly bag: then sett it on the fyre againe, and put thereto a pound of sugar, let it boyl to the thickness you think best, to which putt in a little safron finely beaten. M.S. *probatum*

A drink. Take a quart of rosemary flowers, boyl them in a

pottle of good gascoign wine, in an earthen pipkin, and when the flowers sink down to the bottom, put thereto a pound of cynamon broken in small peeces, and 3 quarters of a pound of su- gar: so let them boyl with a soft fyre, half an howre; when it is Cold, put it into a glass; drink therof first in the morning, an howr before supper, and if you will, at going to bed: and so you may take your syrup, but a spoonfull at once. *probatum* MS.

Spirit of Castor, good for Extream Melancholy. Take a pinte of

Middle Mint water: put therin 2 ounces of Castor thin sliced, and to every ounce of Castor, half a dozen cloves bruised, &

the pill of an orange, & 1 handfull of walnut flowers: mingle all these together: put them in a glass, and sett it in the sun a forth-night. MS *probatum*.

A drink. Take 2 ounces and a half of Sena, as much anniseeds,

30 or 40 bruised cloves, and a little sliced ginger, put all these into a gallon of new beer, when it hath done working, and when it is a week old, drink of it in the morning fasting, and at 4 after noon: and if it work too much, drink it the seldomer. MS.

An excellent water for melancholy. Take of single wall gilliflowers

4 handfull, of rosemary flowers and damask rose leaves, of each 3 handfull: of burrage and bugloss 2 handfull: of balmleaves 6 handfull, of Cowslip flowers 2 handfulls,

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of pinks or clove gilly flowers 6 handfull, of Mary gold leaves 2 handfulls, of Cinamon half an ounce grossly beaten, Nutmegs 178 2 ounces, anniseeds 3 ounces grossly beaten, a penny weight of English safron; putt all these in a pottle of sack, and let them stand, now and then stirring them well together, as long as you please. afterwards still them in a stillatory of glass, or a rosewater still, well pasted about the still; in the nose of the still hang 2 grains of Musk, in a fair cloth, that the distilled liquor may run through it into the glass under it. You may also put into it 6 ounces of white sugar candy, beaten to powder that it may incorporate with the sayd liquor, when all is distilled: then sett the glass that receaves it for an hower in hot water, that the sugar ,ay the better incorporate with it: let the fyre be as soft as may be, else the water will be the smaller and less. Take of this 2 spoonfull at a time, 3 times a week, fasting; and at other times also when you finde your self heavy and dull. MS *probatum*

Melancholy and madfolks. Take 6 ounces of the juice of Mallows

and drink it. Mallows are good for many things, and therefore by the Antients called Omni Morbo, good for all diseases. MS.

Syrup of Borage for Melancholy. Take and distill your

Borage budds with the small leaves, till you have gott good store of water: then gather good store of the blossomes of them and putt them into the distilled Water, sett them over the fyre and boyl them, till you think

all the vertue of the blossoms to remain in the water. When they are well boyled the color of them will turn green; and your water will look blew. Then strain them forth, and putt in more fresh blossoms: and so continue as aforesaid, till your water look as blew as your flowers. Then strain them through a fair and fine cloth into another skillet, and putt therin fine beaten for every pinte of liquor one pound of sugar or more and a little rose water. Boyl it till it come to thick syrup then pott it. M.S. *Lady Byron* .

A strong purgation for extream melancholy, et pro suspi-

cione luis, Rx Confectionis hamech ʒ iii s. diacatholici half ʒ syrapi violarum et fumariæ ana ʒ v. solvantur in sufficienti quantitate vini albi et aquæ fumariæ.

Dr Barrow . ibid.

A stronger purge for the same and for a very strong body.

Rx Confectionis Hamech ʒ v. diacatholicon

ʒ ii. diaphinicon ʒ i syrapi violarum dissolve in sufficienti quantitate vini albi et aquæ boraginis: fiat potio. *Idem* ibid./

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Horse leeches applied to the fundament are most prevalent 178 to drive away melancholy bloud, applyed 2 howers before sunsett: and when they fall off to sett over warm water, If they fall not off when they are full, dust of ashes cast on their head, will make them fall off: wash the place first with milk, and Putt some bloud about it to make them bite. ibid.

To remedy Melancholy and the effects of the spleen. ffirst

the body must be kept from costiveness, by takeing now and then mollifying glysters: or by useing damask prunes stewed with damask rose water, or manna dissolved in Chicken broth an hower before dinner. Then to purge the body gently, make a Decoction of Senna leaves, poly-pody roots, Epithymum, Damask prunes, the Cordiall flowrs, raysins of the Sun, anniseeds in fountain water: and add some syrup called Syrupus Saporis de pomis to it. drink therof ʒ iii or more warm 2 or 3 mornings together. - Afterwards take now and then a dram of the pills of Mastich, made into 3 or

5 pills, an hower before supper 2 nights together
-Outwardly anoynt the region of the Spleen at
night with oyl of capers, and wormwood, or with the
oyntment made of betony roots; or apply a plaster
of melilot made for the Spleen, mollified with a little
of the oyl of capers. Wear it night and day a good
while. To bleed with Leeches at the Hemroids is
very convenient for the Spleen. Afterwards the use
of steel prepared, and to walk well upon it is good to
cleanse the spleen from Melancholy, and to soften it.
The use of conserve of borage flowers and violets, &
the Confection of Alkermes mixed with them is very good
to exhilarate the heart and expell Melancholy vapors
Borage and balme should usually be steeped in ordinary drink
at meales: or in white wine, to be taken in a morning
with sugar: or else use wormwood wine in the morning
and exercise after it. ibid./

A syrup against Melancholy, winde and Obstructions. Rx the

juice of sweet apples, the juice of Balme, of each a
pinte. Borage and violet flowers. ana i. Senna,
Epithymum ana 3*i.* and half: boyl them to a pinte,
then putt to it sugar 1 pound: haveing straind them,
boyl them to a syrup; putt into the syrup

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Manna 3*ii* syrup of Roses 3*iii.* take heeroft 6 spoon
-fulls in chicken broth twice a week fasting, haveing 179
Cinamon, Cloves, the powder of *Aromaticum Rosatum* of each
the weight of 3^d, Ambergreece 6 graines, put them in
a silk. bag and hang them in the syrup.
Make whey of Ladys bedstraw, alias Gallion, in to 4 pintes
wherof put borage, bugloss, M-ana ii. ffumitory
topps, S. Johns Wort, pawnsies, Egrimony, balme, of each
1 handfull; harts tong, scabious, betony, of each half a
handfull: polipody roots half an ounce; boyl these to 3
pintes, them putt in 3 drams of Sena leaves, 1 dram of
Mace, fennel seed as much; Cowslip and rosemary flow-
ers ana i. give them one wallop and so let them stand
close covered till they be cold: then let it run through a
cotton bag, putting to it a little sugar to your likeing.
Drink of this early in the morning and again at 10
a clock before dinner, a good draught, and so continue
it. ffor sugar you may putt in raisins of the sun
stoned and a little lemon peeple. - At night before
you sleep take one or 2 of these pills, Rx. powder
of diambre the weight of 8d. White ambre the
weight of 4^d: ambergreece 3 graines: with syrup

of Citrons make 20 pills; take one 2 or 3, the more the better, before sleep, 1 or 2 hours after supper. MS. *Lady Byron*

Distill the flowers of bugloss in Balneo Mariae, and it is a precious water to be drunk morning and evening, with powder of pearl and Manus Christi (either of them will serve.) to comfort the heart and the brain.

ibid.

An excellent Syrup for Melancholy and to comfort the Spirits.

Rx. juice of borage and bugloss ana a pinte and

half: juice of pippins or quince apples 1 pinte: juice Of balme half a pinte: clarify them: then take Cochenelle beat to powder 4 drams, or the weight of 4 french crownes: infuse it in the juice 2 dayes, it being cold, in an earthen pott, stirring it often: then strain it out: put to it 4 pound of sugar, boyl it to a syrup: when it almost cold putt to it diamargaritum frigidum, 1 dram and half, diambra 4 scruples: take therof a spoonfull or 2 in the morning for many mornings together. putt safron in a cloth, and as you take it crush the Cloth in the syrup, till you think it strong enough: you may take the syrup by it self, or in a draught of wine or beer.

.ibid./

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Rats and miceto kill. 180.

.....
Take unslaked lyme, malt, oatmeal, and wheat meale, mix it together and lay it for them. Or Take Nux vomica 1 ounce, grate it to powder: then take a little thin resty bacon, warm it on a gridiron, strew the powder on it, cut it in peeces and lay it. or Take spunge & cutt it in small peeces, put it in melted butter, or grease and lay it about. MS. or Take 2 ounces of Arsnik, or 2 ounces of Rose-alger, 2 ounces of loaf sugar, half a pinte of malt flower, beat both the poysons into fine powder, and the sugar also, mingle these 3 in a hogs bladder, with a spoon: lay this for rats with malt flower and for mice with wheat flower, *probatum*. MS.

To drive them away.

Take an ounce of assafetida, 2 handfulls of the hoof of a stone horse, 2 handfull of bay leaves, 2 or 3 sticks of elder wood, burn all these in 4 places within and without the house, it will expell them. *probatum*. MS.

Millefolium, or Yarrow, its vertues.

Take it and stamp it with swines grease, lay it to a wound and it will heal it: the same is also good, for an ache in the brest or side. The juice of this herb mingled with vinegar and so drunk, is good for them that can not make water. The herb stamped in butter and layd to a wound, that hath taken cold, helpeth marvelously. The juice mingled with water and hony and drunk warm, helps the stomach to digest any thing that lyes in it. powder made of it, drunk with wine or good ale, helps diseases in the body and heart burning. The herb stamped, and layd in manner of a playster to the head, helps the head ache: The same stamped with graines of wheat, and applyed to the byting of a mad dog, helps it. The same stamped, and the juice therof drunk warm in wine stayes vomiting. MS.

Megrism. v. head ache.

Take of gallingall, nutmegs, liquorice, and sugar, of each half an ounce: 1 ounce of ginger: cloves 1 quarter of an ounce, as much of Enula Campana: and a penny weight of Ameos: beat all these together, and let the patient use this powder first and last a spoonfull at a time, 4 dayes together. M.S.

ffor giddyness of the head. Mix wheat bran with pigeons

dung and the white of an egg: apply it to the contrary side of the grief. ibid.

Megrism. Take a shive of Rye bread, tost it and let

it ly in strong vinegar, till it be well soked; wrap it in scarlet and lay it to the forehead. ibid.

Megrism. Rx. Hony, mustard, vinegar, and the white of

an egg, mingle these with wheat flower and lay it to the temples. ibid./

that is layd without a shell, only the hard skin, with the powder of 3 cloves: continue the takeing of it evey morning for sometime: it cures. MS. - Item this is much better. Rx. Celandine, Plantane, tree Ivy ana a like quantity: make them into a plastrer with vinegar & oyl of Camomill: shave the head & apply it. MS. - Item the dung of an old white peacock, steepd in white wine, straинд & drunk 10 or 12 mornings together cures the vertigo perfectly, tho it have been of long Continuance. MS. Bayberries do wonderfully help all cold & Rheumatick distillations from the brain to the eyes lungs and other parts: & being made into an electuary with hony, help the consumption, old coughs shortness of breath, the Megrim: they mightily expell winde and provoke Urine. Culpepper ./ Scorzonera or Vipers grass; the root chears the heart and Vitall spirits, and helps swimmings in the head. Idem./

The leaves of Tobacco warmed & applied to the head are excellent in inveterate headaches, and Megrims, if the disease come through cold or winde. Change them oft till the Disease be gone. Idem.

Gumm Coopall and Gumm Anime are both very like one another: they are hard to come by; Either of them stop defluxions from the head, if you perfume your Cap with the smoak; they help the head ache and Megrim, strengthen the brain & consequently the Sinews. Idem ./

Cowslip water is very good for pains in the head, Vertigo and Megrim. Idem./

Elder leaves made hott between 2 tyle stones & applied to the forehead & temples ease the paine of the head. Idem.

Rubb a green marygold leaf between your fingers, and putt it up into your Nose, it will draw away abundance of humours, and helps Rheums that annoy the head. Idem ./

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Morphew. v. scald head, Scurf. Leprosy.

Take 3 spoonfull of elder water, 9 dayes together, and every day look that you sweat: then take 3 or 4 oken apples, lay them to steep in white wine, or vinegar 3 or 4 howers: wash the morphew place with it et proficit. MS.

Another. Take green coperas, put it in cleer water, let it stand a night and a day: clear the water and anoynt the place. MS.

Another. Take brimstone and grinde it to powder; put it into a linnen cloth 2 fold, binde it fast therin and wett it in Vinegar; anoynt the surcif therwith. M.S.

The roots of dragons tempered with vinegar cleanses the White and black Morphew. MS. *Lady Byron*

A whey to be drunk against the morphew, and to suppress Melancholy humors . Rx. Borage leaves and flowers i. ffumi

tory that bears the red flower 2 good handfulls: balme half a handfull, Bugloss half a handfull. violet leaves & strawberry leaves ana half a handfull: Germander a pugil: Mayden hair, Betony, Egrimony, ana half a handfull: liquirice scraped and bruised 4 ounces: great raisins stoned half a pound: anniseeds 2 $\frac{1}{3}$. ffennel roots cored 2: parsly roots 4, cutt small in peeces. boyl alltogether in one gallon of Clarified whey, till one part be consumed: then strain it, and keep it for use. If you be costive putt to this drink 2 $\frac{1}{3}$ of good Senna, of the greenest sort. Drink of this half a pinte in the morning at 5 or 6 a clock, walk, and eat nothing after for 2 howers. This will cleanse the stomach, purge melancholy and open the Liver ibid./

ffor Morphew. Drink 3 spoonfulls of Elder water fast-
ing, and walk till you sweat. Steep 9 oak apples sliced in a pinte of white wine vinegar, and anoynt there with: steep it 3 dayes. ibid.

To take off Morphew. Boyl allom in vinegar a pretty while; then let it stand till it be cold, and so rub over the morphew with it at night when you go to bed: and wash it off in the morning. ibid.
Item. Put powder of brimstone into a clowt, dipp it in vinegar & anoynt. ibid. Item, anoynt with doves dung and vinegar ground together.

Leprosy. Anoynt with plumtree gum dissolved in Vinegar,
or with Asphaltum & vinegar. ibid.

Morphue white & black. Stamp mustard seed with vinegar &
salt and anoynt. ibid.

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Mouth sore in Child or other. v. Canker. 184

Take a little roche allum: a good quantity of hony, 2 spoonfull of plantain water; boyl them together till they be like a syrup: wash the Mouth therwith: then dip a liquorice stick into mel rosatum, and let the child suck it. MS.

Another. Take bolearmoniack, sugar & burnt allum, made into powder, mix them alltogether, and rub the mouth therwith morning and eveⁿing 2 or 3 dayes together. probatum. M.S.

Another. Take a quantity of rew and plantane leaves, strain them, and put in some English hony, and a little roche allum, beat small. sett it on the fyre and heat it a little, when it is cold, wash the mouth with it twice a day. MS.

A Thrush in the mouth. Take a little scarlet, and burn it to powder, blow it into the mouth with a quill; if it be an old body, mingle it with a little burnt allum and fine sugar. MS.

The falling of the uvula. Rx acorn cups, red rose budds dried, the flowers of pomegranates, of each 2 dramms bruised: seeth them in half a pinte of plantane water a quarter of an howre: then strain it and use to gargle it in your mouth: and it will fasten the uvula very well. M.S. *Lady Byron* .

An excellent gargarisme for a sore tong or mouth proceeding
from cold

. Rx Aqua hordei libræ: i.s. diamorrhon. ȝ i.s.

Syrupi

ex rosis siccis. ȝ i.s. Mellis rosati colati ȝ i. fiat gargarismus. This is also good for the Uvula, especially if you add cinqufoil and the leaves of bramble. Dr Smyth . ibid./

The falling of the Uvula . Rx oyl of Caranna. (cra ana)

and anoynt the crown of the head, and lay a plaster of it to the temples: this is good also for Rheume in the head.
ibid./

ffor a sore mouth. Rx. a great handfull of sage of Vertue,

a great handfull of woodbine leaves; of plantane,
parsley and pimpernell, green leaves of Marigolds, ana
a lesser handfull: a little Celandine: wash all these
herbs and swing them well in a cloth, till all the wa-
ter be off: then stamp and strain them, and lett it
stand a little, and settle; then cleer it into a pewter
dish; put to it as much good honey as will make it plea-
sant. Boyl it to a syrup, then putt to it as much
beaten allom as a wallnutt, and as much fresh
butter as a wallnutt: let it boyl till the butter &
allom be melted: then sett it by till it be cold; then
stirr it well and putt it into a gally pott for use. ibid./

Canker in the mouth: boyl 5 leaved grass, hony suckles,

roch allum and honey in vinegar and running
water: wash the mouth with it. ibid.

recto of insertion after page 184

Bleeding at Nose -

Take a Glass of fair water
very Cold, let the party
bleed about a Large spoonful
Into it, & then drink it
vp: Probatum Sepisseme

To Dry a Cow safely.

If she be at Grass, tye
her vp, for 8 or ten days
milk her Clean at first
& keep her with Oatstraw
giving her Every Morn
or other Morning, about a
Pint of Verjuce. water
her within doors, & be sure
never milk a Drop from
her after *the* first
milking W: Beesor

verso of insertion after page 184

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Mumps to help.

Anoynt the place with oyl of Cammomill: or for want ofit, take Ca-
-omill and boyl it in sallad oyle and anoynt the place. M. S.

Memory to strengthen.

The leaves and roots of Asarabacca being boyled in
Lye, and the head often washed therewith while it
is warme, comforts the head and brain that is ill
affected by takeing cold, and helps the Memory.

Memory to strengthen. Another./

Take Mustard seed, made with white wine vinegar, apply it to the soles
of the feet when you go to bed, chafeing it very well. Cloves &
mace chewed in the mouth, and bettoney in broth doth the same. Mr Dig-
-by . MS.

Mace chewed restore the brain. MS. *Lady Byron* Hony Suckes the

leaves & flowers stripped from the Stalk and distilled in the
end of Iune, help hasty witts: & cloath being dipt therein &
layd to the forehead, helpeth the same & causeth remembrance.
ibid.

Rosemary and Sage, are both very good for the
brain and Memory.

Culpeper. / Item Cowslips vsed

inwardly, and the Emerald stone wore about one./
Item Ambergreece./ Item Olybanum mixt with con-serve of Roses./ Water of Sweet Marjoram, and Water of Mother of Time, help both Memory and Judgment. Item Syrup of Bawm after the same Dispensatory./ Item Pleres Arconticon Nicolai in the same Dispensatory./ Item Confectio Hamech: but it is a little too boysterous and must be vsed warily. - Item to anoynt the Temples where the arteries pass once a Month with the gall of a Partridg, mightily strengthens the Memory. - Pills of Hiera Agarick one scruple at night going to bed./ - The leavues and roots of Assarabacca boyled in Lye, and the head often washt with it warme, comforts the head and a cold brain and helps the Memory. - Item a decoction of Carduus Benedictus. - the juice or distilled Water of Eyebright, taken inwardly in White wine or broth, or a Conserve of the flowers; or Tunned up with bear; or

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or the powder of the dried herb mixed with sugar, a little Mace and fennel seed, and drunk or eaten in broth. Or the said powder made into an electuary with sugar - Lilly Convall is very good, the flowers distilled. - The distilled water of the fflowers and herb of Melilot, or a lye made with the same, to wash the head.

- Item a decoction of Rosemary in Wine -

Item conserve of sage flowers. - Idem.

Of Diet for the Memory.

When the failing of the Memory comes from a dry cause, use a resumptive Diet, cum suavitate vitae. When from a cold and moyst cause, live in a cleanly, clear, chearfull house, and let the air be contrary to the offending quality. Avoyd all luxury, for thereby what is most profitable for the body is dissolved and expelled, viz the Naturall heat and vitall spirits, and the brain is weakend. ffor the seed is something pure diffused from the brain, heart and liver. There are Many things

both simple and compound that help the head,
the brain and animal Vertue, strengthen the
senses and confirm the Memory, promote di-
gestion and make a Man speculate subtile and
high Matters. All the first qualities, which
cure inflative hurt the Memory; especially the
eating of vaporous things, as Mustard, garlik
Onyons, cold and white coleworts: too much
raw fruit: too much of sharp things: too
much of eating or drinking, especially before
sleep. Sleeping presently after Dinner or Supper.
To sleep with ones shooes on; too much sadness,
anger, or other passions of the Minde.

These simples help the Memory. The use of Stip-
tick dry fruits, as ffilberts, Chesnuts, especially
after meals. Small Birds or others, and the
brains of birds are good to be eaten: moderate
Exercise after before Dinner. Expulsion of
all Excrementitious superfluities by their
due places, moderate mirth, washing the feet
with a decoction of fennell, balme, Lawrell
leaves, and Camamill. Washing the head once a
week with Lye of Camomil flowers flowers

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Neats tongs to dry.

Make bryne as strong as will bear an egg, of the finest salt you can gett,
put your tongs into it for 3 dayes: then take them out and wipe them
dry: lay them on a cloth upon a table for 3 dayes more; then putt them into
dry salt for 4 dayes more: then hang them up in a room where fyre uses
to be, that they may either be smoked or not: so keep them for use. MS

Another way. Lay the tongs in water that will not bear sope, a forthnight

shifting them every 3^d day: then take them and dry them with a dry
cloth, and have a strong bryne that will bear an egg, made with
bay salt and common salt, with a little quantity of salt peeter,
then boyl it and scum it: when it is cold, put in your tongs, &
let them ly 3 weeks: then boyl them, wrapping them close in
ropes of hay: when they are cold, lay them on a gridiron,
over an empty range, and with wheat or Rye straw bloat
them: keep the straw with watering that it do not blaze: hang
them not too near the fyre: if they begin to mold, bloat
them againe: you may if you please put in one handfull of
Owlerbark, it will make them look well. MS.

Nose bleeding. *vide* bleeding or other diseases of the Nose.

Sudden and violent bleeding at Nose. Take an eggshell, burn it to a coale, pulverize it to a fine powder, and snuff it into the nostrills. Or press your 2 thumbs hard against the temples of the bleeder, it will speedily divert the course of the bloud. They who often bleed thus, must take an ordinary posset, take of the Curd, and let the juice of Liverwort beaten be added to it, and drink morning and evening.

Bleeding of a wound to stop. Vervine dried and reduced to

powder, or the sole of an old stockin burnt: put the ashes of the one, or the powder of the other to the wound, it will leave bleeding.

ffor a pain in the nose, proceeding from some sharp Rheum
or cankerd matter.

/ Rx Celandine Manus i. Betony. Manus.i. boil

them in running water close stopped, till they be well boy-
led; then when they are uncovered take a tunnell
suitable to the mouth of the pott, and draw up the
vapor of it first into one nostrill and then into the
other, dureing the heat of it. So after 4 dayes useing
of this direction, take of the powder of Betony up
into the nostrills, till you finde your self disburthernd
Of your Imperfection: useing the powder with modera-
tion certain times in the day, as you finde your self
molested. MS. *Lady Byron*

ffor stopping in the nose; snuff up your own water, and then

blow your nose suddenly: do this diverse times together.
ibid./

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Old Sores or Wounds.

A Salve to bring old sores, and wounds that ranckle to their own kinde, and to cease the burning and akeing. Take the juice of Smallage & of plantane a like quantity: also take honey and the white of an egg to the like quantity: put to them boulted flower of wheat, beat them well together till they be thick, but let it come neer no fyre, and all cold and raw lay it to the sore; it will cleanse the wound and cease burning and akeing, and brink it to his kinde, and heal it

fair. This is the principal Salve for old sores. *probatum*. MS.
A water to heal an old sore. Take a gallon of running water and set it on the fyre, let it seeth: then take an ounce of green coperis, 2 ounces of bolearmoniak, of white q Coperas the quantity of an hasell nut: beat them altogether into a powder, and one ounce of oyl of bay: put all this into the same water, and let them seeth together a little while: then take it from the fyre: and when it is cold, putt it into an earthen bottle and stop it close: when you use it, powre out a little of the cleerest water into a sawcer, set it on the coales, and wash the wound with it, as hot as may be, and binde it fast. M.S.

An old sore. Take half a pound of white lead, 4 ounces of bores

grease, 3 ounces of chalk scraped: grinde all these together in a brass mortar, (the mortar and pestle being very well heated) till they come to be as a salve: then spread it on a cloth your fingers thickness, and apply it to the sore warm, dress it once in 2 or 3 dayes. M.S.

A good playster for old sores, and to draw without tenting. Take

Galbanum, Opoponax, of each an ounce. Bdellium, amoniaccum, of each 2 ounces. Infuse them in a quart of white wine vinegar, the space of 2 dayes. (the gumms being beaten into powder, or thin sliced, that they may dissolve.) stirr it often: then sett it on a soft fyre, that the gums may dissolve; till they are dissolved. the strain it: and take 2 pounds of Sallat oyl, half a pound of wax, a pound and half of Litharge of gold, finely beaten and searced: put the Litharge to the wax and oyle: then take your gums which before were boyled, and put them in by little and little: then take Aristolochia Rotunda, Lapis Calaminalis, mirre, thuris, of each an ounce, beat all these into fine powder, and put it into the rest. Lastly put to it Oleum Laurini 1 ounce, Turpentine 4 ounces: mingle them alltoge-ther, and when it is sufficiently boyled, powr it into a basin or other vessell of cold water, and work it between your hands into one substance: and when you will make your salve in rowls, take an ounce of oyle of roses, or

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Camomill, and an oynt your hands with it & rowl it up. Mr Jerome ffarmer. MS.

ffor old sores or ulcers. Take Carduus bendedictus stamped, and well boyled

with suet or swines grease, wine and wheat flower, till it be like an oyntment. This is excellent for sores and ulcers, tho the bones be bare; you must anoynt the sores with it twice a day: washing first the corruption from the sores, with white wine. MS.

A red sear cloth, for a red angry old sore. Take sallet oyl halfe a pinte.

as much bolearmoniak as an egg, as much red lead, as much rosin, as much burgundy pitch, and as much bees wax: put all these into a skillet and melt them well together upon a soft fyre: then put in good strong clouts, as many as will drink it up, stirring them together, then hang them up till they be cold, then wrap them up for your use. When you vse this sear cloth, take a peece of it, a great deal bigger then the sore, lay it on the sore and once a day take it off, and wipe it, and be sure you turn it, and lay the other side on the sore: so continue doing till it be well: which will soon be. Instead of a cloth to lay on the playster, you must use a peece of sheeps leather to keep it smooth. When you have done with this playster you may keep it by you, till you or any other have occasion to use it againe. *probatum*. MS.

To cleanse a foule ulcer. Take an ounce of Camphir, white

coperas 4 ounces: put the coperas and Camphir into a small Earthen pott, stirring it with a stick over the fyre till it be all melted. then it will grow hard again. then beat it in a Mortar as small as you can gett it with 4 ounces of Bolearmoniack: then mingle the powders together; then take a pottle of running water, wine measure: boyl it well: then take 3 spoonfulls of the powder, and putt it into the water, stirring it till it be cold. put the water into a glass, and when you use it, take none but the cleer water. This will cure any sore, canker or ulcer *what soever*, or any sore eyes: you must wash the sore with a clean linnen cloth, and lay it upon it, and nothing else besides; it be not a sore that needs deep tenting. *probatum*. M.S.

The Vertues of Brugss balsome of Notting-ham ; which he saies hath the excellency of 10 severall Balsomes, and cures above 40 severall diseases in Men women and Children, without any pain; and therefore he calls it the Balsom of Balsoms: but in truth it is the same with Lu catello's Balsom, but hath not so many

good things in it. However it shews the use of Lu catello s. 1. It cures tetter, ringworms & shingles, 194 and any sort of worms in the teeth mouth or face, by anoynting the part grieved. It presently helps the

cramp by anoynting. It cures all sprains, bruises & aches, but the Sciatica, by anoynting. The quantity of a nutmeg taken in sack brings forth the small pox, and being anoynted with the same, cures them with -out pitt or scarr. It cures the scurvy in any part of the body. One shilling worth will cure it in the Mouth, the teeth and gumms being anoynted with it. It strengthens the stomach and helps digestion, the stomach and navle being anoynted therewith at going to bed: It stancheth bleeding at nose, or any wound, being applyed to the place grieved. A shilling worth of this Balsom cures all head aches, anoynting the nostrills with the quantity of a barly corn at a time. It cures the winde collick and stitches in the side, being applyed with warm cloths: it presently cures the biteing of a mad dog, or sting of any Venemous beast. The lips and nostrills being anoynted therewith in the morning before you go forth, no plague or other infection will harm you. It strengthens those that are weak, takeing every morning the quan-
tity of a bean in posset ale. It helps a stink-
ing bre^ath by anoynting the nostrills & lips. It cures all burnings and scaldings without any scarr: It cures all scabs & Itch. It cures worms in the body, the stomach & belly being anoynted with it. It cures scald heads; red pimples or any distempers in the face; the piles & hemrrhoids, anoynting the griev-
ed part therewith. It cures palsies of all sorts: corns, sore nayls, or any dead flesh growing on the feet. It will cure any wound in once or twice dressing, & will not cause any pain all the time of cure: It takes away the pain as soon as it is layd to. It is the best oyntment in the world, for it cures most diseases both inward & outward. It holds good 40 years: the older the better./

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It cures consumptions and the cough, and wheazing of the pipes; bruises inwardly: if they spitt blood
195. it carries it downward: anoynt the stomach with it and take it inwardly for a stopping cold. MS. *Lady. Byron.*
The true Preparation of the powder of Sympathy, as it was yearly prepared in Sir Ke-
nelm Digbie s Elaboratory./

Rx. Good English Vitriol, of 2^d a lb: dissolve it in warm water, useing no more water than will dissolve it, leaving some of the impurest part at the bottom undissolved: then powre it off and filter it, which you may do by a Coffin of fine gray paper putt into a funnel, or by laying a sheet of gray paper in a sieve, and powring your water or dissolution

of Vitriol into it by degrees, setting the sieve on a large pan to receave the filtered liquor. When all your liquor is filtered boyl it in an Earthen Vessell glazed, till you see a thin scum upon it, then sett it in a cellar to cool, covering it loosely, so that nothing may fall in. After 2 or 3 daies standing powr of the Liquor and you will finde at the bottom and on the sides, large and fair green Chrystalls like Emeralds. Drain of all the water from them and dry them: then spread them abroad in a large flat earthen dish, & expose them to the hott sun in the Dog dayes, takeing them in at night and setting them out in the Morning, securing them in ^ from ~~di~~ the rain. and when the sun hath calcined them to whiteness, beat them to powder, and sett this powder again in the sunn, stirring it sometimes, and when you see it perfectly white, powder it & sift it finely and sett it again in the sun for a day, and you will have a pure white powder, which is the powder of Sympathy, which putt up in a glass and stop it close. The next year when the Dog daies come, if you have any of this powder left, you may expose it again in the Sun, spreading it abroad

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to renew its vertue by the Influence of the Sun 196 beams./ - The way of Cureing wounds with it is to take some of the bloud on a ragg and put some of the powder on the bloud: then keep onely the wound clean, with a clean linnen about it, and in a moderate temper betwixt hott and cold, and wrap up the rag with the bloud, and keep it either in your pocket or in a Box, and the wound will be healed without any oyntment or plaister, & without any pain. But if the wound be somewhat old and hott and inflamed, you must putt some of this powder into a porringer or bason full of cold water, and then putt any thing into it that hath been upon the Wound, and hath some of the bloud or matter upon it, and it will presently take away all pain and Inflammation. To stanch the bloud either of a Wound, or bleeding at the Nose, take onely some of the bloud on a rag, and putt some powder upon it. Or take a bason with fresh water, and putt some of the powder into it, and bath the Nostrils with it. Hartman .
vide more in the Parchment MS./

A Diet for a Patient that hath Ulcers
or wounds that will hardly be cured with
Oyntments, salves or Plasters./

Rx Guiacum 1lb. lb. boyl it in 3 pottles of ale,
with a soft fyre, to the consumeing of 2 parts,
but if it be where you may have wilde whey or
cheese whey, it is better. Drink of it Morning
and evening half a pinte at a time, and sweat
after it 2 howers. His drink at meales must
be thus used, putt into the same vessel where
the former was made to the Guaiacum that
is left, 3 pottells of ale, and not whey:
let it boyl to the one half: drink of it at
all times, and meales, which must be but
one in a day, and that so little as to rise
hungry. Do this for 5 daies together, but
first you must be purged./

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197 ffor an Oxe that is sick.

Take long pepper and grains, treacle, liquorice, anniseeds, fennigreek,
powder of bayes, commin, organy, English safron, bay Salt, new layd eggs,
hearb grace, red fennel, bears foot, garlick, feather few, penny ryall, red
mynt, lungwort, and blow wort. MS.

An oxe lung sick. Cutt him in the dewlap: then take bare foot, ver-
grease, garlik, butter, and bay salt, and putt into it. MS.

Ointments, Oyles of diverse Sorts. and Balsomes./

Oyl of roses. Take roses, the white being taken out, and put them in
a glass of oyle, so that half the glass be filled with roses, so bruised,
let them stand in the same 8 dayes; then seeth them in a double vessel
4 howers, and so strain it: then put to the oyl roses againe in like
manner, and let them stand in the same 10 dayes well covered. MS.

Another way. Take a pinte of Sallet oyle, then take the bud of the rose
and cutt off the white: fill the glass of oyl, full of roses, and sett
it in the sun, 6 or 9 dayes: then strain out the oyl from the

roses./ and put in fresh as before, as often as you can, till roses be gone: then take the last time you shift them, and can have noe more, and sett the glass in a skillet of water, over the fyre and let it boyl, till you think it is sufficient: then cover the glass close, and keep it till you have use of it. Green oyl of unripe olives, and red rose buds, are repercussive, or strikeing back: the yellow oyl of ripe olives, and damask roses blown, is dissolveing, mitigating and mollifying: but yellow oyl of ripe olives, and red roses blown, is the better oyl and for the same use. MS.

(20) A singular oyl of Swallows: for all aches present remedy.

Take 10 swallows, put them quick into a mortar, and put to them Lavender cotton, spike, camomill, knotgrass, ribwort, balme, Valerian, rosemary tops, woodbine tops, strings of vines, french mallows, the tops of alehoufs, strawberry strings plan tane, Walnut leaves, bay tops, Isop, violet leaves, roman Wormwood, of each a handfull; of Cammomil 2 handfull, and of red roses 3 handfull: put all these together, and put thereto a quart of neats foot oyl, or May butter, and grinde them all-together, and beat with them an ounce or 2 of cloves: put them all together in an Earthen pott, and stop it very close with dow that noe ayr come out: sett them 9 dayes in a cellar, then put them out and seeth them 7 or 8 howers on the fyre, or else in a pan of Water. M.S. Some add sage, and half pound of virgin wax./ and a pinte more of neats foot oyl: strain all:/

Oyl of Cinnamon.

Take a pound of Cinnamon, beat it very fine, mix and empaste it with oyl of sweet almonds, into the form of an oyntment: then heat the same in an Earthen pott, and after let it stand close

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covered for 14 daye at least: after which time, heat the whole againe sufficiently, till it be very hott: then putt it in a bag and wring out the oyl, till the cinamon be very dry. MS. 198

A balsome to cure wounds. Take oyl of roses, oyl of S. Iohns

wort of each a pinte. 2 pound of Tobacco leaves, stamped small in a morter: boyl them together to the consumption of the juice, strain it and putt it to the fyre againe, adding thereto of Venice Turpentine 2 ounces, of Olybanum and Mastick of each half an ounce, beaten into most fine and subtile powder: the which you may at all times make into an unguent or Salve; by putting thereto wax and Rosin, to give it a stiff body. M.S.

Another balsom to cure wounds.

Take 4 handfull of the herb all heale, or Clowns woundswort, stamp it small, then put thereto, 4 ounces of barrows grease, half a pinte of oyle olive, and 3 ounces of wax, which boyl to the consumption of the juice, (which is known, when the stuff doth not bubble at all.) then take it and strain it, and set it on the fyre againe, adding thereto 2 ounces of Turpentine; the which suffer to boyl alittle, and so reserve it for use. MS.

An excellent Oyle or balsome for many uses.

Take 3 pound of the best old Sallet oyle, of Venice Turpentine 2 pound, good old sack a quart, frankincense half a pound beaten to powder, and searced through a fine searce; 4 or 5 ounces of fine white wheat that is scarce Ripe, cut them cross over: S. Iohns wort, the finest Valerian, and Carduus benedictus of each 4 ounces; beat all these herbs very small, and put them into the quart of sack, for the space of 8 howers: then putt to the oyle, and stop the mouth of the pott very close, and sett it on a good fyre of Charcoales, stirring it by little and little: and to know when the decoction is made, take a stick, and putt the end of it into the oyle, and after into the fyre: and if it burn cleer it is boyled sufficiently. then strain out the herbs, and putt into the oyl the frank incense and Turpentine, stirring it, and boyling it very leasurely: then take it and keep it in glasses for your use. This is excellent for any green wound: for being made warm and dropped into it, it will cure it suddenly, with more expedition then any other oyl or salve. MS.

Another Excellent oyl called Balsome.

Take of the purest and clearest Turpentine one pound, and 2 ounces; new yellow wax 12 ounces, Nutmegs and cloves of each an ounce, common ashes 6 ounces: beat all these well together, then putt the same into a retort, fenced

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with Lute of Wisdome, and set it in ashes, distill it with a slow fyre 199 at first, and after increase the fyre, till all be distilled. Which gathered, distill the 2d time in a glass body with a head and receaver, putting into it before the distilling 4 ounces of the powder of brick or tyles, which diligently Luted in the joynts, maintain fyre under it, till no more will come. Then have you purchaced an oyl of a Ruby colour: which keep for your use, being excellent good

for wounds, especially where sinews are hurt. M.S.

oyl of Cloves.

Take a pound of cloves and beat them to powder, in a mortar: then put thereto 3 pound of almonds, scraped, and beaten in a morter, and when they are well mixd together, sprinkle theron 4 ounces of the best white wine, letting it so ly in a mass, for the space of 8 days at least: after that stamp the whole over againe, and then putt it into a new earthen pott; which heat over the fyre, so long, that you cannot suffer your hand in it: then putt it into square baggs, and wring the same hard, till all the substance of the oyle be come. M.S.

Oyle of S. Iohns Wort.

Take a quart of the best Sallat oyle, put it into an open glass, and take the blossomes of S. Iohns Wort, not too much blown, pick it, flower by flower, and bruise it a little in a Mortar, then putt it into the sallet oyle, till the oyl be thick therewith, then sett it in the sun all the summer, and stirr it every other day: and when it is sufficient, the oyl will be red like claret wine: then strain it out, and keep it close in a glass: this is good for any ache, sore, green wound or swelling. MS.

Another way for the same.

Take 4 ounces of the flowers of S. Iohns Wort, put them into a pinte of good white wine, 3 dayes in a stone pot close stopped: then sett it in a kettle of water to boyle an hower an hower or longer: then take the pot from the hot water, before it is cold, strain out the flowers, and put in 4 ounces more; and do thus 3 or 4 times: if the wine waste, put a little more to it: after the last straining, put to the wine 6 ounces of Venice Turpentine, 6 ounces of sallet oyle, of safron the weight of three pence, boyl all to the consumption of the wine; strain it, and keep it for use. It heals any green wound without scarr, layd in with Lint (tho in the nerves) it cures burning, it stayes bleeding, (if you take a long full tent, made of Lint, and dip it in this balsome.) being put up into the nose: which being held there an hower, it stayes the bloud & heales the veine. *probatum.* MS. Mrs Sadler s Balsome.

Take a gallon of old oyl olive, as much of the best white wine,
8 handfulls of the flowers of S. Johns Wort, being cut from the
green: which you must bruise in an Alabaster morter, and with
the sayd oyl and wine, put into a glass close stoppt, that no ayr
can gett in. set it in the sun 2 dayes: then set it in a pan of
fair water, such as your glass will easily stand in: stuff it about
well with hay, that the glass stirr not in the boyling: after it hath
boyled half an hower, strain the same quantity as before; this must be
done 3 times, setting it in the sun after every boyling, as before
sayd. After the 3 boylings train the same very hard, and Mea-
sure it, and putt to every wine pinte, 12 ounces of Venice Tur-
pentine, the clearest and whitest you can gett, 6 ounces of oyl
of sweet almonds; dittany, gentian, tormentill, calamus Aroma-
ticus, Carlina, Cardo sancto, of each of these 4 drams, of red
Earthworms 8 ounces, often washed in good white wine, being slit
upon a bodkin; you must beat all the rest in a mortar, but
not the worms; then putt altogether into the oyle, putting also to
every pinte, 3 penny worth of English safron whole: then putt
therin 2 good handfulls of fresh flowers of S. Johns Wort
bruised, and so being mingled together, sett it in the sun
40 dayes, or in an oven when the bread is drawn; then strain
it and putt it in a glass bottle well closed up and keep it: for the
elder it is, the better. It is hot and dry, and being layd on lint
it healeth green wounds, quickly: the sinews being cutt, it joyns
them together; it is good for any burning with fyre; and by way
of oyntment it eases the passion of the stomach, the marvelous
pain of the bladder and lower parts of the belly: it is good for
worms in children, for gouts, and the gout which is the palsy
of the hands; and for deafness it fayles not, being put into the
ears with Lint. M.S. *probatum*.

The golden Oyl.

Take violet leaves and flowers, primrose leaves and flowers,
cowslip leaves and flowers; sage, nip, smallege, Marjoram,
Lavender, southernwood, Rosemary, Damask rose leaves, rew,
Lavender cotton, fetherfew, tansy, Louage, Cammomill, Mints,
time, Clary, oak of Ierusalem , pennyroyall, Isop, balme,
white mints, mary gold flowers, piony leaves, dazy leaves, bay
leaves, dill: of each of these a handfull; take them all and bray
them in a stone mortar, and put them in a pot or pipkin, with
a pottle of sweet sallat oyle, and a quart of white wine,
sett it over the fyre, and let it boyl softly, till the wine be boy-
led away (but you must stirr it continually;) then take it

from the fyre and let it coole, strain it through a
linnen cloth and put it into a glass, But because 201.
all the herbs are hard to gett at one time; you must begin when the
herbs come up first, and as you get them from time to time, so stamp them

and put them into your oyl, letting them continue till you get the last; you must get them as soon as you can together, and then put in your wine, when you set it over the fyre to boyl. This oyl is good for all manner of aches and bruises, and for the gout. When you anoynt any place with it, you must do it by the fyre, and chafe it very well in with your warm hand; and lay a hogs bladder next it: or else the Cloth will drink up the oyl. M.S. *probatum*. Mr Garret .

An Excellent oyl for diverse diseases./

Take of pure old white wine, one quart, of old sollet oyl 3 pound, Carduus benedictus, Valerian, and the lesser sage with the flowers, if you can get them, of each a quarter of a pound, the leaves and flowers of S. Iohns wort half a pound: let the herbs and flowers be steeped in the oyl and wine 24 howers: then the next day, let all be put in a pan, upon an easy fyre, continually stirring it till the wine be consumed; take it from the fyre and strain it, and then put to it a pound and half of Venice Turpentine, then let it boyl an hower and a half: then put thereto of Olybanum 5 ounces, mirr 3 ounces, sanguis draconis 1 ounce; so let all boyl together, till the mirr be dissolved; When it is cold put it into a glass vessel close stopped, let it stand in the hott sun 10 dayes; This is Excellent for all wounds, old ulcers, aches, paines of the back, Emroids, and gout: but before you use this oyl, wash the sores or wounds with white wine, wherin must be the powder of Olibanum. M.S.

An oyl for the piles.

Take orpine and Comphry of each a handfull, pilewort roots 2 handfull, mullets 2 handfull, beat them all in a mortar and boyl them in half a pound, of fresh May butter, half a pinte of sallet oyl: let them seeth half an hower: then strain out the oyl, to keep it: then take White frankincense, the bigness of a pullets egg, and put it into the oyntment and boyle it, till it be melted: then take a peece of the overleather of a Neats leather shooe, and burn it to ashes, a Mussel shell or 2 and burn them; take the inside of them, Which is White, and make it into powder; mingle both these powders with the oyntment. Take a peece of cotton wool, and dip it in the oyl, apply it to the place greived as hot as may be. this will cure the bleeding piles in twice or thrice dressing *probatum*. M.S.

202 oyl for the spleen.

Take of pure sallet oyl 3 quarts, Mugwort, yong bayes, the Rind

and buds of an ash tree, of each 2 handfull: slice them small and lay them to steep in the oyl 3 dayes and 3 nights: then strain it out; when you use it, warm it, and rub it hard with a hot hand; this is good for a strain or swelling, and the spleen onely, It must be made in May. MS. Lady Bennet .

Oyntment for an ache.

Take a nest of swallows; Lavender cotton, time, and red strings of strawberryes, of each a handfull, stamp them altogether, and boyl them in a pound of unwashed butter, not salted, then strain it. MS.

Oyntment for Ache Taken with cold.

Take sallet oyle more or less as you please, Lavender, southern wood, wormwood and Camomill, of each a like quantity: cut the herbs very small, and let them infuse therin, for the space of a Month (but you must put so many herbs into the oyl as will make it very thick:) then make a soft fyre of coales, boyl it for the space of 3 howers: let it cool and strain it very hard, through a good peece of Canvass; keep it in a gally pot close stopped for your use. It will continue good very long. It is good for aches in arms legs or feet taken with cold; also for any wound, shrinking of sinews, and all manner of sores. M.S.

Oyntment for ache, to be made in May:

Take a pinte of Neatsfoot oyl, and a pinte of Aqua Vitæ, set them both on the Embers, and let them boyl a little while: then take 2 ounces of Camomill flowers, dry them and beat them to powder, tye it in a fine peece of Lawne, let it hang in the liquor all summer; when you use it, anoynt where the grief is: the older it is, the better it will be. MS. this will serve for a bruise./

Oyl of Excester ./

Take of the flowers of Cowslips in the Month of May, in the morning after sun rise: steep them in as much oyl olive as you may lay it easily: so let it stand 20 dayes or more. Then take Calamint, Egrimony, rosemary, sage, S. Iohns Wort, Southernwood, wormwood, pennyroyall, Lavender, pellitory of the wall, pellitory of Spain , Camomill, hairefe, laurel leaves, featherfew, Roman wormwood Angelica, and the flowers of white lillies if you can get them. Take a handfull of each of the herbs, and let them be gathered in the Month of June: stamp them in a mortar of stone like green sawce,

then take the cowslip flowers out of the oyl, and wring them
with clean hands; and put the juice into the Mortar to the
herbs: and grinde them al altogether. Then put to them a
quantity of white wine, as much as may easily be steeped in a

recto of insertion after page 202

To make Lines for partrag
netts.

Reel your yarn ^{^6} Eight or
Needs ... t.e.d ten thedds
as you woud have it of
thickness, *your* yarn must
be hemp of 8^d a yard, spun
for 4^d. then twist it ~~wett~~
in water, & warp it vpon
the weavers track ... soe
long as you woud have
your Line, allowing *about* a
6th parte for platting vp.
then lap it vpon 4 bobbins
& platt it, ~~then~~ haveing
first doubled it to a
thickness you like
when you are to fix *your*
Line & cord together, mark
the midle of both, & fasten

verso of insertion after page 202

waxed thred, done vpon *your*
netting pin, & first worked to
one end of the Line, & then to
the other tying euery mesh
3 times.

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day and a night, and on the morrow, put allto-
gether in a fayr pan, or kettle, and let it
203 boyle on a soft fyre, till all the watryness of the wine and herbs
be wasted. Thus you shall know when it is wasted; take a spoonfull of
the liquor: if there be no water in the spoon, it is enough: then strain
it through a linnen bag, into a fair vessel of pewter, tinn or glass,
~~for~~ no other vessell will hold it. It will last 3 or 4 yeares. it is a
most sovereign oyntment for the gout or palsy. Anoynt the sick there
with in the summer in the sun, in winter by the fyre: cover the place
anoyneted with black wool that is washed. This oyl serves for all
Maladies in the sinews or joynts, or old bruises in the bones. Make
it in Iune for all the year. *probatum. M.S.*

Oyl of Lotus.

Then the buds and blossomes of Lotus when it blows, steep them in oyl olive set in the sun, as you doe oyle of roses, It is good for sore eyes, sore throats, and bruises to take inwards, and apply outward for green wounds. M.S.

Oyntment for bruise or strain.

Take Mellilot, the flower, herb, and stalk, May butter, and deer sewet twice as much as May butter, beat them well together, and boyl them to a green oyntment. M.S.

A good oyntment to cleanse a sore, old & New.

Take half a pound of Turpentine, wash it well in barley water, the yolkes of 6 new layd eggs, honey of roses 4 ounces, (for lack of honey of roses, take other honey) barley meal as much as is sufficient to make it thick like a plaister: mingle them together, and let them come neer noe fyre. MS.

A good oyntment to cleanse an old stinking sore.

Take the juice of Salendine, the juice of March Mallows, the juice of plantane, of each a like quantity: honey and the yolk of an egg, mingle them together, and put to them as much barley flower as will thicken it like a plaister: let it come neer no fyre: so lay it on the sore. M.S.

Oyntment to kill proud flesh.

Take a pint of honey, half a pinte of vinegar, 2 ounces of powder of Verdigreese; boyl all these together in an earthen pott, on a soft fyre till it come to a reddish colour: take it from the fyre, and putt it into an earthen pott. M.S.

Oyntment for scabs, ringworms, or any other breaking out.

Take oyl of Roses 4 ounce, new wax 4 penny weight, melt your oyl and wax together; then take Litharge of gold and white lead, of each half an ounce; make your Litharge and white lead into fine powder: mingle them in a brasen Mortar with your oyl and wax; then take half an ounce of quicksylver mortifyed,

(which is done thus: put it into a viall of glass, and put fasting
spittle to it, and beat it up and down till it change the colour 204
like ashes,) and the white of a new layd egg; mingle them toge-
ther, then putt it to your other stuff; labour them altogether, & use
it every morning and evening. M.S. or for a Tetter or ringworm,
Take glass and make it into fine powder, mingle it with black sope
and anoynt the sore. M.S.

Oyntment for the Spleen.

Take briony roots, the pith being taken away, the weight of a pound,
or marsh mallow roots, or red holyhock roots, the pith being ta-
ken away, as much: seeth them together in a quantity of water suffici-
ently, till the roots be very soft: then stamp them in a mortar, & strain
them through a strainer, till the thickness be come through; then keep
the same in a porringer; then take 4 ounces of sowre leavened
bread and half a pound of bores grease, put altogether in a mor-
tar, with the substance of the roots, and mingle them well together
with 3 spoonfulls of white wine vinegar. ffirist in the morning
rub your spleen with a course warm cloth, till the Skin wax
red, then lay upon it a peece of blew woolen cloth, wett in the wa-
ter of a man child, as hot as you can suffer it. When the cloth
waxes cold, take it away, and dry your skin with a warm cloth,
then anoynt the place, with some of the oyntment being war-
med in a sawcer, and rub it a pretty while: then lay on it a
quilt of black wool till next morning, and so use it every day.
MS. probatum.

Another. take a quart of Claret wine, a pint of oyle olive, &

2 good handfulls of Camomill shred small; boyl the wine and
the Camomill together, with the oyle from a quart to a pint,
and morning and evening anoynt the hardness of the spleen with
it: it will dissolve it. MS. probatum.

Another. anoynt the side with oyl of Mastick: & if the stomach

be weak, anoynt it also; it helps all cold diseases of the maw,
comforts the liver & lights, and all the inward parts of the
body: being drunk, it helps those that vomit and spitt bloud. MS.
Dr ffloud .

Another. Take oyl of vervain, oile of dill, oyl of nightshade,

mix them alltogether, and anoynt the side with it. MS.

Another. Take oyl of Capers, oyle of petrolium, mingle them

together, anoynt the side therwith, by the fyre, and rub it in with your hand. M.S.

Another. Take Southernwood, rosemary, Mints, elder leaves,

bugloss, rew, wormwood, brook lyme, Lavender cotton, and Camo mill, of each 2 handfull; of Lavender 2 handfull & a halfe, black snayles 4 pound, butter 8 pound, frankincense 4 ounces, cow dung, 3 good spoonfull, hens dung 1 spoonfull, bruise the herbs in a mortar, set the butter over a soft fyre and melt it, then put in the snayles, and suffer to stand over the

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fyre till they are dead: then put in the herbs and frankincense powderd, and boyl it on a soft fyre a good while: then let it stand 2 dayes, 205 and so boyl it and strain it out for oyntment. This is good for all stoppings, swellings and hardness of the spleen. It must be use to be stroked down, from the short ribs backward, drawing the hand a cross, down the flank in the morning. MS. probatum./

A green oyntment for swellings or Ague sores.

Take of Mallows, of shee sowthistles and wormwood, of them all half a pound: chop them very small, and boyl them in a pound of butter unwashed and unsalted, till the herbs are crisp: then strain it into an earthen pott, and keep it for use. M.S.

A Skinning oyntment.

Take of the green leaves of Mary golds, half a pound: shred them very small; then take a pound of butter unwasht, and unsalted, boyl them till the herbs be crisp; take it off and strain it. MS.

unguentum Album.

Take white lead, beat it very fine, then mingle it very well with bores grease, and it is made. MS.

Unguentum Aegyptiacum.

Take half a pound of honey, 2 penny worth of Verdigrease, as much allum as a walnut and half a pinte of white wine Vinegar: let them boyl to a salve. It is good to take away dead or proud flesh, and cleanse filthy ulcers, and old stinking sores: when you use it, make the tents of other salve, and

spread a little of it on the tent. The water may be used with it, but not the powder. *vide* Mrs Houlder's, Water for sores, and powder for sores. MS. Mrs Houlder .

Lucantello's Balsome.

Take 3 pintes of the best oyl olive, 1 pound of Venice Turpentine, half a pound of the newest and purest yellow wax, 1 ounce of the best red sanders, finely searced; beat the oyl in a quart of cleer fountain water, till it become white and thick: then put the water and oyl into a clean skillet or posnet, and let it simper a while on the fyre. then put it into an earthen pott, that hath a little hole in the bottom, made with an Elfin, and stopt with a peg, and a ragg fWrapt about it. Let it settle 24 howers, and when it is cold, let forth as much water as will come out at that hole, till you perceave the oyl to come, and then stop it close againe. then wash the Turpentine with half a pinte of fair water, or red rose water, putting

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in 2 or 3 spoonfulls at a time: and continue beating therof, till all the water be consumed, then let it settle a while and 206 powre the water from it: shave the wax very thin, but first scrape of the dross, and haveing thus prepared the fore -sayd particulars, put the oyl first into a skillet or posnet, and then the wax, and when the wax is throughly melted, then put in the Turpentine, and let it boyl on a soft fyre above half an hower, stirring it continually. Then putt thereto the sanders by degrees, and let it have 3 or 4 walmes after the sanders is in: then putt it into the pott that hath the hole in the bottome, and stirr it, till it be cold. MS. probatum.

Oyntment for a wound or sore. Take 2 pound of Sheep or

better, Deer suett, a pinte of Candy oyle, a quarter of a pound of the newest and best bees wax; melt them alltogether, stir, ring them well, and put to them 1 ounce of the oyl of spike, and half an ounce of Goldsmiths boras. Then heat them again and stirr them alltogether; putt it up into gally potts, & keep it close stopped. It is excellent for any wound or sore new or old.

The Balsamum Aquæ Pendentis, most pretious for wounds and stenching of bloud. vid: ante.

fig.

Take of old oyl olive 3 ounces, of clean venice turpentine 8 ounces, wheat clean pickt, 1 ounce and half: S. Iohns wort 2 ounces: the roots of *Carduus benedictus* and *Valerian*, of each 1 ounce: beat the roots and herbs together somewhat grossly, and putt them into an Earthen pot with as much sack as will cover them: so let them stand and steep 2 dayes: then putt the oyl and wheat unto it, and boyl them alltogether till the wine be consumed: then take it from the fyre and strain it, and beat into it the turpentine, and 2 ounces of frankincense finely beaten: then boyl it all together againe for a little time; and so keep it in a close glass for use: all-wayes apply it as hott as may be endured. This assuredly and safely cures. MS. Christina Thorold of Bruges .

Unguentum Aegyptiacum another way.

Take Verdigreese ground very fine, 1 ounce and a quarter,

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Honey 3 ounces & a half; sharpest vinegar 1 ounce and 3 quar-..... ters, boyl them on a gentle fyre to the thickness of an oyntment of a purple colour. -

207 The verdigrees must be powderd, and ground very fine in a brass mortar: and then passed through a fine linnen cloth; observing while you are powdering and sifting, to hold your head back from the mortar, and keep your mouth and nose stopped with your handkerchief, to prevent those venemous steames from getting up into your braines.

After you have done useing the mortar, be sure to make it very clean, before you use it againe. Put the honey and vinegar together, into a brass pan or broad brass pipkin placed on the fyre, and as soon as it boyleth putt in the powdered verdigreese, and mix it with the honey by stirring it gently with a Spatula: boyl it and keep stirring now and then till the vinegar is boyled away, and that it come to the thickness of an oyntment: which you may easily know, by letting a drop or 2 grow cold, on the backside of a plate or Marble stone. - prices.

Verdigreece 2d. ob . Honey 1d 3 farthings . Vinegar. 1d. ob . the whole 4d 3 farthings . ffor while you shall have 4 ounces of *Unguentum Aegyptiacum*.. the ounce comeing to allmost 5 farthings . The Apothecaries sell the pound 4 sh. the ounce three pence . Dr Harvey .

In Imitation of this *Unguentum Agyptiacum*, ffelix Wurtz , prepared his brown oyntment, so much famed amongst fforeign Surgeons: thus made;

1. Take ground Ivy, speedwell and figwort, of each 1 handfull, being bruised in a mortar; putt them into a glass retort receaver, and powr on them as much sharp vinegar as will cover them, and 2 inches over them: let them stand in digestion in the sun in the summer, or in warm water in the winter for 7 dayes. then strain and press the Vinegar hard from them. .2. Take

of the best green coperas 2 pound, putt it into a thick blackish Earthen melting pipkin, of noe greater bigness then will just contain the Vitrioll. place this between bricks layd so, as to make a square towre, about 2 inches larger then the pipkin, and 2 inches higher. ffill this kinde of open furnace, with charcoal up to the top, and kindle it gradually, which in less than half an hower will make the pipkin red hott: continue this heat till the coperas be calcined, or burned into a deep red. Then take out the pipkin, and being grown cold, break it, and take out the red coperas or Colcothar,

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which beat to powder, and putt into a new pipkin; powr on it one quart of river or spring water, and one pinte of vine gar: boyl them till half be consumed away; then after it is setled powr off the tinctured liquor into a flatt earthen pan this done, powr another quart of spring water upon the same red vitrioll, boyl it away half, and after it is setled, powr off the tinctured liquor, to the other liquor in the earthen pan this repeat with fresh water, till the red coperas will colour the water noe more. Place the earthen pan between 2 bricks set edgwise, and kindle a very moderate fyre under it, and let the water evaporate or dry away, till the red vitriol that was dissolved in the sayd water, be left dry in the bottom of the pan. This red dried Vitriol put into a new pipkin, & calcine or burn it over againe, as you did at first: that putt into another pipkin, and your fresh water on it, and boyl it as you did before to extract the tincture, or dissolve the purest of the red Vitriol: then powr it off into your Ear -then pann, and powr more fresh water on the red Vitriol or coperas, in the pipkin, and boyl it to extract more of the tincture: thus continue, till all is exctracted, throwing away the remain dregs on the bottoms; the tinctured li- quors evaporate againe to a dryness; and then calcine or burn the red coperas remaining on the bottome, a third time, and extract and evaporate it over againe, in the same Manner as before. Which done, the Coperas is prepared. .3. Take Verdigreese 1 ounce and half, powder it and putt it into a glass; powr on it half a pinte of sharp distilled Vinegar; let it stand in the sun 4 or 5 dayes, or 24 howers in warm water: then power off the vinegar being tinctured green, and evaporate it in an Earthen pan, till it be try-dry. - The proportion of these prepared ingredients, for to make the foresayd brown oyntment, is as followeth. Take of the foremen tioned prepared Coperas powdered 2 ounces: of the prepared Verdigreese, 1 ounce and a quarter: clarifyed hony 6 ounces of the vinegar that was pressed from the herbs, 3 ounces: of the flegme of Vitriol 2 ounces: boyl them to the thickness of an oyntment, in the same manner as was told you in the preparation of Unguentum & gyptiacum

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As this brown oyntment is heer described, the preparation is very tedious and troublesome: which you may make shorter thus. Calcine the 209 Vitriol 6 howers, then powder it, and extract the tincture with 3 quarts of Water, and 1 pinte of sharp vinegar: evaporate it, and then it is sufficiently prepared. - The verdigreese must be prepared as was set down before. The herbs need not be extracted with vinegar: onely press out their juices, and mix them with the tincture of Verdigreese. The honey need not be clarifyed; onely take of the scum as it is boyling with the juices: then putt in the other ingredients, as you were shown before.

But farr beyond this, there is an oyntment, that in Malignant or sordid ulcers, joynt waters, fistulo's, and other desperate cases, doth the greatest Effects imaginable. - Take the vitriol of Venus, and Vitriol of Mars, of each half an ounce: sugar of lead 2 drams: honey boyled up to a consistency 3 ounces & a halfe: Mithridate half an ounce: mix them together in the Mortar, without putting them over the fyre; if your oyntment happen to be too thick, either by overboylng your hony, or by dryness of the weather, drying the oyntment after it is made; you may soften it with a little honey of roses, or rather juice of Celandine.

Dr Harvey -

Unguentum Althaeae, or Oyntment of
Marsh Mallows./

Take of the oyl of Mucilages (which is described in the appendix to this book) 1 pound: wax half a pound: Rosin 1 ounce & half: Terebinthin 6 drams: make them up into an oyntment. - ffirste melt the wax and Rosin together, Afterwards, putt in the Terebinthin and oyl: let them boyl gently to the thickness of an oyntment: stirring it oft with your Spatula, till it be ready to be taken off the fyre.

- It will stand you in something less then 3 farthings an ounce. The Apothecaries sell the ounce at 4d - The Description of Unguentum Basilicon I willingly omitt; because that Tarr and ffirre Terebinthin together mixt in equall proportions, doth digest and ripen farr beyond it. Dr Harvey .

Unguentum populeon, or poppey Oyntment.

Take of the fresh buds of black poplar half a pound: Violet

leaves and Venus Navil, of each 3 ounces: new unsalted hogs greace 3 pound: bruise and mix them, and let them steep together in the hogs grease in the month of May. add to them of the topps of yong bramblebush, of the leaves of

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black poppey, mandrake, henbane, nightshade, lettice, of the
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greater and lesser housleek, and of the greater burdock, of each 3 ounces. Bruise them again and mix them altogether, letting them stand and ferment 10 dayes: then powr on them a pinte of rose water: and boyl them till all the superfluous moysture be consumed. Strain and press them hard through a Canvas Strainer.

- The poplar buds, violet leaves, and Venus Navil, must be bruised together in a stone Mortar in the month of May. The hogs grease must be freed from its little skins, and washt in this manner. Cutt it into small peeces and melt it with a little water over a Charcoal fyre in a clean flat earthen pan: stirring it often with a Spatula: Being melted, strain it through a clean peece of Linnen, and powr on it some lukewarm water; putt it over a very gentle fyre, stirring it oft with a Spatula for an hower: then letting the grease settle, powr off the water, and powr on againe some fresh warm water, and stirr it oft for half an hower: then set-let it settle and shift the water againe: washing of the sayd grease thus twice or thrice is sufficient for this oyntment; but for the oyntment of Roses, Unguentum album, and Unguentum pomatum, where whiteness is required to make the oyntment look neat, and very white, you must wash it in the manner aforesayd 8 or 9 times. - The hogs grease being washed putt it into the Mortar, and mix the foresayd herbs with it, by stirring the pestle oft about: then putt them into a clean pipkin, and let them stand about a Month or so long, till the other herbs can be gott; which then must be also bruised in the Mortar, and mixed with the grease, and poplar buds: this done, set them in the sun for 8 or 9 dayes: stirring them now and then about with a spatula. At last putt them into your pann, powr the rose water on them, and let them boyl till the superfluous moysture be boyled away: then strain and press them hard out, and putt them into an oyntment pott. The Apothecaries sell this for 3^d, or 4^d the ounce. Dr Harvey ./ see more in the title of Salves./

The Grey drying Ointment. Rx. Ceruce, white lead.

ana. 3 iiiii. Litharge of gold. 3 ii. powder of burnd Oyster shells. 3 ii. fresh grease lib. i. Camphire 3 i. burnt allum 3 i. fiat. secund. artem. M.S. Lady. Byron

Palsey to heal. 211.

Wipe your fingers between your toes, and ... smell of them morning & Evening. M.S.

Another for the palsy or Numing in the arms. Take Castoreum half an

ounce, bay berries, anniseeds and fennel seeds, of each an ounce: cloves, mace, Cinamon, ginger and pepper, of each a *quarter* of an ounce: all these must be bruised and steeped in a gallon of good Malmsey, 12 howers: then put to it 6 handfulls of sage; tansy and garden cresses, of each 4 handfull, Lavender flowers, bettoney flowers, and the roots of prim-roses, of each 2 handfull; all these must be bruised and put to the rest, and stilled in a Lymbeck. The first 3 pintes are best: twice or thrice in a day take a spoonfull therof at a time: and once a day both your arms with it against the fyre: but rub them not too hard: when you drink, you may if you please, put in sugar. M.S.

for the palsy. Make an oyntment of Bryony, with olye

olive and swines grease. MS. *Lady Byron*
Item. seeth Lavender well in water, and drink half a pinte
first and last for 14 dayes. *ibid.*

Grinde Mustard seed, with the like weight of Sallet
oyle; let it stand 9 dayes, then strain it and use
it for palsies, stitch, gout, and swelling. *ibid.*

The famous Palsey water.

Rx; Sage, rosemary, bettoney flowers of each half a handfull
Borage and bugloss flowers, flowers of Lillium convallium
Of each a handfull: Steep these in spirit of wine, musca-
dine, or Aquavitæ which you please, each one in their
season till each may be had: then putt to them balme,
spike flowers, Motherwort, bay leaves, leaves of orange
tree, with their flowers, if they can be gott, of each 1 ounce.
put them into the rest, and as many Lavender flowers stript
from the Stalk as will fill a large gallon glass: steep
all these 6 weeks or 2 Months: then distill them in
a limbeck very carefully: then putt into this distilled
water citron peels dried, piony seeds hulled, of each 6
drams: of Cinamon half an ounce: Nutmegs, Mace,
Cardomoms, Cubebes, and yellow sanders of each half
an ounce: lignum aloes 1 dram: make all these into

powder, and putt them into the distilled water abovesayd.
and put to them of Iubebas (jujubes) new and good,
half a pound, the stones taken out: cutt them small; and
close the vessell very well with a double bladder.
let them digest 6 weeks;

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then strain this hard with a press. and philtralle the liquor:
and put therinto prepared pearl, smaragds, musk and
safron, of each 10 graines, and of ambergrise 1 scruple:
Red roses well dried, red and yellow sanders, of each 1
ounce: hang this in a sarcenet bag in the water. Stop
it close that nothing breath out. - This water is
of exceeding Vertue in all swoundings, weakness of heart,
decay of spirits, it restores speech in apoplexies and palsies.
it helps all paines in the joynts comeing of cold, or bruises
inwardly, bathed and dipped cloaths layd on. It strengthens
and comforts the animal, natural and vitall spirits, chears
the externall senses, strengthens the Memory, restores lost
appetite, helps all weakness of Stomach, being both taken
inwardly and bathed outwardly. It takes away the giddyn-
ness of the head, helps lost hearing, makes a pleasant
breath, restores lost speech: helps all cold dispositions
of the Liver, and the beginning of a dropsy: helps
all cold diseases of the Mother; so that none can express
the vertues of this water sufficiently. - Take bread
wett it very well with this water: take it in the morn-
ing fasting and as much at night, when you go to
bed if need require ^ this water must not be taken inwardly alone, it is too strong & hott. It hath curd them that have
been halfe dead, & lost their speech. / But in a fitt of the dead palsy
or apoplexy you must give so much every hower to
restore the speech. The place that is nummed must
also be rubbd with it. - Mr Battersby at the
golden Helmet in ffenchurch Street London did sell
the best palsy water at 20 sh . per pinte. ibid./

ffor head and hands quakeing, Rx. Leaves & roots of Sage, prim-

rose of each a like quantity: Mustard seed & bay leaves a like
quantity; stamp them & mix them with May butter; fry it & strain
it: anoynt the neck, sinews, ioynts, veines and hands. If the
palsy take one side, drink store of sage water; rub the temples
and veins with it: and allwayes have good store of Mustard &
sage leaves stamp together; fennel seed burnd, and a little vi-
negar, make them luke warm, and apply them to the
side, head, temples, armpitts, & wash thrice a night: on the
morrow eat sage & sharp mustard together, till your eyes wa-
ter: if any thing help this will. But if the palsy be on
one side of the head only, apply it thereto all night, or

to any other member; there is no better medicine.
ibid./

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perfume for a chamber: ...s... and some for Linnen./

Take Storax, Calamynt, Benjamin, and lignum aloes of each an ounce,
coales of willow well beaten into powder, 5 ounces: mix all these together
with as much Aqua vitae as will suffice to make it into paste; then make
therof little cakes, or other forms what you will; keep them, and when
you would use it, sett one of them on fyre. M.S.

Another. Take Benjamin, storax and Labdanum, of each a like, a little

damask powder, a little orrass powder, a little frankincense, mirre,
and powder of Iuniper: beat them all to a past, in a hot mortar, and
so make it up as you please to burn. M.S.

In time of plague. Take Labdanum and Benjamin, of each 1 ounce

of Storax and Calamint half an ounce, frankincense 2 ounces,
make them in powder and mingle them together. MS.

An Excellent perfume for Chambers or rooms of
Entertainment. Rx. powder of Willow coales

ʒ iii. Labdanum ʒ ii. Storax, Benjamin ana
. Mastick, sweet Taccamahacca, yellow
amber. ana ʒ ii. Lignum Rhodium. ʒ iSs. re-
duce all to a subtil powder, and make them up into
small candles with gum tragant steepd in rose
water: then dry them in the shade, kindle the
narrow end of them, and sett them on a candlestik
at point of a Saveall first heated. Hartman .

Another. Rx. coales of Rosemary wood pulverized

Labdanum ʒ ii. Storax. Benjamin. ana ʒ i.
Roots of Cypress, Aromatik reed, Mastick, yellow
amber. ana ʒ ii. Cloves a dram. Musk, amber
greece, Civet, ana grains 10. reduce all to a pow-
der and make it up into little short candles with
mucilage of gum Tragant steepd in Orange
flower water. Dry them & use them as the for-

mer. Idem./

The Countess of Dorset s sweet Water.

Rx Rose leaves, bay leaves, lavender, sweet
Marjoram, Eglantine and pinks ana ii.
Cloves and Cinamom ana 1ounce, bruise them
all and power on them 2 quarts of strong
ale; let them infuse 24 howers, then distill
it and draw it till the Ingredients be all-
most dry. Idem./

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214 Piles or Emroids. Sores of the ffundament.

Take a quantity of Mussell shells, burn them to powder in a fyre shovell; take also the upper leather of an old winter shooe sole, & burn it to powder: let there be of each powder a like quantity: then bruise them together very fine, and mingle them with May butter or fresh butter, new out of the Churn: neither too thick nor too thin, but that it may be somewhat soft: take the quantity of a haslenut heer of, and anoynt the piles therewith evening and morning lying in your bed: laying to them a hot scarlet cloth, In 6 or 7 times dressing you will finde ease & cure. MS.

Another. Take a little treacle and spread it on a cloth, strew a

little powder of ginger on it: apply it to the place. MS.

Another. Take an apple and cut out the core, put into it, English

safron and capons grease, rost it and lay it hot to the place on a peece of scarlet. M.S.

Another. Take Mussell shells and burn them in the fyre, take the

whites of them and make it into powder; put to it a little English hony, temper them together, lay it on a linnen cloth, and lay it on the sore place. M.S.

Another. Take the roots of Dandelion, dry them and beat them to

powder; lay the powder on dock leaves, as hot as you can suffer it. Or take green colewort leaves, wipe them clean, then stamp

and strain them, then take fresh grease to the quantity of the juice, mix them well together, spread it on a little Lint, and lay it on the sore. M.S.

Another. Take pilewort and red sage, of each a like quantity:

add thereto a sufficient quantity of May butter; bruise the herbs and boyl them together, a reasonable while, and anoynt the body within and without. - The inward Medicin is a self sowen bearded leek, and a small quantity of bay salt stamped very fine: put as much of it into a lawn rag, as you can well put up into your body: let the end of your lawn be somewhat long, that you may take hold of it againe: being put up, let it rest there a night: use this twice, and then anoynt it as aforesayd. M.S.

Another. take a little peece of Scarlet, and burn it to powder, beat it and searce it through a lawn rag, put to it a little English hony: anoynt the place with a warm scarlet cloth. Or take a chafingdish of coales, put them in a close stool or chayr, then take the rinde of strong cheese, and put it on the coales, sett over it morning and evening as long as you can endure: Or Take half a pinte of Cream, the newest, and almost a quarter of Sallet oyl; set the cream on the fyre, and when it is hott, put in the sallet oyl: and keep it with continuall stirring: then put into it the quantity of a great egg of the purest refined sugar; let it boyl together till it be thick,

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but have a care doth not burn: then put it up close in a pot & if apply it. MS.

215. Another. Take a fig, slice it in the middle and tost it: lay it to the place

pained as hot as may be: and if it be sore within, put up a peece as you do a suppository. M.S.

Another. Take an onyon, and cut it flat wayes, rost it and spread some mithridate on it, lay it to the place. MS.

Another. Take 2 or 3 bricks and burn them red hott, put them in a pan under a close stool, and sprinkle them with vinegar: sit over the stool and receave the fume into the fundament: do thus 3 or 4 times

it will help. MS.

Another. Take the inner rinde of Elder, and barrows grease; boyl them together till you think the strength of the Elder is boyled out: apply it warm. M.S.

Another. Take the heads of unset leeks, wash them clean, then boyl them in a quantity of running water, till they be somewhat tender: take them forth and dry them with a linnen cloth, stamp them very small: then take a peece of fresh butter and boyl them therin, on a chafing dish of coles, adding thereto a good quantity of English safron: when it is well boyled strain it through a linnen cloth, and keep it for use. When occasion serves, put a little on a cloth or a peece of leather, lay it cold to the grief, it will soon help. MS.

Another. Take 3 or 4 handfull of Mullet, 3 handfull of pile-wort, one or 2 handfull of housleek, shred these very small; then take 1 pound and half of mutton suet shred, very fine; put all together, and boyl them 2 howers; take of this oyl very hot, & dip some cotton into it, and anoynt the place hott: then take some of the herbs and spread them on a cloth, or putt them in a bagg, & as hott as the party can suffer it apply it to the place pained, as soon as the party comes off the stool. M.S.

ffor any Inflammation in the ffundament. Take un-

guentum populeon: unguentum Comitissæ, and liquid Stirax but the Stirax must be least in quantity: mingle them together, and apply it with a cloth to the place. Mr. Gardner .

