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W.a.283: Receipt book [manuscript].

front outside cover

front inside cover

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A

page 1

1

ffor the ffashions

Take as much Rue and pound, as
will yeeld two spoonefulls of
iuce being streined take the same
quantitie of aqua vite well
mixt together take as much towe as
will drinke up this deuide it in
two parts put the one into one
dare and the other into the other
then let them be sticht vp with
a needle and thred and soe let
hym stand twenty ffowre howrs
or more then take it out yf you
finde it not sinke serue hym soe
the second tyme about three or
ffowre dayes After keepe
your horse in worke euery day

page 2

To make A pultis for A
bruse

Take A handfull of
mallard leaues and A
handfull of violet Leaves
half A handfull of elder

Leaves or Less mince it
all very small & boyle it
in half A pint of springe
water neare half an howre
then put to it A quantitie
of oatemeale to thicken it
yf you haue any yf not soe
much wheaten ~~yurging~~ ^ bran
let it boyle A Little &
put it to the bruse pretty
warne when you goe to bed
& soe as often as needs shall
require

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3

ffor the ffashions

Take of ffloxgloves leaues bells
and stalkes and pound them
all together and streine two
spoonefulls of the Iuce and
put into half A pinte of ale
or stronge beare that is not
harde beinge milke warne then
drench the horse in the morning
before water and let hym stand
two or three howres before you
give hym meate then take more
ffoxgloues as before and pound
smale and out to it some hoggs
greace or lard and beate it
together in A salue and Anoynt
the sores with the same

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For washing the hands

1 Pound Soft Soap
1 oz Sperma ceti
1 Drachm Campheri
Pound the Sperma Ceti
& Campheri very fine
put the whole into an
Earthen Iar: & Boil the
Iar in a Sauce=pan
still of water till the
whole is dissolved: Then

stir it till it is cold

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to make A water to Cure any
greene wound or vlcer vpon
man or beast

Take three quarts of Runinge
springe water and put it
ouer the fire till it boyle then
scume it and take it of the
fire then put to it A quarte
of fine lime that is newe
and stire it with A sticke
that is Cleane and let it stand
24 howres then powre forth
the water from the lyme
and put it into A glasse and
stop it Close and Keepe
it for your vse

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for the sore eyes of A horse

take A quantitie of sut
scraped of A pot or kettle
and beate it very smale in
A mortar and ad to it as much
honey as will make it Run
and drip it into the horse eye
with A ffeather once in two
dayes An Approved Cure
Another for the same
take A handfull of sallendine
and as much rosemary with
half A penworth of Razn
beate well in a mortar and
boyle it altogeather in half
A pound of fresh butter till
it be half Consumed then streine
it out in A fine Cloth and
Anoynt the horse eyes with
A feather every other day

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for the Consumption

Every morneing take A young top
of rue and eate with bread and
butter not drinkeing in an howre
After hath Cured many

Another receipt

Take three pints of runing water
one handfull of whorehound one
handfull of vnset Isop one handfull
of Coltsfoote one handfull of mosse
that growes vpon the oake and
half A pound of Rasins of the
sunn stone them all this must
be boyled tell it be half boyled
away then straine it and boyle
it againe with A pound of hard
sugar vntell it Come to A
syrup then take seaven
spoonefulls at night & seaven
in the morneinge
probatum est

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for the ffashions

Take A quantitie ^{handful} of wormwood and
the like quantitie of whiteworte and
some what Lesse of rue and flowre
Cloues of garlicke yf they be small
six shread it altogether and take A
pottle of stronge beare or ale put it
all in and boyle it vntell the one
half be Consumed then streine it
and put in as much butter as A walnut
let the horse blood in the mourneinge
half an howre before you drench
hym giue hym the drench milke warme
then tye hym vp for three howres
then give hym A meashe but yf the
horse seeme to be over drencht half

a pinte of milke luke warme will
quallifie it you must not drench
about three tymes in A weeke nor
worke hym that day that you
drench but *perhaps* you must
blood twice or thrice before the
Cure be perfected

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yf you worke the horse hard you
must keepe hym the better =
otherwayes keepe hym lowe
the horse is the better for workeinge
Indifrently
probatum est
I ffarrier Phillips

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An Aproued Cure for the
Ague

Take wormewood Centory
and Egremenie of each
one greate handfull of Annis
seeds half An ounce bruised
boyle all this in 3 pints of
beere tell it Come to A quart
then streine it forth & drinke
6 ounces in the morneing fastinge
An howre before the fitt Comes
Stireing with it asmuch as
possible you Can
probatum est

For a Whether of a Cow

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15
take six of these herbs Called
gladden roots & all cut them
Smale and take A pottle of
runinge water boyle it tell it
half Consumed & put to it
asmuch drinke as you did water
the Strongest you haue in the

house & A handfull of salt and
A handfull of wheaten bran and
boyle all this about or two & giue
it her to drinke being but milke
warne I thinke it will be to
much to giue her at once giue
her but the one half of it and
the other on the morrow
Take A good handfull of beane
straw and burne it to Ashes and
straw A quantity of brimstone
vpon it and stire it togeather
& when it is Could put some

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fresh butter to it & Anoynte
the wheather within & without
and keepe her vp let her
not Lay downe
probatum est

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To make A pultis for A prick
with A Thorne

Take A handfull of Chickweed
A hnadfull of white Lilley
rootes washt Cleane some
penny bread & A Little
Barrowes grease & boyle it
milk & lay it to the place
very warne when you goe
to bed *probatum est*

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To stop *the* growing of a Cow or Calf

Take *the* quantity of *the* 3^d part of an
ounce of flax shridded as small as
possibly it may *with* a pair of scissors
& boil it in a pint of milk until it
thicken very well give it to *the* beast
or calf for 3 or 4 mornings one
after another keeping your beast
fasting an hour after it & stir
him gently about

A Drench for a Calf *against the*
Murrain.

First let each Calf bleed a pint
Take of rue, bearsfoot, wormwood,
box, & bole-armoniack & pound it
together boyl it well in strong beer
or ale then give each calf a pint
pint luke-warm/

For *the* tail-worm.

Take a quantity of rusty bacon & rue,
pounding it very well & 2 cloves of
garlick & salt open *the* skin & put it in
& bind it fast up & *the* Cure is made

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Mister George Hyde's balls for a Cold in
an Horse.

