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Last Updated: 27 April 2020

W.a.315: Receipt book of Dorothy Stone [manuscript].

front outside cover

front inside cover || [page i]

any and they
Iohn Iohn

than

Iohn Grub 1 day
his son 3 days
Tom 2 days
Isak 3 days
Iohn half a day
Tom his son
Tom 1 day
Iohn Grub 1 day
his son 1 day
ho hn Iohn Grub 1 day
his son 1 day
leck

Iohn Grob 5 days
his son 5 days
tom 5 days
Iæ sak 4 days

Iohn Gozna } his hand
Iohn Gozna }
Iohn Gozna } of Breg-end in the parish of horbury

Iohn gozna }

Elizabeth

Doroghty
D Doroty
Doroty

Dorgh
To roast Beef

To roast a Pike
it must be Slit on both sides
Then take grated white bread & eggs spice
sweet herbs & make a pudding of them
& stuff every one of the Slits with the same
& stuff the belly with the same soe it up
then take half a dozen Yelks of eggs
beat them very well ... all
over with it then for sauce
take whites of eggs &
sweet herbs & spice boil
it together & then put
in a bay leaf a bit of
Rosemary & thicken it up.

...the yelks of the Eggs

...ice butter

A

Allmonds 1
Angilico to Candy 14
Apples green to preserve Ditt o
Apple paist 21
Apricocks to preserve 22
Apples to Stue 65
Allmond butter 81
Apples to order for puffs 96
Apples to Stew red 99
Almond pudding 146

B

Biskets Sattin fol 1
Biscakes Saffern 6
Bread dutch 8
Biscake naple 9
Barberries to preserve 19
Barbery Marmalet 20
Barbery clear cake 21
Balm Wine 26
Beef to Collor 28
Bread Ginger 29
Butter Orange 32
Brom Buds to pickl 52
Beef to Collor 60
Braggot 85
Beans kidney to boyl in 139

C

Cake Lemon 1
Cheese Cakes potatoe 6 7
Cake or dutch bread 7
Cake great Ditto
Cakes Queen Ditto
Cakes Shrewsbury 8
Cake Gingerbread 9
Cake Allmond 10
Cake Biscakes Ditto
Cake Carriway 11
Cake Shrewsbury Ditto
Cake Queen Ditto
Chees cakes potatoe 12
Cherrys to preserve 16
Cherrys to Candy Ditto
Cakes Rasberry 17
Currans preserve 17
Cucumbers to pickle 26
Cream Lemon 29
Cake Irish Saffern 29
Cloves burning 32
Cake seed 34
Cheese cakes 35
Cake Orange 36
Cake clear 37
Cream Sack 37
Cake Carriway 38
Cheese slitt coat 39
Cake seed 41
Cakes 45
Cheese cakes 46
Clove Gilliflowers to pickle 52
Carrat pye 53
Calves Florendine 54
Cordiall water 55
another 55
Carp pye to season 57
Chicken pye to season 58
Cheese cakes 59
Cake 64
Calves head hash 65
Cheese cakes 67
Cordial water 71
Cracknells 72
Cock pease pottage 72
Cake great 74

D

Damsins to preserve 20
Damsins to Ditto 23
Die black 49
Dyet drink }
for children } 82
for
Ritten
By Dorothy
Stone

Ad
from
Barberrys to keep 139
Bacon Westphalia to make 140
Bacon from reesting 140
Cucumbers to pickle 137
Cabbage to pickle 138
Collyflower to pickle 139
Collops Scotch 141

Commo die
Hubbard
Iohn hubbard

E

Erringo roots to candy 19
Egg pye to season 57
Eringoes to Candy 69
Ease womans Travell 73
88 Eeels or Trout to Collar
Eeeles stew’d 142

F

French bread 46
Filling for Custards 59
Flowers of all sorts to pickle 60
French bread 63
Force meatballs 63
Frigasie to make 64
Frigasie Chickens 89
Ditto 91
French Raggo 91
French pallateen 106
Frigasie Rabbits 128
Ditto another way 129
Fish Sauce 144

G

Gooseberrys to preserv 15
Goosberry gilly Ditto
Gilly Rasberry 16
Gem Rasberry 17
Gilly Currans 18
Gilly damsins 20
Gilly Barbery 21
Gem Apricock 23
Gilly pippins Ditto
Gem Apple 24
Gillimofrey 45
Gingerbread 77
Gilly Lemons 77
Ditto

H

Hams as Westphalia 27
hang a Goose 44
Hash cold 45
Hartichoak pye closea 47
Hartshorn Gilly 50
Hartshorn Ditto clear 79
Ham Mutton Westphalia 140
Hare stew'd 142
Hare to rost 148

I

Image 5
Jumballs Currants 18
Harts horne Gilly 50
Jumballs 54
Hair pye to Season 59
Izing for a Cake 75
Iumballs 81
Iumballs paist 88
Izeing 101
Iumballs allmond 121

K

Kidney beans pickle 50

L

Lemon Wine 26
Lemon drops 122
lamb to rost 143
Lamb or mutton to hash 145

M

Moss 1
Marmallet Butter 23
Marmal et Orange 33
Marmal et Cherry 34
Mead. 35
Mince pyes 45
Mushroom to pickle 49
Mince pyes to Season 57
Mushrooms to pickle 61
Marchmentize 70
Milk snail water 3
Marrow Pudding 114
Ditto another way 115
Mushrooms to pickle 137
Mutton Shoulder to rost in the blood 142

N

O

Oranges to preserve 12
Orange to Candy 13
Oysters to pickle 50
Oysters to Stue 53
Orange pudding 59
Oysters to pickle 61
Orange pudding 87
Oysters to pickle 136

P

Puffs 2
Pastells 2
Paist rasberry 3
Past pippin Ditto
Paist Orange 13
Paist apricock 22
Pippins to Preserve 24
pudding Orange 28
Piggs to Collor Ditto
powder moss. 32
Pudding pith 37
Pye Samphier 38
Plums to Preserve 42
Pudding Orange 43
Pudding Carrot 44
Paist royall 50
Puff paist whitt Ditto
Paist for a pasty 52
Pudding Marrow 53
Paist for tarts 56
Paist for all sorts 56
Puff paste 57
Paist Custard 57
Pickle Elder buds} 60
broom buds &c. }
Pottage 65
Purging pills 66
Best Receipt Plumb Cake 66
Plumb Cake 70
Pudding Orange 76
Pudding allmond 79
Pudding Carrot 8
Carrot 18

[pag4v] || [page v]
pigeons to pickle 136

Q

Quince to Preserve red 24
Quince white ditto 25
Quince chips 33
Queen Hungarys Water 43
R

Rockandys 4
Raw Fruit to candy 19
Ribbin Gathes 50
Red Cabbage } 80
to pickle }
Rasberries whole } 135
to preserve }
Rabbets Hash'd 145
Rabbetts Friggasy 145

S

Snow balls 3
Sweet water 31
another Ditto
Sack pancakes 45
Sack possit 49
Samphier to pickle 52
Sturgeon Artificiall 54
Sauce for all sorts } 61
of roastmeats }
Sauce for Codshead 62
Stue Carps Ditto
Sauce for Land fowl Ditto
Sauce for red deer Ditto
Strong broth Ditto
Scotch Scollops 64
Stomach water 71
Surfitt water 72
Snow to make 77
Sego pudding 84
Soop of Green pease 109
Shrewsbury Cake 117
Saffern Biskets 117
Sturgeon of a Turky 123
Samphire to pickle 138
Salletting green to pickle 138
salmon to dress 143
Sack possett 149

T

Troaches 25
Turkey pye to Season 58
Tea Irish 66
Tin Sauce pans 68
Tooth Ache plaster 68
Another Ditto
Another 69
Turneps to pickle 138

U

Vinegar 59
Venison to pot 54
Veal pye to Season 58
Vindiparee 75

W W

Wafers 2
Wine Cowslop 5
Wine Damsin 6
Wine from Summer 9
Wine Raisin Ditto
Wallnuts to preserve 18
Wine cherry 30
Wine Goosberry Ditto
Wine Elder 38
Water golden 40
Wine Lemon Ditto
Wine Gilliflower 42
Wine Cowslop Ditto
Wine Curran 47
Ditto 47
Ditto 48
wine Cowslop Ditto
Wine Birch 73
Wiggs to make 76
Wine Goosberry 76
Wine Ginger 80
Wine Marygold 83
Wine blackberry 84
Wine birch 85
Wine Cowslip 1301
Wine Rosasolas 134
Wiggs to make 152
159

B

Beef to pot } 111
like Venison }
Bisket cakes in \} 117
Tinns \}
Beef Collar'd 141
Beef Stakes 146

C

Collar a pigg 95
Collar Neats tongs 94
Cochineal to Order 97
Chees cakes 98
Cake Garth 100
Carp to Stew 106
Cakes Cittern 120
Cake Carriway 121
Ditto 124
Cake Garth 145
calves head to hash 144
Cream Cawdle 149
Cake to make 150
Cake to make 150

As the clotts
Cakes fine 151
Cheese Cakes 152

L

Leane
i.

P

Pasty paist to make 97
Pudding Citron 126
Pudding Lemon 126
Pidgeons to Stew 128
pudding Quaking 147
pudding green 147
pudding Carrott 148
pudding Chaldron 148
pudding Hoggs white 148
To dye Scarlot upon wosted

To one pound of wosted take one Ounce of Cotchaneal
one ounce of double aquafortis to one ounce of
Cream of Tarter, Nota Bene the aquafortis must be killd
with puter Shavings. To one ounce one thimble full
of Shavings set a puter Bason full of good washing
water over a Charcole Fire in a Chafing Dish & when
you have set the water upon the Fire put the Shavings
into the Bottle of aquafortis when the water boils put
put in all the Cream of Tarter and 1/2 the aquafortis
stirring it well togeather then put in the wosted and
but wet it in soft water and keep it boiling two hours
lift up the wosted now and then to give it air and put
in a little cold water as it boils away and when it hath
boiled two hours take out the wosted and put in all
the Cotchaneel and the Remainder of the aquafortis
Stirring it well together then put it in again and
keep it boiling 1/4 of an hour then take it out and
wringe it in boiling water and hang it up to dry
.. it is finished observe you never lay it down but
hang it up

To make Sattin Bisketts x

Take the white of Eggs and Beat them very well, than take
double refin'd Sugar Cessed very fine and mix them well
togather, Butter a Plate thin, and Drop it in little drops
Bake them in an Oven not to hot.

To make Moss

Take Drop Leake and gum Booge, Scuchineel and Smalt
grind them very fine; Put smalt and Gumm Booge together
to make a green on, than take gum dragon steeped in water
all night, and double refin'd Sugar Cessed very well then
take drop Leake and gum dragon and mix them togheter, then
put double refin'd Sugar to them untill they will not stick to your
fingers; and so you must mix all your Collours; and for white
you must mix gum & Sugars, and force them thorough a hair
Sieve with a spoon and put them before the fire to dry.

To make Lemon Cakes

Take double refin'd Sugar and the white of an Egg, and the
juice of a Lemon and Beat them all together, till it be
very white, than Strew a Plate with Sugar and drop them
on it, and sett them to the fire to dry.

To make Almonds

Take gum dragon and Amber grease of the same that you made
your Puffs of, and mix them together with Sugar and choacalett
let it be of a right thickness to make the shape of an Almond
than sett them before the fire to dry.

To make Puffs

Take gum dragon steept all night in rose water than take
musk and Amber greece, crush them; and tye them up severally
in a muzlin cloth and lay them all night in the gum; than
take double refin'd Sugar cessed very fine, and some of the
gum and Musk, and mix them together a good while, than take some
of the same you made Moss of, and rowle them together, so make
them into Puffs and Bake them, some of them you may put
almonds knocked, Sugar and the white of an Egg mixt together
Lay the Puffs atop and so Bake them.

To make wafers

Take double refind Sugar and juice of lemons, mix them together
and sett them over the fire, but do not let it boyle; Take but
a spoonfull at once when it begins to candy over the top, put
it on a paper, and colour them with any of your Colours; grounded
and mixt with Sugar and Juice of Lemons, sett them by the
fire to dry; but to colour them you must dipp your pin in
the Colour, and so write on them what you please, and when you
have written you must pin two corners of your paper together,
so as they lye round, and when they be dry, you may wet your
finger in water, and just touch the paper, and so you may gett
them of, but you must dry them after.
To make Pastells

Take double refin'd Sugar Cessed very fine and of the same gum dragon that you made your Puffs of, some Amber greece and muske and Beat them all together very well, than make them into Pastells, and set them to the fire to dry

To make snow Balls of any Fruit

# Take double refin'd Sugar cessed very fine 3 quarters of a pound, Pulp 1/2 pound strained; than warm the pulp in one thing and Sugar in another very hot, the white of two Eggs beaten to Froth and put into the Sugar and pulp and continue beating them 2 hours without ceasing, than make them of what shape you please and stove them

To make rasberry Paist

Pick your Rasberrys from stales and little grubs, and put them into a Brass pan, Sett them over the fire, Beat them all to a pulp with a wooden Pestell, and than you must take them out and put them to a hair Sieve to drain for about an hour, than weigh your Pulp, and to one pound of Pulp; put 1 1/3 1 of Sugar sifted, put your rasberrys into the pann when thoroughly hot, put your Sugar in; and when it doth just boil take it of, and put it in an Earthen pann, when cold lay it out to dry; If you boil it too much it will take away the colour and make it tough.

To make pippin Paist

Take Pippins and just Coddle them, than pulp them through a hair Sieve, and for 5 pounds of pulp you must have 6 pounds of Sugar, so clarify your Sugar with the white of an Egg, and Boyle it; till it blows through the Scumme like Feathers; it must be higher than your Images; than put in your pulp, and for your red paist, put Scutchineel in a rag in dip it in water, so Squeeze the Colour out of it. Than put a little water into your pulp and so Boyle it till it be clear, and put it into your stove to dry and for your green putt saffern into aragg; and some blue in another
and mix them together, and that is a green. Some take spinidge and knocks it, and luice it, than sett over the fire, and when it comes like a crud on it. Take that Crud and knock it, and put that in for a green. Than for your lemon paiste take the ragg that has saffern in, and colour your pulp yellow with it, and so Boyle it as you do the other till it be clear; than luice Lemon into it, but you must not Boyle it after the luice comes in, but so drop it, you may Grater some of the rine of Lemon and the tincture of Saffern to make it yellow, and you may Boyle that after the Lemons are in till it be clear; then drop it and sett it in the Stoave to dry.

To make Rock Candy

Take gum dragon and steep it in water all night than take double refin'd Sugar Cessed very fine, than beat the white of an Egg and your gum together, with the Sugar till it be sad Paist; and so make it into what shape you please, than dry them before the fire, and when they are dried thoroughly, Paint them with Gumboge, Vermilion and drop Leak, and smalt ground small, and mixt with a little water and Sugar; than take for 3 quarters of a pound of your painted mings 4 1/2 l of double refin'd Sugar, and clarifie it, and Boyle it untill it drops like a hair follows it, and so pour it boyling hott upon them, But before you boil your Sugar, you must have a small mugg and some splinters of furr sticks laid in water, when you put your water from them, lay a row of sticks and a row of your painted mings; and than 2 or 3 rows of sticks and another row of painted mings till you have done; than lay a trencher on the top of them to keep them downe, than put your Sugar boyling hot upon them and sett them near the fire, and when they are Rockandyed on the top all over, than take them up and let them dry.

To make Images

Take double refin'd Sugar, and Clarifie it with the white of an Egg, and Boyle it untill it flies like feathers when you slatt a little out with your Scummer on the Floor, than have your moulds ready washt, and stick't with some course paist, you must put small sticks in the leggs and wings of you molds, and in the Bills of your birds, than rub your syrup to the sides of your pan with your Scummer, than fill your molds and when it is a little cold take them out, and the next day you may paint them with the same you did your Rock Candys, frost them and giuld them with leaf silver and gold.
To make Cowslip wine

Take 3 gallons of water and put into it 3 pound of white powder Sugar, Boyle your water and Sugar very well togath and Scum of the Dross of the top of the water, put a Peck of pick't Cowsllops into an Ale pot and pour your Liquor boyling hott upon your Cowsllops and stirr them very well togather than cover it very Close with a Cloth and let it stand 3 days, and than strain the Liquor from the Cowsllops, and put it up in a pot that hath a Spigget in it, than take a toast of Brown bread well toasted, and put good Ale Berm upon it and than put it into your Liquor, than Cover it very close, and let it stand a week or 10 days as the weather doth require it; if it be hot weather it will work sooner, Bottle it up when its ripe, and take care you do not fill your Bottles too full and to stop them very well.

To make Damsin Wine

# Take 6 quarts of Damsins and put to them 8 quarts of cold water than let them stand till the Damsins work all to the top, but you must stirr them 2 or 3 times a day, than take them & strain them through ahair Seive, and boyle the liquor, and put to it one pound and half of Brown Sugar to a gallon of Liquor, Let them boyle and Scum them when they are cold, Bottle them and put apiece of loaf Sugar in every Bottle, and do not fill your Bottles too full but Cork them well.

To make Saffern Biscakes

# Take 6 quarts of Flower, Carriwayseed, Coriander seed of each one ounce, you must knock them, than take half an ounce of Ginger, and one Nutmegg, one Pound of Sugar, and as much Butter or rather more, one pint of Berm, half a pint of milk and 12d Saffern dryed and rub'd to powder, put it in 2d of Brandy; and 1d of Turmerick. put into your Milk, and than just melt your Butter, than Knead them alltogather but add to it half an ounce of Clove pepper.
To make Pottatoe CheeseCakes

# Take 1\(^{1}\) of Pottatoes, Boyle and Pill them, than take half a pound of Butter, and half a pint of Cream, and knock them very well in a Mortar all together, than take half a pint of Creame, some Sugar and some Currrans, 2 Eggs and 3 Spoonfull of Sack, and as much rose water, one Nutmegg & 1\(^{d}\) of Cinnamon and as much mace, and knock them very small, mix them all together and so Bake them.

{ To make a Cake in a pudding pye mugg
Called Dutch Bread }

Take a pound of Flower, one pound of the worst brown Sugar a quarter of a pound of Allmonds, Blanch them and Cutt every one of them into 2 or 3 pieces, a little cinnamon and Ginger Cesssed, than mix the rest with 5 beaten Eggs, till they be very well wrought into the Eggs; than pour it into a Mugg, and bake it well; though not in too hot an oven, and it will be very good Bread.

To make a great Cake x

Take 6 pound of flower 6 pound of Currrans, mace, Nuttmegg of each half an ounce, 2 pound of Butter, 2 white Sugar half a pint of good Sack, 20 Eggs, as much Berm with Eggs as well melt the Flower, than with the Butter and as much good milke, as will make it very light to put in a Cake

To make Queen Cakes

Take a pound of the finest Flower dryed, a pound of Sugar Cesssed; mingle them together, and take a pound of Butter washed well in rose water; Rub in half your Flower and Sugar into your Butter, than break 6 Eggs, and put the x whites of four, and work them into it with the rest of the flower and Sugar and about a spoonfull of rose water and about 3 quarters of a pound of Currrans, with a Nutmegg grater'd. Butter the Coffins and fill them half full, and Strow fine Sugar over them, when they are sett in the Oven which must not be too hot.
To make Shrewsbury Cakes

Take 3 quarters of a pound of a Flower, and a quarter of a pound of Cessed Sugar; Mix them well together, then put to them one Egg, then worke the Butter very well from the water, and Salt and Knead it up, you must mix a little Cinnamon grater'd in it.

{ To Make Dutch Bread }
{ or Ginger Bread }

# Take a pound of brown Sugar, and a pound of fine flower than take 8 Eggs and beat them very well, take 2d of white wine 1d of Ginger finely beaten, 2d Coriander seed beaten 2d Cinnamon an ounce symbol 2 Allmonds Blancht and Cutt in Slices, Mix alltogather, put half of it in a pan, or pudding pan well Butter'd, then Cutt in Candied Orange or Lemon pill or Cittern, or which of these you will, Strew them in pess into it, then pat the rest of your Cake upon it, and strew in more sweetmeats upon it, and put in the rest of your Cake. Bake in a soft Oven

To make cold wine for Summer

Take 1 1/2 Gallon of spring Water, Boyle it a little with two pound of Sugar, Scum it, take it of the fire, when it is cold Squeeze in 6 or 8 Lemons; Put in one Pill, Let it stand 2 or 3 days, than put to it half as much white wine as Liquor, so Bottle it, and Drink it when it hath stood a week or Fortnight, you may put into some of it the Iuce of Rasberrys or Currans instead of Iuce of Lemons.

To make Raisin Wine

Take 2 pound of Raisins in the Sun, Rub them with a Cloth, Cutt them in pieces, put them into an Earthen pot put to them a pound of Loaf Sugar, the Iuce of two Lemons the pill of one of them; take two Gallons of Spring water Let it boyle half an hour, than pour it into a deep mugg to the Raisins let it steep. cover it close and let it stand 2 or 3 days, stirr it once a day with a stick, than run it thorough ahair hair Sieve, and Bottle it, see your Corks be good, you my drink at a Fortnight's age, you may Boyle Cowslips if you please, Put the Liquor hot to the Raisins.
you may make Cowslips or Gillivers alike.

To make a Ginger bread Cake

# Take 3 pound of Treakle and the Yolk of 3 or 4 Eggs
2 penny worth of Brandy, half a pound or rather more of Butter melted and an ℥ 3 of Candid Orange an ℥ 1 1/2 of

Carriwayseed and Coriander beaten, one ounce of knock't Ginger, mix them altogether with as much Flower as will make it sad enough to make into a Cake, you must Add 2 ounce of Blanched Almonds and Cutt every Allmond in two pieces.

To make Allmond Cakes

Take one pound of Allmonds and Blanch them, and put them in water and Let them stand a good while in the water, than take them and knock them very small, and put a little rose water to them when you are knocking them, than take a pound of Loaf Sugar Cessed very well and 3 whites of Eggs and Beat them very well; than put in Sugar by degrees and Beat it a good while, and than mix the Allmonds with it, and make them upon Wafers, when they are ready to sett it the Oven Scrape Sugar on them.

To make Nable Biscakes

Take Seven pound and a half of Eggs and take 3 yolks out of them, grator a Nuttmegg in and beat them very well, than put in the same weight of powder Sugar Cessed very fine, continually beating them, then put in Six pound of Flower and stirr it well togather than put them into your Cofings, and scrape Sugar on them, and when they be Baked drie them upon Wyars.