Rx. de stereore canis pulveri zato, et cum modico aquæ vitæ fiat unguentum quo lineatum locus. Mundificat viridis tammenSmm y thei precenente. M.S. Lady Byron

ffor the pain of the Hemroids. Rx. Sallet oyl and the

yolk of a new layd egg, and some English Safron beaten into fine power: mingle them together, so as the egg be not hard, and lay it on the place. MS. *Lady Byron*

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To kill the Hemroids. Rx. oyl of red rose 3 i: half a

spoonfull of the best honey: a quarter of an ounce of 216 myrrhe, beaten to fine powder: mingle them together, then sett them on hot embers, and let them simper together till the mirrhe be melted: then strain it through a clean thinn linnen cloth and keep it for use. Apply it warm to the place, and putt it in as far as you can and as hott as you can suffer it: and if it be very sore, lay a linnen cloth steepd in the same hott upon it - Also you may take mirrh of it self in powder, or otherwise somewhat small, and lay it on coales in a chafing dish, and set it in a close stool, and sitt over the smoke, and it will kill the Hemroids: but beware as much as you may that the smoke come not up to the face. *ibid.*/

To extinguish the Hemroids. Rx. myrrh 3s franckincense

a quarter of an ounce: beat them to powder and therewith make a perfume on the Coales for 4 severall times, and use this following oyle thus. - Oyle of red roses 3 i. oyl of linseed 3 i. powder of Mirrh. 3s: boyl them together with a spoonfull of honey gently upon Embers, and anoynt the place all over and about the fundament, warm. *probatum. ibid.*

Seeth Elder green leaves in water to pap, and lay them on a peece of red cloth: and anoynt the Emroids with oyl olive, and then apply it as hott as may be suffered: as it cooleth apply new: do so all night if need be, to cure it in one night. *ibid.*

Onyons being layd to the fundament with oyl or vinegar, open the Hemroids: so the Iuice like doth, or the whole Onyon mixed with rosted apples, and applied thereto with Cotton. *ibid./*

Piles. Anoynt with oyl of Roses and franckincense: you

may for the richer sort put in mirrhe: it will heal it easily. *ibid.*

Piles. Take the juice of sage and hony and boyl it

together, and apply it warm. ibid./

Take Mastick and ffrankincense, putt it in a chafing dish, and place it in a close stool: sitt over it, and let the fume go up into your body; do this twice a day; it cures the piles ^{and any disease in those parts.}/ and binde a leaf of Mullet to the place all day dureing the cure. ibid./ ffundament fallen, anoynt it with tarr and put it in. ibid.

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To stop the piles use powder of Acorns, Ash keyes, & a little Bolearmoniac in warm broth, or drink, or a Rere egg. ibid.

To cure the piles. A little fine treacle, spread upon

a leaf of Mullein, and layd to the places, cures them:
Also an oyntment made with the leaves of Mullen,
and old hogs grease, worketh the same Effect. ibid./

Piles. put strong vinegar upon hott Tyles and sitt over the

steam. ibid./

ffor the piles: The yellow leaves of Mullen scraped

in oyl, and sett in warm dung till they turn to oyl.
cure the piles or any distemper in those parts. They
say figs do not putrify, if they be wrapt in Mul-
-len leaves. ibid.

Another. Rx. half an ounce of Virgins Wax, half an

Ounce of Deers suett, half an ounce of May butter,
1 ounce and half of Sallet oyl. Melt all these together
with a soft fyre: then take half a pinte of snow water
and put it in by spoonfulls; beat it till all the snow
water be consumed: then spread it very thin on a lin-
nen cloth, and apply it to the grieved place. ibid./
To stop bleeding of the Hemroids, lay on powder of
Alloes. ibid.

ffor the burning swelling and pain of Hemroids. The

leaves of Elder stamped applyed cold take away the pain
at 3 dressings: so doth purslain applyed the same way,
and asswageth ulcers and proud flesh. - To take
inwardly to asswage pain the decoction of Yarrow
taken 3 dayes as ordinary drink; & the seed of 3
leaved grass, given many dayes together in the yolk of
an egg is excellent. - The oyl of Charity, 1 spoon-
full will stop them at any time. ibid./

ffor the piles. Rx Elder leaves & stamp them in

a mortar, strain out the juice, evaporate all
the moysture, till it come to the thickness of
Hony: then strain it & putt it up for use, &
therewith anoynt the place grieved night & morn-
-ing. It will keep good all the year. Mr P.. M..

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218. Pills of all sorts./

Pillulæ aloes Rosatæ to make. Take 4 ounces of the best Alloes

Syccatrine, beat it, and put it into a broad Marmalade glass; take
a quart of the juice of Damask rose budds, and in the hottest time
of Summer, imbibe and steep the alloes in the sayd glass, in that juice,
(you may add to it, the juice of burrage and of Violets, and in case
of the Rheume, Mastick powdered.) while the alloes be dissolved into
a liquor; then sett the sayd glass where it may have the full force of
the sun: which will exhale all the moysture and leave it like a gum,
when it is so add some more juice, and set in the ~~same~~-sunne againe, and this
do for a forthnight together, or a Month, which is best; in which time
they will so incorporate, as there will be an equall proportion of each.
this done let it stand in the glass, and if it chance to be dry, add some
of the juice; and for want of that, a little damask rose water; this
is good for phlegme, obstructions of the Liver and the Dyssentery; &
the Rheume of the head. When you feel your self ill affected in the
parts aforesayd, take the quantity of 3 big Pease, and make them up
into pills, and put each of them when you take them in a little syrup
of violets when you go to bed, and next morning, take once broth
or posset ale. *probatum MS.*

Pillulæ Rudij, or Extractum Catholicon.

Take of the pulp of Colocynth, 6 drams, Agarick, black Hele-bore root, Scammony, Turbith, of each half an ounce: Al-loes succatrine, 1 ounce: of the powder of Diarrhodon Abbatis, half an ounce. All these, except the powder or Species of Diarrhodon Abbatis, must be beaten into a gross powder, and put into a digesting glass. viz, a glass body and blinde head; or into a bold head with a wide neck, powring on them as much bl randy as will cover them, and eight fingers breadth higher, so let them stand in the sun to steep for 8 dayes: then in the same manner infuse the powder of Diarrhodon Abbatis, in brandy for 4 dayes: then strain and press the liquor or tincture hard from both the Infusions, and mix them, powring them into a glass body, covered with a glass head, and distill off as much of the Moysture, till the remainder in the bottom of the glass body come to the thickness of honey. wherof make a Mass of pills; and putt it up into a stone pill pott. - Exceptions against this præscripti-on. 1. Whoever caused this description to be inserted into the dispensatory, discoverd himself very much unexperienced in Chymicall Pharmacy: by directing the Alloes and Scammony to be infused with the other Ingredients: for the Alloes and Scammony immediately saturateing or clogging the body of the

recto of insertion after page 218

To take spotts or stains out of silks, stuffs
or Cloathes.

Take a Trotters bone, burn it & beat it
to powder, mix it with fullers Earth
& a Little Castile soape. wet it in fair
water, rub it on the place, & dry it i...g
in the sun, or by a gentle fire. then Rub it
over hand with a wet brush, & it when it is dry
the stain will dissapear.

To take out Pitch, Tarr, wax or Rosin
out of silk woolen or Linnen

Pour a Little Oyle of Turpentine on
the place, & let it soak in about half
an hower, & then Rub it out but not
to hard, & you will find *the Tirpintine*
has soaked out *the Glutenous Quality*,
soe that it will tumble out Like dry Clay

To take spotts or stains Out of Linnen

Take the Juice of a Lemon & Red Onyon
Mixed together, put into it a Little gum
sandrock, & crumbs of stale white
bread, heat these gently over a fire &
then dip the part *that* is stained, often
in it, let it *then* dry & have in readinesse

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a hot Lather of soap, & water, to wash
it Imediately, & doeing soe in two or
3 washings it will Quite disapear.

To Clean Gold & Silver Lace,

Lay it on a Carpet very Even, then
with a soft brush, run it over with
fine bran, 3 or 4 times, to take
of the dirt. then to brighten it
take burnt Alome, beaten to fine
powder & Sifted, rub this powder
on gently in all places where the
Varnish is & it will answer your
Expectation.

To make teeth White,

Take Lapis Calaminaris, burnt
& Beat to fine powder, & powder
of fine pumice stone, put them,
into a Little White Wine, & dry *them*
again in an Oven, & reduce it to fine
powder again rub *your* teeth with it
Either with a Little brush or *your* finger, &
wash *your* mouth with small bear in
which sage has been boyled, & they will
be both white & fast.

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brandy hinder its spirits in attracting the
219. vertue, out of the other purga-
tive ingredients. there not being a 3^d part of their vertue extracted.
2. the powder of Diarrhodon Abbatis, is troublesome and chargable
to be prepared: and when it is prepared, signifies no more to
the correcting of those strong purgatives, then water to the
washing of a blackamore white. Wherefore instead of this ffob corrective
rather add to those purgatives, Cinnamon 1 dram, Clove bark 2
Scruples, both reduced to a gross powder, and put in with the other
ingredients. The volatile Salts and spirits of those spices, being u-

nited with the spirits of brandy, do not onely render them more potent to extract the vertue of the other simples, but also qualify them through their subtle particles to maturate and digest the gross impure Sulphures of those violent purgatives: wherby they become more mild and less offensive to nature and heightend in their vertues.

The true manner of prepareing the foresayd
pillulæ Rudij.

1. break the Colocynth apples, take out the white soft marrow, flinging away the graines and kernells. Then put the sayd marrow into your brass mortar, dropping into it a few drops of oyl of sweet allmonds or sweet Sallet oyl: and beat it to powder. 2. the Agarick will not be beaten to powder, but must be grated in a tinn grater. 3. the black Hellebore and Turbith, may be beaten together into powder. 4. Putt all these ingredients together with the spices, beaten to a gross powder, into a digesting glass: then powr the brandy on them: haveing dissolved into it one dram and a half of Salt of Tartar. when the liquor is sufficiently tinctured, strain it, and press it hard out into a low glass body: to which you are then to add, the best Succotrine alloe (which needs no other purification) grossly powdered and sifted from the little Stalks ans other heterogeneous bodies that are usually incorporated with it. After this, distill off the moysture, till it come to the thickness of honey. To Twenty graines of this preparation is more safe, and yet not less effectuall then 40 graines of the other. The prices. Colocynth. 5^d or 6^d. Agarick 3^d. black Hellebore. *obulus* Scammony 5^d. Turbith. 3^d Alloes Succotrine. 6^d. Species diarrhodom Abbatis. 6^d. Bourdeaux brandy. 15^d. Charcoal. 4^d. ffor which you shall have about 2 ounces of pillulæ Rudii.

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the ounce comes to 1sh. 11d. 3 farthings : the dram to 3d .
The Apothecaries sell the ounce for 4 sh : the dram. 6d . Dr Harvey .

The Mass of pills of Hieria with Agarick./

Take of the powder of Hieria picra, (the preparation of which you may see among the powders) and Agarick. of each half an ounce: the best alloes 1 ounce: honey of Roses as much as will suffice to bring the foresayd powders into a Mass. - The Agarick must be grated on a fine grater. The allows being powderd, must be mixt with honey of

roses, and afterwards dissolved together over the fyre. The foresayd powders being putt into the mortar, and mixt together, powr on them a third part of the honey of roses with the alloe dissolved in it, and mix it well with the powders by stirring the pestle round: then add to it the other 3^d part, mixing it well together; and so doe with the remayning 3^d part: afterwards, when the hony is incorporated, and the mixture appears in clotts, beat it well together with the pestle, till it come to a Mass. But you must know

How to prepare honey of Roses.

Note. there are 3 sorts of honey of roses sett down in the dispensatory. Viz, Common honey of Roses; honey of roses clarifyed, & honey of Roses Laxative. It is the 2d sort of honey of roses which is used in this Mass of pills, and is prepared thus. Take 2 pound & a half of Clarifyed honey: the juice of red roses newly gatherd, a quarter of a pinte; new red rose leaves 1 pound: boyl them together till the juices of roses be boyled away: then strain it. you must also know

How to Clarify honey.

Take what quantity you please of honey, put it into a new glazed pipkin, or a brass tinn preserving pan: powering on every pound a pinte of water: let them boyl up twice or thrice, to the end they may be throughly mixt together, and strain this syrup once or twice through a close canvass, or flannel strainer. Then to every quart of syrup add the white of an egg, with the shell crusht to peeces; beating the sayd white of egg, with a rod made of twiggs, or a spoon, into a froth, mixing with it a small part of the Syrup, while it is beating. Afterwards powr in the rest of the syrup, which you must let boyl so long, till so much of the moysture is boyled away, that it comes to the thickness of

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honey: then take it off the fyre, and skim off the froth. But if the hony be very fowle, it is necessary you should skim it while it is boyling. - The prices of this Mass is easily computed by those of the powder of Hieracium pircra, and the table of the rates of druggs. There are many other masses of pills in the Dispensatory: but it is superfluous to describe them; because a physitian by prescribeing the mixture of these 2 Masses heer described, in such proportions as he shall judg necessary; or by mixing one or both with some purgative powders sett down among the powders; or by mixing of either or both, with some preparation of his own, according to the indication of the

disease or cause therof, he may easily answer all those intentions, for which that excessive Number of Masses of pills described in the Dispensatory can be supposed capable to be used. Dr Harvey .
pillulae pro venibus et gonorrea, et lue Venerea, optimae.

Rx. Terebinthinæ Venet. in pulverem redact. ʒiii. Masticks, succini albi ana ʒii. granorum alkakengi ʒii. seminum malvæ. ʒi. Nucis Moschatæ. ʒs Rhabarbari ʒ1.s. Turbetti Mineralis. ʒs Cassiae fistul. noviter extractæ quantum sufficit. fflat massa pro pillulis. Dos est ʒii. Sumanter post levem cænam hora somni, vel paulo ante. Pro renibus et Gonorrhæa quae non fit ex lue venera, non opus est Turbit. Mineral. nec Cassia fistul. Sed pro lue venerea maxime stent utenda. Secret. per Banister . M.S. *Lady. Byron A* Dose for one time is to make them into 3 pills, and let all 3 weigh, a groat and a penny weight as neer as you can: and that is a just dose for one time, to be taken going to bed, haveing not supped, or supped but lightly: Take them in conserve of Barberies, in Conserve of violets, or the pap of an apple. ibid./

Stomach pills. Rx. Mastich, red roses ana 1 dram.

best alloes 3 drams: with syrup of wormwood make therof a Mass. Take 2 or 3 pills at a time: before dinner an hower or 2. They strengthen the stomach, and purge without troubling the Body./ ibid./

Turpentine pills. Rx. of best Cypress Turpentine ʒiii. put it in an earthen pipkin, & putt theron Plantan water ʒiiii: let it stand 12 howers, then boyl it till all the water be consumed: then work them up with the powder of sweet wood, the bigness of pease, & take 2 or 3. Mr. P. M. *vide pag. 119.*/

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The foregoing pills are for the stone & gravell, & must be used thus. Rx Water 12 pintes, Marsh mallow roots scraped & in thinn slices ʒii, Licorice bruised ʒi. Boyl all these in an earthen pott well glazed, & close covered for 2 howers. Then put into it pounded Cinamon half an ounce, when you take it off the fyre, & when it is cold strain it & bottle it for your use. Take of this drink for 4 or 6 dayes together, drinking no other liquor, & take the foregoing pills every morning: keep your self from violent exercise, salt meat, fish & the like. ibid.

The Vatican Pill, for all distempers, & particularly for the Gonorrhæa.

Rx Ammone, aniseed, Mastik, ginger, grains of Paradice, Cardamome, Zedoary, Mace, Cinamon, Nutmegs, Cloves, Safron, Cubebs, Lignum aloes, Turbith Manna, Agarick, Senna, Cassia fistula; the 5 myrobalanes. ana ʒi. the best Rubarb the weight of all the foresayd things: alloe succative as much as aforesayd: add to these Carduus benedictus & scordium ana ʒss. make all into a mass of pills with syrup of red roses & violets. Take the first day 1 pill, the 2d 2. the 3d 3, the 4th 4, & when you take them keep onely a convenient diet, & drink posset drink or a thin broth. - They are good for all Complexions, ages & sexes, in all diseases; they preserve health, if you have no sickness, & take them: they purge all peccant humours: evacuate choleric black & yellow: fortify the limbs both principall & feeble: cause mirth, keep back old age; preserve strength & vigour: comfort the stomach & belly, preserve sight, unstopp the ears, preserve the breath, hinder putrefaction; keep vapours from ascending to the brain, or descending on the lungs: procure appetite, hinder belching; hinder vertigos & giddyness: Cure scabbs, itches, dropsyes & scurvies. M.S. Mr P. M. /

Quære the use of these following viz for weakness of back and gonorrhœa Rx. Terebinth Venet lotæ et parum coctæ ʒ i. deinde imisperge hæc sequentia: sanguis draconis in guttis ʒii. Bolus verus. ʒi. Cortix cis Granat. ʒi. Balustines ʒi. Spes diadraganth. frigid. ʒi. Spes. Aromatic. Resat. ʒiss Omnia in Pulverem: fiat massa pro pillulis. MS *Lady Byron*.

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Piss or Urineto cause: 223.

stranguryto help.

Take Hawes between our Lady dayes in harvest; and distill water of them; and the berries of sweet bryers, the kernells taken out, stilled and mingled together: or each of them alone take in the morning and evening, with wine or ale. This provokes urin and cures the strangury. MS.

To make one piss. Take of parsly, and of red fennel, of each a quarter

of a handfull, wash them and shred them small, and put them into a cup of small ale, and make a posset therwith; drink the ale, and it helpeth.

or Take a handfull of time, seeth it in a quart of Malmsey, &
drink, you will straitways piss. MS.

ffor one that cannot make water. take brown bread of wheat, and crum

it in a sawcer, put butter to it, and boyl them together; spread them
on a linnen cloth like a plaister, and as hot as may be lay it to
the navel. MS.

Another. Take a new layd egg, and power out the white, and keep

in the yolk, and take a quantity of the powder of S. Johns wort, put
it in ane stirr it about: set it ^{on} the fyre till it be somewhat warme,
and sup it up: for lack of this, take half an ounce of bees, and
rub them to powder.

Another. Take a new layd egg, make a hole through both ends and

blow out the meat: then lay the shell by the fyre side, till it be
somewhat warm, so as the shell may be taken from the filme.
then take the shell, and dry it throughly to powder, make it very fine,
and take some therof in a morning in a draught of white wine. MS.

Pissing of bloud.

Take parsly, Ambrosy, and Bursa pastoris, of each a like quantity,
stamp them and temper them in a quart of goats milk, strain
it, and drink therof, first and last: this will stanch it presently. MS.

Stopping of urin to help. Take sea horse pissole filed as much as

will lye on a groat, put it into a glass of beer or ale: drink
of it at any time: it will give present ease. probatum. MS.

To cause one to make water, whose water is stopped. Rx the

crumms of leavened bread, boyl them in a dish upon coales
with butter, till it be so thick, you may spread it on a
cloth: then binde it to the navell as hott as you can
suffer it. Within an hower you will piss. M.S. *Lady. Byron* .
The pulp of 4 or 5 rosted apples, especially pomewaters,
mixed in a quart of fair water like lambswool, drunk
last at night, in the space of one hower doth in one
night cure those that piss by drops, with great paine;
also the strangury and all other disease proceeding
from difficulty of makeing water; but in twice takeing
it never failes: It cures also the running of the
reins gott by those means. ibid./

To provoke Urin speedily. Dry the leaves of and Roots of Betony in an Oven wherin brown bread hath been baked, and use half a spoonfull of the powder in white wine, posset ale, drink or pottage. ibid.

ffor a woman that cannot hold her Urine. Stamp E-

grimony with salt, seeth it in old wine, and drink it when it is sod to the third part. ibid./

ffor the strangury. Take radish leaves, seeth them in ale and give it to drink it will cause to drinck-piss. ibid./

To cause to urine. Take parsly and seeth it in white

wine and drink it. ibid
powder of the dried leaves of Betony drunk with wine,
is good for them that piss bloud, or spitt bloud, &
cureth all inward wounds: Especially the green leaves
boyled in wine and given. ibid

Water that is stopt. Rx. parsly seeds and roots; fennell

seeds & roots, boyl them in water till they be soft, lay
them to the Navel very warm, and change them oft. ibid.

An excellent Medicine for the Strangury, pissing
of bloud, sharpness of Urine, & the stone . Rx of the

harrow head stone an ground to a very fine powder. put to it a pinte of very strong vinegar; let it infuse 12 dayes: then powr the vinegar finely from it: then putt to it an ounce of Mercury, and circulate it in a bolt head, or bag pipe, or sack glass: the best circulateing glass, is a double heart glass like an hower glass: there circulate it dry then take it out of the glass, & putt to it half a dram of gold, a dram of Saturn, & a scruple of ~~Saturn~~-Bezoar: add these salts. viz. pellitory of the wall parsly, fennell, Ivy berries, philopendula, broomplants, Walnuttts, hysop, of each of these 15 grains: oyl of Vitriol a scrupule: mix all these in an ovall glass, & digest it to a perfect calx. The dose 12 graines, dissolved in plantane Water, to bedward. This is an excellent thing. Hipsly . - old MS./

Pissing a bed, a certain cure.

Rx. the navle strings of a Womans first Child,
lay it on a hott tile, so dry it to powder: drink
as much as will lye on a 6 pence in ale

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posset drink, or any other liquor, when you go to bed
till you have taken it all. If it be a boy, it must
be the navle string of a girl; if a girl, of a
boy. *ibid*-MS. *Lady. Byron .*

An experienced Remedy for the Stone and gravell and
stoppage of Urine.

Rx Wilde Carot seed 1 dram,

bruise them a little and powre on the a draught of
white wine. Stop the bottle close and let it stand all
night: the next morning strain it through a
linnen cloth and drink it. This cured a ffrench
Gentleman much troubled with stoppage of urine;
and Viscosities, which they called the stone. Once take-
ing this Remedy preserved him from all inconveniencies
of urine for half a year. When this disease grew
again upon him he took again this Remedy. Hart
man ./

A gentlewoman was troubled with the gravel, strang-
-ury and stoppage of urine, so that in 10 dayes she
made not a pinte of Water, which was a great
torment. She took Oyl Olive and milk of each
a *quarter* of a pinte, with a spoonfull of hony, blood
warme mixt all together. This opend the urine
passage and caused urine in abundance, with void-
ing of Gravell. Oyl of sweet almonds would have
been better than Sallat oyl. Idem.

Sir Kenelm Digbie s Remedy for Gravel, Strangury
and Stoppage of Urine, wherby he was much re-
lieved. Rx the white of a new layd egg, beat it
well with a spoon in a porringer for a *quarter* of an
hower: then let it settle and take of the
scumm. Mix the clear with 2 spoonfulls of
White wine and 4 spoon fulls of red rose water.
putt to it 1 ounce of sugar candy powderd.
mix all together very well and take it in the
morning fasting, and at night last. Idem.

To provoke Urine, much approved. Rx. a black flint
stone that strikes fyre, heat it red hott in a strong

fyre, then putt it into a pinte of white wine,
cover the pott, and when it is throughly quench
ed let the patient drink it clear off.

Idem./

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Plasters of diverse sorts./

A plaister to ease ache or swelling, if the bone be not broken, wher
ever it is . Take Mallows, Mugwort, Bettony, and

Vervain, of
each a handfull; wash them, then stamp them small; then take of
honey, wheat flowre and bores grease, of each 3 ounces, stam them
all, so that they be well mingled: put thereto red wine, and fry
them well together: then spread it on a fair cole leaf, lay it
warm to the wound, it will ease the ache and swelling. MS.

A plaster for an Ague. Take a pennyworth of Olibanum, a penny

worth of bolearmoniack, a pennyworth of unwashed Turpentine,
let the Olybanum and bolearmoniack be searced; then mingle
them all together, and set it before the fyre: spread a plaster the
length of 4 Inches, and better: and the breadth according to the
bigness of the arme, to be layd longwayes, on the inside of
the wrist, 3 howers or more before the fitt comes. Now whether
you make much or little, the ingredients must be all of a quant-
ity. . probatum . M.S.

Plaster for an ache

Take a pound of good figgs, and beat them in a Mortar very fine,
that no seeds be seen: then take 20 oysters, water and all; bray
them in a mortar wih the figgs: then take 3 or 4 roots of
white lillies, rost them in the embers, and bray them likewise
with the rest, and so make a plaister. MS.

Plaster for the spleen.

Take 3 or 4 holyhock roots, 2 handfull of Mallows, seeth them
altogether in water, then stamp them roots and strain them, then
stamp the mallows together with the juice of holyhock, and put
in 8 or 9 figgs, and 2 ounces of sowre leavened bread, half
a dish of sweet butter; lay some of this on a woolen cloth, lay
it to the side as hot as may be: and roul him up with a rouling
cloth, and every 2 dayes, spread a little of the new plaister
on the old. M.S.

Another. Take the leaves and flowers of Mellilot, put them into a

pottle of water, the one half Smiths water, the other half their own
water; let it seeth till it come to a quart, then take the herbs
and flowers, and put them in a bag, and so lay them to the side
as hott as can be suffered for 9 dayes, every morning once;
M.S. Mrs Hinde .

Another. Take for a man, a barrow hog leaf or kell; for a

woman a sowes, a quart therof, before it be tryed. Worm-
wood, Cammomill, Mugwort, White ash, southernwood, the
tops of yong bayes, picked Mercury, Dill, featherfew, and
Vervain, of each a handfull, a penny worth of stone pitch,
as much Rosin, a pinte of Neats foot oyle, half a gill of
honyordes, (that is honey and the combes broken alldogether)
a quarter of a pound of yellow wax; beat the pitch &

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Rosin small; pick the herbs from the
stalks, and shred / them very small,

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then put them into a little brass pott or pan, set it over the fyre and let
it boyl, 3 quarters of an hower, stirring it often. When it is boy-
led and taken from the fyre, put in an ounce of oyle of spyke, and an
ounce of oyl de bay. (if it mould stirr it together, if it dry, put
in sallet oyl.) spread this playster on a peece of leather, lay it to the
place pained, cold, and as the pain removes, remove the playster.

Mrs Hinde . M.S.

Another. Take mellilot and Camomill of each 3 hand full; parlsey, Ro-

man Wormwood, plantane, and dittany, of each a handfull: beat
them small in a stone Mortar, then put to them 3 pound of fine Ro-
sin: 12 ounces of wax, a pound of sheep sewet, a pinte of white
wine; melt all these together in an earthen pott, so let them stand
7 dayes; then let them be perfectly sodden and throughly strained:
when you use it, take at a time the quantity of a Wallnut, melt
it in a sawcer, and spread it on a peece of sheepskin, the fleshy
side therof, being as broad as your pain in the side lyeth. MS.

A plaister for wounds and old sores.

Take a pound of white lead and somwhat more, sallet oyle 2 ounces,
vinegar a pretty quantity: boyl it till it be black, and make
it into Rowles. M.S.

Paracelsus plaister.

Take of Galbanum and Opoponax, of each an ounce: Amoniacum 2 ounces: put them into an earthen pot that holds 3 pintes, being well leaded or glazed: then powre upon the sayd gums a pinte of the best wine vinegar: then cover them that nothing fall into them: let them so remain a day and a night. then sett them on the fyre till they be throughly melted, continually stirring then, Then a bag of new Canvas that is very thin, and strain it through, and cast away the dregs: and so sett them on a gentle fyre of coales, keeping the fyre from the sides of the pott, that the gumms may boyl, till the vinegar be all sodden away. and you may spread it like a plaister. In the boyling it you must continually stir it without ceasing, lest the gums be burned, and also take heed lest any thing fall into it. Then take a quart of the best sallet oyle, and put it into a pott well leaded or glazed, that holds a pottle or more: sit it on a soft fyre of Coales, and put into it half a pound of new wax, cutt it into small peeces, and so let it melt by leasure: and when you are sure the wax is throughly melted, put into it a pound and a half of Litharge of gold, beaten into very fine powder: stirring it continually with by-a Spatula, by little and little, till the things be well and

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throughly mixt together, and the matter be of colour like gold, and thick: then take it off the fyre, and when it hath left boyling a little while, take of the foresayd gums that were first boyled, and with your Spatula take of them the quantity of a nutt, and put the same into the sayd oyl, stirring it continually, and so by little and little at severall times, put in the same by such like quantity, till the sayd gums be all put in: and be well mixed with the other things. (your gums will be allmost an hower in putting in.) Therefore when you see it begins to be cold, sett it on a few Embers, and take heed that it be not over hot, for then it will all run into the fyre: for it is very hott of it self: but if the worst should happen, that it suddenly begins to run over, that you can not save it: have a bowls of water by you, and quickly put it into the water: then set it on the fyre againe, and when these gumms are all put in, and well mixt and melted; putting in these things following. Bdellium 2 ounces: of the 2 kindes of Aristologia Rotunda, Lapis Calaminaris, mirrhe, frankincense, of each 1 ounce: beat them into very fine powder, and searce them through a very fine cloth: then mingle them together in a paper, and powr them into the sayd oyl leasurly, continually stirring it: then powr into it 1 ounce of oyl of bayes; and lastly put into it 4 ounces of pure and fine turpentine: take it of the fyre a little while, and stirr it with very great diligence, else your Turpentine will cause it to runn into the fyre, And when you would know whether it be sufficiently boyled or not, putt a little therof into cold water, and if it be soft that it cleaves to your fingers, it is not enough, and ther-

fore let it boyl longer, till you see it is enough. Then take it off the fyre, and powr so much of it into a bason of cold water as you may work it into a rowl: and when it is well rowled that you may handle it, anoynt your hand with oyl of Camomill, or oyl of roses, and knead it well with your hands, 3 or 4 times, every time an hower: and when it is well wrought make it up in rowles: and when you lay up this plaister, put it in oyled paper or oyled leather, and oyl them once a year that you keep it in, for it will keep it the better from over much drying: lay it out of the sun and winde: it will last above 50 years, and be as good as the first day.

This plaister is good for old or new sores: it dries, it cleanses, and breeds good flesh, it confirms and comforts, it heales more in a week, then any other in a Month: it

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will not suffer any sore to putrify or corrupt, or any dead or vile flesh to grow. ffor Sinews cutt, bruised, or prickt with a thorne, or otherwise it is most excellent. It draws out of wounds, Iron, wood or lead: and other things, if you do but lay it theron. It is most excellent for a fistula, Canker, the shingles, or biteing with venemous beast. It ri-pens all impostumes and biles, if you but lay it theron, and S. Antonies fyre: It is a soveraign present help to asswage all paines, and aches, Mr Potter has found by experience, that it is a singular present help for bones out of joynt: so that by laying one or 2 plaisters, or 3 at most, he hath healed perfectly and suddenly arms out of joynt, so that the parties have had no more pain or weakness. Also for foines or thrusts you must not tent them, (except they matter before you come to them, but only lay this over it, and 2 plaisters commonly will heal it, or any other swelling or sore: but if there be dead flesh in a sore before this playster be layd on it, it will not destroy it or draw it out, but if it finde none there, it will suffer none to breed. MS.

Dr Knowls ./

The leaden plaister.

Take 2 pound 4 ounces of the best oyl olive, 1 pound of good red lead, 1 pound of white lead very well beaten to dust, 12 ounces of spanish ^{ve-nice} sope, incorporate all these well together in an Earthen pott well glazed, before you putt them to boyl: and when they are well incorporated, that the sope comes upward, sett it on a small fyre of coales, in a clean skillet or pan: continuing the fyre the space of an hower and half, still stir ring it with an Iron rod, with a ball at the end; then make the fyre somewhat bigger, till the redness be turned into a grey colour, which will be an hower and half longer: but you must not leave stirring it, till the matter be turned into the colour of oyl, and somewhat darker: then drop it on a trencher, and if it cleave not to the fingers or trencher, it is enough; then take

linnen cloths, and spread it thin upon them, and lay it on clean trenchers or bords, and when it begins to cool, make it up in rowles for searcloths; it will last 20 years: the older the better. This plaster layd on the stomach provokes appetite, and takes away any grief in the stomach; layd on the belly it is a present remedy for the collick, and upon the reins of the bck is good for the bloody flux, stayes the running of the reins and heat of the kidneys. and whites: is good for all weakness of the back, and for women with child, to wear all the while they go with child, if they finde any weakness. It heales all swelling, bruises, and takes away aches; it breaks felonys, pushes, and other impostumes, and heales them: it draws out any rotten humor, whithout breaking the skin: and being applyed to the fundament, heales any disease there growing: Layd on the head it is

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good for the Eu^vola, heales the head ache, is good for the eyes, and layd on corns, it eases them much. it is excellent for sprains or wrenches. probatum. MS. Mrs Hynde ./

Emplastrum Diachylon cum gummi.

Take of the oyl of Mucilages 2 pound: Lythargyr of Gold, 1 pound: powring to them about a pinte of water: boyl them till they come to the thickness of a plaister: then add to them of yellow wax a quarter of a pound: gumm Ammoniac, Galbanum, Opoponax, Sagapenum, all dissolved in vinegar, of each 2 ounces, Therebinthin a quarter of a pound: make them up into an Em-plaster. - The Lythargyr must be powderd very fine. and sifted; then put it to the oyl and water and boyl them: stirring them continually till they come to the thickness of a plaister: then put to them the wax cutt in Lumps, which being melted, put in also the gums, which you must first have dissolved over the fyre, in as much vinegar as will swim a top, 2 fingers breadth: this strain through a Canvass, and evaporate it till it come to the thickness of honey. These being well mixt with the oyl and wax, add to them the Therebinthin, which being also well mixt, take them off, and keep constantly stirring gently with your spatula, untill it is almost grown cold: then make it up into great rowles, between your hands, being anoynted with a little oyl of Ros-ses or other sweet oyl. - Note. - The gums will not mix so well, unless the oyle of Mucilages be a little coo-ed. Dr Harvey . -

Emplastrum Sticticum Paracelsi./

Take oyl of Olives 6 ounces: yellow wax 1 ounce and half,

Lithargyr powderd, 4 ounce and a half: gumm Ammoniac,
Bdellium, of each half an ounce: Galbanum, Opoponax, oyl
of bayes, Lapis Calaminaris, of bth sorts of Aristolochia,
Mirrhe, ffrankincense, of each a quarter of an ounce;
Therebinthin, 1 ounce. The oyl, wax and Lithargyr must
be boyled together; till it doth not stick to your fingers: af-
terward the Mass being a little cooled, putt the gums to it
being dissolved in Vinegar: which by boyling let evaporate
from it, and be strained and pressd hard through the strainer;
and last putt in the powders, Therebinthin and oyl of bayes:
and so make it up to an Emplaster. - I need not add any
thing to instruct you to make this plaster: for the directions

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for prepareingthe
Diachylon cumgumm,
will sufficiently guide you. Dr Harvey .

231. Emplastrum Diapalma, or Diacholciteos./

Take unsalted hogs grease cleansed from its skins, 1 pound: oyl of olives
pressd out before the olives are ripe; Lythargyr of gold, powderd fine
and sifted, of each 1 pound and half: white vitriol burned and pow-
dered, 2 ounces: the Lythargyr, grease and oyl must be boyled toge-
ther on a gentle fyre, powring to them a little plantane water, and
stirring them continually with a Spatula, till they come to the body
of a playster: wherwith being almost cold, you are to mix the vitri-
ol, and so make it up into a mass. - Besides the instructions
given you before, you are to observe, when this or any other Em-
plaister is boyling, to drop now and then off of the Spatula,
wherwith you stirr the melted mass of Emplaster, a drop ther-
of, on the backside of a plate, and let it cool, and therby you
may iudg if your plaister be boyled enough. The Apothe-
caries sell this plaister at 2^d the ounce. Note. In defect of
the foregoing Paracelsus plaister: melting of 2 thirds of Dia-
chylon, with one third of Diapalma, will very well serve for
the same, intent & purpose, if not better. Dr Harvey .

Emplastrum Opodeldoch of ffelix Wurtze ,
So famed by Surgeons beyond Sea./

Take of the best wax 2 pound; Venice Therebinthin 1 pound; Genoa
oyl of Olives, 3 ounces. Melt them together, powring thereto of
the juices of Celandine Oak leavesm Starwort and Speedwell
of each 1 ounce and half. Boyl these till all the moysture be
consumed: then putt to them Gumm Ammoniack, Galbanum,
Opoponax, dissolved in vinegar, strained and evaporated,
(in the same manner as was directed in prepareing the Di-
achylon.) of each 6 drams: Colophony an ounce and half:
Amber half an ounce; Mastiche, mirrhe, frankincense,

Sarcocolla, of each 3 drams: prepared Magnet one ounce and half: Crocus Martis 2 ounces: Crocus Veneris one ounce: Prepared Tuthia, Lapis Calaminaris, of each 10 drams: of the red sweet earth of Vitriol, as much as will make the playster red. - Note. the Crocus Martis and verneris, Tutlia, Lapis Calaminaris and Earth of Vitriol, must be put in last, when the plaister is allmost grown cold. The magnet is prepared thus: being powdered.

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make it red hott in a crucible: and powr to it of well dulcifyed oyl of Mars the same Quantity: let them continue over the fyre till they be dry. - Oyl of Mars is prepared thus:

Take of allome 1 pound, of common Salt 4 ounces: distill an Aqua fortis from them in a Reverberatory furnace: with water imbiue the fileings of Steel, severall times a day, and a rust will stick, which must be washt of clean: let the water evaporate from it to an oylyness, which must be Dulcifyed by Evaporateing Common water from it, once or twice. -

The Lapis Calaminaris is thus prepared. Powder it very small, and heat it red hott in a Crucible, and quench it by pouring Vinegar on top of it: this is to be repeated thrice: and the Tuthia is prepared in the same manner: excepting that in stead of Vinegar it must be quenched with fennell or Celandine Water. - Crocus Veneris is thus prepared. Take Copper beaten into very thin plates, put them into a Crucible in Layes (which is termed among the Chymists, Stratum super stratum) one over the other, strewing some Common Salt between every Lay: then cause them to be nealed together: which done, cast the plates and Salt into cold water, and wash them clean from their blackness: then put them againe in Layes, with Salt, as before, neale them, and then cast them into cold water. This nealing and washing repeat 3 or 4 times or oftener: the water wherin the plates were washed being setled, decant or pour of from the Setlings on the bottom: which must be sweetend by oft powring warm water on them; and letting them settle, and then powring it off againe: repeat the washing so oft, till the foresayd setlings taste free of the Salt. -

Crocus Martis is thus prepared. Putt fileings of Steel into a Crucible, which sett in a reverberatory furnace for 24 howers: then cast the red hot steel into a large earthen Pan, that is full of water: stirr it well together, and powr it off into another earthen pan: then evaporate the water, and in the bottoms you will finde the Crocus Martis -

The preparation of the earth of Vitriol is thus. Calcine Vitriol in an Earthen pott to a red colour: powder it, & powr water on it, which let stand 24 howers to settle, then powr off the water. This repeat so often untill it is

sweetened, and all the sharpness is taken off. - These
Emplasters are sufficient for all Intentions; however

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those that desyre to make use of some other common playsters, they may buy them from the Druggists, who keep journey men apothecaries for the same purpose, at as cheap a rate as they can prepare themselves, which is farr cheaper then you can buy them at the Apothecaries, who oft by keeping them too long in their shops, or not preparing them exactly sell emplasters farr worse, or of much less vertue then those sold by the druggists; who commonly take great care, that thier medicaments be well and exactly prepared. The prices of Emplasters at the Druggists, you have in the Table of Rates, and prices of Druggs.

Dr Harvey . -

Cerotum Album, to dry up ulcers. Rx. Oyle of Roses

ʒv. White wax. ʒiiii. Ceruse. ʒiii. camphire ʒi.

fiat secund. artem. M.S. Lady Byron

A Skinning plaister that destroies a Tetter, Serpigo or other Excoriations.

Rx. Take Hony strong vinegar, white or Claret,

but white is the best: 1 quart: Lithargy of gold finely beat en and searced 1 pound: mix them together and let them infuse in a Vessell, 3 or 4 dayes, stirring them together twice in every day: and take the clearest therof and put it in a viall or a double grass: so have you the Mother: keep it well. - The Congealer. Rx. ffair

Water 1 pinte: sal gemmæ ii. common salt 1 good spoon full. Boyl all till the salt be resolved: then putt the clearest therof in a glass. The use is: Rx of the Mother 3 parts, of the Congealer one and a little more, and it will be an ointment or a thick Cream. Lay it over the place that you would have Skinned, or the Serpigo or Creeping Tettor, it will do wonders. ffor the long Ulcers which want nothing but Skining, and will not come therto, it will skin them. M.S. *Lady Byron*

A spiced plaister, for all aches of cold causes. Rx. Oli

banum, pitch rosin of each one pound: sheeps tallow half a pownd, Commin in fine powder searced, ʒiiii ladanum ʒii. Cloves i. Mace ʒi. Safron half an ounce. *Lady. Byron* .

The Receipt of the famous Plaister for wrench,
bruise or Ache.

Rx. a pound of the best Burgundy pitch, being the

whitest: half a pound of very pure white Virgin Wax; a quarter of a pound of the best and cleanest ffrankincense. The ffrankincense must

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be beaten; the virgin wax cult in pieces; then you must take a new red pipkin, well nealed: put your burgundy pitch into it and your Virgins wax, and strew your frankincense in amongst it: then set it on a fyre that is not too hott, continually stirring it about with a wooden Spatula, which hath a long handle: and after it is melted, and hath boyled not too much, you must have a good bason of water ready, and powre all your shift into the bason of Water: and let one anoynt his hands all over with sallet oyl, and work it with his hands in the water till it come all together like dough. Then presently make it up in rolls as long as you will have them, and let them ly on paper till they be cold: then lay them in paper and keep them close; they will continue good a year or two. It will cure the greatest bruise that is, if the bones be not broken; it is admirable good for any wrench or ache; It must be spread on Lambskin; be sure the plaister be a little broader then the bruise: forget not to cutt a snip in the midst of the plaister: warm it & lay it on the grief, and smooth it in with your hands. You must not take it off till it fall off it self: tho it stick on 2 or 3 months. But if it should itch much, you may rubb it a little on the outside the plaister: and sometimes take it off & wipe your flesh dry. Then warme it and lay it on againe. If you have taken any cold in the nape of your neck, or shoulders, that puts you to pain, lay on this searcloth, it will help you: for aches in the neck and shoulders are dangerous: for many times they cause palsies and aches-agues, that fall into the back bone, by reason of the humours: this will drayne the humours quite away, if it be layd to in time. Make much of this sear cloth, for it is a jewell. MS. *Lady.* Byron ./

The Shineing plaister. Rx 1 ounce of wax,

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3 ounces ofgood clear Rosin: cuttthe wax into little thin slices, and beat the Rosin in a paper;

put the wax in an Earthen glazed pott, sett it on
the fyre till the wax be melted; then put in the Rosin
and stirr it with a stick till they be melted together.
then powr it on the rough side of a thin sheepskin
& spread it. ibid./

A good plaister for pain in the joynts, or straines in the
back, or bruises in any part of the body. Rx. Rosin

and stone pitch of each a like quantity; melt them to-
gether, and spread it on the rough side of Allumed lea-
ther. then spread it over very thin with hony; then grate
a nutmeg and strew the powder upon it: so lay it warm
to the pain. ibid.

A sweet black plaister. Rx Ceruse 1 pound, of the oldest

and strongest of savour, oyl olive a quart: new yel-
low wax half a pound: beat the Ceruse finely, &
boyl all, till it be a goodly black brown. ibid./

An excellent melilot plaister. Rx green melilot bruised

& handfull: boyl it in a pottle of white wine, to the
half: strain it: then put thereto of Rosin 1 pound,
wax as much: sheeps tallow 3iiii. Turpentine 3iii,
Mastick. 3i. boyl all but the mastich to the wasting
of the juice, more then the half: then bruise other
6 handfull of melilot; put them to while it is
boyling and stirr them well, till it hath had a play
or 2: then take it from the fyre, strain it, while
it is hott through a strong Course canvass bagg, with wringing
and nipping between 2 round staves, till by little & little
the stuff and the juice be come all out, as much as you
can gett: and when you can handle it, put thereto
a quarter of an ounce of Mastick finely powderd: make it
into rowles, mingling the Mastich in the handling
therof. ibid./

An appendix of the Vertues of the
Leaden plaister of Dr Knowls
mentioned before.

Being laid to the head it is good for the Lunacy.
Layd on the temples it is good for the eyes.

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It is good for the tooth ache being layd behinde the
hollow of the Ears. It skins and heals any place
that is bruised, or the skin beaten off with any knock,
without any changeing the plaister. Where you would

not have it draw to much, as where any Skin is broken,
spread it upon linnen./ MS: *Lady. Byron* ./ - One Manu-
script saies the wax must be divided into 2 severall
parts, and putt into 2 severall pipkins that are well
leaded, and when they are both melted put them both
together and so let them boyl a quarter of an
hower: so strain it through a thin strainer,
into a basin of Water. &c. as before. Note
this addition belongs to the famous plaister for
wrench bruise or Ache: described in the leaf
before this./ MS. *Lady Byron* The said plaister is good
for sprains: it must be prickd full of holes: it must
not be taken off till it fall off. It will draw out
a thorn./

An excellent Plaister called the Emperours plaister.

Rx. red roses dried ȝiSs. Cypress nutts, all the Sanders,
Mint, Cotriander seed, ana ȝiii. Mastich. ȝis Hy-
pocistis, Acacia, Dragons blood, sealed earth, fine
Bole, red Corall, ana ȝii. Turpentine washed in
plantane water ȝiiii. Oyl of Roses ȝiiii. White
Wax lb i. pine Rosin, juices of Plantane, hous-
leek, Orpin. ana ȝi. The Wax, Rosin and
pitch being melted, putt to them the Turpentine
and Oyl: then the Hipocistis and Acacia dissol-
ved in the said juices: lastly the powders to
make an Emplaister according to art. - It
heals, strengthens, cools, dries, bindes. Applied to the
crown of the head shaved it helps the Consumption,
stops Rheum falling on the Lungs. Applied to
the back it strengthens much and removes
pains there. Applied to the belly it stops loos-
ness. It is very good to strengthen weak luxa-
tive joynts, and confirm feeble limbs. - Hart-
man ./

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Plague.

If it be a young body take a yong pigeon, and lay it to the
soles of their feet, the pigeon being cutt in the midst: if they
be old, take an old pigeon and do in like manner. MS.

ffor one infected with the plague. Take a spoonfull of running water,
as much vinegar; a good quantity of treacle to the bigness of a
wallnut; temper them altogether, make it luke warm, and give it

the party to drink, within 24 howers after he complains. MS.

Plague sore. Take scabious and stamp it with swines grease, lay it

to the sore, and let it ly 24 howers unremoved; it will take it clean away or break it: and if the patient drink of the juice, he will be much better. MS.

Plague. Take an onyon, take out the Core and fill it full of

Iunes treacles, rost it in the Embers, then take 3 spoonfull of red Vinegar, 6 spoonfull of the juice of sorrell, strain the onyon with the sayd juice alltogether, and drink it warm. MS.

Another. Take a quantity of white wine, and a quantity of Rew,

and as much treacle as will fill a walnut shell, boyl them together, take it and drink it as hot as may be every morning, it will preserve from the plague. M.S.

Antidote for the plague. Take a pound or 2 of figgs, cut them

small, the kernells of 3 score walnuts, lay them in water and blanch them, a good handfull or 2 of rew, beat them severally very small, then mingle them well, and put them alltogether in a box, and eat of it at a time as much as a Wallnut. *probatum*. MS.

Another. When you are sick get to bed, then take a pinte of Malm

sey or somwhat more, and half a penniworth of graines, beaten small in a morter; boyl them together, and drink therof as hot as you can; cover your self with many clothes, and sweat: this was practiced by Dr Emsted . MS.

ffor one infected. Take a new layd egg, make a hole in the end

and take out all the meat, fill it full of English safron, then set it in the embers, till the shell and the safron will beat to powder: and beat with it one spoonfull of the best Mustard seed you can gett: then take of it the weight of a groat, put it into a draught of posset drink, give it the party infected to drink in the morning fasting. *probatum*. M.S.

Another most approved. Take of gunpowder and powder of brimstone, of each a thimble full, a penniworth of Safron, bruise them all small, and put it in a quarter of a pinte of carduus water, with 2 spoonfull of sallet oyle, and 2 graines of Bezor stone, put them alltogether and warm it lukewarm, and let the sick party drink it, and keep the body temperately warm,

This drink will make the riseing of the sore appear on some part of the body, within 12 howers after at most: then take the roots of double crowfoot, beaten with salt, and lay it to the top of the foot on that side the sore appeareth. It will there draw a blister, whence will issue much water; then take the leaves of Scurvy grass, male & female, boyl them a little in spring wa- ter, with some honey; then bath the blister with the liquor therof, and lay some of the leaves theron; it will heal the sore, that the sickness will be gone from the heart when the blister arises: this hath helped many, and few that have taken it in time have dyed. *probatum.* MS.

Another. Take 3 pintes of Malmsey, and boyl therin, rew,

sage and wormwood, of each a handfull, till one pinte be wasted, then strain it and sett it over the fyre againe, and put there- to half an ounce of ginger, of Nutmegs and long pepper of each a quarter of an ounce; beat them together, then let it boyl a little and then take it from the fyre, and put to it half an ounce of Mithridate, a *quarter* of an ounce of Venice treacle, and a *quarter* of a pinte of Angelica water. Keep this above all worldly treasure, Take it allways morning and evening half a spoonfull at a time, dureing the plague time: if you are infected, take a spoonfull or 2, and go to bed, and sweat on it. Under god trust to this, for never was man, woman or child deceaved by it. It is also good for Measles, small pox and surfet, & many other diseases. MS. *probatum.* Dr Birges .

Another like this, ^a most Excellent Preseative, by Mr Thomas

Butler . Boyl in 3 pintes of the best Malmsey, Angelica a handfull, 1 pennyworth of Safron, half a handfull of Rew, of red sage and wormwood of each as much; boyl it till 1 pinte be wasted; then strain it and set it on the fyre againe, and put to it, of long pepepr, graines, liquorice, ginger, and nutmegs, all in powder, of each 1 ounce; let all these boyl together a little more; then take it from the fyre, and put in 1 ounce of the best treacle, and half a pinte of the best *Aqua vitae*. Keep this as your life above all other medicines, and use it as follows, If you think you are infected, take first and last, 1 spoonfull at a time, lukewarm: if not infected, once or twice a week at the most, half a spoonfull at a time. In any plague time, next under God, trust this for a certainty, if the heart be not mortifyed with poysen too long, ere this drink be taken: It is also good for the sweating sickness, small pox, Measles,

surfets, and the like,takeing a spoonfull of the same; when theyfirst fall sick, and at all other times as need requires. This is better then Bezar stone, to drive all from the heart. When the sick drinks therof, at the first, he must ly down, and sweat 2 or 3 howers, in his bed, and after be well dryed, and kept warm, and drink nothing but warm drinks and cawdles: this will keep the sickness from the heart. This drink will keep good half a year, being close covered in a pewter Aqau vitæ bottle. This hath been proved by many, and never under god fayled. *probatum.* MS.

Plague water. Take rew, wormwood, Mugwort, burnet, balm,

Celendine, sage, Costmary, tormentill, sorrell, egrimony, brown Mayweed, pimpernell, sweet marjoram, Enulacampana rootes, sliced and minced; dragons, Marygolds, fetherfew, watercresses, Carduus benedictus, scabious, avens, angelica, walnuts, bramble leaves, par sley, wood bettony, and bugloss, of each of these half a pound, and of rosemary a pound; chop all these herbs, and put them in 3 gallons of white wine, let them be infused 9 dayes; then still the herbs and wine altogether. This water is good for any fullness of the stomach, or any infection, 3 spoonfull therof being taken warm with a little Mithiridate. MS. *probatum.*

Preservative against the plague. Take sage, elder leaves, and red

bramble leaves, of each a handfull, stamp them alltogether in a mortar, and strain them through a fine linnen cloth; then take a quart of white wine, and a good quantity of white wine vinegar, mingle them altogether, and put thereto a *quarter* of an ounce of white ginger; drink of this medicine 1 spoonfull every morning 9 dayes together, fasting; you shall be safe a whole year. MS.

ffor one Infected . If you be stricken, before you have drunk the

foresayd Medicine; then take these aforesayd, with a spoonfull of sacbious water, 1 spoonfull of Bettony water, a quantity of fine treacle; mingle them together and drink of it: it will put forth the venome; and if the botch appear, take the leaves of Elder, bramble leaves, and mustard seed, and stamp them together, make a plaister therof and lay it to the sore; it will drive out the venome. M.S.

Another. Take 3 or 4 slips of rew, 6 spoonfull of Vinegar,

beat both together in a mortar, strain out the juice, and put to it 1 ounce of fine treacle: 1 ounce of fine sugar; sett them on the fyre, stirr them together and make a syrup: put it in a close box; take a sage lef, and spread theron the quantity of a bean; eat it morning and evening. M.S.

Another. Take a peece of fine gold, or leaf of pure gold, putt
them into the juice of Lemons, letting it ly in it a whole day,
then take it out: this juice given to one that is sick of the plague

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with a little wine, and the powder of the root of Angelica, or of the
~~powder~~^{decoction} of the same root;
It is marvelous to tell what help it brings them; yea tho
they are past hope of recovery. M.S.

A preservative against plague or poyson. Take of Iuniper berries
2 drams, of terra Lemnia as much, and one scruple more, which
is 24 grains: make them into fine powder and mix them with hony,
keep it in a clean vessel. When you use it, give as much of it at a
time as a haslenut, in 3 ounces of Aqua Mulsa, which is thus
made: take 1 pound of hony and 8 pound of water, seeth it on a
soft fyre and skym it till a 4th part be consumed. M.S.

A water against poyson or pestilence. Take Tormentill, Scabious,
golds, bettony, pimpernell, of every one a like quantity: distill ther-
of a water, a drink every morning a pretty quantity therof fast
ing. M.S.

To make the stomach powder and for the plague. Take of Alloes
Succatrine 4 drams, mirrhe 2 drams, English safron 1 dram,
Mastick a dram, graines 1 penny worth, sugar 3 ounces, pound
these each sort by it self; then pound them and beat them well in
a mortar, to cause an equall mixture. Take the quantity of
2 beanes in the morning, fasting two howres after it: tem-
per it either in beer or distilled water: drink it 3 mornings,
it keeps out infection of plague or small pox: but if one
be infected, give a double proportion; it hath been known
to cure those. M.S.

ffor the plague sore. Take a Turnepp, and boyl it in fresh butter,
make a poultess, and apply it to the sore: it will break it as was
proved in the last great plague. MS.

Aqua Epidemica, or the London plague
water.

Take of the Roots of Tormentil, Angelica, piony. . liquo-
rice, Elicampane, of each half an ounce: of the leaves of

sage, the greater Celandine, Rue, the tops of Rosemary, Wormwood, Sundew, Mugwort, Burnet, Dragons, Scabious, Agrimony, Baume, Carduus benedictus, Betony, the lesser Centaury, leaves and flowers of Marigolds, of each a hand full. Steep them 4 dayes in 4 quarts of the best white wine, and distill them in ashes, in a glass Alembick. Note. Instead of putting sand into the sand pan of your portable furnace, you must put in ashes, or rather saw dust, for 2 sett the glass Alembick in to distill. - You must bruise the roots in a stone or lignum vitae Mortar: shred the leaves & bruise them also in a Mortar, and put them into such a glass stopt close and fixt in warm water, as is

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exprest in the preparation of Treacle water. - Prices. The roots of a half penny an ounce come to 2d *obulus*. the leaves at a halfpenny the handfull. 8.d. the wine at 4 sh. Charcoal. 4d. the whole distillation will stand you in just. 5 sh. 2d. *obulus* Thus a pinte of this plague water will cost you 7d ; (for you will have somewhat more then 8 pintes:) the ounce less then 3 farthings , computeing physically 12 ounces onely to the pinte. The Apothecaries sell it at 3sh. 6d the pinte, and some 4sh . By the ounce 3d , some 4d . Dr Harvey .

To prevent any Infection. You must use such Antidotes as resist poy-

son and fortify the heart: which is Treacle if it be truly made: and the surest way to discern it is to minister a strong purgation to some lusty body, and presently after give him the quantity of a bean of the treacle. And the purgation will never work if the treacle be good. But for fear of the worst, take Bolearmoniac, hartshorn, and Terra sigillata of each a dram: of Cinamon a quarter of an ounce: stamp them to powder, and every morning drink the Weight of half a dram in a cup of Meath or Ale. Now if the air be either too hott, too cold or too corrupt, you must use cold things to keep away the heat, and hott things to expell the cold: add dry things to moyst, and moyst to dry: and to depart into another place were not amiss. Sick men often recover onely by change of air: according to the old verse: Mox, procul, et tarde, cede, recede, redi./ But if the air be corrupt, and a man can not remove thence quickly; he must artificially rectify it by perfumeing his Chamber with Cypress, Spruce or ffrirre; with Juniper, Rosemary, Baytree, or wood of Alloes: and by sprinkling Vinegar heer and there in his Chamber. Or he must get a nosegay Of Roses, violets, Marjoram, Marigold and the like. And when he goes abroad he must hold in his mouth either the pill of an Orrenge or a peece of the root of Angelica: and he must order his chamber to be neatly swept at least once

a day. Dr Vaughan .

In Hungary there is frequent a fiery infectious feavour, and it is cured onely by salt-nitre prepared with Sulphur, and gi-ven in water as drink to the patient. A strange thing, that fyre should quench fyre. - The sweating sickness proper to our English Countries at first esteemed incurable, was sithence experienced to be cured by the cheapest remedy in the world, onely Abstinence: for as soon as the patient

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findes himself distemperd with this disease: he must immediatly rest himself on his bed, not moveing hand or foot, especially out of bed, unless he be extreamly forced. He must neither eat nor drink for 24 howers, but be moderately covered, so that the sweat may distill out of the body gently, by little and little without compulsion Dr Vaughan .

Pro præservatione & peste. A receipt of one that had attended infected persons 16 years together. -

1) Sume Citrium, aut ejus loco Limonium, etiam integrum, in aqua rosacea et sachharo tandin coquatur, donec tabescat et in jus resolvatur: hauri mane jusculi talis seu electuarij cochlear unum parvum aut alterum. 2 Cor-nua bovis comburere in domo cavet infectionem. 3. Singulis diebus sume ficum unum, juglandem unam veterem, 10 aut 12 grana salis, et 20 folia Rutæ: ea omnia comedere simul mane, antequam egrediaris. 4. Remedium ad curandam pestem, seu quando veretur superventuram sume medium cochleare sinapis, modicum olei olivarum optimi, albumen unius ovi, triacles (the M S. hath it triacs) drachmas 2: aceti vinosi modicum: hoc instar pulsibus bibatur. postea deambuletur usque ad sudorem: et ad vitandum sudorem aliquis assistat. vigilans, donec sudor emittatur: & sudore enim licet dormire. Hoc remedium est. probatum ab uno qui per 16 annos attendebat infectos./

A Mithridate against poysons and pestilences, wherwith plague sores being gone in have been driven out again: and against Meazles, shingles, small pox./ Rx. Roots of Tormentill 2 drams: of all the kindes of Sanders of every of them 1 dram: white Dittany new gathered, and dried 3i. the tip of a harts horne, or a spitar of pretious stones, the fragments of Orient pearle, bolearmoniack, the round Aristolochia (Astrologie) of each 1 dram. Camphire half a dram: pimpernell, mirrhe and setwall, of each a dram: terra lemnia of the purest 2 drams: the seeds of Citrons and safron of each one scruple, which is the 3^d part of a dram. Unicorns horne and of Iacynth of each half a dram: sugar pure and white, one pound. Your liquor to make your Electuary is

rose water and the water of borage flowers dis-

-tilled. Boyl your sugar and waters to a perfecion,
and in the cooling putt in your powders searced,

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and keep it as a pretious
treasure.

This driveth out measles, shingles, small pox,
and defends the vitall ports from venom: and is a present
remedy. MS. *Lady Byron .*/

A medicine against the plague. Rx a handfull of Sage,

(vertire) vervin) of herb grace, of Elder leaves, of red
bramble, of each obe handfull: stamp them together, strain
them in a fine cloth, with a quart of white wine.
then take a quantity of ginger: mingle them together and
drink of this medicine a spoonfull every day for 10 dayes
together. ffor the first spoonfull you shall be safe and
void of all danger 24 dayes: after the 9 spoonfull
you shall be safe all the year after. If it happen one
be stricken with the plague before he drink of this
medicine, then take water of Scabious and water of
Betony, with a quantity of fine treacle, put them to-
gether and drink it and it will expell all venome.

If the sore appear, take Elder leaves and Mustard seed,
stamp them together and make a plaister, and lay it
to the sore, it will draw out all venome. ibid.

A preservative against the plague. Rx. an ounce of treacle,

5 shillings weight of sugar, an ounce of vinegar,
half a score tops of rew: sett these on the fyre, stirr
them together, and let it boyl half an hower. ibid.

The prince of Pomanders, proved to be very wholesome
in infectious times . Rx Diamber 3s. Diamosci 3s.

(I know not whether it be half or 5) ladanum 3iiii.
Storax calamie 3i. Camphire 6 graines. Damask
roses, Cinamon, cloves, mace, of each 3s. Musk 8
graines. civet 8 graines. lignum aloes 4 graines.
Calamus aromaticus the bigness of a bean. Myrrh as much.
fine amber greece 6 graines. then stamp every one by
it self to as fine a powder as you can: but your La-
danum you must stamp well with a hott pestill: then
put to it in the Mortar your storax *Calamita* beaten
before, and so every one of your other things: and still

beat them al altogether with your hott pestill in the
Mortar till it mix well: then must you have storax liqui
da and rose water by you, and as you beat, putt of them
into the Mortar, by little at once,

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till you see there be enough to temper the stuff, so that
it must remain so stiff as you would have it: and so all
your stuff being well incorporated by beating together, take
it forth and make it into balls, and allwayes when it is not
stiff enough, or that by putting in too much liquid things
it is too soft, putt more Ladanum and it will stiffen it.

This will make pomanders enough for a great scent. MS. *Lady Byron* .

An approved medicin for the plague. Rx. Mithridate, as much as

a small wallnutt: 5 spoonfull of Dragon water, 1 good spoon-
full of the juice of onyons, 3 spoonfull of the best wine Vine-
gar: half a spoonfull of Salt (sall) and a little English safron:
mingle them well together, make it bloud warm, let the sick
party be had warm to bed, then give him the foresaid drink.
Then take a live pigeon, pluck off the neck and slitt it in the
midst, and take the intralls with the halves, and clap them
to the soles of the feet: let them ly 24 howers. When you
take them off have a tubb of water, sett it at the bedds
feet, then slide of the plaisters, let them fall into the
tub of water. But before you take off the plaisters have
a hole made in the ground, to bury them in. They that
carry the Tubb must have Angelica root in their Mouth,
and a chafing dish of Coles in one hand, wherin they
must burn dried Rosemary: for the very smell will infect.
The sick must allwayes sett upright in their bedds while they
sweat: which must be 24 howers: they must not be lett sleep
all that while, for if they do it will be their last, for
they will never wake: All the while they sweat, take no-
thing but posset drink: when they have done sweating, they
must be well dried with warm cloathes: then putt on
clean warm linnen, and go into another bed, and have none
of the former bedding or bedcloaths about them. Then let
them sleep in gods name, they shall be well. This drink is
to be given them when they feel themselves ill; if they
feel any pricking about the groin or under the arm holes,
it is a speciall signe they are infected. A gentleman gave
a physitian 50 lb to preserve his Children and ffamily. He
dayly perfumed them with ffrankincense and pitch: but
especially Rosemary steepd in vinegar, then dried and
burned in a chafingdish of Coales: and they that
came within the air of the sick had Angelica root
in their mouth, and when they came about them in their
sweat, a chafing dish with that perfume in their

hands./ ibid.

A preservative against the plague. Rx Red sage, herb

of grace, Elder leaves, of each a good handfull: stamp
and strain them with a quart of pure white wine,
and 2 spoonfulls of wine vinegar, and one race of
good ginger made small in powder. - vide pag sequentem

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Against poyson./

One that has drunk poyson or venome. Take green rew, wash it and stamp it, temper it with white wine and drink therof. MS.

A continuation of the preservative against the plague, in the preceeding leaf. - Mingle them alltogether, and in the morning drink a spoonfull of the same. You shall be safe 40 dayes: if you take it 9 dayes together you shall be safe a whole year. If the party be sick of the plague before he drink: then, Rx of Seabroomes, bettoney water, ana 1 spoonfull, with half a spoonfull of Treacle mingled together: then drink it: and if it chance the sore appear, take leaves of bramble, Elder leaves, red sage, and Mustard seed of each 1 handfull. Stamp them together and make a plaister, apply it to the sore, it will draw out all the Venome. MS. *Lady. Byron* .

Against poyson, venome and corrupt ayr. Stamp figs

with salt, rew and nutts, & use it by eating. ibid./

Apply Borrage Water with a linnen cloth, to the Venom of a Spider or wasp: it will take away the pain ibid.

A cup made of Cocos nutt, the drink drunk out of it

cures poyson; and cures the pain of the side. ibid./

Poyson is to be drawn out the same way it is receaved. To sleep presently upon it is death./ ibid.

An excellent receipt against poyson. Rx. the distilled

oyl of Mastick, common oyl of scorpions, of each a dram: putt to it of these salts, Wormwood, madder, grummell, herb robbert, palma Christi, angelica, goose foot, Carduus, Rosemary, Endive, parietary of the wall, S. Iohns wort, ana 5 grains. Bezoar stone 10 grains. Unicorn in fine powder 26 grains. Terra sigillata a dram, Mithridate a dram: mix all these together to a Mass for

pille; the dose 15 grains, in pulp or Marmalade
or the like: This is excellent; for which prayse
God. - ffaith. - old. MS./

An excellent pill against poysoning. Rx the tipp of a bulls horn in five

pieces ȝi. Albathon horne. half ȝ. Unicorns horn 1 dram. putt to these a quart of spirit of sack: boyl it in a close decoction 6 howers: then distill it in the strongest balneo: ccline the feces close; then putt the distilled water upon them: & add to it Bezor 1 dram: terra sigillata 2 drams, perl, coral, ana 2 drams: mithridate half dram: safron a scruple. diaphoretik a scruple, amber grees, civet ana a scruple: evaporate it in a Sylver dish to a mass for pills: dose 10 grains in pulp of apple.
Old. MS./

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Pomander to make.

Take Lignum Aloes in powder 4 pound, rose leaves in powder 4 pound, storax in powder 4 ounce. Labdanum in powder 4 ounce, Rodium in powder 4 ounce, orris in powder 4 pound, Cinamon in powder 1 ounce. MS.

Pomatum to make.

Take the fatt of a barrow hog, lay it in water 1 day, then pill of the skin, and shred it small, and try it between 2 dishes over a chafing dish of coales; strain it through a fine cloth, and take 2 or 3 pom-pomewaters, seeth them in water, till they be very soft, then take the pap of them and put it to the grease, and work it together with a spoon a quarter of an howr; then wash it in water, till the substance of the apple be gone; then take a few almonds blanched, grinde them very small, and strain out the oyl into a sawcer, and put thereto a little powder of Cam-put them into the pomatum, and shake them altogether a good while, then take a quantity of rose water, and wash it 3 or 4 times, and lay it 1 night in rose water: then beat out the water very clean; so putt it in a glass. MS.

Another way. Take 1 pound of hogs fat, pill and slice it thin,

put it into spring water, and shift it twice a day for 3 dayes, then take it and shred it very fine, put it in a gally pot and set it into a kettle of water, to boyl for an hower and half; put to it 2 penny weight of Mercury, camphir 4 drams, Ben-jamin 4 drams, deer suet a *quarter* of a pound, and when these are boyled together, take it of the fyre, and stirr it: then putt to it a *quarter* of a pinte of rose water; then give it one boyl more,

strain it & keep it for use. MS.

Another way. Take kid suet 6 ounces, well washed in rose or fair

water; take of the inner meat of a pippin or pomewater, 2 ounces, first sodden, and then made white with being washed in fair water, grinde these together with as much Ceruse as 2 allmonds, and a little Camphir. M.S.

Powders of all sorts.

A powder for sores.

Take half a pound of white coperas, 1 pound of the best allum, put them into a new earthen pott well leaded, let them stand on a charcoal fyre, till they be burnt like burnt allum; it may be you can not get it out without breaking the pott; when you use the powder beat it very fine, and once in 2 dayes, strew a little of it on dead or proud flesh; it is very sharp, and will take away dead flesh, and heal very fast. Mrs Houlder . MS.

Species Diacarthami or powder of
Diacarthamum.

Take the Marrow of Carthamum seeds, and of the best Turbit, of each half an ounce; the purest Scammony, Hermo-

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In festo Nativitatis Xti-Laus

dactyls, and liquorice, of each 2 drams, ginger, Cinamon, gum dragant, of each one dram, beat them all to a powder and mix fthem. - Tho this powder is not in the London dispensatory, yet it is of great use: and is thus prepared. 1. with a Knife gently scrape of the hard dust that is dried about the Hermodactyls; then grate them on a fine grater into powder. 2. the Turbit, ginger and liquorice powder together, adding 2 or 3 sweet Almonds, which being powdered with the other will hinder them from wasting, or flying up into dust: being powderd sift them. 3. The gum Dragant is to be powderd as you may see in the preparation of the Common black lozenges. 4. The Scammony must be powderd by it self, anoynting the inside bottom of the mortar, and the end of the pestle with a little oyl of sweet allmonds, to hinder the Scammony from clotting or sticking to the bottome of the Mortar and the end of the pestle. The Scammony being powderd need not be sifted. 5. all the ingredients being powderd

as aforesayd, mix them together in a mortar, then putt them up into a Species glass, tying it over with a hogs bladder and leather. - prices. Carthamus seeds. 1.d . Turbith. 3.d
Scamony 2d.*obolus* Hermodactyls 1 farthing, liquorice a farthing : ginger a farthing . Cinamon. 1.d : gum dragant. 3 farthings . The whole composition stands in less then 9 d .
ffor which you shall have, allowing waste and garbles 14 drams or something more, according to the purity of the ingredients.
The dram will be but 2 farthings and a half . If the Apothecaries did prepare this powder, they might afford it by the ounce at 18 d . and the dram at 2d . Dr Harvey .

The Species or powder of Hiera Picra.

Take Cinamon, lignum aloes, Asarabacca roots, Spyknard, Mastick, Safron, of each 3 drams, aloes 6 ounces and a quarter; beat them into powder. - The Cinamon, Assarabacca roots, Spikenard and Safron, may be powderd together and sifted; The mastick must be powderd by it self, wetting the bottom of the mortar, and end of the pestle with a little rose water, or any other distilled water. To powder the alloe you must annoynt the bottom of the Mortar and end of the pestle with a little oyl of sweet allmonds, to hinder it from sticking. At last mix all the powders together in a Mortar. - The prices: Cinamon 3d . Lignum aloes 6d 3 farthing . Asara bacca 3 farthings . Spyknard Indian 9 farthings. Mastick the finest. 1.d.*obolus* English Safron ish 6:d. 3 farthing .

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the purest succotrine alloe. 3 sh. 1.d. *obolus*. The whole amounts to 5 sh. 4.d. *obolus*. ffor which you have, allowing wast, a little more then 7 ounces. The Apothecaries sell the ounce for 2 sh. the dram 3 d. or as much as they can. Dr Harvey .

A powder for the Stomach. Rx. Cinamom, ging and Galing

-all, of each one ounce, of anniseede, camphir & ffennell seeds of each 2 drams: of Setwell a dram, and 2 pounds of sugar. Make all these into fine powder being incorporated well together: then put it up in your box and use to eat therof before meats and aftere.
It breaks winde, comforts the stomach wonderfully and causes good digestion. Baltasar . M.S. Lady Byron

The quantities used by the *Lady Byron* in makeing of Gascoigns powder: the receipt of which. Vide before in this book . - viz. Corral 18 graines: amber.

18 graines. pearl. 19 grains. (magistry) Bezo
6 grains: bone of a staggs hart 6 grains. harts
horn 18 graines. Crabs eyes and crabs clawes of
Each as much as all the rest. ibid./

Diverse Sneezing powders./

Rx. White Hellebore, Gith seed. ana ʒi. Marjo-
ram, Rosemary, sage, ana ʒss Musk *graines* 2.
powder and mix them. It is good to strengthen the
head, and purge the brain of phlegme.

Another. Rx. Tobacco. ʒi. Orrice roots ʒvi. Pelli

tory of Spain ʒiii. Musk, Ambergreece ana
graines. xii. ffat of roses. 10 drops mix them./

Another. penny royall ʒi. pellitory of Spain ,

Bettony. ana ʒss. Hellebore white and black ana
ʒi. Marjoram ʒss.

Another. fflowers of Rose Mary, Sage, Bettony,

Lavender, Marjoram, Lilly Convall, Mace
Cinamon, Licorice, white Helebore prepared
ana ʒi. Best Tobacco ʒi. powder & mix
them and add distilled oyles of Anniseed, Cloves
Mace & Marjoram. 4 drops. Salmon ./

Grulingius his feaver powder.

Rx Roots of Dittany, butter burr, Zedoary, Scor-
-dium ana ʒii. Carduus seed, Hartshorn burnt
and prepared ana ʒi. Antimony Diaphoretick
ʒss. make a powder. - It is sudorifick and
cures all sorts of feavours by sweating.

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you may give a dram, in a glass of good Canary.

Trithemius his powder.

Rx. Calamus aromaticus, gentian, Cummin, siler *Mon-*
tanum Aniseeds, Caraway, Lovage, Parsly seeds, spik
nard. ana ʒss. ginger, ground Pine, Sena, Chri-
stalls of Tartar, ana ʒvi. Mace Cubebs, ana ʒii
Cloves ʒvii. make them into fine powder. - If
you add Anacardiums and peony seed, the Receipt

will be the better. It strengthens the Memory, purges the brain if taken after convenient purgeing: it expells windes, provokes Urine, breaks the stone and fortifies a cold stomach. Dose. ʒi with aqua Magnanimitatis Өi in a glass of Canary to be taken Morning and evening for a month. The next month give it only in the Mornings. In the 3d Month give it thrice a week in the Morning: in the 4th Month twice a Week: and for the time after Once a Month as long as life lasts, in the increase Of the Moon. Salmon ./

Quercetans powder to break the Stone.

Rx. the Inner skins of henns gizzards, white hens dung. ana ʒss: the Inner skins of egg shells powderd, ʒiiss. Rupturwort, Cinnamon ana Өiii. Medlar stones ʒii. Seeds of ffennel, Anise, ana ʒi. make them into a powder. - It is a powerfull remedy against the Cholick & stone, expelling it out of either reins or bladder. Dose from half a dram to a dram. Salmon .