Anniseeds 2 ounces ~~Liquorish~~ Licourise 2 ounces
Elicampane 1 ounce All beaten to a
very fine powder take of honey & tar
an equal *proportion* enough to work
these into 8 or 9 balls put into each
of those balls 32 cloves of garlick if they
be small 43 *the* 1st morning give him
2 balls ride him hard after it & cloth
him up very hot & tye [^]him to the rack 2
or 3 hours then rub him *oid the* 2^d time
& take off some of *the* clothes & about
2 hours after give him meash

A scouring of an Horse

Take a quarter of a pound of fresh butter
& make it into 4 or 5 balls 1 ounce of
aloes ~~half an ounce~~ ^{one drachm} of Iollip both beaten
to a very fine powder & put into *the*
middle of *the* balls of butter give them
your horse on *the* end of a smooth stick &
ride him about gently half an hour
then cloth him up very warm & let him
eat as at other times but as often as
you it worketh ride him gently & and

keep him double clothes & keep his breast
breast very warm.

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For *the* Scratches

Take a quarter of a pound of barrows
grease & 4 penny-worth of white
Mercury pounded to a very fine powder
& work it into *the* grease until you
have beaten *the* grease into an oil
then apply it to your horse's heels his
head being tyed to *the* rack 2 or 3
hours then wash it off with urine
if it be a fortnight old 'tis much *the*
better

For a sinew strain in an
Horse.

Take of * Unguentum de Althea six
penniworth chafe it in very well
on *the* place grieved with your hand
once a day for 4 or 5 daies dryin it
in with a fire-shovel after chafing,
if your horse do not mend buy six
penniworth more & use it as before
*ointment of Marsh Mallows

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21.

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A Receipt that perfectly cured I. Test
of the stone, in the Reins it began first

Take of Mugwort & whitewort of each one
handful, two or three sprigs of Rosemary,
one Root or two of Elder, two or three Roots
of parsley, one farthingworth of Longpiper
bruised, boil all these in three pints of water
till one pint is wasted; thin strain it & drink
of it three times a day; at morning, noon &
night about a quarter of a pint at a time
Keep it in an earthen Vessell well glazed,

& keep it close covered & draw it out by a
fawcet.

This dissolved the stone that it
came away in red sand.

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Compendium

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Certain observacions touching *the*
Meadow collected out of an
old book written about *the*
year 1642 by D. W. Avum As you go

From Robert Turner's land in long
Inlands (~~betwixt~~ next my ^{flat acre}) & so to
Raynton's (*widow Cox's*) window, you
will find a Meer-stone between *the*
shurves & Lug-mead. Then tred a
way from *that* meerstone to *the* bush
& measure out six lugs; & then
next three lugs & an half are
mine. At my head-land's end I
have Eight lugs & three foot.
One Lay upon *the* wear. One
Bank upon *the* Wear, at *the* South
West end one lug, at *the* other end one
lug ten foot. One Lay next two
farundel Layes save two toward
the Wear; Hulls on the one side
(*Woman*) Turne r (sen) on th'other. At
Symes's acre's end in long stony
-land there is a meerstone, from
which measure one lug eastward,

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& then my 3 lug & an half
begins.

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Daniel Warwick 's mound at ~~the~~ other upp end
of the Green is 9 lug & 3/4 Francis Sims

on the lower side & Widow Turner on ~~the~~ other upp

Item His mound at *the* Hasses is 3 lug
& 3 foot *the* widow Turner on *the* lower
side Francis Sims on ~~the~~ other upp side.

Item His mound between *the* Cowleases
is 9 lug Thomas Turner on *the* further
side Widow Turner on *the* nether side

Item His mound between sweethurst
& the upper cowlease *the* first peel is
12 lug & 6 foot Francis Simms on *the*
west side & widow Turner on *the* east

Item The second peel on *the* same
side is 6 lug & 6 foot Francis Simms
on *the* west, Widow Turner on *the* east.

Item His mound between *the* sheep-green
& *the* upp Cowlease is 24 lugs & the
widow Turner on *the* west side, Francis
Simms on *the* east

Qu. My mound between the sheep-green &
Lower Cowlease is 30. poles & 1/2. Francis Sims
East, Widow Turner west

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An infallible Cure for the Bite
of a Mad dog brought from Touquiui
by Sir George Cobb Bar.*onet*

Take Twenty four Grains of Native
Cinabar Twenty four Grains of
Fastitious Cinabar & 16. Grains
of Musk Grind all these together into an
exceeding fine Powder & put it into a ~~sm~~
small teacup of Arrack Rum or Brandy
let it be well mixed & giue it the person
as soon as possible after the Bite a 2^d
dose of the same must be repeated
thirty daies after & a third may be taken
in thirty daies more But if the
Symptoms of Madness appear on the
persons they must take one of the
above doses imediately & a second
in an Hour after & if wanted a Third
must be given a few Hours afterward

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Nota Bene This Recipe is calculated for a full Grown person but must be given to Children in smaller quantities in proporcion to their ages

This Medicine has been given to Hundreds with success & Sir George Cobb himself has cured two persons who had the Symptoms of Madness upon them

Nota Bene in the year 1750 a Servant Maid in the Pump Yard at Bath next door to the House I lodged in who was Raving Mad was perfectly cured by this Medicine & often Bleeding

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An Excellent Purge for an Horse

Aloes half one ounce
Lollipop one drachm
Cream of Tartar half an ounce
Oil of Anniseeds 20 drops
Make up these into Balls with Syrup of Roses

In case of a Gangreen in an Horse .

First foment *the* place & all round it for some distance with oil of Turpentine & oil of Spike. Then tent it with a Salve made of Tupentine Rosin Beeswax deers Suet & Linseed oil made very hot. Cloth your Horse, about the place, & all over his body, very warm With this Medicine Manny cured my Brown Mare of a Gangreen in *the* Brest

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To cure the Itch

Take a Pint ^{of} good thick Cream & fill it full of the pill peel of Red-dock Roots & let it boil till it comes to an Oil, pour off the

oil & keep it for use *Probatum*
It will cure the Mange in an Horse
likewise

A never failing cure for the
Itch

Take flower of Sulphur &
Sulphur vivum each a quarter
of a pound mix well with 2^{li} of
fresh Liquor & anoint all
over before a large fire every
Night & take every Morning
as much flower of Brimstone
as will lay on an half Crown in
milk or beer warmed

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In case you make High coloured,
foul or bloody Urine

Take in the Morning fasting
a Quart of Whey with two large
spoonfuls of Syrup of Marshmallows
[or Syrup of Violets] *probatum* & *per* D.W.

In case of any Stoppage of Urine

Take Parsley seeds ^{^a spoonfu} bruise them (or if *that* cannot be
had parsley-roots bruised a little *the* like quantity)
boil it in a quarter of a pint or better of thin-
gruel, posset drink or *the* like for a quarter of an
hour, strain it out & drink it.