To make Bisket Cakes

# Take 4 pound of Eggs, and take out of them 3 Yolks and Beat them very well, than put 5 pound of (Sugar powder)

Cessed, and beat them togather very well than put 6
pound of Flower, a few Carriway and Coriander seed, and then drop them upon your plates, and scrape Sugar on them before you scrape them.

To make Carriway Cake

Take 3 pound of Flower; 2 pound of Butter, Rub your Butter in the Flower; Than take the Yolks of 6 Eggs with 3 of the whites; 2 or 3 Spoonfull of Sugar,a pint of Berm a little rose water, mix them together, let them stand an hour to rise, than take a pound and half of Carriway Comfits 3 2 of Lemon pill, or Citerm, Mix them well and so Bake it on a hoop.

2d To make Shrewsbury Cakes

Take two pound of Loaf Sugar, knock't and Cessed very fine, then put as much sweet milk or new butter milk as will will wet the Sugar, then put 3 Spoonfulls of rose water to it and Stir it very well; just before you put the Flower in, than put 3 pound of Flower, to a pound and a half, good weight of Butter, than rub and Squeeze them well together in your hands, but you must not knead them.

To make Queen Cakes

Take one pound of Flower and a pound of Loaf Sugar finely Cessed, Dry them very well by the fire, than take half a pound of Currans and wash them and dry them very well, then take a pound of Butter and wash it from the Salt, and put to it full half a quarter of an ounce of Mace knock't and 3 or 4 spoonfull of rose water and Six large Eggs, put in 3 of the Whites: than put your Flower and Sugar together, but they must not be too hot when you mix them and then put them to your Butter and Eggs. when you have stir'd them well together, they will be white, than put in your Currans, and Butter your tin Coffins and fill them about half full, and Strow Sugar over them pretty thick they must be Baked in a Cool Oven.

To make Pottatoe Cheese Cakes

Take a pound of Pottatoes, Boyl them and Gill them,
than take half a pound of Butter, and half a pint of cream, and knock them in a Mortar very well together, than take half a pint of Creame more, and some Sugar and Currans, 2 Eggs and 3 Spoonful of Sack. and as much rose water, one Nutmeg, one pennyworth of Cinnamon & as much mace knock the three Spices and mix them all= =together.

To preserve Oranges & Lemons

# Take the thickest Rhines and clearest from Spots that you can gett; put them into spring water for 2 or 3 Nights Shifting them every day; than take them out, and chipp them and take a piece out of the stall of the Orange. as you may put your finger in; to take out the seeds, but take care you breake not the Skin, than put them into a cloth and sett them on the Fire; and let them boyle, shift your water 5 or 6 times, or as oft as it Bitter into boyling water, Boyl them untill you can thrust a straw through them, than take them out of the Cloths, and put them into

13 cold spring water. Than take to your Oranges double weight of Sugar, with half a pint of water to every pound of Sugar. than take the white of an Egg beaten with a spoonfull of water to Clarifie it, put in your Eggs when you sett it on the Fire and stirr them togather, as your Sugar boyles up, put in a little water, and when it is clear put in your Oranges, and let them boyl untill they be clear and begin to sink in the Syrup, then take them when they are cold and put them in your pots, and the next day give them a Boyle or 2 and let them Coole before you cover them.

To make Orange paist

Take of oranges that is Broke in the water and put them thorough a Sieve, than take double weight of Sugar and Boyle it to Sugar again, than put in your Oranges and Boyle it till it be clear, than take it of and put in the meat of your Oranges that was not boyled, than put the, into your Glasses.

To Candy Oranges or Lemons

Take your 3 Oranges out of the Syrup and pop them into boyling water, than take them out and Lay them to
dry, and when they be dry enough take Sugar and the white of an Egg and a little water, and sett it over the Fire and as it boyles up, put a little water into it, and than Scum it very well, so keep it Boyling till it will Blow through a Scummer like tubells, than put in your oranges and boyl them till they will blow through again, so take

14
them oft and strain the Syrup with the Skimmer to the side of the pan and than take them out.

To Candy Angilico

Take Angilico and lay it in water for two nights, but be sure to shift it often into fresh water, then take it out and put it into a pan of water, and cover it close, sett it over a coole fire to boyl soflly, and when it is tender pill it, keep it cover'd close, putting it into the same warm water again to keep it green, as you do when you Coddle Apples, then take as much Sugar as will make a Syrup to Cover it, and Clarifie it with the white of an Egg. than take your Angilico and put it into your Syrup and give it a good Boyling, so lay it into the Syrup straight in an Earthen pot, keep it tied close till you have a mind to Candy it, and when you would Candy it take it out of the Syrup, and pop it into boyling water than take and tye it in knots, and platt it in what shape you please and lay it to dry, than take Sugar and clarifie it, and Boyle to candy height than put in your Angilico and Boyle it awhile than grain it, and take it out and lay them on awire to dry.

To preserve Green Apples whole

Take round green apples with small Stales, and Bore a hole with a Bodkin thorough the Eye, then put them into cold water and gently scall'd them keeping them h hs

15
Close cover'd, Let your fire be very gentle and when they begin to turn the colour, take them of the fire, let them stand Cover'd till the Skin will come of, and put them into the same water again, and sett them over the fire again cover'd close, and gently let them scald, and when the water is scallding hott take them of an Let them
stand close cover'd and so do till they be as green as grass
take them out and prickle them full of holes to keep them
from shrinking and wrinkling, than put them into
clarified Sugar and let them stand 2 days, than boyle
them gently for 2 or 3 times till they are tender green and
clear. If you are minded to dry them from the Syrup
Scrape some loaf Sugar over them and dry them in the
Stove.

To preserve Gooseberrys

Take large green gooseberrys pick of all the Blossom
and stalks and put them into water as you do them than
take the same weight of Sugar as Gooseberrys, and some
water than let them boyle till they be cleere, and begin to
sink into the Syrup, but as they boyle Strow Sugar on
them and when they begin to sink in the Syrup put them
into your Glasses.

To make Gilly of Goosberrys

Take goosberrys and put as much water to them as
will coddle them, then let them boyle a little time, and put
them thorough a Sieve to let the Liquor run from them

than take the same weight of Sugar as Liquor, and put as
much water to the Sugar as will wett it and keep it stirring
over the fire till it boyle to Sugar againe, than put in your
liquor, and when it is iust at Boyling take it of and put
some into glasses to be cleare Cakes, and sett them in the
Stove to candy, the rest you may Boyl a little more for a
Gilly.

To preserve cherrys

# Take your preserving cherrys, and Stone them, Strow some
Sugar on them as you stone them, than take the same weight
of Sugar as cherrys and some water, and Let your cherrys
boyle in the Syrup a good while till they begin to sink and be
cleare in the Syrup, If you would have them Gilly take a little
of the luce of Currans, as you make your Gilly of Currans of,
instead of water

To Candy Cherrys.
Take of your preserv'd cherrys and let the Syrup run from them, then put Boyling water on them but let them not stand it, than sett them in a Stove to dry, and when they are dry enough take Sugar and Boyle it to Candy height, and then put in your Cherrys, Let them boyle a little and than grain it, take them out lay them upon a wyar. If they be moist lay them to dry.

To make raspberries Gilly

Take raspberries and pick of all the Stails, and wormes that are somtimes amongst them, then put them in a lugg and tye it up very close, and sett it in a pan of water over the fire, with a little Strane about the lugg to keep it Steady, and let it boyle till the luce comes out of them, and so pour it from them till you can gett no more, than take Currans and do so ly them take of each equall quantity and mix them togather, and take the same weight of Sugar as Iuces and Boyle them alltogerher about half a quarter of an hour scumming it cleare, than take it of and put it into your Glasses.

To make Rasberry cakes

When you have made your Gilly of Rasberrys take the stones that were left of the Gilly of rasberrys, and take the same weight of Sugar as Stones, and Boyle the Sugar to Sugar again, then put in your Rasberrys and Boyle them till they be cleare, then put them in your tins and sett them in your Stoves to dry

To make Rasberry Gem

Take Rasberrys anbd pick all the stalks out of them and worms and put them in a lugg, and Cover it close, then sett it in a pan of water as you did your other, and as they soften crush them with a Spoon, then take them off, Put the same weight of Sugar to them, and Boyle them. till they begin to be clear, then put them into your Glasses.

To preserve Currans

Take the largest Bunches of Currans that you can gett stone them, and strow Sugar between every Row of Currans as you stone them, then take the same weight of Sugar as
To make Gilly of Currans

Take Currans and Strip them of the Stails, and put them into a pitcher cover it close, and sett it in a pan of water over the Fire to boyle as the luce comes power it of, when you can gett no more take the same weight of Sugar, and so Boyle your Gilly till it be clear then put it in your Glasses.

To make Curran Iumballs

Take the Currans that was left of your Gilly and pulp them thorough a hair Sieve, then sett them over a Chaffingdish of fire to harden in Muggin dish it must not boyle, keep it stirring, and when it is very thick take it and Rowle it in Sugar, till it be sad enough to make into Iumballs, then dry them in the Stove.

To preserve Wallnutts

Take your Wallnutts when you can prick a pin through them then lay them in water all night, Boyle them and shift them, into boyling water as the water is bitter, and so boyle them till you can thrust a Straw through them, then take them and pill them and put them in water as you do them and shift them in 2 or 3 waters, and take cloves and Stick two in Every Nutt, then take double weight of Sugar and to every pound of Sugar, half a pint of water, when the Sugar is melted put your nutts in. Boyle them and Scum them a great while. till the Sugar be gott to the heart of the nutt, when they begin to sink take them, put them into a mugg tye them close.

To Candy erringo Rootes

Take Erringo roots and lay them in Spring water all night, then take spring water and put them over the fire, be sure you put them into the water whilst it is Cold and cover them close, then when they are boyled tender take them and
pill them with the point of a knife, flatten them so as you may see the heart and take it out, and as you do them, put them into water and let them lye in all night, then take them and with a thred tye both Ends, than run them thorough one End with a Needle and fine thread, Tye it so wide as you may get your hand through the String, then take rose water and put it in a Broad Dish, and sett it over a Chaffing dish of Charcoale, than put double refin'd Sugar into it, but it must be knock't very fine, when your Sugar is melted put in your Erringo's and stirr them with a String for they must not boyle, as you turn them put more Sugar still, till they begin to Look clear in the Syrup, Then take them out, Twist them and tye them in what shape you please and lay them before the fire to dry.

To Candy raw Fruit

Take Currans or cherrys, and half weight of Sugar cessed, take some of it and a little water, and boyle it a little while, then dipp them in, and Rowle them in dry and lay them before the fire.

To preserve Barberry

Take the largest barberrys in bunches you can gett and stone them, then take of the Iuce that is for the Gilly and put to them, then take the same weight of Sugar or rather more, and a little water, and Boyle them ill they be clear, and begin to sink in the Syrup, then take them up and put them into your Glasses.

To preserve Damsins or French Ballers

Take damsins and Cutt a knick in the vein, then take the same weight of Sugar. To 2 pound of Sugar half a pint of water, then take them and sett them over a chaffing dish of fire and let them Simmer but not boyle for the Skin will strip of if you do, then shake round in the pan as you do them, so keep them simmering over a coole fire as you do them about an hour, then let them boyle faster till they begin to Look clear, and sink in the Syrup. To take of the Scum, lay a brown paper over the damsins claping it down with the back of a spoon, then taking the paper of will bring the Scum cleare without hurting the Damsins, then put them into your Glasses.
You may take some of your Syrup in the Glasses for Gilly. French Ballers are done the same way onely put more weight of Sugar than Bullers.

To make Gilly of Damsins

Take damsins abd put them in a pitcher and cover it close and put it in a pan of water over the fire, and as the luce comes pour it out when it can run no more take the same weight of Sugar as the luce and Boyle it to a Gilly

To make Barberry Marmalett

Take Barberrys and strip them of the Stalks and put them into a pitcher, set them in a pan over the fire, and put a little water into them and when they are very soft, force them through a Seive with the back of a spoon, than take more than weight of Sugar and beat it, and put it to your pulp, and boyle it till it be cleare then put it into your Glasses. 

\{ To make clear cakes of \}
\{ Barberrys \}

Take the same pulp you made your marmalett of and rather more then the same weight of Sugar; and boyle it to Sugar again then put in your pulp and let it boyle till it be clear then put them into your Glasses and sett them into your Stove to dry, you may try to dry some of your Gilly if you please.

To make Gilly of Barberrys

Take Barberrys and strip them and put in a Iug and sett them in a pan of water over the fire and put some water to them, and put the luce thorough a hair Seive & take more than weight of Sugar and put it to your Gilly and Boyle it a little while, and when it is a Gelly put it in Glasses.

To make Apple paist
Take green Codlings or green pippins Coddle them &
green them, then take the green of the outside, and pulp
thorough a Sieve and the weight and half of Sugar, and
boyle it to Sugar again. then put in your apples to be gre..
and boyle it till it be clear, and put it into your tins,
and set in a stove to dry, then for your paist pulp the
white of your Apple, and do the same as you did to the
green. for your red paist take of the same that you

do your white of, and some cochineal steep in the water
and put some Allom to it, boyle it a little then colour your
apples with it, and then be a good red put to it its
weight and half of Sugar, and boyle it to Sugar again
so put in your Apples and boyle it till it begin to be clear
then put them into your tins and Stove them.

To preserve Apricocks

Take 3 Apricocks and put out the Stones pare them
and Strow Sugar between every Row of apricocks,
but first weigh the same weight of Sugar, and put 2 or
3 spoonfull of water to them, then sett them over the fire
and boyl them slowly and as they boyle strow Sugar
on them and keep them turning till they begin to look
clear and sink in the Syrup, but they will Boyle a
good while before they be enough and when they be
clear put them into your Glasses.} Another way to
preserve Apricocks Take the apricocks and weigh
them and then stone and pare them, and lay them in loaf
Sugar knock't very small, then take the same weight
of Sugar as Apricocks, and let them lye till all the
Sugar be Dissolved, you must turn them 2 or 3 times
a day then boyle them over a Charcoale fire untill
they be very tender, then take them up and pour the
Syrup on them.

To make Apricock paist

Take apricocks and pare them, and slice them
into a pitcher then cover them close and sett them

over the fire in a pan of water and when they are
boyled all to pap take them of, and put them on a plate
and sett them on a Chaffing Dish of Coles to dry
To make Apricock Gem x

Take apricocks Slice them and pare them and take the same weight of Sugar and a little water, and boyle them till they be clear and so put into your glasses.

To make Marmalett of Bullars

Take Bullers and pick of the stales and put them in a pitcher then sett them in a pan of water over the fire and let them boyle till they be soft, then with a spoon force them through a Sieve, and take the same weight or rather more of Sugar and put it into your pulp, so Boyle it till it be clear keep it stirring all the time then put it into your glasses.

Another way to preserve Damsins

Take a pound of Damsins, and a pound of Sugar; with a knick in the vein and prick them with a pricker very thick as you prick them lay them in Sugar, and put to them a little water, then sett them over a soft fire till they warme through gouy then take them of and let them stand If they be very ripe you may boyle at 2 or 3 times or Else boyle them over the next day and let them stand to be Cold.

To make Gilly of Peppins

Take Peppins pare them and slice them then put them into a pan of water over the fire, so let let them till they be soft then strain them through a Cloth, and the same weight of loaf Sugar must be put to them as the Juce goovy

Then boyle it about half a quarter of an hour, than take orange pill, boyle it and slice it very thin, and boyle it in you Gelly, and put it in your Glasses.

To preserve peppins

Take the best peppins you can gett, pare them, Quarter them and Cutt out the Caulk, than put them in water as you do them, then take the same weight of Loaf Sugar & about half apint of water to a pound of Sugar, then sett
them over the fire, but put not all your Sugar in at first
then by degrees put the rest of your Sugar in as it boils
and boyle them till the appls be clear, then put them into
your glasses, take your Syrup and strain it through a
cloth, then put orange pill to boyle and Slice it into your
Syrup, Boyle it well and put it to your preserved peppins

To make Apple Gem

Take the apples that are broken in preserving and break
them to pieces and put a little of the Syrup to it and let it
boyle a little, then take it of and put some Iuce of oranges
or Lemons to it so put it in your Glasses.

To preserve Quinces red.

Take of the Yellowest Quinces you can gett pare them and
Cutt them in Quarters, putting them in water as you do them
those you would preserve whole, after they are pare'd
scrape out the Coure of them, then weigh rather more
weight of Sugar, and about half a pint of water to a pound
of Sugar, and one peppin par'd and Quarter'd to 6 Quinces
then put them into your pan first a Row of Quinces than
a Row of Sugar, till you have put them all in, than

25
put in your water and cover them close and sett them over a
slow fire, so that they may but just Simmer, you must now
and than turn them if they be whole ones, so let them stand
over a cool fire till they be very red, then take up the Quinces
and breake them with your Spoon to make marmalett of
so boyle it alittle while and put it in your Boxes, but you
may Let your whole Quinces boyle Longer than your MArma
lett when it is enough put them into pots and let them be
overwhelm'd in Syrup.

To preserve Quinces white

# Take of the best yellow Quines pare them and put them
into water, and Scrape the Coree out of them that is to preserve
whole, you may weigh the Same weight of Sugar, and about
half a pint of water to a pound of Sugar, and to 3 whole Quinces
you must Slice one apple and one Quince, and boyle them
very fast, and as you boyle them Strow Sugar on them, so
let them boyle till the Syrup begin to reddin, then take
them of the fire, and put them into your pots, you may for
your marmalett take the Quarters and boyle them very
fast, but you must put in more Apples to that than you did
to the red, so let it boyle very fast till it begin to redden,
then breake them with your Spoon and boyle them awhile
after so put them into your Boxes.

To make Frockes Mr Per......ls

Take one pound of double refin'd Sugar and 1\textsuperscript{d} of gum
dragon, steept in 2\textsuperscript{d} of fumitory, 1\textsuperscript{d} of powder of Liquorice
flower of Brimstone, and allecompone of each one half
pennyworth, take and beat them well together Rowle and Cutt

| page 26 || page 27 |

them in small pieces, and let them stand all night before the
fire to dry.

To make Lemon Wine Margt M

Take two Gallons of Spring water two pounds of powdered Sugar
Put just the Yellow pill of 4 Lemons into it then let it
boyle a while, and put in the Juce of 5 Lemons and let it
stand 2 or 3 days then strain it through a woolen cloth
and Bottle it up putting in every Bottle a Clove and a
lump of Sugar.

To make Balm wine in June

Take 9 Gallons of waterr 13\frac{1}{2} of the best powder Sugar,
Boyle the water and Sugar to gather gently 2 hours in a
pan or Iron pot, Scum it well then pour it into Coolers to
Coole it, till it be of the temper of whort when Berm is
put to it, then have ready two pound and a half of Balm
Leaves stripped of the stalks, only the tops Crop of with
your finger, then put it in Crushing the Leaves and tops
a little to pieces in your hands, then put it into the
hole of your Rundlett, and pur upon the Balm 1\textsuperscript{d} of
Berm then pour the Liquor on them stirring them well
togather, and let it lye unstop't 24 hours, stirring it up
once in 3 or 4 hours then stop it up close and let it
stand 2 weeks then Bottle it with a lump of Sugar in
every Bottle, but before you bottle it, you must strain
it through a piece of Flannen.

To pickle Cucumbers
Take as much water as will cover the Quantity of Cucumbers you have and make one part of it strong. When it has stood a fortnight draw it off into a clean Caslk and put in $\frac{1}{2}$ ℥ of Ising glass & let it stand a fortnight.

enough with salt to bear an Egg then put the other half to it and sett it over the fire, and when it is Scalding hot, pour it in the Vessell on the girkins, and so stop it up close till it be quite cold then heat the Liquor again and so repeat it 3 or 4 times, then take Vinegar and heat it scallding hott and pour it over them, and leave it till it be quite cold, then heat it again, with cloves mace and most pepper, your gerkins being laid in a wooden Vessell one by one in Roes and between each put some bay leaves, and a little Dill but very little for it makes them sweet, so pour your vinegar and spices scallding hot upon them, then let it be cover'd as before till it be cold so keep them for your use, and once in 3 or 4 months heat the vinegar adding more to it, and pour it on them, but first wash them in Liquor, and let it settle leaving the dreggs behind. If your Vinegar be not good it will Speckle.

{ To make Hamms as good }
{ as Westphaly }

Take a ham and put one pound and half of brown Sugar on it and Rub the hams with the Sugar 3 or 4 times a Day for 48 hours then take the 4 Salts Bay salt, salt peter, peter salt, common table salt of each half a pint and lay them likewise on the ham and Rub them as you did with the Sugar 3 or 4 times a day as before, then let it lye for a fortnight, then hang it in a Canvas bagg in your chimney for a month at Least.

To make an Orange Pudding

Take 14 Eggs half whites and beat them, one quarter of pound of orange pill candid, Cutt it small and put it to your Eggs with half a pound of white Sugar, and half a pound of melted butter, put all together, and put it into the Dish with thin puff paist at the bottom as thin as you can Rowle it, and cover it with the same, and let stand above half an hour in the Oven.
To Coller Beef

Take a Sirloinu or flank of beef and bone it, and lay it Flatt in a Mugin Driping pan, with as much pump water as will cover it. Season it with 4 ounce of Salt peter 5 or 6 handfuls of white salt, let it lye in this 3 or 4 days, than take it out, rub the inside with cloaves, mace nutmegg and a few coriander seed beaten instead of herbs then Rowle it up and bind it close with course tape, Bake it in the same pickele; when it is baked, put it into a nett and hang it up to drain, when it is cold unbind it and take of the Cloth, and bind it over again with the tape, when the pickele is cold strain it thorough a hair Sieve, and then put in the beef cover it close and keep it for use.

To Coller Piggs

Take a fat pigg and dress it as you do for Rousting than cutt of the head and feet, cutt down the back and belly to make two Rowls of it, then take out all the bones and Season it, with white pepper and Salt and two pennyworth of mace and a few cloves and a nutmegg and half, the 4 Spices must be knockt with a little dried Sage, then Rowle them up fast with a cloth and bind them with Course tape, then take all the bones and knock them, and put in the water you boyle your Coller in, and when your water boils put in some pepper and salt and half a pint of vinegar, when your pickle boils put in your Coller and let it boyle till it be very tender then take them up, and the pickle be strain'd and cold before you put them in.