Crollius his Dyssenterick powder, against the bloody flux .

Rx Amber, Sanguis Draconis, bloud stone, red corall, purslane seed, Plantane, Anthora, Tormentill roots, Terra Sigillata, ana ʒi. Pomgrante flowers ʒi. 4 Nutmegs, Cinamon ʒss.

Crocus *martis* astringent, Talck calcined, Mother of Pearl calcined, ana ʒi. let the stones be levigated on a Marble, and added to the rest finely powderd. - It stops bleeding at the Nose, Hemorrhoids, in wounds, and staies all fluxes of the belly or womb. Dose from ʒi. to two. Salmon ./

Crollius his powder of frog Spawn.

Rx. Mirrh, Olybanum. ana ʒii. Safron ʒis. Camphir ʒiii. powder and mix them. This powder imbibe in frog spawn water 20 or 30 times: letting it dry every time. - It stops bleeding at nose, throat, fundament, womb, or wounds, for it coa-

gulates the bloud by its coldness. It is also good against the Erysipelas, and gout in the feet, if applied hott. With Vinegar it cures bleeding and the disease called a felon, being applied. The dose from 4 grains to 8. Note, if you gather the spawn about 3 daies before the new moon in March, it will not stink. Then Distill in Balneo Mariæ Salmon ./

Mynsicht s febrifuge powder./

Rx periwinkle shells prepared, Elks hoof calcined without fyre, ana ȝi. salt of Centaury the less, of Carduus, Wormwood. ana ȝis. Tartar Vitriolate, Magistery of Vitriol ana ȝiii. Calamus Aromaticus, Nutmegs, ana ȝis. seeds of Hypericon, cloves, long pepper, Camphir ana ȝi. Roots of Tormentil, round Birthwort, Zedoary, Masterwort ana ȝis mix and make of all a subtil powder. - It cures all sorts of feavours, quotidian, tertian, quartan, being given a little before the fitt in waters of Carduus and Centaury the less: or in a draught of Warm beer: the patient being in bed and sweating on it. Dose from a scruple to a dramm. - Salmon .

A powder for the stone in the bladder.

Rx powder of hog lice prepared 4 scruples, white poppy seed ȝi. powder of Vipers ȝii. - It is a powerfull medicine and ought to be had in esteem by all troubled with that disease. Give the aforesaid quantity at once in broth of red Cicers ȝx. mixt with spirit of wine ȝis Salmon .

Prevotius his purging powder.

Rx. Cremor Tartar. ȝjSs. Sena ȝi. Aniseeds, sugar, ana ȝis. mix for one dose. - It opens the spleen, expells winde and purges Melancholy gallantly. Idem./

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Poultes of all. sorts./

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A poultiss to asswage swelling./

Take white bread and milk, and a good handfull of violet leaves chopt very small; when they are well boyled together, put in a little oyl of roses and apply it. M.S.

To dissolve or break a swelling. Take verjuice and wheat meale,

make a poultiss of it, apply it: it will break or dissolve it: & if it break it will heal it. probatum. MS.

To break a sore. Take the herb dickens, and shred a good quantity

of it, and put it to an oatmeal poultiss. Mrs Eyre . MS.

A poultess for an uncome. Take of rew a great handfull and

shred it very small; then take grounds of beer or ale, the strongest you can get, boyl them well together: then put in sowre wheat Leaven, and some brawns grease: let them boyl all well together, take it off and apply it to the sore. M.S.

A poultess. Take mallows and hoggs grease: boyl the mallowes

in water till they be dry: then beat them in hoggs grease. MS.

Another. Take gumm of Ivy powder it very fine, and marsh

mallows boyled dry: beat it with hoggs grease. MS.

A Dissolving poultess or Cataplasme. Take green Orris roots,

and white lilly roots, of each 1 ounce: Marshmallows, Pellitey, Pennyroyall, Origan, Calamintm Rue, of each a handfull: Chamomil, Melilot, and Elder flowers, of each a pugil or half a handfull: green Anniseeds, Common fennel, and Cummin seeds, of each half an ounce: boyl them to a mash in water and white wine: then bruise them into an even smooth mass. in a wooden or stone Mortar, adding to them lupine and bean flowers, of each 1 ounce and half: oyl of Camomill and off orris, of each 1 ounce and half: mix them well in the Mortar, and beat them againe: then apply half of this pultiss (more or less, according to the extent of the part affected) being hott, and spread between 2 linnen Cloaths.
Dr Harvey .

Another. Take a quarter of a pound of Leven: mix it with

as much Common oyl as will bring it into a poultiss: apply it warm. Idem.

A maturateing Cataplasme, or ripening poultess. Take marsh

mallow and white lilly roots, of each 1 ounce: pellitory,
Marsh mallow, and mallow leaves, of each 2 handfull:
fenugreek and Linseeds of each 1 ounce: boyl them to a
mash in water, and out to them wheat flower 3 ounces

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oyl of Lillies 3 ounces; apply it as before was directed. Idem.
An Anodyne Cataplasm, or Poultess to ease pain. Take
of the Crums of white bread 1 pound: boyl it into a thick
pap in milk: then add to it 2 yolks of eggs, 3 ounces of
thick common oyl; a little Safron: apply it warm & renew
it as oft as it cooles. Dr Harvey .

A Pultiss either to break or dissolve any hard swelling
in the brest or else where.

Rx. a quart of Creame,

putt into it 2 handfulls of grotts, and of Rye flower
1 handfull: 2 handfull of water cresses finely shred;
one of red sage. Boyl all these together and then
putt in some mutton suett finely shred, or for
want of that, Bores grease, and apply it as hott
as the party can suffer it. Let it be shifted once in
12 howers./ MS. *Lady Byron* ./

Cataplasma. de fermento a pultise of Leaven.

Rx old leaven 3is. yellow amber 33iii Nutmegs,
Cubebs. ana 3is Mint, cloves ana 3i. Castor Xy-
loalloes ana 3is mix, and with a little spirit of
wine and wine vinegar make a pultiss. Being
applied to the crown of the head warm and oft
repeated, it helps the palsy of the tong, gives it
motion and speech; and dries up Catarrhs. Salmon ./

Schroder s pultise against feavers.

Rx great Nettles, nightshade, housleek ana i
spiders webbs 3ii: with salt make a pultise, ad-
ding a little vinegar of Rue. Being applied to
the pulses it heals feavers.

Mynsicht s feaver pultise. Rx. powder of Toads,

common salt melted, ana 3i. Spiders Webs, Nut-
megs, Olybanum, ana 3ii Wormwood, Sphepherds
purse, small stinging nettles, Rue ana i

with a sufficient quantity of Turpentine make
a pultise. This being putt on linnen or leather
and laid to the pulses of both hands two
howers before the fitt wonderfully abates the
fitt and cures a bastard Tertian./ Id.

Mensicht s pultise against the scurvy. Rx. Rye

meal lbss. barley meal, bean meal. ana ȝiii

Meal of Lupines and Lentils, ana ȝis

Castile soap ȝii. ffowers . Camomil and

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Holihocks. ana ȝj. Litharge of Sylver, fine Bole.
ana ȝss. Roots of China, Rubarb. ana ȝiij. Iews
ears 7 in number: boyl all in juice of dwarf
elder to the due consistence of a pultise. It is
good to be applied to any scorbutik tumors, in legs
or feet, warm at night going to bed. Repeat it
every night till the swelling vanish. It comforts
and strengthens the part afflicted./ Id.

A lixiviate pultise. Rx. ashes of Hermodacts, of As-
phodell, bean stalks, Elder branches, fig tree, vine
branches, dwarf Elder. ana as much as is suffi-
cient. Make a dixivium with Rhenish wine.
of which take lbiij: leavend bread q.s. boyl
them to a thickness: then add wine vinegar
lbss. Lapis medicamentosus ȝ iijs . 3. powders of
Cummin seed, bay berries and cloves. ana ȝj.
mix and make a pultise by gentle boyling. Being
laid on a cloth and applyed it evacuates water
and hydopricall humors. Id.

A pultise of a swallows nex st. Rx. a swallows
next. Album graecum ȝjss. roots of Althaea,
white lillies, ana ȝj. figs 3 dates. 3. boyl
them in water to the form of a pultise. After
add oyl of violets ȝiij. Camomil flowers,
meal of fenugreek seed, Linseed, wheat, ana
ȝvj. Catts brains ȝss. powder of an Owle
burnt, of swallows burnt ana ȝij one
yolk of an egg. safron ȝj. make a pultiss.

Being often applied hott to the neck, it cures
a desperate Quinsey. Id.

ffabritius his pultise. Rx. Barly meal ȝiij. pow-
der of Roses, Myrtles. ana ȝij. Balaustians,
Cypres nutts. ana ȝj. with rose and plantane
water, with a little vinegar and the yolk of
an egg make a pultise. Applied warm twice
a day it cools inflam m ations, and strengthens
weak feeble limbs. Id.

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cutt ȝi. salt, pepper, ana ȝii. ȝ-1 yolks e of ^ an Eggs.
make a pultiss. Apply it to both wrists about 3
howers before the fitt, and repeat it when it is
dry; It will cure any sort of ague. *Idem*

A laxative pultiss. Rx. fresh Briony roots ras-

ped, hony. ana 1 lb. Ox gall lb Ss. mix and
make a pultiss. Laid to Childrens bellyes, at night
it kills and expells wormes, and purges gently.
Ibid.

A laxative pultiss for Men. Rx juice of Wild

Cucumbers, sow bread, ana ȝi: Milk of Spurge,
of Tithymal. ana ȝis powder of Hiera picra
ȝiii. powder of Coloquintida, of Hellebors
of both sorts ana ȝij. Cassia new drawn.
ȝii. mix and make a pultise. It purges phlegm
and watry humours, if laid to the belly from
the Navel downwards. *Idem*

A Dissolveing pultise. Rx. flowers of Camomil,

Stæchas, seeds of Wormwood, Rue, Coleworts
sage, savine. ana Mj. Boyl them in a Lix-
ivium of Oak or Elder ashes, or ashes of Briony
roots, then stamp them, and add allum, sulphur
galls, Cypress, salt ana ȝis Aloes, Bayber-
ries, pyrethrum, Cabbage seeds, ana lb-ȝii
and with fresh pigeons and goats dung make
a pultise. It discusses hard tumours, resolves
thick humours, and diseases which proceed from
them. as Varices, Elephantiasis, Scurf, Mor-
phew, Scabbs. &c. *Idem*.

Rondelitius his pultise. Rx. Barly meal ȝvi.

flowers of Melilot, Camomil, Roses ana
pugil. ss. seeds of Coriander, all the sorts
of Sanders ana ȝiii. spicknard ȝss Oyl of
Roses ȝiii. Oyl of Camomil, wax, ana ȝi.
mix and make a Cataplasme according to art.
Applied to the stomach it helps the Inflamma-
tions therof and strengthens it. *Idem*
A pultise against bleeding. Rx. fine Bole ȝiii. Chalk,

sloes dried. ana ȝi. powder them fien and boyl them
with vinegar: then add powder of Cumfry roots
and oatmeal enough to make a pultise: putting in
a little oyl of myrtles. Applyed it stops bleeding
in any part; it dissolves and dries up bloud ga-
thered by a fall or bruise. *Idem*

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Small Pox.

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A direction in time of small pox, to purge the bloud for prevention.
Take a pinte of milk, and as much ale, and make a posset: then
take a good handfull of marygold flowers, and a pretty quantity of
hartshorn, a handfull of sorrel, and 6 figgs; boyl all together till
it come to tge manner of a caudle: drink therofk and sweat an
hower in bed; and drink 2 or 3 times in sweating. Doctor
ffloud . M.S.

Pox in the eyes.

Take safron, lay it in a sawcer in fair water, let it stand till it
be yellow; drop of it into the eye with a feather; it will destroy
the pox and save the sight. MS.

Apples cutt in pieces and distilled with a quantity of Camphire
and buttermilk, take away the scarrs of the small pox
being washed therewith./ *MS Lady Byron* .

Swine pox. hang sorrell or plantane roots about the
neck; or use dock roots for the same. *ibid.*

To take away pock eares, Take apples, cutt them
in very thin slices, lay them in buttermilk, and put
some Camphir to them, then distill them & wash
with it. *ibid.*

Some to hinder pitting of the pox, cover the face
with leaf gold: others use a scarlet mask, lined
with linnen. *ibid.*

To take away pock holes or any spott of the face.

Take white rose water wett a cloth in it, set it all
night to freeze; let it ly on thye face till it be
elea... dry: or take 3 yong puppyes, the reddest

you can gett: quarter them, takeing out the garbage: distill them in a quart of new milk of a red cow; wash with the water. ibid./

To prevent pitting of the small Pox. Take the

fatt end of a loin of veal: boyl it well in spring water. Skim it well at the first boyling then put to it a good handfull of Marsh mallow roots well washd and Scraped; and when you think the Veal throughly boyled take it from the fyre, and take the meat out of the broth, and when it is cold take off the fatt and keep the broth: and when the pox are

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come to the heighth, clip off the topp of every pock in the face, and with that broth being made warm bath the face where the tops of the pox were cutt off: and after that take of the fatt that was layd aside and anoynt the sore places. ibid./

To take out the redness of the small pox and male them fill (peel).

Take the water that comes from

Oysters: putt a little butter to it: so warm it to let the butter melt, and tapp the face with it often./ ibid.

Another for the same. Keep them moderate Warm:

when they begin to dry wipe over the face with oyl of bitter almonds, with a feather. ibid./

To gett out the redness and seams. Take a whole

Orange, rost it well: then divide it, and so rub the face with it as hott as can be endured: let it dry on all night, and in the morning wash it off with water of Elder flowers distilled. ibid./

A wash for a face that is red, and full of lumps with the small pox.

Rx. Buttermilk, 2 or 3 Lemons cutt

into slices, rinde and all, half a pound of sweet almons, a pound of raisins stoned and sliced: distill all these together and wash with it. ibid./

ffor a sore throat and to keep the small Pox out
of the throat.

Rx. Live sowes or woodlice,

putt them into a stay of Tiffany, so pinn
it under the throat as you doe other stayes;
let them ly on till they dye: then putt live
ones on again. ibid./

An Observation of Riverius concerning
the small Pox./

A child of 9 years old was sick of the feavour,
which seemd to threaten the small pox. I pre-
sently orderd a vein to be opend and 6 ounces
of bloud to be taken, and at night as much
more. Iuleps were prescribed and he was anoin-
ted with oyl of scorpions, and other ordinary
remedies were prescribed. on the 2d and 3d day
he raved a little. The small pox appear, small,
thick sowne and flatt. They increased by little

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and little, but very slowly: so that on the 6^t day his
face seemd not at all swelled. The pox were flatt
on his face and all his body over, and hollow in the
middle, yea and some of them were black in the
middle. His parents were the more fearfull, be-
cause they had lost 3 children of the same disease:
whose Pox were just like these of our patient. Wher-
fore I fell to work with the most effectuall Medi-
caments, and prescribed this following Iulep.

Rx. Carduus water 3iii. Treacle water 3iii Tro-
chisks of Vipers one scruple, Bezoar stone 6
graines. Give it in the Evening. Yong pigeons
were applied to his heart, and afterward a lini-
ment of Treacle, Confectio Alkermes and
Oyl of Scorpions of Matthiolus . In all his
broaths 1 scruple of Bezoardicum Minerale
was dissolved. The day following, which was
the 7th of the disease, he had 3 stooles of
a matter sufficiently thick, but of a perfect lead
colour. At the same time he voided most thick
Urine, and the breaking out of the pox was
so furthered, that in a daies space his face
was much swollen, and from that time for-
ward the pox grew sufficiently great. The
Bezoardicum Minerale was continued for
a day longer, and afterwards Confectio de

Hiacyntho, which was given him at first; till at last the patient was freed from this cruell disease./

Another observation of the same Riverius

A Child of 5 years old was sick of the small pox with a loosness, which continued dureing the whole Course of the disease: On the 7th day of his disease, which was in the middle of August, his loosness was much more violent, his feavour high, with mighty thirst: the pox were flatt, because the loosness hinderd their riseing. Other remedies haveing had

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little effect, this following Iulep was prescribed with respect to his loosness, and the Malignity of his disease. Rx. Roots of Cinquefoil and Tormentill ana ʒi. Scabious and pimpernell leaves. ana i. Scordium 1 pugil. Yellow sanders ʒii. Boyl all (heer is the matter wanting in which it is to be boyled, for which consult the Author) to 12 ounces for 3 doses, to be taken twice a day. Adding to every dose half a dram of Confection de Hiacyntho: half a scruple of Trochisks of Vipers, and 4 grains of Bezoar stone. After he had taken once of this Iulep, his loosness was abated, the pox rose high and his thirst was lessend. In many other Children besides the same potion did wonderfull good, in stopping their loosness and raising the pox when they were flatt. I added to it rose water and orenge flower water ana ʒss. It did wonderfull good where there was no loosness, the pox being flatt, and thus I compounded it for the most part. Rx. Roots of Cinquefoyl and Tormentill ana ʒi. Leaves of Burnet and Scordium. ana i. Yellow Sanders and shaveings of Ivory ana ʒii. Boyl all to ʒxii. In 3 drams of the strained liquor dissolve orange flower water and rose water ana ʒss. Trochishs of vipers ʒi. Bezoar stone 4 grayns make them into a potion, give it at once, twice in a day to such as as big, but to such as are sucking Children give frequently a spoonfull./ Sowbread (Artanita, an hearb so called) used outwardly in oyntments, takes away freckles,

sunburning, and the marks of the small pox,
left behinde. Culpeper ./
Labdanum mixt with wine, Mirrh and oyl of
Mirtles, and applied like a plaister takes away
filthy scars, and the deformity that the small
pox leaves behinde. Idem./

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In ffesto Matthiae Apostoli.

Mae...

ffrench Pox./ 259.

Take Confectionis Hamech. ʒvi. and a day or 2 after let
blood; then to a strong body give XIIIII graines of Turbith
Minerall, and rowl that up in a sufficient Quantity of
conserve of Roses and new butter: make one pill therof
and guild it well. But before the Patient take it, let
him Drink or Supp a good draught of Mutton broth,
and at every time they do vomitt, give presently posset
ale mixt with sugar. And thus shall take 3 of these
pills together, haveing a daies respite between as the
Strength of the body requires. ffor healing of the
Mouth take posset ale made with convenient herbs:
and mix therewith Mel Rosarum. and if the mouth
grow very foule and furred, then putt thereto so
many drops of oyle of Sulphur as will make it
tart, and also heal it up with some good Lotion
if need be. Lady Byron s M.S.

Secretum Secretorum contra eundem morbum. Rx.

Turpeti Mineralis, sive Mercuri præcipitum. Mithridatum
ʒs. Castor, Cinaber ana ʒii: pulverizentur omnia
et fiat Massa pillulæ Lavetur tamen Mercurius in aqua
Cordiali postea in aqua Rosaci bullante præparato prius
Corpore edantur pillulæ . - Diæta procede. Ibid.

Decoctio Radicum Chinæ contra Chamæleonem.

Rx. Radices Chinæ ʒi. sarsaparillæ ʒs. Ligni Guiaci
ʒ2. semina anisi ʒiii. Liquiritijæ ʒs. Infundantur
in aquæ puræ fontanæ calidæ . libra 12. per horas 12.
tum concoquantur and consumptionem Demidietatis.
reliquum liquorem cola et in potum dato ibid.

Alia Decoctio Sarasaperillæ. Rx Sarsæperillæ, Corticis

Guiaci, Senæ , Liquiritiæ, ana ʒiiii. Rhabarbari,
Agarici, ana ʒs. Coloquintidis dimidium pomi. Vini albi

et Zythi fortis ana lib iiiii. Infundantur in balneo
per diem: tum coquantur simul ad 3^æpartis consum-
ptionem. et colatur. &c. per f. dies cum solis amig-
dalibus, uvis passis et pane bis ut sequitur.

Rx. Ingredientia predicti ligni Guaiaci ȝii infundantur
in libra viii aquæ puræ et coquuntur ut supra. Hic potus
sumendus per dies 14. post prædictos. sume cum quali-
cunque velis diæta bona: sumendo

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qualibet Aurora et vesperi cochlearia 5. l.d. portionis
decoctionis. Ibid.

Contra Chamæleontiasim: G. P. Rx. Sennæ Alexandrinae ȝvi.
Saseperillae ȝviii. Turbith. ȝ-iiij-I . hermodactylus Epithimi,
Spicanard Indiae stechados semina anisi, Dactylor. siser. (per
haps scissor.) ana ȝii. liquoritiæ ȝs. fumiteræ 2
florum Camomillaelig; 2. Put your Turbith, sarsaperilla
hermodactylus liquorice, aniseeds, fumitory and Camomill to
infuse in your diet pott, with 8 quarts of spring Wa-
ter, 24 howers: then boyle it on a soft fyre 4 howers
then putt in the rest c your stuff, and boyle them again
3 howers. If you please you may keep out your boyling
simples, and boile them with a pottle of your decoct,
for your strong drink. then strain it, and put to
the feces 8 quarts of fresh water, and boile it as
before. The patient must drink of the strong drink
every morning, ȝviii, and sweat after it 2 or 3
howers. The small drink he must drink at meales
and at other times, when Occasion shall serve. He
must observe this diet 15 dayes or 20. or more,
without fasteing: half a sucking rabbet, or a 2d chick
-en: he may also eat raisins of the sun and all-
monds unblanched. He must forbear all sawces and
broaths, unless he be so weak, that he can not in-
dure the diet. This drink cures the disease in the
Mouth and throat, and in those-nose, by putting a
little in your hand, and drawing it up your nose.
If the scabbs be in the head or body, pull of the
scabbs and wash the sore often with this liquor. Pro-
batum sæpiissime. M.S. Lady Byron ./

Tabulæ Turpeti Mineralis contra Luem Venerea Rx. Sac-
cari ȝii. Margaritæ, Croci, ligni aloes, Cinamoni, ana
ȝi. Moschi ȝs. Turpeti Mineralis ȝs. Make
it into Lozenges with infusion of gum Dragant.
and Rose water, without fyre. A dose heeroft is 2
ȝ, wherin is one scruple of Turbith: which I
suppose to be very much. Wherefore give a smaller
quantity at first, and so increase it according to the
strength of the party, keeping such order in diet as

the cause requires. Keep them in a box by the fyre,
if it be slow in working stirr up the naturall

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heat of the stomach with Aqua Composita, or rather a draught of Angelica water. M.S. *Lady Bryon*
Warts in a mans yard. Rx. white coperas ȝi verdigrease ȝs. and a quantity of salt: boyle them with a pinte of Malmsey, and wash therwith. M.S. *Lady Bryon*

A sore yard full of chapps and cracks. Rx. Plantane water

1 pinte. Ceruse ȝs. verdigrease ȝi. heat your water almost ready to boyle: then take it from the fyre and putt in your powders, still ther stirring them, and therwith wash the chaps. Ibid.

Swelling of the Cods, et pro Hernia. (Rupture) Rx. Rai-

sins, barly flower, bran flower, common oyl and oyl of Camomill, ana ȝii. boyle them in white wine, and apply them. Ibid.

Aqua magistralis alluminosa, ffallopij. Rx. Aquarum plan

tag. Aquar. Rosar. ana lib. j. Alluminis Roche, Argenti sublimati ana ȝii. grinde the sublimate and allom on a marble stone: then putt them to the waters in a violl of glass, and sett the same in a vessell in which we use to boyle the same in, which is called in Italy Inghistare di aqua cocta. then sett the said vessell on hott coales on a gridiron, and there let it boyl to the consumption of half: then let it stand 4 or 5 dayes till the dreggs be settled. 21. bottome then powre out 1 clear water and preserve it for your use. The Gridiron lyeth in the bottom of a furnace, and theron lye tyles. and in them ashes: in the which set the glass, and make fyre in the furnace till the water boyle. This water is one of the secrets of Fallopius , wherewith he healeth and dryeth all ulcers, a morbo gallico. This water is not to be used alone, especially in the mouth; but a double or triple quantity of Rose water, or plantane Water. In pustles of the fundament, or excrescencies of flesh; or in verrucis priapij we use it unmixed, and in so doing it never failes. Ibid./

Oyl of vipers, a sacred Medicine and secret of ffallopious .

Rx Two vipers, cutt them in small peeces,

putt them in oyle and sun it all the Canicular daies
and it will become an oyle very strong and sharp.
He findeth so many vertues in this oyle, that he
calleth it by diverse names. He cureth Ulcers
and running sores in the Head, that will hardly
be healed, by anointing the head with this oilie,

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and afterward with the above said Magisteriall Water.
MS. Lady Byron .

A water for Canker pock or such like Rx of Mer-

cury sublimate and prescipitate ana 3ii. of strong Vi-
negar 3viii. boyle it and scum it: then take it
from the fyre and use it. M.S. Lady. Byron ./

Burning with a harlot. If he have to do with another that

is clean it will help him and hurt her. Let him pre-
sently wash those parts with white wine, sack, or water.
If the matter have continued long, take the leaves of
Lawrell and Rue, of each a handfull: beat them small,
make a plaister of it and binde it about the Yard,
If that help not, take the leaves of the red Dock,
the most tender in the midst, cutting away the crops putt
them into a pan whole, with white wine and boyl them
well; then take them and binde them to the Yard and
Cods. Baltasar . MS. Lady Byron .

or else. Rx. Clott leaves and primrose leaves: shred them
fry them in may butter, apply them to the yard. ibid.

or else. Rx. fine linnen cloth, that is clean, burn it and
make it into fine powder: then take the oyl of eggs
and therwith anoynt the sore yard: and afterwards
put the powder into the holes. use it oft. ibid.

Or else, Rx. Allum and seeth it in fair water till it
be thick; then putt it into a pewter box, and use it as oft
as need requires; this will greatly cleanse a sore ibid.

Against the Erection of the Yard against Nature. If it
come by over much meddling with a filthy woman, Rx oyle

of Scorpions 3s. oleum benedictum 3iii. Ciratri re-
frigerati 3j. and a little wax: make all into an
ointment and anoynt the yard. ibid

To heal a sore yard. Rx Turpentine and the Yolk of an

Egg, of each a like quantity, beat them well together
and put thereto a little saffron, and therewith anoynt it. ibid.

Or else. Rx and seeth linseed in sweet milk, till it be

thick: then lay it to the yard plaisterwise; and anoint
it with the juice of Plantane and Morrell: this
will heal if thou change it not. ibid.

Vervain is an excellent thing for all diseases
in the secret parts of Men and Women. Culpeper . - Succory and Endive are very good
for excoriations in the Yard. - Yarrow
likewise helps the running of the reins, &
inflammation of the Yard. Idem./

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.....
Prick of a thor Thorn
or otherwise

Take hony a good quantity, the gall of a beast, and scraped chalk
mingled with it; boyl them together, and make a plaister therof, and
lay it to as hott as may be. probatum. MS.

The roots of common reeds applied to the place draw
out thorns. Culpepper . Valerian or Setwall applied
outwardly doth the same and heals wounds.

Pimpernell is of such a drawing quality, that it draws
thorns and splinters out of the flesh. Dittany
of Creet is an admirable remedy against wounds
tho made with poysond weapons, and gun shott,
and to draw out splinters and broken bones. The
dose is from 3Ss to 3i. They say the goats and
Deer in Creet , being wounded with arrows eat
this herb, which makes the arrows fall out of
themselves. Shell snayles being bruised and
applied to the place draw out thorns. A little
piece of the Tong of a fox, moystend and made soft
in Vinegar, if it be too dry, and laid to the
place, drawes out a thorn, or any thing else

fflos unguen-
gott deep in the flesh. torum is excellent for all sinews that are

hurt, and drawes out iron, splints of trees,
thorns, broken bones, or any other thing
that may grow in a wound, is good for a
fester or canker. It is good for many other
things and for all wounds in generall, and thus
it is made. Rx. Rosin, per rosin, yellow wax,
sheep suett, ana half a pound. Olybanum 34.
Turpentine 3ii Ss. Mirrh, Mastichus ana 3i.
Comphir 3ii. White wine half a pinte: boyl
them into a plaister. Briony or wilde
vine, the root being bruised and applied of
it self to any place where bones are broken,
helps to draw them out, and also splinters &
thorns in the flesh. And being applied with
a little wine mixed therewith, it breaketh
Boyls and helps whitloes on the ioynts.
Culpepper .

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A Push, v. ffelon, Uncome

Take the roots and leaves of Lillies, or holyhocks, mallowes, red
sage and violet leaves, of each 1 handfull; boyl them all till the
stalks be as soft as the leaves: then put to it a good spoonfull
of barrows grease: bath the place grieved in it, till it be
cold, 2 or 3 times a day, and binde some of the herbs to it. MS.
Naylwort or whitlow grass is a very small &
Common herb, the leaves not much unlike Cheekweed;
it growes commonly on old stone and brick walls; it
flowers early in the year, and is not to be found
after April. It is exceeding good for those Im-
postumes in the joynts and under the nayles calld
Whitloes, felons, Andicombs and Nayl wheals.
Culpepper ./
The leaves of Clary with vinegar, either by it
self or with a little hony, helps hott inflammati-
ons, boiles and felons, if applied before they grow
too great. Idem.

Ringworms, Tetter.

An oyntment to Cure them. Rx Litharge of gold

in very fine powder lb ss. Wine Vinegar 3v.
oyl of Roses lb i. Grinde the Litharge in a Mor-
tar, putting to it by turns, sometimes oyl, some-
times vinegar: till by continuall grindeing and
stirring the Vinegar doth no more appear,
and that it comes to a whitish oyntment. It is
good against inflammations, burnings and scald-
ings, it is cooling drying and anodine. It dries,
skins and heals sores and Ulcers, cures scabbs,
Tetters and ringworms, and other deformities,
and discolouring of the Skin. Hartman ./

Another. Rx. boares grease 3iiii. Quicksylver Mor

tified, and Verdigreece, ana 3i. Camphir
3 i. black sope and Mustard, ana 1 spoonfull.
grinde all together in a stone Mortar or on
a painters stone, then putt it in a gally pott.
Anoynt the ring worm with it morning and
evening till it kill and heal it. This is an
absolute Remedy and hath healed Many. *Idem.*
Another. Rx. water of sharp pointed dock 3iiii. Borax
3iii. common salt 3i. Vinegar of squills i. mix
all together. It is excellent for all the foresaid
purposes. *Idem./*

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Quinces to preserve, and make Quodjiniack at once.

ffirst pare your quinces and core them and cut them into quarters
and weigh out 12 pound of them; then take 7 quarts of water, and put
it in a fair broad vessell, and put thereto 6 whites of eggs, and all
to beat it together, till it be in a fome; then take 6 pound of very good
sugar, and put therin, and set it on a clear fyre, and skim it clean.
then take it of and putt it in another clean vessell, and put your quin-
ces therin: set it over a clear fyre, and let them seeth fair and softly,
and ever as there arises a scum, take it off, with a spoon, and cover
your quinces close: and when it is sodden sufficiently, take out some of
the liquor, with a spoon, and lay it upon the side of a dish, and if it
stand in a jelly it is sodd enough: then take off your pan from
the fyre softly, and take out your quinces one by one with a
spoon; then strain your liquor with a very fine strainer, into
a fair clear bason, when it hath stood a while, take off the
scum that rises of it; then put it into boxes, and your boxes so
full, that when they be setled, a little while, you may scum off
the uppermost: and then you shall have a very clear Quodjniack
MS.

Quinsey or Squinancy. v. Throat./ Kings evill

Take a white dogs turd, (alias album græcum) beat it very fine, and mingle it with honey, weight for weight: make it very hot, but boyl it not; spread it on a red cloth, and lay it to the throat, from ear to ear, as hot as may be: shift it twice a day. *probatum.* MS.

Another. Take a bores tooth, and make it into powder, mix it

with linsed oyl, and touch the place grieved with the end of a feather dipt in the same. MS.

Another. Eat bread with honey, and apply plaisters therof

hott. MS. *Lady. Byron.*

Another, apply lilly roots with mallowes and may butter.

ibid./

Squinzy. Album graecum a spoonfull with a little nutmeg, and sugar: drink a little any thing to wash it down
ibid./

ffor the Squinzy, a certain remedy if taken in time
and for any other sore throat comeing of Rheume./

Take a bitt of loaf sugar in powder, and as much amber beaten to powder: mix both together and lay it upon sweet embers: set a Funnell dish over it, and put the end of it in your mouth, to let the smoke go into your mouth as long as you are able, & so rest: do it often together, and then rest: do it as often as you will in a day: but is best going to bed: it will

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draw away abundance of Rheume. *ibid./*

Swelling in the throat. Rx. a swallowes nest, boyl it all in

ale, so apply it warm once a day to the outside of the throat. Dr Thorowton . *ibid./*

ffor the Squinancy and tooth ache, an excellent Remedy.

Rx. black Hellebor, bay berries, Ivy berries, long pepper ana 1 dram. Beat this to powder, & putt treacle to make it in to a past: then take as much as a hasle nutt,

knitt it in a cloth, & hold it in the mouth between
the Cheek and the gumm: it will make you drivell
exceedingly, drawing away much Rheume & filth:
It will gather the swollen face to an impostume.
and break it inwardly./ Old MS./

To cure the Squinancy or Kings evill in the throat,
to dissolve it & keep it from breaking . / Rx of the

life (lise) of Syder a quart: putt to it half a lb
of Lemon rinde & juice: Tartar 3ii. Cassia new
drawn, Bolearmoniac, ana 3i. The whites of
5 eggs; 6 3 of sallet oyl. mix all these together,
to a pultiss, apply it to the place. - old MS.

An excellent way for the same, to dissolve it & take
away the matter therof by driveling . Rx. Acorns,

ginny pepper ana 1 scruple. Cinamon half a scru-
ple, Tobacco a scruple, pellitory of spain, half a
dram: cloves a scruple, Elleborus niger 1 scruple,
Elleborus albus 12 grains; putt to these 10 3 of Vi-
negar: boyl it to 5 ounces; then strain it through
a fine cloth. The dose a quarter of a spoon-
full in 3 spoonfulls of white wine. It will make
you spitt incredibly, & give a stool or 2 most
excellent. - ibid./

An excellent Gargle against the Quinsy
Sore throat, Tumours, and pain of the
Mouth and Lawes .

Rx Milk hott from the Cow, Album Græ-
cum 3 ss. hony of Roses 3ii (or 2 spoon-
fulls rather. Verdigreese 3 ss. Boyl them a
little, then strain it out, and gargarize with
it often. It cleanses and heals Ulcers.
Hartman ./

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In festo S. Marci Evangelista.

Distempers of the Reines./

A Syrup for opening the Liver, Spleen and reins, called Syrupus Ace-
tosus compositus.

succory, of each

Take the roots of parsly, fennel and

three ounce; anniseed, fennel seed and parsly seed, of each 3 ounce,
Endive seed, half an ounce, 10 pintes of water: seeth them with a
soft fyre to the half; but you must put in the seeds, when the roots
be half sodden; strain them, and put to the liquor, 3 pound of White
sugar; seeth them, and skim it clean, till it be half consumed; then
put to it a quart of white wine Vinegar, and seeth them to a syrup.
Note: that to make a syrup, you shall take to every pinte of liquor,
1 pound of sugar; but for Children it shall be enough to take
the roots of succory parsly and fennel, and of Endive the herb:
seeth them with water, then take the water, sugar and vinegar,
and seeth them to a syrup as aforesayd. Note also, to make any
decoction, you shall take to every handfull of herbs or & roots,
a pinte of water: also the same roots, and Endive the herb,
burrage and violet leaves, is as good to make a decoction,
as for to make the Syrup. M.S. probatum./

Running of the Reins.

Take the milk of a cow that hath had a calf a 12 Month,
boyl it in the gristles of a brest of Mutton, a handfull
of plantane, a handfull of Knot grass, and a comfry root:
drink a good draught, morning and evening. M.S.

Consumption of the reins. Take a quart of Muscadine and

the pith of an ox back, seeth it to a pinte; then strain it
and sett it on coales, put to it 3 ounces of Manus Christi.
and as much amber as you think good; boyl it together as
thick as treacle; take of it every morning and evening, as
much as 3 hasle nutts. MS.

Running of the reins. Take an egg, rost it very hard, when

you have put it out of the shell, dip it in beaten cinammon,
as much as it will take up conveniently: so eat it probatum. MS.

Another. Take Turpentine 2 ounces, Mastick 1 ounce, beat it

small in a morter, and so work it up with the Turpentine,
make it up into little pills, and take of them dayly 3 or
4 times a day. Before this, a preparative purge must be
taken, out 2 ounces of Cassia in a little white wine.
afterwards a vulnerall Losion injected into his yard, with
a syringe: which must be as follows: Mella rosarum,
2 ounces, plantane water 4 ounces. MS.

Another. Take roch allum, and make it like a bent very small

an inch long and better, put it in the hollow of the yard

and let it stay there as long as the party can suffer it. probatum. MS.

Another. Take water cresses, and Columbines of each a good hand

full or quantity, boyl them in cows milk, (for a Man the female Cresses) and when the herbs are well boyled in the milk take it from the fyre, and let the patient eat therof, with a little white bread therin, and also drink therof a good space first and last. probatum. MS.

Another. Take a piece of fine Manchet, tost it on both sides

till it be brown; then take the yolks of 2 eggs, and spread them thin on the tosts. Then take 2 penny worth of fine white sugar candy, and strew on the yolks, as they lye on the tost: eat it in the morning, and fast an howere after; continue it 6 or 7 mornings together. M.S.

To cool and cleanse the reins. Rx. an egg and putt out

all the white: fill it up againe to the yolk with honey: so warm it and mingle it together, and drink it up in a morning fasting. MS. Lady. Byron ./

An excellent medicine to stop the sickness in Women, and the flowing of seed in men. It is also very comfortable for the stomach, and for giddyness of the head.

Rx. a pottle of red wine; putt to it a lb

of red rose leaves, green or dry: boyl it in a close decoction, then distill it in the strongest balneo: then putt to that water S. Iohns Wort 2 ounces, Mercury 1 ounce (A) bettoney 2 ounces, Agrimony 1 ounce, Succory 1 ounce: pomgranade rindes 1 ounce, orange rindes 1 ounce, Cinamon 1 ounce, Nutmegs half an ounce. Isinglass half an ounce. boyl all these in a close decoction again, then distill it in the strongest balneo. The dose 2 spoonfulls first & last. It is excellent. - Old MS./

ffor the Consumption of the back & running of the reins.

Rx. 4 comfry roots; knotgrass & leaves

of Clary, ana 1 handfull: stamp all these & strain them into a quart of Muscadine, the yolks of 3 eggs: 1 Nutmeg: mix all together & drink it first & last. MS. Lady. Byron ./

There is a sort of Amaranthus, (flower gentle

or velvet flower) which bears a white flower,
it stopps the whites in Women and the running
of the reins in Men, and is a gallant Anti
venerian, ^a singular remedy for the ffrench

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Pox. Culpeper . - Bistort (Snakeweed, or Dragon

wort) The leaves kill worms in children, and are a great help to such as cannot keep their water: if the juice of Plantane be added to it and outwardly applied, it helps the gonorrhœa or running of the reins. A dram of the powder of the root taken in the water therof, wherin some red hott iron or steel hath been quenched is an admirable help heerto, so the body be first prepared and purged from the offensive humours. - idem. Water lillies either white or yellow, the seeds or the roots, but the roots are most effectuall to cool binde and restrain all fluxes in man or woman, as also the running of the reins, and the passing away c the seed when one is asleep. But the frequent use of it extinguishes Venerian actions. The distilled water of the flowers, and the decoction of the root in wine or water, is very good for the forementiond distempers, and for hott and sharp urine. - Idem. Liverwort being bruised and boyled in small beer, cooleth the heat of the liver and Kidneys, and helpeth the running of the Reins in men, and whites in women. Idem. Puslan seed is more effectuall than the herb: it is an herb of the Moon and good to cool heat in the liver, blood, reins and stomach, and in hott argues, nothing better. It staies hott and choleric fluxes of the belly, womens courses, the whites, gonorrhœas. It is of singular use to cool the heat and sharpness of urine, the outragious lust of the body, Venerious Dreams and the like, in so much that the over much use of it extinguishes the heat and vertue of naturall procreation. Idem. The juice of the herb, or the distilled water is of singular use for inflammations & ulcers in the secret parts, as also of the bowells, or Hæmorroids, when they are ulcerous or excoriated. Idem. Red roses made up in Diverse compositions are very good for stopping the whites, and the running of the reins. Idem. The powder of Great Round leavd dock roots, which is called English Rubarb, taken with Cassia dissolved, and a little washed venice Turpentine, cleanses the reins, and strengthens them afterwards, and is effectuall to stopp

the running of the Reins. ibid./

Rupture wort, a dram of the powder of the dried herb given every day in wine for severall dayes; or the decoction made in wine & drunk, or the juice and distilled water of the green herb helps all fluxes in men or Women, also vomitings and running of the reins. Idem./

Sanicle boyled in wine or water and drunk, there is not an herb can give such present help to man or beast, when the disease falls on the lungs or throat, or privities, by gargling or washing with the Decoction of the leaves and root, made in water, and a little hony putt to it. It stayes womens courses, and all other fluxes of bloud, either by mouth, urine or stoole; and lasks of the belly, the ulceration of the Kidneys and pains in the bowells, and the running of the reins: being boyld in wine or water & drunk Idem./

Yarrow or Millefolium, inwardly taken strengthens the stomach, in its retentive faculty; and helps the running of the reins in men and the whites in women. Idem. Asparagus opens, provokes urine, cleanses the reins and bladder, being boyld in white wine, and the wine drunk. Idem.

Centinodium or Knottgrass, helps spitting and pissing of bloud, stops the terms and all other fluxes of bloud vomiting of bloud, running of the reins, weakness of the back and joynts, inflammations of the Privities. Your onely way is to boyl it, and eat is as a sallad. Idem. Clary fried with butter or like a tansy, stops the running of the reins. - St Iohns wort is excellent for purging the reins. You may give it in powder or any convenient decoction. Idem Red corall in powder is much used for running of the reins. - Borax in powder, inwardly taken in small quantities, stopps fluxes and the running of the reins. - Olybanum may be taken a dram at a time,: the best way to take it is to mix it with conserve of Roses, and take it in a morning fasting; it stops loosness, and the running of the reins, it strengthens the Memomy, comforts the heart, helps Rheums, expells Melancholy, helps pleuresies. - Camphir mixt with oyl, and the back anoynted with it, cools Reins, stops their running, and imoderate Venery Idem./

Water of Talk a great beautefyer.

Take *the* best Talk, slit it in thin
peeces, hang it up in a thin Linnen
bag, in a very damp place, with a
Receiver vnder it, to receive *the* droppings
when it sweats or Dissolves, then distill
it. & it produces a Curious shining
beautifying water to set a Lovely
whitenesse on *the* Skin, &c/

To take away ffrekles,

Take *the* gaul of a Young Cock
the wool of a hares foot, burnt to
powder, by wrapping it up hard in
a browne paper wetted, as in burning
silver Lace, *that* it may not burn to Ashes
but moulder, & soe be reducible into
powder, add to these an Ounce of Rye
meal, beat *them* togethr with*the* pulp of
a Lemon, & wine vinegar till they
may be spread plaister wise, spread
this Composition on soft Leather, & Lay
it on *the* freckly places, & in twice or thrice
aplying you will see a stronge Alteration

To Cause a Curious White, shineing
Complection.

Take peach blossomes, 2 handfulls
the Sap *that* drops from a Cut vine
4 Ounces, *the* Seeds of Mellons -
grossely bruised, one Ounce, Gum
Tragacanth beaten finely into
powder half an Ounce, put to
these, when well beaten or bruised
2 Quarts of Clarifyed whey, Let
them Infuse twenty four howers, in
a warm place, then presse Out *the*
Liquid part, as hard as may be
by pressing, & vse it as you see Ocasion/
The fine Venetian wash is
sold for 12 pence *the* botle by
S: Clarke in birchin Lane at *the*
Corner of Exchange Alley , & at Mr

Garraway es fruit shop *the South Entrance*
of the Royall Exchange.
I know it to be Exelent for Clearing &
smoothing *the Skinn*, & rendring *the face* very
beautifull & Lovely. *Lady: Byron*

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271. Restaura lives./

I.....

Take 1 pound of capdates clean picked, and the stones taken out: seeth them in a quart of Muscadine, till the wine be somewhat consumed. then put them into a glass to keep, and when you eat almond milk, or other broths that are good, put in 3 or 4 spoonfull of the same at once: use this every meal you have broth. M.S.

Another great restorative for weakness. Take with amber 2 ounce,

at 16d : powder of a sea horse tooth, half an ounce at 8d . Turpentine dried, 1 pennyworth. mastick 1 pennyworth: of each half a dram: half a nutmeg, half a mace, of both 1 scruple. Grannet stone, Saphyr stone, Emerald stone, Ruby stone, half a Scruple of each, at 2 sh. 6^d Terre Samis. 3^d . Terra Lemnia 4^d ; white corall and red prepared 1 scruple, 6^d pearl prepared, half a dram. 12^d . musk 2 graines. 4^d : fine sugar 1 ounce and a quarter: of leaves of gold and sylver, of each 2 graines: Unicorns horn 5 graines. 3 sh. 10^d , Bezorstone 3 graines. All these things must be prepared & made so fine, as any meal flower: and the dose taken at a time must be the quantity of as much as will ly on a shilling or french crown weight, to be taken in a morning fasting, in the yolk of an egg, or Muscadine, or in goates milk, or in red cowes milk, in 3, 4, or 6 spoonfulls of any of those liquid substances. M.S.

Another. Take 2 ounces of conserve of red roses, of pearl,

amber, mastick, Olybanum, of each 2 penny weight in fine powder: mingle all together, and eat of it every after noon. M.S.

A restorative drink. Take 2 or 3 pound of beef, slice

it very thin, put it into a pewter pot with a cover, and set it in a kettle of water on the fyre: and put into it a pretty quantity of dates stoned, and much of raisins of the sun stoned, together with mace and cinammon: boyl it while it is all to peeces; then strain it, and it will yield 1 pinte of water: put to it a little amber greese: take

it first and last. MS.

Another. Take capdates, stone them, and pare of the inward

white skin; stamp them, while they come to a marmalade in an Alabaster morter: then put to them as much muscadine, as will boyl them to a marmalade: then put to it 2 or 3 grains of Ambergreese. M.S.

Another. Take 2 pound of dates: wash them clean in cleer

ale, then cut them and take out the stones, and white skins

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then cut them small and beat them in a mortar, till they begin to work like wax; then take a quart of Clarifyed hony or sugar, and half an ounce of the powder of long pepper, and as much of Mace: Nutmeggs and cinnamon of each a dram: or the powder of lignum aloes 1 dram; beat all these spices together, and seeth the dates with the sugar or hony, with an easy fyre, and as it seeths, cast in by little and little of the powder, and stirr it with a spatula of wood, till it come to an Electuary: eat therof morning and evening 1 ounce at a time: it will renew and restore the complexion. *probatum*. MS.

To strengthen the back. Take a good quantity of great Comfry

roots in rose time, stamp them in a morter very fine with ref rose budds; put in as much sugar as will make a conserve. MS.

Another. Stamp and straine yarrow, and mingle

the juice with milk hott from the Cow: drink therof 2 good draughts morning and evening with sugar. M.S. Lady Byron

To restore nature againe. Take ffennel seeds, parsly seeds,

carrway seeds (or perhaps carrot seed) and Cardamom seed of every one at-like Quantity: lignum alloes 1 penny worth; Rhubarb ʒii. put all these into a brass mortar; and pound them well. Then take a pan clean scowred and cast a good deal of sugar therin: and melt it with some rosewater. Then cast all your ingredients therin, and take an iron slice and stirr it very well, till it be thick: then take it off and putt it up in a fair vessell; use to eat of it every morning fasting.

Baltasar . M.S. Lady Byron

Another. Rx Acorns of an oke, put them to steep all

night in vinegar, and eat of them. ibid.

Item. use to eat in your broths the powder of mints. It will restore greatly. ibid.

Item. take the Kernels of pine apples. lay them in sugar: boyle the juice therof in milk, put a little sugar and use to drink it. ibid.

Item Rx. Diasatyrion, Dates, Nutmegs, Maces, ani-seeds, of each a like quantity, make them all into an electuary with sugar and Cinamon, and use often to eat of it. ibid.

Item. Rx. Conserve of Rosemary flowers, burrage and Succory, of each 3 ii.s. the bark of Citrons and Nutmeg candied. of each 3 s. and of sugar as much as will suffice, and 6 leaves of gold: Incorporate all these together and candy them,

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and so use it. ibid. 273.

Item. Rx. Red mynts, stamp them and strain them, and

boyl the iuice therof in milk: put to it a little sugar and so use to drink of it. ibid. it is excellent.

Item. Rx. parsnips, seeth them in milk, as you would do

bread, and eat them and the milk. This is the best of all. M.S. *Lady Byron*

To make one Lusty. pro erectione virgæ. Use Diagallin=

ga, and every morning eat 2 or 3 new laid eggs, reer rosted with the powder of Nettle seed and sugar put ther in. All sweet things are nutritive and do help in this matter: and so are all sweet wines. ibid.

Weakness in the back . Rx. fflower of wheat and Rice,

and temper it with clarret wine and sugar: and putt thereto a little powder of Clary and nutmeg: make a cake bake it, and eat it. *Baltasar MS. Lady Byron*

or else . Rx. the Marrow that is in a Sheeps back, 3 ii

of Dates 3: Raisins of the Sun enucleated 3 iii. Cur-rans 3 ii: fine wheat flower 2 handfull: and as much sweet cream as will serve to make them all into paste.

Let your Marrow and picked from the skin, your raisins clean washed and picked: then beat them altogether in a stone mortar with some sugar, as much as will suffice to make your cake pleasant: and eat therof. ibid.

or else . Rx. flower of barley and beans and oyl of Ro-

ses, and the Yolk of an Egg: with a pretty quantity of Bolearmoniack, Terra Lemnia (Boleanyteram Letina) make a plaster, and wear it at your back on the day time. ibid.

A Cordiall Electuary to restore Nature. Rx. Saccari in

aqua Cinamonii dissolutum ʒ iiij. Pinearum Mundatar.
ʒ i. Margaritarum ʒ s. Specierum Aromatici Rosati
ʒ s. Amygdalum dulcium exorticatum et cibatum ʒ s.
Croci grana 10. Conserve violarum ʒ i. Diamarga
rit frigidaz i. Diasatyrii ʒ i. Moschi, Ambræ.
Burnellus Marinus. M.S. *Lady Byron*

Aqua ad vires dejectas restaurativa consumpta Rx

quartam unam aquæ rosaceæ, tantundem lactis mulierbris, hircini, equini, aut vaccini: adde prædictis
30 lutea ovorum recentium et misce: hinc extracte aquam, vesperi et mane exhibito

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agro potandum, cum manus Christi perlati deaurati:
MS. *Lady Byron* 274

Alia ad idem optima. Rx. Optimæ wortæ (wort)

quartas 2. cogne in iis libram unam mellis depurati, linguæ Cervinæ i. Hepaticæ ie, liverwort,
ii. Santolorum rubeorum cochlearium unum.
coque ad tertias ijas, et in vase mundo clauso
servetur in usum. Dosis mane et vesperi cochlearia
3. calida. ibid./

A restorative for the back . Rx. a quart of Muska-

dine, the pith of an ox back, a handfull of Ribworth, as much Clary, as much plantain leaves, as much hore-mints, stamp all together in a mortar, strain them, boyl all the juices with the wine very well, drink first and last: it is better if you boyl a handfull of knot-grass with it. ibid.

A restorative . Rx. a leg of mutton half boyled: take

it up and prick it well, and then take the broth
and bloud that cometh from it, and strain it. then
put to it some crums of white bread, the yolk of
a new layd egg beaten, and 2 cakes of Manus
Christi and a little grated Nutmeg, and boyl it to-
gether; drink it 3 times a day: in the morning fasting,
at 2 a clock, and last at night: 2 spoonfulls at
one time, or 3 at the most. ibid./

Hartshorn gelly . Rx. 3 spoonfull of hartshorn finely

scraped, from the tips of the horns, and boyl it in 2
pintes and a half of running water, and half a pinte
of white wine, till it come to a pinte: but if you
would have it to eat in the afternoon put in 2 good
slices of Nutmeg, a little Cinamon, a little Mace, and
a little of the tops of Rosemary, and let it boyl a
dozen walmes, and when it is boyled putt in a little
fine sugar, and 2 graines of Ambergreece. If it
be to eat with your broth, then onely steep it in water
and boyl it till it come to a stiff gelly, and so putt
2 or 3 spoonfulls of that gelly in your broth. ibid.

A restorative . China mixt with conserve of Roses. Rx

China grated, then rubbed to a fine powder in a
mortar, and mixed with roses; 6 penny weight of it.
in sylver will be sufficient for $\frac{3}{4}$ iii of Roses, which
is sufficient for 5 or 6 times morning and night.

MS. *Lady Byron*

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Vertues of Rew.

The juice of rew warmed and put into the nostrills, causes rheum to
avoyd, cleanses the brain, eases the pains of the head, The juice
of rew drunk is good against poyson. A plaister made of it, and layd
to the byteing of any venomous beast or worm cures it. MS.

Rheume.

Take yellow orkme't (orpement) such as painters use: beat it
very fine, then take the yolk of an egg, and temper them to-
gether, till they be like a salve: then take a peece of unwashed

Lockeram, neither too fine nor too course, being 1 inch broad: and 2 inches long: spread the same upon it. Then take the end of a brick as big as ones fist, and heat it red hot; then take a cream dish, and bore a hole in the bottom of it with a perser, and put therin a goose or swans quill, then whelm a dish over your dish, (rather over the brick) and stop the sides therof very close, that noe ayr go out but through the quill; then cast a sheet over your head and so receave the ayr from the quill. If you will, you may put in some brimstone. M.S.

Another. make a cap of scarlet and smoke it with frankincense,

and if it help not, smoke it with storax, or Eleny, and take Diacodian (which is a syrup) and put a spoonfull into your Mouth, and hold it there after you are in bed, a quarter of an hower or more, then spitt it out: and if you have the murr, swallow it as easily as may be. MS.

An Electuary for the same. Take 2 ounces of prepared Enula cam

pana, beat it as a conserve, and put to it of conserve of violets, conserve of marsh mallow flowers, conserve of rosemary flowers, conserve of sage flowers, of each half an ounce: mingle them altogether, take of it thrice a day. M.S.

Another. Take the juice of onyons, and put therof in the nostrills,

it will stop Rheume. *probatum*. M.S.

Another. Take sanguis Draconis and mastick in powder, cast ther

of on hot coales, and receave the fume at thy mouth, use this often. *probatum* . MS.

Another. Take a spoonfull of Mustard seed, and 1 spoonfull of

bay salt: beat them in a mortar, very fine: then take an egg rosted hard, temper them together and heat them on the coales; put them into a little bag and heat it: lay it as hot as may be endured to the nape of the neck, on that side the pain is. M.S.

Another. Take the leaf of a Marygold, and rub it between your

fingers; put the same into your nose, and let it stay there a pretty while: it will bring abundance of Rheume out of your head; and will help the rheum soon, if you use it. MS.

Another. Take a handfull of Trefoyle, of bettoney, of Avens, of chickweed, herb grace, fennell, Ivy of an ash, and sellendine, of each 1 handfull; wring them asunder 2 or 3 times, and put them into his drink, so let it stand a day and a night. Let him allways drink of this, especially first and last. These herbs will serve for 2 gallons of drink. MS.

To lay to the Temples for the same. Take 1 handfull of vio-

let leaves, and half a little spoonfull of white poppy seed: a quarter or half a nutmeg; beat them finely together with half a spoonfull of brown bread crumbs; quilt these in a double cloth, steep it in 2 parts rose water, and a 3^d part vinegar: binde it to the temples. MS.

ffor Rheume and pain in the stomach. Take mastick and O-

lybanum, of each 3 drams; make pills therof with syrup of mintt: give a dram of this moystened with wine evening and morning. This heats and dries the stomach, and hinders Rheume from falling from the head. Mr Digby . MS.

Manus Christi to stay Rheume. Take good liquorice, well

scraped and bruised, 1 ounce: anniseeds, Isop dried, and May den hair, of each half an ounce: steep all these in a quart of fair running water 24 howers, and seeth them to the one half. then strain out the liquor from the stuff and therin put a pound of fine sugar, and boyl it, and scum it, well boyled; make cakes therof, with 4 ounce of sugar pellets melted in Rose wa- ter: then boyl it till it be thick to make cakes. MS.

Liquorice balls to expell Rheume. Rx a pottle of Isop

water distilled: 1 pound of liquorice scraped and sliced in thin pieces, and so bruised in a mortar: putt them together and boyl them over the fyre so long, till you think the substance of liquorice in the liquor: then strain it into a broad earthen vessel and so dayly sett it in the sun, untill it grow thick, stirring it very well, and when it is dry, make balls therof to eat at your pleasure.

MS. *Lady Byron* Or else. Rx a pound of liquorice clean

scraped and sliced as before, and putt it into a great double glass, putting to it as much distilled water of Isop as will cover it over an inch. Close up the mouth of the glass and sett it in the sun in the dog daies, every day burning

the glass, that the sun may have power on all the parts
of the glas, that so the water may consume away, and
when the one half seemeth to be spent, then uncover your
glass and putt therin 2 spoonfull of anniseeds beaten into
fine powder, and one ounce of gum dragaganth, dis-
solved in Hysop water, and 5 or 6 ounces of

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white sugar candy, beaten into fine powder. mix all these
very well together, and stopping up the mouth of your pott
againe, sett it in the sun and so lett it stand, untill the
moysture be dryed up, and it wax stiff: then make it up
in lozenges or balls, gild them, and dry them well, and keep
them to eat at your pleasure. M.S. *Lady Byron*

To make Guaiacum water and the use of it for Rheumes.

Rx. a pottle of running water, a quarter of an ounce
of lignum vitaæ, half a quarter of an ounce of the
Bark of the same wood: 2 ounces of Mayden hair,
one spoonfull of anniseeds, one spoonfull of liquorice,
sliced and bruised both together, 6 figs opened, a penny
worth of raisins of the sun, the stones taken out,
and if it be bitter, you may putt in what sugar you
thing good, or a little Cinamon: putt all these together
into the water, and seeth them from a pottle to a pinte,
and then strain it. Use it 3 times a day, in the morn-
ing Early and walk up and down after it: at 4 in the
afternoon, and when you go to bed. It is good to dry
up Rheume, and keep the body in good Estate, use it
for a month or two together. v. the use of Guaiacum
decoction and diet else where. MS. *Lady Byron*

To expell Rheume. Rx. oxymel simple 1 spoonfull: and as

much alloe as the quantity of a bean: powder it, mingle
it and swallow it with the syrup. MS. *Lady Byron*

ffor Rheume, Melancholy and windyness. Rx. 4 drams

of good Sassafras; Marioram, balme, sage, of each
half a handfull made into gross powder: putt it into
a bagg with a little stone in it: and let it hang in
the midst of 3 or 4 gallons of ale, newly tunned.
You may putt to it as much Tamarisk as you will.
The same bag with powder will serve the second
time, with allmost as much more ale or beer: this
powder is good against rawness in your drink, against

Rheume, Melancholy and windyness. ibid.

Another for the same use. Rx a large ffennel root,

pith it and steep it in vinegar 4 howers: Lettuce
2 good handfull. violet leaves a handfull, half a
handfull of Cicory: raisins of the sun cutt in the
midst, a good handfull: a stick of Liquorice thin
slitt, a little mace: boyl these in 4 pintes

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of water, with a handfull of french barley, till a
pinte and a half be consumed: then strain it. With
this decoction and the barley draw barly cream, with
a very few almonds: put to it some rose water but
no sugar: but syrup or sugar of violets to your
likeing sometimes: you may drink the decoction a-
lone sometimes in place of the barly cream, that you
may not grow weary of it. or take Lettuce and sor-
rell and boyl them with a chicken, and drink this broth
some mornings. This course is to be continues 14
dayes to reduce the body to a cold temperature. It is
good at dinner to eat green sawce with all your meat.
and to eat lettuce at supper, with sugar and vinegar
Use to snuff up into your nostrills either rose wa-
ter, or some of the decoction in the morning
as soon as you rise: this will much cool and moysten
the brain. Use broth with willow leaves and mallory.
every 2^d night these 14 dayes, for your legs at
night. ibid./

Rheume in the head. Rx. Barly meal, bean meal and

frankincense, mingle them with sour milk Rose water,
make them into little cakes, dry them on a hearth,
or hott fyre shovle, till the whiteness be taken away,
then lye one of them to the mold of your head,
and another to the nape of your neck, when you
go to bed warm, and change it in the morning
when you rise. - Also take dried Rosemary,
powder of Nutmeg, and benjoine (benjoing) in
powder and strew them in the hayre. ibid.
Seeth half a pound of figgs, with a handfull of hysop
and 1 spoonfull of honey in a pottle of whitewine,
to one half: drink 2 or 3 spoonfulls first &
last to help Rheume and Cough. ibid./

ffor Rheume and gross humours. still a diet pott

with conduit water all saveing a quart, which
must be whitewine: liquorice scraped and cutt
small 1 pound; lignum vitæ half a pound: the
bark of it ȝ i boyl them 1 hower and half,
strain it & keep it in a close vessell; drink of it first &
last: the best is from St Iohns Island . ffor hot griefs use
more water and less wood: for cold ones more wood & less
water: It cures the pox and allmost all griefs. seeth it in a
close vessell sett in seething water 10 howers. ibid./

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Ring Wormeor Tetter.

.....
Take 4 ounces of hogs grease, 1 ounce of quicksylver, kill it
with fasting spittle: 1 ounce of verdigrease, beaten to powder,
1 dram of Camphor, 1 spoonfull of black or gray sope, as much
mustard, temper them altogether; put it in a box, anoynt the place
where the ring worm is, morning and evening till it be whole. MS.

Another. Take the root of a red dock, (it being very red) slice it

and lay it in vinegar a night: then lay it on the tetter and tye
it with a cloth hard. *probatum*. MS.

Another. Take black sope, and allmost as much ginger in powder,

mix them well together, anoynt the tetter therewith 4 or 5 dayes
together, it will heal it. *probatum*. M.S.

ffor the Tetter . Rx venice sope scraped ȝ i. 4 graines

of musk, bruised on a stone: a dram of camphire
bruised; as much white mercury bruised as a small
nutt: work them all in rosewater together, and there-
with anoynt the tetter and work it well in. When
it beginneth to dry wash of the scurf with white
wine and sallet oyl beaten together, and that will
soften it and smooth it. MS. *Lady Byron*

The water that is found in the hollowness of a beech
cureth scurf, tetter and scabs in man or beast.
ibid./

Tetter. Grinde mustard seed with hony and apply it

once or twice. ibid.

ffor leprosy, Impetigo, serpigo ^ Ring worms and tetteres . Dissolve the gum

of Plumtree in vinegar, strain it and anoynt there

with. ibid. ffor a Ringworm. boyl the sap in vine

gar, strain it and anoynt therewith./ ibid.

Tetter. wash in the mornings with parsly water, and at

night with Rose water. ibid.

A tetter or ring worm. Rx. Sallet oyl and salt, mix

them well together, make it lukewarm, anoynt the place till it be gone. ibid.

Item seeth sage and alom in Smiths water, and wash therewith. ibid.

Item. dissolve plumtree or cherry tree gum in vinegar and anoynt therewith: ibid.

A Tetter. Take a gallon of Smiths water, boyl it &

skimm it clear: then put to it 2 handfull of Smal-
ledg, 3 oucnes of roch allom, half a pound of English
boyl all together half an hower. ibid./

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Rosa solis to make.

Take 2 pintes of the strongest Aqua vitæ you can gett, putt it into a stone bottle, that will hold 2 quarts: put into it 4 hand full of the herb called Rosa solis finely picked, but not washt nor toucht with finger: then put in half a pound of good dates the stones and white skins being taken out, and cut into small peeces: put in 4 ounces of liquorice, sliced very thin, 2 ounces of anniseeds beaten, 6 or 7 figgs sliced; stop the bottle or glass close, and let it stand 3 weeks. then powr out the liquor into another glass bottle, and put to it 4 ounces of sugar candy, a good deal of gold, a little ambergreese and beaten pearls, if you please: so reserve it for use. Then take a pinte more of Aqua vitæ, and put it to the old Ingredients, let it stand as the first did, and you shall have pretty good Rosa solis of that too. M.S.

vertues of Rosemary.

The leaves boyld in white wine, if you wash the face therewith, make it very fair. The same strained and drunk is good for a cold; the wood burnt to coales and made into powder, then put into a linnen cloth, and the teeth rubbed with this powder, it will kill the worms & keep the teeth from all evill. MS.

Rosemary strong water.

Take 3 gallons of new strong ale, a gallon and half of sack, 6 ounces of anniseeds, 3 ounces of liquorice, 4 ounces of ginger: bruise the spices, and put them to the liquor; then slice 8 or 10 Nutmegs; and a peck of Rosemary flowers, put them into the liquor, and let them steep 4 dayes: stirring it twice a day, and keep it close stopped. Then distill it in a lymbeck, and keep the first running by it self; and add to the first running some white sugar candy. MS.

Rupture. *vide* brokeness.

Take a handfull of Dovesfoot, with as much of the roots of Water fearne, clean scraped and washed: boyl them together in a quart or 3 pintes of red wine, till half be consumed: then drink therof fasting half a pinte, and fast 2 howers after, and wear a truss. If this help not in 6 dayes, you shall then add to it 5 red snayls, dried between 2 tyles and beaten to powder. M.S.

nother, Take a handfull of garden worms and slitt them, and wipe them very clean, a handfull of nipp, and a handfull of sheeps suet, next the kidney. chopp them alltogether very small, and put them into little baggs and sow them up: then fry them in a dry frying pan, or heat them between 2 tyles: and the patient being in bed at night and morning, apply them to the place

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grieved, as hott as may be: and when it is cold, lay to the other hott one, and so do it an hower or more, and wear one of the warm: bags with a truss all day, and let one ly on all night. MS.

Another. Take 9 snayles, put them between 2 tyle stones, so that they

slide not away, and dry them in an oven, so that you may make them into powder. Take one of them every other day in the morning till all be spent, and fast after from meat or drink for 2 howers. *probatum*. MS.

ffor one broken in the cods, or rupture. Take Camphire and po-

lipode, of each a handfull, of knotwort a handfull, a pottle of white wine, a knuckle of veale, half a pound of Raisins of the sun, half an ounce of mace, a quarter of an ounce of dates; put

them all into a earthen pott, well stopt with past about the cover.
put it into a kettle of water, that is of sufficient bigness, so that
the top of it be a handfull above the water, so boyl it therin 5
or 6 howers, then take it forth and stamp the ingredients, in a
stone mortar very small, then strain it, and give some of the sayd
liquor to the patient first and last. MS.

pro Hernia. or Rupture. Make mutton pottage with

these herbs well stopped. Plantan, dasy leaves, &
roots of Sanicle. (otherwise called Mother in the
wood). Scabius, of each a like quantity, & a leaf
or 2 of Comfry. And if he be bound, then seeth
in his broth twice in the week, polypody of the
Oak: let him eat this pottage 2 or 3 dayes, & let
him drink fasting & last at night a quarter of
a pinte of posset ale, wherin hath been sodd the
herbs above named. And lay upon the rupture a
plaister of the above named herbs, but a double
quantity of Sanicle or more, mixt with wax,
sheep or deer suet. After his posset ale, let him
lye upon his back half an hower at least. Dr Vaughan .

Diascorides saies that the herbs Brank ursine or
Bears breech, are very profitable for ruptures,
such as are bursten or burnt with fyre, a dram
of the root in powder being taken in a morning
fasting in a decoction made with the same root
and water. Culpeper . Enulacampana roots are
good for a rupture, so is also Gentian. Idem,
Mattliolins reports the same of Cammock or
Restharrow: an herb so called.

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An excellent Ptisan for a Rupture; which
cured a great Lady of a great Rupturee in
282. a forthnights time; and many others ./

Rx Solomons Seal, Agrimony, Milt waste, Mayden
-hair roots of strawberries of Each a handfull,
pick and wash them, then shred them, and stamp
them in a stone mortar and boyl them in 2 quarts
of white wine: but let the vessel be close stopped
that nothing may expire; then strain it out and
press it hard. Drink of this liquor a good glass full
in the morning fasting, and an hower after drink
another. Continue this, drinking 2 glassfull every
morning till you are cured. Hartman ./

A plaister for a winde rupture. Rx. polypody of the

Oak and Elecampane, beat them small in a mortar,
then temper them with oyl of baies: and lay it un-
der the Truss changeing it every Morning. Con-
tinue it for a month. Idem.

ffor a Rupture. Make Pottage with Mutton, and boy

it in plantane and dazy leaves and roots, Sanicle,
Scabius and polypode, of each i. 2 leaves if
Comfry, eat therof for 2 or 3 dayes: and in
the morning fasting, and at night when you go
to bed drink posset made with ale and putt and
boyl some of the said herbs in it: then strain it
and mix the herbs with a double quantity of Sanicle
and apply it under the Truss: when you have
drunk the posset, lye on your back an hower at least.
Idem./

Spatula fetida stinking gladon a kinde of flower
de luce, inwardly taken help convulsions & Ruptures.
So doth your white and black mayden hair or Wall
Rue: and your Alchymilla or Ladies Mantle. I?
Item Mouseare. Item Cruciata or Croswort -
Item the leave of Cypress tree - A like quantity
of Heartstong, Knotgrass and comfry roots being
boyled in water, and a draught of the Decoction
drunk every morning, and the materialls
that have boyled applied to the place is a pot
-able remedy for such as are burst - Culpeper .
Bdellium is good for the same. - Item
Chervil water distilled in May - Item Syru
pus de Symphito or of Comfry, as in the London Dis-
pensatory Idem.

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Salves.....of all sorts.

:v: oyles, & plaisters..... / Oyntments./

Salve to draw and heal, much used. Take Sallet oyle half a
pinte barrows grease 4 ounce, red lead 6 ounce; put these in
a posnet, stirring them well: let it boyl gently: then put in 3
ounces of bees wax, stirring it still: and when it turns of
a dark colour, put in a penny worth of Turpentine, and stirr
it well; then drop some into water, and when it will work

like butter, powr it into water & make it up into some 4 rowles: and keep it for use. MS.

A green salve to incarnate flesh speedily. Take Clowns wound

wort 4 handfull, stamp it and put it in a posnet with 4 ounces of barrows grease, halfe a pinte of Sallet oyle, wax 3 ounces; boyl it to the consumption of the juice, then strain it and putt it on the fyre againe, adding to it 2 ounces of Turpentine: let it boyl a little, stirring it: then powr it out in a pott, to keep for use. M.S.

A Salve for all sores. Take oyl, olive 1 pinte, Turpentine

1 pound, unwrought wax half a pound, rosin a quarter of a pound, sheeps tallow 1 handfull, wild bugle 1 handfull; of plantane, smallage, and ragwort of each 1 handfull. Chop them very small, and boyl them altogether, stirring it so long, till you think it be well mingled together: then strain it through a thinn Canvas cloth, into a fair earthen pan: and let it stand till it is cold, and if it be a quarter of a year before you use it, so much better. M.S.

A Salve to cure a wound. Take of the leaves of Carduus

benedictis, and of the roots of Valerian, of each 4 ounces, of the flowers of St Iohns wort 4 or 5 ounces: of consolida Major, 2 ounces; of wheat dried in an oven till the humidity be out of it, 4 ounces, lay all these to steep in white wine, 24 howers at least, the longer the better then seeth it in a new earthen pott, and haveing sufficiently boyled it, press out the juice between your hands; then put to the sayd Iuice or wine, 4 pound of Sallet oyl, the best and oldest you can gett, and let it seeth together till the wine be consumed, and onely the oyl remaining: then take of Turpentine 6 ounces, mirre, incense, and Mastick 3 ounces; beat these to very fine powder, and so put the turpentine and these together into the oyl while it boyles, and stirr altogether a little while, and take it from the fyre quickly, or else it will wax thick and hard. Let it stand 15 dayes at least before you employ it: and then it will be good and perfect, and of a colour somewhat reddish. When you would cleanse any wound with this oyl

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first cleanse the wound, with a little white wine Luke warm, and upon the wound lay a linnen cloth wet in the same oyl, and over that, another linnen cloth, wett in white wine, (this linnen cloth must be thicker and grosser:) and so binde all

fast, that it fall not off: in few dayes it will be whole if the wound be curable: you need not lay any tent to the wound, nor shall see any dead corrupt flesh about the wound; both the wine and the oyl must be lukewarm when you use it. MS.

A good salve called the green treat. Take of the juice of

Smalege, of the juice of wabred plantane, of each a pinte, put them together in a vessell, and put of wax, and frankincense or rosin made into powder, of each 1 quarter of a pound, break your wax into small peeces, boyle all together and stir them often, and to know when it is boyled enough, powr a drop of it on a bason, and if there be any moisture in it, when it is cold, boyl it againe, till a drop will be dry when it is cold: then put in a pound of Turpentine,, and stirr them till they be well mingled, then strain it into a quart of white wine, let it stand till it be cold, and make it up for your use. MS.

Another entreat called Gratia Dei. Take wax, and May but

ter, or other fresh butter, of each an ounce, frankincense 2 ounces, melt them together and straine them. M.S.

A speciall good green treat for green wounds. Take rosin

made in fine powder 4 ounces, sheeps suet 1 ounce and a half, of Turpentine, frankincense and wax of each 1 ounce, verdigrease tennpenny weight, oyl 6 ounces, powder your frankincense and verdigrease, and putt all your stuff over the fyre in a vessell (except your Turpentine & verdigreas) let them boyl, ever stirring them, till all be melted, then take it from the fyre, and stirr it a while; then put to it your Turpentine, stirring it, till it be melted: then put in your verdigrease, and mix it well with the other: strain it and keep it for use. MS.

A Salve for any sore. Take the newest Virgins wax you

can gett, melt it in a pan, then put in a quantity of butter and hony, and seeth them together, and take a dish with fair water, and strain it into the water, and work it with your hand, and make it into a round ball: so you may keep it as long as long as you will. And when you lay it to any soare, work it in your hand and strike it on a cloth: and lay it to: it will draw and heale. MS.

A Salve for a new hurt. Take wax and sheeps suet, but

not so much suet as wax; and a little rosin; if you will have it heal soon, put in the less Rosin, seeth them together, and as it rises stirr them together: then put it in a dish of water, and when it is cold make it up in rowles. MS.

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A notable salve for a sore. Take half a pound of rosin, and

half a pound of sheep suett; boyl them together then powr it into cold water and press it with your hands, till it be a little yellow coloured: and then into hot water, and do the like with your hands 3 or 4 times over: then make it up into rowles and as you have occasion make plaisters therof, and if it draw too much, lay sugar on the wound. M.S.

A Salve called the black salve or Searcloth to heal a swelling, or any ache caused by a humour.