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for Mr d. Warwick
A diet drink for *the* Scurvy

per Mr Pinsent. 1704
Take Brooklime & Watercresses of each
five handfuls
Pine tops four handfuls
Snails with their shells one quart
Sharp pointed dockroots four ounces
The Bark of Winteran three ounces

Distill these with four Gallons of Milk
in a Rose still with a gentle fire
Drink this for a Twelve month as
a constant Drink, drinking a Quart
a day: If it be too cold in ~~the~~ *your*
stomack take some Magisterial
water of Earthworm in every
draught.

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How to cure a Take

Take Rosemary, Hyssop, thyme, parsly, *the* Herb Dill,
fennel, vervine, whitewort & sage of each a like quantity
pound it & boil it in Stale Cream till it comes to an Oil;
then strain it & anoint the Take with *the* oil and apply *the*
Herbs to it pultis-wise.

If the Tak breaks, apply this salve viz.

Venus Turpentine, rosin, bees-wax of each a like
quantity, a small quantity of black pitch, sheeps turtles
& hogs-grease half the quantity of *the* Turpentine boil
it together & strain it & it is fit for use:

For a Burn or Scald an Ointment

Take *the* inner pill of Elder & Elm & Maidenhair
of each a like quantity boil it in hogs-grease half
an hour & then strain it. If it want tenting
tent it with *the* Salve aforesaid

For a Felon.

Take brooklime, an house-snail & rusty bacon
beat it together & apply it to *your* Felon. When it
breaks apply *the* Salve above mencioned.

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for Chilblains

Take half a pound Mutton Suet
a quarter of a pound Rosin &
half an ounce Bee & Wax
melt all together & make a Salve
& dress them therewith

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ffryars Balsam

Take Balsam of Peru one oz.
storax Calamitus 2. oz.
Beniamin 3. oz. alloes Myrrh
Choice Male ffrankincense
Roots of Angelica dried fflowers
of *Saint Iohns Wort* of each half
an ounce beat all these small
& put them into a Bottle & put
to them two pound of the best
spirits of Wine stop it Close &
set it in the Sun all the dog
daies or put it into a dunghill
for a Month then strain it
off put it in little bottles

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for the Red Water in Cows

Into a Pint & half of Rennet put
about a double handful of Pigg
dung & half a handfull of ffox glove
Leaves well bruised stirr these
well together & strain it then add
one spoonful of oil of Turpentine
& give it If one drench dont do
repeat it 24 hours after

A Charge for Sniere Strains
& Wind Galls

Take Barm Wine Vinegar
& Bole armoniack equal
quantities & mix them
Two or Three Spoonfuls
of Oil of Turpentine put into half
a Pint of Warm Ale & given to an
Horse will make him Stale

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ffor the yellows in Cows & the yellows
& Staggers in Horse

Take of Grains Anniseed Coriander
seed Long Pepper Cummin seed &
fenuigreek each one ounce of
Turmerick 2 ounces divide this in 6
parcells & boil one parcell in 2 quarts
of Ale till half be washed & boil in
the sauce 2 spoonfuls of Mustard
seed bruised & a quarter of a pound
of Currans when it is cool enough
to be given break into it 2 new
laid Eggs shells & all & add a quarter
of a Pound of Treacle Let the
Cow fast an hour before If one
drench dont cure repeat it once
in 24 hours till well Two or three
drenches seldom fail

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ffor the yellows Mr Andrews

Take away 3. quarts of Blood
then take 4 oz. Salt Peter one
ounce of diapente & an handfull
of Celandine bruised boil it
all in 2. quarts of Ale for 10.
Minutes then add 2. oz. of
Honey Give it warm & repeat
it every Third day for Three
drenches *Probatum*
a drink in the
a Ball for the Mallenders
or a drink
Two oz. of Honey & 2. oz. of
Nitre mixed

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Mange Ointment

Sulphur Vivum & fflower of
Brimstone equal quantities
mix to an ointment with oil
of Turpentine

Green Ointment to be made in May

Take of White Wort Vervain &
Camomile each 2 double handfulls
of Rosemary five large Tops of
brown Sage Parsley fennil Hissop
& Bread Thyme each a single handfull
Pick these herbs clean & cut them
very small boil them in three
Quarts of Cream till it comes to
an ointment keep it stirring that it
dont burn to It must boil about
2 hours when it is Green begin to
scum off the Top for your Use after
you have taken the best squeeze
the residue out from the herbs & that
is good to be used in any hot swelling
in Horses
This ointment is good for all hot
Swellings in Men & likewise
for Burns & cures a Take

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A Poultis

Take of Mallows & Whitewort an
handfull each boil these in Milk
thickened with Oatmeal when
boiled enough put the bigness
of a Walnut of fresh Liquor to
it & stir it well together
This is good for swellings
in Men & will cure the Grease
in an horse putting it on every
Night after the legs are washed
clean let it be taken off in
the Morning & work him all day
without it

Yellow Salve

Take of Rosin four Ounces of
Bees Wax & Turpentine 2 ounces
each a bit of Butter the bigness

of a Walnut boil these together
till well mixed then pour it into
cold Water work it well together
& roll it up

For the Wind Cholick in Horse

Boil a double handful of Burdock
seeds in 2 quarts of Water till it
comes to one then strain it &
add 2 spoonfuls of Oil of
Turpentine give it a little Warm
The same Medicine will cure it
in other Cattle

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for the Bite of a Mad dog

Take of Rhue clean pick'd & bruised Garlick
peeled & bruised Venice Treacle scraped
6 ounces each Tin or Pewter filed 4
ounces boil these in 2 quarts of the
best Ale in a pan close covered over
a gentle fire for one hour then strain
out the Ingredients & give of the
decoction 8 or 9 spoonfuls to Man
or Woman warm for 3 Mornings
following fasting & cold to any
beast also 8 or 9 spoonfuls is
sufficient for the strongest consti-
tution a less quantity to those that
are younger or weaker constitution
as you may Iudge Ten 11 or 12 is
sufficient for Bullock or Horse 3
4 or 5 for a Sheep hog or dog
This must be given within 9 daies
of the bite & it never fails in Man or
beast If you can tie some of the dregs
to the wound *the* better In above 20
year I never know it fail without the
dregs T. Speding Newmarket

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best Yellow Salve

Take of Rosin & Burgundy Pitch
each half a pound Virgins Wax
frankincense & deer suet of each
a quarter of a pound Mastick 1 ounce
slice your Wax & beat all the other
into a powder severally have in
readiness 4 drachms of Champhire
finely dissolved in a little sallad
Oil put in by degrees in your
Morter whilst beating & 3 ounces
of Venice Turpentine put all your
Pouders into a Kettle that may be
but half full when your Ingredients
are in least it should boil over
pour over all a Pint & an half of
Sack stirring it continually over a
very soft fire till all is dissolved then
let it boil one hour & no more be
sure you keep it stirring with a
smooth stick then take it off the
fire stirring it till it be but blood
Warm then put in your Champhire