To make Lemon Cream

Take 3 pints of Cream and the Rhines of two Lemons and a half and boyle them for one hour, then let it stand and coole a little, then squeeze the Juce of two Lemns & a half and season it with Sugar to your taste and when the cream is cold enough put to the Juce and Suagr then take some of the Lemon pill and cutt it very small in long pieces and lay it on your Cream.
To make Ginger bread

Take half a pound of Allmonds blanched and beaten very fine, a pound of double refin'd Sugar sifted and with the Sugar mingle sifted ginger in it to your taste, Mingle with all this a little gum dragon steept beat all togather in a stone mortar to a stiff paist, then rowle it thin in little pieces, and put them on paper as it will dry.

To make Irish saffern cake

Take 24 pound of flower 6 pound of the best sweet butter; and 3 pints of honey, melt the honey and butter togather, and then mix with the flower 3 quarters of an ounce of cloves, as much cinnamon, as much nutmegg and as much mace, all beaten fine, one ounce of Saffern dried, and powder'd, wett with strong ale, and 2 Quarts of good ale Yest, and so knead it exceeding well togerther, and let it lye cover'd with a warm cloth near the fire to rise a while and so make it into cakes as big as a trencher the thickness of your finger, be sure to prick it very well, before you bake it.

To make Cherry Wine

Take the best English Cherrys, pick of the stalks clean, and bruize them very well, and then strain them through a hair Sieve, and put it up after a little working into a Vessell proportionable, and there let it stand for a Fortnight, then draw it out into bottles, and as you find it you must sweeten it, to your Pallit, If it prove tart, you must put in more Sugar, you may keep this for half a year to drink very well.

To make Goosberry wine

Take your Gooseberrys very ripe, pick them very clean so Bruze them in a marble mortar with a wooden pestill, and for every gallond of fruit, take a gallon of spring water well boyled and scum'd, put the fruit and water into an Earthen pot, and let them stand close cover'd 4 hours to infuse, then let them be drain'd through a hair Sieve, and to the clear Liquor put for each
gallon of fruit 2 pound of good loaf Sugar, so put the liquor and Sugar into an earthen pot, close covered and sett them into a sellar for a month, then open it and take of the Scum, and bottle so much of it as is clear, and to every quart bottle put 2 ounces of Sugar. Cork and tye them close up and sett them in a sellar, the wine being brisk and good at 2 Months, and will keep for a year, this Receipt will serve as well for rasberrys, Currans Strawberries ar any other fruit

To make assweet water }
to Burne }

Take half a Bushell of damask roses and 3 handfull of Lavander tops, before they be blown, and dry them 10 days at least, then put them into 3 pints of Muskadine, 1 pint of damask rose water, then Bruze one ounce of cloves and one ounce of orris and half a lemon pill, put all these in a gally pot stirring them every day for 4 days then still it in an ordinary still

To make another burning Water

Take a lay of damask rose leaves, then strow finely over it, some powder'd benjamin, and Storax, and so roses and powder till your still be full, and let it drop through a Rugg with musk and Ambergreece into your bottle

To make powder for Linnen

Take storax and Benjamin 2 ounce Lignum Rhodium 2 oz Yellow Sandere 3 1 orris 3 2 Callimus half an ounce sweet Marjorum 4 ounce RoseLeafs dried &c powder'd 4 ounce 2 ounce of Lavander flowers

To make moss powder

Take the flaggy broad white Moss, wash it clean in Succory water, then lay it in steep in rose water, & shift every other day in fresh rose water for 8 or 10 days till you think it sweet enough, then Ring it clean out of the rose water, and dry it in a Sieve over the fire
with Benjamin, till it be so dry, that you may beat it in a mortar to powder, when it is beaten Cess it in a fine Sieve, then take that powder and mix it with some amber greece and muske, according as you please to have it Sented, and take a little Civit amongst your powder to sent it well.

To make burning Cloves

Take half a pound of loaf Sugar well beaten and Cessed: the quantity of 2 thimble full of cloves well beaten and Cessed; then take willow boughs and burne them to Charcoale, then beat them and Cess them to the quantity of two thimblefulls, then mingle these with your Sugar, then take some gum dragon being the day before soaken in water, then take the thickest of it and Rowl it with your Sugar up to a paist and so make them up into cloves.

To make Orange Butter

Take 6 Oranges pill them, and Cutt them in halves and put them in a little sive of silk, and Squeeze them very well untill you gett all the Juce out, then put in somes cream and the Yolks of 2 Eggs, a little rose water, some Sugar some fresh water, and stirr them over the fire untill they are thick then put them in a glass, and serve them at the table with orange comfitts stuck in them.

To make Orange Marmallett

Take the biggest Barmoodus Oranges, rasp them all over with a rasp, then Cutt them in half, and squeeze all the luce into a glass, and throw the pitts into spring water and so let them lye 3 days, shifting them night and morning, then boyle them in 9 or 10 waters till they be very tender and all the bitterness gone, then squeeze each half between two trenchers, scrape out all the strings, then cutt the yellow and the white very small then weigh it, and put it into your pan, then weigh your Iuces and put to it, and take the weight of both in fine Sugar and put to it, stirr it a little togethers, and sett it on a very quick fire, stirring it constantly till it part from the pan, then have ready Squeezed luce of Lemons and put it into the Marmallett just as you take it of the fire and so
glass it, but do not cover it till next day it should not 
be eaten till it be two months old at least.

To make Quince Chips

First pare your Quinces very well then Slice them into 
a dish, and put Candid Syrup to them scallding hot, and 
let them stand all night, then lay them on plates and

strow Sugar on them, and turn them every day, and 
srape more Sugar on them till they be dry. If you would 
have them look clear, heat them in Syrup, and let them 
boyle, keep them in a warm place.

To make Cherry marmalett

Take 4 pound of stoned Cherrys, and put them 
into a Tray or Bason, and with your hands monsh 
them, and pour most of the liquor from them, then 
beat a pound of loaf Sugar very fine, and mix it with 
your Cherrys, and sett it over a quick fire, and let them 
boyle apace, and scum them very well, and when they 
are 3 quarters boyled, put into them half a pint of 
quiding of Currans with the weight in Sugar then 
boyle it apace till it Quiding which you may see 
by putting a little in a spoon and when it is allmost cold 
put it up.

To make a great seed Cake

Take 6 pound of flower, and 1 pound and half of 
butter, one pint of the thickest ale Yest, and as much 
cream as will wett them, boyle the cream and let it 
coole a while, rub the butter into the water flower and than 
mingle the flower and milk togather with a little salt, 
lay the paist by the fire whils't your oven heats 
then you must have a pound of Carriway comfits & 
3 quarters of a pound of Sugar, knead it well into 
your Cake and let it stand one hour in the oven.

To make Mead
Take 8 Gallons of water and sett it over a clear fire in a Kettle, and when it is warm put into it Sixteen pounds of the best honey, stir it well together till it be all mixt, and when it boyls scum it, and put into it two large nutmeggs bruised and so let it boyle at least an hour then take it of and put into it 2 handfull of grun malt, so with a stick keep beating of it together till it be allmost cold then strain it through a hair Sieve into a tub; and put into it a pint of ale Yest and stir them well together, when it hath workt and is cold you may if you please put it in a Vessell fitt for it and when it hath done working stop it very close up and let it stand 3 weeks or a month in the winter before you drink it or bottle it in summer less time will serve.

To make very good Cheese Cakes

Take 6 quarts of milk, and run it as you do a cheese pretty cold when it is tender come, draw it form the Whey in a strainer, then hang it up till all the wey be drain'd from it, then press and change it in dry cloths till it wett the cloth no longer, then beat it in a stone Mortar till it be like butter, then strain it through a thin Strainer, and mingle it with a pound and a half of butter with your hands. Take one pound of Allmonds blanch them and beat them with rose water till they are like the crud, then mingle them with the Yolks of twenty eggs, and a quart of good cream two good nutmegs one pound of Sugar and put them to the crud, make the crust good with butter yolks of eggs mingle it with milk, and having made it up in the fashion of little tarts or any shape you think fitt, fill them up with Bran and if you fear they will not keep your fashion you may include them in rings of paper fitted to your bigness then sett them in a quick oven, and when they are hardened take them out but remember to prick the bottoms before they go in. Brush out the Bran with a clean brush & sett your cheese Cakes in a oven hott enough to Bake a pudding pye, but be sure to sett up your oven Lidd till the Scorching be over, Less than half an hour will bake them but you must not put your rundic into the milk than your milk is no more than blood warme.

To make an Orange Cake
Take orange pills and cut out all the whites and put them in water, the thin Yellow pills and boyle all the bitterness out of them, changeing the water often, till they are tender than take your pills and dry them in a Cloth, then take fine Sugar sifted, and take weight for weight, then put the pill in a mortar and beat them an hour or two as you beat them, strow in the Sugar till all be in still continuing beating till it come to paist, then spread it upon a thin plat of thin of what thickness you please, then put it into a warm oven, let them stand till they be dry on one side, than cutt them out in what Fashion you pleas and turn the wet side uppermost till they are quite dry.

To make a Clear Cake

Take apound of Sugar and having dissolved it with a spoonfull of water, sett it on the fire, and boyle it till it comes to Sugar again, then pour in a pint of any Juce of the Fruit that will Gilly, sett it over the fire again, stirring it till it be hott but not boyle, then put in upon silver or glass plates, when they are cold cutt them in what shapes you pleases and lay them on Glasses, scrape Sugar on them and sett them in a Stove, and scrape Sugar on them every day till they be dry.

To make Sack Cream

Take 2 good lemons and grate the pill of & take as much of it as will lye upon 6 groates, put to it the Juce of half a Lemon, take half a pound of fine Sugar, beat it and melt it with a little water, then boyle it till it be candy height, then put in the lemon pill and let it not boyle at all, but take it of; put it upon Pey plates, dropping it according to the bigness that you would have your Cakes to be of, take them of when they are cold and lay them up carefully.

To make a Pith Pudding

Take a good quantity of the pith of Oxen let it lye in water all night to soak out the blood, the next morning strip it out of the skin, beat it with the back of a spoon till it be as fine as pap, you must beat a little rose water with it, then take 3 pints of good thick cream boil it with a nutmegg grated in it, with 3 or 4 Blades
of large mace, a stick of cinnamon, then take half a pound of the best Allmonds Blanched in Rose water they must lye in water all night, then beat them in a mortar with some of the Cream, and when they be very well beaten, strain the cream from the Allmonds into the pith, then beat them still till the cream be drown'd & strain it still to the dish, than take the Yolks of 10 Eggs with the whites of two, beat them very well, and put them into the former ingredients then take one spoonfull of graterd bread, mingle all these togethers with half a pound of white Sugar, and the marrow of 6 or 7 Bones and some salt, so fill your puddings, they will be much the better if you put some muske or ambergrease in them.

To make Carriway Cake Mrs L

Take 4 pound of flower, and a pound and a half of butter half a pound of Carriway Comfitts, a quarter of an pound of loaf Sugar, but first sett your Flower by the Fire to dry and than take your butter and rub into your Flower till it lookes like grater'd bread, then take a pint of Berm & a pint of a Cream, and sett them over the fire till they be blood warme, then putt in your Flower and lett it stand half an hour to rise, then put in your Comfitts and Sugar and make it up to bake in a hoop.

To make Elder Wine Mr. Szch.

Take 20 pound of Malligo Raisins pick't and rubbed but not washed, Shred them, and put to them 9 Gallons of spring water, let them stand 10 days, then strain the liquor thorough a hair Sieve, have in readiness 6 pints of Iuce of Elderberrys, the Berries being boiled in a lug in a kettle of water, like Currans for Ielly; when it is coole put it into the Liquor and stirr it well together, then tunn it into a Vessell and let stand 6 weeks or 2 Months than bottle it.) In 3 weeks or a Months time it will be fitt to drink, but it will keep above a Year.

To make Samphier Pye Ditto

First pick your Samphier very clean from the Knots then lay it in water for 24 Hours, changeing the water 2 or 3 times, Shred it small, then take 2 or 4 Eggs beaten and a little graterd bread, some Sugar, some clouted
creame, Cittern, some Raisins, and Curran, and some Sack, mix all these together with the Samphier & so make the pye.

To Make Vinegar

Take 20 pound of Malligo Raisins Pick and rub them, but noet shred them, and put 10 Gallons of spring water to them, and let them stand 10 Days then tunn it, but you must not strain out the Reasings, then have ready a little Cask to tunn it in and cover it with a Slate, and sett it in the sun in May and let it stand 4 Months in the Sun, then it will be good Vinegar.

To make Slitt Coal Cheese
Lady Shakerty s Receipt

Take new Afterings from the Cow and Serthe into an 40
an Earthen pan, but as little run it as you can so you be enough to turn the milke. when it is come, put it into your Fatts with a spoon as fast as you can, and still as they fall fill fill them up, then turn them, and send them diligently to turn them often, whrense the bottom of your fatt in clean water, and dry them as often as you turn them, and in two days they will leave the fatt. Cover them under and over with Strawberry leaves, this you must be sure to do 10 Trune them over with fresh Leaves. In nine days time they are fitt for eating. before you put on the leaves, sprinkle a little salt on both sides.

To make the Golden Water. Mrs Moo

Take an ounce of spirit of Saffern, one dram of oyle of cloves, one dram of the best sented Alkerms one pound of the double best refin'd Sugar beaten very fine. 2 quarts of good nants Brandy, first put the Sugar into an Earthen pot, that maybe cover'd very close, than put the Saffern, cloves, & Alkermes into the Sugar, and with a Spoon mix them all together, then put in the Brandy stirr it very well al togather (all one way) then cover it very close and then put it into Bottles clear from the settlings, you may put more Brandy to the Settlings which will be good tho not so strong.
If you please add leaf gold to it broken with a little Sugar and put to it in the Bottles.

To make Lemmon Wine

Take to 5 gallons of water 4 pounds and a half of loaf Sugar or ponder and Boyle them well togeth the one hour and scum it as it rises, then put it in a clean vessell till it is cold, then have nine good lemons pill'd and the pulp all bruized very well, then put them in the liquor with all the pill, and put it in a pot or Caske and let it stand 3 days close cover'd, then draw it of, and if it comes not very clear, run it thorough a fine Cloth and clean the Caske and put it in again, and let it stand other 3 days then bottle it, its ready to drink in a weeks times.

To make a seed Cake

Take a pound of fine flower well dryed, 3½ of good loaf Sugar well Cessed, mix them both well togeth, than take 4 pound of fresh Butter well washed, and 36 Eggs leaving out 16 whites, worke the Eggs and Butter well togeth, till the Butter have drank up all the Eggs, it will take up one hour or two in makeing them, put in your Sugar and Flower by degrees, and keep it beating all the while, very well with a wooden spoon, when all is beaten in, put in 6 spoonfull of orange flower water, in which must be stept one ounce of cinnamon stick and taken out again, and for want of orange water take brandy, then put in a quarter of apound of Carriway seed, butter your pen, and put it in as fast as you can but prick to the bottom, and let it stand 3 hours the oven not too hot.

To make Gilly flower wine

Take 3 gallons of water 12½ of best powder Sugar, boyle them an hour togeth and Scum it very well and clean, then take it of the fire, and put it to Coole, than put it in 2 Pecks of Clove gilly flowers Cutt of the whites then put two or three spoonfull Yeast and 4 quarts
of Ranish wine, so let it stand 3 or 4 days, stirring it
3 or 4 times aday, then draw it of from the flowers, put
it in a Vessell fitt to hold it, stop it close and let it stand
three weeks then Bottle it and drink it when you please.

To make Cowslop wine

Take 7 gallons of spring water and 12\textsuperscript{l} of good powder
Sugar or loaf, boyle them together one hour and Scum it
carefully, then take two heapt pecks of pick't flowers
put them into a sweet Vessell that will hold the quantity
of the Liquor, which after the hours boyleing pour upon
the Flowers, Stirr it well and let it stand till its cold
enough for Berm, then take a Crust of brown bread &
toast it hard, then spread it on every side with good
Berm, and stirr it for a day or two while it workes, than
stop it close and let it stand 12 days, then bottle it & it
will be ready to drink in a Month or 5 weeks time

To preserve the great Mussle Plumb
or any other Plumb

43
Take any of these and prick them in 3 or 4 places and scalld
them in fair water till they be very tender, then sett them
a dropping till they be cold, then put them in a preserving
pan with as much Sugar as will Cover them, and so warm
them 4 or 5 times, but let them be cold after every warm=
ing, at the last heating pour them into a Sieve and let
the Syrup run from them, then put in fresh Syrup &
let them het en twice the second Syrup, boyle them 3
whalms and take the Scum cleare of them, then let them
stand till they are cold, and you may pot them all the Year.

To make the Queen of
Hungary water

# Take one gallon of spirit of wine, two pounds and a half
of the tops of rosemary flowers, and the green heads but
not the Leaves then steep them 48 hours and Distill \textit{them} in
a Lymback, you may have 3 quarts or a bottle more of \textit{this}
water leting the water stand 3 days, than take to
every quart of water; half a pound of rosemary flowers
clean pick't without any green, then let them steep 24
hours and Distill them in a Glass, you may have 2 \textit{quarts}
of very good water of this quantity.
2d To make an Orange pudding Mrs W eon

Take the pills of three Candid Orange and mince them very small or pound them, and take the yolks of 12 Eggs and beat them very well, be sure you take the cockstrids from them, then take one pound of fresh butter and beat it very thick, and half a pound of Sugar, and beat it very fine, then mix them all together and make a Sugar paste of flower and Eggs and Sugar & put it on the bottom of the Dish, you must butter the Dish and the bottom, you must cover the Dish with puff paste, half an hour Bakes it.

To hang a Goose

Take a very fatt goose and draw it, let it be very clean within, then take a handful of Bay Salt, and as much white salt, as you think will make it pretty Salt, then take as much Salt Peter as will make it pretty red, then let it lye till you think it is Salt, I think 4 or 5 days is Enough, then take it and rub it all over with Brann, then cover it over with brown paper, and hang it up in the Chimney for about two months, then take it down and Scrape of the Brans and Boyle it with Sprouts as comes out of Cabbidge.

To make a Carrot pudding

# Take 3 or 4 Raw Carrots and grater them very fine than take a penny white loaf and grater it than take 8 or nine Eggs and half whites and near 2 quarts of good milk and a little rose water, and some grated nutmeg and mix them altogether, and butter your Dish at the bottom, you must melt some butter & pour it on the pudding when it is in the oven 3 quarters of an hour will bake it, you may put puff paste about the Rim of the Dish.

To make Sack Pancakes
Take half a pint of Sack & warm it, and a quart of Cream and warm it, and 6 Eggs and warme it well beaten and some butter mellt, and some grater'd Nutmegg, and Cinnamon and rose water two Spoonfull of flower they must fryed without butter, you must rub your pan with Egg Shells and so fry them.

Take make a cold Hash

Take the heart of a red Cabbidge, and mince it as small as you can, then take a piece of lean hang beef & boyle it, & when it is Cold Scrape it with a knife & mix it togethers with Oyle and vinegar and lemon & a little pepper and so serve it.

To make a Gillimofercy x

Take 4 or 5 Salt herrings out of the pickle and mince it very small, take out the bones and take 4 apples & mince them, and take a Couple of Lemons and mince them Pill and all 3 or 4 onions minced, and Pepper Oyles and Vinegar and so Eate it.

To make Cakes

Take 2 quarts of Flower, and a pound of Butter & rub them togethers and a little fine Ginger and 3 quarters of a pound of Currans, a quarter of apound of Sugar a pint of Berm, with a Spoonfull of Cream or two mix them allltogether, bake them but not prick them.

To make Mince Pyes

Take a Neach tongue and mince it very small but it must be pretty well boyled, you must take twice the weight of beef & Suit, mince them very small and mix them togethers, then take twice the weight of Currans, and about a pound of stoned Raisins, Cloves, Mace & Nutmegg Pounded about half an ounce mix them alltogether then put some Stoned Pruins and Apples' mince them as Small as you can, Put some Sack and some vinegar Sugar salt Cittern Candid Lemons this will make up mince Pyes.
To make Cheese Cakes

Take 2 quarts of sweet milk, and 30 Eggs well beaten, when the Milk boils put them to it and let them boil till they be a pretty tender Crud, then hang them up in a Straining Bagg, till all the whey be run out, then take them and put them in a Mortar in about half a pound of Butter Pounded together for an hour or two, then take the yolks of 6 or 8 Eggs, and some Cream, Cinnamon, and half a pound of Currans Mix them all together, and make them up in Puff paste. Jane Winden Receipts End.

To make French bread

Take 4 pound of flour and 5 Eggs beat them very well, and put it into your Flour with a pint

47 of good Berm then take sweet milk and boyle it and let it coole, till it be Luke warme, and so put it so it doth leave them without sticking to 'em, be sure when you put in your milk make it very light and let it stand awhile to rise by the fire, before you

To make Curran Wine P'S

Take 3 pounds of Currans, a pound of Sugar and a quart of water and Squeeze the Currans and Stalks together with the water, and Straine it through the Sieve, then put it up, & it will worke of itself and when it hath done workeing stop it up.

To make Curran Wine M:C

Take red Currans and Squeeze them in your hands Stails and alltogether, then take water and boyle It them very well and let it coole a little then measure your Currans and put to a Gallon of Squeezed Currans two Gallons of water and cover it close, you must let it stand all night then in the morning Straine it out, and Shift it into two or three things leaveing the Settleing still behind, then Tunn it and put 3 1 of powder Sugar to every gallon of Currans & let it stand unstopped 3 or 4 days then stop it close and let it stand a Quarter of a year than you
may rack it into another Caske or Bottle it of, you must put some syrup of Elderberies to Colour it

To make an wine.

Take Currans Strip them and Crush them and to every measure of Currans put 12 l of black cherry & Squeeze them, then put them both in a hair bagg and hang them up, to every Gallon of Liquor put 2 quarts of water and 4 pounds of Sugar and Mix them togather and let it stand 8 or 9 days and then.. put it up, this Receipt hath rather too little Sugar

M:H x To make Cowslopwine

Take to every Gallon of water two pound of loaf Sugar, and boyle it two hours in a pot or pan then take your Cowsllops Cutt them and put them into your water and Sugar that is boyling over the fire & be sure to keep them down with a Slice while they are Boyleing take it of and put it into a Pot and let it stand two days and Strain it through a hair Sieve, and then put it in a Rundlett with a Crust of Bread and Berm Spread on it, let it be close Stopped that no air gett in it, & let it stand two weeks then strain it through a Cloth, and bottle it for to keep all the Year & put a lump of Sugar in Each Bottle.