Take 1 pinte of Sallet oyle,

a quarter of a pound of unwrought wax, scrape your wax fine, and let it boyle on the fyre with the oyl till it be melted: then take half a pound of red lead, beat it to very fine powder: so allwayes stirring the liquor strew in the powder finely all about, till it be all in: and when it is boyled so long, till it is black, it is enough. Then make your searcloth, and make the rest in rowles for plaisters. It dissolves any humour, but draws none; if you use it for any ache, bruise or swelling, apply your searcloth; but for a cutt or any other sore, use plaisters. It is excellent. probatum. M.S.

A Tenting Salve for all manner of sores, especially a fresh wound

. Take oyl olive and Turpentine, a like quantity,

a pretty quantity of rosemary leaves, picked: boyl them all-together, and in the boyling, put thereto a spoonfull of fair water: let them boyl together, till the water be consumed as an oyntment. When it is boyled, strain it hot into a vessell of earth; and when use it, take some of it and heat it over the fyre, and dress the sore against the fyre, that it may dry the oyntment in: and if need be, that there is dead flesh, lay lint in the salve, and lay it hot on the sore, and if need be to tent it, tent it with a tent of the same oyntment hott, and lay on the same tent a plaster of hot cleaveing salve if you will. MS.

The yellow salve, most Excellent for all sorts. Take rosin

and perosin, of each half a pound, virgins wax and frankindense of each 3 ounces, Maktick 1 ounce, hartstallow 4 ounces, camphir 2 drams; Melt them that are to be mel-

ted, and make powder of the other: so boyl them alltogether over a good fyre, then strain it through a clean cloth, into a pottle of white wine: then boyl the wine with the stuff together; take it off, and let it coole a while; then put thereto 4 ounces of Turpentine, while it is but bloud warme, so stirr it well together till it be through cold: then make it up in rolls, and keep it for your use, the best Salve that ever was made./

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when you use it to raise and heal a sore, take a little oyl of roses, melt some of the salve therin: and with lint lay it to the sore: it will rayse the flesh: it is good for old wounds & new, it will suffer no corruption or evill flesh to Encrease: It is good for the head ache and swiming of the head, an im- posthume in the head or body, for sinews shrinking, or sprain: it draws out thorns and broken bones; good against all biteing or stinging of venomous beasts; it rottis and heales all manner of botches and biles, good for a fistula and Canker, for all aches, for the liver, spleen and reins, for bleeding in the hemroids, or members. It is speciall good to make a searcloth for any thing. *probatum.* MS.

The same with a little alteration is called fflos unguentorum
and is thus made.

Take of Rosin and perosin of each

half a pound: of virgins wax and olibanum, of each a quarter of a pound: mastick 1 ounce, Deer suet or sheeps tallow a quarter of a pound: camphir 2 drams: make your gumms into fine powder and searce them: then melt the wax and tallow, and mix the powders well therwith: boyl them welltogether, then strain them through a canvass bagg into a pottle of white wine: let it cool till it be bloud warm, then put thereto the camphir, and a quarter of a pound of Turpentine by little and little stirring it well, till it be through cold. Make it up in rowls and keep it for use. It is good for old or new wounds, strai- ned sinews, draws out Iron or thorn, and is speciall good to make a searcloth for any grief. *probatum.* MS.

The black salve. Take a pinte of Sallet oyl, half a pound

of red lead, 2 spoonfulls of the powder of Enula Campana roots 2 spoonfulls of bean flower; boyl them altogether till it look black, then put in 2 spoonfull of the powder of sage, and so let it boyl, as long as you can keep it from running over. When you use it spread it on brown paper or linnen; if at any time it be too hard, melt it, and putt in a little more oyl to it. *probatum.* MS. Lady Cade ./

A black salve for any wound or bruise to be made in May.

Take a pound of unwrought wax, Olybanum 1 ounce,
stone pitch 4 ounce. Rosin 4 ounce, Sallet oyl 1 pinte,
Turpentine, 1 pinte. Rosemary tops 2 handfull, plantan
leaves 2 handfull. Tutsane leaves 1 handfull. Let the
powder be beaten gross, and the herbs be beaten allso,
then strain the herbs, and put them altogether into a pan
upon a soft fyre of coales, still stirring it, and let it
seeth till half be wasted. Keep it either in a stone pott
or box; If the wound be very great refresh it with
oyl of roses, between takeing of and laying on the plaster.
M.S.

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Another blacksalve Take a quart of

the best Sallet oyle, red lead 1 pound, castlesope 1 quarter of a
pound, bees wax 1 quarter of a pound, 2 spoonfull of oyl of english
balsom, slice those things that are to be sliced, and put them into a
posnet with the other things: let them boyl 1 hower upon a soft
fyre, often stirring them: then drop a drop on a dish side,
if it be hard and not greasy, it is boyled enough. M.S.

A most excellent plaister, called the black salve
for many diseases .

Take of oyl olive 10 or 12 ounces, of new yellow wax, 4
ounces, Lytharge of gold 4 ounces, Lytharge of Sylver 4 oun-
ces, venice Ceruse 4 ounces, all well bruised, and powdered,
and 4 ounces of venice Turpentine. Let them be mixed and
boyled thus. You must have some vessell of brass, with a stir-
ring stick of wood or Iron. Then put into the vessell 2, the
10 or 12 ounces of oyl, and 4 ounces of wax, and set the
vessel on coales which burn cleer without a flame, and when
the wax appears to be wholy melted, put in the Lytharge
of gold, and then the Lytharge of Sylver immediately after.
These things so put in must be diligently and constantly stirred
till the end of the confection. After you have diligently stir-
red them for a quarter of an hower, you must look upon
the stirring stick, wherwith you stirred them, and if they
appear perfectly and adhere or cleave to the stick, then
cast in the venice Ceruse, being first well pounded, still
continuing a diligent stirring of them. After you have stirrd
them a quarter of an hower, you must with the stirring stick
take out a little peece of the confection, and cast it into
a vessel of cold water, which you must have prepared for

that purpose: if that peece so cast into the water, be hard, and as it were burned, so that it be not ductil and tractable, betwixt your fingers, as it ought then put in a little more of your oyl, and a little while after take out another peece, and cast it into the water, and try if it be ductill and tractable, betwixt your thumb and fingers; when it appears to be tractable and not ^ too hard, cast in the venice Turpentine, diligently stirring alltogether. This done you must have a wooden or earthen vessell containing about a gallon of the coldest water you can gett: and presently remove your vessel from the fyre, and cast the whole confection into the water, stirring it very diligently in the water, as you did when it was on the fyre, till the whole mass may conveniently be handled and wrought in your hands, and the water run out with continuall stirring.

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The whole confection thus reduced to one mass, you may make it into rowles of size you please on a plain table. This plaister must not be spread on linnen cloth, but on leather, silk or the like, or in case of necessity of paper.

An addition to this plaister

Take 2 ounces of the choyste mirr, or that which is most transparent: then pound it well, and sift it, and dissolve it with rosewater, which will be done by stirring it with a spoon, and adding rosewater twice or thrice, till it become viscous or glutinous, which will be within 2 howers or there about. This done, take the former confection, and divide it into 3 parts; then take 1 third part, and cutt it into peeces, and put it into a brazen vessel over the fyre, and as soon as it is on (you must continually stirr it, cast in the Mirr you have prepared, diligently stirring alltogether, and then presently cast the whole mass, into a wooden or earthen vessell, and keep it for use. Note. you must not use this last plaster with mirr, till you have first used the former with out mirr, for the latter with mirr heales too fast, and heales not the wound so low to the bottom, as the former: but if it be applyed after the former, it heales with wonderfull

celerity. The vertues of this plaister.

It heales. 1. all ulcers, tho putrifyed to the bone, both old and new. 2. all swellings any where. 3. all imposthumes and bruises 4. all fistulas in any part. 5. the plague, if applyed when it is grown to any head. 6. aches that come by a fall or otherwise. 7. all scabs and scurf, tho proceeding from the pox. 8. all itching. 9. all burns and scalds. 10. all

scald or sore scab in the head. 11. S. Antonies fyre, or
the evill de la rose. 12. all cankers that appear outwardly
in the skin by lying with unclean women, or any sore
or rotteness in the privy members. 13. the Emroids or
any itching in the fundament. 14. any blow or green wound
on the eye or else where. 15. the Kings evill. 16. all can-
kers and sores in womens brests, and the hardness of
them. 17. the cancer in the brest. 18. all soreness in the
eyes, wheales or other distempers. 19. Kibes and chilblanes.
20. Corns on fingers and toes. 21. holes and blemishes in
the face, tho caused by the pox. 22. the red sanguine
pimples in the face proceeding from corrupt bloud, or
heat in the Liver by drinking wine or the french pox
23. Tetters and ringworms. 24. Gangrenes. 25. Aches
in knees or feet like the gout. 26. it repaires the sight
lost by Rheume, and takes away the cloud or Catarr
that covers the eyes. 27. it helps hearing decayed, and

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removes the sound and noyse in the ears. 28. it eases the pain of
89 the gout, and often cures it. 29. it drives away all manner of stitch
es and pains in the side. probatum. M.S.

Unguentum Album.

Take oyl of Roses, 9 ounces: white lead 3 ounces, wax 2 ounces
Camphor 2 drams, make them up into an oyntment. - This white
oyntment is thus prepared. Cutt your wax into Lumps, and melt it together
with the oyl of Roses, in a glazed Earthen pan, or a tinnd pan: but not
in one of brass, for that will spoyl the whiteness of the oyntment.
Being melted and mixt together with a Spatula, take it oft, when it is
grown half cold put in the white lead (being washt and very finely
powderd) gradually mixing it, as it is putt in, by stirring it a-
-bout with a wooden Spatula. Being grown allmost quite cold, mix
in like manner the Camphor, being powderd and grownd into a
smooth even powder, dropping a few drops of oyl of sweet Almonds,
into the mortar to anoynt the bottoms, and end of the pestle. -
you must know to to prepare

Oyl of Roses.

Steep 4 ounces of red Roses, before they are quite opened, in a
pinte of oyl of olives, that was prest out before the olives were
ripe: and setting it in the sun 3 or 4, or 6 or 6 dayes. Then
strain and press the oyl from the roses, and put fresh red roses
to the oyl, and steep it againe in the Sun: the same do againe
the 3^d time. - This oyntment will not stand you in 2
farthings the ounce. Apothecaries sell it at 2^d the ounce, &
some at 3^d. Dr. Harvey .
To make a salve for swellings or ache comeing of some

humor, to be layd on like a searcloth: and for a cutt
to be used as you use in a plaister: You must make your
searcloth, while your liquor is hott on the fyre.
Rx. a pinte of Sallat oyle, and a quarter of a pound
of unwrought wax: scrape your wax fine and let
it boyl on the fyre with the oyl till it be molten.
then take half a pound of red lead, beat it to very
fine powder, and so stirring allwayes the liquor strow
in the powder finely all about, till it be all in: and
when it is boyled so long that it looks black it is
enough: then make your searcloths, and keep the
rest in rowles for plaisters: this will heal either
cutt, bruise or swelling: for it will dissolve an
humor, but not draw any humor to the sore. MS. *Lady Byron*

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A salve Rx. plantane 2 handfulls, Valerian or the

ladder to Heaven as much, a good handfull of adders
tong, stamp and boyl them with a pound of new butter,
unwasht, and when they are all most enough, putt in as
much yellow wax as a wallnutt, and strain it. ibid./

A green salve for a wound. Rx. selfheal, Betony, beat

them well together, then putt them in a frying pan, with
a good quantity of May butter, or else sheep suett:
fry them well: then take them from the fyre, and putt
them in a strong peece of Cloth and strain them: then
putt them in a strong Earthen pott with gr-new wax and
boyл them well, stirring them allwayes: then take them
from the fyre and mingle there with a good quantity
of oyl of Roses. putt it in a box and keep it for use.
ibid.

Another in case of need. Take the yolk of an egg,

and beat it well with Venus Turpentine, and a little
saffron blended with all. ibid./

A green oyntment, good for any swelling where the
Skin is not broke . Rx. Red sage, Rue, bayes,

wormwood, ana. 1 handfull. beat them altogether
very small in a stone morter: beat amongst it 1
pound of sheep suett, hott out of the sheep: take
a pinte of the best sallet oyl: ~~work all together~~
work all together with your hand: then putt it into an

Earthen pott: cover it close and bury it in horse-dung; lett it stand 10 dayes in summer and a forthnight in winter. Then empty it into a skillet, and sett it on the fyre, stirring it till it be melted: then let it boyl half an hower, still stirring the herbs from the bottom: then strain it and set it on again; and when it boyles putt in 2. ounces of oyl of spike. Let it boyl after that is in so long as while the clock strikes 12: then take it off, strain it again, so putt it up into your potts; cover it not till the next day: but after keep it very close covered: that the winde come not to it. You may use it presently. ibid./

How to make blast salve. Rx. a handfull of Rosemary

Rew, Lavender, smallage, red sage, featherfew, borage, sweet bryer, plantane, rib Leaves,

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Camomill,water lillies

white tansyand other
tansy, Isop, tyme, tops of Broom, the Inn er bark of
Elder, housegreen, yarrow, bettony, alecost, sweet maudlin,
bushon grass, egrimony, fennell, endive, bugloss, suc-
cory, strawberry, violet cinqfoyle, hony suckle leaves,
wormwood, a little germander, sweet marioram and
spike, some Earth Ivies: back it, and boyl it in may
butter: let them boyl 3 dayes by times, then strain them
through a fine cloth. ibid./

Oyl of Charity, another way than is in the begin-
ning of the Book; which see ./ Rx. wormwood, red

sage, Rosemary, Camomill, Lavender, a great hand-
full of each, chop them all very small, and infuse
them in oyl olive one month, stirr them once in
2 dayes; boyl and strain them at the Months
end; then putt new herbs to it, with the herb
Charity or Valerian; and boyl them with an easy
fyre, so that the oyl may but wamble: then
strain it again, and let it cool or settle 2 or 3
dayes; then boyl it the third times, and that
shall take the Mother out of the herbs: then
it will be very clean, and of a perfect green
Colour. The best time to gather the herbs is
about the Ninth of May. Apply it thus for a

bruise inward or outward. Drink 3 or 4 drops in posset ale, and annoynt the place bruised or pained. If it be a wound tent it with Lint dipt in the oyl; that will eat out dead and proud flesh. It cures a wound, a sciatica, or any ache or bruise. It will stop the bleeding of a vein that is broke inwardly: it will knitt a ribb that is inwardly broken; or for spitting bloud, or for the overflowing of the termes. Dr Willoughby gives a

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spoonfull at a time, a little warm: it stops the bleeding of the piles or bloody flux, taken in like manner. It asswages paines and swellings annoynted with it. MS. *Lady Byron*

Oyl of S. Johns Herb. the *Lady Byron* way . Rx a pinte

of Sallet oyl, 1 ounce of Alkenny roots, of S. Johns herb, adders tong, Valerian, dragon Heart ease, gentian, self heale, of each a full handfull: chop all these very small and punn the roots; then put the herbs with half the root into the oyle; boyl it on a gentle fyre a pretty while; then put it into a glass, cover it close, and set it in the sun, till the flowers of S. Johns Herb be fully blossom'd. Then take 2 handfulls of the flowers pickd off the stalks, being chopt small with the other half of Alkenny root, and put into the oyl, and let it stand in the sun a forthnight longer, then take it and boyl it leisurely a while, strain it and put it up for your use./ - The use of this oyl.

powre it as hot as you can suffer it into any green wound, and it will stanch the bleeding and knitt the veines and sinews, if they be broken or cutt. Lint being dipt in the hot oyl, and layd in the oyl and so bound up. ffor a bruise or strain rub it with warm oyl, and lay a fine cloth or dun paper dipt in the oyl on the place, and it will help. It is good to stanch bleeding at the Nose, if you putt some Lint into the nostrill dippd in the hott oyle, and lay a cloth wett dipt in the oyl on the nose. ffor any pain, ache, swelling or gathering in the limbs, rub the place with it, being a little warmed. If any sinew be by accident shorten'd, rub it with it cold, and it will bring it to it self. If you use this oyl to bring down a sinew that is shrunk, it must not be warmed at all, but applyed

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cold; otherwise it will do more harm then good.
This oyl is good for man or beast in the like distem-
pers. ibid.

An oyntment for a strain or bruise, to be made in the
midst of May

. Take Agrimony a flasket full, strip

it from the stalks, shred it very fine, and stamp it
in a stone mortar. Then take 4 pounds of unwasht
butter, out of the Churn. Mould the herbs and the
butter together, as you would do a loaf, so putt it.
between 2 Earthen platters, set it down into a cellar
and let it stand 14 dayes: then take it up and
new mold it againe. Then let it stand 14 dayes
longer: then work it againe, and let it stand
over a soft fyre; take then a cloth and strain
out the juice into a hony pott. - ffor an ache
you may take Speermint and butter, and work it
as Agrimony. ibid./

To make oyl of mastick. Rx. fine powder of mastick,

putt it into a glass with a long neck, and put in as
much pure aquavitæ as will cover it 3 fingers deep.
then stop it very close and set it in horse dung, or
in some very hot place till it be dissolved: then powr
it into a glass still, and put so much wine as you
think fitt, and distill it in arena with a small
fyre: and you shall receave both oyl and water,
which you must separate, and renew your fyre a-
gain, and you shall have oyl that smelleth of
the fyre: which is best to use outwardly: renew your
fyre, the oyl will be sweet, which cometh last.
This oyl is good for cold diseases, for the lungs, it
helpeth those that spitt or vomit bloud, it being
drunk: it breaketh all imposthuimes inward, it is
good for the belly, it stops the flux, it stayes the
flowing of Courses: it is good for the falling down
of the Mother, if you anoynt the lower part
of the belly; anoint the gumms and it

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fastens the teeth. ibid./

The green Oyntment for all sores. Rx. Scurvy grass,

Herb grace, wormwood, Camomill, Lavender, Rosemary,

Lavender cotton, Southernwood, mint, sage, brook
-lime, Elder, bugloss of each 2 handfull. Then take
6 pound of butter, a pottle of black snayles, frankin-
-cense a quarter of a pound, a little hens dung.

These things must be softly boyled, and cutt small into
the butter: a quantity of soft cow dung with it.

After the first boyling with the snayles it must stand
9 dayes, and then the herbs must be beaten and the
juice strained into it: then sett it on a soft fyre &
continually stirr it. Then let it stand 9 dayes more
then clarify it in a fair dish, strain it & putt
it up for use. It is best made in May. ibid./

A Balsome. Rx Sallet oyl lb i: barrell pitch 3 iii yel-

low wax 3 ii Rosin 3 i.ss. boyl them half an hower
upon a soft fyre: stirr them well together & strain
it: put it in potts for use. Mr P. M.

A searcloth for any sort of strain. Rx Sallet oyl. lbi.

Virgin wax 3 iiiii. Populeon as much: red lead lb.ss.
Oyl of Roses & Camomill ana 3 i. boyl all these
together till it come to a salve, & if you will make
sear cloth you may dip in your cloths before it come
to a thickness: but it will be as good after it is
made up in rolls, & then spred it. Idem.

A Salve to make a searcloth for all sorts of distempers.

Rx. Rosin 3 viii. Virgins wax, Deer suet, ffrank
incense ana 3 iiiii. Mastick 3 i. Camphir, 3 ii
heat the Rosin, Mastick & Emenie into powder,
then put the Rosin & wax alltogether, & when they
are well melted strain it through a cloth in a
pottle of white wine, then boyl them all together
till it be somewhat thick; then let it cool &
putt in the Camphir & 3 iiiii of Venice Tur-
pentine drop by drop, stirring it till it be
quite cold, then work it up into rolls & putt
it up for your use: of which apply upon

Sear cloth..... for any

distemper. Idem.

Tobacco Salve approved.

Take the juice of green Tobacco 1 pound and a quarter: add to it a pound of sweet hogs liquor, and very white, or else the Colour will not be good: boyl these on a gentle fyre till the juice be consumed. then take it from the fyre and strain in it; sett it on the fyre again, and putt to it an ounce of bees wax cutt in small pieces, and 2 ounces of good Venice Turpentine. Let them stay on the fyre till they be melted. - The vertues. ffor all sores, where they are not much inflamed, all tetteres, spreading sores of the skin, Chillblains, Kibe heels, ffellons, the itch comeing by salt humors, for a sore pallet two in a cancer. MS. *Lady Byron*/

Lucatello's Balsom the Lady Byrons Way./

Rx. Venice Turpentine 1 pound, Oyl of olives 3 pintes: 6 spoonfull of sack, half a pound of yellow wax: half an ounce of naturall balsome, 1 ouince of oyl of S. Iohns wort, 1 ounce of red Sanders in powder: half an ounce of Cocheneal; cutt the wax in thin slices and sett it over the fyre in a large skellet: when it is throughly melted put in the Turpentine (it haveing been washd in 3 dayes in 3 severall red rose waters.) Stirr these very well till they have boyled half an hower a pace: then take it off from the fyre and let it cool till the next day: then take it out, scrape the bottom of, and cutt it in thick slices, that you may gett the water from it: then putt it over the fyre again and stirr it well, and putt in the sallat oyl, the sack, the oyl of S. Iohns wort, the naturall balsom, the Sanders and Cocheneal, stirring them all together, that so they may incorporate: then let it boyl for half an hour, and then take it off, and strain it, and stirr

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it for the space of 2 howers, that it may become thick, and when it is cool, putt it up into severall gally potts, and cover it close with leather. It will keep 7 year. If it will not be thick enough for Balsom, putt in some quantity of wax more. Then tye leather upon it 2 or 3 double and bury it deep in the ground for a year. But if occasion serve it will be good after 6 weeks. But it is best after it is buried. MS./

An excellent way to make Oyls.

Bruise the herbs or flowers you would make your oyl of, putt them in an Earthen pott, and to 2 or 3 handfulls of herbs powr a pinte of oyl: cover the pott with a paper, sett it in the Sunn. for a forth night: then press out those herbs or flowers & add as many more: so sett it in the Sun as before: you may repeat the herbs as often as you please: the stronger it is the better for use. ibid.

The Sulphur balsom.

Rx spirit of Turpentine 4 ounces, flower of Sulphur 2 ounces: put them together into a pinte glass well corked and luted over with starchd paper: set your glass in a sand furnace, but put not your fyre under before you have sett your glass in the sand half an Inch deeper then the liquor fills it. Keep a gentle fyre under, till the Sulphur have tinctured the spirit of Turpentine as red as bloud. Then powr off the oyl from the feces, into a half pinte glass, and sett it again into the sand till it come to a consistency to conglobulate: the signe to know when it is enough is this; Hold your glass on one side, and when the spirit colours it, it is enough. You must remember to take out your glass now & then & shake it well.

The vertues. It cures all green wounds

inward or outward: the spitting or bloud, or breaking of a vein; it cures Consumptions or any stopping of the lungs, or stomach, or other

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Obstructions, or colds, or coughs, The way of takeing it is best in a morning fasting, 3 drops in a spoonfull of any strong water or sack, & use exercise after it for an hower. Stronger bodies may take more at a time. It may be taken from 3 drops to a quarter of a Spoonfull. This balsom may be done with as hot a fyre as one stills with; & it is 2 or 3 dayes a doing. ibid./

An Observation concerning Naturall Balsom.

To try whether it be right, & such as comes from the

Indies ; drop a drop into milk, and if it be right & not sophisticated it will curdle the milk. Nor will it stain any garment./ ibid./

The flower of all Oyntments that ever was./

So called for that it is good for all wounds and diseases old and new; it cleanses and will ingender flesh, & heal more in 7 nights than any other thing: it suffers no corruption in the wound, nor evill flesh to be ingendred. It heals the head ache, singeing in the brain, impostumes in the head, noyses in the ear, sinews shrunk it drawes out thorns or broken bones, it heals the biteing of any venomous beast, all botches, boiles, fil-thyness and cankers: it draws out all aches in the limbs: it ceaseth the flux and heals the Hemroids./ it helps all aches, the spleen and Sciatica. It is made thus. Rx. Rosin lb ss. pure rosin lb i. Virgin wax 3 iii. Rosemary topes stamped 3 iii. Camphir 3 i: Venus Turpentine 3 iii. Oyl olive a quarter of a pinte a pottle of white wine. Take the Rosin, pure Rosin, virgin wax and oyl olive and melt them together: then putt the Rosemary stampet into them. by a little at once, stirring it fast, else it will run over. Let them boyl together a while: then take it off the fyre and let it be somewhat cold: then putt to it a pottle of the best white wine; boyl them well together, then strain it into a bason and let it stand till it be cold: then you shall finde it divided into 2 parts and the wine in the middle. Then powre out the wine and boyl the medicine alltogether, and the

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camphir and the Turpentine, and strain them together and take as much as you please to use for plaisters, and keep it by it self: and put to the rest half a pinte of Sallat oyl and so make it an oyntment./MS./

An excellent balsom to dry up all running and moist sores, Issues, moist scabbs, old and tunning ulcers, and is a most miraculous thing to cure Scald heads

. Rx. Amiantum 4 Ounces (a kinde of

plumed Allum) burnt lead 12 ounces, Tutty prepared 2 ounces, Calcine and powder them, then steep them in Vinegar for some months, stirring them once a month: after boyl it for a quarte r of

an hower, and let it stand till it be clear: then take of this clear vinegar, oyl of Roses, of each a like quantity, beat them together into a white balsome: Hartman ./

Dr Hartmannus his approved Balsom, which cureth any green wound of cutt in 24 howers

Rx. Oyl of S Iohns Wort, oyl of ???-Earth worms, Turpentine and Mastick, of each 1 ounce: mix and incorporate them over a gentle fyre, then putt it up and keep it for use. Apply it warm with a little lint. Idem.

To make a green oyntment suddenly for any scalding or burning . Rx fresh Cow dung and hoggs

grease, of each equall parts, mix and incorprate them well together over a gentle fyre. *Idem* .

An oyntment to break and open all Impostumes, Biles and plague sores . Rx oyl of olive 2 pound; white

and yellow wax, Rams fatt near the kidneys, pure Rosin, black pitch and Venice Turpentine of each half a pound: choice Mastick in fine powder 2 Ounces, mix them and make an oyntment according to art. This oyntment is every effectuall to break all sores of Apostemes, as also pestilentiall Carbuncles and Venereall Bubo's. The consistence of the oyntment is harder than of other oyntments. It is to be used from the first breaking of the Apostem, till the Cure be perfect. *Idem*.

? *vide* page seq. putt it to a draught of posset ale, and drink it 2 or 3 dayes aweek. - or else use to drink strawberry water every morning and wash your face with it.

MS. *Lady Byron*

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Scabs orbreaking out.

D.....

To destroy scab *vide* Itch. Tetter. Serpigo.

tetter or Ringworme. Rx white Mercury sublimate 2^d, to

that a pinte of running water; beat the mercury in a white paper very small, and putt it in the water in an earthen pipkin, and so let them boyl till a quarter be consumed. allwayes skimming of with a feather that which riseth of it. so putt it in a double glass, and wash the grieved places. But of all things beware the eyes that you touch not them with it, nor any fine linnen pewter, or any metall but Earth or glass, and that must onely be kept for the same use. MS. *Lady Byron*

To take away the scabs when they wax dry and stiff.

Rx the Leaves of Spyke (lavender) chopt or Stampt small: fry it with fresh butter, strain it and so anoynt the scabbs. *probatum* MS. *Lady Byron*

ffor redness of face, and to kill the pimples and pilling
of the Skin

. Rx. unwrought brimstone taken^{beaten} into fine

powder a penny worth: putt it into a pinte of running water, so let it stand 3 or 4 dayes, and then wash your face with the same water, but not rub it. - And when it is throughly killd with that water, to take away the pilling of the face, Rx the marrow of an oxe, or for want of that oyle of bitter almonds, put to it a little unwrought wax, boyle them softly together on a chafeing dish of coales: then putt in a good quantity of rose water: take them from the fyre, and stirr them together till they be cold: then anoynt your face with it. - or

Else Rx Brimstone unwrought half an ounce, as much

of the best Cinamon, beat them both into powder, and searce them well and fine: then mingle them with sweet capons grease: set them on the fyre and put to them as much camphire as half a wallnutt: let them boyl together on the fyre, and make therof an oyntment, wherwith going to bed anoynt your face, where it is offended, and in the morning wash it with fair water cold. - or

else. Rx. Liverwort, wash it very clean, stamp it

and strain it: take the juice therof. *vide pag. preceed.*

Scald or burn v.*ide* burn .

Take Sallet oyl and rose water, beat them well together, then let it stand a while, and the water will run from it: with a feather anoynt the place with the oyl. MS.

Another . Take the white of an egg and rose water, and beat them well together; then take of the uppermost of it, dip a fair cloth in it, so lay it to the sore. M.S.

ffor burnings, pox, wild fyre, burning with Iron, spread -ing scabbs and scurfs, apply Liverwort with honey to it. M.S. *Lady Byron*

ffor burn or cald or with linnen . Take the dung og a

weather, Robin run by the hedg; stamp them & boyll them in Barrows grease, and anoynt with it. ibid,

ffor the same with fyre . Take the setlings of mans

urine and anoynt with it. ibid.

Burn or scald. Burn linnen clothg, and lay it on the sore, and keep it still wett with the white of an Egg. ibid Item stamp a raw apple and lay to it. ibid./ Scalding. Rx fresh swines grease & yols of eggs, melt them well together, and with a feather smear the feather the sore evening and morning; and cover the sore with wort leaves: do this till they are whole. ibid./.

Burning or scalding with oyl or gun powder . Lay the

iuice of Onyons to it. ibid./

Burning with fyre . Make powder of fern roots,

temper it with the white of an egg and lay it to. ibid. To make that a burning never be seen. Take oyl olive and the white of an egg beat together till they be thick: anoynt the place often. ibid

ffor a burning, ache and swelling . Rost Sorrell in pa-

per or a dock leaf in the Embers, and lay it to. ibid.

wild fyre . temper an egg white and yolk, and ly it

on. ibi. Also leaves of plantane stampft with whites of eggs./

A burn . Rx Oyl olive & fair water, beat it till the

water be consumed, then use it oft. ibid./

Scald or burn . Veriuice mixt with the hard yest of beer

or ale layd ~~laid~~ upon a cloth wett in veriuice: apply it. ibid./

A Burn . The ashes of Colewort mixt with the white

of an egg. ibid./

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Scald head. or scurf. *vide* Head.

Scurf of a childs head. Take red dock roots, and scrape them clean,

stamp them and seeth them a little while in new butter unsalted,
strain it through a linnen cloth, when it is cold put it in a box
for use. MS.

ffor a scald head and to recover hair. Rx. the grease of a

grey catt and 2 $\frac{3}{4}$ of brimstone: fry them well together and therewith anoynt the head well: afterward lay the fleshy side of the skin of the said catt just over all the heat: on the morrow wash it well with running water: and: then anoint it again with the said oyntment: and this do 9 or 10 dayes, and it will heal Baltasar : M.S. *Lady Byron*

Another. Rx the liver of a Thornback, and seeth it by it

self, and 6 roots of enula campana sodd by themselves in fair water 3 howers: putt thereto 3 handfull of hous-leek stamped and strained through a cloth: incorporate all your aforesaid things together, and make an oyntment therof, and therewith anoynt the sore head: and if the hayr be gone take a handfull of wool and burn it to powder; then take 2 spoonfulls of Honey, and mix it and the powder together: anoynt the head there with where it is pilled, and the hayr gone: it will bring the hair again as thick as in any other place of the head. Id. ibid.

ffoule scurf or leprosy. mix 3 parts of the juice

of Coleworts, with 2 parts of allum infused in vinegar, and anoynt therewith. ibid./

Morphew. Tye brimstone in a clout, wett it in vi-

negar and wash with it. ibid.

An approved Medicine for a scald head. Rx half a

peck of oyster shells, where the oysters are new taken
out, burn them in a clear fyre, and when they
are well calcined, reduce them to a fine powder,
and sift them as fine as flower. Then mix it with
Unguentum album, so that it be pretty stiff.
keep it in a gally pott for use: it will last a
year. Anoynt the head with it every day. Hartman
This is good also to dry up a waterish itching -

Another for the same. Rx: oyl of olives ȝ iii, putt it unto a

dishfull of clear running water: beat them well together,
then add some fine powder of brimstone and May butter
make an oyntment and anoynt the head. Idem./

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302 Sciatica. *vide* ache. Gowte./

Take oyl of Camomill, oyl of Dill each 2 ounces, as much
fresh butter as of them both, a little safron, melt them all-
together, and anoynt your thighes, hipps and knees with it for
the space of a week: this mollifies and dissolves the matter,
and corroborates the member. MS.

Another. Take half a pound of unwrought wax, half a pound

of white lead finely beaten, sallet oyl 1 pinte: boyl all these
together on a chafingdish of coales, far from the fyre, lest the
fyre do take it; then dip a linnen cloth in it, as you doe a
searcloth, and lay it on the grief. MS.

Another. Take half a pound of sweet black sope, a quarter of

a pinte of aqua Composita, 2 ounces of ginger sliced very
thin; then take 1 handfull of bryer berries, if they be to be
gotten: stamp them and put them alltogether into a platter &
boyl them on a chagingdish of coales half a dozen walmes &
so it will come to be an oyle: then kneel down on a cushion
by the fyre and let one with the palm of his hand every e-
vening and morning strike it downward with this oyntment MS

Another. Take ox dung, and pigeons dung, of each 1 pound, mix them

well together in a pottle of whitewine; then boyl them together till half the winde be consumed; then strain it through a linnen cloth, and put thereto half a pound of hony and 12 yolks of eggs, Barly meal, as will suffice for the makeing of it into a plaister, apply it hot to the pained place. *probatum.* MS.

paine in the hipps. Take pitch, wax, frankincense, and tallow,

boyl them altogether and spread it on a red cloth: lay it to the place, lett it lye the space of 10 dayes, MS.

Sciatica. Stamp 4 or 5 great Roosted onyons, with

8 ounces of Aquavitæ, and 3 spoonfulls of Neatfoot oyl: boyl it till it be thick, then strain it and anoynt therewith morning and evening by the fyre, for a quarter of an hower together, chafeing it in well.
ibid./

Another. Rx the long worms in a garden, such as you angle

with, make them clean and break them into some sallat oyle; then fry them well together and strain them; anoynt the place every day 3 or 4 times. ibid. MS *Lady Byron*

A plaister for the Sciatica./

Rx. black sope half a pound. Stone pitch half a pound. Wax half a pound. Sallet oyl half a pinte. Aqua vitæ 7 ounces, Turpentine 2 ounces. juice of wormwood 3 ounces, or of

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distilled urine 3 ounces
distilled water of Ivy berries
3 ounces: or of the gall of an ox or of a cow,
it would be better. old MS./

A good purge for the Sciatica or any kinde of gowt.

Rx, alloe, Hermodactyls and Scammony of each half a dram: reduce them to a subtil powder and make pills therof, with juice of Roses, or Syrup of Roses and for a forthnight together take every third day one dram in the morning, Use also the following

plaister Rx. 2 ounces of pitch, 1 ounce of Tarr.
2 drams of Treacle, 1 ounce and half of Rosin:
melted and well incorporated together: then spread
it on sheeps leather prickt full of holes, and

apply it as hot as can be endured. Hartman./

Another for the sciatica by Dr ffrank . Rx. a quart

of Sack, the bigness of an egg of Salt peter: boyl
them together till a fourth part is consumed: then
take new cotton cloaths and dip them in it, and wring
ing them upon it one after another many times, till
the pain cease. Ibid.

ffor the sciatica or Rheumatisme. Rx, Storax liquid,

yellow wax, new pitch and hony, of each 4 ounces
Cinamon, pepper ana 1 ounce: putt all these in
one walme, stirring it carefully all the while
then take it from the fyre and putt into it 4 $\frac{3}{4}$.
of Alloes and 1 ounce of oyl of lillies: stirr them
well together to make them incorporate, then putt
the pott again upon hott ashes, and stirr it till it
be of the consistence of an oyntment: which
spread warme upon leather and apply it. But if
your disease be in a whole thigh, then you may
spread it on a whole lambs skin, You may leave
it on 7 or 8 daies, if it require. If the di-
sease come again, putt the plaister on againe.

Scroderus his Drink for the gout . Rx: gerimander,

ground pine, tops of sage ana lb i ss. primrose
Rosemary ana lb ss Misleto of the Oak: lb ss. China
root sliced $\frac{3}{4}$ iii digest all in 15 quarts of Rhenish
wine for 10 daies, then strain it, and drink
thrice a day. It helps Sciaticas and
Rheumatismes, Idem.

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Scurvy

Take scurvy grass, brook lime and water cresses, and fumitory of
each 1 handfull, put them in a bag, and put it in new ale; drink
of it, morning, afternoon, and going to bed. MS.

Another. Take scury grass, brook lime water cresses, and fumi

tory of each 1 handfull; stamp and strain them, and when it hath stood a while, power out the thinnest, and put sugar to the thickest, boyl it to a syrup, and take of it every morning fasting. MS.

Another. Take juice of Scurvy grass, and put it in white wine

and put thereto the juice of orenges, and so drink it fasting. or take Plantane, tansy, water cresses, brooklime, of each a little, beat them, and strain them, and take the juice of them with eggs, and currans and make it into a tansy, strew some sugar on it: eat it fasting 2 or 3 mornings together. Mrs Witham . MS.

Another. Take half a peck of sea scury grass, pick and wash it

clean, of brook lime and water cresses, of each 1 good hand full, a little sage, a little wormwood, amd a little bettony, wash them all and dry them in a cloth, then stamp and strain them; then set it over a gentle fyre, and as the scum arises, take it of, with a bunch of feathers: when it is clear, put in the juice of 3 or 4 oranges, and half a pinte of white wine: and what skum did not arise before, will arise now: skim it clean and let it have 1 walme, then strain it, and keep it in a glass. Drink of that a wine glass full in the morning fasting, and another at 4 after noon, and stirr after it. MS

Another. Take 1 pinte of the iuice of scury grass, and half

a pinte of the iuice of Limons, 2 ounces of Cinamon, 6 ounces of powder sugar. mix them altogether in a bason, then run them through a jelly bag, 2 or 3 times, till it be very cleer. Put it in a glass bottle and keep it very close, Take 6 spoonfulls in the morning fasting, and fast 2 howrs after it. Do this for 12 mornings together; and after the takeing of this take a gentle purge. Mrs Eyr . MS.

Another. Take a gallon of ale tunned, and when it has done

working put in half a peck of scury grass, a handfull of water cresses, a handfull of brooklime, and in a bag half an ounce of Rubarb, half an ounce of Agarick, and half an ounce of Sena, one orenge and one Lemon, a little cutt and put into the ale: after 4 or 5 dayes standing, drink therof a good draught, first in the morning, and at 3 or 4 after noon. MS.

A Conserve. Take scury grass, brook lime and water

cresses, of each a like quantity; of all a pound, and 3 pound
of sugar, beat them altogether well in a mortar to a=

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conserve, and when it is well beaten, mix the juice of 3 or 4 o-
ringes with it: put it into a pot, and eat the quantity of a wall
nutt or more, every morning fasting. Eat oringes constantly. Mr
Mellish . MS.

Aqua Raphani Composita, or the Common Compound
Water against the scurvey .

Take of garden & sea scurvey grass leaves, of each 3 pound. press the
juice out of them, and thereto mix of the juices of Water Cresses and
brook lime, 3 quarters of a pinte: the best white wine 2 quarts, Li-
mons cutt into small slices 6 in Number. Briony roots, newly taken
out of the ground 2 pound: horse radishes 1 pound: winters bark 1
quarter of a pound: Nutmegs 2 ounces: steep them 3 dayes, & distill
them in ashes in a glass alembick, or copper still with a bucket
head. - The Bryony and horse radish roots must be bruised
together in a stone Mortar: the winters bark and nutmegs are to
be beaten to a gross powder in a brass mortar. The juices are
to be pressed out of the herbs in the manner mentioned in the
Treacle water. Putt the ingredients into a glass receaver, and
powr the juices on them: stop the glass very close with a cork &
a bladder, and place it in a cool cellar for 2 or 3 dayes.

Note. 1. If you should let those ingredients stand in steep in hot
ashes, sand or warm water, that would certainly diminish the
vertue of those light flying Salts and Spirits. 2. the juice
of Limons mortifying the sayd light flying Salts and Spirits,
may be more conveniently left out then added. 3. When this
water hath been kept a month or 2, tho never so close stopt,
you may be certain it hath lost much of its vertue. 4. This
water being distilled as exactly as may be, it is not half
so effectuall as some spirits, which you may see in Dr Har-
verys treatise of the scurvey. Upon valuation of the
Herbs, roots, & bark, according to the rates elsewhere sett
down; you will finde this water may be prepared at
6^d or 8^d the pinte: and a half penny the ounce.

the Apothecaries commonly sell this water at 3 sh. 6^d the pinte
and 3^d the ounce. Dr Harvey ./

Our Marriners returning from the East Indian voyage con-
fess their onely remedy against the Callentura, Scurvey
and other diseases at sea happening by alteration of air,
is the juice of Limons. Dr Vaughan .

Another. Take to a gallon of strong ale two hand

-fulls of Trefoile: and when you putt up your ale, putt in the trefoile, and let it stand two or 3 dayes, before you drink of it.

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a pinte at a time is your draught: and it must be your constant drink. Mrs Hastings ./

A rare receipt for the scurvy. Put broom into the ale

or beer instead of hopps: boyl it in & drink of it as you do other drinke: It cured one who was left by the Doctors for a dead man. ibid.

Dr Bowls his ale for the Scurvey .

Rx Scurvy grass 8 handfulls, Sage 4 handfulls, cutt them grossly: add a handfull of dried Elder flowers, 2 orrenge cutt into many pieces. Put these into a py, made of 2 parts barley & one part rye meal. bake it well; cutt & shred all, as small as minced meat; putt them into a fair boulter bag, hang it in 5 gallons of small or middle ale wort: after 3 dayes drink at meals, or out of meals. As soon as mountain sage appears putt that into the pye instead of garden sage. Shred all the py & py Crust, and chop all the herbs together. ibid./

To make Salt of Scurvy grass.

Sea scurvy grass is best: but if that be not to be gott take garden scurvy grass, a peck: let it wither 2 dayes; then put it in dishes into the Oven after the bread is drawn: when it is so dry it will powder, beat it in a mortar: then searce it through a fine Lawn searce: then take the powder & putt to it 3 pintes of water, or more, if you see it be too thick: keep it stirring with a spoon; when the water is dried & it growes thick, putt to it 3 pound of salt, and let it be continually stirrd, till it be very dry: then putt it again into the Oven, after the bread. Let it stand all night: then beat it in a mortar: putt it up in Earthen potts and keep it near a fyre. ibid./ If one eat it to their meat in stead of other salt it will

preserve the teeth, & is good against the scurvy
& to fasten loose teeth; it is good for the scurvy
of the gums to rub the teeth with./ ibid./

Mrs ffountains Scurvy grass ale: it cured her.

Rx. 20 gallons of ale, just tunnd before you
putt in the herbs; & when it hath done

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working putt in the herbs
307 following: a peck of garden scurvy grass: brook
lime, water cresses, harts tong, Catts tayl, ash rindes,
Cinkfoil, Egrimony, Tamerisk, wood sorrell, of each
2 handfull: bruise them in a mortar & putt them
in a bag: hang it in the vessell. Stop the vessell
close: after a forthnight drink of it. ibid./
An excellent Sea Captain gave this to his men at
Sea in the East Indias, for the Scurvy, &
other diseases incident to sea voyages./
Rx. Solution. 1 dram. 2 drams: oyl of vitrioll

3 drams: pearl 5 drams. He onely digested it
in the heat of the Sun in the East Indies. But it is best to digest in a stove furnace, setting
the glass in a gentle heat 3 dayes., in the middle
heat 2 dayes; & in the strongest heat, till the
Collour be yellow: then it is well. The dose
2 or 3 graines, in 3 or 4 spoonfulls of
white wine. old MS./

An excellent sweat for the scurvy, dropsy, pox, &
such like Sea sickness , Rx. these salts following.

viz., of Jupiter, Mars, Vervain, Lignum vitae,
Carduus, Broom, ana a scruple. Then putt to
these salts, Mercury 1 dram, gold a dram, oyl of
Sulphur 1 scruple, being first well washed in vinegar
oyl of Tartar a scruple. Bezoar half a dramm : nippe
(mix) all these in an ovall glass, digest it in the
strongest heat of your stove, to a perfect calx:
the dose is 6 grains. Davis : old MS./

ffor the scurvy . Rx a dram of the powder of gum

Guia cum in a little syrup of Elder in a morn-
ing fasting for 9 mornings together. If it do
good continue it longer. MS. Lady Byron /

Another . Rx. a glass of white wine, half

a limon, 4 spoonfull of juice of Scurvy
grass; Drink it in a morning fasting, &
at 4 in the afternoon. Mr Rollestons .

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Searcloths. *vide* plaisters.

ffor an ache. Take Rosin and frankincense of each half a pound,

beaten and searced: wax unwrought, 2 ounces, labdanum 1
ounce, Mastick 1 ounce, deer suet or sheep suet 2 ounces, cam-
phor 2 drams, Turpentine 2 ounces (let the Labdanum and
Mastick be beaten to powder) ffirst melt the Rosin, frankincense
and wax in a pottle of white wine: and when they are melted
put in the Mastick and Labdanum, and then the suet; and when
they be melted together put in the Camphir (being first ground
small.) and last of all the Turpentine, and so take them
from the fyre and stirr them till they wax cold, as you may
handle the same. But before you take up your salve out of the
white wine, wett your hands with salet oyl, and likewise
your papers, you mean to keep it in, or it will cleave to
both: then work it up in rowls, and keep it for use. When you
use it, take a peece of new sheeps leather something broader
then the grieved place, spread the salve on it on the fleshy
side, as thin as you can, and prick it full of holes, and lay
it to the place grieved: take it not off, till it come from
the place without pulling. when you beat your Camphir, you
must first grinde 3 or 4 almonds in the mortar, to make
it cleane, and then it will not stick to it. Mrs Winsor s.
probatum. MS.

A seacloth for all Aches. Take Rosin 1 pound, perrosin 1

quarter of a pound, as much Mastick, Deers suet the like,
Turpentine 2 ounces, cloves bruised 1 ounce, mace bruised 2
ounces, safron 2 drams: boyl all together in oyl of Cammo-
mill, and keep it for use. This hath done much good, when
nothing else would. MS.

An admirable plaister devised and prepared for the
use of the late Arch Duke Leopoldus in fflanders .

Rx. white Virgins Wax one pound, Emplastrum Gratiae
Dei ʒiii. Diapalma ʒ i. Diacolon and Coribum
ana ʒii. powder of orris roots ʒ i. Mercury prae-
cipitate ʒ ss. Cinnaber in fine powder ʒ i. Storax
dissolved in spirit of wine and strained ʒ i. Musk

3 grains: slice the Wax and plaisters thinn, & melt them in a glazed pipkin, stirr them well together Continually till they are all dissolved, then putt in the Cinnaber and Precipitate: and after, the Storax and Orris, stirring them continually: then putt in the Musk dissolved in a little Rose Water, and last of all putt in 4 Ounces of Spirit of Wine by little and little.

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for it will make the Composition to rise very high, and if it boyl over, that the fyre take hold of it, it will be spoyled, and you cannot quench it. The Experimental Vertues of this plaster are. 1. It eases pains of the head being applied to the forehead and temples. 2. It heals all bruises and swellings, all cutts wounds sores and ulcers. 3. It cures the toothache being applied to the Cheeks and temples. 4. It dissolves any swellings or tumours about the eyes or throat, proceeding from cold causes, as Squinzies or the like. It is a most excellent application for an issue, and for that end it was prepared for the said Arch Duke Leopoldus . - Hartman ./

The Lady Howland s Excellent Cerecloth, much approved for any bruise, ache or little gowt, to stanch the blood or heal any wound.

Rx. Red lead

1 pound, put it into a pinte of sallet oyl, boyl them gently on Embers, stirring them well till it grow somewhat thick: then drop a little on a plate, and if it stick fast it is enough, the remove it from the fyre and putt in half a pound of yellow wax sliced, and 4 ounces of Rosin: sett it on the fyre again, but let it not boyl. Dip in some linnen cloths for Cerecloths, whilst it stands on the fire, and hold them before the fyre to runn off as long as any will runn; letting it run upon something to save what runs of: and when they are cold, lay them up. You may make some of the Composition up into rolls for salve. Idem.

An admirable Cerecloth for a sore brest, Impostume, fellon, Green and Old Wounds. Rx. of

the best Virgin Wax half a pound, Oyl of Olive and oyl of Roses, of each half a pound, melt them well together and let it cool: then add half a lb of white lead in fine powder, and sett it over

the fyre again, and let it boyl half an hower: then add Mirrh, Mastich and frankincense, of each 2 ounces, all in fine powder, and let it boyl half an hower longer: Lastly putt in half an ounce of Camphir,

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and keep it stirring continually all the while.
Dip cloths therein for Cerecloths, and make the rest into rolls for use. *Idem.*

A most excellent Cerecloth for Ruptures and bursten-
ness

. Rx. Powder of Mastick, Mummy, ffrank-

incense, yellow amber, gum arabick and Tragacanth, aloes, Balaustians and Roses: ana 3 ss.
Dragons bloud, fine bolearmoniack, bloud stone of each 6 drams: oyl of Roses 3 iii. Oyls of Myrtle and Mastick of each 2 drams, with Wax and Rosin as much as will suffice make a cerecloth & dip linnen cloths therin. This is a most excellent thing to cure ruptures, as the famous Volkerus ffrisius hath often proved. It also strengthens weak limbs. Apply it under the Truss. *Idem*

The famous plaister Called Manus Dei, so famous in ffrance, made up by many Ladies for the use of the poor people

. Thus described by Monsieur Charras

in his Royal dispensatory. Rx Common oyl. lb 8 Litharge of gold finely powderd. lb 4. yellow wax lb. ii. Venice Turpentine lb i: Galbanum, Opoponax, Sagapen, Mirrh, Olybanum, Mastick. ana 3 viii. Oyl of Laurel 3 vi. Lapis Calaminaris, and Loadstone, long and round Birthwort ana 3 ivii. Grinde the Lapis Calaminaris and the loadstone on a marblestone, moy-stening them with plantane Water, and dry them. beat together in a large brass morter the 2 birth Worts and the Mirrh and Mastich a part: sift all the powders together through a silk sleeve; then putt the Galbanum, Ammoniac, Opoponax and Sagapen, all well bruised into an Earthen glazed pott, and dissolve them over a gentle fyre in about a quart of good Vinegar: strain them hott through a hott-cloth that is strong, and haveing well pressed them, putt that which remains in the Cloth into the pott again, and powr upon it fresh vinegar and dissolve it over the fyre as before: strain and press it as before; then evaporate the superfluous vinegar over a gentle fyre by

degrees, and boyl the gumms ill they are sufficiently thick, then incorporate the Turpentine with them, and keep the Composition apart. Then putt the Litharge in fine powder into a Copper - *vide paginam sequentem*

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Shingles to help.

.....
Take juice of mints, and annoynt the shingels therewith; it will heal them. MS.

Another. Take doves dung and barley meal, stamp them together, and

temper them with eyesell and lay it therto. MS.

vide. paginam praecedentem./

or brass pott tinnd, and incorporate it cold with oyl, stirring it continually with a large wooden Spatula: then add to them 3 pintes of fair water and boyl them over a good fyre, stirring them without intermission, till it be of the consistence of a solid emplaster, before you add the wax: then melt the wax in it: then take the pott from the fyre and stirr it till it be somewhat cold, then add to it the gumms and Turpentine incorporated before, and then the oyl of Lawrell, and lastly the powders: and be sure all the Ingredient be well united and incorporated together. It is every day succesfully used for all sorts of wounds and ulcers, new or old, continsions, bruises, swellings: it mollifies, digests, dissolves, and brings to suppuration, what is fitting, but never what may be transpired, or otherwaies dissipated. when it hath done drawing, it cleanses, consolidates cicatrices and heals alltogether. Idem./

Sinew sprain or ache. v Ache .

Sinew stiffness and shrinking .

Take the oyl of black oxe feet, and the gall of a black sheep, (and for want of a black oxe or sheep, use another) of both a like quantity, boyl them on the fyre together, and annoynt the place against the fyre morning and evening, and keep it warm. M.S.

Another . Take oyl of Neats feet, smallege and mallows of each

1 handfull, pound the herbs together and mingle the, with the oyl,
let them stand 4 or 5 dayes or more: then boyl them a *quarter* of
an hower, and strain them through a cloth, and apply it. MS.

Sharpness of Sinews . Take the milk of cow that is all black,

and the juice of Smallage, and clean wheat flower, and seeth
them well, and lay to the place. MS.

Shrinking of the Sinews . Rx the Marrow of a horse

bone, the crops of Elder, & as much sage: chop
them together and boyl them in the marrow: then
strain out the herbs and put to the liquor one
spoonfull of hony, 2 spoonfull of Aqua Composi-
-ta, and a quantity of pepper. Boyl it again & keep
it for use. MS. *Lady Byron*

The roots of Solomons seal Stamped and boyled in

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wine, and so drunk, speedily helps all broken bones,
and is of incredible vertue that way: being stamp-
ed and applied to the place it soon heals all Wounds,
and quickly takes away the black and blew marks
of blowes, being bruised and applied to the place:
there is not a better medicin under the sun. Culpeper .

Pellitory of Spain inwardly taken helps palsies, and
other cold effects in the brains and Nerves. *Idem.*

Privet boyld in hogs grease is good for burnings
and scaldings, and for the nerves & sinews. *Idem.*

Marjoram outwardly in oyls and salves helps sinews
that are shrunk, limbs out of joynt, all aches &
swellings that come of a cold cause. *Idem./*

All the sorts of the Myrobolanes strengthen the heart
brain and sinews. *Idem./*

Ambergreese strengthens the brains and nerves ex-
ceedingly, if the Infirmity come of cold. *Idem.*

Gum Coopall and gum Anime, if you perfume
your cap with the smoke of it, helps the head
ache and Megrim, strengthens the brain, and con-
sequently the sinews. *Idem./*

Oyl of hazle nutts, is to be made like oyl of sweet
almonds, and is good for cold afflictions in the Nerves,
and the gout in the joyns. *Idem.* These oyls are also
very good. Oyl of Dill, Oyl of Wallflowers,
Oyl of Orris, oyl of Earthworms, Oyl of Mastich,

Oyl of Rew. Idem. Note, they must be outwardly applyed, or cast in as injections or Clysters Idem. Also the Oyle of Exester , Oyl of swallows, oyl of S. Johns Wort, simple, compound and more Compound made up according to the Dispensatory of the Colledg at London are excellent for sprains in the joyns and sinews Idem. Item oyl of Musk or Moschylæum according to the dispensatory. - Item Unguentum Aragon; U-According to the same dispensatory - A bath wherin Emmets & their eggs have been sod will quickly cure an old and almost incurable joyst disease. - Oyl wherin frogs have been sodden so long, till all their flesh is sodden off from their bones doth mightily help all benumbdness and lameness of the in-joyns. - Idem / Item the Emplastrum e Nostratibus or fflos Unguentorum. Idem. it helps sinews bruised or sprained./

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Syrups.

Of Endive. Take the juice of Endive clarifyed one pinte, of white sugar, 3 quarters of a pound: seeth them with a soft fyre to the heighth of a syrup. MS.

Syrup of Violets by infusion. Take violets gatherd in the heat of the day, then take the leaves clean pickt and infuse them, in 3 pintes of running water: so let them ly a night and a day, and in the evening give them a warm upon a slow fyre; then they must be let to cool till morning; them strain it, and put in other fresh violets into the Infusion, and let them stand as long as the other did, and use them as you did before: and the oftner you change them, the better. Lastly, when you will change them no more, strain them, and put hard sugar to your water, and boyl it on a small coal fyre, to the heighth of a syrup, and after set your glass close stopped, in the sun. MS.

Of gillyflowers. Take 4 ounce of gilly flowers, beat them in a mortar with a little sugar, put them into 8 ounces of water, put them in a stone pott, and seeth them in a skillet of water 3 howers: then take them from the fyre and strain them, and put to this infused liquor 6 ounces of sugar, boyl it to a syrup heighth, then put it in glasses. MS.

Of Roses. Take a pottle of fair water, and as many damask

rose leaves, pickt, as will well lye in the water, cover it close, and set it by the fyre or in an oven 24 howers; then press out the roses in a cheese press: which do 6 times: then to 5 pintes of this infused liquor, put a pound of rose buds finely picked. (the Infusion being seething hott, before you put in the leaves) then when it hath boyled 3 howers, put to it 3 pound of fine sugar, so boyl it up to a syrup, and put it up in gally pots to keep. M.S. Mrs Mullins .

To make sirup of the juice of roses. Take as many Pro-

vince Roses, as will yield you 2 pound of juice, when they are well beaten and strained hard: put this juice into a fayr posnet, and put to it 1 pound of fine sugar: boyl them together till they come to the thickness of a syrup: then take it from the fyre and let it cool; then putt it into a gally pot or a double glass for your use: To compound this syrup for to purge, take 1 ounce of Rubarb, 2 scruples or the weight of 5d *obulus* of good Cinamon; the weight of 15 grains of spykenard: beat all these together very small, and put them into your syrup when it is boyled and taken from the fyre, stirr them well together, and when it is cold, put it up as before: an ounce of this is sufficient at a time, with 3 or 4 spoonfulls of the broth of a pullet: drink it in the morning fasting;

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it will work without any molestation eiher of the stomach or belly, and give you 5 or 6 stooles. M.S.

Syrup of fennel for the spleen. Take 2 quarts of the juice of

fennell, and 3 quarts (or parts) of honey; boyl them to a hony thickness; take therof in the morning fasting, after dinner and after supper a spoonfull or 2 at a time. This is restorative for the spleen, lungs and Liver: and in the boyling therof putt a little Rosemary. In this manner you may make the Electuary of Rosemary. Mr Digby . M.S.

Syrup of Mallows to purge the reins and flegme. Take the

leaves of Mallows, and put them into a pipkin that will hold a gallon, hard stopt in, then fill it up with water: so lett it boyl till the vertue be forth of them: then drayn, or gently strain it: then take the liquor and boyl it half away. To every potle of liquor put 2 ounces of Cassia fistula dissolved dissol-

ved in the same liquor: and then putt thereto weight for weight of hony, and boyl it to a hony substance. Of the which syrup you may take 4, 5 or 6 spoonfull, as you see occasion, this is a gentle purge for the reins and flegme. Mr Digby . M.S.

Syrupus Altheae. or Syrup of Marsh Mallows.

Take marsh mallow roots 2 ounces: grass roots, asparagus roots, liquorice raspt, and raisins stoned, of each half an ounce: red Cicers 1 ounce: the topps of Marshmallows, Mallows, pellitory, burnet, Plantane, wall rue, and Mayden hayr of each 1 handfull: the 4 greater cold seeds: and the 4 lesser cold seeds: of each 3 drams: boyl them in 3 quarts of fair water to 2 quarts: strain the liquor into your syrup pan, and dissolve into it 3 pounds and a half o good Bahi sugar: which will go as far as 4 pounds of Barbado 's, and preserve the syrup much better. -
The marsh mallow roots by scrapeing with a knife must be freed from those strings that handg about them: likewise their hard Cordy substance must be taken away from them: then wash them well. and bruise them in a mortar: also wash the grass roots and Asparagus roots, and bruise them: scrape off the black out side from the liquorice, and bruise it into strings, or rasp it: wash the herbs clean: for cleanliness in prepareing Medicine is wholesome, and no less commendable then in Cookery. ffirst then put into your pipkin, (being placed on a cleer fyre, and containing 3 quarts of water) the Marshmallow, Apsaragus, and grass Roots,

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315.because they re I.....quire longest boyling: a while after putt in the Cicers, & not long after that put in the herbs being shred: the next you must putt in, are the seeds, liquorice and raisins: being sufficiently boyled, strain and press out the liquor, and then clarify it. The manner how to clarify decoctions and apozems, will be sett down heer after. Haveing dissolved your sugar to the decoction, boyl it gently, till it come to the dure thickness of a Syrup. - The 4 greater coldseeds are, pompion, Cucumber, gourge, melon seeds. The 4 lesser cold seeds are Succory, Endive, Lettice, Purslain seeds.

- The ingredients come to 9^d the sugar 21^d fyre 4^d

The whole 2sh. 10^d ffor which you have 5 pintes, 8 ounces, allowing the 4th part waste, which evaporates in the boyling it up to a syrup: so that it will stand you in about 3 farthings the ounce. The apothecaries sell the pinte for 2 sh. the ounce 3^d Dr Harvey .

Syrupus Garyophyllorum; Syrup of Gilliflowers

Take fragrant gilliflowers, cut of from their white strings,

1 pound: powr on them a quart of spring water: and let them stand all night: then strain the liquor, and being gently warm-ed, dissolve therin 4 pound of the whitest sugar, without boyling it. - Buy the most fragrant gillyflowers that are newly gathered, at 10 or 12^d the peck. put them into a large pew-ter flagon, or a new earthen glazed pipkin, and powr the water being warmed, upon them: then stop your flagon, or Earthen vessel very close, and place it all night in the cellar, Then strain of your tinctured liquor, without much pressing the strainer, in regard you are not to clarify it as other liquors are for syrups: for that would occasion a great loss of those fragrant cordiall spirits. Then place your Syrup pan, over a very gentle charcoal fyre burning clear without the least smoke; and let your liquor be onely lukewarme; them put in the powder-sugar being powdered and sifted gradually, stir ring it about very gently with a long steel Spatula or slice, which you may buy big enough for your turn for 10^d at the Razor makers. As soon as you finde the sugar all dissolved, take it off immediately, without letting it boyl or be hott. Dr Harvey .

Syrupus papaveris Erratici. Syrup of red poppy.

Take red poppy flowers newly gathered, 2 pound: steep them one day and night in 2 quarts of warm water: strain and press out the liquor, which you must not clarify,

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but add to it 3 pound and a half of good Bahi sugar; and boyl it gently to a syrup. - A better way to make this Syrup is thus. Take 2 pintes of the juice of red poppy flowers, clarify it after the same manner, as shall be sett down by and by. Putt to it a pound and 3 quarters of Bahi sugar, and boyl it gently to a syrup. - It will come to 3 farthings the ounce: the Apothecaries sell it for 3^d the ounce: which is the common price of most syrups: excepting laxative syrups, and syrup of the juice of Pomegranates, which are sold at 6d the ounce. - By the instructions heer sett down you may easily attempt the makeing any syrup. Dr Harvey .

The manner of Clarifying Decoctions.

Haveing strained your decoction (being onely warm, not hott) through a canvass or woolen strainer, powr about a pinte therof into a basin, wherin you have putt before, 2 whites of eggs, beaten with a rod of small twigs, and their shells crusht with your hands: mix them well together by stirring them with a spoon, or rather beating them into a froth, with the foresayd rod of twigs: then putt in another pinte

of the decoction, and mix it as before: this done, set it over the fyre and let it boyl alittle, till you see a scum on the top: then take it of and let it cool a little: then strain it, and let it run through without squeezing or pressing. Note. 2 whites of eggs with their shells, are sufficient to clarify a quart or 3 pintes of Decoction.
Dr Harvey .

To clarify Apozems, ie, Medicins made of the broth of diverse herbs and other ingredients, to which sometimes certain syrups are added.

Havening clarified the Decoction as before is set down; you must heat it againe: and when it begins to boyl, mix the syrup with it, and let it continue on the fyre, till it cast up a scum: then strain it twice or thrice being half grown cold. Dr Harvey.

Syrup of Rhubarb. Rx. the Juice of the leaves of

Rhubarb, what quantity you please; putt it into a glass bottle; let your bottle be but half full: set it in a skellet of water, and let it boyl a while, and the juice will purge it self with a great scumm on the top: take it off, or run it through an Hypocras bag; putt it in again into the glass, and do as before, but let not the water boyle, but be hott; and once

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in 8 howers, powre it softly oft from the settling in the bottom. Wash your glass againe, and powre in your juice againe, and do as before, till you see no more settling at the bottom: then take an equall proportion of sugar: let your sugar be boyled up to a highth, and then putt in your juice, and let it stand a while over the fyre, but not too hott. When it is cold putt it up for your use. It is an excellent purge. The dose is 3, 4 or 5 ounces, in a draught of whey, broth, or beer. M S. Lady. Byron .

All Syrups if well made will continue a year or more: but of all, those made by infusion keep the least while: the best way is to cover them close with a paper ibid.

To make Syrups.

Syrups made by infusion are usually made of flowers, & of such flowers as soonest loose colour: they are made thus: Pick the flowers clean: to every pound of them, add 3 pound, or 3 pintes (it is all one) of spring

water made boyling hott (for that makes them keep well. ffirst putt the flowers in a sylver pott with a cover, then powr the water to them; then keep it shutt by the fyre 12 howers: then strain it forth: So repeat the flowers to the same liquor, till you have made it as strong as you please: then strain it forth: putt the infusion into a bason, and to every pinte of it add 2 pound of fine sugar. (those that love them not too sweet, nor too thick may putt but 1 pound of sugar to a pinte) which being onely melted over the fyre without boyling, will produce you the syrup. - To violets you must not putt the water hott, for it will spoyl the Colour. Syrups made by decoction are usually made of Compounds; Either herbs, roots or flowers, you would make into flowers, bruise them a little: a handfull is a convenient quantity for a pinte of water: boyl it till half the water be consumed: then let it stand till it be almost cold, then strain it, & to every pinte add a pound of sugar; boyl it over the fyre till it come to a syrup: scum it all the while it boyls: when it is enough boyled, strain it again whilst it is hott. ibid./

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318. Sleep to procure. and hinder.

when one had a looseness and could not sleep. Rx. Diascor-

dij 3 i Diacodij 6 3 vi. Aquæ bugloss. Acetos. ana
3 i.s. Misce secundum artem. fiat putio pro prima a vice,
et sic pro secunda si videatur opportunum. Dr Smyth M S.
Lady. Byron .

To cause sleep, and to be used in a hott feaver. Rx Dia-

scordij 3 i. syrup de agresta. 3 i. aquæ cardui benedictæ
3 iii. misce secundum artem: fiat potio pro prima vice,
et sic pro secunda. D. Smyth . MS. *Lady. Byron .*
ffor sleepyness, hold the fresh leaves of pennyroyall
under the tong. ibid

To make one sleep, take either a pill of Bezor, or a quarter of an ounce of the syrup of diacodium. ibid.

Item. seeth the leaves of white willow in water; wash thy feet therewith up to the knees: then go do bed. ibid./

To cause sleep. Lay Egrimony on the head or breast; the

party will not wake till it be removed. ibid./

ffor those that cannot sleep in his sickness. Write these

words on a Lawrell leaf Ysmall thismehel, adiuvo
vos per Angelum dei ut soporetur homo iste N.
Lay the leaf under his head that he know not therof,
let him eat Lettuce often, and drink poppy seeds small
ground in a Mortar, and temper it with ale ibid./

To cause sleep. Bruise Lettuce seed with womans milk &

the white of an egg. and lay it to the temples. ibid./

Another. warm good wine vinegar, and with a little cloth

putt it about the temples, nose & mouth often. ibid./

To cause sleep in a fever: Anoynt the temples with juice

of Lettuce and oyl of Roses. ibid./ Item. Lay worm-
wood under his head. ibid. Item Lay Annis to their
pillows, so that they may smell it. ibid./

ffor great rage in the head and to cause sleep. Rx. 3 spoon-

full of Rosewater, 3 of oyl olive, 3 of vinegar, 3 of
Womans milk, stirr them alltogether, together, wett a cloth in it,
apply it to the head cold. ffor a man take a womans milk that
hath a man child; for a woman, a woman child. ibid./

Mandrake the herb & root stamped & distilled in the end
of May; the forehead and temples rubbd with the water,
or a little given to drink, helps them that can not
sleep: the head & temples anoynted morning & night,
2 or 3 dayes ceases all paines in the head comeing
of heat. ibid./

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Sleep to hinder..... and Cause.

.....
Sleep to hinder, take some stone allum: beat it to powder, strew it
in the bed. MS.

Sleep to procure. Take the distilled water of Cowslip flowers, and drink it. MS.

Another. Take 3 parts rose water and one of vinegar, mingled with womans milk and juice of housleek; wett a double cloth therin and binde it to the forehead going to bed. Or take oyl of violets, the yolk of an egg and womans milk, of each a like quantity: make a plaister on a linnen cloth, lay it to the forehead. *probatum*. MS.

To make one sleep 14 howers. Take some catts grease, and anoynt the temples, it will cause a dead sleep. MS.

ffor pain in the head, and to cause sleep. Take 1 spoonfull of oyl of roses and as much wine vinegar, beat them well together, heat it over a chafingdish of coales, and anoynt the temples. MS.

ffor one that can not sleep. Take a pigeon, slitt it in sunder in the midst, pulling out the gutts, lay it warm on each side the temples, and binde it hast with a cloth. MS.

To cause sleep. Put Egrimony under the head of any person, they will sleep till it be taken away. MS.

To cause sleep. Take a quart of the best ale, seeth it on the fyre, put therin 1 ounce of white poppy seed, of lettuce seed, of Cowcumber seed, gourd seed, mellon seed, pompyon seed, of each a half penny worth: so lett it seeth till the vertue of the seed be gone forth: then strain it, and set it on the fyre againe: and put to it 2 yolks of eggs with sugar and nutmeg to make it pleasant: drink it as warm as you can when you lye down to sleep, and speak not after you have drunk it. MS.

Rx. Semius Hyosciami, (Henbane) et papaveis albi i. Cum aquis lactucæ et portilach. Mane exhibeatur. This will cause sleep. MS. *Lady Byron*

To cause sleep. Rx. the yolk of an egg, spread it on a fair linnen cloth, scrape a nutmeg upon it, and so apply to the temples. Or else. Rx. Vinegar, rose-

water and a Rose cake, dip the rose cake in the other
and seeth it in them on a chafing dish of coales: then scrape
some nutmeg on the rose cake, and apply it warm to the

temples.- or else. Rx. a linnen cloth dipt in wo-

mans milk, and apply it as before. ffor a man it must
be the milk of a woman that goeth with a girle,
for a woman, of a boy./ MS. *Lady Byron*
or Rx Juice of Lettice, eat it with oyl olive, or with
womans milk: and with the juice of violets
vide pag seq:

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Sores of all sorts. *Vide ulcers./*

ffor a sore that hath fyre in it. Take wine vinegar and the powder
of bole armoniack, make an oyntment, and anoynt the place. MS.

To skin a sore. Take 2 or 3 spoonfull of oyl of roses, and a peece
of virgins wax: melt these 2 ~~with~~-together, and beat it with rose
water and vinegar, boyl it till it come to a salve, and use it. MS.

A pretious water for sores. Mix fine ashes of green
ash with fair water, and stirr them often dayly: and to
the clearest of it putt a little vinegar and allom; seeth
it and keep it to wash sores with. MS. *Lady Byron*

To break a byle or sore within an hower with out pain:

putt ashes of the inner bark of green ash into a
clout like a nutt: moysten it in hott water, binde it
to the place. *Probatum ibid.*

ffor sores. Take Rosemary stript from the stalks, seeth it
in running water to the one half, then strain it, &
putt in allum at your discretion, and use it after it
is sodden a little more, and wash there with, and when
you will heal it up, put in some English hony, & use
it dayly. *Probatum ibid./*

Buttermilk posset. curd is excellent for a poultiss to take the

fyre out of any sore or redness. ibid. Item Egrimony
boyl in fresh butter is good to heal a sore, spread on the
place like salve. ibid./

Sleep to cause. *Vide page. precedentem*

vide paginam precedentem. and the juice of White poppey,
anoyn the temples. MS. *Lady Byron*

To cause one to sleep who hath not slept a long while. Rx

White poppy seed and anniseed of each a like quantity,
beat them to fine powder, then take Rose water, the
White of an egg and Womans milk, mingle all together: but
first beat the white of your Egg very much, and take off
the froth. then take as much flax as will ly over thwart
the forehead; wett it in the liquor aforesaid, sprinkle
of the powder upon it in a pewter dish, and take off
the cold of it, and lay it to the forehead. ^{as a frontale.} The
milk of a sow is a speciall thing to cause sleep.

This is more gentle. Rx. the leaves of white poppy and

red nettles, stamp them small, mingle bean flower with
the herbs: lay it on a cloth and binde it to the fore-
head: it will take away the heat and ache, and cause
sleep. MS. *Lady Byron*

Cloves & nutmeg beaten to powder, and the head

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strewed with it, and the forehead & temples rubbed,
is very good for Rheum in the head, & will cause sleep:
But have a care you putt none on the open of the head,
for that will strike it into the eyes. ibid.

Lettuce seed & nutmeg beat to powder together, & layd on
a cloth & layd to the forehead, causes sleep. ibid./

To Cause sleep & take away the lightness of the head in sick
folk.

Rx. Agrimony water, Betony water, Angelica

water

ana 1 pinte: putt to this of dried rose leave an ounce &
a half: Saxifras the herb. half an ounce: Nutmegs 1 $\frac{1}{3}$.
white poppy seed half an ounce, henbane seed a dram &
half: boyl all these in a close decoction, then distill it
in the strongest Balneo: then putt to that distilled wa-
ter Cinamon 2 $\frac{1}{3}$. Licorice half $\frac{1}{3}$. Aniseeds half $\frac{1}{3}$.
boyl it together again, & distill it in the strongest
balneo. The dose 1 spoonfull. It provokes sleep

exceedingly, is a great comforter of the stomach,
& expells winde. - old. MS./

Pills of Styrax, or Storax. Rx. Storax Calamita,

Olybanum, Mirrh, Inspissate Iuice of liquorice,
Opium, ana 3 ss. safron. 3 i. with Syrup of white
poppies make a Mass. - It is the Colledg Re-
ceipt, and helps such as are troubled with defluxion
of Rheume, Cough, and helps such as can not sleep
for Coughing. Half a scruple at a time is enough
to take if the body be weak: if strong, they
may make bold with a little more. But you must
be very wary in use of Opiates, without very good
advice, they are not t be meddled with. Culpeper .

Rx. Iuice of Henbane, Lettice, plantane, poppy

Mandrake leaves, Ivy and Mulberry leaves,
Hemlock, Opium, Ivy berries in powder, of
each a like quantity, mix them well together
then putt a spunge into them, and let it drink
them all up; dry the spunge in the sun, and
when you would have any body sleep, lay the
Spunge at his nose and he will quickly sleep.
And when you would have him wake dip ano-
ther spunge in Vinegar, and hold it to his
Nose and he will wake as soon. Idem./

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Speech lost in sickness to restore.

Take the juice of sage and of primrose and put it in his mouth
also take wormwood and stamp it, and temper it with water and
with a spoon put the liquor in his mouth. MS.

To cease speech in ones sleep./

Take Southernwood, stamp it and temper it with wine, drink it on A warm bason held over ones
head makes one speak at
the point of death./
going to bed. MS.

Spleen distempers to help.