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& Turpentine & not before if you
do it will spoil it when it is cold
enough to make up in Rolls
pour it out on a Table well liquored
with fresh liquor & your hands
also make it up in Rolls as it
Cools lay it on a Smooth board
well liquored till the next
Morning then put it in a box
with oiled Paper at bottom between
the Rolls & at the Top

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Flower of Ointment

Take a quarter of a pound of Rosin
as much peer Rosin Virgins Wax
frankincense Harts Suet of each
2 ounces half an ounce of Mastick
one drachm of Camphire beat
the Rosin into fine powder put
them all in a Skellet on a clear

fire till they are throughly melted
then strain them thro a fine
Cloth into a Pint of White Wine
(or Cyder is full as good) then set
it on a slow fire till the Wine is
consumed & the stuff thickened
which will require some hours
boiling then take it off the fire
& stirr it till it is blood warm then
(& not before for if it be hotter
you spoil all) put in 2 ounces
of Venice Turpentine & stirr it
till it is cold then butter your hands
& make it into Rolls Change the
Salve every other day for a green Wound

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decoction of Water dock for the Scurvy

Take half a pound of the ^{^ fresh} Root of Water
dock & wash it very Clean ~~put~~ ^{^ cut} it into
thin slices put it in a stone Jar & pour
upon it a Gallon of Boiling Water
cover it & let it stand 24. hours
then put the whole in a saucepan &
boil it about Eight Minutes after this
let it stand to be quite Cold strain it
off without squeezing drink half a
~~Pint~~ Pint of this twice a day avoid
high season'd ffood & use Moderate
exercise
vide after in this Book

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Cholick Water

Take Elicampane Roots sliced thin
Anniseeds Cariander seeds the best enna
Guiacum Iuiubes of each 2 ounces
of Raisins of the Sun stoned one pound
put all these together into a Stone or
Glass bottle that will hold a Gallon
or more add to it Seven Pints of Brandy
stop it close & let it stand in a Cellar
5 daies stirring it every say when
fit for use you may take 4 or 5
spoonfuls iust before you go to

bed & as many the next Morning
when you wake fasting after
it 2 hours you take it till it has
stood 3 Weeks or a Month

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for shortness of Breath

Take of Horse Radish scraped thin 2.
ounces mustard seed bruised 2 oz.
Cardamum seeds one ounce bruised
steepd in a Bottle of White Wine 24
hours shaking it some times
when the bottle is half out fill
it up again if you make more
put in fresh Ingredients drink
in a Morning a Wine Glass full

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ffor a Sprain

Take as much Salt as will Cover the
plate half an inch thick sow it up
in a thin linnen bag & let it be
made as hot by warming in a
ffire shovel as the person can
endure it on the place grived if
you heat & lay it on 3 or 4 times
& hold it there till cold it will be
the better but last of all sow it
on pretty hard & so let it continue
repeat this Night & Morning for
4 or 5 daies then anoint the place
with Spirit of Wine Camphired
Morning & Night for a Week or
more

Lip Salve

Sperma Ceti Oil of Sweet Almonds
white Wax & Cochineal to Colour
it

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To make hair Grow on an horse

Take Green Walnut Shells & burn them to powder & mix it with honey fine Oil & Wine & anoint the place often

To take surf of their Legs

wash them well with warm pot liquor & when that is dry rub them well with Curriers oil repeat this dayly

To keep their feet Cool

Shift them when in the stable with Cow dung bran & fresh liquor well mixt

To make their hoofs grow

Anoint them often between the hair & hoof with fresh liquor & Tar mixt

To make a Cow clean

One spoonful of pewter scraped fine one spoonful of brown soap mixed with an handful of bran made into Balls let the Cow fast some time after it

page 64

Lip Salves

2.oz. White Bees Wax 4.oz. Oil of Sweet Almonds 2. drachms Spermaceti let it iust boil with as much alkanet Root as will Colour it strain it off & then mix with it 6^d worth of Natural Balsam Cool it in the bottoms of Tea Cupes

To make a Cow Clean

Take of Treacle & Sweet oil three penny worth each one penny worth of black pepper pounded one handful of Rosemary boil the pepper & Rosemary in 2. Quarts of ale & put the oil & Treacle to it as it Cools & Give it fasting

page 65

65

for a Cold & Hoarseness

One ounce Sperma Ceti
One ounce White Sugar Candy
made into an Electuary with
Sweet oil

To make a Cow clean Mr Pope

Boil an Handfull or an handfull & an half of Mustard Seed bruised in a Quart of urine a few Minutes & give it warm

page 66

Ink

Take 8 ounces of dyers Gauls pounded very small 4⁸ ounces of Gum Arabeck 6 ounces of Green Coperas 2 ounces of Loaf Sugar half a pint of Crab Veriuiice put these into 5 pints of running Water let it stand a Week or 10 daies in an earthen pot stirring it every day very often then strain it through a hair Sieve

page 67

67

Red Ink

Take half a pint of Beer &
half a pint of Vinegar 3.oz.
Brazill beaten infuse the
Brazill 24 hours in the liquor
then boil it gently till a third
part be consumed then put into
it 2 oz. of Roch Allom pulverised
let it boil gently a quarter of an
hour when cold strain it & add
3. oz. Gum Arabeck stop it close

page 68

To fine an Hogshead of Wine

draw your Wine from the Lees & Tun
it up in the Cask then dissolve one ounce
of Isinglass in a quart of the Wine &
when it is cold take a Whisk & work
it into a froth & when it is up as high
as you can get it put it into your
vessel & work it round some time
with a stick to a ffroth then stop it
& it will be fine in 48 hours
or you may stir it into the
Wine in the Tub before you
Tun it again
You may burn a Match of
Brimstone in the vessel
before you Tun

page 69

69

To make Beer fine

put three oz. Isinglass to a Beer Hogshead
beat it small & put it in a ~~quart~~ great
pan & put a quart of stale Beer of
any kind to it stirr this very often
& add more Beer continue this for
four daies or till dissolved then put
it in the vessel & stirr it all together
with a stick for 5 Minutes stop
it & 'twill be fine in 24 hours

page 70

ffor ague or intermitting ffever

Take the best Bark spread it
the thickness of a shilling on
Two slices of Lemon apply it to
the Handwrists as soon as the
ffit is off Change it once in
ffour Hours take it off while
the ffit is on
Nota Bene this is of little use

ffor a Malender

Keep the part as clean as you
can & rub in Balsam and of Sulphur
once in Two or three daies as
you find it gets dry
Mr Lader

page 71

71

for Chopt Heels in Horse

Take one ounce of Verdigrease
a quarter of a pound of Honey
& a quarter of a Pint of Veriuce
boil all together gently half
an hour when cool put it in
a bottle & stop it close