To make a Sack Possit Mrs W.

Take a pint of Sack and half a pint of Ale and sett them on a chaffing Dish of Coales, and put Sugar to it till it be sweet, and a Blade of Mace, and so let it stand, till it boyles, keep it Stirring, then take 3 pints of thick cream and Sett it over the Fire to boyle, and put Sugar to it, and a Nuttmegg Cut into it, then take it of and put to your Sack the Yolks of 16 Eggs, and one or two whites and Stirr it all togather: till it e as thick as a thick Cordiall, then take your Cream and pour it on and Stirr it all togather for a Quarter of an hour then cover it, and let it stand near an hour, you must be sure that it doth not Boyle after it is Covered but it must be very hott, you must have a Care when you put the Eggs to the Sack that it Cruddles not.
To Die Black

Take 1 Dosen of Stockins, and a pound of Gaulo boyle them two hours, then take them out and put in 4 l of Copperas and boyle them one hour, take them out and Coole them, and put them in againe for half an hour, and if they be not black put a little more Copperas.

To Pickle Mushrooms Mrs T

Take the bottoms and pill them, wash them very clean boyle them in Tin or Silver with water and Salt, then drain them very dry, and place them in a Glass with cloves, mace, pepper and bay leaves and a little Salt than cover them with the best white wine Vinegar, and keep the Pott cover'd with a Blether and Leather.

Paist Royall

Mix a little nutmeg and Cinnamon in two Pound of Flower, and two ounce of Sugar, than rub in half a Pound of Butter, break in two Eggs and make it into Paist with Cherry Sack and Cream and Rub in a pound of Butter more if you think fitt, you may only rub a Pound at first and it will do as well.

White Puff Paist

Rub a quarter of a pound of Butter into two pounds of Flower, then put in the White of 3 Eggs whip them to Snow make it into a Paist with cold water, and Rowle in a Pound of Butter more.

Hartshorne Gilly

Take 2 Gallons of water to a pound of Harts horne, boyle it till it comes to 3 pints, a quart of white wine a pound of double refin'd Sugar, half an ounce of Spice the Juce of 6 Lemmons the whites of 8 Eggs
Ribb in Gathes

Take 4 Calves feet that are clean boyled, take out the great bones, and put them in a pot with ten Quarts of water, 2 ounces of Harts horne, as much Izing Glass a little whole mace, pepper and Cinnamon, and let it boyle till it come to 2 Quarts, then Strain it through a Flannen Bagg, Let it stand till it be Cold, set it

on the fire again, just as it boyles, put in the whites of 6 Eggs a little beaten, Let it boyle a little then Strain it of again, and put in a pint of Sherry, Amber greece, musk, Civitt with fine Sugar, Let it be hott and strain it out again, then run your Colours into Glasses about the thickness of a Crown piece, as fast as one Colour doth Coole run in another Colour blue with Syrup of Violets, the Gilly sometimes by it self. Colour red with Cochineal Green with Juce of Spinidge, Yellow with Saffern, white with Milk.

To Pickle Oysters

Take as much white wine Vinegar and the Liquor of the Oysters as will cover them, then put into the pickle a little Mace Nuttmegg, and Slice it, a little whole pepper and Salt, when the pickle boyles put in the Oysters, let them boyle a little and take them out again till the pickle is Cold, then put them in the Pickle again, and Cover them Close with a Leather

To Pickle Kidney Beans

Gather them before they have Strings, and lay them in water and Salt 9 days, then boyle them tender in water make a pickle of reap vinegar or white wine, some whole Spices, drain them very dry, and pour the vinegar boyling hott upon them, Cover them Close, and let them lye 3 or 4 days, then boyle the Pickle again, in doing so 3 or 4 times they will be very Green, you may do Purslain Stalks the Same way, only let them lye in water and Salt 24 hours.
To pickle Samphier

Pick it and put it into water, with a little Salt 24 hours, take it out, drain it dry, put it in a pot with two Quarts of vinegar, one of water, stop it up close. Set it on the fire, make it just boyle, take it of sett it by till cold, then take out the Samphier, Let the Pickle stand to Settle, then put the clear into the Samphier, make it boylinge hott again, be sure to cover it very close, then take it and sett it by till Cold, then put it in Earthen pots, and Change the Pickle once a month to keep it from Muther.

To Pickle Broom Buds

Gather them dry, driveing out the dust, pick them clean, lay them in a Pot, with a little Salt, then boyle white wine vinegar and pour it on them, and let them stand 3 or 4 days, then boyle it again, then boyle it again. Doso 3 or 4 times, the last time give them a little boyle with vinegar and they will be very green.

To pickle Clove Gilly flowers

Cut the white and lay the red in a pot with a Row of Flowers and a laying of Sugar, so lay it till you have laid it all, then pour white wine vinegar boylinge hott, so keep them, you may pickele up the Flowers you make Syrup if you please.

Paste for a Pasty

Rub 5 l of butter into 14 l of flower, break in 10 or 12 Eggs & make it into a paist with cold water & it is fitt for use.

53

a Carrot Pye

Take Carrots Parrboyle them Pill and Slice them in two then lay a laying of them into your Pye, then strew on a little Mace, Nuttmeeg, Cinnamon, and Salt, then lay on some bread figgs, Yolks of Eggs boyl'd hard and Quarter'd, some Grapes, goosberrys, Cand Lemon or dates a little Sugar, so lay one a top of another, till the Pye is
half a pound of Butter on the top; Lid it and Bake it when it comes out of the oven put in it half a pint of Sack as much Cream

To Stue Oysters

Take 1 quart of Oysters a little of the Liquor a pint of white wine, two Anchovies a Blade or two of Mace a little whole pepper, Salt, the Juce of a Lemon a Bunch of sweet herbs. Let all these Stew togather a quarter of an hour then put in a piece of Fresh butter, Serve then in with Sippits Barberrys abd Lemon pill Sliced

A Marrow Pudding

Cutt of the Crust of a penny Loaf, then Slice the soft very then, and put it in a Skellit with a pint of Creame, let it boyle just up, then break the bread very small and beat 6 Eggs and put in it, Blanch half a pound of Allmonds and beat them in a Stone Mortar, with 3 or 4 Spoonfull of rose water, put in your Cream with a glass of Sack half a Pound of Sugar, as much Currans and half Pound of Candid Lemon and Cittern Sliced Season it with a Quarter of an ounce of Cloves & Mace, 2 ounce of Cinnamon mix all these very well togather, than breake into it a Pound of Marrow and Butter your dish before you put it in.

To Pot Venison

Cutt it in Slices so thick as your hand, Lard it with Bakon as big as your finger, then Season it very high with Nuttmeeg pepper and Salt,then put it in a pot with Slices of Sewet between, then put it in so much butter as will cover it, when it is potted Bake it very tender, when it comes out of the oven Cleare out the Gravy and fill it up with Butter or Beef, you must Clarifie your Butter

A Calves Florendine

Parr Boyle the head & Cutt it in pieces as small as an oyster, Season it with Cloves, Mace, pepper and Salt, put in your dish a little Shalot and two Anchovies some oysters and balls of Forcemeat, a few Slices of
Lemon, half a pint of white wine, as much fair water
Cover it with puff past and bake it.

Artificial Sturgeon

Lay a Torbet in Salt and Vinegar 24 hours then
Rowle it up with a good Store of Salt, Lay it round with
Balls, make your Pickle with two Quarts of Vinegar
one of water, a good handful of herbs, all Sorts of whole
Spice, when the pickle boyles, put in your Fish when
it is boyled Enough take it out, when cold put it in the
same pickle adding more vinegar to it

55

To make Iumbells

To half a pound of Sugar take 1 pound of Flower, 3
Eggs, taking out one white, a spoonfull of rose water,
a quarter of a pound of Butter a little Carriwayseed

An Excellent Cordiall water

Take Angilico Carduus benedictus, Paulo Betony,
Juniper Berries, of Each one handful, of wormwood two
handfull, Mix them and put them in a wide mouth'd bottle
and pour upon them as much Spirit of wine, as will Cover
them an Inch over, Stop the Bottle close, and Digest it so
14 Days then pour of the Spirit and keep it for your use
The Dose is ten or 12 Drops or more if there be occasion
in a Glass of white wine, It is good in all Distempers of
the Stomach against worms and all gripeings and ad=
=mirable against all Infections, It cannot be given Amiss.

A great Cordiall Water

Take Sage, Salendine, Rosemary, Rue, Wormwood,
mugworth Pimpernelle, Dragons, Scabios, agrimundo.
Balm Rosa Solis, Scordium, Carduus Benedict, Centaury
Bettony St Johns Worte, Marygolds of Each one handful
Roots of Gentian, angillico, tormentill, zedory, Pata=
=cides, Peonia, Liquorish of Each 3 quarters of an
ounce, wash the herbs well, and Shake them in a
dry cloth, then shred them small, the Roots must be
Scraped and Shred, then mix all these well togather &
put them into an Earthen pot, and pour upon them 3 or 4 gallons of white wine, Let these stand well Stopped 3 or 4 days, Stirring them once or twice a day, than Distill this with an ordinary Still, with a Gentle Fire keeping the Cover of the Still close with a gentle wet cloth upon it often Rigging it and renewing it with fresh water, Let your Still be well Luted with Rye Flower white of Eggs and Vinegar you may have ended your Distillation in two days and a night and of this Quantity you may have 4 or 5 quarts of water which Divided into 2 or 3 Severall Glasses, the weakest is chiefly for Children, you may use the water on all occasions, where Cordiall is required, and perticularly in Surfitts and to strengthen the Stomach and to Comfort weak persons

To Paist for Tarts or Mrs L
To Mince Pyes

To a Peck of Flower two Pound of Butter when the Liquor boyls, put in the Butter & make the Paist indifferent Stiff.

To make paist for all Sorts of Great Pyes

Take a Peck of Flower 3 yolks of Eggs, when the Liquor boyles, put in two two Pounds of Butter & a quarter of a pound of Clarified Suit then make indifferent Stiff

Puff Paste

To 3 pounds of Flower, 4 Eggs and Save 3 yolks then make it into Paste with cold water, and Rowle it into one Pound of Butter 8 "9" or 10 times and give it a small coat of Flower betwixt every Rowleing.

Paist for a Custard

To 3 Pounds of Flower, 3 yolks of Eggs, then make it very Stiff with Boyling into Paist.
To Season an Egg Pye

Boyle 12 Eggs hard, Shred small with one pound of Marrow, or good beef Suit, Season it with Cinnamon Nutmeg and Sugar, one pound of Currants half a Pound of Raisins, some Rose water with 2 or 3 Spoonfull of Sack with alittle Cream mixt alltogether, and Cover it with puff paist.

To Season Mince Pye

Take Netes tongue and parr boyle it, and Shred it very smalll, with the weight of it in good beef Suit, Season it with Cloves, Mace, Nutmegg, some Sugar with a Glass of Sack and good Store of Currans and some rose water, afew Coriander Seed, some Candid orange and Cittern Shred small, mix allogather and fill the Pye for use.

To Season a Carp Tench Pye

Take a fair large Carp Tench. The Scales wash & dry Season it with pepper Salt and Nuttmegg thene lay in the Pye some Raisins of the Sun Stoned Sprinkle upon it a little vargis, and the luce of two Oranges put it in Butter Close it Bake it.

To season a Hartichoak Pye

Boyle them and take away the Bottoms and Cutt them In Slices, Season them with Cinnamon and Store of Mace Sugar, Rose water, Lemon Pill and Dates shred small fill the Pye.

To Season a Turkey Pye

Take a Turkey and bone it and Stick his Breast with cloves, Season it with pepper, Salt and Mace & Lard, then Season a Duck to put in the Turkeys belly then lay it in the Pye. fill the Corners with force meat balls, put in good Store of butter Close it and bake it
To Season a Chicken

Bruise the bones of some and loynt the rest, season them with Cloves, Mace, Nutmeg & salt, some sweet Marjorum shred very small, some lemon Sliced very thin fill the Pye and Close it when it is baked Dissolve two Anchovies, half a pint of white wine and shellet put it in the pye hott.

To Season a Veal Pye

Cutt the Veal in thin Slices, Season it with a little Salt, cloves, Mace, Nutmeg, and some dry herbs as Pennyroyall, Thyme, Sage. Rub the meat with them and fill the Pye and betwixt every Lay, put in Sliced Lemon, not the Pil. Cloze the Pye with a Dish of butter and Bake it moderately.

To Season a Hare Pye

Parr Boyle the hair & take out the bones, and beat the Flesh in a Mortar with some fatt Bacon or Porke then Soak it in Clarret wine all night, the next day take it out and Season it with pepper, Salt, and Nutmeg, then lay the Chine bone of the Hare in the middle of the Pye, and the flesh about it, Cloze it and Bake it

Orange Pudding

Take a white Loaf Cutt in thin pieces, boyle it in a quart of Cream, then let Close, & take half a pint of Sack and break in it 10 Eggs save out 5 whites, putt in Nutmeg Cinnamon and Mace, some Sugar Six Chiny Oranges, pair them and Beat them in a Mortar with a little Sack strain them into Sack and Eggs, put in a Quarter of a pound of Grater'd Biscake, Mix it with the Creame and bread than fill your Garnish't Dish to Bake.

Cheese Cakes

Take your Cruds and hang them in a Strainer to Let the Whey run from them take 2 Quarts of Cruds 1 quart of Cream a pound of Butter 12 Eggs , one pound and a half
of Currans, Season it with Cinnamon, Nutmeg, and Mace
some Sugar, and a little Sack and Rose water.

Filling for Custards

Take a quart of Cream or new Milk, put to it whole mace

Cinnamon and Nutmeg, then boil it and when it is
Cold put to it 12 yolks of Eggs, and 4 whites and a
little rose water. some sugar and Straine it, hard in your
cofferings and fill them in the Oven.

To Collor Beef

Take a Sirloyn or Flank of beef and bone it and lay
it in pump water as much as will Cover it, put in 4 o3
of Salt peter or Bay Salt 5 or 6 handfuls of white Salt Let
it lye in 3 days, then take it out and Season the Inside of
it with Cloves, Mace, Nutmeg and pepper, a few Corian:
der seed; bind it up very close with a Course tape
Bake it in the same pickle, when it is Baked take it
out, and put it into a Nett; and hang it up to drain
when it is cold Straine it, and put in the Beef so keep
it Cover'd in a coole place for use.

To pickle Cucumbers Elder buds
Ash Keys or purslain stalks
Broom buds.

Gather them in a dry day take 3 quarts of white wine
Vinegar and two quarts of water, put to it an ounce of
whole pepper, as much whole Ginger, a hand full of Salt
Sett it over the fire and put in a hand full of Dill and 12
Bay Leaves, Let it boyle till the Strength of it be gone
then take an Earthen pot and lay in the Bottom a little
green Dill: and some bay Leaves, then put the things in
you Intend to pickle, and put the pickle to them
Scalding hot, then cover them very close with Leather

or a Bladder, three days after cover them with a Slate
and put in two or 3 Spoonfull of sweet Oyle, and that will
keep it without Mudder, keeping them close Cover'd.
To Pickle all Sorts of Flowers

Gather them in a day, take a pint of white wine Vinegar as much water, put to it 3 handfull of Sugar 2 handfull of Salt, Set this over the fire, when it boyls put in the Flowers do but Scalld them and take them out again, so keep them Close Cover'd for use.

√ To Pickle Mushrooms

Take them of a nights growth, pill them upon both sides Boyle them in water & Salt one hour, then lay them out to coole and make pickle for them with white wine, and white wine Vinegar, and Boyle in it whole pepper, cloves, mace, & Salt, when it boyles put them in, and keep it for Use.

To Pickle Oyster

Take a Quart of Oysters fresh Open'd, put to the Liquor half a pint of white wine Vinegar, some whole pepper, or a Blade or two of Mace, and a little whole Ginger, some salt, set them over the fire, Let them Boyle and put in the Oysters Let them have one or more boylings but not too much take them out, and put them in again, when the pickle is cold, so keep them close Cover'd for Use.

Sauce for all Sorts of Roast meats

Take Anchovies, a Glass of Clarret wine, some Nutmegs and a little strong Broth or Gravy shallot, stew these togerther and thicken it, with grater'd white bread.

Sauce for Cods head

Take a pint of white wine, Lemon Sliced, half a pint of Shrimps, a pint of Oysters with the Liquor, 6 Anchovies, a few Barberrys, a little large Mace and Nutmegg let these Stew togethers and thicken it with two pound of Butter, 6 yolks of Eggs, Boyle the Cods head in Salt and water, some Lemon pills, sweet herbs, garnish the Dish with shrimps Oysters and Barberrys.
To Stue Carps

√ Let them bleed at the Lower Fin Stue them in their blood with Clarrit wine, put in Nutmeg, pepper, & Salt, horse Raddish and Sweet herbs, serve it up with butter, 2 Anchovies, some pickled Oysters, some french bread toasted.

Sauce for Land Fowls

Take Sliced onyons with fair water, a little bread Crums, some pepper, Nutmeg, 3 Spoonfull of white wine some Lemon pill minced, then being allmost boyld put in the Juice of Lemon and Orange.

Sauce for red Deer

Take Gravy and sweet herbs shred small and boyld together, or Gravy only with the Juice of Orange and Lemon

To make Strong Broth

Take 12 Quarts of water, 3 knockles of Veal a

63
Hough of beef, two pair of Calves feet, Chickens, and Rappit a faggott of sweet herbs, two onyons, a little large mace and pepper, lemon pill, let this boyld togerther till it come to be 6 Quarts, then Strain them, and they are fitt for all Sauces, and Pottages.

To make French bread

Take 3 pounds and a half of flour, put to it two Eggs, half a pint of Berm, than make it into Dough very tender with Milke and water warm'd, a little butter as much as an Egg, then sett it by the fire to rise an hour, and let your Oven be ready make them in little Loaves and Bake them.

To make Force meat Balls

Take some Veal and Beef Sewet and Chop it very small,
season it with pepper, Cloves and Mace and put to it 2 Eggs
a pint of Flower to bind it, then make it up into Balls and
fry them for Use

To make pottage

To 4 Quarts Strong Broth, put to it 4 Loaves of
French bread, Cutt in Slices, put in 20 force meat
Ball, a little large mace, a Clove or two, a pint of Clarret
wine, some time and Spinidge to make it Stew Green, some
lemon Sliced with the Rue Let these stew togerther
and beat up 4 yolks of Eggs, with a little Sack, put in
the Stew pans and Strain it well together, & dish it up
Garnish with Lemon and force meat Balls.

To make Scotch Scollops

Take a legg of veal and Cutt it in thin Slices, Carbonate on
the sides with the back of a knife, Season it with Cloves
pepper, mace, and Salt, a handfull of sweet herbs shred
small, a hand full of grater'd white bread, fry them indifferent
tender, then drain the butter from them, and put them into a
Stew pan, put in a pint of white wine and a pint of strong
Broth, put in 12 Balls of force meat a Lemon Sliced, 3
Anchouies, 2 Shellots, Let these Stew togerther and beat
up 4 Yolks of Eggs with a little white wine, put all in a
Stew pan and Stir it well togerther, Dish it up, garnish
the Dish with Sliced Lemmon and force meal balls and serve it

To make a Frigasie

Take chickens and Rappits, Cutt them in pieces, Season
it with pepper, Salt, Cloves, Mace and Nuttmegg a
handfull of sweet herbs shred small, a handfull of gra
terd white bread, fry them in sweet butter; Indifferent
tender, then Drain from them; and put them into a Stew
pann, put in a pint of Clarret wine, as much Strong broth
12 Balls of force meat, 3 Anchovies, 2 Shellots, some
lemon Sliced, Stue these togerther and beat up four
Yolks of Eggs with little Clarret wine, put all togerther
and Stirr it well togerther, and Dish it up, garnish the
Dish with force meat balls, Lemon, Orange & Salt.

To make a Cake
Take 3 pounds & a half of Flower, put to it a little salt

65

65

Clove, mace, Nutmegg, rub these in the flower and wett it with two pounds of Butter Dissolv'd, a pint of Cream and half a pint of Berm 10 Eggs, save 3 whites, with a glass of Sack and rose water, work these together, and sett it by the Fire to rise an hour, then worke in 3 Pounds of Currants 4 ounces of Candid Orange & Cittern, half a pound of Sugar, then put in a hoop and Bake it an hour & a Quarter, in a quick Oven then beat up three whites of Eggs with a wisk untill it looks like Snow, Thicken it with two pound of double refin'd Sugar, beat it in by degrees, put in now and then a drop of rose water, then draw the Cake Ize it over and sett it in again to harden.

To Stue Apples

Pare them and Core them and put them in a Stue pan & put to them a little Sider or Fair water, some whole Cinnamon and whole Cloves, some Lemon pill, Shred fine, some Sugar, Stue them over a quick Fire, till they be very thick, To Colour them take Cochincel bruized and tyed up in a Cloth, dipt in fair water, and Strain it on the Apples, to make them Yellow take Saffern, and doe it the same way, to make them green take luce of Spinidge and put to them.

To make a Calves head hash

Parr Boyle it, and take the bones out of one half and Cutt the Flesh in pieces, Lard the Tongue with Bacon or Porke, the root Cut of, and Season it

66

66

with mace, Nuttmegg and Salt, then put it into a Stue pan, put to it a pint of white wine, and a pint of strong Broth, a pint of Oysters with their Liquor, half a pint of Capers, 3 or 4 violets or pimrose Leaves, sweet Marjorum and time shred small Strowe them up on the half head and Gridle it upon the grid Iron, then beat up 5 Yolks of Eggs with a little white wine, put alltogather, with the half head in the middle of your dish, and Garnish the Dish with Lemon Oysters and Capers to serve it in
Irish Tea

Rx Sign: Saneti ʒx Sassafrax ʒx China Serseporill,
of each ʒss Puble Roots ʒss hartshorn raspt ʒii
Mint and Rosemary Flowers about 3 Pugells, Sage
half a handfull, mix them and put as much as you think
fitt to make a potfull of Tea.

Purging Pills for M.T.