A drink to help the spleen and cleanse the bloud. Take harts tong
wilde hop leaves, burrage, with the flowers of fumitory, and
parsly roots, seeth them in whay, and when they are well sodden cla-
rify them in whey, with the white of an egg, and strain it. Keep
it and drink of it every morning for a forthnight. It will

help the spleen, cleanse the bloud, and comfort the body many
wayes. MS.

ffor the spleen. Take piony and drink with wine, it is a present
remedy for ever. MS.

Another. Take 2 ounces of the white bark of an ash, half a hand
full of hartstong, as much egrimony: cut them small and seeth
them in a quart of white wine or ale, till half be consumed
then strain it and drink of it 3 spoonfull at a time, fasting
you may put in a little Sugar. MS.

Another. Take of Mayden hair, egrimony, spleenwort, dodder or

Mother of time, of each a reasonable handfull, of the shaveings
of the bark and wood of Tamarisk, of the shaveings of the
innermost bark of ash, of each a good handfull: of caper bark
bruised in a mortar, a reasonable handfull, of the roots of
butchers broom, washt and bruised, as much: of asparagus roorts
fennel roots, parsly roots, and the roots of polypody of the
Oke, well cleansed, hartstong, burrage and bugloss leaves,
a little bruised, of each about half a handfull. Take these
things thus prepared, and boyl them in 6 gallons of good ale
or beerwort, which you like best. (there may if you please
be added some like quantity of hops, for that is also good to
open obstructions) and when you hold it sufficiently boyled for
your drinking, then putt in all these ingredients into a thin
canvass bag, and with some weight in the bag, hang it in the
vessell, putting therein some 30 or 40 bruised cloves, or a small
oringe stuck with cloves, to give it a pleasant rellish: and
being about 6 dayes old, drink therof fasting in the morning
and about 4 in the afternoon a good draught, and at your
meat, and as often as you please, for it will hardly move your
body: which if you desire in the spring or fall to have it
perform, then add about an ounce of Rubarb, or 2 ounce
of Sena leaves, boyled with the rest. Which otherwise you may
omitt. Mrs Hampson . M.S.

recto of insertion after page 322

To Cure a Loosnesse th'o of 7 Years standing.

Take *the* whites of 12 Eggs put *them* into a bason, &
beat *them* very well, *then* put to *them* as much Cinamon
powderd & searced, as will make *them* into a past,
put to it as much of *the* best Loaf sugar, grated as will
make it pleasant to *the* tast, *then* role *the* past into
Cackes, & Lay a brick on *the* fire, & lay *them* on *the*

brick, till they are baked, *then* you may Eat of *them*
any time of *the* day Soe it be two hours before
or after Eating any other food./

verso of insertion after page 322

To stew Pipins.

Take *them* & Payre *them* & Cut *them* in halfs & Lay
them in fair water, *then* to a pound of pipins take
Half a pound of sugar, (more or Lesse according
to their Ripereness) & put to *your* sugar a pint of
White or Renish Wine, & a pint & half of
water (more or Lesse according to *your* Quantity
of pipins & sugar) & soe make *your* syrope,
when it is boyled & skimed, put in *your* pipins
& boyle *them* as fast as you Can, turning *them*-
very Often, & *when* they begin to Look Clear, &
the sirope is some what thick, put in as much
of *the* juce of Lemon as will please *your* tast.
when *your* Aples are very tender & Clear &
the sirope begins to Jelly, *then* take *them* up
put *them* into *your* dish, taking *them* App Layingth
the Jelly upon *them* & Let *them* stand till they
are Cold.

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Another. Take the: Shavings of the Ta-

marisk tree, dry them in an Oven
and beat them to powder: drink them in wine every morning fasting and anoynt the spleen with oyl of capers,
morning and evening: and
use capers in your meats; be merry and avoyd anger and pensiveness.
probatum. M.S.

Another. Take a good handfull of Tamarisk and bruise it, and

lay it in steep all night in a quart of white wine: boyl it in
the morning a quarter of a pinte away. Then take 6 ounces of
Tamarill, and straining away the tamarisk from the wine, put
in the Tamarill, and stirr it well, till the substance therof be
washed into the wine. Then drink therof, as often as you please.
This will help all that have swollen bellies. *probatum.* MS.

An Electuary for the spleen. Take half a pound of the best

Cap dates, take out the stones, and peel the white quite off from
the inside of the dates: shred them, and stamp them in a Mortar,
as small as a conserve. Then take half a pound of the purest

hony and clarify it, and scum it clean: then putt in your dates, tempering and incorporateing them in one. Then take cloves, ginger, graines, and long pepper of each a quarter of an ounce, beat them all to fine powder, and searce them through a sieve, and mingle them with the foresayd Electuary, give it 6 walms upon the fyre, but noe more. *probatum*. MS.

A drink for the spleen. Take the Inner bark of an Ewe tree,

boyl it in a quart of white wine, and a pint of 6 shilling beer, till half be consumed. Strain it, and take 3 spoonfull therof fasting. M.S.

Another. Take the inner bark of the root of an ash, cutt it into

long slices, the length of a mans finger; the green rinde of Ivy 6 good handfull; yellow roots of docks, picked and bruised 4 handfull: polipede of oke and roots of the same, of each 3 handfull newly gathered, cleaned and bruised: the kernells of the Keys of ash, picked out of the husks, 3 hand fulls: bettony, balm, heartease, tyme, dodder of time, of each 2 handfull: Rosemary 1 hand full; boyl all these very tender in as much water, as will make 8 gallons of wort: pull in a quantity of malt according to the strength you would have it: in the wort boyl some hopps, and 5 hand full of egrimony, and 4 of sage: run the wort from the herbs and hopps, and then run it through a jelly bag leasurely, that it may be cleansed: barm it, cleanse it and tunn it up in a convenient vessel This is to be drunk at 10 or 12 dayes old. MS.

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Another. Take the lungs of a fox and dry them, make them into powder,

and drink them in ale or beer. *probatum* MS. (324)

Another. Take broom flowers and make a conserve of them, or a syrup

and eat at any time therof, on an empty stomach. Take likewise conserve of wormwood in the same case. Dr Antony.

Another. Take the spleen of a dog hot, clap it to the spleen of Man

or Woman, troubled in that part. Mrs Witham.

For the spleen or hard swelling any wherelse, Take a colewort leaf

and spread it with May butter, apply it to the swelling, it will give ease. Mr Digby . MS.

For stopping ⁱⁿ the spleen. let bloud in the vein betwixt the little finger and the other next to it, called Salva Cæle. Mr Digby . MS.
To open and purge the spleen. Take parsly roots, fennel roots, Asparagus roots, or bands, crops of time, a little quantity of every of them; boyl these in 7 pintes of water and 1 pinte of hony, and make therof a syrup: use this syrup first and last 5 or 6 dayes, Then infuse a dram or half a dram of Rubarb in white wine all night, or whay, or in this syrup, if you make it thinn; take turpentine the quantity of a bean; rowl it in sugar, eat of it 3 times a week: eat your Diatrion piperion (or pion, and lozenges, every day in the morning, and at other times when your stomach is empty: eat no grass meats, and drink wormwood wine after your medicine. MS./

A water for the spleen, Take a pottle of white wine, a hand full of

Rosemary flowers, of burrage flowers, of marigold flowers, & bugloss flowers, of each 2 handfull, 1 handfull of balm, 6 green Walnutt quartered; put these together to steep in an Earthen pott, for 24 howers, stop them close, then distill them in a Lymbeck; Take 4 or 5 spoonfulls of this water at a time morning and evening when you go to bed, or any other time when you feel your self ill affected. probatum MS./

A soveraign Remedy for the spleen and to cleanse the bloud.

Rx. Harts tong, wild hop leaves, burrage with the flowers, fumitory and parsley roots: seeth all these in whey, and then clarify your whey with whites of eggs: then strain it. Drink of in the morning, and if you will at night to bedwards. use it for a month together. Baltasar . MS. *Lady Byron*

For the spleen. Rx. a little Cent^{au}ry, Germander, and good

store of Marygold flowers, boyle in beer: take 12 spoonfulls therof 40 mornings together. ibid.

A fomentation for the spleen, Rx Rue Camomil,

bay leaves, angelica roots, mace, cloves, anniseeds; boyl these in sack and claret wine; wett woolen Cloaths therin and wring them out, lay them to the place and change them oft. ibid./

ffor the spleen approved. Rx half an ounce of oyl of capers,

as much oyl of Dill, as much oyl of Lillies, as much

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oyl of Camomill: 1 penny worth of white wine vinegar:
boyle all these together till the vinegar be wasted: anoynt
the place with it morning and evening. ibid./

ffor the spleen Rx a quart of white wine and a quart of

small beer, and steep in it 2 nights and 2 dayes close stopped
4 ounces of Tamerin and a handfull of Tameris; a
quarter of a pound of Genua capers, washed in 2 or 3
warm waters to wash the vinegar out of them. Drink
of this every morning and evening, fasting, a quarter of
a pinte, useing moderate exercise after it ibid.

To abate or dissolve the swelling of the spleen. Rx oyle

of Camomill and oyl of capers a like quantity: mix them
well and anoynt the spleen with it warm, and bath it
well by the fyre side with your hand: use this all the
while you use the foregoing drink. ibid./

ffor sides that are bad and sore. seeth Cummin and Liver

wort in thy own water, till it be thick: keep it and
anoynt with it. ibid probatum./

A medicine for the spleen both to open & purge.Rx Endive,

hartstong, parsly roots, ana 1 half handfull: smallage,
ffennel, and parsly roots, of each 2 roots: Aniseeds &
Cummin seeds, of each half a quarter of an ounce,
Seeth them all in 3 pintes of water, and the third part
of a pinte of white wine vinegar, to the half, &
when it is cold strain it, and every morning with a
little sugar fasting drink. ibid.

ffor oppilation of the spleen and Liver. Rx harts tong

horehound, Endive. of each a hand full. saxifrags, Ger-
mander ana 1 ounce. Thyme, Epithymum, Sena. ana
half an ounce: fennel roots, parsly roots, smallage
roots ana half an ounce aniseeds, fennel seeds, parsly
seeds, ginger, galingal, cinamon, bruised ana a quarter of
an ounce: capers half an ounce; seeth them all in a pottle
of running water and a pint of sack; let them boyl
till the liquor be half wasted; strain it, and put to it
half a pound of sugar, 6 or 7 spoonfull of vinegar
and a stick of Cinamon, broken in pieces; seeth all these

together with an easy fyre, a quarter of an hower,
Then strain it & drink it evening & morning 5 spoon-
full at once warm. -- Item horsleeches applyed to the fundament
are excellent for this et
pro serpigne: ibid./

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An oyntment for the same. Rx Dialthxa 2 ounces: Capons
grease or Hens grease half of an ounce. oyl of Cinamon
oyl of Dill ana 1 3 oyl of fresh almonds half an
ounce: mix all these together, and being warm anoyt the
side therewith every morning and evening: and lay a thin
linnen cloth warm theron. ibid./

ffor infirmities of the spleen. .1. purge with sena &

the bark of an Ash tree, scraped & cutt: abstain from
luscious sweet things; & use bitter things: drink the in-
fusion of Centary: apply this plaister to the spleen,
Rx. Galbarum& gumm Ammoniack disolved in Vi-
nagar, of each a like quantity: & with some Turpen-
tine & wax make a plaister: spread it on leather
Unguentum dialthææ is much praysed to mollify
the hardness of the spleen; & Paracelsus 's stjptik
plaister will serve for the same. Dr Vaughan ./

oyntment for the spleen. Rx. yong shoots or Buds of

holly: chop them smal & boyl them in fresh butter,
till it look green: keep it to anoynt withall, upon the
side. MS. P. M.

A plaister for the spleen. Rx. Melilot & Camomill. ana

iii. Parsly & plantane. ana i. stamp them together:
1 pound of sweet sheep suet. Virgins wax 12 3 lb of
Rosin, 1 pinte of white wine: shred the wax & the
suet, beat the Rosin; putt all together into an Earthen
pott: let it stand over the fyre till it be all melted
together: then take it off, cover it close; sett it to
stand 7 dayes in a Cellar: then set it over the fyre
& let it boyl half an hower: take it off & strain
it into 2 dishes; putting some water into the bottom of
the dishes: when it is cold you may fold it up close in
paper; wetting the paper you fold it up in with Sallet
oyl. It will keep 4 or 5 years: Use it when you feel
the pain on the left side; & cutt a peece of sheep
skin or leather, the breadth of your hand, or more,

& about a quarter of a yard long, & make it hollow on
the upper side, as the spleen lyes: prick it full
of holes on the flesh side of the leather: spread it
thinn, & lay it to the left side, when you feel pain
When it will stick no longer, you may make a

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fresh one if I..... need require.
This use all wayes when you
feel any pain; it will help many other diseases that may
come by reason of the spleen./ probatum. M.S.

Syrups good for the spleen, melancholy, and to
purge the bloud./

Take flowers of fumitory, infuse them in water: let it
be of a good deep colour: then take to every quart of the
water 1 pound of sugar: boyl it up to a syrup, so
putt it up in bottles. It must be well boyled, to the
wasting of a quarter of a pinte. Take half a pinte
every morning for 3 dayes together./ ibid. MS. *Lady Byron*

Syrup of Elder.

Take Elder berries when they are ripe: sett them in a
pann in a sellar for 4 dayes, then skim the top
of and strain the rest: sett the juice over the fyre
and let it boyl: then scum it very well and putt in
the sugar, to every quart a pound; and let it boyl
after the sugar is in, very well. This is also good to
cleanse the bloud and stomach, and for a consumption
taken fasting in a morning, and for a cold taken
at night going to bed, 3 or 4 spoonfulls at a time.

It is good also mixt with ^the foregoing syrup of fumitory,
and taken together./ ibid./

The spleen drink. Rx a quart of white wine, a hand-

full of the Rinde of ash, 2 spoonfulls of sweet fen-
nell seed and the like quantity of sassaphras. Infuse
this for 2 howers, and drink every morning a draught
of it for 3 mornings together, and if it purge for
3 mornings more drink it in beer: and if it
do not purge you the 3 first mornings, take it
the 3 last as you did the first. ibid./

ffor the spleen. Take the left foot of the hind leg of

a hare, & wear it in your pocket next you ibid./

An excellent medicin for the spleen, mother & passions of
the Heart.

Rx. Spirit of sack half a pinte: putt to it Bevor

4 grains. white amber 6 grains. dried pelly (pellitory) moun-
tain half dram. Bones of a stags heart: lignum alloes,
Cinamon, Eringoes, saxifras the wood, ana half a dram.
boyl it in a close decoction, & distill it in the strongest
Balneo. The dose 1 spooonfull. It is an excellent
water tho but plain. --old MS./

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Spots in linnen to take out or any cloth.

Take lavender and seeth it in water, and therwith wash or rub the stai-
ned place, in any place of any cloth. probatum MS.

To take Spots out of garments. The first boyling of

blites with the gall of an ox, and oyl of tartar: but
be sure presently to wash the place with warm water. MS.

Lady Byron

To gett any spotts out of linnen, though never so old
done.

Rx. White wine vinegar & boyl it: so wash the

stain in it, then dawb it over with sope and lay it
out in the sunn. ibid./

ffor the springe.

Let the patient drink his own water; for it is a heat that comes in
the flesh, and causes heats like the shingles, but that it en-
compasses not the body round, but spreads in patches. The cause
is the rankness of the bloud. MS.

Stitiches of all sorts. - plurisy

Take linseed, and boyl it in new milk, make a plaster of it
and lay it to the place grieved, as hot as may be. MS.

ffor swelling of a stitch in any part of the body. Take of the

root of holyhock clean washed and cutt in peeces 2 good hand-
full, seeth the same in fair water, till the sayd root be some-
thing tender: then take out the root, and put into the same water,
fenegreek and Linseed, of each a handfull something stamped and

bruised; seeth them together till the water be ropy like birdlime, then stamp the root of holyhock, and put it to the fenegreek and Lynseed, with a handfull of barley meal: fry them together with bores grease, and if need be you may take sheep suet: you lay a plaister therof to the sore grieved place, as hot as may be; and let it ly 12 howers at least unremoved: after that apply another, and with in 9 plaisters it will work the effect. It hath help the plurisy, with applying 3 or 4 plaisters. probatum. M.S.

A fomentation for a pain in the side. Take a hand full of

mugwort, a handfull of wormwood, and a handfull of Camomill, chop them small, and boyl them in fayr water till it dissolve to mucilage: take them off the fyre, and put thereto some sallet oyl, then put it into a hogs bladder warm, and so apply it. Mr Willughby . MS.

Stitch water and for the plurisy.

Take 6 penny worth of the strongest Ale; and stone-horse dung, when the horse is at grass, in June: 2 ounces of liquorice bruised, 2 ounces of Anniseeds, 2 ounces of

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Ianes treacle, (but this is better in afterwards, for it will stick to the bottome of the still.) let it be stirred about, till it be thick as hasty pudding: so let it soake in the still all night: throw your spices on the top, or else they will fall to the bottom: then still it off. Take half a dozen spoonfull luke warm, fasting, or when the pain comes: sweeten it with sugar. Mrs Beaumont . probatum/

As much Rosin in powder as will ly upon a great drunk in a draught of beer or ale is excellent good.

Lady Byron ./ or in pap of an apple. It must be Rosin such as they do piggs with, but of the whitest.

plurisy. Rx Brooklime, sheep suett, a little fair water,

fry all together in frying pan and lay it hott to the side. MS. *Lady Byron*

stitch. seeth 2 or 3 hand full of Red mints and 1 handfull

of sage crops in running water to the one half, apply it hott in a bag as oft as need is. ibid./

ffor the stitch, spleen, & other aches. Rx clean wheat bran

and seeth it in white wine, make a plaister therof &
lay it to the same side: it will ease it . If it come
from winde. Take cummin stamped, straw it over
the bran & lay it to the side. ibid./

Lovage the leaves & stalks chopt & distilled in the middle
of May. drink 1 ounce & half of the water morning
& evening, it helps the stitch in the side or heart.
the face washd with it becomes fair & clear: the
water drunk as before is good for hoarsness ibid./

An excellent Remedy for the plurisy. Drink a

good glass full of juice of Chervill: it is a
great purifier of the bloud & hath cured Ma-
ny. - Hartman .

A purge for the plurisy. Rx. Sena 3 ss. ffrench

barly, Licorice ana 3 i Raisins, Tamarinds,
Mayden hair, ana 3 ss. Violet and strawberry
leaves ana i. Boyl all these in a pottle of wa-
-ter to a quart, then strain it, and drink a
draught of it every morning for 4 or 5 dayes
together: and if you have not 4 or 5 stooles
a day, take another draught at 2 a clock
in the afternoon. Idem.

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nettles (the Roman are best, usually sown in
gardens) provoke lust exceedingly, help difficulty
of breathing, plurisy, inflammations of the
lungs, that troublesome cough which women call
the Chincough: boyl them in white wine. Culpeper .
Violets help all the inflammations in the brest and
sides, plurisies and open stoppings in the Liver: the
blew are to be chosen; the white are good for nothing.
- Idem. -

Olybanum mixt with Conserve of Roses, and taken
in a morning fasting, helps Coughs, Rheums & Pluri-
-sies. Idem. - scabious water helps pains, prickings
and plurisies in the sides - Syrup of Lycorice,
made according to the London dispensatory, cleanses
the brest and lungs and helps continuall coughs and
plurisies. you may take it with a licorice stick,
or add an ounce of it or more, to the pectorall

decoction. Idem. The syrup of Iujbes, made according ^to the London Dispensatory, is a fine cooling syrup, very available in plurisies, and ulcers of the lungs, and all Inflammations whatever. You may take a spoonfull of it once in 3 or 4 howers, or if you please take it with a liquorice stick. Idem./ Item the syrup of Hyssop, made up according to the Dispensatory is excellent - Idem. - Item now and then to take a little of the Lohoch of poppyes, acccording to the Dispensatory./ Also the species Diatragacanthi frigidi, (be sure to putt in the cold seeds at first) made inbto an electuary with the syrup of Violets, helps a plurisy and all inflammations of the sides -Idem - Item pulvis Holy made into a soft electuary with syrup of Violets is a gallant remedy./ - Item and ounce of the Lenitive Electuary taken at going to bed, is very good in plurisies and for wounded people. - Idem. The Trochisci Diaspermaton Galeni, are very good. Idem. - If you suspect you have the plurisy hold your breath as long as you Can, and coughing, you can let it go without can let it go without Coughing, you have ^{not} the plurisy; if otherwise, you have. But this rule doth not allwaires hold. Idem./

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Stomach distem.....pers to cure./

or Brest.....

To procure a good stomach. Take 3 drams of good Cinnamon, ma stick and the pareings of pomegranates, of each a dram, and of galingal half a dram, stamp all these together, and temper it with clarifyed hony, and use to eat therof as much as a nutt every day fasting: this will preserve the stomach also from evill humours breeding therin. probatum MS.

To comfort the stomach. make a sawce of sage and parsly of even

portions, with a little rew and hysop, mingle it well with wine, eat it with your meat, either flesh or fish. MS.

Another. Take 1 hand full of sweet mints, and a handfull of wormwood, and a tost of brown bread, the powder of 3 or 4 cloves, &

a few coriander seeds beaten, and a grated nutmeg: stamp them all together in a mortar, so make a plaister on a cloth, and sprinkle it with a little malmsey and vinegar; warm all on a chafing dish, and apply it to the stomach. MS.

To asswage heat in the stomach. Take a score of prunes well

washed, seeth them in a pinte of white wine, and pinte of spring water together, till the liquor be half consumed; put a little quantity of sugar to them, then eat the prunes: and slice an old apple, and lay in the liquor and suck the same. MS.

ffor heat of the stomach that causes dryness of mouth. Take a good

handfull of smalege, and the crumbs of brown bread: stamp them very fine, and put them in a linnen cloth, and binde it to the brest: do this 2, 3, or 4 nights and dayes, it will take away the heat of the stomach, and voyd the stopping in the head. MS.

Swelling or pain in the stomach. Take rosemary flowers a good quantity, boyl them in white wine, and as hot as may be apply them to the stomach. M.S.

Swelling in the stomach, Take fennel roots and smallage roots, stamp them and strain them with wine; drink it. MS.

Hot stomach or Liver. Take cherries and strawberries, of each 6 pound, strain them well together, then add thereto 6 ounces of dates, and 2 ounces of Cinamon: distill these, without wine, and drink therof with Endive, succory or fumitory water. MS.

pains in the stomach. A grain of the powder of gum of Ivy taken in white wine or Alligant, is good. MS. Mr Digby .

Stuffing in the stomach with flegms. Take brimstones, beat it very fine, and put it in a new layd egg rosted reer, with a little white sugar candy, so eat it fasting in a morning, a week together. MS.

A cold set at stomach. Take a wax candle, drop it on a peece of brown paper, and strew the powder of safron on it, and apply it warm to the patients stomach. MS.

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stomach stuffed with cold. Take a *quarter* of an ounce of flower of brimston, 6 ounces of conserve of red roses, 3 ounces of syrup of vinegar: mingle all together, and eat as much therof as a nutmeg, first and last: this will dry up the Rheum and make the flegme come up easily. MS.

Another for the same. Take a pinte of *Aqua viatae*, warm it

on the fyre and light it with a paper, and stir it with a knife continually, and put it in half a pound of sugar very fine beaten: burn it while it comes to a syrup: then with a liquorice stick, take therof as oft as you will. MS.

Another. Take a scruple of the powder of Nettleseed, mingled

with syrup of violets, swallow the same by licking it by little and little, and you will spitt out the viscous and tough humour easily. *probatum*. MS.

A cooling, opening whey for the stomach. *vide whey*.

Electuarium ium ad Stomachum confortandum. Rx Conserv. rosar. ʒ iii Theriacæ opt. ʒ ii.s. Elect. Citrini. ʒ is: Diatrimon piperion. ʒ i Elect. de gemm is letificant. una htificant. ana ʒ ii: Syrupi de menthis ʒ ii. Misce. Take of this a Electuary 2 howers before meat to the quantity of a Nutmeg. at one time. Sherbrook . M.S. *Lady Byron*/

Ad purgand. stomach. Rx. pill. de alloe ʒ ii. *pillulae*

Mastichæ ʒ i. Nucis Moschatae ʒ .s. cum syrupo Menthae quanted sufficit. fiant. pill. 7. MS. *Lady Byr*

To help the springe of water in the Stomach. Rx the inner

skin of the gizzard of a Capon, scrape it clean, dry it, beat it to a powder; use to drink it fasting, in ale or beer it will help. MS. *Lady Byron*

ffor the stomach how to take Tobacco rightly. Rx. Dia

tragacanthi tabellas duas: unam ante suffitum tabacci, et tantundem dem post haustum suffitum. *ibid.*

To comfort the stomach. Rx. 2 gallons of good Gascoign

wine; then take ginger, Galingal, Cinamon, Nutmegs,

graines, cloves, mace, anniseeds, fennell seed, Carraway seed, of every of them 4 drams: then take sage, mynts, red roses, time, pellitory of the wall, Rosemary, wild marioram, penny royall, wild time, Camomill, lavender, of every of them ii: then pun the spices small, and bruise the herbs, and put all into the wyne: and let it stand still 12 howers, stirring it diverse times, then still it in a Limbeck, and keep the first water by it self, for it is best: then there will come a second water which is good, but not so good as the first. ibid./

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Green ginger taken before meals is excellent to comfort the stomach. ibid. - Also there is nothing more comfortable, then sometimes in the morning to eat a Citron pill and drink burnt Claret wine upon it, or before supper, when your stomach is not good. - also anoynt your stomach in the morning with 6 drops of the oyl in a spoon with out warming it, twice in a week, before you rise.
ibid./

ffor pain of the stomach through phlegme. Rx Mynts, worm

wood, Hyssop, Venus hair, all green if you can, of each a handfull. parsley roots, fennel roots, of each 3 i.s. Annis seeds, fennel seeds, liquorice, currans, vinegar, ana 3 i. honey and sugar ana 3 vi. make a clear syrup of it. ibid.

Rx. Rosemary two, nutmegs 1 ounce, dried betony 2 ounces, cloves 2 dramms cutt very small; put upon them 8 quarts of good rhenish wine: let them stand 3 or 4 dayes. ffor the weakness of the stomach drink a good draught at the begining of meales: but for the head ache at the latter end. ibid.

Against windyness and weakness of the stomach. Lo-

zenges made of the 3 peppers; 2 drams of all the pep-pers bruised, a few aniseeds and tops of time, with 5 ounces of sugar and rosewater boyled, one or 2 of these in a morning, or before or after meat are to be taken. ibid. - Item. 1 drop of oyl of Cina mon, with allmost half an ounce of conserve of Roses. Item. 2 spoonfulls of Cinamon water, with as much claret wine and sugar. ibid.

To strengthen the stomach. Syrup of wood fennel, with

Cinamon water taken once in 3 howers strengthens
presently. ibid.

To comfort the Stomach. Sack heated with Rosemary

and cloves, with sugar, kept and drunk cold in the morning, or immediatly before meat. Sack is better before than after meat commonly. - Outwardly. Rx Rosemary, wormwood, balme, mace, boyled in Claret wine and muscadel equally; strain forth the herbs, and wett spunges or double cloths and lay hott to the stomach. - wormwood wine used 3 mornings together every Month, suppresses the increase of choler, - preserved Nutmegs are excellent./

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as also green ginger swallowed down in good quantity, as of a nutmeg or more./ ibid./

ffor the stomach. Rx. Roman wormwood lbi. Raisins of

the sun lb ii. brown sugar candy lb i bray them altogether in a stone mortar, till they be of consistence of conserve of Roses. keep it in a pott: Take the bigness of a great Nutmeg or more, according to the strength of the patient, and drink a little white wine half an hower after. ibid./

2 ȝ. of distilled water of En^{di}ve drunk for a Certain time Morning and Evening, helps the straitness and stopping of the brest. ibid.

ffor a great cold or stopping of the Chest. Rx. a little half

spoonfull of Sal prunell scraped into powder: and take a good half spoonfull of sugar, and put to it: then put as much aquavitæ as will wett them both: take it last at night when you go to bed and use it 3 night together. ibid./

ffor griefs of the brest, take out the core of a ripe

apple, and fill it with powder of liquorice, galingal, or Cinamon and honey, all well mixed together: rost it and pill it, and eat it when need is. ibid./ And for the Chin cough and other. such like paines of the brest, Rost sallat oyl in a great apple on the embers, and apply it flatt on the brest ibid.

To open the pipes. Stuff 8 figgs with fennell seeds

and seeth them with a little Isop and 2 branches
of origany in a pottle of water to the one
half: then strain it, and put thereto sugar can
-dy and drink therof warme. ibid.

The Root of Enula campana taken with honey in an
Electuary cleanseth the brest, voydeth tough phlegm,
& is good for the cough and shortness of breath.
ibid./

To cleanse the brest. Stamp white horehound 3 iiiii.

groundsell. 3 iii. Wallwort 3 ii. seeth them with
fresh barrows grease, apply it to the brest, and in
one night it will bring up much flegme and
corruption. ibid.

Brest grief and cough. Seeth horehound with fresh
butter and hyssop in ale or beer, and drink it
early in the morning dayly. ibid./

Stomach weak. Stamp crums of bread with wormwood
and vinegar and apply it. ibid./

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Stone./

For the.....

Take grommel seed, anniseeds, fennel seeds, of each 3 spoonfull,
of unsett time, green fennel, and cherry stones, of each a handfull,
beat all these severally very well, then mingle them alltogether:
then take a fennel root, a parsly root, a raddish root, every
one the length of a finger; then take a pottle of white wine
and putt them alltogether into an earthen pott, stop it very close,
let it seeth till 1 pinte be consumed: then let it run through a
linnen cloth without straining; drink therof 6 spoonfulls at a
time, morning and evening. MS.

Another. Take grommell seed, fennel seed, parsly seed, anniseed,
of each 2 spoonfull: of fresh fennell, saxafrage, h^aws, unsett
time and cherrystones of each a handfull; let every one of these
be well bruised; then mingle them together and put them to steep

in a pottle of good old white wine, by the space of a day: then still it: if you still a parsly root with it, it is better. You may drink the water of it by it self, or in wine, beer or pottage, at any time you please. MS.

Another excellent one. Take Raysins of the Sun, unset leeks,

saxifrage, sampier, and bean cods, of each a like quantity; distill each of these by themselves, and sett them in the sun to fine: then take thrice as much malmsy as all the water, and distill all together againe, and set it in the sunn: when the patient is grieved, and at no time else, let him drink 3 spoonfull of this water Lukewarm; put to it a little powder of white ginger, so lay him down to sweat. MS.

Another. Take 4 spoonfull of the water of hathorn flowers

distilled, 8 spoonfulls of malmesey, 1 spoonfull of ease pepper in powder: mingle them alltogether and drink it, it will break the stone. MS.

Another. Take 1 handfull of saxifrage; pellitory of the

wall, unset Isop, unset Time, of each a handfull, seeth them all with a quart of Malmsey to a pinte: the powder of a whole eggshell, and as much of the powder of hasle nut shells as the egg shells: when you have putt the li-
quor from the herbs, putt in the powder and warm it.
and drink it. MS.

Another. Take wild Teasles, burn them to ashes, then take

white wine and bay berries, and boyl them together till the strength be out: then take the white wine and let it run through the ashes; drink it: it will break the greatest stone that is. M.S.

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ffor the stone, an approved Medicin. Take a gallon of new

milk, a handfull of wild tyme, of Saxifrage, pellitory of the wall, of each 1 handfull, of parsly 2 handfull, a handfull of philipendula roots, and 2 or 3 raddish roots, sliced and bruised. Put all this into the milk to infuse, a day and a night, and the next morning distill alltogether in an ordinary still, with a moderate fyre. Take of this water 5 spoon full and as much white wine, with a little sugar and some

sliced Nutmeg, make it blood warm, and take it fasting, and fast 2 howers after: take it 2 or 3 dayes together morning and night, at full and change, or any other time as need shall require. The best makeing this water is in the latter end of May. MS. Mr Merry .

The stone. Take a dram of Spanish sope, dissolve it in a

quarter of a pinte of new milk; shave the soap very small, or it will not dissolve. Take this in the morning and at 4 after noon. Mrs Beaumont .

A most excellent Remedy for the stone. Take a peck of Hawes,

1 pound of philopendula or drop wort roots, 1 pound of Radish roots (horse raddish is better.) one pound of Sassafras roots, 2 quarts of Rhenish wine or white wine; you must bruise the haws, and slice the roots, then infuse them 24 howers, and fill a still half an inch thick with the same: then cover them with new milk hott from the cow; the quantity you must take is 2 spoonfulls; you may mix it with water or white wine, but alone is better. probatum. Captain Stround . MS.

Another very good. Take 6 peeces of flint stone wherin

there is some white, put them into the fyre till they are burned red hott: then put them red hott into 3 or 4 quarts of water: then presently cover the water that noe ayr may come in or out. With the stones you must put in 2 handfull of Cammock roots (aliàs Rasto Bovis) Let them stand close covered as at first, till they be quite cold: then keep it for your use: the quantity is a good wine glass in a morning fasting. MS.

ffor the stone in the kidneys. Take of the middle rinde of

the root of Ash bruised, 2 pound: Juniper berries bruis-ed, 3 pound. Venice Turpentine of the best, 2 pound & a half; putt these into 12 pintes of spring water, in a

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glass vessell well closed; there let them purify in horse dung 3 months, then distill them in ashes, and there will come forth an oyl and a water; separate the one from the other; 10 or 12 drops of this oyl being taken every morning in 4 or 6 spoonfulls of the sayd water, dissolves the stone and gravell in the kidneys most wonderfully.

ffor pain in the Yard through gravell. Rx. pellitory and

Bores grease: fry them well together and make therof 2
plaisters: one of them must be layd betwixt the Navle and
the Yard: and the other upon the reins of the back:
it will soon cause the to voyd water and gravell, which
before came away but by drops. This is excellent. Baltasar .
M.S. *Lady Byron* .

pro lapide in renibus et acrimonia Urinæ . Rx. Seminuncium,

et a seminuncia ad unciam unam Terebinthinæ bene lotæ .
Tunc recipe nebulam (a waffern) et infunde in vino, deinde
in illa nebula involvatur terebinthina, et sic sume. - Vel
recipe cum brodio gallinæ : in illo enim liquefiat et suma
-tur. Vel sumatur pulvis terebinthinae in Vino albo. Dosis
ʒ ii in aurora. Lavetur prius Terebinthina in aqua
Olivarum et endiviæ et sic Acrimonia urinae amittetur.
- Lactuca, Malva, Bleta *conducunt* acrimoniæ urinæ.
- Lac ovile vel caprinum mane sumpta sedat Urinæ
acrimoniam, et conductit ulceribus Renum et Vesicæ.
Sherbrook . MS. *Lady Byron*

pro calculo in vesica et Renibus. Pulvis Hollandiæ in vino

albo: vel pulvis Terebinthinæ una si placet, sumatur
mane. ʒ i.s. ex 2 pulveribus commista pro una vice. ibid.

To scowre the kidneys. Rx. 9 dramms of Cassia newly

extracted with the fume of barley water: add heerto
a dramm and a half of Venice Turpentine, washed
with the distilled water of Alkakengi: of powder
of anniseed and liquorice ana half a scruple.
make it into morsells swallowable, rowle them
in sugar and so swallow them. Dr Aylworth . MS. *Lady Byron*

ffor the stone. Rx as much Rhenish wine as will make

a posset, mixed with the yolk of an Egg, a good
quantity of sugar and Safron, make of this a pint
of posset drink, and put thereto half an ounce of
white sope, called sope of Castile . Drink it morn-
ing and evening. Dr Smith . M.S. *Lady Byron*

Another. Take Syrup of violets, syrup of Mayden hair, and syrup

of Marsh mallows, mixt together in equall quantities: take this in the morning: and soon after a good draught of beer: and in the evening when you go to bed, with out drinking after it. MS.

Another. make a posset of milk and ale, take off the curd, and putt

into the drink, violet leaves, wood sorrell, Marsh mallow roots, scraped, liquorice sliced, of each 1 handfull, let these seeth in the drink till half be boyled away: then strain them out, sweeten it with the syrup of Marsh mallows, and crush therin the juice of a Limon. MS.

Another. Take burrseed, dry it, beat it to powder, put it in a spoon

full of possset drink, drink it. MS.

ffor the stone and stopping Urin. Take a pretty quantity of white

wine, and a pretty quantity of flint stones, heat them red hot in the fyre, and quench them in the wine, till half the wine be consumed: drink a good draught. MS. Mr Garret .

Another. Take houssnayls and break them, take out the snayls and

break the shells to powder, drink it in white wine. Mrs Witham . MS

Another. Take 2 gallons and a half of midling ale wort, and

therin boyl Saxifrage roots, eringo roots, marsh mallow roots, parsly roots, peirstone, and the kernells of ash keys, of each of these a handfull. When it has boyled half an howr over a slack fyre, put it into some convenient vessell to cool; after it is cool enough, put yeast to it, and let it work well with all the ingredients, like other ale: when it has wrought enoughe, strain the ingredients from it, and tunn it up in some fitt vessell and stop it close: After 2 or 3 dayes, drink a verry good draught therof, fasting in the morning, and stirr your body half an hower after it. You may drink of it at night or any other time, so you walk or stirr after it: otherwsie it can not work so well on the malady, as it will.

If you alter your quantity of wort, you must also alter the quantity of ingredients more or less accordingly. You may boyl a proportionable quantity of these ingredients in posset drink made of ale, for present occasion, till you can provide your ale: it will do much good. probatum. MS.

Another. Take Saxifrage seed, anniseed, parsly seed, fennell

seed, of each a *quarter* of an ounce; of the seed of philipendula, Turbith, hermodactils, polypody of the oke, and Rubarb, of each of them 1 dram, and a half: Cinamon, cumminseed, dragon, grummel seed and liquorice, of each half an ounce, Sena leaves cleansed from the stalks, 4 ounces; let all these be beaten into fine powder and searced; Take the weight of

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12 pence of this L..... powder, mixed in posset drink, made of/white wine or ale, once in 12 or 14 dayes, or as cause requires. Dr Butler . MS.

Another, seeth in white wine time, and parsly very well, then strain it,

and into a good draught therof, shave a spoon full of Castle soape, This will cause you to make water with speed. MS. probatum

Stone in the bladder. Take 4 ounces of Turpentine, and lay it on a hot

burning plate, of Iron, till it may be made into powder: then mix 2 drams therof, with 4 ounces of the water of saxifrage; give it twice a week early in the morning, to the patient: so continue it 2 months; this will not only preserve from breeding the stone, but will also burst and drive forth the stone bred all ready. probatum MS.

Another. Take a spoonfull oof the water of stone crop, 2 spooonfull of the water of Ramsons, 2 penny weight of the powder of thorne-back roots; mingle them all together; use this 3 times, it will help be the stone never so great. MS.

Stone in the reins. take the roots of red nettles and dry them, make them into powder, drink a spoonfull of the powder in a draught of white wine, somwhat warme; it will break the stone tho never so great, and that with speed. Use this every morning till the stone and gravell be all broken and consumed. Also take a quantity of the water that drops out of the vine, or the gum that is found there, it being drunk in white wine doth marvelously expell the stone, MS.

To break the stone. Take the juice of saxifrage 2 pound, the juice of grommel, and the juice of parsly of each 1 pound: the juice of bettony, the juice of Nettles, the juice of

Ramsons, of each half a pound: strong white wine vinegar 10 ounces; the flowers and seeds of broome, and the roots of radish of each 2 handfull: stamp the last well, then mix the same with all the juices, and therof distill a water. Of which take an ounce at a time, with oxymel diuretick (you may have it at the Apothecaries) use the same 9 or 10 days, if need be; it will break and avoyd the stone wonderfully. MS.

Another. Take white wine and make a posset of it: take of the

curd, and boyl therin 2 or 3 parsly roots, clean washed and pithed, and a spoonfull of parsly seed; then sweeten it with a spoonfull of the syrup of althea: for want of that, take 1 ounce of the syrup of Limons. MS. *probatum*

Another. Take elder berries, when they are full ripe, dry them

in an oven: beat them into very fine powder and searce them, take therof, as much as you can take up betwixt your 2 fingers, and your thumb, and putt it into a draught of white wine; drink it in the morning fasting, afternoon, and going to bed: continue this 10 days together, it will

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dissolve the stone. MS. 340.

Another. Take the stones that are to be found in the neck of an

oxegall or an old Cow. make them into fine powder: take therof as much as will ly on a 6 pence in a little white wine in extremity; it will give ease. And to dissolve it, take 3 or 4 Mornings together in a week (and so continue for a Month) every morning, a little bread and fresh butter, with hony spread on it. *probatum*. MS.

Directions for preventing the stone.

Take heed of takeing cold; forbear strong water, stale hoppy drink, cheese, fish, beef: mutton is very good to prevent it: forbear goose & Mallard. Eat in the morning or at dinner a mess of gruell made of pure water, fine Oatmeal, not powdered too small, but husked and bruised with currans, and some stoned raisins, and a good lump of fresh butter: or gruel made of half spring water, half milk, with butter; let it not be too thick. This is found to be excellent good. purge choler (if you fine your self much inclined to it) abundantly, in february and march, and the begining of September: else it will breed to a stone presently: that humour being then prædominant. It is very good to purge with Cassia fistula. Once, or if need be, twice a week take 3 or 4 pills compounded of

Cyprus Turpentine, and the best Outlandish Rubarb, before you go to bed. It is good to eat veal, especially the rack, and broth made of it, with violet and strawberry leaves, and succory, some parsley roots, ffennel roots, & sometimes Marsh mallow roots, of each a small quantity, about half an ounce, with some liquorice sliced. You need not constantly tye your self to this broth, onely 3 or 4 dayes before the new and full moon: and towards the end of the boyling your broth putt in 3 or 4 spoonfulls of White wine. But veale and ordinary broth of veal is good at any time. When you have a minde to have your veal rosted, cut off the brown, and eat the pale next the bones, and gristles: and suck the gristles of a brest. Pig, lamb, chickens, Turkyes, pullets, are very good for this distemper. Prunes stewd in spring water with sliced liquorice, and sugar, 6 or 7 twice a day, or if once, with 4 or 5 spoonfull of the syrup is excellent for prevention. plain thinn ale without hop must be your drink, and in the morning and between meales mix with it some Nutmeg shaved with a knife, powder of liquorice, and good hard sugar. It is also good to

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boyl a slice of Lemmon in your broth, and now and then to put some juice of Lemmon into your ale. probatum. Mr ffox . MS.

To break the stone and make it voyd in gravell. Rx the hard row

(rowle) of the red herring: dry them and beat them to powder. take a spoonfull of the powder in drink when you feel paine. use it oftener then once when the pain is on you. MS. *Lady Byron* Or, Rx the inward skin of the gizzard of a pigeon, scrape it clean, dry it to powder. drink it in drink. *probatum*. Ibid./ (341

ffor the stone. Rx Iett (Ieat) and beat it to fine

powder, then take Broomseed, parsley seed, Alexan der seed, red oker and venice turpentine: beat all the seeds, with the red oker and Iett to a fine pow der; then make a posset with white wine, or good ale and putt the powder into the posset ale: and take it in the morning fasting, or at night when you go to bed: and if you be able travail a little after it. You must putt the Venice Turpentine into the posset ale. *probatum*. ibid.

Another. Rx as much Rhenish wine as will make a good pos-

-set, so as therof you may have a pinte of posset drink. mix your wine with the yolk of an egg, and a good quantity of sugar and safron: put into your posset drink

half an ounce of Castle soap: drink it morning and evening. Dr Smyth . ibid./

ffor the stone most excellent. Rx Spermaceti (permisitte)

4^d Worth. cloves and mace a penny worth: small pepper 1 penny worth. bay berries an half penny worth: 3 date stones. 1 handfull of wild sage. as much red fennell, 3 acorns. 3 cloves of a lilly root, and burn 3 oyster shells in the fyre, till the white divide it self from the rest: then take the white therof and putt to the things before named: the liquorice, anniseeds, sage, fennel, acorns, lilly root, cloves, mace, bay berries, pepper, date stones, must be dried at the fyre and beaten in a mortar, to fine powder and then mix the spermaceti with the same powders, and drink a spoonfull of the same powders in beer ale or broth, warm, first and last in time of extremity. MS. *Lady. Byron*

ffor the stone, excellent. Rx syrup of Marsh mallowes,

(such as grow in marsh grounds, the Apothecaries call it Althaea.) 3 i. put half of that quantity into a little posset ale, and drink it at night warme,

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and the other half take likewsies the next morning fasting. This you may use in this sort twice or thrice in one Week, or after at your pleasure. *probatum. M.S. Lady Byron*

To cause urin, and consequently good for the stone.

Rx a good quantity of parsley chopt a little and then bruised in a mortar: strain it through a linnen cloth, and take of the juice therof to the quantity of a quarter of a pinte, or more: add thereto as much ale, and some Rosa solis, and drink it oft. *probatum. M.S. Lady Byron*

A soveraign remedy for the stone. Rx. Red shank or Arse-

smart, an herb that is red, and take of the reddest: it growes in wett grounds: distill it and take the quantity of 2 spoonfulls at the most, at a time, of it self, once in a month: you may putt some sugar to it: keep warm after it. *ibid.*

ffor the stone. Rx. half a spoonfull of Sal prunell. put it

into a good draught of White wine posset drink, drink it in a morning fasting; use it as often as you need

ibid.

A water for the stone distilled in May. Rx pellitory of

the Wall, Saxifrage, parsley, Mother of time, ana
.5. 12 Radish roots if they be small: the herbs
must be stamped and the herbs sliced, and lay them
to steep in a gallon of new milk 24 howers, then
still them with a soft fyre. Take 6 spoonfulls of
this water, and as much white wine bloud warm
with a little sugar and a little Nutmeg shred
in it. Take it 3 mornings together once in 3 weeks,
fasting: eat nothing an hower after. ibid./

ffor the stone. Drink juice of Limons, with white

or Rhenish wine and sugar, fasting, thrice a
week: it also strengthens the heart, stomach and witts,
resists poyson, expells melancholy, and causes a sweet
breath. ibid./

pare radish roots, and put them in dishes with unclari-
fied hony; let them stand all night, and in the morn-
ing eat 9 slices, fasting; the next day 8, the next
day 7, and so to one, to break the stone. ibid/

An infallible cure for the stone or stopping of Urine. Rx Hive

bees, smother them and dry them to powder, take the quantity
of 15 bees in a spoon with white wine, and drink a draught
of white wine after it. - Another. Syrup of Lemons 1
ounce, oyl of sweet almonds 1 ounce. White wine 4 ounces.
mingle all together, warm, and drink it. ibid./

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For the.....Strangury.

vide pissto cause.

Take a pinte of good Aqua vitæ, a good handfull of Ivy leaves
into it: keep the vessel well stopt, and the Ivy leaves will consume.
drink of this 3 or 4 spoonfull at a time, morning and evening 5
or 6 dayes together: it will help marvelously. MS.

Another. Take the inner rinde of the yong branches of a hasle tree,

seeth them in small ale till half be consumed; drink a good draught of

it first and last, 8 or 9 dayes together: it never fayles. MS.

Another. Take the berries of bryony, and make them into powder

and put them into the water wherin water cresses have been sodden.
drink of it, for it helps marvelously. MS.

Take 3 spoonfull of Claret wine, it is better if it be with the
lees, put to it 3 spoonfull of fayr water, with a sprig of rose-
mary, half a spoonfull of the hardest sugar, and drink it luke warm.
Mrs Mullenax . MS.

Another. Take a goose tong, dry it to powder and drink it. MS.

Wormwood water being drunk causeth one to piss soundly,
and voyd all bad humours out of the body: ibid./ it
being drunk morning and evening causeth a good colour
and fresh Countenance: ibid.

ffor the Stranglion. Take raddish leaves & boyl

them in ale, give them to drink & it will cause
yawning. ibid.

To cause one to piss. Take parsly; seeth it in wine

& drink it. ibid./

A present remedy for stopping of ones water with
pain, as if one were troubled with the stone . Take

Candle grease, and rub it well into the navle:
it will ease within a quarter of an hower. ibid./

An excellent medicine for the Strangury. Rx of the blowth

(blossoms) of broom 6 ounces, blossoms of furse 6
ounces, of hysop 6 ounces, of Coridall flowers six
ounces; pownde these all together in a mortar, & then
putt to it the yolks & whites of 6 eggs, (Note, before
you should putt in plantain and Angelica, ana 6
ounces) and of (Cloor?) water (I think it is
clear water) 2 ounces: of the hoof of a goat 1
ounce: putt all these in a common still & distill it
the dose is 2 spoonfulls. This is an absolute cure:
It will heal green wounds exceedingly. Old MS./

Surfet to help.

A soveraign medicin to purge the stomach of a surfet, by way of digestion or Vomit. Take a pottle of Rosa solis, which must be gathered in Iune, pick the Moss well from them, not washing the sayd Rosa RSolis; then put them in a pottle of good Aqua Composita, with half a pound of fine sugar well beaten, and 1 pound of dates well beaten, and half a penny worth of grains beaten. and half an ounce of pearl. Then put all these together in a great bellyed glass, and cover it close that there come no ayr out, and sett it in the sun, the space of a Month: then take it and strain it through a cloth: and so let it stand for use. Never give above 2 spoonfull at once: in case of necessity you may give it to a sucking child, if the stomach be over charged with any thing. (but in a less quantity to them then to aged people) if you put in 12 penny worth of beaten gold it will do well: this must be made in Iune. MS.

The Lady Allen s surfet Water: good against
the small pox, Measles, plague, or any Infection
or Surfet.

To be taken warm with a little sugar for an old body,
7 or 8 spoonfulls of the first: for a yong body 4 or 5
of the last drawing.

Take sage, Selandine, Rosemary, Rue, wormwood, Mugwort, pimpernell, Scabious, Carduus benedictus, Egrimony, bettoney, Centuary, Dragons, Rosa Solis, Scordium, balm, mint, Mary gold flowers, and leaves; St Iohns Wort flowers and leaves, Medesweet, of each of these one handfull: the Roots of Angelica, Gentian, Piony, Enula campana, Tormentill, Zedoary, liquorice, of each of these roots half an ounce. Pick the herbs, and wash them very clean, and shake them dry in a clean napkin: shred the herbs and slice the roots and putt them into an earthen pot with a gallon of white wine: stop it close and bury it under ground 2 dayes, and 2 nights, or sett it in a Cellar or some cool place, where the sun may not come to it: then put it into a still at twice, herbs, roots and wine altogether: keep the first 2 drawings by themselves; they will be each of them a pinte: in all it will be a gallon: the 2d drawing mingle together, and that will serve for Children. MS.

Another way to make this water stronger.

Take a strike of good malt, of which make 4 gallons
of ale wort, and put half a handfull of hopps into it, to

keep it from changeing: when it is cool, put barme to it, let it work all night, and in the morning putt in the herbs, and the next day still it off in an ordinary Still. If you would have it yet stronger, putt to it a quart of brandy, and then you must keep wett clothes constantly on the still. If your wort be brewed any thing timely in the morning, then putt the herbs in at night, and still them next morning. MS.

An excellent Aqua composita for a surfeit or cold Stomach.

Rx. Rosemary M.j. Hysop, Thyme ana M.j. a good root of Enulacampaña. Half a handfull of Sage: 6 good crops of Mint, as many of penny royall:half a handfull of horehound. 6 crops of Marjoram. half a handfull of red fennell: half a handfull of harts tong: half a handfull of Centuary: 2 ounces of liquo -rice well bruised: as many aniseeds: 1 ounce of Mace- Then take 2 gallons of strong ale: shred the herbs and putt all these things together. Cover them close up in the Limbeck pott. Let them stand all night. Next morning sett it over the fyre. When it is ready to boyl take it off: sett the limbeck on it: so stop it very close that no ayr gett in. Still it out with a close heat. You may give of this water what quantity you please. MS. L. Byr .

Wormwood laid to steep in spring water and the water drunk is very good for surfets and many other infirmitiess of the stomach, The Worm wood must be dried, and use onely the seeds and best leaves. Mr Slater ./

Ivy, (the Tree and Ground Ivy) the juice being snuffed up the Nose, purges the head, is admirable for surfeits or headache, or any other ill effects comeing of Drunkeness. Wherupon the poets feign ed Bacchus to have his head bound about with them. The best way is to boyl them in the same liquor you gott your surfett by with drinking.

Understand this of Trees Ivy. Culpeper ./ -

The syrup of Ammoniacum according to the Dispensatory, an ounce being taken at a time helps old surfeits, and all distempers of an over heated liver. Idem./

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Sweating.

To provoke sweat. Take an ounce of cummin dried, and grind

it to powder, mix it with oyl and anoynt the patients feet with it, and the hollow of his hand within. When he is in bed lay a cold

leaf theron, and hold the cloaths. *probatum*. MS.

To cease too much sweating. Take linseed, lettice, of each a

like, stamp them well together, binde them to the stomach, MS.

To cause sweat. Lay some elder leaves and flowers

under the neither sheet. MS. *Lady. Byron* .

To sweat. Take 20 graines of Gascoignes powder,

in 2 spoonfull of posset drink. and drink a little draught
of posset ale boyled with Marygold flowers, and a
little hartshorn after it, and ly close to sweat. *ibid.*/

An excellent sweat. Rx an ounce and half of distilled

? putt to it these salts following. Hysop, Vitriol,
persicaria, of the great Osmond & Eringoes, of
each of these half a dram./ spirit of Vinegar half
a dram. Let them stand together in a glass 8 or 9
daies: then nypp it (mix it) & digest it in the
strongest heat of a Stove, & it will be a delicate
diaphoretick. Then take of this diaphoretick a
scruple: putt to it of leaf gold a scruple, salt of
pearl 6 grains: salt of corrall 10 grains: pure
bezoar 12 grains: then grinde all these exceeding
well on a marble stone, & it is perfect. The dose is
11 grains in spirit of sack. It is an noble sweat,
expelling poyson from the heart, opening obstructions
of the liver & spleen: in a word it is a most pre-
tious medicine. - Old MS./

An exellent sweat for any disease. Rx. of gold re

fined in the Antimony horn 10 grains. Cacined
Sea horse pizzle 6 grains. Salt of Radish 3
grains: salt peter 3 grains: diaphoretick 2 grains
Bezor 6 grains: Unicorns horn 4 grains,
Civet 2 grains. Make all these into very small
parts & mix it well together. If you have none
of the pizzle take of the tooth. The dose is
5 grains in a spoonfull of sack: It is a mar-
velous fine sweat, and an admirable Univer-
sall medicine. - old MS./

To asswage a swelling: take fair water and salt, and stirr them well together; then wett a cloth, and lay it to the place. probatum MS.

ffor a swelling in any part of the body. Take smallage, water

cresses and Cheek weed, and hemlock, a good quantity, chop them all-together very small and seeth them in water: 2 winter dayes is little enough to seeth them in: half the liquor being consumed, put more thereto: and when you perceave they be sodden dry, put in a good peece of sheep suett, then take them out and grind them in a Mortar, then put it up in something to keep for a seavenight, and not above. When you use it, put to it some neats foot oyl, and lay it on the swelling, and renew it once in 24 howers. MS.

To asswage a swelling comeing by a stripe or fall. Take your

own water warm as you make it, wett a napkin therin, and hold it hard on the place, diverse times, and it will not swell nor look black. Hemlock water is very good for the same. MS.

ffor swelling in the fingers or else where comeing of it self. Take

chick weed and bran, boyl them hott, and bath the hand in it. MS.

ffor any swelling that is like to be a botch. Rx Linseed,

wheat flower and Holioke stampft together: fry them with sheep suet for a plaister: it will shrink away.

MS. *Lady Byron*

Swolne knees. Take wheat flower, seeth it in water

till it hold together, make a plaister. ibid./

To dissolve swelling. Boyl a good quantity of Elder leaves

in milk, with the Crums of white bread, and a little barrows grease, and apply it: or mallows will do the same. ibid./

ffor swelling. Take 2 handfulls of ordinary docks, wipe

them clean and wrap them in a peece of paper, wet them and lay them in the embers to roast, which will be done in a quarter of an hower. Take of the softest of them, and lay it on the swelling. ibid./

To mollify swellings, and to draw any impostume.

The seed of Line and ffenugreek, made into powder,

boyled with the mallows, violet leaves, smallage & chick
weed, till the herbs be soft: then stamp in a stone
mortar with a little hogs grease, to the forme of
a Cataplasme: lay it on warm morning & evening. ibid

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ffor swelling in any part. Anoynt with oyl of Danes

wort. ibid./

ffor any pain or swelling. pare the nayles of both your

hands, and cutt off a lock of your hair about an inch
or 2 long: lap them all up in a peice of Paper,
then bore a hole in an oak tree; stop it into that hole,
so stop up the hole again, with paper; there let it
rott, & let no body know of it: it will certainly
cure & take away wens./ ibid.

To allay any swelling or Inflammation without break
-ing.

Rx. 2 spoonfulls of Sallet oyl and 2 yolks of eggs

& 3 penny worth of Safron: beat all these together,
so spread it on flax & lay it to the place. ibid.

Mrs Booth s receipt to cure a swelling in any
part of the body./

Rx half a peck of space, half a peck of sage,
3 handfulls of Water Cresses, 2 handfulls of brook
lime, a handfull of harts tong, 12 Orentges, the
rinde taken off, 1 dram of safron; add to this
2 handfull of Coltsfoot, 1 handfull of Agrimony,
1 handfull of Wood bettoney, 2 penny worth of Li-
verwort; stamp all these together: then putt
them into a bag, and putt them into an Earthen pott
with 6 quarts of ale, and there lett it stand
and work together 4 dayes: then drink of it
every morning & night a good draught: and after
meat, or any time of the day. When the ale
is wasted put more to the same stuff &
drink it as aforesaid. Add to this a handfull
of Elder flowers, & 2 handfull of M^onttain
sage. ibid./

To break any swelling.

Take the yolk of a new laid eegg, & Wheat flower
and some of the finest hony you can gett: beat
all together, till it be well mixed: so lay it
on. fresh morning and night: after it hath drawn
it very well, it will heal it. It is good for biles
or other sores. ibid./

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ffor swellings and the Kings Evill. *vide* Kings Evill.

Rx the blossoms of broom and still them, and let the party.
drink a wine glass in a morning fasting. ibid./

To cure hard knobbs and Impostumes in the flesh.

Rx. a pinte of pure sallet oyl: putt to it a quart of
strong vinegar; boyl it very well, then lett it cool,
after it is cold, take away the oyl from the vine-
gar. The putt to that oyl, Gumm Arabick half
an ounce; gumma Lemnia half ounce, Mastick half
an ounce, Mirrhe 3 drams: frankincense 3 drams,
benjamin half ounce, storax 3 drams: Oyl of wax
1 ounce & half: boyl all these together, & when it is
boyled, putt to it a quart more of Vinegar: then putt
it in a retort, & distill it in arena, with a very
strong fyre, and you shall have a fine red oyl, wher-
with anoynt the place grieved. This is also excellent
for shrunk sinews, dead palsies & Cramps, & aches,
& is an excellent medicine. - old. MS./

A Pultiss for one that had a swelling in his Codds,
and it was lanced by an unskillfull Chirurgeon.

Rx. White wine a quart, putt to it sorrel, sage,
rosemary, ana ȝ i Woodbinde leaves half an ȝ.
Nicotian half an ounce or of Tobacco 3 drams.
Boyl it in a close decoction, & press it out when it
is cold. With this water spowt and wash the wound,
then binde the herbs for a pultiss to the swollen
place. It will heal. - Old. MS.

Pilewort or the lesser Celandine, it is called by both
those names: an oyntment made of it cures a sore
throat when the almonds of the ears are swelled,
& inflamed, & will take down most swellings. MS.

Lady. Byron .

The Emplaister of Ammoniacum, according to the
Dispensatory softens and asswages hard swellings,
and scatters the offending humours: applied to

the side it softens the hardness of the Spleen.

- Item Mark where a swine rubbs himself, then cutt off a piece of the wood and rubb any swollen place, it will help it. Note. Where the log rubbed his head is good for the head: where his neck, for the neck &c. Culpepper ./

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Swounding fitts in women with child, or others.

Take the seconde or after birth of a healthfull sound woman, of a boy for women, of a girl for men; as it comes from the person: slice it and dry it on paper in an oven. When it is well dried, beat it and searce it to fine powder. When you perceive any symptome of the fitt comeing; they must have a goos quill prepared ready, that is cutt from the feather, and layd in the paper, or otherwise ready, fill it full of the powder, and so suck it up dry as it is, and if you can walk after it, but by no means drink after it: this is proved; and is also good for the falling sickness. *probatum. MS.*

Borage is very good to help swooning and heart qualmes, and breeds very good bloud. - Culpepper ./

The smelling to lavender helps swoonings and the falling sickness, if a feaver do not attend it. Id.

Half a spoonfull of Aqua Imperialis according to the London Dispensatory strengthens and comforts the heart against faintings and swoonings. Idem.

A spoonfull of Syrup of Cytron pills, according to the Dispensatory strengthens the heart, resists the Passions of it, palpitation, fainting and swooning, and helps the Vitall spirits. Idem.

The powder called Pleres Arconticon Nicolai, described in the Colledg Dispensatory. It will keep best in an electuary; and a dramm at a time taken in the morning by such as are prone to swooning and fainting fitts, is very good. Idem./

The Vertues of the herb Balme are, it makes a merry lightsom heart, and is excellent for those who faint away in swoonings. Idem.

The best way to use Borage in this distemper is to candye the flowers, or make them into a conserve. The herb is never to be kept dried, but to be used green. Idem.

Epithymum or Dodder of Thyme is accounted most Effectuall for Melancholy diseases, and to purge black or burnt Choler, and for trembling of the heart, and fainting and swooning. Id. Gentian or ffellwort strengthens the stomach exceedingly, preserving the heart from fainting or swooning.

Idem./ Motherwort is also calld Cardiaca, and
there is no better herb against Melancholy Vapours
and strengthen the heart. It may be kept in a sy-
rup or Conserve. It helps the trembling of
the heart; and fainting away. Idem./

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Remedies for I..... the teeth.

To keep them from Rotting. Take sink foyl, woodbine, plan
tane leaves, of each of them a handfull: 3 or 4 crops of Rosemary,
Break all the herbs in sunder, and putt them into running water,
let them seeth 3 or 4 walms; then put thereto a little quantity of
roch allum, and let it seeth till the water look green, and the
strength of the herbs be sodden out; strain it, and wash the
mouth morning and evening. MS.

Another. Take salt in a morning and hold it in your mouth under
your tong, till it melt and consume to water: rub your teeth
with it: it will keep them from rotting & wormeating. *probatum*. MS.

To fasten teeth. Take mints and lay them in wine, then wash them,
and lay the leaves among your gumms, and let them ly a while
for 3 or 4 mornings. MS.

Another. Take hartshorn and burn it, put the ashes into a linnen
cloth, lay it to rotten teeth, it will fasten them. MS.

To whiten teeth. Take Chrystall, corwall and dragons bloud,
an ounce of each: pound them together, make therof an Electu-
ary with hony of roses; so rubb the teeth. MS.

Another to make them white and sweet. Take the powder of
sage and the shavings of Ivory, put them into the juice of
Lemons; rub your teeth therwith evening and morning. MS.

To draw teeth. Take spurge, pellitory of Spain , smallage,
the dung of a raven, or crow, galbanum, the brain of par

triges, and also a frog, of each a like: burn them altogether in a new earthen pott to powder, with a little of this powder touch the tooth you want have fall out: but touch no other. MS.

Another. take an earthen pott and fill it with ant eggs, and

with ants themselves; set the same in hot embers so long till all be burned to ashes. Touch the tooth with this powder and it will fall out. MS.

Teeth worms or canker to kill. Take an egg layd on a thurs-

day, empty it, and then fill it with salt, so sett it on the fyre and let it remayn there, till it may be made into powder: rub the teeth with this powder. *probatum* MS.

Tooth ache

Take a quantity of sage, a little Rosemary, a little tansy, rew, honyssuckle leaves, pepper, bay salt, and hony: stamp them altogether, put them in a clout and lay them to the teeth. Mr Thorowgood . MS.

Another. Take of strong ale or beer 1 pinte, a spoonfull of

Aqua vitæ, a farthing worth of case pepper, half a dozen leaves of red sage, a little sprig of Rosemary: boyl

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them altogether to half a pinte: so wash the teeth as hott as you may suffer. MS.

Another. Take a posset turned with allom, put the curd with a little but

ter together in a rag, tyle it round like a little button, lay it to the tooth. *probatum*. MS.

Another. Take 20 leaves of Ivy. (or Rew) a little long pepper,

boyl them with a handfull of Salt in old wine: put the liquor when it is boyled well, into the mouth, on that side the pain lyes. It cures for ever. Also take the juice of ground Ivy, put therof into the ear, on the pained side; it will ease the pain. MS.

Another. Take a peece of Alabaster, burn it in the fyre till it look

Red hott; then putt it in sack and let it dissolve therin: take therof in your mouth, as hot as may be. *probatum*. MS.

Another. Take 2 or 3 spoonfull of hony, a good handfull of Camomill, shred it and putt it into the hony: boyl it therin, till the vertue be consumed: then as hott as may be, drop a drop into the contrary ear of the head. MS.

Another. Take a burrage leaf, that grows next the ground, stamp it and strain it: powr a little of the juice into the contrary ear cold: but if the cheek be swelled, drop it into the ear on the same side. MS.

Another. Buy at the Apothecaries, pills of Cochæ, half a dram, let them make it into 5 pills, let the party swallow them in the pap of an apple; and after them drink posset ale sweetened with sugar, and keep the ordinary diet. Stirr not out of doores that day, and at night take Tobacco, and put it in the nostrills till they sneez 6 times: and if thy can take Tobacco in the pipe, and drink not after it till morning, but onely sweeten their mouth with sugar candy. MS.

Another. Take 1 handfull of ground Ivy, speer mint and salt of each 1 handfull: stamp them all a little together, then put them in a pinte of Vinegar, seeth them well over the fyre, strain it well and put it in a close glass. When you use it, take a spoonfull and put it into that side that akes; and hold down your cheek that it may descend to the roots of the akeing teeth: it will presently ease. MS.

Another. Take juice of hore hound, 2 or 3 drops, and when you are in bed put it into the contrary ear: it will give present ease. *probatum*. MS.

Another. Take a pint of Verjuice, and as much Roch allum as the bigness of a wallnut, boyl them together a while and take of the scum; then put in about 16 cloves, and 30 leaves of Rosemary: boyl them together to a gill: take it very warm in bed at night, lying on that side which the pain is on, washing your mouth therewith. *probatum*. MS.

Toothache. Rx. Euphorbium 1 penny worth. staves acre 1

half penny worth: pellitory of spain 1 half penny worth.
with vinegar. If the tooth be rotten take a little oleum
Origani and putt it into the rotten tooth. - Item. Rx
leaves of Cylandine, stamp them with honey and make
therof a plaister and apply it to the sore cheek. Bannister
Lady. Byron .

Toothache. Rx. Tobacco, and hold ^ it between the Cheek and

the jawes, it helpeth the Rheume. ibid./
To preserve teeth, use rubbing with Rosemary ashes, or salt,
and with vinum or Acetum Scilliticum. ibid.

for corrupted teeth. Rx. of Tobacco in fine powder, &

also of the ashes well burnt. of each 8d weight. cloves
in powder 6d weight. burnt allom 4d weight: sett-
well 3d . bolearmoniack 6d weight: make them all into
fine powder, and work them together well with honey cla-
rified. Wash your corrupted teeth with vinum Scylli-
ticum, and dry them with a cloth, upon a tooth pick: at
your going to bed fill them with the former medicin;
if it will stay in you may use it in the day. Continue
it a month together, it will cleanse the Corruped
bones, and prevent further corruption. Afterwards
use it once a week. ibid./

Capp paper is good to scowre and strengthen the teeth to
rubb them with it fasting in a morning ibid.

Angelica water put into hollow teeth cures the ache. ibid.

Tooth ache. Hold a clove of garlick in your mouth, when

it cometh of a cold cause. ibid./
To draw out a tooth without paine, rub it and none
other with the powder of gum of Ivy. ibid./

Toothache. Hold mirrh under the tongue, and eat sage

every day twice or thrice. ibid./
The brain (bran) of Olives, fastens loose teeth. ibid.

Tooth ache. ffill the tooth with a piece of radish root; or
rubb the teeth and gumms therewith. ibid./

Teeth yellow. Mix Rye meal, salt and honey, of each

a like quantity: rub the teeth therewith 3 or 4 times a day: and then wash them with water. ibid.
Tooth ache. Seeth rue in wine and apply it: or burn the stalk a little and putt it in the hollow tooth. ibid./

Tooth ache. chew the root of Rosemary, or hold the juice in the mouth. ibid./

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A Receipt to preserve the teeth far better then powders, which shall fasten them, scowre the Mouth, make fast the gumms, and cause the flesh to grow again if it were fallen away . - Rx half a glassfull of Vinegar,

and as much of the water of Mastick, bolearmoniac, dragons herb, Rosemary, Mastick, Roch allum, of each 1 ounce: of fountain water 3 glasss fulls; mingle all well together and let it boyl with a soft fyre, adding to it half a pound of hony and takeing away the scum; then putt in a little benjamin, and when it hath sodden a quard ter of an hower: take it off and keep it in a clean bottle, and wash your teeth therewith, as well before meat as after. ibid./

Walnut tree leaves green are good to rub the teeth with to make them white. You need not use any thing else while they last green. ibid./

The toothache. Take a brass ladle, sett it on the Coales,

when it is hott take it off, putt in some sugar: when it melted putt to as much beaten better-pepper, as will make it into a paste. You must putt some of it into the tooth if hollow: if not, hold some of it between your teeth. It drawes Rheume exceedingly. ibid.

Tooth ache. Take pepper and stamp it, and temper it with good wine; supp it into your mouth as hott as you can; hold it till it be cold: use it often. ibid./

ffor stinking teeth or a stinking breath, Take 2 handfull of Cummin seed: stamp it and seeth it in wine, drink it 15 dayes together. ibid.

Gumms imposted. Chop red sage and rosemary small, and

heat them with a little hony: and apply them to the
sore tooth to ease the pain. ibid.

ffor yellow teeth. Chop 1 handfull of sage with as much

salt; put them into past, and bake them dry, rubb
therof within a linnen cloth. ibid.
putt tarr into a hollow tooth, it will break it, and ease
the pain. ibid.

Teeth to whiten, Knead a cake of Barly meal, and Vi-

negar, burn it on the coales, rub the teeth with it, or the
powder of it. ibid.

Teethache. boyle 4 bayes in wine, & hold it in thy mouth. ibid

Item. Putt bay salt in a cloth, lay it in Aqua Vitæ,

putt it between the cheek and the gum. ibid.

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Thorn to draw out *vide* Ioynt prickt.

.....
Throat sore. *vide* cold .

Take new milk and butter sodden together, gargle with it, as hott
as you can. MS.

A sore throat comeing of Rheume . Take an amber bead, putt it on
a bodkin, so burn it in a wax candle; gape over the smoke of
the bead, when you go to bed. MS.

A sore throat . Take figgs, tost and eat them: it is a present Re-
medy. MS.

Swelling in the throat. Take Salendine, stamp it and strain it

with ale or milk, and drink it. MS.

Apply to
ffor pricks with thorns apply poplpody with swines

grease. ibid MS. *Lady Byron*

ffor a soar throat. Rx. Quince seeds half an ounce: in-

fuse them in a pinte of Plantane water for 2 howers.
then give them a gentle boyl, being close covered: let them
stand for one hower, then straine them strongly: and to
every 2 spoonfull of the Mucilage add 1 spoonfull of
Syrup of violetts. Let gently glide down one spoon-
full at any time when your throat is sore or in-
flamed. ibid./

ffor the almonds of the throat and Uvula ; Gargarise

with a decoction of primrose flowers sod in vinegar. ibid./

Soar throat or Mouth. Boyl 5 leaved grass and plantane

in fair water, long: hold the mouth over it and wash
with it. ibid./

Swelling in the throat. Decoction of Divells bitt

to gargle. ibid.

ffor vapors in the throat and a sore there . Rx Scabious

water 8 ounces, Aqua vitæ 2 ounces, Sugar candy 4
ounces in fine powder, Mix these together in a glass,
and take thereof 2 spoonfull warm at night going
to bed. Wett a little linnen cloth in 3 parts of the
water and one of Aquavitæ and apply it warm
to the throat outwardly. ibid./

A sore throat, or swelling about the Chaps: Anoynt it

with oyl of Danewort warm, and rub a cloth upon
a sandy swines back, and lay it upon it./ ibid./

A Iulip for a sore throat . Rx 3 or 4 spoonfull of plantan wa-

ter; 1 spoonfull of wine vinegar: 1 spoonfull of hony of Roses, mix
them well together: drink a spoonfull at a time & gargle oft with it. ibid.

Thrush in the mouth. v. mouth sore. Canker.

Take a little scarlet and burn it to powder, blow it into the

mouth with a quill: if it be an old body, mingle it with a little burnt allum and a little fine sugar. MS.

A medicine to kill any Canker or creeping tetter, Rx

juice of Sage, set it on a chafing dish, & when it hath boyled a while, put thereto as much English hony as will make it sweet, and a good quantity of green Coperas, (or for want of green take white: but more of that than of the green) boyl them together till they be somewhat thick, then wash the canker or tetter. If it be in the throat or nose where you cannot reach it well, winde a cloth about a stick, and so hold it to the sore. If it be for a hole-open-sore, that hath a core in it, put of this medicin into it, & wett lint in it & lay theron, & this will kill the greatest canker or tetter that is. - MS. *Lady Byron*
The distilled water of Bistort, or snakeweed is very effectuall to wash sores or cankers in the nose or any other part if the powder of the root be applied thereto afterward. Culpeper ./

Tetter. v. Ringwome. Itch.

Take new linnen cloth, burn it in a fyre shovel; take the oyl that cometh off the same, and anoynt the place. MS.
Rx. Iuice of pellitory of the Wall, anoint it oft and let it dry in: then take more of the pellitory and let it ly 12 howers in water, and then when you have anointed it with the juice, wash it of with the Water: use it thus often and it will heal it in few dayes. - or else. Rx the Iuice of Woodbine Leaves, anoint the place there with and let it dry in: after wash it off with Your Morning spittle. M.S. *Lady Byron* .

Rx. Oyle of Guaicum, anoynt the uttermost part of the sore with it, and when it healeth anoint it with oyle of Eggs. ibid./

ffor a Tetter. Stercums leporis mixtum cum aceto, si ex eo

unguatur impetigo curat eam. ibid. Or Rx. half a pound of White coperas, a quart of white wine, boyl them together till the coperas be melted and cold: rub the tetter with a cloth till it be red, and moyst it withall, then let it alone, till the next day; and if it be a great tettar, take no more Wine than will melt the coperas. - or stamp a red dock root, mix it well with Vinegar, and anoynt the tettar or ring worm with it. - or take the gum of plum-tree or cherritree, dissolve it in vinegar, and rub the place therewith. MS. *Lady Byron* .

Veins. v. Bloud. Wounds.

ffor Veins broken in a mans body. Take avens, and rew, stamp

them together: mingle the juice with stale ale; drink it. MS.

Mix sage water with peacocks dung to stay the fresh bleeding of wounds, being bound about with moss and Cotton.