Eye Water for an Horse

into half a pint of Rose or
spring Water put one drachm of
Tutty finely prepared one drachm
of White Sugar Candy powdered &
half a drachm of Sugar of Lead
with a ffeather putt a drop into each
Eye Mornings & Evenings
Probatum

page 72

for a Chopt Heel

Take the White of One Egg as
much Wheat fflower as will make
it as thick as Hasty Pudding & as
much ffresh Liquor as a Pullets

Egg melt this together stirring
it well apply this Hot & tye it
on tight continue this 4. daies
take it off when the Horse is used
put a half pennyworth of Vitriol
into a Pint of Water & wash it
Clean with it after the 2^d or
3^d daies dressing with the above

page 73

73

for the Mange in Horse or dog

Goose Grease 2. oz.
Oil of Turpentine 1. oz.
Black or soft Soap 1. oz.
Gum powder 1. oz.
Oil of Russett 1. oz.
& a little Vinegar boiled
all together very gently a
little time

page 74

dyett bread for Greyhounds

Take half a peck of dried Oatmeal &
twice as much Wheat let both be
Ground & bolted thro a fine sieve
then scatter amongst it some
beaten anniseeds & Liquorice &
knead it up with the whites of Eggs
& new ale into small Loaves which
Bake oretty hard Give it Soaked in
Broth Morning & Evening this
will bring them to strenght of Wind
& Body

page 75

75

datchett Oyntment *doctor ffrewin*
Oyl of Bays ℥​ iv
Oyl of Turpentine ℥​ i
Venice Turpentine ℥​ ​vi.
Hogs Lard &
Butter *ana* } ℥​ ii
Rosin & Bees
Wax *ana* ℥​ i
Trani Oil 2. spoonfuls

mix all these together over a
Gentle fire & when almost cold
stir in 6. drachms of Corrosive
sublimate Mercury in fine
Powder
this is very good for all Wounds
& Swellings in Horses

page 76

76

To keep arms from Rust

One ounce of Camphire to 2^{li} of
Hogs Lard dissolve them together
take off the scum mix as much
black lead as will bring them to
an Iron Colour Rub your arms
let it lye on 24. hours then
clean them as well as possible
with a linnen Cloth & they will
keep without Rust 6. Months
to prevent Boots letting Wet
a quarter of a pint Curriers
oil a quarter of a pound Tallow
half an oz. Bees Wax one penny
worth of oil of Turpentine &
Some Lamp black

recto of stub after page 76

77

doctor Radcliffes Receipt for an ague

Conserve of Garden scurvy Grass leaves
& the yellow part of Orange peels
of each an ounce Bark in fine
Powder one ounce Powder of
arum Roots Compound three
drachms Citron peels Candied
& Angelica Roots Candied of each
half an ounce Bezoar Mineral
2. drachms made with Syrup
of Oranges into an Electuary
Take the quantity of a Nutmeg
every 3. or 4. hours but not
on the fit day & when the fit is
missed only Morning & night
Note half this quantity has been
sufficient

To keep arms from Rust

One ounce of Camphire to 2^{lb} of
Hogs Lard dissolve them together
take off the scum mix as much
black lead as will bring them to
an Iron Colour Rub your arms
let it lye on 24. hours then
clean them as well as possible
with a linnen Cloth & they will
keep without Rust 6. months

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page 77

77

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drachms Citron peels Candied
& Angelica Roots Candied of each
half an ounce Bezoar Muieral
2 drachms made with syrup
of Oranges into an Electuary
Take the quantity of a Nutmeg
every 3. or 4. hours but not
on the fit day & when the ffit is
missed only Morning & Night
Note half this quantity has been
sufficient

page 78

for a Cough

half a pound of Raisins of the

Sun stoned a quarter of a pound
of Honey half an ounce of ~~Lucatella~~
Lucatella's Balsam half an ounce
of Powder of steel half an ounce
of Pwder of Elicampane a Nutmeg
grated a pound of double refined
Sugar pounded shred & pound all
these together in a Marble Mortar
& pour by degrees into it half a
pint of Sallad oil eat a piece
of this about as big as ~~much~~ a
Nutmeg 2.3 or 3 times a day and
drink every Morning whilst
taking it a Glass of Sack with a
yolk of a new laid Egg in it & as
much flower of Brimstone
& of Elicampane as will lye
on a Six pence alternately in
the Sack with the Egg

page 79

79

Soot drops for Hysterick ffitts

Two ounces of Wood soot pounded &
sifted one ounce of assa foetida
cut in little peices & the shells of
Two Eggs dried first in the Oven
& then pounded put all this into a
Pint of best Brandy let it stand
14. daies & Nights by the ffire side
shaking the Bottle often then let
it stand & when tis settled Rack
it off into small Bottles it should
be twice Racked

Give to a Young Child 8. or
12. drops to a Big Child from 12.
to 30. & to a Grown person a
Teaspoonful or two it must
be given twice a day or ane
hour before the ffitt is
expected & three daies before
& after the Change of the
Moon
they are good for Convulsions in
Children

page 80

for an ague

Infuse 1/2. an oz. of Bark in a Pint
& 1/2. of Lisbon & after 30. hours
add Gentian Roots & Orange Peel
Slicced each a drachm & 1/2. &
Cardamum seeds bruised 40.
Grains & after 16. hours filter
it Take 2. spoonfuls twice a
day for 6. daies afterwards once
a day for 12. daies then every
other day

for an ague

one drachm of Bark 1/2 drachm
venise Treacle The Iuice of half a
small Lemon mixed then put it
into a Glass of White Wine Take
this 3. Nights Successively going
to Bed when the ffit is off
Q.? +Guaiacum

page 81

81

ffryars Balsam

Take a quart of Spirit of Sack infuse
in it 4. oz. of Sarsaparilla cut short
2. oz. of China Slicced thin 1. oz. of
Virginia Snake Weed cut small
put all these in a 2. quart bottle &
sett it in the Sun shaking it twice
or thrice a day till the Spirit be
tinctured as yellow as Gold then
clear off the *spirit* into another
bottle & put to it 8. oz. of Gum
+Guaice set it in the sun as before
shaking it very often till all the
Gum be dissolved except dregs
which will be in 10. or 12. daies
then clear it a second time from
the dregs & put to it 1. oz. of natural
Balsam of Peru shake it well
together & sett it in the sun for 2.
daies then put in 1. oz. of Balm
of Gilead shake all well together

once more & sett it in the sun for
a fortnight tis then fit for use &
will keep many years Its virtues

page 82

Its Virtues are too long to insert tis
good to take inwardly in most
distempers & proper for all sores
or Wounds by pouring in some
drops & binding lint thereon
the dose taken inwardly is from
half ^a Tea spoonfull to a whole
one in sugar or any Liquid
Veluile for Consumptions or
any inward ulcer use moderate
exercise with it

page 83

83.