Rx Pil: Stomach: gum: Rutfi ℋii Spec: Hica
Pic: ʒii Extrac Gentian ℋii Spec: Diarrhod: Abb ʒs Elix
Propr: gutt x .als: Peruv: q S f Pill 30

good Receipt
To make a Plumb Cake Mr Clay

Put 3 pounds of Flower in a bason, and make a hole
in the midst, beat 10 Yolks of Eggs 3 whites, and halfe:
a pound of sugar well togather, and then put a Gill of
rose water and a Gill of Ale Yest to them, then sett over
a pound of butter, a pint of Creame to melt, then mingle

67
all these togather and Strain them through a napkin
alltogather through into the Flower, then Strowe over half an
Ounce of Mace and a little Flower, and sett it before the
Fire to rise, and whilst it is a risinge, butter your
paper for the bottom and hoop, then take it and worke
it with your hands upward till it leave your hands, mix
it in as you worke it 3 pound of Currrans picked and
half a pound of Raisins picked and Stoned, then have
ready a pretty quick oven, in which let it stand an hour,
in which time prepare the Izing, If you please you
may put in Muske, Amber greece, Suckit, and Cittern it
makes it a very good Cake

To make Cheese Cakes Mrs Iackson

# Take a Gallon of Milke, and sett it as you do for cheese
and wey it very well, and beat the Crud in a Marble
or Stone Mortar, till it be very fine, then put to it half
a pound of Fresh Butter and beat it togerther till it be
well mixed, then beat 5 Eggs and Strain them, and a penny
loaf grater'd, 3 or 4 Spoonfull of rose water, one nutt
megg grater'd, and as much Cream as will make it of a
good thickness, mix all these together, and sweeten it to
your taste with a few Currans, you may Add a quarter
of a pound of Allmonds beaten very fine, with rose
water to keep them from oyleing, and if your bread
be not very good its better to have naple Biscakes
Instead of it, and what ever your crust be, Either t...or
cold butter paist, let it be made either raised in pitty pans
very thin
Either Either either Eith

page 68 || page 69

68

To Tin Sauce pans.

Scoure your pann very clean, then take a piece of
Flannen rowle it very strett about the bigness of a pare
at the End of a stick or take it with a pare of pincers,
Sett your pan on the Fire, and take a little Salt Armo=
=nick a bitt of a pewter Spoon & a bitt of a Candle. when
your pan is hott, put ^ it in and Rub it well with the
Flannen, then turne another side and when it is hott
putt in a bitt more and Rub it, do so till it be all done
you must put but a little in at once because it will soon
be cold.

Plaster for the Tooth ach

Take white masstick Olibinum, Frankincense
Bole Armonick of Each half an ounce, 2 Drams of
Bees wax, as much Turpentine as a great nuttmeegg, just
melt them togather, then pour it out into a little clean
water, and make it up in Rowle like Salve, The use of
this medicine. You must cutt plasters of black silk of a
round Compass to lye upon the bone of the neck or
behind the Ear & spread it with the Salve, lay on both
sides if there be paine.

Another ditto

Take an Ounce of the best beaten Ginger, and temper
it with the white of an Egg, like a pultice, and spread
it on a Cloth, and Apply it to your bone as oft
as you have Occasion.
Another Ditto.

Take a slice of Accarus Roots, in English Gluddin or Gallingull it groweth in water or Marshes, lay it green upon the Tooth or tooke the root of Tormentill.

To Candy Erringos

# Take one pound of smooth Erringo Roots free from Knots then take them and boyle them with Spring water till they will pill, but you must put them in the water when it is cold and cover it close after they are boyl'd pill *them* and take the heart out of them, and so put them into cold water, and Let them stand all night, then take them out and Squeeze them in your hands from the water, then Lay those that are of a Length togather and tye them with abitt of fine thred at one end, then shred them all with a needle upon a thick thred, than tye the thred togather that you may put. your hand ^ in it, than take 3 quarters of a pound of double refin'd Sugar finely bruized putting about a Quarter of it at once in a dish and sett upon a Slow Chorcoale fire, putting a little Spring water and Rose water to Dissolve the sugar when it is Dissolved put them into your Sugar holding the String in your hand, and keep them turning for they must not lye to boyle, when they have taken up all the Sugar then put the rest of the Sugar in at twice with Spring water and rose water as before, the last time the syrup must be thickest, and boyle it Samuell

70. till the Roots be clear, keeping them turning all the while, let the Sugar be Candy height, then take *them* out and lay them upon a Wyer & turn them into what shape you please.

To make Marchmentize

Take 1 pound of sweet Allmonds, and blanch them into cold water; let them stand a while, then take them out & knock them very fine in a Marble mortar, If you find them Oyly put them in a thin white paper and Squeeze the Oyle out, while you knock the Allmonds put a little rose water to them then take 3 quarters of a pound of double refin'd Sugar , knock it and Cess it very fine and put it into the Allmonds, and beat them togather,
and so make Marchmentize of what shape you please
harden them by the fire, wett them with gum dragon &
gild them with Silver and Gold.

To make Plumb Cakes

Take a pound of new butter wash it well with rose
water, put away the water take 6 Eggs and put away
two of their whites, beat them very well, and put them to
the Butter, and with your hand worke them allogather.
take a pound of Flower well dryed, a pound of Sugar, put
them to the Eggs and work them with your hands an
hour and a half or better, then take a pound of Currans
well washed and dryed and Stow them into the butter
and mingle it well togather, butter some tin pans and

fill them half full, Scrape Sugar on the top very thin, be
very carefull in Bakeing them this will make 3 Dosen and
a half of Cakes

To make a Cordiall water.

Take 3 quarts of Sack in an Earthen pot, Steep in it two
handfulls of balm, Spare mint & rosemary, an ounce of Cloves
2 ounces of nutmeggs, 3 ounces of Cinnamon, beat the spices
but not too small, Steep these two nights and a Day in the
Sack, then put it in a still peest very close; save a quart
of the first running it will be strongest, a quart of the
Second and so of the third, then put about two pounds
of Loaf Sugar into the bottles as soon as it is stilled, you
must do it with a gentle fire, you may mix the two
first quarts togather and keep the other apart which
is best for children, keep the Bottle close stopt.

To make Stomach Water.

Take 2 quarts of brandy, put it into an Earthen pot, half
a pound of figs Sliced thin, half a pound of Raisins in
the Sun Crushed, half an Ounce of Annyseeds,
Liquorish Scraped and Sliced thin, Coriander seed
Carriwayseed of Each half an ounce, 2 or 3 handfulls
of damask rose leavues, 1d of Saffern, let them all
lye in the Brandy 40 days, stirring it once aday
then Strain it and put it in Bottles, you must bruize
your Seed, and you may hang a grain of Muske
in a Bagg.
To make Cracknells

Take a Gallon of Flower one pound of butter, 10 Eggs 2 whites, half a pound of Sugar, one Spoonfull of Yest mace or pepper, wett them with Creame very stiff than dish them and boyle them, Prick them and bake them.

To make Surfitt water

Take a gallon of Aqua Vitæ in an Earthen pan, 1 pint of damask rose water, one pound of white Sugar candy beaten a pint of red poppy water, half a pound of Figgs Sliced, a pound and a half of Raisins of the Sun Stoned and Sliced thin, an Ounce of Mace half an Ounce of Nuttmegg Sliced thin, an ounce of Liquorish Sliced, an ounce of Anniseed Cleansed, half a peck of red poppy Leaues, a little hand full of balm and Angilico, let it stand 9 days stirring it twice a day, Straine it and put it in the same pan againe to Settle, the next day bottle and Stop it close, you may put in of Muske & Ambergreece of Each 2 grains

To make Cock pease pottage

Take a legg of beef for strong broth, Cutt into small pieces, and boyled for hours, or any other Strong Broth, then boyle two or three Quarts of Pease by themselves to a pulp with a little piece of bacon to give them a Relish boyld init when the pease and Broth is ready take 2 or

3 handfull of Sorrill Chop't and a handfull of Parcilly and 2 or 3 Leaves of spare mint, and put them into Stue pan with half a pound of Fresh butter & a pint of Strong Broth to prevent the butter going to oyl Stue it for quarter of an hour, with a whole onion or two Shollots, then pour in some of the pulp of the Pease, and some more Strong Broth to make it as thick as you please, and let it stand alltogether a quarter of an hour, put in some slices of white Bread & about a quarter of a pound of Butter & a little pepper Stirred togather and Seasoned with Salt, the Pease must be strain'd thorough
a Calendar, in the Summer put in the pease whole and thicken the pottage with 6 or 7 Yolks of Egge just as the broth is ready to be dished, boyle in the strong Broth, a hand full of sweet herbs or put them in a stew pot shred or Cutt small.

To Ease Womans Travell

# Take of the Iuce of Kermis one Ounce, Syrup of Gilliflowers 2 ounces, Syrup of Rasberrys 2 Ounce. mix them, and let the woman take of this one Spoonfull Every morning fasting, 6 weeks before the Travail of the first Child, and 3 Weeks before the next Child.

To make Birch Wine

Take a gallon of Birch water, one pound and a half of the best Loaf Sugar a little Orange and Lemon pill and a few Cloves, boyle them an hour Scuming it then take it of and when it is coole, work it with a little ale Yest till the Yest begin to settle, then put it into bottles, Corkeing it but gently for 3 or 4 days then pour what comes clear in another bottle and Corke it close up.

To make a great Cake

Take 7 pound of Flower, dry it well before the fire than put into it a pound of white Sugar, with a grain of musk in it, 3 Nuttmeggs and as much mace powder'd, Take a quart and half a pint of Cream, Cutt into it 3 pound of Butter, Let it only be so hott as to melt it, have in readiness 20 Eggs half the whites left out, beat them very well, then put into your Flower. a Quart of Ale Yest & your Eggs, Creame, and Butter, and a quarter of a pint of Sack, with as much rose water, beat these all well together with both your hands, and let it stand while the Oven is heating by the Fire to rise cover'd with a Cloth, when your Oven is hott put in 7 pounds of Currans picked and dryed, and two pound of Raisins Stoned & Shred half a pound of Cittern, while your Oven is sweeping mix these in, and put it into a hoop Bake it 3 hours the Oven must have Soaking heat in it.
Izing for a great Cake

Take 1 pound and a half of double refin'd Sugar beaten and Sifted, the whites of 3 new laid Eggs, a little orange, Flower, water, Musk, and Ambergreece, Strow the Sugar into this and beat it in a stone Mortar, with a wooden pestill till it be white as Snow, which will by that time the Cake is baked, when the Cake has baked 2 hours and a half you must draw it to the mouth of the Oven and drop on the Izing in what Forme you please & let it stand a little to harden.

Levand

To make Vindepiree

Take 18 Standard Quarts of Fresh water, 5 pounds of Malligo Raisins pick't and Cutt, 6 pound of the best powder Sugar, boyle the water & Sugar togather for one hour, when it is ready to be tooke, Squeeze a Lemon into it, and pour the Liquor into a pot to your pro the Fire a month stirring it once a day, and when it begins to Cream about the Slice that you Stirr with; then straine it thorough a Cloth, and put in an Ale pott to wicken, and Cutt a Lemon in Quarters & put it in with 3 or 4 Spoonfull of good Berm and let it quicken and when its Settled bottle it of and cork it, and tye them over with Leather.

To make Wiggs

Take one pound and a half of Flower, half a pound of butter rub'd in it, half a pint of berm and 3 Eggs a little warm water, beat them well togather and sett them before the fire to heave, then take half a pound of powder Sugar and a few Carriway seeds mix them & so make them.

To make Gooseberry Wine

Take 20 Quarts of ripe Gooseberrys clean washed and picked, 17 Quarts of water, boyle your water awhile with a Sprigg of sweet Marjarum in it when it is allmost cold put it to the Goodeberrys being well bruzed, stirr them well and let them stand for 44
hours, strain it and take to Every 3 Quarts of this Liquor
2 pound and a half of powder Sugar, Stop it up close
in an ale pot or Firkin, let it stand half a Year,
bottle it with a Lump of Loaf Sugar in every Bottle
It should be two Year before it be drunk

To make an Orange pudding

Take 1 pound of Sugar finely flower'd 1½ butter
3½i Candid Orange, 2 ounce of Candid Lemon
20 Yolks of Eggs, harden up on a Chaffingdish

To make Ginger bread

Take two pound of Flower and a pound of butter work
it well in your hand, then Crumble it as Small as you
can into your Flower, then take one Ounce of Sugar
one ounce of Carua Seed, one ounce of Coriander Seed &
one ounce of Ginger, Mix them to your Flower and
take two pound of Treakle and mix it in by degrees,
do not work it too much, then rowle it out as you woud
have it and Cutt it with Lay it upon Flower'd
papers so Bake it.

To make Snow

Take 4 Apples and Roast them in the Oven but let them
not be burnt, and take from them the Skins and
Cores, and run them through a hair Sieve, and take
two whites of new beat Eggs and double refin'd Sugar
finely Cessed and beat the Sugar and Eggs togather
very well, then put the Apples to that, and beat it
till it be well mixt and light, you may put ras
berry Ielly or Currans or Marmallett to it instead of
Apples you may put a few drops of 1 water
when you put your Apples in.

To make Ielly of Lemons

Take 4 Lemons and Squeeze them and to Every lemon
4 Spoonfull of water and 1/2½ of double refin'd Sugar

and the whites of three new Laid Eggs, beat them
a little and Stirr them over a fire of Charcoal till they be thick, they must neer boyle, and then strain them through woolen bagg, you must do it in a Silver porringer or else it will be Sower.

To make Ielly of Peppins

Take 20 peppins and pare them into water, then take and Cutt them into Slices, and take half of them over a brisk fire with some of the same water that they lay in, you may put in full 3 pints of water and let it boyle very fast, til the Apples be soft and then mortar strain them thorough a hair Sieve, and then take the other half of the Apples, and put them into the same Liquor that you strained from the other apples, and boyle them very fast till they be soft enough and Straine them thorough a hair Seive, and put to that the Iuce of a Lemon and the same weight of double refin'd Sugar, and one part you may boyle softly for white Ielly, then take one Orange pill that has been Canded o're, else one that you may boyle as if you would preserve it, and Cutt some of it in mortor thin Slices, and boyle in some of the Iuce that you would have of another Colour till it be

79

Ielly and to make the red Ielly take 2d of Cochineal & grind it and put to it a little drop of water, but you must tye the Cochineal in a Muzlin Ragg with a little lump of Allom with it, then Colour your Iuce with it and boyle alittle Lemon pill in it to give it a Taste, let it boyle but a little while to Ielly, and strain tho=rough a Flannen Bagg then must be all straing but that which has the orange in, and that they must put the Orange in to the Glasses and all.

To make Hartshorn Ielly clear

Take half a pound of Hartshorn 1/4 l of Ivory 5 pints of fair Spring water, put all together in a Mugg, and sett it in a pot over the fire with hay and water, and Let it boyle till it be a Ielly, then take it of and run it through a large woolen Bagg two double, then put the Ielly into a pann over a Charcoale fire with Sugar and Rennish to your own pallet and Cover it close, then breake 7 or 8 Eggs and beat the whites and shells in a Bason, beat them till they are in a white Froth, with a Sprigg of
Rosemary, then when your Jelly is hot put in your Eggs and put the juice of two Lemons Squeez'd upon it, and Stirr it about then cover it close and let it boyle up

To make an almond Pudding

Take half a pound of Allmonds and Blanch them putting them into cold water for 5 or 6 hours, then pound them into small in a Stone or marble Mortar, take 10 Eggs, 8 of the whites being taken away, melt one pound of butter takeing both top and bottom of the butter away, about half a pound of powder Sugar, a Custard pot of Cream, beath them all well together, butter the dish well putting puff past around the Dish, but not long before it is put in the Oven

To Pickle red Cabbage

Take a red Cabbage and slice it and put it in a pann of cold water, and Cover it and let it Simmer till it be tender it must not boyle, then take it off & lay it an a board, and Straw Salt on it and let it cool, then take Vinegar and 1 1/2 of redwood with a bitt of Almond knock't to strike a Colour and boyle them in the Vinegar till they be a good Colour, then strain it, and boyle hard Spice in it, but you must not put Salt In the Liquor, and pour it boyling hot into the Pitcher and Cover it close, with your Cabbage pickle you may colour Turnops or Radishes.

To make Ginger wine

Take 28 Quarts of Spring water and 5 1/2 of the best powder Sugar, boyle them well for half an hour, Scum it very well, then put into it 3/4 of an ounce of Ginger or rather more, you must bruize it and it must boyle a little after it, then sett it too cool untill it be the heat of whort then put in four Spoonfull of good Berm, Stirring it once or twice a day then close it up and let it stand 5 days, then bottle it and a Fortnights time you may drink it.
To make Iumballs

Take a pound of dryed flower and a pound of washed butter, breake your butter in pretty big lumps into your Flower, and then beat the white of two Eggs, and put in two Spoonfull of Berm, and Squeeze them all together, then take a little loaf Sugar cessed through a Course hair Sieve, and Rowle them in it as you make them up, and so make them in what shape you please, and Scrape Sugar over them, when they are baked.

To make Allmond Butter

Take two ounces of Allmonds, blanch them and knock them and put to them a Quarter of a pint of water and grind them togather, then Strain them thorough a cloth, then take the Allmonds, and knock them again, and put the same you strain'd out of them to them again, and Strain them again, and so do for 3 or 4 times, then have ready half a pint of Cream mix it with the Milk that comes from the Allmonds, and boyle them togather over the Fire, Sweeten them with double refin'd Sugar according to your Taste, then have ready 4 Spoonfull

82

of Sack, and one of the Iuce of Lemons, sweeten them with a little double refin'd Sugar, putting in alittle of the Sack by degrees, as the Sack boyls up till it be all in, you must boyle it so thick as it seems to be Cracking you must be sure to keep it Stirring all the while, you must put in the Iuce of Lemons just before you take it of the fire, then you must have ready a piece of diaper Cloth double and put the milk out of the pan into Cloth and tye it up, and so let it hang a little distance from the fire till next Morning, then take it out of the Cloth in the Morning and Salver it up.

A Dyet drink for Children

Take Roots Solamons Seal Asparagrass Buchers broome, Male Fern, polipod of the Oak Eringo Licorish Sarsapirila of Each one Ounce Bark of Tamareens and Roots of Capers of Each 3 Drams Cleanse them, and Cutt them small and boyle
them in 3 gallons of Middle wort without hopp
then strain and Coole it, and work it as you do
other drink, when it is put into the Vessell
hang it in a Bagg with the Follwoing Ingrediens
=ents Sinna 3ss Liverworts, Agrimona
Maiden hair, Colts foot, of Each a handfull

83
Anniseed 1/2 an ounce Raisins Stoned 1/2 l put them
in a bagg with a Stone to keep it downe.

To milke of Snail water

Take burreg flowers, Colts foot, Mugwort,
buglase flowers Maden hair of Each two handfulls
Ringo roots half a pound, plantin and Gumfry
flowers, Sallodin, Clove Gilliflowers of Each two
handfulls, Rosemary Flowers 1 Quart, pinks two
handfulls, barbary bark, Liverwort, harts tounng
& single wall, flowers of the wall, Arkangle
Flowers of Each two handfull, Cowslop Flowers
and Agrimony one handfull, a large peck of snails
Earthworms slitt and wash't 3 l Deats, Dock roots
raisins of the Sun Ston'd English Liquorish of
Each half a pound, red rose leaves sparrowgrass
2 handfulls of Each Disstill all the Aforesaid
things in two Gallons and a half of new milk from
a red Cow.

To make Mary gold Wine

Take 1 Gallon of water 2 l of Sugar and boyle it
half an hour, Scumm it as long as any will rise
or white Stuff will come of it, take it of the fire
and put it Abroad to Cool, and when it is cold set
it as you do your Ale for working, Take one

page 84 || page 85

84
the Cowslop & Mary gold is
all one way
Spoonfull of the Syrup of Citern or Lemons &
four Spoonfull of Yest and mix it together, and put
into it two Quarts of Mary golds bruized in a Mortar
and let it work togather till the next day, then strain
it out into a Vessell, and when it hath done working
stop it up close and let it stand 3 or 4 weeks then
bottle it up it will keep two years of you please
To make Black berry wine

Let your Black berrys be gather'd in a dry Season and to one pound of them, pour one Quart of boyling water, let them stand 12 hours, then draw of the Liquor, and to Every Quart of Liquor put half a pound of powder Sugar, be sure you Crush your black berrys before you pour on the boyling water when the Sugar is very well Dissolved, put all into a barrell, but dont stop up the Vent hole till you Discern it has done working, you may keep it after you have stop't the Vent a Quarter or half a Year; and then bottle it up with a little lump of Sugar If you think requisites

To make a Sego Pudding

Take a Quarter of a pound of Sego and wash it in 3 or 4 waters and sett it on the fire with three Gallons of water, and when it is boyled to a red

85
Gilly, and pretty thick then take it up when you think it is Enough and sett it to cool, and when it is cold shred a lemon Rhine; and mix to it a pint of Cream and two Ounces of Candid Orange and one of Lemon cut in thin slices 2d of rose water and 2d of Orange flower water, half a Quarter of a pound of Biscake knock't small, one large Nutmegg grater'd 9 ounce of Iordan Allmonds and Cutt in Slices, and sweeten it to your taste and put in some salt, take 6 or 7 large Eggs, take out half of the whites and mix all these in the Gelly and if you think it not think Enough you may put in a little cream, but make it not too stiff then butter the dish bottom and pour it in a Quarter of an hour will bake it, and Against you draw it have ready for Sauce water, Sugar, and Butter

To make Braggot

Take 10 Gallons best wort 6 pouder Sugar 3i white Ginger 1/2 Cloves 3i Nutmeggs 3i Cinnamon alittle orris shav'd boyle these in 3 Quarts of water about half an hour, when it is Cold Tunn it up with your Ale.
To make Birch water Wine

Take 6 Gallons birch water, 12 l powder Sugar

and boyle them togerher a little above an hour, and Scumm it well as long as any white arises, and when it is all most cold put to it a little bagg with two Nuttmegs Slitt and two Races of white Ginger scrap't and Slic't a little Mace and Cinnamon broke, a Rhine of a Lemon and when it is new milk warm put to it 8 or 10 Spoonfull of good new Berm and let it work 3 or 40 days Stirr it twice a day and then Tunn it up and put in two pound of Loaf Sugar in lumps into your Vessell, then close it and let it be 3 Months before you bottle it and when you bottle it put into Each bottle a lump of Refin'd Sugar. you may drink it in a Month.

