A Receipt of Whey to Cool the Liver. /

Take Endiue, Succory, Egrimony, liverwort, watercresses feumentorie, of each half a handfull seurvigrasse a few leaves, a topp or two of time: boyle these in 3. pynts, of Cleare whey, till a third part be consumed then straine out the liquor & clarifie part of it. /

To expell anything from the stomake pox or plague, or anie disease. /

Take wood sorrell an ounce halfe an ounce of Methrydate, mix them together and give the patient as much as a hazellnutt at a time. /

A Remedie to keepe the small poxe from disfiguring the face. /

Make a maske of linnen Cloth & wett it in sallett oyle and water, and as the cloth dryeth wett it againe, and it will cause the holes to fill vp and not to be seene. /

for the spleene. /

Take Grey wythie leaves Malloes, violet leaves of each on handfull, and branne halfe a handfull fry all these together in butter and vinegar, and make a plaister therof, and lay it to the left side as hotte as the patient Can endure it.

for the megrum

Take Bittonie a quantatie & stampe it with smallage and lay it (with womans milke to your forehead warme. vse this. /

for the toothach
Take a quantitie of Sage & a little Baysalt and a little wyne or stale Ale, and boyle it well together & then wash your teeth therwith.

To make the teeth white

Take the vinegar of Squillis and vse to wash your teeth therwith.

for teeth that wormes be in.

Take tansey & stopp the teeth full therof & it will kill the wormes & doe away the ach. probatum est.

for yellowe or blacke teeth.

Take Rye meale, & salt, & honey, and mix them together, and stoure your teeth therwith & it will make them white.

for stinking teeth

Take sage and stampe & putt as much salt to it and boyle it an over vntill it be burned then make pouder therof, & Rubbe your teeth with it everie morning.

To make teeth stand stedfast in ons head

Take & seeth the Roots of verbaine, in old wyne and wash your teeth therwith.

for the toothach

Take the seed henbane and leeke seed and ffrankinsence, lay it on a hott stone, and take a pipe of Lattin, broad at the one end & Narrowe at the other, and sett the broad end vpon the stone, and the narrowe end to the tooth soe that the smoke may goe through the pipe to the sore tooth it will surely kill the wormses & drive away the Payne

for the toothach

Take honey vinegar, alloome, & pepper, boyle these together vpon hott embers, & take linnen or lintt and dipp it therin & soe put the same into the hole of the tooth that acketh probatum est.

for the itch in Children.

Take powder of quick brimstone and mingle it with swynes grease & anoynt the party therwith
& it will heale him. /

To make the black salve. /

Take a pynt of the best sallet oyle, of Redd lead halfe a pound, of yellowe buwrough wax an ounce, sett the oyle on a softe fyre, and when it begins to boyle take it of, and putt in the Redd lead & shutt it Close, then sett it on the fyre againe, and putt in the yellowe wax and lett it boyle softly, vntill it blacke, and stire it continually. This salve will drawe, heale, & dry, and keepe all fresh humours from the place greeved.

A present Care for the squinsey or soare throat, or falling of the vueloe or Almondes of the throat.

Take a dossen figgs & halfe as many Iewes eares, boyle them in a pint of white wyne, & a pint of Running water, till halfe be Consumed, then strayne it and putt into the liquor one ounce and a halfe of honey, and halfe of honey of Roses, then gargarize it with 6 spoonefull at a time, 3. or 4. times as hott as you can endure it, keepe your figgs, & Iewes eares warme in the cloth, and when you are in bedd a ply it outwardly to the throate as hott as you can suffer it. /

for the wynd.

Take a handfull of Rosemarie boyle it in a pottle of fayre Running water till it come to a quart & then drinke it wi th sugar /
probatum est.

To catch anie ffish whatsoever /

Take occulus Indei and lapp it in past, and throwe it into anie pond, and all the ffish will lye vpon the water. 3. or 4. minutes: two pennieworth is enough. /

for a Cold in a horse. /

Take a quart of stronge Ale, a quart of good Sacke, a good handfull of organon or pennie Riall and a good handfull of Cullabine leaves, 2. pennieworth. of the best sallet oyle, 2 pennieworth of the best kitchen Sugar, 2. pennieworth of the best Treacle, 2 pennieworth of the best liquorice, (and one pennie worth of the best
Annyseeds beaten to powder) make a drenche, of these Ingre= 
dients, & after the horse hath taken it Ride him till hee 
sweat, & keep him warme with clothes, & lett him fast 3.howers 
at the least 

To cure a fistula or a galled horse backe. /

Take halfe a pound of gunpowder fynely searched, 4. ounces 
of Allum beaten to powder, 3. ounces of white tarter beaten 
to powder, 3. ounces of brimstone beaten to powder , one 
one ounce of hard sugar beaten to powder, one handfull of 
Tobacco ashes, (or instead therof Charcole ashes) cutt out 
the dead flesh and cast on this powder once a day, but be 
sure you doe not wach the sore but Rubb of the the powder 
lightly, and Cast on fresh everie day: If it be a fistula 
or the wound be deepe mingle this powder with a little honey 
and make a tent therof and putt it into the wound. /

To Comfort the braine. /

Take byttony & dry it and make a powder therof 
and put it into your pottage. /

To procure sleepe. /

Take vine leaves and cutt them Round to the quantitie 
of a shilling, dipp them in hott vineger and lay them 
to the temples of the head on either side bynding them 
with a cloth & it will cause the sicke to slape. /

to helpe the memorie. /

Take the leaves of Rosemarie and Chafe them etweene your hands and lay them to your 
temples when you goe to bedd. /

for the payne in the head & to make 
one sleepe. /

Take night shade & beat it small and lay it 
all over your forhead & temples, it must 
be layed on cold. /


A purge for the spleene. / 

Take 3. drammes of Rubere

A good drinke for a bruise /

Take Egrimony Byttony plantine, Ivie leaves
rose leaves and parseley: pound them together
and mix wyne to it and give the patient thereof
to drinke often times, & it will helpe him. /

A medicine for a Consumpsion

Take as much powder of a burned hartshorne
as will ly vpon a groat in two spoonefull
of draggons water. /

To raze a horse that hath
a splint /

Chufe the splint with you hand or sticke & make it hot, Bruise
in a morter to quantity of grasse called spire grasse which is
almost in every hedge make it nere soe small as greene sawce
lay it as a plaister vpon a peece of leather which is pricked that
will cover the splint and bind it on fast with a fillet round
about the legg & tye vppon the horse head that you besure hee
comes not to bite it & soe let it stand two or three houres &
then take it off & hee is cured. let it not lye one too long for
then the skynn wilbe fetched off. /

ffor a splint in a horse by Sir
Richard Hereford. /

Take soe much Alectury as will lye vpon a six pence
and as much Cantarides as will lye vpon six pence & one
ounce of Narbe oyle boyle all these over a soft fire two or three
whanlines & take it off & set it on two or three tymes in that
manner & when it is ready it will appere greene then take
a little vpon the top of the finger & chafe it well vpon the
splint and lay it crosse vpon the legg & about three houres
after it wilbe of jelley & then lay it to the splint & chafe it
with a hot fire shovell or such like thinge the horse must be kept
tyed vppon twenty foure houres lest his mouth come to it. /
written at Belhall
per RP
per me Richard Persehowse .
1643
John Persehowse
Richard Persehowse