MS. *Lady. Byron*

ffor a vein that is cutt. Take clean linnen, burne it,

and mingle the powder with the white of an egg:

and lay it to: and when you take it off, wash the place
with the parties own water. ibid.

ffor a vein that bleeds. Wash Rew, stamp it & lay

it to it, and lambs wool upon it. ibid

ffor a vein hurt with letting bloud. seeth rew in water &

lay it to: and lay unwasht lambs wool on it. ibid.

Something to be noted concerning Issues.

The root of an Ash tree cutt into peeces, will make

an issue run as long as one hath life in them. MS. *Lady. Byron*

An Issue is a little Ulcer made by art in a sound part
of the body, by a red hot iron lancet, scizzers or Corro-
sive Medicine, to evacuate superfluous humours, and so
either prevent or cure diseases. Let them be made be-
tween the Muscles, not in the beginning, middle or
end of a Muscle. If you make an issue in the head,
let it be in the middle of the Coronal suture: in the
neck between the shoulders; if on the arm, about the
middle space between the shoulder & elbow towards the
outside. If on the thighs let it be on the Inside 2 or 3
fingers breath above the knee: if on the leg, as much
below the knee. They are made by Incision, Caustick,
or burning. By Caustick, which is most usuall, it is
thus made. The place being first marked with Ink,
apply a plaister with a hole in the middle over it; in
which hole putt the Caustick over the place marked: over
which lay another plaister. after 3 or 4 howers, take
off the Emplaisters and Caustiks, and apply on the Es-
car a plaister of Diapalma, dressing it twice a day

that it may the sooner separate. ffor the Caustick you may use Lapis Infernalis, or that of Sylver mentiond by Salmon . The Escar being fallen, putt into the hole a little ball of Wood, wax, Elder pith, Sylver, or a pea: which must often be taken out and renewed: applying over onely green oyld cloth. If the Issue should grow up, make balls of Gentian, Hermodact, Orrice. &c. If scalding humours flow, apply to it Unguentum album Camphoratum, mixt with an equall Quantity of Populeon. - Salmon ./

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Vapors or fumes.

To hinder vapors ascending after meat. Take sweet ffennell seed 1 dram, coriander seed prepared, 2 drams, sugar of roses made in tables, and then powdered half a pound: white bread tosted and made in powder, and of Mastick in powder, of each 1 dram make it all in powder, and eat of it after meat. MS.

ffor hot vapours. Take sorrel 2 handfull, raisins of the Sun

1 handfull, boyl them in rose water till they be plump; then take out the sorrel and raisins, stone the raisin, then eat the sorrel and raisins twice a day: Also eat conserve of succory flowers fasting, and at 4 after noon. MS.

Heart Trefoyl, so called because the leaf is trangular like the heart of Man, and each leaf hath the perfect Icon of an heart, in a flesh colour. It is as great a strengthener of the hear, and cherisher of the Vitall spirits, as growes, and defends the heart from the noysom vapours of the spleen. Culpeper ./

Venemous beasts biteing. *vide*. Mad dogs
biteing ./

Gentian is very good for: some use it like a Tent to open the sore. Culpeper ./ Item garden & wilde par snips. - The smoke of Iuniper wood drives out serpents. - Southernwood applied outwardly is plaster helps the biteing of venomous beasts - Consolida Regalis or larksheel resist poyson, and help the biting of Venemous beasts. - Item Coronaria, Cotton weed, chaffweed or petty cotton - Cynoglossum or hounds tong is a present remedy for one bitten by a mad dog. Some say if you putt the herb under your foot within your stocking, no dog will bark at you. - The leaves of Ash trees are good for

the biteings of serpents. - Masterwort helps the
biteing of mad dogs - Mallowes help the biteing
of venomous beasts, and stinging of bees & wasps.

- Bawme mixed with salt and applied outwardly
helps the biteing of Mad dogs and venomous beasts

- Mints outwardly applyed. for biteing of Mad
dogs. - Flea bane helps the biteing of Venemous

beasts. - The roots of butter flowers applied to
a plague sore, or the biteing of any Venemous
Creature doth notably draw away the Venom
to themselves - Item Rue - Cummin seeds

help the biteing of venomous bessts. - Item the
seeds of Ammi or Bishopsweed. - A Saphire
stone is very good for the same purpose -

The powder of Bezoar stone putt on wounds bitten
by venomous bessts, draws out the poyson. Culpeper .

recto of insertion after page 358

Blacking for Shoes -

Half p^d very coarse Sugar

3 Ounces Ivory Black

A Quart of small Beer
well mixt together.

verso of insertion after page 358

Blacking for Shoes

Take an ounce of bees wax, 2 ounces
of beef suett. melt them together, &
add as much Lamb black as is
sufficient, & Keep it in a strong -
blew paper for use.

Blacking for Shoes

Take a quart of Water,
& dissolute in it 2^d of Gum
Dragonth, when it is
dissolued put to it as
much Lamb black
as is suffitient.

A Quart of Strong Beer.

2 oz of Ivory - Black.

2 oz of Sugar Candy. well
boiled and *then* a Piece of Fat
put in & when cold, stirr'd

together.

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Venemous beasts-----biteing. *vide* biteing.

and biteing of a mad dog.

Biteing of a mad dog. Pare a radish root, and seeth it

in wine: stamp it and apply it: It will keep the hole open and draw out the venome. If you stamp the leaves therewith and apply it, it will be better. MS. *Lady Byron*
The leaves of Dwarf Elder or Wallwort applied to the place help Inflammations, burnings, scaldings & the biteings of Mad dogs. Culpeper ./
Garlick is good against all poyson and the biteing of Adders, Toads, spiders. Idem. Also Sowes bread outwardly applied to the place helps all biteings of venomous beasts. Item Burdocks bruised and mixt with Salt and applied. Item onyons bruised and applied helps the biteing of mad dogs. Item vipers bugloss or wild bugloss, either boyld in wine and drunk, or bruised and laid 2 / place, is good for those *that* are bitten by venomous beasts: and the root carried about one keeps a man from being stung. Culpeper ./

Vines to preserve from worms.

Take of Seacoale and mix it with oyl, and it will be soft: with which anoynt the vines: it kills the worms. MS.

Ulcer to heal. Sores

Pro ulcers virulento. Rx. 4 ova ad duritiem elixa: vitel-

los tere diligenter, tum affunde aquæ vitae li b ij. alu
minis. 3 s. Camphuræ 3 ii. ruginis rafilis 3 s. for
linimenta aqua inbuta; applicentur ter aut quater in d??
ulceri; quando vero ulcvs purum est et caro regeneranda
hinc adde mirrhæ et aalies ana. MS. *Lady Byron*
Putt the juice; water or powder of Angelica into old deep
Ulcers to cover the bones with flesh. ibid./ it likewise
cleanses and heales them and cankerous sores./ ibid
Olives applyed with honey cleanse ulcers, and asswage all
other humours and swellings. ibid./

To cure an Ulcer; Take unslaked lime, put it into a

kettle of water, set it over the fyre and let in boyld
an hower: then take it off and let it stand till it be
cold; if there by any scumm take it off, then take
off the cleer water that is on the top, put it into a
glass and keep it for use. When you use it, first wash
the wound with the same water; then take some fine
linnen cloth, and dip it into the water,

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and put it into the wound; so doe every three howers
till the ulcer be whole./ ibid.

Tarr sodd with raisins and hony heals carbuncles and rotten
ulcers, and breaks them. ibid.

To bring a canker out of a sore old or new, mix a spoon-
full of tarr with as much new Cream, and apply it with
a cloth, 2 or 3 times. ibid./

An oyntment for all sores. Seeth 1 pound of honey with half as

much vinegar, and half a penny worth of Verdigrease
& use it. ibid.

ffor any grievous sore, wash it with posset ale made with
white wine vinegar and apply the Curd. ibid./

To make Skin grow where it is raw. Stamp woodbine leaves,

and seeth them in a quart of good ale: strain, and putt
thereto hony and alome: seeth it to one half; then dip
grey paper therin & apply it. ibid.

To cleanse a sore and heal it. Boyl brawnes grease,

hony, white wine, and rye meal; and make a plaster
of it./ ibid.

ffor a Canter. any where. Wash with the distilled water

of Hony suckle. ibid.

To heal ulcers; Small dragons being powderd & mixt

with hony heal maligne corrodeing ulcers, especially
the Polypus. ibid./

To cure any scratch with a pin.

As soon as it is done lay a little ear wax on it, and do not wipe it off presently./ ibid./

To skin a sore. Rx a handfull of penny royall, as

much sage; boyl both together in butter: strain them, spread it on a paper and lay it to the sore. ibid./

To cure any knock, tho the skin be rubbed off.

Take the skin of an egg shell, let it stick on till it rubb off, it self. ibid.

Alkanet made into an oyntment, is very good for old Ulcers, hott inflammations or burning by common fyre. Culpeper . - Adders tong or Serpents tong, the leaves being infused or boyled in oyl Om phacine, or oyl of unripe Olives, sett in the sun for certain daies, or the green leaves suffici- -ently boyld in the same oyl is made an excellent green balsome, not onely for green fresh wounds, but also for old inveterate Ulcers, especially if a little clear Turpentine be dissolved therin. Idem.

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Uncome. *vide* felon. Blast. Burns./

An uncome is a swelling that allwayes begins upon a joynt. Take sage and rew, of each a handfull, take fatt resty bacon and 2 fatt black snayles, beat all together till they come to a salve: apply it: it will draw, ripen, and heal. MS.

Another. Take of the juice of plantane 2 spoonfull, and the white

of a new layd egg, 2 spoonfulls of wheat flower, a spoonfull of hony, beat them well together, and keep it close in a glass. MS.

ffor an uncome or felon. Rx chalk, shave it, Rye

bread crumbs, soap, fresh butter; mix alltogether like a paste, lay it to it: shift it twice a day, and it will cure. M S. *Lady. Byron* ./

To Cure a blast. Take the molds of the grave

last made; boyl it in a black cows milk: wash
the face in the milk, and lay the molds to all
night. ibid./

The leaves of Clary used with vinegar, either alone
or with a little vinegar-hony, helps hott inflammations,
boyles and felons, and the hott inflammations
that are gatherd by their paines, if it be applied
before they be grown too great. Culpeper ./

Nayl wort or Whitlow grass, is somewhat like Chick
weed, and growes on old Stone Brick walls, after the
end of April they are not to be found. It is held ex-
cellent good for those impostumes in the joynts and un-
-der the Nayls, called Whitlows, felons, Andicones &
Nayl wheales. Idem./

The juice of Purslane mingled with oyl of roses
is good for blastings by lightening, or burnings
with gunpowder. Idem./

The flowers and herbs of the herb called Ladies
Bedstraw, (cheese rennet, because it performs the
same office, also Gallion, Pettimugger, Maids
hair)and by some Wild Rosemary) being made into
an oyl by being sett in the sunn, and changed after it
hath stood 10 or 12 daies, or into an oyntment be-
ing boyld in axungia or sallet oyle, with some wax
melted therin after it is strained, either the oyle
made therof or the oyntment, do help burnings with
fyre, or scaldings with water. Culpepper ./

The juice of the White Beet helpeth burning,
being used without oyl, and with a little allum
putt to it, it is good for S. Antonies fyre, wheals
pushes, blisters, blaines. Idem./

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362. Vomiting to cease.

To cease vomiting. Take red mynts, and womans milk brayed, and
stamped together: give it the patient to drink cold. MS

ffor those that cast up their meat, by reason of a weak stomach, Take
the neither crust of brown bread, dry it well and leisurely at
the fyre; steep it in strong vinegar a little while: then take it
out and spread on it the powder of cloves: warm it again and ty
it about the Mouth of the Stomach. MS.

To cease vomiting. Take the seed of Mallows, and drink it with

red wine. MS.

ffor one that vomits much. Take roses and boyl them well in good strong white wine vinegar; make a plaister therof and lay it to the patients stomach. MS.

To stay vomiting. Take rew and strip it, temper it with white wine, and drink often of it warm. *probatum*. MS.

Another. Take sliced ginger, boyl it in spring water, till the water look red: sweeten it with sugar and drink of it. MS.

Vomits to make

A speedy vomit. Take the bark of Elder tree stamped, & putt in warm water: stirr it, and drink it. MS.

A gentle vomit. Take of White wine or sack one quart; Stibium 1 dram, infused in the embers 12 howers with the wine. keep it close stopt for your use. Take a spoonfull of wine thus orderd; it will vomit and purge. MS.

Vomiting to cease.

Take of the salt of wormwood 1 dram, divide it into 3 equall parts, give a part of it at once in a spoonfull of the juice of Limons: use it as oft as you see occasion. If you give it to those that cannot retain there meat, give it allwayes imme diately after meat. Mr Tancred . MS.

To stay vomiting or a flux. Take verjuice and water, two parts water, and one part verjuice, drink it. Mrs Beaumont .

Vomitives.

A gentle Vomitive. Take lukewarm water 1 pinte; add to it 6 or 8 spoonfulls of sweet sallet oyl: drink it oft warm: or if your stomach be full and inclined to vomit, drink of a pinte or 2 of warm *Carduus posset*. Dr Harvey .

Another. Take 3 or 4 radishes; bruise them and boyl them in a

pinte of small ale, till one half be boyled away: press the liquor hard through a strainer: and add to it one ounce of fresh butter, or 2 or 3 spoonfulls of sweet oyl. Dr Harvey .

Another. Dissolve 2 scruples, or a dram of Salt peter, in a pinte of fat broth. Dr Harvey .

Another, somwhat stronger. Take of the yellow bark of

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ffrangula 3 drams, I.....or the same quantity of brown flowers;boyl it or them a quarter of an howr in half a pinte of small ale: strain it and drink it oft warme. Dr Harvey .

Another. Take a dram of Orach seeds powdered, drink it of in a quarter of a pinte of warm posset ale or fatt broth, Idem.

Another. Take a dram of Dryed Pompion root powdered; or a dram of Nettle seeds powderd: or a dram of the inner bark of wallnut tree powdered: or 3 drams of Radish seeds powderd: or 3 drams of garden cress seeds powderd: likewise a dram of fine grated Agarick taken in a draught of fatt broth, will with some operate very well by vomit. Also threescore drops of the juice of green Tobacco leaves taken in posset, doth vomit very smartly. Dr Harvey .

The best vomitive among vegetables is this. Take 5 or 6

leaves of green Assarabac leaves, bruise them in a stone mortar, and while you are bruising them powr to them by spoonfulls, a quarter of a pinte of white wine or ale: haveing mixt them well together, press out the liquor hard through a Canvas strainer. Also instead of the leaves you may take a dram of Assaraback roots, dried and powdered, in a draught of posset or warm ale. Dr. Harvey .

To cause vomiting. Rx. 4 spoonfulls of sack or white wine,

and as many of Sallet oyle: mix both together, warme them and drink them: soon after provoke thy self with

a feather in oyle, or thy finger. MS. *Lady Byron* this cleanses
the stomach also

A vomit. Rx. a quart of good ale, and 3 or 4 handfull

of an herb called Groundsill, let it boyl to the half,
then let it stand untill it be cold; strain it, and drink
it blood warm in the morning fasting. MS. *Lady Byron*
Nutmegs stop vomiting. ibid./

To stop vomiting. Rx Some Cinamon, beat it to powder.

and some sugar. Take as much as will ly on the
point of a knife, twice together. It will stay either
vomiting or purgeing./ ibid.

A vomit prescribed by Sir Theodore Mayarne . Take a

dram of white Copperas dissolved in a draught of
posset drink; take it either fasting, or after a
full meal; it will cause vomiting presently. ibid.

To stop vomiting. Steep a piece of bre^ad in Salt & vine-
gar, bruise it and apply it to the pitt of the stomach
and strike some of it on thy mouth. ibid./

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To procure vomit and bring up gross tough humours,
Rx a dram weight of the root of Betony, dried, take
it with Mead or honyed water. ibid./

To stay vomiting or casting. Take good wine vinegar,

make it strong of safron, warm it and bath the pitt of
the stomach, a quarter of an hower together diverse times
in the day. ibid.

A vomit is an expulsion of bad humours contained in the
stomach upwards. It is the wholesomest Physick for
those that are gross & full of humours: for what a
purgation leaveth behinde, a vomit roots out. The
wholesomest vomit is this, take half a pinte of sack,
seeth in it 2 spoonfull of Rhadish seed; then when
it hath sodden allmost to half, strain it & drink it
up with 5 spoonfull of Sallat oyl. By this easy vomit,
many have been suddenly ridd of the cough & of much
Clottering phlegme. Dr Vaughan
Assarabacca an herb common in gardens is a very ex-

pedient vomit to prevent many sicknesses, & take away
the seminaries & roots of any sorts of agues, useing it
an hower before the fitt. The dose is 4 or 5 leaves
of it in a cup of ale steeped over night & strained the
next morning. Or if it be dried, a dram of the
powder of it infused in some drink with a little sugar,
and grated ginger will procure a vomit. Some will
rather use the powder of the root to the quantity of a
dram. Others apply the powder of it as a locall medi-
cin to the wrists, especially of Children against the
ague. Idem.

Stybium is none of the Worst Vomits, if the substance
of it to the dose of 4 graines, be layd in some pierce-
ing liquor, as vinegar, for a Sennight, thereby to
allay the violence of it: then infuse it for a
night in a cup of Aqua vitæ, which you may drink
up the next morning; reserving the substance a-
-gainst other times: for the same piece will serve
often; being thus tempered it may prove Bezoardik
& of great efficacy against the Impurity of
feavers. Idem./

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If vomits work not within an hower after you have taken
them, sup a little of the syrup of Oxymel, & putt your
left middle finger in your mouth & it will help you.
Idem.

If you vomit too much, rub & wash your feet with
hott & sweet water: & if it yet cease not, apply a
gourd to the mouth of the stomach. Sometimes without
any physick at all one will fall to a customary vomit-
ing: & then it proceeds either of the cold complexion of
the stomach, or of hott Complexion. If of cold com-
plexion you may help it by makeing a bag of Worm-
wood, dry mints & marjoram, of each 1 handfull:

Nutmeg, Cloves & galingale, of each half a dram.

Let them all be dried & powderd, & put between 2 linnen
Cloths, with Cotton interposed & basted: then apply them
on the stomach. Or esle apply the sayd herbs alone
dried on a hott tyle stone, & putt between 2 linnen
cloths on the stomach. You must also fortify the sto-
mach with syrup of Mints or Wormwood, or eat
Lozenges called Diagalanga. But if the vomiting pro-
ceed from a hott Complexion, you may cure it by a
plaister applyed to the stomach, of oyle of roses,
Wormwood, Mint & barley flower, with the white
of an egg. Some in this case take purslan water
in their drink to quench their thirst. Idem./

A notable vomit, called Spitt till he Spew. Rx

Opium a grain. Elleborus albus 1 grain. Stibium 4 graines. Bezoar 2 grains. English safron 6 graines: Salt of Ellicampane 2 grains. Salt of Catapushy (Spurge) 2 grains. leaf cold 16 grains. salt of Hyssop 3 grains. White amber 4 graines. Then calcine all these together; the dose is 4 grains in white wine, It is an admirable vomit & excellent for many diseases of the stomach and works with wonderful ease, and without the least danger - Christina - Old MS./

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366.

Warts to kill. *vide Corus.*

Cutt of the head of a quick eel, rub the warts all over with the bloud of the same; then bury the head deep in the ground; when the head is rotten, the warts will fall away. MS.

The root of spurge boyled in Vinegar, or the milk of the spurge taketh away warts. - Item the milky juice of figs layd to with grease of fatt. - Item the ashes of bark of willow mingled with vinegar takes away warts or corns. - Tyme stamped with vinegar or the seed of Tarnesill laid upon warts. - Stamp Egrimony and temper it with a little Esyll (vinegar.) and binde it to the wart. - The juice of Rusland . *probatum* MS. *Lady Byron*

To take away warts. Rx The sap that comes from the

wood on the fyre and wash them with it. The sap of Oak wood is best. This hath been proved to take them away in the face or else where. M.S. *Lady Byron*/

To take away warts. Rx. purslane (such as they usually

make sallets with) punn it a little: lay it and the juice therof on the warts, and rub them with it. - or take the ashes of green willow and vinegar, make therof a lee, and wash the warts. *ibid.*/

Another. wash them with the juice of Elder berries, when

they are black, do so every night, and binde them to it in the night. *ibid.*

Bruise an onyon with salt and honey, and apply it to

warts to make them fall off by the roots. ibid.

Anoynt warts with the juice of purslain to pull them up by the roots. ibid. Item the heads (or hearts) of Leeks beaten and layd to. ibid. Item the juice of White mul-len pressd out from the leaves or flowers; or the juice of Mercury, takes them clean away. ibid.

A certain cure for warts. Rx. a black snayl without a Shell

prick it all over, rub the warts with it, & let the slimy ness dry on: and so take the snayl and hang it on a black thorn: there let it consume, and as that wasts so will the warts. - Rost the same Rinde of snayl, and lay it to corns: twice or thrice doing will cure. ibid.

To take away warts from any part of the body.

Take the green leaves of Marygolds, &

mash them as small as green sawce, rubb the warts with it, and squeeze some of the juice upon it. - Hartman . *vide* pagin. sequent./

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ffor a disease called the Water Worm.

Take 1 penny worth of roch allum that is reddish, burn the one half, and boyl the other half in a pint of running water, till half be consumed: then wash the sore with the water: then strew on the powder of the burnt allum, and lay a cloth on the sore; it will heal and dry it. MS.

To take away warts from any part of the body.

Anoynt them with oyl of Sulphur 2 or 3 times a-day, and they will fall off. Hartman ./

Another. Take a few snayles, putt them in a glass

with a little Salt, and in 2 or 3 dayes there be will be a liquor, with which anoynt the warts and they will wear away. Idem./

ffor Corns. Rx Galbanum ii. Steep it in wine vine-

gar till it be as soft as a salve, apply it to the corns

being first close pared, till they wear away, which will
be in a short time. you may anoynt them with it, and
then lay a plaister of Diapalma upon it. Idem./

Waters for Sundry Occasion.

A water to wash or cleanse a wound or old sore. Take a gallon

of running water, put therin the quantity of a walnut of
white Coperas: keep it in a close vessel for occasion. It will
keep sweet and not putrify. MS.

A water to cleanse sores, and stop bloud. Take 6 penniworth of

Camphir, beat it small; bolearmoniack finely beaten 4
spoonfull; take a pint of running water, and put it in a
posnet on the fyre till it boyl: then take it off, put in
the powders and stirr it well together, but set it noe more
on the fyre: powr this into a glass and srop it close: it will
settle: the clear warmed will take proud flesh from a sore,
it being washed with it: and shake it together, it stops
bloud. MS.

A water for sores. Take a pinte of water, and when it be-

gins to boyl, take it off the fyre, and put in an ounce and
quarter, mercers weight of Mrs Houlders powder for sores.
let it dissolve in it, and when it is cold, put it into glas-
ses. with this water wash the sores, when the powder hath
eaten away the proud or dead flesh, once a day. If the sore
be deep you may syringe it; if it be broad, warm the
water, and dip a cloth in it, and bath it. It will keep the
sores from proud flesh riseing, and heal fast. Mrs Houl-
der . MS./

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A water to heal a cutt or wound. Take a pottle of fayr water
sett it on the fyre, let it seeth a while, then take 2 penny worth
of white coperas, as much bolearmoniak, and 4 penny worth of
Camphor: beat them alltogether into powder, and put them all in the
water: let them seeth a little while, then take it from the
fyre, when it is cold, put it into a glass, dross and all; when
you use it, powr out a little of the clearest water into a saw-
cer, sett it on the coales, wash the wound therwith as hott as you
can endure, and binde it fast. MS.

A water to wash a sore leg. Take roch allum, and white coperas,

of each a like quantity, fry them in an old pan, till they be

melted together: when they are cold make them into powder: then take fair water, as much as you would have of liquor, sett it on the fyre, and when it seeths put in your powder: when it is bloud warm, wash the leg with the water, and wett a cloth in the water, and lay it on the sore. MS.

A wound water to make. Take Salendine, sage and Woodbine

leaves of each a handfull, seeth them in a gallon of running water to a pottle: strain it from the herbs and sett it on the fyre again: putt in half a pinte of English honey, and an Ounce and a half of graines finely beaten, and about 2 penny worth of allum: then seeth it from a pottle to a quart: let it stand till it be cold: then putt it in a wide mouth glass. Most must be of the Selandine, and least of the sage. MS.

A soveraign water for all sores. Take red sage, Isop,

costmary, rosmery, red fennel, dasies, English castnepp, and allum, of each a like quantity, but most of the dasies: these herbs are to be sodden in running water, till it be sodden in: then wring them through a cloth, and so strain to a water. This is very good to take away the pain out of all sores. MS.

Mrs Sage 's water to cure a wound. Take a quart or 3

pintes of white wine: then take of self heal, of wood bettony, wild dasy roots, leaves and all, red bramble leaves, Avens, bugle, egrimony, Chirvill and white bodily, of each of these 1 handfull; a few crops of red May weed, and ribwort: a few crops of wormwood; wash all these herbs together very clean; and strain out the water very clean, through a linnen cloth: then put them into an earthen pipkin or some other pott, with the white wine, and boyl them on a soft fyre for the space allmost of a quarter of an hower,

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then put to the decoction, 2 or 3 spoonfulls of English hony and let it seeth and simper a while after, beeing well stirred with a spoon in the seething; then strain it all through a fair cloth, into a clean bason or pot well cleansed, and wring your herbs well in the straining: when it is cold put it into a bottle. Drink of it evening and morning, cold or hott, but rather warm, 3 spoonfull at a time, as your stomach will serve, fasting or otherwise. This water will cure you of any wound or hurt, of any inward sore or outward bruise, expelling the bruised bloud from the body wonderfully, and without any paine.

closeing up the wounds very fast and perfectly in very short time, tho you use noe other salve. But for the more speedy cureing of deep wounds you may tent it, and lay a colewort leaf over the sore. This drink is good for all kinde of diseases bruises and sores that come by falling, often proved. It is good for wemens sore brests, and excellent for the sciatica, and to draw out thorns or thistles out of the flesh, iron or stone, or any thing else that rankles in the flesh, being drunk as before sayd: it is good for obstructions of the stomach, or else where in the body, and may be drunk at any time of day or night. MS.

A Water of Mr Matthias a famous physitian,
for palsies, dizziness of head, and
weakness of Sinews.

The Lavender flowers clean picked and stript, as many as will fill a glass of a large gallon: then powr on them good spirit of wine, or exceeding good Aqua Vitæ: let them infuse in a warm place , close stopped for 6 weeks. Then take flowres of Sage, rosemary, bettoney, of each 1 handfull: of burrage flowers, bugloss flowers, lilly, convallily flower and cowslip flowers of each clean picked, 2 handfull: infuse them also in spirit of wine or exceeding good Aqua vitæ (every one ga ther in its time) then haveing infused every one, according to its time 6 weeks, put them altogether. Then take balme, motherwort or Cardiaca, spyknard, bay leaves, and if you can get them, the leaves of orenge tree, and the flowers of o renge, of each 1 ounce. Cutt or chop these flowers and herbs, and put them also to infuse 6 weeks in perfect good Aqua vitæ. Then take also Citron pills, (the yellow thin pills; if you can not get Citron pills, take Lemon pills) and piony seeds hulled, of each 6 drams; cinnamon 1 ounce and half, Nutmegs, Mace, Cardomomes, Cubibes, and yellow Sanders made in powder, of each 1 ounce; lignum aloes

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1 dram, put them into the abovesayd spirit to infuse, and add to them Iububes, (the kernells or stones taken out and shred small,) half a pound. Let them infuse together again 6 weeks. Then di still them in a Lymbeck, receaving the water in severall glasses, till all the water be run out. put in this liquor, of fine pre pared dissolved pearl 2 drams: of prepared Smaragd stone 1 scruple, of good Amber griese, musk and safron, of each half a scruple, of dried red roses, of sha-yellow and red sanders shaved small of each 1 ounce. put these in a fine sarcent, hang them in the liquor, and let them Aromatize together close stopped. Use it as follows. Take sugar and crums of Man chet, powr on this as much of the water as will make all very moyst: take a spoonfull of this every half hower, so the fitt

be newly taken. This water is of exceeding great vertue, in all swoounding, weakness of heart, decaying of spirits: & in all Apoplexies, palsies, Epilepsies; in all pains of the joynts comeing of cold: for bruises outwardly bathed or dipped in it: it comforts all animal, vital and naturall spirits: it clears the externall senses, strengthens the Memory, restores lost appetite, and all weakness of stomach, being both taken inwardly and bathed outwardly. Take of it a *quarter* of a spoonfull and fast 1 hower after it, it takes away giddyness of the head helps lost hearing, brings a pleasant breath. There can be no better remedies both in palsies and appoplexies, either to help in the fitt or to prevent it: if you take morning & evening a *quarter* of a spoonfull with crums of bread and sugar, it helps lost speech, and all cold dispositions of the Liver, a begining dropsy, and all cold diseases of the Mother. In short its vertues are inexpressible. Now there is no certain quantity of Spirits or *Aqua vitae* to be putt to the foresayd herbs: but I use, as I was taught to still it by those who had tryed before, to putt as much as will cover the things, that they may be well soked and not ly too thick for want of liquor. Neer 2 gallons and a half of spirits or *Aqua vitae* go to still this Water. *probatum.* MS.

The Snayl water, excellent for the
Iaudies, and Collick of the Stomach.

Take a great peck of garden snayles, wash them in a great bowl of beer, then make your chimney very clean, and powre therin half a bushell of charcoal: sett them on fyre, and when they are throughly kindled, then with a shovel make a great hole, and powr in your snayles, and scatter some,

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of your fyre L..... amongst them:
and so Let them rost, as long
as you can hear them make any noyse: then take them out, and with a
knife and course cloth pick them, and wipe all the green froth clean
from them: then bruise them, shells and all in a stone mortar: then
the pot being made very clean wherin you sett your Limbeck, put them
into it: and in the bottom, lay aabout 2 hand full of angelica, as
much of selandine upon that, then putt a quart of rosemary flowers,
also if you please you may putt in Egrimony, barefoot, dock roots
of the reddest sort, of the bark of barbery tree, wood sorrell and
betony, of each 2 handfull, Rue half a handfull, fenegreek and
Turmerick, of each 1 ounce; safron well dried and beaten to pow-
der, the weight of 6 pence; then powr in 3 gallons of the strongest
ale, (and great measure) cover your pott, and let it stand so
all night in the place where you mean to put fyre under it. In
the morning before you put fyre to it, you must put into it 3 oun-
ces of very good cloves beaten to powder, and 6 ounces of harts
horn, grated or filed to powder before you weigh it (you must

not stirr it after you have put in your hartshorn, least it go to the bottom:) then sett on a limbeck, and make it fast with a peece of Rye dough, so receave your water in pintes. Or it may be distilled in balneo: The first water is the strongest and must be receaved by it self; the last is smaller and may be mended, by putting in some of the strongest, when it is to be used, This water must be given to the patient in the morning fasting 2 howers after it and not sleep upon it; or it may be given between meales, 2 howers from each meale. He must take 2 spoonfull of the strongest sort with 4 spoonfull of ale, or white wine; and when you give the smallest, you may give as much water as drink. This has been proved for an excellent medicine for the Collick of the stomach and jaundies. MS. probatum. Mrs Prichard ./

Dr Steven's sovereign water.371

Take a gallon of gascoign wine, of ginger, galingal, cinnamon, nutmegs, cloves, mace, graines, anniseeds, fennelseed, carraway seeds, of each of theses a dram: then take sage, redmints, roseleaves, tyme, pellitory of spain (the wall), rose mary, wild marjoram, penniroyall. wild time, Camomill, Lavender, of each (avenas) of them a hand full; then bray the spices small, and bruise the herbs very well, and put them all in the wine: let it stand 12 howers, but stirr it diverse times. Then distill it in a Lymbeck: but keep the first water by it self, for it is strongest: then take the second water, which is good, but not as the first,

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sett this in the sunn, and it will be the better. This water comforts the vitall spirits, helps inward diseases that come of cold; helps the shakeing of the palsy, which is a contraction of the Sinews: helps conception in barren women; kills worms in the body, helps the stone in the bladder, cures an old cough, comforts the stomach, cures the cold dropsey: helps the stone in the reins, quickly cures a stinking breath; and who soever uses this water not so often, it preserves him in good likeing, and makes him seem yong very long; for it comforteth Nature. &c./ it is good for surfets, alone or in Drink./

The Receipt of Water of life.

Take anniseeds clean dressed and bruised, 1 pound; liquorice clean scra ped and sliced, half a pound: fennel seed, Carroway seed, Galaingall, ginger, nutmegs, cinnamon, of each 1 ounce. Enulacampa roots, Ireos roots, of each 2 ounces; cloves, cububæ, of each half an ounce, com min seeds, Amjos seeds, Am m onium seeds, bassil seeds, winter savory seeds, piony seeds, of each half an ounce: Juniper berries, flowers of stæchados, flowers of Chamæpitidis, of each 1 handfull; long pep

per, graines, bay berries, of each half an ounce; Sarsaparilla, rootes of fole foot, of each 1 ounce: Calamus Aromaticus, lignum aloes, mace, spiknard, Zedoaria, of each a quarter of an ounce: o lybanum, Mastick, of each 1 ounce, of Sapiurus 4 ounces: Al kanet roots 1 ounce, of fine sugar 4 ounces, of strong ale, the stronger the better, 3 gallons: flowers of damask roses or red roses, 2 handful: your roots must be sliced, and your seeds bruised and put into the ale: let it stand a night and a day close covered stirr it 2 or 3 times, and draw very leisurely by limbeck, and into your receaver put your Alkanet roots and your sugar together: for those roots do give the colour, or else it would be white. MS. Mr Kebles .

A strong water to make.

Take a quart of aqua vitæ, Rosemary flowers, paigles or stickwort, sage flowers, balm, sweet marjoram, pellitory of the wall bettoney, sage, of each of these 1 hand full, half an ounce of Cinnamon, nutmegs 1 dram: anniseed, fennel seed, Carraway seed, Coriander seed, grummil seed and Iuniper berries, of each 1 dram: you must bruise all these seeds and spices, put in sugar to your own taste, 3 or 4 good dates, one or 2 races of good ginger pared, 2 drams of graines; wash 2 or 3 peeces of gold and put in. This strong water must be made in May, and set in the sun all summer, and stirred every. Mrs Pag ton . MS./

Treacle Water.

Take an ounce of hartshorn shaved, boyl it in 3 pintes of Carduus water, till it come to a quart: then take the roots of Enula Campane, gentian, Cypress, Tormentill, and of Cytron Rindes; of each 1 ounce: Burrage, Bugloss, Rosemary flowers, of each 2 ounces; then take 1 pound of the

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Markhams Balls *the best way.*

Take Aniseeds Cumin Seeds, fenygreek seed, Carthames seed, Enulacampane, & Colts foot of Each 2 Ounces, Iuce of Liquorice one Ounce, flower of brimstone 2 Ounces, dissove *the juce* of Liquorice in two-half a pint of white wine Chimicall Oyle of Annis=seeds, 1 Ounce, best flor, Oyle, Live hony, & Molosses of Each half a pound, mix all together & with a sufficient Quantity of Wheat flower make a Masse

Markhams Balls *the Comon way*

Take fine wheat Meal 6 lb Aniseeds, two Ownces.
Cominseed six drams, Carthamus one dram & a
half, Fenny greek seed One Ownce 2 drams,
brimstone one Ounce & half, Sallet Oyle one pint,
Hony one pound & half, white wine 4 pints,
make all into a pott *the* seeds being dried powdered
& searced,

For a Horse with sore heels.

Antimony beaten to powder & given in his Corn
is Exelent for soor heels.

Docter Johnson s Cordiall Water.

Take dragons, Rosemary, Wormwood, Sage, Scordium
Mugwort, Scabius, balm, Cardus, Tormertill roots
& leaves Angelico, rootes & Leaves, Mary gold Leaves
& flowers Agrimony pimpernell, wood sorrell
Centry topss, Bettony Leaves, & flowers of Each
half a pound, Rue a Quarter of a pound

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Elicampane 2 Ounces Liquorice 4 Ounces, Wash these
hearbs & shake them dry in a sheet, then shred *the* herbs
& dry *the* rootes, & put *them* all into 3 gallons of the best white wine
Let them stand Close Covered 2 dayes & 2 nightes stirring *them*
morning & Evening, then take some of the herbs out of the
wine Lightly draining them in *your* hands, fill vp a still
full in *the* morning, & Let them be stilling 12 howers in an
ordnary still with a Reasonable Quick fire, then take the
rest of the herbs & wine, & still them in a Limbeck, as
you doe other strong waters, till all the strength of the
herbs & wine & *herbs*-be gone, You may make 3 sorts
of water in *your* Limbeck & 2 in *your* still when you have done
put *the* strongest water *that* Came out of *your* Limbeck into *the*
smalest *that* Came out of *you* r still, & *the* smalest of *your* Limbeck
to *you* r strongest of *your* still, soe you shall Keep it from
putryfying & frost 3 or 4 Years Keep some of *your* smalest
to allay *the* Heat of the other, when you give it to Chrlidren
under 7 Years Old, Let it be almost blood warm, put
some suger to it. give in Quantity as you thinke *the*
dissease is in strength, 4 or 5 spoonfulls is Enough for
a man or woman, or 6 if need be to a strong Nature.

The Virtues,

If any hath surfeted give of this water, & Lay *them* warm, or walk
vp & downe if need require, but in a feavour or such Like
distemper sweeten it with Sirope of gilly flowers, & Lay *them* to

sweat, thus given it is good in all feavours you may give
2 or 3 dayes together, it never heates but by its Opening
Quality rather cooles, it will drive out any Venemous
humour out of *the* blood, be it small pox or scarlet
feavour or *the* Like, for Each of which it is Extraordinary good
if given Early, it is alsoe very good in Labour, if any have
by Cold an Akeing in there bones, & Limbs give them 6
spoonfulls, & Lay *them* to sweat, & it will help, if the
feavour Lye much in *the* head, sweeten it with Sirrope of
Cowslips, after any in a feavour, be it never so high -
hath twice of it fear not to give *them* Cooling things, but of
all Coolers none is soe Effectuall as sirope of wood Sorrell
given Either in posset drink, or bear or ale, but take hand
heed in feavours you doe not give Coolers before -
Cordialls if the party be very sick & weak between
whiles in there worst illnesse give some more of this & if
they can but sweat, a litle after this, it will doe well if
not noe hurt. allay *the* heat with*the* smaller for Little Chrlidren

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best old treacle, and dissolve it in 6 pintes of white wine, and 3
pintes of Rosewater: so infuse altogether and distill it. This is good
to restore the spirits, and good against swounding, fayntness, agues,
wormes, and the small pox. probatum. MS.

A water to heal and dry any old sore.

Take a quart of Smiths water, half an ounce of white coperas, 1 ounce
of Allum; burn these together, then pound them as small as you can,
and putt it into the water, boyling the 4th part away: then put it
into a pewter dish till it be cold, powring the cleer from it; so keep
it for use. MS.

An observation about Stilling .

your Stills must be of Tinn or Sweet Earth. You may easily
make your waters look of what colour you please, if you first
distill your water in a Stillatory; then putt it in a great glass of
strength, and fill it as full as those flowers whose colour you de-
-sire: then stop it, and sett it in the Stillatory, and lett it dis-
-till, and you will have their perfect colour.

An addition to Dr Stevens famous water .

To the seeds, adde Coriander seeds a like quantity: to the wine, of
Sack and ale, a quart of each. To the herbs, wild marioram,
penney royall, ffennel roots, porsley roots, settwall roots: of
each half a handfull. you must use both garden and wilde Time.

and as for the mints and roses, quære whither they must not be red Mints, and red roses. This water is to be used but 2 spoonfulls in 7 dayes. It preserved Dr Stevens 10 years bedrid: so he lived to 98 years.

Of the most usefull Simple distilled Waters,
and the manner how to distill them .

Among the vast numbers of distilled simple waters, none are more usefull then those 4 below mentioned, which may serve to answer the Intention, which the best of simple waters are used for: viz, for Cordiall Iuleps and Coridall Potions. As for Alterative waters, they contain so weak vertue, that Decoctions, Infusions and iuices made, or spirits drawn from the sayd alterative simples, are infinitely more effectuall. and therefore when they are to be applyed, you may easily be taught how to prepare them by your ffamily physitian. Now the 4 simple waters are. Balm water: black cherry water. Carduus benedictus water. Red poppey flower water. Your herbs are sold in Newgate Market , Stocks Market , Gutter lane , or Covent garden , by the physicall herb women. Herbs by the basket: Red poppey

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flowers by the peck; violet flowers and some others by the pinte or quart measure. Scurvy grass by the basket, bushell or peck. ffor most herbs if you buy them by the hand full, you must pay a groat a dozen: or if you use less, a half penny the handfull is the usuall rate. The value of 12 pence in herbs or flowers will yield 3 pintes of water or more. In some herbs it may yeild 2 quarts, or 5 pintes: if you have not the convenience of distilling them, you may buy them at the Apothecaries for 12^d a pinte: or if you buy them onely as occasion serves you need pay but a penny an ounce: which is the Common price, of allmost all simple distilled waters. English roots among the herb women are commonly a groat a pound.

The way of distilling Simple waters is this . Put as many of

those herbs (being separated from the seapl^{greater} stalks,) or flowers, pulld from their husks, as will onely fill a 2 thirds, or at most 3 fourth parts of the body of a pewter or a copper Alembick, with a bucket head: without adding any water to the herbs (which too many Apothecaries doe): and haveing closed the head to the body, by pasting slips of paper of the breadth of an intch or a little more, round about the juncture, with starch or yest; kindle your fyre gradually, and continue it to a heat so gentle, that your hand may

endure it on any part of the head: and so you will distill your water without smelling of being burned, provided you have put ashes to the thickness of an inch and half, between the plate and the body or bottom of your pewter Alembick. If you use a copper Alembick, you must fill the bucket with cold water: and as soon as you finde the water to be hott in the sayd bucket head, you must tapp it off, and fill it up again with cold water. The reason why you must not fill the body of the Alembeck with herbs is, because should you fill it up, the bottom of the cakes of the herbs will be dried and burned, before the top is half dry or distilled off.

Dr Harvieu .

The way of Distilling Compound waters.

of the London Treacle Water.

Take of the juice of green walnut peel 1 pinte: juice of Rue 3 quarters of a pinte; juices of marygold leaves, balme, and Carduus benedictus, of each half a pinte: butter-burr roots 4 ounces and a half: Burdock roots a quarter of a pound: Masterwort and Angelica roots of each 2 ounces; water-germander leaves, 1 handfull; Venice treacle

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and Mithridate,each 2 ounces,
Canarywine 3
pintes, sharp french vinegar a pinte & a half: iuice of Limons
half a pinte.

The manner of prepareing the ingredients is this. This walnut-peel, Rue, marygold leaves, balme, and Carduus Benedictus, must be each severally bruised, into a sappy mass, in a stone mortar, or lignum vitæ mortar, and pressed through a fine Canvas cloth in a small press. The Canvas for strainers is bought at the linnen drapers, at 6^d per yard. The small presses are bought at the Turners at Hosier lane end , next Smithfield , from 3 shilling to 6 or 7, according to their bigness; or you may have one at second hand big enough for your use for 18^d or less. Now you must bruise the wallnut peel, rue, and other herbs severally because you are to have an exact measure of each of their juices: for should you bruise marygold leaves, Baulme and Carduus, of each the same Quantity together, yet you would not have the same measure of juices from them; because one herb yields far more juice then another. Tho many Apothecaries to save trouble, bruise the foresayd herbs together: which yet is a great error in the exactness of the preparing treacle water. Note. Apothecaries commonly take the green walnutt whole,

and bruise them in a stone mortar together, in order to the expressing the juice out of them. Note. About 50 walnuts will yield a pinte of juice. The butterbur, burdock, masterwort and Angelica roots, must be fresh taken out of the ground, and may be bruised together into a Mash; the water germanander leaves must be dried, stript from their stalks and beaten in a mortar into a course powder: or they may be used green, and beaten in a mortar to a mash or shred small with a knife. Then putt all these together with the treacle and Mithridate into a glass body and powr on them the severall juices, and the Canary wine, mixing them well by shakeing them gently together, and fasten a blinde head to the sayd glass body, by applying round the iuncture or place where they are joyned, a hogs bladder cutt into long slips, the bredth of 2 fingers and dipt in whites of eggs, beaten thin into a water. Or putt all those ingredients into a glass retort Receaver

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the mouth wherof stop with a piece of Cork fitted to it, and fasten a piece of bladder over that. About the sayd receaver tye 2 or 3 pieces of brick to make it sink into a kettle of water, hanging over a gentle fyre; wherin let it stand some 12 or 24 howers at longest. Then empty the receaver into a glass body, which being covered with its glass head or Alembeck, and closed about the juncture with slips of paper and starch, or a hogs bladder dipt in whites of eggs, putt into a sand pan, hanging in a portable furnace, there being the bredth of 2 fingers of sand under the glass; fill the pan with sand, kindle the fyre gradually under it, and so let it distill of, till the ingredients are allmost dry.

Note. The Apothecaries commonly (without other digestion then letting it stand 3 or 4 dayes in their shops in a great glass) distill this and other compound waters in a small copper still with a bucket head: but then those waters are not so full of vertue, nor so clear, as the water distilled in a glass.

The price of the whole Composition.

Half 100 walnutt. 6d . The Herbs whence the juices are to be pressed. 12d or 14d . Roots and Germanander. 3d. obolus Treacle and Mithridate. 16d-2 Shillings . Canary wine. 3 shillings. french vinegar. 3d. juice of Limons. 4d. obolus Charcoal fyre, used in stilling. 4d. The Sum - - 0 - 7 - 10d . ffor which you may expect neer 4 quarts of Excellent treacle water: which is 10d 3 farthing the pinte, and scarce 3 farthing the ounce: computeing according to their retayl measure 16 ounces to the pinte: which according to physicall Measure ought to contain 12 ounces. - The Apothecaries rates are, 3shillings 6d the pinte: some not

under 4.sh + 4d the ounce: some instead of Canary put
in decayed Malaga or Brandy, and for juice of Limons
putt in Lime juice, and use their worst treacle and
Mithridate: and so can sell treacle water somewhat chea-
per then ordinary prices are. - Dr Harvey ./

Aqua Mirabilis. v. before. Aqua Mirabilis
et pretiosa, in the begining of this book

Take of Cloves, Galangale, Cubebs, Mace, Cardomons, Nutmegs,
ginger, of each 1 dram: juice of Celandine half a pinte; Spi-
rits of wine 1 pinte, white wine 3 pintes: steep them 24 howers,
then distill them in ashes in a glass Alembek. - The

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Manner of steeping and distilling this water is the same with that of the London Plague water. Most Apothecaries and distillers draw this water off in a copper still, with a bucket head, or with one that goeth with a worm. The spices before mentioned, must be beaten to a course powder onely: for if you endeavour to bring them to a fine powder, their principal vertue is apt to fly away in powdering. By spirits of wine is heer meant the best Nants brandy. Note. You are to still this water onely half off, and leave the other half in the still: because the first half will contain all the Spirits and vertue of the Ingredi-ents: wheras the other remaining half is found to be flatt, and fitt for no other use then to wash your hands. Though it is to be feared that such as are greedy of gaine, distill it allmost quite off. -

The prices. The Spices all at 6d or 7d . juice of Celandine 3d or 4d . Best Nants brandy. 6d the pinte. White wine 18d . Charcoale 3d . The whole distillation which is 2 pintes and a quarter comes to 3*shillings* 2d . The pinte comes to 18d . the ounce to 5 farthings or little less. The Apothecaries sell it for 3*shillings* 6d . or 4 sh *illings* . the pinte.: and 3d or 4d the ounce. Dr Harvey .

Cinamon Water according to the Dispensatory.

Take a quarter of a pound of Cinamon, steep it 24 howers in 3 quarts of brandy: then distill it in ashes in a glass Ale-m-bick: which renders a much purer water then a copper still:
Note. you are to bruise the Cinamon gross, and into every pinte of the distilled water, dissolve 2 ounces of the best white sugar. - Heer is a great deal of hot burning brandy to a little Cinamon: wherefore you will do better to prepare it thus. Take 3 quarters of a pound of Cinamon bruised, steep it 48 howers in a quart of rose water, and a pinte of white wine. Then distill it as long as it drops milky in a glass Alembick in Balneo: that is, in water poured

into your Sandpan instead of Sand or Ashes. But if your pan be not large enough to contain a sufficient quantity of water, you may use sawdust instead of the water, and keep a very moderate fyre in the furnace. What this water will stand you in, you may easily compute. Dr Harvey .

Aqua Limacum Magistralis, or the London
Snayl water against Consumptions .

This Compound water is so ridiculous, it is a shame to see it in any Dispensatory: for the chief thing aimed at is, through the cool, clammy, glutinous Substance of the liquor of

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Snayles. 1. to cool the heat of the Hectick feavor. 2. to repair the parts consumed. 3. to facilitate Expectoration: ie, to make the matter come up easy by cough, through its lenifying quality, wherby it sweetens the humors, by allaying those gnawing Salts that prey on the lungs. Now in the distilling of the Snayles, there is no part of their Unctuous or glutinous liquor passes the Alembick, but a meer Elementary Water. The same may be sayd also of the hogs bloud. ffor these and other reasons, I commend to you this following liquor of Snayles. Take of garden snayles, especially those off a vine, with their shells, 1 pound: first wash them well with water and a little salt: then wash them once or twice more with fair water to wash of the salt: bruise them with their shells in a stone mortar to a mash: add to them, ground Ivy: speedwell, lung wort, Sca bious, burnet, coltsfoot and Nettle tops, of each 1 handfull, English liquorice half an ounce: dates stoned 12 in number, of the 4 greater cold seeds, and Marsh mallow seeds, of each 1 dram and half. Safron a scruple. put them into a new glazed pipkin, and powre on them a quart of spring water: fasten the cover close to the pipkin by pasting it round with dow. Let it stand 12 howres on hot cinders, or rather in a kettle of hot water over the fyre: then strain & press out the liquor, dissolveing into it while it is warm, a quarter of a pound of Clarifyed honey: putt it into a glass, and Keep it in the cellar. - Note. the herbs must be shred, the seeds bruised, and the liquorice cutt small. Dr Harvey .

Mercury water. Rx. a quart of fair running water: add to it the 6th part of an ounce of Mercury, if you will not have it too strong: If stronger, then putt but a pinte of water: sett it on the fyre allwaiies stirring, till it be ready to seeth. MS. *Lady Byron* ./

A most excellent water for such as are troubled with paines
of the Stomach, with Crude and raw humors, with winde,
with the Megrim, with the falling sickness, palsy, Melancho-
ly, sleepy drowsyness, pain under the short ribbs beating
and trembling of the heart, and proness to sounding . /

Rx. Cinamon 3 i. ginger 4 ffrenc crownes weight: the 3
kindes of Sanders of each 6 drams. Galingall, Nutmegs
Cloves. ana 3 iii.s. mace, Cubebs (Euliebes) ana 3 i/
Both kindes of Cardamomes, Nigella seeds, ana 3 iii.
Zedoary ie Setwell s. Annis, sweet fennel, wild pars-
nep, basil seeds.

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Angelica,Avens, Liquorice,
CalamusAromaticus Valerian
the less. these roots. - Clary, thyme, Calamints, penny
royall, Mints, wild thyme, Marjoram: the leaves of these.
- Red roses, Sage, Betony, Rosemary, Stechados, bugloss,
Burrage: the flowers of these: Rindes of pome Citrons
3 drams. Powder of Diambre, *Aromaticum Rosatum*.
Diamoscum dulce Diamargarita, Diarrhodon Abbatis. the
powder of each of these iii. Let all things that will
be grossly beaten to powder be grossly powderd, and steepd
in 12 pintes of the most excellent aqua vitæ. in a
vessel of aqua vitæs for the purpose for 15 dayes.
Then putt all into a still of glass artificially topped,
and luted, and distill the water in balneo mariaë
not too hastily: and that water so distilled must be
kept in a glass closely stopped, with wax and parch-
ment or leather: putting to it one pinte of Iulip
of Roses and of the sweet kinde of Sanders 2 drams:
Of Musk and ambergreece tyed in a sarcentet of
each half a scruple: shake all together, and keep
it close to serve your turn. - A dram is the
weight of a ffrenc crown. A pinte is but 12 .
A spoonfull of this water is enough at a time.

MS. *Lady Byron*

The vertues of distilled water of Endive. 2 ounces

drunk morning and evening strengthens women with
child and mends their senses: 4 ounces drunk at a
time morning and evening helps the plague, the
Kings evill, ceaseth thirst, and being drunk largely
qualifies the burning of the Liver. It helps the
pain of the side, and pricking. which is felt about
the heart, drunk 4 ounces at a time, as before.

MS. *Lady Byron*

A water to preserve long life . Gather the flowers of

Elder on Midsummer day, and drink a spoonfull thereof
with a draught of borage water, morning and even-
ing 30 dayes. ibid./

An Excellent Cinamon Water. Beat a pound of

Cinamon somewhat gross: steep it in a pottle of
good rose water, with as much sack or Canary
wine; or else in a gallon of wine without

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Rosewater, in a close vessell 24 howers: then still
it in a Limbeck: keep a pinte of the first water
by it self; for the latter will be weaker. Some
put one pound of good sugar Candy to it with the
Cinamon to steep, to make it pleasant; and that is
the best way. It hath innumerable vertues; especi-
ally to restore and preserve. It strengthens the
brain, stomach, liver, milt, and Sinews: 1 spoon-
full being taken now and then. ibid./

The Lime Drink.

Rx. 1 1/2 lb of unquench'd lime, 2 gallons of spring
water: putt them into an Earthen pott and cover it
close; let it stand before the fyre 24 howers: then
take of any scum that may be on the Top, and gent-
ly powre of the Water, so as none of the soakings
of the lime go in with it. Some clear it off with
a thin fleeting dish and throw away the lime.
Wash the pott clean, then putt the clear water
into the pott againe: then putt to it 1 lb of
blew Currans, if you can gett them, clean pickt,
Washt and beaten. 1 quarter of an ounce of
Mace beaten: 1 quarter of a pound of Sasafras
thin shaven; 1 quarter of a pound of English
liquorice bruised with a pestill or sliced very
small. 1 quarter of a pound of anniseeds, bruised.
Let these stand and infuse in the Water 24
howers, keeping the pott close covered: then
strain out the things and bottle out the drink.
Sett the bottle cool, it will keep a forthnight.
It is fitt to drink as soon as it is made. This
cured a girl of the Kings evill was like to dy.
Directions and the Vertues of

this Lime Drink.

Drink half a pint at a time in the Morning
fasting, and 4 a clock in the afternoon,

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and walk half an hower after it. If the party have any feavourish distemper, putt a spoonfull of the syrup of violets to it. It helps all manner of sores inward and outward. It helps the stone or gravell in the bladder or kidnyes: It cleanseth the bloud, strengthens Nature, purges by Urine, helps short -ness of breath, procures appetite, kills the worm, cures consumptions, and for the dropsy it is admirable, and against the cold palsy. It hath cured Many of the Kings evill. It is very good against spitting of bloud. It is said to make women fruitfull. It also helps digestion.

This and the Receipt was transcribed out of the Lady ffairfax book: It cost 60 lb . and was had from a Monk. MS. *Lady. Byron.* /

An Excellent cock water. Rx. an old red cock, pluck his feathers off him alive: then kill him and quarter him. break all the bones, dry the bloud clean up with a cloth, then distill it in a rose water still: in the bottom of your still lay in your Cock at night, and putt to it a pottle of good sack Canary: of Thyme, rosemary, pennyroyall, pimper -nell, of each 1 small handfull: 20 dates stoned: 1 pound of Currants. Raisins of the Sun stoned a *quarter* of a pound. 1 ounce of hartshorn: half an ounce of clove gilly flowers: 1 ounce of Mary gold flowers: 1 handfull of Cowslip flowers. 1 handfull of Mayden hayre; 2 drams of Safron; some leaf gold if you please. When all these are in and well mixed, cover it close: next day distill your water: let the still be stopped very close, that no ayr can come out: still it with a very slow heat. Put into the glass sett under to receave the Water a good quantity of white sugar candy, and let it drop on it. If you finde the water too strong, putt in more sugar candy: take of this water 2 spoonfulls before dinner; it mightily comforts the stomach and provokes the appetite to eat. It is also good at any time to take upon

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upon any illness: onely forbear it in a feaver: because the nature of it is hott: but it is a very great Cordiall.
MS. *Lady Byron*

An excellent Cordiall surfeit water. Rx a gallon of the

best Aquavitæ; putt to it a pound of the best white sugar candy, a quarter of a pound of English liquorice scraped and sliced: a pound of blew raisins stoned, 2 ounces of Anniseeds; Coriander seeds, Cinamon and large Mace each 1 ounce, all bruised: 2 large handfulls of poppey haveing all the whites and seeds clean picked from them then putt all these together into a great gallon pott. cover them close: but it must be onely with paper, for else it will break: then stirr it together every day for 9 dayes: and if the colour be not deep enough you may put more poppeys in, within that time as you please. After the 9 dayes strain it: and let it stand a day or 2 to settle: and powr it out from the settlings into glasses: then when it is clear putt into it 6 graines of Musk and 6 graines of Ambergreis, and 6 graines of Magistery of pearle. All these powders must be bruised in a spoon and so putt into your glass. But before you putt your wa-
ter into your glass you must putt in 4 or 5 leaves of gold. Then powr in your water and other things, and keep it for use. This is admirable for such as have taken a surfeit; drinking the quantity of wine glass. ibid./

A water against all surfets, small Pox and other infections.

Rx. Sage, Celandine, Centaury, Rosmarins,

rew, Agrimony, Scabious, Scordium, Betony, Balm, Carduus benedictus, Wormwood, Mugwort, Ros Solis pimpernell, Speremint ^{dragons}: ana 1 handfull. Angelica roots, white henbane roots, liquorice, Zedoary, tor mentill. ana. half an ounce. wash the herbs, Shake them and dry them in a cloth, and shred them: shred the roots, and putt them in as much white wine as will cover them: let it ly in steep 2 dayes and 2 nights: then distill them in an Alembick, or for want of that in an ordinary still. Keep the

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first running by it, and give of it 3 spoonfull, with the quantity of a bean of Mithridate: of the smaller 4 or 5 spoonfull. If you give it to a child, abate of the quantity proportionable to the years. *probatum.* M. Lady Byron Some add dragons to the herbs, marigold flowers, poppy, goats tong

Dr Nurse's Cordial water. Rx half an ounce of cloves

putt them in a clean pipkin, with a pinte of fair
spring water: let them boyl one walme on the fire,
then powr out the water and put as much water to
the cloves aagain, and 2 or 3 rases of ginger sli-
ced and clean scraped: and let the cloves and gin-
ger boyl in water half an hower: then put
to it 4 spoonfulls of white wine: then let it
boyl half an hower longer: then strain it from the
spices and put it into another clean pipkin: then
put to it of Elder vinegar, 3 or 4 spoonfull,
^ (you may putt in 4 spoonfull of red Rose water.)

and as much sugar as will sweeten it to your
taste: then give it a walm over the fyre again,
take it of and put into it 6 graines of musk,
and as much ambergreece: let it stand in the
pipkin close covered an hower; then putt it into
bottells, stop them close./ Ibidem.^ good for fox fitts of the
mother & spleen.

To make the walnut water. Take yong walnutt before
the shells be hard, and bean cods, both of these must be
minced and stilled the common way. It is to be drunk
fasting. You may put some of it into wine or ale
and let it be your drink. This water is good for the
heart, it procures a good appetite to meat; it helps the
palsy that comes from the liver, if you drink it in
wine and wash your hands therewith. It is good against
the dropsy, being drunk with wine fasting. It is
excellent to wash the eyes with. It beautifies the
face being washed with it. It procures sleep if you
wash your temples with it. It is good for botches
and impostures, if you bath them, and drink it in
wine,

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wash any putrified wound or sore, it cures it. It is good
for most diseases in the body, to prolong life; Dr Sym-
mons used it as excellent for the stone. It purifies and
cleanses the bloud./ ibid./

Water of Wood lillies.

Bein Wood lillies being distilled in wine, the Water helps the
Inflammation and mist of the Eyes. it is made thus.
Take the flowers and steep them in new wine thirty dayes,
and then take them out of the wine, and distill the

wine 5 times over in a Limbeck or body of glass
This wine is most pretious. If any drink therof with
6 graines of pepper, and a little Lavender water, he need
not fear the Apoplexy that month. ibid. - The wine
also may be made thus. ffill a gallon glass with good
old wine, and 1 pound of the flowers: set it to sun
40 dayes, then distill it in a Lymbeck of glass, twice
over, and put thereto a little Lavender water & pepper
or else the flowers of Lavender & rosemary and other
good splices, and distill it over again. Keep it close
stopped & in a narrow mouthd glass; a spoonfull of
it will recover one that lyes a dying: it prolongs life,
comforts the brain, eases the Collick, helps the Apo
-plexy, makes a good Memory, and ready witt, by a
nointing the head before & behinde. - The same
healeth wounds and corrupt ulcers, and takes away
hurts and spots of the body & face. ibid.

To make Wormwood Water. Rx. 4 gallons of strong ale

a pound a Aniseeds; liquorice half a pound; let the
aniseeds be well dusted and sol-grossly bruised, the lico
rice scraped & sliced: then take a *quarter* of a pound of
graines & bruise them. Put the Aniseeds, liquorice and
graines into the Ale and let them infuse with a good
lap full of Wormwood, being all steeped in the ale 2
or 3 dayes, often stirring them, & covering them
very close that the air gett not in: then put them
into a pott a gallon or 2 bigger than the liquor will
into. Put on your Limbeck head, being close stopped
with paste: and with a else-soft fyre of Charcoal
so distill it, ever keeping your Limbeck cool.
ibid./

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ffor such as can not hold their water. *vide* piss.

Take a mouse, flea it and rost it, and make it into powder, drink
it at once: use it for 3 dayes. probatum. MS.

Another, Take goates, Neats, or sheeps ^ or a sow piggs bladder, dry it and make a

powder of it: drink therof with vinegar or water, upon going to bed.
it will help. MS.

ffor one that can not hold his water, or Women in Childbed. Take the

hoofs of yong swine, dry them and beat them to powder, give the

patient to drink as much as will ly on a shilling in posset ale. probatum. MS.

Another. Burn the clawes of goats to powder, putt it into his pottage, drink, or milk warm. MS. *Lady Byron*

Another. Rx the braines of a hare either rosted or sod,

mingle it with wine or ale, and drink it when you go to bed. - Item the lights of a kid boyled or rosted, and eaten at any time: and some of the lights warm and layd raw under the Navle. ibid. Item the bladder of a bore, dried & drunk with any thing, broth, posset or beer, hath done much good. ibid./

The leaves of bistort or Snake weed (boyld in wine) kij are good fort the Diabetes or not holding ones water.

Culpepper . - Red Darnel that growes among corn, being boyled in red wine and taken, stopps all fluxes, and urine that passes away to suddenly. Idem. Tor mentil or Setffoile, a plaister made with it and vinegar & laid to the reines is good. Idem./

ffor a wenn.

Take powder of unslaked Lime, mix it with black sope, and annoynt the wenn therwith: and it will fall away, and when the root is come forth, annoynt it with oyl of balme, it will heal it. MS.

Tarr sodden with barley meal in the urin of a chast boy, breaks, strumes, wvens and swellings. ibid.

A Decoction of the leaves of figwort or throat-wort, taken inwardly and ^{the} bruised herb applied outwardly, is very effectuall for the Kings Evill, or any other knotts, kernells; bunches, wvens growing in the flesh wheresoever. Culpepper ./ An oyntment made thereof may be used at all times when the fresh herb is not to be had. The distilled water of the Whole plant, roots and all is used for the same purpose. Idem./ The root of Mugwort being made up with hogs grease into an oyntment takes away wvens and hard knots and kernells about the throat, and easeth pains about the neck more effectually if some field dazies be added to it. Idem./

Take Endive, Succory, liverwort, egrimony and fumitory, of each 1 handfull, boyl them in a pottle of whey, then strain it, and with the whites of 2 eggs Clarify it: drink of it every morning about half a pinte, adding to every draught one spoonfull of the syrup of succory and violets. MS.

An excellent good whey to cool the liver and bloud, and scour the body; it is to be taken in May and hot weather, not in a cold rayny day

. Rx. ffumitory, scabious, borage, bugloss,

Egrimony, and Mayden hayr: some sweet fennell seeds, boyl all these together in sweet whey till the third part be consumed, then clarify it and drink therof, the wea-ther being clear and warm; 3 pintes or a quart at the least in the morning fasting: or if you drink a pottle at a time, it is the better: but not too much at the first but by degrees. Walk up and down after it. The more you drink of it at a time, the more good it will do you: It is good to take some Electuary or light purge the day before you begin to drink of this whey.
probatum s̄æpissime. Dr Smith . MS. Lady Byron
you may first drink one pinte and then walk up and down, and then another pinte, and then walk; or drink it alltogether if you will./

Winde straightness to help.

Take barly excoriated half a handfull, a good stick of liquorice made clean and bruised, great raysins of the sun, the stones taken out, in number 10. Iubebes and Sebestians of each 10 or 12, one or 2 figgs, burrage, violets, Mayden hayr, endive leaves, purslain, and lettice, of each half a handfull. 1 or 2 parsly roots, 5 or 6 crops of Isop, with a few anniseeds bruised: all these must be sod with a pottle of water to a pinte, or a pinte and a half, then strain it, and putt in pennodis and sugarcandy at your pleasure. MS.

Pellet for the winde.

Take of Molehil time stript, of red mints shred small, of angellica stalks or leaves shred small, of sweet Marjoram shred small, of all these a like quantity: then take limon pill shred small, of caraway seed and anniseed a like quantity, of long pepper and white pepper grossly bruised, a quarter part of the seeds. Take sugar, wetting it with mint water, till it be like paste, makeing it boyl before it be melted to a candy, then putting in the things above named, drop it on plates, and when it is cold, use it. *probatum . MS.*

Posset ale for the winde.

Take a quart of cleer posset drink, put therein Setwall

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root washt and scra De.....ped, of parsley seed, anniseed and Ca.....raway seed of each a hand full, and molehill time a handfull: let your seeds be beaten in a mortar together; then put these things into the posset drink, letting it boyl from a quart to a pinte; drink of it according to your discretion, as hott and as oft as you please. It will comfort you. probatum. MS.

ffor Winde. - Collick. *vide* / gripeing of gutts./

Take a quarter of a pound of Coriander seeds, boyl them in a quart of white wine, till half be consumed. take this in a morning fasting. Mrs Houlder . MS.

Another. Take pigeons dung green, dry it to powder and beat it:

give therof a spoonfull in posset drink. Mrs Houlder . MS.

Against winde. Nothing better then a spoonfull of Carraway seeds,

once dipt in sugar, or once onely candyd, still taken after meat.
MS.

To cause belching, Hold a piece of Galingall in the

Mouth. MS. *Lady Byron*

To help shortness of winde. Rx. a gallon of running

water, a pound of raisins of the sun, stoned, 2 penny worth of anniseeds. 1 penny worth of french barley, 2 ounces of white sugar candy; boyl all these together from a gallon to a pottle. When it is boyled strain it out, and putt to it one pinte of Muscadine. Stue it well together, and drink every morning a good draught. ibid.

To cure the pain of the winde. Take 3 quarters of an

ounce of speermint, a quarter of an ounce of cream of tartar, 1 ounce of white sugar candie, stamp them alltogether and eat it when you please. ibid.

A water to cure the winde. Rx 3 quarts of Aquavitæ,

2 handfull of baulme, 2 handfull of spearmints, 2
handfull of Rosemary flowers, 2 handfull of cowslips,
2 ounces of Mithridatum, steep all these together
2 dayes, then distill them in an Alembick. ibid./

Winde in the Stomach or elsewhere. Cleave a fig in the

midst and put some butter into it, rowle it like a
þTent and put it up the ffundament. ibid./ with a
thrid at it./

A belly great with winde. Make a glyster with oyle of

Rue: give it warm. ibid.

Winde in the belly. Nutmegs boyld in white wine, with

the roots of Motherwort, strained and drunk with
sugar. ibid./

Collick. As many ants eggs in powder as will ly

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on a groat, put into a draught of beer, hath presently
cured such as have been like to dy. - Tobacco glisters
are excellent; or a pipe of Tobacco smoked into a glass
of drink & so taken off. Also anoynt the belly with oyl
of Camomill or fresh butter. ibid./ Item grumball
seeds put into white wine & drink: also the powder
of Acorns is good. ibid./

The Causes of the Collick are diverse. Sometimes Costive-

ness: then if upon it you finde any pain, first take
a good strong suppository: if that cause not a good
stool, take a Clyster: before you eat a good meal; for
the hardness of the Exrement makes it not to pass through
the gutt: and before that pass away, eating causes in-
tollerable paine. Sometimes it is violence of winde in
the bowells, sometimes cholericke. Sharp humours, According
to the distempers you must apply the medicin. ibid./

Gripeing of the gutts. Rx. 2 quarts of Milk, & a

few shaveings of Cork, that hath not been burnt; if
there be any cutt it off, that the cork be cleer: & let

not the cork have been in any bottle; boyl the 2 quarts to one, with the cork in it: then strain out the cork from the milk, and drink a good draught of it warm. This was a certain cure for those who had the disease so violently that it was called the plague in the gutts and so many dyed of it at London . 1667./

ffor winde and spleen.

Make water gruell of Sparagus and strain it: or the tops of yong hops: both are very good to be eaten in a morning./ MS. *Lady. Byron* ./

Wormood possit Drink, good for

Winde, choler, or to gett one a stomach: but of most effect when the stomach is well cleansed by vomit or purge. Take small ale posset drink, and after the Curd is taken off, take what quantity of green Wormwood at time of the year or dried at other times, and putt in what quantity you can endure for the bitterness, and boyl it in: so drink it either warm or cold in the morning and at 4 in the afternoon. *ibid.*/

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ffor the Collick. Take plain mint water, mix it with

treacle water. - or this Take bay berries beat to powder: put a good quantity in a glass of Sack, and drink it. It is excellent. - Or Elder flowers boyld in possit drink, take a good draught. - Or Take blew milk ie skimm'd milk, drink as much of it as you can: this hath cured, when nothing else will. - Tobacco glisters are excellent. MS. *Lady Byron*
Juniper Berries are very good against winde; being boyled in broth they are a cordiall; or the powder of them taken in any thing. *ibid.*

Collick, or any hardness in the belly of Children.

Drink Camomill water stilled, the flowers & greens alltogether. *ibid.*

A Suppository for the Collick.

Rx. 4 spoonfulls of hony, & as many aniseeds as will ly on 6 d well bruised, and a yolk of an egg, & a little salt. You must not putt in the egg & salt till the hony and seeds be well boyled. Then take some butter & spread it on a trencher, and if it will rowl up into a suppository, it is enough boyled: then you may putt in some mouse dung beaten to powder: it is very good. ibid - Take onely hony & wheat flower mixt together: so boyl it till it will rowl up: it is a good ordinary suppository for costiveness. - A parsly root cutt like a suppository & given is good for little Children. ibid./

Winde Collick. 3 or 4 drops of oyl of aniseed putt in

a glass of sack before the fitt come.

Ordinary Mallowes boyld in milk will cure any gripeing of the gutts, and prevent it, if taken at first. ibid.

An excellent water for winde in the small gutts and stomach./

Rx. water of Colewort leaves 1 pinte and half: putt to it fennel seed 2 drams: Caraway seed 3 drams, pimprenel seeds 3 drams, dill seed 1 dram: boyl these in a close decoction, then distill it in the strongest Balneo. Then putt to that water Orenge rinde 3 ii pomgranat rinde 3 ii pownded in a mortar, and distill it again. The dose a spoonfull. This is as excellent as can be Old. MS.

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An excellent sweat for the winde Collick, & to stay all desperate fluxes.

Rx ambergreese 3 grains, Civet

2 grains: 16 grains of Terra sigillata (montanus)
10 grains of Bezor, a scruple of red corall, 10 grains
of sanguine draconis: Nutmeg 1 scruple, Calamus aromaticus 1 scruple. grinde all these to one body. The dose is 7 grains in a little tainte (Tent. - Iames . Old MS.

An excellent Medicine for winde: to provoke Sweat, to draw down the spleen & the Mother./

Rx the kernel of Cocus Nutt: make it into fine powder, take of it 2 drams: powder of galingale 1 dram: powder of Cinamon a dram: wheat flower a pinte, Rose -mary flowers 2 drams, Orenge rindes in powder, white amber in fine powder, ana half an ounce.

Bezor 1 dram: terra sigillata half ȝ: safron
half a dram mix altogether in fine parts; then putt
to it these oylyns, Oyl of sweet almonds, amber, aniseeds,
Sage, mirrh, frankincense, ana a dram & half.
Then take a pound of sugar dissolved in rose water,
putt all together & boyl it to a thick paste, for
lasting. The dose half an ounce to be eaten 2
or 3 times a day. Ellen . Old MS. It must be
made into Lozenges./
ffor gripes drink 2 spoonfulls of Usquebaugh. MS. *Lady Byron*
ffor gripeing of the gutts & stomach, Take but a spoon
full of syrup of Mallow flowers, & lye warm: It hath
cured immediately. - Warm sack & ginger is also
good. - MS. *Lady Byron*/

Dr Turner s Remedy for the Collick and Stone. Rx

Iett ȝ ii Elder flowers ȝ i. Date stones, one Nutmeg,
parsly seeds and grummell seeds ana 1 spoonfull.
let them be all powderd and finely searced: take
the Weight of 6 pence therof in a draught of
posset drink made with ale and White wine: take
it in the Morning fasting, and about 4 in the
afternoon. Hartman .

Another for the same. Drink of the distilled Wa

-ter of Parsly in White wine or good, it helps
the Collick or strangury and consumeth the stone.
Idem

Another for the Collick, stone, Strangury, &
Dropsy. Rx. Sena ȝ i. ginger, aniseeds, liquorice,

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mace, nettle seeds, and great
safron of each 2 penny weight, Cinamon 3 pen-
ny weight: reduce all into a fine powder, and take
half a spoonfull of it in posset, wine, ale or broth.
Idem.

A present Remedy for all kindes of Colick what
ever. Rx. Mint, Sage, both of them dry, ana ii.

digest them in a pottle of the best Spirit of wine
in a Cucurbita for 8 daies: then distill it in Bal
neo Mariæ, takeing but a 3^d part of it. the rest

is good but in a weaker degree. Take of the first
a dram and a half in 2 ounces of white wine.
Idem./

ffor the winde Collick and stone Collick. Rx 4 long

pepper Corns, 2 races of ginger both bruised:
2 spriggs of Rosemary, the shells of 2 new
laid eggs in fine powder, the inner skins being
taken away: boyl them together for a quarter of
an hower, in a pinte of white wine: then beat
the yolk of an egg in a little white wine, let
it boyl a walme, and brew them together with
2 ounces of loaf sugar, and drink it warm,
going to bed. This hath holpen very many. Idem.