To make a Ginger bread Cake.

Take a pound of Flower well dryed and half an ounce of ground Ginger or rather more according to your taste and an ounce of Carriway seeds knock't and Sifted, but throw away the Coars for they must not be Sifted too near and 2 or 3 spoon full of brown Sugar, and mix these well all together, then take a pound of Treakle and a quarter of a pound of butter mellted, and take away the dross, and 4 or 5 Spoonfulls of ale made warm, beat these well together with a wooden Slice, & then put in 3 or 4 Spoonfulls of berm, and a little brandy, and Mix your Flower and

87 al togather and beat them very well, and add to it two ounce of blanched of Allmonds, cutting Every Allmond in two, and two ounces of Candid Sucket then butter your hoop or Mugg that you will Bake it in.

Another

Take 1 l of flower 1 1/2 Treakle 1/2 l Butter
213 6 Eggs 1/2 3 Cinnamon 1/2 d of Clove pepper 1/2 d of Carriway Seed 3 2 Ginger 3 2 Allmonds 3 10 1/2 of Citron 3 10 1/2 Orange pill 3 10 1/2 lemon pill 1 1/2 Sugar.
These Receipts following are known
and approv'd to be good

To make an Orange Pudding

Take 6 or 7 large oranges pare of the Rhine, lye them to steep to take of the bitterness, put them into a pann of boyling water boyle them till they be half Enough, shift your water to take out the bitterness, take them out and Rowl them in a boyle or beat them in a Mortar, then take them out and mix them with a pint of Cream, 7 or 8 Eggs taking out half of the whites, beat them with 6d of orange flower water 2 long Biscakes half a pound of Carlified butter ten ounce of Candid

88 Orange finely Shred sweeten it with loaf Sugar to your taste, mix them allogather, and butter the bottom of your dish so bake it with a Border of puff paist about it, against you draw it have Sauce ready of the Iuce of Orange Sugar and Butter to pour on it when it comes

To make paist Iumballs

Take half a pound of fine flower well dryed a Quarter of Starch finely cess't, a pound of loaf Sugar finely cess't 1/4l fresh butter rub it in your Flower and Sugar, Carriway Seeds Nuttnegg and Cinnamon, the white of one or two large Eggs & 2 Yolks make up your paste with a spoonfull of Sack then beat them up with Cream work them well & make it into long lengths, then tye thim in Knots Dridge your paper and bake them in a a slow oven and dry them pretty well

To Collar Eells or Trouts

Lay them to Steep in Vinegar, water, and Salt all night, be sure you lett it be sharp of the Vinegar In the morning take them out and wipe them season them with Nuttnegg mace pepper and salt a little lemon pill. to one part of it lay whole leaves of sweet Marjorum, to another nip a few leaves
of Parcilly, to another strow lemon time, to another
cutt long ranges of lemon Rhine, so roll it up very
hard, and lye up both Ends, rowll it as you do for
your Veal, then boyle it and the same pickle will
serve for this as the Veal

To make a Carrot Pudding

Take 1\textsuperscript{d} or 1 1/2\textsuperscript{d} worth of the Yellowest Carrots you can get
boyle them till they be tender then take them up and
Rowle them, and grater in a little old bread 2 long
Biscakes a pint of thick Cream, mix to it 2\textsuperscript{d} of
rose water 1\textsuperscript{d} of Cinnamon 1 Lemon pill shred fine
3/4\textsuperscript{l} of Clarified butter 3 ounce of Allmonds Sliced &
7 or 8 Eggs taking out some of the whites, sweeten
it with Sugar to your taste, as much milk as will
make it of aright Stiffness. Mix all these together
and let them stand an hour, butter the bottom of your
dish and bake it with a paste about it

To make a Frigazie of Chickens

Take your Chickens Cutt them in pieces Hack them
and Stew them in water and Salt till they be pretty
tender, pour your Broth from them and fry them
in Butter, and Order your sauce for them as you
do for Rabbitts, and so you may keep them for
your use

To make Friqasie of Chickens another way

Take 6 midling Chickens flay them, and Cutt them in
Quarters, hack them with the back of a Cleaver, then
sett on as much water as will cover them, and when it
boyles, put it in and a Bunch of sweet herbs, most
sweet Margerum and onyon stuck with Mace and
Cloves, a little salt but not too much, when you
think they are Enough that the Broth is boiled away
put in as much as will make your Sauce, take them
up and Spread them abroad and grater a little Nuttmeegg
then take the yolk of Eggs and do them over with a
feather and fry them a little brown, sett on your
broth to make Sauce, and when it boyles thicken it with #
a little flower, put in an anchovie and a few oysters
cutt in thin Slices and a little pickle or Cockle pickle
whether you have, a little white wine and a handfull
of Mushrooms shred, a little lemon pill Shred, when you
think they are well boyled togeather put in a pint of
thick Cream to make your Sauce look white, shred in
a little Mace, and thicken in half a pound of Butter
then put in again your Chickens and Sauce and balls
and Shake them all well togeather, Serve it up with
Sipits and Slices of Lemon, and Oysters on the top
of the water, and so garnish your Dish, for

91
your balls take 2 or 3 Eggs hard boyled, sweet breads
and a little scrap't Veal, take out 2 or 3 of your whites
put to it as much Suet Shred as will make it light
enough then mix them togeather, and take one or two
whites of raw Eggs and old grater'd bread, a few Capers
shred a little lemon pill, some mace, nuttmegg and Salt
make them up into balls, and fry them a little brown
then take them out of your Butter and Stew them with your
Meat and Sauce not forgetting to take out your
herbs and onyon to keep it

To make a French Ragg

Take a large breast of Veal, take out the bones
and most of the skins, Scurce it up round then stop it
and for the Stopping take a sweet bread or two that
is parboyled and shred them very fine, mix them
to a little lemon pill and two anchovies 1d of Capers
a little Nuttmegg and Mace, some Mushrooms
Cockles and pickled Oysters, shred fine beef suet
and Seasoned, mix all these Ingredients togeather
and Stuff the thick of your Veal, then take a
pound or a pound and a half of Lean Scrape it from
the Skin, and to one part beef take two parts
Suet finely Stred, then mix as much Nuttmegg
Mace Cloves pepper and Salt, a little lemon pill

92
two raw Eggs old grater'd bread, Mix a few
savory herbs finely shred, mix all these Ingredients
together, Rowll old bread and four hard Eggs Yolks
boyled, fried in butter while they be Crisp then
take 6 or 7 Sheep tongues and Rowll them while
they be Blanch't, rowll them untill they be tender
slitt them down the middle, season them and rub
them over with an Eggs Yolk, setts them before the fire to broyle, then parboyle 5 or 6 sweet breads and Cleave them, rub then over as you did the other Take 2 or 3 Calves brains parboyle them and bruze them, when they are Cold mix to it 3 Eggs old grater'd bread, a little lemon pill a little seasoning the same you season'd the balls with a few Savory hers a little sage mix all these together = gather, and when you think they are light melt some butter in a pann, drop them in and fry them till they be brown, when they are ready have the large Stewing pan that your breast of veal may lye in, then dish up your meat & lye your meat in the middle of the dish, Stick your tongues that is boyled and Cakes of brains and Eggs that is Cutt in halves, and lye puff paist Sipits about and Slices of Lemon and

93 whole pickled oysters, pour your Sauce upon the top of your meat and garnish your Dish with pickels and Serve it up.

To Collar a Pigg

Take him, dress him Cutt of his head, and Cutt him into four Quarters and when you have boned him lay him to steep in blue milk and water, then take it out and lye it to steep in clear blue milk all night. In the morning take him out and lay him to drain wipe it with a cloth than Season it, sprinkle it over with a little Salt on both sides then season your Quarters with Nuttmegg Mace pepper and Salt, one Quarter lay on sweet Margerum leaves and another lay on lemon thyme and a little parcely leaves togather, to the third Quarter parcily leaves only, to the last Quarter lay some rosemary leaves or a little bay, when they have lay'n in Seasoning about an hour or two, then rowl them and sprinkle your cloths over with Salt, sow up your cloths close and tye them up at both Ends, than rowl them very hard with broad tape, than have a pann with boyling water and salt and a little Alligor, boyle them till you see the cloths shrink, than take up the cloths and Rowl them harder, and tye them close at both Ends and put them in again put to it a blade Mace 2 or 3 cloves

94 two or three whole peppers and a little salt and make it
as you woud have it of a right sharpness with vinegar a spri gg of sweet Margerum boyled in the pickele when you think these has had a sharp boyle or two let it lye in the pickele in the cloths till it be cold, than take of the Cloths and put into a Streight mouth'd pot, pour your pickele and take of the Fatt, and you must boyle your head in a Cloth, and if you would have your pigg more for Colour than taste, boyle it in milke and water, and keep it in blue milk & shift it once in two days so keep it for your Use.

To Collar Neats Tongues

Take large tongues and Cutt the Root of pretty close and lay them to steep all night in water In the morning salt them with a little salt peter and salt as much as will strike it, then blanch your tounge as you do for Roasting then Cleave your tounge down the middle the broad way and make them to rowl in two Rowls. If you think they be not strucken Enough you may let them lye all night the next day wash it of and season it with the same seasoning you did the pigg than Cutt lemon in long ranges, and lay them on over thwart and when they are taken of the seasoning, you may rowl up with that in it, and so boyle it and make the same Pickle you did for the Pigg.

To Collar a flank Pie se of Beef.

Take it, bone it and skin it salt it with a little salt peter, then let it lye two or three days till it be struck red, than pour all the Brine from it, put to it as much Clarret as will Cover it, then take it out and Season it with Nuttmegg, mace, Cloves, pepper & salt, you may Either Season it with Savory herbs, or Lemon pill without savory herbs, lye your Lemon in Slices, or if you will you may lay in a few whole Margerom Leaves, or you may rowl it without them then rowl it and lye it up Close with tape as you do for Veal or Bake it in an Oven in a pott so may keep it for your Use.

To make puff paist

Take a pound of flower finely Cess'd one pound of butter
wrought like wax 5 whites of Eggs beat to froth
in a little water nip a little of your butter in the
Flower, then pour in your Eggs and make up the
paist, work it well and dust on Flower, then
Cutt it out Square, butter your paste and

To order your Apples for puffs

Take 12 or 14 large apples, pare them and Cutt them
into Quarters, and put them into boyleing water and
let them boyle very fast, then take them up when
they are soft enough, bruize them very well and divide
them into four parts, then sett over the fire a pound &
a half of Sugar, put to it a Jill of water, beat
the white of an Egg and put it in, and Clarifie your
syrup very well, than take up 3 or 4 Spoonfull
for the white, than divide your Syrup into three parts
then put one part of your Syrup into the pan, and
one part of your Apples, and put in a little saffern
water as it boyles as much as will make it a good
colour like Apricock, when you have Scummed it well
put in in 1 d of Cinnamon broken in pieces, when it is
half boyled put in some lemon pill finely Shred &
some Juce of Lemon, boyle it till it be very Stiff then
take it up, then put in another part of your apples
and another part of your Syrup and some of the apple
water, then mix a little Gumbage and water and a
little powder blue, when you have made them green
with that keep Scimming them till they be Clear than
put in as much Cinnamon as you do unto the other
and when it is allmost boyled Enough, put in some

Lemon pill, and make it pretty sharp with the luce of
Lemon, but you must dust dry your powder blue and Cess
it through a Muzlin Ragg or Else it will be greety
when it is boyled stiff Enough, pour it out and make
your pan ready for the red, then put in your other two
parts of your apples and Sugar, and a little water and
as much Cochineal as will make the Colour deep
enough, when it is boyled and Scummed as the other put
in the same Quantity of Cinnamon and than put in your
lemon pill as before when it is Stiff Enough and Cold
put in 2 d of rosewater or 2 d of orange flower water
divided amongst them all.
To order your Cochineal

Take your Cochineal, bruize and mix to it a little rock Allom and a little loaf Sugar, and tye it up in a bitt of Muzlin and lay it to steep in water 2 or 3 days before you Use it, for Apricock Colour take a little Saffern and tye it up in a bitt of Muzlin and lay it to steep in Water, for Green you must take a little Gumbuge and Steep it and mix it to your blue, If you woud have a deep greene put more blue

To make a pasty Paist

Take betwixt a Quarter and half a peck of fine Flower to two pound of butter lay it in cold water all night to harden and in the Morning work it out the salt, then take your Flower and rub the butter into the Flower, take 7 Egg whites and beat them to a froth, put in 3 Yolks, beat them very well, then Knead up your paste in the mean Season. Take a Loyn of Mutton bone it, strow a little pepper on it, lett it lye an hour, then make up your Pasty. In the mean^ time Season with pepper and Salt, lay long ranges of Butter over.

To make Chees=cakes

Take a quart of Cream, and a pint of new Milk sett it in a clean Scoured pann, then take 8 Egg Yolks 4 whittes take out the stream, beat your Eggs very well with 2 or 3 Spoonfull of Cream, and put them into your milk when it is cold. then sett it on a quick fire and keep it with Stirring till you see the Crud breake, then put in the middle of it a spoonfull of Vinegar but not too much for making your Curd hard, when you think the Wey is well parted, pour it into a Cloth, tye it up and hang it up to drain untill the Whey be drained from it, then take it down while it is warm and Rowll in it 3 quarters of a pound of Fresh butter as you rowll it Season it with a little Nuttmegg & Cinnamon when your Crud is throughly cold divide it into two parts, into one part put a Quarter of a pound of
Allmonds that is Blanch'd and shred a little suet, two pennyworth of orange flower water, and a pint of cream Sweetened to your taste, then take two long Biscakes grater'd and dryed and divide it into 3 parts put two parts of it into the Crud that hath Allmonds in. Then breake 7 Eggs taking out all the whites and the Streames, and beat them very well and put two parts of the Eggs to the Allmonds, mix all these well togethers an hour or two before you fill them, to the other part of your Crud mix $\frac{1}{2}$ or $\frac{3}{4}$ of Currans as your like it of fullness, and the other part of your biscakes and Eggs and as much Cream as you think will make it of a right Stiffness to lye on Lidds or to bake it on Tinns and a little Sack, and sweeten it with Sugar to your taste and put into Either of them a little Salt.

How to make or Stew Apples red

Errata

Pare your Apples and Cutt them at both Ends and bore a hole through them with a punch, and throw them into water as you do them, then have Gills of water 3 quarters of a pound of Loaf Sugar and boyle with it a Stick or two of Cinnamon, when you have boyled and Scimmed it till it be Clear put in 5 or 6 Middle Sized Apples and Let it boyle at the first as fast as you Can and keep them with turning that they breake not, then take 4d of Cochineal that is bruized, a little bitt of rock Allom and a little fine Sugar then tye it up in a bitt of Muzlin and boyle it in your Syrup and a piece of Lemon pill but do not boyle your apples too much at the first but Stoave them over the fire 2 or 3 times a day then Cover them up and let them stand all night in the morning take out, the Cinnamon, sometimes in the boyling take your apples out, & boyle and Scum your Syrup, then put in a Quarter of a pound of Loaf Sugar and a little Rose water and $\frac{3}{2}$ of Candid orange or Lemon Cutt in thin Slices, then when your Syrup begins to grow thick, then put in your apples and let them have a Stew and let them Stand in the Syrup till you dish them up.

To make a Garth Cake.
Take four pound of fine flower well dryed at the fire and Cold, shred a lemon Rhine, one pound and a Quarter of loaf Sugar, then take a quarter of an Ounce of Mace 2 Nutmegggs, one Ounce of Cinnamon as many Cloves as you think Convenient a little white Ginger, thanearipe one pound and a half of butter, betwixt a Gill & a pint of Cream and sett it over the fire again, than take 10 Eggs taking out four of the whites beat them very well with 4d of orange flower water a lill of Sack then mix to it a pint of Cream, barm half of it Errata to your Seasoning the other half unto your flower then mix your butter, milk and Eggs alltogether, let not your milk be too hott. Then make a hole in the middle of your Flower and sett it to the fire to rise and when it is risen, mix it with your hand and as you mix it Strow in half a pound of Currans that is washed dryed & picked 2 3 of Candid orange 2 3 of Candid Lemon 2 of Cittern in lumps sometimes, for a Change you may mix in an Ounce or two of Allmonds or dates, but over many makes your Cake sad, when you drawe it Ize it before the fire for it will make it look whiter.

To make your Izeing

Take 6 whites of Eggs and beat them as you would do for Lemon drops, and so let them stand till the Oyle part from them, and put to them 3 quarts. of double refin'd Sugar 2 or 3 drops of Orange flower water beat them very well, than take a Wood cock wing & sett your Cake before the fire when you have done it over once let it dry and then do it a pretty thickness and lay over it a paper or two to keep it from bawwning

page 102 || page 103

102.

To make a Gravy Soop

Take a good legg of beef wash it very well a neck of Mutton and any off all meat you leave, sett it on all night to boyle, and let it boyle till it be all mash't, then run it thorough a hair Sieve, be Sure you don't let it boyle too much away, then have a good deal of lean beef, and beat it well with a rowling
pin to mash it, then have a large frying pan with half a pound of Butter or ii and let it brown, at twice drop in your beef, and fill not your pan too full, let it be in the butter till it be brown, till all the butter be dried up, then take your strong Broth and put them into a pan, with a Bunch of Savory herbs 2 onyons, some whole pepper, and salt, then rub it with the Ladle back till all the Brown be gone into the Gravie, and when all the Goodness is gone out of the beef thorough a Cullinder, then sett it on the other butter and do in like manner till you have gather'd as much as two dishes will hold, sett it by all night: in the morning take of the top and bottom, then sett a pot over the fire, and put in the other Broth to it to make as much as will make a good dish, and if you think you have too much Strong broth, save some of it to make gravy Sauce, you must take it out before

103 you mix the other to it; then sett your Broth on a slow fire, grater a good deal of old bread, and dry it at the fire, and when it is dry put in the Soop to Err. a thickin it, have 2 or 3 space of veal parboyle them pretty tender, when they are Cold Slice them thin and Cutt them into little pieces, and put them in. If you think the Soop be not thick Enough, yo9u may take a little Clarret and fine Flower, mix them togather and put; them into it, and be sure it be not too thick, for that is as ill as if it were too thin, Slice some Mace Nuttmeg and Anchovie, take out the bone, and Season it well to your taste, then have Savory balls fryed a little before you dish it up, put them in, let them not be too soft, make them not too big, nor too strong of herbs, bet well tasted of the herbs and Seasoning, Cutt some old bread in Squares, fry them not to burn take them out and put them in the Soop, before you send it up there's a thing that's most proper for soop but it is hard to gett, the name of it is Parmon Ielly) there is 3 Sorts of it the one is broad and Curled like Izeing Glass the 2d long and small scall'd it till it be tender, and take them out, and put them into your Soop, If you have them not you must take bread as aforesaid. To order your Butter

104 Have Mutton or Veal finely shred and Scapt like Sausage meat, to one part meat put two parts Suet mix them well togather, then grater a little bread, and mix to it some Eggs, a few savory herbs, season it with
pepper, and salt, Nutmeg, mace, and Cloves so make them up for your Use. To Garnish your dish, Sett on some hogs lard and let it be Scalding hott, and put in some green parcilly, till it be Crisp, than take some Box and dip in it till the Leaves arise then dip in some more box, and dip it in Yolks of Eggs & sprinkle some salt over it, and let it be Crisp in the Lard, make little Fritters and dip them, your Fritter must be made with milk Flower and Eggs alittle Nutmeg and Salt, Garnish dish with shred Parcilly and Balls

To draw Gravy for Gravy Sauce

Take two Pound of Buttock beef cutt in thin slices & beat it with a Rowling pin to mash, take a quarter of a pound of Butter or rather more sett it over the fire in a frying pan, let it brown, then drop in your beef fill not your pan too full, then let it stew in the butter on one Side before you turn it when it is brown turn the other side, then let it Stew untill all the Butter be dryed up, then have something strong made

105

of bitts of meate, when it is Strong, put it to the beef with a Bunch of Savory herbs, and an onyon Stuck with cloves and Mace, and alittle whole pepper and Salt, then with the back of a Ladle rub of the brownness into it, and thicken it with a little bitt of Flower, when you think the goodness is come out of your beef run it thorough a hair Sieve, then do so by another panfull or as much as you design to drain, let it stand all night, next morning take the fatt of the top of it then clear it from the Settlings, then sett it on again with a bitt of Lemon pill & an Anchovie a bitt or two of Mace and let it boyle well, and then put it into a pott and keep it for your Use If you would make the Sauce for a Turkey that is forced you must mix to it a little Clarrett, An onyon, An Anchovy. To make a Savory hair Sauce take some of the Gravy mix to it some Clarrett mix in the body of the hair some Savory herbs An onyon when it is Enough take it out and shred it mix some Clarrett and some Lemon, you may use this Gravy with thickened butter or to any other Sauce

To Stew a Carp
Take a large Carp, and dress it, Stuff in the Body a few Cloves and Mace, Set on the pan and

Put in a Quart of Clarrett and a Iill of Water 2 large bay leaves and a little lemon pill, sweet Margerum a little lemon Thyme and a piece of Onyon, when your Carp is allmost Enough take it up, Cover it Close by the fire, then thicken your Sauce, but be sure you do not make it too light, shred a few Mushro^ems and a few large Oysters, and a little Oyster Liquor, shred a little Mace and Nutmeg thickned in a Lump of your butter, shake them well to gather, then put in your Carp and let it heat throughly, then dish it up and let your Sauce be warm, and pour it on the top, Garnish your dish with pickled oysters Cockles and pickled Mushrooms, a little Lemon, and a few green pickles so dish it up hott.