Rob of Elder

Take the Berries clean stript from
the stems put them in an earthen
pan & bake them with the Bread &
whilst Warm squeeze them through
a Jelly Bag

To a Gallon of Juice put a quarter
of a pound of Sugar put it in a Bell
Mettal pot over a slow fire let it
simer 6. or 7. hours till it is
thicker than Curran Jelly put the
sugar in when half boiled when
done put it in Basons & cover it
with paper
take the quantity of a Bolus

page 84

for a Cough

Take a single Handful of Hysop
a quarter of a pound of ffigs split
& a half pennyworth of stick
Liquoris shred put this into two
quarts of Water boil it all together
Two hours being Close Couered
over a gentle ffire then strain
it off & sweeten with brown
sugar Candy to the Tast

drink it Morning & Evening
& at any other time in a fit
of Coughing the dose a
quarter of a Pint for a
Grown person & half the
quantity for a Child

page 85

85

Hair Water

Take 12. Handfulls of Rosemary
Blossoms the same Quantity of
Vine Tendrils steep them 12. Hours
in three pound of fine Honey
then put in 3. Pints of Water &
distill it in a Cold still this
quantity must be distilled in
four stills & drawn till it is
sower

page 86

Hooping Cough

Take Penny Royal & Hysop
equal Quantities pound them
strain off the Juice & boil it
up with Sugar Candy to a syrup
whenever the Coughing fit is
over give a spoonful to a
Child 10. years old & half a
spoonful to a younger

page 87

87

3.oz. Rhubarb 3. oz. of Senna
alix 2. oz. of Parsley seeds 2. oz.
of anniseeds 2. oz. of sweet fennil
seeds 2. oz. Coriander seeds 2.
scruples of Saffron 4. Scruples
of Cochineal 2. oz. of Liquorish
1^{li} of Raisins of the Sun
Stoned
Steep all these in a Gallon of
Brandy for a fortnight
according to the Receipt but
we use half Mountain Wine
The never failing Cordial

for a Cough

Take of Irish Slat & Orrice
finely Powdered each a quarter
of an ounce mix these with one
ounce & half of 8^d Sugar this
should be taken at 11. in the
Morning & ffour in the afternoon
in Sack or Honey Wine the
dose for a Grown person is as
much as will lay on a shilling
& for a Child as much as will lay
on a six pence

89

for a Consumption

Take 2. ounces of ffigs Two
ounces of Raisins a Stick of
Liquoris & an Handful og
Hysop & 30. House Snails
bruised Boil all this in Three
Pints of Spring Water till it
comes to one
Mix half a Pint of this Liquor
in half a Pint of Warm Milk
drink in a Morning an
hour before you Rise

Pigeons

Take Common Brine & mix it with Earth
& a Little Iuice & add Cummin seeds
& Caraway seeds make it up into
a Large Lump
or
Take of Bay Salt Cumin seed assa
ffoetida each 2. oz. mix a Gallon of
Pease Meal kneded with sweet
wort or ffresh small Beer Cut it
in large Pieces & set it by them
Keep the Holes clean & wash them
with an infusion of assa ffoetida & ^ Cumin seeds
afterwards anoint the Holes

with oil of spike
Bruise Cumin seeds & sprinkle
among their Corn

page 91

91.
Robert Stevens Son of Robert
& Margaret Stevens was born
15th August 1735
He died the 18th of October
following
Elizabeth Stevens daughter of Robert
& Margaret Stevens was born the
13th of August 1736
Margaret Stevens daughter of
Robert & Margaret Stevens was born
the 26th August 1737
She died the 4th of december
following
Robert son of Robert & Margaret
Stevens was born the 16th
March 1746

page 92

Elizabeth daughter of Robert &
Margaret Stevens was Married
at Kelmscot to the Reverend Nd.
William Willis September the 18th
1765
Mary Willis daughter. of said William
& *Elizabeth* was Born Iune 4th 1768
Robert Stevens was
married to Miss Mary
Cripps Eldest daughter of Mr
John Cripps of Cirencester
November the 14 1771
He died September 11 1785

page 93

93
old Mr Stevens dyed
February 1771
old Mrs Stevens dyed
January 1787

page 94

doctor Borehave's Recipe for Gout
of Rhumatism

Take 4. oz. Sal volatile Oleosum
put into it one oz. of Gum Guaicum
let it steep Ten daies shaking it
often then pour it off into a vial
take a Tea spoonful of it twice a
day in Sack Whey, wine or Water
an hour before you rise & last at
Night continue this some time then
quit it 3. or 4. daies & take it again
as you find it agrees. You should
once in a Week take a dose of
Rhubarb or some other Purge
when you take Physick you
must omit the drops

page 95

95

for the frett *Sister Watkin Womans* Wynn

Put a quarter of a pound of soft
soap to a pint & half of Warm ale
when that is well incorporated
add a Gill of Gin or Rum (Gin
is best) & give it with a horn

for a Wrench in Hip or Shoulder

Take 3. oz. of Rectified Spirits of Wine
1/2 an oz. of Camphire dissolve it
in the Spirits then add to it 1. oz.
of Spirits of Turpentine shake them
together & with your hand rub it
well on the stifle ioint & on both
sides for a Quarter of an hour till
the whole quantity be rubbed in
then Ride him Gently for a
quarter of an hour If after he
falls Lame Repeat it with half
the quantity this will do on the
Road & make a Cure

page 96

assa foetida made into a
Plaister & applyed to a wound

made by a rusty Nail cures it
a Slice of Lemon tied on a
Corn twice a day for 3. or 4
daies will make it easily
come of being scraped with
a knife not too sharp

page 97

97

Sealing Wax

4. oz. Rosin
2. oz. Sherlack
1. oz. Vermillion
put the Rosin & Sherlack in a
Pewter dish over a gentle
Charcoal ffire boil them one
Minute constantly Stirring it
then put in the Vermillion stir
all together 2. Minutes then
pour it into hot Water then
take it out & Roll it between
2. Plates

page 98

To prevent Infeccion

Take Mint Rosemary Lavender
Rue Sage Wormwood each
one Handfull Shred & steep'd in a
Pint of White Wine Vinegar
for a Week in the Sun or a sand
heat then strain it off & dissolve
in it an oz. of Camphire Rub
your Nose & Lips with it to keep
off Infeccion

page 109

109

yellows in Udder

break the Tops of 3 eggs
pour out the yolk & white
take the shells with equal
quantities of soot & tar; put
them down the Cow's throat
on the top of a small green

ash stick; wash it down
with a quart of cold urine
Fast the Cow & hour before
& after; you need not bleed.
Anoint the udder with
Rosin & fresh Liquor
melted together; first pound
the Rosin fine

page 110

110

Doctor Delacour for bilious
complaints: with Head Ach.