Another for the winde collick and stone. Take 4

hard red onyons: boyl them in 3 pintes of strong
ale, till a quart is consumed: then strain it and
drink it warm. Idem.

ffor the Collick and gripeing of the gutts. Take

sage and mint, boyl them in a fitt proportion
of Claret wine: then strain it and sweeten it with
a little Sugar, and drink it warme. Idem.

Another for the same by the Lady Drury. Take

a green Turf of grass, lay it to the Navle, the
green side next the skin, and let it remain there
till you finde ease. Idem.

Another for the Collick, pain in the stomach or
worms . Take a spoonfull of the powder of

dried Orange peels, drink it in wine, broth
or strong ale. Idem.

ffor the Collick or ulcer in the Kidneys.

Make a posset of milk and white wine: putt
thereto 3 spoonfull of red nettles, and an ounce
of the Syrup of Althaea. Take this

ffor the Winde Collick. Rx Columbine leaves, Ca-

momil, red sage, of Each a handfull: stamp and press the juice out of them: putt as much beer to it as will make a posset, and haveing taken off the Curd, put to it ginger and Nutmeg at discretion, and drink it warm Idem./

Coriander seed prepared is good to expell winde: but other wise it is bad for hott heads. - Gromwell seeds help the Collick and expell winde. - So doe Dill seeds - Culpepper ./ So doe Ammi seeds or Bishops weed, Cardamons, ffennel seed, Cumminseed. - The powder called Dianisum, according to the Colledg dispensatory. - is excellent for the winde and a cold Stomach. - Idem.

If you boyl parsly and Thyme well in white wine, and in a draught of it putt a spoonfull of Castle-soap, scraped small, till being drunk up, causes a Man speedily to make Water, and is a pretious Reme-
dy for the Stone and Collick. Idem./

Diatrion piperion made up in an electuary, heats the stomach and expells winde: use half a dram in the powder, and one and a half in Electuary, before meat to help digestion; and after meat to expell
winde. Idem./

Oyl of Rue is a great expeller of Winde. Idem./
The Unguentum laurinum commune, or Common oyntment of bayes, according to the Dispensatory heats and expells winde. Idem.

The seed of the herb called by Country people, Sawce alone or Iack by the Hedg, and smelleth somewhat like garlick, being bruised and boyled in wine, is a singular remedy for the Winde Cholick and Stone./
The leaves of Willow tree bruised with some pep-
per and drunk with wine, much helps the winde
Collick. Idem./

ffor the Stone cholick. Rx. a head of garlik, roast it in

the embers, and beat it in a dish with a rowling pin: put thereto a good quantity of pepper; then take of unsalted but -ter clean washed as much as both garlik and pepper, mix them well together and make pills therof, as big as may conveniently be swallowed: rowl them in nutmeg and sugar, then take one if that ease not, take another, at most but a 3d, fasting half an hower after; then take a toast, butter it well on both sides, with fresh butter: putt it into a pinte of the strongest ale you can gett, being soaked, eat the toast first, then drink the ale. - A Mountebanks Rxt./

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ffor the Worms.

Take a dram of fine Rubarb, slice it in small peeces, tye it in an old linnen cloth, and to bedward lay it in steep in 5 or 6 spoonfull of Water, wherin purslane hath been sodden: then in the morning warm alltogether, and crush the Rubarb into the water, and put to it a spoonfull of Malmsey: let the child drink it lukearm in a morning fasting, and fast 2 howers upon it. Give this once in a forth night or 20 dayes. MS.

Another. Take the tender Stalks of a wilding tree, dry them in the

shadow, then stamp them well, and sift them, and take of the same powder with the root of Gentian, and of long perrue, of each of them a *quarter* of an ounce, and half a *quarter* of an ounce of Mirrhe. All these things well beaten to powder, put into a dish or some other Vessel: when you use it, moysten them with some water, and take of it between your fingers, and wett the lips and mouth of the Child, do this 3 or 4 times, and you shall see the worms come forth with his siege. MS.

Another. Take wormseed, of Carduus benedictus and Coraline of

each a like quantity, beat them to a fine powder, and with honey make therof an electuary; give the quantity of a dram at morning and another at night: it will help. This purges the bloud and takes away any feavour. MS.

Stomach worms. Take brimstone, beat it very fine and searce it,

through a fine lawn ragg, put it into new milk sodden; and put to it a little sugar or hony, give it the child fasting. MS.

Belly worms. Take a little water and salt, mingle them together,

when the salt is melted, drink it fasting. Or 2 or 3 olives eaten fasting doth the like. MS.

A plaister for worms. Take of wormwood, of Camomill flow-

ers, dry or green, and if you have them, of unset leeks, of each of these a handfull; fry them alltogether with a beasts gall in a frying pan: lay them warm to the childs navell going to bed, upon a peece of sheeps leather: binde the belly 2 or 3 times about with a towell, and lay a fresh one on once in 24 howers; doing so 2 or 3 times will kill the worms. MS.

Belly worms. Take the green leaves amongst oysters, dry them and beat them to powder: put a quantity therof into drink, and drink it first and last. MS.

Another. Take wormwood, unset leeks and Mints, of each a like quantity, chop them small, and crum rye bread amongst them; put them all in a frying pan, and dry them over the fyre, then sprinkle vinegar on them, and lay it to the stomach, as hott as may be: Let it ly so 24 howers, and it will bring forth all the worms, be they never so many. MS. *probatum*.

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wormes in the stomach. Take Nip, stamp it, and temper it with white wine: drink it, when you finde pain. MS.

Excellent water for the worms. Take wormseed bruised, 8 ounces,

shaveing of hartshorn, 2 ounces; peach flowers dried, 1 ounce, alloes bruised half an ounce: powr on these the waters of Tansy, Rue, peach flowers and wormwood, of each a pinte and a half; let them be digested in a glass vessell 3 dayes, then distill them; cohobate this water 3 times; This water may be given from half an ounce to 3 ounces, according to the age and strength of the person: a small quantity for young children suffices. It assuredly kills stomach worms, maw worms, or any other inwardly infesting the body.

Item. Rx juice of Southernwood, wormwood and Rew, and a little saven: drink it with stale ale. MS. L. Byr .

ffor wormes in the fundament. Rx. alloes beaten to powder

and mixt with honey: make a suppository of it, and putt it up the ffundament. MS. *Lady Byron*

How to dress Earth worms. Rx an 100 or more of

wormes, cutt the head and taile off them; slitt them through the midst, and scrape all the filth from them. then wash them in water and salt very clean, and lay them all night in white wine: the next morning take them forth and tye them in a peece of cobweb Lawne, or tiffany, for linnen cloth will make the broth taste of it. You must take it 7 or 8 Mornings together; they must be rubbd with salt very well and washed with 5 or 6 waters./ ibid./ Thos os a great diuretick, sudorifick, &c../

ffor the wormes. Rx. alloe, Rhubarb, hartshorn, ana 3 s.

as much sugar as them all; drink it in sack or Muscaldine for the wormes. ibid./

ffor the worms. A quarter of a spoonfull of Iane Treacle,

2 good spoonfulls of plantane water; a penny-worth of wormseed clean dusted and rubbed betwixt the fingers, mingle it together and warm it a little, and drink it fasting, especially when the sign is in Virgo. -

Another. Rx. juice of Wormseed, warm it well, anoint

the stomach well with it, as low as the holepitt of the stomach, then strow the powder of Mirrh finely beaten upon it, and lay a piece of black brown paper upon it warme, keep it to it a day or 2

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and if need be renew it.

Another . Rx. a little powder of Alloes, mingle it with honey

lay it to the navle with brown paper or little pieces of leather. MS. *Lady Byron* .

Another . Rx powder of alloe with honey, or mix it with

the juice of wormwood; strike it on a red leather 3 fingers broad: apply it to the navle 3 dayes. ibid.

Another, Rost 1 penny weight of alloe in an apple and eat it

3 mornings. ibid./

Dr Bates Receipt for the worms, Rx. Wormwood half

an ounce. Rubarb 2 drams, Corollina 1 dram, fennel greek a scruple: make these into fine powder, and give it in new milk from the Cow, as much as will ly on a groat at once. It is best in the morning. ibid.

Another . Rx. alloe, burnt hartshorn, coralline and

wormwood, of each alike quantity, 2 penny worth of safron; make all these into a very fine powder,

Give as much as will lye on a groat to a child and
as much as will lye on a 6 pence for an Elder per-
son: give it in a spoonfull of beer or ale, and fast
2 howers after, and take it 3 mornings together.
ibid.

To kill wormes. Clarify a pound of May butter in the

Sun; and stamp 2 pound of green wormwood; set
them in the sun 9 dayes: then seeth it an hower &
halfe; strain it: keep it in a gally pott, and anoynt the
Navel at the full of the Moon. ibid.

Wormes. Rx. wormseed, Coralline, hartshorn burnt, of

each a like quantity. Take it mornings. ibid./
1 ounce of wormwood water drunk fasting cures the
Worms. ibid./

One or 2 ounces of oyl olive, taken with juice of Limons,
kills the worms in Children, & the Scurvy. Dr Vaughan .

ffor the worms. Rx fair water boyl & cool it again.

lb ii oyl of as much as will make it sowre: give it
to drink, it will speedily avoyd the wormes. MS. P. M.

To kill wormes in Childrens hands; Rx. Tobacco leaves,

sett them on the fyre, but not to flame: hold

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your hands over the same a *quarter* of an hower allmost,
then putt your hands into water presently, & you will
see the worms go into the Water. MS.

ffor all kinde of Worms in Children./

Make ale posset drink: boyl in it a little safron, &
a pretty deal of Wormseed bruised: then strain it &
sweeten it with treacle: give what quantity you will,
for it will not hurt. It is good for either old folk
or Children. MS. *Lady Byron*

To kill the Worms in Children, and to purge phlegm.

Rx. Rubarb half an ounce, aniseeds a quarter: white
sugar Candy 1 ounce: powder all these & mingle them
together. Take as much as will lye on 6 pence, &

at night when they go to bed, either dry, or in posset drink, or in what they will take it. You may give more if it be to an elder body, It will purge the next day. Give it 3 nights. ibid.

ffor Worms in the stomach. Rx. Ash keys, when they

are ready to fall off the trees. slitt them & take out the kernells; dry them & beat them to powder, & take as much as will lye on a shilling 3 mornings fasting: it will cause the party to vomit them up. ibid. This hath cured them that have been dying of the worms. But it is a provoker of the Courses, & so not safe for a Woman with Child. to take. It is good for winde in the stomach. ibid.

ffor the worms. Rx Rue, stamp it with a little

butter, & lay it on the pitt of the stomach. ibid./

A short account of the disease of the Worms.

The materiall cause is commonly sweet phlegme, that groweth putrid, by which it getts a disposition to be turned into wormes. ffood also if it want good digestion turns into putrifaction, and begets worms, as we see in cheese and in fruits, that bring forth worms by being putrified: so it is in our bodies, especially in Children that are given to gluttony, and eat the foresaid thing, and take new commonly before the old is digested, and concocted: hence they putrify and breed wormes. And it is dayly observed that sucking Children that eat meat are most troubled with the Worms because their stomachs are not able to digest it: moreover Milk is quickly digested in the stomach and presently sent to the gutts, and if it have meat

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mixed with it, which could not so suddenly be digested, it will be sent into the Intestines with the milk, & therefore I rupt and breed worms: for worms never breed of milk alone.

The cure of the worms is by driveing them out, because they are wholly against Nature, and this is done by purgeing medicines, which kill wormes, and evacuate the matter that breeds them. ffirſt give a dose of this powder. Rx. Wormseed. ȝ ss. Senna dram symbol ȝ iss. Coriander seed prepared, hartshorn ana scruple symbol ȝ ss. Rhubarb

two scruples, dramms, dried Rue 3) ss. beat them into a fine powder; it is to be given from a scruple 2 a dram, according to the age of the person: mix it with such things as please the pallat: 2 howers after give this clyster. Rx. barley bran and red roses ana .i. Liquorice and raisins scraped and stoned ana 3 i. boyl them in spring water or milk to half a pinte; dissolve in it strained, red sugar candy one Ounce, and one yolk of an egg: you may add Cassia or Diacatholicon to make it stronger: give these medicines 3 or 4 times in good order. Oyl of Juniper given 2 drop at a time in broth, is excellent for Children that have the Wormes.

A Cataplasme to kill wormes. Rx Meal of Lu

pines 2 ounces, Mirrh and alloes ana 3 ii. ox gall as much as is fitting, oyl of Wormwood 2 ounces, make a Cataplasme for the belly: let the belly be coverd, but make a hole in the middle, that the navle may not be coverd, but lye open. This hath had marvelous effects. ffor flatt wormes or Arseworms, Clysters made of bitter things never faile: as milk ounce symbol 3 6. pulp of Coloquintida 3 i. Oyl of Rue 3 ii: give as a clyster, and this is the best; it is somewhat sharp but sure; you may putt some Cassia to it or Catholicon to make it more purgative, to carry away the filth that breeds them./ Incerti Authoris./

ffor the Worms. Take Rosemary, eat it fasting with

bread hony, and you shall have noe wormes, boyles nor botches. Ejusdem. - Item take a spoonfull of Syrup of Wormwood, with a scruple of Alloes in it./ Ejusdem. The unguentum Nicotianum or of Tobacco, according to the Dispensatory, Θ-is admirable to anoynt the belly with for wormes or Collik. - Culpeper ./

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Wounds to cure. Broken bones / bruises. ffistulas Bleeding./

A good mundificative for a wound in the head. Take hony of roses 2 ounces, oyl of roses 1 ounce, mingle them together, and putt it warm into the wound, with lint, and a plaister upon it. MS.

To heal a wound. Take turpentine as much as you think will serve

for your purpose, put it into a dish with clean water; then take a stick, made flatt at one end, and with that turn and beat the turpentine in the water, till it be very white: then put the water clean from it, and put to it half as much yolks of eggs as of the Turpentine: mingle them well together, and minister them when you have need: put not this in any box for it will soke through, but you may keep it in a bladder. MS.

To heal a wound within ten dayes. Take Camphir and stamp it

with barrows grease. MS.-putt it to the wound, it will heal it.
probatum. MS.

To heal a wound quickly, wash the wound well, with Aqua bal-sami, which the Chirurgians use: close it up, and theron lay a cloth dipt in oyl of frankincense; this heals a great wound quickly. MS

ffor a wound made with Iron. Take Egrimony, and beat it with ale to a salve: lay it to the wound. MS.

A green wound. Take 1 pinte of strong ale, as much roch allum as half an egg, 3 spoonfull of honey, and seeth them to half a gill, then take it from the fyre, and put to it as much fine boulted meal of wheat, as will make it playster thick: so keep it. This layd to a green wound, will heal it very hastily and sound. MS.

ffor a wound tho never so great. Take a quarter of a pound of un wrought wax, 2 pennyworth of Olybanum, 2 ounces of Pitch, 1 ounce of Rosin, beat these together fine in a Mortar, then put it into a pan and put to it half a pinte of sallet oyl, and half a pinte of Turpentine: let them melt on the fyre; then take a handfull of the topps of rosemary: 1 handfull of plantane and grinde them in a Mortar, put them in the pan, and let them all seeth together, till they be half boyled away; strain it through a course cloth and keep it in a box. MS.

To cure a green wound new done. Take Aqua vitæ and sugar mingled together, bath the wound when it is presently done. MS.

To stanch bleeding of a green wound *vide* bleeding.

Take the lean of a peece of powderd beef, broyl it on a fork or knife at the fyre, till it be through hott; so apply it to the wound. MS.

Another. Take safron and white sugar put together, lay it on
the cutt and binde it up: it stanch the blood and heal it. MS.
ffor a wound in the head. Take bettony and stamp it, lay it to
the wound, it will glue together againe: the 3d day renew the
plaister, and if there be broken bones it will rayse them
forth. MS.

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ffor wounds and others Inflammation: Take
mallows and sage leaves and pound them, they will make a singular
plaister. MS.

An excellent wound water to drink, to be made in May.

Take wormwood, bugloss, mugwort, wood bettony, Sanacle, plantane,
Dandalion, ribwort, white bottles, bramble budds, dazy roots,
haythorn budds, Egrimony, wild Angelica, Comfry, mints, Scabious,
and hony suckles, of each a handfull: put them into a pottle of
white wine, and a gallon of running water: boyl them alltogether,
till half be consumed: then separate the liquor from
the herbs, and put it into a glass: then strain the moysture through-
ly from the herbs, and put that into a glass also: then powr it out
again into a posnet or pan, and put therin a quart of honey,
let it boyl a pretty while; then putt it into a glass and stop it
close. Take therof 2 or 3 spoonfulls first and last, lukewarm,
drinking dayly so much therof, till you have drunk a whole
quart. probatum. MS.

Another most excellent wound water, to drink.

Take plantane, sanycle, bugle, and cumfry, of each 3 hand-
full; of Scabius, Egrimony, Avens, wood bettony, dazy roots,
and leaves, bramble topps, fluellin, alias Speedwell, and
Charvell, of each 1 handfull, wormwood half a handfull,
wash them and shred them very finely: then put them into a
brass pott, with a gallon of spring water, cover the pott with
a wooden platter, and past it up very close the pott with some paste.
then sett it to the fyre to boyl very leasurely the space of
7 howers; by that time the liquor will be wasted to 1 quart
or 3 pintes: then strain the liquor from the herbs, and
make the pott clean, and put the liquor into the pott againe
with 1 quart of white wine: let them boyl for the space

of half an hower being covered: then putt in the quantity
of half a pinte of honey: and let it have half a score
walmes, scumming it very clean. Then putt it into
some wooden vessell, and so putt it into bottles for your
use. Take the quantity of a quarter of a pinte at a time,
warm, viz at 9 at night, 5 in the morning, a 3 of
the clock after dinner, fasting 3 howers after it is ta-
ken. Also with a syringe, squirt some therof into the
sores. This is good for all wounds, inward and outward,
fistulas, cankers, fretting, eating and filthy sores and
ulcers. *probatum.* MS.

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A powder to restrain bleeding of wounds in the head: and the
same with oyl of myrtles, mastick and oyl of Quinces, is
excellent to dry up the humidity that causes the Matrice to
fall. - Rx. Alloes succatrine of the purest Sarcacoll,
and Mirrh, of each 3 drams: of fine Olybanum 1 dram &
a half: make these into subtile powder and use it in wounds.

Cast it into them./ MS. *Lady Byron*

Apply a handfull of arsmart wetted in water to a wound
or sore; after bury it in a moist ground, and as it
rotteth the sore will heal miraculously. *ibid.*/

The white Cotton of Carduus Benedictus heals all Mor-
tall wounds in 3 dayes, without pain. *ibid.*

To heal a wound that no print shall be seen of it.

Rost lilly roots and grinde them with old swines grease,
and when the wound is healed anoynt therewith often.
ibid./

If one be wounded and bleed inwardly, take the heavy-
est Nutmegs you can gett, wash them, wipe them and
pare them: then eat them, and you will deliver the
blood outwardly and by ordure; and it will cleanse you
perfectly: so the wound be kept well, and the same
used till you recover. *ibid.*/

Stamp an onion with honey and lay it to any wound
to heal it. *ibid.*/

powder of pepper fretts away dead flesh: *ibid.*

Putt powder of pitch (or pitch tree) into a sore to
ingender flesh. *ibid.*

Woundes ache. Mix the juice of smallage with honey

and swines grease, and Rye meal and apply it. *ibid.*/

To cure a bruise or sore, where the Skin is not broke.

Rx. the white of an egg, oyle, and powder of Myr-

ties, of each half an ounce. Mix and beat them well together: then take fine flax, wet it in water & vinegar warme; wring it hard: then spread on this oyntment and apply it. ibid./

To cleanse a wound, or eat away dead flesh. Rx. Egyp-

tiacum, Ceraseos of each 1 ounce: mingle them well together and apply it. ibid.

To strengthen bones that are sett right in joynt. Rx the

inner Rinde of Elder trees, and the roots of Comfray
of each a like quantity. Shave them very finely

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chop them very small: then mix it with the yolk of an egg and lay it to the place. ibid./

ffor a bruise. Rx. Butter dock roots, and Creame, boyl all

together to a salve and apply it. ibid./

Take adders tong, stamp it and boyl it in sweet oyl,
till it be very strong of the adders tong, so putt it
up into a pott all together. It will cure any green
wound as well as any balsome./ ibid./

To stanch bleeding at nose, Take Betony and salt mingled

together, and putt it in your nose./ ibid.

A noble balsom to cure wounds of all sorts, by onely anointing them morning and evening.

Rx oyl olive 1 pint,

S. Iohns wort, Betony, Centaury and self heal, 1 hand full of each; stamp them and mix them well together, let it distill in a glass all summer long; then press it out. ibid.

Mix the fine powder of Velvet coloured Moss, that growes at Willow roots, with the liquor of Shoomakers shreds, and anoynt any sores, cankers or wounds of legs there with; it heales them. ibid.

Nose bleeding. Apply red vinegar to the Navell. ibid. Item.

be not strait girded, hold thy hands full of Vervain, & look up to the Sun. ibid

ffor an arm swollen by bloud letting, apply wheat meal

with honey and milk. ibid.

A salve for a green wound: Wash 1 ounce of Turpentine in Woodbine Water, and mix it with the yolk of 2 new layd eggs: put to it 2 blades of safron, mix them well together and keep it in a box: It will last a year. ibid.

A plaister of Sowr bread boyled in wine, draweth sores passing well, being layd thereto all night. ibid./
Smiths Baume or Carpenters baulm, is excellent to heal green wounds that are cutt with Iron; it cures the rupture in a short time & stayeth the whites. Diocorides and Pliny attribute the like vertues to this kinde of baulme, which they call Iron wort; the leaves being applyed close up wounds without any perill of Inflammation; Pliny sayes it is of so great vertue

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that tho it be but tyed to his sword that gave the wound it stanches the bloud. ibid.

To stanch bloud. Rx Bursa pastoris, chew it in the Mouth, let it downe; it stops bleeding any where: you may put it in a wound, or the powder of it. ibid. keep it all the year.
To heal a wound. Rx. swines grease and goats dung, melt them together for a plaister. ibid.

To draw bones from a broken head. Stamp Betony, Verain & Rew, with hony, rye or wheat meale, and the white of an egg and lay it on. ibid.

ffor a wound that is ill healed. Take Swines grease & goats trundles, mingle them & apply it. ibid.

ffor a wound that is full of bloud. Stamp red nettles with vinegar and apply it. ibid./

ffor broken bones in a wound. Putt in juice of betony, & lay a plaister on the topp: or else violets or the leaves sodden in water, made into a plaister & layd on:
Also juice of plantane, of Ribwort, with a little hony and a little wheat flower layd on raw together. ibid.

To stanch bleeding in a wound. Burnt salt to powder and put therin. ibid.

Bleeding at nose. Take topps of red nettles, well chafed in vinegar, lay them to the wrist on the same side. ibid./

To stanch bloud: burn a hakes skin in an oven to powder: apply it: ibid./

Bleeding at Nose. Shepherds purse bruised, put in the nostrills. ibid. bearing it in the hand or any where stops bleeding of wounds./

To cleanse a sore from dead or proud flesh; and to take away heat and inflam m ation. Take 3 or 4 lime stones, as big as a hand or there about: they must be well burnt: the lighter they seem, the better they are burnt: put them into an Earthen pot that is very fair if it be a new one that is well leaded, it will be better

then heat half a gallon of spring water, scalding hott: but let it not seeth; in a very fair Earthen pott, or a very fair scoured brass pann; let it stand till next day: there will be a thin scum on it, which must be taken of, then powr pout the clear water from the setlings, & keep it in a glass close covered. When you will use it

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take a spoonfull or 2 and warm it in a sawcer, and as hot as you can suffer it bath with a linnen cloth: then wett a cloth 3 or 4 double, and lay it warm upon the sore: do it twice or thrice a day. I never did it by weight or measure, but by guess: If there be too much lime for that quantity of water, you may put less lime in the next time: the clear water would stand about 3 fingers above lime. This water will likewise bring new flesh, & skin a sore. *ibid. probatum.*/

To stop bleeding at nose. Put the iuice of Rue, or Cummin

seed bruised with vinegar; or the roots of Nettles brayed into the nostrills. *ibid.* also the juice of red nettle leaves rubd on the ~~bust~~^{browes} ./ To heal wounds and ulcers. Use the whole herbe of Celandine, being dried. *ibid.*/

To stop bleeding at the nose. A plaister made of leaves of

plantane, the white of an egg and bolearmoniack, ap-
plied to the browes. *ibid.*/

To heal green wounds: provided they be not very deep,

they may be healed in a day by putting into them the juice of Nicotin, or Tobacco: and applying the dross upon them: and if they happen to be deep, it is but further washing with wine, and then put this juice in them: and the dross therof upon them, with a linnen cloth dipt in the juice. Also for more speedy helping of them it were good they were washt within and without with the same juice *ibid.*/

To cleanse a sore and take away dead flesh. Take

woodbine flowers, white roses, plantane, distill them. take 6 pennyworth of Camphir, putt it in a quart of the water: set it in the sun for 10 or 12 dayes, and wash the sore with it. *ibid.*/

A Balm to Cleanse and heal an old festerd sore; By

Dr Martin

. Rx oyl olive half a pinte, juice of Hysop

3 spoonfulls; boyl them together till the iuice be washed.
then put to it 2 spoonfull of Hony, half an ounce
of Rosin in powder, a groats worth of Saffron in
powder, half an ounce of Alloes in powder,

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and 2 ounces of Venice Turpentine: boyl them a little
while and stirr them that they may mingle together: then
strain them and keep it for use in some glass or pott,
It must be injected warm into the sore; or if it be no
deep hole, anoynt it warm upon the sore. If the sore
be festerd inwardly, and there be not room for the Cor
-ruption to come out, melt a little flos in a sawcer,
put a little verdigreese to dip a tent in that Salve, & put
it in the sore: It will open the hole in 2 or 3 dressings,
that you may putt in the former oyntment, or any other,
that you think good. ibid./

To stop inward bleeding either by bruises, dissenteries or
fluxes give Irish slate as much as will lye of a shilling
in white wine./ ibid./

An excellent medicine to stop bleeding at the Nose, or of
any green wound.

it must be made in March. Take

a paile and a ladle, then take a pretty good quanti
ty of the spawn of toads; frogs also will engender
with them. You may have good store therof in ditches
and pond sides: put enough therof in your paile:
most part therof lyes like gelly; Then take some
new Lockeram that is not too Course: out it into
the spawn, and with a ladle or wooden splatter,
wett it throughly therin: then take it out, without
wringing it, and hang it up in the air & sun: but
not by the fyre till it be dry: and thus you must wett it
10 severall times, still drying it in the sun; and the last
of the 10 times, when it is half dry, you must rub it
in your hands to make it somewhat soft. It will not
hurt your hands at all: but if you be dainty, you
my rub it with a pair of gloves on. If it be a
wound, cutt a plaister therof: if it be at the Nose
then cutt 2 little pieces, and put them into each nosrill.
You may cutt your Lorckram into lesser pieces if you
will: for they must be kept close wrapt up in paper
in a box. You may make enough therof at one
time to serve 7 years: and you may take fresh
spawn when you make it, twice or thrice, if you
will. This spawn is the coldest thing in the world.

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A Corrosive which is gentle, and in 24 howers brings away his ask with him. Rx the finest sea sand, that the salt water covers at every tyde, as much as you please: dry it & grinde it on a marble stone, 1 ounce or 2: then grinde as much vitriol combust: ie green coperas sublimed in a crusible, as before was mentioned, each of them by themselves: mix them, and with the grease of a barrow hog grinde them together. lay it upon plagets, to rotten dead flesh, or fatness in the ulcer. - Take the aforesayd powders 2 parts, & one part of the powder for the fistula heerafter mentiond, temper them together: then as much flos unguentorum & the plaister of Melilot, as you think will suffice to re- ceave the quantity of the powder, with a little swines grease: and with a soft fyre of Coales relent them: & when they are in cooling ever stirr them, till all be cold. Then use an oyntment for all spreading & weeping ulcers, that are red & moyst and hollow, to be layd on plagets, Stupes, or tents: and will soon without trouble cleanse the Matter, and draw an ulcer of an handbreath to the compass of a groat in a small time. - And for the Aske care not, for it will out eat it, and forbid the increase therof: & if you put to your flos unguentorum and your plaister of Melilot of each an ounce, half an ounce of unguentum de althaea, (ie oyntment of Marsh mallowes) and half an ounce of Populeon, and May butter & swines grease ana 2 drams: and relent them together, it shall be an oyntment sove- raigne, to remove the ask, after it is perfectly morti- fyed, and sticks to the bottom of the ulcer, and causes the dame to come easily away. ibid -

ffor ulcers, fistulas, wounds of gun, pellets, knobs like Mul- berries in a mans face, or wild fyre.

Rx. the crops of

S. Iohns Wort (Hypericon) 3 yeapon full (handfull) bruise them in a mortar, lay them to steep in a quart of good pleasant red wine, 9 dayes & nights: then boyl all to the wasting of one part of 3 as neer as you can guess, in a double vessel of glass well luted, that no air come in or go out: then strain it, and put thereto as much again of new crops bruised, & let them infuse as long: boyl it a 2d time to the wasting of another part; strain it strongly, and put thereto of fine venice Turpentine ȝ iii: old oyl olive, or oyl of Roses,

dram: boyl all the third time to the wasting of the wine. - The Melilot playster *vide* among the plaisters.

The powder for the ffistula. *vide* ffistula./

An excellent oyntment to dry up any raw sore. Rx. Litharge of

gold & Ceruss, of each a like quantity made into fine powder, then take wine vinegar & oyl of Roses of each a like; mix the powders with the oyl and vinegar in a porringer, or some Earthen pott: beat it a good while to a soft oyntment, then with a knife or the like, spread it upon the sore, & lay a cloth upon it. *probatum*. ibid./

To stop any bleeding either at the nose or any other part, and good for a woman to wear that hath her terms immoderately, & Cures pissing a bed, or any distemper of the womb. Take the blackest Toad you can finde, dry it to powder, putt the powder into a little bag, wear it constantly about your neck, letting it hang about the pitt of the stomach; It must be hung by the leggs with a packthrid, and so hung in the sun: let it dy & dry so of it self, by the heat of the sun: then beat it to powder, & putt it into a little bagg. Mr Willoughby dried them in a broken bottle in a hott oven, stopped very close. *probatum*. ibid. Item hang a Tode about the neck of a horse that hath the farce, it will infallibly cure him.
ibid./

Bleeding at Nose; the white of an Egg beaten, & with

powder of frankincense, Mastick & galls applyed to the browes, helps much. Dr Vaughan ./

To stanch bleeding. You must know by what accident the wound

was made, and at what time, and if the Patient was in Drink or in Love, or in a Passion or otherwaiies: for if they were in any of these distempers, no art will stench the bleeding till the passion be over. Then these remedies will do good. Crocus Martis well reverberated in fine powder. Lime of copper prepared as the Crocus Martis. The foolish or flying meal of mills, The white hayr of a hares or conyes teele-tayl. The Moss growing on dead mens sculls. Lapis Carneolis held in the hand. Ashes of frogs, toads & Rubetta. Lapis sang. or bloud stone. Any of these will do, if applyed according to art. But if none of these will do, & particularly the first sort of Medicines, the wounds are very dangerous & you must let them bleed out their fill. Mr P. M ./

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An appendix of Some thing omitted.

Juice of Resberries to keep all year.

Take resberries, bruise them with a spoon, then putt them into a flannell bag, hang them up to drop, as long as they will, into an earthen pott; and put to every pinte of juice, a pound and half of loaf sugar finely beaten: let it stand all night; next day putt it into a skillet, and set it over a soft fyre, continually stirring it, till all the sugar be verry well dissolved: but be carefull you do not let it boyl; let it stand till it be cold, then bottle it up and stop it very close, and keep it in a cool seller. When one bag has dropt as much as it will, take away the juice, & put some sugar to it for fear of loosing colour: so do till you have gathered as much as you please: the sooner you can gather it, the better. MS.

Wormwood Lozenges to make.

Take 1 pound of refined sugar, beaten and sifted, half an ounce of the white powder of liquorice, musk and ambergreeves of each 2 graines; mix the musk and amber very well with the powder: then beat it into a paste with gum dragon: put to it as much spirit of wormwood as will give a good rellish: then rowl it out into little rowles, and make them into round cakes. MS.

Resberry ale .

Take strong wort, and boyl it a 3^d part away, at least with out any hops: then to every 3 gallons of wort, take 1 ounce of orris roots, 6 ounces of Raisins of the Sun, stoned; one ounce and half dates, sliced; 20 cloves stuck in a peece of Lemon peel: tunn up your ale warm; and let them work together. when it hath done working, bottle it up with a little sugar in each bottle, and stop it close.

To preserve bullies as green as grass.

Take bullyes, wipe them with a cloth when they are new gathered: prick them with a pint, and coddle them in 2 wa-ters, being very close covered. Take 1 pound of white sugar, and 1 pinte of water, make your syrup, & when your bullies are well drained from the water,

putt them into the syrup, and warm them 3 or 4 times a day, for 3 or 4 dayes together: but the last time they are warmed, take them up, and sett them a dropping from the syrup, and boyl the syrup by it self a little

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til it will jelly: when it is allmost cold, putt in your bul lies, so pott them, and they will keep all the year. MS.

To preserve grapes as green as grass.

Take grapes when they are very green and stone them well; cut them into little bunches; as you stone them strew sugar on them; then take a pinte of Infusion, and put to it a pound of fine sugar: boyl it candy height; when it is almost cold, putt in the grapes as before prepared: then sett the pewter or sylver dish, over a Pott of boyling water, turning them very often 3 or 4 dayes together: the last day boyl them softly till they look cleer: then pott them. MS.

To feed chickens very fatt in a week.

Take a pinte of wheat flower, 1 pinte of trencher flowre, wheat: putt into it half a pound of Course sugar, make it up into stiff paste, and rowl it up into little rowles, wett it in warm milk, so cram them: you may sow up their vents the last 2 dayes. MS.

To preserve Barberries.

Take 1 pound of barberries and stone them: then take half a pound of the liquid substance of other barberries, put a pound of sugar to the liquid substance: let it boyl till it come to a perfect color; take it then off the fyre and skim it verry clean: then put your barberries into the syrup, when it is allmost cold, in bunches, or clusters, and boyl them up as fast as you can. When they boyl up to the top of the pan, strew on them half a pound of fine sugar beaten, and then let them boyl: and when it is melted take them off the fyre, when they are cold, pott them. MS.

An Apollonia pudding.

Take of rosemary, tyme, marjoram, penny royall, Spinage, of all a good handfull, minced very small; then take a Man chet grated small, half a pound of Currans, then take a quart of cream and 6 eggs, and a Nutmeg powdered, stirr them together, and haveing a Kell of veal or lamb spread ~~them~~^{it} over a cloth,

or napking for that purpose, and put in your pudding into it, shaking it before: then wrapt up close together, shake it well together, when you put it to boyl, that the currens sink not to one place: put it in a boyling pott, let it boyl allmost 3 howers, serveing it up with vinegar, butter and sugar. If you please stick on it quarterd or sliced dates, or quarterd allmonds blanched. MS.

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Gingerbread to make.

Take Manchet, grate it and sift it, and to 3 pounds of crums take two pound and a quarter of sugar: put the sugar into a pann, and so much rose water to it, as will dissolve it: then boyl it up and scum it: then lay a little on your finger, and if it draw betwixt your finger and your thumb, it is enough: take it off the fyre, and stirr in your Crums as fast as you can, and work it very well together with the slice: then take half an ounce of the powder of Sanders finely searced, put it into a porringer, and to it 3 or 4 spoonfulls of rosewater, warm it and mix it well with the past: then take up the past and lay it on a fair table, and work into it the powder of liquorice, ginger, anniseeds, of each 2 ounce, of cinammon 1 ounce, all finely searced, and well mixt together. If your paste be too thick, putt in a little rosewater. When you rowl it and print it, you may strew upon the table and the print some powder of liquorice, and ginger mixt together. If you would make Almond ginger bread, then add to this quantity one pound of allmonds, blanched, and beaten fine with rosewater. When it is printed, lay it on papers and sett it in a Room where fyre is 2 or 3 dayes. MS. Samuel Gardiner ./

Apricocks in gelly.

Take apricocks and stone them, coddle them in fair water, when they are pretty soft pill them, and to every pound of Apricocks, putt 1 pinte of pippin water, and a pound of double refined sugar: let them boyl together and scum them, and boyl them pretty quick; when you think they look pretty cleer glass them up. When they begin to crack they are coddled enough; and as you take them out of the water, lay them in a course warme cloth, and as you pill them, putt them into the syrup. MS.

Oringes to preserve

Take your oringes and weigh them: then cutt a little hole in the top, and scoop out all the pippins: then putt them into

spring well water, shifting them once a day for 2 dayes, and 2 nights: then take their weight and half of fine powder sugar, and for every pound of sugar putt in a pound of water, and boyl and scum it well; then putt in your oringes, being exceeding tenderly boyled in fair water before; then put them into your syrup, and boyl them till your syrup be thick enough: then take them and pott them. MS.

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Mushrooms to pickle.

Take a bushel of Mushroomes, blanch them over the Crown, and barb them beneath. If they are new, they look as red as a cherry, if old, black: this being done, throw them into a pan of salt boyling water. Take them forth, and let them drain, and when they are cold, putt them in your pott or glass; & put thereto cloves, Mace, ginger, Nutmegs, whole pepper: then take white wine, a little vinegar, a little salt, an onyon; powr your liquor to your Mushrooms, and let them be close stopt, for all the year./

An artificiall wine like claret, but much better & brisker.

Take 2 gallons of the best Syder, (Worcestershire red Streak) mingle it with 6 gallons of water: putt to it 8 pound of the best Malaga raisins bruised in a mortar, let them stand close covered in a warm place for the space of a forthnight, stirring them well every 2 dayes: then press out the raysins, and putt the liquor into the same vessell againe: to which add a quart of the juice of Raspberries, and a pinte of the juice of black cherries: cover this liquor with bread spread thick with Mustard, the Mustard side being downward, & so lett it work by the fyre side 3 or 4 dayes: then tunn it up and lett it stand a week; then bottle it up: it is verry pleasant and much wholesomer then french wine.

Miscellanies.

Guynny pepper cast on the coales will sett all the company a coughing. - Emmets eggs in ale or broth, will cause much farting. - Tallowing a horses teeth, will let him eat no hay. - Notched chalk, will score 2 for one in an ale house. They likewise use canns with half bottoms for the landlord to drink in. - Cow itch and horse hayr chopt small and putt into ones bed, will cause one to itch extreamly./

The Manner of Makeing Conserves.

Conserve of roses.

Take a pound of red rose flowers, gathered in a dry season before they are quite spread, and their yellow bottoms clipt from them with a pair of Scissars; bruise them well in a stone mortar, into an even smooth mass, like a pulp: add to it 2 pound of white sugar, mixing it by degrees with the roses, by grinding them together with a wooden pestle, till all the sugar

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be throughly incorporatedwith the roses. then put the Conserve into a stone pott, covering it onely with a paper, and let it stand a forthnight, or 3 weeks in the Sun: stirring it about once or twice a week with a steel slice or Spatula. Dr Harvey .

Conserve of Common wormwood.

Take of the tops onely of Common wormwood, freed from its stalks, half a pound; beat them in a stone or marble mortar to an exact pulp, mixing it a pound and a half of the best white sugar: in same manner as was directed for conserve of roses.

- Most Conserves are made the same way: adding a double quantity of sugar to the pulp of what flowers or herbs you intend to conserve: excepting onely some sowre and bitter herbs and flowers, which require somwhat more sugar. The price of conserves at the apothecaries is 2 penny the ounce, & 2sh 8^d the pound, excepting some few, as conserve of rosemary flowers ^which is 6d the ounce of the like, now by prepareing conserves your self, you will save about 2 thirds in the price; and it will prove much better: for the Apothecaries usually putt up their Conserves crude and raw, without digesting them by the heat of the Sun: for which defect they neither keep so long, nor are so safe to be used. Dr Harvey .

The way of makeing Lozenges.

Trochischi Albi Pectorales. or the common white Lozenges.

Take of the best white sugar, half a pound, white sugar candy and Penide sugar, of each 2 ounces: fflorence Orris root, half an ounce, liquorice 6 drams; of the finest flower, or starch flower 6 drams: with the mucilage of Gum Dragant extracted in rose water. Make them up into small lozenges. The white sugar, Sugar Candy, and Penide Sugar must be pounded and sifted. Penide

Sugar is prepared thus, Dissolve the best Bali sugar
in water over a gentle fyre; then clarify it with
whites of eggs, as hath been told you, in the Matter of
Decoctions: next strain it through a cloth, and let it
stand againe over a gentle fyre, and boyle away till
it comes to such a body that it will stick to your teeth:
then being allmost cooled, powr it on a Marble stone,
being a little anoynted over with oyl of sweet allmonds:
keeping it together in a body, as neer as you can with

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your fingers, being dusted over with a little starch flower:
when it is grown allmost quite cold and ropie, take it up with
a steel fork, to make it hang in ropes, which with your hand
being dusted with fine flower, you may twine into what shape
you please. This being so prepared, is called Penide sugar.
The Orris roots must be powdered and sifted: likewise the
liquorice, powderd in this manner: take dried liquorice, scrape
of the brown with a knife, round about: then cutt it into small
bitts, with a knife that is made of the same Mettall which
shoomakers knives are made of: put these into a brass mortar
and beat them to powder. Note. It being very troublesome to
beat liquorice into powder, you may buy it ready powdered
at the druggists, at a very small rate. - The starch flow-
-er must be gently rubbed into a powder in a Mortar; then
mix all of them together in the same Mortar, by stirring
the Pestle round about: then powr to it as much mucilage
of Gum Dragant, as will suffice to bring the powders into
a paste, and beat it well together: the paste being rowled
into long round bodies, or little columns of the bigness
of your little finger, cutt tem into small round peeces,
like parsnips are cutt, when they are to be eaten butte-
red. - The Mucilage of gum Dragant is made
onely by steeping a little of the sayd gum in rose water,
so long till it become thickish: which it will doe in 12 or
18 howers. The charge of this Composition is easly cast up
by peruseing the Catalogue of prices. The Apothecaries sell
these white Lozenges at 3d the ounce. Dr Harvey .

Trochisci Bechici Nigri
or the Common black Lozenges.

Take juice of liquorice, and the best white sugar, of
each 1 ounce and a quarter. Gum Dragant, and sweet
almonds blanched, of each 6 drams, or 3 quarters of
an ounce: make them up into Lozenges, with the Mucilage
of quince seeds. - The Instructions given you for the
prepareing the foregoing Lozenges, will sufficiently guide
you in preparation of these. Onely observe the manner

of powdering Gumm Dragant, which is this. Your Gum Dragant being well dried, put into a brass mortar, whose bottom hath been heated somewhat hotter then your hand

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can endure, by setting it on the fyre, or putting hot coales into it: after it is well heated putt out the coales, and wipe it clean with a linnen cloth: you must also heat the end of the iron pestle very well. Then covering the mortar with a cover, that hath a wh^e hole through it for the pestle to pass: beat the gum to powder & sift it: what is unsifted putt into the mortar againe: which if it be not hot enough, you must heat againe in manner as before. And observe, you must putt in a 4th part more into the mortar, then is set down in the præscription: because at least a 4th part will waste in the powdering. Dr Harvey .

Electuaries. how to compose./

Diascordium./

Take Cinamon, Cassia lignea, of each a quarter of an ounce, Scordium or water germander half an ounce. Dictamnum C^{orticum} Creticum, or Dictander of Candia, Gentian, Tormentil, bistort, Galbanum, Gum Arabick, of each 2 drams: of the best Opium 2 scruples and 5 graines: Storax 2 drams and 15 graines: sorrell seeds, 2 scruples and 5 graines: Boilearmene 6 dramms, Terra Lemnia 2 drams: Clarifyed honey 1 pound and a quarter: sugar of roses, or rather conserve of red roses, half a pound: Canary wine a quarter of a pinte. Make them up into a soft electuary. - Tho I have with good reason left out the ginger and pepper, yet the composition seems very confused: but be it as it is, I will shew you how to prepare it. - The Cinnamon, Cassia lignea, Dyciamnum Creticum, Tormentil, Bistort, and sorrel seeds, may be powderd and sifted together. The Germander leaves dried and stript from their Stalks must be powdered and sifted by it self. The Boilearmene and terra Lemnia must be powderd and rubbd, or ground with a pestle, into a very smooth powder, wetting the bottom of the mortar and the end of the pestle with a little rose water or other distilled water. The gum Arabick must be powderd in the same manner as gum Dragant is powderd in the preparation of the black Lozenges: or else you may dissolve it into a mucilage in the Canary wine, that is to be added to the Composition. The storax must be powderd by it self, rubbing the bottom of the Mortar and the end of the pestle with a slitt almond. The opium must be cutt into thin slices, and throughly dried in the Sun

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or over the fyre, so that it may crumble betwixt your fingers; then powder and sift it. The sugar of roses must also be powdered and sifted. Mix all these powders well in a Mortar: then add the clarifyed honey to it by degrees, incorporateing it throughly with the powder, by stirring the pestle about. In the same manner put in gradually your Canary wine: of which putt in so much, as will bring it into a body of a soft Electuary. - The ingredients of the whole composition, weighing allmost 2 pound, will cost you 2sh. 2d . which is 13d pence a pound. The Apothecaries sell it for 4d or 6d an ounce, or as they can get: and 5 or 6 sh. the pound. Dr Harvey .

Electuarium Lenitivum, or the
Lenitive Electuary. /

Take polypody of the Oake new, Currans pickt from their Stalks, Sena, of each 2 ounces: Common mercury leaves a handfull and half: Iubebs and Sebestians, of each 20 in number: mayden hayr, violets and pearl barley, of each half a handfull: Damask prunes stoned, Tamarinds, of each 6 drams; liquorice half an ounce; boyl them in 2 quarts of water, till a 3^d part be boyled away: strain the liquor and therin dissolve of the pulp of Cassia, Tamarinds, new prunes, and sugar of Violets, of each 6 ounces: of the best sugar 2 pound. At last adde to them of Sena powdered 1 ounce and half: and to every pound of Electuary 2 drams of Anniseeds powderd: and so afterwards bring them into the body of an Electuary. - 1. The polypody roots being washt clean, must be bruised in a mortar, or cleft with a knife into 4 parts, and after wards cutt into small pieces, as Sarsaparil is cutt. These with the pearl barley, must be putt in somewhat longer then a quarter of an hower before the other ingredients. Next putt in the mercury leaves and mayden hayr, being washt clean from sand or dirt, and shred: a little after, putt in the Iubebs stoned, Sebestens, Currans, prunes, Tamarinds and liquorice bruised in the mortar: at last put in the Sena, and so let them boyl in 6 quarts of water till one quart be boyled away; then strain the liquor, while it is warm into a glazed Earthen pott, or pan, or copper tinnd preserveing pann; dissolve it in the white sugar, and the sugar of violets, or in stead therof put in the same quantity of white sugar

(415.)

and boyle it gently to the thickness

of a Syrup. This done, put the pulps of Cassia, and the other pulps into a brass mortar, and add to them about the 3^d part of your powder of Sena, and anniseeds, and powr on them about the 3^d part of the forementioned Syrup, while it is yet warme: and mix them very well together with a steel slice or Spatula, or a pestle: then add another 3^d part of the powders of Sena and Anniseeds, mixing them well together: and so at last putting in the remaining 3^d part of powders, and Syrup, which being also well mixt together, makes up your Lenitive Electuary. This putt up into a stone electuary pot.

I must now shew you how

To extract the pulp of Cassia.

Take a pound and a half of the best Cassia in Canes, Crush them into ...es-pieces, that you may take out all the inside, together with the granes; which putt into a hayr sive, and hold it over the steam of hot water, wherin a few anniseeds have been boyled, or over the decoction, (being warm) which was prepared for the Lenitive Electuary. so that the steam therof passing through the Sive, may moysten and dissolve the marrow of the Cassia. While this is doing, you must with the back of a Spoon, stirr and press the sayd marrow through the sive, and gently with the hollow of your spoon take it off on the other side; and so continue to do till all the marrow is passed through. moreover if your Cassia be very dry, you may moysten it a little with the warm decoction, that it may pass the easier. On the other side, if the pulp of the Cassia be too moyst or liquid, when it is passed, you must put in on a thin plate, or a flatt earthen glazed pan, and sett it over a chafing dish to dry the superfluous moy-sture from it, till it come to the thickness of an Electuary. About a quarter of a pound of good Cassia, or somewhat more in Canes, is usually found to yield an ounce of pulp. You must also know how

to extract the pulp of Tamarinds.

put a sufficient proportion of Tamarinds into a mortar, & power to it as much warm water as will just soften it and a little dissolve it: for otherwise they being sticky and glewy, the pulp will not pass through the sive. Then with the pestle gently move and stirr the Tamarinds about, that the warm water may incorporate with them. This so done, putt the mass into a Sive and press through

To extract the pulp of prunes.

Boyl them in water till they are pretty soft, then put them in a sive and press through the pulp: Next you must know how

To prepare Sugar of Violets.

Take 2 ounces of the juice of Violets, and as much violet water, therin dissolve 1 pound of white sugar. Boyl them in a preserving pan over a chafing dish of Charcoal, till they come to a just thickness: which you shall know by these severall tryalls. 1. by dropping a drop off the point of a knife or steele slice on a plate, and let it grow cold: if it prove hard enough, so that you may take it off the plate without sticking, it is boyled enough. 2. by takeing some of it on the point of a knife, and let it drop into the pan againe: if it be enough it will drop on top of the surface, and continue raysed on it like a knob. 3. by letting a little cool on the point of a knife, and then see if it be hard enough. Note. While the Violet juice, water and sugar are boyling, you must oft stirr it with a steel slice, or long handled spoon, or knife, to prevent it from burning at bottom. There is great affinity between this and that which follows, and a little information will serve: and therefore now I will shew you how

To prepare sugar of Roses.

Dissolve a pound of the best white sugar, being powdered & sifted, into 4 ounces of red rose water: or into 2 ounces of red rose water, and as much of the juice of red roses: boyl it to a just body: mixing it with one ounce of red rose leaves dried in the Sun and powderd, a little before it be ready to be taken off the fyre.

How to make the foresayd Sugar of Roses
or Violets into Lozenges.

When your Sugar of roses or Violets is taken off from the fyre, and hath stood a little to cool, putt it on a clean smooth marble stone: wheron you must have dusted a little fine flower, by tying it up in a fine rag, and then beating the sayd rag all over the stone (this being done, to prevent the sticking of the Lozenges to the stone) afterwards take a small rowling pin, such as is used for paste: and dust it likewise over with fine flower: with this rowling pin smooth the top of the sugar being allmost grown cold; then with a knife cutt it into Lozenges, of such shape and bigness

as you fancy best. - The prices of the Lenitive Electuary.
The Ingredients of the decoction. 18.d . The white sugar, and
sugar of Violets for the syrup. 18.d . the pulps. 3.sh. 2d . the
Sena and Anniseed. 8.d . The Summ. 6.sh. 10 d . ffor which you
shall have 5 pound and somewhat more of Lenitive Electuary: so that
it will not stand you in above 16 d farthing the pound: and the
ounce will come but to one penny . The Apothecaries prices are
4 sh. the pound: and 4 d the ounce. Dr Harvey ./

The Manner of drawing Oyl of sweet Allmonds.

Take half a pound or a pound of sweet Allmonds, beat them in a stone
or marble mortar, to a paste, powring a spoonfull or 2 of warm
water, among them while you are beating: put the paste up close into a
piece of Canvas, which press out gradually, so that it may one drop
into a porringer or bason which you have putt under it. -
One pound of good Allmonds will yield about 2 ounces and a half of
pure oyl: which being drawn, you are to unscrew the press, and
take out the cake of Allmonds, and rowl it up again into a round
lump: and being putt up close into the same piece of fine Can-
vass, you pay press again and draw about one ounce and half,
or 2 ounces ofr more, of thick oyl, which ought onely to serve for
Externall uses. Oyl of bitter almonds is drawn in the same man-
ner. But you must know, few Apothecaries draw oyl of sweet
Allmonds themselves, in regard it is somewhat troublesome to draw,
and soon turns ranck: and therefore most about London buy it
ready drawn at severall places: but chiefly at the Sun in Cheap
sideswan in bucklersbury , where they may have it
new, and at a cheaper rate, then they can draw it themselves,
namely at 2 pence the ounce. Dr Harvey .

How to prepare Oyl of Mucilages.

Take Marsh mallow roots fresh, and linseed; of each a quar-
ter of a pound: bruise them in a mortar singly, and steep them
in a pinte of Water all night: then boyl them a little, and press
the mucilaginous liquor quite out, very hard: to a pinte of this
Mucilage, add a quart of Common oyle, and boyl it till all the
waterish moysture be boyled or dried away: but in boyling
be carefull to stirr it oft: or else it is apt to burn at
bottome. Dr Harvey .

Of Emulsions, and Almond milk.

An emulsion to cook the kidneys, and take of the heat and
Sharpness of Urine.

Take of sweet Allmonds blanched, 1 ounce, of the 4 greater
cold seeds, of each half an Ounce; then first bruise

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the seeds well in a stone mortar with a wooden pestle: this done put the almonds to them, and bruise them together, powring to them as they are bruising by 3 or 4 spoonfull at a time, a pinte of Barly water: then press the liquor through a strainer, and sweeten it with white sugar. Dr Harvey .

Almond milk to prepare.

Take 4 ounces of sweet Almonds blanched; bruise them in a stone mortar, and while you are bruising them, put to them by degrees a pinte of barly water: press the liquor hard, through a canvass strainer, and sweeten it with as much white sugar as will make it gratefull. Dr. Harvey .

Of Suppositories.

Take a beet root, or a Cabbage root, cutt it according to the length & shape of your fore finger, that is, Taper: onely a little poynted at one end: dust it about with a little Salt powdered fine, and putt it up your fundament. Dr Harvey .

Another. Take a peece of Castle Soape, shape it as was before directed and use it. Or take an end of a tallow candle, and dust it a little with salt powdered. Idem.

Another. Take honey and boyl it up to a thickness, and hardness: mix with it 20 graines of Alloes powdered, or (if required more stimulateing) 20 graines of Scammony powdered: or 20 graines of Colocynth powdered. Dr Harvey .

Of Iuleps

A cooling Iulep in feavors, Take a quart of barley water: squeez in it the juice of one large Limon, or of 2 small ones: then sweeten it with as much white sugar, as will make it pallatable. Or you may make one thus. Take of the distilled waters of suc cory, sorrel, and violets, of each 4 ounces: dissolve in them 3 ounces of Syrup of Limons, or Syrup of Sorrell. Dr Harvey .

Of Decoctions.

A pectorall Decoction, against Coughs and phtisicks. Take of Elicampane, Eringo and Liquorice roots, of each half an ounce, Currens 1 ounce, figgs 20 in number, Dates 10 in number: mayden hair 1 handfull: sweet ffennel seed half an ounce, boyl

them in spring water to a pinte and a half: strain the liquor and dissolve therin, 1 ounce and half of Clarifyed Honey. Dr Harvey .

A Decoction against the Stone. Take of Rest harrow roots 1 ounce,

horse raddish roots half an ounce: Saxifrage roots-leaves, and Venus basin, of each 1 handfull. Alkekengi berries, or winter cherries 50 in number: milium Solis, 6 drams; sweet ffennel,

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Burdock and Saxy-.....frage seeds, of each half an ounce,/ Iuniper berries 6 drams: Rhenish Tartar, a quarter of an ounce: boyl them in half white wine and half water, to one pinte and a half: strain the liquor and keep it in a glass; Take a quarter of a pinte morning and after noon. Dr Harvey .

A Decoction against a Dysentery and other loosnesses. Take tormentill

and snakeweed roots, of each half an ounce: red Sanders 6 drams: Comfrey leaves half a handfull: myrtle berries, 6 drams: red rose leaves 1 handfull: boyl them in Smiths forge water to a quart. Idem.

of Gargarisnes.

To purge the brain of phlegm. Take of Ellicampane roots 1 ounce: of the tops of Hyssop and Sage of each 1 handfull. Pyrethrum root, or Pellitory of Spain , 2 drams: long pepper, Cubebs, of each 1 dram: boyl them in half white wine and half water to a pinte: strain the liquor, and therin dissolve 2 ounces of Syrup of vinegar.
Dr Harvey .

A gargarisnie against swelling and Inflammation of the throat. Take of plantane water 4 ounces: Rose water, and self heale water, of each 2 ounces: dissolve in them Syrup of Mulberries 2 ounces: Sal prunellæ half a dram. Idem.

Against foule Scorbutick gums. Take Tormentill, and Aristolo-

chia Rotunda roots half an Ounce: pilewort, Sage, and garden Scurvy grass of each 1 handfull: boyl them in water to a pinte; therin dissolve 2 scruples of flowers of Sal Armoniac. Idem.

Collyria, or Eye Medicine.

An eye water to clear the sight. Take Celandine, eye bright,

vervain and Rue, of each 3 handfull: sweet fennel and Cummin seed, of each 6 drams: mace and cloves of each 3 drams.
steep them in french wine and spring water of each 1 pinte.
afterward distill the water off, in a glass body with a glass head
in Sand. Dr Harvey .

An eye water against heat, redness, and sharp Rheumes in the eyes. Take red water and eye bright water of each 2 ounces;
of Trochisci Albi Rhasis 1 dram: prepared Tuthia 20 graines: mix them together in a glass. Idem.

The green eye water, to remove specks and pearls from the eyes. Take a quarter of an ounce of Verdigreese, powderd very fine: alloes powderd 1 dram: boyl them in rose water and white wine of each 5 ounces: then while it is yet warme filtrate it through a brown paper. Idem./

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Of Vessicatories or blistering Emplasters.

Take half an ounce of Leven: Cantharides, or Spanish flyes powderd, 1 dram: sharp wine vinegar as much as will suffice to mix them into a paste: which spread upon linnen or leather, and applyed will in few howers raise a large blister. Dr Harvey .

Another. Take of Rosin 3 drams and a half; wax 1 dram

and a half; Cantharides powderd 3 drams, mustard seed 2 scruples, Common oyl as much as suffices. This will serve for 3 or 4 blistering playsters. Idem.

Schroder s blistering pultise. Rx. Cantharides, the

wings and heads cutt of, in number 30: strong leven ȝ i. moysten them with vinegar. Being applied on cloth or leather it drawes blisters according to the magnitude of the Cataplasme. You may lett it lye 12 howers or more./ Salmon ./
Crowfoot or Gold knobs, better known by the name of butter flowers, common every where. They are a fiery hot spirited herb of Mars; they are biteing to the taste and will blister the very tong, and are no way fitt to be given inwardly: and an oyntment of the leaves or flowers will draw a blister and may so be fittingly applied to the Nape of

the neck, to draw back Rheume from the eys.
The herb being bruised and mixt with a little
mustard, drawes a blister as well and as perfectly
as Cantharides, and with farr less danger to the
vessells of Urine, which Cantharides naturally
delight to wrong. The herb hath been applied to
Pestilentiall Riseings that were falling downe, &
saved life even beyond hope. It were good keeping
an oyntment and plaister of it, if it were onely
for that. Culpepper ./

Meadow sweet, or Meadsweet, the leaves being
full grown, being laid on the skin, will in a
short time raise blisters. Idem.

When you take of a blistering plaister, lay
on either a colewort leaf or a plaister of
Mellilot to heal it.

The Indians draw blisters by laying small
pieces of spunk or Touchwood on the limb
then sett fyre to it, and let it burn down, it will
draw a blister, which will run many howers. -
and this is excellent in all malignant feavours. Dr Yarborough useth it for
the gout and other aches and pains./

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Poultices.

One against hardness and to ease paine. Rx. Violet leaves

and Nightshade ii ana. Camomill flowers and Rose
leaves ana i. Mallowes. ii. sweet apples 4. a Man
chet grated: boyle all these in sweet milk till they be tender.
then strain them and putt thereto the mucilage of Lin-
seed, and of Althaea ana 3 ii. Oyl of lillies and oyle of
sweet almonds ana 3 ii. New laid eggs. 2. the Mucilage
of figgs, and make thereof a Poultice. M.S. *Lady Byron* .

A pultiss for swolne leggs, red as S. Antonies fyre. Rx the

broth of a fatt hen, sodd in clear water, of the uppermost
a pottle: Mallows a great handfull or 2, as your liquor
will serve: boyl all till the herbs be soft, and the liquor
half consumed: then putt in of oyl of Elders, with the flow-
-ers that be in them, and of oyl of roses with their flowers,
of each a good sawcerfull: of wheat bran one handfull:
thick it, and bray it, and lay it to hott. This will dis-
perse and resolve the matter without breaking, and take away
the pain marvelously. - And if there be any such im-
postume as must needs be ripend, whether it be in Womens

brests, or plague sore, or any other painfull hard impostume,

yea and for the Impostume

use this as a sovereign remedy; of the Codds, which must needs be broken. - Rx ffiggs

sodden till they be something tender, 8: a yong white lilly.-
root; cammomill, mallowes, fennell, violet leaves, and fea-
therfew, of each a perfect handfull. Make a Coffin like
a pye of barly and meal flower, mixt with even portions
together: shred your herbs grossly: and with 2 good spoonfulls of
Bores grease, or of a swine, putt them into your coffin
and cover it with a lidd of the same: and when it is enough
baked in an oven or under a pan, with a spoon take it
out, and of the soft paste in the bottome, therewith, and
in a mortar incorporate them well, and being warmed hott
lay them to the impostume, it will break it. MS. *Lady Byron* .

A pultiss for one that hath the ague in any part, or limb
swelled with it . Take a penny loaf, and milk, and

mallowes and brooklime, Chop your herbs: make
a pultiss with these: putt in a little oyl of Roses &
lay it on as hott as you can suffer it, and dress
it twice a day. ibid./

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The seed of Line and ffennygreek, made into powder,
boyled with Mallowes, violet leaves, smallage, and Chick-
weed, till the herbs be soft, then stamped in a stone
Mortar with a little hogs grease, to the form of a
Cataplasme or Pultiss, appeaseth all manner of pain,
softeneth all cold tumours, or swellings, mollifies and
brings to suppuration all apostemes, defends wounded
Members from swelling and rankling, and when they
are all ready rankled takes the same away, being ap-
-plied very warm evening and morning. ibid.

Three leaved grass boyled with a little barrowes grease
and used like a poultiss, takes away hott swellings &
Inflammations. ibid.

A pultiss. Take plantain & sorrell, boyl them well in Spring

water, then thicken it with wheat bran into a pultiss: &
a little bores grease. ibid./

A poultiss for a swelled hand, or any place else. Rx. half an

Ounce of ffenugreek, half an ounce of Linseed, a handfull

of Melilot flowers, a handfull of Camomil flowers, boyl them in a pinte of ale, & when it is allmost boyled to a thickness, putt in a few rums of white bread, & a little oyl of lillies: apply it as warm as may be. Ibid./

Anacollema Schroderi. A pultise for the forehead.

Rx. Mastich, frankincense, mirrh, ana 3 iss.
Bole, powder of bricks ana 3 ss. safron 3 i with the white of an egg, oyl of roses and a little vinegar, make a frontall pultise. - or Thus Rx
burnt Tartar, Bran, Bole. ana 3 ss: juices of Acacia, Hypocistis ana 3 ii, with the white of an egg and a little Vinegar make a frontal pultise. - Anacollemata are plaisters or rather

Cataplasmes or pultises for the forehead, made of astringent things to stop defluxions and bleeding . Of which kinde these heer are excellent to be applied to sore, or Rheumatick eyes. Salmon./

Cataplasma ad porriginem, a pultiss for a Scald head. Rx. black Rosin half a pound or more: strong ale

3 pintes, mix and boyl them together, then make it like a hasty pudding, with fine flower

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either of wheat or Rye: the last is best. - Lay this a fingers thickness upon new flannell cutt into 3 distinct pieces, so as that they might, if sewd together, make a cap fitt for the head. Apply it warm to the scald, dress it twice a day, tareing it, when you are going to dress it, violently off from the Scald: so it will pull up the hair by the roots. But before you apply it, let the hair be clipt short with scissars, and not shaved. This application repeat so often, till all the hair be pulled off the roots, the scabbs are wholy vanished, and it hath perfectly done running. Every time you dress it, wash it with Urine of another person, mixt with a little Wine, then lay on again the pultise warm. After a little While it will harden like a stone on the head, and as was said before, is to be torn violently off from the head every dressing. When the head is well, the hair will come thick and well again. Salmon ./ 423.

A ripening pultise. Rx yolks of eggs 3 i. white

Salt, powderd hens dung: ana 3 i ss. Meal of Orobos 3 ii ss. Mix them well together without heat of fyre. - It ripens and breaks apo-stems, buboes &c. apply it warm morning & Evening. *Idem*

A pultise easing paine. Rx barley meal Bean

meal, ana 3 vi. Crums of houshold bread 3 iiiii. powder of red roses, or of Bettony, 3 ss. Oyl of roses 3 iii. Oxymel simple, red wine, Ana as much as it sufficient, mix well together and apply it warme. The little shews the Intention, it eases pain and takes away the heat of Inflammations in any part of the Body. *Idem.*/

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To raise a flux. Salivation.

Take of the Oyntment called Neopolitanum 4 ounces, a-noynyt the shoulders, armes, thighs, Legs, in the morning before the fyre, or in bed, chafeing it in well with your hand, till that quantity of oyntment be spent. Let them keep within doores that day. On the morrow take the same quantity of oyntment, as before useing it: then let them keep their Chamber and have a Care of cold. If they finde their gums to be sore, anoynt no more. But if they be not, anoynt the third time, as before: or else if you please, give them instead of the third a-noynting 20 graines of Mercurius dulcis, made into pills, with conserve of roses in the morning fasting. ffoure howers after, they may eat veal or mutton, & when the flux is raised give them good store of posset drink made of ale every day, let them eat panada or water gruell, if they desire meat, their teeth will be so sore they cannot eat it. This receipt is for a man: therefore the quantities may be abated for others. MS. *Lady Byron*.

Salivation is seldom used but in the ffrench Pox, and not then neither, but when the distemper is stubborn and rebellious, and nothing else prevails: for this by many phisitians is accounted the last refuge: and if the diseased finde noe relief by this, or grow worse and worse, he is lookd on as

incurable. The Manner of raising a flux is either by internall medicines, or by application of Topicks to the parts of the Body, or by ffumigation. The sick must first be purged once or twice with Mercurius Vitæ. Then in a weak moyst constitution, exhibit these following pills once a day continuint them 6 or 7 dayes, unless salivation happen at the 4th or 5th: for then you must cease: in a stronger Constitution you may give them twice a day. Rx. Mercurius dulcis from 3 i to two: Agaric new Trochiscated. graines 12 Venice Turpentine 3 i. Mix and make pills or a Bolus for one Dose./ But every day you are to diminish the Mercurius Dulcis by 1 grain and a half or 2 grains. - Salmon . Vide plura alias./

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To make Diapenthe, to cure and prevent all Diseases in man or horse ./

Rx Gentian, Aristolochia, mirrhe, bay berries, shaveings of Ivory, Turmerick, ana 3 i. beat all these together in a mortar very small: searce them through a fine sieve, give the horse half an ounce of it at a time in half a pinte of sweet malaga sack, but bloud him first: after he hath drunk it ride him a mile or 2 gently. Let him not eat nor drink in 2 or 3 howers after takeing it: a second morning give him the like quantity, and ride him as before. You may give him it a third time if you please, in Spring or fall. Let him bloud before you give it him. MS. *Lady Byron* ./

A gargarisme.

Take a little hony and Mustard, and vinegar, mix them together and sett it on the fyre till the hony be melted: gargell with it, while it is warme. ibid./

To make Lozenges.

Rx Licorice, aniseeds, Enulacampaña roots, angelica roots, Coltsfoot leaves, Carduus benedictus leaves: dry all these severally, and beat them to fine powder, and searse them. Then take half a pound of hard sugar, and 3 or 4 spoonfull of Carduus Water, or Coltsfoot water, which you please: boyl it to a candy height, and

then put in 5 spoonfull of those powders being thus
mixt: 2 good spoonfull of Licorice; 1 good spoon
full of Aniseed, and as much of Coltsfoot; a little
spoonfull of Angelica, and as much of Enulacampana,
and half a spoonfull of the Carduus benedictus.
give them one boyl in the Syrup being at candy height,
then scrape a little sugar on a pye plate and drip
it in little cakes. If it be for the cough of
the lungs, put in half a spoonfull of the powder of
fox lungs: else you may leave it out. - The Electu-
ary is made thus. Rx. a quarter of a pound of live hony,
melt it and put 2 spoonfull of the mixt powder into it
stirr it well together. ibid./

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Pro Serpigine (S. Antonies fyre) Suffumigium ex Cynabera./

Rx. Rosarum rubrorum aloes, thuris, Corticis thuris, Benioin, (alias
Assa dulcis) ana 3 iiiii. gallæ moschatæ, campuræ, ana 3 i.
ligni aloes 3 ii Cinabrii auripigmenti, marchisitæ aureæ
ana 3 i. misce, fiat pulvis, vel cum terebinthina trochisci,
qui inspergantur et ardeant ad suffumigium. put this upon
the coales and take the smoke through a funnell of pewterr
or such like, hold 3 the place where the sore is, over the
smoke so going out of the funnell. Dr Astlow . MS. *Lady Byron* .

Or else Rx. Coleworts sod in vinegar and hold your hands

over the smoke This is gentle - Also oyle of Guiacum is excellent
good: or oyl of Tartar, and oyl of eggs when it healeth,
is good to make fair the skin. - But the very best is
to procure the Hemroids with horse leeches in the leaf Spring
and fall of the leaf. *Idem.* ibid./

Aliud pro serpigine. ie Tetter or Ringworme./

Rx. 2 handfulls of wheat bran, 1 handfull or more of oats,
a little bruised: putt thereto a pottle of fair water and a
quart of white wine: heat it very hott on the fyre and
hold your hands over the smoke therof, covering them with
a cloke or some such other cloth to keep the smoke in and
the air out. When the water grows cold enough, then you
may wash your hands or other place so affected therein,
and rub them with the oats and bran in the bottome.

After this rub the sore places with unguentum album bene
Camphiratum: or oyle of Roses, or both together: or
with oyl of eggs which is best of all. MS. *Lady Byron* .

Pro serpigne an oyntment. Rx Cepi Cervini 3 ii. Saponis Vene-

ti, Oleii amygdalorum amarorum oleum de iuglandis ana 3 s.
terebinthinæ 3 vi: salis communis, ellebori nigri ana 3 i.

Lithargirii præparati, tartari, sulphuris præparati,
ana 3 ii. argenti sublimati 3 i. powder that which is
to be powderd, very fine, and mix them together accord-
ing to art. Banister . M.S. *Lady Byron* ./

Oyl of the yolks of eggs as made by the directi-
ons of the London Dispensatory is excellent for
fistulas, ulcers, tetter, ringworms, Morphew,
Scabbs, and all deformities of the Skin, clefts in
Womens nipples, if anoynted with it. Culpepper /

Another. Take black soap, mix it with all most

as much beaten ginger; this by anoynting with
it kills any Tetter or Ringworme, be they
never so desperate. Idem./

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De Baptismo. /

Purges, of All sorts./ *vel* Laxativeness./ 427.

Purges after an Ague. Take 2 dramms of Sena, boyl it in posset
ale, Anniseeds 1 spoonfull, ffennel seed one spoonfull, both bruised,
and well boyled: putt into it, 3 spoonfull of Syrup of Damask
Roses: then brew it alltogether, and let the party drink it, &
fast 2 howers after and sleep not. Then take some thinn broth
made of veale and french barley. Note: you must strain
the posset Ale from the herbs before you putt in the Syrup,
and if the party be weak, putt in but one dramm of se-
na. M.S.

To cleanse the bloud and purge Choler. Take 2 or 3 spoon-

fulls of Currans, heat some water and plump them therin,
then take them out, and take as much Rubarb as will
lye on a groat, beaten to powder, and strew upon the
Currans, with a little Cinamon powder to correct the
windyness of the Rubarb: let the patient take this diverse
Mornings and fast an hower after it. MS.

To cleanse the bloud. Take a raysin of the Sun and slitt it,

take out the stones, and putt in it a little powder of Ru-

barb, eat it over night when you go to bed. MS.

To cleanse the Reines. Take of the pulp of Cassia fistula

one ounce newly drawn, Confection Hameck, 2 dramms,
Venice Turpentine, 4 drams, & the yolk of one egg; mix
it well together and dissolve it in 3 ounces of white wine.
drink it in the morning fasting about 6 a clock; let it
be bloud warm when you take it. MS.

To cleanse bloud. Take Rubarb prepared 2 drams, Agarick

one dram: Sena 3 dramms, ginger 2 scruples, fennel seeds,
Carraway seeds & Iuniper berries of each half a dramm.
Infuse them in 6 ounces of white wine, the space of 12
howers, then strain it out and add to it, Diacatholicon
half an ounce, then drink it in the morning at 6 a
clock. M.S.

To purge th-Choler. Syrup of Violets with Agarick infused

in barly water or hen broth, is good. M.S.

To purge choler and open an obstructed Liver. Take Rhubarb

one dram, cutt it in thinn slices, steep it in 4 or 5 spoon
full of white wine 16 howers, adding thereto a little Cin
amon or mace: then warm the liquor and strain it out
hard, and putt thereto 2 ounces of Syrup of roses solutive,

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and 3 or 4 spoonfull of Burrage or endive water. make a
little draught and drink it warm in a morning, and eat warm
thin broth within 2 howers after: keep warm, and within doores
that day *probatum*. M.S.

To make a purgation . Take half an ounce of Sena, 1 race of good

ginger thin sliced, 3 handfull of anniseeds, seeth them in a pinte
of ale or beer; then beat a few almonds, and strain them with the
same liquor, after it is well sodden, then scrape into it a little
fine sugar, and drink it bloud warm. M.S.

A generall purgation for most effects, especially for scabs and leprosy.

Take of Endive, Succory and Egrimony, of each a handfull: boyl
them gently in 3 pintes of running water to a quart. Then take
1 ounce of Sena, with half an ounce of Rubarb sliced; and put
them in so much white wine, as will moysten them, and then let

them infuse in a glass over the fyre in a kettle of hot water 12 howers: then put this into the quart of water, and evaporate it away to a pinte: then strain it very hard, and to that pinte put a dram of the powder of agarick, and as much of the Syrup of Damask roses, as comes to 4 ounces: sweeten it up to the highth of a syrup with live hony, then incorporate it for an hower. Give of this 2 or 3 ^{or} 4 spoonfull, according to the strength of the patient. you may if you please adde a handfull of fumitory to this foregoing, for the Itch, or any other scabbedness. Mr Digby . M.S.