To make a French Pallateen

Take a large young Turkey or a Capon, and take the Carcass out whole, and the Gutts, then Cleave it straight down the back, and Levill the leggs and the breast to make it flatt, or you may bone a less fowl to lye in the neather part of it, then lay it in a tin dripping pan, and mix with it as much vinegar, and a little salt as will Cover it, than let them stand all night. In the morning take them out and wipe them on a Cloth, then Season it with Nutmeg Mace pepper and Salt, and lay ranges of lemon pill before you Season it, rubb it over with a little Oyster pickle with a Feather then Season it. Than shred a few Capers and Sprinkle over them, then take a large Neats toungue that lies in pickle that's pretty red, and boyle it till it be allmost fitt for eating Either Cutt it in Slices or Scrape a hole in the middle of it as you can put a piece of a Calves in them, take a piece of the Straightest of the Grizley of a Calf Foot, but you must season your Turkey with the same Seasoning you did for the meat, then Rowl it up hard and tye it up at both Ends with a Cloth, as you do for the Collaring of a breast of veal, then take 4 or 5 fowls bone them and take out the Gutts, then season them with Mace Nutmegg pepper and Salt, and a little sweet Margorum
and Lemon Thyme, and when it has layn in the seasoning half an hour, rub it over with a little Oyster pickle, then turn your Fowl, Parrboyle 2 or 3 sweet breads with a little lemon pill, and put on the Breast some whole pickled Oysters and sow up Errata the neck of them and tye them up: & Plump them with two Scures, then sett on some water and salt with a little Alligor and boyle them till they be allmost Enough, then take them up, and Lean the breast downward, and lay on the breast any

Ranges of Lemon pill, then have 3 Ducks, wild ones and roast them till they be half Enough and very brown then take them up and Stew them in a pan, that they can, lye flatt on with the breast downward, and put to it as much Broth and brown Gravy, Clarrett and Anchovie and Onion as you think will Cover them and Stew them well togather, and when it is well tasted of the Onions take it out before it be too Strong then sett on a pan that your Chickens and Pullets can lye flatt in then sett on a pan with a little veal Broth and a piece of An Anchovie and a little blue milk, and when it boyles put in your Chickens with the breast downward and when they have boyled a Quarter of an hour put in a piece of lemon pill, and a little Oyster pickle and a blade or two of Mace, and a few Mushrooms shred, and when you think they are Enough put in a little white wine and when it boyles thicken it with a little butter & dust in a little flower and when it is boyled well, Mix to it your Sauce that your Chickens were Stewed in and mix as much thick Cream as will make it white Enough then dish up your Rowl and lay your Pallat ε round about, and put your brown Sauce into little dishes, and lay your fowls about your Pallats

then pour on your white Sauce, and brown Sauce into little dishes before you dish them up, lay whole pickled Oysters upon your Fowls and Stick amongst them Fritters and a little lemon pill, then Garnish your dish with Fritters and some of your balls. To make your Fritters take 3 Eggs and a little Milk then mix to it as much fine flower as will make it as thick as Pan=Cake Batter then put into it a little Nuttmegg and a little lemon pill, then have a pound or 1/2 l of hoggs Lard in a pan and when it is scalding hott, do as you do for Fritter of Apples, then put in a Spoonfull at once, then drop them and Sett them before the fire to keep hott as you do Others, and when you have dropped the
half of your batter then put in a little parsley. To order your balls take 2 or 3 sweet breads, parboyle them, and one part beef Suet & 2 parts meat finely shred then Season your Meat with a little pepper and Salt & Lemon pill, Nutmeg & Mace then fry your balls till they be a little brown forgetting not to parboyle your sweet breads and dip them in Egg, frye them & Serve them up.

To make a green pease Soup

Take Young Pease, Boyle them as you do for Buttering, when they are boyled take some of them up whole, and the rest pulp thorough a hair Sieve then take a large Neck of Mutton, and Chop it all to Mash, and sett it on to make Broth, when all the good is come out, Strain the Broth from the Meat, and take of all the fatt, then mix the Broth to the Pulp of your pease, then sett it over the fire to stew, and when it hath had a boyle or two then take Spinage and Lettice and a little parsley, Rowl them in a bowl, then Squeeze as much of the Iuce of it as will make it green Enough, then sett on a pan when it boyles put in a few Young Spinidge leaves and Lettice leaves and put it into the water, when it boyles put them in and lett them have a sharp boyle, or two, then take them up and drain them from the water, If you think it be not thick Enough mix a little Flower to a little water or Broth, and mix it to to make it Ioyne, be sure you make it not too thick, as it boyles put in the green pease that you left out, and thicken in a little Lump. of Butter, but put not in too much for taking of the Colour of the green, forgett not to put in two or three green Spriggs of Mint, and Salt it to your taste, then dish it up with a Crust of French bread, broke in Lumps as you Serve it to the table. In Lent you may make it of green dried pease, Boyle them as you do the white and pulp them thorough a Sieve, pulp them over night, mix a little Mace, Salt, sweet Margerom and a little dried mint, Mix them to your pulp over night in the Morning sett it over the fire with a little Mutton broth, then gett all Sorts of mild herbs, and Strain
as much of the Iuce as you Can to make it green
if you think it be too thick still, you must
put in a little Flower and water, if too thick
a little water, then Scald a few herbs, and put
them in as you did before, and put in a little
Cream and a little butter, but not to make it look
white, then you must fry some old bread Crisp
in butter, and drain it from the butter, then put
it into your Soop, and make it taste pretty
well of the Salt and of the mint, so serve it
up hott. If you be for them that keep Lent
you must mix a little water, and white wine or
old March bear Instead of Broth mix to it
your pulp

To Pot beef like Venison

Take 8 pound of buttock beef, skin it and
slash it, then take two ounce of black pepper

and knock it not too small, then Season your beef
very well with it, let it lye in the Seasoning 2
days and turn it once or twice a day, as it lyes on the
third day in the morning, wash all the pepper of it
with a Course Cloth, then Season it with pepper and salt
as you woud do for Eating, then at night send it to
the Oven with 2 pound and a half of butter or 3\frac{1}{2} as
your Butter is of goodness, tye it up and let it
stand in the Oven all night, and Bake it pretty
tender, In the Morning pour the Butter from
them and press it between two Trenchers, till all
the gravy be press't out, then put it in a wooden
Bason and breake it with your hands or Chop it.
when it is pretty small, pour a little of your butter
that is on the top of your Gravie amongst it.
Then rub your pot you design to lay them on
round with the Butter, then put in half of your
beef, than Sprinkle in a little of your butter then
put in the other part of your Meat, then press
it Close down with your hand, and pour your butter
on the top, and Scum it with a Feather and Sett
it in a place where it will not Shake.
To make a Dish of Puffings

Bone your Chickens a hole, and take the bones and Gutts out, then Season your Chickens, with Nutmeg, Mace, Pepper, and Salt, a lemon pill a few savory herbs, let them lye in Seasoning two hours then have a good deal of parcyll a little lemon pill shred them very fine, Divide them into so many parts as you have fowls, then put them in at the Neck, and lay them toward the back part for fear of making them black, then tye the neck up with a threed and plump them up with a Scure, then have in readiness a pan with some water, boyling Alliger & Salt, when you think they are Plump't take them up then have a Stew pan that they can lye Even in then have some Strong Broth and a little blue Milk when it boyles Skim it well and put in an Anchovie, and lay the breast downward, when you think they are allmost stewed Enough turn them, boyle in it a piece of lemon pill a blade or two of Mace, and as they boyle thicken in a little fine Flower, and keep them with Scuming when you think they are allmost Enough put in a little white wine, a little Oyster

Cockle Pickle, and whole oysters, then thicken in some butter and a little Cream, then take a piece of a legg of Veal, and shred it very fine, and put to it as much beef suet, as you think will make it fatt Enough but you must not make it so fatt as you do for balls a handfull of Capers and 2 Anchovies, a little Old grater'd bread, a little lemon pill. 2 Raw Eggs & beat all these in a Mortar togather very well, then make it into a great thick Rowl as thick as your arm, and then fry it till it be Brown, then make it into little balls and Lay your Puffings in the Middle of your dish than Cutt your Rowls in Slices, and lay on the top Slices of Lemon pill and whole pickled Oysters than lay them on the top & garnish your Dish with Pickles & Oysters so Serve it up

To Make a Marrow Pudding

Take a large old penny loaf, grater out all the Crum, then take the Inside of the Crust, Slice it thin, and sett it over the fire with a pint of Cream, a quarter
of a pound of butter, let it Stew till it be very thick
when it is Stiff and the Lumps Dissolved take it
of, and take twelue Eggs, taking out 4 or 5 of
the whites, beat them very well with Some salt

115
Mix to the Crum, half a pound of Raisins of the Sun
Stoned & Cutt in halves, Mix in three ounce of Jordan
Allmonds Cutt in thin Slices, and put in two long biskakes
two ounce of Candied Lemon, 2 ounce of Candied orange
Cutt in Slices 3 quarters of a pound of Marrow half shred &
half Cutt in Slices, one pennyworth of Cinnamon finely
Cessed, some Sack or gooseberry wine, sweeten it with
fine Sugar to your taste Mix all these together and
butter the bottom of your dish, and put it in, and Bake it
with a Border of puff paist, Serve it up hot, forget
not to put in a little French bread that is old Cutt
in Slices. to the bread that was Stewed over the fire
besure to Mix as much Cream and New Milk as will
make it of a right Stiffness

To make a Marrow Pudding another way

Take a little old French bread Cutt in thin Slices
dip it in Sack, and lay on Marrow in the bottom of
the dish, and lay on some Slices of bread and some Slices
of Candied Lemon and Candied orange and Cittern on the
top, then lay on the Marrow on the top and more
candid Lemon and Cittern, Continue so doing 4 or 5
times, then send it to the oven, and against the
Erra Marrow be well Dissolved, have a Custard to
pour on, boyle your Cream very well and when
it is Cold, boyle some Milk, Nutmeg, lemon

116
and a little Cinnamon in the Stick, a blade or two
of Mace, when it is well tasted of the Seasoning
take it out against your Milk be Cold, beat as many
Eggs as will make it Stiff with Sack or orange
flower water, when it is Cold Mix your Eggs to it &
Slice in two ounces of Jordan Allmonds

{ To make a Gooseberry pudding of }
Bottled Gooseberries or green ones }

Coddle your Berrys untill they be soft, when they
are Cold rub them thorough a hair Seive, than rub
the pulp thorough and let it stand till it be Cold. then
Take 6 Eggs taking out two of the whites, beat them well and mix them with a little gooseberry wine one ill and a half of thick Cream, then mix your pulp or Gooseberrys well with the Cream, If you have a pint of pulp, you may put in a Quarter of a Pound of 3 ounce of Biscake, and Sweeten it with loaf Sugar to your taste, 2 or 3 Spoonfull of Clarified butter, and beat it for an hour, butter your Dish, and put it in and bake it. Against you draw it make Sauce for it of Gooseberry wine Sugar and Butter

To Make Shrewsbury Cakes

Take 2 Pound of flower 1 pound of Sugar 1 pound & a Quarter of Butter 2 pennyworth of rose water three whites of Eggs 2 Yolks, rub the Butter into the Flower, and leave some of the Flower to dust with, knock a Nutmeg with your Sugar

To Make Saffern Biscakes

Take one pound and a Quarter of fine Flower, half a pound of Sugar, a lemon quartered, a little Nutmeg 2 pennyworth of Saffern, three whites of Eggs two Yolks, when you Sett them in the Oven, do them over with the white of an Egg, and beat it to a froth and dust on your Sugar as you sett them in forgett not to put in 6 Ounce of Butter.

To Make Biskett Cakes

In Tinns

Take 5 Eggs Yolks one white and a piece, put to them 3 Spoonfull of rose water, beat them well togather and take out the head, then put in 9 ounce of Sugar and beat them togather, till it be white as Cream then grater in a piece of Lemon put in by degrees, half a pound of Flower, and when you have put in all your Flower, put in three or four Spoonfull of Clarified butter, and beat it very well, then butter Tinns that is Low ones and fill them but half full, and as you Sett them into the Oven dust on Sugar.
To make Sugar Cakes in Tinns

Take a pound of London Flower, rubb into it three Quarters of a pound of butter, three Quarters of a pound of Sugar & 2 ounce, a little Nutmeg in your Flower then take four whites of Eggs, 6 Yolks beat them with a good pennyworth of rose water, then mix up your paste, and beat it very well till you think all the Butter is mixed in. then butter low Tinns or Cardes and dust over Sugar as you sett them into the Oven

To make little Gingerbread Cakes.

One pound and a half of Treakle 2 pennyworth of Cinnamon 1/2d of Jamaica pepper, 1d of Carriway seed and Corianders, beat all these and Cess an ounce of Ginger, you may put in Ginger to your taste, half a pound of Sugar dried, and half a pound of butter Clarified, and allmost cold, a little Brandy. Mix all these togethers, then stirr in as much dryed flower as will make it a Stiff paist, you may dry 3l of flower and take what you need, then make it in little Cakes or all in one to Slice

To make Gingerbread in Tinns

To a pound and a half of Treakle, put half an ounce of Cinnamon and 1/2d of Clove pepper 1/2l of Sugar 1/2d of Carriway Seeds & 1/2d of Coriander Seeds 5 Egg Yolks three whites half a pound and two ounce of Clarified butter, a little Sack 2 ounce of Orange and Lemon together, and half an ounce of Cittern, and as much Ginger as you think Convenient for the taste, some=times and ounce or o½ 1 1/2, as you like the taste Mix all these togethers very well, then Stirr in a pound of Flower that is dryed at the Fire, and cold, but when you dry your flower, you must sett a pound and a half to dry, than divide it into 3 parts and take two parts, and take two parts of it and some of the other you may rubb out the pann with beat it very well for half an hour, then fill your Tinns about half full, and when you have filled about half of it, Then put in 2 ounce of Allmonds shred
small in the other part, and put in Another Egg, and
Mix it well, and fill them and Cake them asoon
as you can fill them

To Make Cittern Cakes

Take 2 pound of butter without Salt, two pound
of Flower well dryed and Cold. 16 Eggs taking
out half the whites and the treads. put to them a Spoonfull
of rose water or orange water, beat your Eggs with it
very well, then put in your Butter, but you must work
it well from the butter milk, then work in all your
butter, till all most the Eggs is taken into the butter
Then put in two Spoonfull of Sack and a little
shred Mace, and half of a Nutmegg knock't in
your Sugar and Cessed, then breake your Sugar
and put it in, with the butter, with your hands then
put in your Flower by degrees till all the butter be
dissolved, when you have put in all your Flower, take
out your hand, and beat it with a slice, and when
you have beated it about half an hour, divide it into
two parts, to the one you must put 3 ounce of Iordan
Allmonds Sliced and shred, but they must be Steeped
in cold water all night, to the other part about
an ounce and a half of green Cittern, but it must
be very thin, and in little pieces, then fill your
Tinns, and butter them, but fill them about
half full

Make a Carraway Cake in a Garth or Tinn

Take 18 Eggs take out half of the whites and stream
and beat them, then have two pound of butter, work
out the butter Milk and Salt, and then put to it a
little rose water, wash your butter very well, then
take out the butter and mix it with your Eggs, till
all the Eggs be taken up to the butter, then mix in
about 1\textsuperscript{d} of Brandy or a Spoonfull or two of Sack
grater into your Eggs a Lemon Rhine; then put in
by degrees a Spoonfull at a time 2 pound of flower
and a pound and a half of Sugar that is dryed at the
fire and Cold, and when you have mixed it very
well with your hand, take a Slice and beat it
very well for half an hour, till all Look white
then mix to it a few Seeds a Quarter or 6 ounce of Smooth perfumed Carriway Comfits, and some Citern Cutt in Slices, and Candid Orange, then beat it well and butter your Garth, and bake it in a good Soken oven.

To Make Allmond Iumballs

Take a Quarter of a pound of Iordan Allmonds and Steep them in water all night, then blanch them and beat them with a Spoonfull of Gum dragon, steeped to a thin lilly with rose water, and when you have beat them to a fine paste, take them up and mix them to a pound and a Quarter of double refin'd Sugar, beat the whites of three Eggs to a Froth with a little rose water, when you have whicked them to a Froth, let them stand a little, that the Oily part may Settle, then take as much of the Froth as will make into a right Stiffness to Squirt them on white paper, and bake them in a Slow Oven.

To Make Lemon drops

Take a pound Loaf Sugar, beat it and Cess it very fine, and take the Rhine of one Lemon & shred it very fine, and put it into your Sugar, take the whites of three Eggs and whisk it to a froth then let it stand till the Oyle be parted, then Mix your Sugar with some of your froth, Squeeze in some of your Lemon Iuce to your taste, then beat it for half an hour, then drop them upon papers and dry your papers before you drop them. If you would have them yellow you must take 1d of Gumbuge and Steep it in rose water allnight then mix it to some of your paste and beat it very well, put a little dry Sugar, and mix the white and yellow togetheryour fansye, and bake them in a slow Oven.
To make Sturgeon of a Turkey

Take a large Turkey that is very fleshy, bone it whole and a large hen, or Capon, and 2 or 3 Claves feet and boyle the feet about half Enough, then take the best part of them and rub them Over with Sturgeon pickle, and as so the Inside of the Fowls, and let them be so for an hour, then take a pint of 3 Gills of vinegar, and mix with it a little Salt, and then lay the fowls in it with the breast downwards on a Clean deep dish, or in a dripping pan all night, In the Morning take them out and fling a little Salt on them, and rub them all with Sturgeon pickle very well, then lay the Calves feet towards the middle of the fowls, but you must lay the small Ends of the Fowls towards the Middle, and lett the breasts lye towards Either End, then tye them up in a Cloth round, and lap them on around lap or tye them in Bassis like Sturgeon, then have pan that will hold them well, when the water boyles put in a little Salt, and that they was steeped in all night, and boyle it till you think it be enough, then take it up and harden the Cloths and let it stand in that it was boyled in till it be cold, then take it out, and put it in Sturgeon pickle if the Sturgeon pickle be thick and good, and if you have not Enough of it, you must sett on some white wine, or half white wine, and a little old March Bear, and so when it boyles, put in the pickle, and let them have a sharp boyle or two, then take it out, and let it stand till it be Cold, then put in the Fowl, and keep it Cover'd, It's better to have Sturgeon Pickle.

O my Dear To my

To make a Carriway Cake

Take 3 Pound of fine Flower dryed at the fire & let it stand till it be Cold, and rub in it 3 Quarters of a pound of butter, then Mix into it half a pound of Loaf Sugar Sess't a little Salt, 8 Eggs taking out half of the whites, and take out all the Streams, and Mix to your Eggs 3 or 4d of Orange flower water, alittle Mace that is knock't Nutt= =megg and Cinnamon, and a little Glass of Sack, 6 or 7 Spoonfull of new Ale Yest that is Strong
then take a pint of Cream, and a Quarter of
a pound of butter melt in the Milk and let

125
your Cream be no hotter then new Milk, when you
mix it to your Eggs, mix your Berm and Milk togerther
Mix it to the Flowe, and sett it to the fire not
forgetting to grater a Nuttmegg into your Flower
when you think your oven is ready, and it is well
risen take it from the fire, and mix in it a pound &
a Quarter of Carriway Comfitts, Candid Lemon
Cittorn and orange, and Mix all these togather
butter your Tinn bake it, and so keep it

To make a Garth Cake

Take 4 pound of fine Flower well dryed at the
fire, when cold, shred a Lemon Rhine, one pound
and a Quarter of Loaf Sugar, and then take a Quarter of
an ounce of Mace 2 Nutmeggs and a Quarter of
an ounce of Cinnamon, and as many Cloves as you
think Convenient, a little white Ginger, then
Clarifie one pound and a half of Butter and
betwixt a Gill and a pint of Cream and sett it over
the fire again, then take ten Eggs, taking it
two of the whites, beat them well with 4d of
Orange flower water, and a Gill of Sack, then mix
to it a pint of berm, half of it to your Seasoning
the other half to your Flower, then Mix your
butter, Eggs and milk alltogather, let not your milk

be too hot, then make a hole in the middle of your
flower, and set it to the fire to rise, and when it is
well risen, mix it with your hand, and as you mix it,
Strow in 1 pound of Currans, that is washed dryed &
picked, 2 ounce of Candid orange, 2 ounce of
Candid Lemon and Citron in Lumps, sometimes for
change you mix in an ounce or more of Allmonds
or dates, but over many makes your Cake sad, when
you draw it, Ize it before the ffire, for it will make
it Look whiter
James Ion

To Make a Citron Pudding
Take 6 Eggs, take out the streans, and beat them very well and mix two or three Spoonful of Sack half a pound of Loaf Sugar, finely Cessed, and $1/2$ of butter finely Clarified, and wrought in your hands till it be Stiff like honey, and a $1$ of Citron Cutt W in thin Slices or little pieces in beat in a Mortar to a pulp, two ounce and a half of long Biskett dryed and rowled very fine, beat all these well togerther with your hand, for half an hour, then butter your dish and bake it with a paste about it.

To Make a Lemon pudding

127
Take large Lemons, pare them and boyle them till they be tender take them up and beat them in a Mortar or Marble, and drop in a little Gumbuge, being Steeped in a little Cream, and mix 3 or 4d of Lemon water $1/2$ of Clarified butter, 2 ounce of Candid Lemone Cutt in thin Slices: knock in a Mortar a Quarter of a pound of Biskett very well and is dry'd at the fire, & as much loaf Sugar as will make it sweet Enough 6 or 7 large Eggs taking out half of the whites and as much thick Cream as you think will make it of a right Stiffness, and if you woud have it taste Sharp of Lemon you must mix it to your pulp and Biskett, and mix the Cream in last for fear you should it, then Mix all these well for a Quarter of an hour, then butter your dish and bake it with a Border of puff paist

To Make a Sego Pudding

Take 2 ounce of Sego wash it in 2 or 3 waters & Sett it on to boyle in a pint of Water, and when you think it is boyled Enough take it up and Sett it to Cool, then mix into it half a pound of Lemon Rhine shred, and grater in it half of a Nuttmegg, then Mix 2 oz of Iordan Allmonds blanched and sliced, three Ounce of Biskett dryed and knock't small alittle rose water and about a lill of Cream then take 6 Eggs taking out 2 of the Whites and beat them very well, Mix
all these together, butter your dish and bake it with a Border of puff pastry

To Stew Pigeons

Take Young Pigeons, and Clean them from the blood, and Stuff the Bodys of them with a few savory herbs, Lemon pill Nutmeg Mace pepper & salt, and tye the Neck up with a thred, and Sett them on to Stew in Strong Broth, with the breast downwards, with Lemon pill and a few Mushroom, slice some Nutmeg, Salt it to your taste, Mix in a little white wine and flower, and make them not too thick, when your pigeons are Enough thicken some Butter, then put your Sauce to it and so dish it up

To make a Frigazie of Rabbitts

Take 3 Couple of Rabbits, and Clean them well from the blood, Cutt 'em to pieces and hack them with a knife, Sett them on with a good deal of water, Let them boyle with a few Savory herbs, a little Lemon pill, a little Shallot & an Anchovy, some shred Nutmeggs, and 3 Egg Yolks, thicken in a Quarter of apound of butter & Mix it with your Sauce, and shake it well together over the fire and so dish them up with Sipits about, and garnish your dish with green Sipits Lemons and Salt. If you would have your Sauce look brown, have some brown Gravy as you do for Soop, a pint of Cleared Oyster Liquor, the same Ingredients as the Other only in the wine and Broth. forgett not to fry your Rabbitts when you take them out of the Butter, before you put them into the Sauce

To Make a Frigasie of Rabbits. another way

Take your Rabbits and wash them lightly and Cutt them in pieces, then Season them with Savory herbs Nutmegg pepper and Salt, and
fry them in Butter till they be brown then
take 'em out of the Butter, and put them in
a little Strong Broth, and Clarret and An

129
130
Anchovy a few Capers and Lemon pills, and a
little Oyster Liquor, and thicken in a little
Butter, and Shake them together, and so Serve
them up

Note that those Receipts
which have this Mark Opposite
to them In the Margent are
known & Approv'd to be as good as
any now Extant

Dorothy
they all give thie r Service

131

To Make Cowslip Wine

Take to every Gallon of Water 3 pound of Sugar boil it very well for 1/2 an hour
then let Your Cowslips be pickt & beaten in a Stone Mortar & pour the
Water hott upon 'em To six Gallons of Water take 3 pecks of pickt Cowslips
let 'em stand all Night in an earthen pott the next Morning strain it
& put in One quart of Sack & as much white wine & Make 3 great toasts
of Brown bread & spread them on both sides with Ale Yeast put them into the
Liquor & let it work two days & One Night then tun it up & let it stand a
Month then bottle it
When You put in the toasts you must squeeze
in the Juice of 8 Lemons & put in the Rines
You may Clarifye it
with the whites of six Eggs.