Take of the Aromatic Pills
one Scruple: diuide it into
Four ~~which~~ pills one of which
is to be taken every night going
to rest: observing not to guild
them.

Take of simple Pepper
=mint water an Ounce & a half
Compound Spirit of Lavender
two Drachms: Soluble Tartar
two Drachms: Simple Syrup
a Drachm. Mix these toge
=ther in a Draught to be
taken the first thing in the
morning it is

For some people ^{it is}
too much tartar

page 111

111

For the complaint in the
head, shave it & bathe the
feet in warm water, twice or
Thrice a week before going to
rest: wearing in the night
warm yarn Stockings

Doctor Brent for Head Ach
& complaint in Stomach

Rx Pill: Gummosie ℈​ ii
Pulo: Iacobin: var. q. xu.
Gum. aloes. ℈​ i
Sapon. Hispan. ℈​ i

Elix: Aloes q.s. fiant Pilule
et XX quarum capiat iv
omni nocte hara somni

page 112

Doctor Delacour's plan continued
for Cure of biliuos complaint
& Head Ach

To take the same pills &
Draughts as mentioned in
~~the other~~ page 110 for bil
month of May; then to Cero
off both & drink every morning
fasting a Pint of Dairy whey
with one Drachm of Soluble
Tartar in it to Breakfast
on Bread & Honey, & Drink
Dairy whey with it. *Nota Bene* He thinks
of ordering Tar Water

page 113

113

Delacour's opening Draught

~~Oil of Cast~~
Castor oil half an Ounce
Honey enough to break it
Simple Pepper mixt water
Ten Drachms: Tincture of
Senna Half an ounce
Make a Draught to be
take *the* first thing in
a morning
Powder ordered for
Mr Stevens by Daven^{port}
Powder of Crabs Eyes
Four Ounces
Salt of many Virtues
Two ounces, mix them
well. a Dram is a dose
(2 a day)

page 114

page 123

123

Opening Electuary by
Doctor Harrington

Electuary Laxitiv: ℥ ​ i ss
Sulphur praecipitat: ℥ ​ ​ ij
Pulveris & Tragacanth℥ ​ i ss
Syrup. rosacum Solutio.
qs. fllect. cap. 2 9 n. tn.

page 124

conserve of Hips 1 ounce
Rhubarb in powder 1 Drachm
Lac Sulphur. 1 Drachm
purified pipe. 1 Drachm
Sperma Ceti 1 Drachm
Compound powder
of Tragacanth 2 1/2 Drachm
Powder Crabs eys 2 1/2 Drachms
Pectoral Syrup to make
into an Electuary -
Nutmeg twice day in Qu
Simple Cinnamon Water
14 ounces
Eatons styptis Tincture
one ounce & 1/2
Pectoral Syrup Six drachms

page 125

125
Four spoonfuls to
be taken after every dose
of Electary

page 126

[shield depicting eagles]

page 127

127
Stevens of Oxfordshire
beareth per ^ b. & Or. in Chief
2. Eagles Rising Or.
Crest a demy Eagle displayed
Or.

page 128

page 129

129
Elizabeth daughter of daniel Warwick who
was born in 1662 married Iohn the

only Child of Robert Stevens & by
him had Issue several Children
but only one son Robert lived to
grow up who Married Margaret
the daughter of Rowland
ffreeman & by her had Issue
as before in this book mencioned
The *Said Robert Stevens* was Married to
the *Said Margaret ffreeman* November
the 18th. 1734. at Ampney Crucis
vid. Page 91.

page 130

page 131

131.
daniel Warwick Esquire Son of *daniel*
Warwick died the 11th of October
Anno domini 1727 Anno & lat. 66.
his Estate descended to *Eliz beth*
Stevens & ffrancis Warwick his
Sisters
Elizabeth Stevens died *October*
& ffran. Warwick died *October*
1733
on whose deaths the Estate all
came to *Robert Stevens* Son of
the *said Elizabeth Stevens* by *Iohn*
her Husband

page 132

page 133

133
Taken Out of Kelmscot Register.
Elizabeth the wife of Richard Warwick [&
Daughter of *Henry Stevens*] was buried April
16th 1584.
Richard Warwick was buried May 13th
1595.
Philip Warwick son of *Daniel*
Warwick (the son of *Richard Warwick*)
was buried *October 17th 1643*
Cecily Warwick the wife of Daniel
Warwick & Daughter of Thomas
Hucks & Mary [Petty] his wife was
buried June 9th 1648
Daniel Warwick was buried July
14th 1657 [*Baptised February 9th 1581*]
Daniel Warwick (Son of *the said Daniel*
Warwick) was buried *December 27th*

1686. *Baptised March 30th 1620*
Iane Warwick his Daughter was
buried Iuly 18th 1677.
*Taken out of Eaton Register

page 134

John Warwick of Bampton (son of
Richard Warwick *aforesaid*) was buried
February 25th 1638. [*Baptized November*
2^d. 1578.
Elizabeth Warwick daughter of Richard Warwick
Warwick was baptized *April 16th. 1584.* Taken
out of Eaton Register. [*And the same day Elizabeth*
his wife was buried at Kelmscot .]
1595 May 8th . Mary daughter of Richard Warwick
Ian was baptized.
1596 Dec. 15. Anna Warwick daughter of Richard
Warwick was buried.
1596. March 24. Agnes Daughter of Iames
Warwick was baptized.
1598. Iune 25. Henry Warwick was buried.]
Taken out of Eaton Register.

page 135

Thomas Hucks Son of T. H. *Baptised Iuly 7.1575.*
Alexander Hucks Son of T. H. *Baptised October 11. 1579.*
Edward Hucks Son of Thomas Hucks
was baptized *December 15th 1592.*
Thomas Hucks was buried *Ianuary*
27th. 1616.
Mary Hucks his widow *the Daughter*
of Petty was buried *August 18th*
1634.
John Hucks (Son of Thomas Hucks
& Mary his wife) dyed *September*
29th . 1661 & was buried
following. *This is not in
Kelmscot Register.

page 136

A Water to repell any sharp or
Salt humor; & heal any running
sore

Take of Allom *the* quantity of a walnut
& burn it, & half as much of white
copperas; boyl all this in a pint of

coal - trough- water till a third *part* is consumed: wash *the* place morning & evening therewith & it will certainly cure it.

page 137

For *the* Consumption or Cough in *the* lungs/

Take of anniseeds licourise flower of brimstone fox-lungs of each an ounce sugar candy 2 ounces Elicampane 1 drachm all beaten into a fine powder mix it *with* honey take it as often as *the* Cough troubleth you Probatum est I. B.