Another, To purge and purify the bloud. Take an ounce of Ru-

barb thin sliced, 2 drams of Agorick likewise sliced; infuse them allnight in a pinte of white wine, then let it stand in the same liquor as long cold as it was infuseing: but be sure that in the infuseing you evaporate away neer a 4th part. then strain it strongly, then moysten the ingredients a little once or twice, with a little of the same water: grindeing it in a mortar, and strain it over againe, till you have gotten out all the vertue. To this putt so much syrup of Damask roses as will make it into a syrup to keep. Of this you may give 1 2 or 3 spoonfull, ounces, according to the parties strength. These 2 purgations, purge the Liver, purify the bloud; use this purge every other day, till the humor be aboted. Mr Digby MS.

An easy purge . Take white wine 1 quart, Sena 1 ounce, Rubarb

2 drams, boyl these in the wine till half be consumed; then powre it into a pot to a pound of prunes, let them stew gently in it. powr forth the clearer liquor, and boyl it with sugar to a syrup. Keep it ready to use at your need. To eat a few of the prunes will purge gently. MS.

Another of Dr Ashworth s. Take Sena 2 ounces, Rubarb

1 ounce, a little galingale and fennell seeds to correct

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winde, infused in Endive water or posset drink. It causes a purge of 15 stooles. M.S.

To purge flegme. Take flower of Sulphur the quantity of a Nutmeg,

of fine sugar twice as much, half a spoonfull of red rose water, mingle them with the yolk of a new layd egg, and warm them all-together. Take it fasting: and an hower after drink a draught of broth; at night make a posset of Coltsfoot, with 20 leaves boyled

in it. Use this 21 dayes together, spring and fall. MS.

A Purgation for flegme and choler. Take an ounce of Polypody of

the oock, (it is like ferne, and grows on the top of oakes) slice it, and steep it in wine or beer all night: drink it cold next morning. MS.

A gentle purge. Take of pulvis passivant, 1 dram to a man; half

a dram to one of 8 or 9 years old: give it in a spoonfull or 2 of white wine or posset drink. It will give 7 or 8 stooles. You must keep your Chamber while you take it. A dram will cost a groat. MS. Piatt .

A purge. Take pulveris Hollandici, 4 scruples, Electuarii Leni-

tivi 6 drams, Cremoris tartari 1 scruple; mix them together and swallow it in Lumps after your first sleep: or if you desire it as a potion, then dissolve this Mixture with an ounce of syrup of Succory with Rubarb, and put to it as much posset drink, as will make it a little potion. If you take it in Lumps, put it into a spoon, with the Lumps as big as you please. So swallow syrup and lumps together. MS.

Or Take 1 dram of pills of Ruffi, after your first sleep, in 5 pills: if they give you not 3 or 4 stooles next day, then you may augment the quantity: you may take them in syrup of succory, roses or violets: or in the butter of an apple. and if you take them 2 or 3 dayes together, it will be better. MS.

An universall purgative Potion. Take half an ounce of the

best Senna: 1 dram of sweet fennel seed bruised: steep them all night in somwhat more then a quarter of a pinte of clear posset ale: next morning strain and press it: dissolving intot he liquor 1 ounce of good Manna: then strain it once over againe. Dr Harvey .

Another. Take half an ounce of Polypody roots of the Oke,

a handfull of Agrimony, 6 Damask prunes, 1 ounce of Currans, half an ounce of Senna, 1 dram of green anniseeds: boyl them gently for a quarter of an hower in half a pinte of water: press the liquor through a

Another. Take 2 drams of Senna, 1 dram of Rubarb, 2 scruples

of Agarick, half a dram of sweet fennel seed, a scruple of Cinnamon, steep them all night in somewhat more then a quarter of a pinte of the Decoction of Currens. Press the liquor next morning through a strainer, and dissolve therin 1 ounce of syrup of roses Laxative. Dr Harvey .

An admirable purgeing Diet drink, to purge all noysome humours, and preserve health for all the year following.

The most pretious drink to perform this is Mechoacan ale, for if it be drunk for a forthnight in the spring and Autumn, it will not onely take away the causes of the gout, dropsy, all kindes of agues, the stone, all accidents of the brain and infirmities of the spleen; it also restores the Complexion to an excellent habit and colour, and defends the body from a multitude of Inconveniences. It is made thus. Take of Mechoacan the whitest you can get 4 ounces: of Hermodactyle 3 ounces, of guiacum or lignum vitæ 3 ounces: a quarter of a pound of liquorice, 3 racses of ginger, 2 Nutmegs: hang all these being thin sliced, or beaten grossly into powder, (which are fitt to be beaten,) in 2 gallons of ale that is newly tunned, in a bolter or linnen bagg with a stone in the bottome. After it hath done purging powr in a pinte of the waters of Endive or succory, if you add not the herbs to the rest, and stop it up: and after a week drink every morning as much as will give you 4 stooles a day or more. And if your body be extraordinarily subject to any disease either by descent from Ancestors, as hereditary, or else by purchase deerly bought at the hazard of your life by a dissorderd diet; then it were not amiss to add to the other ingredients, such herbs to be steeped as will agree with the nature of your grief. Dr Vaughan ./

Another Excellent purgeing Diet drink

Radices 5. aperientes recentes ana 3 iss. 10^d . Oxylapa- Sowre dock thi libra i. 3^d . Raphani Rustici 3 2^d . Helenii ^ elecampany 3 ii/ 3^d ffolia linguæ Cervini et Hepaticæ. ana. 3. 4^d . ffolia Senæ Orientalis a Stipidiosa purgatio libra i. - 5 shillings 4^d . Semina

gallons of good ale, and drink a good draught in the morning. Dr Yarborough . 431

A generall observation concerning purges. If you doubt

your stomach will not away with the medicine, putt a little mint into it. MS *Lady Byron*

To purge the Liver and Spleen . Rx. Turbith one ounce, Rhu-

barb half an ounce: make them in fine powder, and put thereto a quarter of a pinte of Aqua vitæ: let them soke 18 howers. then clarify it, and to one spoonfull of this water put 6 spoonfulls of Endive water: use to drink of it. Baltasar .
MS. *Lady Byron* .

To purge the head. Take the juice of Primrose and the

Milk of a Cow: with a quill blow it up the nostrills: it soon eases paine of the head. ibid.

To scowre the bladder. Take the leaves and roots of fen-

nell, Alexander, and parsley, hartstong and Mayden hair, wash all these clean and seeth them in white wine: strain it and drink it morning and evening. Ibid./

To purge the reins and cholerick humors. Rx. the broth of a

yong chicken: seeth it so long till the flesh fall from the bones: then take 3 pounds of Milleon seeds, and bruise them a little: 1 ounce of Alexander roots and as much of parsley roots: 3 ounces of Damask prunes, great raysins 1 ounce, liquorice 10 drams: and with sufficient sugar boyl them alltogether till one half be consumed. After straine it, and make a Syrup: and every morning drink a little cupfull of it: it is excellent to mundify the reins. when you have drunk of it, ly down & sleep after it. - If you will have it purge Choler, Then putt in a quantity of Rubarb, with a little Cassia well drawne, and prepared: and after you have used this regiment of Diet by the space of a certain season; it will be good for you to take an ounce of Cassia well drawne, and prepared: and after you have used this regiment of Diett by the space of a certain season, it will be good for you to take an ounce of Cassia newly drawne, out of the Canes, and eat in the morning with a little sugar; and this you must use every 2^d week, till your reins be well cleansed: and every day eat a little Cassia on a knives point, to keep your

belly soluble and moyst, for that is one of the chief things required in this cure. Baltasar . MS. *Lady Byron* . Ad pituitam tam capitum quam Ventriculi. Rx. *pillulæ hieræ cum Agarico: pillulæ Cochiæ pillulæ anvear.* ana 3 i.

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misce et cum Syrupo menthe quantum suffiat fiant pill. 7. De-aurentur. Sherbrook . MS. *Lady Byron* 432
Ad purgand. Renes. Rx. an ounce of Cassia newly extracted and half a dram of Rhubarb, and some venice Turpentine well washt in plantane water, or Red rose water: takeing it fasting in bolo: swallow down some morsells of it. probatum MS. *Lady Byron* A wholesome Diet drink to be drunk in winter. Rx. Guaiaci in scobem redact. ℥ libram. i. Sarsæperiglie. ʒ i. Liquirilie ʒ ivi : Senna half a pound. White sugar candy half a pound. of the reddest dock roots, as many as will lye on a great pewter dish: they must be wash very clean, and the outsides very well scraped, and all that is worm eaten or cankerd clean cutt out. Make it thus. ffirst boyl 8 gallons of wort to be made of a strike and half of the best malt: and when the wort boyles skum it well: then putt in all the said stuff, haveing the Dock roots, and the sugar candy: let it boyle above half a quarter of an hower: then let altogether stand in the pan till it be cold: then let it run through a fine sive, and take all the stuff from it: then barme it as you do other ale, and putt it into a loome. Then punn the sugar candy small and putt it into a fine linnen cloth, and therin hang it by a thrid in the loome, that it may melt into the drink as it is working: the Dock roots must be putt into the vessell so soon as the wort is cleansed, and must continue therin still. The roots. are the most speciall thing. M.S. *Lady Byron* /
A singular good whey-Almond milk, to cool the bloud, and scowr the reins, bladder and all those parts, and against pain in the yard, et pro Gororrhæa et Serpigine.
Rx. Mallowes, violets and Maydenhair, great raisins the stones taken out, liquorice scraped, and some ffrench Barly and 2 handfull of Wheat bran tyed in a linnen cloth.
Boyl all together in conduit water, and with that liquor draw your Allmonds, and make your milk as thinn as you can; the thinner the better: rellish it with sugar or any other sweet thing to your best likeing, and drink of it at your pleasure, especially first and last. -
You may add to your almonds some barley, washed well and. laid all Night in fair water to steep: then seeth it till it be ready to break and unhusk; wash it againe, and beat it in a mortar with your almonds, and so strain them together with your decoction. -

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In ffuneribus

It is best to add heerunto Cowcumber or Mellon Seeds, husked and ground as the almonds are: for they are good to cleanse the bloud. *Sæpe probatum. Dr Aylworth . M.S. Lady. Byron .*

A good purge for a hott liver. Rx. Diaprunis ȝ iii. Im-

mediatly after take half a dozen spoonfull of some thin alebury: or the like. It is excellent especially in hot weather. *probatum . Dr Aylworth . M.S. Lady Byron .*

An excellent Whey to cool the Liver: good to be taken

all Summer. Rx half a dozen gallons of whey, sett it on a good fyre in a pann, till bubbles arise, and the whey well near at the point of seething. Then putt to the same one gallon of the said whey which was spared from the cheese, cold and unboiled. Which gallon of whey you must then putt to the other whey on the fyre. Then will the curds arise and be hard, and the longer you let it stand on the fyre, simpering, the more it will gather the curds to the top. Which curds you must take clean of with a Skimmer; then make your herbs ready, and putt them into a stand or vessell, wherunto putt your whey hott. letting it run into the same through a jelly bag or strainer, and so let it stand the space of 2 dayes or one day. Then put unto the same whey being in the Vessell a quart of milk new from the cow; then keep your vessell so close covered as may be: and let it settle 3 or 4 dayes before you drink it. -

The herbs for this whey above written are, Endive, Succory, strawberry leaves, cinquefoile, sorrell, fumitory, Maydenhair and violet leaves: with half a handfull of Coriander seeds prepared: or cowcumber or Mellon seeds, for they are excellent to cool and purge the bloud. - or you may use sorrell, scurvey grass and fumitory onely, with some marigold leaves. -

Before takeing this whey it were good to purge with Electuary ix succo Rosarum ȝijss. or Electuarium lenitivum. ȝ vi. The Lenitive is better in hott weather, and that ex succo Rosarum in cold. - These elctuaries are excellent to purge phlegme and Choler et pro serpigi -ne. You may take at one time ȝ iii or ȝ ivii of Elect. ex succo rosarum: and of Elect. Lenitivum. ȝ i. - Dr Aylworth . *probatum. M.S. Lady Byron*

A notable purge for Cholerik humors. Rx. Electuar. leniti

vum 3 vi. rather in hot weather. Of Elect. ex succo rosar.
 3 iii rather in cold weather. These are excellent good, but to
 open the Hemorrhoids with horse leeches is best. *Idem. ibid.*
 To make Barly water, good to cool the body and bloud in
 summer. Rx. half a gallon of fair water: 2 spoonfull
 of french barly, (or other barly for want of it) dressed
 and husked like wheat: boyl them together very softly for the
 space of a quarter of an hower: then take some liquorice,
 scrape it and cutt it into small peeces, 1 spoonfull of anniseeds
 well dressed: a good handfull of raisins of the sun well stoned
 (some sena if you will) boyl these again in the same water
 another quarter of an howr very softly: then after putt in
 succory, endive, burrage, sorrell, bugloss violet leaves,
 mallows fumitory, spinage, egrimony, some Lettuce, tops
 of red ffennell, and betony. Let them boyl a little together,
 and let the herbs stand in the water 2 or 3 howers together,
 Then take the water from the herbs, and putt it in a glass
 bottle or such like. MS *Lady Byron*/

Electuarium Lenitivum Optimum et familiare . Rx. Cassiæ

recenter extracte. 3 vi. Tamar. Indor. 3 s. pulpæ pru-
 norum et Sebestien. ana. 3 iiiii. Mucaginis seminis psy?
 -lii 3 ii senæ oriental. 3 vii anisi. 3 i liquiritiæ 3 s.
 pulveratis tenuiter pulverizandis cum syrupo rosato so-
 -putivo, fiat opiate. Dosis 3 i. Eat about an hower
 after. You may go abroad and ride, or do any thing after
 probatum. MS. *Lady Byron*

ffamiliar ordinary things to keep the body loose.

Stewd prunes eaten in a morning fasting; or a roasted
 apple or 2 eaten cold last bedward. *Ibid.*/

To make one laxative. Rx. Mercury, borage and 2 or 3

and eat it. MS *Lady Byron*

A purgation. Rx. as much water as you can drink at one

draught, and allmost as much stone honey: stirr them to-
 gether and let them stand all night, and in the morning
 drink it. *ibid.*

A pureging whey et pro Serpingine ant ie callo
 ffiati serum serum lactis cum agrimonie et fumaria, et in
 primo hanstu adde Confectionis Hamexh 3 ii. Repetatur

fingulis annis 5 horis ante cibum: per 4 or 5 auroras.
this is excellent in summer. Dr ffriar . MS. Lady Byron

ffor Salt phlegme, melancholy and Cholerick humors. et pro

serpigine, an excellent purge. Rx. foliorum Senæ. 3 s.
seminum Anisi 3 i. florū cordialium pugil. i.

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coquantur secundumartem in sufficienti quantitate aquæ
fontanæ, ad 3 iii. s. in quibus colatis dissolve syrapi rosati
solutivi cum Agarico 3 i.s. Confectionis Hamech 3 ii. mis-
ce, fiat potio mane sumenda. ffast for 3 or 4 howers after it
without takeing Alebury, broth or any thing: the longer you
fast the better it will work. Dr Smyth . M.S. Lady Byron

A Soluble lenitive broth. Rx. a yong pullet or good big chicken,

and boyle therewith Mercury and mallowes, of both a good
handfull: make therof a thin broth, wherto putt a little
sweet butter: drink a good draught therof fasting an hower
before dinner; you may putt to it a little Rosemary and
whole mace. ibid.

ffor phlegme, and to purge the stomach. Rx. Syrupi Rosat.

solutivi 3 i.s. Syrupi violar. 3 i. Decocci Sennæ Alexander in
epithymo. 3 ii. vivi albi et aquæ boraginis ana cochlear. 2.
misce, fac potionem. - then
Rx pillularum anrear. et hieræ cum Aganico ana 3 i
3 i. pillul. cochear. 3 ii. cum Syrupe de stæchade. fin-
gatur pillilæ numero 12. extrinsecus inaurentaur.
Rx. electuarii Diattrion piperion, 3 i. s. Dianisi 3 i.
conserv. anthos et florū Boraginis, ana. 3 s. misce,
fac conditum - Take first in a morning about
2 howers before dinner the above said purgeing po-
tion of Syrup of Roses and violets: drink it up warm,
and dine within 2 howers after with stewed broth
and boyled veale. - The next day, or the 2^d
day after take 4 of the pills, above written; swallow
them in the pap of an apple an hower before supper.
- Of the other 8 pills, take 3 of them in the man-
ner aforesayd, an hower before supper, 5 or 6 dayes
after; and swallow the other 5 pills early the next
morning, and take thin broth warme within 3 howers
after. - After you have taken your purgeing po-
tion take dayly about an hower before dinner, the quanti-
ty of a wallnut of the Electuary upon a knives point.

To make purgeing prunes. Rx about a pinte and half

of white wine: a pretty quantity of pickd Senna,
about 2 handfulls and putt to it: then it must stand
very hott from morning to supper time: but not
boyle. Then strain it very hard; that the strength
may go out. Then take your prunes washed and
dried,

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with a little stick of Cinamon, and a few cloves, and
some slitt ginger, and of sugar the quantity of a
Walnutt: and put these in the liquor, and so they must
stand stewed hott in it all night: then take them in a
morning a little warm in a spoon, and so many spoon-
fulls of syrup with them as you take prunes: you may
take them 3 dayes together, which they will keep very
well, takeing 9 at a time, or if they work too much
you may take 7 or as you think good: and within 2
howers or less afterward, you may eat some broth with
bread, and a little to your dinner; for they must not be
fasted after. MS. *Lady Byron*

A purge. Rx of the pulp of Tamarinds 3 s. of the flowers
of violets, borage and bugloss of each half a little pu-
gile: of sweet fennel seeds half a dram: of Epithymum
half a dram. and one sprig of Thyme: boyl these in
half a pinte of Endive water or Chicory water, till
allmost half be spent: then powre out the clear liquor,
and put to it one dram and a half of Rubarb, moysten
-ed with with 2 spoonfulls of white wine, and half a
scruple of the scrapeings of Yellow Sanders: let them
infuse together upon warm ashes in a pott close covered
for the space of 6 howers: then strain out the Ru-
barb, and clarify the liquor with the White of an
Egg: put to it one ounce of syrup of Damask
roses, and drink it up in the Morning. - If you
finde your self disposed to looseness, then put to the
Tamarinds, one dram of the Kindes of Citrine My-
rabolanes, and boyl them together. ibid./

A Purge. Rx. Ioliorum sennae 3 s. seminum Anisi 3 j.
florum Cordialium pugil. j. coquantur secundum artem
in sufficienti quantitate aquae fontanae ad 3 iiiii.s. in
quibus colatis dissolve syrapi rosati solutivi cum aga-
rico 3 i:s. Confectionis Hamech 3 ii. misce, fiat potio
mane sumenda. ffast near 4 howers after it, without
takeing any thing, either aleberry or broth: for the
longer you fast the better it will work. ibid.

A Physick broth. Rx. ffennel roots, parsley roots,

roots of butchers broom and Asparagus, of each
a like: Time, Marjoram, Hysop, betony,

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burrage, violet leaves, with great raisins stoned,
make your broth, and sharpen it in the end with white
wine vinegar; then take half a pinte therof in the
morning, and also in the begining of supper 3 dayes
together or more. - Upon the 4th or 5th day it
will be good to make your dinner of moyst and liquid
meats, and about half an hower after dinner to drink
half a pinte of oxymel water, thus made. Rx. half
a pinte of vinegar and as much water, and put to it
4 great spoonfulls of honey: boyling it and scumming
it till half be consumed: upon this it will be good to
a little abroad in a coach to stirr your stomach. The
day following if you take the weight of & vi^d of Hi-
era picra in a potion of White wine, it will cleanse
the remainder of the matter out of the stomach. ibid

A Diet drink. Sennæ Alexand. ʒ viii. Sarsaepetrigliae ʒ viii

Turbethae Thopsiae ʒ i. Epithem. ʒ Spicnard. Indiæ
terræ. i. Dates 12 ʒ. liquorice. ʒ 5. (or ʒ .s).
anniseeds. ʒ ii. Boyl your Sarsaperiglia, Thopsia
and liquorice 2 howers in 8 quarts of fair conduit
water, before you put in the rest: and boyl the rest
4 howers more, viz 6 howers in all, in a luted pot
with a very soft fyre. ibid.

A soveraign Drink to help Rheume, and for such
as are given to swelling in the face, often proved.

Rx. a quarter of a pound of white sugar candie,
Liquorice ʒ ii, aniseeds ʒ i. Guiacum (such as is
green, ie, new, blackish and heavy) half a pound,
newly turned or Rasped; an ounce of sarsaperiglia;
let the sarsa be cutt small or splitted, and the liquorice
and anniseeds dressed and beaten flatt. Boyl all but
the sugar candy in 4 gallons of Wort that is good,
with a little handfull of hops, till the third part
be consumed: then let it run through a cleansing sieve,
and putting barme to it, use it as you do other drink,
then hang your sugar candy in a fatt, being punned &
tyed in a cloth while the ale worketh: let them

seeth allmost half an hower with a very soft fyre

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but still be stirring of it so long as it boyleth. And when it is boyled and taken from the fyre, then putt it into a fair wooden vessell, where let it stand with the dregs alltogether, till it be so cold, as it be ready to barme as other ale: then cleanse it from the dregs and barm it as you do other ale; When it is ready to cleanse, put a good platter full of the reddest dock roots you can gett, or rather of a right Orange colour, and is called the ffrench Rubarb: but first let them be fair dressed, and the pith of them taken out. Clense up your drink to it, and let it be 6 or 7 weeks old before you drink it. Use to drink of it as much as you will in a morning: you may also drink of it at meat, and use it from Christmass to May. Also a little before your dinner drink a good draught of broth well warmed, made either with capon, mutton or veale, with 3 or 4 good spoonfulls of barley, Endive, succory, Cinque -foyle, burrage, and bugloss, one quarter of a pound of great raisins of the sun stoned: a root or 2 of fennell, and as many of succory being pithed: and after your dinner use to eat Conserve of Roses. MS.

Lady Byron

A familiar Electuary to be taken at any time fasting, in the Morning: you may go abroad with it. Rx. Cassiae recenter extractæ 3 vi. Tamarindorum. 3 s. pulpæ prunor. et Sebestien. ana. 3iiii. Mucaginis seminis pugil sillii 3 ii. Senne Oriental. 3 vii. anisi 3 i. liquoritiæ 3 s. pulverizati tenuiter pulverizandis, cum syrupo rosato solutivo fiat opiatum. ibid.

A purge. Rx Syrupi Rosati solutivi cum Agarico 3 i.s.

syrupi violarum 3 i. Decoct. Sennæ Alexand. in Epi-thymo 3 ii. Vini albi et aquae boraginis simul-ana, cochlearia 2. Misce, fac Potionem. ibid./

A Purge for phlegme. Rx pill. Hieræ cum Agarico, pill: Cochiæ,

pill. aurearum. ana 3 i. Misce, et cum syrupo menthæ quantum sufficit, fiant pillulæ numero 7. de aurentur ibid. Rx the best alloes Succatrina 3 iiiii: but it into an earthen or sylver basin that will hold more than a pint: put to it a pint of pure juice of Damask roses, without dregs or residue: sett the basin on a chafing dish of Charcoale, where it may stand hott without boyling: and the alloes will melt with the juice of the Roses: then let them evaporate, till the alloes and juice be incorporated, and grow thick: all which time your heat must be gentle, and you must perpetually stirr them with a wooden spatula, that they neither burn nor boyl over: and sometimes sett the dish off the fyre to

cool, that you may see if it be thick enough. Alloes Rosata. ibid./

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Womens distempers.

ffor an ague brest. Take a little Castle Sope, of *Aqua vitæ* and

Honey of each 2 spooⁿ full: a spoonfull of pepper , and a little yellow wax: boyle all these together in a porringer, till they come to a salve: then take a piece of red cloth and spread it upon it, and lay it to the sore as hott as she can suffer

it. MS Another for the same. Take *Aqua vitæ*

and May bitter and honey, and boyle them together and dip a brown paper therin, and lay it to the brest and it will take the ague out of it. Likewise take onely honey and spread it on brown paper; and warm it and lay it on the brest, and it will help it. ffeatherfew dried is likewise good for the same purpose. And so is sage dried, which will like wise dry away the milk. MS.

To dry up milk in the brest. Take butter, wax and honey,

and boyle them together and dip therin a piece of new cloth the breadth of 2 hands, lay it on the brest, and it will dry away the milk. MS.

Bloody flux in women. Take 2 spoonfull of good Rennet, put

it in a porringer, and milk a little from the cow into it: carry it to the patient to drink before it turn to curds, (for it must turn in her stomach.) & if the sickness have continued 3 quarters of a year it will cure it. Also a warm greasy dish clout is good to lay to the share. probatum. MS.

Another for the same. Plantane leaves stamp and made into

a tansy with yolks of eggs, and eaten, stayes the ⁱⁿ ordinate flux, tho it hath continued many yeares. Or eat an ounce of the powder of Alabaster with a rear egg, it never fayles. M.S.

Paines in the brest over heated with too much milk. Take

clean clay without stones and mingle it with vinegar,
and the yolk of an egg, playster like: spread it on a
linnen cloth, and lay it on the sore brest; so let it ly till
it be dry and then remove it, and lay to another, and
so againe, if need be. M.S.

ffor a sore brest. Take black brown paper and honey,

and it will keep it from breaking if the brest be
not broken: but if you see it begin to gather to a
head, lay to it a Rose Campion leafe, which will break

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it; and being broken make a salve of honey, wheat flower
and the yolk of an Egg: and that will heale it within one
week at farthest, if it be broken. M.S.

Another Take a quart of the grounds of the strongest ale

you can gett, and sett it on the fyre, and when it is ready
to seeth, putt in 4 handfulls of red rose leaves dried, 4
good handfulls of course leavened bread, grated: and when
it is thick, putt in 4 good spoonfull of Sallat oyle, and
boyle it one walme on the fyre, spread it on a cloth, &
lay it on the brest as hott as may be, and dress it thus 3
times a day. MS.

Another. Take a handfull of figgs, and stamp them in a Mor-

tar very small, till all the Kernels be broken: then take
them and temper them with a little swines grease *that* is fresh,
and make a plaister and apply it to the brest, as hot as
may be. It will take away the pain and swelling, and if
it be ready to break, it will help it forward, else not. MS

Another. Take chickweed, Cammomill, and the tops of unsett

hysop, red sage and mallowes; boyle all these together in
sweet creame and apply it to the brest. M.S.

A poultess for the same. Take mallowes, shee sow thistle,

and wormwood, shred them small and putt them into new
milk, boyle them ~~small~~ a good while, then putt in as
much grated bread as will thicken it, and some sheeps
suet, when it is boyled enough, apply it as hott as may
be to the brest. M.S.

Captaine Green s searcloth for a sore brest. Take a pinte

of the best oyle of roses, 5 ounces of Castile sope thinn
slitced: boyle these together till the sope be dissolved.
then take 8 ounces of red lead, 4 ounces of white lead
beaten and searced: let these boyle together till it will
spread: then putt in half an ounce of dogs fatt tryed.
and a quarter of an ounce of oyle of bayes: these 2
must boyle but a while: then dip into it sleysy holland
for searcloths. It must be boyled in a pipkin, or a
thing like a crock: because it is very dangerous for
the fyre. It is good for any swelling sore brest; but
it will not heale any sore, till it hath drawn out
all the Corruption. It will likewise keep a Cancer
for ever breaking, so you never let the brest be

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without a seercloth, but put on every day, or every second
day, a fresh one. probatum. M.S.

Canker in a Womans brest.

Take Rosealger and make powder therof, then take hogs grease
that is new & fresh, first melted, and after cold, mix the pow-
der therewith very well: then putt therof upon a peece of white
leather, which may cover the sore: then sprinkle on the sayd plaiss-
ter, fine wheat flower, then upon the same spread honey, and then
upon that womans milk: and when all this is done, put the sayd
playster on the sore. and put the neither crust of a new white
loaf upon the sayd plaister, and tye it fast that it remove
not: and in the morning you will finde the canker dead
on the sayd playster. M.S.

A canker in the pap.

Take peeld garlick and rye meale, bray them together in vine-
gar till it be thick as pap, lay it on the sore till it be
white: then take pimpernell, grinde it small, mix it with
honey, make a playster and lay on. MS.

Conception to help.

Distill sage water in May, and drink therof Morning and Even-
ing and any time of day, with a little sugar. Or else drink a
posset made with sage at going to bed. MS.

fflowers to bring down.

Take a quart of white wine, the root of a flower de Luce, germander, unset hysop, and unset lime, of each a handfull; boyle all these well in the white wine, & drink of it morning and evening. Also long pepper, beaten very fine, and well mingled with white wine, and drunk Morning and evening doth the same. MS.

Another for the same, and to bring down the afterbirth. Take as much

gallingale beaten to powder as will lye upon a groat, in a spoonfull of white wine, and drink a little wine after it. *probatum*. MS.

A Bath to break the flowers. Take wormwood, mallows and mug-

wort of each a quantity; boyle them to ^a strong decoction in fayer Water: let the patient sitt over this, as hott as may be: and when it grows cold, let the patient be gott into hott bed. Use this at night for a week or 3 or 4 dayes. M.S.

Green sickness.

Take a pottle of Claret wine, a quart of Isop water, put to this of Winter Savory, Mother of time, bettoney Leaves, and roots, speermints, red fennel Tops, of each a handfull: 40 sprigs of Germander striped downwards, 8 leaves of hartstong, 40 cloves and 2 Nutmegs bruised: half a spoonfull of Caraway seed,

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a handfull of red currants: put all these into a ~~red~~^{new} stone pot close stopped: let it boyl from 3 quarts to one quart: strain it, and put to it 2 ounces of Artemisia, 2 ounces of violets, 2 ounces of Iesse min; take 6 spoonfulls in the morning, 4 at noon, and as much at 4 in the afternoon, bloud warm. MS. 442

Another Excellent one by the Lady Griffin. Take 3 or 4 spoonfull of

flemish Mather, boyl it in a quart of wine with a good peece of sugar, till half be consumed. take it off the fyre and let it cool, when it is cold, powr it through a fayr cloth, that the grounds of it be taken away: drink a good draught therof Morning and Evening bloud warm, then walk and use some exercise till you sweat. do thus 10 or 12 dayes. *probatum*. MS. L

Another. Take a pint of the best hony, set it to the fyre and clarify

it with 2 or 3 spoonfulls of clean water, then take of rew & sage, of each a handfull: stamp them and strain them and put the juice to the hony, and stir them together: then put in a good

spoonfull of bruised pepper; stir all together, and let them boyl together a little; then put them into a glass or pott: take a spoon full or 2 every morning. (but first stirr it well, lest the pepper get into one place.) then walk a good mile at least: or if it be not fayr, then sleep an hower, and fast 2 howers after takeing the same. Also you must eat raisins of the Sun. M.S.

Another. Take powder of steel, and powder of Castoreum, mingle

them with conserve of red roses; eat therof in a morning fasting Also take stone horse dung, steep it in white wine a day and a night; in the morning strain it, and put a peece of Mithridate into it, stirr it till it be dissolved: make it bloud warm and drink it; ly and sweat after. M.S.

Another. Take Turmerick, which is in races like ginger, and

horse treacle, which is thinner them the other: slice a race of Turmerick in the treacle: eat therof on the poynt of a knife; mingled together, next your heart in a morning: it will cause a good colour. probatum. Lady Verny . M.S.

Another. Take a quart of the best white wine you can get, as

much of strong ale, of brown sugar candy, 3 penny worth, cloves and mace 3 penny worth, cinammon and graines of each 2 penny worth. Ienes treacle 3 penny worth, long pepper and case ginger of each 2 penny worth: boyle them and the ale in a clean pan, and scum it clean (the spices being very well pounded, putt them in by little and little, and stirr it that it do not cleave together) then take some of the ale and wine into a Cup, and put the treacle to it: then putt the same into the wine and ale,

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and boyl it till it come to a quart. Give the patient a draught every morning bloud warm, till it be spent. This hath helpt many. If you boyl some Calamint, pennyroyall, with good store of Mather, Rhubarb and castoreum with the other ingredients, it will be much better. MS.

To increase milk in Nurses. Take the hooves of the forefoot of a cow

dried, and make it in fine powder, give it the nurse in pottage, or drink, and it increase milk. MS.

ffor the Mother. Take between Bartholmewtyde & Michaelmass the ripest &

rankest Nettle seed you can finde, dry them in the sun on a linnen cloth, or in the oven in a pewter dish, after you have drawn the

bread: wrap them up close in a paper; and when you begin to feel the mother rise, take a spoon heaped full of these seeds, beat them in a mortar and put them in a drought of white wine, or beer: it never fayles. MS.

Another. Take milk and ale, and make a cleer posset, then take of

the curd, and boyl it in Camomill, and red fennel: drink it when you feel the pain comeing. M.S.

ffor the pain of the Matrix or mother. A spoonfull or more of the pow-

der of nettle seed drunk in good wine, not onely aswages the paines, but takes away the windyness, and grief of the Mother. MS.

Nipples of the brest to skin. Take pure fine sugar and burnt allum,

and plantane water, and a little red rose water, boyl them altogether to a syrup; dip fine rags in it and rowle about the Nipples.

let it ly on till the pain be gone, and the nipples whole. Or Take butter and wax and dip a cloth in it being melted, and lay it on the brest. Yong bay leaves, layd upon the nipples, the skin being off, will heal them. M.S.

A Medicin for the Nurse, when the Child is troubled with the cough. Take

hysop half a handfull, anniseeds half a spoonfull, a piece of liquorice stick scraped, and cut into thin peeces, the quantity of ones little finger: boyl these in a pinte of ale alittle while: then clarify the whey, and let the Nurse drink it: if it be too bitter, put in a little sugar candy. MS.

Swelling in the neither parts of a Womans body. Take a quart of

white wine, a handfull of Camomill flowers dried, of rosemary tops, Isop, red mynt, red sage, and red rose leaves, of each of these 1 handfull dried: boyl them all in an earthen pott close stepped to keep in the breath. When it is boyled, strain out the herbs as hard as you can. Dip a cloth in it as head-^ hott as you can suffer it lay it to the place thrice a day. MS.

Whites in Women to stay.

Take 1 pound of the best damask prunes, wash them clean, then take 1 pinte of running water, 3 quarters of a pound of fine sugar, putt the sugar into the Water, and stirr it together, then put in the prunes, cover it close and let it

stand 2 dayes: then eat of them when you please. MS

A Bath to dry up the whites. Take some barley water, in which you must

seeth Rosemary and plantane leaves, and therwith wash the party: and wett a clean cloth in part of it, and put it up with your finger, and keep it so 2 or 3 howers, renewing it so 3 or 4 times in 24 howers, do this 2 howers. Then take a quart of Smiths forge water and cleans it, and put a handfull of the gross powder into it, let it stand warm a day and a night, then strain it: use this water both inwardly and outwardly, as you did the other, and it will dry up the whites. Also take clary leaves, wett them in good cream and fry them, eat them in a morning fasting. MS.

To stay the whites. Take the yong red leaves of an oake, still them

in a common still, & drink therof morning and evening. This is also good to wash any sore old or new. MS.

Another. Take the jaw bones of pikes when they are sodd, dry them &

beat them to powder; take a good quantity of the powder, and boyl it in Muscadine and oyle, till it be thick like a cawdle: then put in 2 or 3 yolks of eggs; eat of it in the morning fasting. MS.

Another, Take Cinkfoyle, strawberry leaves, violet leaves, S. Iohns

Wort, our Ladies Mantle, brown garden mynts, and brown fennell, of each a good handfull. (but take somwhat less of the mints and fennel, then of the other) distill the same, and drink a little of it first and last for 14 dayes, or longer. MS.

To procure Easy deliverance in Travayl.

Attempt nothing in this case till the 9th Month be past after Conception: Then when her time approaches, if she every night when she goes to bed eat 3 or 4 bay berries, it will wonderfully ease her pains, by reason of the heat and sweetness of them. Also take Juniper berries, bay berries, of each 7 a peice, Cassia lignea 1 dram, Cinamon whole, put them all in the belly of a fat pigeon, rost it and baste it with the fatt; let her eat this at supper every other night, this is a secret of the greatest concern in this case, that is. Also take Treacle Theriaca Magna 1 scruple, powder of liquorice and Cinamon of either 3 grraines, white wine an ounce and a half: mingle all these together, and let her drink it every other day 3 howers before meat: this you may use 7 or 14 dayes before the time; this will cause a childbirthing without great pain. *probatum.* MS.

Another. Take Isop, Vervain and bettony, of each 1 handfull,

stamp them very small, and strain them in good stale ale: drink a pretty draught of it: it will help presently without danger. MS.

To help a woman in hard labour. Take Mallow leaves and Roots,

seeth them till the decoction be very thick and clammy; drink it: it will help much. The juice also drunk to the quantity of half a pound helps in the same case. MS.

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womens after--birth to procure.

Take a good handfull of mother of time, boyl it in a quart of Malmsey, till it be strong of the herb: then strain it: put to it 6 spoonfulls of Sallet oyl: drink of it 2 or 3 times a day as need requires. MS.

To procure afterbirth, and ease pain. Take half a pinte of stale ale

or something less, and as much of Avens water, make a cawdle of it, with the yolk of an egg and a little Nutmeg, take it bloud warm. Also if one be bruised, and have clotted blood in the body, this will purge him upward and downward. MS. 445.

To make women hold their water. Take Salt Armoniack, and put

in their dink. MS.

To prevent Miscarriage. Take a Secondeine of a sound and health

full body, and distill it, it yeilds a cleer water; an ounce therof in a little white wine and cinamon water being given to a woman that is ready to miscarry, twice to bedward, helpeth. The same proportion given in a small glass of vervain water, cureth the convulsion at 3 or 4 times takeing; And being given in Mugwort water, it cureth the mother and after throws. Mr Digby . MS.

To procure deliverance . Take polypode of the oke, and lay it

to the feet of the woman in travell, it causes speedy deliverance either alive or dead. probatum MS.

To prevent Miscarriages.

Take a glass of Allicant in a morning, with 3 cocks treads, of the newest layd eggs, bruise them in a spoon with a little of the Allicant, put them into the glass and so drink them. Then take half a Manchet and cutt of the Crust, tost it till it look yellow, to make it hold together: then steep it in allicant and

stick it with cloves, and binde it to her navle, gently at night,
and keep it to as long as she can; Let her lye much on her
bed. MS Mrs Lilburn .

Another. Take of the plaster of Mastick 2 ounces, of the

plaster against ruptures, of Dr Cesars plaister, of each
half an ounce, of Tacchamahacca half an ounce, of Oly-
banum, Amber, Balsamum of Tolvsal of each 3 dramms,
make these into a plaister, adding Chymicall oyl of Mastick
1 dram, keep it for use.

Take of Dragons bloud 1 dram and half, Kermes berries,
Cochinell, each half a dram, red corall prepared, seed
pearl of each 1 scruple, orientall bezoar 6 graines, am-
ber greese as much, white amber 4 scruples, sugar of roses
4 times as much in weight as all the rest, mix them and
make them into a powder.

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Take of syrup of clove gilly flowers 4 ounces, Iuice of kermes
half an ounce, mix them together.

Directions how to use them. If there be hopes of not miscarrying,
get some honest apothecary to make these plaisters, spreading them
on a fine soft lambskin; let her wear one constantly on her
belly, and another on the reins of her back, as long as they
will stick renewing them as occasion serveth.

Take 20 grains of the powder, that is very cordiall and com-
fortable both for Mother and Child, and mix it with the treads
of 4 news layd eggs; after that put 4 or 6 drops of good Cina-
mon water to them, with as much of the syrup as will make it very
liquid; so take them, being mixt in a spoon, and when she has
swallowd them down, let her afterwards drink some red wine.
This she may do in the morning, 4 at afternoon, and last
at night.

Also you may have for her good chicken broth, in which may
be boyled hartshorn 2 parts, and one part of Ivory, with a
chicken, and some plantane leaves, and a crust of bread, with
a little Cinamon: of which she may take at pleasure, and
sometimes in stead of red wine.

But if you see the party will miscarry, then do not use them.
She may lick of the cordiall powder a little at any time, and
if she pleases, take nothing after it. The plaster comforts
and strengthens the belly back and womb: the powder comforts
both mother and Child: so doth the syrup and broth. Dr Wil-
oughby . MS.

To cause the after birth to come. Take Castor in the Cods, and

burn it under the Nose of the Woman delivered: if the matrix

be strait, it will open it, and bring away the after birth. Mrs Mullenax . MS.

To cause speedy Delivery. Take of Trochis of Mirrhe

2 drams, safron 20 graines, in fine powder, Borax in powder 10 or 12 grains, the compond syrup of Mugwort, 1 ounce: oyl of sweet allmonds new drawn 6 drams, or 1 ounce, white wine 4 ounces; mix them, and make therof a potion, to be given at such time as the throws begin to renew, it is an excellent and much experimented Medicin. MS Mr Broom Apothecary of Grantham .

ffor after paines. Take a Nutmeg, burn it in the fyre and so

bruise it between 2 trenchers: put it into some Mace ale, and let her drink it. MS

A sore brest that is all black. Take a handfull of the herb

called Robbin in the hedg, chop it small, and boyl it in a

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quart of ale to a pinte: anoynt all the sore brest with it: then lay a cloth on it: which you need not change at all. Warm it and use it. MS.

ffitts of the Mother. Take of the granes of Iuniper, Calamus

Aromaticus, roots of burdock, gentian, Zedoary, angellica, of each a dram: seeds of Dancus, Lovage, of wild carrots, of each half a dram, of the hoof of an Elke, 2 scruples, faeculae brioniæ. 2 drams, make a powder to be taken in beer or Mugwort water, or syrup of Mugwort: give a dram at once, fast an hower after; continue the takeing it, while the powder lasts. MS.

To stay the reds in women. Take gallingal 2 ounces, white

wine 1 pinte, loaf sugar a *quarter* of a pound; boyl them together very softly, till half be wasted: take it off, put it in a glass, drink often a spoonfull at a time. Close stopped, it will last a *quarter* of a year. The Gallingal must be thin sliced. MS. Mrs Mullenax .

Aqua Brioniæ composita, or the London Water
against fitts of the Mother.

Take of the juice of Bryony roots one pinte; of the leaves of rue and

Mugwort, of each half a pound: Savin dryed, a little less then a hand full: featherfew, Nip, pennyroyall, basil, of each half a handfull. of the outside of fresh oringe peel 1 ounce: Mirrhe half an ounce, Castor a quarter of an ounce: Canary wine 3 pintes: steep them 4 dayes in a glass well stopt, then distill them oft in a glass Alembeck in Balneo, or warm water. - The dried herbs, which are the Savin and penny-royall, may be beaten together to a gross powder. The other herbs which must be green & fresh are to be shred small or beaten to mash in a wooden or stone mortar. The mirrh must be powderd by it self, and the Castor cutt into small thin slices: mix all these together, and powr on them the wine and Bryony juice. - This water when it is distilled as it ought to be, is not good enough to wash your hands: and consequently of little vertue to be taken inwardly: for not a quarter of the strength of the Ingredients comes over the helme: therefore let me rather advice you to prepare this water against fitts thus. - In stead of the juice of Bryony take dried Bryony roots, beaten to a gross powder, 2 ounces: the rest of the herbs being all dryed, and the other ingredients powdered gross, and in the same quantity as they are sett down before. In stead of 3 pintes of Canary, take a quart of the best

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Nants brandy. Put them into a glass, and let them steep 6 dayes in warm ashes: then strain the liquor of, and keep it in a glass bottle corkt up for your use. - Half an ounce of this liquor contains more vertue, then half a pinte of the other distilled water. - you may easily compute, what this liquor or water will stand you in, by what is informed you else where. The Apothecaries sell it for 3 sh. 6. d. the pinte: and 3d , or 4d the ounce. Dr Harvey .

ffor the Mother. Rx. a handfull of Mugwort, as much Pelli

tory, as much Commin, and seeth them in White wine, a pretty while: then take them out of the liquor and let them drain a while: then take a linnen bag, and as hott as you may lay it to the Navle. Banister . M.S. *Lady.Byron* A singular plaister to call down the Months. Take Gallie Moscate and alipte moscate of each 3 iii: the gally moscate is pretious and of great cost: then take of fine Galbanum 5 drams; musk and ambergrise ana one scruple. Storax liquid as much as will suffice to incorporate the Galbanum and powders together in a meanly hott mortar, and pestle the end well hott, into the form of a plaister, and drive it on leather, and lay it longwaies under the Navell, well towards the bottom of the belly, that is from side to side. MS. *Lady. Byron*

ffor the Whites to stop. Rx. a new layd egg roasted

very rears; put to it white sanders very fine beaten

a good quantity: stirr them together and sup it of next
your heart: neither eat nor drink in an hower or
more after: use it till you finde ease. ibid./

ffor a Woman labouring of Child, whether the Child be
alive or dead; or for procureing a monthly order, a
certain medicine.

Rx Ieniper as it groweth, the berries

and all, a great handfull: putt it in a pinte of fair run
-ning water, let them seeth to the one half, then drain
it from the herbs, and make it sweet with the best stoned
honey you can gett, but let it seeth no more: so drink it
blood warm, as you have need. ibid.

Broth to be taken after steel powder. Rx. of the roots of

parsley, fennel, Chicory, of each a few: of the leaves of
borrage, Endive, Mayden hair, Cetrach, Marjoram and Tyme,
of each a few: of french barley well washed a good spoon-
full, of raisins of the sun without their stones a good spoon-
full, a crust of bread, and a pullet, or a peece
of Mutton and veale

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together, In a draught of this broth putt one of the
papers of powder, and drink it every morning. ibid./

Matrix grindeing. Seeth Ashen ashes in water; dip a cloth

therin, and apply it all over the belly. ibid./
Rost a lilly Root with oyl of Roses, it heals burnings,
softens the Matrix, brings down the terms, and covers
wounds with a skin: and with honey, it heals cutt
sinews, and places out of joynt: scurf, scales, scab
leprosy: it scowres away running sores in the head,
and face; it takes away wrinckles, The rosted root
with honey and vinegar healeth all deformities of the
Skin, in the head, face, or body. ibid./

To cause deliverance whether the Child be quick or dead.
Drink the milk of another Woman, mixt with oyl
olive. ibid.

To slack the afterthroes after Childbirth. Seeth the
juice of a good handfull of parsly in a cawdle or
ale brew, and let her drink it. If she have too
much of her disease, let a spoonfull of bruised pep
-per be put into her cawdle. *probatum*. ibid.
Seeth sage with running water, roch allum, and wood-
bine leaves, to quench the great heat and burning, stink

filth and matter that comes often through corruption of Nature, in the secret parts of Men and Women. which is helpen by putting thereto a little Aristolochia rotunda, in powder. ibid./

The Lady Arundell s Receipt for the Cancer in the Brest.

Rx. Yellow Arsenick 1 ounce: bolearmoniac half an ounce. Reduce them into fine powder and mix

them -. The Caustick. Rx Yellow arsnick

1 ounce. Red precipitate, bolearmoniac, of each

The
half an ounce. Mix them together. - tart Water. Rx. Mercury sublimate 1 ounce: pre-

cipitate half an ounce, reduce them into fine powder, and boyl them in 3 pintes of White wine vinegar, till 1 poynt be consumed. When it is cold put it up

in a bottle close stopped. - The Red water.

Rx. 2 pounds of unslaked lime stones, 2 gallons

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of spring water, boyl it and powre it upon your lime stones boyling hott being in an Earthen pott. Cover your pott close, and let it stand 24 howers: then powre off the clearest and add to it Bolus verus, Roch allum, white coperas, Alloes Succatrine, Camphor, of each 2 ounces. beat them, and searce them, and mix them well in the wa -ter, and boyl them 1 hower: then putt this water in a pott close stopped, till it be cold: then putt it up in a glass

The green
bottle for your use well stopped. - Oyntment. Rx. fresh hogs grease 1 pound, Venice turpen-

tine 4 ounces, Rosin half a pound, Verdigreece half an ounce, beat all well together in a mortar, and boyl it till it come to an oyntment, strain it, and putt it up in potts. - The use of the Caustick. It is to be mixt with some of the oyntment spred thin upon a cloth, the bigness of the sore: and must ly on 8 or 10 dayes, or untill it falls off: then apply another till the dead flesh be spent. - The white water is to be ap-plied with a cloth dipped in it, if occasion requires: which is good for a Canker either in the nose or throat, and ringwome, or for any dead flesh in wounds. - The

red water is good for sore and bloudshott eyes: for
pinn and webb in the same, and to preserve the sight:
and for any old sores. It is excellent for ffistulas
being sirringed into it: it must be wamed allwayes
when you go to use it. - The green oyntment
is to be applyed after the Caustick hath done its work:
Which is to draw and heale. It is used to draw and
heal any sores and wounds. MS. *Lady. Byron .*

To prevent Womens Miscarriage. an
Excellent Remedy.

Rx. Sarsaperilla sliced 1/2 a pound. the bark of Guaia-
cum 2 ounces: bark of the oak 3 ounces. of the
herb horsetayle 1 handfull: boyl these in 3 quarts
of running water, till one quart be consumed, strain
it and add to it 1 quart of plantane water; then
boyl in it gently of the flowers of Archangell 1
handfull: of the yellow seeds in red roses half an
ounce: strain these, and sweeten it to your pleasure,

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*In Rogationibus et Supplicationibus
Publicis./*

then keep it for use. Take
of this every second hower 2 or 3 spoonfulls.
MS. *Lady Byronprobatum.*

Another for the same, from a Rare Midwife in London .

Take Rice boyled tender in Tent with some beaten
Cinamon, in it: boyl it as thick as a poultice, and
lay it to her Navle; and drink Tent with a Tost
in it, and eat the Tost. - some in that conditi-
on have taken a gentle purge, and after that taken
cooling Iuleps to thicken the bloud, and have done
very well. *ibid./*

To stop the Courses in women. Rx. a pinte of Rhenish

wine, a quarter of an ounce of large mace, 4 penny
worth of English safron, 1 penny worth of sweet Juniper
berries: bruise them and put them into the wine: the safron
must not be putt in till it be allmost boyled: then put it
into a pipkin close covered, let it boyl to half a pinte:
then strain it out and drink it warm: sweat 3 howers after
ibid./

ffor the months falling downe. Rx. wild clary, Mallowes

and Oak leaves. ana one handfull: boyl them in run
-ing water and sitt over the steam. ibid.

ffor a brest that is rugged or hard. Rx. Cow dung new

made; put to it thick Creame, vinegar: sett it on
the fyre and boyl it a little: if it be too thin to spread
like a poultiss, put to it a little wheat flower: spread it
on a cloth and lay it over the brest; onely cutt holes for
the Nipples to come out: this will take it away in one
night, or at twice doing. You may putt in a little
oyle Olive. - If the skin be off the nipples, an-
noynt them with Calves trundle fatt. - If you fear
the brest or nipple being sore before you are brought
to bed, bath it a pretty while before with allum water.

MS. *Lady Byron*

A poultiss to break a sore brest. Rx. New milk, make

a poultiss of it with Oat meal: putt in 1 handfull of
Mallowes, violet leaves, red fennell, some houshold
bread, as much white lilly root as an egg; the like
quantity of onyons: shred all together, boyl them
in the milk and Oatmeal:

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when it is boyled putt in either fresh butter, or boares grease,
but deers suett is better: lay it on warm: when it is
broke and drawn forth all the Corruption, take parsly,
shred it, boyl it in fresh butter; let there be so much that
the butter may look green; then take some of this oyl &
anoynt the place with a feather: and in the hole after
this poultiss you need use no Tent, nor any thing but
this if you will heal it. ibid.

ffor a breast head, when the skin is off. Rx. Mutton fatt,

some of the Kidny; putt it on a toasting fork: sett a
dish under it, with half as much live honey, as you think
there will drop fatt: beat these 2 well together, and
anoynt the brest: it will skin it speedily. ibid./

ffor fainting fitts in a woman new brought to bed. Take 4

graines of musk, mingle it with a little fine sugar, putt

it in a spoon with a little mace ale: stop her nose that she may not smell it; so give it her, and let her drink 2 or 3 spoonfull of mace ale after it./

ffor the after birth. Take a Skene of flaxen yarn, unwhit

-ed, boyl it in water, and let the woman sett over the steam of it. ibid.

ffor the same. Take a quart of Claret wine, let it

boyle a while, then take a little shovell full of wood-ashes hott out of the fyre, and put into the wine: let it boyl well: ten putt in as much more, let it boyl till it come to a strong Lye, and half the wine be wasted: then strain it out and sweeten it, with a little sugar: give the party a good draught of it. This at twice or thrice takeing seldome fails to bring away the dead Child or after birth. ibid./

ffor the Mother. Take Galbanum, mixt with 12 graines

of Musk; make a plaister of it and lay it to the Navle. ibid.

An excellent oyl or balsom; it healed a sore brest,
when all Chirurgeons had left it. Rx. a pint and half

of the best sallat oyl: put into it a quarter of a pound of bees way, shaved small, then take a handfull of bayleaves, as much time, as much rosemary, as much balme; shred all these herbs small, small,

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then melt the oyl and wax in a pipkin, put in the herbs and let them boyl half a quarter of an hower: then take 2 ounces of Storax, washed 3 times in plantane water: take half an ounce of Venice Turpentine, washed well in red rose water: boyl all these on a soft fyre a quarter of an hower, till it look greenish: then take it off the fyre and putt into it an ounce of red sanders beaten to fine powder, and sifted: stirr it well together; strain it into a basin, and when it is cold put a knife into the bottom to let out all the water: then set it over the fyre again, and when it is melted, put into it 1 ounce of dragons blood, and half an ounce of Manna in fine powder: let it all boyle a-

gaine a quarter of an hower, ever stirring it.
then take it off the fyre and strain it: then put
it again into the pipkin, and set it over the
fyre to be hott, but let it not boyld: then take
it from the fyre and putt into it 4 ounces of the
oyle Hypericon, and 5 drams of right balsome.
stirr it very well that it may incorporate well till
it be cold: then put it up into a pott. It is good a-
gainst the Infection of the Plague or Pox, to a-
noynt the nostrills therewith in the morning fasting.
the longer you keep it the better it is. ibid./

To stop their flowers, Let women sitt in the broth of

Tormentill up to the Navle: or knead the powder with
hony and spyknard, and lay it to the neithermost
part of the belly. ibid.

Mother riseing. Put vinegar into her nose with a feather. ibid

ffor hard swellings of the brest. Boyl wheat brann in a
decoction of Rue. ibid.

ffor an inordinate flux of the terms, though it hath
continued Many yeares. Stamp plantane Leaves

and make them into a tansy with yolks of eggs. ibid.

ffor to stay the whites. Make a Conserve of the white flowers
of Archangel, with sugar, use it diverse dayes. ibid:

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To bring down the desired sickness: The Leaves of Mullen.
worn under the feet day and night in manner of a shooe
sole or sock; and kept thereto with socks from falling away
ibid./

To stay the terms. Eat plantane made into a tansy with
yolks of Eggs. ibid

To bring forth a dead Child. It is also good for the gravel,
windyness, paines of the liver and jaundies: Take flowers
leaves and roots of Camomill, make them into Trochisks,
or portions. ibid.

ffor the whites. Rx as much fine amber finely beaten to

powder as will lye on a 6 pence, in a little muscadine
in the morning before you rise, and ly an hower or 2
after it, & sleep if you can. ibid.

To cleanse the Matrix. A Penniirth of Sperma Ceti

taken in 2 severall mornings in posset drink. Or as
much mithridate as a bean, and as much grated Setwell,
as will ly upon a groat in warm aleberry or posset
drink. ffast 3 howers after either of them. - Take a
quarter of a handfull of the herb bugle, bruise it &
boyl it in posset drink, take it warm morning &
Evening.

ffor bearing down in that part. Anoynt the bottom of

the belly with oyl of lillies, and wear a piece of knitt
hares wool, and keep it very warm. ibid.

ffor Immoderate flux of the termes. Rx New milk, milked

upon Speermint; let it stand 2 or 3 howers by the
fyre; then Drink it. MS. ibid. D-Mr Willoughby ./

ffor the Whites or running of the reines. Rx the white

of an egg & 2 spoonfull of red rose water, beat them
well together with a little sugar, drink it in a morning
fasting. Mr Willoughby . ibid.

To know if a woman be with Child: one way is, if

you can see your hand perfectly in her water, as it
stands in the Urinall. Idem. ibid./

A pinte of New milk, with a spoonfull of red rose water,
Nutmeg & sugar mixt with it, is very good for a woman
with Child, or a weak consumptive body: to drink at night
for their suppers; or any time of the day when
they are dry. Idem ibid./

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An appendix of Remedies for 455

venereall Distempers./

To skin over and heal pustles and other sores in præpatio virgæ.
Rx. a pinte of milk, sett it on the fyre, and when it be-
gins to seeth, 3 i of Roch allum beat into fine powder: so

let it seeth 2 or 3 wallows on the fyre, then strain it through
a linn en cloth, and wash those parts with it. It doth both
cleanse and skin. Banister . M.S. *Lady Byron*

pro renibus et pro Gonorrhæa. Rx. a little quantity of

clean turpentine well washd in red rose water: then take a
little quantity of fine sugar and a little quantity of Bole-
armoniak, with the yolk of an egg: and being well mingled
add to it the sugar and then the bolearmoniak in water
very fine powder. Take of it the quantity of a prune,
and putt it in a spoon with the syrup of Rubarb: swallow
of them in the morning fasting at last at night 2 of them
at a time. M.S. *Lady Byron*

Ad purgand. et confortand. renes. Rx. Terebinthine ʒ vi.
Cassio noviter extracth. ʒ iii. Mastiche ʒ i. vel nucis
moschath. ʒ i. sumantur in Aurora. Shorebrook. MS. *Lady Byron*
vel. Rx. Cassih noviter extract. ʒ iii Terebinthinh ʒ ii s.
Rhubarb. elect. ʒ ii s. Cinamomi, seminum anisi, liquidri
tih. ana ʒ s. misce, fiat bolus. Dr Smith . MS. *Lady Byron* .

A Regiment for him that hath a hott Liver
and some little melting in his kidneys.

Observe 3 things. Moderate exercise, good diet, a little physick.
this exercise must be moderate, not violent, upon an empty stomach
not a full: rather in the morning than in the heat of the
Day; more in Spring and winter than in Summer. Diet
must be of meats easily digested, as mutton, veal, chicken, Rab-
bet, partridg, capon &c. fforbear all over salt meats, as Bacon,
all slimy fish, all Raw fruits, all white meats, all baked, stuffd,
fryed and broyld meats: all sharp, sower and tart things,
for they hurt the kidneys. ffeed rather of one meat than
many: or at least of such as are of light digestion. Abstain
from hot wines, waters, spirits and venery. Take little physick
unless necessity urge; yet twice or thrice a year take
the underwritten pills. Eat one of the Lozenges morning
and evening. Take a spoonfull of the syrup or Iulep
every morning when the Lozenges are spent. use to anoynt
the right side and stomach with some of the following
ointment warme, when you feel the liver hott, once in
the spring open the liver veine./

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The pills. Rx. pill. anrear. ii. Lucis maioris: ex tribus

ffarvelii ana ʒ i : misce, et cum Syrupo Betonica fiant

pill. 7. deaurentur, dentur *quarte r* signo convenienti cum custodia
In ullo signo nisi ni Levne et virgine.

Heer follow the Iulep and unguent for the Liver.

Rx Sacchari Rosati ȝ ii

Rx. Syruporum fumariæ simplicis, violorum, Cichorii ana
ȝ i. Aquarum Rosaceæ, Scabiosœ, ana ȝ ii Cichorii ȝ i.
misce fiat Iulepus.

Rx. Anguenti pomati ȝ iii. Olei mokeris. ȝ ii. Rosati
Messue. ȝ i. Misce, fiat unguentum. Dr Case's præscript.
in astate. M.S. *Lady Byron*.

pulvis pro Gonorrhæa. Rx Corall. rub. succini electi, Mastiche,
Nucis moschate. ana ȝ ii: fiat ex omnibus pulvis. Dosis
a dram: which is the weight of 7^d ob: to be taken in
an egg rear rosted, fasting. Dr Atslow . MS. *Lady Byron* .

Collyria optima against Caruncle and otherwise. Rx. Summit.

salvie. rorismarini, fol. rosar, rub. plantaginis ana Mi.
aluminis Roche ȝ ii. coquantur secundum artem in suffi-
cienti quantitate aquæ fontanæ, ad lib. i. Colatura per
residentiam depurata iterum coquatur cum melle despu-
mato. In fine adde viridis æris ȝ j. fiat *quarte r* Collyrium.
Or else. Plantane water, red rose water, womans milk and
sugar candy beaten to small powder and dissolved in
the rest. Use your Iniections especially in the morning
early, alittle before dinner, before supper and at night
when you go to bed. Or else use this following
Collyrium opt. pro Gonorrhæa. Rx Cerusæ ȝ p-venet.
ȝ i. litargie aureæ ȝ i. Camphure ȝ i vini albi
half a pint. Aque plantaginis as much. Warm it a
little when you use. They must be beaten to very fine
powder before you putt them to the wine and water.
and then incorporate them very well together. When the water
is spent you may add to the bottom another half pint
of white wine, and as much plantan water. MS. *Lady Byron*

Running of the reins or burning of the yard.

Rx. a pinte of barley and seeth it till it be broken, then take
the husks from 2 or 3 good handfulls therof, and put the
barley so husked into a pinte of fair running water.
and let it boyl till a quarter of the water be consu-
med: then strain it, and use to drink every morning 8 or
9 spoonfulls for the space of 3 weeks, and every 3 dayes

to stay within a week use this water by syringe into the yard, and it will both stay the flux and skin the yard if it be fretted by the heat therof. You may to the syringe water or Injection putt the quantity of 2 hazle hulls of roch allum, and some cool, skinning herbs, as woodbine leaves, dazy roots, plantane, mallows or such like. But I think the other aforesaid will stay the flux alone./ MS *Lady Byron*

Running of the reins and weakness of the back. Rx a

pottle of goats milk, new and warme as it is milked, or for want therof takes cowes milk: a handfull of hempseed as it groweth, a handfull of acorns, the husks taken away and dried, so that they may be beaten to powder. then take 1 root of plantan and one root of Dasies, scrape them and then putt them with the powder into the milk, and bruise (seeth) them together, till half be consumed: then strain it from the grounds, and drink a good draught therof luke warm, every morning, and drink not within 2 howers after: it will help in a short space. MS *Lady Byron*

Running of the reins. Rx Dill seed 3 drams: lettice seed &

parslane seed of each 4 drams: make them into fine powder. drink it evening and morning with water of parslan, or lettice with a little sugar. This will ease. MS. *Lady Byron*

A singular water for heat, pain and rawness of the privities, a great secret

. Rx. Ceruse washed in rose water

7 times (that is every 12 howers changeing your water and putting in fresh) ʒ iiij. Tutie prepared: ʒ i. starch flower 2 drams: gum Tragacanth and gum Arabick, of each 2 drams: when your Ceruse is dried, and that and the other made powder, form them into Trochisks or balls with rain water and dry them. put one of these balls into a sawcerfull of plantane water all night: the next day stirr them till the ball be perfectly resolved: then with a syringe, if it be within, or with stopes wett if it be without apply

your water. If the neck of the bladder were ulcerated it would help miraculously. MS. *Lady Byron*

pro gonorrhæa et suspicione morbi galici. Rx. Cassie

recenter extractæ ʒ iii. Trebinthinæ ʒ ii Rhabarbari electi
℥ ii. Cinamoni, Liquiritæ, Seminum anisi, ana. ℥ s.
misce secundum artem: fiat bolus mane sumendus. Dr Smyth .
MS. *Lady Byron*

pro Gonorrhæa. Rx. Refinco Terebinthinæ ʒ iii. electæ

diacatholicos ʒ vi. Rhabarbori optini ℥ iv. cum syru
-po Angustano fiat electuarium pro 3 dosibus. Drink
sour posset ale presently after. Dr . Hutton ibid.
Au unction to putt upon a little tent of Lint, and thrust
in the yard: first putt upon the tent a piece of pack-
thred or such like. Rx. Unguenti Tutiæ ʒ s. unguenti
aureæ ʒ i.s. misceantur. ibid.
pro calid: take rerum unguentum. Rx. Unguenti Rosar.
ʒ ii. aquæ Rosar. ʒ i. agutetur an aquæ consumptionem.
tim affunde aquæ rosar: et aceti rosar. ana ʒ ii
et secundo agitetur. ibid. Dr Hutton .
The matter falling into the Codds, use this fomen
tation. Rx Camomil. Absynth. paristarum, verbasci, ro-
sar. rubr. ana i.s. Tanacet. communis . i. coquantur
in aqua Communi lib. iiiij. ad lib. 2. consumptionem.
tum adde semin. anethi, bacc. lauri ana ʒ ii vini
albi lib. j. et denno bulliant. fiat fortis expressio.
et foveatur locus cum spongijs colide. id. ibid.

A pultis to the same to be applyed after. Rx. herbas præ-

dictas expressas, quibus addatur forinæ hardei ʒ iv.
Unguenti Comitissæ ʒ i.. panis tritici ʒ i. aceti rosarum
parum, ut coquat: et tandem aleum Rosar. id. ibid.
To cool and moysten the body, and cleanse the reins
and bloud. Make a whey of goats milk and drink
of it often. id. ibid.

ffor swelling of the Codds. Rx Running water a pottle,

of ffengreek half a pound: 2 or 3 handfull of water
cresses: boyl them to a pultis and apply them somewhat
warめ. probatum. MS. *Lady Byron*
pro lue Venera. Rx. Landani (some Alchymists
make it, especially Mr Butler of Canbrid, and
Dr Turner of S. Hellens have the best receipt
for it.) grana S: make it up in pills: it will

cause sweat, and astonish the senses and take away
all extream paine of what part so ever. D. Hutton
MS. *Lady Byron*

pro gonorrhæa. The best way to take Turpentine

is an ounce at a time, mingled with the yolk of
an egg, which onely will make it thinn, and so
take it with a little Betony water in a morning
fasting. Use it 3 or 4 dayes together or oftener.
id. ibid.

Ad purg. renes. Rx. Refinæ Terebinthinæ, 3 i. Diaca-

tholicon 3 i.s. pulveris Hollandiæ 3 ii. Rhabarbari 3 iii
vel plus. cum syrupo Angustano fiat electuarium
pro 4 dosibus. Drink a little posset ale presently
after. id ibid.

pro gonorrhæa. Rx Corallii albi et rubri. Mastihes

ana 3 i. scorbis eboris (Ivory shaveings) 3 s. cina
moni et nucis moscatæ ana 3 s. terantur singula,
fiat pulvis: eat it in an egg or 2 near rosted,
fasting or drunk it in new milk fasting Dr Bar-
row . MS *Lady Byron* it is likewise good for the back./

pro caliditate renum . Rx. unguenti infrigidantis Galeni

3 ii. unguenti Comitissæ 3 i. Subigantur in aceto rosa-
rum: fiat unguentum. with anoynt a linnen cloth
or two, and lay them on either side you reins to
cool them. Dr Barrow ibid. - And for injections
Rx. new milk and fine white Sugar. - or aqua
mulsa: which is honey and water. id. ibid./

pro Gonorrhæa. Rx. Venice Turpentine for 3 mornings

red rose water and the powder of Mastick. Mingle them
together, and drink therof 3 mornings together. ibid./

pro Gonorrhæa. Rx. a small quantity of Spermacæti, and the

yolk of 2 or 3 new layd eggs: beating the yolks well first
by themselves, and then put the Spermacæti to it and
drink the same three mornings together. ibid./

Running of the Reins. Stamp good store of oatmeal,

seeth it in a pinte of milk, strain it and drink

it with sugar. ibid./
Ache in the reins. Cutt the roots in small goblets,

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and steep them all night in Malmsey; drink it first & last 9 dayes. ibid.

The leaves of plantane stamped, and put into oyl olive, and set in the hott sun for a month together, and after boyled in a kettle of seething water, which we call Balneum Mariæ, and then strained, is good against the pains of the eares, or cast with a syringe into the other ports; or for the paine of the fundament. ibid./

Running of the reins. Take milk as it comes from the

Cow; beat long pepper and put it thereto, and drink it first and last. ibid./

Scalding in the privy parts. Burn clean linnen to powder,

and anoynt the sore with oyl of eggs, and put the powder upon it. ibid

ffor the flowing of mans seed. Take the yolk of a new layd

egg; put thereto the powder of the cups of acorns and a little fine sugar: sup it up every morning./ ibid.

ffor the fundament or other privy part of mans or woman.

The leaves of Plantane stamp't and putt into oyl olive, set it in the sun for a month: after boyl it in balneo Mariæ and strain it. ibid./

Running of the reins Rx. a quart of the best wort, as much white winem Bettony, Clary, Knotgrass (or bursa pastoris, which is very good for this purpose) parsly roots, fennel roots; ana 4 ℥: boyl them to the half, strain them; put to them 4 ℥ of Manus Christi: Dose 6 spoonfull evening & morning. ibid. fforrester ./ Camphir drunk inwardly with bettony water, a little quantity at a time, stops the running of the Reins and whites in Women, and the Immoderate use of Venery. Culpeper ./

Syrup of Coral, both simple and compound, but especially the last, stops fluxes, the running of the reins, and the whites, is very cordiall, and of great use in Hecticks. The Receipt is, to be seen in the London Dispensatory. It is

very dear: half a spoonfull in a morning is enough for the body and too much for the purse. *Idem.*

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439.

Cowslip, an Extraordinary Good
thing for a Drink about
half a Pint at a Time

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Conserve of Barberies. 461

Take the berries being picked, and putt them in an earthen
pott with so much water as will almost cover them: then
sett them over a slow fyre, and often times stirr them about
with a stick, letting the be scalded or made soft: and
so takeing them from the fyre, strain and rubb them
through a Linnen cloth, or strainer. Then take to every
pound of the Pulp a pound of Sugar, boyle it to the
heighth of a Conserve. You may add rose water to it. M.S.

Lady Byron

To make the hands fine white and soft.

Take sweet almonds blanched, and brown bread much baked,
and made of clear Rye, well leavend, sweet raisins, the
stones picked out, hens greace and Capons greace, of every
one of these one ounce. Incorporate and beat all well
together in a stoney mortar, very fine: then work it up
in a great ball: and with the said Ball rub your hands
all over, and scowre them in thin milk warmed. This
is most excellent, if you continue and use it. Baltasar . MS.

Lady Byron

To make hartichokes grow to a great bigness, water the
place where they grow often with horse piss. M.S. *Lady Byron*

To make good usquebagh, or Irish Aquavitæ. Rx. a

liquorice, clean scraped and thin sliced: half a pound
of aniseeds, half a pound of the best figgs, slitt in sunder,
half a pound of Raisins of the Sun stoned: 1 quarter of
a bound of brown sugar candie, beaten small. Putt all
these into a clean vessell, close stopt, with the Aquavitæ
48 howers at least. Then strain it from those ingredi-
ents into some other thing that you will keep it in: stop-
ping it close. The longer you keep it, the better it will
be. And when you have taken your first liquor out, you
may be bold to supply it with half so much aquavitæ,
and steep it as long as aforesaid. But you must add

in the first steeping: and you may supply new Aqua
vitæ as long as you finde the sweetness of the
ingredients to remaine: M.S. *Lady Byron*

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pro farie and ornaminetum. Rx. Succorum Plantaginis, Limo-
num, solatri. ana. ȝ vi. albuminum ovurum numero 10.
farnæ hordei. lib. s. semia. papaveris albi ȝ i. s. con-
cludantur omnia in vase vitro et distillentur in balneo
Maria MS. *Lady Byron*

A good perfume for a chamber. Rx. Rose water, bay leaves

dry, cloves whole, and some damask rose leaves: let them
boyl together on a chafing dish: put thereto some red rose
vinegar, or for Need, some other vinegar. M.S. *Lady Byron*

A perfume for a chamber of any part of the house. Rx. 3

spoonfulls of Rosewater, o. ir water 20 cloves, a
peice of an orange or or 4 bay leaves, and
a little Lavender: boyl all together .. your perfumeing putt,
in some close manner in your Chamber - or else. Rx
Benjamin, Storax Calamite, cloves, Ladanum, & ffasis (or
ffassis I think) of each a quarter of an ounce, and of civet a
dram: beat them all in a mortar in fine powder, being made
hott against the fyre: then putt in as muchrose water as will
suffice; putt alltogether in your perfumeing pott, over a
chafing dish of coales, cover it close, so boyl it in your
chamber, or else where you would have the perfume: this is
an excellent favor: putt into your pott before you sett it a
boyling the rinde of a limon; made in very fine powder,
a little rosemary, and a few bay leaves, and so boyl all
together. MS. *Lady Byron*

Conserve of Barberies. Putt of berberies into a small

vessell 2 handfull at a time, put to them 3 or 4 spoon
full of rosewater: let them seeth softly, till they be
covered with liquor all most: then put liquor and all into a
strainer: wring it as much as you can, after seeth it
againe the space of an hower, fair and softly and
stirr it still, and put in the sugar at times, till it be
pleasant. MS *Lady Byron*

To preserve Cherries. Take your cherries: set them in rowes

in the earthen pan wherin you will seeth them. then take lim
mon, slice it fine and lay it between the rowes of Cherries
then take cloves, and putt between every 4 cherries a clove.
then sprinkle rose water upon them, and throw on sugar as
much as you shall think meet: then cover them and set them
on the embers: let them boyl together till the syrup be thick,
before you sett your cherries. let them not seeth but stew.

MS. *Lady Byron* ffinis./

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The vertues of Spinage. 463/463

It is cold and might in the end of the 1 degree. Sodden
and eaten with meat, it softens the hardness of the belly,
removes the pains and griefs of brest and lungs: it
nourishes better than the Orach: it qualifies choler, 1406
Cleanses the body, strengthens the stomach: the decoction
drunk expells evill humors, causes easy drawing of the
breath: but the often and dayly eating it with meat en-
-genders Melancholy as Lettuce doth ..oever hath
greivous pains of the back costive belly, lett him
eat of this herb so of the broth, it will
ease him in a short while. The herb helps the pain
of the throat comeing of bloud and red choler. MS *Lady Byron*
Aqua Caleshii good and mild in any faintness or heavyness,
in the quantity of a spoonfull or 2 of fine Cinamon ^{ibid}

Ague

Sage Ale is excellent wholesom if well brewed with
hon ffenaell seed. ibid./ Spike Spike er ere

To restore speech that is lost without any apparent
Cause. *vide* else where in this Book. The Distilled
water of Cherries held in the mouth or taken in-
wardly helpeth much. - Also the iuice of Nettles -
putt into the eares. - Also a plaister made of a
Dogs turd & vinegar, & applyed to the hinder part
of the head./ MS./

The names of some of the Chief Rosicrucian
Authors./ Sissel , Humphrey. Io Gilbert , Arbor , Grin-
field , Iohn Dee , Kelly . Davis , Hipsly , Iames Allen :
ffaith Clowter , Tratte , Pintz, Crocker , Danate
Crisina , Rhissiano . Omnia de Iesu, Rafinix, Sall./
Some putt into their Aqua Mirabilis, Celandine,
Comfry roots, & the iuice of the leaves, Cordiall
flowers, & spice, Tamarisk & poppy/ MS./
Cantharides solam lædunt vesicum./
evilina:

back outside cover

spine

head

fore-edge

tail