To Make a Comport

Take 12 Chickens or Pigeons and Truss 'em as for Boyling fill
'em with Forct Meat (or you may do 'em with out) fry 'em a gentle
brown then Make some Gravey with White wine a little Lemon pill
and a little mace and let them Stew in it untill they be tender
You must have a peece of Bacon boyled very tender take of the
Lard stick it with Cloves and broyle it thick ...
To Make Elder Wine

Take 20lb of Malago raisons 20 Quarts of Spring Water boil the raisons are rubb'd & chopt small, pour the Water on them hott, stir them twice a day let them stand 10 days. then squeeze the raisons out 
& put it 3 quarts of the Juice of Elder & barrell is up. let it stand 2 Months then bottle it up - It will keep the longer if you make a thin Syrup of the Juice.

To Pickle Walnuts

Take green Walnuts run them all thro' the Middle with a forke lay them in Salt & water let them lye 3 or 4 days then shift them into fresh Salt & water & let them lye 3 or 4 days longer - Then take them out rub them with a Cloth & put them in fair Water without Salt & scald them over a slow fire, don't let them boyle For Your Pickle good sharp Aligar or Vinegar with whole pepper & Mace When ti's cold put in some bruised Mustard Seed & some whole Cloves of Garlick then put in Your Walnuts.

...
To make Wine of Rosasolas

Take 20li of rasins chop them and put them into a clean earthen Vessel Boil a Kettle of Conduit water 3 quarters of an hour then put a Quart of water to every pound of Rasins cover it down close stir it well every day 10 days togetheer then strain it out clean and fill a vessel with the Liquor. put in a pound of fine Sugar, Stop the vessel close and let it stand nine weeks: Then boyle 2 or 3 penneworth of Iseeinglass and put it into the vessel stirring it well togetheer Then Stop it up close and let it stand 3 weeks Then bottle it You must keep out a quart of the wine to boil the Iseeinglass in

135

To make Carrott Pudding

Take half a pound of grated bread and as much grated Carrott 4 Eggs beaten well & half a nutt and little Salt, 2 Spoonfull of Sack and 2 of Sugar A quarter of a pound of Melted Butter and i Spoonfull of fflower

To preserve Rasberrys whole

Take a pound of Rasberrys and a quarter of a pint of Iuce of Currons put a pound and a quarter of Sugar Sett them on the fire and Boyle them as fast as you Can keep them Covered and it will keep them from growing hard, att first lay a layer of Sugar & a Layer of Rasberrys letting them meet gently at first before you Cover them, do not Scum nor take them of the fire till they be enough Tis thought a Silver Tankerd is best to do this in and putt half a pound at a time.
I putt White rasberrys amongst them and amongst the Currons

How to pickle Oysters

Take the largest oysters you can get save the liquor and strain it ad thereto some white wine and white wine vinegar, a little salt lett them lye togeather a little while Then put in some mace whole cloves pepper a little ginger sliced a quarter of a nutmeg with a few bay leaves when the liquor is almost boyled enough put in your oysters and plump them then lay them out to cool putt them in a pott or Barrell and when the liquor is cold pour it over them & keep them from the air.

Another way to pickle them

When you have opened your oysters put them in a pan set it over the fire and when it boyles skim it very well and after a good boyle take out your oysters put in a good quantity of mace cloves and white pepper a little salt a little white ginger sliced a pint of white a pint of white or more according to the liquor you have when tis cold you may put in your oysters and keep them as long as you please

How to pickle pigeons

Bone your pigeons put them into warm milk lett them lye 3 or 4 houre then lay them in a dry Cloth sew up the vents with the leg holes and wing holes with a ffine needle and thred Then take time marjoram Savoury parsly Lemmon pill a little of each shred them very small add thereto a little cloves mace Nutmeg pepper and Salt mix all these togeather and put half a spoonfull into every pigeon then sew or tye up the neck very Close boyle them in white wine and water with a little Salt and vinegar with sweet Herbs and that will doe for a pickle if you keep them long you must have fresh pickle and when tis Cold put in your pigeon they will keep a fortnight.

To pickle Mushrooms

Take your mushroome and pill them throw them into salt and water once or twice then hang them over the fire with a bunch of sweet herbs shift your water once or twice then hang them over the
fire with a bunch of herbs and a little water Cloves mace Nutmeg and a little salt let them boyle a quarter of an hour then put them into a Cullender take some white wine & vinegar Cloves Mace and little of the vinegar Liquor with a few herbs boyle these togeather and when cold put it to your Mushrooms the next day run them over with rendered suet and you may keep them a year.

How to pickle Cucumbers

When your Cucumbers are small gather them in a dry day put them into a pott of Salt and water lett them stand 7 days then shift them into fresh water and Salt lett them stand 7 days and after that shift them and lett them stand 8 and besure to keep them with skimming every day then drain them from the salt and water putt them into a pott that will cover very Close with some vinegar salt and a peice of Almond and let them boyle Slowly over a fire look at them often and when they are of a good green take them out and Stop them very Close in a pitcher Then boyle the pickle again with a little more salt and some topps of dill and when tis Cold putt it to your Cucumbers then lett them Stand open and if your pickle begin to Speck boyle it and when tis Cold put it to them again

How to pickle Cabbage

The night before you use it cut of the hard from the Cabbage pretty thin and in little peices putt it into vinegar with Cloves mace and ginger and it will eat as well as if it had been longer in pickle

How to pickle Sampire

Pick it Clean, wash it, lay upon deall boards to dry when tis very sey lay it upon a Lare of Vine leaves att the bottom of a pott then a lare of dill then another of Sampire So to the top of the pott then fill it up with Cold vinegar hang it over the fire a quarter hight lett it simmer o're the fire and when the topps begin to slip tis enough so take it out and lay it in lares in a pipkin so put your pickle to it. Cover it with pewter When tis Cold uncover it

How to pickle turneps

Take them and pare them cut them in thin Slices then
put them into a pot take some white wine Vinegar and other Vinegar boyle it with Cloves mace Nutmeg pepper and Ginger when they have boyled them a little put them to the turneps and they will keep a long time if you would have them red put them in Clove or Eldar Vinegar or if blue put them only in white Wine Vinegar and they will keep as well as the other.

How to pickle salletting green

Put your Salletting into a pot with a little salt let them stand 2 or 3 months if you please. And when you have a mind to green them put them in a stew pan with a little salt water and allow cover them very close on the fire when

139
The begin to boyle take them and set them to coole then hang it over again and continue so doing till they be green to your mind. Then make a pickle of Vinegar Cloves mace ginger and whole pepper boyle it and when tis Cold put it to your salletting let the pickle Cover it or twill not keep. Tye down the pot Close with a paper.

How to pickle Collyflower

Cut it and wash it in warme water then put it into an Earthen pot put to it boyleing water cover it Close when tis Cold put in more so continue doing till it be tender. Then drain it well from the water and make a pickle for it of Vinegar whole pepper mace Cloves and a little Salt boyle all these pretty well together when tis Cold put them together in a pot the pickle must Cover them.

How to keep kidney beans to boyl in Winter

To ke
Take your beans and string them then break them as you do to boyle put them into an Earthen pot and lay a layer of Salt and a layer of Beans so do till your pot be full then Cover them Close with a board made fitt for your pot set them in a cool place and when you boyle them shift them into several Waters or they will be too Salt.
How to keep Barberrys

Take and put them into a pipkin and lay a Lare of Barberrys and a Lare of Salt so do till your pott be full then pour in as much small beer as you think will keep them so tye them down Close,

To make Westphalia Bacon

Take a young pig for pork feed him fat with paste made of flower then take the gammons from the fore quarters salt them with Bay salt then hang them to smoak a quarter of a year it must not hang to hot when you think tis dry enough rap it in hay Boyle it in Spring water till you can run a Straw into it.

To make Westphalia Ham of Mutton

Take an hinder quarter of Mutton Cutt out hot round of the bones of the loyne then take 2 ounces of Salt peter beat it very fyne and rub it all over very well lett it lye 2 or 3 days and 2 nights then take as much brown sugar as ordinary salt rub it all over very well If it be a great ham lett it lye a month if a small one 8 weeks Flap the Liquor often over it and at the end of the time hang it up all night to draine then take gunpowder beaten and Steep it in Vinegar rub it all over very well then drain it and hang it in the smoak a month to dry.

To keep Bacon from Reesting

Take few or none of the bones out of your flitches Salt them with 2 or 3 ounces of Salt peter 2 drams of Nitre 2 pound of Bay Salt at 2 days end Cover them all over with salt after they have lain a Considerable time hang them up.

To make Scotch Collops
Take a leg or shoulder of Veal cutt it in thin Slices hack it well on both sides then take some Lemon Time Chop it very small grate a nutmeg & add a Little Salt mix these togeather and therewith rub both sides of the meat Then take a little fresh butter and fry it Take the yolks of 8 eggs and the whites of 4 beat them very well and strain them then put to them a pint of sweet Cream and stir them togeather when your meat is enough pour these upon it shake it till it be very thick so tis done.

To Make a Goose Pye

Bone your Goose splitt it down the back take out the breast bone break the Wings and the thighbone & Carbonade the Inside of the breast season it with one ounce of White pepper and some Salt For the paste take one peck of fflower 2 pound of butter lay some in the bottom of the pye then fill it and bake it 5 hours or thereabouts.

To Make a Collar of Beef

Take the thin end of the double round, bone it and season it with bay Salt Cloves Mace pepper and a Nutmeg roll it up hard and bind it with a ffillit let it lye 44 hours then Bake it in an Iron pott put some butter on the Top of the Meat Then Cover it with Barly paste, Lett your Oven be made very hot bake it 4 hours

If you intend to keep it put it in to another pott when tis Cold Cover it wth melted butter and twill keep a fortnight.

To Stew Eles

Cut your Eles in Short peices set them to Stew in as much wine and water as will Cover them then take Cives pennyrial Time and Savoury chopped small with a blade of mace when they are enough put in good Store of Butter and shake it up.

To stew a Hare

Case her Chop her in peices in her blood unwashed put her into a pan with a quart or more of ale one
onyon one Anchovis a sufficient quantity of pepper
and Salt half a pound of Butter lett it stew softly,
twill take better than 2 hours Stewing over a Slow
fire.

To rost a Shoulder of Mutton in
the blood.

Take half a penny loaf grated soak it your blood
... Then take sweet herbs as savoury
Time Marjoram an equall quantity of each
shred them _very small with suet put them_ with one egg into your blood with a little
flower to bind itt and a pretty deal of Nutmeg
and some salt shift your mutton in every place
and rub it all over with it then bind it in the Cell
and rub it with blood it will take 3 hours roasting
Then make very strong Anchovis Sauce when roasted cut
of the Cell froth it up and send it in.

143

Onyon an apple some fat Bacon shred there very small
then putt in one nutmeg one Anchovis the Crumbs of
half a penny Loaf as much butter as is as big as
an egg all put togetheer mixt like past and so stuff
the hinder parts of the Hare & fill it and what is left
put into the belly Bast it with milk till it be allmost
rosted then drudge it and baste it with butter and when

page 144 || page 145

To make sauce for ffish

Take a little water and put in a peice of ffresh beefe one onyon
with a bunch of sweet herbs let them stew till there be but a
little liquor left then strain it and put _it_ into a little Ale
with an Anchovis and some gravey if you have any and some
oysters srimps and Cockles with a spoonfull of Vinegar and
one Yolk of an egg with some Nutmeg grated cut in some pickles
& shake up thick with butter shakeing in a little flower.

145

To Make a hash of Rabbetts
Cut them in small pieces and lay them in warm water to take out the blood then dry them in a Cloth and put them in a frying pan with a pretty deal of water a bunch of sweet herbs an onion a good piece of butter so let them stew till it be almost enough then put in an Anchovis a handful of grated bread and a little ale shake this up with butter and stew in a handfull of parsley shred small put in a Little salt and some grated Nutmeg beaten up with the Yolk of an egg shake it a pretty while and when the sauce is thick send it in

To make a Friggasy of Rabbetts

When cased and w[h]a shed chop them in Peices put them in a Stew pan with as much water as will Cover them chop small a bunch of Sweet herbs a little pepper and Salt an onion or two a little parsley 2 or 3 Anchovis all shred small put these in when it boyles with a spoon full or two of Vinegar let it boy till you think it be enough thicken it with flower put in a good piece of Butter so tis done.

To make a hash of Mutton or Lamb

Take a Shoulder or leg of either lay it to rost till it be 3 quarters enough then take it up and slice it in peices then put it in a stew pan takeing a pint of Ale a ladle full of Strong broth a spoonfull or two of Vinegar a little pepper

And Salt to your pallet a little parsley 2 or 3 anchovis 2 or three onions shred small or Sliced put these in and let them stew a quarter of an hour take the yolks of 6 and the whites of 3 eggs beat them very well with a little of the liquor put good pieces of butter into your hash then put in your eggs shake it well and serve it up

To Make a dish of Beef Stakes

Cut in thin slices some tender beef hack it on both sides with a knife Then put it into your frying pan with as much Table beer as will stew them with a little pepper some salt one Anchovis lett all these stew togetherr till they be a little more then hot through then they are enough take them out and putt to the Liquor in the pan a Spoonefull or two of Vinegar a peice of Butter
must be putt in the pan to the beef and if you find it is not enough put in more shake in a little flower to thicken it then putt in the meat again and shake it all togeather and sarve it up.

To make an Almond pudding

Take a pound of Almonds Blanch them and beat them very small with Sack or orange flower water boil Cream with a blade of mace and half a Nutmeg when tis boyled take it Clean from the spice then take a quarter of a penny Loaf Grate it and sift it through a Cullender and then putt it in your milk and

147 Lett it stand till it be pretty Coole then put in your Almonds and the Yolks of 6 eggs with salt and Sugar what you think fitt and good store of Beef suet shred very small lay Puff past in your dish and about the edges.

To Make a Quaking Pudding

Take a pint or more of thick Cream and ten eggs putt put in the whites of 3 beat them with 2 spoonfulls of Rose water Mix with your Cream 3 Spoonefulls of flower putt it alltogether & Season it to your pallet.

To make a green Pudding

Take some white bread and Crust it steep it in boyled cream then break it small with a spoon Then put in the Yolks of 5 eggs and 2 whites beat them very well Then shred some time Savoury pennyryall & sweet Marjoram very small and putt them into it and a Nutmeg grated with Sugar and Salt Then stamp some Spinage or Turnep Topps and put the juice in your pudding till you think it green enough Then put in a Little wheat flower to stiffen it and some bitts of Butter Then Boyle itt in a Bag one hour
To make a Carrot pudding

Take a pint of Cream boyle it and steep it in it as much grated Nutmeg bread as you think fitt & grate as much Carratt as will give it a Tast grate in a Nutmeg putt in some small peices of Butter & eggs & 3 whites put in Sugar and Salt Then put it in a pewter dish & bake it

To Make a Chaldron Pudding

When your Chaldron is dressed & boyled Then Chop it very small mix it with as much Cream as you think fitt and half as much grated Bread as meat & some Beet suet 4 eggs and as much Rose water as will give it a Tast grate some Nutmegg put in three spoonfulls of meal to bind it with Currants & Rasons as for another pudding and mix it as thin put in some sugar and Salt with a peice of Butter and stirr it well Butter and drudge with flower the Cloth tis boyled in Itt must boyle as a plumb pudding your Sauce must be sack Sugar and Butter.

To Make white Hoggs Pudding

Take a sufficient Quantity of white bread grate it and Steep it all night in Boyl'd Milk Then take Currants Cloves mace Sugar and nutmeg and mix with the bread with beef suet Chop'd small with a little Salt mix these well togeather so fill your Pudding

To make a cream Cawdle

Take a quart of Strong ale Crust a penny Loaf and Stire it so put it in with a Nutmeg grated boyl it a quarter of an hour keep it with Stirring all the while then sweeten it to your pallett Then put in a pint of thick Cream let it boyl a Little then send it in.

To make a Sack possett

Take the Yolks and whites of 18 eggs put to them three quarterns of a pound of white sugar beat them very well then strain them into a great Bason or a Deep Dish set it over a Chafing dish of Coales then putt in 12 spoonfulls
of sack keep it with stirring half an hour whilst this is on
the fire get 3 quarts of Cream and lett it just boyle
Then Stirr it till it be almost Cold Then pour in the
Cream holding it as high as you Can keeping it with
stirring all the while after that is in lett it stand
Covered Stirring it now and then from the bottom
and sides till you find it as full of Ielly as you
think sufficient and so send it with a Nutmeg
Grated on the Topp.

To Make a Cake

Dry your flower put in Mace & Cloves then take
Cream and melt some Butter in't o're the fire then strain
it in a pretty deal of Stif Barme and some Sack or oringe
Flower Water Beat a pretty many Eggs Then put all these
together and Strain them into the flower and beat it
all together for half an hour or more Then put in your
Fruit and beat it till your oven be ready & put it into
a hoop Two hours bakes it.

To make a very good Cake

Take better then half a peck of fflower a pound of
white Sugar rather better than half an ounce of Mace
a pound and a half of Butter rubbed very fyne
in the meal 4 pound of Currants rubbed very
Clean 8 eggs 4 whites whilst you are beating the
Eggs put in some Sack by degrees whilst you have
put in half a pint and as much ale yeast that is need
Boyl a Pint of good Cream keep it with Stirring
till it be Cold Then mix your Cake with all the things
pretty lythe lay it before the fire to rise and if it be
not lythe enough you must put in but some of
the Cream if you have a mind to Ice it beat the 4
whites that is left Beat Scarce a pound of Loaf Suger
put it in by degrees and keep beating till the Cake Come
from the Oven Then rub it all over whilst your Cake is
hot twill take 3 hours bakeing

To Make Fine Cakes

Take a pound of fflower and as much Sugar
well dryed beaten and Sifted mix it well with
half an ounce of Cloves & mace then take a pound of Currants well washed Clean pick'd and dryed and as much fresh Butter work it with your hands till it be as soft as past Then pour a little Oringe flower water upon it Then straw in a handfull of the flower and Sugar and mix it well togeather So do by handfull till half be spent Then beat with it the Yolks of 6 Eggs and the whites of 4 Mix it well as before Then Straw in the rest of your sugar and flower as before Then Strain in your Currants and mix all well Then Butter your pans fill them half full or better Sett them into the oven as fast as you can when they are risen and begin to fall they are enough.

To Make Ginger bread

Take a pound of Treacle and as much fine flower as that will melt with a little warme Ale put in a handful of Sugar and a pennyworth of ffyne beaten and sifted Ginger Work these into a past Then roll it into what Shape you please lay them upon papers well flower'd So bake them

To Make Cheese Cakes

Take half a pound of Almonds and half a pound of sugar and a Quartern of a pound of ffresh butter a Quarter of a pint of Rosewater a pint of Cream Six ounces of Grated bread and one Nutmegg ten yolks and 7 whites of eggs well beaten put them in & & stirr them well togeather so put them into Coffins and bake them

To Make Wiggs

Take 3 pound of ffyne fflower and a good half pound of Loaf Sugar a Quartern of an ounce of Carraway seeds half a pound of Butter put in almost a Quart of new Milk scalding hot whilst tis hott put your meal sugar & seeds togeather and a pretty Quantity of new ale Barne beat two eggs and put into it so mix it pretty stiff and set it to the fire to rise so when tis risen make it
into whiggs your oven must not be very hot
Sand oysters my

To make a Salve tis good for swelled Leggs that proceed from a Dropsicall humour or any Greene Wound

Take Sallad Oyle & Linseed Oyle of each a Quarter of an ounce, Rosin half a Pound, Beeswax 4 Oz. Black pitch 1 Oz Clarefyed Tallow 5 Oz melt ... over gentle fire keeping it stirring & when dissolved put in an Ounce of liquid Stirax and Soone after stir it till almost cold and put it in to Potts and keep it for Use it will keep good for 50 Years

pare 50 Oranges very thin Take 6 Gallons of water to ever Gallon 4 pound of Suger let it boil half an hour scum it very well you may clarrifi it white with the whites of 4 egs if you please pour it boiling hot upon the Oranges rinds let it stand till it be blood warm then put it in a basone juce of orings and as much barm as you thing fit let it work 24 horss close coverd then tun it & in 2 or 3 days time you may stop it up put out half of your pills into the vessell with your liqour you may tast when it hath been about two month in the vissell and if the sweetness be gon enough of ... bottle it if it be not fine ... put it into a quart bottell & afther into pintes

T. T Poiy

back outside cover
spine
head
fore-edge
tail