An Electuary for *the* Consumption

Takes conserves of red roses 4 ounces of raisins of *the* sun stoned 4 ounces of white sugar-candy 2 ounces of spirit of Vitriol drops 6 of spirit of sulfur ^{^ sulphure} drops 12 all beaten together for your use take s much s a nutmeg last when you go to bed *Mr...ing*

page 138

A motto for A ring

the Loue I owe I faine would show
your friend am I & soe will dy
my heart ah me is fled to thee
Be thou mine as I am thine
be firm to me as I to thee
I am *yours* whilst life endures
of all the rest I love thee best
I wish to haue but blush to Craue
though far apart yet near in heart
Let friend nor foe this secret know

page 139

Blackening for Shooes

3 oz. Ivory black
4 oz. soft of Soap
1 oz. 1/2. Beeswax
1/2 oz. Gum dragon
put the Gum to dissolve in
Water 2 daies then melt all
the Ingredients together over
the ffire & make it into a Roll

best Blacking

mix 2. oz. Ivory Black with
a quarter of a pound ~~2. pennyworth~~ of Treacle
then add half a Pint of
Skimed Milk

page 140

A receipt to Cure the bite of A
madd dog

Take three heads of garlick
one handfull of rue one handfull
of Sage all bruised A pretty *quan*^{titi} to
of pewter or tinn scraped three
penniworth of London treacle boyle
vntell half be Consumed you must
put it into A pot Cloose stoped with
past & set *your* pott in A kettle of
water lett *the* kettle boyle 4 or 5
howres giue the dogg 6 or 8
Spoonfulls 3 dayes before and
After the Change & likewise the
Same quantitie before & After
the fall three dayes
probatum est

page 141

A receipt for the Ague

Take a smale handfull of
budds of the elder tree firs
open the ground ~~Cut~~ take those
budds which springe out of
the tree within the ground and
picke of the outer peeelinge
of them and wash them Cleane

and pound them in A mortar and
put them into A pint of stronge
bere beare and A quantitie of
Annisseedes as much as half An
egg shell will hould and pound
them Likewise & put them in the
beare and let them stipe seauen
howres before the fitt Comes then
Iust as the fit Comes strayne out
the beare and give it the patient
to drinke heale him vp warme
to make hym sweate.

page 142

page 143

A receipt for the stone

Collicke take as much of
the powder of guggle snayles
as will lay vpon a groate in
two spoonefulls of whitewine
at night when you goe to bed
and as much more in the
morning when you Rise
the guggles being washt very
Cleane and dryed in an ouen
then beate them very smale
and search it and keepe it
for your vse: Another for the
same: take the berries of holly
and dry them well in an ouen
and beate them very smale being
searcht very fine take as much
as will lay vpon sixpence
in A quantitie of possett
drinke morning and evening

page 144

Anno vicesimo Ricardi secundi Regis
Iohn Warwick was Sherift of *the* County
of Northampton . Et anno primo Henri
quarti : Who bare, Checked Or & Azure
a Cheveron Ermine. Fuller. *Qui
Anno septo Edvardi *septimi* Regis
Guido de Bello Campo , & Robert de
Warwick were Sheriffs of Worcester
=shire : Anno septimo, Idem.
[two shields side by side]

Daniell Warwicke the
sonn of Daniell Warwicke
of Kelmscott was borne
the 17th day of may
in the yeare of our lord
died unmarried
1661

Elizabeth Warwicke the
daughter of Daniell Warwicke
and Elizabeth
was borne the 28th day of
October in the yeare of our lord
1662 look 8 leaves bark
Iane Warwick & ffrancis
Warwick daughters of daniell
Warwicke & Elazabeth his
wife weare borne the 8th day
of december in the yeare of
our Lord 1666
both dyed unmarried

Take the oyle of
Osprey cocculus india
pounded Assefeteitda
Life honey & disolue
them in the oyle of
polidpody & dip in
your bayte probatum est

A receipt to Cure A wheather

Take one peniworth of Long peper
one peniworth of turmerick
of peniworth of femirick
one peniworth of graynes
Beate all this in A mortar
smale & boyle it in three
pints of growtes of A
Barrall A quarte giue it
her blood warme with A horne

for A Could in A horse

Take of Annisseed one ounce
of Locoris one ounce of Cummin
seed one ounce of sugger candy
two penworth of treacle two
penworth of sallet oyle two
penworth of turmerick half
an ounce of femerick the like
quantitie of brimstone grounsell
& Ellecompane A quantitie beinge
all beaten boyled in A quarte
of stronge beare or ale for the
red water Add diapente
orynment & wormewood giue
it the horse blood warme
& ride the horse to make him
sweate then Cloath him vp
very warme two or three
howrs giue him A meash

page 148

~~the lowermost mound vpon
the duple banke is eleauen
luggs and twelve ffoote
the midle mound vpon
the duple banke is ffifteene
luggs twelue ffoote
the single mound at the
west end next smale way
is fiue luggs and something
better~~

venetrick 2^d

turmerick 2^d

Annis seed 2^d

to Star Crowes

October the 18th 1681 at the

Co^{ur}te Leet at Bradwell

daniell Warwick went out of

his office of Constable & tithing man

& Edward Bradshaw Chosen in

his place

recto of stub after page 148

1
2
3
4

verso of stub after page 148

~~the lowermost mound top
the duple banke is cleauen
luggs and twelue ffoote
the midle mound vpon
the duple banke is ffifteen
luggs twelve ffoote
the single mound at the
west end next smale way
is fine luggs and something
better~~

venetrick 2^d

turmerick 2^d

Annis seed 2^d

to star Crowes

October the 18th 1681 at the

Co^u rte Leet at Bradwell

daniell Warwick went out

his office of Constable & tithing man

& Edward Bradshaw Chosen in

his place

back inside cover

1
2
3
4

back outside cover

spine

head

fore-edge

tail